CURRICULUM VITAE

Bess Hya Marcus, Ph.D.

Business Address: Brown University

School of Public Health

121 South Main Street, Box G-S121-8

Providence, RI 02912-G

Email Address: bess_marcus@brown.edu

EDUCATION

Undergraduate	1984 1983-1984 1984 1984 1984	B.A., Washington University, Psychology Psi Chi President, Washington University Magna Cum Laude in Psychology, Washington University Mortar Board, Washington University Phi Beta Kappa, Washington University
Graduate	1986 1988	M.S., Auburn University, Clinical Psychology Ph.D., Auburn University, Clinical Psychology (American Psychological Association Accredited)

POSTGRADUATE TRAINING

Internship	1987-1988	Psychology Intern, Veterans Administration Medical Center, Clinical Psychology Internship Program, Atlanta, Georgia. Specializing in Health Psychology. (American Psychological Association Accredited)
Fellowship	1988-1989	Postdoctoral Fellow, Brown University Psychology Fellowship Program, Providence, Rhode Island. Specializing in Behavioral Medicine Research.

POSTGRADUATE HONORS AND AWARDS

1992	New Investigator Award, Society of Behavioral Medicine
1996	AM, Ad Eundum, Brown University
1997	Leadership Commitment Award, American Heart Association, Rhode Island Affiliate
2004	Faculty Mentoring Award, Department of Psychiatry and Human Behavior, Brown University
2004	Active Living by Design Person of the Year, Robert Wood Johnson Foundation
2006	Lifetime Member, Manchester Who's Who Executive and Professional Registry
2008	Faculty Mentoring Award, Center of Excellence in Women's Health, Brown University
2012	"Women Who Mean Business" Award, San Diego Business Journal
2013	UC San Diego Equal Opportunity/Affirmative Action and Diversity Award, UC San Diego
2015	Editor's Choice Award for Best Paper of the Year, American Journal of Public Health
2015	American College of Sports Medicine Citation Award
2015	President's Lecture, 2015 Annual Meeting of the American College of Sports Medicine
2022	Keynote Lecture, 2022 Morris/Paffenbarger Exercise is Medicine at Annual Meeting of the American College of Sports Medicine

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

1989-present Licensed for independent practice in Psychology, State of Rhode Island. License #403.

ACADEMIC APPOINTMENTS

1991-1995	Assistant Professor of Psychiatry and Human Behavior, Brown University
1994-2000	Collaborating Senior Research Scientist, New England Research Institute
1995-2000	Associate Professor of Psychiatry and Human Behavior, Brown University
2000-2016	Professor of Psychiatry and Human Behavior, Brown University (Adjunct effective 4/2011)
2007-2016	Professor of Community Health, Brown University (Adjunct effective 4/2011)
2011-2017	Professor and Chair, Department of Family Medicine and Public Health, University of
	California San Diego
2014-2017	Senior Associate Dean for Public Health, School of Medicine, University of California San Diego
2017-2021	Adjunct Professor, Department of Family Medicine and Public Health, University of
2017 2020	California San Diego
2017-2020	Dean, School of Public Health, Brown University
2017-present	Professor of Behavioral and Social Sciences, School of Public Health, Brown University

HOSPITAL APPOINTMENTS

1989-2011	Staff Psychologist, The Miriam Hospital
1999-2011	Member, Executive Committee, Centers for Behavioral and Preventive Medicine at The
	Miriam Hospital
2004-2011	Director, Centers for Behavioral and Preventive Medicine at The Miriam Hospital
2005-2011	Member, Research Advisory Committee, Lifespan Academic Medical Center

OTHER APPOINTMENTS

Local and Community Appointments

1991-1995	Invited Member, Smoking and Health Committee, American Heart Association, Rhode Island Affiliate.
1991 1990-1994	Invited Member, Rhode Island Advisory Committee on Physical Activity and Health. Invited Member, Project ASSIST Women's Tobacco Task Force.
1990-1995	Invited Member, Exercise and Health Committee, American Heart Association, Rhode Island Affiliate.
1992-1993	Chair, Media Subcommittee, Exercise and Health Committee, American Heart Association, Rhode Island Affiliate.
1993-1995	Invited Member, Governor's Advisory Council on Physical Fitness and Health, Providence, RI.
1993-1994	Invited Member, Subcommittee on Exercise and Health, American Heart Association National Center, Dallas, TX.
1994-1997	Chair, Smoking and Health Committee, American Heart Association, Rhode Island Affiliate.
1996-1998	Invited Member, Rhode Island Department of Health Prevention Coalition, Providence, RI.
1996-1998	Invited Member, New Initiatives Subcommittee and Evaluation Subcommittee, Rhode Island Department of Health Prevention Coalition, Providence, RI.
2003 – 2011	Invited Member, Center of Excellence Advisory Committee: National Center of Excellence in Women's Health, Women and Infants Hospital and Brown Medical School.
2006 2007	Invited Speaker, the Miriam Hospital Foundation Board of Trustees, Providence, RI. Invited Speaker, the Miriam Hospital Foundation Board of Trustees, Providence, RI.
2007 2007 – 2011	Invited Member, YMCA Pioneering Healthier Communities Initiative, Providence, RI.

2008 2009 2013 – 2014 2015 2014 – 2017	Invited Speaker, the Miriam Hospital Foundation Board of Trustees, Providence, RI. Invited Speaker, the Miriam Hospital Foundation Board of Trustees, Providence, RI. Invited Speaker, SDSU PRIDE, Mentoring Researchers in Latino Health Disparities Invited Speaker, Women in Science and Technology, UC San Diego Invited Speaker, Bachelor of Science in Public Health Career Panel, UC San Diego
2014 2017	Planning Committee Member, Ebola: An Informational Session, UC San Diego
2016	Representative, UC San Diego Institute for Public Health, Zika: What We Know
2016	Planning Committee Member, Academy of Integrative Health & Medicine (AIHM); People, Planet, Purpose – Global Practitioners United in Health & Healing Conference
2016	Invited Speaker, Academy of Integrative Health & Medicine (AIHM); People, Planet, Purpose – Global Practitioners United in Health & Healing Conference
2017 – 2020	Member, Rhode Island Public Health Association Board of Directors
2017 – 2020	Chair, Brown University School of Public Health and Rhode Island Department of Health Advisory Committee
2017 – 2020	Member, Rhode Island Public Health Academic Advisory Board
2018 – 2020	Invited Member, Long-term Health Planning Committee, State of Rhode Island
2019 – 2020	Invited Member, Rhode Island Department of Health Vaping Advisory Committee
2020 – 2021	Invited Member, Target of Opportunity Faculty Search Committee, Brown University Department of Behavioral and Social Sciences
2020 – present	Invited Member, School of Public Health Department of Behavioral and Social Sciences PhD Admissions Committee, Brown University
2017 – 2020	Member, Advance Clinical and Translational Research (Advance-CTR) Internal Advisory Committee, Brown University
2021 - present	Member, Advance Clinical and Translational Research (Advanced-CTR) Professional Development Steering Committee
2021 - present	Elected member, Center for Health Promotion and Health Equity Management Committee, Brown University School of Public Health
2021 – 2022	Interim Director, Health Behavior Concentration Faculty Lead for the Masters in Public Health, Brown University
2022 - present	Health Behavior Concentration Faculty Lead for the Masters in Public Health, Brown University
2022 - present	Invited Member, Committee on Public Health Faculty Appointments Membership, Brown University

National Institutes of Health Committees and Panels

1990	Invited Member, Task Force III: Implications for Prevention and Interventions Consensus Conference on Smoking and Body Weight. National Heart, Lung, and Blood Institute and Memphis State University, Memphis, TN, September 10-13, 1990
1991	Invited Member, Task Force: Determinants of Physical Activity. Workshop on Physical Activity and Cardiovascular Health: Special Emphasis on Women and Youth. National Heart, Lung, and Blood Institute, Washington, DC, August 27-29, 1991
1991	Invited Member, Task Force: Biobehavioral Influences on Cardiovascular Disease Risk Factors and Health Behaviors in Women. <i>Workshop on Women, Behavior and Cardiovascular Disease.</i> National Heart, Lung, and Blood Institute, Washington, DC, September 25-27, 1991
1992	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Washington, DC, November 12-13, 1992
1993	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Washington, DC, March 4-5, 1993
1993	Invited Principal Discussant, Workshop on Physical Activity and Health. National Institutes of Health Conference, <i>Disease Prevention Research at NIH: An Agenda for All</i> , Bethesda, MD, October 7, 1993

	11-01-0-0-0, 2-0-0-1-1
1994	Invited Member, National Heart, Lung, and Blood Institute Special Emphasis Panel, Bethesda, MD, March 1-2, 1994
1994	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Bethesda, MD, March 17-18, 1994
1995	Invited Speaker, NIH Consensus Development Conference: <i>Physical Activity and Cardiovascular Health</i> , Bethesda, MD, December 18-20, 1995
1996	Contributing Author, <i>Physical Activity and Health. A Report of the Surgeon General.</i> USDHHS. Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion
1997	Invited Speaker, U.S. Public Health Service's Office of Women's Health, First National Leadership Conference on Physical Activity and Women's Health, Washington, DC, February 18-19, 1997
1997	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Bethesda, MD, July 22-23, 1997
1998	Chair, Physical Activity Behavior Change Working Group. National Heart, Lung, and Blood Institute Workshop, <i>Maintenance of Behavior Change</i> , Bethesda, MD, July 6-7, 1998
1998	Nominated for membership to Community Prevention and Control Study Section, National Institutes of Health, July 1998
1998	Invited Member, National Institutes of Health Community Prevention and Control Study Section, Bethesda, MD, October 15-16, 1998
1999-2001	Invited Member, National Institutes of Health SNEM-1 Study Section, Bethesda, MD.
2002	Speaker, NIH Conference, Cardiovascular Health for All: The Challenge of Healthy People 2010, Washington, DC, April 11-13, 2002
2006	Invited Member, National Institutes of Health Neurological, Aging, and Musculoskeletal Epidemiology (NAME) Study Section, Bethesda, MD, July 31, 2006
2007	Invited Speaker, National Institute on Drug Abuse Workshop, <i>Exercise and Substance Abuse Treatment</i> , Rockville MD, December 6, 2007
2008	Invited Speaker, National Institute on Drug Abuse, Can Physical Activity and Exercise Prevent Drug Abuse? Promoting a Full Range of Science to Inform Prevention, Bethesda, MD, June 5, 2008
2009-2010	Member, Core Steering Committee, Moving into the Future-New Dimensions and Strategies for Women's Health Research for the NIH
2012	Invited Speaker, National Institutes of Health, Office of Disease Prevention, Physical Activity and Disease Prevention Workshop, <i>Increasing Physical Activity: Predictors and Effective Interventions</i> , Bethesda, MD, December 13, 2012
2015	Invited Speaker, National Institutes of Health, Behavioral and Psychological Phenotyping to Understand Differences in Physical Activity and Sedentary Behavior Affecting Weight Management Workshop, <i>Overview of Physical Activity & Sedentary Behavior in Adults</i> , Bethesda, MD, December 1-2, 2015

Centers for Disease Control and Prevention, American Heart Association, Robert Wood Johnson Foundation, and American College of Sports Medicine Committees and Panels

1993	Invited Member, Sedentary Lifestyle Working Group. Prevention Conference III,
	Behavior Change and Compliance: Keys to Improving Cardiovascular Health. American
	Heart Association, Monterey, CA, January 15-17, 1993
1993	Invited Discussant, Consensus Conference on Physical Activity and Public Health.
	Centers for Disease Control and Prevention, Atlanta, GA, March 31-April 1, 1993
1994-2021	Invited Member, National Advisory Panel for the Centers for Disease Control and
	Prevention Research Center at the University of South Carolina
1995-2021	Invited Member, Coordinating Committee for the Center for Disease Control and
	Prevention Physical Activity and Public Health Course

1996-1997	Invited Member, Behavior Change Campaign Committee, American College of Sports Medicine
1998	Invited Participant, Women's Cardiovascular Health Network Meeting, Centers for Disease Control and Prevention, Atlanta, GA, December 7, 1998
2001-2011	Invited Member, Committee on Physical Activity: Council on Nutrition, Physical Activity and Metabolism, American Heart Association
2002-2004	Invited Member, Robert Wood Johnson Foundation Active Living By Design National Advisory Committee
2003-2006	Invited Member, Expert Panel on Population and Prevention Science, American Heart Association
2004-2006	Chair, American Heart Association, Physical Activity and Behavior Change Writing Group
2007-2013	Invited Member, Executive Committee for the Development of a National Strategic Plan for Physical Activity
2009-2011 2013-present	Chair, Mass Media Working Group, National Plan for Physical Activity Alliance Invited Member, National Physical Activity Plan Alliance
2015-present	Invited Member, Diversity Committee for the National Physical Activity Plan Alliance

Editorial Boards and Scientific Advisory Boards

1993-1996	Governor's Advisory Council on Physical Fitness and Health, Providence, RI
1994-1996 1997	Invited Member, Review Board, <i>American Journal of Health Behavior</i> Invited Member, Scientific Program Committee, Cooper Institute for Aerobics Research
1007	and American College of Sports Medicine Specialty Conference on Physical Activity
	Interventions, Dallas, TX, November 1997
1994-1997	Invited Member, American Council on Exercise Public Education Advisory Committee.
1995-2011	Invited Member, Scientific Advisory Board, C. Everett Koop Foundation, Shape Up America, Washington, DC
1995-1998	Invited Member, Scientific Advisory Board, International Health, Racquet, and Sports
	Club Association (IHRSA)
1998-present	Invited Member, Editorial Board, Journal of Lifestyle Medicine
1998	Editorial Committee, Research and Sport/Kirola Ikertuz
1999	Editorial Board, Psychology of Sport and Exercise
1999	Invited Member, Scientific Program Committee, Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Physical Activity and
	Cancer, Dallas, TX, November 2000
2001	Invited Member, Scientific Program Committee, Cooper Institute for Aerobics Research
2001	and American College of Sports Medicine Specialty Conference on Mediators and
	Moderators of Behavior Change, Dallas, TX, November 2001
2002-2005	Invited Member, Robert Wood Johnson Foundation Active Living By Design National
	Advisory Committee
2002-2010	Invited Member, Women's Health Advisory Council, National Women's Health Resource
	Center
2003-2011	Editorial Board, Journal of Physical Activity & Health
2004-2011	Invited Member, Scientific Advisory Board, Health Magazine
2005	Editorial Board, Journal of Behavioral Medicine
2006	Invited Member, Scientific Advisory Board, The Cooper Institute for Aerobics Research
2006-2011	Editorial Board, Psychology of Sport and Exercise
2007-2010	Scientific Advisory Board, The Health Fitness Corporation
2007-2017 2014-2017	International Editorial Board, Journal of Mental Health and Physical Activity
2014-2017	Invited Member, Exercise is Medicine Science Committee, American College of Sports Medicine (ACSM)
2015	Founding Member of the Global Energy Balance Network
2020 – present	Invited Member, Editorial Board, Contemporary Clinical Trials
	_

UNIVERSITY COMMITTEES

1989-2011	Member, Psychology Internship Consortium, Behavioral Medicine Track, Brown
1303 2011	University
1997-2011	Member, Executive Committee on Research, Department of Psychiatry and Human
	Behavior, Brown University
2002-2011	Member, Mentoring Committee, Clinical Psychology Training Program, Brown University
2004-2011	Member, Psychiatry Management Advisory Committee, Brown University
2004-2011	Member, BioMed Faculty Council, Brown University
2006-2009	Elected Member, Committee on Medical Faculty Appointments, Brown University
2008-2011	Member, Masters in Public Health Admissions Committee, Program in Public Health, Brown University
2008-2011	Department of Community Health Faculty Liaison to the Sheridan Center, Brown University
2008-2011	First-Year Advisor, Brown University
2009-2011	ADVANCE Program Mentor, Brown University
2009-2011	Sophomore Advisor, Brown University
2009-2011	Behavioral and Social Sciences Graduate Program Director, Brown University
2011-2017	Chair, Department of Family Medicine and Public Health, UC San Diego
2011-2017	Member, Health Sciences Board of Governors, UC San Diego
2011-2017	Member, Health Sciences Council of Clinical Chairs, UC San Diego
2011-2017	Member, Center of Excellence Oversight Committee, Department of Family Medicine
	and Public Health, UC San Diego
2011-2017	Director, Center of Excellence in Health Behavior Change in Underserved and
	Vulnerable Populations/Health Promotion and Equity
2011-2017	Member, Finance Committee, Department of Family Medicine and Public Health, UC
2011 2017	San Diego Mamber, Education Committee, Department of Family Medicine, and Bublic Health, LC
2011-2017	Member, Education Committee, Department of Family Medicine and Public Health, UC San Diego
2011-2017	Council of Chairs, UC San Diego (Campus-wide)
2012-2017	Invited Member, Health Sciences Strategic Planning Steering Committee, UC San Diego
2012-2017	Co-Director, Integrated Cardiovascular Epidemiology and Behavioral Medicine
0040 0044	Fellowship Program (T32), School of Medicine, UC San Diego
2013-2014	Member, Search Committee for Chair, Department of Psychiatry, UC San Diego
2013-2017	Member, Executive Committee of the Center for Investigations of Health and Education Disparities (CIHED), UC San Diego
2013-2014	Member, Sun God Health & Safety Task Force Committee, UC San Diego
2013-2015	Member, Health Sciences Task Force on Faculty Administrative Support, UC San Diego
2014-2017	Invited Member, Student Health and Well-Being Advisory
2015-2017	Invited Member, Standing Committee on Service and People Oriented Administrative
	Culture, UC San Diego (SC-SPOC)
2015-2017	Invited Member, Time-to-Degree Committee, UC San Diego (T2D)
2017-2020	Member, President's Cabinet, Brown University
2017-2020	Member, President's Executive Committee, Brown University
2017-2020	Ex Officio Member, Tenure, Promotions, and Appointments Committee, Brown University
2017-2020	Member, Academic Priorities Committee, Brown University
2017-2020	Member, Senior Deans Committee, Brown University
2017-2020	Member, Capital Planning Committee, Brown University
2017-2020	Member, Health Affairs Coordinating Committee, Brown University
2017-2020	Member, Advance Clinical and Translational Research Internal Advisory Committee,
	Brown University

2017-2020	Member, Initiative to Maximize Student Development (IMSD) Internal Advisory Board Meeting, Brown University
2017-2020	Member, Executive Committee, Hassenfeld Child Health Innovation Institute, Brown University
2018-present	Member, External Advisory Committee for the Integrated Cardiovascular Epidemiology Fellowship Training Program (T32), UC San Diego
2017-2020	Member, Center for AIDS Research (CFAR) Oversight Committee, Brown University
2017-2020	Member, Advance Clinical and Translational Research (Advance-CTR) Internal Advisory Committee, Brown University
2021 – present	Invited member, Brown University Advance-CTR Professional Development Steering Committee
2017- present	Member, Internal Advisory Committee, Research Training Program in Cardiovascular Behavioral Medicine (T32), Brown University
2021-present	Member, Executive Committee, Research Training Program in Cardiovascular Behavioral Medicine (T32), Brown University
2020-2021	Target of Opportunity Committee Faculty Search Committee, Brown University
2020-present	PhD Admissions Committee, Brown School of Public Health

MEMBERSHIP IN SOCIETIES

2020-present

Member, Association for the Advancement of Behavior Therapy

Board of Governors, The Miriam Hospital

Member, American Psychological Association

Division 35, Psychology of Women Division 38, Health Psychology

Division 47, Exercise and Sport Psychology

Member, American Public Health Association Member, American College of Sports Medicine

Member, American Heart Association Fellow, Society of Behavioral Medicine

Member, Society for Research on Nicotine and Tobacco

PUBLICATIONS IN PEER-REVIEWED JOURNALS

<u>1991</u>

1. **Marcus, B.H.**, Albrecht, A.E., Niaura, R.S., Abrams, D.B., & Thompson, P.D. (1991). Usefulness of physical exercise for maintaining smoking cessation in women. *American Journal of Cardiology, 68*(4), 406-407.

- 2. Emmons, K.E., Abrams, D.B., Marshall, R.J., Etzel, R.A., Novotny, T.E., **Marcus, B.H.**, & Kane, M.E. (1992). A study of exposure to environmental tobacco smoke in naturalistic settings. *American Journal of Public Health*, *82*(1), 24-28.
- 3. Gritz, E.R., St. Jeor, S.T., Biener, L., Blair, S.N., Bowen, D.J., Brunner, R.L., Dehorn, A., Emont, S., Foreyt, J.P., Haire-Joshu, D., Hall, S., Hill, R., Jensen, J., Johnson, K., Kristeller, J., **Marcus, B.H.**, Nides, M., Pirie, P., Solomon, L., Stillman, F., Ernst, J., & Zeigler, C. (1992). Task Force III: Implications with respect to intervention and prevention. *Health Psychology*, *11*(Suppl), 17-25.

- 4. King, A.C., Blair, S.N., Bild, D.E., Dishman, R.K., Dubbert, P.M., **Marcus, B.H.**, Oldridge, N.P., Paffenbarger, R.S., Powell, K.E., & Yeager, K.K. (1992). Determinants of physical activity and interventions in adults. *Medicine and Science in Sports and Exercise*, *24*(6 Suppl), 221-236.
- 5. **Marcus, B.H.**, Banspach, S.W., Lefebvre, R.C., Rossi, J.S., Carleton, R.A., & Abrams, D.B. (1992). Using the stages of change model to increase the adoption of physical activity among community participants. *American Journal of Health Promotion*, *6*(6), 424-429.
- 6. **Marcus, B.H.**, Emmons, K.M., Abrams, D.B., Marshall, R.J., Kane, M., Etzel, R.A., & Novotny, T. (1992). Restrictive workplace smoking policies: Impact on nonsmoker's tobacco exposure. *Journal of Public Health Policy*, *13*(1), 42-51.
- 7. **Marcus, B.H.**, & Owen, N. (1992). Motivational readiness, self-efficacy and decision-making for exercise. *Journal of Applied Social Psychology*, *22*(1), 3-16.
- 8. **Marcus, B.H.**, Rakowski, W., & Rossi, J.S. (1992). Assessing motivational readiness and decision-making for exercise. *Health Psychology, 11*(4), 257-261.
- 9. **Marcus, B.H.**, Rossi, J.S., Selby, V.C., Niaura, R.S., & Abrams, D.B. (1992). The stages and processes of exercise adoption and maintenance in a worksite sample. *Health Psychology, 11*(6), 386-395.
- 10. **Marcus, B.H.**, Selby, V.C., Niaura, R.S., & Rossi, J.S. (1992). Self-efficacy and the stages of exercise behavior change. *Research Quarterly for Exercise and Sport, 63*(1), 60-66.
- 11. Rakowski, W., Dube, C.E., **Marcus, B.H.**, Prochaska, J.O., Velicer, W.F., & Abrams, D.B. (1992). Assessing elements of women's decisions about mammography. *Health Psychology, 11*(2), 111-118.
- 12. Emmons, K.E., Clark, M.M., Friedman, F., Linnan, L., **Marcus, B.H.**, & Abrams, D.B. (1992). Challenges facing behavioral medicine in the 1990's: The development and maintenance of health promotion programs in the private teaching hospital. *The Behavior Therapist*, *15*, 198-201.

- 13. Blair, S.N., Powell, K.E., Bazzarre, T.L., Early, J.L., Epstein, L.H., Green, L.W., Harris, S.S., Haskell, W.L., King, A.C., Koplan, J., **Marcus, B.H.**, Paffenbarger, R.S., & Yeager, K.K. (1993). Physical inactivity, workshop V. AHA Prevention Conference III. Behavior change and compliance: Keys to improving cardiovascular health. *Circulation*, *88*(3), 1402-1405.
- 14. Booth, M.L., Macaskill, P., Owen, N., Oldenburg, B., **Marcus, B.H.**, & Bauman, A. (1993). Population prevalence and correlates of stages of change in physical activity. *Health Education Quarterly, 20*(3), 431-440.
- 15. **Marcus, B.H.**, & Simkin, L.R. (1993). The stages of exercise behavior. *Journal of Sports Medicine and Physical Fitness*, *33*(1), 83-88.
- 16. **Marcus, B.H.**, & Stanton, A.L. (1993). Evaluation of relapse prevention and reinforcement interventions to promote exercise adherence in sedentary females. *Research Quarterly for Exercise and Sport*, 64(4), 447-452.
- 17. **Marcus, B.H.**, Rakowski, W., Simkin, L.R., & Taylor, E.R. (1993). Exercise behavior among older adults. *Rhode Island Medicine*, *76*(1), 31-4.

- 18. Blair, S.N., Wood, P.D., Sallis, J., Fox, S., King, A.C., Kriska, A.M., Macera, C.A, **Marcus, B.H.**, Pratt, M., & Thompson, P.D. (1994). Workshop E: Physical activity and health. *Preventive Medicine, 23*(5), 558-559.
- 19. Clark, M.M., **Marcus, B.H.**, Pera, V., & Niaura, R.S. (1994). Changes in eating inventory scores following obesity treatment. *The International Journal of Eating Disorders, 15*(4), 401-405.
- 20. Emmons, K.M., Abrams, D.B., Marshall, R., **Marcus, B.H.**, Kane, M., Novotny, T.E., & Etzel, R.A. (1994). An evaluation of the relationship between self-report and biochemical measures of environmental tobacco smoke exposure. *Preventive Medicine*, *23*(1), 35-39.
- 21. Emmons, K.M., **Marcus, B.H.**, Linnan, L., Rossi, J.S., & Abrams, D.B. (1994). Mechanisms in multiple risk factor interventions: Smoking, physical activity, and dietary fat intake among manufacturing workers. *Preventive Medicine*, *23*(4), 481-489.
- 22. **Marcus, B.H.**, Eaton, C.A., Rossi, J.S., & Harlow, L.L. (1994). Self-efficacy, decision-making and stages of change: An integrative model of physical exercise. *Journal of Applied Social Psychology*, 24(6), 489-508.
- 23. **Marcus, B.H.**, Emmons, K.M., Simkin, L.R., Albrecht, A.E., Stoney, C.M., & Abrams, D.B. (1994). Women and smoking cessation: Current status and future directions. *Medicine, Exercise, Nutrition, and Health, 3(1),* 17-31.
- 24. **Marcus, B.H.**, Pinto, B.M., Simkin, L.R., Audrain, J.E., & Taylor, E.R. (1994). Application of theoretical models to exercise behavior among employed women. *American Journal of Health Promotion*, *9*, 49-55.
- 25. **Marcus, B.H.**, & Simkin, L.R. (1994). The transtheoretical model: Applications to exercise behavior. *Medicine and Science in Sports and Exercise*, *26*(11), 1400-1404.
- 26. Milan, F.B., **Marcus, B.H.**, Goldstein, M.G., & Taylor, E. (1994). Training in exercise counseling. *Academic Medicine*, *69*(10), 822-823.
- 27. Pinto, B.M., & **Marcus**, **B.H.** (1994). Physical activity, exercise, and cancer in women. *Medicine*, *Exercise*, *Nutrition*, *and Health*, 3, 102-111.
- 28. Prochaska, J.O., Velicer, W.F., Rossi, J.S., Goldstein, M.G., **Marcus, B.H.**, Rakowski, W., Fiore, C., Harlow, L.L., Redding, C.A., Rosenbloom, D., & Rossi, S.R. (1994). Stages of change and decisional balance for twelve problem behaviors. *Health Psychology*, *13*(1), 39-46.

<u>1995</u>

- 29. **Marcus, B.H.** (1995). Exercise behavior and strategies for intervention. *Research Quarterly for Exercise and Sport, 66*(4), 319-323.
- 30. **Marcus, B.H.**, Albrecht, A.E., Niaura, R.S., Taylor, E.R., Simkin, L.R., Feder, S.I., Abrams, D.B., & Thompson, P.D. (1995). Exercise enhances the maintenance of smoking cessation in women. *Addictive Behaviors*, *20*(1), 87-92.
- 31. **Marcus, B.H.**, Pinto, B.M., Clark, M.C., DePue, J.D., Goldstein, M.G., & Simkin-Silverman, L.R. (1995). Physician delivered physical activity and nutrition interventions. *Medicine, Exercise, Nutrition & Health,* 4, 325-334.

- 32. Pate, R.R., Pratt, M., Blair, S.N., Haskell, W.L., Macera, C.A., Bouchard, C., Buchner, D., Caspersen, C.J., Ettinger, W., Heath, G.W., King, A.C., Kriska, A.C., Leon, A.S., **Marcus, B.H.**, Morris, J., Paffenbarger, R.S., Patrick, K., Pollock, M.L., Rippe, J.M., Sallis, J., & Wilmore, J.H. (1995). Physical activity and public health: A recommendation from the Centers for Disease Control and Prevention and the American College of Sports Medicine. *Journal of the American Medical Association*, 273(5), 402-407.
- 33. Pinto, B.M., & **Marcus**, **B.H.** (1995). A stage of change approach to understanding college students' physical activity. *Journal of American College Health*, *44*(1), 27-31.

- 34. Bock, B.C., Goldstein, M.G., & **Marcus, B.H.** (1996). Depression following smoking cessation in women. *Journal of Substance Abuse*, *8*(1), 137-144.
- 35. Borrelli, B., Bock, B.C., King, T.K., Pinto, B.M, & **Marcus, B.H.** (1996). The impact of depression on smoking cessation in women. *American Journal of Preventive Medicine, 12*(5), 378-387.
- 36. Emmons, K.M., Abrams, D.B., Marshall, R., **Marcus, B.H.**, Kane, M., Novotny, T.E., & Etzel, R.A. (1996). Use of a 24-hour recall diary to assess exposure to environmental tobacco smoke. *Archives of Environmental Health*, *51*(2), 146-149.
- 37. King, T.K., **Marcus**, **B.H.**, Pinto, B.M., Emmons, K.M., & Abrams, D.B. (1996). Cognitive behavioral mediators of changing multiple behaviors: Smoking and a sedentary lifestyle. *Preventive Medicine*, *25*(6), 684-691.
- 38. Long, B.J., Calfas, K.J., Patrick, K., Sallis, J.F., Wooten, W.J., Goldstein, M., **Marcus, B.H**, Schwenk, T., Carter, R., Torres, T., Palinkas, L., & Heath, G. (1996). A multisite field test of the acceptability of physical activity counseling in primary care: project PACE. *American Journal of Preventive Medicine*, 12(2), 73-81.
- 39. **Marcus, B.H.**, King, T.K., Clark, M.M., Pinto, B.M., & Bock, B.C. (1996). Theories and techniques for promoting physical activity behaviors. *Sports Medicine*, *22*(5), 321-331.
- 40. **Marcus, B.H.,** Simkin, L.R., Rossi, J.S., & Pinto, B.M. (1996). Longitudinal shifts in employees' stages and processes of exercise behavior change. *American Journal of Health Promotion, 10*(3), 195-200.
- 41. Pinto, B.M., **Marcus, B.H.**, & Clark, M.M. (1996). Promoting physical activity in women: The new challenges. *American Journal of Preventive Medicine*, *12*(5), 395-400.

