

CURRICULUM VITAE

CATHERINE M. D'AVANZATO

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EDUCATION

Undergraduate Northwestern University, Evanston, IL 2001-2005.
Bachelor of Science, 2005
Major: Human Development and Psychological Services
Minor: Political Science
Cum Laude, with Highest Departmental Honors

Graduate University of Miami, Coral Gables, FL, 2007-2010.
M.S. in Clinical Psychology, 2010

 University of Miami, Coral Gables, FL, 2010-2013.
Ph.D. in Clinical Psychology, 2013

Internship Brown University Medical School and Rhode Island Hospital,
Providence, RI, Clinical Psychology Predoctoral Internship, 2012-
2013

POSTGRADUATE TRAINING

Postdoctoral Fellowship Brown University Medical School and Rhode Island Hospital,
Providence, RI, Postdoctoral Research Fellowship, July 2013- June
2015

PROFESSIONAL LICENSE

Licensed Psychologist, State of Rhode Island and Providence Plantations #PS01498, February
2015 to present

HONORS AND AWARDS

- 2012 Kirk R. Danhour Memorial Award. For research, clinical skills, leadership and service, and academics, University of Miami
- 2011 Dean's Dissertation Award. Recipient of a full tuition and stipend support award for outstanding dissertation research, University of Miami
- 2010 Letter of Commendation for excellence in performance on qualifying examinations, University of Miami
- 2009 - 2012 Letters of Commendation for excellence in research, clinical work, teaching and academics, University of Miami
- 2008 Outstanding Teaching Assistant Award, University of Miami
- 2008 Honorable Mention: National Science Foundation Graduate Research Fellowship Program

HOSPITAL APPOINTMENTS

June 2015 – present **Staff Psychologist**, Rhode Island Hospital

HOSPITAL ADMINISTRATIVE ROLES

November 2019 – present **Assistant Director**, Rhode Island Hospital Adult Partial Hospitalization Program in Acceptance and Commitment Therapy

UNIVERSITY APPOINTMENTS

2016 - present **Assistant Professor**, Clinical, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University

HOSPITAL/UNIVERSITY COMMITTEE ROLES

- August 2020 - present Member, Rhode Island Hospital Partial Hospital Program Diversity, Equity and Inclusion Committee
- June 2020 - present Member, Rhode Island Hospital Department of Psychiatry Telehealth Committee
- July 2015 - present Primary Clinical Supervisor, ACT Partial Program Rotation, Brown University Clinical Psychology Training Consortium
- July 2013 - June 2015 Postdoc Representative, Brown University Clinical Psychology Training Consortium Didactics Committee

April 2013 - June 2013 Teaching Awards Selection Committee Member, Brown University Department of Psychiatry and Human Behavior Psychology Training Consortium

July 2012- June 2013 Suicide Prevention Workshop Planning Committee representative, Brown University Psychology Training Consortium

2010 - 2011 Adult Division Representative, Psychology Graduate Student Association, University of Miami

2008 - 2009 Treasurer and Secretary, Psychology Graduate Student Association, University of Miami

OTHER PAST POSITIONS

Project Coordinator, Northwestern-UCLA Youth Emotion Project (YEP), Northwestern University, Evanston, IL, 2005-2007

Research Assistant, Research Assistant to Dr. Dan McAdams, Department of Psychology, Northwestern University, Evanston, IL, 2004

Research Assistant, Research Assistant to Drs. Susan Mineka and Nilly Mor, Department of Psychology, Northwestern University, Evanston, IL, 2002-2004

Crisis Line Staff, Mary Lou's Place (Formerly Evanston Shelter for Battered Women), Evanston, IL, 2004-2007

Volunteer Crisis Line Counselor, Mary Lou's Place (Formerly Evanston Shelter for Battered Women), Evanston, IL, 2002-2004

OTHER SCHOLARLY ACTIVITIES

Ad hoc reviewer

Journal of Contextual Behavioral Science, 2019

Journal of Psychology: Interdisciplinary and Applied, 2018, 2019

Depression and Anxiety, 2018

Journal of Psychiatric Research, 2013, 2014, 2015, 2017, 2018

Drugs In Context, 2018

International Journal of Clinical Psychiatry, 2017

Journal of Anxiety Disorders, 2016

Journal of Individual Differences, 2016

Cognition and Emotion, 2015, 2016, 2019

Journal of Affective Disorders, 2013

World Congress of Cognitive Behavioral Therapy, 2012

MEMBERSHIP IN SOCIETIES

2015- present	<i>Association for Contextual Behavioral Science</i>
2016- 2017	<i>Anxiety Disorders Association of America</i>
2008 - present	<i>Association for Behavioral and Cognitive Therapies</i>
2008 - 2012	<i>Association for Psychological Science</i>
2008 - 2012	<i>American Psychological Association</i>

