# CURRICULUM VITAE **BETH C. BOCK, PH.D.**

Address: Centers for Behavioral & Preventive Medicine

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### **EDUCATION**

| 1988 | B.A., Psychology. Syracuse University, Syracuse NY. |
|------|---|
| 1990 | M.S., Psychology. Tufts University, Medford MA.     |
| 1994 | Ph.D., in Psychology. Tufts University, Medford MA. |
| 2005 | M.A., Ad Eundem. Brown University, Providence, RI   |

#### POSTGRADUATE TRAINING

| 1992-1994 | Clinical Psychology Intern, Harvard Medical School, the Cambridge Hospital, |
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|           |   |

Division of Behavioral Medicine

1993-1995 Post-Doctoral Fellow in Behavioral Medicine, Brown University School of

Medicine, the Miriam Hospital

#### HONORS AND AWARDS

| 1985-1988 | Undergraduate awards: Departmental Honors, Dean's List, Psi Chi Honor Society |
|-----------|---|
|           | (President, Syracuse Chapter).  |
| 1988-1994 | Fellowship Awards: Tufts University, Graduate College of Arts & Sciences      |
| 1998      | Postdoctoral Research Award, Department of Psychiatry and Human Behavior,     |

Brown University School of Medicine

New Investigator Award, Society for Research on Nicotine and Tobacco.

The Francis Wayland Collegium, Brown University, Course Development Award,

E-Health: Computers, the Internet and Health Care Delivery

2003 Community Service Award, Centers for Behavioral and Preventive Medicine, the

Miriam Hospital

2005 Master of Arts Ad Eundem, Brown University, Providence R.I.

2005 Community Service Award, Centers for Behavioral and Preventive Medicine, the

Miriam Hospital.

Fellow, American Psychological Association

Research Innovation and Networking (RINS) Award, in collaboration with Dr.

Rochelle Rosen: In vivo panel text collection: A novel method for mHealth

intervention development, Department of Behavioral and Social Sciences, Brown

University School of Public Health.

| 2014 | Best paper nominee: 47th Annual Hawaii International Conference on System   |
|------|---|
|      | Sciences, January 6-9, 2014.  |
| 2015 | International Society for Yoga Research Award, 2015.                        |
| 2016 | Best paper: 49th Annual Hawaii International Conference on System Sciences, |
|      | January 5-8, 2016.  |
| 2017 | Research Merit Award. Symposium of Yoga Research conference, Stockbridge,   |
|      | MA. Society of Yoga Research.   |

# PROFESSIONAL LICENSES AND BOARD CERTIFICATION

1995-Licensed Psychologist State of Rhode Island (Lic# PS00552)

Certified in Motivational Interviewing Training, Albuquerque, New Mexico. 2002

1996-present Certification: "Human Subjects Protection in Research"

| ACADEMIC APPOINTMENTS |  |
|-----------------------|--|
| 1994-1995             | Research Associate, the Miriam Hospital/Brown Medical School                   |
| 1994-1996             | Project Director, National Cancer Institute Grant: Smoking Cessation, Weight   |
|                       | Gain, and Exercise in Women (B. Marcus, PI). Brown Medical School, the Miriam  |
|                       | Hospital, Centers for Behavioral & Preventive Medicine, Providence, RI.        |
| 1996-1998             | Project Director American Heart Association-Rhode Island Affiliate Grant:      |
|                       | Development and Evaluation of an Exercise Expert System for Cardiovascular     |
|                       | Risk Reduction (B. Marcus, PI). Brown Medical School, the Miriam Hospital,     |
|                       | Centers for Behavioral & Preventive Medicine, Providence, RI.                  |
| 1996-1999             | Project Director, Motivation and Nicotine Patch for Under-served Smokers, NIDA |
|                       | funded study (Raymond Niaura, PI). Brown Medical School, the Miriam Hospital,  |
|                       | Centers for Behavioral & Preventive Medicine, Providence, RI.                  |
| 1996-1998             | Instructor, Department of Psychiatry & Human Behavior, Brown Medical School,   |
|                       | Providence, Rhode Island.  |
|                       |  |

- 1998-2004 Assistant Professor (Research), Department of Psychiatry & Human Behavior, Brown Medical School, Providence, RI.
- Associate Professor (Research), Department of Psychiatry & Human Behavior, 2004-2011 Brown Medical School, Providence, RI.
- Professor (Research), Department of Psychiatry & Human Behavior, Brown 2011-Medical School, Providence, RI.
- Professor of Behavioral and Social Sciences, (secondary appointment), Brown 2013-University School of Public Health, Providence, RI.

# **HOSPITAL APPOINTMENTS**

- 1992-1993 Therapist, New England Deaconess Hospital, Section on Behavioral Medicine, Boston, Massachusetts.
- Staff Psychologist, Centers for Behavioral and Preventive Medicine, The Miriam 1996-2004 Hospital, Providence, RI.
- 2004-Senior Research Scientist, Centers for Behavioral and Preventive Medicine, The Miriam Hospital, Providence, RI.

# OTHER APPOINTMENTS

- 1999-2001 Member, Project ASSIST Women's Tobacco Task Force.
- Member, Rhode Island Heart Association Committee on Smoking or Health. 1999-2001

| 1999-2002 | Board of Directors, American Association for Cardiovascular and Pulmonary Rehabilitation (AACVPR); Behavioral Scientist. |
|-----------|--|
| 1999-2013 | Member (ad hoc) NIH study section: Risk, Prevention and Health Behavior.   |
|           | (ZRG1 RPHB-C). CSR, SBIR study section. Scientific Review Administrators   |
|           | Karen Sirocco/Claire Gutkin. (Years of service: 1999-2002; 2004-2007; 2010,  |
|           | 2011, 2013).   |
| 2000-2004 | Member, Council on Epidemiology and Prevention. American Heart Association.  |
| 2001-2013 | Editorial Board, Journal of Cardiopulmonary Rehabilitation.  |
| 2001-2005 | Member, American Heart Association Metabolism and Physical Activity Council  |
| 2002-2012 | Member, Research Committee, American Association for Cardiovascular and  |
|           | Pulmonary Rehabilitation (AACVPR).   |
| 2002      | Member NIH Study Section, Special Emphasis Panel: Disseminating Evidence-  |
|           | Based Intervention Research Products. CSR Scientific Review Administrator:   |
|           | Joyce C. Pegues.   |
| 2003      | Member, External Scientific Advisory Committee. Minority Biomedical Research   |
|           | Support for Continuous Research Excellence (MBRS-SCORE) program.   |
|           | University of Puerto Rico Medical School.  |
| 2004      | Track Chair, Health Communication and Technology. Society for Behavioral and   |
|           | Preventive Medicine.   |
| 2004      | Member, Conference Planning Committee: E-Health Institute Annual Summit  |
|           | Meeting, November 2004.  |
| 2006-2011 | Editorial Board, Assistant Editor for the journal Addiction.   |
| 2008      | Invited Member, Abstract Review Committee for the 14th Annual Meeting of the   |
|           | World Conference on Tobacco or Health, Mumbai, India.  |
| 2008      | Invited Member, Planning Committee for the 14th Annual Meeting of the World  |
|           | Conference on Tobacco or Health, Mumbai, India.  |
| 2009      | Member, NIH Study Section. Special Emphasis Panel for RFA-CA-08-022  |
|           | (ZCA1 SRRB), April 1-2, Washington D.C. CSR Scientific Review Officer:   |
|           | Gerald Lovinger  |
| 2009      | Member, CDC Study Section. Special Emphasis Panel: CD09-001 (Panel C):   |
|           | Translating Research to Protect Health through Health Promotion, Prevention, and   |
|           | Preparedness. Scientific Review Officer: Susan Stanton.  |
| 2009-2013 | Member, NIH Study Section. Psychosocial Risk and Disease Prevention Study  |
|           | Section (PRDP). CSR Scientific Review Officer: Stacey Fitzsimmons.   |
| 2009      | Invited Member, NIDA advisory panel: "Developing a New Mobile Therapy:   |
|           | Twitter for Tobacco Tweetment". Chair: Timothy Condon, PhD Deputy Director,  |
|           | NIDA.  |
| 2010      | Reviewer, Study Section for the Florida Department of Health, James and Esther   |
|           | King Biomedical Research Program, Bankhead Coley Cancer Research Program.  |
|           | Review Officers: Jennifer Wuebker and Kobi Beck.   |
| 2010      | Editorial Board: Associate Editor, Translational Behavioral Medicine: Practice,  |
|           | Policy, Research Journal.  |
| 2010      | Member, Editorial Board, Journal of Comparative Effectiveness Research.  |
| 2010-2020 | Editorial Board: Associate Editor, Health Psychology. Kenneth Freeland PhD,  |
|           | Editor-in-Chief.   |

| 2014-2015 | Track chair, Information Technology in Health Care: Evidence-based design and analysis for mobile and web health. Hawaii International Conference on Systems Science.       |
|-----------|---|
| 2015      | Reviewer, ad hoc. NIH Study Section. Risk, Prevention and Intervention for Addictions (RPIA) Study Section. CSR Scientific Review Officer: Miriam Mintzer                   |
| 2015      | Reviewer, ad hoc. NIH Study Section. Small Business: Risk Prevention and Health Behavior. CSR Scientific Review Officer: Claire Gutkin                                      |
| 2015      | Reviewer. Tobacco Control Initiative. Clearway Minnesota.   |
| 2016      | Reviewer for RAND Corporation grant applications, January 2016.   |
| 2016      | Grant Reviewer for Delaware IDeA Network for Biomedical Research Excellence. Review Director, Robert Akins PhD.   |
| 2016      | Reviewer. NIH-NCCIH Office of Scientific Review. Panel: ZAT1 HS-28 Clinical Research on Mind-Body Interventions study section. Scientific Review Officer: Hungyi Shau, PhD. |
| 2016      | Member, NIH-CSR study section NCI Program Project (P01) panel ZCA1 RPRB-F (01). Scientific Review Officer: Sanita Bharti, PhD.  |
| 2018-     | Chair, DSMB for R21 DA041553 "A peer-facilitated physical activity intervention delivered during methadone maintenance." (A. Abrantes, PI).                                 |
| 2018-     | Chair, DSMB for R21/R33 AA024395 "A tailored physical activity smartphone app for patients with alcohol dependence." (A. Abrantes, PI).                                     |
| 2018      | Member, NIH-CSR study section IPTA panel. Scientific Review Officer: Miriam Mintzer, PhD.   |
| 2019      | Reviewer (ad hoc) ZRG1-F16L (20) L NIH-CSR study section. Scientific Review Officer: Martha Faraday, PhD.   |
| 2015-2024 | Co-Chair <i>Social Media and Healthcare Technology</i> special interest track. Hawaii International Conference on Systems Science.  |
| 2019      | Reviewer (ad hoc) ZRG1-RPHB Z(10). NIH-CSR study section. Scientific Review Officer: Michael McQuestion.  |
| 2020      | Reviewer 10 ZAT1 SM(55) 2. NIH-CSR study section. Scientific Review Officer: Martina Schmidt.   |
| 2020-21   | Reviewer 2021/01 ZAT1 PJ (10) 1. NIH-CSR study section. Exploratory Clinical Trials of Mind and Body Interventions. Scientific Review Officer: Pamela Jeter.                |
| 2020      | Reviewer RRDS SPiRE Veteran's Administration study section. Scientific Review Officer: Carole Woodle.   |
| 2021      | *Reviewer ZCA1 RTRB-U (O1) R – NIH Study Section: NCI Pathway to Independence Award for Out-standing Early-Stage Postdoctoral Researchers (K99/R00). SRO Lee, Byeong-Chel   |
| 2022      | Reviewer NIH Study section: Exploratory Clinical Trials of Mind and Body Interventions Special Emphasis Panel. NIH-NCCIH. SRO Sushmita Purkayastha, Ph.D.                   |
| 2022      | *Reviewer 10 ZCA1 RTRB-U (O1) R; NCI Pathway to Independence Award for Outstanding Early Stage Postdoctoral Researchers. SRO Lee, Byeong-Chel                               |
| 2023      | Reviewer 10 ZAT JM(15): NCCIH Training and Education Review Panel. SRO Jessica McKlveen.  |

| 2023                   | Chair: Technologies for Measuring and Treating Stress and Trauma at the Hawaii  |
|------------------------|---|
| 2023                   | International Conference on Systems Science. Honolulu, HI. Reviewer: NIH-NCCIH Exploratory Clinical Trials of Mind and Body study   |
|                        | section. SRO Shekher Mohan.   |
| 2023                   | Reviewer: NIH-NCCIH. ZAT1 AM (04), NCIH Training and Education Review Panel. SRO Michael Authement, PHD   |
| 2024-2025              | *Reviewer: NIH-NCI F99/K00 Review Meeting. Special emphasis panel. SRO Lee, Byeong-Chel   |
| 2024-2025              | *Reviewer: NIH-NCCIH ZAT1 AM(05) Special Emphasis Panel NCCIH<br>Training and Education Review Panel. SRO Michael Authement, PHD  |
| 2024-2025              | *Reviewer: NIH-NCI 10 ZCA1 RTRB-U (O1) NCI Pathway to Independence<br>Award for Outstanding Early Stage Postdoctoral Researchers (K99/R00) and<br>Mentored Research Scientist Development Award (K01). SRO Lee, Byeong-Chel |
|                        |   |
| HOSPITAL (             | COMMITTEES  |
| 1996-2010              | Research Faculty Committee, Center for Behavioral and Preventive Medicine (Dr. Bess Marcus, Chair).   |
| 1996-                  | Behavioral Medicine Internship Track Committee  |
| 2000-                  | Training and Education Committee  |
| 2000-2013              | Member, the Miriam Hospital Clinical Research Review Board (IRB)  |
| 2003-2004              | Member: Faculty Incentives Committee. Centers for Behavioral and Preventive Medicine. The Miriam Hospital   |
| 2004-2006              | Member: Centers Statistics Committee. Centers for Behavioral and Preventive Medicine. The Miriam Hospital.  |
| 2004-2006              | Chair: Space Planning Committee. Centers for Behavioral and Preventive Medicine. The Miriam Hospital.   |
| 2005-2011              | Member, Faculty Academic Advisory Committee (FAAC)  |
| 2009 - 2011            | Member, Centers for Behavioral and Preventive Medicine Website Development<br>Committee   |
| 2007-2008              | Chair, Faculty Academic Advisory Committee (FAAC)   |
| 2010-2016              | Chair, Program in Technology and Health Behavior, Centers for Behavioral and Preventive Medicine, the Miriam Hospital   |
| 2019-2020              | Member Faculty Search Committee, Director search. Centers for Behavioral and Preventive Medicine. Chair, Rena Wing.   |
| 2022-2023              | Faculty search committee for STAR (Stress, Trauma & Resilience) COBRE. Chair, Laura Stroud.   |
| 2022-2023              | Member of IRB Collaborative Research Engagement Workgroup (CREW).  Lifespan and the Miriam Hospital.  |
| UNIVERSIT              | TY COMMITTEES   |
| 1989-1992              | Human Subjects Research Review Committee, Tufts University, Medford, Massachusetts.   |
| 1990-1993<br>1994-1995 | Graduate Student Committee, Tufts University, Medford Massachusetts. Postdoctoral Training Committee, Postdoctoral Representative, Brown Medical School, Providence, Rhode Island.  |
|                        |   |

