

CURRICULUM VITAE

Ana Rabasco, Ph.D.

Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
 Psychosocial Research Program, Butler Hospital
 345 Blackstone Blvd., Providence, RI 02906
 Email: ana_rabasco@brown.edu

EDUCATIONUndergraduate

2011-2015

B.A., Colby College, Waterville, ME

Majors: Psychology and Women's, Gender, and Sexuality StudiesMinor: Creative Writing

Honors in Psychology and Women's, Gender, and Sexuality Studies

Graduate

2017-2019

M.A., Fordham University, Bronx, NY

Thesis: Factors influencing suicide risk in transgender and gender non-conforming individualsAwards and Fellowships: Phi Kappa Phi Love of Learning Award (2019); First Place Winner of Fordham University's Three-Minute Thesis Competition (2019); Summer Research Fellowship (2019)

2019-2023

Ph.D., Fordham University, Bronx, NY

Dissertation: Mindfulness for reducing everyday suicidal thoughts (Mind-REST): A daily mindfulness intervention for individuals at high risk for suicideAwards: Fordham University Conference Travel Student Support Grant (2018-2020); Fordham University Research Funding Student Support Grant (2019-2022); Fordham University Alternative Learning Experiences Student Support Grant (2021); Fordham University Distinguished Research Fellowship (2021); Elsie Ramos Memorial Student Poster Award (2022)Predoctoral Internship

2022-2023

Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University

APA Approved Internship in Clinical Psychology

Adult Track

Postgraduate Training

2023 – 2025

Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University

Suicide Research T32 Fellowship (5T32MH126426)

NIMH Child Intervention, Prevention, and Services (CHIPS) 2024 Fellow

Professional Licenses

September 2024 – Present

Psychologist, State of Rhode Island PS02301

Academic and Hospital Appointments

2025 – Present

Assistant Professor (Research), Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University

2025 – Present	Research Psychologist, Psychosocial Research Program, Butler Hospital
2025 – Present	Credentialed and Privileged Psychologist, Butler Hospital
2025 – Present	Per-Diem Credentialed and Privileged Per-Diem Psychologist, STRIDE Clinic, Bradley Hospital

COMMITTEES

University and Departmental Committees

2024	Member, CASE Approach Training Organizational Committee, Butler Hospital, Providence, RI
2023-Present	Member, Psychosocial Research Program Diversity Equity and Inclusion Committee, Butler Hospital/Brown University, Providence, RI
2022-2023	Resident Representative, Clinical Psychology Training Consortium Training Committee, Brown University, Providence, RI
2020-2021	Representative, Clinical Psychology Doctoral Program Executive Council, Fordham University, Bronx, NY
2018-2019	Student Representative, Department of Clinical Psychology Faculty Search Committee, Fordham University, Bronx, NY

EDITORIAL BOARDS AND GRANT REVIEW

Grant Reviewer

Fordham University Student Support Grant (2021, 2022)
Wellcome Trust India Alliance (2026)

Abstract Reviewer

Association for Behavioral and Cognitive Therapies (ABCT; 2025 - Present)

Ad-Hoc Journal Reviewer

Archives of Suicide Research, BJPsych Open, LGBT Health, Transgender Health, Professional Psychology: Research and Practice, Psychiatry Research, Child and Adolescent Psychiatry and Mental Health, mHealth, Journal of Clinical Psychology, Stigma and Health, Journal of Medical Internet Research, Crisis, Journal of Homosexuality, Early Intervention in Psychiatry, Health Expectations, Psychology and Psychotherapy: Theory, Research, and Practice, Journal of Affective Disorder, Journal of Environmental Psychology, Psychopathology and Behavioral Assessment, Community Mental Health Journal

MEMBERSHIP IN SOCIETIES

Association for Behavioral and Cognitive Therapies (ABCT)
ABCT Suicide and Self-Injury SIG – Membership Manager (2024-2026)
Society for the Science of Clinical Psychology – Student Representative (2019-2021)
Division 12: Society of Clinical Psychology – Publications Committee Student Representative (2021-2023)

SERVICE TO THE PROFESSION

2026 – Present	Advisory Board Member for “Baking a Difference For Kids” Non-Profit
2023-Present	Volunteer for the Brown University Research Assistant Professional Development Program
2020-Present	Volunteer mentor and mock interviewer for Project-SHORT (Student Health Opportunities and Research Training), an organization providing pro-bono graduate school admissions consulting to individuals from diverse and underrepresented populations
2020	Fordham University Three-Minute Thesis Competition Judge (2020)