PUBLICATIONS

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Zimmerman, M., **D’Avanzato, C.**, Attiullah, N., Friedman, M., Toba, C., Boerescu, D.A (2014). Scoring rules and rating formats of self-report depression questionnaires: a comparison of approaches. *Psychiatric Research*, 218(1-2), 225-8.
2. **D’Avanzato, C.**, Martinez, J., Attiullah, N., Friedman, M., Toba, C., Boerescu, D., & Zimmerman, M. (2013). Anxiety Symptoms among Remitted Depressed Outpatients: Prevalence and Association with Quality of Life and Psychosocial Functioning. *Journal of Affective Disorders*, 151(1), 401–404.
3. LeMoult, J., Arditte, K., **D’Avanzato, C.**, & Joormann, J. (2013). State rumination: Associations with emotional stress reactivity and attention biases. *Journal of Experimental Psychopathology*, 4(5), 471-484.
4. **D’Avanzato, C.** Joormann, J., Siemer, M. & Gotlib, I. (2013). Emotion regulation in depression and anxiety: Examining diagnostic specificity and stability. *Cognitive Therapy and Research*, 37, 968-980.
5. Zetsche, U., **D’Avanzato, C.** & Joormann, J. (2012). Depression and Rumination: Relation to Components of Inhibition. *Cognition and Emotion*, 26(4), 758-767.
6. Taft, C., Franz, M.R., Cole, H.E., **D’Avanzato, C.** & Rothman, E.F. (In press, *Journal of Family Psychology*). Examining Strength at Home for preventing intimate partner violence in civilians.
7. **D’Avanzato, C.**, Bogen, K.W., Kuo, C., & Orchowski, L.M., & Kuo, C. (In press, *Journal of Sexual Aggression*). Online dialogue surrounding violence against women in South Africa: A qualitative analysis of #MenAreTrash.
8. Zimmerman, M., Terrill, D., **D’Avanzato, C.** & Tirpak, J.W. (In press). Telehealth treatment of patients in an intensive acute care psychiatric setting during the COVID-19 pandemic: comparative safety and effectiveness to in-person treatment. *Journal of Clinical Psychiatry*.

OTHER PEER-REVIEWED PUBLICATIONS

1. Joormann, J. & **D'Avanzato, C.** (2010). Emotion regulation in depression: Examining the role of cognitive processes. *Cognition and Emotion, 24*(6), 913-939.
2. Dalrymple, K., **D'Avanzato, C.** (2013). Differentiating the subtypes of social anxiety disorder. *Expert Review of Neurotherapeutics, 13*(11), 1271-83.
3. **D'Avanzato, C.** & Dalrymple, K. (2016). Recent insights into the subtypes of social anxiety disorder. *Current Psychiatry Reports, 18* (50).

BOOKS AND BOOK CHAPTERS

1. Joormann, J. & **D'Avanzato, C.** (2009). Cognitive variables related to depression. In Ingram, R.E. et al. (Eds.) *International Encyclopedia of Depression*. Springer.
2. **D'Avanzato, C.**, Zimmerman, M. (2016). The diagnosis of mood disorders. In R.J. DeRubeis & D. R. Strunk (Eds.), *The Oxford Handbook of Mood Disorders*. New York: Oxford University Press.
3. Gaudiano, B.A., Dalrymple, K.L., **D'Avanzato, C.**, & Bunaciu, L. (2016). The need for quality improvement in behavioral health. In W.T. O'Donohue, C. Snipes, & A. Maragakis (Eds.), *Quality Improvement and Behavioral Health*. Springer: New York.
4. **D'Avanzato, C.**, Zimmerman, M., & Feldman, M.D. (2019). Seasonal Affective Disorder. In F.F. Ferri (Ed.) *Ferri's Clinical Advisor 2019*.
5. **D'Avanzato, C.**, Zimmerman, M., & Feldman, M.D. (2019). Major Depression. In F.F. Ferri (Ed.) *Ferri's Clinical Advisor 2019*.
6. **D'Avanzato, C.** & Zimmerman (2019). Posttraumatic Stress Disorder. In F.F. Ferri (Ed.) *Ferri's Clinical Advisor 2019*.
7. **D'Avanzato, C.** & Zimmerman, M. (2019). Clinical decision-making in combined pharmacotherapy and psychotherapy with complex clients: adopting an evidence-based approach. In S. Dimidjian (Ed.), *Evidence Based Practice in Action*.
8. Dalrymple, K. L., **D'Avanzato, C.**, & Morgan, T. (2020). Implementing ACT in a partial hospitalization program. In Levin, M. E., Twohig, M. P., & Krafft, J. (Eds), *Innovations in Acceptance and Commitment Therapy: Clinical advancements and applications in ACT*. Oakland, CA: New Harbinger.