| 4004         |   |
|--------------|---|
| 1996-present | Training Committee, Brown University Psychology Internship and Postdoctoral   |
| 1000 2002    | Fellowships.  |
| 1999-2003    | Data Quality Task Force, Center for Behavioral and Preventive Medicine, Brown |
| 2000 2016    | Medical School, the Miriam Hospital.  |
| 2000-2016    | Research Operations Group, Centers for Behavioral and Preventive Medicine,    |
| ••••         | Brown Medical School, And The Miriam Hospital.                                |
| 2004-2007    | Medical Faculty Executive Committees. Brown Medical School.                   |
| 2005-2011    | Faculty Academic Advisory Committee, Centers for Behavioral and Preventive    |
|              | Medicine, Brown Medical School, The Miriam Hospital.                          |
| 2007-2011    | Executive Committees on Research, Department of Psychiatry and Human          |
|              | Behavior, Brown Medical School.   |
| 2007-2010    | Faculty Search Committee, Centers for Behavioral and Preventive Medicine,     |
|              | Brown Medical School, The Miriam Hospital.                                    |
| 2011-2018    | Faculty Promotions Committee. Department of Psychiatry and Human Behavior,    |
|              | Alpert School of Medicine at Brown University.                                |
| 2012-2015    | Committee for Medical Faculty Appointments. Alpert School of Medicine at      |
|              | Brown University  |
| 2016-2018    | Admissions Review Committee (annual) Brown School of Public Health.           |
| 2018-2019    | Dissertation Committee Brown School of Public Health; Harold Lee              |
| 2018-2019    | Dissertation Committee Brown School of Public Health; Jessica Emerson         |
| 2018-2022    | Faculty Promotions Committee. Department of Psychiatry and Human Behavior,    |
|              | Alpert School of Medicine at Brown University.                                |
| 2019-2020    | Brown School of Public Health Strategic Planning Committee for Mental Health, |
|              | Resilience and Mindfulness (working group).                                   |
| 2022-2023    | Senior Faculty Search Committee, Centers for Behavioral and Preventive        |
|              | Medicine, Brown Medical School, The Miriam Hospital.                          |
| 2024-present | Committee for Medical Faculty Affairs (promotions & appointments). Alpert     |
| r            | Medical School, Brown University.   |
| 2022-present |   |
| P            | Alpert School of Medicine at Brown University.                                |
|              |   |
| MEMBERSH     | IP IN SOCIETIES   |
|              | Board of Directors. American Association for Cardiovascular and Pulmonary     |
|              | Rehabilitation.   |
|              | American Association for Cardiovascular and Pulmonary Rehabilitation.         |
|              | Fellow, American Psychological Association (APA):                             |
| Present      | Division 38. Health Psychology:   |

Division 38, Health Psychology:

Division 47, Exercise and Sport Psychology.

- 1996-present Member, Society of Behavioral Medicine (SBM).
  - Co-Chair: Behavioral Informatics Special Interest Group (2006-2012)
- 1997-2020 Member, Society for Research in Nicotine and Tobacco (SRNT).
- 1999-2006 Member, American College of Sports Medicine (ACSM).
- 2007-present Member, International Society of Behavioral Nutrition and Physical Activity.

JOURNAL REVIEWER Addiction; American Journal of Preventive Medicine; American Journal of Public Health; BMC Public Health; Contemporary Clinical Trials; Ethnicity and

Health; Journal of Consulting and Clinical Psychology; Health Psychology; Journal of Clinical Psychology in Medical Settings; Journal of Personalized Medicine; Journal of Medical Internet Research (JMIR); JMIR mHealth and uHealth; New England Journal of Medicine; Nicotine & Tobacco Research; PLOS ONE; Preventive Medicine; RAND Corporation.

### DATA SAFETY MONITORING BOARDS

Chair: R21 AA024295 (Abrantes) A Tailored Physical Activity Smartphone App for Patients with Alcohol Dependence.

Chair: R21 DA041553 (Abrantes) "A Peer-Facilitated Physical Activity Intervention Delivered during Methadone Maintenance"

Chair: R01 DA047236 (Boyer) "MYTPILL A Novel Strategy to Monitor Antiretroviral Adherence among HIV+ Prescription Opioid Users."

#### ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

- 1. Frye CA. **Bock BC.** & Kanarek RB. (1992). Hormonal milieu affects tailflick latency in female rats and may be attenuated by access to sucrose. *Physiology & Behavior*, *52*, 699-706.
- 2. **Bock BC**. & Kanarek RB. (1995). Women and men are what they eat: The effects of gender and reported meal size on perceived characteristics. *Sex Roles*, *33*, 109-119.
- 3. **Bock BC**. Kanarek RB., & Aprille J. (1995). The mineral content of the diet alters sucrose-induced obesity in rats. *Physiology and Behavior*, *57*, 659-668.
- 4. **Bock BC**, Goldstein MG. & Marcus BH. (1996). Depression following smoking cessation in women. *Journal of Substance Abuse*, *8*, 137-144.
- 5. Marcus BH, King TK, Clark MM, Pinto BM. & **Bock BC**. (1996). Theories and techniques for promoting physical activity behaviors. *Sports Medicine*, 22, 321-331.
- 6. Borrelli BC, **Bock BC**, King T, Pinto BM. & Marcus BH. (1996). the impact of depression on smoking cessation in women. *American Journal of Preventive Medicine*, 12, 378-387.
- 7. **Bock BC**, Albrecht AE, Traficante R, Clark MM, Pinto BM, Tilkemeier P, Forman D. & Marcus, BH. (1997). Predictors of exercise adherence following cardiac rehabilitation. *International Journal of Behavioral Medicine*, *4*, 60-75.
- 8. **Bock BC**, Goldstein MG. & Marcus BH. (1997). Stopping smoking. *USAD: Understanding Stress, Anxiety, and Depression*, 2, 18-21.
- 9. Marcus BH, Emmons, KM, Simkin-Silverman L, Linnan LA, Taylor E, **Bock BC**, Roberts MB, Rossi JS. & Abrams DB. (1998) Evaluation of motivationally tailored versus standard self-help physical activity interventions at the workplace. *American Journal of Health Promotion*, *12*, 138-146.
- 10. **Bock BC**, Marcus BM, Rossi J. & Redding C. (1998). Motivational readiness for change: Diet, exercise and smoking. *American Journal of Health Behavior*, 22, 248-258.
- 11. Marcus BH, **Bock BC**, Pinto BM, Forsyth L, Roberts M. & Traficante R. (1998). Efficacy of individualized, motivationally tailored physical activity intervention. *Annals of Behavioral Medicine*, 20, 174-180.

- 12. Pinto BM, Borrelli B, King TK, **Bock BC**, Clark MM, Roberts M. & Marcus BH. (1999). Weight control smoking among sedentary women. *Addictive Behaviors*, 24, 75-86.
- 13. **Bock BC**, Niaura R, Fontes A. & Bock FR. (1999). Acceptability of computer assessments in minority and underserved smokers. *American Journal of Health Promotion*, *13*, 299-304.
- 14. **Bock BC**, Marcus BH, King T. & Borrelli B. (1999). Exercise effects on withdrawal symptoms and mood among women attempting smoking cessation. *Addictive Behaviors*, 24, 399-410.
- 15. Borrelli B, Marcus BH, Clark MM, **Bock BC**, King TA. & Roberts M. (1999). History of depression and subsyndromal depression in women smokers. *Addictive Behaviors*, *24*, 781-794.
- 16. **Bock**, **BC** (1999). Self-massage may be a useful adjunct therapy in smoking cessation. *Nutrition in Clinical Care*, 2, 24-25.
- 17. King TK, Matacin M, Marcus BH, **Bock BC**, & Tripolone J. (2000). Body image evaluations in women smokers. *Addictive Behaviors*, 25, 613-618.
- 18. **Bock BC**, Becker B, Niaura R. & Partridge R. (2000). Smoking among emergency chest pain patients: Motivation to quit, risk perception and physician intervention. *Nicotine & Tobacco Research*, *2*, 93-96.
- 19. Niaura R, **Bock BC**, Lloyd EE, Brown R, Lipsitt LP. & Buka S. (2001). Maternal transmission of nicotine dependence: Psychiatric, neurocognitive, and prenatal factors. *The American Journal on Addictions*, *10*, 16-29.
- 20. **Bock BC**, Marcus BH, Pinto B & Forsyth L. (2001). Maintenance of physical activity following an individualized motivationally tailored intervention. *Annals of Behavioral Medicine*, 23, 79-87.
- 21. **Bock BC**, Becker B, Monteiro R, Partridge R, Fisher S, & Spencer J. (2001). Physician intervention and patient risk perception among smokers with acute respiratory illness in the emergency department". *Preventive Medicine*, *32*, 175-181.
- 22. Block P, **Bock BC**, Becker B. & Everhart S. (2001). Alcohol and substance use by adolescents and young adults with recent spinal cord and traumatic brain injuries. *Disability Studies Quarterly*, 21(2), 357-366.
- 23. Borrelli B, Hogan J, **Bock BC**, Pinto B, Roberts M, & Marcus B. (2002). Predictors of quitting and dropout among women in a clinic-based smoking cessation program. *Psychology of Addictive Behaviors 16(1)*, 22-27.
- 24. **Bock BC**. (2002). Issues in predicting adherence to cardiac rehabilitation. *Journal of Cardiopulmonary Rehabilitation*, 22(4), 261-263
- 25. **Bock BC**, & Becker, B. (2002). Smoking cessation: Critical pathways. *Critical Pathways in Cardiology*, *1*(2), 116-128.
- 26. Marcus B H, Lewis BA, King TK, Albrecht AE, Hogan J, **Bock BC**, Parisi AF. & Abrams DB. (2003). Rationale, design, and baseline data for Commit to Quit II: An evaluation of

- the efficacy of moderate-intensity physical activity as an aid to smoking cessation in women. *Preventive Medicine*, *36*, 479-492.
- 27. **Bock BC**, Carmona-Barros RE, Esler J & Tilkemeier, PL (2003). Program participation and physical activity maintenance after cardiac rehabilitation. *Journal of Behavior Modification*, 27, 37-53.
- 28. Esler, JL & **Bock BC**. (2003). A review of psychological treatments for non-cardiac chest pain and recommendations for a new approach. *Psychosomatic Medicine*, 65, 1-7.
- Winickoff JP, Glauber JH, Perrin JM, Bock BC & Rigotti NA. (2003). The process of improving tobacco dependence medication use in a Medicaid managed care organization: A practical systems-level approach. *Journal of Clinical Outcomes Management*, 10, 535-540.
- 30. **Bock BC**, Becker BM, Partridge R, Niaura RS & Abrams DB. (2003). A prospective study of coping styles and stress symptoms after the September 11<sup>th</sup>, 2001 terrorist attacks. *Medicine & Health, Rhode Island*, 86, 340-341.
- 31. **Bock BC**, Graham AL, Sciamanna CN, Krishnamoorthy J, Whiteley J, Carmona-Barros R, Niaura RS. & Abrams DB (2004). Smoking cessation treatment on the internet: Content, quality and usability. *Nicotine & Tobacco Research*, *6*(2), 207-219.
- 32. Girard DD, Partridge RA, Becker BM. & **Bock BC**. (2004). Alcohol and tobacco use in the elderly emergency department patient: Assessment of rates and medical care utilization. *Academic Emergency Medicine*, 11, 378-382.
- 33. Sciamanna C, Marcus BH, Goldstein MG, Lawrence K, Swartz S, **Bock BC**, Graham A, & Ahern DK. (2004). Feasibility of incorporating computer-tailored health behavior communications in primary care settings. *Informatics in Primary Care*, 12(1), 40-48
- 34. Esler JL & **Bock BC**. (2004). Psychological treatments for non-cardiac chest pain: Recommendations for a new approach. *Journal of Psychosomatic Research*, *56*, 263-269.
- 35. **Bock BC**, Niaura RS, Neighbors CJ. Carmona-Barros R & Azam, M. (2005). Differences between Latino and non-Latino white smokers in cognitive and behavioral characteristics relevant to smoking cessation. *Addictive Behaviors*, *30*(4), 711-724.
- 36. Cobb N, Graham A, **Bock BC**, Papandonatos G & Abrams DB. (2005). Initial evaluation of a real world Internet smoking cessation system. *Nicotine & Tobacco Research*, 7(2), 207-216.
- 37. Marcus BH, Lewis BA, Hogan J, King TK, Albrecht AE, **Bock BC**, Parisi AF, Niaura R. & Abrams DB. (2005). the efficacy of moderate-intensity physical activity as an aid for smoking cessation in women: A randomized controlled trial. *Nicotine & Tobacco Research*, 7(6), 871-880.
- 38. Napolitano MA, Whiteley JA, Marcus BH, Farrell NC, Albrecht A, **Bock BC**, Dutton G, Sciamanna C & Papandonatos G. (2006). Outcomes from the women's wellness project: A community-focused physical activity trial for women. *Preventive Medicine*, 43, 447-753.

