

**CURRICULUM VITAE**  
**Alaa Elnajjar, M.D., M.Sc.**

Business Address:

Bradley Hospital  
Department of Psychiatry and Behavioral  
Sciences.  
Division of Child and Adolescent Psychiatry 1011  
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**EDUCATION**

Medical School:

Ain Shams University, Faculty of Medicine  
March 2002- April 2009  
Bachelor of Medicine and Surgery (2009)

Other Advanced Degrees:

Ain Shams University, Faculty of Medicine  
2010-2012, Master of Science in  
Neurology and Psychiatry, 2012  
Ain Shams University, Faculty of Medicine  
2009-2010, Diploma of Health Care  
Management, 2010

**POSTGRADUATE TRAINING**

Residency:

Ain Shams University, Cairo, Egypt. Psychiatry  
Department, Faculty of Medicine, Combined  
Neurology & Psychiatry Residency, 2010-2013

Chief Resident, Department of Psychiatry, Ain  
Shams University, 2012-2013

Residency:

New York Medical College, Westchester Medical Center, Valhalla, NY. Department of Psychiatry and Behavioral Sciences, General Psychiatry Residency, 2016-2019

Fellowship:

Albert Einstein College of Medicine, Montefiore Medical Center, Bronx, NY. Department of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry (CAP), 2019- 2020

**POSTGRADUATE HONORS AND AWARDS**

New York Medical College, Teaching Excellence Award, 2018

American Psychiatric Association (APA) Diversity Leadership Fellowship, 2018-2020

APA, Junior Research Colloquium, 2020.

Psychiatry Congress, Elevate Innovation Scholarship in Digital Psychiatry, 2020

American Academy of Child and Adolescent Psychiatry (AACAP) Educational Outreach Program (EOP) for Psychiatry Residents' Award, 2018 and 2019

Association for Academic Psychiatry, Resident Psychiatric Educator Award, 2019-2021

Association of Family Psychiatrists, Resident Recognition Award for Excellence in Family-Oriented Care, 2021-2022

Lifespan Diversity, Equity, and Inclusion (DEI) Champion. 2024

**MILITARY SERVICE**

None

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

Board Certified in Adult and General Psychiatry Diplomate of the American Board of Psychiatry and Neurology: Present till December 31, 2026

License to Practice Medicine in New York, 2020-present

License to Practice Medicine in Rhode Island, 2021-present.

License to Practice Medicine in Massachusetts, 2023-present.

Certified Group Psychotherapist by International Board for Certification of Group Psychotherapist: 2021-present.

ACADEMIC APPOINTMENTS

Clinical Instructor, Department of Psychiatry, Ain Shams University, 2013-2021

Clinical instructor in Psychiatry Department of Psychiatry and Human Behavior Brown Medical School, December 2021- April 2023

Clinical Assistant Professor in Psychiatry Department of Psychiatry and Human Behavior Brown Medical School April 2023- present

Advisory board member at The Office of Women in Medicine and Science (OWIMS) Brown University, November 2023-present

HOSPITAL APPOINTMENTS

GME office: Leader of 2023 pilot virtual peer support groups for resident physicians during on-boarding transition

Attending Psychiatrist Children Safe-Quest Program Bradley Hospital East Providence, RI August 2021 – July 2023

Attending Psychiatrist Adolescent Acute Residential Treatment Bradley Hospital  
70 East Street, Cranston, RI

August 2021 – present

Strengthening Inclusion, Diversity, and Equity (SIDE) committee member: May 2024-present.

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OTHER APPOINTMENTS

Psychiatry (AACAP), Member of both Culture & Diversity Committee and Medical Students & Residents Committee, 2019-2021

American Society of Clinical Psychopharmacology (ASCP), Member, Innovative Curriculum Committee, 2017-2020

American Psychiatric Association, Fellow Member, Council on Medical Education and Lifelong Learning, 2018-2020

American Psychiatric Association, Vice Chair, Minority Fellowship Program, 2019-2020

Accreditation Council for Graduate Medical Education (ACGME), Fellow Member, Child and Adolescent Psychiatry Milestones 2.0 Work Group, 2020-2021

HOSPITAL COMMITTEES

Bradley Hospital, Wellbeing Committee Chair,  
Department of Psychiatry and Behavioral  
Sciences. Division of Child and Adolescent  
Psychiatry 2021-now

Westchester Medical Center, Trainee Member,  
Graduate Medical Education (GME) House Staff  
Well-being Committee, 2018-2019

Montefiore Medical Center, Trainee Member,  
Graduate Medical Education (GME) House Staff  
Well-being Committee, 2019-2021

Westchester Medical Center, Trainee Member,  
Performance Improvement Committee,  
Readmission Reduction Sub-Committee, 2017-  
2019

UNIVERSITY COMMITTEES

Member of Office of Diversity and Multicultural Affairs (ODMA) Faculty Association, 2022- present.