<u>1997</u>

- 42. Bock, B.C., Albrecht, A.E., Traficante, R.M., Clark, M.M., Pinto, B.M., Tilkemeier, P., & Marcus, B.H. (1997). Predictors of exercise adherence following participation in a cardiac rehabilitation program. *International Journal of Behavioral Medicine, 4*(1), 60-75.
- 43. Bock, B.C., Goldstein, M.G., & **Marcus, B.H**. (1997). Stopping smoking. *USAD: Understanding Stress, Anxiety, and Depression, 2*, 18-21.
- 44. Dunn, A.L., **Marcus, B.H.**, Kampert, J.B., Garcia, M.E., Kohl, H.W., III, & Blair, S.N. (1997). Reduction in cardiovascular disease risk factors: 6-month results from Project *Active*. *Preventive Medicine*, *26*(6), 883-892.

- 45. King, T.K., Borrelli, B., Black, C., Pinto, B.M., & **Marcus, B.H.** (1997). Minority women and tobacco: Implications for smoking cessation interventions. *Annals of Behavioral Medicine*, *19*(3), 301-313.
- 46. **Marcus, B.H.**, Goldstein, M.G., Jette, A., Simkin-Silverman, L., Pinto, B.M., Milan, F., Washburn, R., Smith, K., Rakowski, W., & Dubé, C. (1997). Training physicians to conduct physical activity counseling. *Preventive Medicine*, *26*(3), 382-388.
- 47. **Marcus, B.H.**, King, T.K, Albrecht, A.E., Parisi, A.F., & Abrams, D.B. (1997). Rationale, design, and baseline data for *Commit to Quit*. An exercise efficacy trial for smoking cessation among women. *Preventive Medicine*, 26(4), 586-597.
- 48. **Marcus, B.H.**, & Forsyth, L.H. (1997). The challenge of behavior change. *Medicine and Health/Rhode Island*, 80(9), 300-302.
- 49. Patterson, R.B., Pinto, B.M, **Marcus, B.H.**, Colucci, A., Braun, T., & Roberts, M. (1997). Value of a supervised exercise program for the therapy of arterial claudication. *Journal of Vascular Surgery*, *25*(2), 312-319.
- 50. Pinto, B., **Marcus, B.H.**, Patterson, R.B., Roberts, M., Colucci, A., & Braun, C. (1997). On-site versus home exercise programs: Psychological benefits for patients with arterial claudication. *Journal of Aging and Physical Activity*, *5*(4), 311-328.
- 51. Reed, G.R., Velicer, W.F., Prochaska, J.O., Rossi, J.S., & **Marcus, B.H.** (1997). What makes a good staging algorithm: Examples from exercise behavior. *American Journal of Health Promotion, 12*(1), 57-66.

- 52. Albrecht, A.E., **Marcus, B.H.**, Roberts, M., Forman, D.E., & Parisi, A.F. (1998). Effect of smoking cessation on exercise performance in female smokers participating in exercise training. *American Journal of Cardiology*, 82(8), 950-955.
- 53. Bock, B.C., **Marcus, B.H.**, Rossi, J.S., & Redding, C.A. (1998). Motivational readiness for change: Diet, exercise and smoking. *American Journal of Health Behavior, 22*(4), 248-258.
- 54. Dunn, A.L., Garcia, M.E., **Marcus, B.H.**, Kampert, J.B., Kohl, H.W., & Blair, S.N. (1998). Six-month physical activity and fitness changes in Project Active, a randomized trial. *Medicine and Science in Sports and Exercise*, *30*(7), 1076-1083.
- 55. King, A.C., Sallis, J.F., Dunn, A.L., Simons-Morton, D.G., Albright, C.A., Cohen, S., Rejeski, W.J., Marcus, B.H., & Coday, M.C. (1998). Overview of the *Activity Counseling Trial (ACT)* intervention for promoting physical activity in primary health care settings. *Medicine and Science in Sports and Exercise*, 30(7), 1086-1096.
- 56. Kohl, H.W., III, Dunn, A.L., **Marcus, B.H.**, & Blair, S.N. (1998). A randomized trial of physical activity interventions: Design and baseline data from *Project Active*. *Medicine and Science in Sports and Exercise*, 30(2), 275-283.
- 57. **Marcus, B.H.**, Bock, B.C., Pinto, B.M., Forsyth, L.H., Roberts, M.B., & Traficante, R.M. (1998). Efficacy of an individualized, motivationally-tailored physical activity intervention. *Annals of Behavioral Medicine*, 20(3), 174-180.

- 58. **Marcus, B.H.**, Emmons, K.M., Simkin-Silverman, L.R., Linnan, L.A., Taylor, E.R., Bock, B.C., Roberts, M.B., Rossi, J.S., & Abrams, D.B. (1998). Evaluation of motivationally tailored vs. standard self-help physical activity interventions at the workplace. *American Journal of Health Promotion*, *12*(4), 246-253.
- 59. **Marcus, B.H.**, & Forsyth, L.H. (1998). Tailoring interventions to promote physically active lifestyles in women. *Women's Health Issues, 8*(2), 104-111.
- 60. **Marcus, B.H.**, Owen, N., Forsyth, L.H., Cavill, N.A., & Fridinger, F. (1998). Physical activity interventions using mass media, print media, and information technology. *American Journal of Preventive Medicine*, *15*(4), 362-378.
- 61. Niaura, R.S., **Marcus, B.H.**, Albrecht, A.E., Thompson, P.D., & Abrams, D.B. (1998). Exercise, smoking cessation, and short-term changes in serum lipids in women: A preliminary investigation. *Medicine and Science in Sports and Exercise*, *30(9)*, 1414-1418.
- 62. Pinto, B.M., Cherico, N., Szymanski, L., & **Marcus, B.H.** (1998). Longitudinal changes in exercise participation among college students. *Journal of American College Health, 47*(1), 23-27.
- 63. Pinto, B.M., Goldstein, M.G., & **Marcus**, **B.H.** (1998). Activity counseling by primary care physicians. *Preventive Medicine*, *27*(4), 506-513.

- 64. Bock, B.C., **Marcus, B.H.**, King, T.K., Borrelli, B., & Roberts, M.R. (1999). Exercise effects on withdrawal and mood among women attempting smoking cessation. *Addictive Behaviors, 24*(3), 399-410.
- 65. Borrelli, B., **Marcus, B.H.**, Clark, M.M., Bock, B.C., King, T.K., & Roberts, M.R. (1999). History of major depression and subsyndromal depression in women smokers. *Addictive Behaviors*, *24*(6), 781-794.
- 66. Dunn, A.L., **Marcus, B.H.**, Kampert, J.B., Garcia, M.E., Kohl, H.W., III, & Blair, S.N. (1999). Comparison of lifestyle and structured interventions to increase physical activity and cardiorespiratory fitness: A randomized trial. *Journal of the American Medical Association*, 281(4), 327-334.
- 67. Emmons, K.M., Linnan, L.A., Shadel, W.G., **Marcus, B.H.**, & Abrams, D.B. (1999). The Working Healthy Project: A worksite health promotion trial targeting physical activity, diet, and smoking. *Journal of Occupational and Environmental Medicine*, *41*(7), 545-555.
- 68. Emmons, K.M., Shadel, W.G., Linnan, L.A., **Marcus, B.H.**, & Abrams, D.B. (1999). A prospective analysis of change in multiple risk factors for cancer. *Cancer Research, Therapy and Control, 8,* 15-23.
- 69. Goldstein, M.G., Pinto, B.M., **Marcus, B.H.**, Lynn, H., Jette, A.M., Rakowski, W., McDermott, S., DePue, J.D., Milan, F.B., Dubé, C., & Tennstedt, S. (1999). Physician-based physical activity counseling for middle-aged and older adults: A randomized trial. *Annals of Behavioral Medicine*, *21*(1), 40-47.
- 70. **Marcus, B.H.**, Albrecht, A.E., King, T.K., Parisi, A.F., Pinto, B.M., Roberts, M.R., Niaura, R.S., & Abrams, D.B. (1999). The efficacy of exercise as an aid for smoking cessation in women: A randomized controlled trial. *Archives of Internal Medicine*, *159*(11), 1229-1234.
- 71. **Marcus, B.H.**, & Forsyth, L.H. (1999). How are we doing with physical activity? *American Journal of Health Promotion*, *14*(2), 118-124.

- 72. Pinto, B.M., Borrelli, B., King, T.K., Bock, B.C., Clark, M.M., Roberts, M.R., & **Marcus, B.H.** (1999). Weight control smoking among sedentary women. *Addictive Behaviors*, *24*(1), 75-86.
- 73. Stoney, C.M., Bausserman, L., Niaura, R.S., **Marcus, B.H.**, & Flynn, M. (1999). Lipid reactivity to stress II. Biological and behavioral influences. *Health Psychology*, *18*(3), 251-261.

- 74. Albright, C.L., Cohen, S., Gibbons, L., Miller, S., **Marcus, B.H.**, Sallis, J., Imai, K., Jernick, J., & Simons-Morton, D.G. (2000). Incorporating physical activity advice into primary care: Physician-delivered advice within the Activity Counseling Trial. *American Journal of Preventive Medicine, 18*(3), 225-234.
- 75. King, T.K., Matacin, M., **Marcus, B.H.**, Bock, B.C., & Tripolone, J. (2000). Body image evaluations in women smokers. *Addictive Behaviors*, *25*(4), 613-618.
- 76. **Marcus, B.H.**, Dubbert, P.M., Forsyth, L.H., McKenzie, T.L., Stone, E.J., Dunn, A.L., & Blair, S.N. (2000). Physical activity behavior change: Issues in adoption and maintenance. *Health Psychology*, 19(1), 32-41.
- 77. **Marcus, B.H.**, Nigg, C.R., Riebe, D., & Forsyth, L.H. (2000). Interactive communication strategies: Implications for population-based physical activity promotion. *American Journal of Preventive Medicine*, 19(2), 121-126.
- 78. Niaura, R., Napolitano, M.A., & **Marcus**, **B.H.** (2000). Combined effects of exercise and smoking cessation on serum lipids in women. *American Journal of Medicine and Sports*, *2*, 108-116.
- 79. Napolitano, M.A., & **Marcus, B.H.** (2000). Breaking barriers to increased physical activity. *The Physician and Sports Medicine*, *28*(10), 88-93.
- 80. Sevick, M.A., Dunn, A.L., Morrow, M.S., **Marcus, B.H.**, Chen, G.J., & Blair, S.N. (2000). Cost-effectiveness of lifestyle and structured exercise interventions in sedentary adults: Results of project *ACTIVE. American Journal of Preventive Medicine*, *19*(1), 1-8.

- 81. Bock, B.C, **Marcus, B.H.**, Pinto, B.M., & Forsyth, L.H. (2001). Maintenance of physical activity following an individualized motivationally tailored intervention. *Annals of Behavioral Medicine*, *23*(2), 79-87.
- 82. Gillman, M.W., Pinto, B.M., Tennstedt, S., Glanz, K., **Marcus, B.H.**, & Friedman, R.H. (2001). Relationships of physical activity with dietary behaviors among adults. *Preventive Medicine, 32*(3), 295-301.
- 83. Linnan, L.A., & **Marcus**, **B.H.** (2001). Worksite-based physical activity programs and older adults: Current status and priorities for the future. *Journal of Aging and Physical Activity*, *9*(s1), S59-S70.
- 84. Pinto, B.M., Lynn, H., **Marcus, B.H.**, DePue, J.D., & Goldstein, M.G. (2001). Physician-based activity counseling: Intervention effects on mediators of motivational readiness for physical activity. *Annals of Behavioral Medicine*, *23*(1), 2-10.
- 85. Read, J.P., Brown, R.A., **Marcus, B.H.**, Kahler, C.W., Ramsey, S.E., Dubreuil, M.E., Jakicic, J.M., & Francione, C. (2001). Exercise attitudes and behaviors among persons in treatment for alcohol use disorders. *Journal of Substance Abuse Treatment*, *21*(4), 199-206.

- 86. Borrelli, B., Hogan, J., Bock, B.C., Pinto, B.M., Roberts, M., & **Marcus, B.H.** (2002). Predictors of quitting and drop out among women in a clinic-based smoking cessation program. *Psychology of Addictive Behaviors*, *16*(1), 22-27.
- 87. Gallagher K.I., Jakicic J.M., Keil D.P., Page M.L., Ferguson E.S., & **Marcus B.H.** (2002). The impact of weight cycling history on bone mineral density in obese women. *Obesity Research*, *10*(9), 896-902.
- 88. King, A.C., Friedman, R., **Marcus, B.H.**, Castro, C., Forsyth, L.H., Napolitano, M.A., & Pinto, B.M. (2002). Harnessing motivational forces in the promotion of physical activity: The Community Health Advice by Telephone (CHAT) Project. *Health Education Research*, *17*(5), 627-636.
- 89. Lewis, B.A., **Marcus, B.H.**, Pate, R.R., & Dunn, A.L. (2002). Psychosocial mediators of physical activity behavior among adults and children. *American Journal of Preventive Medicine*, 23(2S), 26-35.
- 90. Napolitano, M.A., & **Marcus, B.H.** (2002). Targeting and tailoring physical activity information using print and information technologies. *Exercise and Sport Science Reviews*, *30*(3), 122-128.
- 91. Pinto, B.M., Friedman, R., **Marcus, B.H.**, Kelley, H., Tennstedt, S., & Gillman, M.W. (2002). Effects of a computer-based, telephone-counseling system on physical activity. *American Journal of Preventive Medicine*, *23*(2), 113-120.
- 92. Reger, B., Cooper, L., Booth-Butterfield, S., Smith, H, Bauman, A., Wootan, M., Middlestadt, S., **Marcus, B.H.**, & Greer, F. (2002). Wheeling Walks: A community campaign using paid media to encourage walking among sedentary older adults. *Preventive Medicine*, *35*(3), 285-292.
- 93. Sciamanna, C.N., Lewis, B., Tate, D., Napolitano, M.A., Fotheringham, M., & Marcus, B.H. (2002). User attitudes toward a physical activity promotion website. *Preventive Medicine*, *35*(6), 612-615.

- 94. Jakicic, J.M., **Marcus, B.H.**, Gallagher, K.I., Napolitano, M.A., & Lang, W. (2003). Effect of exercise duration and intensity on weight loss in overweight, sedentary women: A randomized trial. *Journal of the American Medical Association*, 290(10), 1323-1330.
- 95. **Marcus, B.H.**, Lewis, B.A., King, T.K., Albrecht, A.E., Hogan, J., Bock, B.C., Parisi, A.F., & Abrams, D.B. (2003). Rationale, design, and baseline data for Commit to Quit II: An evaluation of the efficacy of moderate-intensity physical activity as an aid to smoking cessation in women. *Preventive Medicine*, 36(4), 479-492.
- 96. Marshall, A.L., Bauman, A.E., Owen, N., Booth, M.L., Crawford, D., & **Marcus, B.H.** (2003). Population-based randomized trial of a stage-based and mailed print media physical activity intervention. *Annals of Behavioral Medicine*, *25*(3), 194-202.
- 97. Marshall, A.L., Leslie, E.R., Bauman, A.E., **Marcus, B.H.**, & Owen, N. (2003). Print versus website physical activity programs: A randomized trial. *American Journal of Preventive Medicine*, *25*(2), 88-94.
- 98. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Leslie, E., Owen, N., Bauman, A., & Marcus, B.H. (2003). Evaluation of an internet-based physical activity intervention: A preliminary investigation. *Annals of Behavioral Medicine*, *25*(2), 92-99.

99. Thompson, P.D., Buchner, D., Pina, I.L., Balady, G.J., Williams, M.A., **Marcus, B.H.**, Berra, K., Blair, S.N., Costa, F., Franklin, B., Fletcher, G.F., Gordon, N.F., Pate, R.R., Rodriguez, B.L., Yancey, A.K., & Wenger, N.K. (2003). AHA Scientific Statement: Exercise and physical activity in the prevention and treatment of atherosclerotic cardiovascular disease. *Circulation, 107*(24), 3109-3116.

2004

- 100. Marshall, A.L., Bauman, A.E., Owen, N., Booth, M.L., Crawford, D., & Marcus, B.H. (2004). Reaching out to promote physical activity in Australia: A statewide randomized controlled trial of a stage-targeted Intervention. *American Journal of Health Promotion*, 18(4), 283-287.
- 101. Sciamanna, C.N., **Marcus, B.H.**, Goldstein, M.G., Lawrence, K., Swartz, S., Bock, B.C., Graham, A.L., & Ahern, D.K. (2004). Feasibility of incorporating computer-tailored health behavior communications in primary care settings. *Informatics in Primary Care*, *12*(1), 40-48.
- 102. Sciamanna, C.N., Novak, S.P., Houston, T.K., Gramling, R., & **Marcus, B.H.** (2004). Visit satisfaction and the use of tailored health behavior communications in primary care. *American Journal of Preventive Medicine*, *26*(5), 426-430.
- 103. Sciamanna, C.N., Goldstein, M.G., **Marcus, B.H.**, Lawrence, K., & Pinto, B.M. (2004). Accuracy of recall of exercise counseling among primary care patients. *Preventive Medicine*, *39*(6), 1063-1067.

2005

- 104. Emmons, K.M., McBride, C.M., Puleo, E., Pollak, K.I., **Marcus, B.H.**, Napolitano, M.A., Clipp, E., Onken, J., Farraye, F.A., & Fletcher, R. (2005). Prevalence and predictors of multiple behavioral risk factors for colon cancer. *Preventive Medicine*, *40*(5), 527-534.
- 105. Emmons, K.M., McBride, C.M., Puleo, E., Pollak, K.I., Clipp, E., Kuntz, K., **Marcus, B.H.**, Napolitano, M.A., Onken, J., Farraye, F.A., & Fletcher, R. (2005). Project PREVENT: A randomized trial to reduce multiple behavioral risk factors for colon cancer. *Cancer Epidemiology Biomarkers & Prevention, 14*(6), 1453-1459.
- 106. King, T.K., Matacin, M., White, K.S., & **Marcus, B.H.** (2005). A prospective examination of body image and smoking cessation in women. *Body Image*, *2*(1), 19-28.
- 107. **Marcus, B.H.**, Lewis, B.A., Hogan, J., King, T.K., Albrecht, A.E., Bock, B.C., Parisi, A.F., Niaura, R., & Abrams, D.B. (2005). The efficacy of moderate-intensity exercise as an aid for smoking cessation in women: A randomized controlled trial. *Nicotine & Tobacco Research*, *7*(6), 871-80.
- 108. Pinto, B.M., Frierson, G.M., Rabin, C., Trunzo, J., & **Marcus, B.H.** (2005). Home-based physical activity intervention for breast cancer patients. *Journal of Clinical Oncology, 23*(15), 3577-3587.
- 109. Sciamanna, C.N., Novak, S.P., & **Marcus, B.H.** (2005). Effects of using a computer in a doctor's office on patient attitudes toward using computerized prompts in routine care. *International Journal of Medical Informatics*, *74*(5), 357-365.

- 110. Gallagher, K.I., Jakicic, J.M., Napolitano, M.A., & **Marcus, B.H.** (2006). Psychosocial factors related to physical activity and weight loss in overweight women. *Medicine & Science in Sports & Exercise, 38*(5), 971-980.
- 111. King, A.C., **Marcus, B.H.**, Ahn, D., Dunn, A.L., Rejeski, W.J., Sallis, J.F., & Coday, M. (2006). Identifying subgroups that succeed or fail with 3 levels of physical activity intervention: The Activity Counseling Trial. *Health Psychology*, *25*(3), 336-347.
- 112. Lewis, B.A., Forsyth, L.H., Pinto, B.M., Bock, B.C., Roberts, M., & **Marcus, B.H.** (2006). Psychosocial mediators of physical activity in a randomized controlled intervention trial. *Journal of Sport and Exercise Psychology*, 28(2), 193-204.
- 113. Lewis, B.A., Napolitano, M.A., Whiteley, J.A., & **Marcus, B.H.** (2006). The effect of preferences for print versus telephone interventions on compliance and attrition in a randomized controlled physical activity trial. *Psychology of Sport & Exercise*, 7(5), 453-462.
- 114. Napolitano, M.A., Lerch, H., Papandonatos, G.D., & **Marcus, B.H.** (2006). Worksite and communications-based promotion of a local walking path. *Journal of Community Health, 31*(4), 326-342.
- 115. Napolitano, M.A., Whiteley, J.A., Papandonatos, G.D., Dutton, G., Farrell, N.C., Albrecht, A.E., Bock, B.C., Bazzarre, T., Sciamanna, C.A., Dunn, A., & **Marcus, B.H.** (2006). Outcomes from the women's wellness project: A community-focused physical activity trial for women. *Preventive Medicine, 43*(6), 447-453.
- 116. **Marcus, B.H.**, Williams, D.M., Dubbert, P.M., Sallis, J.R., King, A.C., Yancey, A.K., Franklin, B.A., Buchner, D., Daniels, S.R., & Claytor, R.P. (2006). Physical activity intervention studies: What we know and what we need to know. *Circulation*, *114*(24), 2739-2752.
- 117. Williams D.M., Papandonatos, G.D., Napolitano, M.A., Lewis, B.A., Whiteley, J.A., & **Marcus, B.H.** (2006). Perceived enjoyment moderates the efficacy of an individually tailored physical activity intervention. *Journal of Sport and Exercise Psychology*, 28(3), 300-309.

- 118. **Marcus, B.H.**, Napolitano, M.A., Lewis, B.A., King, A.C., Whiteley, J.A., Albrecht, A.E., Parisi, A.F., Bock, B.C., Pinto, B.M., Sciamanna, C.A., Jakicic, J.M., & Papandonatos, G.D. (2007). Examination of print and telephone channels for physical activity promotion: Rationale, design, and baseline data from project STRIDE. *Contemporary Clinical Trials*, *28*(1), 90-104.
- 119. **Marcus, B.H.**, Lewis, B.A., Williams, D.M., Dunsiger, S.I., Jakicic, J.M., Whiteley J.A., Albrecht A.E., Napolitano, M.A., Bock, B.C., Tate, D.F., Sciamanna C.A., & Parisi, A.F. (2007). A comparison of Internet and print-based physical activity interventions. *Archives of Internal Medicine*, *167*(9), 944-949.
- 120. **Marcus, B.H.**, Napolitano, M.A., King, A.C., Lewis, B.A., Whiteley, J.A., Albrecht, A.E., Parisi, A.F., Bock, B.C., Pinto, B.M., Sciamanna, C., Jakicic, J.M., & Papandonatos, G.D. (2007). Telephone versus print delivery of an individualized motivationally-tailored physical activity intervention: Project STRIDE. *Health Psychology*, 26(4), 401-409.
- 121. Plotnikoff, R.C., Brunet, S., Courneya, K.S., Spence, J.C., Birkett, N.J., **Marcus, B.H.**, & Whiteley, J.A. (2007). The efficacy of stage-matched and standard public health materials for promoting physical activity in the workplace: The Physical Activity Workplace Study (PAWS). *American Journal of Health Promotion*, 21(6), 501-509.

- 122. Sevick, M.A., Napolitano, M.A., Papandonatos, G.D., Gordon, A.J., Reiser, L.M., & **Marcus, B.H.** (2007). Cost-effectiveness of alternative approaches for motivating activity in sedentary adults: Results of project STRIDE. *Preventive Medicine, 45*(1), 54-61.
- 123. **Marcus, B.H.**, Lewis, B.A., Williams, D.M., Whiteley, J.A., Albrecht, A.E., Jakicic, J.M., Parisi, A.F., Hogan, J.W., Napolitano, M.A., & Bock, B.C. (2007). Step Into Motion: A randomized trial examining the relative efficacy of Internet vs. print-based physical activity interventions. *Contemporary Clinical Trials*, 28(6), 737-747.
- 124. King, A.C., Friedman, R.H., **Marcus, B.H.**, Castro, C., Napolitano, M.A., Ahn, D., & Baker, L. (2007). Ongoing physical activity advice by humans versus computers: The Community Health Advice by Telephone (CHAT) Trial. *Health Psychology*, 26(6), 718-727.
- 126. Whiteley, J.A., Napolitano, M.A., Lewis, B.A., Williams, D.M., Albrecht, A.E., Neighbors, C.J., Sciamanna, C.N., & **Marcus, B.H.** (2007). Commit to quit in the YMCAs: Translating an evidence based quit smoking program for women into a community setting. *Nicotine and Tobacco Research*, 9(11), 1227-1235.

- 127. Williams, D.M., Dunsiger, S.I., Ciccolo, J., Lewis, B.A., Albrecht, A.E., & **Marcus, B.H.** (2008). Acute affective response to a moderate intensity exercise stimulus predicts physical activity participation 6 and 12 months later. *Psychology of Sport and Exercise*, *9*(3), 231-245.
- 128. Williams, D.M., Lewis, B.A., Dunsiger, S., King, T.K., Jennings, E., & Marcus, B.H. (2008). Increasing fitness is associated with fewer depressive symptoms during successful smoking abstinence among women. *International Journal of Fitness*, *4*(1), 39-44.
- Dutton, G.R., Napolitano, M.A., Whiteley, J.A., & **Marcus, B.H.** (2008). Is physical activity a gateway behavior for diet? Findings from a physical activity trial. *Preventive Medicine*, *46*(3), 216-221.
- 130. Garber, C.E., Allsworth, J.E., **Marcus, B.H.**, Hesser, J., & Lapane, K.L. (2008). Correlates of the stages of change for physical activity in a population survey. *American Journal of Public Health, 98*(5), 897-904.
- 131. Williams, D.M., Matthews C.E., Rutt, C., Napolitano, M.A., & **Marcus, B.H.** (2008). Interventions to increase walking behavior. *Medicine and Science in Sports and Exercise, 40*(7S), 567-573.
- 132. Jakicic J.M., **Marcus B.H.**, Lang, W., & Janney C. (2008). Effect of exercise on 24-month weight loss maintenance in overweight women. *Archives of Internal Medicine*, *168*(14), 1550-1559.
- 133. Roy J, Hogan J.W., & **Marcus B.H.** (2008). Principal stratification with predictors of compliance for randomized trials with 2 active treatments. *Biostatistics*, *9*(2), 277-89.
- 134. Napolitano, M.A., Papandonatos, G.D., Lewis, B.A., Whiteley, J.A., Williams, D.M., King, A.C., Bock, B.C., Pinto, B.M., & **Marcus, B.H.** (2008). Mediators of physical activity behavior change: A multivariate approach. *Health Psychology*, 27(4), 409-18.
- 135. Ussher, M., Aveyard, P., Coleman, T., Straus, L., West, R., **Marcus, B.H.**, Lewis, B.A., & Manyonda, I. (2008). Physical activity as an aid to smoking cessation during pregnancy: Two feasibility studies. *BioMed Central Public Health*, *8*, 328.

- 136. Williams, D.M., Lewis, B.A., Dunsiger, S., Whiteley, J.A., Papandonatos, G.D., Napolitano, M.A., Bock, B.C., Ciccolo, J.T., & **Marcus, B.H.** (2008). Comparing psychosocial predictors of physical activity adoption and maintenance. *Annals of Behavioral Medicine*, *36*(2), 186-194.
- 137. Pinto, B.M., Rabin, C., Papandonatos, G.D., Frierson, G.M., Trunzo, J.J., & Marcus, B.H. (2008). Maintenance of effects of a home-based physical activity program among breast cancer survivors. *Support Care Cancer*, *16*(11), 1279-89.
- 138. Frierson, G.M., Williams, D.M., Dunsiger, S., Lewis, B.A., Whiteley J.A., Albrecht, A.E., Jakicic, J.M., Horowitz, S.M., & **Marcus, B.H.** (2008). Recruitment of a racially and ethnically diverse sample into a physical activity efficacy trial. *Journal of the Society for Clinical Trials*, *5*(5), 504-16.
- 139. Lewis, B.A., Williams, D., Dunsiger, S., Sciamanna, C., Whiteley, J., Napolitano, M., Bock, B., Jakicic, J., Getz, M., & **Marcus, B.H.** (2008). Perceived enjoyment in a randomized controlled trial. *Preventive Medicine*, *47*(5), 508-13.
- 140. Neighbors, C.J., Marquez, D.X., & **Marcus, B.H.** (2008). Leisure time physical activity disparities among Latino subgroups in the United States. *American Journal of Public Health*, *98*(8), 1460-1464.