- 39. Merchant RC, Damergis JA, Gee EM, **Bock BC**, Becker BM & Clark MA (2006). Contraceptive usage, knowledge, and correlates of usage among female emergency department patients. *Contraception*, 74(3), 201-207.
- 40. Lewis, BA, Forsyth LH, Pinto BM, **Bock BC**, Roberts M. & Marcus BH. (2006). Psychosocial mediators of physical activity in a randomized controlled intervention trial. *Journal of Sport and Exercise Psychology*, 28, 193-204.
- 41. Graham A, **Bock BC**, Cobb N, Niaura RS & Abrams DB. (2006) Characteristics of smokers reached and recruited to an internet smoking cessation trial: A case of denominators. *Nicotine & Tobacco Research*, 8(1suppl), S43-S48.
- 42. Graham A, Papandonatos G, **Bock BC**, Cobb N, Baskin-Sommers A, Niaura RS & Abrams DB. (2006). Internet- versus telephone-administered questionnaires in a randomized trial of smoking cessation. *Nicotine & Tobacco Research*, 8(1suppl), S49-S58.
- 43. Marcus BH, Napolitano MA, King AC, Lewis BA, Whiteley JA, Albrecht AE, Parisi AF, **Bock BC**, Sciamanna CA, Jakicic JM & Papandonatos GD. (2007). Examination of print and telephone channels for physical activity promotion: Rationale, design and baseline data from Project STRIDE. *Contemp Clin Trials*, 28, 90-104.
- 44. **Bock BC**, Becker BM, Partridge R & Niaura RS. (2007). Are emergency chest pain patients ready to quit smoking? *Preventive Cardiology*, 10(2), 76-82.
- 45. Merchant RC, Casadei K, Gee EM, **Bock BC**, Becker BM, and Clark MA. (2007) Patients' emergency contraception knowledge, usage, and view of the emergency department role for emergency contraception. *Journal of Emergency Medicine*, 33(4), 367-375.
- 46. Marcus BH, Lewis BA, Williams DM, Dunsiger S, Jakicic JM, Whiteley JA, Albrecht AE, Napolitano MA, **Bock BC**, Tate DF, Sciamanna CN & Parisi AF. (2007). A comparison of Internet and print-based physical activity interventions. *Archives of Internal Medicine*, *167*, 944-949.
- 47. Merchant RC, Vuittonet CL, Clark MA, Gee EM, **Bock BC** & Becker BM. (2007). Implications of question format in emergency department preventive health knowledge surveys. *Academic Emergency Medicine*, 14, 549-557.
- 48. Marcus BH, Napolitano MA, King AC, Lewis BA, Whiteley JA, Albrecht AE, Parisi AF, **Bock BC**, Pinto BM, Sciamanna C, Jakicic JM & Papandonatos GD. (2007). Telephone versus print delivery of an individualized motivationally tailored physical activity intervention: Project STRIDE. *Health Psychology*, 26(4), 401-417.
- 49. Merchant RC, McGregor AJ, Gee EM, **Bock BC**, Becker BM, & Clark MA. (2007). Women's preventive health service preferences in the Rhode Island Hospital emergency department. *Medicine & Health, Rhode Island*, 90(8), 235-237.
- 50. Marcus BH, Lewis BA, Williams DM, Whiteley JA, Albrecht AE, Jakicic JM, Parisi AF, Hogan JW, Napolitano MA & **Bock BC**. (2007) Step into Motion: A randomized trial examining the relative efficacy of Internet vs. print-based physical activity interventions. *Contemporary Clinical Trials*, 28(6), 737-747.

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# BOOKS AND BOOK CHAPTERS

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#### PUBLICATIONS SUBMITTED OR IN PREPARATION

Tobin SY, Sherman S, Bock BC, Dunsiger S, Braun T, Thomas JG, Goldstein S & Unick JL. (*under review*). PATH Trial Protocol: A randomized trial examining Yoga as a strategy for improving remote-based weight loss

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#### **ABSTRACTS**

**Regional Conferences** 

- 1. **Bock, BC.** & Kanarek, RB. (March, 1990). *The effects of supplemental minerals on sucrose-induced obesity in rats.* Eastern Psychological Association, Philadelphia, PA.
- 2. **Bock, BC.** (May, 1992). *Beyond Dieting: Implications for a double-standard of socially acceptable food intake.* SSIBS meeting at Eastern Psychological Association Conference, Washington, D.C.
- 3. **Bock, BC.** & Marcus, BH. (October, 1995). *Vigorous and moderate-intensity physical activity and depressive symptoms*. Presented at Rhode Island Hospital research conference. Providence, RI.
- 4. Pekmezi, DW, Barbera, B, Neighbors, CJ, Lee, CS, Gans, KM, **Bock, BC**, Morrow, KM, Marquez, B, Dunsiger, S, Marcus, BH. (April, 2010). *Developing and testing a culturally and linguistically adapted physical activity intervention for Latinas*. University of Alabama at Birmingham Health Disparities Research Symposium, Birmingham, AL.
- 5. Becker BM, Jennings E, Walaska K, Cruz R, & **Bock BC**. (2014, April). *Using the Electronic Medical Record to Reliably Identify Current Smokers in the Emergency Department*. Presented at the New England Society of Academic Emergency Medicine (SAEM) conference, New Haven, CT.
- 6. Braciszewski JM, Stout RL, Tzilos GK, Moore RS, **Bock BC**, & Chamberlain P. (2014, March). *Participatory methods with youth in foster care: Developing a preventive intervention*. Presented at the Eastern Psychological Association meeting, Boston MA.
- 7. Balletto, B., Donahue, M., Feulner, M., Lantini, R., Thind, H., Salmoirago-Blotcher, E., **Bock, B. C.,** & Scott-Sheldon, L. A. J. (2017, April). *The Effects of Yoga on Adults with Type II Diabetes: A Systematic Review and Meta-Analysis*. Poster presented at the Annual Public Health Research Day, Brown School of Public Health, Providence, RI.

## **National Presentations**

- 1. **Bock, BC.** Frye, C. & Kanarek, RB. (October, 1991). Sucrose consumption attenuates the reduction in tailflick latency secondary to hormone administration. NASSO/SSIBS Joint Conference, Sacramento, CA.
- 2. Marcus, BH. & **Bock**, **BC**. (June, 1994). *Influencing adults to adopt and maintain habits of regular physical activity*. American College of Sports Medicine, Indianapolis, IN.
- 3. Matacin, M, **Bock**, **BC**, Traficante, R, Tripolone, J. & Marcus, BH. (March, 1995). *Body image concerns in women smokers*. Presented at the 16th annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 4. Marcus, BH, Goldstein, MG, Pinto, BM, King, TK, & **Bock, BC.** (March, 1995). *Effects of exercise plus nicotine patch on smoking cessation in women.* Presented at the 16th annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 5. Albrecht, AE, Marcus, BH, **Bock, BC**, Traficante, R, Martin, S, Weiner, S, & Tilkemeier, P. (October, 1995). *Applying the Transtheoretical model of change to a cardiac rehabilitation setting*. Poster presented at the tenth Annual Meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation. Minneapolis, MN.

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- 8. Borrelli, B., Marcus, BH. King, T., Clark, MM., & **Bock, BC.** (March, 1996). *History of depression and subsyndromal mood in women smokers: Pretreatment differences*. Seventeenth Annual Meeting of the Society of Behavioral Medicine/ 4th International Congress of Behavioral Medicine, Washington, DC.
- 9. **Bock, BC**, Marcus, BH. & Traficante, R. (June, 1996). *Acute and chronic effects of exercise on mood among women smokers*. Forty-third annual meeting of the American College of Sports Medicine, Cincinnati, OH.
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- 11. Marcus, BH. **Bock, BC**, Traficante, RM, Pinto, BM. & Forsyth, LA. (March, 1997) *Efficacy of an individualized, motivationally-tailored approach to increasing exercise behavior*. Paper presented at the 18th annual meeting of the Society of Behavioral Medicine, San Francisco, CA. Annals of Behavioral Medicine, 19S, S040.
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- 14. \*Bock, BC, Niaura, RS, Ward, ML. & Fontes, AA. (March, 1998). *Acceptability of computer assessments in minority and under-served patients*. Paper presented at the 19<sup>th</sup> annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 15. King, TK, Matacin, M, **Bock, BC**. & Marcus, BH. (March, 1998). *Body image and smoking cessation in women*. Paper presented at the 19<sup>th</sup> annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
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- 19. Forsyth, LH, Marcus, BH, **Bock, BC**, Pinto, BM. & Roberts, MB. (March, 1998). *Is negative affect a barrier to physical activity behavior change?* Poster presented at the 19<sup>th</sup> annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 20. **Bock, BC**, Marcus, BH. & Bock, FR. (May, 1998). *Six month exercise maintenance following an intervention tailored via computer expert system.* Paper presented at the 15<sup>th</sup> annual meeting of the American College of Sports Medicine, Orlando, Fl.
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- 22. **Bock, BC**, Becker, B, Niaura, R., Goldstein, M. & Partridge, R. (March, 1999). *Motivation for smoking cessation in the Emergency chest pain observation unit*. Society for Research on Nicotine and Tobacco, San Diego, CA. Young Investigator Award.
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- 25. Becker, B, Partridge, R, **Bock, BC.** & Niaura, R. (May, 1999). *Smoking cessation intervention in the ED for Patients with Acute Respiratory illness*. Presented at the Society of Academic Emergency Medicine, Boston, MA.
- 26. **Bock, BC,** Becker, B, Schmidt, A, Spencer, J. & Lau, I. (March, 2000). *Physician Interventions for Smokers with Respiratory Illness in the Emergency Department: Inconsistent and Incomplete*. Presented at the annual meeting of the Society for Research on Nicotine & Tobacco, Washington, DC.
- 27. Lourie, P, **Bock**, **BC**, Becker, B. (June, 2000) *Alcohol, traumatic injury and disability: Differences by gender, race, and ethnicity.* Research Society on Alcoholism, Denver.
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- 32. Eisler J, **Bock BC**, Becker B. & Spencer J. (March, 2001). *Patient Education in the Emergency Department: State Anxiety and the Teachable Moment*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Seattle, WA.
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- 34. **Bock BC**, Becker B. (November, 2001). *Cessation strategies for emergency chest pain patients*. Paper presented at the National Conference on Tobacco Control. New Orleans, LA.
- 35. **Bock, BC**. (November, 2001). *Exper\_Quit: A computer based smoking cessation system*. Presented at the 2001 National Conference on Tobacco Control. New Orleans, LA.
- 36. **Bock, BC,** Graham, A, Cartter, C. & Cobb, N. (February, 2002). *Smoking Cessation on the Web: An initial evaluation of QuitNet.com.* Presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Savannah, GA.
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- 38. Esler J, Becker B. & **Bock**, **BC**. (April, 2002). *Anxiety in the emergency department: Physician vs. patient perceptions*. Presented at the twenty-third annual meeting of the Society of Behavioral Medicine, Washington D.C.
- 39. **Bock**, **BC**, Becker B, Esler J, Partridge R, Merchant R, Niaura R. & Abrams DB. (April, 2002). *Coping Style Influences Depression and Stress Symptoms Following the September 11<sup>th</sup> Attacks on America*. Presented at the twenty-third annual meeting of the Society of Behavioral Medicine, Washington D.C.
- 40. Merchant RC, Becker BM, Mayer KH. & **Bock BC**. (September, 2002). *HIV Post-Exposure Prophylaxis Provision at a Large Urban Emergency Department*. Paper presented at the annual meeting of the Society for Academic Emergency Medicine. St. Louis, MO.
- 41. **Bock BC**, Becker BM, Partridge RA. & Carmona-Barros, R. (November, 2002). *Smoking Cessation Interventions in the E.D. for Smokers with Chest Pain*. Paper presented at the annual meeting of the National Conference on Tobacco or Health. San Francisco, CA.
- 42. **Bock BC,** Graham A, Sciamanna, C, Krishnamoorthy, J, Lewis B, Whiteley J. & Carmona-Barros R. (February, 2003). *Smoking Cessation on the Internet*. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco. New Orleans, LA.

- 43. Nin O, Chan K, Becker B, **Bock BC**. & Carmona-Barros R. (February, 2003). *Missed Opportunities for smoking cessation intervention for fathers of babies being treated in a special care nursery*. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco. New Orleans, LA.
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- 45. Becker B, **Bock BC**. & Carmona-Barros, R. (February, 2003). *St. John's Wort oral spray reduces withdrawal symptoms during quitting smoking*. Presented at the annual meeting of the Society for Research on Nicotine and Tobacco. New Orleans, LA.
- 46. Esler J, **Bock BC**. & Becker BM. (March, 2003). *Parental anxiety and information recall in the pediatric emergency department*. Paper presented at the annual meeting of the Society for Behavioral Medicine. Salt Lake City, UT.
- 47. **Bock BC**, Becker BM, Taitano A, Skels S. & Wilson C. (February, 2004). *Reasons for Smoking Vs. Quitting: Differences between Mothers and Fathers of High Risk Infants*. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco. Scottsdale, AZ.
- 48. \*Carmona-Barros R, **Bock BC**, & Morrow K. (February, 2004). *Cultural Tailoring of Smoking Interventions: Qualitative Findings*. Presented at the annual meeting of the Society for Research on Nicotine and Tobacco. Scottsdale, AZ.
- 49. **Bock**, **BC**. (February, 2004). *Usability of Smoking Cessation Interventions on the Internet*. Symposium presented at the annual meeting of the Society for Research on Nicotine and Tobacco. Scottsdale, AZ.
- 50. **Bock, BC**. (March, 2004). *Spinning a new web: Translating science into practice for web based health promotion tools*. Workshop delivered at the annual meeting of the Society for Behavioral Medicine, Baltimore MD.
- 51. Lewis B, **Bock BC**, Albrecht A, King T & Marcus BH. (March, 2004). *The effect of smoking cessation and exercise on weight concerns among women*. Presented at the annual meeting of the Society for Behavioral Medicine, Baltimore MD.
- 52. **Bock BC**, Becker BM & Partridge R. (April, 2004). *Effective smoking cessation intervention for emergency department patients with chest pain*. Paper presented at the annual meeting of the Society of Academic Emergency Medicine, Orlando FL.
- 53. **Bock BC**, Becker BM, Partridge R & Niaura R. (April, 2005). *Smoking Cessation among patients in the chest pain observation unit*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Boston MA.
- 54. Freidman R, Houston TK, **Bock BC**. & Bickmore TW. (April, 2005). *What is Behavioral Informatics?* Symposium presented at the annual meeting of the Society for Behavioral Medicine, Boston MA.
- 55. **Bock BC**. (April, 2005). *Behavioral Informatics: A perspective from Behavioral Medicine*. Symposium presentation at the annual meeting of the Society for Behavioral Medicine, Boston MA.