PUBLICATIONS LIST

Original Publications in Peer-Reviewed Journals

1. Benz, M.B., Rossi, R., Choi, J., Davis, A., Amaral, T., **Rabasco, A.**, Stein, M.D., Weinstock, L.M., Miller, I., Gaudiano, B.A. (accepted). Distinct patterns of intentional and unintentional overdose among psychiatric patients with bipolar and substance use disorders. *Rhode Island Medical Journal* (accepted).
2. **Rabasco, A.**, Choi, J., Ladis, I., Arias, S.A., Weinstock, L.M., Miller, I., Boudreaux, E.D., Camargo, C.A., Gaudiano, B.A. (accepted). Who's getting care? Treatment utilization following an emergency department visit among adults with major psychiatric disorders and suicidal thoughts and behaviors. *Journal of Psychiatric Research*.
3. **Rabasco, A.**, Browne, J., Kunicki, Z., Benz, M.B., Arias, S., Weinstock, L.M., Miller, I., Boudreaux, E., Camargo, C.A., Gaudiano, B.A. (accepted). Suicidal behavior patterns and correlates in high-risk adults after emergency department discharge: A one-year prospective study. *Suicide and Life-Threatening Behaviors*.
4. Spencer, S.D., McKay, D., Mangen, K.H., & **Rabasco, A.** (2025). A pilot clinical trial examining exposure and stress management therapy for adults with misophonia. *Journal of Psychiatric Practice*, 31(5), 251–259. <https://doi.org/10.1097/PRA.0000000000000874>
5. Benz, M., **Rabasco, A.**, Everett, Y., & Gaudiano, B. (2025). Adapting a suicide prevention program for people with psychosis following a psychiatric hospitalization: Pilot results and lessons learned. *International Journal of Cognitive Behavioral Therapy*, 18: 672–694. <https://doi.org/10.1007/s41811-025-00260-5>
6. Conway, C. C., Ilagan, G., **Rabasco, A.**, Martin Lopez, M., Gromatsky, M., Kuehn, K. S., & King, K. M. (2025). A within-person model of distress tolerance and non-suicidal self-injury among adults with recurrent self-injury. *Journal of Research in Personality*. <https://doi.org/10.1016/j.jrp.2025.104623>
7. **Rabasco, A.**, Jessup, S.C., Mariaskin, A., & McKay, D. (2025). Client attraction to therapists – A mixed methods study of therapist experiences. *Journal of Clinical Psychology*. <https://doi.org/10.1002/jclp.23795>
8. Thompson, E., Kingston, J., Ellett, L., Katarina, K., Sydney, V., **Rabasco, A.**, Gaudiano, B. (2025). Paranoia, functioning, and the moderating effect of well-being in a community sample of adolescents. *Journal of Adolescence*, 97: 871-878. <https://doi.org/10.1002/jad.12460>
9. **Rabasco, A.**, DeSon, J., & Andover, M. (2024). The relationship between non-suicidal self-injury and suicidality among transgender and gender diverse adults. *Transgender Health*. <https://doi.org/10.1089/trgh.2023.0150>
10. Benz, M. B., Rafferty, N. S., Arias, S. A., **Rabasco, A.**, Miller, I., Weinstock, L. M., Boudreaux, E. D., Camargo, C. A., Jr., & Gaudiano, B. A. (2024). Means to an end: Characteristics and follow-up of emergency department patients with a history of suicide attempt via medication overdose. *Academic Emergency Medicine*. <https://doi.org/10.1111/acem.15023>.
11. **Rabasco, A.**, Wallace, G. T., & Andover, M. (2024). Mindfulness for Reducing Everyday Suicidal Thoughts (Mind-REST): A daily mindfulness intervention for adults with suicidal ideation. *Cognitive Therapy and Research*. <https://doi.org/10.1007/s10608-024-10516-7>
12. **Rabasco, A.**, Browne, J., Kingston, J., Krkovic, K., Thompson, E., Ellett, L., Kunicki, Z.J., & Gaudiano, B.A. (2024). Pandemic Paranoia Scale for Adolescents (PPS-A): An initial psychometric evaluation and prevalence study of adolescents in the United States and United Kingdom. *Research on Child and Adolescent Psychopathology*. <https://doi.org/10.1007/s10802-024-01228-3>
13. Moitra, E., Amaral, T.M., Benz, M.B., Cambow, S., Elwy, A.R., Kunicki, Z.J., Lu, Z., Rafferty, N.S., **Rabasco, A.**, Rossi, R., Schatten, H.T., & Gaudiano, B.A. (2024). A Hybrid Type 1 trial of a multi-component mHealth intervention to improve post-hospital transitions of care for patients with serious mental illness: study protocol. *Contemporary Clinical Trials*, 139, 107481. <https://doi.org/10.1016/j.cct.2024.107481>
14. **Rabasco, A.**, Arias, S., Benz, M.B., Weinstock, L.M., Miller, I., Boudreaux, E.D., Camargo, C.A., Kunicki, Z.J., & Gaudiano, B.A. (2024). Longitudinal risk of suicide outcomes in people with severe mental illness following an emergency department visit and the effects of suicide prevention treatment. *Journal of Affective Disorders*, 347, 477-485. <https://doi.org/10.1016/j.jad.2023.12.019>

