

CURRICULUM VITAE  
Allison Stumper, PhD

Bradley Hasbro Research Center  
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EDUCATION

|                        |  |
|------------------------|--|
| Undergraduate          | Stony Brook University, B.A. in Psychology, 2011   |
| Graduate School        | Temple University, Philadelphia, PA, 2016-2022<br>M.A., Clinical Psychology, 2018<br>Ph.D., Clinical Psychology, 2022<br><i>Concentrations in Quantitative Methods &amp; Developmental Psychopathology</i> |
| Predoctoral Internship | Alpert Medical School of Brown University<br>Clinical Psychology Training Consortium<br>July 2021 – June 2022  |

POSTGRADUATE TRAINING

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|-------------------------|--|
| Postdoctoral Fellowship | Alpert Medical School of Brown University<br>T32 Research Training Program in Child Mental Health<br>July 2022 – June 2024<br><br>T32 Research Training Program in Adolescent/Young Adult HIV Research<br>July 2024 – October 2024 |
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POSTGRADUATE HONORS AND AWARDS

Postdoctoral Research Award (1<sup>st</sup> Place), Brown University  
Mind Brain Research Day, 2024  
  
Early Career Award, Women's Special Interest Group,  
Association for Behavioral and Cognitive Therapies  
(ABCT), 2023

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

State of Rhode Island: Psychologist  
License: PS02324

ACADEMIC APPOINTMENTS

Assistant Professor (Research)  
Alpert Medical School of Brown University  
Department of Psychiatry and Human Behavior  
December 2024 – Present

## HOSPITAL APPOINTMENTS

Research Scientist  
E.P. Bradley Hospital  
Division of Child and Adolescent Psychiatry  
October 2024 – Present

## OTHER APPOINTMENTS

Editorial Board: *Journal of Youth and Adolescence*  
November 2020 – Present

## MEMBERSHIP IN SOCIETIES

Society of Biological Psychiatry (SOBP)  
Sleep Research Society (SRS)  
Association for Behavioral and Cognitive Therapies (ABCT)  
International Association for Premenstrual Disorders (IAPMD)

## DEMONSTRATION OF COMMITMENT TO DEI

### GRADUATE DEI WORK

May 2017 – January 2021

Temple Psychology Graduate Students for Inclusivity  
Member, Co-leader of Undergraduate Outreach Committee  
Activities: participate in monthly process meetings with students and faculty, co-lead undergraduate outreach committee with the aim of expanding diversity in academic psychology through support for undergraduate students from diverse backgrounds (e.g., planning, organizing, and leading workshops to disseminate information about graduate school and professional psychology programs)

### POSTGRADUATE DEI WORK

2022 – Present

Efforts to promote gender inclusivity in reproductive psychiatry:

- a. Peters, J. R., **Stumper, A.**, Schmalenberger, K. M., Taubman, A. J., & Eisenlohr-Moul, T. A. (2023). Improving rigor through gender inclusivity in reproductive psychiatric science. *Comprehensive Psychoneuroendocrinology*, 16, 100194.
- b. **Stumper, A.**, Peters, J.R. *Applying a gender inclusive lens to reproductive psychiatry research*. (2023 November) Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