- 56. Marcus BH, Lewis BA, Jakicic J, Albrecht A, Napolitano MA, Sciamanna C, **Bock BC**, Tate D, Parisi A, Neighbors C, Whiteley JA & Williams D. (April, 2005). *Examining the efficacy of a tailored internet physical activity intervention: Baseline data and preliminary findings*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Boston MA.
- 57. Napolitano MA, Lewis BA, Whiteley JA, King AC, Pinto B, **Bock BC**, Papandonatos G. & Marcus BH. (April, 2005). *Investigating mediators of physical activity behavior change*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Boston MA.
- 58. Graham A, Cobb N, Milner P, Tinkelman D, **Bock BC**, Neighbors C, Papandonatos G, Niaura R. & Abrams D. (June, 2005). *Internet Recruitment in a Randomized Controlled Trial of Smoking Cessation: Preliminary Results and Methodological Considerations*. Presented at "Critical Issues in e-Health" conference. Bethesda, MD.
- 59. **Bock BC**, Gaskins R & Becker BM. (March, 2006). *Vinyasa yoga: Effects on Mood and Stress*. Paper presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
- 60. Merchant RC, McGregor AM, Gee EM, **Bock BC**, Becker BM. & Clark MA. (May, 2006). What do women want? Preventive health preferences in the ED. Presented at the annual meeting of the Society for Academic Emergency Medicine, San Francisco, CA.
- 61. Marcus BM, Lewis B, Williams D, Napolitano M, Whiteley J, Albrecht A, **Bock BC**, Hogan J, Jakicic J, Neighbors C, Sciamanna S, Parisi A. & Tate D. (March, 2006). *Relative Efficacy of Tailored Internet and Tailored Print-Based Physical Activity Interventions: Six-Month Findings*. Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
- 62. **Bock BC**, Bock FR, Hudmon KS. & Christian JG. (March, 2007). *Characteristics and Attitudes Toward Smoking Intervention Among Pharmacy Clients*. Presented at the annual meeting of the Society for Behavioral Medicine, Washington DC.
- 63. Ciccolo JT, Jennings EG, **Bock BC**, Whiteley JA, Williams DM, Borrelli B. & Marcus BH. (February, 2008). *Sleep Disturbance Among Women Smokers Enrolled in a Randomized Controlled Smoking Cessation Trial*. Presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
- 64. Williams DA, Lewis BA, Dunsiger S, Whiteley JA, Papandonatos GD, Napolitano MA, **Bock BC**, Ciccolo JT & Marcus BH. (March, 2008). *Comparing Psychosocial Predictors of Physical Activity Adoption and Maintenance*. Presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.
- 65. Papandonatos GD, Napolitano MA, Lewis BA, Whiteley JA, Williams DM, King AC, **Bock BC**, Pinto BM & Marcus BH. (March, 2008). *Mediators of Physical Activity Behavior Change: A Multivariate Approach*. Presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.
- 66. Lewis B, Williams D, Dunsiger S, Sciamanna C, Whiteley J, Napolitano M, **Bock BC**, Jakicic J, Getz M & Marcus BH. (March, 2008). *User Attitudes towards Physical Activity Websites in a Randomized Controlled Trial*. Presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.

- 67. **Bock BC**, Hudmon KS, Christian J & Bock FR. (March, 2008). *Readiness of Smokers to Receive Counseling for Smoking Cessation in a Pharmacy Setting*. Presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.
- 68. \*Pekmezi DW, Barbera B, Neighbors CJ, Lee CS, Gans KM, **Bock BC**, Morrow KM, Marquez B, Dunsiger S & Marcus BH. (April, 2010). *Developing and testing a culturally and linguistically adapted physical activity intervention for Latinas*. University of Alabama at Birmingham Health Disparities Research Symposium, Birmingham, AL.
- 69. **Bock BC**, Serber E, Ciccolo J, Tilkemeier, P, Palmer K & Cobb V. (April, 2011). *Wii* "*Heart*" *Fitness: A Pilot Examining Exercise Videogames and Cardiovascular Fitness in Adults*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- 70. Whiteley, J., Dunsiger, S., Jennings, E., Williams, D., C., Ciccolo, J. **Bock, BC**., Albrecht, A., Parisi, A., Marcus, B. (2011, April). *Outcomes from Commit to Quit YMCA: Translating an effective quit smoking program to a YMCA setting*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 71. Abar, B., **Bock, BC**., Moon, S., Boyer, E., Stone, A., & Boudreaux, E.D. (April 2011). *Examining Smoking Following a Sentinel Cardiac Event Using Ecological Momentary Assessment*. Presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- 72. O'Hea, E.L., **Bock, BC**., Moon, S., Ockene, I., Boyer, E., Chapman, G., & Boudreaux, E.D. (April, 2011). *Psychometric Properties of the Sentinel Events Model (SEM) Assessment Scale*. Presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- 73. Gaskins, RG., Magee, J., Jennings, E., Williams, D. & **Bock, BC**. (April, 2011). *Yoga Enhances Smoking Abstinence and Mood in Women*. Presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- 74. \*Clarke, JG., **Bock, BC**., Stein, L., Martin, R., Mello, J. & Lopes, C. (April, 2011). *Working Inside for Smoking Elimination*. Presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- 75. Magee JC, Traficante R, Barnett N & **Bock BC**. (March, 2011). *Examining the Potential for using Mobile Technology to Intervene on Substance Abuse among Community College Students*. Presented at the 2011 meeting of the Association of Psychologists in Academic Health Centers, Boston, MA.
- 76. \*Clarke, J., Stewart, D. W., Simon, R., Magee, J., Rosen, R., Boudreaux, E. & **Bock, B**. (October, 2011). Incarceration as a teachable moment for substance use treatment. Presented at the annual meeting of the American Public Health Association, Washington DC.
- 77. \*Clarke, JG., **Bock, BC**., Stein, L., Martin, R., Mello, J. & Lopes, C. (April, 2011). *Promoting Smoking Abstinence after Release from a Smoke-free Prison*. Paper presented at the annual meeting of the American Public Health Association, Washington DC.
- 78. Jaques, M., Matson, A., Abar, B., O'Hea, E., **Bock, BC**., & Boudreaux, E. (April, 2012) Perceived disease severity versus actual disease severity in patients with cardiovascular and

- respiratory problems. Paper presented at the Annual Meeting of the Society for Behavioral Medicine, New Orleans, LA.
- 79. **Bock, BC**, Magee, J, Traficante, R & Barnett N. (April, 2012). Technology use and risk for substance use among community college students. Paper presented at the Annual Meeting of the Society for Behavioral Medicine, New Orleans, LA.
- 80. \*Martin, S. A., Martin, R. A., Clarke, J. G., Stein, L. A. R., & **Bock, BC**. (2012, October). Risk Perception, Attitudes Toward Quitting, and Ultimate Smoking Behavior Among Incarcerated Adults. Presented at the annual meeting of the American Public Health Association, San Francisco, CA.
- 81. \*Martin, RA., Stein LAR, **Bock BC**, Martin SA, Lopes CE & Clarke JG. (2013, March). What happens after forced abstinence from smoking in prison? Presented at the 19<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.
- 82. \*Bock, BC, Martin, SA., Martin RA, Stein LAR & Clarke JG. (2013, March). Perceived health vulnerability during forced abstinence from smoking in prison. Presented at the 19<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.
- 83. Jennings, E, Linke, S, Whiteley, J, Dunsiger, S, **Bock, BC**, and Marcus, B. Training. (March 2013). YMCA Smoking Cessation Facilitators: Commit to Quit YMCA. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 84. **Bock BC**, Magee J, Heron K, Fava J, Deutsch C, Foster R. (August, 2013). Developing a Text Message Intervention for Smoking Cessation with peer-to-peer support. Presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
- 85. **Bock BC**, Jennings E, Heron K, Magee J. (August, 2013). Making mHealth methods congruent with technology use: Recruitment in TXT-2-Quit. Presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
- 86. Rosen RK, Jennings E, Thind H, Gaskins R, Morrow KM, Williams D, **Bock BC**. (August, 2013) "Smoking does not go with yoga": Women's perception of yoga in smoking cessation treatment. Presented at the 121st annual convention of American Psychological Association, Honolulu, HI
- 87. \*Clarke JG, McGovern AR, **Bock BC**, Martin RA, Stein LA, Vandenberg JJ. (August, 2013). Changes in Depressive and Stress Symptoms after Release from Prison: Community is Not Always Better. Presented at the 121st annual convention of American Psychological Association, Honolulu, HI
- 88. Jaques, M., Brassard, S., Boudreaux, E., Jennings, E. & **Bock, BC**. (May, 2013) Causal attribution, perceived illness severity, and smoking stages of change in emergency department patients. Presented at the annual meeting of the Society for Academic Emergency Medicine, Atlanta, GA.
- 89. O'Hea EL, Abar B, **Bock BC**, Chapman G, Jaques M, Matson A, & Boudreaux E. (November, 2013). The Sentinel Event Model: Understanding the cognitive and affective precipitants of health behavior change. Presented at the annual conference for the Association of Behavioral and Cognitive Therapy.

- 90. **Bock BC &** Rosen R (December, 2013). Creating technology interventions that are useful and used. Paper presented in the panel Facilitating cross-talk: How to bridge the interdisciplinary divides in mHealth intervention development. mHealth Summit, Gaylord National Conference Center, MD.
- 91. \*Marcus BH, Dunsiger SI, Pekmezi DW, Larsen BA, **Bock BC**, Gans KM, Marquez B, Morrow K. Physical Activity Interventions for Latinas. Presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 92. Rosen RK, Thind H, Barnett N, Walaska K, Foster R, Traficante R, & **Bock BC** (2014, April). Texting for TMAP: A novel method to develop a mHealth alcohol intervention for community college students. Presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 93. \*Braciszewski JM, Moore RS, Tran TB, **Bock BC**, Tzilos GK, Chamberlain P. & Stout RL. (2014, May). *Participatory research methods for intervention development: Collaborations with youth in foster care*. Presented at the annual Society for Prevention Research Meeting, Washington, DC.
- 94. \*Braciszewski J, Tzilos G, **Bock BC**, Stout R & Childs A. (March, 2015). iHeLP: Preventing Substance Use Among Youth Exiting the Foster Care System. Presented at the biennial meeting of the Society for Research on Child Development.
- 95. Becker B, Jennings E, Martin R, Walaska K, Boudreaux E, & **Bock BC**. (March, 2015). Smoking Cessation Services In The Ed Department. Presented at the annual meeting of the Society for Academic Emergency Medicine, San Diego, CA.
- 96. \*Lantini R, Fava J, Thind H, Dunsiger S, Horowitz S, Jennings E, Becker B, Breault C, Rosen R, Gaskins R & **Bock, BC**. (2015, April). Butt Why? Cigarette Scavenging & Factors Associated with Smoking Previously Used Cigarettes. Presented at at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.
- 97. Horowitz S, Dunsiger S, Jennings E, Gaskins R, Thind H, Fava J, Lantini R, Breault C & **Bock BC**. (2015, April). Advertising effectiveness for recruitment & retention in a trial of yoga for smoking cessation. Presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.
- 98. Salmoirago-Blotcher E, Dunsiger S, **Bock BC.** (2016, March). Can Mindfulness Promote Behavioral Change? A secondary analysis from the Breatheasy study. Presented at at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 30-April 2, 2016, Washington DC.
- 99. Salmoirago-Blotcher E, Druker S, Meyer F, Frisard C, Crawford S, **Bock BC**, Smith Frank L, Olendzki B, Pbert L. (2016, March). School-based mindfulness training to promote healthy behaviors in adolescents: a pilot study. Presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 30-April 2, 2016, Washington DC.
- 100. Dunsiger S, **Bock BC** (March, 2016). Understanding E-cigarette usage among current smokers in complementary and alternative research. Presented at at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 30-April 2, 2016, Washington DC.

