

## **CURRICULUM VITAE - ANDREA L. GOLD, PH.D.**

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### **BUSINESS ADDRESS**

Intensive Program for OCD and Related Disorders, Pediatric Anxiety Research Center (PARC)  
Emma Pendleton Bradley Hospital, 1011 Veterans Memorial Parkway, East Providence, RI 02915  
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### **EDUCATION & TRAINING**

- 2001–2005     **Cornell University**  
B.A. in Psychology, awarded May 2005  
*Magna cum laude*; distinction in all subjects
- 2005–2007     **Massachusetts General Hospital**, Charlestown, MA  
Clinical Research Coordinator, Psychiatric Neuroimaging Research Program  
*Advisor*: Scott Rauch, M.D.
- 2007–2013     **Yale University**, New Haven, CT  
Ph.D. in Clinical Psychology, May 2013  
M.S. in Clinical Psychology, Dec 2009, M.Phil. in Clinical Psychology, Dec 2010  
*Advisor*: Gregory McCarthy, Ph.D.
- 2012–2013     **Yale-New Haven Hospital, Yale School of Medicine**, New Haven, CT  
Predoctoral Fellow, Internship Training Program in Clinical Psychology  
Dialectical Behavior Therapy (DBT) Track  
*Advisor*: Seth Axelrod, Ph.D.

### **POSTGRADUATE TRAINING**

- 2013–2017     **National Institute of Mental Health**, National Institutes of Health, Bethesda, MD  
Postdoctoral Fellow, Intramural Research Training Award  
Section on Development and Affective Neuroscience  
*Advisor*: Daniel Pine, M.D.

### **POSTGRADUATE AWARDS**

- 2020             Toy Caldwell-Colbert Excellence in Teaching Award, Dept. of Psychiatry & Human Behavior, Brown University Warren Alpert Medical School
- 2023             Seth Axelrod Mentoring Award, Yale School of Medicine-National Education Alliance for Borderline Personality Disorder Annual Conference awarded for outstanding mentorship of the next generation of professionals who treat and study borderline personality disorder, emotion dysregulation, and DBT

## **PROFESSIONAL LICENSES**

- 2016–2018    Licensed Psychologist: 05636, State of Maryland  
2017–        Licensed Psychologist: PS 01652, State of Rhode Island

## **ACADEMIC APPOINTMENT**

- 2019–        **The Warren Alpert Medical School of Brown University**, Providence, RI  
Clinical Assistant Professor  
Department of Psychiatry and Human Behavior (DPHB)

## **HOSPITAL APPOINTMENTS**

- 2018–        **Emma Pendleton Bradley Hospital**, Brown University Health, Riverside, RI  
2018–2019    Staff Psychologist, Compass DBT-A Residential Program and Mindful Teen,  
Outpatient Child Psychiatry  
2019–        Staff Psychologist, Intensive Program for OCD and Related Disorders  
Pediatric Anxiety Research Center (PARC)  
2023–        Team Lead, DBT-X Track, Intensive Program for OCD and Related Disorders  
Pediatric Anxiety Research Center (PARC)

## **OTHER APPOINTMENTS**

- 2024–        *Board Member*, Executive Editorial Team, DBT Bulletin  
2023–        *Board Member*, Board of Directors, National Education Alliance for Borderline  
Personality Disorder (NEABPD)

## **SERVICE ACTIVITIES**

- 2014–2019    *Chair*, Call-In Series, National Education Alliance for Borderline Personality  
Disorder (NEABPD)  
2023–2025    *Planning Committee Member*, Yale-National Education Alliance for Borderline  
Personality Disorder (NEABPD) Conference  
2024–        *Member*, Child Track Social Justice, Anti-Racism and Inclusion Sub-Committee,  
Department of Psychiatry & Human Behavior, Alpert Medical School of Brown  
University

## **AD HOC REVIEWER – JOURNALS**

*Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*  
*British Journal of Clinical Psychology*  
*Chronic Stress*  
*Clinical Psychology Review*  
*Clinical Psychological Science*  
*Cognitive and Behavioral Practice*  
*Cognitive Therapy and Research*

