**Curriculum Vitae** 

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Name: Alison E. Field

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**Place of Birth:** San Francisco, California

**Education** 

1988 B.A. Psychology University of California-Berkeley

1995 Sc.D. Epidemiology Harvard School of Public Health

Dr. Graham Colditz

**Postdoctoral Training** 

1995-1997 Research Associate Medicine Harvard Medical School

**Faculty Academic Appointments** 

1997-2000 Harvard Medical School Medicine Instructor 2000-2002 Medicine Harvard Medical School **Assistant Professor** 2002-2006 **Assistant Professor Pediatrics** Harvard Medical School 2006-2014 **Associate Professor Pediatrics** Harvard Medical School

2008-2014 Associate Professor Epidemiology Harvard School of Public Health

2014-2015 Professor Epidemiology Harvard School of Public Health

2014-2015 Professor Pediatrics Harvard Medical School

2015- Professor Epidemiology Brown University School of Public

Health

2015-2019 Chair Epidemiology Brown University School of Public

Health

2016-2020 Professor Pediatrics Brown Alpert Medical School

**Appointments at Hospitals/Affiliated Institutions** 

1995-2015 Associate Channing Laboratory, Brigham and Women's Hospital

Epidemiologist Department of Medicine

2002-2015 Associate in Medicine Adolescent Medicine Boston Children's Hospital

**Other Professional Positions** 

1999-2002 Associate Director, Boston Obesity Nutrition Research Center

| Epidemiology Bios | statistics | Core |
|-------------------|------------|------|
|-------------------|------------|------|

| 2015-2019 | Director | Center for Epidemiology and |
|-----------|----------|-----------------------------|
|           |          | Environmental Health        |

# **Major Administrative Leadership Positions**

| Local:     |   |  |
|------------|---|--|
| 1996-2001  | Instructor, Critical Reading of the Medical<br>Literature Tutor                     | Harvard Medical School   |
| 1996-2009  | Co-Director of the Growing Up Today Studies   | Channing Laboratory, Brigham and Women's Hospital, Division Adolescents and Young Adults |
| 2009, 2011 | Instructor, Epidemiology of Disorders and Diseases of Childhood and Young Adulthood | Department of Epidemiology, Harvard<br>School of Public Health                           |
| 2009-2015  | Co-Director, Reproductive, Perinatal and Pediatrics<br>Epidemiology Program         | Department of Epidemiology, Harvard<br>School of Public Health                           |
| 2009-2015  | Director, Eating Disorder Working Group   | Division of Adolescent/Young Adult<br>Medicine, Boston Children's Hospital               |
| 2010-2012  | Director, Reproductive, Perinatal and Pediatrics<br>Journal Club                    | Department of Epidemiology, Harvard<br>School of Public Health                           |
| 2015-2019  | Chair   | Department of Epidemiology,<br>Brown University School of Public<br>Health               |
| 2015-2019  | Director, Center for Epidemiology and<br>Environmental Health                       | Brown University School of Public<br>Health  |
| 2022-      | Associate Dean for Faculty Affairs  | Brown University School of Public<br>Health  |

# **Committee Service**

| <b>Local:</b> 2004-2014 | Committee on Clinical Investigation 2004-   | Children's Hospital Boston<br>Alternate Member |
|-------------------------|---|--|
| 2006-2007               | Personally Controlled Health Records Infrastructure 2006-2007                           | Harvard Medical School<br>Member               |
| 2007                    | Robert Wright Ad Hoc Promotion Committee 2007   | Department of Medicine<br>Member               |
| 2007                    | A. Lindsay Frazier Ad Hoc Promotion Committee 2007                                      | Department of Medicine<br>Chair                |
| 2007-2009               | Search Committee for Junior<br>Biostatistician/Programmer,<br>Clinical Research Program | Children's Hospital Boston<br>Member           |
| 2008-2009               | Search Committee for Survey Methodologist,<br>Clinical Research Program                 | Children's Hospital Boston<br>Member           |

| 2009-2015<br>2016-2018 | Admissions Committee, Reproductive, Perinatal, and<br>Pediatric Epidemiology Program<br>Diversity and Inclusion Oversight Committee | Harvard School of Public Health<br>Member<br>Brown University |
|------------------------|---|---|
| 2016-2019              | Advisory Committee  | Office of the Vice President for Research, Brown University   |
| 2019                   | Graduate Program Review Working Group   | Dean of Academic Affairs, Brown University                    |
| 2020-2021              | Appointments and Incentive Working Group  | Associate Deans, Brown University<br>School of Public Health  |
| 2020-2021              | Maternal and Child Health Concentration Director  | Brown University School of Public Health                      |
| 2022                   | Search Committee for Tenure Track Assistant<br>Professor of Health Services, Policy, and Practice                                   | Brown University School of Public Health                      |
| 2022                   | Chair, Search Committee for Tenure Track<br>Associate or Full Professor of Epidemiology   | Brown University School of Public<br>Health                   |

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| <b>Professional</b> | <u>Societies</u>                   |  |
|---------------------|------------------------------------|--|
| 1993-               | Society for Epidemiologic Research | Member   |
| 1996-2006           | American Public Health Association | Member   |
| 1998-               | The Obesity Society                |  |
|                     | 1998-                              | Member   |
|                     | 2003-07                            | Membership Committee                                 |
|                     | 2004-                              | Abstract Review Committee                            |
|                     | 2004                               | Session Chair at Annual Meeting                      |
|                     | 2005                               | Session Chair at Annual Meeting                      |
|                     | 2006                               | New Investigator Award Committee                     |
|                     | 2006                               | Search Committee for Editor of <i>Obesity</i>        |
|                     | 2006                               | Session Chair at Annual Meeting                      |
|                     | 2007                               | Session Chair at Annual Meeting                      |
|                     | 2007-2009, 2015-                   | Member, Nominating Committee                         |
|                     | 2008-2013                          | Member, Program Committee                            |
|                     | 2009-2010                          | Treasurer, Pediatric Obesity Section                 |
|                     | 2009-2012                          | Member, Council                                      |
|                     | 2010-2011                          | Program Committee, Chair, Track 4 Population Studies |
|                     | 2010-2011                          | Chair Elect, Pediatric Obesity Section               |
|                     | 2011-2012                          | Chair, Pediatric Obesity Section                     |
|                     | 2011-2012                          | Co-Chair, Program Committee                          |
|                     | 2012-2013                          | Chair, Program Committee                             |
|                     | 2012-2017                          | Member, Obesity Week (a partnership of the Obesity   |
|                     |                                    | Society and the American Society for Metabolic and   |
|                     |                                    | Bariatric Surgery) Board of Managers and member,     |
|                     |                                    | Governance Subcommittee                              |
|                     | 2020-2022                          | Co-Chair, Ethics Committee                           |
|                     | 2022                               | Vice President-elect                                 |
|                     | 2023                               | Vice President                                       |
| 1998-               | Academy for Eating Disorders       |  |

|                                     | 1998-<br>2004-2006<br>2005-<br>2005-2006<br>2006-2009<br>2006<br>2006-2007<br>2007-2010<br>2007-2010 | Member, Website Taskforce Fellow Member, Planning Committee for Ethics Symposium Co-Chair Website Taskforce Co-Chair, Media Outreach on Eating Disorders, response to the documentary 'Thin' Member, Fellowship Committee Chair, Fellowship Committee Member, Scientific Committee |
|-------------------------------------|--|--|
| 2001-                               | Eating Disorder Research Society 2001-2003   | Member<br>Session Chair, Eating Disorder Research Society<br>Annual Meeting<br>Roundtable leader, Eating Disorder Research Society<br>Annual Meeting Society for Adolescent Medicine   |
| 2003-                               | Society for Adolescent Health and Medicine 2003-2015, 2020-  | Member   |
| <ul><li>2011</li><li>2013</li></ul> | American Society for Nutrition<br>2011-<br>American Pediatric Society<br>2013-2015                   | Member<br>Member   |