- 101. Jennings E, Dunsiger S, Crocker C, Horowitz S, Lantini R, Bock BC. (June, 2016) Changes in Physical Activity and Smoking Behaviors in a Randomized Controlled Trial. Presented at the 63rd annual meeting of the American College of Sports Medicine, Boston, MA.
- 102. Barnett N, **Bock BC**, Rosen R, Walaska K. (October, 2016). A Text Message Intervention for Alcohol Risk Reduction among Community College Students: Early Evidence of Feasibility, Acceptability, Efficacy, and Mechanisms. In E. R. Pedersen (Chair) Using Innovative Technology to Increase Access to Alcohol Interventions for At-Risk Groups. Symposium presented at the Addiction Health Services Research Conference, Seattle, WA.
- 103. Thind H, Scott-Sheldon LAJ, Lantini R, Balletto B, Donahue M, Feulner M, Salmoirago-Blotcher E, & Bock BC (March, 2017). The Effects of Yoga on Adults with Type II Diabetes: A Systematic Review. Presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2016, San Diego, CA.
- 104. Dunsiger S, **Bock BC**, Whiteley J, Ciccolo JT, Jennings E, Linke S, Rosen RK, Horowitz S, Lantini R & Marcus BH. (March 2017). *Exercise may enhance smoking cessation through improved sleep*. Presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2017, San Diego, CA.
- 105. Park, CL, Mudd LM, Hecht F & Bock, BC. (March, 2017). Mind-Body Research: A Panel Discussion of Scientific and Funding Trends, Priorities and Strategies. Symposium presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2017, San Diego, CA.
- 106. \*Dunsiger S, Pekmezi D, **Bock BC**, Larsen B, Hartman S, Linke S, Gans K, Mendoza-Vasconez A & Marcus BH. (March, 2017). *Psychosocial Mediators of Physical Activity Adoption in a RCT of an Internet-based Intervention for Latinas*. Presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2017, San Diego, CA.
- 107. Sillice, M, Velicer W, Morokof P, Ferszt F & **Bock BC**. (March, 2017). *An Assessment of Participants' Experiences with Two eHealth interventions*. Presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2017, San Diego, CA.
- 108. **Bock BC**, Lantini R, Thind H, Walaska K, Rosen R, Fava JL, & Scott-Sheldon L. (March, 2017). *Development of the Mobile Phone Affinity Scale: Assessing Person's Relationship to their Mobile Phone*. Presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2017, San Diego, CA.
- 109. Conboy L, Yeh G, Wayne P, Krol J, **Bock BC**, Salmoirago-Blotcher E. (April, 2017). *Tai Chi as an alternative exercise option for survivors of acute coronary events: qualitative findings*. Presented at the Society for Acupuncture Research, San Francisco (CA), April 2017.
- 110. Thind H, Fava JL, Guthrie K, Stroud L, Gopalakrishnan G, Horowitz S, Walaska K, Lantini R, Sillice M, Gidron N, **Bock BC.** (October 2017). *Yoga as a complementary therapy for patients with type 2 diabetes: An initial investigation*. Presented at the Symposium of Yoga Research (SYR) conference, Stockbridge, MA.

- 111. **Bock, BC** (November, 2017). Alcohol Risk Reduction Delivered Through Text Messaging to Community College Students. Talk delivered as part of a symposium: Litt DM & Cadigan JM: Developing, refining, and Implementing text-message interventions for at-risk populations. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- 112. Jennings E, Dunsiger, S, Rosen R, Lantini R, Horowitz S, & **Bock BC**. (February, 2018) *Patterns of Quitting Smoking and the Participant Experience in the Breatheay Trial: A Mixed Methods Analysis*. Presented at the 24<sup>th</sup> annual meeting of the Society For Research on Nicotine and Tobacco, Baltimore MD.
- 113. Rosen RK, Fava J, Jennings E, Dunsiger S, Lantini R, Horowitz S & **Bock BC**. (April, 2018). *A mixed methods approach to understanding group cohesion in the Breatheasy smoking cessation study*. Presented at the 39<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, April 11-14 2018, New Orleans, LA.
- 114. Salmoirago-Blotcher E, **Bock BC**, & Park C. (April, 2018). *Mind-body approaches to behavioral change do they work and how?* Presented at the 39<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, April 11-14 2018, New Orleans, LA.
- 115. \*Braciszewski J, Colby S, O'Neal A & **Bock BC**. (April, 2018). *Feasibility and acceptability of a technology-based intervention for foster youth cigarette use*. Presented at the 39<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, April 11-14 2018, New Orleans, LA.
- 116. Bock BC, Dunsiger SI, Rosen RK, Thind H, Jennings E, Fava JL, Becker BM, Carmody J & Marcus BH. (March 2019). *Iyengar Yoga as a Complementary Therapy for Smoking Cessation: Results from BreathEasy, a Randomized Clinical trial*. Presented at the 40<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.
- 117. \*Sillice M, Jennings E, Uebelacker LA, Abrantes AM, O'Keeffe B & **Bock BC**. (March 2019) *AA Women's Relationship with Their Mobile Phone, And What They Want in a mHealth PA Intervention*. Presented at the 40<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.
- 118. **Bock BC**, Dunsiger S, Ciccolo J, Serber E & Marcus BH. (March 2019). *Psychosocial Variables Mediate Efficacy of Exercise Video Games vs Standard Exercise: Results from Wii Heart Fitness*. Presented at the 40<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.
- 119. Boudreaux ED, O'Hea E, Wang B, Quinn E, Becker B, Baumann B & **Bock BC**. (November, 2019). *Cognitive and Affective Predictors of Time to Smoking Lapse After an Acute Health Event: An Application of the Sentinel Event Method*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta GA.
- 120. \*Braciszewski J, Colby SM, Franklin MJ, **Bock BC** & Vose-O'Neal A. (March, 2021). *Foster Youths' Reactions to a Technology-Based Smoking Cessation Intervention*. Presented at the Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans LA.

- 121. De La Rosa L, Kaur M, Baghinyan A, Rubado M, Bates K, Attia J, **Bock BC**, Ossip DJ & McIntosh S. (April, 2021). *Analysis of Vaping Cessation Resources: Web-Assisted Tobacco Interventions*. Presented at the Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans LA.
- 122. Salmoirago-Blotcher E, Walaska K, Trivedi D, Dunsiger S, Levine D, Breault C, Wu J, Bock BC, and Cohen R. (April, 2021). Exploring effects of mindfulness training on medication adherence in patients with heart failure: The Mind Your Heart Study. Presented at the Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine.
- 123. Kaplan DM, Palitsky R, Dunsiger SI, Wu WC, Parker AG, Troubh JK, Whitworth JW & **Bock, BC**. (April, 2021). *Examining predictors of heart rate patterns during exercise: A novel application of latent class modeling*. Presented at the Annual Meeting of the Society for Behavioral Medicine, Baltimore, MD.
- 124. Moskow DM, Hofmann SG, Koszycki D, **Bock BC**, Levy J and Vollbehr N. (October, 2021). *Mind-body Interventions for Emotional and Behavioral Disorders*. Symposia presented at the Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.
- 125. **Bock BC**, Thind H, Rosen RK, Dunsiger S. (October, 2021). *Applying yoga to smoking cessation interventions*. Presented at the annual meeting of Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.
- 126. \*Martin, R. A., Stein, L. A. R., Kang, A., Rohsenow, D. J., **Bock, BC.**, Martin, S. A., & Clarke, J. G. (April, 2022). *Circumstances around cigarette use after enforced abstinence from smoking in an American prison*. Presented at the 53<sup>rd</sup> annual meeting of the American Society of Addiction Medicine. Hollywood, Florida.
- 127. Unick, J & Bock BC (April, 2023). Randomized trial examining the effect of yoga on dietary lapses following behavioral weight loss treatment. Presented at the Annual Meeting of the Society for Behavioral Medicine, Phoenix, AZ.
- 128. \*Tarantino N, Norman B, Enimil A, Asibey SO, Martyn-Dickens C, Pulido J, O'Neill K, Guthrie KM, Kwara A, Brown L & **Bock BC**. (November, 2023). *Preliminary Evaluation of a Text-Based Adherence Game for Young People Living with HIV in Ghana*. Paper presented at the annual meeting of the American Public Health Association. Atlanta, GA.
- 129. Walsh M, Breault C, Dunsiger S, Vargas S, Nugent N & **Bock BC**. (June 2024). *COBRE center for Stress, Trauma and Resilience: Technology, Assessment, Data and Analysis (TADA) Core*. National Institute of General Medical Science. Washington DC.

### **International Presentations**

- 1. Becker B, **Bock BC**, Montiero R, Spencer J & Schmidt A. (May, 2000). *Emergency Department Physician Interventions with Respiratory Patients who Smoke*. Presented at the 8<sup>th</sup> International Conference on Emergency Medicine. Boston, MA.
- 2. \*Bock BC, Niaura R. & Neighbors C. (August, 2000). *The Acculturation Paradox: Effects of Ethnicity and Acculturation in Predictors of Smoking Cessation*. Presented at the 11<sup>th</sup> World Conference on Tobacco or Health. Chicago, IL.

- 3. **Bock BC**, Elser JE, Becker BM, Partridge RA. (June, 2002). *Smoking Cessation in the Chest Pain Observation Unit*. Presented at the 9<sup>th</sup> International Conference in Emergency Medicine. Edinburgh, Scotland.
- 4. Girard DD, Partridge RA, Becker BM, **Bock BC**. (June, 2002). *Alcohol and Tobacco Use in the Emergency Department: Assessment of Rates and Health Care Utilization*. Presented at: Emergency Medicine Between Continents. Reykjavik, Iceland.
- 5. Elser JE, Becker BM, **Bock BC** & Partridge RA. (June, 2002). *Patient Education in the Emergency Department: State Anxiety, Information Recall and the Teachable Moment*. Presented at the 9<sup>th</sup> International Conference in Emergency Medicine, Edinburgh, Scotland.
- 6. Girard DD, Partridge RA, Becker BM & **Bock BC**. (June, 2002). *Alcohol and Tobacco Use in the Elderly Emergency Department Patient: Assessment of Rates and Medical Care Utilization*. Paper presented at the International Society for Academic Emergency Medicine. Edinburgh, Scotland.
- 7. Esler JE, Becker BM, **Bock BC**, Partridge RA. (June, 2002). *Factors Affecting the Teachable Moment in the ED*. Presented at: Emergency Medicine Between Continents, Reykjavik, Iceland.
- 8. Elser JE, Becker BM, **Bock BC**, Partridge RA. (June, 2002). *Psychological Interventions in the Observation Unit for Patients with Non-Cardiac Chest Pain: Needed and Acceptable*. Presented at the conference on Emergency Medicine between Continents. Reykjavik, Iceland.
- 9. **Bock, BC** & Graham A. (October, 2006). *Predictors of dropout and correlates of cessation among individuals using and internet smoking cessation program*. Paper presented at MedNet 2006, the 11<sup>th</sup> annual meeting of the International Society for Internet in Medicine. Toronto, Canada.
- 10. Becker BM, **Bock BC**. & Partridge RS. (June, 2006). *Smoking in the ED: Characteristics of Individuals Presenting with Acute Respiratory Symptoms*. Presented at the International Conference in Emergency Medicine. Halifax, NS.
- 11. **Bock BC**, Christian JG, Bessesen DH, Christian KK, Byers TE. & Goldstein MG. (June, 2007). *Brief Physician Counseling with Tailored Computer Support to Help Overweight Patients with Type-2 Diabetes Increase Physical Activity and Lose Weight*. Presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity. Oslo, Norway.
- 12. **Bock BC.** (August, 2007). *Web-Assisted Tobacco Interventions in 2007: Better but still not great*. Presented at the 8<sup>th</sup> annual meeting Human Services Information Technology Applications meeting. Toronto, Canada.
- 13. **Bock BC.** (October, 2007). *Predictors of change in smoking following emergency hospitalization for chest pain.* Presented at the 9<sup>th</sup> annual meeting of the European Society for Research on Nicotine and Tobacco. Madrid, Spain.
- 14. **Bock BC**, Christian J, Hudmon K & Bock FR. (September, 2008). *A Technology assisted tailored intervention for pharmacy-based smoking cessation*. Paper presented at the annual meeting of the European Society for Research on Nicotine and Tobacco. Rome, Italy.

- 15. Tremont G, Davis J, Becker B. & **Bock, BC**. (March, 2009). *Effects of yoga on cognitive functioning in older adults with memory complaints*. Paper presented at the annual meeting of the International Neuropsychological Society, Atlanta, GA.
- 16. Shaikh AR, **Bock BC**, Pilsner A & Hesse B. (April, 2009). *Health information technology: Enabling the future of behavioral informatics*. Symposium presented at the Society of Behavioral Medicine Annual Meeting and Scientific Sessions. Montreal, Canada.
- 17. Shaikh AR, **Bock BC**, Pilsner A & Hesse, B. (April, 2009). *Transforming science: Cyber infrastructure in cancer prevention and control*. Symposium presented at the annual meeting of the Society for Behavioral Medicine, Montreal, Canada.
- 18. \*Pekmezi DW, Neighbors CJ, Lee CS, Gans KM, **Bock BC**, Morrow KM, Marquez B, Dunsiger S.& Marcus BH. (April, 2009). *Seamos Activas: A Culturally and Linguistically Adapted Physical Activity Intervention For Latinas*. <u>Annals of Behavioral Medicine</u>, 37(Suppl.), S34. Paper presented at the Society of Behavioral Medicine's 30th annual meeting, Montreal, Canada.
- 19. **Bock BC**, Graham A, Christian J, Hudmon K & Bock F. (March, 2009). *Pharmacist Advice for Smoking Cessation: Does Pharmacist Gender Matter?* Paper presented at the annual meeting of the Society for Nicotine & Tobacco Research, Dublin Ireland.
- 20. **Bock BC**, Morrow KM, Deutsch C. & Foster, R. (August, 2010). *Texting for Smoking Cessation: Identifying Needs of Potential Users*. Presented at the International Congress of Behavioral Medicine, Washington, DC.
- 21. Magee, J. C., Traficante, R., Barnett, N. P., & **Bock, B**. (November, 2011). *Technology use as a risk factor for substance use among community college students*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 22. **Bock, BC**, Christian JM, Christian K, (April, 2012). *Tailored Computer Support for Physicians with Patients at risk for Diabetes*. Presented at the International Forum on Quality and Safety in Healthcare, Paris, France.
- 23. **Bock**, **BC**, Jennings E, Magee JC, Deutsch C & Foster, R. (2012, August). *Smoking Intervention using Text Messaging and Social Networking: The TXT-2-Quit pilot study*. Presented at the International Congress of Behavioral Medicine, Budapest, Hungary.
- 24. Gaskins RB, Jennings E, Hartman S, Thind H, Fava JL, **Bock BC**. (June, 2013). *Baseline differences in women versus men initiating yoga programs to aid smoking cessation: Quitting in Balance versus QuitStrong*. Presented at the joint annual meeting of the International Society for Yoga Research and Society of Yoga Therapy conference, Boston, MA. June, 2013.
- 25. Rosen RK, Thind H, Gaskins R, Jennings E, Morrow K, Williams D, **Bock BC**. (June, 2013). *Women's experiences of their body, breathing and exercise during yoga for smoking cessation treatment*. Presented at the joint annual meeting of the International Society for Yoga Research and Society of Yoga Therapy conference, Boston, MA. June, 2013.
- 26. Thind H, Fava J, Jennings E, Dunsiger S, Rosen RK, Horowitz S, Lantini R, Breault C, Becker B, **Bock BC**. (September, 2015). *Development and validation of an instrument to assess outcome expectations for yoga*. Abstract selected for presentation at the International Symposium of Yoga Research. Amherst, MA.