<u>2009</u>

- 141. Pekmezi, D., Jennings, E., & **Marcus, B.H.** (2009). Evaluating and enhancing self-efficacy for physical activity. *ACSM'S Health & Fitness Journal*, *13*(2), 16-21. doi: 10.1249/FIT.0b013e3181996571.
- 142. **Marcus, B.H.**, Ciccolo, J.T., & Sciamanna, C.N. (2009). Using electronic/computer-based interventions to promote physical activity. *British Journal of Sports Medicine*, *43*(2), 102-105.
- 143. Chasan-Taber, L., **Marcus, B.H.**, Stanek III, E., Ciccolo, J.T., Marquez, D.X., Solomon, C.G., & Markenson, G.A. (2009). A randomized controlled trial of prenatal physical activity to prevent gestational diabetes: Design and methods. *Journal of Women's Health*, *18*(6), 851-859.
- 144. Brown, R.A., Abrantes, A.M., Read, J.P., **Marcus, B.H.**, Jakicic, J.M., Strong, D.R., Oakley, J.R., Ramsey, S.E., Kahler, C.W., Stuart, G.G., Dubreuil, M.E., & Gordon, A.A. (2009). Aerobic exercise for alcohol recovery: Rationale, program description, and preliminary findings. *Behavior Modification*, 33(2), 220-249.
- 145. Vickers, K.S., Patten, C.A., Lewis, B.A., Clark, M.M., Ussher, M., Ebbert, J.O., Croghan, I.T., Decker, P.A., Hathaway, M.S., **Marcus, B.H.**, & Hurt, R.D. (2009). Feasibility of an exercise counseling intervention for depressed women smokers. *Nicotine & Tobacco Research*, *11*(8), 985-995.
- 146. Liu X., Daniels M.J., & **Marcus B.H.** (2009). Joint models for the association of longitudinal binary and continuous processes with application to a smoking cessation trial. *Journal of the American Statistical Association*, 104(486), 429-438.
- 147. McAndrew, L.M., Napolitano, M.A., Albrecht, A.E., Farrell, N.C., & **Marcus, B.H.** (2009). When, why and for whom there is a relationship between physical activity and menopause symptoms. *Maturitas, 64*(2). 119-125.
- 148. Ries, A.V., Dunsiger, S., & **Marcus, B.H.** (2009). Physical activity interventions and changes in perceived home and facility environments. *Preventive Medicine*, *49*(6), 515–517.

149. Pekmezi, D.W., Neighbors, C.J., Lee, C.S., Gans, K.M., Bock, B., Morrow, K.M., Marquez, B., Dunsiger, S., & **Marcus, B.H.** (2009). A culturally adapted physical activity intervention for Latinas: A randomized controlled trial. *American Journal of Preventive Medicine*, 37(6), 495-500.

<u>2010</u>

- 150. Lewis, B.A., Williams, D.M., Neighbors, C.J., Jakicic, J.M., & **Marcus, B.H.** (2010). Cost analysis of an internet and print intervention for physical activity promotion. *Psychology of Sport & Exercise*, *11*(3), 246-249.
- 151. Brown, R.A., Abrantes, A.M., Read, J.P., **Marcus, B.H.**, Jakicic, J.M., Strong, D.R., Oakley, J.R., Ramsey, S.E., Kahler, C.W., Stuart, G.G., Dubreuil, M.E., & Gordon, A.A. (2010). A pilot study of aerobic exercise as an adjunctive treatment for drug dependence. *Mental Health and Physical Activity*, 3(1), 27-34.
- 152. Williams, D.M., Whiteley, J.A., Dunsiger, S., Jennings, E.G., Albrecht, A.E., Ussher, M.H., Ciccolo, J.T., Parisi, A.F., & **Marcus**, **B.H.** (2010). Moderate intensity exercise as an adjunct to standard smoking cessation treatment for women: A pilot study. *Psychology of Addictive Behaviors*, *24*(2), 349-54.
- 153. Pekmezi, D.W., Williams, D.M., Dunsiger, S., Jennings, E.G., Lewis, B.A., Jakicic, J.M., & **Marcus**, **B.H.** (2010). Feasibility of using computer-tailored and Internet-based interventions to promote physical activity in underserved populations. *Telemedicine Journal and e-Health*, *16*(4), 498-503.
- 154. Bock, B.C., Morrow, K.M., Becker, B.M., Williams, D.M., Tremont, G., Gaskins, R.B., Jennings, E., Fava, J.L., & Marcus, B.H. (2010). Yoga as a complementary treatment for smoking cessation: Rationale, study design and participant characteristics of the Quitting-in-Balance study. *BMC Complementary and Alternative Medicine*, 10(1), 14.
- 155. Carroll, J.K., Lewis, B.A., **Marcus, B.H.**, Lehman, E.B., Shaffer, M.L., & Sciamanna, C.N. (2010). Computerized tailored physical activity reports: A randomized controlled trial. *American Journal of Preventive Medicine*, 39(2), 148-156.
- 156. Baruth, M., Wilcox, S., Dunn A.L., King, A.C., **Marcus, B.H.**, Rajeski, W.J., Sallis, J.F., & Blair, S.N. (2010). Psychosocial mediators of physical activity and fitness changes in the Activity Counseling Trial. *Annals of Behavioral Medicine*, *39*(3), 274-89.
- 157. Nademin, M.E., Napolitano, M.A., Xanthopoulas, M.S., Lloyd-Richardson, E.E., Fava, J.L., & **Marcus, B.H.** (2010). Smoking cessation in college-aged women: A qualitative analysis of factors important to this population. *Addiction Research and Theory.* 18(6). 649-666.
- 158. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (2010). Walk score as a global estimate of neighborhood walkability. *American Journal of Preventive Medicine*, *39*(5), 460-3.
- 159. Unick, J.L., Jakicic J.M., & **Marcus B.H.** (2010). Contribution of behavior intervention components to 24-month weight loss. *Medicine and Science in Sports and Exercise, 42*(4), 745-53.
- 160. Napolitano, M.A., Borradaile, K.E., Lewis, B.A., Whiteley, J.A., Longval, J.L., Parisi, A.F., Albrecht, A.E., Sciamanna, C.N., Jakicic, J.M., Papandonatos, G.D., & **Marcus, B.H.** (2010). Accelerometer use in a physical activity intervention trial. *Contemporary Clinical Trials*, 31(6), 514-23.

2011

161. Baruth, M., Wilcox, S., Sallis, J.F., King, A.C., **Marcus, B.H.**, & Blair, S.N. (2011). Changes in CVD risk factors in the Activity Counseling Trial. *International Journal of General Medicine*, *4*, 53-62.

- 162. Bryan, A.D., Nilsson, R., Magnan, R.E., **Marcus, B.H.**, Tompkins, S.A., & Hutchison, K.E. (2011). The big picture of individual differences in physical activity behavior change: A transdisciplinary approach. *Psychology of Sport and Exercise, 12*(1), 20-26.
- 163. Baruth, M., Lee, D.C., Sui, X., Church, T.S., **Marcus, B.H.**, Wilcox, S., & Blair, S.N. (2011). Emotional outlook on life predicts increases in physical activity among initially inactive men. *Health Education Behavior 38*(2), 150-158.
- 164. Napolitano, M.A., Lloyd-Richardson, E.E., Fava, J.L., & **Marcus, B.H.** (2011). Targeting body image schema for smoking cessation among college females: rationale, program description, and pilot results. *Behavior Modification* 35(4), 323-46.
- 165. Ciccolo, J.T., Dunsiger, S.I., Williams, D.M., Bartholomew, J.B., Jennings, E.G., Ussher, M.H., Kraemer, W.J., & **Marcus, B.H.** (2011). Resistance training as an aid to standard smoking cessation treatment: a pilot study. *Nicotine and Tobacco Research*, *13*(8), 756-60.
- 166. Napolitano, M.A., Papandonatos, G.D., Borradaile, K.E., Whiteley, J.A., & **Marcus, B.H.** (2011). Effects of weight status and barriers on physical activity adoption among previously inactive women. *Obesity*, 19(11), 2183-2189.
- 167. Williams, D.M., Papandonatos, G.D., Jennings, E.G., Napolitano, M.A., Lewis, B.A., Whiteley, J.A., Bock, B.C., Albrecht, A.E., Dunsiger, S., Parisi, A.F., King, A.C., & Marcus, B.H. (2011). Does tailoring on additional theoretical constructs enhance the efficacy of a print-based physical activity promotion intervention? *Health Psychology*, 30(4), 432-41.
- 168. Ma, Y., Roy, J., & **Marcus, B.H.** (2011). Causal models for randomized trials with two active treatments and continuous compliance. *Statistical Medicine*, *30*(19), 2349-62.
- 169. Pinto, B.M., Goldstein, M.G., Papandonatos, G.D., Farrell, N., Tilkemeier, P., **Marcus, B.H.**, & Todaro, J.F. (2011). Maintenance of exercise after phase II cardiac rehabilitation: A randomized controlled trial. *American Journal of Preventive Medicine*, *41*(3), 274-83.
- 170. Trivedi, M.H., Greer, T.L., Grannemann, B.D., Church, T.S., Somoza, E., Blair, S.N., Szapocznik, J., Stoutenberg, M., Rethorst, C., Warden, D., Ring, K.M., Walker, R., Morris, D.W., Kosinski, A.S., Kyle, T., **Marcus, B.H.**, Crowell, B., Oden, N., & Nunes, E. (2011). Stimulant Reduction Intervention using Dosed Exercise (STRIDE) CTN 0037: Study protocol for a randomized control trial. *Trials, 12,* 206.
- 171. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (2011). Validation of walk score for estimating access to walkable amenities. *British Journal of Sports Medicine*, *45*(14), 1144-8.
- 172. Chasan-Taber, L., Silveira, M., **Marcus, B.H.**, Braun, B., Stanek, E., & Markenson, G. (2011). Feasibility and efficacy of a physical activity intervention among pregnant women: The Behaviors Affecting Baby and You (B.A.B.Y.) study. *Journal of Physical Activity and Health*, 8(Suppl 2), S228-38.
- 173. Hartman, S.J., Dunsiger, S.I., Pekmezi, D., Barbera, B., Neighbors, C., Marquez, B., & **Marcus, B.H.** (2011). Impact of baseline BMI upon the success of Latina participants enrolled in a 6-month physical activity intervention. *Journal of Obesity*, doi:10.1155/2011/921916.
- 174. Rabin, C., Dunsiger, S., Ness, K., & **Marcus, B.H.** (2011). Internet-based physical activity intervention targeting young adult cancer survivors. *Journal of Adolescent and Young Adult Oncology*, 1(4), 188-194.

- 175. Carr, L.J., Walaska, K.A., & **Marcus**, **B.H.** (2012). Feasibility of a portable pedal exercise machine for reducing sedentary time in the workplace. *British Journal of Sports Medicine*, *46*(6), 430-5.
- 176. Williams, D.M., Dunsiger, S., Jennings, E.G., & **Marcus, B.H.** (2012). Does affective valence during and immediately following a ten-minute walk predict concurrent and future physical activity? *Annals of Behavioral Medicine*, *44*(1), 43-51.
- 177. Papandonatos, G.D., Williams, D.M., Jennings, E.G., Napolitano, M.A., Bock, B.C., Dunsiger, S., & Marcus, B.H. (2012). Mediators of physical activity behavior change: Findings from a 12-month randomized controlled trial. *Health Psychology*, 31(4). 512-20.
- 178. Lewis, B.A., Gierdinger, D.W., Avery, M.D., Guo, H., Sirard, J.R., Bonikowske, A.R., & Marcus, B.H. (2012). Examination of a telephone-based exercise intervention for the prevention of postpartum depression: Design, methodology, and baseline data from the Healthy Mom study. *Contemporary Clinical Trials*, 33(6), 1150-58.
- 179. Ussher, M., Aveyard, P., Manyonda, I., Lewis, S., West, R., Lewis, B., **Marcus, B.H.**, Taylor, A.H., Barton, P., & Coleman, T. (2012). Physical activity as an aid to smoking cessation during pregnancy (LEAP) trial: Study protocol for a randomized controlled trial. *Trials*, *4*(13), 186.
- 180. Whiteley, J., Williams, D., Jennings, E.G., Ciccolo, J., Bock, B., Linke, S., & Marcus, B.H. (2012). Outcomes from the randomized trial of Commit to Quit in the YMCAs. *American Journal of Preventive Medicine*, *43*(3), 256-62.
- 181. Bock, B.C., Fava, J.L., Gaskins, R., Morrow, K.M., Williams, D.M., Jennings, E., Becker, B.M., Tremont, G., & Marcus, B.H. (2012). Yoga as a complementary treatment for smoking cessation. *Journal of Women's Health*, *21*(2), 240-8.
- 182. Pratt, M., Sarmiento, O.L., Montes, F., Ogilvie, D., **Marcus, B.H.**, Perez, L.G., Brownson, R.C. (2012). The implications of megatrends in information and communication technology and transportation for changes in global physical activity. *The Lancet*, *380*(9838), 282-93.
- 183. Pekmezi, D., Dunsiger, S., Gans, K., Bock, B., Gaskins, R. Marquez, B., Lee, C., Neighbors, C., Jennings, E., Tilkemeier, P., & **Marcus, B.H.** (2012). Rationale, design, and baseline findings from Seamos Saludables: A randomized controlled trial testing the efficacy of a culturally and linguistically adapted, computer-tailored physical activity intervention for Latinas. *Contemporary Clinical Trials*, 33(6), 1261-71.
- 184. Stoutenberg, M., Rethorst, C.D., Fuzat, G., Greer, T.L., Blair, S.N., Church, T.S., **Marcus, B.H.**, & Trivedi, M.H. (2012). Stimulant Reduction Intervention using Dosed Exercise (STRIDE) Description of the exercise intervention and behavioral program to ensure adherence. *Mental Health and Physical Activity*, *5*, 175-182.
- 185. Smits, J.A.J., Zvolensky, M.J., Rosenfield, D., **Marcus, B.H.**, Church, T.S., Frierson, G., Powers, M.B., Otto, M.W., Davis, M.L., & DeBoer, L.B., & Briceno, N.F. (2012). The efficacy of vigorous-intensity exercise as an aid to smoking cessation in adults with elevated anxiety sensitivity: study protocol for a randomized controlled trial. *Trials*, *13*, 207.

<u> 2013</u>

186. Linke, S.E., Ciccolo, J.T., Ussher, M., & **Marcus, B.H.** (2013). Exercise-based smoking cessation interventions among women. *Women's Health*, 9(1), 69-84. doi: 10.2217/whe.12.63.

- 187. Magnan, R.E., Nilsson, R., **Marcus, B.H.,** Ciccolo, J.T., & Bryan, A.D. (2013). A transdisciplinary approach to the selection of moderators of an exercise promotion intervention: Baseline data and rationale for Colorado STRIDE. *Journal of Behavioral Medicine, 36*(1), 20-33. doi: 10.1007/s10865-011-9385-x.
- 188. Hartman, S.J., Dunsiger, S.I., & Marcus, B.H. (2013). A pilot study of a physical activity intervention targeted towards women at increased risk for breast cancer. *Psycho-Oncology*, 22(2), 381-387. doi: 10.1002/pon.2101
- 189. Dominick, G.M., Dunsiger, S.I., Pekmezi, D.W., & **Marcus, B.H.** (2013). Health literacy predicts change in physical activity self-efficacy among sedentary Latinas. *Journal of Immigrant and Minority Health*, *15*(3), 533-539. doi: 10.1007/s10903-012-9666-7.
- 190. Carr, L.J., Dunsiger, S., Lewis, B., Ciccolo, J.T, Hartman, S., Bock, B., Dominick, G., & **Marcus, B.H.** (2013). Randomized controlled trial testing an internet physical activity intervention for sedentary adults. *Health Psychology*, *32*(3), 328-336. doi: 10.1037/a0028962
- 191. Pekmezi, D., Dunsiger, S.I., Neighbors, C., Marquez, B., Gaskins, R., & **Marcus, B.H.** (2013). Feasibility and acceptability of using pedometers as an intervention committl for Latinas. *Journal of Physical Activity* & *Health*, 10(3), 451-457.
- 192. Rabin, C., Horowitz, S., & **Marcus, B.H.** (2013). Recruiting young adult cancer survivors for behavioral research. *Journal of Clinical Psychology in Medical Settings*, *20*(1), 33-36. doi: 10.1007/s10880-012-9317-0.
- 193. Whiteley, J.A., Williams, D.M., Jennings, E.G., Ciccolo, J.T., Bock, B.C. Dunsiger, S., & **Marcus, B.H.** (2013). The challenges of translating an efficacious smoking cessation program, Commit to Quit, to the community setting of YMCAs. *Translational Behavioral Medicine: Practice, Policy and Research, 3*(1), 47-58. doi: 10.1007/s13142-012-0181-0.
- 194. Lewis, B.A., Williams, D.M., Martinson, B.C., Dunsiger, S., & **Marcus, B.H.** (2013). Healthy for Life: A randomized trial examining physical activity outcomes and psychosocial mediators. *Annals of Behavioral Medicine*, *45*(2), 203-212. doi: 10.1007/s12160-012-9439-5
- 195. Pekmezi, D., **Marcus, B.H.**, Meneses, K., Baskins, M.L., Ard, J.D., Martin, M.Y., Adams, N., Robinson, C., & Demark-Wahnefried, W. (2013). Developing a theory-based intervention to address physical activity barriers for African American women in the Deep South. *Women's Health*, 9(3), 301-312. doi: 10.2217/whe.13.20
- 196. Pinto, B.M., Dunsiger, S.I., Farrell, N., **Marcus, B.H.**, & Todaro, J.F. (2013). Psychosocial outcomes of an exercise maintenance intervention after phase II cardiac rehabilitation. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 33(2), 91-98. doi: 10.1097/HCR.0b013e3182825531
- 197. Larsen, B., Pekmezi, D., Marquez, B., Benitez, T., & **Marcus, B.H.** (2013). Physical activity in Latinas: Social and environmental influences. *Women's Health*, 9(2), 201-210. doi: 10.2217/whe.13.9
- 198. Pinto, B.M., Papandonatos, G.D., Goldstein, M.G., **Marcus, B.H.**, & Farrell, N. (2013). Home-based physical activity intervention for colorectal cancer survivors. *Psycho-oncology*, 22(1), 54-64. doi: 10.1002/pon.2047
- 199. Hekler, E.B., Buman, M.P., Otten, J., Castro, C.M., Grieco, L., **Marcus, B.H.**, Friedman, R.H., Napolitano, M.A., & King, A.C. (2013). Determining who responds better to a computer- vs. human-delivered physical activity intervention: results from the Community Health Advice by Telephone

- (CHAT) Trial. *International Journal of Behavioral Nutrition and Physical Activity, 10*(109). doi: 10.1186/1479-5868-10-109
- 200. **Marcus, B.H.**, Dunsiger, S.I., Pekmezi, D.W., Larsen, B.A., Bock, B.C., Gans, K.M., Marquez, B., Morrow, K.M., & Tilkemeier, P. (2013). The Seamos Saludables Study: A randomized controlled physical activity trial of Latinas. *American Journal of Preventive Medicine*, *45*(5), 598-605. doi: 10.1016/j.amepre.2013.07.006
- 201. Bryan, A.D., Magnan, R.E., Caldwell Hooper, A.E, Ciccolo, J.T., **Marcus, B.H.**, & Hutchison, K.E. (2013). Colorado Stride (COSTRIDE): Testing genetic and physiological moderators of response to an intervention to increase physical activity. *International Journal of Behavioral Nutrition and Physical Activity*, *10*(139). doi: 10.1186/1479-5868-10-139

<u>2014</u>

- 202. Plow, M., Bethoux, F., McDaniel, C., McGlynn, M., & **Marcus, B.H.** (2014). Randomized controlled pilot study of personalized pamphlets to promote physical activity and symptom self-management in women with multiple sclerosis. *Clinical Rehabilitation*, 28(2), 139-148. doi: 10.1177/0269215513494229
- 203. Plow, M., Bethoux, F., Mai, K., & **Marcus B.H.** (2014). A formative evaluation of customized pamphlets to promote physical activity and symptom self-management in women with multiple sclerosis. *Health Education Research*. 29(5): 883-896. doi: 10.1093/her/cyu034
- 204. King, A.C., Hekler, E.B., Castro, C.M., Buman, M.P., **Marcus, B.H.**, Friedman, R.H., & Napolitano, M.A. (2014). Exercise advice by humans versus computers: Maintenance effects at 18 Months. *Health Psychology*, 33(2), 192-196. doi: 10.1037/a0030646
- 205. Lewis, B.A., Gjerdingen, D., Avery, M., Sirard, J., Guo, H., Schuver, K., & **Marcus, B.H.** (2014). A randomized trial examining a physical activity intervention for the prevention of postpartum depression: The Healthy Mom Trial. *Mental Health and Physical Activity, 7*(1), 42-49. doi: 10.1016/j.mhpa.2013.11.002
- 206. Daniels, M.J., Wang, C., & **Marcus, B.H.** (2014). Fully Bayesian inference under ignorable missingness in the presence of auxiliary covariates. *Biometrics* 70(1), 62-72. doi: 10.1111/biom.12121
- 207. Rethorst, C.D., Greer, T.L., Grannemann, B., Ring, K.M., **Marcus, B.H.**, & Trivedi, M.H. (2014). A health education intervention as the control condition in the CTN-0037 STRIDE multi-site exercise trial: Rationale and description. *Mental Health and Physical Activity, 7*(1), 37-41. doi: 10.1016/j.mhpa.2013.12.001
- 208. Larsen, B.A., Dunsiger, S., Hartman, S., Nodora, J., Pekmezi, D., Marquez, B., Noble, M.L., Rojas, C., & **Marcus, B.H.** (2014). Activo: Assessing the feasibility of designing and implementing a physical activity intervention for Latino men. *International Journal of Men's Health*, *13*(1), 60-71. doi: 10.3149/jmh.1301.60
- 209. Brown, R.A., Abrantes, A.M., Minami, H., Read, J.P., **Marcus, B.H.**, Jakicic, J.M., Strong, D.R., Dubreuil, M., Gordon, A.A., Ramsey, S.E., Kahler, C.W., & Stuart, G.L. (2014). A preliminary, randomized trial of aerobic exercise for alcohol dependence. *Journal of Substance Abuse Treatment,* 47(1), 1-9. doi: 10.1016/j.jsat.2014.02.004
- 210. Chasan-Taber, L., **Marcus, B.H.**, Milagros, R.C., Tucker, K.L., Hartman, S.J., Pekow, P., Braun, B., Moore Simas, T.A., Solomon, C.G., Manson, J.E., & Markenson, G. (2014). Estudio Parto: Postpartum diabetes prevention program for Hispanic women with abnormal glucose tolerance in

- pregnancy: A randomized controlled trial-study protocol. *BMC Pregnancy and Childbirth*, *14*(1), 100. doi: 10.1186/1471-2393-14-100
- 211. Larsen, B.A., Noble, M.L., Murray, K.E., & **Marcus, B.H.** (2014). Physical activity in Latino men and women: Facilitators, barriers, and interventions. *American Journal of Lifestyle Medicine*, *9*(1), 4-30. doi: 10.1177/1559827614521758
- 212. Abrantes, A.M., Litvin Bloom, E., Strong, D.R., Riebe, D., **Marcus, B.H.**, Desaulniers, J., Fokas, K., & Brown, R.A. (2014). A preliminary randomized controlled trial of a behavioral exercise intervention for smoking cessation. *Nicotine & Tobacco Research*, *16*(8), 1094-1103. doi: 10.1093/ntr/ntu036
- 213. Ciccolo, J., Williams D.M., Dunsiger, S.I., Whitworth, J.W., McCullough, A.K., Bock, B.B., **Marcus, B.H.**, & Myerson, M. (2014). Efficacy of resistance training as an aid to smoking cessation: Rationale and design of the Strength to Quit Study. *Mental Health and Physical Activity, 7*(2), 95-103. doi: 10.1016/j.mhpa.2014.05.004
- 214. Hartman, S.H., Eaton, C., Risica, P., Gans, K., & **Marcus, B.H.** (2014). Tailored weight loss intervention in obese adults within primacy care practice: Rationale, design and methods of Choose to Lose. *Contemporary Clinical Trials*, *38*(2), 409-919. doi: 10.1016/j.cct.2014.06.001
- 215. Bock, B.C., Rosen, R., Fava, J., Gaskins, R., Jennings, E.G., Thind, H., Carmody, J., Dunsiger, S., Gidron, N., Becker, B., & **Marcus**, **B.H.** (2014). Testing the efficacy of yoga as a complementary therapy for smoking cessation: Design and methods of the BreathEasy trial. *Contemporary Clinical Trials*, 38(2), 321-332. doi: 10.1016/j.cct.2014.06.003
- 216. Hawkins, M., Hosker, M., **Marcus, B.H.**, Milagros, R., Braun, B., Stanek, E.J. 3rd, Marksenson, G., & Chasan-Taber, L. (2014). A pregnancy lifestyle intervention to prevent gestational diabetes risk factors in overweight Hispanic women: A feasibility randomized controlled trial. *Diabetic Medicine, 32*(1), 108-115. doi: 10.1111/dme.12601
- 217. Hawkins, M.S., Hough, L.J., Berger, M.A., Mor, M.K., Steenkiste, A.R., Gao, S., Stone, R.A., Burkitt, K.H., **Marcus, B.H.**, Ciccolo, J.T., Kriska, M.A., Klinvex, D.T., & Sevick, M.A. (2014). Recruitment of veterans from primary care into a physical activity randomized controlled trial: The experience of the VA-STRIDE study. *Trials*, *15*, 11-11. doi: 10.1186/1745-6215-15-11
- 218. Gaskins, J.T., Daniels, M.J., & **Marcus, B.H.** (2014). Sparsity inducing prior distributions for correlation matrices of longitudinal data. *Journal of Computational and Graphical Statistics*, *23*(4), 966-984. doi: 10.1080/10618600.2013.852553
- 219. Hawkins, M., Chasan-Taber, L., **Marcus, B.H.**, Stanek, E., Braun, B., Ciccolo, J., & Markenson, G. (2014). The impact of an exercise intervention on physical activity during pregnancy: The Behaviors Affecting Baby and You (B.A.B.Y.) Study. *American Journal of Public Health*, *104*(10), 74-81. doi: 10.2105/AJPH.2014.302072

- 220. **Marcus, B.H.**, Dunsiger, S.I., Pekmezi, D., Larsen, B.A., Marquez, B., Bock, B.C., Gans, K.M., Morrow, K.M., & Tilkemeier, P. (2015). 12-month physical activity outcomes in Latinas in the Seamos Saludables Trial. *American Journal of Preventive Medicine, 48*(2), *179-82*. doi: 10.1016/j.amepre.2014.08.032
- 221. Dominick, G.M., Dunsiger, S.I., Pekmezi, D.W., Larsen, B.A., Marquez, B., Nodora, J., Gans, K.M., & Marcus, B.H. (2015). Moderating effects of health literacy on change in physical activity among Latinas in a randomized trial. *Journal of Racial and Ethnic Health Disparities*, 2(3), 351-357.