*Developmental Cognitive Neuroscience*  
*Journal of the American Academy of Child and Adolescent Psychiatry*  
*Journal of Clinical and Consulting Psychology*  
*Journal of Psychiatric Research*  
*NeuroImage*  
*Neuropsychopharmacology*  
*Neuroscience and Biobehavioral Reviews*  
*Progress in Neuropsychopharmacology & Biological Psychiatry*  
*Psychiatry Research: Neuroimaging*  
*Psychological Medicine*  
*Social Cognitive and Affective Neuroscience*

### **AD HOC REVIEWER – CONFERENCE ABSTRACTS AND GRANT REVIEWS**

*Association for Behavioral and Cognitive Therapies (ABCT)*: 2016, 2017, 2018  
*International Society for Traumatic Stress Studies (ISTSS)*: 2016, 2017, 2018  
*International Society for the Improvement & Teaching of DBT (ISITDBT)*: 2019, 2020, 2021, 2022, 2023, 2024, 2025  
*International OCD Foundation (IOCDF) Grant Review Committee*: 2024

### **COMMITMENT TO DIVERSITY, EQUITY, INCLUSION, JUSTICE & ANTIRACISM**

2023                      Participated in “Antiracism in DBT”, 2-day foundational training in antiracism within DBT clinical practice, hosted by the Youth & Family Institute

2024–present      *Member*, Child Track Social Justice, Anti-Racism and Inclusion Sub-Committee, Department of Psychiatry & Human Behavior, Alpert Medical School of Brown University

I aim to integrate principles and actions to promote diversity, equity, inclusion, justice, and antiracism throughout all my work, which includes clinical practice, teaching, supervision, consultation, and clinical scholarly work. As a member of the Child Track Social Justice Sub-Committee, which meets biweekly and works to improve the culture and practice of child psychology training as it relates to social justice, antiracism, and inclusion, I have supported and collaborated on initiatives such as education and training to increase pathways to child mental health careers and to reduce bias in hiring practices.

### **PUBLICATIONS LIST**

#### **ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Rauch, S.L., Wright, C.I., Savage, C.R., Martis, B., McMullin, K.G., Wedig, M.M., **Gold, A.L.**, & Keuthen, N. J. (2007). Brain activation during implicit sequence learning in individuals with trichotillomania. *Psychiatry Research: Neuroimaging*, 154, 233-240.
2. Evans, K.C., Wright, C.I., Wedig, M.M., **Gold, A.L.**, Pollack, M., & Rauch, S.L. (2007). A functional MRI study of amygdala responses to angry schematic faces in social anxiety disorder. *Depression and Anxiety*, 25, 496-505.