# **Grant Review Activities**

| 2003-2006  | Adult Psychopathology and Disorders of      | National Institutes of Health              |
|------------|---|--|
|            | Aging Study Section                         | Study Section Special Reviewer             |
| 2005-2006  | Pediatrics Subcommittee of National         | National Institutes of Health              |
|            | Institute of Child Health and Human         | Study Section Special Reviewer             |
|            | Development                                 |  |
| 2005       | American Institute of Biological Sciences   | National Institutes of Health              |
|            | (Department of Defense)                     | Scientific Peer Reviewer                   |
| 2006-2011  | Maternal and Child Health Bureau            | Maternal and Child Health Bureau           |
|            | Scientific Peer Review Committee            | Scientific Peer Reviewer                   |
| 2009       | Kidney, Nutrition, Obesity, and Diabetes    | National Institute of Health               |
|            | (KNOD) Study Section                        | Mail Reviewer of RC1 applications          |
| 2010       | National Institute of Mental Health Special | National Institute of Mental Health        |
|            | Emphasis Panel                              | Scientific Peer Reviewer                   |
| 2010       | Pilot Feasibility Project Review            | Harvard Clinical Nutrition Research Center |
|            |   | Scientific Peer Reviewer                   |
| 2011       | Behavioral Genetics and Epidemiology        | National Institute of Health               |
|            | Study Section                               | Study Section Special Reviewer             |
| 2011       | Pilot Feasibility Project Review            | Harvard Catalyst                           |
|            |   | Scientific Peer Reviewer                   |
| 2011-2012, | Mental Health Services in Non-Specialty     | National Institute of Mental Health        |
| 2018, 2019 | Settings                                    | Study Section Special Reviewer             |
|            |   |  |

| 2013      | Review of Eating Disorders Dimensional   | National Institute of Mental Health       |
|-----------|--|---|
|           | Research (R01)                           | Scientific Peer Reviewer                  |
| 2014      | Review of Population Studies             | USDA                                      |
|           |  | Agriculture Research Service              |
|           |  | National Program: Translational Studies B |
|           |  | Scientific Peer Reviewer                  |
| 2018-2022 | Kidney, Nutrition, Obesity, and Diabetes | National Institute of Health              |
|           | (KNOD) Study Section                     | Study Section Member                      |

## **Editorial Activities**

Ad hoc Reviewer

- American Journal of Epidemiology
- Obesity
- American Journal of Clinical Nutrition
- Preventive Medicine
- Pediatrics
- Journal of the American Medical Association (JAMA)
- International Journal of Obesity
- Archives of Internal Medicine
- International Journal of Eating Disorders
- Journal of Consulting and Clinical Psychology
- Public Health Nutrition

## **Other Editorial Roles**

| 2003-2008 | Associate Editor | Obesity Research                             |
|-----------|------------------|--|
| 2011-2015 | Editorial Board  | Pediatric Research                           |
| 2013-2022 | Associate Editor | International Journal of Eating<br>Disorders |
| 2020-     | Editorial Board  | Journal of Adolescent Health                 |
| 2020-     | Editorial Board  | Contemporary Clinical Trials                 |
| 2022      | Editorial Board  | Diabetes Care                                |

## **Honors and Prizes**

| 2004      | Invitational NIDDK Scientific Vision Workshop on<br>Modifiable Environmental and Behavioral<br>Determinants of Overweight among Children and<br>Adolescents | National Institute of Diabetes and<br>Digestive and Kidney Diseases,<br>National Institute of Health |
|-----------|---|--|
| 2008      | Iris F. Litt Visiting Professor in Adolescent Research<br>Award   | Society for Adolescent Health and Medicine   |
| 2011      | Invitational NICHD Scientific Vision Workshop on<br>Developmental Origins of Health and Disease   | National Institute for Child<br>Health and Development,<br>National Institute of Health              |
| 2018-2022 | Member, Kidney, Nutrition, Obesity, and Diabetes (KNOD) study section   | National Institute of Health   |

## **Report of Funded and Unfunded Projects**

#### Past:

1993-2002 Formation of the Boston Obesity Nutrition Research Center

U/5 P30 DK-46200

Graham A. Colditz, Principal Investigator

Associate Director of Epidemiology Biostatistics Core (1999-02)

To foster research on obesity across institutions in Boston, the Epidemiology Biostatistics

Core provided study design and analysis consults.

1996-2000 Diet, Activity, and Adolescent Weight Changes

NIH/R01-DK46834

Graham A. Colditz, Principal Investigator

Co-Investigator

To study diet, activity, lifestyle and their influences on relative weight gain among adolescents in the Growing Up Today Study.

1997-1998 Morbidity and Mortality of Obesity

Roche Pharmaceutical

Graham A. Colditz, Principal Investigator

Co-Investigator

The goal of the study was to assess the association of obesity to the development of numerous chronic diseases among adults in the Nurses' Health Study, Health Professionals

Follow-up Study, and the National Health and Nutritional Examination Study

(NHSNAES).

1997-2002 Consequences and Correlates of Weight Fluctuations

NIH/R29-HL57871 Principal Investigator

The goal of the study was to assess whether repeated weight fluctuations were associated with the development of hypertension and diabetes among women in the Nurses' Health Study. In addition, we assessed the course and psychological consequences of repeated

weight fluctuations.

1998-1999 Development of Eating Disorders in Young Women

Knoll Pharmaceutical Principal Investigator

A study nested in the Growing Up Today Study to investigate whether self-reported

bulimic behaviors are valid.

2002-2009 The Development of Eating Disorders in Males and Females

NIH/R01-DK59570 Principal Investigator

The goal of this project was to follow 9,039 girls and 7,834 boys though their transition from childhood to late adolescence and early adulthood to assess whether personal factors, peer influences, family influences, and media influences predict the development and course of purging, binge eating, and eating disorders of at least subsyndromal severity.

2004-2008 Sexual Orientation and Health Disparities in Adolescence

NIH/R01-HD054763

S. Bryn Austin, Principal Investigator

Co-Investigator

The goal of this work was to study the distribution and determinants of sexual orientation group disparities in health in the Growing Up Today Study, a longitudinal cohort of over 16,000 adolescents.

2004-2006 Weight Control and Weight Change Among Adolescents

NIH/R21-DK065085 Principal Investigator

The goal was to assess the behavioral predictors of weight gain and the development of overweight and obesity in adolescence and early adulthood in the National Longitudinal Study of Adolescent Health (Add Health). Add Health is a school-based study of adolescents from 80 high and 52 U.S. middle schools.

2006-2008 Weight Cycling and Mortality in Women

NIH/R21-DK073130 Principal Investigator

We assessed the relationship between weight cycling and mortality among 77021 middle-aged and older women in the Nurses' Health Study. We evaluated whether independent of net weight gain during adulthood, which is known to increase risk of death, weight cycling was associated with an increased risk of mortality.

2007-2008 Prospective Study of Dietary Factors, BMI, and Risk of Asthma in Children

NIH/R01-HL084401

Carlos A. Camargo, Principal Investigator

Co-Investigator

The study examined the relationship between modifiable dietary factors and risk of developing asthma among participants in the Growing Up Today Study, an on-going prospective cohort study of 16,539 boys and girls, ages 9-14 in 1996, and children of registered nurses.

2007-2010 Weight Maintenance Among Youth and Middle Aged Women

NIH/R01-DK072117 Principal Investigator

The goal was to assess behavioral predictors of weight maintenance and weight loss maintenance among young adults in the Growing Up Today Study (GUTS) and middleaged women in the Nurses' Health Study II (NHS II).

2009-2010 Predictors of Developing Tendinitis, Chondromalacia Patella, stress Fracture or an ACL

Tear among Adolescents and Young Adults in GUTS

Boston Children's Hospital, Children's Orthopedic Surgical Foundation Intramural Research Funds

Mininder S. Kocher, MD, MPH, Principal Investigator

Co-Investigator

This proposal was to assess predictors of developing a stress fracture among 11,309 female

and male young adults in the Growing Up Today Study (GUTS). We investigated whether overuse injuries vary by gender and level and type of activity and in secondary analyses we will investigate the association between dietary intake and stress fractures.