PUBLICATIONS SUBMITTED OR IN PREPARATION

1. Orchowski, L., **D'Avanzato, C.**, & Millman, C. (Submitted, *Journal of Sexual Aggression*). Alcohol and sexual aggression among college men: what distinguishes men who perpetrate from men who don't.
2. **D'Avanzato, C.**, Holowka, D., Ojserkis, R., Zimage, S., Pilecki, B., McSheffrey, S., Keifer, R., & Zimmerman, M. (In preparation). Effectiveness of ACT in a speciality partial hospitalization program for PTSD.
3. Ojserkis, R., **D'Avanzato, C.**, Holowka, D., Zimage, S., Keifer, R., Pilecki, B., McSheffrey, S. & Zimmerman, M. (In preparation). Validation of the Clinician-Administered PTSD Scale for DSM-5 in an acute civilian population.
4. **D'Avanzato, C.**, Tirpak, J., Obratzsova, O., Zimage, S. & Zimmerman, M. (In preparation). Transitioning the Rhode Island Hospital Partial Hospitalization Program in Acceptance and Commitment Therapy to telehealth during COVID-19: methodology and lessons learned.

INTERNATIONAL AND NATIONAL PRESENTATIONS

1. **D'Avanzato, C.**, Griffith, J.W., Mineka, S., Zinbarg, R.E. & Craske, M. The relationship between personality and substance use disorders in adolescence. Poster presented at the Midwestern Psychological Association 79th Annual Meeting, Chicago, IL, 2007.
2. **D'Avanzato, C.**, Joormann, J., Yoon, K.L., LeMoult, J. & Tran, T. Effects of CBT on stress reactivity and cognitive biases in social anxiety disorder: A preliminary study. Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL, 2008.
3. **D'Avanzato, C.** & Joormann, J. Affective forecasting and emotion regulation: The effects of rumination vs. reappraisal. Poster presented at the 22nd Annual Meeting of the Society for Research in Psychopathology, Pittsburgh, PA, 2008.
4. Joormann, J., LeMoult, J., Tran, T.B., & **D'Avanzato, C.** (2008). The impact of cognitive behavioral interventions on cognition, stress reactivity and emotion regulation in social anxiety disorder. Abstract for symposium presentation, International Congress of Psychology, Berlin, Germany.
5. **D'Avanzato, C.** & Joormann, J. The use of emotion regulation in depression and anxiety disorders: Investigating diagnostic specificity and stability. Poster presented at the Society for Research in Psychopathology 23rd Annual Meeting, Minneapolis, MN, 2009.
6. **D'Avanzato, C.** & Joormann, J. Predicting the use of emotion regulation strategies: Depression and affective forecasting. Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY, 2009.