15. **Rabasco, A.**, Neimeyer, G., Macura, Z., McKay, D., & Washburn, J. (2023). Aligning values with standards: a comparison of professional values in Continuing Education standards. *Ethics & Behavior*, 1-14. <https://doi.org/10.1080/10508422.2023.2266074>
16. **Rabasco, A.**, DeSon, J., Rubi, L., & Andover, M. (2023). Protective factors for suicidal ideation and depressive symptoms among transgender and gender diverse adults. *The Behavior Therapist*.
17. **Rabasco, A.**, Mariaskin, A., & McKay, D. (2023). Well, that was awkward: When clients develop romantic feelings for therapists. *Cognitive and Behavioral Practice*.
<https://doi.org/10.1016/j.cbpra.2021.09.004>
18. **Rabasco, A.**, & Andover, M. (2023). The relationship between religious practices and beliefs and suicidal thoughts and behaviors among transgender and gender diverse adults. *Psychology of Religion and Spirituality*, 15(1), 25–31. <https://doi.org/10.1037/rel0000453>
19. Klein, A.B., Barnes-Horowitz, N.M., Tran, I., **Rabasco, A.**, Steele, E.H., Breaux, R. (2022). Perceived barriers to seeking mental health treatment among clinical psychology graduate students. *Training and Education in Professional Psychology*. <https://doi.org/10.1037/tep0000413>
20. **Rabasco, A.**, McKay, D., Smits, J.A., Powers, M.B., Meuret, A.E., & McGrath, P.B. (2022). Psychosocial treatment for panic disorder: An umbrella review of systematic reviews and meta-analyses. *Journal of Anxiety Disorders*, 86, 102528. <https://doi.org/10.1016/j.janxdis.2022.102528>
21. **Rabasco, A.** & Corcoran, V., & Andover, M. (2021). Alone but not lonely: The relationship between COVID-19 social factors, loneliness, depression, and suicidal ideation. *PLoS ONE*, 16(2), e0261867. <https://doi.org/10.1371/journal.pone.0261867>
22. **Rabasco, A.** & *Sheehan, K. (2021). The use of intensive longitudinal methods in research on suicidal thoughts and behaviors: A systematic review. *Archives of Suicide Research*.
<https://doi.org/10.1080/13811118.2021.1903635>
23. **Rabasco, A.** & McKay, D. (2021). Exposure therapy for misophonia: Concepts and procedures. *Journal of Cognitive Psychotherapy*, 35(3). <https://doi.org/10.1891/JCPSY-D-20-00042>
24. **Rabasco, A.**, McKay, D., Washburn, J., Teachman, B., Gaudiano, B., & Davison, G. (2021). Standards for professional psychology continuing education sponsors: A comparative analysis of health service professions. *Professional Psychology: Research and Practice*, 52(1), 21-27.
<https://doi.org/10.1037/pro0000364>
25. **Rabasco, A.** & Andover, M. (2021). Suicidal ideation among transgender and gender diverse adults: A longitudinal study of risk and protective factors. *Journal of Affective Disorders*, 278, 136-143.
<https://doi.org/https://doi.org/10.1016/j.jad.2020.09.052>
26. **Rabasco, A.** & Andover, M. (2020). The impact of state anti-discrimination laws on the relationship between minority stressors and suicide attempts among transgender and gender diverse adults. *LGBT Health*, 7(8), 457-460. <https://doi.org/10.1089/lgbt.2020.0114>
27. **Rabasco, A.** & Andover, M. (2020). Dissociation and pain tolerance as moderators of the suicidal ideation and suicide attempt relationship. *Psychiatry Research*, 284. <https://doi.org/10.1016/j.psychres.2019.112661>
28. **Rabasco, A.**, Ambrosino, M., & McKay, D. (2019). Empirically supported treatments for obsessive-compulsive related disorders in the age of the research domain criteria (RDoC). *Journal of Obsessive-Compulsive and Related Disorders*, 23. <https://doi.org/10.1016/j.jocrd.2019.100452>

*Indicates undergraduate student author

Other Peer-Reviewed Publications

1. Gaudiano, B.A., Benz, M.B., & **Rabasco, A.** (2024). Improving meta-analyses of suicide prevention programs to inform the development of actionable clinical practice guidelines. *Clinical Psychology: Research and Practice*, 31(1), 94–96. <https://doi.org/10.1037/cps0000192>
2. Amiri, A.M., Abtahi, M., **Rabasco, A.**, Armey, M., Mankodiya, K. (2016). Emotional reactivity monitoring using electrodermal activity analysis in individuals with suicidal behaviors. *10th International Symposium on Medical and Communication Technology (ISMICT)*, 1-5. doi: 10.1109/ISMICT.2016.7498896

Book Chapters

1. **Rabasco, A.** & McKay, D. (2023). The role of disgust in childhood anxiety disorders. In D. McKay & E.A. Storch (eds.), *Handbook of Child and Adolescent Anxiety Disorders – 2nd Edition*. Springer Science+Business. <https://doi.org/10.1007/978-3-031-14080-8>
2. Andover, M., Kim, H.-J., Corcoran, V., Hiner, M., **Rabasco, A.**, & DeSon, J. Understanding and Working with Adults with NSSI. In E. E. Lloyd-Richardson, I. Baetens, & J. L. Whitlock (Eds.), *The Oxford Handbook of Nonsuicidal Self-Injury*. Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780197611272.013.27>
3. **Rabasco, A.** & Andover, M. (2022). Ecological momentary assessment. In G. Asmundson (Ed.), *Comprehensive clinical psychology, 2nd edition, vol. 3*. Elsevier. <https://doi.org/10.1016/B978-0-12-818697-8.00189-8>
4. McKay, D., & **Rabasco, A.** (2022). Cognitive behavior theory and therapy. In R. Fulmer (Ed.), *Counseling and Psychotherapy: Theory and Beyond*. Cognella Academic Publishing.
5. Kim, H., Luks, K., **Rabasco, A.**, Jurska, J., & Andover, M. (2019). Excoriation disorder. In D. McKay, E. A. Storch, & J. Abramowitz (Eds.), *Complexities in obsessive compulsive and related disorders: Advances in conceptualization & treatment*. Oxford University Press.