2011-2013 Novel Methodology to Assess Dietary Intake and Motivations to Eat among Adolescents

Boston Children's Hospital Pilot Grant

Co-Principal Investigator (\$49,999)

We are developing smartphone app, eEatnDrink, to measure dietary intake with size-scaled photos and verbal descriptions of foods and beverages, collect Geographical Information Systems / Geographical Positioning System information and video surveys of environments where these foods are consumed, and a brief touchscreen survey of internal and external cues to eat.

2009-2016 Empirical eating disorder classification and validation using prospective studies NIH/R01- MH087786

Principal Investigator (\$2,713,577)

Using prospective data from two ongoing cohort studies, the Growing Up Today Study (GUTS) in the United States and the Avon Longitudinal Study of Parents and Children (ALSPAC) in the United Kingdom, we will empirically evaluate eating disorder classification schemes. We will use comorbidity and outcome (weight gain and weight status, comorbid depression, anxiety, substance and alcohol use, and persistence or worsening of symptoms) during adolescence and young adulthood as the validators to determine the best classification scheme.

2010-2016 Food and Beverage Patterns that Predict Weight Gain Among Adolescents NIH/R01- DK087001

Principal Investigator (\$2,115,901)

The aims of the study are to assess the independent and joint associations of intake of sugar-sweetened beverages (soda, sports drinks, energy drinks, and sweetened coffee drinks) and prepared foods with waist circumference, hypertension, BMI gain and the development of obesity among adolescents and young adults in the Growing Up Today Study II.

2011-2016 Weight and weight-related behaviors in youth: Influence of the family context NIH/R01 HL096905

Matthew Gillman, Principal Investigator

Co-Investigator

The objective of this study is to examine the associations between the familial environment and adolescent weight and related behaviors among adolescents in the Growing Up Today Study II. We will link adolescents' data to data from their siblings and their mothers, who are participants in the Nurses' Health Study II. We will examine the influence of the family context on adolescent weight and weight-related behaviors in order to identify key familial determinants of adolescent weight and related behaviors. The results of this study will guide the development of more effective family-based obesity prevention interventions.

#### Current:

2019-2022 Understanding the Influence of Dietary Cravings and Aversions During Pregnancy

**OVPR** Seed grant

Alison E. Field, Principal Investigator

The objective of this project is to develop a smart phone application to measure dietary cravings and aversions during pregnancy.

2019-2022 Understanding the Influence of Dietary Intake During Pregnancy

Hassenfeld Innovation Award

Alison E. Field, Principal Investigator

The goal of this project is to develop a smart phone application to measure dietary intake and influence on intake during pregnancy.

2021-2025 R01 DK127585

NIH/NIDDK

Phenotyping Obesity Using Behavioral, Psychological, Physiological, Familial, and Genetic Data

Alison E. Field, Principal Investigator

We are using a wide range of information from 2379 girls in National Growth and Health Study, 1421 children studied in the Section on Growth and Obesity at the Eunice Shriver Kennedy National Institute of Child Health and Human Development (NICHD), and the 16,875 youth in the Growing Up Today Study to identify subgroups of children and adolescents with obesity. We will then examine whether the subtypes are predictive of weight change in adolescence and young adulthood, the development of hypertension before age 35, or have a differential pattern of association with obesity-related genes and whether the subgroups or their relationships vary by sex or race.

2022-2027 R37 CA259210-01A1

NIH/NCI

An inoculation theory-based messaging intervention addressing misinformation about HPV vaccine on social media: The Inoculate for HPV Vaccine randomized controlled trial Alison E Field, Consultant (Melanie L. Kornides, Principal Investigator)

Objective: This project seeks to address misinformation on social media contributing to vaccine hesitancy and low rates of HPV vaccine uptake among adolescents. Achieving the goals of this project has the potential to both improve HPV vaccine uptake in the US and provide replicable methods for rapidly identifying and correcting misinformation surrounding other public health concerns such as COVID19 or childhood vaccinations.

#### **Report of Local Teaching and Training**

## **Teaching of Students in Courses**

| 1991-1992 | Introduction to Epidemiology (TA)         | Harvard School of Public Health |
|-----------|---|---------------------------------|
|           | Graduate students                         | 80 hours/year                   |
| 1992-1993 | Elements of Epidemiologic Research (TA)   | Harvard School of Public Health |
|           | Graduate students                         | 160 hours/year                  |
| 1995-1996 | Principles of Screening, Guest Lecturer   | Harvard School of Public Health |
|           | "Monitoring Healthy People 2000 Nutrition |                                 |
|           | & Physical Activity Goals"                |                                 |
|           | Graduate students                         | 3 hours/year                    |
| 1996-1997 | Nutritional Surveillance, Guest Lecturer, | Harvard School of Public Health |

|  | Monitoring Healthy People 2000 Nutrition & Physical Activity Goals                |  |
|--|---|--|
|  | Graduate students   | 3 hours/year   |
| 1996-20  |   | Harvard Medical School   |
| 2003, 20<br>2006, 20   |   | 80 hours/year<br>Harvard School of Public Health                           |
| 2005, 20<br>2010, 20<br>2012   | · · · · · · · · · · · · · · · · · · ·   | 4 hours/year<br>Harvard School of Public Health                            |
| 2007, 20<br>2009, 20<br>2011, 20<br>2013, 20<br>2015, 20<br>2019, 20 | "Causes and Consequences of Childhood Ol2, Obesity" Ol4, Ol6,                     | 2 hours/year<br>Harvard School of Public Health                            |
| 2009, 20<br>2013, 20   | Graduate students O11, Instructor, Epidemiology of Disorders and                  | 4 hours/year<br>Harvard School of Public Health                            |
| 2017, 20<br>2019, 20<br>(Fall and<br>Spring),<br>2021, 20            | Diseases of Childhood and Young Adulthood   | 30 hours/year<br>Brown University School of Public Health                  |
| 2021   | Undergraduate and Graduate students Instructor, Adolescent and Young Adult Health | 60 hours/year<br>Brown University School of Public Health<br>60 hours/year |
|  |   |  |

# Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

| 2002 | Harvard Pediatric Health Services Research | Children's Hospital Boston |
|------|--|----------------------------|
|      | Seminar Series, Guest Lecturer, "Dieting,  |                            |
|      | Unhealthy Weight Control Practices and     |                            |
|      | Body Weight"                               |                            |
|      | Faculty and fellows                        | 3 hours/year               |
| 2002 | Introductions to Clinical Research         | Children's Hospital Boston |
|      | Lecturer, "Bias and Confounding"           |                            |
|      | Faculty and fellows                        | 3 hours/year               |
| 2003 | Introductions to Clinical Research         | Children's Hospital Boston |
|      | Lecturer, "Bias and Confounding"           | -                          |

|      | Faculty and fellows                       | 3 hours/year               |
|------|---|----------------------------|
| 2004 | Office of Faculty Development Workshop    | Children's Hospital Boston |
|      | Lecturer, "Bias and Confounding: When to  |                            |
|      | Worry"                                    |                            |
|      | Faculty and fellows                       | 3 hours/year               |
| 2008 | Introductions to Clinical Research, Guest | Children's Hospital Boston |
|      | Lecturer, "Observational Study Designs"   |                            |
|      | Faculty and fellows                       | 1 hour/year                |