3. Britton, J.C., **Gold, A.L.**, Feczko, E.J., Rauch, S.L., Williams, D., & Wright, C.I. (2007). D-cycloserine inhibits amygdala responses during repeated presentations of facial expressions. *CNS Spectrums*, 12, 600-605.
4. Wright, C.I., Negreira, A.M., **Gold, A.L.**, Britton, J.C., Williams, D., & Feldman Barrett, L. (2008). Neural correlates of novelty and face-age effects in young and elderly adults. *Neuroimage*, 42, 956-968.
5. Evans, K.C., Simon, N.M., Dougherty, D.D., Hoge, E.A., Worthington, J.J., Chow, C., Kaufman, R.E., **Gold, A.L.**, Fischman, A.J., Pollack, M.H., & Rauch, S.L. (2009). A PET study of tiagabine treatment implicates ventral medial prefrontal cortex in generalized social anxiety disorder. *Neuropsychopharmacology*, 34, 390-398.
6. Britton, J.C., **Gold, A.L.**, Deckersbach, T., & Rauch, S.L. (2009). Functional MRI study of specific animal phobia using an event-related emotional counting Stroop paradigm. *Depression and Anxiety*, 26, 796-805.
7. Milad, M.R., Pitman, R.K., Ellis, C.B., **Gold, A.L.**, Shin, L.M., Lasko, N.B., Handwerger, K., Orr, S.P., & Rauch, S.L. (2009). Neurobiological basis for failure to recall safety memory in posttraumatic stress disorder. *Biological Psychiatry*, 66, 1075-1082.
8. Britton, J.C., Stewart, S.E., Killgore, W.D.S., Rosso, I.M., Price, L.M., **Gold, A.L.**, Pine, D.S., Wilhelm, S., Jenike, M.A., & Rauch, S.L. (2010). Amygdala activation in response to facial expressions in pediatric obsessive-compulsive disorder. *Depression and Anxiety*, 27, 643-651.
9. Rosso, I.M., Makris, N., Britton, J.C., Price, L.M., **Gold, A.L.**, Zai, D., Bruyere, J., Deckersbach, T., Killgore, W.D.S., & Rauch, S.L. (2010). Anxiety sensitivity correlates with two indices of right anterior insular structure in specific animal phobia. *Depression and Anxiety*, 27, 1104-1110.
10. Killgore, W.D.S., Price, L.M., Britton, J.C., **Gold, A.L.**, Deckersbach, T., & Rauch, S.L. (2011). Neural correlates of anxiety sensitivity during masked presentation of affective faces. *Depression and Anxiety*, 28, 243-249.
11. Morey, R.A., Hariri, A.R., **Gold, A.L.**, Hauser, M.A., Munger, H.J., Dolcos, F., & McCarthy, G. (2011). Serotonin transporter gene polymorphisms and brain function during emotional distraction from cognitive processing in posttraumatic stress disorder. *BMC Psychiatry*, 11, 76.
12. Shin, L.M., Bush, G., Milad, M.R., Lasko, N.B., Handwerger Brohawn, K., Huges, K.C., Macklin, M.L., **Gold, A.L.**, Karpf, R.D., Orr, S.P., Rauch, S.L., & Pitman, R.K. (2011). Exaggerated activation of dorsal anterior cingulate cortex during cognitive interference: A monozygotic twin study of posttraumatic stress disorder. *American Journal of Psychiatry*, 168, 979-985.
13. **Gold, A.L.**, Shin, L.M., Orr, S.P., Carson, M.A., Rauch, S.L., Macklin, M.L., Lasko, N.B., Metzger, L.J., Dougherty, D.D., Alpert, N.M., Fischman, A.J., & Pitman, R.K. (2011). Decreased regional cerebral blood flow in medial prefrontal cortex during trauma-unrelated stressful imagery in Vietnam veterans with PTSD. *Psychological Medicine*, 41, 2563-2572.
14. Morey, R.A., **Gold, A.L.**, LaBar, K.S., Beall, S.K., Brown, V.M., Haswell, C.S., Nasser, J.D., Mid-Atlantic MIRECC Workgroup, Wagner, H.R., & McCarthy, G. (2012). Amygdala volume changes in a large post-9/11 veteran group with posttraumatic stress disorder. *Archives of General Psychiatry*, 69, 1169-1178.