- doi: 10.1007/s40615-014-0080-9
- 222. Ussher, M., Lewis, S., Aveyard, P., Manyonda, I., West, R., Lewis, B., **Marcus, B.H.**, Riaz, M., Taylor, A., & Coleman, T. (2015). Physical activity for smoking cessation in pregnancy: Randomised controlled trial. *British Medical Journal, 350.* doi: http://dx.doi.org/10.1136/bmj.h2145
- 223. Bock, B.C., Thind, H., Dunsiger, S.I., Serber, E.R., Ciccolo, J., Cobb, V., Palmer, K., Abernathy, S., & Marcus, B.H. (2015). Exercise videogames for physical activity and fitness: Design and rationale of the Wii Heart Fitness trial. *Contemporary Clinical Trials*, *42*, 204-212. doi: 10.1016/j.cct.2015.04.007
- 224. Hawkins, M., Braun, B., **Marcus, B.H.**, Stanek, E., Markenson, G., & Chasan-Taber, L. (2015). The impact of an exercise intervention on C-reactive protein during pregnancy: A randomized controlled trial. *BMC Pregnancy and Childbirth, 139.* doi: 10.1186/s12884-015-0576-2
- 225. Benitez, T., Keller, C., Meneses, K., Pekmezi, D.W., Marquez, B., **Marcus, B.H.**, Joseph, R., & Herrington, C. (2015). Using web-based technology to promote physical activity in Latinas: Results of the Muévete Alabama pilot study. *CIN: Computers, Informatics, Nursing, 33*(7), 315-324. doi: 10.1097/CIN.00000000000162
- 226. Cadmus-Bertram, L., **Marcus, B.H.**, Patterson R., Parker, B., & Morey, B. (2015). Randomized trial of a Fitbit-based physical activity intervention for women. *American Journal of Preventive Medicine, 49*(3), 414-418. doi: 10.1016/j.amepre.2015.01.020
- 227. Chasan-Taber, L., **Marcus, B.H.**, Milagros, R., Tucker, K., Hartman, S.J., Pekow, P., Stanek, E.J. 3rd, Braun, B., Solomon, C.G., Manson, J.E., Goff, S.L., & Marksenson, G. (2015). Proyecto Mama: A lifestyle intervention in overweight and obese Hispanic women: A randomised controlled trial. *BMC Pregnancy and Birth, 15,* 157. doi: 10.1186/s12884-015-0575-3
- 228. **Marcus, B.H.**, Hartman, S.J., Pekmezi, D., Dunsiger, S.I., Linke, S., Marquez, B., Gans, K.M., Bock, B.C., Larsen, B.A., & Rojas, C. (2015). Using interactive Internet technology to promote physical activity in Latinas: Rationale, design, and baseline findings of Pasos Hacia La Salud. *Contemporary Clinical Trials*, S1551-7144(15). doi: 10.1016/j.cct.2015.08.004
- 229. Ussher, M., Lewis, S., Aveyard, P., Manyonda, I., West, R., Lewis, B., **Marcus B.H.**, Riaz, M., Taylor, A.H., Barton, P., Daley, A., Essex, H., Esliger, D., & Coleman, T. (2015). The London Exercise And Pregnant (LEAP) smokers trial: A randomised controlled trial of physical activity for smoking cessation in pregnancy with an economic evaluation. *Health Technology Assessment, 19*(84). doi: 10.3310/hta19840
- 230. Lewis, B.A., Williams, D., Frayeh, A., & **Marcus, B.H.** (2015). Self-efficacy versus perceived enjoyment as predictors of physical activity behavior. *Psychology & Health, 31*(4), 456-69. doi: 10.1080/08870446.2015.1111372
- 231. Cadmus-Bertram, L., Patterson R., **Marcus, B.H.**, Parker, B., & Morey, B. (2015). Use of the Fitbit to measure adherence to a physical activity intervention among overweight or obese, postmenopausal women: Self-Monitoring trajectory during 16 weeks. *Journal of Medical Internet Research*, *3*(4). doi: 10.2196/mhealth.4229
- 232. Hartman, S.J., Dunsiger, S.I., Marinac, C.R., **Marcus, B.H.**, Rosen, R.K., Gans, K.M. (2015). Internet-based physical activity intervention for women with a family history of breast cancer. *Health Psychology, 34*, Suppl: 1296-304. doi: 10.1037/hea0000307
- 233. Lewis, B.A., Schuver, K., Gjerdingen, D., Avery, M., Sirard, J., & **Marcus, B.H.** (2015). The relationship between prenatal antidepressant use and the decision to breastfeed among women enrolled in a

- randomized exercise intervention trial. *Journal of Human Lactation*, 32(3), NP67-72. doi: 10.1177/0890334415592153
- 234. Larsen, B.A., Gilmer, T., Pekmezi, D., Napolitano, M.A., & Marcus, B.H. (2015). Cost effectiveness of a mail-delivered individually tailored physical activity intervention for Latinas vs. a mailed contact control. *International Journal of Behavioral Nutrition and Physical Activity, 12,* 140. doi: 10.1186/s12966-015-0302-5

<u> 2016</u>

- 235. Smits, J.A.J., Zvolensky, M.J., Davis, M.L., Rosenfield, D., **Marcus, B.H.**, Church, T.S., Baird, S.O. (2016). The efficacy of vigorous-intensity exercise as an aid to smoking cessation in adults with high anxiety sensitivity: A randomized controlled trial. *Psychosomatic Medicine*, *78*(3), 354-64. doi: 10.1097/PSY.0000000000000264
- 236. Gao, S., Stone, R.A., Hough, L.J., Haibach, J.P., **Marcus, B.H.**, Ciccolo, J.T., Kriska, A., Burkitt, K.H., Steenkiste, A.R., Berger, M.A., & Sevick, M.A. (2016). Physical activity counseling in overweight and obese primary care patients: Outcomes of the VA-STRIDE randomized controlled trial. *Preventive Medicine Reports*, 3, 113-120. doi: 10.1016/j.pmedr.2015.12.007
- 237. Fillo, J., Alfano, C.A., Paulus, D.J., Smits, J.A.J., Davis, M.L., Rosenfield, D., **Marcus, B.H.**, Church, T.S., Powers, M.B., Otto, M.W., Baird, S.O., & Zvolensky, M.J. (2016). Emotion dysregulation explains relations between sleep disturbance and smoking quit-related cognition and behavior. *Addictive Behaviors*, 57, 6-12. doi: 10.1016/j.addbeh.2016.01.013.
- 238. Powers, M.B., Davis, M.L., Kauffman, B.Y., Baird, S.O., Zvolensky, M., Rosenfield, D., **Marcus, B.H.**, Church, T.S., Frierson, G., Otto, M.W., & Smits, J.A.J. (2016). Anxiety sensitivity and smoking variability among treatment seeking smokers. *Addictive Disorders & Their Treatment*, *15*(3), 136-142. doi: 10.1097/ADT.00000000000000005
- 239. Smits, J.A.J., Powers, M.B., Rosenfield, D., Zvolensky, M.J., Jacquart, J., Davis, M.L., Beevers, C.G., **Marcus, B.H.**, Church, T.S., & Otto, M.W. (2016). BDNF Val66Met polymorphism as a moderator of exercise enhancement of smoking cessation treatment in anxiety vulnerable adults. *Mental Health and Physical Activity*, *10*, 73-77. doi: 10.1016/j.mhpa.2016.01.001
- 240. Carr, L., Dunsiger, S.I., & **Marcus, B.H.** (2016). Long-term surveillance of physical activity habits of Latinas enrolled in a 12-month physical activity intervention. *Journal of Physical Activity and Health,* 13(7), 740-6. doi: 10.1123/jpah.2015-0482
- 241. Larsen, B., Carr, L., Dunsiger, S., & **Marcus, B.H.** (2016) Effect of a moderate intensity demonstration walk on accuracy of physical activity self report. *Journal of Exercise Science & Fitness*. 15(1): 1-7.
- 242. AuYoung, M., Linke, S.E., Pagoto, S., Buman, M.P., Craft, L.L., Richardson, C.R., Hutber, A., **Marcus, B.H.**, Estabrooks, P., & Sheinfeld Gorin, S. (2016). Integrating physical activity in primary care practice. *American Journal of Medicine, S0002-9343*(16)30195-4. doi: 10.1016/j.amjmed.2016.02.008
- 243. Farris, S.G., Davis, M.L., Rosenfield, D., Kauffman, B.Y., Baird, S.O., Powers, M.B., Otto, M.W., **Marcus, B.H.**, Church, T.S., Smits, J.A.J., & Zvolensky, M.J. (2016). Exercise self-efficacy moderates the relation between anxiety sensitivity and body mass index and exercise tolerance in treatment-seeking smokers. *Mental Health and Physical Activity*, *10*, 25-32. doi: 10.1016/j.mhpa.2016.05.001
- 244. Lewis, B.A., Williams, D.M., Frayeh, A., & **Marcus, B.H.** (2016). Self-efficacy versus perceived enjoyment as predictors of physical activity behaviour. *Psychology & Health, 31*(4), 456-469. doi: 10.1080/08870446.2015.1111372

- 245. Linke, S.E., Larsen, B.A., Marquez, B., Mendoza-Vasconez, A., & **Marcus, B.H.** (2016). Adapting technological interventions to meet the needs of priority populations. *Progress in Cardiovascular Diseases*, *58*(6), 630-638. doi: 10.1016/j.pcad.2016.03.001
- 246. Marquez, B., Dunsiger, S.I., Pekmezi, D., Larsen, B.A., & **Marcus, B.H.** (2016). Social support and physical activity change in Latinas: Results from the Seamos Saludables trial. *Health Psychology*, 35(12), 1392-1401. doi: 10.1037/hea0000421
- 247. **Marcus, B.H.**, Hartman, S.J., Larsen, B.A., Pekmezi, D., Dunsiger, S.I., Linke, S., Rojas, C. (2016). Pasos Hacia La Salud: A randomized controlled trial of an internet-delivered physical activity intervention for Latinas. *International Journal of Behavioral Nutrition and Physical Activity*, 13(62). doi: 10.1186/s12966-016-0385-7
- 249. Gaskins, J.T., Daniels, M.J., & **Marcus, B.H.** (2016). Bayesian methods for nonignorable dropout in joint models in smoking cessation studies. *Journal of the American Statistical Association, 111*(516), 1454-1465. doi: 10.1080/01621459.2016.1167693
- 250. Pekmezi, D., Ainsworth, C., Joseph, R., Bray, M.S., Kvale, E., Isaac, S., **Marcus, B.H.**, Demark-Wahnefried, W. (2016). Rationale, design, and baseline findings from HIPP: A randomized controlled trial testing a home-based, individually-tailored physical activity print intervention for African American women in the Deep South. *Contemporary Clinical Trials, 47*, 340-348. doi: 10.1016/j.cct.2016.02.009
- 251. Eaton, C.B., Hartman, S.J., Perzanowski, E., Pan, G., Roberts, M.B., Risica, P.M., **Marcus, B.H.** (2016). A randomized clinical trial of a tailored lifestyle intervention for obese, sedentary, primary care patients. *Annals of Family Medicine*, *14*(4), 311-319. doi: 10.1370/afm.1952
- 252. Marinac, C.R., Dunsiger, S.I., **Marcus, B.H.**, Rosen, R.K., Gans, K.M., & Hartman, S.J. (2017). Mediators of a physical activity intervention among women with a family history of breast cancer. *Women Health*. Advance online publication. doi: 10.1080/03630242.2017.1333075

- 253. Murray, K.E., Ermias, A., Lung, A., Mohamed, A.S., Ellis, B.H., Linke, S., **Marcus, B.H.** (2017). Culturally adapting a physical activity intervention for Somali women: The need for theory and innovation to promote equity. *Translational Behavioral Medicine*, *7*(1), 6-15.doi: 10.1007/s13142-016-0436-2
- 254. Kim, C., Daniels, M.J., **Marcus, B.H.**, & Roy, J.A. (2017). A framework for Bayesian nonparametric inference for causal effects of mediation. *Biometrics*, *73*(2), 401-409. doi: 10.1111/biom.12575
- 255. Hartman, S.J., Dunsiger, S., Bock, B.C., Larsen, B.A., Linke, S., Pekmezi, D., Marquez, B., Gans, K.M., Mendoza-Vasconez, A., & **Marcus, B.H**. (2017). Physical activity maintenance among Spanish-speaking Latinas in a randomized controlled trial of an Internet-based Intervention. *Journal of Behavioral Medicine*, 40(3), 392-402. doi: 10.1007/s10865-016-9800-4
- 256. Jacquart, J., Papini, S., Davis, M.L., Rosenfield, D., Powers, M.B., Frierson, G.M., **Marcus, B.H.**, Smits, J.A.J. (2017). Identifying attendance patterns in a smoking cessation treatment and their relationships

- with quit success. *Drug and Alcohol Dependence*, *174*, 65-69. doi: http://dx.doi.org/10.1016/j.drugalcdep.2017.01.007
- 257. Larsen, B.A., Carr, L.J., Dunsiger, S., & **Marcus, B.H.** (2017). Effect of a moderate-intensity demonstration walk on accuracy of physical activity self-report. *Journal of Exercise Science & Fitness,* 15(1), 1-7. doi: http://dx.doi.org/10.1016/j.jesf.2016.10.002
- 258. Larsen, B.A., **Marcus, B.H.**, Pekmezi, D., Hartman, S., & Gilmer, T. (2017). A web-based physical activity intervention for Spanish-speaking Latinas: A costs and cost-effectiveness analysis. *Journal of Medical Internet Research*, 19(2), e43. doi: 10.2196/jmir.6257
- 259. Lewis, B.A., Billing, L., Schuver, K., Gjerdingen, D., Avery, M., & **Marcus, B.H.** (2017). Relationship between employment status and depressive symptoms among women at risk for postpartum depression. *Women's Health*. Advance online publication doi: https://doi.org/10.1177/1745505717708475
- 260. Pekmezi, D., Ainsworth, C., Joseph, R.P., Williams, V., Desmond, R., Meneses, K., **Marcus, B.H.**, & Denmark-Wahnedfried, W. (2017). Pilot trial of a home-based physical activity program for African American women. *Medicine & Science in Sports & Exercise, 49*(12), 2528-2536. doi: 10.1249/MSS.00000000001370
- 261. Pekmezi, D., Ainsworth, C., Holly, T., Williams, V., Benitez, T., Wang, K., Marcus, B.H., Demark-Wahnefried, W. (2017). Rationale, design, and baseline findings from a pilot randomized trial of an IVR-Supported physical activity intervention for cancer prevention in the Deep South: The DIAL study. Contemporary Clinical Trials Communications, 8(Supplement C), 218-226. doi: https://doi.org/10.1016/j.conctc.2017.10.008
- 262. Soto, S.H., Arredondo, E.M., **Marcus, B.H.**, Shakya, H.B., Roesch, S., & Ayala, G.X. (2017). Effects of Latino children on their mothers' dietary intake and dietary behaviors: The role of children's acculturation and the mother-child acculturation gap. *Social Science & Medicine, 191,* 125-133. doi: 10.1016/j.socscimed.2017.09.004.
- 263. Rich, P., Aarons, G.A., Takemoto, M., Cardenas, V., Crist, K., Bolling, K., **Marcus, B.H.**, Kerr, J. (2017). Implementation-effectiveness trial of an ecological intervention for physical activity in ethnically diverse low income senior centers. *BMC Public Health, 18*(1), 29. doi: 10.1186/s12889-017-4584-1
- 264. Bock, B.C., Thind, H., Dunsiger, S., Fava, J.L., Jennings, E., Becker, B.M., **Marcus, B.H.**, Sillice, M.A. (2017). Who enrolls in a quit smoking program with yoga therapy? *American Journal of Health Behavior, 41*(6), 740-749. doi: 10.5993/ajhb.41.6.8
- 265. Thind, H., Sillice, M.A., Fava, J.L., Lantini, R., Horowitz, S., Jennings, E., **Marcus, B.H.**, Bock, B.C. (2017). Development and validation of the outcome expectations for yoga scale. *American Journal of Health Behavior*, *41*(6), 796-802. doi: 10.5993/ajhb.41.6.13
- 266. Marinac, C.R., Dunsiger S.I., **Marcus B.H.**, Rosen, R.K., Gans, K.M., Hartman, S.J. (2017). Mechanisms of physical activity behavior change in women with a family history of breast cancer. *Women & Health*

<u>2018</u>

267. Nobles, C., **Marcus, B.H.**, Stanek, E.J., 3rd, Braun, B., Whitcomb, B.W., Manson, J.E., Chasan-Taber, L. (2018). The effect of an exercise intervention on gestational weight gain: The Behaviors Affecting Baby and You (B.A.B.Y.) Study: A randomized controlled trial. *American Journal of Health Promotion*, 32(3), 736-744. doi: 10.1177/0890117117732409.

- 268. Nobles, C.J., **Marcus, B.H.**, Stanek, E.J., Braun, B., Whitcomb, B.W., Manson, J.E., Chasan-Taber, L. (2018). The Health Behaviors of Ethnically Diverse Women at Increased Risk of Gestational Diabetes: The Behaviors Affecting Baby and You (B.A.B.Y.) Study. *Maternal and Child Health Journal*, 22(5), 735–744. doi: 10.1007/s10995-018-2442-0
- 269. Lewis, B.A., Gjerdingen, D., Schuver, K., Avery, M., **Marcus, B.H.** (2018). The effect of sleep pattern changes on postpartum depressive symptoms. *BMC Women's Health, 18*, 12. doi: 10.1186/s12905-017-0496-6.
- 270. Dunsiger, S., Pekmezi, D., Larsen, B., Marquez, B., Gans, K., Bock, B., & Marcus, B.H. Mediators of a Longitudinal Print-Based Physical Activity Intervention for Latinas: A Multiple Mediation Approach. (2018) *Health Psychology*.
- 271. Marquez, B., Norma, G., Gans, K., Fowler, J., & **Marcus, B.H.** (2018). Weight and weight control behaviors of Latinas and their social ties. *Health Psychology, 37*(4), 318-325. doi: 10.1037/hea0000597.
- 272. Sorkin, D. H., Rook, K. S., Campos, B., Marquez, B., Solares, J., Mukamel, D. B., **Marcus, B.**, Kilgore, D., Dow, E., Ngo-Metzger, Q., Nguyen, D. V., & Biegler, K. (2018). Rationale and study protocol for Unidas por la Vida (United for Life): A dyadic weight-loss intervention for high-risk Latina mothers and their adult daughters. *Contemporary clinical trials*, 69, 10–20. https://doi.org/10.1016/j.cct.2018.03.013
- 273. Soto, S.H., Arredondo, E.M., Ayala, G.X., **Marcus, B.H.**, Shakya, H.B. (2018). Exploring how bicultural and assimilated children of Mexican origin influence their Latina mothers' diet: Perspectives from mothers and children. *Appetite*, 1(129), 217-227. doi: 10.1016/j.appet.2018.06.040.
- 274. Zvolensky, M.J., Rosenfield, D., Garey, L., Kauffman, B.Y., Langdon, K.J., Powers, M.B., Otto, M.W., Davis, M.L., Marcus, B.H., Church, T.S., Frierson, G.M., Hopkins, L.B., Paulus, D.J., Baird, S.O., & Smits, J.A.J. (2018). Does exercise aid smoking cessation through reductions in anxiety sensitivity and dysphoria? *Health Psychology*, 37(7), 647-657. doi: 10.1037/hea0000588
- 275. Anderson, C.A., Murray, K.E., Abdi, S., Hurst, S., Sheik-Mohamed, A., Begud, B., **Marcus, B.H.** (2018). Community-based participatory approach to identify factors affecting diet following migration from Africa: The Hawaash study. *Health Education Journal*. doi: 10.1177/0017896918814059.
- 276. Mendoza-Vasconez, A.S., Marquez, B., Benitez, T., & **Marcus, B.H.** (2018). Psychometrics of the self-efficacy for physical activity scale among a Latina women sample. *BMC Public Health, 18,* 1097. doi: 10.1186/s12889-018-5998-0.
- 277. Jennings, E.G., Dunsiger, S.I., Bock, B.C., Hartman, S.J., Williams, D.M., **Marcus, B.H.** (2018). Setting larger session duration goals is associated with greater future physical activity. *PLOS ONE*, *13*(12), e0208644. doi: 10.1371/journal.pone.0208644.
- 278. Larsen, B., Benitez, T., Cano, M., Dunsiger, S.S., **Marcus, B.H.**, Mendoza-Vasconez, A., Sallis, J.F., Zive, M. (2018). Web-based physical activity intervention for Latina adolescents: feasibility, acceptability, and potential efficacy of the Ninas Saludables Study. *Journal of Medical Internet Research*, 20(5), e170. doi: 10.2196.imir.9206.

<u>2019</u>

279. Bock, B.C., Dunsiger, S.I., Rosen, R.K., Thind, H., Jennings, E., Fava, J.L., Becker, B.M., Carmody, J., & **Marcus, B.H.** (2019). Yoga as a complementary therapy for smoking cessation: Results from BreathEasy, a randomized clinical trial. *Nicotine & Tobacco Research*, *21*(11), 1517-1523.

- 280. Mendoza-Vasconez, A. S., Marquez, B., Linke, S., Arredondo, E. M., & **Marcus, B. H.** (2019). Effect of Physical Activity on Depression Symptoms and Perceived Stress in Latinas: A Mediation Analysis. *Mental Health and Physical Activity*, *16*, 31–37. https://doi.org/10.1016/j.mhpa.2019.03.001
- 281. Bock, B.C., Dunsiger, S.I., Ciccolo, J., Serber, E.R., Wu, H., Tilkemeier, P., Walaska, K.A., **Marcus**, **B.H**. (2019). Exercise videogames, physical activity and health. Wii Heart Fitness: A randomized clinical trial. *American Journal of Preventive Medicine*, *56*(4), 501-511. doi: 10.1016/j.amepre.2018.11.026.
- 282. Gubrium, A., Leckenby, D., Harvey, M.W., **Marcus, B.H.**, Rosal, M.C., Chasan-Taber, L. (2019). Perspectives of health educators and interviewers in a randomized controlled trial of a postpartum diabetes prevention program for Latinas: a qualitative assessment. *BMC Health Services Research*, 19, 357. doi: 10.1186.s12913-019-4207-x.
- 283. Bock, B.C., Ciccolo, J., Serber, E.R., **Marcus, B.H.** (2019). Mediators of physical activity between standard exercise and exercise video games. *Health Psychology*, *38*(12), 1107-1115. doi: 10.1037/hea0000791.
- 284. Boutelle, KN, Eichen, DM, Peterson, CB, Strong, DR, Rock, CL, **Marcus, B.H.** (2019). Design of the PACIFIC study: A randomized controlled trial evaluating a novel treatment for adults with overweight and obesity. *Contemporary Clinical Trials*. doi: 10.1016/j.cct.2019.105824.
- 285. Bock, B.C., Dunsiger S.I., Wu, W.C., Ciccolo, J., Serber, E., Lantini, R., & Marcus B.H. (2019). Reduction in HbA1c with exercise videogames among participants with elevated HbA1c: Secondary analysis of the *Wii Heart Fitness* trial. *Diabetes Research and Clinical Practice*, *84*, 105824. doi: 10.1016/j.diabres.2019.06.011.
- 286. Soto, S.H., Arredondo, E.M., Shakya, H.B., Roesch, S., **Marcus B.H.**, Parada, H., Ayala, G.X. (2019). Family environment, children's acculturation and mothers' dietary intake and behaviors among Latinas: An autoregressive cross-lagged study. *Social Science & Medicinel*, *228*, 93-102. doi:10.1016/j.socscimed.2019.03.017.
- 287. Linke SE, Dunsiger SI, Gans KM, Hartman SJ, Pekmezi D, Larsen BA, Mendoza-Vasconez AS, **Marcus B.H.** (2019). Association between physical activity intervention website use and physical activity levels among Spanish-speaking Latinas: Randomized controlled trial. *Journal of Medical Internet Research*; 21(7), e13063. doi: 10.2196/13063. PMID: 31342902.
- 288. Hawkins, M., **Marcus B.H.**, Pekow, P., Milagros C. Rosal, M.C., Tucker, K.L., Spencer, R.M.C., & Chasan-Taber, L. (2019). Physical activity and sleep quality and duration among Hispanic postpartum women at risk for type 2 diabetes: Estudio PARTO. *Sleep Health: Journal of the National Sleep Foundation*, *5*(5), 479-486. doi: 10.1016/j.sleh.2019.04.003.
- 289. Mendoza-Vasconez, A. S., Marquez, B., Linke, S., Arredondo, E. M., & **Marcus, B. H.** (2019). Effect of physical activity on depression symptoms and perceived stress in Latinas: A mediation analysis. *Mental Health and Physical Activity, 16,* 31-37. doi: 10.1016/j.mhpa.2019.03.001.

<u>2020</u>

290. Pekmezi, D., Ainsworth, M.C., Desmond, R., Pisu, M., Williams, V., Wang, K., Holly, T., Meneses, K., Marcus, B.H., Demark-Wahnefried, W. (2020). Physical activity maintenance following home-based, individually-tailored print interventions for African American women. *Health Promotion Practice*, *21*(2), 268-276. doi: 10.1177/1524839918798819.

- 291. Hartman, S. J., Pekmezi, D., Dunsiger, S. I., & **Marcus, B.H.** (2020). Physical activity intervention effects on sedentary time in Spanish-speaking Latinas. *Journal of Physical Activity & Health*, *17*(3), 343–348. doi: 10.1123/jpah.2019-0112
- 292. Burkart, S., **Marcus, B.H.**, Pekow, P., Rosal, M. C., Manson, J. E., Braun, B., & Chasan-Taber, L. (2020). The impact of a randomized controlled trial of a lifestyle intervention on postpartum physical activity among at-risk Hispanic women: Estudio PARTO. *PloS one*, *15*(7), e0236408. doi: 10.1371/journal.pone.0236408
- 293. Larsen, B., Benitez, T.J., Mendoza-Vasconez, A.S., Hartman, S.J., Linke, S.E., Pekmezi, D.J., Dunsiger, S.I., Nodora, J.N., Gans, K.M., & **Marcus, B.H.** (2020). Randomized Trial of a physical activity intervention for Latino men: Activo. *American Journal of Preventive Medicine*, *59*(2), 219-227. doi: 10.1016/j.amepre.2020.03.007
- 294. Benitez, T., Dunsiger, S.I., Pekmezi, D.J., Larsen, B., Mendoza-Vasconez, A. S., Linke, S.E., Bock, B.C., Gans, K.M., Hartman, S.J., & Marcus, B.H. (2020). Design and rationale for a randomized trial of a theory- and technology- enhanced physical activity intervention for Latinas: The Seamos Activas II study. *Contemporary Clinical Trials*, *96*(106081). doi: 10.1016/j.cct.2020.106081
- 295. Conroy, H. E., Jacquart, J., Baird, S. O., Rosenfield, D., Davis, M. L., Powers, M. B., Frierson, G. M., **Marcus, B.H.**, Otto, M. W., Zvolensky, M. J., & Smits, J. (2020). Age and pre quit-day attrition during smoking cessation treatment. *Cognitive behaviour therapy*, *49*(5), 361–373. doi: 10.1080/16506073.2020.1751262

- 296. Larsen, B., Dunsiger, S. I., Pekmezi, D., Linke, S., Hartman, S. J., & Marcus, B.H. (2021). Psychosocial mediators of physical activity change in a web-based intervention for Latinas. *Health Psychology*, *40*(1), 21–29. doi: 10.1037/hea0001041
- 297. Mendoza-Vasconez, A. S., Arredondo, E. M., Larsen, B., Crespo, N., Hurst, S., & Marcus, B.H. (2021). Lapse, relapse, and recovery in physical activity interventions for Latinas: A survival analysis. *International Journal of Behavioral Medicine*, Advance online publication. doi: 10.1007/s12529-020-09943-z
- 298. Hawkins, M., **Marcus, B.H.,** Pekow, P., Rosal, M. C., Tucker, K. L., Spencer, R., & Chasan-Taber, L. (2021). The impact of a randomized controlled trial of a lifestyle intervention on sleep among Latina postpartum women. *Annals of Behavioral Medicine*, *55*(9), 892–903. doi: 10.1093/abm/kaaa118
- 299. Murray, K. E., Hellier Villafana, V. A., Sheik Mohamed, A., Linke, S., Bowen, D. J., & Marcus, B.H. (2021). Testing the feasibility and acceptability of a culturally adapted physical activity intervention for adult Somali women. *Translational Behavioral Medicine*, 11(9), 1764–1770. doi: 10.1093/tbm/ibab064
- 300. Palnati, M., **Marcus, B.H.,** Pekow, P., Rosal, M. C., Manson, J. E., & Chasan-Taber, L. (2021). The impact of a lifestyle intervention on postpartum weight retention among at-risk Hispanic women. *American Journal of Preventive Medicine*, *61*(1), 44–54. doi: 10.1016/j.amepre.2021.02.005
- 301. Dunsiger, S., Emerson, J. A., Ussher, M., **Marcus, B.H.,** Miranda, R., Jr, Monti, P. M., & Williams, D. M. (2021). Exercise as a smoking cessation treatment for women: a randomized controlled trial. *Journal of Behavioral Medicine*. Advance online publication. doi: 10.1007/s10865-021-00236-8
- 302. Marcus, B.H., Dunsiger, S., Pekmezi, D., Benitez, T., Larsen, B., & Meyer, D. (2021). Physical activity

- outcomes from a randomized trial of a theory- and technology-enhanced intervention for Latinas: the Seamos Activas II study. *Journal of Behavioral Medicine*. Advance online publication. doi: 10.1007/s10865-021-00246-6
- 303. Larsen, B., Greenstadt, E. D., Olesen, B. L., **Marcus, B.H.**, Godino, J., & Zive, M. M. (2021). An mHealth physical activity intervention for Latina adolescents: Iterative design of the Chicas Fuertes Study. *JMIR Formative Research*, *5*(6), e26195. doi: 10.2196/26195
- 304. Gans, K. M., Dulin, A., Palomo, V., Benitez, T., Dunsiger, S., Dionne, L., Champion, G., Edgar, R., & Marcus, B.H. (2021). A tailored web- and text-based intervention to increase physical activity for Latino men: Protocol for a randomized controlled feasibility trial. *JMIR Research Protocols*, *10*(1), e23690. doi: 10.2196/23690
- 305. **Marcus, B.H.**, Larsen, B., Linke, S.E., Hartman, S., Pekmezi, D., Benitez, T., Sallis, J., Mendoza-Vasconez, A., Dunsiger, S. (2021). Long-term physical activity outcomes in the Seamos Activas II trial, *Preventive Medicine Reports, 24*, 101628. doi:10.1016/j.pmedr.2021.101628

- 306. **Marcus, B.H.,** Dunsiger, S., Pekmezi, D., Benitez, T., Larsen, B., & Meyer, D. (2022). Physical activity outcomes from a randomized trial of a theory- and technology-enhanced intervention for Latinas: the Seamos Activas II study. *Journal of Behavioral Medicine*, *45*(1), 1–13. https://doi.org/10.1007/s10865-021-00246-6.
- 307. Benitez, T. J., Lopez, N., Haughton, J., **Marcus, B.H.**, Sallis, J. F., Crespo, N., Perez, L. G., & Arredondo, E. M. (2022). Psychosocial Correlates of Meeting National Guidelines for Muscle-Strengthening Activities in Latinas. *Health education & Behavior, 49*(3), 437–445. https://doi.org/10.1177/10901981211005342
- 308. Benitez, T. J., Dunsiger, S., Marquez, B., Larsen, B., Pekmezi, D., & **Marcus, B.H.** (2022). Increases in Muscle-Strengthening Activities Among Latinas in Seamos Saludables. *Health Education & Behavior*, *49*(3), 446–454. https://doi.org/10.1177/10901981221074908
- 309. Collins, K. A., Reeves, G. R., Miller, N. H., Whellan, D. J., O'Connor, C. M., **Marcus, B.H.**, Kitzman, D. W., Kraus, W. E., & HF-ACTION Investigators (2022). Clinical Predictors of Adherence to Exercise Training Among Individuals With Heart Failure: THE HF-ACTION STUDY. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 10.1097/HCR. 0000000000000757
- 310. Moore Simas, T. A., Leung, K., Nuss, E., Marieni, M., **Marcus, B.H.**, Rosal, M. C., & Chasan-Taber, L. (2022). Factors Associated with Risk of Perinatal Depressive Symptoms Among Puerto Rican Women with Hyperglycemia. *Maternal and Child Health Journal*, 26(8), 1741–1751. https://doi.org/10.1007/s10995-022-03429-y.
- 311. Mendoza-Vasconez, A. S., Badii, N., Becerra, E. S., Crespo, N., Hurst, S., Larsen, B., **Marcus, B.H.,** & Arredondo, E. M. (2022). Forming Habits, Overcoming Obstacles, and Setting Realistic Goals: A Qualitative Study of Physical Activity Maintenance Among Latinas. *International Journal of Behavioral Medicine*, 29(3), 334–345. https://doi.org/10.1007/s12529-021-10011-3
- 312. Boutelle, K. N., Eichen, D. M., Peterson, C. B., Strong, D. R., Kang-Sim, D. E., Rock, C. L., & **Marcus**, **B.H.** (2022). Effect of a Novel Intervention Targeting Appetitive Traits on Body Mass Index Among Adults With Overweight or Obesity: A Randomized Clinical Trial. *JAMA Network Open*, *5*(5), e2212354. https://doi.org/10.1001/jamanetworkopen.2022.12354.