# **Formally Supervised Trainees and Faculty**

Wisconsin

| 2002-2005  | David O'Riordan, PhD, Senior Research Specialist, University of California, San   |
|------------|---|
|            | Francisco Palliative Care Service<br>Mentored Dr. Riordan to conduct an analysis on weight concerns and use of tanning beds                             |
|            | and write up a paper summarizing the results.   |
| 2003-2005  | Keith Loud, MD, MSc, Visiting Associate Professor of Pediatrics, Dartmouth Medical School   |
|            | Mentored Dr. Loud to oversee analyses and contribute to writing a grant and paper on the epidemiology of stress fracture in the Growing Up Today Study. |
| 2004-2008  | Tracy Richmond, MD, MPH, Instructor in Pediatrics, Division of Adolescent Medicine, Children's Hospital Boston  |
|            | Provided guidance on analyses on the effects of school environments on adolescent   |
|            | overweight and the paper summarizing the results.   |
| 2004-2006  | Nefertiti Durant, MD, MPH, Assistant Professor, General Pediatrics and Adolescent   |
|            | Medicine, University of Alabama at Birmingham School of Medicine  |
|            | Worked with Dr. Durant to refine an instrument to study the environmental determinants  |
|            | of obesity and provided guidance on manuscripts related to obesity.   |
| 2004-2007  | Elise DeVore Berlan, MD, MPH, FAAP, Assistant Professor of Pediatrics, Columbus   |
|            | Children's Hospital, Division of Adolescent Health, Ohio State University College of  |
|            | Medicine  |
|            | Provided guidance on the analysis of the association of perceived social status, bullying,  |
|            | sexual orientation, and overweight among adolescents and young adults and helped with   |
| 50015000   | interpretation of the results and editing the resulting manuscript.   |
| 2004-2006  | Susan Hayden Gray, MD, Instructor in Pediatrics, Children's Hospital Boston, Martha Eliot Health Center   |
|            | Helped with interpretation of analytic results and explanation of finding related to factors  |
|            | that are associated with delayed age at sexual debut in the Growing Up Today Study for  |
|            | the abstract and paper  |
| 2005-2010  | Rania Mekary, MSc, PhD, Research Associate, Department of Nutrition, Harvard School   |
|            | of Public Health  |
|            | Mentored Dr. Mekary on complex analyses related to studying the association of physical   |
|            | activity to weight change and weight maintenance and helped her to write and submit   |
|            | papers, abstracts, and grants.  |
| 2005-2013  | Sharon Iron-Segev, ScD, Director, Interdisciplinary Center for Weight Management,   |
|            | Nutrition, and Wellness, Israel   |
|            | Mentored Dr. Iron-Segev to develop analyses on early life determinants of eating disorders  |
|            | and write papers summarizing the results.   |
| 2006 -2007 | Kristin N. Javaras, D Phil, Post-Doctoral Fellow, Department of Psychology, University of   |
|            | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \   |

|            | Worked with Dr. Javaras on a project to investigate the impact of missing data on analyses                                       |
|------------|--|
| 2007 2000  | on the development of eating disorders in the Growing Up Today Study   |
| 2007-2009  | Jess Haines, PhD, MHSc, RD, Assistant Professor, Family Relations and Applied  |
|            | Nutrition, University of Guelph, Ontario   |
|            | Provided guidance writing grants and manuscripts on peer, parent, and media influences or  |
| 2000       | the development of eating disorders and obesity  |
| 2008       | Jessica Perkins, Doctoral student, Health Policy and Management, Harvard School of   |
|            | Public Health  |
|            | Helped Ms. Perkins to formulate the ideas for her masters thesis on obesity among youth ir                                       |
| 2000 2010  | the United States and was a thesis reader  |
| 2008-2010  | Hayley Hunt, Doctoral student, Department of Nutrition, Harvard School of Public Health  |
|            | Providing mentoring on substantive and methodological issues related to studying how   |
| 2000 2015  | depression is related to disordered and obesity  |
| 2008-2015  | Nicolas Oreskovic, Instructor, Internal Medicine - Pediatrics, Massachusetts General   |
|            | Hospital   |
|            | Helping Dr. Oreskovic to write a grant on studying how social factors and the built  |
| 2000 2011  | environments of adolescents are related to obesity  Motto Kildeveld Simonson, Doctoral student, Institute of Preventive Medicine |
| 2009-2011  | Mette Kildevæld Simonsen, Doctoral student, Institute of Preventive Medicine,<br>Copenhagen, Denmark                             |
|            | Mentoring analyses on intentional weight loss and mortality in the Nurses' Health Study  |
| 2009 -2015 | Karen Mitchell, Clinical Research Psychologist, National Center for PTSD   |
| 2009 -2015 | Mentoring Dr. Mitchell on the analyses of stress and binge eating.   |
| 2010- 2015 | Kendrin Sonneville, ScD, Instructor in Pediatrics, Children's Hospital Boston  |
| 2010- 2013 | Mentoring Dr. Sonneville on the analyses of eating disorder classification and dietary   |
|            | predictors of stress fractures, resulting in published papers, and writing grant for Mentored                                    |
|            | Research Scientist Development Award (K01)   |
| 2010- 2013 | Jennifer Falbe, Doctoral Student, Harvard School of Public Health  |
| 2010- 2013 | Providing mentorship to Dr. Falbe on the modeling of media use and weight gain among   |
|            | children and adolescents.  |
| 2011-2012  | Maureen Harris, Masters Student, Harvard School of Public Health   |
| 2011 2012  | Providing mentorship to Ms. Harris on analyses of eating disorder behaviors and stress   |
|            | fractures.   |
| 2011-2012  | Victoria Macias, Masters Student, Harvard School of Public Health  |
| 2011 2012  | Mentoring Ms. Macias on analyses of the association emotional and externally induced   |
|            | eating among adolescents and their mothers.  |
| 2011-2015  | Knut Skagen, Medical Student, University of Trondheim, Norway  |
| 2011 2010  | Mentoring Mr. Skagen on an analysis on correlates of weight gain among adolescents with  |
|            | early puberty.   |
| 2012-2014  | Sonja Swanson, ScM, Masters Student, Harvard School of Public Health   |
|            | Mentoring Ms. Swanson on eating disorder analyses using latent class analysis.   |
| 2012-2017  | Melanie Kornides, Doctoral Student, Harvard School of Public Health  |
|            | Mentoring Ms. Kornides on analyses of pattern of physical activity and weight gain among   |
|            | adolescents  |
| 2012-2015  | Holly Gooding, Instructor, Division of Adolescent/Young Adult Medicine   |
|            | Mentoring Dr. Gooding on writing her K23 application and in conducting analyses  |
|            | predicting hypertension and other cardiovascular risk among adolescents and young adults   |
| 2012-2015  | Nancy Dodson, Medical Fellow, Division of Adolescent/Young Adult Medicine  |
|            | Mentoring Dr. Dodson on her fellowship project investigating the association of sense of   |