- 27. **Bock BC**, Thind H, Fava J, Walaska K, Barnett N, Rosen R, Traficante R & Lantini R. (January, 2016). *Development of a Mobile Phone Attachment Scale*. Paper presented at the 49<sup>th</sup> annual meeting of the Hawaii International Systems Science conference, Poipu HI. January, 2016.
- 28. **Bock BC**, Jennings E, Dunsiger S, Rosen R. & Salmoirago-Blotcher E. (September, 2016). *Yoga as a Complementary Therapy for Smoking Cessation*. Presented at the International meeting of the Society for Yoga Research conference. Amherst, MA.
- 29. Rosen RK, Jennings E, Lantini R, Thind H, Horowitz S, Dunsiger S, Sillice M & **Bock BC**. *Qualitative Reflections on Yoga as a Complementary Therapy for Smoking Cessation*. Presented at the Symposium for Yoga Research. Stockbridge, MA. Sept. 2016.
- 30. Bock BC and Rosen RK. (January, 2018). *Advances in Social Media and Healthcare Technology*. Presented at the 50<sup>th</sup> annual Hawaii International Systems Science meeting, Kailua-Kona, HI.
- 31. **Bock BC**, Jennings E, Dunsiger S, Rosen R & Marcus BH. (March, 2017). *Yoga as a Complementary Therapy for Smoking Cessation*. Paper presented at the 23<sup>rd</sup> annual meeting of the Society for Research on Nicotine and Tobacco. March 8-11 2017, Florence, Italy.
- 32. \*Sillice MA, Lantini R, Dunsiger S, Horowitz S, Breault C, Rosen RK, Jennings E, Marcus BH, & **Bock BC** (March 2017). *Exploring Cigarette Scavenging Behaviors in a General Population of Adult Smokers*. Paper presented at the 23<sup>rd</sup> annual meeting of the Society for Research on Nicotine and Tobacco. March 8-11 2017, Florence, Italy.
- 33. Marcus B., Dunsiger S., Linke S, Ciccolo J, **Bock BC**, Jennings E. (March, 2017). *Exercise dose and self-efficacy for smoking cessation: A win-win*. Presented at the 23<sup>rd</sup> annual Meeting of the Society for Research on Nicotine and Tobacco, March 8-11 2017, Florence, Italy.
- 34. **Bock BC**, Dunsiger S, Marcus BH, Ciccolo J, Serber E. & Walaska K. (June, 2017). *Exercise Videogames Produce Increased Time Spent In Physical Activity Compared to Standard Exercise*. Presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, June 2017, Victoria BC, Canada.
- 35. Rosen RK, Jennings E, Dunsiger S, Lantini R, Thind H, Silice M, Gidron N, Horowitz S, Becker B, & **Bock BC**. (October, 2017). *Qualitative responses to yoga as a complementary therapy for smoking cessation: The Breatheasy study*. Society for Yoga Research: Symposium of Yoga Research conference, Stockbridge, MA.
- 36. Bock BC and Rosen RK. (January, 2018). *Social Media and Healthcare Technology*. Presented at the 51<sup>st</sup> annual Hawaii International Conference on Systems Science meeting, Kailua-Kona, HI.
- 37. Bock BC and Rosen RK. (January, 2019). *Social Media and Healthcare Technology*. Presented at the 52<sup>nd</sup> annual Hawaii International Conference on Systems Science meeting, Maui HI.
- 38. Bock BC and Rosen RK. (January, 2020). *Social Media and Healthcare Technology*. Presented at the 53<sup>rd</sup> Hawaii International Conference on Systems Science meeting, Maui, HI.

- 39. Bock BC and Rosen RK. (January, 2021). *Social Media and Healthcare Technology*. Presented at the 54<sup>th</sup> Hawaii International Conference on Systems Science meeting, Conducted remotely due to Covid 19 restrictions.
- 40. Bock BC, Rosen RK & Fraser H. (January, 2022). *Social Media and Healthcare Technology*. Presented at the 55<sup>th</sup> Hawaii International Conference on Systems Science meeting, conducted remotely due to Covid-19 restrictions.
- 41. Bock BC, & Bracizewski J. (January, 2023). *Social Media and Healthcare Technology*. Presented at the 56<sup>th</sup> Hawaii International Conference on Systems Science meeting, Maui HI.
- 42. Bock BC &, Bracizewski J. (January, 2024). *Social Media and Healthcare Technology*. Presented at the 57<sup>th</sup> Hawaii International Conference on Systems Science meeting, Honolulu, HI.
- 43. Bock BC, Bracizewski J, & Argyris, A. (January, 2025). *Social Media and Healthcare Technology*. Presented at the 58<sup>th</sup> Hawaii International Conference on Systems Science meeting, Honolulu, HI.
- 44. Argyris, A, Bracizewski J. & Bock BC. (January, 2025). *HPV Vaccine Hesitancy in Rural America and Exploring Artificial- Intelligence Interventions*. Presented at the 58<sup>th</sup> Hawaii International Conference on Systems Science meeting, Honolulu, HI.

### **INVITED PRESENTATIONS**

# Regional Invited Presentations

- 1. **Bock BC.** (September, 1999). *Motivating Women to Exercise*. Presented at Cross-Training in Women's Wellness conference sponsored by Women & Infants Hospital. September, 1994. Newport, RI.
- 2. **Bock BC.** (October, 1994). *Helping Women to Change: Applications of the Transtheoretical Model.* Key Note Address: Cross-Training in Women's Wellness conference sponsored by the Women and Infants Hospital. Providence, RI.
- 3. Marcus BH. & **Bock BC.** (June, 1995). *Design and Application of an Expert System to Enhance Exercise Adoption.* American Heart Association meeting. Providence, RI.
- 4. **Bock BC.** (March, 1996). *Applying Motivational Models to Cardiac Rehabilitation*. Presented at the annual meeting of the Connecticut Society for Cardiac Rehabilitation.
- 5. **Bock BC.** (May, 1997). *Motivational Models of Readiness and their Application to Exercise Adherence*. Conference on Physical Activity and Health, CDC/Missouri Department of Health. Columbia, MO.
- 6. **Bock BC**. (September, 1998). *The Challenge of Behavior Change*. Presented at the American Heart Association Risk Reduction Training Course "Cardiovascular Risk Reduction: Implementation in the Practice Setting". Sturbridge, MA.
- 7. **Bock BC**. (November, 1998). *Motivational Models of Behavior Change*. Presented at Fairview Hospital Centers. Minneapolis, MN.

- 8. **Bock BC**. (March, 1999). Keynote Address: *Innovative Strategies for Successful behavior change in the 21<sup>st</sup> Century*. Wisconsin Society of Cardiovascular and Pulmonary Rehabilitation. Plover, WI.
- 9. **Bock BC**. (October, 1999). *Behavior change strategies for medical professionals*. Presented at Tufts University, Human Nutrition Research Center on Aging.
- 10. **Bock BC**. (October, 2012). *Developing a text message intervention for smoking cessation*. Presented at Northeastern University Seminar Series in Personal Health Informatics.
- 11. **Bock, BC** (April, 2013). *Using mobile technologies to deliver health messages. Lecture for Health Communications*. School of Public Health, Brown University.
- 12. **Bock**, **BC** (March, 2014). A Text message program for alcohol risk reduction. Grand rounds, Center for Alcohol and Addiction Studies. Brown University.
- 13. **Bock, BC** (December 2019). *Developing mobile interventions to promote health behavior change: Examples in alcohol and smoking*. Grand Rounds presentation delivered 12/4/19, Alpert Medical School Brown University.

### **National Invited Presentations**

- 14. **Bock BC.** (October, 1995). *Applying the Stages of Change Model to the Clinical Setting*. Tenth annual meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation. Minneapolis, MN.
- 15. **Bock BC.** (September, 1996). *Motivation to change health behaviors: Lessons learned in cardiac rehabilitation*. Invited Symposium presentation at the eleventh annual meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation. Baltimore, MD.
- 16. **Bock BC**. (October, 1998). *Hospital Based Smoking Cessation*. Presented at the annual meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation. Denver, CO.
- 17. **Bock BC**. (October, 1998). *Smoking Cessation: Adherence and Relapse*. Presented at the annual meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation. Denver, CO.
- 18. Marcus BH, **Bock BC**, Forsyth LA. & Bock FR. (June, 1999). *Demonstration of an Expert System for Exercise Adoption: Jumpstart*. Invited presentation for the annual meeting of the American College of Sports Medicine. Seattle, WA.
- 19. **Bock BC**. (May, 2000). *Smoking cessation interventions in the emergency department chest pain observation unit.* Invited presentation at the annual Research Symposium of the American Heart Association. Dallas, TX.
- 20. **Bock BC**. (November, 2001). *Computer Expert Systems and Smoking Cessation*. Invited presentation for the annual meeting of the American Public Health Association. Atlanta, GA.
- 21. **Bock BC**. (September, 2002). *Exper\_Quit: A computer based smoking cessation system support system*. Invited presentation for the annual meeting of the National Cancer Institute: SBIR Showcase. Washington, DC.

- 22. **Bock BC**. (September, 2003). *Computer Support for Pharmacy Based Smoking Cessation*. Invited presentation for the e-Health Developer's Workshop. San Diego, CA.
- 23. **Bock BC.** (May, 2006). Assessing the Usability of Health Behavior Modification Websites. Invited workshop for the third annual meeting of the Institute for Healthcare Advancement's Health Literacy Conference, Irvine, CA.
- 24. **Bock BC**, Zabinski MF, Patrick K, Leffingwell T. & Rosenthal MZ. (March, 2007). *Advances in Behavioral Informatics: Using Cell Phone Technologies to Promote Health Behavior Change*. Invited symposium for the 28<sup>th</sup> annual meeting of the Society for Behavioral Medicine, Washington, DC.
- 25. **Bock, BC.** (February, 2007). *Web Assisted Tobacco Interventions*. Invited presentation for the annual meeting of the Society for Research on Nicotine and Tobacco. Austin, TX.
- 26. Marcus BH & **Bock BC**. (August, 2008). *Physical Activity Interventions: The Role of Tailoring*. Invited presentation for the University of Michigan School of Public Health, Ann Arbor, MI.
- 27. **Bock, BC**. (April, 2014). *Novel Tobacco Products: From e-Cigarettes to Hookahs*. Invited talk presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA
- 28. **Bock, BC**. (June 2015). *Applying yoga to smoking cessation interventions*. Invited talk given at the 77<sup>th</sup> annual meeting of the College on Problems in Drug Dependence, Phoenix, AZ.
- 29. Park C, Mudd LM, Hecht F, & **Bock BC**. (March, 2017). *Mind-Body Research: A Panel Discussion of Scientific and Funding Trends, Priorities and Strategies*. Presented at the 38<sup>th</sup> annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 April 1 2017, San Diego, CA.

#### <u>International Invited Presentations</u>

- 30. **Bock BC.** (March, 2000). *Smoking Cessation: Hospital Based Interventions*. Presented at the 8<sup>th</sup> annual meeting of the Sociedad Medica, Medica Sur. Acapulco, Mexico.
- 31. **Bock BC.** (March, 2000). *Applying exercise science and new information technologies to promote physical activity.* International Health, Racquet & Sports Association, annual meeting. San Francisco, CA.
- 32. **Bock BC**. (January, 2005). *Testing the Usability of Smoking Cessation Interventions on the Internet: How do we make usability testing more usable?* Invited presentation for the meeting of the Web Assisted Tobacco Interventions conference (WATI). Toronto, Canada.
- 33. **Bock BC**. (October, 2006). *The Content, Quality and Usability of Smoking Cessation Treatments on the Internet*. MedNet 2006, the 11<sup>th</sup> Annual meeting of the Society for Internet in Medicine. Toronto, Canada.
- 34. **Bock BC**. (October, 2006). *World Wide WATI: Where we are, where we're going and some changes along the way*. Invited symposium for the Third annual meeting of the Web Assisted Tobacco Interventions (WATI) consortium in conjunction with the International Society for the Internet in Medicine. Toronto, Canada.

- 35. **Bock BC.** (August, 2007). New Developments in Web Assisted Tobacco Interventions. Presented at the 8<sup>th</sup> annual meeting of the Society for Human Service Information Technology Applications. Toronto, Canada.
- 36. **Bock BC.** (June, 2013). Yoga as a Complementary Therapy for Smoking Cessation. Invited talk presented at the joint annual meeting of the International Society for Yoga Research and Society of Yoga Therapy conference, Boston, MA.
- 37. **Bock BC &** Rosen R (January, 2016). *Building an evidence base using qualitative data for mhealth development*. Presented at the 47<sup>th</sup> Annual Hawaii International Conference on System Sciences, January 6-9, 2017.
- 38. **Bock BC.** (June, 2022). Yoga as a complementary therapy for smoking cessation. Invited talk "*Applying yoga to smoking cessation interventions*." Presented at the annual meeting of the College on Problems of Drug Dependence and The International Narcotics Research Conference, June 13-18, 2022.
- 39. **Bock, BC** (September 2023). Keynote presentation delivered at the International Symposium on Yoga Research. Title: *Yoga and Changing Health Behaviors*. Lenox, MA.