MEMBERSHIP IN SOCIETIES

Egyptian Medical Syndicate, 2009-present.

American Psychiatric Association (APA), 2014-present

American Academy of Sleep Medicine, 2014- 2019

American Society of Clinical Psychopharmacology, 2014-2021

American Academy of Child and Adolescent Psychiatry (AACAP), 2016-present

Society for the Study of Psychiatry and Culture, 2017-present

Association for Academic Psychiatry, 2017-now  
American Group Psychotherapy Association (AGPA), 2020-present

Academy of Consultation Liaison Psychiatry (ACLP), 2020-present

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

**Elnajjar A**, Hunt J, Cullins L, and Caraballo A: Stirring the Melting Pot: Introduction of a Practice-Based Module to the Cultural Competency Exercise for Child Adolescent Psychiatry Trainees. J. of the American Academy of Child and Adolescent Psychiatry, Volume 58, Issue 10, Supplement, p. S375, 2019.

**Elnajjar A**, Khan M, Foongsathaporn C, Lu F, Madaan V: “Non-US International Medical Graduates in Psychiatry Training During the COVID-19 Pandemic: Challenges and Novel Solutions” Acad Psychiatry. 2022 Mar 31:1–6. doi: 10.1007/s40596-022-01621-4.

Nakshabandi, F., Imran K., **Elnajjar, A**, Oday et al. “Arabs and Child Mental Health: On Empathy, Bias, Acculturation and Using Cultural Language in Therapy” Journal of the American Academy of Child & Adolescent Psychiatry, Volume 63, Issue 10, S59

OTHER PEER-REVIEWED PUBLICATIONS

None

UNIVERSITY TEACHING, ADVISING and MENTORING ROLES

New York Medical College (NYMC)  
Medical Student Education

Adult Inpatient Unit Preceptor for MS-3  
Psychiatry Clerkship

2016-2018 (4 rotations  
for 8 months)

Adult Psychiatry  
Outpatient

Preceptor for MS-1 Psychiatry  
Mentorship Program

2018-2019 (1 rotation-3 months)

Psychosomatic  
Medicine Service

Preceptor for MS-3  
Clerkship and MS-4  
Sub- Internship

2017-2018 (1 rotation- 3  
months)

NYMC, Department of Psychiatry and  
Behavioral Sciences, General Psychiatry  
Residency Training

Adult Emergency Psychiatry (WMC  
Emergency Department)

Preceptor for PGY-1 Residents. 2017-  
2018 (1 rotation for 3 months)

Adult Outpatient Psychiatry (WMC Behavioral Clinic) Founder and Teacher of Didactic Series “Psychopharmacology Prescribing Guidelines” Journal Club for PGY-3 Residents

2018-2019 (1hour for 8 weeks)

Montefiore Medical Center/ Albert Einstein College of Medicine, Child and Adolescent Psychiatry Outpatient department

“Anxiety disorder in children and adolescent” Teacher for PGY-2 Psychiatry Residents

2019-2020 (1 hour per rotation/ 4 times)

The Warren Alpert Medical School of Brown University, Medical Student Education

Partial Child Psychiatry Program, Bradley Hospital

MS-2 Community Mentorship 2022-present

Child and Adolescent psychiatry Fellows PGY5,6: 2023-present

(4 hours weekly for 12 weeks)

MS-1 Mentorship 2023 via Henrietta Leonard Medical Student Fellowship Program in Child & Adolescent Psychiatry

#### HOSPITAL TEACHING, ADVISING AND MENTORING ROLES

Office of Mental Health State Hospital, Bronx, NY

Teacher for Psychology Externs  
Psychopharmacology of Bipolar disorder  
Jan. 2021 (2 hours Presentation)

#### BOOKS AND BOOK CHAPTERS



Rana Elmaghraby, Magdoline Daas, **Alaa Elnajjar**, Rasha Elkady” Cultural Considerations in Working with Arab American Youth” Child and Adolescent Psychiatric Clinics of North America, Volume 31, Issue 4, 2022, Pages 719-732.