|                     | mission with sexual risk behaviors among young adults, abstract written and manuscript in  |
|---------------------|--|
|                     | preparation.   |
| 2013-2015           | Nasim Maleki, PhD, Assistant Professor, Department of Anesthesia   |
|                     | Mentoring Dr. Maleki on how to investigate the association of endogenous and exogenous   |
|                     | hormones and migraine in an epidemiologic study.   |
| 2016-2019           | Kim Glazer, PhD student, Brown University School of Public Health  |
|                     | Mentoring Ms. Glazer on analyses related to course of eating disorders on a population-  |
|                     | based sample of females  |
| 2016-2020           | Hannah Ziobrowski, PhD student, Brown University School of Public Health   |
|                     | Mentoring Ms. Ziobrowski on analyses focused on childhood and adolescent maltreatment,   |
|                     | including optimal ways to characterize the experience and how maltreatment relates to  |
| 2010 2020           | later eating disorders and obesity.  |
| 2018-2020           | Alina Li, MPH student, Brown University School of Public Health  |
|                     | Mentoring Ms. Li on analyses related to differences between females with full or partial   |
| 2010 2010           | criteria eating disorders who do versus do not seek treatment  |
| 2018-2019           | Daniel Yang, undergraduate PLME student, Brown University School of Public Health  |
| 2021-2022           | Mentored Mr. Yang on conducting epidemiologic analyses focused on sports injuries. Callista Zingas, MPH. Mentoring Ms. Li on her thesis project focused on the association |
| 2021-2022           | between maternal depression and risk of developing an eating disorder.   |
| 2022-               | Ruth St. Fleur, PhD. Dr. St. Fleur is a postdoctoral fellow working with me on examining   |
| 2022                | phenotypes of people with obesity. I am mentoring her on the analysis to address the   |
|                     | specific aims of the R01, as well as areas she can pursue to expand the scope of the project   |
|                     | to grow her research portfolio.  |
|                     | O 1  |
| <b>Local Invite</b> | d Presentations  |
| No presentatio      | ons below were sponsored by outside entities.  |
| 2001                | The Relationship of Diet, Activity, and Inactivity to the Development of Obesity.  |
|                     | Nutrition and Disease Provention Symposium   |
|                     | Nutrition and Disease Prevention Symposium  The Division of Nutrition and the Harvard Clinical Nutrition Research Center, Harvard  |
|                     | Medical School and the Harvard Human Nutrition Program, Harvard School of Public   |
|                     | Health   |
| 2002                | Striving for the Unattainable: Media Portrayals of Attractiveness and their Effect on  |
| 2002                | Children / Lecture   |
|                     | Harvard School of Public Health Media Symposium, Boston, MA  |
| 2002                | Anthropometric and Behavioral Correlates of Weight Cycling / Lecture   |
|                     | Boston Obesity Nutrition Research Center Epidemiology & Biostatistics Core, Harvard  |
|                     | School of Public Health, Boston, MA  |
| 2003                | The Relationship of Diet, Activity, and Inactivity to the Development of Obesity / Lecture   |
|                     | The 4th Annual Postgraduate Nutrition Symposium, Harvard Medical School, Boston, MA  |
| 2003                | Advances in Understanding the Development of Eating Disorders and Obesity / Grand  |
|                     | Rounds Lecture   |
|                     | Department of Medicine, Children's Hospital Boston, Boston, MA   |
| 2003                | Methods for Measuring Dietary Intake in Epidemiologic Studies / Lecture  |
|                     | Understanding Methods in Obesity Research, a Boston Obesity Nutrition Research Center  |
|                     | course, Boston University School of Medicine, Boston, MA   |
| 2004                | Madifiella Determinanta of Obasita in Children and Adalasanta / Laterna  |

2004

Modifiable Determinants of Obesity in Children and Adolescents / Lecture Harvard Medical School's Center for Excellence in Women's Health 5<sup>th</sup> Annual Women's

| Women in the Nurses' Health Study II / Invited Lecture Boston Obesity and Nutrition Research Center (BONRC) Epidemiology & Biostatistics Core, Harvard School of Public Health, Boston, MA Peer, Parent, and Media Predictors of Becoming Eating Disordered: Complications with Modeling Longitudinal Survey Data / Lecture Psychiatric Biostatistics Seminar Series Department of Biostatistics, Harvard School of Public Health, Boston, MA Advances in Understanding the Development of Eating Disorders and Obesity /Grand Rounds Lecture Department of Medicine, Children's Hospital Boston, Boston, MA Weight Cycling and Mortality Faculty & Fellows Conference, Division of Adolescent Medicine, Children's Hospital Boston, Boston, MA Recruiting and Retaining a Cohort: Methods Used in the Nurses' Health Study II and the Growing Up Today Study / Lecture Harvard Catalyst: The Harvard Clinical and Translational Science Center, Harvard University, Boston, MA Modifiable Determinants of Eating Disorders and Obesity / Lecture Grand Rounds Lecture, Children's Hospital Boston, Boston, MA Preventing Weight Gain and Regain: What is Important and How Can It Be Measured? / Lecture Department of Surgery, Brigham and Women's Hospital, Boston, MA Prevention of Unhealthy Weight Gain in Children and Adolescents / Invited Lecture Harvard Medical School Longwood Nutrition Seminar Series, Boston, MA Correlates and Consequences of Eating for Reasons Other than Hunger / Invited Lecture Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA One Size Does Not Fit All: The Need to Identify and Understand the  | 2004 | Health Research Conference   |
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| Boston Obesity and Nutrition Research Center (BONRC) Epidemiology & Biostatistics Core, Harvard School of Public Health, Boston, MA Peer, Parent, and Media Predictors of Becoming Eating Disordered: Complications with Modeling Longitudinal Survey Data / Lecture Psychiatric Biostatistics Seminar Series Department of Biostatistics, Harvard School of Public Health, Boston, MA Advances in Understanding the Development of Eating Disorders and Obesity /Grand Rounds Lecture Department of Medicine, Children's Hospital Boston, Boston, MA Weight Cycling and Mortality Faculty & Fellows Conference, Division of Adolescent Medicine, Children's Hospital Boston, Boston, MA Recruiting and Retaining a Cohort: Methods Used in the Nurses' Health Study II and the Growing Up Today Study / Lecture Harvard Catalyst: The Harvard Clinical and Translational Science Center, Harvard University, Boston, MA Modifiable Determinants of Eating Disorders and Obesity / Lecture Grand Rounds Lecture, Children's Hospital Boston, Boston, MA Preventing Weight Gain and Regain: What is Important and How Can It Be Measured? / Lecture Department of Surgery, Brigham and Women's Hospital, Boston, MA Prevention of Unhealthy Weight Gain in Children and Adolescents / Invited Lecture Harvard Medical School Longwood Nutrition Seminar Series, Boston, MA Correlates and Consequences of Eating for Reasons Other than Hunger / Invited Lecture Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, | 2004 | Association of Weight Change, Weight Control Practices, and Weight Cycling among     |
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| <ul> <li>Prevention of Unhealthy Weight Gain in Children and Adolescents / Invited Lecture Harvard Medical School Longwood Nutrition Seminar Series, Boston, MA</li> <li>Correlates and Consequences of Eating for Reasons Other than Hunger / Invited Lecture Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA</li> <li>Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA</li> <li>Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child &amp; Adolescent Health Research and Policy, Boston, MA</li> <li>Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA</li> <li>One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture</li> </ul>  |      |  |
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| Correlates and Consequences of Eating for Reasons Other than Hunger / Invited Lecture Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA  2013 Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA  2014 Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA  2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA  2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  | 2009 |  |
| Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA  2013 Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA  2014 Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA  2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA  2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  | 2012 |  |
| MA  2013 Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA  2014 Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA  2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA  2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture   | 2012 |  |
| 2013 Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults / Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA 2014 Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA 2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA 2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  |      |  |
| Invited Lecture Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture   | 2013 |  |
| <ul> <li>2014 Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child &amp; Adolescent Health Research and Policy, Boston, MA</li> <li>2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA</li> <li>2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture</li> </ul>  |      | Invited Lecture  |
| Disorders Among Children and Adolescents / Invited Lecture Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA  2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA  2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture   |      | Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA      |
| Massachusetts General Hospital - Center for Child & Adolescent Health Research and Policy, Boston, MA  2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA  2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  | 2014 | ı  |
| Policy, Boston, MA  2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA  2019 One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture   |      |  |
| Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  |      | <u>•</u>   |
| Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  | 2010 |  |
| One Size Does Not Fit All: The Need to Identify and Understand the Subgroups of People with Obesity / Invited Lecture  | 2018 |  |
| with Obesity / Invited Lecture   | 2019 |  |
| · ·  | 2010 | · · · · · · · · · · · · · · · · · · ·  |
| Division of General Fediatrics, Doston Children's Hospital, Doston, MA   |      | Division of General Pediatrics, Boston Children's Hospital, Boston, MA               |

# Report of Regional, National and International Invited Teaching and Presentations

No presentations below were sponsored by outside entities.