15. Killgore, W.D.S., Britton, J.C., Schwab, Z.J., Price, L.M., Weiner, M.R., **Gold, A.L.**, Rosso, I.M., Simon, N.M., Pollack, M.H., & Rauch, S.L. (2014). Cortico-limbic responses to masked affective faces across PTSD, panic disorder, and specific phobia. *Depression and Anxiety*, *31*, 150-159.
16. Brown, V.M., Strauss, J.L., LaBar, K.S., **Gold, A.L.**, Weiner, J., McCarthy, G., & Morey, R.A. (2014). Acute effects of trauma-focused research procedures on participant safety and distress. *Psychiatry Research*, *215*, 154-158.
17. Brown, V.M., LaBar, K.S., Haswell, C.C., **Gold, A.L.**, Mid-Atlantic MIRECC Workgroup, McCarthy, G., & Morey, R.A. (2014). Altered resting-state functional connectivity of basolateral and centromedial amygdala complexes in posttraumatic stress disorder. *Neuropsychopharmacology*, *39*, 351-359.
18. McLaughlin, K.A., Peverill, M., **Gold, A.L.**, Alves, S., Sheridan, M.A. (2015). Child Maltreatment and Neural Systems Underlying Emotion Regulation. *Journal of the American Academy of Child and Adolescent Psychiatry*, *54*, 753-762.
19. **Gold, A.L.**, Morey, R.A., & McCarthy, G. (2015). Amygdala - prefrontal cortex functional connectivity during threat-induced anxiety and goal-distraction. *Biological Psychiatry*, *77*, 394-403.
20. **Gold, A.L.**, Jarcho, J., Rosen, D., Pine, D.S., & Ernst, M. (2015). Emotional and non-emotional conflict processing in youth and adult anxiety disorders. *Journal of Child and Adolescent Psychopharmacology*, *25*: 754-63.
21. Sylvester, C.M., Barch, D.M., Harms, M.P., Belden, A.C., Oakberg, T.J., **Gold, A.L.**, White, L.K., Benson, B.E., Troller-Renfree, S.T., Degnan, K.A., Henderson, H.A., Luby, J.L., Fox, N.A., & Pine, D.S. (2016). Early Childhood Behavioral Inhibition Predicts Cortical Thickness in Adulthood. *Journal of the American Academy of Child and Adolescent Psychiatry*, *55*: 122-9.e.1.
22. **Gold, A.L.**, Shechner, T., Farber, M.J., Spiro, C., Leibenluft, E., Pine, D.S., & Britton, J.C. (2016). Amygdala-cortical connectivity: Associations with anxiety, development, and threat. *Depression & Anxiety*, *33*, 917-926.
23. McLaughlin, K.A., Sheridan, M.A., **Gold, A.L.**, Duys, A., Lambert, H.K., Peverill, M., Heleniak, C., Shechner, T., Wojcieszak Z., & Pine, D.S. (2016). Maltreatment Exposure, Brain Structure, and Fear Conditioning in Children and Adolescents. *Neuropsychopharmacology*, *41*, 1956-64.
24. **Gold, A.L.**, Sheridan, M.A., Peverill, M., Busso, D.S., Lambert, H.K., Alves, S., Pine, D.S., & McLaughlin, K.A. (2016). Childhood abuse and reduced cortical thickness in brain regions involved in emotion processing. *Journal of Child Psychology and Psychiatry*, *57*, 1154-64.
25. **Gold, A.L.**, Brotman, M.A., Adleman, N.E., Lever, S.N., Steuber, E.R., Fromm, S.J., Mueller, S.C., Pine, D.S., & Leibenluft, E. (2016). Comparing Brain Morphometry Across Multiple Childhood Psychiatric Disorders. *Journal of the American Academy of Child and Adolescent Psychiatry*, *55*, 1027-1037.e3.
26. **Gold, A.L.**, Steuber, E., White, L.K., Pacheco, J., Sachs, J.F., Berman, E., Pagliaccio, D., Leibenluft, E., & Pine, D.S. (2017) Cortical thickness and subcortical volume in pediatric anxiety disorders. *Neuropsychopharmacology*, *42(12)*, 2423-2433.

27. White, L.K., Sequeira, S., Britton, J.C., Brotman, M.A., **Gold, A.L.**, Berman, E., Towbin, K., Abend, R., Fox, N.A., Bar-Haim, Y., Leibenluft, E., Pine, D.S. (2017). Complementary Features of Attention Bias Modification Therapy and Cognitive Behavioral Therapy in Pediatric Anxiety Disorders. *American Journal of Psychiatry*, 174(8), 775-784.
28. Busso, D.S., McLaughlin, K.A., Brueck, S., Peverill, M., **Gold, A.L.**, & Sheridan, M.A. (2017). Child abuse, neural structure and adolescent psychopathology: A longitudinal study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 56(4), 321-328.e1.
29. Michalska, K., Feldman, J., Abend, R., **Gold, A.L.**, Dildine, T., Palacios-Barrios, E., Leibenluft, E., Towbin, K., Pine, D.S., & Atlas, L. (2018). Anticipatory Effects on Perceived Pain: Associations With Development and Anxiety. *Psychosomatic Medicine*, 80(9).
30. Cardinale, E., Kircanski, K., Brooks, J., **Gold, A.L.**, Towbin, K., Pine, D.S., Leibenluft, R., Brotman, M. (2019). Parsing neurodevelopmental features of irritability and anxiety: Replication and validation of a latent variable approach. *Development and Psychopathology*, 31(3), 917-929.
31. Linke, J., Kircanski, K., Brooks, J., Perhamus, G., **Gold, A.L.**, & Brotman, M. (2020). Exposure-based CBT for disruptive mood dysregulation disorder: An evidence-based case study. *Behavior Therapy*, 51(2), 320-333.
32. Sun, D., **Gold, A.L.**, Swanson, C., Haswell, C., Brown, V., Stjepanović, D., Mid-Atlantic Workgroup, LaBar, K., & Morey, R. (2020). Threat-Induced Anxiety During Goal Pursuit Disrupts Amygdala-Prefrontal Cortex Connectivity in Posttraumatic Stress Disorder. *Translational Psychiatry*, 10(1), 61.
33. **Gold, A.L.**, Abend, R., Britton, J.C., Behrens, B., Farber, M., Ronkin, E., Chen, G., Leibenluft, E., & Pine, D.S. (2020). Age differences in the neural correlates of anxiety disorders: An fMRI study of response to learned threat. *American Journal of Psychiatry*, 177(5), 454-463.
34. Abend, R., **Gold, A.L.**, Britton, J.C., Michalska, K., Shechner, T., Sachs, J.F., Winkler, A.M., Leibenluft, E., Averneck, B.B., & Pine, D.S. (2020). Anticipatory Threat Responding: Associations with Anxiety, Development, and Brain Structure. *Biological Psychiatry*, 87(10), 916-925.
35. Filippi, C., Sachs, J.F., Phillips, D., Winkler, A., **Gold, A.L.**, Leibenluft, E., Pine, D.S., & Fox, N.A. (2020). Infant behavioral reactivity predicts change in amygdala volume 12 years later. *Developmental Cognitive Neuroscience*, 42, 10076.
36. Lewis, K.M., Matsumoto, C., Cardinale, E., Jones, E., **Gold, A.L.**, Stringaris, A., Leibenluft, E., Pine, D.S., & Brotman, M.A. (2020). Self-efficacy as a target for neuroscience research on moderators of treatment outcomes in pediatric anxiety. *Journal of Child and Adolescent Psychopharmacology*, 30(4), 205-214.
37. Naim-Aricha, R., Kircanski, K., **Gold, A.L.**, German, R.E., Davis, M., Perlstein, S., Clayton, M., Revzina, O., & Brotman, M.A. (2021). An across-subjects multiple baseline trial of exposure-based cognitive-behavioral therapy for severe irritability: A study protocol. *BMJ Open*, 11(3), e039169.