7. Hughes, J., **D'Avanzato, C.** & Joormann, J. Perceived controllability of stressful events: Effects on affective forecasts and emotion regulation in depression. Poster presented at the Association for Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY, 2009.
8. **D'Avanzato, C.** & Joormann, J. Affective forecasting in depression: Implications for emotion regulation. Poster presented at the Society for Research in Psychopathology 24th Annual Meeting, Seattle, WA, 2010.
9. **D'Avanzato, C.** & Joormann, J. (2011, May). *Emotion regulation in depression and anxiety: Examining stability and diagnostic specificity of adaptive and maladaptive strategies.* Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.
10. **D'Avanzato, C.** & Joormann, J. (2011, September). *Individual differences in the ability to reappraise: Underlying cognitive mechanisms.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Boston, MA.
11. Joormann, J., Yoon, L., **D'Avanzato, C.** & Gotlib, I. (2011, September). Emotion regulation in depression and anxiety: Examining strategy use and biological reactivity. In D. Barch (Chair), *Crossing the diagnostic divide: Psychopathology as a function of core systems.* Symposium conducted at the annual meeting of Society for Research in Psychopathology, Boston, MA.
12. **D'Avanzato, C.** & Joormann, J. (2011, November). The influence of cognitive biases on reappraisal ability: New avenues for depression intervention. In A.W. Calkins & T. Deckersbach (Chairs), *From cortex to context: New strategies and refined targets in the interventions of mood disorders.* Symposium to be conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON, Canada.
13. **D'Avanzato, C.** & Joormann, J. (2011, November). *Emotion regulation in depression: The relation between dispositional strategy use and reappraisal in the laboratory.* Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON, Canada.
14. **D'Avanzato, C.**, Siemer, M., & Joormann, J. (2012, November). *Affective forecasting in depression: Examining predicted emotion reactivity and regulation.* In S. Steinman (Chair), *Processing Emotional Information Across Time: Thinking About the Past and Future in Mood and Anxiety Disorders.* Symposium conducted at annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
15. **D'Avanzato, C.**, Young, D., Dalrymple, K., Chelminski, I., & Zimmerman, M. (2013, November). *Anxiety Comorbidity among Depressed Outpatients: Comparative Impact of Individual Anxiety Disorders on Occupational Functioning.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

16. Morgan, T.A., Dalrymple, K.L., **D'Avanzato, C.**, Ellison, W.D., Gale, D., McCutcheon, S., & Zimmerman, M. (2014, June). *Development and pilot testing of an acceptance-based partial hospitalization program*. In: K.L. Dalrymple (chair), *Delivering Acceptance and Commitment Therapy in Community-Based Settings: Potential Applications and Preliminary Findings*. Symposium presented at the 12th World Conference of the Association for Contextual Behavioral Science, Minneapolis, MN.
17. **D'Avanzato, C.**, Morgan, T.A., Dalrymple, K., Ellison, W.E., Gale, D., & Zimmerman, M. (2014, November). *Development and Pilot-Testing of an Acceptance-Based Partial Hospitalization Program*. In K. Dalrymple (Chair), *Integrating Evidence-Based Practice and Outcome Assessment in Routine Clinical Settings: Outcomes in Three Partial Hospital Programs*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
18. **D'Avanzato, C.**; Holowka, D.; Morgan, T.A.; Dalrymple, K. & Zimmerman, M. (2015, July). *Development and Pilot-Testing of a Specialty PTSD Track within an Acceptance-based Partial Hospitalization Program: Impact on PTSD Outcomes*. In C. Stewart (Chair), *ACT for Sleeping Problems and PTSD*. Symposium presented at the 13th World Conference of the Association for Contextual Behavioral Science, Berlin, Germany.
19. Morgan, T. A., **D'Avanzato, C.**, Dalrymple, K., Rosenstein, L., & Zimmerman, M. (2015). Who will stay and who will go? Predicting treatment retention and outcomes using the DSM-5 alternative personality disorders model. In T. Morgan (Chair). *Dropouts/Effective interventions*. International Society for the Study of Personality Disorders, Montreal, Canada.
20. Eustis, E. (Chair), Björgvinsson, T., Cos, T., & **D'Avanzato, C.** (2016, April). Strategies and challenges in delivering evidence-based treatments in short-term settings. Round table discussion at the annual conference for the Anxiety Disorders Association of America, Philadelphia, Pennsylvania.
21. Morgan, T. A.; **D'Avanzato, C.**; Pilecki, B.; Langdon, K.; Holowka, D.; Dalrymple, K.; Guzman-Holst, C.; & Zimmerman, M. (2016). Effectiveness of an ACT-based partial hospital program in the treatment of borderline personality disorder. Poster presented at the 4th International Borderline Congress, Vienna, Austria.
22. Morgan, T. A.; **D'Avanzato, C.**; Dalrymple, K.; & Zimmerman, M. (2016). Adapting acceptance and mindfulness for acute care: Development, adaptation, and treatment outcomes. In A. Stein (Chair). *Adaptation and Dissemination of Evidence-Based Psychotherapies for Use in Acute Psychiatric Care*. Workshop presented at the American Psychiatric Association, Atlanta, GA.
23. Morgan, T. A.; Rosenstein, L.; **D'Avanzato, C.**; Pilecki, B.; Langdon, K., Holowka, D.; Dalrymple, K.; & Zimmerman, M. (2016). The rapid resolution of anger, depression, anxiety, and functional impairment in BPD patients treated in an ACT-based partial hospital program. Invited paper presented at McLean Hospital, Belmont, MA.