## Regional:

| 1997-1998 | The Epidemiology of Eating Disorders / Invited Lecture                             |
|-----------|--|
|           | Epidemiologic Study Design for Nutrition Research Course, Tufts Medical School     |
| 1997-1998 | Clinical Seminar Series / Invited Lecture  |
|           | Boston Obesity Nutrition Research Center, Boston Medical Center, Boston University |
|           |  |

| 1999-2000 | Methodological Issues in the Study of Eating Disorders / Invited Lecture  |
|-----------|---|
| 1999      | Epidemiologic Study Design for Nutrition Research Course, Tufts Medical School Peer, parent and Media Influences on the Development of Weight Concerns and Frequent   |
|           | Dieting among Preadolescent and Adolescent Girls and Boys / Lecture<br>Boston Obesity Nutrition Research Center Biostatistics/Epidemiology Working Group,             |
|           | Boston, MA  |
| 2000      | Nutritional Epidemiology /Invited Lecture   |
| 2001      | Nutritional Epidemiology Course, Boston University Methodological Issues in the Study of Eating Disorders & Obesity / Invited Lecture                                 |
|           | Epidemiologic Study Design for Nutrition Research Guest Lecturer, Tufts Medical School  |
| 2003      | Methods for Measuring Dietary Intake in Epidemiologic Studies / Lecture   |
|           | Understanding Methods in Obesity Research, Boston Obesity Nutrition Research Center Symposium, Boston, MA   |
| 2003      | The Relationship of Diet, Activity, and Inactivity to the Development of Obesity / Lecture  |
| 2005      | Childhood and Adolescent Obesity in Urban Populations: Prevention, Interventions, and   |
|           | Policy session of the 3rd International Conference on Urban Health, Boston, MA  |
| 2003      | Weight Concerns of Body Image of Adolescent and Adult Females / Lecture   |
|           | Women's Fitness Summit, Boston, MA  |
| 2004      | Eating Disorders among Children and Adolescents / Guest Lecture   |
| 2005      | Marion Mason Nutrition Seminar Series, Simmons College, Boston, MA  |
| 2005      | Advanced Nutrition and Disease Prevention / Guest Lecture Boston University, Boston, MA   |
| 2008      | Causes and Consequences of Childhood Obesity / Lecture  |
| 2000      | Division of General Pediatrics, Massachusetts General Hospital, Boston, MA  |
| 2009      | Assessing Predictors of Becoming Eating Disordered: Complications of Modeling   |
|           | Longitudinal Survey Data / Lecture  |
|           | Department of Mathematics and Statistics, Smith College, Northampton, MA  |
| 2009      | Preventing Weight Gain: What Should We Recommend? / Lecture   |
| 2010      | Yale Rudd Center for Food Policy an Obesity, Yale University, New Haven, CT   |
| 2010      | Causes and Consequences of Childhood Obesity / Lecture, Obesity Science and Policy  |
| 2010      | Division of Public Health and Professional Degrees, Tufts University, Boston, MA Obesity Prevention: Is it time to rethink our approach?/ Invited Lecture             |
| 2010      | Center for Obesity Research & Education (CORE), Temple University, Philadelphia, PA   |
| 2011-2012 | Childhood Obesity: What Should We Target for Intervention? / Invited Lecture  |
|           | Graduate Medical Nutrition Sciences "Nutritional Aspects of Disease," Boston University   |
|           | School of Medicine, Boston, MA  |
| 2012      | Common Eating Disorders Predictive of Adverse Outcomes are Missed by the Diagnostic   |
|           | Criteria / Invited Lecture  |
| 2012      | Department of Epidemiology, Harvard School of Public Health, Boston, MA   |
| 2013      | Sports Drinks: Masquerading as Healthy While Promoting Weight gain / Invited Lecture Harvard Transdisciplinary Research on Energetics and Cancer Center (TREC) Annual |
|           | Conference, Harvard School of Public Health, Boston, MA   |
| 2013      | Causes of Obesity in Pediatric Populations / Invited Lecture  |
|           | The 26 <sup>th</sup> Annual Blackburn Course in Obesity Medicine: Practical Approaches and Board  |
|           | Review  |
|           | Cambridge, MA   |
| 2014      | Causes of Obesity in Pediatric Populations / Invited Lectures   |
|           | The 27 <sup>th</sup> Annual Blackburn Course in Obesity Medicine: Practical Approaches and Board  |

Review Cambridge, MA 2015 Rethinking Obesity Epidemiology / Invited Lecture Department of Epidemiology, Brown University School of Public Health Providence, RI Subtyping Obesity and Eating Disorders to Better Understand Causes, Correlates, and 2015 Consequences Center for Basic and Translational Obesity Research Boston Children's Hospital Boston, MA 2015 Childhood Eating Disorders and Obesity 10<sup>th</sup> Annual Obesity Summit Cleveland Clinic Center for Continuing Education Cleveland, OH **National:** 2001 Associations Between Dieting, Unhealthy Weight Control Practices, and Body Weight: Prospective Results from a Cohort Study of Preadolescents and Adolescents / Lecture National Institute of Child Health and Development, Bethesda, MD The Impact of the Media on Weight Concerns Among Males / Lecture 2001 Society for Adolescent Health and Medicine Annual Meeting, Boston, MA 2001 Weight Change and Morbidity: What Population-Based Studies can Add / Lecture Nutrition Week (joint meeting of NAASO, now The Obesity Society (TOS), and the American Dietetic Association), San Diego, CA 2003 High Normal Weight Status in Childhood as a Predictor of Being Overweight or Hypertensive in Early Adulthood / Lecture Society for Adolescent Health and Medicine Annual Meeting, Seattle, WA 2004 Measuring Dietary Intake in Studies of the Determinants of Overweight among Children / Lecture Invitational National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) Scientific Vision Workshop on Modifiable Environmental and Behavioral Determinants of Overweight among Children and Adolescents, National Institute of Health, Bethesda, MD 2004 Measuring Dietary Intake in Studies of the Determinants of Overweight among Children" and "Obesity Interventions: What Have We Learned and What We Still Need to Figure Out / Guest Lecture University of North Carolina, Chapel Hill 2005 Advances in Understanding the Development of Eating Disorders / Grand Round Lecture Stanford School of Medicine, Stanford, CA 2005 The Role of Physical Activity in the Prevention and Treatment of Obesity in Children and Adolescents / Lecture New Jersey Conference on Childhood Obesity: Challenges and Solutions, Rutgers University, New Brunswick, NJ Childhood and Adolescent Obesity / Lecture 2005 NAASO, The Obesity Society Annual Meeting, Vancouver, Canada 2005 Association of Dietary Intake, Weight Control Strategies, and Binge Eating to Weight Gain Among Children, Adolescents, and Adult Women / Guest Lecture

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Division of Epidemiology, University of Minnesota School of Public Health, Minneapolis,