## PUBLICATIONS LIST

### ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. **Stumper, A.**, Danzig, A. P., Dyson, M. W., Olino, T. M., Carlson, G. A., & Klein, D. N. (2017). Parents' behavioral inhibition moderates association of preschoolers' BI with risk for age 9 anxiety disorders. *Journal of Affective Disorders*, 210, 35-42.
2. **Stumper, A.**, Olino, T. M., Abramson, L. Y., & Alloy, L. B. (2019). Pubertal timing and substance use in adolescence: An investigation of two cognitive moderators. *Journal of Abnormal Child Psychology*, 47, 1509-1520.
3. **Stumper, A.**, Olino, T. M., Abramson, L. Y., & Alloy, L. B., (2019). A factor analysis and test of longitudinal measurement invariance of the Children's Depression Inventory (CDI) across adolescence. *Journal of Psychopathology and Behavioral Assessment*, 41, 692-698.
4. **Stumper, A.**, Moriarity, D.P., Coe, C.L., Ellman, L.M., Abramson, L.Y., & Alloy, L.B., (2020). Pubertal status and age are differentially associated with inflammatory biomarkers in female and male adolescents. *Journal of Youth and Adolescence*, 49, 1379-1392.
5. **Stumper, A.**, Mac Giollabhui, N., Abramson, L.Y., & Alloy, L.B. (2020). Early pubertal timing mediates the association between low socioeconomic status and poor attention and executive functioning in a diverse community sample of adolescents. *Journal of Youth and Adolescence*, 49, 1420-1432.
6. **Stumper, A.**, Graham, A., Abramson, L.Y., & Alloy, L.B., (2020). Pubertal synchrony and depressive symptoms: Differences by race and sex. *Journal of Youth and Adolescence*, 49, 2275-2284.
7. Moriarity, D.P., Bart, C., **Stumper, A.**, Jones, P.J., & Alloy, L.B. (2021). Mood symptoms and impairment due to substance use: A network perspective on comorbidity. *Journal of Affective Disorders*, 278, 423-432.
8. Graham, A., Mac Giollabhui, N., **Stumper, A.**, Abramson, L.Y., & Alloy, L.B., (2021). Mediating effects of racial identity in the association between negative inferential style and depressive symptoms among African American adolescents. *Journal of Youth and Adolescence*, 1-12.
9. Mac Giollabhui, N., Alloy, L.B., Switsun, D., Coe, C.L., Ellman, L. M., Moriarity, D. P., **Stumper, A.**, & Abramson, L.Y., (2021). Concurrent and longitudinal associations of sex and race with inflammatory biomarkers in adolescence. *Journal of Youth and Adolescence*, 50(4), 711-723.
10. **Stumper, A.**, & Alloy, L.B., (2021). Associations between pubertal stage and depression: A systematic review of the literature. *Child Psychiatry and Human Development*, 1-28.
11. Sharkey, K.M., **Stumper, A.**, Peters, J.R., (2023). Applying advanced menstrual cycle affective science methods to study mood regulation and sleep. *Sleep*, zsad102.
12. Peters, J. R., **Stumper, A.**, Schmalenberger, K. M., Taubman, A. J., & Eisenlohr-Moul, T. A. (2023). Improving rigor through gender inclusivity in reproductive psychiatric science. *Comprehensive Psychoneuroendocrinology*, 16, 100194.
13. **Stumper, A.**, Thomas, S.A., Zaidi, Z.A., Fydenkevez, M.A., Maron, M., Wolff, J.C., Peters, J.R. (2024). Correlates of Menarcheal Age in a Psychiatric Sample of Adolescents. *Journal of Nervous and Mental Disease*. 212(1), 129-131.
14. Peters, J. R., Schmalenberger, K. M., Eng, A. G., **Stumper, A.**, Martel, M. M., & Eisenlohr-Moul, T. A. (2024). Dimensional Affective Sensitivity to Hormones across the Menstrual Cycle (DASH-MC): A transdiagnostic framework for ovarian steroid influences on psychopathology. *Molecular Psychiatry*, 1-

### BOOKS AND BOOK CHAPTERS

1. Alloy, L.B., Mac Giollabhui, N., Graham, A., **Stumper, A.**, Bart, C.P., Curley, E.E., McLaughlin, L.E., Moriarity, D.P., & Ng, T.H., (2019). Mood Disorders. In J. E. Maddux & B. A. Winstead (Eds.), *Psychopathology: Foundations for a Contemporary Understanding (Fifth Edition)*.

### PUBLICATIONS SUBMITTED OR IN PREPARATION

1. **Stumper, A.**, Klusmann, H., Peters, J.R., Andersen, E.H. (Under Review). Within-Person Effects of Ovarian Steroids on Mood: Evidence for Adolescent Hormone Sensitivity. *The British Journal of Psychiatry*. (Submitted September 2024)

## ABSTRACTS

\*Mentored trainee or research assistant

## SYMPOSIA & ORAL PRESENTATIONS

1. **Stumper, A.**, Brick, L.A.D., Yu, Y., Fydenkevez, M.A., Eisenlohr-Moul, T.A., Peters, J.R. (2024 April). Premenstrual Exacerbation of Symptoms in Mood & Anxiety Disorders. In Stumper, A. (Chair), *Menstrual Cycle Effects on Symptom Exacerbation from Puberty Through Adulthood*. Symposium at the annual meeting of the Anxiety and Depression Association of America, Boston, MA.
2. Peters J.R., **Stumper A.**, Brick L.A.D., Eisenlohr-Moul TA (2024 April). *Menstrual cycle exacerbation of irritability in a transdiagnostic sample*. In Stumper A. (Chair), *Menstrual Cycle Effects on Symptom Exacerbation from Puberty through Adulthood*. Symposium at the annual meeting of the Anxiety and Depression Association of America, Boston, MA.
3. Peters J.R., **Stumper A.**, Brick LAD, Fydenkevez M.A., Yu Y., & Eisenlohr-Moul T.A. (2023 November). *Cutting-Edge Methods and Idiographic Models for Assessing Ovarian Hormone Sensitivity in Borderline Personality Disorder*. In J. Ross (Chair), *Considering the Role of the Menstrual Cycle in Time-Varying Psychological Processes and Symptoms: Applications for Research and Clinical Practice*. Symposium at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