38. Tseng, W., Abend, R., **Gold, A.L.**, & Brotman, M.A. (2021). Neural correlates of extinguished threat recall underlying the commonality between pediatric anxiety and irritability. *Journal of Affective Disorders*, 295, 920-929.
39. Harrewijn, A., Cardinale, E.M., Groenewold, N.A., Bas-Hoogendam, J.M., Aghajani, M., Hilbert, K., Cardoner, N., ... Pine, D.S. (2021). Cortical and subcortical brain structure in generalized anxiety disorder: findings from 28 research sites in the ENIGMA-Anxiety Working Group. *Translational Psychiatry*, 11(1), 502.
40. Abend, R., Burk, D., Ruiz, S.G., **Gold, A.L.**, Napoli, J.L., Britton, J.C., Michalska, K.J., Shechner, T., Winker, A.M., Leibenluft, E., Pine, D.S., Averbach, B.B. (2022). Computational modeling of threat learning reveals links with anxiety and neuroanatomy in humans. *Elife*, 11, e66169.
41. Groenewold, N.A., Bas-Hoogendam, J., Amod, A.R., Laansma, M.A., Van Velzen, L.S., Aghajani, M., Hilbert, K., ... Van der Wee, N.J.A. (2023). Volume of subcortical brain regions in social anxiety disorder: mega analytic results from 37 samples in the ENIGMA-Anxiety Working Group. *Molecular Psychiatry*, 28(3), 1079-1089.
42. Newsome, P., Ruiz, S.R., **Gold, A.L.**, Pine, D.S., Abend, R. (2023). Fear-potentiated startle reveals diminished threat extinction in pathological anxiety. *International Journal of Psychophysiology*, 183, 81-91.

### **OTHER PEER-REVIEWED PUBLICATIONS**

1. Kim-Cohen, J., & **Gold, A. L.** (2009). Measured gene-environment interactions and mechanisms promoting resilient development. *Current Directions in Psychological Science*, 18, 138-142.
2. **Gold, A.L.** (2020). Feel your fear and do it anyway: The exposure lifestyle. [\*DBT Bulletin\*, 3 \(1\), 6-10.](#)
3. **Gold, A.L.**, Decker, S.E., & Cooney, E.B. (2022). At the Heart of the Dialectic: Knowing, Connection, and Joy. [\*DBT Bulletin\*, 6 \(1\), 3-5.](#)
4. **Gold, A.L.**, Decker, S.E., & Axelrod, S.R. (2023). Dancing with DBT Dialectical Dilemmas: Case Example of the Acceptance and Change Protocol (ACP). [\*DBT Bulletin\*, 7 \(1\), 27-34.](#)
5. **Gold, A.L.** & Finkelstein, J. (2023). Thinking and Acting Dialectically is Challenging and Freeing: Tools for Teaching Dialectics. [\*DBT Bulletin\*, 7 \(2\), 29-37.](#)