| 2006 | Association of Dietary Intake, Weight Control Strategies, and Binge Eating to Weight Gain    |
|------|--|
|      | Among Children, Adolescents, and Adult Women / Guest Lecture                                 |
|      | Center for Human Nutrition University of Colorado at Denver Health Sciences Center,          |
|      | Denver, CO   |
| 2007 | Weight cycling and mortality among middle-aged and older women / Invited Lecture             |
|      | North American Association for the Study of Obesity (NAASO), now The Obesity Society,        |
|      | Annual Meeting, New Orleans, LA  |
| 2008 | Successful weight control strategies among adolescent and young adult females / Lecture      |
|      | The Obesity Society (TOS) Annual Meeting, Phoneix, AZ  |
| 2008 | Findings from the Growing Up Today Study / Visiting Professor Lecture                        |
|      | Society for Adolescent Health and Medicine Iris F. Litt Visiting Professorship in Adolescent |
|      | Health Research, University of California-San Francisco, San Francisco, CA                   |
| 2008 | Advances in Understanding the Development of Eating Disorders and Obesity / Pediatric        |
|      | Grand Rounds Lecturer  |
|      | University of California-San Francisco, College of Medicine, San Francisco, CA               |
| 2008 | Methodological Issues to Consider When Studying the Development and Prevention of            |
|      | Obesity and Eating Disorders / Lecture   |
|      | University of California-San Francisco, College of Medicine, San Francisco, CA               |
| 2008 | Association of Dietary Intake, Weight Control Strategies, and Binge Eating to Weight Gain    |
|      | Among Children and Adolescents / Grand Rounds Lecturer                                       |
|      | Center for Obesity Assessment, Study and Treatment (COAST), University of California, San    |
|      | Francisco, CA  |
| 2008 | Preventing Obesity without Promoting Eating Disorders, Contemporary forums/Lead CORE         |
|      | seminar  |
|      | San Francisco, CA  |
| 2008 | Association of Dietary Intake and Weight Control Strategies to Weight Gain Among             |
|      | Children, Adolescents, and Adult Women / Lecture   |
|      | School of Public Health, University of California, Berkeley, CA                              |
| 2008 | Modifiable Determinants of Eating Disorders and Obesity / Plenary Talk                       |
|      | Society for Adolescent Health and Medicine Annual Meeting, Greensboro, NC                    |
| 2009 | Loss of control eating as a predictor of weight gain and the development of overweight,      |
|      | depressive symptoms, binge drinking, and substance use / Lecture                             |
|      | Eating Disorder Classification and Diagnosis Conference, March16-17, 2009, Arlington,        |
|      | Virginia. Supported by National Institute of Mental Health Grant R13MH081447 (S.             |
|      | Wonderlich P.I.)   |
| 2010 | Prospective Association of Overeating with and without Loss of Control to Subsequently       |
|      | Becoming Overweight or Obese Among Adolescent and Young Adult Females / Oral                 |
|      | Presentation   |
|      | The Obesity Society Annual Meeting, San Diego, CA  |
| 2011 | Telling people what to eat will not solve the obesity epidemic / Invited Lecture             |
|      | Stanford Prevention Research Center, Stanford University School of Medicine, Stanford, CA    |
| 2011 | Pediatric Antecedents of Adult Diseases / Invited Lecture                                    |
|      | American Diabetes Association National Meeting, San Diego, CA                                |
| 2011 | Eating disorders in children, adolescents, and young adults: One size does not fit all. Age  |
|      | related differences in definitions and risk factors / Plenary Lecture                        |
|      | Annual Meeting of the International Conference on Eating Disorders, Miami, FL                |
| 2011 | Telling people what to eat will not solve the obesity epidemic / Invited Lecture             |
|      | Children's Hospital Colorado, Aurora, CO   |
|      |  |

| 2012 | Consequences / Invited Lecture Binge Eating Disorder: The Next Generation of Research Workshop, April 19-20, 2012 Bethesda, MD. Supported by National Institute of Mental Health Grant R13MH094127 (M. Tanofsky-Kraff and J. Hudson, P.I.s)                            |
|------|--|
| 2012 | Atypical Anorexia among Preadolescents and Adolescents / Oral Presentation<br>Annual Meeting of the International Conference on Eating Disorders, Austin, TX   |
| 2012 | Childhood Obesity – Short and Longterm Consequences and Targets for Intervention /<br>Keynote<br>American Diabetes Association - 27 <sup>th</sup> Annual Clinical Conference on Diabetes   |
| 2012 | Bonita Springs, FL<br>Mental Health and Well-Being / Invited Lecture<br>Pediatric Obesity and Metabolic Syndrome: Prevention and Treatment   |
| 2012 | Obesity Society preconference course, San Antonio, TX, September 20, 2012 Consumption of Sports Drinks Prospectively Associated with Greater Weight Change Among Adolescents / Oral Presentation Annual Meeting of The Obesity Society                                 |
| 2013 | San Antonio, TX Prospective Association of Body Shape Concerns to Developing Adverse Outcomes among Male Adolescents and Young Adults / Platform Presentation Annual Meeting of Pediatric Academic Society   |
| 2013 | Washington D.C. Prevalent, but Often Overlooked, Risk Factors for the Development of Obesity Among Adolescents and Young Adults / Invited Symposium Speaker Annual Meeting of the Society for Study of Ingestive Behavior  |
| 2013 | New Orleans, LA Independent of BMI, Female Binge Eaters Are More Likely to Develop Diabetes / Oral Presentation Annual Meeting of the Obesity Society  |
| 2013 | Atlanta, Georgia The Merits of Subtyping Obesity: One Size Does Not Fit All / Invited Symposium Speaker JAMA Network Symposium – Examining Heterogeneity to Better Understand the Benefits and Consequences of Treatment   |
| 2015 | Obesity Week, the Annual Meeting of the Obesity Society Atlanta, Georgia Making Sense of Exercise: Interpreting Public Health Messages About Exercise and Weight / Invited Symposium Speaker Academy for Eating Disorders International Conference on Eating Disorders |
| 2015 | Boston, MA Prospective Relationship of Emotional and Externally Induced Eating with Subsequent Weight Gain / Oral Presentation   |
| 2015 | Obesity Week, the Annual Meeting of the Obesity Society Los Angeles, California Traditional epidemiologic data: current understanding and knowledge gaps in obesity / Invited Lecture, Harvard Medical School Executive Training Program Google                        |
| 2015 | Mountain View, CA Data from mobile devices: using technology to improve epidemiology and treatment / Invited Lecture, Harvard Medical School Executive Training Program  |

|              | Google   |
|--------------|--|
|              | Mountain View, CA  |
| 2019         | It is Unlikely that the ED Diagnostic Criteria Represent "the Truth" / Invited Symposium |
|              | Speaker  |
|              | 25 <sup>th</sup> Annual Eating Disorder Research Society Meeting                         |
|              | Chicago, IL  |
| 2019         | Cutting your Losses – Tailoring Diet and Behavioral Interventions /Invited Symposium     |
|              | Speaker  |
|              | ObesityWeek 2019   |
|              | Las Vegas, NV  |
| 2020         | Migraine and Obesity   |
|              | The Migraine Symposium   |
|              | Virtual meeting hosted by the Association of Migraine Disorders                          |
| 2022         | Body Dissatisfaction is Associated with Blood Pressure among Adolescent and Young Adult  |
|              | Females /Oral Presentation   |
|              | Speaker  |
|              | ObesityWeek 2022   |
|              | San Diego, CA  |
| Internationa | ıl:  |
| 2008         | Growing Up Today Study: An overview / Lecture  |
|              |  |

| 2000 | Growing op roddy Study. Thi overview / Eccture   |  |
|------|--|--|
|      | Folkhälsan Research Center, University of Helsinki, Finland                            |  |
| 2010 | Binge eating predicts the development of adverse outcomes during adolescence and young |  |
|      | adulthood / Lecture  |  |
|      | Institute of Psychiatry, King's College, London, United Kingdom                        |  |
| 2011 | The diagnostic criteria are missing and important and common eating disorder in        |  |
|      | adolescents.   |  |
|      | Eating Disorders Research Society 17th Annual Meeting, Edinburgh, Scotland             |  |
| 2011 | Weight cycling and mortality among middle-aged or older women                          |  |
|      | From Causes of Obesity to Clinical Applications' International Meeting. Essen, Germany |  |
| 2012 | Common eating disorders predictive of adverse outcomes are missed by the DSM-IV and    |  |
|      | DSM-5 classifications  |  |
|      | Department of Child and Adolescent Mental Health, Great Ormond Street Hospital,        |  |
|      | London, UK   |  |
| 2012 | The Limitations of Using One Set of Diagnostic Criteria for All Purposes               |  |
|      | University College London, London, UK  |  |
| 2013 | Prevalence, Correlates, and Consequences of Eating Disorders among Male Adolescents    |  |
|      | and Young Adults   |  |
|      | Academy of Eating Disorders 2013 International Conference on Eating Disorders,         |  |
| _    | Montreal, Quebec, Canada   |  |
| 2014 | Eating and Weight-Related Disorders Among Adolescents and Young Adults: Why Are We     |  |
|      | Overlooking Prevalent Risk Factors and Consequences / Inaugural Lecture                |  |
|      | University College London, UK  |  |
| 2014 | Eating and Weight-Related Disorders Among Adolescents and Young Adults: Why Are We     |  |
|      | Overlooking Prevalent Risk Factors and Consequences                                    |  |
|      | University of Bristol, UK  |  |
| 2015 | Using Surveys to Study Adolescent Health   |  |
|      | HUNT Research Center, the Norwegian University of Science and Technology (NTNU),       |  |
|      |  |  |

|      | Faculty of Medicine, Trondheim, Norway   |
|------|--|
| 2015 | Behavioral, Environmental, and Genetic Risk Factors for Obesity: What Do We Know and |
|      | Where Do We Go From Here? / The James Mitchell Lecture                               |
|      | Eating Disorder Research Society   |
|      | Taormina, Italy  |
| 2018 | Examining Heterogeneity to Better Understand Weight-Related Disorders                |
|      | Tongji Medical School, Wuhan, China  |
| 2018 | Examining Heterogeneity to Better Understand Weight-Related Disorders                |
|      | National Institute for Environmental Health, Beijing, China                          |
|      |  |