24. Morgan, T. A.; Dalrymple, K.; Multach, M.; Pilecki, B.; **D'Avanzato, C.**; Langdon, K.; Holowka, D.; & Zimmerman, M. (2016, June). Concurrent relations between mindfulness processes, psychiatric symptoms, and functioning in psychiatric and pre-bariatric surgery outpatients. In B. Pilecki (Chair). *Which Skills for Whom? Identifying and Applying Mindfulness Skills in Diverse Populations*. Symposium presented at the 14th annual conference for the Association Contextual and Behavioral Sciences, Seattle, WA.
25. Morgan, T. A.; Pilecki, B.; **D'Avanzato, C.**; Langdon, K.; Holowka, D.; Dalrymple, K.; & Zimmerman, M. (2016, June). Changes in symptoms and functioning after initiating treatment with defusion. In T. Morgan (Chair). *Defining Defusion: Structure, Intervention, and Effects of Cognitive Defusion in Research and Clinical Practice*. Symposium presented at the 14th annual conference for the Association Contextual and Behavioral Sciences, Seattle, WA.
26. Pilecki, B., Morgan, T., Czech, S., **D'Avanzato, C.**, Holowka, D., Langdon, K., Dalrymple, K., & Zimmerman, M. (2016, June). Initial results of a specialty young adult track within an acceptance-based partial hospitalization program. Symposium presented at the 14th annual conference for the Association Contextual and Behavioral Sciences, Seattle, WA.
27. Pilecki, B., Morgan, T., Multach, M., Dalrymple, K., **D'Avanzato, C.**, Langdon, K., Holowka, D., & Zimmerman, M. (2016, June). Initial results of a daily meditation group for patients in an ACT-based intensive partial care program. Symposium presented at the 14th annual conference for the Association Contextual and Behavioral Sciences, Seattle, WA.
28. Langdon, K. J., Holowka, D., **D'Avanzato, C.**, Morgan, T. A., Pilecki, B., McCutcheon, S., Dalrymple, K., & Zimmerman, M. (2016, June). Experiential avoidance and mindfulness: Putative mechanisms underlying symptom change during intensive ACT-based treatment among a trauma-exposed population. In C. D'Avanzato (Chair). *Mindfulness and Acceptance-Based Interventions for PTSD in Acute and Complex Populations: Refining Treatment and Clarifying Mechanisms of Change*. Symposium accepted for presentation at the 14th annual conference for the Association Contextual and Behavioral Sciences, Seattle, WA.
29. **D'Avanzato, C.**, Langdon, K. J., Holowka, D., Morgan, T. A., Pilecki, B., McCutcheon, S., Dalrymple, K., & Zimmerman, M. (2016, June). Effectiveness of an ACT-based partial hospitalization program for PTSD: Trajectories of change in PTSD symptoms and core ACT processes. In C. D'Avanzato (Chair). *Mindfulness and Acceptance-Based Interventions for PTSD in Acute and Complex Populations: Refining Treatment and Clarifying Mechanisms of Change*. Symposium accepted for presentation at the 14th annual conference for the Association Contextual and Behavioral Sciences, Seattle, WA.
30. Pilecki, B., Morgan, T.A., **D'Avanzato, C.**, Holowka, D., Langdon, K., Dalrymple, K., & Zimmerman, M. (2017). *Does attending an optional meditation group in an ACT-Based Acute Care Partial Hospitalization Program Improve Treatment Outcomes?* Paper presented at the 14th annual conference for the Association Contextual and Behavioral Sciences, Sevilla, Spain.