#### **CURRENT GRANTS**

- 1. \*Co-Investigator. (B. Marcus, PI). 2024-2029. Improving Physical Activity Participation in Latinas with Mindfulness. National Institutes of Health: National Heart, Lung and Blood Institute. 1R01 HL171195. \$3,610,950.
- Co-Investigator. (Unick, PI) 7/2023-5/2028. A Remote-Based Yoga Intervention for Improving Long-term Weight Loss. National Institutes of Health: National Center for Complementary and Integrative Health. R01AT011868-01A1 \$3,002,739.
- 3. Co-Investigator (Stroud, PI), Bock PI of the Technology, Analysis, Data and Analysis Core (L. Stroud, PI). 2021-2026. COBRE for Stress, Trauma & Resilience. National Institutes of Health NIGMS. P20GM139767. \$11,098,971
- 4. Principal Investigator. 2021-2025. Establishing Multi-Site Feasibility and Fidelity of Yoga to Improve Management of Type-2 Diabetes. National Institutes of Health: National Center for Complementary and Integrative Health. R01 AT011184 \$2,106,088.

### PENDING GRANTS

Principal Investigator. 2026-2029. Leveraging gamification and social media to improve physical activity sustainability in adults at risk for colon cancer. National Institutes of Health: National Cancer Institute. R34CA290126. Submitted to NIH March 2024. \$600,000.

Principal Investigator. 2025-2027. Repetitive Negative Thinking: A barrier to physical activity engagement among patients at-risk for Breast Cancer Related Lymphedema. National Institutes of Health: National Cancer Institute. Submitted June 2024. \$250,000.

## **COMPLETED GRANTS**

- 5. Principal Investigator. 1992. Exercise and Eating Disturbance in College Students. Sigma Xi Grant-in-Aid for Graduate Research. \$500.
- 6. Co-Investigator (K. Stoney, Principal Investigator). 1994-1995. Physiological Reactivity and Exposure to Stress. Brown University Research Support Grant. \$14,400.
- 7. Principal Investigator (MPI with B. Marcus). 1994-1996. Development and Evaluation of an Exercise Expert System for Cardiovascular Risk Reduction. American Heart Association. \$57,982.
- 8. \*Co-Investigator (B. Marcus, PI). 1994-1996. Smoking Cessation, Weight Gain, and Exercise in Underserved Women. National Institutes of Health: Office of Research on Women's Health. \$99,287. 1R29CA059660
- 9. \*Co-Investigator (R. Niaura, PI). 1996-1999. Motivation and Nicotine Patch Treatment for Under-served Smokers. National Institutes of Health: National Cancer Institute & National Institute for Drug Abuse. \$1,200,000. R01DA010860
- 10. Principal Investigator. 1998-1999. Smoking Cessation in the Chest Pain Observation Unit. Department of Psychiatry Research Support Grant, Brown University School of Medicine. \$12,500.
- 11. Co-Investigator. (M. Goldstein, PI). 1998-2003. Immunizing Against Pediatric Tobacco Use in Health Care. National Institutes of Health: National Cancer Institute. \$1,799,600. 5P01CA050087
- 12. Co- Investigator. (B. Marcus, PI) 1998-2002. Moderate Exercise to Aid Smoking Cessation in Women. National Institutes of Health: National Cancer Institute. \$1,057,556. 1R01CA077249
- 13. Principal Investigator. 1999-2002. Smoking Cessation in the Emergency Department. American Heart Association, 500,000.
- 14. Consultant. (F. Bock, PI). 1999-2002. Computerized Smoking Cessation Support. National Institutes of Health: National Cancer Institute. 5-R44 CA74624. \$354,293.
- Co-Investigator. (D. Abrams, PI). 1999-2003. Nicotine Dependence: Risk and Recovery Over Generations. Project 2 - Adolescent Progression of Nicotine Dependence. National Institutes of Health: National Cancer Institute & National Institute of Drug Abuse P01 CA98029 \$1,495,455
- 16. Principal Investigator. 1999-2003. Smoking Cessation Interventions in the Chest Pain Observation Unit. National Institutes of Health: National Heart, Lung and Blood Institute. R01HL-60986 \$1,377,260.
- 17. Principal Investigator. 2000-2004. Smoking Cessation in Emergency Respiratory Patients. National Institutes of Health: National Heart, Lung and Blood Institute. R01-CA65595 \$2,033,656.
- 18. Co-Investigator: (B. Marcus, PI). 2000-2004. Exercise Instructions via Phone or Print. National Institutes of Health: National Heart, Lung and Blood Institute. R01 HL64342 \$1,600,577.

- 19. Principal Investigator (subcontract: B. Becker PI). 2000-2002. Smoking Cessation for Mothers and Other Household Members of Babies Being Treated in a Special Care Nursery. Robert Wood Johnson Foundation. \$529,651.
- 20. Co-Investigator: (P. Block, PI). 2001-2003. Shake it Up for Alcohol and Substance Use Reduction. National Institute on Disability and Rehabilitation Research. \$257,000
- 21. Co-Investigator: (J. Christian, PI). 2002-2004. Computer Assisted Support for Diabetics. National Institutes of Health: National Institute of Diabetes and Digestive and Kidney Disease SBIR award (1 R43 DK066711-01) to PHCC, Ltd. Pueblo, Colorado.
- Co-Investigator: (F. Bock, PI). 2002-2003. Effectiveness of Pharmacist Support for Smoking Cessation. National Institutes of Health: National Cancer Institute SBIR award (1 R43 CA99881-01) to BTTF, Inc. Attleboro, Massachusetts. \$150,000
- 23. \*Co-Investigator (J. Christian, PI). 2003-2005. Computer Assisted Support for Under-Served Diabetics. National Institutes of Health: National Institute of Diabetes, Digestive, and Kidney Diseases 1 R43 DK60272 \$99,978.
- 24. Co-Investigator. (B. Marcus, PI). 2003-2006. Interactive Technologies to Increase Exercise Behavior. National Institutes of Health: National Heart Lung and Blood Institute. 1 R01 HL69866-01A1 \$1,678,030.
- 25. Consultant. (C. Cartter, PI). 2003-2004. Integrated Web and Phone Smoking Cessation Counseling. National Institutes of Health: National Cancer Institute SBIR award (1 R43 CA099211-01) to Quitnet.com, Boston, Massachusetts.
- 26. Consultant. (C. Cartter, PI). 2003-2004. Web-based Smoking Cessation Medication Compliance System. National Institutes of Health: National Cancer Institute (1 R43 CA097903-01) to Quitnet.com, Boston, Massachusetts.
- 27. Principal Investigator (subcontract. R. Rende, PI). 2003-2008. Sibling influence on smoking in everyday settings. National Institutes of Health: National Institute on Drug Abuse. 5R01 DA016795. \$80,606.
- 28. Principal Investigator. 2004-2008. Tailored Exercise Support for Cardiac Patients. National Institutes of Health: National Heart Lung and Blood Institute. 1 R01 HL075561-01 \$1,456,135
- 29. Principal-Investigator (subcontract. A. Graham, PI). 2004-2008. Internet and Telephone Treatment for Smoking Cessation. National Institutes of Health: National Cancer Institute. 1 R01 CA104836-01A1 \$2,253,106
- 30. \*Co-Investigator (B. Borrelli, PI). 2004-2006. Motivating Latino Patients of Kids with Asthma to Quit Smoking. Robert Wood Johnson Foundation. \$249,999.
- 31. Co-Investigator (B. Marcus, PI). 2006-2010. Stride-II. Exercise Instructions via Phone or Print. National Institutes of Health: National Heart, Lung and Blood Institute. 2 R01 HL064342-05 \$1,802,580
- 32. Principal Investigator (MPI with C. Carter, PI). 2005-2007. Web-based Smoking Cessation Medication Compliance System. National Institutes of Health: National Institute on Drug Abuse. 1 R44 DA097903. \$93,908.

- 33. Co-Investigator (B. Borrelli, PI). 2005-2010. Sustaining Cessation in Smokers with Kids with Asthma. National Institutes of Health: National Institute on Nursing Research. R01 HL062165. \$3,034,017.
- 34. Co-Investigator. (E. Boudreaux, PI). 2006-2008. The Dynamic and Assessment Referral System for Substance Abuse (DARSSA). National Institutes of Health: National Institute on Drug Abuse 1 R41 DA021455-01 \$145,852.
- 35. Co-Investigator (G. Tremont, PI). 2006-2009. Yoga Intervention for Older Adults with Mild Cognitive Impairment. American Diabetes Association. \$45,045.
- 36. Co-Investigator (F. Bock, PI). 2006-2008. Computer Support for Pharmacy-Based Smoking Cessation. National Institutes of Health: National Institute on Drug Abuse. R44 DA022167 \$768,586.
- 37. Co-Investigator (B. Marcus, PI). 2006-2010. Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women. National Institutes of Health: National Institute on Drug Abuse. R01 DA021729-01. \$2,413,159.
- 38. \*Principal Investigator (subcontract, B. Marcus, PI). 2006-2008. *Seamos Activas*: A Culturally Tailored Intervention for Physical Activity. National Institutes of Health: National Institute on Nursing Research. R21 NR009864. \$311,575.
- 39. Co-Investigator (Chasen-Taber, PI). 2007-2011. A lifestyle intervention to prevent recurrent gestational diabetes mellitus. National Institutes of Health: National Institute of Diabetes and Digestive and Kidney Disease. R01 DK074876 \$1,211,909.
- 40. Principal Investigator 2007-2009. Yoga for Women Attempting Smoking Cessation: An initial investigation. National Institutes of Health: National Center for Complementary and Alternative Medicine. R21 AT003669-01. \$555,414.
- 41. Principal Investigator (subcontract, E. Boudreaux, PI). 2008-2013. The Sentinel Events Model: A Dynamic Model of Substance Use Cessation National Institutes of Health: National Institute on Drug Abuse. 1 R01 DA023170 \$2,170,335.
- 42. \*Co-Investigator (B. Borrelli, PI). 2009-2014. Motivating Smokers with Mobility Impairments to Quit Smoking. National Institutes of Health: National Cancer Institute. R01 CA137616. \$4,395,766.
- 43. \*Principal Investigator (MPI with J. Clarke). 2009-2011. Sustaining Tobacco Abstinence Post-Release in Smoke-Free Jails. National Institutes of Health: National Institute on Drug Abuse. R01 DA024093. \$2,772,878.
- 44. \*Principal Investigator (subcontract, B. Marcus, PI). 2009-2014. Culturally and Linguistically Adapted Physical Activity Intervention for Latinas. National Institutes of Health: National Institute on Nursing Research. R01 NR011295. \$3,325,526.
- 45. Principal Investigator 2009-2011. Examining A Text Messaging Intervention for Smoking Cessation. National Institutes of Health: National Institute on Drug Abuse. R21 DA027142-01. \$574,356.
- 46. Principal Investigator 2009-2010. Competitive Revision. Yoga for Women Attempting Smoking Cessation: An initial investigation. National Institutes of Health: National Center for Complementary and Alternative Medicine 3 R21 AT003669-02S1. \$225,000.

- 47. Co-Investigator (E. Serber, PI). 2010-2011. Wii Heart Fitness: Study One. Grant # 20092948. Rhode Island Foundation. \$14,599.
- 48. \*Co-Investigator (R. Cohen, PI). 2010-2012. Improving Adherence and Cognition in Substance-Using HIV Patients. National Institutes of Health: National Institute on Drug Abuse. 1 R34 DA031057 \$323,852.
- 49. \*Co-Investigator (B. Marcus, PI). 2011-2015. Promoting Physical Activity in Latinas via Interactive Web-based Technology. National Institutes of Health, National Cancer Institute. 1 R01 CA159954. \$2,272,598.
- 50. Principal Investigator 2011-2016. System-based Tracking and Treatment for Emergency Patients who Smoke: STTEPS. National Institutes of Health: National Cancer Institute. 1 R01CA156699 \$2,610,178.
- 51. Principal-Investigator (MPI with J. Clark, PI). 2012-2014. Methods of Understanding Sentinel Events. National Institutes of Health: National Cancer Institute. 1 R21 DA032739. \$275,000.
- 52. Principal Investigator 2012-2014. Text Messaging as a Novel Alcohol Intervention for Community College Students. National Institutes of Health: National Institute on Alcohol Abuse and Alcoholism 1 R21 AA021014. \$389,045.
- 53. Consultant. (L. Pbert, PI). 2013-2015. Mindfulness Training to Promote Healthy Diet and Physical Activity in Teens. National Institutes of Health: National Heart, Lung and Blood Institute. 1 R21 HL119665. \$239,190.
- 54. Co-Investigator. (E. Salmoirago-Blotcher, PI). 2013-2016. Development of a Tai Chi program to overcome barriers to cardiac rehabilitation. National Institutes of Health: National Center for Complementary and Alternative Medicine. R34 AT007569. \$296,258.
- 55. Consultant (M. Mahabee-Gittens, PI). 2014-2016. Pediatric Emergency Department Decision Support System to Reduce Secondhand Smoke. National Institutes of Health: National Cancer Institute. R21 CA184337-01A1.
- 56. \*Co-Investigator (B. Marcus, PI). 2011-2016 Seamos Saludables: Culturally and Linguistically Adapted Physical Activity Intervention for Latinas. National Institutes of Health: National Institute of Nursing Research. 2 R01 NR011295-05. \$2,134,821
- 57. Co-Investigator (A. Busch, PI). 2016-2017. Integrated Smoking Cessation and Mood Management for ACS Patients. National Institutes of Health: National Heart, Lung and Blood Institute. 1R56-HL131711 \$499,997.
- 58. Principal Investigator. 2011-2017. Efficacy of Exercise Videogames for Physical Activity Adoption and Maintenance. National Institutes of Health: National Heart, Lung and Blood Institute. 1 R01 HL109116 \$2,593,209.
- 59. Principal Investigator. 2015-2017. Yoga as a Complementary Therapy for Type 2 Diabetes: An Initial Investigation. National Institutes of Health: National Center for Complementary and Integrative Health (NCCIH). R21-AT008830. \$415,184.
- 60. Principal Investigator 2012-2018. Efficacy of Yoga as a Complementary Therapy for Smoking Cessation. National Institutes of Health: National Center for Complementary and Alternative Medicine. 1 R01 AT006948. \$2,965,826.