Other Non-Peer Reviewed Publications

1. **Rabasco, A.** (2021, September 9). Tips and resources for first-year graduate students in clinical psychology. *Society of Clinical Psychology*. <https://div12.org/tips-and-resources-for-first-year-graduate-students-in-clinical-psychology/>
2. **Rabasco, A.** (2021, August 11). Applying to clinical psychology programs: Tips and resources. *Society of Clinical Psychology*. <https://div12.org/applying-to-clinical-psychology-graduate-programs-tips-and-resources/>
3. Klein, A.B., **Rabasco, A.**, Steele, E.H., Barnes-Horowitz, N., & Tran, I. (2020, October 15). Our students need support: Gaps in graduate student mental health options. *Society for a Science of Clinical Psychology (SSCP), Fall 2020 Newsletter*.
4. **Rabasco** & Andover, M. (2019, July 19). Transgender youth and suicidal behavior: How can we mitigate risk? *Youth Suicide Research Consortium*. <https://www.youthsuicideresearch.org/blog/transgender-youth-and-suicidal-behaviornbspnbsphow-can-we-mitigate-riskblog/youthresearchorg>

Publications Submitted

1. **Rabasco, A.**, Kingston, J., Schönig, S.N., Thompson, E., Gaudiano, B.A., Ellett, L., Krkovic, K. (under review). Not necessarily a two way street: The dyadic relationship between adolescent and parent emotion regulation and psychological distress. *Journal of Adolescence*.

PRESENTATIONS

International

1. **Gaudiano B.**, Benz, M., & Rabasco, A. (September, 2025). Pilot feasibility randomized controlled trial of a suicide prevention program for people with psychosis following hospital discharge. In J. Wheatley (Chair), *Suicide and self-harm*. Symposium conducted at the 55th European Association for Behavioural and Cognitive Therapies Congress 2025, Glasgow, Scotland.
2. **Rabasco, A.** & Andover, M. (2023, October). Mindfulness for Reducing Everyday Suicidal Thoughts (Mind-REST): Findings from a brief mindfulness intervention for adults with suicidal ideation [Oral Presentation]. International Academy of Suicide Research/American Foundation for Suicide Prevention, Barcelona, Spain.
3. Benz, M.B., Arias, S., **Rabasco, A.**, Miller, I., Boudreaux, E., Camargo, C., & Gaudiano, B.A. (2023, October). Intentionality and characteristics of emergency department patients with a history of suicide attempt via medication overdose [Oral Presentation]. International Academy of Suicide Research/American Foundation for Suicide Prevention, Barcelona, Spain.

National

1. Benz, M.B., **Rabasco, A.**, Gaudiano, B.A. (2025, November). Towards inclusive treatments for serious mental illness: Adapting a suicide prevention program address barriers for patients with psychosis. [Oral Paper]. Association for Behavioral and Cognitive Therapies, New Orleans, LA.
2. Conway, C. C., Ilagan, G. S., **Rabasco, A.**, Martin Lopez, M., Keuhn, K., & King, K. (2025, November). A within-person model of distress tolerance and non-suicidal self-injury among adults with recurrent self-injury. [Oral Paper]. Association for Behavioral and Cognitive Therapies, New Orleans, LA.
3. Choi, J., **Rabasco, A.**, Lu, Z., & Gaudiano, B. A. (2025, July). The role of personal values in reducing the risk of suicidality and self-harm in adults with schizophrenia-spectrum disorders following hospitalization. In E. Morris (Chair), *Contextual perspectives on psychosis and complex mental health* [Symposium]. Association for Contextual Behavioral Science, Annual World Conference 23, New Orleans, LA.
4. **Rabasco, A.**, Arias, S., Weinstock, L.M., Miller, I., Boudreaux, E.D., Camargo, C.A., Horowitz, L.M., Bridge, J., Shi, T., Merai, R., Gaudiano, B.A. (2024, November). Examining suicidal behaviors across adulthood for patients in a suicide prevention program following an emergency department visit. In R. Lopez (Chair), *Identifying and Addressing Suicide Risk Across Adolescence and Adulthood*. Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
5. **Rabasco, A.**, Arias, S., Benz, M.B., Weinstock, L., Miller, I., Boudreaux, E.D., Camargo, C.A., & Gaudiano, B.A. (2023, November). Longitudinal risk of suicidal behaviors in people with severe mental illness following an emergency department visit with versus without suicide prevention treatment. In R. Lopez (Chair), *Longitudinal Predictors of Self-Injurious Thoughts and Behaviors Among Clinical Populations Across the Lifespan* [Symposium]. Association of Behavioral and Cognitive Therapies, Seattle, WA.
6. **Rabasco, A.**, DeSon, J., & Andover, M. (2023, November). Gender acceptance and congruence as protective factors for non-suicidal self-injury among transgender and gender diverse adults. In C.M. Pepper (Chair), *Buffers Against Self-Injurious Behaviors in Individuals with Sexual and Gender Minority Identities* [Symposium]. Association of Behavioral and Cognitive Therapies, Seattle, WA.
7. **Rabasco, A.** & Andover, M. (2022, November). The relationship between race, dissociation, and minority stress in conferring risk for suicidal ideation among transgender and gender diverse adults. In R. Lopez Jr. and C. Esposito-Smythers (Co-Chairs), *Prospective Risk for Self-Injurious Thoughts and Behaviors Among Vulnerable Populations Across the Lifespan* [Symposium]. Association of Behavioral and Cognitive Therapies, New York, NY.
8. Garner, L., Emily, S., **Rabasco, A.**, Mancusi, L., Phillips, J., & McKay, D. (2021, November). Treatment of adult misophonia symptoms using exposure therapy and stress management. In D. McKay (Chair), *Features of Misophonia (Selective Sound Sensitivity): Psychopathology Bases and Treatment Development* [Symposium]. Association of Behavioral and Cognitive Therapies, Virtual.
9. Charlene, M., Emily, S., Garner, L., **Rabasco, A.**, Youngblood, O., & McKay, D. (2021, November). Combating the scream: Preliminary data on treatment of youth misophonia symptoms through cognitive-behavior therapy. In D. McKay (Chair), *Features of Misophonia (Selective Sound Sensitivity): Psychopathology Bases and Treatment Development* [Symposium]. Association of Behavioral and Cognitive Therapies, Virtual.
10. **Rabasco, A.** & Andover, M. (2020, November). Body disconnection as a mediator of the relationship between non-suicidal self-injury and suicide attempts among transgender and gender diverse adults. In C. Esposito-Smythers (Chair), *An Examination of the Psychological Mediation Framework and its Relation to Self-Injurious Thoughts and Behaviors among LGBTQ Individuals from Early Adolescence to Adulthood* [Symposium]. Association for Behavioral and Cognitive Therapies, Virtual.
11. **Rabasco, A.** & Andover, M. (2020, November). The impact of religion on suicidal ideation among transgender adults. In C. Esposito-Smythers (Chair), *The Impact of Social Factors on the Onset and Maintenance of Self-Injurious Thoughts and Behaviors* [Symposium]. Association for Behavioral and Cognitive Therapies, Virtual.