## **Report of Education of Patients and Service to the Community**

## Educational Material for Patients and the Lay Community: Books, monographs, articles and presentations in other media

## **Media Recognition:**

| Micula Ixcogi  | Micula Recognition.   |   |  |  |
|--|---|---|--|--|
| No activities below were sponsored by outside entities |   |   |  |  |
| 2008   | The ups and downs of 'yo-yo' dieting  | U.S. News & World Report, 24 October        |  |  |
| 2009   | The real reasons we overeat   | The Atlantic, 29 June                       |  |  |
| 2009   | Are prepared foods making us fat?   | The Atlantic, 17 August                     |  |  |
| 2009   | How families teach healthy eating   | The Atlantic, 4 November                    |  |  |
| 2011   | Jamba juice's mysterious "dairy base"   | Mother Jones, 28 February                   |  |  |
| 2012   | Black girls don't benefit as much from exercise: study  | Reuters Health, 5 June                      |  |  |
| 2012   | Sugary Drinks Linked to Increased Genetic<br>Risk of Obesity  | Bloomberg Newsweek, 22 September            |  |  |
| 2013   | Frequent Eating in Kids Tied to Less<br>Weight Gain: But this won't hold true with<br>unhealthy foods, expert warns | Health Day, 8 April                         |  |  |
| 2013   | Unhealthy body shape concerns linked to adverse outcomes  | Family Practice News , 20 June              |  |  |
| 2014   | Body image pressures increasingly affect boys   | The Atlantic, 10 March                      |  |  |
| 2014   | Eating disorders and weight concerns among boys   | KCRW's Good Food radio program, 19,<br>June |  |  |
| 2014   | It's not just girls. Boys struggle with body image, too.  | Huffington Post, 17 September               |  |  |
|  |   |   |  |  |

## **Report of Scholarship**

## Peer reviewed publications in print or other media Research Investigations

- 1. **Field AE**, Wolf AM, Herzog DB, Cheung L, Colditz GA. The relationship of caloric intake to frequency of dieting among preadolescent and adolescent girls. *J Am Acad Child Adolesc Psychiatry* 1993; 32(6):1246-52.
- 2. **Field AE**, Colditz GA, Willett WC, Longcope C, McKinlay JB. The relationship of smoking, age, relative weight, and dietary intake to serum adrenal steroids, sex hormones, and sex hormone binding globulin in middle aged men. *J Clin Endocrin Metab* 1994; 79(5):1310-16.

- 3. **Field AE**, Colditz GA, Herzog D, Heatherton T. Disordered eating: can women accurately recall their binging and purging behaviors ten years later? *Obesity Research* 1996; 4(2):153-59.
- 4. Herzog DB, **Field AE**, Keller MB, West JC, Robbins W, Stanley J, Colditz GA. Subtyping eating disorders: is it justified? *J Am Acad Child Adolesc Psychiatry* 1996; 35(7):928-36.
- 5. Heatherton TF, Mahamedi F, Striepe M, **Field AE**, Keel P. A 10-year longitudinal study of body weight, dieting and eating disorder symptoms. *J Abnormal Psychology* 1997; 106(10):117-25.
- 6. **Field AE**, Colditz GA, Peterson KE. Racial differences in bulimic behaviors among high school females. *Annals New York Acad Sciences* 1997; 817:359-60.
- 7. **Field AE**, Colditz GA, Peterson KE. Racial/ethnic and gender differences in concern with weight and bulimic behaviors among adolescents. *Obesity Research* 1997; 5(5):447-54.
- 8. Rockett HR, Breitenbach M, Frazier AL, Witschi J, Wolf AM, **Field AE**, Colditz GA. Validation of a youth/adolescent food frequency questionnaire. *Prev Med* 1997; 26(6):808-16.
- 9. **Field AE**, Herzog DB, Keller MB, West J, Nussbaum K, Colditz GA. Distinguishing recovery from remission in a cohort of bulimic women: how should asymptomatic periods be described? *J Clin Epidemiol* 1997; 50(12):1339-45.
- 10. **Field AE**, Colditz GA, Fox MK, Byers T, Serdula M, Bosch RJ, Peterson KE. Comparison of 4 questionnaires for assessment of fruit and vegetable intake *Am J Public Health* 1998; 88(8):1216-18.
- 11. **Field AE**, Cheung L, Wolf AM, Herzog DB, Gortmaker SL, Colditz GA. Exposure to the mass media and weight concerns among girls. *Pediatrics* 1999; 103(3):E36.
- 12. **Field AE**, Camargo CA, Taylor CB, Berkey C, Frazier AL, Gillman MW, Colditz GA. Overweight, weight concerns, and bulimic behaviors among girls and boys. *J Am Acad Child Adolesc Psychiatry*. 1999; 38(6):754-60.
- 13. Gortmaker SL, Cheung LW, Peterson KE, Chomitz G, Cradle JH, Dart H, Fox MK, Bullock RB, Sobol AM, Colditz G, **Field AE**, Laird N. Impact of a school based interdisciplinary intervention on diet and physical activity among urban primary school children: eat well and keep moving. *Arch Pediatr Adolesc Med* 1999; 153(9):975-83.
- 14. **Field AE**, Byers T, Hunter DJ, Laird NM, Manson JE, Williamson DF, Willett WC. Weight cycling, weight gain, and risk of hypertension in women. *Am J Epidemiol* 1999; 150(6):573-79.
- 15. **Field AE**, Peterson KE, Gortmaker SL, Cheung L, Rockett HRH, Fox MK, Colditz GA. Reproducibility and validity of a food frequency questionnaire among fourth to seventh grade inner city school children: implications of age and day to day variation in dietary intake. *Public Health Nutr* 1999; 2(3):293-300.
- 16. Must A, Spadano J, Coakley EH, Field AE, Colditz GA, Dietz WH. The disease burden associated

- with overweight and obesity in the United States. JAMA 1999; 282(16):1523-9.
- 17. Tomeo CA, **Field AE**, Berkey CS, Colditz GA, Frazier AL. Weight concerns, weight control behaviors, and smoking initiation. *Pediatrics* 1999; 104(4 Pt1):918-24.
- 18. **Field AE**, Camargo CA, Taylor CB, Berkey C, Colditz GA. Relation of peer and media influences to the development of purging behaviors among preadolescent and adolescent girls. *Arch Ped Adol Med* 1999; 153(11):1184-89.
- 19. Wei EK, Gardner J, **Field AE**, Rosner BA, Colditz GA, Suitor CW. Validity of a food frequency questionnaire in assessing nutrient intakes of low-income pregnant women. *Matern Child Health J* 1999; 3(4):241-46.
- 20. Gillman MW, Rifas-Shiman SL, Frazier AL, Rockett HRH, Camargo CA, **Field AE**, Berkey CS, Colditz GA. Family dinner and diet quality among older children and adolescents. *Arch Fam Med* 2000; 9(3):235-40.
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