31. **D'Avanzato, C.**, Holowka, D., Pilecki, B., Zimage, S., & Zimmerman, M. (2017). Effectiveness of ACT in a Specialty PTSD Partial Hospital Program. Poster presented at the 15th annual conference for the Association Contextual and Behavioral Sciences, Sevilla, Spain.
32. Courthouts, J. (Chair), **D'Avanzato, C.**, Farroni, A., Pilecki, B., & Turner, C. (2017). Delivering ACT in Acute Settings: Some reflections. Round table discussion at the 14th annual conference for the Association of Contextual and Behavioral Sciences, Sevilla, Spain.
33. Taft, C.T., **D'Avanzato, C.**, Cole, H.E., Gnall, K.E., Rothman, E., & Creech, S.K. (2019, November). *Strength at Home for preventing intimate partner violence in civilians: A pilot study*. Poster session to be presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

INVITED PRESENTATIONS

1. **D'Avanzato, C.**, Bean, J., Sabater, J., Taubin, P., Vaughan, J. (2020, April). Panel discussion as part of the Counseling Survivors of Trauma: Foundations & Special Populations seminar for Rhode Island College Mental Health Counseling students. Seminar led by Kalina Brabeck, Christina Tortolani, & Monica G. Darcy.
2. **D'Avanzato, C.**, Hesser, J., Jandasek, B., Johnson, B., & Katz, E. (2020, May). Telehealth for behavioral healthcare providers. Panel discussion as part of the Alpert Medical School of Brown University Department of Psychiatry and Human Behavior COVID-19 Virtual Seminar Series.
3. **D'Avanzato, C.** (Scheduled, 2021, April). Prolonged Exposure Therapy. Invited presentation as part of the Counseling Survivors of Trauma: Foundations & Special Populations seminar for Rhode Island College Mental Health Counseling students. Seminar led by Kalina Brabeck.

GRANTS

COMPLETED RESEARCH SUPPORT

- | | | |
|------------------------------------|-----------|---------------------|
| 1. 5UL1TR001430-03 | (Taft PI) | 3/1/2018- 2/28/2019 |
| National Institute of Health (NIH) | \$8,977 | |

Trauma-focused Partner Violence Intervention

The aim of this project is to conduct a pilot trial examining the effectiveness of the Strength at Home group based intervention to reduce intimate partner violence among civilian men who are court-referred.

Role: Co-Investigator (8%)

UNIVERSITY/HOSPITAL TEACHING ROLES

Clinical Supervisor, Postdoctoral Fellowship, Adult Partial Hospitalization Program in Acceptance and Commitment Therapy, Brown University Clinical Psychology Training Program,

2015 - present

Primary Clinical Supervisor, Adult Partial Hospitalization Program in Acceptance and Commitment Therapy, Brown University Clinical Psychology Training Program, 2014 – present

Clinical Supervisor, Group Therapy Rotation in ACT and CBT for PTSD, Brown University Psychiatry Residency Training Program, 2017 – present

Clinical Supervisor, PGY-4 ACT Partial Hospitalization Program Rotation, 2017 – present

Diagnostic Assessment Trainer and Supervisor, Rhode Island Methods to Improve Diagnostic Assessment and Services (MIDAS) Project, Department of Psychiatry at Brown Medical School, 2013 – present

Didactics Seminar Co-facilitator, Core Seminar, Brown Clinical Psychology Residency Program, September 2016 – September 2019

Instructor, Abnormal Psychology, University of Miami Department of Psychology, January – May 2010

Teaching Assistant, Abnormal Psychology, Introductory Psychology, Social Psychology, Personality Psychology, Introduction to Biobehavioral Statistics, Human Sexuality, and Industrial and Organizational Psychology, University of Miami Department of Psychology, August 2007 – May 2011

CLINICAL TRAININGS AND WORKSHOPS

September 29, 2012

Workshop in Acceptance and Commitment Therapy, Suffolk University, Boston, MA. Trainers: Lisa Coyne, Ph.D. & Aisling Curtin, M.Sc.

October 8-11, 2018

Intensive Workshop in Prolonged Exposure Therapy for PTSD, Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia, PA. Trainers: Edna Foa, Ph.D. and colleagues

November 4-8, 2019

Dialectical Behavior Therapy Foundational Training, New York Presbyterian Hospital, White Plains, New York. Trainers: Adam Payne, Ph.D. & Francheska Perepletchikova, Ph.D., Behavioral Tech

February 20, 2020 -

Physician Leadership Development Program, American Association for Physician Leadership. Series of 6 full day meetings and online tutorials including topics of Leadership Within a Culture of Trust (2/20/20), Strategic Thinking, Planning, and Decision-Making (10/15/21), Building and Leading Effective Teams (1/28/21), Providence, RI. Trainers: Dian Ginsberg, MA, CPCC, CMM, CMP, William “Marty” Martin, MA, MS, MPH, PsyD, CHES, Char Wenc, M.Ed.