12. **Rabasco, A.** & Andover, M. (2019, November). Discrimination and Victimization as Risk Factors for Suicide Attempts Among Transgender and Non-binary Adults. In **A. Rabasco** (Chair), *Suicidality in Underrepresented Populations* [Symposium]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
13. **Rabasco, A.**, Steinberg, E., Garner, L., Philips, J., & McKay, D. (2019, November). Clinical characteristics of misophonia in youth in a treatment seeking sample. In D. McKay (Chair), *Clinical Characteristics and Cognitive-Behavioral Conceptualization* [Symposium]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
14. **Rabasco, A.** & Andover, M. (2019, April). Predictors of non-suicidal self-injury versatility among transgender and gender non-binary individuals. In *Repeated Measures Designs in Risk for Self-Injurious Thoughts and Behaviors* [Panel]. American Association of Suicidology, Denver, Colorado.

Poster Presentations

1. **Rabasco, A.**, Choi, J., Ladis, I., Arias, S.A., Weinstock, L.M., Miller, I., Boudreaux, E.D., Camargo, C.A., & Gaudiano, B.A. (2026, November). *Who's getting care? Treatment utilization following an emergency department visit among adults with major psychiatric disorders and suicidal thoughts and behaviors.* [Poster Presentation]. Association for Behavioral and Cognitive Therapies, Baltimore, MD.
2. Choi, J., **Rabasco, A.**, & Gaudiano, B. A. (2025, April). *Change in ACT processes and suicide risk in adult inpatients with schizophrenia-spectrum disorders.* [Poster Presentation]. Suicide Research Symposium, Virtual.
3. Choi, J., Rabasco, A., Lu, Z., Gaudiano, B.A. (2025, March). *The role of personal values in reducing the risk of suicidality and self-harm risk in adults with schizophrenia-spectrum disorders following a hospitalization.* [Poster Presentation]. Brown University Mind Brain Research Day, Providence, RI.
4. Ladis, I., **Rabasco, A.**, Choi, J., Gaudiano, B.A., Weinstock, L., Boudreaux, E. D., Camargo, Jr., C. A., & Miller, I. (2025, March). *Outpatient mental health treatment utilization in a sample of adults with suicidality recruited from U.S. emergency departments.* [Poster Presentation]. Brown University Mind Brain Research Day, Providence, RI.
5. Choi, J., **Rabasco, A.**, Lu, Z., & Gaudiano, B. A. (2024, November). *Values, mindfulness, and acceptance and their associations with suicidality among inpatients with psychosis.* [Poster Presentation]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
6. Lu Z., **Rabasco A.**, Sherry A., So H. W., & Gaudiano, B. A. (2024, November). *Whose support matters more? Perceived family and friend support and psychological distress of Hong Kong and American adults.* [Poster Presentation]. Association for Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.
7. Lu Z., **Rabasco A.**, Choi J., & Gaudiano, B. A. (2024, October). *Understanding suicidality among inpatients with psychosis: The role of experienced stigma and social functioning.* [Poster Presentation]. New England Psychological Association Annual Conference, Springfield, MA.
8. Lu, Z., **Rabasco, A.**, Sherry, A., So, S., & Gaudiano, B.A. (2024, March). *Cultural variation in the relationship between source of perceived social support and emotional distress in samples from Hong Kong versus the United States* [Poster presentation]. Brown University's 26th annual Mind Brain Research Day, Providence, RI.
9. **Rabasco, A.**, Arias, S., Benz, M.B., Weinstock, L., Miller, I., Boudreaux, E.D., Camargo, C.A., & Gaudiano, B.A. (2023, March). *Longitudinal risk of suicidal behaviors in people with severe mental illness following an emergency department visit with versus without suicide prevention treatment* [Poster presentation]. Brown University's 25th annual Mind Brain Research Day, Providence, RI.
10. Benz, M.B., Arias, S., **Rabasco, A.**, Miller, I., Boudreaux, E., Camargo, C., & Gaudiano, B.A. (2023, March). *Intentionality and characteristics of emergency department patients with a history of suicide attempt via medication overdose* [Poster presentation]. Brown University's 25th annual Mind Brain Research Day, Providence, RI.
11. Ilagan, G.S., Martin Lopez, M., Manuel, I., **Rabasco, A.**, Anderson, G.N., Silverman, M.R., Conway, C.C. (2023). *Examining the Day-to-Day Relationship between Suicidal Thoughts and Coping Strategies: Within-*