### **BOOK CHAPTERS/COMMENTARIES/OTHER PUBLICATIONS**

1. Kim-Cohen, J., Rabbitt, S., Henry, J., & **Gold, A.L.** (2012). Child maltreatment: A pathological relational environment. In L.C. Mayes & M. Lewis (Eds.), *The Cambridge Handbook of Environment in Human Development*, pp. 480-497. New York: Cambridge University Press.

2. **Gold, A.L.** & Yaptangco, M. (2019, March). Getting unstuck: Dialectical strategies to reduce suffering and build a life worth living. *The Brown University Child and Adolescent Behavior Letter*, 35 (3), 1-6.
3. **Gold, A.L.** & Yen, S. (2020). Cognitive behavioral approaches in the treatment of personality disorders: Implementation challenges in real world settings. In K.L. Gratz & C.W. Lejuez (Eds.), *The Cambridge Handbook of Personality Disorders*, pp. 422-424. New York: Cambridge University Press.
4. Han, G., **Gold, A.L.**, Righi, G., Garcia, A.M., Egolf, A. (2020, August). Case report: Functional assessment of behavior in complex diagnoses: A transdiagnostic approach. *The Brown University Child and Adolescent Behavior Letter*, 36 (8), 1-7.
5. **Gold, A.L.** (2021, March). Building commitment to change: Lessons from DBT. *The Brown University Child and Adolescent Behavior Letter*, 37 (3), 1-4.
6. Egolf, A., & **Gold, A.L.** (2023, March). Interpersonal Effectiveness in Action: The Therapeutic Milieu as a Natural Environment for DBT Assertiveness Skills Practice. *The Brown University Child and Adolescent Behavior Letter*, 39 (3), 1-4.
7. McHugh, S.A. & **Gold, A.L.** (2024). Be curious, not judgmental: A DBT emotion regulation handout for changing unwanted emotions. *Brown University Child and Adolescent Behavior Letter*, 40 (10), 1-10.
8. Axelrod, S.R., **Gold, A.L.**, & Decker, S.E. (In Press). Dancing with the Dialectical Dilemmas: The Acceptance and Change Protocol. In L. Bonivita (Ed.), *Advancing Dialectical Behavior Therapy*. Springer Nature.

## **CONFERENCE PRESENTATIONS**

1. **Gold, A.L.**, Morey, R.A., & McCarthy, G. (2011, November). Staying on task under threat of shock: Threat-induced stress influences functional connectivity of the amygdala and inferior frontal gyrus. In G. McCarthy (Chair), *Neural mechanisms underlying fear, anxiety, and pain*. Nanosymposium conducted at the meeting of Society for Neuroscience, Washington, D.C.
2. **Gold, A.L.** (2015, November). Threat-related modulation of amygdala functional connectivity in pediatric and adult anxiety disorders. In T. Shechner (Chair), *Neuro-cognitive mechanisms in pediatric anxiety: Clinical applications from cognitive developmental neuroscience*. Symposium conducted at the meeting of Association of Behavioral and Cognitive Therapies, Chicago, IL.
3. **Gold, A.L.** (2015, November). Developmental Influences on Neural Responses to Learned Threat in Health and Anxiety Disorders. In K. McLaughlin (Chair), *The Development of Fear Learning and Threat Processing in Child Trauma and PTSD*. Symposium conducted at the meeting of International Society of Traumatic Stress Studies, New Orleans, LA.
4. **Gold, A.L.** (2017, April). Childhood abuse and neural structure in adolescence. In R. Herringa (Chair), *Childhood adversity and fear circuit development: Pathways to risk and resilience*.



Symposium conducted at the meeting of Society for Research in Child Development, Austin, TX.