- 313. Mendoza-Vasconez, A. S., Benitez, T., Dunsiger, S., Gans, K. M., Hartman, S. J., Linke, S. E., Larsen, B. A., Pekmezi, D., & **Marcus, B. H.** (2022). Pasos Hacia La Salud II: study protocol for a randomized controlled trial of a theory- and technology-enhanced physical activity intervention for Latina women, compared to the original intervention. *Trials*, 23(1), 621. https://doi.org/10.1186/s13063-022-06575-4
- 314. Larsen, B., Greenstadt, E., Olesen, B., Osuna, L., Godino, J., **Marcus, B.H.**, Dunsiger, S., Meyer, D., & Zive, M. (2022). A multiple technology-based physical activity intervention for Latina adolescents in the USA: randomized controlled trial study protocol for Chicas Fuertes. *Trials*, 23(1), 176. https://doi.org/10.1186/s13063-022-06105-2
- 315. Mendoza-Vasconez, A. S., Solis Becerra, E., Badii, N., Crespo, N., Hurst, S., Larsen, B., **Marcus, B.H.**, & Arredondo, E. M. (2022). Regular and App-enhanced Maintenance of Physical Activity among Latinas: A Feasibility Study. *Translational Journal of the American College of Sports Medicine*, 7(1), e000188. https://doi.org/10.1249/tjx.0000000000000188

316. Boutelle, K. N., Rhee, K. E., Manzano, M. A., Bernard, R. S., Strong, D. R., Eichen, D. M., Anderson, C. C. A., **Marcus, B.H.**, Akshoomoff, N., & Crow, S. J. (2023). Design of the FRESH-DOSE study: A randomized controlled noninferiority trial evaluating a guided self-help family-based treatment program for children with overweight or obesity. *Contemporary Clinical Trials*, *124*, 106996. https://doi.org/10.1016/j.cct.2022.106996

In Press

317. Chasan-Taber, L., **Marcus, B.H.,** Pekow, P., Rosal, M. C., Manson, J. E. (2023, submitted). The Impact of a Lifestyle Intervention on Postpartum Weight Retention among Overweight and Obese Hispanic Women. *Obesity*.

OTHER PEER-REVIEWED AND NON-PEER REVIEWED PUBLICATIONS

Marcus, B.H., & Lewis, B.A. Stages of motivational readiness to change physical activity behavior. (2003). President's Council on Physical Fitness and Sports Research Digest.

Calfas, K.J., & **Marcus B.H.** (2007). Postpartum weight retention: A mother's weight to bear? *American Journal of Preventive Medicine*, *32*(4), 356-357.

Jennings, E.J., Pekmezi, D.W., Marcus-Blank, B., & **Marcus, B.H.** (2008). Community smoking cessation resources. *Current Cardiovascular Risk Reports*, *2*(6):452-457.

Ciccolo, J.T., Lewis, B., & **Marcus, B.H.** (2008). Internet-based physical activity interventions. *Current Cardiovascular Risk Reports.* 2, 299-304.

Bock, B., Lewis, B.A., Jennings, E.J., Marcus-Blank, J., & **Marcus, B.H.** (2009). Women and smoking cessation: Challenges and opportunities. *Current Cardiovascular Risk Reports*, *3*, 205-210.

BOOKS AND BOOK CHAPTERS

Prochaska, J.O., & **Marcus**, **B.H.** (1994). The transtheoretical model: Applications to exercise. In R. K. Dishman (Ed.), *Exercise adherence II* (pp.161-180). Champaign, IL: Human Kinetics Books.

- **Marcus, B.H.**, Dubbert, P.M., King, A.C., & Pinto, B.M. (1995). Physical activity in women: Current status and future directions. In A. Stanton & S. Gallant (Eds.), *Women's health* (pp. 349-379). Washington D.C.: American Psychological Association.
- **Marcus, B.H.**, Bock, B.C., Pinto, B.M., & Clark, M.M. (1996). Exercise initiation, adoption, and maintenance. In J. Van Raalte & B. Brewer (Eds.), *A practitioner's guide to sport and exercise psychology* (pp. 185-208). Washington D.C.: American Psychological Association.
- **Marcus, B.H.**, Bock, B.C., & Pinto, B.M. (1997). Initiation and maintenance of exercise behavior. In D. Gochman (Ed.), *Handbook of health behavior research* (pp. 335-352). New York: Plenum.
- **Marcus**, **B.H.**, & Sallis, J.F. (1997). Determinants of physical activity behavior and implications for intervention. In A. S. Leon (Ed.), *Physical activity and cardiovascular health: A national consensus* (pp. 192-201). Champaign, IL: Human Kinetics Books.
- **Marcus, B.H.**, King, T.K., Bock, B.C., Borrelli, B., & Clark, M.M. (1998). Adherence to exercise-based interventions. In S. A. Shumaker, E. Schron, J. Ockene, & W. M. Exum (Eds.), *The handbook of health behavior change* (2nd ed., pp. 189-212). New York: Springer.
- Goldstein, M.G., Pinto, B.M., **Marcus, B.H.**, Eaton, C.B., Menard, L.M., & Milan, F. (1999). Office-based physical activity counseling in healthy adults. In J. M. Rippe (Ed.), *Lifestyle medicine* (pp. 686-694). Malden, MA: Blackwell Science, Inc.
- **Marcus, B.H.**, Clark, M., Bock, B.C., Pinto, B., & Tate, D. Promoting adoption and maintenance of physical activity and dietary behavior change. In M. A. Fiatarone Singh (Ed.), *Exercise, nutrition, and the older woman: Wellness for women over 50* (pp. 545-560). Boca Raton, FL: CRC Press.
- Blair, S.N., Dunn, A.L., **Marcus, B.H.**, Carpenter, R.A., & Jaret, P. (2001). *Active living every day*. Champaign, IL: Human Kinetics.
- Dunn, A.L., & Marcus, B.H. (2001). Human Behavior and Psychology. In Roitman, J. L., Bibi, K. W., & Thompson, W. R., (Eds.), *ACSM's health and fitness certification review* (pp. 71-83). Baltimore, MD: Lippincott Williams & Wilkins.
- **Marcus, B.H.**, Bock, B.C., Pinto, B.M., Napolitano, M.A., & Clark, M.M. (2002). Exercise initiation, adoption, and maintenance in adults: Theoretical models and empirical support. In J. Van Raalte, & B. Brewer (Eds.), *Exploring sport and exercise psychology* (2nd ed., pp. 185-208). Washington, DC: American Psychological Association.
- Owen, N., Fotheringham, M.J., & **Marcus, B.H.** (2002). Communication technology and health behavior change. In K. Glanz, B. K. Rimer, & F. M. Lewis (Eds.), *Health behavior and health education* (3rd ed., pp. 510-529). San Francisco, CA: Jossey-Bass.
- **Marcus, B.H.**, & Forsyth, L.A. (2003). *Motivating people to be physically active.* Champaign, IL: Human Kinetics.
- **Marcus, B.H.**, Hampl, J.S., & Fisher, E.B. (2004). *How to quit smoking without gaining weight.* New York, NY: Simon and Schuster.
- **Marcus**, **B.H.**, & Lewis, B.A. (2004). Physical activity and the stages of motivational readiness for change model. In C. B. Corbin, R. P. Pangrazi, & B. D. Franks (Eds.), *Toward a better understanding of physical fitness & activity* (pp.167-176). Scottsdale, AZ: Holcomb Hathaway.

- Napolitano, M.A., Lewis, B., Whiteley, J.A., & **Marcus, B.H.** (2005). Principles of health behavior change. In L. Kaminsky (Ed.). *ACSM's resource manual for guidelines for exercise testing and prescription*, (5th ed.). ACSM/WK Health. Hagerstown, MD: Lippincott Williams & Wilkins.
- Whiteley, J.A., Lewis, B., Napolitano, M.A., & **Marcus, B.H.** (2005). Health counseling skills. In L. Kaminsky (Ed.). *ACSM's resource manual for guidelines for exercise testing and prescription*, (5th ed.). ACSM/WK Health. Hagerstown, MD: Lippincott Williams & Wilkins.
- Thompson, S., Hoekenga, S.J., Williams, D.M., & Marcus, B.H. (2005). Understanding and Motivating Older Adults. In D. Green (Ed.), *Exercise for older adults: Ace's guide for fitness professionals.* (2nd edition) (pp. 25-66). San Diego, CA: American Council on Exercise.
- Whiteley, J.A., Williams, D.M., & **Marcus, B.H.** (2006). Adherence to Exercise Regimens. In W. O'Donohue & E. Levensky (Eds.), *Promoting treatment adherence* (pp. 307-320). Thousand Oaks, CA: Sage Publications, Inc.
- **Marcus, B.H.**, Williams, D.M., & Whiteley, J.A. (2007). Self-help strategies for promoting and maintaining physical activity. In J. Latner, & G. T. Wilson (Eds.), *Self-help for obesity and binge eating* (pp. 55-72). New York, NY: Guilford Publications, Inc.
- **Marcus, B.H.**, & Forsyth, L.A. (2009). *Motivating people to be physically active.* (2nd edition). Champaign, IL: Human Kinetics.
- **Marcus, B.H.**, Ciccolo, J., Whitehead, D., King, T.K., & Bock, B.C. (2009). Adherence to physical activity recommendations and interventions. In Shumaker, S.A., Ockene, J.K., & Reikert, K. (Eds.). *The handbook of health behavior change* (3rd edition, 235-252). New York, NY: Springer.
- Lewis, B.A., Statt, E., & **Marcus B.H.** (2011). Behavioral Interventions in public health settings: Physical activity, weight loss, and smoking. In D. H. Barlow (Ed.), *Oxford handbook of clinical psychology* (pp. 7171-739). New York, NY: Oxford University Press, Inc.
- Blair, S.N., Dunn, A.L., **Marcus, B.H.**, Carpenter, R.A., & Jaret, P. (2011). *Active living every day,* Second Edition. Champaign, IL: Human Kinetics.
- Pekmezi, D.W., Carr, L.J., Barbera, B., & **Marcus, B.H.** (2012). The Role of Physical Activity in Treatment of Substance Use Disorders. In A.L Meyer & T.P Gullotta (Eds.), *Physical activity across the lifespan: Prevention and treatment for health and well-being*. (pp. 171-190). New York, NY: Springer.
- Bock, B.C., Linke, S.E., Napolitano, M.A., Clarke, M.M., Gaskins, R.B., & Marcus, B.H. (2012). Exercise Initiation, Adoption, and Maintenance in Adults: Theoretical models and empirical support. In J. Van Raalte & B. Brewer (Eds.), *Exploring sport and exercise psychology* (3rd edition). Washington, DC: American Psychological Association.
- Williams, D.M., & **Marcus, B.H.** (2012). Theoretical Approaches to Exercise Promotion. In E. O. Acevedo (Ed.). *The oxford handbook of exercise psychology.* (pp. 241-251). New York, NY: Oxford University Press.
- Blair, S.N., Dunn, A.L., **Marcus, B.H.**, Carpenter, R.A., & Jaret, P. (2020). *Active living every day,* Third Edition. Champaign, IL: Human Kinetics.

ABSTRACTS (National)

<u>1988</u>

- 1. Dubbert, P.M., Terre, L., Rowland, A.K., Krug, L., & **Marcus, B.H.** (1988, August). *Cardiovascular risk reduction in women: Is exercise a viable intervention?* Paper presented at the annual convention of the American Psychological Association, Atlanta, GA.
- 2. **Marcus, B.H.**, & Stanton, A.L. (1988, August). *Comparison of relapse prevention and reinforcement to promote exercise adherence.* Poster presented at the annual convention of the American Psychological Association, Atlanta, GA.

<u>1989</u>

- 3. **Marcus, B.H.**, & Stanton, A.L. (1989, March). *Comparison of relapse prevention and reinforcement interventions to promote exercise adherence in sedentary female_employees.* Poster presented at the New England Regional Convention of the Association for Fitness in Business, Springfield, MA.
- 4. **Marcus, B.H.**, Emmons, K.M., Marshall, R.J., Kane, M., & Abrams, D.B. (1989, October). Biochemical markers of individual behavior change and the evolution of worksite smoking policies. In T. Novotny (Chairperson), *Evaluation of smoking policies*. Paper presented at the annual convention of the American Public Health Association, Chicago, IL.
- 5. **Marcus, B.H.**, Selby, V.C., & Niaura, R.S. (1989, November). *Stages of exercise behavior change: Prevalence and validation.* Poster presented at the Annual Convention, Association for the Advancement of Behavior Therapy, Washington, DC.

<u>1990</u>

- 6. **Marcus, B.H.**, Selby, V.C., Niaura, R.S., & Rossi, J.S. (1990, April). *Measuring the stages and processes of change for exercise behavior.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Chicago, IL.
- 7. Emmons, K.M., **Marcus, B.H.**, Abrams, D.B., Marshall, R., Kane, M., Etzel, R., & Novotny, T. (1990, May). *Multiple measures of passive smoking.* Poster presented at the World Conference on Lung Health, Boston, MA.
- 8. **Marcus, B.H.**, Emmons, K.M., Abrams, D.B., Marshall, R., Kane, M., Novotny, T., & Etzel, R. (1990, May). *The relationship between worksite smoking policy and biochemical detection of passive smoking*. Poster presented at the World Conference on Lung Health, Boston, MA.
- 9. **Marcus, B.H.**, Selby, V.C., Niaura, R.S., & Rossi, J.S. (1990, August). The stages and processes of exercise behavior change. In J. Prochaska (Chairperson), *The transtheoretical model in studying exercise behavior change*. Paper presented at the annual convention of the American Psychological Association, Boston, MA.
- 10. **Marcus, B.H.**, Abrams, D.B., Niaura, R.S., & Rossi, J.S. (1990, August). Initiating and maintaining exercise and other positive health behaviors. In J. Prochaska (Chairperson), *The stages of change: Extensions to new areas of behavior change.* Paper presented at the annual convention of the American Psychological Association, Boston, MA.
- 11. Clark, M., **Marcus, B.H.**, & Pera, V. (1990, November). Changes in cognitive restraint, disinhibition and hunger following participation in a multidisciplinary weight management program. Poster presented at

- the annual convention of the Association for the Advancement of Behavior Therapy, San Francisco, CA.
- 12. **Marcus, B.H.**, Albrecht, A.E., Niaura, R.S., Abrams, D.B., & Thompson, P.D. (1990, November). *Physical exercise improves maintenance of smoking cessation in women.* Paper presented at the annual meeting of the American Heart Association, Dallas, TX.

<u> 1991</u>

- 13. **Marcus, B.H.**, & Simkin, L.R. (1991, January). *The stages of exercise adoption.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 14. **Marcus, B.H.**, Lefebvre, R.C., Banspach, S.W., & Rossi, J.S. (1991, March). *Increasing the adoption of physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 15. **Marcus, B.H.**, Banspach, S.W., Lefebvre, R.C., & Rossi, J.S. (1991, August). Women and exercise: Enhancing adoption among lower income community participants. In **B. Marcus** (Chairperson), *Women and exercise: Community and special populations*. Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.
- 16. Rossi, J.S., **Marcus, B.H.**, Rossi, S.R., Snow, M., Velicer, W.F., & Prochaska, J.O. (1991, August). *Processes of change for smoking, exercise, weight, and alcohol abuse.* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- 17. **Marcus, B.H.**, Albrecht, A.E., Niaura, R.S., Thompson, P.D., & Abrams, D.B. (1991, September). *Physical exercise improves maintenance of smoking cessation in women.* Poster presented at the Conference on Women, Behavior and Cardiovascular Disease, National Heart, Lung, and Blood Institute, Washington, DC.
- 18. Banspach, S.W., **Marcus, B.H.**, & Lefebvre, R.C. (1991, November). *Findings from a community health intervention targeting sedentary behaviors.* Poster presented at the annual convention of the American Public Health Association, Atlanta, GA.

<u>1992</u>

- 19. **Marcus, B.H.**, Simkin, L.R., & Rossi, J.S. (1992, March). *Stages of exercise behavior: A longitudinal analysis*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New York, NY.
- 20. Milan, F., **Marcus, B.H.**, Goldstein, M., & Taylor, E. (1992, March). *Exercise counseling among residents: Do they preach what they practice?* Poster presented at the annual meeting of the Society of Behavioral Medicine, New York, NY.
- 21. Niaura, R., **Marcus, B.H.**, Albrecht, A., Thompson, P., & Abrams, D. (1992, March). *Combined effects of exercise and smoking reduction on blood lipids and lipoproteins in women.* Paper presented at the annual meeting of the Society of Behavioral Medicine, New York, NY.
- 22. Bock, B.C., Pinto, B., **Marcus, B.H.**, Traficante, R., Redding, C., & Rossi, J. (1992, March). *Interrelationships between healthy lifestyle behaviors: Diet, exercise and nonsmoking.* Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
- 23. Simkin, L.R., **Marcus, B.H.**, Clark, M.M., Pera, V., & Feder, S.I. (1992, November). *Stages and processes of exercise behavior among women participating in a weight management program.* Poster

presented at the annual convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

1993

- 24. Calfas, K.J., Long, B.J., Sallis, J.F., Patrick, K., Carter, R.A., **Marcus, B.H.**, Schwenk, T., & Wooten, W. (1993, March). Reaction of patients to physical activity counseling by primary care providers. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 25. Emmons, K., **Marcus, B.H.**, Abrams, D., Marshall, R., Novotny, T., Kane, M., & Etzel, R. (1993, March). 24-hour diary for ETS exposure. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 26. Emmons, K., **Marcus, B.H.**, Linnan, L., Simkin, L., & Taylor, E. (1993, March). *Motivation to change multiple risk factors.* Poster presented at the Annual Convention, Society of Behavioral Medicine, San Francisco, CA.
- 27. **Marcus, B.H.**, Emmons, K.M., Simkin, L.R., Taylor, E.R., Linnan, L., & Abrams, D.B. (1993, March). *Exercise habits and weight concerns among female smokers.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 28. Simkin, L.R., & Marcus, B.H. (1993, March). Stages of exercise behavior change and exercise relapse. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 29. **Marcus, B.H.**, & Simkin, L.R. (1993, June). The transtheoretical model: Applications to the initiation, adoption and maintenance of exercise behavior. In R. Dishman (Chairperson), *Exercise adherence and behavior change: Prospects, problems, and future directions*. Paper presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.

<u>1994</u>

- 30. **Marcus, B.H.** (1994, April). Applying stages of change concepts to the design of community and workplace interventions. In N. Owen (Chairperson), *Behavior change in_communities: Examples from physical activity promotion.* Seminar paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 31. **Marcus, B.H.**, Emmons, K.M., Simkin, L.R., Taylor, E.R., Linnan, L., Abrams, D.B., & Rossi, J.S. (1994, April). Evaluation of stage-matched versus standard self-help physical activity interventions at the workplace. In A. Laperriere (Chairperson), *Exercise adherence and prevention of exercise relapse in home, work, and medical settings.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 32. **Marcus, B.H.**, Pinto, B.M., Audrain, J.E., Taylor, E., Albrecht, A., Abrams, D., & Simkin, L.R. (1994, April). *Eating habits and weight concerns in women smokers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 33. Murphy, J.K., **Marcus, B.H.**, Pituch, L., Wood, G., Chivers, D., & Staten, D. (1994, April). *Stages of exercise behavior, fitness, and adolescents' cardiovascular health.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 34. Reed, G.R., Velicer, W.F., Rossi, J.S., & **Marcus**, **B.H.** (1994, April). *Stage of change for exercise: A comparison of 4 algorithms and a continuous measure*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

- 35. Cherico, N.P., Pinto, B.M., & **Marcus, B.H.** (1994, May). What makes Jane exercise? In M. Schneider (Chairperson), *Exercise behavior and adherence to regimens*. Paper presented at the American Psychological Association Conference on Women's Health, Washington, DC.
- 36. **Marcus, B.H.**, Pinto, B.M., Simkin, L.R., Audrain, J.E., & Taylor, E.R. (1994, May). Theoretical approaches to understanding women's exercise behavior. In M. Schneider (Chairperson), *Exercise behavior and adherence to regimens*. Paper presented at the American Psychological Association Conference on Women's Health, Washington, DC.
- 37. Pinto, B.M., **Marcus, B.H.**, Audrain, J.E., Taylor, E., & Simkin, L.R. (1994, May). *Eating habits and weight management in women smokers*. Poster presented at the American Psychological Association Conference on Women's Health, Washington, DC.
- 38. **Marcus, B.H.**, & Bock, B. (1994, June). Influencing adults to adopt and maintain habits of regular physical activity. In J. Sallis (Chairperson), *Physical activity interventions: Applications of behavior change principles across the lifespan*. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.

<u>1995</u>

- 39. King, T.K., **Marcus, B.H.**, & Pinto, B.M. (1995, March). *Readiness to change in multiple risk behaviors*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 40. **Marcus, B.H.** (1995, March). Motivational interventions for physical activity. In K. Emmons and S. Curry (Chairpersons), *Motivational interventions for multiple risk behaviors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 41. **Marcus, B.H.**, Goldstein, M.G., Pinto, B.M., King, T., & Bock, B. (1995, March). *Effects of exercise plus nicotine patch on smoking cessation in women*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 42. **Marcus, B.H.**, King, T.K., Pinto, B.M., & Albrecht, A.E. (1995, March). *Barriers to women's participation in smoking cessation treatment.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 43. **Marcus, B.H.**, Goldstein, M.G., Pinto, B.M., King, T.K., & Bock, B.C. (1995, March). *Effects of exercise plus nicotine patch on smoking cessation in women.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 44. **Marcus, B.H.**, King, T.K., Pinto, B.M., & Albrecht, A.E. (1995, March). *Barriers to women's participation in smoking cessation treatment.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 45. Matacin, M., Bock, B., Traficante, R., Tripolone, J., & Marcus, B.H. (1995, March). *Body image concerns in women smokers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- 46. **Marcus**, **B.H.**, & Pinto, B.M. (1995, June). Evaluation of stage-matched lifestyle activity interventions for middle-aged and older adults. In A. Dunn and **B. Marcus** (Chairpersons), *Lifestyle activity challenging the ways we think about exercise*. Paper presented at the annual meeting of the American College of Sports Medicine, Minneapolis, MN.

- 47. Albrecht, A.E., **Marcus, B.H.**, Bock, B.C., Traficante, R., Martin, S., Weiner, S., & Tilkemeier, P. (1995, October). *Applying the transtheoretical model of change to a cardiac rehabilitation setting.* Poster presented at the Tenth annual meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation, Minneapolis, MN.
- 48. King, T.K., & Marcus, B.H. (1995, October). Evaluation of recruitment strategies to increase participation rates of underserved women in smoking cessation treatment. Poster presented at the Annual Hospital Research Celebration, Rhode Island Hospital, Providence, RI.
- 49. Pinto, B.M., **Marcus, B.H.**, Patterson, R.B., Colucci, A., Braun, T., & Roberts, M. (1995, October). *Psychological characteristics of patients with intermittent claudicating participating in an exercise program.* Paper presented at Research Day, Rhode Island Hospital, Providence, RI.
- 50. Pinto, B.M., **Marcus, B.H.**, Patterson, R.B., & Fontes, A. (1995, November). Supervised exercise or home exercise? Baseline characteristics of patients with intermittent claudication. Poster presented at the 29th annual convention of the Association for Advancement of Behavior Therapy, Washington, DC.

<u>1996</u>

- 51. Bock, B.C., & **Marcus, B.H.** (1996, March). *Exercise reduces withdrawal symptoms among women attempting smoking cessation*. Poster presented at the Annual Scientific Conference of the Society for Research on Nicotine and Tobacco, Washington, DC.
- 52. Pinto, B.M., **Marcus, B.H.**, Patterson, R., & Roberts, M.S. (1996, March). *Pain, mood and readiness to become active in patients with intermittent claudication*. Paper presented at the meeting of the North American Chapter of the International Society for Cardiovascular Surgery and the Society for Vascular Surgery, Chicago, IL.
- 53. Borrelli, B., **Marcus, B.H.**, King, T., Clark, M., & Bock, B. (1996, March). *History of depression and subsyndromal mood in women smokers: Pretreatment differences*. Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
- 54. Borrelli, B., **Marcus, B.H.**, Shadel, W., Black, C., & Niaura, R. (1996, March). *Spontaneous quitting in women smokers: The role of history of depression and subsyndromal depressed_mood.* Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
- 55. Dunn, A.L., **Marcus, B.H.**, Garcia, M.E., Kohl, H.W., III, Kampert, J.B., Barlow, C.E., & Blair, S.N. (1996, March). *Structured vs. lifestyle physical activity approaches: Comparison of change in stage, processes, decisional balance and self-efficacy.* Poster presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
- 56. King, T.K., **Marcus, B.H.**, & Borrelli, B. (1996, March). *Evaluation of recruitment strategies to increase participation rates of underserved women in smoking cessation treatment.* Paper presented at the 17th annual meeting of the Society for Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
- 57. Pinto, B.M., Cherico, N., **Marcus, B.H.**, & Fish, D. (1996, March). *Confidence in maintaining physical activity levels in college*. Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.

- 58. Bock, B.C., **Marcus, B.H.**, & Traficante, R.M. (1996, May). *Acute and chronic effects of exercise on mood among women attempting smoking cessation.* Poster presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
- 59. Dunn, A.L., Kampert, J.B., Garcia, M.E., Kohl, H.W., **Marcus, B.H.**, Barlow, C.E., & Blair, S.N. (1996, May). *Structured vs. lifestyle approaches: Six-month physical activity and fitness changes.* Paper presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
- 60. **Marcus**, **B.H.** (1996, May). Targeting health care delivery systems: Behavioral approaches for physicians and health care delivery staff. In A. Dunn & **B. Marcus** (Chairpersons), *Principles of developing programs to promote adoption and maintenance of physical_activity.* Paper presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
- 61. **Marcus, B.H.**, & Pinto, B.M. (1996, May). *Designing interventions for health care settings.* Clinical workshop presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
- 62. Patterson, R.B., Pinto, B., **Marcus, B.H.**, Colucci, A., Braun, T., & Roberts, M. (1996, June). *The value of a supervised exercise program for the therapy of arterial claudication.* Paper presented at the joint annual meeting of the North American Chapter of the International Society for Cardiovascular Surgery and the Society for Vascular Surgery, Chicago, IL.
- 63. Jette, A., Goldstein, M., **Marcus, B.H.**, Pinto, B., Rakowski, B., & Lynn, H. (1996, November). *Training physicians to conduct physical activity counseling: The PAL project.* Paper presented at the annual meeting of the Gerontological Society of America, Washington, DC.
- 64. King, T.K., **Marcus**, **B.H.**, & Borrelli, B. (1996, November). *Evaluation of recruitment strategies to increase participation rates of underserved women in smoking cessation treatment.* Poster presented at the First Annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.
- 65. **Marcus, B.H.**, King, T.K., Albrecht, A.E., Parisi, A.F., & Abrams, D.B. (1996, November). *Rationale, design, and baseline data for Commit to Quit.* Poster presented at the First Annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.

- 66. Cherico, N., Pinto, B.M., & **Marcus, B.H.** (1997, February). *Longitudinal information from 22 persistent exercisers*. Paper presented at the Women's Health Conference, Boston, MA.
- 67. **Marcus, B.H.**, Bock, B.C., Abrams, D.B., & Bock, F.R. (1997, April). *A motivation matched, individually tailored intervention for exercise adoption.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 68. **Marcus, B.H.**, Borrelli, B., Roberts, M., & Tripolone, J. (1997, April). *Does exercise mitigate weight gain for women attempting cessation?* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 69. Dunn, A.L., **Marcus, B.H.**, Kampert, J.B., Garcia, M.E., & Blair, S.N. (1997, April). Project Active: A randomized clinical trial of lifestyle exercise 6 month results. In J. F. Sallis (Chair), *The next generation of physical activity interventions*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 70. Emmons, K., Linnan, L., Shadel, W., **Marcus, B.H.**, & Abrams, D. (1997, April). *The Working Healthy Project: A worksite health promotion trial targeting physical activity, diet, and smoking.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

- 71. Emmons, K., Shadel, W., Linnan, L., **Marcus, B.H.**, & Abrams, D. (1997, April). A prospective analysis of change in multiple risk factors for cancer. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 72. **Marcus, B.H.** (1997, April). Report card: Exercise. In C. T. Orleans (Chair), *Changing health behavior in the 1990s: How are we doing?* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 73. **Marcus, B.H.**, Albrecht, A.E., Parisi, A.F., & Abrams, D.B. (1997, April). *Exercise enhances achievement of smoking cessation in women: Findings from Commit to Quit.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 74. **Marcus, B.H.**, Bock, B.C., Traficante, R.M., Pinto, B.M., & Forsyth, L.A. (1997, April). Efficacy of an individualized, motivationally-tailored approach to increasing exercise behavior. In J. F. Sallis (Chair), *The next generation of physical activity interventions.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 75. Matacin, M.L., Stoney, C.M., Bock, B.C., Cargill, B.R., Pinto, B.M., & **Marcus, B.H.** (1997, April). *Effects of stress and nicotine deprivation on eating behaviors.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 76. Pinto, B.M., Goldstein, M.G., **Marcus, B.H.**, Jette, A., DePue, J., Rakowski, W., & Lynn, H. (1997, April). *Physician-delivered activity counseling for older adults: The PAL project.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 77. Pinto, B.M., Patterson, R.B., **Marcus, B.H.**, Roberts, M., Colucci, A., & Braun, C. (1997, April). *On-site vs. home exercise for patients with intermittent claudication.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 78. **Marcus, B.H.** (1997, May). Intervention methods for Project Active. In A. L. Dunn (Chair), *Project Active: A randomized clinical trial of lifestyle and structured physical activity programs*. Paper presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
- 79. King, T.K., Matacin, M., Bock, B., & **Marcus, B.H.** (1997, November). *Body image evaluations in women smokers*. Poster presented at the 31st annual convention of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- 80. Tate, D.F., **Marcus, B.H.**, King, T.K., Borrelli, B., Bock, B.C., & Roberts, M. (1997, November). *Effects of depressive symptoms on smoking abstinence during exercise-enhanced smoking cessation treatment in women.* Poster presented at the annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.