- and Between-Person Associations* [Poster presentation]. Big Apple Health Psychology Colloquium, New York, NY.
12. Anderson, G.N., **Rabasco, A.**, Martin Lopez, M., Ilagan, G.S., Manuel, I.A., Silverman, M.R., Conway, C.C. (2023). *The Predictive Utility of Distress Tolerance on Thoughts of Self-Harm in a High-Risk, Marginalized Sample of Adults: An Experience Sampling Study*. [Poster presentation]. Big Apple Health Psychology, New York, NY.
 13. Anderson, G.N., **Rabasco, A.**, Martin Lopez, M., Ilagan, G.S., Manuel, I., Silverman, M.R., Conway, C.C. (2022, November). *The Short-Term Relationship Between Distress Tolerance and Non-Suicidal Self-Injury in Adults with a History of Self-Harm* [Poster]. Association of Behavioral and Cognitive Therapies, New York, NY.
 14. Anderson, G.N., Martin Lopez, M., **Rabasco, A.**, Ilagan, G.S., Manuel, I., Silverman, M.R., Conway, C.C. (2022, November). *Daily Variation in Distress Intolerance and Emotion Regulation Strategies in a High-Risk Community Sample* [Poster]. Association of Behavioral and Cognitive Therapies, New York, NY.
 15. Ilagan, G.S., Martin Lopez, M., Manuel, I., **Rabasco, A.**, Anderson, G.N., Silverman, M.R., Conway, C.C. (2022, November). *Daily Emotion Regulation Strategies and Fluctuations in Suicidal Ideation: An Experience Sampling Study in High-Risk Adults from a Marginalized Community* [Poster]. Association of Behavioral and Cognitive Therapies, New York, NY.
 16. **Rabasco, A.**, & Andover, M. (2022, November). *Preliminary Findings from a Brief Mindfulness Intervention for Adults with Suicidal Ideation* [Poster]. Association for Behavioral and Cognitive Therapies, New York, NY.
 17. Ilagan, G. S., Martín López, M., **Rabasco, A.**, Silverman, M., Denomme, G., Chandy, R., & Conway, C. C. (2022, April). *Dynamic Relationship Between NSSI and Suicide Ideation in Adults with Suicide Attempt and NSSI History* [Abstract]. North American Society for the Study of Personality Disorders Annual Conference, Virtual.
 18. Martín López, M., **Rabasco, A.**, Silverman, M., Denomme, G., Chandy, R., & Conway, C.C. (2022, February). *Comparing the Static and Dynamic Relationships Between Negative Affectivity and Distress Tolerance Using Ambulatory Assessment* [Poster]. Society for Personality and Social Psychology, San Francisco, CA.
 19. **Rabasco, A.** & Andover, M. (2020, November). *The Impact of State Anti-Discrimination Laws on the Relationship Between Minority Stressors and Suicide Attempts Among Transgender and Gender Diverse Adults* [Poster]. Association for Behavioral and Cognitive Therapies, Virtual.
 20. Wright, A., Andover, M., Kim, H., & **Rabasco, A.** (2020, November). *Alexithymia, Depression, and Risky and Self-Injurious Behaviors: The Effects of Describing One's Emotions and Emotional States on Behavior* [Poster]. Association for Behavioral and Cognitive Therapies, Virtual.
 21. **Rabasco, A.** & Andover, M. (2019, November). *Victimization and Body Satisfaction as Moderators of the Suicidal Ideation to Suicide Attempt Relationship Among Transgender and Gender Non-Binary Individuals* [Poster]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 22. Holman, C., Andover, M., & **Rabasco, A.** (2019, November). *Discordance between subjective and physiological emotional reactivity among individuals with non-suicidal self-injury* [Poster]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 23. **Rabasco, A.**, Corcoran, V., & Andover, M. (2018, November). *Dissociation and pain tolerance as moderators of the suicidal ideation and attempt relationship* [Poster]. Association for Behavioral and Cognitive Therapies, Washington DC.
 24. **Rabasco, A.**, Brackman, E., Holman, C., Jurska, J. Andover, M. (2018, April). *Physical risk taking as a moderator of the non-suicidal self-injury and suicide attempt relationship* [Poster]. American Association of Suicidology, Washington DC.
 25. Lopez Jr., R., Randall, A., **Rabasco, A.**, Sorgi, K., Schatten, H., Miller, I., & Armeiy, M. (2017, November). *Thwarted belongingness and perceived burdensomeness: A comparison among individuals with no suicidality, suicidal ideation only, or a recent suicide attempt* [Poster]. Association for Behavioral Cognitive Therapies, San Diego, CA.