- 61. Co-Investigator (J. Ciccolo, PI). 2013-2018. Efficacy of Resistance Training as an Aid to Smoking Cessation. National Institutes of Health: National Heart, Lung and Blood Institute. R01 HL117345. \$1,963,615.
- 62. Co-Investigator (C Deutsch, PI). 2016-2018. I Live Inspired: Individually Tailored and Integrated Social Support Network for Tobacco Cessation. National Institutes of Health: National Institutes on Drug Abuse (NIDA). R44-DA041904. \$1,262,192.
- 63. \*Consultant (J. Braciszewski, PI). 2016-2018. Promoting Smoking Cessation Among Youth Exiting Foster Care. National Institutes of Health: National Cancer Institute. 1 R21 CA205190. \$416,032.
- 64. Co-Investigator (R. Foster & E. Jennings, MPIs). 2018-2020. R42 DA046268. Mobile Support to Improve Recovery and Treatment Court Outcomes. National Institutes of Health: National Institute for Drug Abuse. \$197,527.
- 65. Co-Investigator (D. Williams, PI). 2018-2020. Physical Activity Promotion Based on Positive Psychology: Development and Piloting of a Novel Intervention Approach. National Institutes of Health: National Cancer Institute. CA R21224609 \$436,868
- 66. Consultant. (G. Dominick, PI). 2018-2020. Integrating Mobile and Wearable Technology to Promote Physical Activity and Sleep among Midlife Adults: The Be SMART for Heart Health Trial. National Institutes of Health: National Institute on Aging. R21 AG056765 \$437,388
- 67. Co-Investigator (B. Borrelli, PI). 9/1/2016-8/30/2020. Integrating Interactive Parent Text Messaging and Oral Health Guidelines into Pediatric Community Health Centers to Reduce Early Childhood Caries. National Institutes of Health: National Institute of Dental and Craniofacial Research. 1UH2DE025492. \$624,944.
- 68. Co-Investigator (J. Unick, PI). 9/1/2018-8/30/2020. Examination of the feasibility and preliminary efficacy of yoga as an intervention approach to improving long-term weight loss. National Institute for Diabetes, Digestive and Kidney Disease. R03 DK115978. \$50,000.
- 69. \*Co-Investigator (B. Marcus, PI). 2017-2021 Seamos Saludables: Culturally and Linguistically Adapted Physical Activity Intervention for Latinas. National Institutes of Health: National Institute of Nursing Research. 5 R01 NR011295-05. \$2,75,840
- 70. Co-Investigator (C. Kahler, PI). 7/1/16-6/30/21. Positive Psychotherapy for Smoking Cessation Enhanced with Text Messaging: A randomized controlled trial. National Institutes of Health: National Cancer Institute. 1 R01 CA 201262-01 \$3,433,895.
- 71. \*Principal Investigator. 2018-2021. C.A.R.E.S: A Mobile Health Program for Alcohol Risk Reduction for an Underserved College Population. National Institutes of Health: National Institute for Alcohol Abuse and Alcoholism. R44 AA026788 \$1,126,550.
- 72. Principal Investigator (with S. Dunsiger MPI). 2018-2020. Exploring Second-to-Second Exercise Intensity and Disease Risk Outcomes. Advance-Clinical Translational Research grant, Brown University. \$73,000.

- 73. Co-Investigator (Salmoirago-Blotcher, PI). 2018-2020. Exploring the role of mindfulness training in the promotion of medication adherence in heart failure outpatients. National Institutes of Health: National Institute of Nursing Research. R21 NR017403 \$232,692
- 74. Co-Investigator (A. Busch, PI). 2018-2023 Secondary Prevention Following Acute Coronary Syndrome Using Integrated Smoking Cessation and Mood Management. National Institutes of Health: National Heart, Lung and Blood Institute. 5R01HL136327 \$1,826,050
- 75. \*Co-Investigator. (B. Marcus, PI). 2017-2024(NCE). Promoting Physical Activity in Latinas via Interactive Web-Based Technology. National Institutes of Health: National Heart, Lung and Blood Institute. 2R01 CA159954. \$3,128,817.

### **UNIVERSITY TEACHING ROLES**

- 1987 **Teaching Assistant** in PSY-540: Sex roles and Genders Differences. Syracuse University, Syracuse, New York.
- 1989 **Laboratory Instructor**, Experimental Psychology. Department of Psychology, Tufts University, Medford, Massachusetts.
- 1988-1993 **Teaching Assistant**: Social, Introductory, Physiological, Abnormal, Clinical Psychology, and Statistics. Department of Psychology, Tufts University, Medford, Massachusetts.
- 1990-1992 **Instructor,** PSY-57B Nutrition and Behavior. Department of Psychology, Tufts University, Medford, Massachusetts.
- 1991 **Instructor,** EXP-34 Behavioral Medicine. Experimental College, Tufts University, Medford, Massachusetts.
- 1992 **Laboratory Instructor,** Physiological Psychology. Department of Psychology, Tufts University, Medford, Massachusetts.
- 1994-1999 **Instructor**, BioMed-372 Behavioral Medicine Seminar "Biopsychosocial Models in Medicine". Seminar series. Brown University School of Medicine, Providence, Rhode Island.
- 1999-2001 **Academic Supervisor** of Postdoctoral Fellows in Behavioral Medicine. The Miriam Hospital, Center for Behavioral and Preventive Medicine.
- 1999-2000 **Academic Supervisor** of internship for Bay View Academy, Riverside Rhode Island and The Center for Behavioral and Preventive Medicine, Brown University School of Medicine.
- 1996-2003 **Instructor**, BioMed-374 The Clinical Interview: Interviewing Skills for Physicians. Seminar series for medical students. Brown Medical School, Providence, Rhode Island.
- 1999-present **Instructor**, Behavioral Medicine Seminar Series. *Technology and Health Behavior*. Centers for Behavioral and Preventive Medicine, The Miriam Hospital, Brown Medical School, Providence, Rhode Island.

- 2000-2005 **Academic Advisor**: Society for Clinical Research for Undergraduates at Brown (SCRUBS). Undergraduate student association, Brown University, Providence, Rhode Island.
- 2003-present **Instructor**, Postdoctoral Fellowship Seminar Series: *Grantsmanship*. Brown Medical School, Department of Psychiatry and Human Behavior.
- 2004-2006 **Lead Instructor and Course Developer**. *E-Health: Computers, the Internet and Health Care* (Biomed BC/168). Department of Community Health, Brown University.
- 2013-2014 Lecturer. *Using mobile technologies to deliver health messages*. Lecture for PHP 2380 Health Communications. School of Public Health, Brown University.
- 2016-2019 Lecturer. Cardiovascular disease and smoking. Lecture for T32 postdoctoral program in cardiovascular behavioral medicine. Centers for Behavioral and Preventive Medicine
- 2016-present Lecturer, Postdoctoral Fellowship Seminar Series: *Use of Technology in Behavioral Medicine Interventions*. Brown Medical School, Department of Psychiatry and Human Behavior.
- Guest Lecturer. FPMU 87: Physical activity and public health. *Mobile technologies for physical activity promotion.* University of California, San Diego.
- 2016 Guest Lecturer. PHP 2361 Proseminar in Health Behavior Intervention Research.

  Mobile Health and eHealth interventions: Design, cultural consistency and integration issues.
- 2018 Guest Lecturer. CTS 717 Behavioral Trials. *Integrating theory into the design of behavioral research trials*. University of Massachusetts Medical School. Graduate School for Biomedical Sciences, Clinical and Population Health Research
- Lead Instructor, STAR grant writing workshop. Brown University School of Medicine, Center for Stress, Trauma and Resilience.

#### TRAINEES/MENTEES

- 1. Pamela Block, PhD, Post-Doctoral Fellow, in Behavioral Medicine, Brown Medical School. 2000-2002
- 2. Kelvin Chan, B.S., Undergraduate Thesis Project, Brown University. 2001-2002.
- 3. Jeanne Esler, PhD. Post-Doctoral Fellow, in Behavioral Medicine. Brown Medical School. 2001-2003.
- 4. Janelle Krishnamoorthy, PhD, Post-Doctoral Fellow, in Behavioral Medicine. Brown Medical School. 2002-2004.
- 5. Nicole Fischler, PhD: Clinical Resident, in Behavioral Medicine. Brown Medical School. 2003-2004.
- 6. \*Ronnesia Gaskins, PhD, MPH. Post-Doctoral Fellow in Behavioral Medicine. Brown Medical School. 2006-2008.

- 7. Eva Serber, PhD; Post-Doctoral Fellow in Behavioral Medicine, Alpert Medical School, Brown University. 2007-2009; Assistant Professor Psychiatry & Human Behavior, Alpert Medical School, Brown University 2009-2010.
- 8. Sheri Hartman, PhD: Post-Doctoral Fellow, in Behavioral Medicine. Alpert School of Medicine, Brown University. 2008-2009.
- 9. Lauren Present, BA. Undergraduate Senior Thesis, Brown University, 2008-2009.
- 10. Gregory M. Dominick, PhD; Post-Doctoral Fellow, in Behavioral Medicine. Alpert School of Medicine, Brown University. 2009-2011
- 11. Joshua C. Magee, PhD: Post-Doctoral Fellow, in Behavioral Medicine. Alpert School of Medicine, Brown University. 2010-2012.
- 12. Kristen Heron, PhD, Clinical Resident, in Behavioral Medicine. Alpert School of Medicine, Brown University. 2010-2011
- 13. Diana Stewart, PhD, Clinical Resident, in Behavioral Medicine. Alpert School of Medicine, Brown University. 2010-2011
- 14. \*Ernestine Jennings, PhD; Post-Doctoral Fellow, 2008-2010; Assistant Professor of Psychiatry & Human Behavior, Brown Alpert Medical School 2009-present.
- 15. \*Jacob J. Van den Berg, PhD: Post-Doctoral Fellow, 2008-2010.
- Elena Salmoirago-Blotcher, Post-Doctoral Fellow 2011; Assistant Professor University of Massachusetts Medical School, 2012-2013; Assistant Professor of Medicine, Brown University Medical School, 2014-present
- 17. Margaret Bublitz, PhD: Post-Doctoral Fellow, 2011-2014
- 18. Herpreet Thind, PhD; Post-Doctoral Fellow, 2013-2015.
- 19. Alicia Pirraglia, Undergraduate senior thesis, Brown University, 2012-2013
- 20. Brittany Ross, Undergraduate internship, Rhode Island College, 2012-2013
- 21. Sarah Cote, Undergraduate internship, Rhode Island College, 2012-2013
- 22. John Patena. Reader/Advisor for master's thesis in public health, Brown University, 2013-2014.
- 23. Alexandra DiGiammarino, Senior Thesis, Stonehill College, Eason, MA. 2013-2014.
- 24. \*Mireya Taboada, Undergraduate Capstone, Brown University, Providence, RI. 2013-2014.
- 25. Brendan Kimball. Senior Thesis Project. Providence College, Providence, RI. 2013-2014.
- 26. \*Marchanette Burey. Senior Thesis Project. Providence College, Providence, RI. 2013-2014.
- 27. Andrew Busch. K01 Award mentor for human subjects protections. Assistant Professor, Alpert Medical School at Brown University, 2014-2016.
- 28. Michelle Kovack. Clinical Resident in Psychology, Department of Psychiatry & Human Behavior, Alpert Medical School at Brown University, 2015-2016.

- 29. Kristi Gamarel, PhD. Post-doctoral Fellow in Behavioral and Social Sciences, Brown University School of Public Health. 2015-2016. Advisor on K01 award application.
- 30. Jillian Doherty. Providence College, Providence, RI. Senior Thesis Project. 2015-2016.
- 31. Candace Crocker. Undergraduate in Psychology. Stonehill College, Easton, MA. Senior Thesis Project. 2015-2016
- 32. \*Marie Sillice. T32 Post-Doctoral Fellow, Alpert Medical School at Brown University, 2015-2017.
- 33. Jessica Emerson, PhD. F31: Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship. Brown University School of Public Health. "When Outcomes Matter: A Temporal Analysis of Instrumental and Affective Outcomes of Exercise Behavior using Ecological Momentary Assessment." Advisor on F31 application. National Cancer Institute.
- 34. Sydney Kelley. Undergraduate in Psychology Stonehill College, Easton MA. Project: Understanding barriers to physical activity among African-American women. 2016-2017.
- 35. Danielle Sicurella. Undergraduate in Psychology Stonehill College, Easton MA. Project: Exercise videogames for physical activity. 2016-2017.
- 36. Kelly Ann Quirion. Graduate Program in Psychology. Roger Williams University, Bristol, RI. Project: Qualitative Exploration of diabetics' experience of yoga or walking program. 2016-2017.
- 37. Julia Culhane. Undergraduate intern program in Psychology. Providence College, Providence, RI. Project: Internship with Yoga/Diabetes (HA1C) research study. 2016 2017.
- 38. Keri Bailey. Clinical Resident in Behavioral Medicine, Alpert Medical School at Brown University, 2017-2018.
- 39. Akash Radia. Masters student in Public Health, Department of Behavioral and Social Sciences. Independent Study: Technology in Health Behavior Change & Health Education: The Rise of the Health Technologist. 2017-2018.
- 40. Matthew Conrad. Senior Thesis in Clinical Psychology. Roger Williams University. Independent Practicum/Internship. Project: Internship with Yoga/Diabetes (HA1C) research study. 2017 2018.
- 41. Roman Palitsky. Clinical Resident in Behavioral Medicine, Alpert Medical School at Brown University, 2019-2020. Research placement project: *Felt activation associated with lower blood pressure after exercise intervention using videogames, but not standard exercise*.