<u>1998</u>

- 81. Borrelli, B., Roberts, M.S., & **Marcus, B.H.** (1998, March). *Past and current depression predicts smoking treatment attendance among women*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 82. Forsyth, L.H., **Marcus, B.H.**, Bock, B.C., Pinto, B.M., & Roberts, M. (1998, March). *Is negative affect a barrier to physical activity adoption?* Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 83. King, T.K., Matacin, M., Bock, B.C., **Marcus, B.H.**, & Tripolone, J. (1998, March). *Body image and smoking cessation in women*. Paper presented at the annual meeting of the Society of Behavioral

- Medicine, New Orleans, LA.
- 84. Pinto, B.M., Borrelli, B., King, T.K., Bock, B.C., Clark, M., Roberts, M., & **Marcus, B.H.** (1998, March). *Predictors of weight control smoking among women in a smoking cessation trial.* Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 85. Pinto, B.M., Cherico, N.P., Szymanski, L., & Marcus, B.H. (1998, March). Changes in exercise participation among college students. In N. Owen (Chair), *Understanding and influencing young adults' physical activity: Opportunities and constraints in the college setting.* Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 86. Pinto, B.M., Goldstein, M.G., **Marcus, B.H.**, Lynn, H., Jette, A., Rakowski, W., DePue, J.D., & Milan, F. (1998, March). *Does physician-based activity counseling affect psychosocial mediators of physical activity?* Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 87. Tate, D., **Marcus, B.H.**, King, T., Borrelli, B., Bock, B.C., & Roberts, M. (1998, March). *Changes in depressive symptoms during exercise enhanced smoking cessation treatment in women: Relationship to smoking abstinence.* Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 88. **Marcus, B.H.**, Albrecht, A.E., King, T.K., Parisi, A.F., Pinto, B.M., Roberts, M., Niaura, R.S., & Abrams, D.B. (1998, March). *Exercise enhances smoking cessation in women: Findings from Commit to Quit.*Poster presented at the Brown University Inaugural Health Studies Institute Conference, Providence, RI.
- 89. Bock, B.C., **Marcus, B.H.**, & Bock, F.R. (1998, June). *Six-month exercise maintenance following an intervention tailored via computer expert system.* Paper presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.
- 90. Dunn, A.L., Kampert, J., & Marcus, B.H. (1998, June). Different mediators of change in lifestyle and structured physical activity interventions. In J. F. Sallis (Chair), *Opening the black box: How do people change in physical activity interventions?* Paper presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.
- 91. **Marcus, B.H.** (1998, June). Mediators of physical activity change in a computer-based intervention. In J. F. Sallis (Chair), *Opening the black box: How do people change in physical activity interventions?*Paper presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.
- 92. **Marcus, B.H.**, Albrecht, A.E., King, T.K., Parisi, A.F., Pinto, B.M., Roberts, M., Niaura, R.S., & Abrams, D.B. (1998, December). *The efficacy of exercise as an aid for smoking cessation in women: Findings from Commit to Quit.* Poster presented at the annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.

<u>1999</u>

93. King, T.K., **Marcus**, **B.H.**, Hogan, J.W., Borrelli, B., Pinto, B., Bock, B.C., Niaura, R., & Roberts, M. (1999, March). *Predictors of weight gain among quitters enrolled in a smoking cessation trial for women.* Paper presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.

- 94. **Marcus, B.H.**, Bock, B.C., Forsyth, L.A., & Bock, F.R. (1999, June). Delivering individualized motivationally tailored physical activity interventions. In J. F. Sallis (Chair), *Demonstrations of new information technology to promote physical activity.* Paper presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.
- 95. **Marcus, B.H.**, Cheng, Y., Dunn, A.L., & Blair, S.N. (1999, June). *Maintaining activity: An epidemiological perspective*. Paper presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.

- 96. Borrelli, B., Hogan, J., Pinto, B., Roberts, M., & **Marcus, B.H.** (2000, February). *Patterns and predictors of dropout and cessation in women in a smoking cessation program.* Poster presented at the Society for Research in Nicotine and Tobacco, Washington, DC.
- 97. Napolitano, M.A., **Marcus, B.H.**, Tate, D., Sciamanna, C., Fotheringham, M., & Owen, N. (2000, April). Who responds to web-based physical activity and weight loss programs? Poster presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN.
- 98. Pinto, B.M., Friedman, R., **Marcus, B.H.**, Lin, T., Tennstedt, S., & Gillman, M. (2000, April). *Physical activity promotion using a computer-based telephone counseling system.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN, **Citation award.**
- 99. Bazzarre, T.L., Carpenter, R.A., **Marcus, B.H.**, & Napolitano, M.A. (2000, May). *Delivering physical activity interventions by mail, telephone, and internet*. Clinical Workshop presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 100. Dunn, A.L., Kampert, J.B., Barlow, C.E., **Marcus, B.H.**, & Blair, S.N. (2000, May). *Project PRIME: 6-month changes in behavioral processes predicts meeting and maintaining public health recommendations for physical activity.* Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 101. Garber, C.E., Hesser, J., Buechner, J., Napolitano, M., & Marcus, B.H. (2000, May). Who is physically active? Discordant survey results in Rhode Island. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 102. **Marcus, B.H.**, Dunn, A.L., Kampert, J.B., Barlow, C.E., & Blair, S.N. (2000, May). *Project PRIME: Six-month changes in behavioral processes predict increases in physical activity.* Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 103. Marshall, A.L., Bauman, A., Owen, N., Booth, M.L., **Marcus, B.H.**, & Crawford, D. (2000, May). *A randomized controlled trial using self-help print materials to promote physical activity to a community-wide sample of adult Australians*. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 104. Garber, C.E., Hesser, J., **Marcus, B.H.**, Buechner, J., Napolitano, M., Carleton, R.A., Nolan, P.A., & Waters, W.J. (2000, November). Who meets the Surgeon General's Recommendations? "Lifestyle" physical activity data from Rhode Island. In C. Garber (Chair), *The Rhode Island Prevention Coalition: A public-private partnership model of statewide community activation for health promotion*. Paper presented at the annual meeting of the American Public Health Association, Boston, MA.

- 105. Gillman, M.W., Pinto, B.M., Tennstedt, S., Glanz, K., **Marcus, B.H.**, & Friedman, H. (2001, March). *Relationships of physical activity with dietary behaviors in adults.* Paper presented at the Annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- 106. Lewis, B., Napolitano, M.A., & **Marcus, B.H.** (2001, March). *A pilot study examining preferences for print vs. telephone interventions for physical activity*. Poster presented at the Annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- 107. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N., & **Marcus, B.H.** (2001, March). Lessons learned from recruitment for worksite-based Internet studies. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- 108. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N., & Marcus, B.H. (2001, March). Physical activity web: 1-month outcome data from an Internet-based physical activity study. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- 109. Pinto, B.M., Kelley, H., Friedman, R., **Marcus, B.H.**, Tennstedt, S., & Gillman, M. (2001, March). *Does a computer-based telephone counseling system for activity affect psychosocial mediators of physical activity?* Paper presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- 110. Pinto, B.M., Bucknam, L., McMahon, C.M., & Marcus, B.H. (2001, March). Home-based exercise for breast cancer survivors: The Moving Forward study. In P. B. Jacobsen (Chair), *Designing and evaluating physical activity and exercise interventions for cancer patients*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- 111. Jakicic, J.M., **Marcus**, **B.H.**, Page, M.L., Ferguson, E., Hicks, M., Gallagher, K., Kenney, M., Napolitano, M., & Wing, R.R. (2001, May). *Effect of exercise duration and intensity on fitness, weight loss, and body composition in overweight adults*. Paper presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
- 112. Gallagher, K.I., Jakicic, J.M., Kiel, D.P., Page, M., Ferguson, E., Hicks, M., Kenney, M., **Marcus**, **B.H.**, & Wing, R.R. (2001, May). Effect of weight loss on bone mineral content and bone mineral density in overweight women. Paper presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
- 113. Fotheringham, M.J., Bauman, A., Marcus, B.H., Marshall, A., Leslie, E., & Owen, N. (2001, October). Feasibility, acceptability and efficacy of an Internet and email-based physical activity program. Poster presented at the Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity Conference, The Cooper Institute, Dallas, TX.
- 114. Lewis, B.A., **Marcus, B.H.**, & King, T. (2001, October). Self-efficacy and decisional balance affect physical activity adoption among women receiving a smoking cessation intervention. Poster presented at the Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity, Dallas, TX.
- 115. Napolitano, M.A., Lerch, H., & **Marcus, B.H.** (2001, October). *Worksite and media promotion of a local walking path.* Poster presented at Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity, Dallas, TX.

- 116. Lewis, B.A., & **Marcus, B.H.** (2002, February). *Promoting physical activity in a primary care setting.* Presented at the American Psychological Association's Enhancing Outcomes in Women's Health Conference, Washington, DC.
- 117. Lewis, B.A., Borrelli, B., & **Marcus, B.H.** (2002, April). *The impact of depressive symptoms on self-efficacy and smoking cessation among women receiving an exercise-based cessation treatment.*Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 118. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N., & Marcus, B.H. (2002, April). *Preliminary outcome data from an internet-based physical activity study.* Paper presented at the annual meeting of the Society of Behavioral Medicine in Washington, DC. Citation Award.
- 119. Sciamanna, C., Lewis, B.A., Tate, D., Napolitano, M.A., Fotheringham, M., & **Marcus, B.H.** (2002, April). *Testing the usability of a website promoting physical activity.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- 120. Whiteley, J.A., **Marcus, B.H.**, & Jakicic, J. (2002, April). *Developing self-regulatory measures for physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

- 121. Lewis, B.A., **Marcus, B.H.**, & Bock, B. (2003, March). Relationship between nicotine dependence, depression, and anxiety among women enrolled in an exercise-based smoking cessation trial. Paper presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- 122. **Marcus, B.H.**, Lewis, B.A., Hogan, J., King, T., Albrecht, A., Bock, B., Parisi, A., & Abrams, D. (2003, March). *The efficacy of moderate intensity physical activity for smoking cessation among women*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- 123. Napolitano, M.A., **Marcus, B.H.**, Forsyth, L., Friedman, R., Castro, C., & King, A. (2003, March). *Intrinsic motivation and physical activity: Key differences among older adults*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
- 124. Whiteley, J.A., Lewis, B.A., & **Marcus, B.H.** (2003, March). *Defining the preparation stage of change in physical activity intervention research.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- 125. King, A.C., Friedman, R., **Marcus, B.H.**, Napolitano, M.A., Castro, C., & Forsyth, L. (2003, March). *Increasing physical activity via humans or automated technology: The CHAT trial*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
- 126. Pinto, B.M., Trunzo, J.J., Rabin, C., Bucknam, L., Cram, R., & Marcus, B.H. (2003, March). *Moving Forward: A randomized trial of a home-based physical activity program for breast cancer patients*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
- 127. Whiteley, J., **Marcus, B.H.**, Napolitano, M., Gallagher, K., & Jakicic, J. (2003, March). *Psychosocial correlates of eating and exercise*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.

- 128. Gallagher, K.I., Jakicic, J.M., Ferguson, E.S., **Marcus, B.H.**, & Napolitano, M. (2003, May). *Perceived barriers impact exercise participation during long-term weight loss.* Paper presented at the annual meeting of the American College of Sports Medicine, San Francisco, CA.
- 129. Jakicic, J.M., Gallagher, K.I., Ferguson, E., **Marcus, B.H.**, & Napolitano, M. (2003, May). *Dose of exercise to promote long-term weight loss in overweight adults*. Paper presented at the annual meeting of the American College of Sports Medicine, San Francisco, CA.
- 130. **Marcus, B.H.**, Napolitano, M.A., Lewis, B.A. (2003, May). Print vs. telephone for physical activity promotion among adults: Project STRIDE. In A. C. King (Chair), *Exploring the "cutting edge" of approaches for promoting regular physical activity.* Symposium conducted at the annual meeting of the American College of Sports Medicine, San Francisco, CA.

- 131. Lewis, B.A., Napolitano, M.A., **Marcus, B.H.** (2004, March). *Preferences for receiving telephone or print physical activity interventions*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- 132. Whiteley, J.A., **Marcus, B.H.**, Falkenberry, S. (2004, March). *Physical activity behavior and correlates in breast and gynecological cancer patients.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- 133. Whiteley, J.A., Napolitano, M.A., Farrell, N., & **Marcus, B.H.** (2004, March). *Assessing cardiovascular risk factors in women.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- 134. **Marcus, B.H.**, Napolitano, M., King, A., Albrecht, A., Lewis, B., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (2004, March). *Comparing two innovative channels for physical activity promotion: Project Stride*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- 135. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., **Marcus, B.H.**, Albrecht, A., & Bock, B. (2004, March). *Physical activity promotion among women: Evaluating two print-based approaches.* Poster presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- 136. Napolitano, M.A., **Marcus, B.H.**, Gallagher, K., & Jakicic, J. (2004, March). *Association between changes in psychosocial variables and weight loss*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- 137. King, A.C., Friedman, R., **Marcus, B.H.**, Napolitano, M.A., Castro, C., & Forsyth, L. (2004, March). *Increasing physical activity via humans or automated technology: 12-month results of the CHAT Trial.* Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- 138. Emmons, K.M., McBride, C., Puleo, E., Pollak, K., & **Marcus, B.H.**, Napolitano, M., et al. (2004, March). *Reduction of multiple behavior risk factors for colon cancer: Results from Project PREVENT*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- 139. Lewis, B., Bock, B.C., Albrecht, A., King, T., & Marcus, B.H. (2004, March). *The effect of smoking cessation and exercise on weight concerns among women*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.

- 140. Pinto, B.M., Frierson, G., Rabin, C., Bucknam, L., Trunzo, J., & Marcus, B.H. (2004, March). *Home-based physical activity for breast cancer patients: Effects at follow-ups.* Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- 141. King, A.C., Friedman, R., **Marcus, B.H.**, Napolitano, M.A., Castro, C., & Forsyth, L. (2004, March). What interventions work best for whom? Results from the CHAT trial. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 142. **Marcus, B.H.**, Lewis, B.A., & Napolitano, M.A. (2004, June). Promoting physical activity with interactive technologies: Introduction and overview. In J. Sallis (Chair), *Promoting physical activity with interactive technologies*. Symposium conducted at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 143. Mohr, C.R., Jakicic, J.M., Gallagher, K., **Marcus, B.H.**, & Napolitano, M. (2004, June). *Effect of macronutrient composition on 12-month weight loss in overweight women.* Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 144. **Marcus, B.H.**, Lewis, B.A., & Napolitano, M.A. (2004, June). Promoting physical activity with Interactive technologies. In **B. Marcus** (Chair), *Promoting physical activity with interactive technologies*. Presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 145. Polzien, K.M., Jakicic, J.M., Gallagher, K., **Marcus, B.H.**, & Napolitano, M. (2004, June). *Relationship between desired weight loss and actual weight loss in overweight women*. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
- 146. Whiteley, J.A., Napolitano, M.A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D.M., & Marcus, B.H. (2004, October). Testing a dissemination model of Commit to Quit: A smoking cessation and physical activity program, in the YMCAs. Presented at The Cooper Institute for Aerobics Research and the American College of Sports Medicine Specialty Conference on Increasing Physical Activity in Populations: Understanding Diffusion and Dissemination, Dallas, TX.

- 147. **Marcus, B.H.**, Lewis, B.A., Jakicic, J., Albrecht, A., Napolitano, M.A., Sciamanna, C., Bock, B.C., Tate, D., Parisi, A., Neighbors, C., Whiteley, J.A., & Williams, D. (2005, April). *Examining the efficacy of a tailored Internet physical activity intervention: Baseline data and preliminary findings*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Boston, MA.
- 148. Dutton, G., Whiteley, J., **Marcus, B.H.**, & Napolitano, M. (2005, April). *Relationship between physical activity and dietary behaviors among women in a F physical activity trial*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 149. Napolitano, M., Whiteley, J., Lewis, B., Albrecht, A., Parisi, A., Sciamanna, C., Jakicic, J., Papandonatos, G., & **Marcus, B.H.** (2005, April). *Objectives outcomes of physical activity in an intervention trial.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 150. Napolitano, M, Lewis, B., Whiteley, J., King, A., Pinto, B., Bock, B., Papandonatos, G., & **Marcus, B.H.** (2005, April). *Investigating mediators of physical activity behavior change.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 151. Whiteley, J.A., Napolitano, M.A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D.M., & Marcus, B.H. (2005, April). *Translating Commit to Quit: A smoking cessation and physical activity*

- program in the YMCAs. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 152. Lewis, B., Napolitano, M.A., & **Marcus, B.H.** (2005, April). *Individual preferences for receiving physical activity interventions via the internet or print*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 153. Whiteley, J.A., **Marcus, B.H.**, Peipert, J., Boardman, L., Clark, M., & Rothman, G. (2005, April). Smoking status and triggers in a diverse sample of female smokers at risk of cervical cancer. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 154. Napolitano, M.A., **Marcus, B.H.**, & Sevick, M.A. (2005, April). *Cost effectiveness analyses of a physical activity intervention trial.* Poster presented at the Annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 155. Williams, D.M., Lewis, B.A., Napolitano, M.A., Whiteley, J.A., **Marcus, B.H.**, & Papadonatos, G., (2005, April). *Examining physical activity enjoyment as a moderator of a tailored physical activity intervention*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 156. Escudero, H., Napolitano, M.A., Whiteley, J.A., & **Marcus, B.H.** (2005, April). *Associations between perceptions of public policy and physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 157. Ahern, D.K., Cardella, L.A., Palmieri, S., **Marcus, B.H.**, Gans, K., Papadonatos, G., & Sciamanna, C. (2005, April). *Evaluation of an evidence-based, tailored messaging web site for cancer multiple risk factor reduction*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- 158. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., & Marcus, B.H. (2005, October). *Women's perceptions of causes and potential solutions of childhood obesity*. Poster presented at the Childhood Obesity: Updates and Innovations conference. Cooper Institute for Aerobics Research, Dallas, TX.

- 159. Dutton, G.R., Napolitano, M.A., Whiteley, J.A., & **Marcus, B.H.** (2006, March). *Effects of a physical activity intervention on the nutritional practices of women*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 160. Napolitano, M.A., Dutton, G., Rogers, M., **Marcus, B.H.**, & Hooker, S. (2006, March). *Active Aging: Physical activity in a community-based sample of older adults.* Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 161. Dutton, G.R., Rogers, M., Napolitano, M.A., **Marcus, B.H.**, & Hooker, S. (2006, March). *Racial/ethnic differences in the consistency of self-reported physical activity.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Marcus, B.H., Lewis, B., Williams, D., Napolitano, M., Whiteley, J., Albrecht, A., Bock, B., Hogan, J., Jakicic, J., Neighbors, C., Sciamanna, C., Parisi, A., & Tate, D. (2006, March). Relative efficacy of tailored Internet and tailored print-based physical activity interventions: six-month findings. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 163. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & **Marcus, B.H.** (2006, April). *Factors associated with meeting the national physical activity recommendations for older adults*. Poster presented at the International Congress on Physical Activity and Public Health, Atlanta, GA.

- 164. Whiteley, J.A, & **Marcus, B.H.** (2006, June). *Physical activity among medically underserved female smokers at risk of cervical cancer.* Poster presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
- 165. Napolitano, M.A., Whiteley, J.A., Albrecht, A., Pinheiro, S., & **Marcus, B.H.** (2006, June). *Comparison of four Actigraph cut-points for physical activity*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
- 166. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & **Marcus, B.H.** (2006, June). *Results from a tailored print-based physical activity intervention for older adults delivered via direct mail.* Paper presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
- 167. Lewis, B.A., **Marcus, B.H.**, & Napolitano, M.A. (2006, June). *The Development of a self-report questionnaire assessing barriers to physical activity behavior*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
- Marcus, B.H., Lewis, B.A., Williams, D.M., Napolitano, M.A., Jakicic, J., Whiteley, J.A., Albrecht, A., Bock, B., Hogan, J., Neighbors, C., Sciamanna, C., Tate, D., & Parisi, A. (2006, July). The effect of tailored internet and tailored print-based physical activity interventions on fitness and physical activity behavior. Poster presented at the International Society of Behavioral Nutrition and Physical Activity, Boston, MA.
- 169. Napolitano, M.A., Dutton, G., & **Marcus, B.H.** (2006, November). *Psychosocial characteristics of two samples of women recruited for physical activity interventions*. Poster presented at the American Heart Association's Annual Research Symposium, Chicago, IL.

- 170. Lewis, B.A., Williams, D.M., Napolitano, M., Whiteley, J., & **Marcus, B.H.** (2007, March). *The effect of preference for Internet vs. print interventions on physical activity behavior change in a randomized controlled trial.* Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- 171. **Marcus, B.H.**, Lewis, B.A., & Williams, D.M., (2007, March). Translating an evidence-based physical activity intervention into a web-based platform for eventual wide-spread dissemination: Issues and challenges. In A. L. Graham (Chair), *Outcomes, opportunities, and challenges of web-based research: From science to impact.* Symposium conducted at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- 172. Whitehead, D., Dunsiger, S., Williams, D.M., & Marcus, B.H. (2007, March). Differential impact of print and Internet based interventions upon physical activity process variables among African American vs. Caucasian participants. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- 173. Williams, D.M., Dunsiger, S., Ciccolo, J., Lewis, B.A., Albrecht, A., & Marcus, B.H. (2007, March).

 Acute affective response to a single bout of exercise predicts physical activity participation six months later. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- 174. Whitehead, D., Dunsiger S.I., Williams, D.M., Jennings E., Lewis, B.A., & Marcus, B.H. (2007, May). Differential efficacy of print and Internet based physical activity interventions among African Americans versus Caucasians. Paper presented at the Annual Meeting of the American College of Sports Medicine, New Orleans, LA.

- 175. **Marcus, B.H.**, Lewis, B.A, Williams, D.M., Dunsiger S.I., Albrecht, A.E., & Jakicic, J. (2007, May). *A randomized trial examining the relative efficacy of Internet versus print-based physical activity interventions*. Poster presented at the Annual Meeting of the American College of Sports Medicine, New Orleans, LA.
- 176. Williams, D.M., Frierson, G.M., Dunsiger S.I., Lewis, B.A., Whiteley, J.A., Albrecht, A.E., Jakicic, J.M., Ficara, S.M., & **Marcus, B.H.** (2007, May). *Recruitment of a racial-ethnically diverse sample into an exercise promotion efficacy trial.* Paper presented at the Annual Meeting of the American College of Sports Medicine, New Orleans, LA.

- 177. Ciccolo, J.T., Jennings, E.G., Bock, B.C., Whiteley, J.A., Williams, D.M., Borrelli, B., & **Marcus**, **B.H.** (2008, February). *Sleep disturbance among women smokers enrolled in a randomized controlled smoking cessation trial*. Poster presented at the Annual Meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
- 178. Dunsiger, S.I., Hogan, J.W., & Marcus, B.H. (2008, March). Estimating the causal effect of exercise adherence on weekly smoking cessation using the G-computation algorithm. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- 179. Williams, D.M., Lewis, B.A., Dunsiger S.I., Whiteley, J.A., Papandonatos, G.D., Napolitano, M.A., Bock, B.C., Ciccolo, J.T., & **Marcus, B.H.** (2008, March). *Comparing psychosocial predictors of physical activity adoption and maintenance*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

- 180. Carr L.J., Ries, A.V., & Marcus, B.H. (2009, May). Use and perceptions of available physical activity facilities in sedentary adults. Poster presented at the American College of Sports Medicine National Meeting, Seattle, WA.
- 181. Ritterband, L.M. (Chair), Mohr, D.C., & Tate, D.F., & **Marcus, B.H.** (Discussant). (2009, April). *Mechanisms of support in the development and use of Internet interventions*. Symposium presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
- 182. Pinto, B.M., Farrell, N., Goldstein, M., **Marcus, B.H.**, & Papandonatos, G. (2009, April). *Health status and exercise after cardiac rehabilitation*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
- 183. Nilsson, R., Carpenter, L., Tompkins, S.A., **Marcus, B.H.**, Ciccolo, J., & Bryan, A. (2009, April). *Does region affect generalizability? Preliminary examination of the Colorado STRIDE exercise intervention*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
- 184. Pekmezi, D.W., Neighbors, C.J., Lee, C.S., Gans, K.M., Bock, B.C., Morrow, K.M., Marquez, B., Dunsiger, S., & Marcus, B.H. (2009, April). Seamos Activas: A culturally and linguistically adapted physical activity intervention for Latinas. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
- 185. Frierson, G.M., Morrow, J.R., Jr., Vidales, A., Bain, T., Mathew, M., Barlow, C.E., & **Marcus, B.H.** (2009, April). *Recruitment of women for participation in a web-based physical activity study.* Poster presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.

- 186. Napolitano, M.A., Fava, J.L., **Marcus, B.H.**, & Richardson, E. (2009, April). *Tailoring treatment for smoking, body image and weight among college females.* Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
- 187. McAndrew, L., Napolitano, M.A., Albrecht, A., Farrell, N., **Marcus, B.H.**, & Whiteley, J.A. (2009, April). *Examining the relationship between physical activity and menopause symptom reporting*. Poster presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.

- 188. Abrantes, A.M., Strong, D.R., Riebe, D., **Marcus, B.H.**, & Brown, R.A. (2010, February). *Development of behavioral exercise intervention for smoking cessation*. Poster presented at the 16th annual meeting for the Society for Research on Nicotine and Tobacco, Baltimore, MD.
- 189. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (2010, February). *Relation between traditional and novel objective measures of neighborhood walkability*. Poster presented at the Active Living Research Annual Meeting. San Diego, CA.
- 190. Barbera, B., Pekmezi, D., Marcus-Blank, J., Dunsiger, S.I., & Marcus, B.H. (2010, April). Feasibility and acceptability of using pedometers as an intervention tool for Latinas. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 191. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (2010, April). *Validity of Walk Score™ for estimating neighborhood walkability.* Paper presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 192. Carr, L.J, Dunsiger, S.I., & **Marcus, B.H.** (2010, April). Walk score as a moderator of the association between perceived environment and physical activity. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 193. Carr, L.J., Dunsiger, S.I., & Marcus, B.H. (2010, April). Relations between crime, perceived safety and physical activity among Spanish speaking Latinas enrolled in a physical activity intervention. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 194. Carr, L.J., & Marcus, B.H. (2010, April). Feasibility of a portable pedal exercise machine for reducing time spent sedentary in the workplace. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 195. Carroll, J.K., Lewis, B.A., **Marcus, B.H.**, Lehman, E.B., Shaffer, M.L., & Sciamanna, C.N. (2010, April). *Randomized controlled trial of computerized tailored physical activity reports.* Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 196. Dunsiger, S.I., Lewis, B., & **Marcus, B.H.** (2010, April). *Measuring physical activity over time: Is there a better way,* Poster presented at the Society of Behavioral Medicine's 1st Annual Meeting, Seattle, WA.
- 197. Dunsiger, S.I., Hogan, J.W., & **Marcus, B.H.** (2010, April). *Multiple imputation approach to mediation*. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 198. Frierson, G.M., Morrow, Jr., J.R., Vidales, A., & Marcus, B.H. (2010, April). Sociodemographic factors that predict successful entry of women into the long term phase (LTP) of an internet based physical activity study: The WIN Study. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.

- 199. Lewis, B.A., Williams, D., Martinson, B.C., & **Marcus, B.H.** (2010, April). *Mediators of physical activity maintenance in a randomized controlled intervention trial*. Poster presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
- 200. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (2010, May). Association between access to walkable destinations and physical activity adoption in tailored internet physical activity Intervention. Poster presented at the 3rd International Congress on Physical Activity and Public Health Meeting, Toronto, Canada.
- 201. Dunsiger, S.I., Williams, D.M., & **Marcus, B.H.** (2010, May). *Predictors of time to physical activity lapse in a longitudinal physical activity intervention.* Paper presented at the 3rd International Congress on Physical Activity and Public Health Meeting, Toronto, Canada.
- 202. Williams, D.M., Jennings, E.G., Papandonatos, G.D., Lewis, B.A., Napolitano, M.A., Whiteley, J.A., Dunsiger, S., & **Marcus, B.H.** (2010, June). *Testing the efficacy of an enhanced, individually tailored, theory, print-delivered exercise promotion intervention.* Paper presented at the American College of Sports Medicine Annual Meeting, Baltimore, MD.
- 203. **Marcus, B.H.**, & Carr, L.J. (2010, June). *Using technology to promote physical activity: Internet and beyond.* Paper presented at the American College of Sports Medicine Annual Meeting, Baltimore, MD.

- 204. Ciccolo, J.T., Dunsiger, S.I., Williams, D.M., Jennings, E.G., Bartholomew, J.B., & **Marcus, B.H.** (2011, April). *Resistance training as an aid to smoking cessation treatment: A pilot study.* Poster presented at the Society of Behavioral Medicine's 32nd Annual Meeting, Washington, DC.
- 205. Whiteley, J., Dunsiger, S., Jennings, E., Williams, D.C., Ciccolo, J., Bock, B., Albrecht, A., Parisi, A., & **Marcus, B.H.** (2011, April). *Outcomes from commit to quit YMCA: Translating an effective quit smoking program to a YMCA setting.* Poster presented at the at the Society of Behavioral Medicine's 32nd Annual Meeting, Washington, DC.
- 206. Hekler, E.B., Buman, M.P., Otten, J., Castro, C.M., Ahn, D., **Marcus, B.H.**, Friedman, R., & King, A.C. (2011, April). *Who responds better to a computer-delivered vs. human-delivered physical activity intervention?* Poster presented at the at the Society of Behavioral Medicine's 32nd Annual Meeting, Washington, DC.
- 207. Carr, L.J., Dunsiger, S.I., Hartman, S.J., Dominick, G., & **Marcus, B.H.** (2011, April). *Building for dissemination: Efficacy of an internet physical activity intervention.* Poster presented at the at the Society of Behavioral Medicine's 32nd Annual Meeting, Washington, DC.
- 208. Hartman, S.J., Dunsiger, S.I., Barbera, B., Pekmezi, D., Neighbors, C., Marquez, B., & Marcus, B.H. (2011, April). *Impact of baseline BMI upon the success of Latina participants enrolled in a 6-month physical activity intervention.* Poster presented at the at the Society of Behavioral Medicine's 32nd Annual Meeting, Washington, DC.
- 209. Jennings, E., Hartman, S., Dunsiger, S., & **Marcus, B.H.** (2011, April). *Goal-setting in a print-based physical activity promotion intervention.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.
- 210. Lewis, B.A., Avery, M., Gjerdingen, D., Sirard, J., Schuver, K., & **Marcus, B.H.** *Innovative methods for recruiting pregnant and postpartum women for behavioral intervention trials.* (2011, April). Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington D.C.