26. Randall, A.B., Lopez Jr., R., Sorgi, K., **Rabasco, A.**, Schatten, H., Miller, I., & Arney, M. (2017, November). *Current Depression Severity as a Mediator between Non-Suicidal Self-Injury Versatility and Suicidal Desire* [Poster]. Association for Behavioral and Cognitive Therapies, San Diego, CA.
27. Lopez Jr., R., Randall, A., Sorgi, K., **Rabasco, A.**, Schatten, H., Miller, I., & Arney, M. (2017, June). *The impact of non-suicidal self-injury versatility on suicidality* [Poster]. International Society for the Study of Self-Injury, Philadelphia, PA.
28. Sorgi, K., **Rabasco, A.**, Lopez Jr., R., Randall, A., Schatten, H. T., Miller, I. W., Arney, A. F. (2017, June). *Emotion Dysregulation as a Predictor of Non-Suicidal Self-Injury Versatility* [Poster]. International Society for the Study of Self-Injury, Philadelphia, PA.
29. **Rabasco, A.**, Lopez Jr., R., Randall, A., Sorgi, K., Schatten, H., Miller, I., & Arney, M. (2017, June). *Non-Suicidal Self-Injury Versatility Predicts Frequency of Suicide Attempts at 6-Month Follow-Up* [Poster]. International Society for the Study of Self-Injury, Philadelphia, PA.
30. Randall, A.B., Sorgi, K., **Rabasco, A.**, Lopez Jr., R., Schatten, H., Miller, I., & Arney, M. (2017, June). *Gender differences in non-suicidal self-injury characteristics among adult psychiatric inpatients* [Poster]. International Society for the Study of Self-Injury, Philadelphia, PA.
31. López Jr., R., Sorgi, K., **Rabasco, A.**, Schatten, H.T., Miller, I., & Arney, M. (2016, October). *Rumination as a mediator between current depression severity and lifetime frequency of suicide attempts* [Poster]. Association for Behavioral and Cognitive Therapies, New York City, NY.
32. **Rabasco, A.**, López Jr., R., Sorgi, K., Schatten, H.T., Miller, I. & Arney, M. (2016, October). *Non-suicidal self-injury characteristics among individuals with and without a suicide attempt* [Poster]. Association for Behavioral and Cognitive Therapies, New York City, NY.
33. Sorgi, K., **Rabasco, A.**, López Jr., R., Schatten, H.T., Miller, I., Schofield, C. & Arney, M. (2016, October). *Suicidality and perceived self-efficacy to seek mental health care* [Poster]. Association for Behavioral and Cognitive Therapies, New York City, NY.
34. López Jr., R., Sorgi, K., **Rabasco, A.**, McGovern, C., Schatten, H.T., Miller, I., & Arney, M. (2016, October). *Brooding: A Mediator between Borderline Personality symptomology and lifetime frequency of suicide attempts* [Poster]. New England Psychological Association, Worcester, MA.
35. **Rabasco, A.**, López Jr., R., Sorgi, K., Schatten, H.T., Miller, I., & Arney, M. (2016, October). *Non-suicidal self-injury characteristics among individuals with a history of no, one, and multiple suicide attempts* [Poster]. New England Psychological Association, Worcester, MA.
36. Sorgi, K., **Rabasco, A.**, López Jr., R., Schatten, H.T., Miller, I., & Arney, M. (2016, October). *Emotion dysregulation as a mediator between impulsivity and non-suicidal self-injury* [Poster]. New England Psychological Association, Worcester, MA.
37. López Jr., R., **Rabasco, A.**, Sorgi, K., Schatten, H.T., Miller, I., & Arney, M. (2016, June). *The Impact of lifetime non-suicidal self-injury frequency on suicidal ideation* [Poster]. International Society for the Study of Self-Injury, Eau Claire, WI.
38. **Rabasco, A.**, Sorgi, K., López Jr., R., Schatten, H.T., Miller, I., & Arney, M. (2016, June). *Non-suicidal self-injury characteristics among individuals with and without Borderline Personality Disorder* [Poster]. International Society for the Study of Self-Injury, Eau Claire, WI.
39. Sorgi, K., López Jr., R., **Rabasco, A.**, Schatten, H.T, Miller, I., & Arney, M. (2016, June). *Non-suicidal self-injury versatility in adult inpatients: Examining relations with suicide attempts and borderline personality symptoms* [Poster]. International Society for the Study of Self-Injury, Eau Claire, WI.
40. López Jr., R., **Rabasco, A.**, Sorgi, K., Schatten, H.T., Miller, I., & Arney, M. (2016, March). *The Impact of lifetime non-suicidal self-injury frequency on suicidal ideation* [Poster]. Brown University's Mind Brain Research Day, Providence, RI.
41. **Rabasco, A.**, López Jr., R., Sorgi, K., McGovern, C., Schatten, H.T, Miller, I., & Arney, M. (2016, March). *Non suicidal self-injury characteristics among individuals with and without a suicide attempt* [Poster]. Brown University's Mind Brain Research Day, Providence, RI.
42. Sorgi, K., **Rabasco, A.**, López Jr., R., McGovern, C., Schatten, H.T., Miller, I., Schofield, C., & Arney, M. (2016, March). *Suicidality and perceived self-efficacy to seek mental health care* [Poster]. Brown University's Mind Brain Research Day, Providence, RI.