5. **Gold, A.L.**, Carper, M., Keyes, K.M., Yen, S., Axelrod, S., & McLaughlin, K. (2019, November). Prevalence, Correlates, and Treatment of BPD symptoms among adolescents in a nationally-representative sample. Research talk at the 24<sup>th</sup> annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Atlanta, GA.
6. **Gold, A.L.**, Decker S.E., Axelrod, S.R. (2022, November). Dancing with DBT Dialectical Dilemmas: Acceptance & Change Protocol (ACP). Clinical Workshop at the 27<sup>th</sup> annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), New York, NY.
7. Stark, A., **Gold, A.L.**, & Aguirre, B. (2024, April). Avoiding avoidance: Addressing clinician barriers in exposure work among teens with emotional and interpersonal dysregulation. Roundtable at the annual meeting of the Anxiety and Depression Association of America (ADAA), Boston, MA.
8. **Gold, A.L.** & Conley, C. (2024, November). What's the function? (WTF). Clarifying the functional assessment of OCD, self-harm & suicidal behaviors in DBT. Clinical Workshop at the 29<sup>th</sup> annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Philadelphia, PA.

### **OTHER PRESENTATIONS**

1. Galione, J., **Gold, A.L.**, Kim, K. (2018, April). Treating Adolescents with Suicidal and Self-Destructive Behaviors: Clinical and Research Updates from the Mindful Teen Program. Lunch and Learn Series, Bradley Hospital, Lifespan.
2. **Gold, A.L.** (2023, May). Commitment Strategies from DBT. Invited Talk for Pediatric Psychology Professional Development Series, Dept. of Psychiatry & Human Behavior, Brown University Warren Alpert Medical School.
3. **Gold, A.L.** (2023, Dec). When Emotion Dysregulation Involves OCD and Anxiety: How to Validate Emotions Without Accommodating Anxiety. Invited Talk for Family Connections Alumni Programming Institute, National Education Alliance for BPD (NEABPD).
4. **Gold, A.L.** & Decker, S.E. (2024, Jan). The DBT Acceptance and Change Protocol (ACP). Invited Talk for the DBT Teams, Columbia Psychiatry, Columbia University Irving Medical Center.
5. **Gold, A. L.** (2024, Mar). Validation Strategies from DBT. Invited Talk for the Hasbro Children's Partial Hospital Program Learning Series, Brown University Warren Alpert Medical School.
6. **Gold, A.L.** (2024, Apr). Practicing and teaching mindfulness skills when emotions are high: Lessons from Dialectical Behavior Therapy (DBT), Lunch and Learn Series, Bradley Hospital, Lifespan.

7. **Gold, A.L.** (2024, May). When emotion dysregulation involves OCD & anxiety: How to validate emotions without accommodating anxiety. Invited Talk for the New England Personality Disorders Association (NEPDA).
8. **Gold, A.L.** & Harrison, S. (2024, July). Regulating emotions & intentionally choosing joy: DBT and the New Happy. Webinar for the National Education Alliance for BPD (NEABPD).
9. Kalasunas, A. & **Gold, A.L.** (2024, October). Learn Effective Strategies for Parenting Young Adults: Discussing DBT & SPACE with Amy & Andrea. Webinar for the National Education Alliance for BPD (NEABPD).
10. **Gold, A.L.** (2024, November). Dialectical Behavior Therapy (DBT): Basics and Beyond. Invited Talk for the New England Personality Disorders Association (NEPDA).
11. **Gold, A.L.** (2024, November). Interplay of OCD and BPD. Invited Guest Didactics Speaker for the Dialectical Behavior Therapy at Rutgers University (DBT-RU) Didactics series, Rutgers University
12. **Gold, A.L.**, Rodriguez-Villa, A., & Smith, G.W. (2025, April). Diagnosing Borderline Personality Disorder and Self-harm. Invited Speaker for Myth, Interrupted: The Truth About BPD and Self-Harm Course, McLean Hospital.
13. **Gold, A.L.** (2025, May). Check the Facts and Opposite Action: DBT Skills for Regulating Emotions. Invited Talk for the New England Personality Disorders Association (NEPDA).
14. **Gold, A.L.** & Finkelstein, J. (2025, July). Metaphors to understand and practice dialectics as a skill. Webinar for the National Education Alliance for BPD (NEABPD).
15. **Gold, A.L.** & Egolf, A. (2025, Nov). Metaphors to understand, teach, and practice dialectics as a skill, Lunch and Learn Series, Bradley Hospital, Lifespan.