## POSTERS

1. **Stumper, A.**, Eisenlohr-Moul, T.A., Fydenkevez, M.A., Yu, Y., Brick, L.A.D., Peters, J.R., (2025 April). *Estradiol Predicts Premenstrual Exacerbation of Mood in Females with Depressive Disorders*. Poster to be presented at the annual meeting of the Society of Biological Psychiatry, Toronto, ON, CA.
2. Peters, J., **Stumper, A.**, Yu, Y., Fydenkevez, M., Brick, L., & Eisenlohr-Moul, T. (2025). 416. Distinct Hormone Effects on Symptoms in Premenstrual Exacerbation of Borderline Personality Disorder. *Biological Psychiatry*, 97(9), S268-S269.
3. **Stumper, A.**, Klusmann, H., Peters, J.R., Andersen, E.H. (2024 November). *Within-Person Effects of Ovarian Steroid Hormones on Mood: Evidence for Adolescent Hormone Sensitivity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
4. Waite E., **Stumper A.**, Rabasco A., Fydenkevez M.A., Yu Y., Eisenlohr-Moul T.A., & Peters J.R. (2024 November). *Perceived Premenstrual Dysphoric Disorder and Premenstrual Exacerbation in Borderline Personality Disorder*. Poster at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
5. Fydenkevez M.A., Yu Y., **Stumper A.**, Brick L.A.D., Eisenlohr-Moul T.A., & Peters J.R. (2024 April). *Prevalence of Perceived Premenstrual Disorders in Anxiety and Mood Disorders*. Poster at the annual meeting of the Anxiety and Depression Association of America, Boston, MA.
6. Grigevich S.R., Fydenkevez M.A., Yu Y., **Stumper A.**, & Peters J.R. (2024 April). *Clinical Utility of Assessing for Past and Current Borderline Personality Disorder*. Poster at the annual meeting of the Anxiety and Depression Association of America, Boston, MA.
7. **Stumper, A.**, Brick, L.A.D., Yu, Y., Fydenkevez, M.A., Eisenlohr-Moul, T.A., Peters, J.R. *Sensitivity to Estrogen Withdrawal as a Mechanism of Premenstrual Exacerbation of Mood & Anxiety Symptoms*. (2024 March). Poster presented at Brown University Mind Brain Research Day, Providence, RI.

8. **Stumper, A.,** Peters, J.R. *Applying a gender inclusive lens to reproductive psychiatry research.* (2023 November) Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
9. Peters, J.R., **Stumper, A.,** Brick, L.A.D., Fydenkevez, M.A., Yu, Y., & Eisenlohr-Moul, T.A. (2023, November). Cutting-Edge Methods and Idiographic Models for Assessing Ovarian Hormone Sensitivity in Borderline Personality Disorder. In J. Ross (Chair), *Considering the Role of the Menstrual Cycle in Time-Varying Psychological Processes and Symptoms: Applications for Research and Clinical Practice.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
10. Fydenkevez, M. A., **Stumper, A.,** Yu, Y., Zaidi, Z. A., Maron, M., Thomas, S. A., Wolff, J., Peters, J. R. (2023, April 21-22). *Early Pubertal Timing in Inpatient Female Adolescents: Associations with Adverse Childhood Experiences, Emotion Dysregulation, and Psychiatric Symptoms.* Poster presented at the 2023 North American Society for the Study of Personality Disorders Annual Conference, Waltham, MA, United States.
11. **Stumper, A.,** Brick, L.A.D., Eisenlohr-Moul, T.A., Peters, J.R. *A Novel Application of Dynamic Structural Equation Modeling (DSEM) to Examine Menstrual Cycle Effects on Symptoms.* Poster presented at the 2022 Association of Behavioral and Cognitive Therapies Annual Convention (New York, NY).
12. **Stumper, A.,** Abramson, L. Y., & Alloy, L.B. *Sex differences in the relation between pubertal synchrony and depressive symptoms.* Poster accepted for presentation at the 2020 Association of Behavioral and Cognitive Therapies Annual Convention.
13. Graham, A., Mac Giollabhui, N., **Stumper, A.,** Abramson, L. Y., & Alloy, L.B. *Negative inferential style mediates the association between racial identity and depressive symptoms among African American adolescents.* Poster accepted for presentation at the 2020 Association of Behavioral and Cognitive Therapies Annual Convention.
14. Moriarity, D.P., Bart, C., **Stumper, A.,** Jones, P.J., & Alloy, L.B. *Mood symptoms and impairment due to substance use: A network perspective on comorbidity.* Oral paper in a Symposium accepted for presentation at the 2020 Association of Behavioral and Cognitive Therapies Annual Convention.
15. Kautz, M.M., **Stumper, A.,** Graham, A., Burke, T.A., Siegel, D., & Alloy, L.B., *Sexual and racial minority identity and childhood maltreatment differentiate risk across the suicide ideation to action spectrum* (2019 November). Oral paper in a Symposium presented at the 2019 Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.
16. **Stumper, A.,** MacGiollabhui, N., & Alloy, L.B., (2019 September) *Do attentional abilities mediate the relation between pubertal timing and depressive symptoms?* Poster presented at the 2019 Society for Research in Psychopathology Annual Meeting, Buffalo, NY.
15. **Stumper, A.,** Moriarity, D.P., & Alloy, L.B., (2019 March) *Longitudinal associations between pubertal development and inflammation across adolescence.* Poster presented at the 2019 Anxiety and Depression Association of America Annual Conference, Chicago, IL.
16. **Stumper, A.,** Moriarity, D.P., Coe, C., Ellman, L., Abramson, L.Y., & Alloy, L.B., (2018 November) *Developmental changes in the inflammatory biology of females and males during adolescence.* Poster presented at the 2018 Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
17. **Stumper, A.,** Abramson, L.Y., & Alloy, L.B., *Cognitive style, emotional clarity, and future orientation as protective factors for early-maturing adolescents.* (2018 April) Poster presented at the 2018 Anxiety and Depression Association of America Annual Conference. Washington, D.C.
18. Davis, J.P., **Stumper, A.,** Kendall, P.C., & Alloy, L.B., *Emotional clarity and pubertal timing in youth anxiety.* (2018 April) Poster presented at the 2018 Anxiety and Depression Association of America Annual Conference. Washington, D.C.
19. **Stumper, A., & Alloy, L.B.A.,** (2017 September) *Racial differences in the effects of parenting on pubertal timing.* Poster presented at the 2017 Society for Research in Psychopathology Annual Meeting, Denver, CO.