211. Carr, L.J., & Marcus, B.H. (2011, June). Characteristics and physical activity strategies common among regularly active adults. Poster presented at the American College of Sports Medicine National Meeting, Denver, CO.

<u>2012</u>

- 212. Palmer, K., Tilke, P.L., Buxton, A.E., Niaura, R., **Marcus, B.H.**, Todaro, J., & Serber, E. (2012, April). *Ratings of perceived exertion and physiological responses during exercise testing among ICD patients.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 213. Hartman, S.J., Dunsiger, S.I., & Marcus, B.H. (2012, April). Efficacy of a web-based physical activity intervention targeted towards women with a family history of breast cancer. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 214. Pekmezi, D., Robinson, C., Adams, N., Martin, M., **Marcus, B.H.**, & Demark-Wahnefried, W. (2012, April). *Developing a theory-based intervention to address physical activity barriers for African American women in the Deep South.* Paper presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 215. Larsen, B.A., & Marcus, B.H. (2012, April). Sedentary time and diabetes prevalence in Latinos and Non-Latino Whites. Poster Paper presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 216. Pekmezi, D., Dunsiger, S., Neighbors, C., Marquez, B., Gans, K., Tilkemeier, P., & Marcus, B.H. (2012, May). *Culturally and linguistically adapted, individually-tailored, physical activity print interventions for Latinas: Baseline data from Seamos Saludables.* Poster presented at the American College of Sports Medicine Annual Meeting, San Francisco, CA.
- 217. Larsen, B.A., Strong, D., Linke, S.E., & Marcus, B.H. (2012, May). *Differential influence of recent contact with family and friends on physical activity*. Poster presented at the American College of Sports Medicine Annual Meeting, San Francisco, CA.

2013

218. Carr, L., Larsen, B.A., Dunsiger, S., & **Marcus, B.H.** (2013, March). *Effect of moderate-intensity demonstration walk on self-reported moderate activity.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

- 219. **Marcus, B.H.**, & Linke, S.E. (2014, April). *Low-cost interventions to promote physical activity behavior in diverse settings*. Symposium presented at Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 220. **Marcus, B.H.**, Dunsiger, S.I., Pekmezi, D.W., Larsen, B.A., Bock, B.C., Gans, K.M., Marquez, B., Morrow, K.M., & Tilkemeier, P. (2014, April). *A randomized, individually tailored physical activity intervention for Latinas*. Paper presented at Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 221. Lewis, B.A., Gjerdingen, D., Avery, M., Sirard, J. Schuver, K., & Marcus, B.H. (2014, April). The influence of antidepressant use on the decision to breastfeed among women enrolled in a randomized intervention trial. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.

- 222. Ussher, M., Aveyard, P., Riaz, M., Lewis, S., Manyonda, I. West, R., Lewis, B., **Marcus, B.H.**, Taylor, A.H., Barton, P., & Coleman, T. (2014, April). *A randomized controlled trial of physical activity for smoking cessation during pregnancy.* Paper presented at Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- 223. Larsen, B.A., Pekmezi, D.W., Dunsiger, S.I., & Marcus, B.H. (2014, May). *Increasing physical activity in Latinas: The moderating effect of family ties.* Poster presented at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, San Diego, CA.
- 224. **Marcus, B.H.** (2014, May). *The global pandemic of physical inactivity.* Symposium presented at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, San Diego, CA.
- 225. Pekmezi, D.W., Dunsiger, S.I., Marquez, B., Larsen, B.A., Bock, B.C., Gans, K., & **Marcus, B.H.** (2014, May). *Potential theoretical mechanisms of action related to physical activity (PA) behavior Change in Latinas*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Orlando, FL.

- 226. Pekmezi, D.W., Ainsworth, C., Benitez, T., Cherrington, A., Joseph, R.P., Keller, C., Marquez, B., & Marcus, B.H. (2015, March). Using web-based technology to promote physical activity in Latinas in Alabama: Results of a pilot study. Paper presented at the 2015 UAB Health Disparities Symposium
- 227. **Marcus, B.H.**, Dunsiger, S.I., Hartman, S.J., Linke, S., Pekmezi, D.W., Marquez, B., Larsen, B.A., & Gans, K.M. (2015, April). *A randomized controlled trial of an Internet-delivered, physical activity intervention for Latinas*. Paper presented at Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.
- 228. Marquez, B., Larsen, B.A., Dunsiger, S.I., Pekmezi, D.W., & **Marcus, B.H.** (2015, May). *Family and friend support improves physical activity in a home- and print-based intervention for Latinas*. Poster presented at the Annual Meeting of the American College of Sports Medicine, San Diego, CA.

2016

- 229. Linke, S., Dunsiger, S., Hartman, S., Pekmezi, D., Larsen, B., Marquez, B., Mendoza, A., Noble, M.L., Bock, B., Gans, K., Rojas, C., & **Marcus, B.H.** (2016, April). *Pasos Hacia la Salud: 12-month outcomes of a web-based PA intervention for Latinas*. Poster presented at 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington D.C.
- 230. Lewis, B.A., Billing, L., Gjerdingen, D., Avery, M., & **Marcus, B.H.** (2016, March). *The role of Employment status on depressive symptoms among women at risk for postpartum depression.* Paper presented at the 37th annual meeting of the Society of Behavioral Medicine, Washington D.C.

2017

231. Fillo, J., Alfano, C.A., Paulus, D.J., Smits, J.A.J., Davis, M.L., Rosenfield, D., **Marcus, B.H.**, Church, T.S., Powers, M.B., Otto, M.W., Baird, S.O., & Zvolensky, M.J. (2017, March). *Emotion dysregulation explains relations between sleep disturbance and smoking quit-related cognition and behavior*. Paper presented at the 5th annual Collaborative Perspectives on Addiction Conference, Albuquerque, NM.

- 232. Carr, L.J., Dunsiger, S.I., and **Marcus, B.H.** (2017, April). *Identifying unique patterns of daily activity among Latinas enrolled in a 12-month physical activity intervention.* Poster presented at Annual Society of Behavioral Medicine Meeting, San Diego, CA.
- 233. Linke, S.E., Dunsiger, S.I., Gans, K.M., Hartman, S.J., Pekmezi, D., Benitez, T., & Marcus, B.H. (2017, March). Association between Physical Activity (PA) Intervention website use and PA levels among Spanish-speaking Latinas. Paper presented at the Society of Behavioral Medicine 37th Annual Scientific Conference, San Diego, CA.
- 234. Pekmezi, D., Ainsworth, M.C., Joseph, R.P., Williams, V., Kvale, E., Desmond, R., Meneses, K., Marcus, B.H., Demark-Wahnefried, B. (2017, March). Six-month physical activity and psychosocial outcomes from the HIPP study for African American women in the Deep South. Paper presented at the 38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- 235. Hawkins, M., **Marcus, B.H.**, Milagros, R.C., Tucker, K.L., & Chasan-Taber, L. (2017, June). *Predictors of poor sleep in Hispanic pregnant women*. Poster presented at the Society for Epidemiologic Research 50th Annual Meeting, Seattle, WA.

<u>2018</u>

236. Larsen, B., Dunsiger, S., Hartman, S., Linke, S., Pekmezi, D., Benitez, T., Patrick, K., & Marcus, B.H. (2018, April). *Activo: A randomized trial of a physical activity intervention for Latino men.* Presented at the 39th Annual Meeting and Scientific Session of the Society of Behavioral Medicine, April 11-14 2018, New Orleans, LA.

- 237. **Marcus, B.H.**, Hartman, S.J., Linke, S., Dunsiger, S., Marquez, B., Mendoza-Vasconez, A., Benitez, T. (2019, March). *Examination and comparison of baseline characteristics of Latinas enrolled in a physical activity intervention in two US regions*. Poster presented at the Society of Behavioral Medicine 40th Annual Meeting, Washington D.C.
- 238. Pekmezi, D., Ainsworth, C., Desmond, R., Pisu, M., Williams, V., Wang, K., Holly, T., Meneses, K., **Marcus, B.H.** Demark-Wahnefried, W. (2019, March). *Physical activity maintenance following home-based, individually-tailored print interventions for African American women.* Poster presented at the Society of Behavioral Medicine 40th Annual Meeting, Washington D.C.
- 239. Mendoza-Vasconez, A., Arredondo, E.M., Crespo, N., Hurst, S., Larsen, B., **Marcus, B.H.**, & Natarajan, L. (2019, March). *Demographic, psychosocial and environmental predictors of time to lapse/relapse in physical activity interventions.* Poster presented at the Society of Behavioral Medicine 40th Annual Meeting, Washington D.C.
- 240. Prakash, V., Harvey, M., Moore Simas, T.A., **Marcus, B.H.**, Pekow, P., Rosal, M.C., Tucker, K., Braun, B., Manson, J., Solomon, C., Chasan-Taber, L. (2019, June). *The impact of a lifestyle intervention on postpartum biomarkers of insulin resistance among Hispanic women with a history of abnormal glucose tolerance in pregnancy.* Poster presented at the Society for Epidemiologic Research Annual meeting, Minneapolis, Minnesota.
- 241. Benitez, T., Dunsiger, S., Pekmezi, D., **Marcus, B.H**. (2019, November). *Increases in muscle-strengthening exercise among Latinas in Seamos Saludables*. Poster presented at the American Public Health Association Annual Meeting, Philadelphia, PA.

- 242. Benitez, T., Pekmezi, D., Williams, D. M., & **Marcus, B. H.** (2021, April). Latinas' Barriers and Facilitators to Resistance Training. Poster presented virtually at the Society of Behavioral Medicine 42nd Annual Meeting.
- 243. Pekmezi, D., Benitez, T., **Marcus, B. H.**, & Dunsiger, S.I, (2021, April). Reducing stress in Latinas via a theory- and technology-enhanced. Paper presented virtually at the Society of Behavioral Medicine 42nd Annual Meeting.
- 244. Gans, KM., Dulin, K., Benitez, T., Dunsiger, S., **Marcus, B. H.** (2021, April). Promoting Physical Activity in Latino Men with a Tailored E-health Intervention: Results of the Hombres Saludables Trial. Research spotlight presented virtually at the Society of Behavioral Medicine 42nd Annual Meeting.
- 245. Gans, KM., Dulin, K., Benitez, T., Dunsiger, S., **Marcus, B. H.** (2021, June). Promoting Physical Activity in Latino Men with a Tailored E-health Intervention: Results of the Hombres Saludables Trial. Paper presented virtually at the International Society for Behavioral Nutrition and Physical Activity Conference.
- 246. Gans, KM., Dulin, K., Dunsiger, S., Benitez, T., **Marcus, B. H.** (2021, October). Promoting physical activity in Latino men with a tailored e-health intervention: Final results of the Hombres Saludables feasibility trial. Paper presented at the American Public Health Association, Denver, CO.

ABSTRACTS (International)

<u> 1990</u>

1. **Marcus, B.H.**, & Owen, N. (1990, June). *Understanding the stages of involvement in exercise*. Paper presented at the First International Congress of Behavioral Medicine, Uppsala, Sweden.

<u>1992</u>

2. Emmons, K.M., **Marcus, B.H.**, & Abrams, D.B. (1992, July). Delivery of smoking cessation and passive smoking interventions at the workplace. In D. Abrams (Chairperson), *Integrating individual and public health channels for smoking cessation interventions*. Paper presented at the Second International Congress of Behavioral Medicine, Hamburg, Germany.

<u>1997</u>

3. **Marcus, B.H.**, Albrecht, A.E., King, T.K., Parisi, A.F., Pinto, B.M., Roberts, M.B., & Abrams, D.B. (1997, September). Exercise enhances smoking abstinence in women. In **B.H. Marcus** (Chair), *Psychological factors in addiction*. Paper presented at the 11th Conference of the European Health Psychology Society, Bordeaux, France.

<u>1998</u>

4. **Marcus, B.H.**, Goldstein, M.G., Pinto, B.M., Jette, A., & Rakowski, W. (1998, August). Physician-based activity counseling for middle-aged and older adults. In F. Bull (Chair), *Promoting physical activity in health care settings*. Paper presented at the International Congress on Behavioral Medicine, Copenhagen, Denmark.

5. Gallagher, K.I., Jakicic, J.M., Kiel, D.P., Hicks, M.E., Page, M.L., Ferguson, E.S., Kenney, M.R., & Marcus, B.H. (2001, October). *The impact of weight cycling history on bone density in obese women.* Paper presented at the annual meeting of the North American Association for the Study of Obesity, Quebec City, Canada.

2004

- 6. **Marcus, B.H.**, Lewis, B., & Napolitano, M. (2004, August). *Using Email and Internet to promote physical activity.* Paper presented at the International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.
- 7. **Marcus, B.H.**, Napolitano, M., Lewis, B., King, A., Albrecht, A., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (2004, August). *Comparing print and telephone channels for physical activity promotion*. Poster presented at the International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.

2007

- 8. **Marcus, B.H.**, Lewis, B.A., Dunsiger, S., Napolitano, M.A., & Williams, D.M. (2007, June). Predictors of success in project STRIDE: A physical activity promotion study. In B. H. Marcus (Chair), *Which mediated interventions for whom? Predictors of success in programs targeting physical activity and dietary behaviors.* Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
- 9. **Marcus, B.H.**, Lewis, B.A., Dunsiger, S., & Williams, D.M. (2007, June). Innovative channels for delivering tailored physical activity interventions: Current evidence and future directions. In K. Gans (Chair), *The future of computer tailoring*. Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
- 10. Lewis, B.A., & Marcus, B.H. (2007, June). Theory-based mediators of physical activity behavior change in a randomized control trial. In B. H. Marcus (Chair), Which mediated intervention for whom? Predictors of success in programs targeting physical activity and dietary behaviors. Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
- 11. Ussher, M., Aveyard, P., Coleman, T., West, R., Straus, L., **Marcus, B.H.**, & Lewis, B. (2007, October). *Piloting physical activity as an aid to smoking cessation during pregnancy.* Paper presented at the Annual Conference of the Society for Research on Nicotine and Tobacco Europe, Madrid, Spain.

- 12. Bock, B., Dunsiger, S.I., Jennings, E., Rosen, R., & **Marcus, B.H.** (2017, March). Yoga as a complementary therapy in cognitive behavioral smoking cessation: A randomized clinical trial. Poster presented at the Society for Research on Nicotine and Tobacco, Florence, Italy.
- 13. **Marcus, B.H.**, Dunsiger, S., Linke, S.E., Ciccolo, J., Bock, B., & Jennings, J. (2017, March). Exercise dose and self-efficacy for smoking cessation: A win-win. Poster presented at the Society for Research on Nicotine and Tobacco, Florence, Italy.
- 14. Sillice, M., Lantini, R., Dunsiger, S., Horowitz, S., Breault, C., Rosen, R., Jennings, E., **Marcus, B.H.**, & Bock, B.C. (2017, March). Exploring cigarette scavenging behaviors in a general populations of adult smokers. Poster presented at the Society for Research on Nicotine and Tobacco, Florence, Italy.

15. Soto, S.H., Arredondo, E.M., Roesch, S., **Marcus, B.H.**, Shakya, H., Ayala, G.X. (2017, June). Family-level factors and dietary intake among Latinas: An autoregressive lagged analysis. Poster presentation at the International Society for Behavioral Nutrition and Physical Activity's Annual Meeting, Victoria, BC.

INVITED PRESENTATIONS (National)

1992

1. **Marcus, B.H.** The transtheoretical model: Applications for the initiation, adoption, and maintenance of exercise behavior. Yale University Health Psychology Lecture Series, New Haven, CT, October 1992.

1994

2. **Marcus, B.H.** Applications of the stages of change model to exercise behavior. Health Psychology Keynote Address. Annual meeting, Association for the Advancement of Applied Sport Psychology, Lake Tahoe, NV, October 1994.

1995

- 3. **Marcus, B.H.** A conceptual framework for increasing physical activity in older adults. Extending Vitality: Activity and Aging, Stanford University, Palo Alto, CA, March 1995.
- 4. **Marcus, B.H.** Review of theoretically-based community, workplace, and physician office interventions. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Seven-Day Course on Physical Activity and Public Health, Seabrook Island, SC, September 1995.
- 5. **Marcus, B.H.** Strategies to enhance physical activity behavior in community settings. In D. Brown (Chairperson), *Physical activity and nutrition*. Centers for Disease Control and Prevention Tenth National Conference on Chronic Disease Prevention and Control, Atlanta, GA, December 1995.
- 6. **Marcus, B.H.** Determinants of physical activity behavior and implications for interventions. NIH Consensus Development Conference: Physical Activity and Cardiovascular Health, Bethesda, MD, December 1995.

1996

- 7. **Marcus, B.H.** *Interventions to increase women's physical activity behavior.* Centers for Disease Control and Prevention Consensus Conference on Physical Activity Assessment in Women, Columbia, SC, January 1996.
- 8. **Marcus, B.H.** Enhancing physical activity behaviors in community, workplace, and primary care settings. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Seabrook Island, SC, September 1996.

<u>1997</u>

- 9. **Marcus, B.H.** Personal interventions to promote the adoption and maintenance of physically active lifestyles. U.S. Public Health Service's Office on Women's Health, First National Leadership Conference on Physical Activity and Women's Health, Washington, DC, February 1997.
- 10. **Marcus**, **B.H.** *Application of motivational models to the promotion of physical activity behavior*. The Art and Science of Health Promotion Conference, Hilton Head Island, SC, March 1997.

- 11. **Marcus**, **B.H.** *Applying psychological models for the promotion of physical activity in community settings*. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 1997.
- 12. **Marcus, B.H.**, Owen, N., Cavill, N., Fridinger, F., & Forsyth, L. *Mediated interventions to promote physical activity.* Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Physical Activity Interventions, Dallas, TX, October 1997.

- 13. **Marcus, B.H.** Application of motivational models to the promotion of physical activity. American College of Sports Medicine Tutorial Lecture, Orlando, FL, June 1998.
- 14. **Marcus, B.H.** Physical activity interventions using mass media, print media, and information technology. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 1998.

1999

- 15. **Marcus, B.H.** Physical activity interventions in individuals and populations. In H. W. Kohl (Chair), *Physical activity and the public's health: 30 years of progress toward future goals.* Invited paper at the Annual meeting of the American College of Sports Medicine, Seattle, WA, June 1999.
- 16. **Marcus, B.H.** *Physical activity interventions using information technology.* Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 1999.
- 17. Napolitano, M.A., & **Marcus, B.H.** *Physical activity promotion and maintenance: Use of mediated interventions.* Cooper Institute for Aerobics Research, Dallas, TX, October 1999.

2000

- 18. **Marcus, B.H.**, & Napolitano, M.A. *Women in motion: Making exercise a habit.* Invited Panel Presentation at The National Center on Women & Aging Conference, "Taking Steps and Making Choices: A Look at Research on Women's Health After 50," Brandeis University, Waltham, MA, June 2000.
- 19. Napolitano, M.A., & Marcus, B.H. Print-based mediated interventions for physical activity promotion. Invited Workshop at the National Institutes of Health Behavior Change Consortium Meeting, Washington, DC, July 2000.
- 20. **Marcus, B.H.** *Physical activity interventions using mass media, print media, and information technology.* Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Park City, UT, September 2000.
- 21. **Marcus, B.H.**, & Napolitano, M.A. *Physical activity as a catalyst for other lifestyle changes: Physical activity interventions in smokers*. Invited presentation at the Cooper Institute for Aerobics Research Specialty Conference on Physical Activity and Cancer, Dallas, TX, November 2000.

- 22. **Marcus, B.H.**, & Lewis, B.A. *Physical activity interventions using mass media, print media, and information technology*. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 2001.
- 23. Lewis, B.A., & Marcus, B.H. What we know about mediators of adult physical activity. Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity, Dallas, TX, October 2001.

- 24. Lewis, B.A., & **Marcus, B.H.** *Promoting physical activity in a primary care setting.* American Psychological Association's Enhancing Outcomes in Women's Health Conference, Washington, DC, February 2002.
- 25. **Marcus, B.H.** *Interventions to increase physical activity levels.* National Institutes of Health Cardiovascular Health Conference, Washington, DC, April 2002.
- 26. **Marcus, B.H.** *Physical activity: Where psychology meets public health.* Washington University Department of Psychology Colloquium, St. Louis, MO, June 2002.
- 27. **Marcus, B.H.**, & Lewis, B.A. *Physical activity interventions: Targeting delivery channels*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Park City, Utah, September 2002.
- 28. Lewis, B.A., & **Marcus, B.H.** Promoting physical activity in a primary care population at risk. Presented at The Healthy Lifestyles Internal Initiative Symposium, Marshfield Clinic-Marshfield Center, Marshfield, WI, October 2002.
- 29. Lewis, B.A., & **Marcus, B.H.** *Physical activity promotion among children and adolescents.* Presented at The Healthy Lifestyles Internal Initiative Symposium, Marshfield Clinic-Marshfield Center, Marshfield, WI, October 2002.

2003

30. **Marcus, B.H.**, & Lewis, B.A. *Physical activity interventions: Targeting delivery channels*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head, SC, September 2003.

- 31. **Marcus, B.H.**, & Williams, D.M. *Using innovative delivery channels to reach the inactive.* Presented at the American College of Sports Medicine's 8th Health & Fitness Summit and Exposition, Indianapolis, IN, April 2004.
- 32. **Marcus, B.H.**, & Napolitano, M.A. *Physical activity interventions: Non-face-to-face approaches*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Park City, UT, September 2004.
- 33. Whiteley, J.A., & **Marcus**, **B.H.** *Physical activity promotion via mediated communication channels.* Presented at the annual meeting of the New England Psychological Association, October 2004.

- 34. **Marcus**, **B.H.** *Physical activity interventions: Targeting delivery channels*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight-Day Course on Physical Activity and Public Health, Hilton Head, SC, September 2005.
- 35. **Marcus, B.H.**, & Williams, D.M. *Individually tailored interventions*. Presented at the American College of Sports Medicine Walking for Health: Measurement and Research Issues and Challenges Conference, Urbana-Champaign, IL, October 2005.
- 36. **Marcus, B.H.**, Williams, D.M., & Marcus-Blank B.J. *Using technology to promote physical activity adoption and maintenance*. Presented at the New England Chapter of the American College of Sports Medicine Annual Fall Conference, Providence, RI, November 2005.

2006

- 37. **Marcus, B.H.**, Williams, D.M., & Marcus-Blank, B.J. *Behavior change interventions: Applications to public health.* Presented at the International Congress on Physical Activity and Public Health, Atlanta, GA, April 2006.
- 38. **Marcus, B.H.**, & Ciccolo, J.T. *Physical activity interventions: Non-face-to-face approaches*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight-Day Course on Physical Activity and Public Health, Park City, UT, September 2006.
- 39. **Marcus, B.H.**, Ciccolo, J.T., & Marcus-Blank, B.J. *Adherence to exercise*. Invited paper to be presented at the Obesity Society Annual Scientific Meeting, Boston, MA, October 2006.

2007

- 40. **Marcus, B.H.**, & Ciccolo, J.T. *Physical Activity Interventions: Non-face-to-face Approaches.* Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight-Day Course on Physical Activity and Public Health, Hilton Head, SC, September 2007.
- 41. **Marcus, B.H.**, Ciccolo, J.T., & Williams, D.M. *Intervention approaches to improve physical activity levels in adults.* Presented at the American Heart Association Scientific Sessions, Orlando, FL, November 2007.
- 42. **Marcus, B.H.** Physical Activity Interventions for Smoking Cessation Among Women. Presented at the National Institute on Drug Abuse, Washington, DC, December 2007.

- 43. **Marcus, B.H.** Moving toward exercise as substance abuse prevention: Learning from smoking cessation. Presented at the National Institute on Drug Abuse, Bethesda, MD, June 2008.
- 44. **Marcus, B.H.**, & Bock, B. Physical activity interventions: The role of tailoring. Presented at the University of Michigan School of Public Health, Ann Arbor, Michigan, August 2008.
- 45. **Marcus, B.H.** Physical activity interventions: Non-face to face approaches. Presented at the CDC Physical Activity and Public Health Course, Park City, Utah, September 2008.
- 46. **Marcus, B.H.** *Is exercise important in quitting smoking?* Invited paper presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, Indiana, May 2008.

47. **Marcus, B.H.** *Internet based physical activity interventions: Current status and future directions.* Invited paper presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, Indiana, May 2008.

2009

- 48. **Marcus, B.H.** Increasing physical activity in adults: An update on effective interventions. Invited paper presented at the Annual Meeting of Nutrition, Physical Activity and Metabolism Conference of the American Heart Association (NPAM/AHA), Palm Harbor, Florida, March 2009.
- 49. **Marcus, B.H.** The role of exercise in the prevention and treatment of addictive disorders. Invited paper presented at the Centers for Disease Control and Prevention Physical Activity and Public Health Course, Hilton Head, South Carolina, September 2009.
- 50. **Marcus, B.H.** Addiction to nicotine: A lifespan and diversity perspective in women's health. Invited paper presented at the Office of Research on Women's Health Regional Meeting, Providence, Rhode Island, September 2009.

<u>2012</u>

- 51. **Marcus, B.H.** *Promoting Physical Activity: Challenges and Opportunities*. Keynote Address at the San Diego Epidemiology Research Exchange, San Diego, California, April 2012.
- 52. **Marcus, B.H.** *Non Face-to-Face Approaches to the Promotion of Physical Activity.* Presented at the CDC Physical Activity and Public Health Course, Park City, Utah, September 2012.
- 53. **Marcus, B.H.** *Increasing Physical Activity: Predictors and Effective Interventions*. Presented at NIH Office of Disease Prevention: Physical Activity and Disease Prevention Workshop, Bethesda, Maryland, December 2012.

2013

54. **Marcus, B.H.** Using technology to increase physical activity in underserved populations. Symposium paper presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN, May 2013.

2014

- 55. **Marcus, B.H.** The challenges of study design, implementation, and data collection for physical activity in urban Latino neighborhoods in the United States, Colombia, Mexico, and Brazil. Presented at the Annual Conference of Active Living Research, San Diego, CA, March 2014.
- 56. Leinen, M., **Marcus, B.H.**, & Pogliano, K. STEMM Panel: Leaning In and Managing Pushback. Invited Panel Presentation at the 6th Annual UC San Diego Women's Conference, "(Re)Defining the UC San Diego Woman: Be the Change You Want to See." UC San Diego, San Diego, CA, May 2014.
- 57. **Marcus, B.H.**, & Linke, S.E. *Exercise Interventions for Smoking Cessation.* Presented at the Annual Meeting of the American College of Sports Medicine, Orlando, FL, May 2014.

<u> 2015</u>

58. **Marcus, B.H.** Reaching the "Hard to Reach": Integrating Theory and Technology to Promote Physical Activity in Underserved Populations. President's Lecture Presented at the Annual Meeting of the American College of Sports Medicine, San Diego, CA, May 2015.

- 59. **Marcus, B.H.**, & Crespo, C. *History and Current Status of Physical Activity Research in Latino Communities*. Tutorial Lecture Presented at the Annual Meeting of the American College of Sports Medicine, San Diego, CA, May 2015.
- 60. **Marcus, B.H.** Overview of Physical Activity and Sedentary Behavior in Adults. NIH Workshop: Behavioral and Psychological Phenotyping to Understand Differences in Physical Activity and Sedentary Behavior Affecting Weight Management, Bethesda, MD, December 2015.

<u>2016</u>

- 61. **Marcus, B.H.** *Encouraging Latino Men to Exercise Using Text Messaging.* Media Appearance at KUSI News, San Diego, CA, January 2016.
- 62. **Marcus, B.H.** *Academic Options and Professional Contacts Session.* National Center for Leadership in Academic Medicine (NCLAM), San Diego, CA, March 2016.

<u>2017</u>

63. **Marcus, B.H.** Using Theory and Technology to Promote Physical Activity to Promote Physical Activity Adoption and Maintenance. Keynote presented at the American College of Sports Medicine Health & Fitness Summit, San Diego, CA, April 2017.

2018

64. **Marcus, B.H.** *Physical Activity Promotion Through Theory and Technology Based Interventions.* Lecture presented at the Physical Activity and Public Health Courses, Columbia, SC, September 2018.

<u> 2021</u>

65. **Marcus, B.H.** "Using Interactive Internet Technology to Promote Physical Activity in Latinas" Presented virtually at American College of Sports Medicine (ACSM) Annual meeting, June 2021.

<u>2022</u>

- 66. **Marcus, B.H.** "The Science of Behavior Change to Promote Physical Activity and Address Health Disparities." Presented the 2022 Morris/Paffenbarger Exercise is Medicine Keynote lecture at the ACSM World Congress on Exercise is Medicine, May 2022.
- 67. **Marcus, B.H.** "Effective mHealth strategies for promoting physical activity in Latino Populations." Symposium Presentation, presented at the 2022 ACSM Annual Meeting, World Congress on Exercise is Medicine, and World Congress on the Basic Science of Exercise and Vascular Health, May 2022.
- 68. **Marcus, B.H.** "Harnessing mobile health strategies to promote physical activity in Latina's, Invited speaker Presentation at the American College of Sports Medicine's (NEACSM) Fall 2022 conference, Oct 2022.

69. **Marcus, B.H.** "Harnessing mHealth Technologies to Promote Physical Activity in Latinas." Invited Speaker, Penn State, 2021-2022 Dorothy V Harris Memorial Lecture, Feb 2023 (Virtual).

INVITED PRESENTATIONS (International)

<u> 1995</u>

1. **Marcus, B.H.** *Exercise behavior and strategies for intervention.* Physical activity, health and well-being: An International Scientific Consensus Conference, Quebec City, Canada, May 1995.

<u> 1997</u>

2. **Marcus, B.H.** *Intervention techniques to promote physical activity.* Psychology Keynote Address. British Association of Sport and Exercise Sciences, York, England, September 1997.