### **UNIVERSITY TEACHING ROLES**

Spring 2009    *Teaching Fellow*, Abnormal Psychology (Psychology 180), Yale

Spring 2010    *Teaching Fellow*, Statistics in Psychological Science (Psychology 200), Yale

Spring 2011    *Teaching Fellow*, Autism & Related Disorders Seminar (Psychology 350), Yale

2011–2012    *Undergraduate Thesis Advisor*, Dept. of Psychology, Yale University

2017, 2021    *Guest Lecturer*, Affective & Cognitive Neuroscience Graduate Seminar, Dept. of Psychology, Catholic University

### **HOSPITAL TEACHING/SUPERVISORY ROLES**

2011 – 2013    *Peer Supervisor*, Adult Intensive Outpatient Program  
Yale-New Haven Psychiatric Hospital, Yale School of Medicine

Aug 2012,    *Guest Lecturer*, Dialectical Behavior Therapy (DBT) Seminar, Yale-New Haven  
July 2013    Psychiatric Hospital, Yale School of Medicine

2013 – 2017    *Clinical Research Mentor*, Emotion & Development Branch,

- National Institute of Mental Health, National Institutes of Health
- 2018 – 2019 *Clinical Supervisor*, Mindful Teen DBT Program  
Bradley Hospital, Warren Alpert Medical School of Brown University  
Mona Yaptangco, Ph.D., Postdoctoral Fellow (2018-2019)  
Katherine L'Esperance, Psy.D., Postdoctoral Fellow (2018-2019)
- 2018 – Present *Lecturer*, Child Track, Clinical Psychology Training Seminar, Dept. of Psychiatry & Human Behavior (DPHB), Alpert Medical School of Brown University
- Jan 2019 – Present *Clinical Supervisor*, OCD Intensive Program, Pediatric Anxiety Research Center, Bradley Hospital and DPHB, Alpert Medical School of Brown University  
Clinical Psychology Internship Training Program:  
Lindsay Huffhines, Ph.D. (2019)  
Hannah Frank, Ph.D. (2019)  
Gloria Han, Ph.D. (2019-2020)  
Alex Busuito, Ph.D. (2020)  
Maya Massing-Schaffer, Ph.D. (2020-2021)  
Sarah McHugh (Owens), Ph.D. (2021-2022)  
Lesley Norris, Ph.D. (2023)  
Christopher Georgiadis, Ph.D. (2023)  
Allegra Anderson, Ph.D. (2023-2024)  
Jennifer Schild, M.S. (2024-2025)  
Tram Doran (2025-2026)
- Clinical Child Psychology Specialty Program (CCPSP) Postdoctoral Fellowship  
Sarah Morris, Ph.D. (2019-2020)  
Sarah McHugh, Ph.D. (2022-2023)
- 2021, 2023 *Facilitator*, Postdoctoral CCPSP Case Conference Seminar, DPHB, Warren Alpert Medical School of Brown University
- Mar 2021 *Moderator*, Mind Brain Research Day, DPHB, Warren Alpert Medical School of Brown University
- July 2021 *Lecturer*, “Techniques for therapy over Zoom with kids”, Introduction to Child Psychiatry “Intro Boot Camp” Series, DPHB, Warren Alpert Medical School of Brown University
- July 2021 *Lecturer*, “Involvement of others in child treatment”, Clinical Child Psychology Specialty Program (CCPSP) Postdoctoral Fellowship Seminar, DPHB, Warren Alpert Medical School of Brown University
- 2021-2025 *Lecturer*, “Myths about borderline personality disorder”, Clinical Psychology Internship Training Program Core Seminar, DPHB, Warren Alpert Medical School of Brown University
- 2021-2025 *Lecturer*, “Myths about borderline personality disorder”, Clinical Psychology Program (CPP) Postdoctoral Fellowship Seminar, DPHB, Warren Alpert Medical School of Brown University
- 2024-2025 *Lecturer*, “Borderline personality disorder in Adolescence” and “Dialectical

Behavior Therapy”, Important Topics in Child and Adolescent Psychiatry for Child and Triple Board Fellows, DPHB, Warren Alpert Medical School of Brown University