#### OTHER NON-PEER REVIEWED PUBLICATIONS

**Elnajjar A**: A Cultural Competency Among IMG Residents From The Perspective of My Personal Experience as a Psychiatry Resident: A Smooth Sea Never Made a Skilled Sailor. World Child & Adolescent Psychiatry Trainee Journal. Issue 11, p. 18, Dec. 2016.

#### CORPORATE AUTHORSHIP OR MULTICENTER TRIALS: N/A

#### ABSTRACTS

1. **Elnajjar A** (Chair), Azeb H, Lerman A, Nallapula K, Bhat, J. “Cultural Competency for Hate: Training International Medical Graduates to Convert Patient Racism to Data.” Workshop at the APA Annual Meeting, New York, May, 2018.
2. **Elnajjar A**, Azeb H, Lerman A. “Stirring the Melting Pot: Cultural Competency Training for Psychiatry Residents.” Poster at the APA Annual Meeting, New York, May, 2018.
3. **Elnajjar A**, Osewa I, Taha S, Dickstein S. “Characteristics of Patients with Frequent Re- admission to Child and Adolescent Inpatient Units: Predictors for Better Quality of Care.” Poster at the APA Annual Meeting, New York., May, 2018.
4. **Elnajjar A** (Chair), Lerman A, Benhamou O.M, Garofalo M. “Breaking the Cycle: Using Burnout Markers to Launch a Resident Wellness Program.” Poster at the APA Annual Meeting, San Francisco, May 2019.
5. **Elnajjar A** (Chair), Lerman A, Benhamou O.M, Garofalo M. “Launching a Residents Driven Well-Being Curriculum Starts with Bench-Marking Burnout Risk Factors by Trainees.” Poster at the Association for Academic Psychiatry (AAP) Annual Meeting, Boston, September 2019.
6. **Elnajjar A** (Chair), Hunt J, Cullins L, Caraballo A. “Stirring the Melting Pot: Introduction of Practice-Based Module to the Cultural Competency Exercise for Child and Adolescent Psychiatry Trainees.” American Academy of Child and Adolescent Psychiatry 66th Annual Meeting, Chicago, IL, October 2019.
7. **Elnajjar A** (Chair), Madaan V, Zalpuri I, Ordonez A.E. “On The Basis of Citizenship: Current Wellbeing Challenges and Future Workforce Opportunities for Child and Adolescent Psychiatry International Medical Graduates (IMGs) In the United States of America.” Workshop at the AACAP Annual Meeting, Chicago, October 2019.
8. **Elnajjar A** (Chair), Hunt J, Aswad Y, Azeem M “The Art Of Psychiatric Evaluation Of Arab Immigrant Youth And Families: Clinical Case Conference” IACAPAP Annual Meeting, Dubai, December 2022.

9. **Elnajjar A**, Holder K, Carino G “Innovation in mentorship among medical trainees: pilot virtual peer support groups for resident physicians during on-boarding transition.” ACGME Annual meeting, Tennessee, Nashville, February 2023

10. Nakshabandi F, Afzal K, **Elnajjar A**, Alsarraf O “Arabs And Child Mental Health: On Empathy, Bias, Acculturation And Using Cultural Language In Therapy” Oral presentation at AACAP Annual Meeting, Seattle, October 2024.

#### SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

None

#### INVITED PRESENTATIONS

11. **Elnajjar A** (Chair), Azeb H, Lerman A, Nallapula K, Bhat, J. “Cultural Competency for Hate: Training International Medical Graduates to Convert Patient Racism to Data.” Workshop at the APA Annual Meeting, New York, May, 2018.

12. **Elnajjar A**, Azeb H, Lerman A. “Stirring the Melting Pot: Cultural Competency Training for Psychiatry Residents.” Poster at the APA Annual Meeting, New York, May, 2018.

13. **Elnajjar A**, Osewa I, Taha S, Dickstein S. “Characteristics of Patients with Frequent Re- admission to Child and Adolescent Inpatient Units: Predictors for Better Quality of Care.” Poster at the APA Annual Meeting, New York., May, 2018.

14. Madaan V, **Elnajjar A**, Berkowitz E, Aggarwal R, Hameed A. “Fostering Wellness and Resilience for the International Medical Graduate (IMG) trainees.” Workshop at the American Association of Directors of Psychiatric Residency Training (AADPRT) Annual Meeting, San Diego, March, 2019.

15. **Elnajjar A**, Schwartz S. “Therapeutic Impasse: How to Recognize It, How to Resolve It – Clinical Vignettes.” Workshop at the 63rd American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) Annual Meeting, San Francisco, May, 2019.