<u>1998</u>

- 3. Bull, F., Calfas, K., & **Marcus, B.H.** *Physical activity interventions in primary care settings.* International Congress of Behavioral Medicine Invited Workshop, Copenhagen, Denmark, August 1998.
- 4. **Marcus, B.H.**, & Owen, N. *Media-based interventions to influence physical activity: Evidence and options*. International Congress of Behavioral Medicine Invited Workshop, Copenhagen, Denmark, August 1998.
- 5. Pinto, B.M., Friedman, R., **Marcus, B.H.**, Cullinane, P., Ramelson, H., Migelski, C., Dutton, J., Glovsky, E., & Mackay, E. *Using psychological theory to design computer-based health behavior change systems*. World Congress on Medical Informatics, Seoul, Korea, August 1998.

1999

- 6. **Marcus, B.H.** *Lifestyle physical activity: Motivational and change processes.* Deakin University Faculty of Health Sciences, Melbourne, Australia, February 1999.
- 7. **Marcus, B.H.** *Mediated communications for health behavior change.* Anti-Cancer Council of Victoria, Melbourne, Australia, February 1999.
- 8. **Marcus, B.H.** *Interventions, maintenance, and measures of behavior change.* International Diabetes Institute, Melbourne, Australia, February 1999.
- 9. **Marcus, B.H.** How to help people become more physically active. Keynote Address. New South Wales Department of Public Health *Active Australia* Physical Activity Network Meeting, Sydney, Australia, February 1999.

2001

10. **Marcus, B.H.** Applications of psychological theory to physical activity interventions using print media and information technology. Annual Congress of the European College of Sport Science, Cologne, Germany, July 2001.

<u>200</u>2

11. **Marcus**, **B.H.** *Non face-to-face approaches to physical activity promotion*. 7th International Congress of Behavioral Medicine, Helsinki, Finland, August 2002.

2004

12. **Marcus, B.H.**, Napolitano, M.A., & Whiteley, J.A. *Exercise and Smoking Cessation in Women*. International symposium Promoting physical activity as an aid for smoking cessation sponsored by the Swiss Federal Office for Public Health and the University of Lausanne, Lausanne, Switzerland, October 2004.

2006

13. **Marcus, B.H.**, & Borrelli, B. *Implementation of best practices for hospital-based smoking cessation.* Presentation at Ha Emek Medical Center, Afula, Israel, August 2006.

2007

14. **Marcus, B.H.**, Lewis, B.A., Dunsiger, S., Napolitano, M.A., & Williams D.M. *Which mediated interventions for whom? Predictors of success in programs targeting physical activity and dietary behaviors*. Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway, June 2007.

<u>2018</u>

- 15. **Marcus, B.H.** How to Implement a Global Agenda to Promote Physical Activity. Center for Studies of the Physical Fitness Laboratory of São Caetano do Sul 41th International Symposium on Sport Sciences, Sao Paulo, Brazil, October 2018.
- 16. **Marcus, B.H.** Theory in Technology-Based Approaches to Promote Physical Activity. Center for Studies of the Physical Fitness Laboratory of São Caetano do Sul 41th International Symposium on Sport Sciences, Sao Paulo, Brazil, October 2018.
- 17. **Marcus, B.H.** *Promoting Physical Activity in Under-served and Low-income Communities.* Center for Studies of the Physical Fitness Laboratory of São Caetano do Sul 41th International Symposium on Sport Sciences, Sao Paulo, Brazil, October 2018.

2021

18. **Marcus, B.H.** *Physical Activity and Mental Health Interventions for At-Risk Minority Populations.* Center for the Studies of Physical Fitness Research Laboratory of São Caetano do Sul 44th International Symposium on Sport Sciences and 4th International Symposium on Physical Activity and Sedentary Behavior, Sao Paulo, Brazil (Virtual), October 2021.

GRANTS

 1. 1989-1990 Principal Investigator. Physical Exercise as a Maintenance Strategy for Smoking Cessation. National Institutes of Health Biomedical Research Support Grant. \$3,767.

- 2. 1991-1993 Co-Principal Investigator (with K. Emmons, Principal Investigator). Increasing Physical Activity at the Workplace: Implications for Cancer Prevention. National Cancer Institute. #CA50087. \$114,999.
- 3. 1991-1994 Co-Investigator (with C. Stoney, Principal Investigator). Effects of Behavioral Stress on Lipids and Lipoproteins. National Heart, Lung, and Blood Institute. #HL48363. \$799,175.
- 4. 1992-1993 **Principal Investigator**. Physical Exercise as a Maintenance Strategy for Smoking Cessation in Women. American Heart Association, Rhode Island Affiliate. \$14,764.
- 5. 1992-1994 **Principal Investigator**. Effects of Physical Exercise on Smoking Cessation in Women. Intramural Grant, Department of Psychiatry and Human Behavior, Brown University School of Medicine. \$33,000.
- 6. 1993-1994 **Principal Investigator**. Effects of Exercise Plus Nicotine Patch on Smoking Cessation and Weight Regulation in Women. Intramural Grant, Department of Psychiatry and Human Behavior, Brown University School of Medicine. \$19,544.
- 7. 1993-1995 Co-Investigator (with B. Pinto, Principal Investigator). The Effect of a Supervised Exercise Therapy Program on Perception of Health in Patients with Arterial Claudication. American Heart Association, Rhode Island Affiliate. #93-78535. \$35,864.
- 8. 1993-1996 **Principal Investigator**. Exercise, Smoking Cessation and Weight Concerns in Women. American Cancer Society. \$324,000, returned, overlapping funds with National Cancer Institute grants.
- 9. 1993-1997 Co-Investigator (with S. Blair, Principal Investigator). Lifestyle Exercise Trial. National Heart, Lung, and Blood Institute. #R01 HL48597. \$1,565,675.
- 10. 1993-1998 **Principal Investigator**. Preventive Oncology Academic Award. National Cancer Institute. #K07 CA01757. \$403,667.
- 11. 1993-1998 **Principal Investigator**. Smoking Cessation, Weight Gain, and Exercise in Women. National Cancer Institute. #R29 CA59660. \$297,370.
- 12. 1994-1996 **Principal Investigator**. Development and Evaluation of an Exercise Expert System for Cardiovascular Risk Reduction. American Heart Association, Rhode Island Affiliate. #9407826S. \$57,982.
- 13. 1994-1996 **Principal Investigator**. Smoking Cessation, Weight Gain, and Exercise in Underserved Women. Office of Research on Women's Health. Supplement to #R29 CA59660. \$99,287.
- 14. 1994-1997 Co-Principal Investigator (with M. Goldstein, Principal Investigator). Medical Office-Based Activity Counseling of Older Adults. National Institute on Aging. #RO1 AG12025. \$1,063,000.
- 15. 1994-1999 Co-Principal Investigator (with S. Blair, Principal Investigator). Physical Activity Intervention in Health Care Settings for High-Risk Sedentary Adults Clinical Center. National Heart, Lung, and Blood Institute. #HC-94-06. \$1,954,918.
- 16. 1994-1999 Co-Investigator (with D. Abrams, Principal Investigator). Enhancing Worksite Cancer Prevention Through The Home. National Cancer Institute. #CA50087. \$2,582,826.

- 17. 1995-1998 Co-Investigator (with R. Friedman, Principal Investigator). Activity Promotion to Reduce Cardiovascular Risk in the Elderly. National Heart, Lung, and Blood Institute. #R01 HL055664. \$101,793.
- 18. 1996-1997 Co-Investigator (with B. Pinto, Principal Investigator). Exercise and Coping in Breast Cancer Patients. National Institutes of Health/National Institute of Mental Health. #R03 MH055570. \$24,142.
- 19. 1997-2001 Co-Investigator (with S. Blair, Principal Investigator). Project Prime: Application of Lifestyle Exercise. National Heart, Lung and Blood Institute. #R01 HL58608. \$2,512,708.
- 20. 1998-1999 Co-Investigator (with B. Pinto, Principal Investigator). Home-based Moderate Exercise for Breast Cancer Patients. National Cancer Institute. #CA75452. \$349,979.
- 21. 1998-2002 Co-Investigator (with K. Emmons, Principal Investigator). Multi-risk Factor Intervention for Colon Polyps. National Cancer Institute. #CA75000. \$91,697.
- 22. 1998-2002 Co-Investigator (with A. Jette, Principal Investigator). Physical Activity Counseling Trial Within a Primary Care Setting. National Institute on Aging. #P50 AG11669. \$206,990.
- 23. 1998-2004 **Principal Investigator**. Moderate Exercise to Aid Smoking Cessation in Women. National Cancer Institute. #R01 CA77249. \$1,113,585.
- 24. 1999-2001 Co-Investigator (with R. Wing, Principal Investigator). Study of Health Outcomes of Weight-Loss (SHOW) trial. National Institute of Diabetes, Digestive and Kidney Diseases. #RFA DK-98-019. \$4,875,325.
- 25. 1999-2002 Co-Investigator (with D. Sparrow, Principal Investigator). Home-based Pulmonary Rehabilitation via a Telecommunications System. Department of Veterans Affairs. \$13,990.
- 26. 1999-2003 Co-Principal Investigator (with A. King, Principal Investigator). Exercise Advice via Human or Computer. National Institute on Aging. #R01 AG16587. \$1,982,236.
- 27. 1999-2004 Co-Investigator (with D. Abrams, Principal Investigator). Nicotine Dependence: Risk and Recovery over Generations. National Cancer Institute and National Institute on Drug Abuse. #P50 CA84719. \$8,775,717.
- 28. 1999-2004 Co-Investigator (with J. Jakicic, Principal Investigator). Dose-Response of Exercise on Long-Term Weight Loss. National Heart, Lung and Blood Institute. #R01 HL63312. \$1,550,722.
- 29. 2000-2001 Co-Investigator (with C. Sciamanna, Principal Investigator). Interactive Technologies to Modify Cancer Risk Behaviors. National Cancer Institute. #R25 CA88095. \$70,379.
- 30. 2000-2004 **Principal Investigator**. Exercise Instruction via Phone or Print. National Heart, Lung, and Blood Institute. #R01 HL64342. \$1,179,382.
- 31. 2000-2005 Co-Investigator (with R. Cohen, Principal Investigator). Cardiac Disease, CNS Dysfunction and Outcome in the Elderly. National Institute on Aging. #R01 AG17975-02. \$1,250,000.
- 32. 2000-2006 Co-Investigator (with D. Abrams, Principal Investigator). Transdisciplinary Cancer Control Research Training Grant. National Cancer Institute. #R25 CA87972. \$2,140,461.
- 33. 2001-2004 Co-Investigator (with R. Brown, Principal Investigator). Exercise Intervention for Drug Treatment. National Institute on Drug Abuse. #R01 DA14599. \$200,000.

- 34. 2001-2006 Mentor (with C. Sciamanna, Principal Investigator). Computer-Assisted Cancer Risk Behavior Counseling. National Cancer Institute. #K07 CA091976. \$600,560.
- 35. 2001-2006 Mentor (with J. Todaro, Principal Investigator). The Long-term Benefits of Cardiac Rehabilitation in Men and Women. National Heart, Lung, and Blood Institute. #K23 HL04473-03. \$612,179.
- 36. 2002-2004 Co-Investigator (with M. Napolitano, Principal Investigator). Evaluating Self-Help Programs for Exercise Adoption and Maintenance in Women. Robert Wood Johnson Foundation. \$687,495.
- 37. 2002-2005 Co-Investigator (with R. Brown, Principal Investigator). Development of Exercise Intervention for Alcoholics. National Institute on Alcohol Abuse and Alcoholism. #R01 AA13418. \$618,696.
- 38. 2002-2006 Co-Investigator (with D. Tate, Principal Investigator). Enhanced Internet Behavior Therapy for Obesity Treatment. National Institute for Diabetes, Digestive and Kidney Diseases. #R01 DK60058. \$925,003.
- 39. 2002-2006 Co-Investigator (with M. Napolitano, Principal Investigator). Development and Evaluation of a Tailored Exercise Intervention for Women. American Heart Association. \$355.039.
- 40. 2002-2007 Mentor (with C. Neighbors, Principal Investigator). Efficiency of Tailoring Treatment to Smoker Subgroup. National Cancer Institute. #K07 CA909961. \$465,279.
- 41. 2003-2004 **Principal Investigator**. Moderate Exercise to Aid Smoking Cessation in Women. National Cancer Institute. Supplement to #R01 CA77249. \$124,789.
- 42. 2003-2005 Co-Investigator/Mentor (with J. Whiteley, Principal Investigator). Smoking Cessation for Women at Risk of Cervical Cancer. National Cancer Institute. #R03 CA103499. \$100,000.
- 43. 2003-2006 Co-Investigator (with C. Sciamanna, Principal Investigator). Computerized Physical Activity Promotion in Primary Care. National Heart, Lung, and Blood Institute. #R01 HL67005. \$980,769.
- 44. 2003-2006 **Principal Investigator**. Interactive Technologies to Increase Exercise Behavior. National Heart, Lung, and Blood Institute. #R01 HL069866. \$1,321,380.
- 45. 2004-2007 Co-Investigator (with B. Pinto, Principal Investigator). Promoting Physical Activity After Colorectal Cancer. National Cancer Institute. #R01 CA101770. \$1,301,802.
- 46. 2004-2008 Co-Investigator (with B. Pinto, Principal Investigator). Maintaining Exercise After Cardiac Rehab. National Heart, Lung, and Blood Institute. #R01 HL076734. \$1,605,628.
- 47. 2004-2008 Co-Investigator (with B. Bock, Principal Investigator). Tailored Exercise Support for Cardiac Patients. National Heart, Lung, and Blood Institute. #R01 HL075561. \$1,000,000.
- 48. 2004-2008 Co-Investigator (with B. Lewis, Principal Investigator). Examining Psychosocial Mediators of Exercise Behavior. National Heart, Lung, and Blood Institute. #R01 HL69866. \$259,703.
- 49. 2004-2009 Co-Investigator (with A. Bryan, Principal Investigator). Mediators and Moderators of Exercise Behavior Change. National Cancer Institute. #R01 CA109858. \$72,487.

- 50. 2005-2007 Co-Investigator/Mentor (with M. Napolitano, Principal Investigator). Exercise to Aid Smoking Cessation in Adolescent Girls. National Cancer Institute. #R03 CA119712. \$146,060.
- 51. 2006-2008 **Principal Investigator**. Achieving Physical Activity Guidelines Through an Enhanced Print Intervention. National Heart, Lung, and Blood Institute. Diversity Supplement to #R01 HL64342. \$90,374.
- 52. 2006-2008 **Principal Investigator**. Seamos Activas: Increasing Activity Among Latinas. National Institute of Nursing Research. #R21 NR009864. \$267,002.
- 53. 2006-2008 Co-Investigator/Mentor (with D. Williams, Principal Investigator). Does Moderate Intensity Exercise Help Prevent Smoking Relapse Among Women? National Cancer Institute. #R03 CA119747. \$100,000.
- 54. 2006-2011 Co-Investigator (with R. Wing, Principal Investigator). Training in Behavioral and Preventive Medicine. National Heart, Lung, and Blood Institute. T32 HL076134. \$307,840.
- 55. 2006-2011 **Principal Investigator**. Achieving Physical Activity Guidelines Through an Enhanced Print Intervention. National Heart, Lung, and Blood Institute. #R01 HL64342. \$1,943,480.
- 56. 2006-2012 **Principal Investigator**. Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women. National Institute on Drug Abuse. #R01 DA021729. \$2,495,136.
- 57. 2007-2009 Co-Investigator (with B. Bock, Principal Investigator). Yoga for Women Attempting Smoking Cessation: An initial investigation National Institute for Complementary and Alternative Medicine. #R21 AT003669. \$214,288.
- 58. 2007-2011 Co-Investigator (with L. Chasan-Taber, Principal Investigator). A Lifestyle Intervention to Prevent Recurrent Gestational Diabetes Mellitus. National Institute of Diabetes and Digestive and Kidney Diseases. #R01 DK074876. \$526,232.
- 59. 2008-2010 Co-Investigator/Mentor (with C. Rabin, Principal Investigator). Web-based Physical Activity Intervention for Young Adult Cancer Survivors. National Cancer Institute. #R03 CA134197. \$100,000.
- 60. 2008-2010 Co-Investigator/Mentor (with J. Ciccolo, Principal Investigator). Resistance Training as an Aid to Standard Smoking Cessation Treatment. National Cancer Institute. #R03 CA132475. \$100,000.
- 61. 2008-2010 Co-Investigator (with E. Serber, Principal Investigator). Cardiac Autonomic Regulation Enhancement Through Exercise (CARE-E) Trial. National Heart, Lung and Blood Institute. #R21 HL092340. \$275,000.
- 62. 2008-2013 Co-Investigator (with M. Sevick, Principal Investigator). Expert System Based Feedback in Sedentary Overweight Veterans. Department of Veterans Affairs. #VA IIR 07-154. \$291,831.
- 63. 2008-2012 **Principal Investigator**. Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women. National Institute on Drug Abuse. Diversity Supplement to #R01 DA021729. \$89,280.
- 64. 2009-2011 Co-Investigator (with D. Williams, Principal Investigator). Adherence to self-paced vs. prescribed intensity PA: Exploring via EMA. National Cancer Institute. #R21 CA137211. \$15,346.

- 65. 2009-2013 **Principal Investigator**. Culturally and Linguistically Adapted Physical Activity Intervention for Latinas. National Institute of Nursing Research. #R01 NR011295. \$1,381,581.
- 66. 2009-2013 Co-Investigator (with Smits, Principal Investigator). Exercise Intervention for smoking. National Institute on Drug Abuse. #R01DA027533. \$13,458.
- 67. 2009-2014 Co-Investigator (with C. Eaton, Principal Investigator). Tailored Lifestyle Intervention in Obese Adults within Primary Care Practice. National Institute of Diabetes and Digestive and Kidney Diseases. #R18 DK079880. \$2,814,160.
- 68. 2010-2012 Co-Investigator (with S. Dunsiger, Principal Investigator). Statistical Methods for Assessing Patterns of Change in Cancer-Control Behavior. National Cancer Institute. #R03 CA153942. \$13,074.
- 69. 2011-2012 Co-Investigator (with M. Allison, Principal Investigator). Abdominal Body Composition, Inflammation and Cardiovascular Disease. National Heart, Lung, and Blood Institute. #R01 HL088451. \$299,616.
- 70. 2011-2015 **Principal Investigator**. Promoting Physical Activity in Latinas Via Interactive Web-based Technology. National Cancer Institute. #R01 CA159954. \$2,173,220
- 71. 2011-2016 Co-Investigator (with B. Bock, Principal Investigator). Efficacy of Exercise Videogames for Physical Activity Adoption and Maintenance. National Heart, Lung, and Blood Institute. #R01 HL109116. \$2,593,209.
- 72. 2012-2014 Co-Investigator/Mentor (with E. Jennings, Principal Investigator). Postpartum Exercise Intervention for Previously Smoking Mothers. National Cancer Institute. #R03 CA162985. \$155.456.
- 73. 2012-2014 Co-Investigator (with L. Cadmus-Bertram, Principal Investigator). Using Technology to Promote Physical Activity in Women at Elevated Cancer Risk. National Cancer Institute. #R03 CA168450. \$155,000.
- 74. 2012-2017 Co-Investigator (with B. Bock, Principal Investigator). Efficacy of Yoga as an Alternative Therapy for Smoking Cessation. National Institutes of Health: National Center for Complementary and Alternative Medicine. #R01 AT006948. \$2,965,826.
- 75. 2012-2017 Co-Investigator/Consortium Principal Investigator (with L. Chasan-Taber, Principal Investigator). Postpartum Diabetes Prevention Program for Hispanic Women. National Institute of Diabetes and Digestive and Kidney Diseases. #R01DK064902. \$436,163 (Site).
- 76. 2013-2015 Co-Investigator/Consortium Principal Investigator (with D. Pekmezi, Principal Investigator). Physical Activity to Reduce Cancer Risk and Related Health Disparities. American Cancer Society. MRSG-13-156-01. \$729,000.
- 77. 2013-2016 Primary Mentor (with K. Murray, Principal Investigator). Physical Activity and Education to Reduce Cancer Risk Among Somali Women. American Cancer Society. MRSG-13-069. \$30,306 (Site).
- 78. 2013-2016 Primary Mentor (with L. Martin, Principal Investigator) Moderating Effects of Neighborhood Environment on Individual-Centered Physical Activity Interventions. 3R01CA159954-S2. \$61,263

- 79. 2013-2016 Primary Mentor (with B. Marquez, Principal Investigator). Role of Social Networks on Weight-Related Behaviors among Latinas. 3R01CA159954-S1. \$96,734
- 80. 2013-2018 Co-Investigator/Consortium Principal Investigator (with L. Chasan-Taber, Principal Investigator). Randomized Lifestyle Intervention in Overweight and Obese Pregnant Hispanic Women. National Institute of Diabetes and Digestive and Kidney Diseases. #R01 DK097011-01. \$602,875 (Site).
- 81. 2014-2016 Co-Investigator (with B. Larsen, Principal Investigator). Development and Evaluation of a Physical Activity Intervention for Latina Girls. National Institute of Nursing Research. #R03 NR014329-22. \$83,362.
- 82. 2014-2019 Co-Investigator (with J. Kerr, Principal Investigator). Peer Empowerment Program for Physical Activity in Low Income & Minority Seniors (PEP4PA). National Heart, Lung, and Blood Institute. #R01 HL125405-02. \$3,908,781.
- 83. 2014-2019 Co-Investigator/Consortium Principal Investigator (with Sorkin, Principal Investigator). Unidas por la Vita: A Healthy Lifestyle Intervention for High-Risk Latina Dyads. National Institute of Diabetes and Digestive and Kidney Diseases. #R01 DK101623-02. \$206,063 (Site).
- 84. 2015-2017 **Principal Investigator**. Developing a Text-Message Enhanced Physical Activity Intervention for Latino Men. National Institute of Nursing Research. #R21 NR014911-02. \$426,250.
- 85. 2015-2019 **Principal Investigator**. Culturally and Linguistically Adapted Physical Activity Intervention for Latinas. National Institute of Nursing Research. #R01 NR011295-05. \$2,402,661.
- 86. 2015-2020 Co-Investigator (with K. Boutelle, Principal Investigator). Treatment of Obesity Targeting Appetite and Cue Reactivity. National Institute of Diabetes and Digestive and Kidney Diseases. #R01 DK103554. \$3,254,378.
- 87. 2015-2020 Co-Investigator (with E. Lukacz, Principal Investigator). Prevention of Lower Urinary Tract Symptoms (PLUS): Bladder Health Clinical Center UC San Diego. National Institute of Diabetes and Digestive and Kidney Diseases. U01 DK106827. \$2,482,819.
- 88. 2016-2020 Co-Investigator/Consortium Principal Investigator (Multi-PI, with K. Gans, Principal Investigator). Increasing Physical Activity in Latino Men through Tailoring: Hombres Saludables. National Heart, Lung, and Blood Institute. R34 HL128067. \$25,566 (Site).
- 89. 2016-2021 Co-Investigator (with K. Boutelle, Principal Investigator). Effect of Treatment Dose on Childhood Obesity. National Institute of Diabetes and Digestive and Kidney Diseases. #R01 DK108686. \$448,074
- 90. 2016-2021 Co-Investigator (with K. Rhee, Principal Investigator). Parent training program to improve outcomes in childhood obesity treatment. National Institute of Diabetes and Digestive and Kidney Diseases. #R01 DK106157. \$607,143
- 91. 2018-2021 Primary Mentor (with T. Benitez Mentee). Promoting Physical Activity in Latinas Via Interactive Web-based Technology. National Cancer Institute. 3R01 CA159954-08S1. \$228,636
- 92. 2017-2024 **Principal Investigator**. Promoting Physical Activity in Latinas Via Interactive Web-based Technology. National Cancer Institute. 2R01 CA159954. \$2,924,719
- 93. 2019-2024 Co-Investigator (with B. Larsen, Principal Investigator). Individually Tailored Physical Activity

Intervention for Latina Adolescents. National Institute of Nursing Research. #R01 NR017876. \$1,907,397

- 92. 2020-2025 Co-Investigator (with D. Williams, Principal Investigator). Comparing a Recommendation for Self-paced versus Moderate Intensity Physical Activity for Midlife Adults: an RCT. National Institute on Aging. R01 AG069349. \$2,342,728
- 94. 2020- 2022 Primary Mentor (with T. Ash Mentee). Promoting Physical Activity in Latinas Via Interactive Web-based Technology. National Cancer Institute. 3R01 CA159954-09S1. \$216,895
- 95. 2021-2023 Primary Mentor (with A. Mendoza-Vasconez) Promoting Physical Activity in Latinas Via Interactive Web-based Technology. National Cancer Institute. 3R01 CA159954-09S2. \$223,224
- 96. 2021-2023 Co-Investigator (with T. Benitez, Principal Investigator). Increasing aerobic and musclestrengthening physical activity in Latinas via interactive web-based technology. # R03 CA252500. \$159,250.

UNIVERSITY TEACHING ROLES

1984-1985	Instructor , Introduction to Psychology, full responsibility for 4 sections. Auburn University.
1989	Instructor, Stress Management (Biomed 390). Brown University School of Medicine.
1989-1996	Instructor, Exercise Adherence (Biomed 390). Brown University School of Medicine.
1989-2011	Instructor, The Role of Exercise in Behavioral Medicine. Advanced seminar: Brown
1909-2011	University Clinical Psychology Internship Consortium.
1992-1998	Instructor, Exercise for Health Psychology classes at Brown University and The
1992-1990	University of Rhode Island.
1993	Guest Lecturer, Smoking Cessation for Women (Biomed 390). Brown University School
1993	of Medicine.
1000 2002	
1998-2002	Guest Lecturer, Exercise and Public Health. Health Promotion Seminar. Boston
0005 0044	University School of Public Health.
2005-2011	Guest Lecturer, Physical Activity: Where Psychology Meets Public Health. Introduction
0000	to Public Health (BC0032). Department of Community Health, Brown University.
2008	Guest Lecturer, Sedentary Behavior, CVD and Cancer. Lecture for the Cardiovascular
	Disease and Cancer Behavioral Medicine Seminar Series. Centers for Behavioral &
0000 0044	Preventive Medicine, Brown University.
2008-2011	Masters in Public Health Small Group Leader, Department of Community Health,
0000 0044	Brown University.
2008-2011	Course Developer and Instructor, Physical Activity and Public Health (PHP2310),
	Department of Community Health, Brown University.
2008-2011	Course Developer and Instructor, Environmental and Policy Influences on the Obesity
	Epidemic (PHP2320), Department of Community Health, Brown University.
2011-2017	Guest Lecturer, Cardiovascular Epidemiology and Behavioral Medicine T32 Training
	Grant Seminar Series, UC San Diego.
2013-2017	Independent Study Mentor, (FPMU 199), UC San Diego.
2014-2017	Guest Lecturer, Introduction to Biomedical Research (BILD40), UC San Diego.
2014-2017	Guest Lecturer, Seminar in Preventive Medicine (PH700G), UC San Diego.
2015-2017	Course Developer and Instructor, Physical Activity and Public Health: Local, National
	and Global (FPMU 87), UC San Diego.
2016	Guest Lecturer, Physical Activity and Public Health Course, Centers for Disease Control
	and Prevention, University of South Carolina

and Prevention, University of South Carolina.

2016 **Invited Speaker**, "What is Public Health" Lecture for Professional Development Course,

UC San Diego.

2018 **Invited Speaker**, "Promoting Physical Activity in the 21st Century: Challenges and

Opportunities" presentation. Brown Department of Psychiatry and Human Behavior

Grand Rounds, Brown University.

2021-present Course Developer Instructor, Developing and Testing Theory-Driven, Evidence-Based

Psychological and Behavioral Health Interventions (PHP2360), Department of Behavioral

and Social Sciences, Brown University School of Public Health.

2021-present Course Developer and Instructor, Physical Activity and Public Health (PHP2310),

Department of Behavioral and Social Sciences, Brown University School of Public Health.

NATIONAL AND INTERNATIONAL TEACHING ROLES

1994 Behavior Change in Communities: Examples from Physical Activity Promotion. Invited

Workshop presented at the annual meeting of the Society of Behavioral Medicine, Boston,

MA.

Designing Interventions for Health Care Settings. Invited Clinical Workshop presented at

the Annual Meeting of the American College of Sports Medicine, Cincinnati, OH.

1994-2021 National Advisory Committee Member and Core Faculty Member for Centers for Disease

Control and Prevention and University of South Carolina Prevention Center Annual Seven

Day Course on Physical Activity and Public Health.

1998 Application of Motivational Models to the Promotion of Physical Activity. Invited Tutorial

Lecture, American College of Sports Medicine, Orlando, FL.

1998 Media-Based Interventions to Influence Physical Activity: Evidence and Options. Invited

Workshop presented at the International Congress of Behavioral Medicine, Copenhagen,

Denmark.

1998 Physical Activity Interventions in Primary Care Settings. Invited Workshop presented at

the International Congress of Behavioral Medicine, Copenhagen, Denmark.

2000 Delivering Physical Activity Interventions by Mail, Telephone, and Internet. Invited Clinical

Workshop presented at the Annual Meeting of the American College of Sports Medicine,

Indianapolis, IN.

2000 Print-Based Mediated Interventions for Physical Activity Promotion. Invited Workshop at

the National Institutes of Health Behavior Change Consortium Meeting, Washington, DC.

HOSPITAL TEACHING ROLES

1988-1993	Behavioral Medicine Seminar. Seminar series for medical students. Division of Behavioral

Medicine, The Miriam Hospital, Providence, RI.

1988-1993 Supervision of Clinical Psychology Interns in Weight Management Service. Division of

Behavioral Medicine, The Miriam Hospital, Providence, RI.

1989-2011 Supervision of Internal Medicine Residents and Fellows, Clinical Psychology Interns and

Post-Doctoral Fellows, and Psychology Graduate Students in Behavioral Medicine Research. Centers for Behavioral and Preventive Medicine, The Miriam Hospital,

Providence, RI.

1990-1992 Supervision of Clinical Psychology Post-Doctoral Fellows in Weight Management

Service. Centers for Behavioral and Preventive Medicine, The Miriam Hospital,

Providence, RI.