20. **Stumper, A.**, Danzig A. P., Dyson M. W., Olino T. M., & Klein, D. N., (2015 May) *Parental behavioral inhibition (BI) moderates the effect of Child BI on later anxiety disorders*. Poster presented at the 2015 Association for Psychological Science Annual Convention, New York, NY.
21. Rodriguez, I., Holzmacher, D., Allen, P., **Stumper, A.**, Roger, R., Kotov, R., & Bromet, E. (2013 March) *Trajectory of cognitive functioning in psychosis: A 20-year follow up study*. Poster presented at the 2013 American Psychopathological Association Annual Meeting, New York, NY.

## SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

### NON-PEER-REVIEWED

1. **Stumper, A.**, Case J.A., *PSCASA April Student Newsletter, April 2020*: “Addressing the Pressures for Productivity in Working from Home During the Times of Coronavirus”  
<https://mailchi.mp/33659bbe887c/pressurecovid>

## INVITED PRESENTATIONS

1. **Stumper, A.** (2023 June). *Ovarian Steroid Effects on Mood and Sleep Across the Adolescent Menstrual Cycle*. Presented at the EP Bradley Lunch & Learn series.
2. **Stumper, A.** (2023 June). *Ovarian Steroid Effects on Mood and Sleep Across the Adolescent Menstrual Cycle*. Presented at the EP Bradley Hospital Sleep Research Lab Summer Apprenticeship.

## WORKSHOPS

1. **Stumper, A.**, (2021 April). *Propensity Score Analysis Workshop*. 1.5-hour workshop presented to Temple University faculty and students based on material learned at Dr. Shenyang Guo’s Statistical Horizon’s Propensity Score Analysis workshop. Philadelphia, PA.

## GRANTS

1. *Ovarian Steroid Effects on Mood and Sleep Across the Adolescent Menstrual Cycle*  
 K23 MH136325 (PI: Stumper)  
 National Institutes of Mental Health  
 Direct Costs: \$911,000  
 9/5/2024 – 8/31/2029  
 Role: Principal Investigator

## TEACHING, ADVISING and MENTORING ROLES

### HOSPITAL AND UNIVERSITY TEACHING

|             |  |
|-------------|--|
| Summer 2019 | Graduate Instructor<br>Child Psychopathology & Treatment<br>Department of Psychology, Temple University<br>Undergraduate Summer Course |
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### TEACHING ASSISTANT ROLES

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|-----------------------|---|
| July 2022, 2023, 2024 | Teaching Associate<br>Abnormal Psychology |
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MENTORSHIP

2022

RA Professional Development Series & Mentorship  
Program

Brown University Training Program

Individual Mentor, Workshop Co-leader