16. **Elnajjar A** (Chair), Lerman A, Benhamou O.M, Garofalo M. “Breaking the Cycle: Using Burnout Markers to Launch a Resident Wellness Program.” Poster at the APA Annual Meeting, San Francisco, May 2019.

17. **Elnajjar A** (Chair), Lerman A, Benhamou O.M, Garofalo M. “Launching a

Residents Driven Well-Being Curriculum Starts with Bench-Marking Burnout Risk Factors by Trainees.” Poster at the Association for Academic Psychiatry (AAP) Annual Meeting, Boston, September 2019.

18. **Elnajjar A** (Chair), Hunt J, Cullins L, Caraballo A. “Stirring the Melting Pot: Introduction of Practice-Based Module to the Cultural Competency Exercise for Child and Adolescent Psychiatry Trainees.” American Academy of Child and Adolescent Psychiatry 66th Annual Meeting, Chicago, IL, October 2019.

19. **Elnajjar A** (Chair), Madaan V, Zalpuri I, Ordonez A.E. “On The Basis of Citizenship: Current Wellbeing Challenges and Future Workforce Opportunities for Child and Adolescent Psychiatry International Medical Graduates (IMGs) In the United States of America.” Workshop at the AACAP Annual Meeting, Chicago, October 2019.

20. **Elnajjar A** (Chair), Caudill R, Bernstein C, Chan S, Farooqi A. “Let’s Skype in: Technology Enhanced Wellbeing Curriculum. Can Telepsychiatry Improve Access To Mental Health During Residency?” Virtual Workshop at the APA Annual Meeting, April 2020.

21. **Elnajjar A** (Chair), Haider A, Hunt J, Cullins L, Wanta J. “Walk Me Through a Virtual CSE: The Art of Sexual History Taking in Diverse Youth Through a Screen.” Virtual Workshop at the AACAP Annual Meeting, October 2020.

22. Chang S, **Elnajjar A**, Steven J, Zhou N, Khan C. “Beyond Black, White, and Rainbow: Conversations With LGBTQ+ Transitional-Age Youth of Color” Virtual Workshop at the AACAP Annual Meeting, October 2020.

23. Khan M, **Elnajjar A**, Foongsathaporn C, Khalid K, Khan C, Mian A. “Uncovering the Blind Spots: Addressing Unconscious Bias to Diversify the Physician Workforce in the United States for Better Patient Outcomes” Virtual Workshop at the AACAP Annual Meeting, October 2020.

24. Khan M, **Elnajjar A**, Khalid K, Khan C, Mian A. “Spotlight Conversations: Addressing Unconscious Bias to Diversify the Physician Workforce in the United States for Better Patient Outcomes” Virtual Workshop at the AACAP Annual Meeting, October, 2021.

25. Karp L, Ross C, **Elnajjar A**, Jacobson S, Mint M, Sharma N, Hemke A, Shaffiner A, Kawanishi C. “Heroes Fail Too: The Power of Vulnerability and Self-Compassion” Virtual Workshop at the AACAP Annual Meeting, October 2021.

26. Chang S, **Elnajjar A**, Steven J, Zhou N, Khan C. “Beyond Black, White, and Rainbow: Conversations With LGBTQ+ Transitional-Age Youth of Color” Workshop at the AACAP Annual Meeting, October 2022.

27. Khan M, **Elnajjar A**, Khalid K, Khan C, Mian A. “Spotlight Conversations:

Addressing Unconscious Bias to Diversify the Physician Workforce in the United States for Better Patient Outcomes” Workshop at the AACAP Annual Meeting, October 2022.

28. Kawanishi C, Karp L, Ross C, **Elnajjar A**, Jacobson S, Mint M, Sharma N, Hemke A, Shaffner A, Kawanishi C. “Shifting Our Culture Toward Self-Compassion and Vulnerability” Workshop at the AACAP Annual Meeting, October 2022.

29. **Elnajjar A** “Care without Boundaries” at Undocumented Immigrant Health conference at the Warren Alpert Medical School of Brown University, November 2023, 2024

GRANTS

None

DEMONSTRATION OF COMMITMENT TO DEI

Patient’s centered cultural assessment workshop for the Bradley Partial Program clinicians, 2024

Didactic Curriculum session: Teach DSM 5

Cultural Formulation Interview to the Child

Adolescent Psychiatry. Trainees, 2022-Present