43. **Rabasco, A.,** Zakon, M., Li, M. & Sheets, E. S. (2015, November). *Regulating anger experience: The benefits of distraction over rumination, acceptance, and reappraisal* [Poster]. Association for Behavioral and Cognitive Therapies, Chicago, IL.
44. **Rabasco, A.,** Humphrey, G., & Sheets, E. S. (2015, April). *Piloting an e-Trier: Comparing the effects of face to-face versus online elicited social stress on emotion identification* [Poster]. Society for Affective Science, Oakland, CA.

Invited

1. **Rabasco, A.,** (2025, June). *Substance Use and Psychosis*. Brown University's Pre-College Program, Providence, RI.
2. **Rabasco, A.,** (2024, April). *Suicide intervention development for people with serious mental illness*. Brown University's Consortium for Research Innovation in Suicide Prevention, Providence, RI.
3. **Rabasco, A.,** (2024, April). *Mandatory reporting*. Psychosocial Research Program's Diversity, Equity, and Inclusion Committee, Providence, RI.

GRANTS

Grants Funded

1. ECR-0-125-23 (Rabasco, PI) 6/30/25 – 6/30/27
American Foundation for Suicide Prevention: Early Career Investigator Grant
Reducing stigma – A treatment for early psychosis to prevent suicide (RESTEPS)
Role: PI; Amount Awarded: \$139,903
2. (Unnumbered) (Rabasco, PI) 2/1/21 – 1/30/22
Phi Kappa Phi
Mindfulness for reducing everyday suicidal thoughts (Mind-REST): A daily mindfulness intervention for individuals at high risk for suicide
Role: PI; Amount Awarded: \$1,500

Pending

1. (K23MH140073-01A1) (Rabasco, PI) 12/12/25 – 12/12/29
National Institute of Mental Health (NIMH)
Developing RESTEPS: A Suicide Intervention for Youth with First-Episode Psychosis
Role: PI; Amount Requested: \$806,789
2. (1R01MH144061-01A1) (Rabasco & Gaudiano, MPIs) 04/01/27 – 03/31/30
National Institute of Mental Health (NIMH)
Development and Testing of a Multi-Component Mindfulness-Based Suicide Prevention Intervention During and Following Partial Hospitalization
Role: MPI; Amount Requested: \$1,141,037
3. (R01MH147104) (Benz & Gaudiano, MPIs) 12/01/26 – 11/3/29
National Institute of Mental Health (NIMH)
Development of an ED-initiated Intervention to Reduce Suicidal Behaviors and Hazardous Drinking
Role: Co-I; Amount Requested: \$1,200,000

Not Funded

1. (PDF-0-023-22) (Rabasco, PI) 10/30/23-10/29/25
American Foundation for Suicide Prevention: Postdoctoral Research Grant
Addressing Suicide for People with Psychosis by Improving Recovery and Empowerment (ASPPIRE) Intervention

Role: PI; Amount Requested: \$140,000

2. (Unnumbered) (Rabasco, PI) 1/1/21 – 1/1/22
American Psychological Foundation: Wayne F. Placek Grant
The Impact of Proximal Risk and Protective Factors on Suicidal Ideation Among Transgender and Gender Diverse Adults
Role: PI; Amount Requested: \$8,995

UNIVERSITY TEACHING

Brown University

Seminar Instructor
Spring 2026

Serious Mental Illness Seminar (10 clinical psychology residents)

Instructor of Record
Summer 2024
Summer 2025
Summer 2026

Stigma and Mental Health (18 pre-college students)
Stigma and Mental Health (18 pre-college students)
Stigma and Mental Health (18 pre-college students)

Teaching Assistant
Summer 2023

Critical Thinking and Human Behavior (24 pre-college students)

Fordham University

Instructor of Record
Summer 2021
Spring 2021

Foundations of Psychology (31 undergraduates)
Abnormal Psychology (25 undergraduates); Multicultural Psychology (29 undergraduates)
Abnormal Psychology (34 undergraduates)

Teaching Assistant
Spring 2018

Research Methods (10 undergraduates); Foundations of Psychology (28 undergraduates)

Fall 2017

Foundations of Psychology (30 undergraduates)

INVITED CLINICAL WORKSHOPS

Women and Infants Behavioral Health

Suicide Assessment

Spring 2022: Providence, RI, Women and Infants

Spring 2026: Providence, RI, Women and Infants

CLINICAL EXPERIENCE

Background in assessing and treating adolescents and adults with first episode psychosis, schizophrenia-spectrum disorder, suicidality, personality disorders, mood disorders, and OCD; individual, family, and group modalities

Settings: Inpatient, partial hospital, and outpatient settings

Therapy Modalities: DBT, ACT, CBT (including CBT for psychosis)

MEDIA COVERAGE

2023 ["Insights: When Clients Develop Romantic Feelings for Therapists"](#)

2024 ["In Severe Mental Illness, Does Approach to Care Affect Suicide Outcomes After an ED Visit?"](#)

MENTORSHIP

Undergraduate Honors Thesis Committee Member/Advisor

Charles Kip, Honors Program Student at Fordham University, 2022

Ryan Finkelstein, Honors Program Student at Fordham University, 2021

Post-Baccalaureate Mentorship and Training

Neil Rafferty, B.A., Butler Hospital, 2023-2024

Zhengduo Lu, B.A., Butler Hospital, 2023-2025

Jihoon Choi, B.A., Butler Hospital, 2024-2026

Yukti Bhatt, M.A., Butler Hospital, 2026-2027

Doctoral Research Mentorship and Training

Anne Knorr, M.A., Brown University and Butler Hospital, 2026-2027