

## **CURRICULUM VITAE**

**Carol Landau, Ph.D.**

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### **EDUCATION**

Undergraduate: Brown University: B.A. 1970  
Cum Laude  
Honors in American Civilization  
Pembroke College Scholarship

Graduate: University of Rhode Island: Ph.D. in Psychology 1976  
Honors: University of Rhode Island Fellowship

### **POSTGRADUATE TRAINING**

Psychology Residency: Brown University: Department of Psychiatry and Human  
Behavior, Clinical Psychology 1975-1976

### **POSTGRADUATE HONORS & AWARDS**

2010 Department of Medicine Beckwith Family Award for Outstanding Teaching,  
Alpert Medical School of Brown University

2001 Excellence in Clinical Teaching Award, Alpert Medical School

2000 Distinguished Teaching Award, Alpert Medical School

1999 Clinician Educator Award, North American Menopause Society

1995 Literary recognition award for The Complete Book of Menopause: Every  
Woman's Guide to Good Health, Rhode Island Medical Women's Association

1995 Literary award for The Complete Book of Menopause: Every Woman's Guide to  
Good Health, Providence Public Library, May, 1995

1986 Co-winner, third place best journal paper award competition, Academy of

Psychosomatic Medicine, November (See journal article Novack DH, Landau C.)

1976 Co-winner of award for best paper submitted to the Eighth Banff International Psychology Conference on Behavior Modification

### **PROFESSIONAL LICENSES AND BOARD CERTIFICATION**

Certified Psychologist, State of Rhode Island License No. PS 172, 1977-present

### **ACADEMIC APPOINTMENTS**

2022—present Clinical Professor Emerita, Department of Psychiatry and Human Behavior, Department of Medicine Alpert Medical School of Brown University  
2007 – present Clinical Professor, Department of Medicine, Alpert Medical School of Brown University  
1992 – present Clinical Professor, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University  
1981 – 1992 Clinical Associate Professor, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University  
1979 – 1981 Clinical Assistant Professor, Department of Psychiatry and Human Behavior, Brown University Medical School  
1978 – 1979 Assistant Professor, Department of Psychiatry and Human Behavior, Brown University Medical School  
1976 – 1978 Instructor, Department of Psychiatry and Human Behavior, Brown University  
1975 – 1976 Resident in Clinical Psychology, Department of Psychiatry and Human Behavior Brown University  
1972 – 1973 Special Instructor, Department of Psychology, University of Rhode Island

### **HOSPITAL APPOINTMENTS**

1981 –2020 Co-Chair, Psychology and Psychiatry in Primary Care (formerly Behavioral Sciences) Curriculum, Division of General Internal Medicine, Department of Medicine, Rhode Island Hospital  
2008 – 2020 Director of Professional Development, General Internal Medicine Residency, Rhode Island Hospital  
1993 – 2020 Medical Staff, Allied Health Professional in Division of Psychiatry, Rhode Island Hospital  
1991 – 1999 Associate Director of Faculty Development, Division of General Internal Medicine, Rhode Island Hospital  
1992 – 1998 Medical Staff, Allied Health Professional in Division of Psychiatry, Women & Infants Hospital of RI  
1987 – 1996 Co-founder and Director of Psychological Services - Women's Health Associates, Rhode Island Hospital  
1979 Research Associate, Butler Hospital  
1977 – 1979 Assistant Chief, Acute Day Hospital, Butler Hospital  
1977 – 1979 Director, Weight Reduction Program, Butler Hospital

1976 – 1977 Clinical Psychologist, Acute Day Hospital, Butler Hospital

## **OTHER APPOINTMENTS**

### **Editorial**

2021-present Ad hoc reviewer of book proposals on psychology, Oxford University Press  
2004 – 2020 Women's Health Advisor on Menopause and Depression, National Women's Health Report  
2001 – 2004 Reviewer, Primary Care Reports  
1999 – 2003 Editorial Advisory Board, Menopause Management  
1995 – 2002 Health Editor and columnist, McCall's Magazine  
1995 – 2000 Reviewer, Menopause  
1995 Consulting Editor, Corsini Dictionary of Psychology  
1986 – 1994 Consulting Editor, Psychology of Women Quarterly  
1982 – 1986 Editorial Consultant, Psychology of Women Quarterly  
1979 Consultant, University of Rhode Island Psychology Family Therapy Grant  
1977 – 1978 Editorial Consultant, Journal of Abnormal Psychology  
1976 – 1980 Editorial Consultant, American Journal of Family Therapy (previously International Journal of Family Counseling)  
1975 – 1978 Editorial Consultant, Journal of Applied Behavior Analysis

### **Consulting**

2004 – 2020 Health Content Advisor – National Women's Health Resource Center, Washington DC  
2011 – 2014 Health Content Advisor and writer – iVillage Health, New York, New York  
2002 – 2004 Consultant to Menopause Interaction Decision Aid System (MIDAS) grant – AHRQ, #RO-1, Nananda Col, M.D., Principal Investigator, Harvard Medical School  
2001 – 2008 Medical Advisory Board, Wellness Council of America, Omaha, NB  
1998 – 2000 Consultant on Menopause Programs, Ketchum Associates, Washington, DC  
1997 – 1998 Consultant on Menopause Programs, Burson-Marsteller, New York  
1995 – present Categorical Residency Program, Department of Medicine, Rhode Island Hospital  
1994 – 1995 Consultant on Women's Health Practice, RKS Health Ventures  
1976 – 1977 Consultant, Brown University Health Services

## **HOSPITAL COMMITTEES**

### **Rhode Island Hospital**

1981 – 2020 Co-Chair, Psychology and Psychiatry in Primary Care Curriculum, Division of General Internal Medicine, Rhode Island Hospital  
2016 —2020 Department of Medicine Wellness Committee

## **UNIVERSITY COMMITTEES**

## **Alpert Medical School of Brown University**

2023 —present	Biomed Wellness Advisory Committee
2018— present	Office of Women in Medicine and Science, Senior Advisory Committee
2003— 2014	Office of Women in Medicine and Science, Advisory Committee
2005 – 2010	Leadership Development Committee, National Center of Excellence in Women's Health
2003 – 2010	Psychology Senior Faculty Advisory Council, Department of Psychiatry and Human Behavior
1996 – 1997	Member, Personal Awareness Competency Committee of MD 2000
1992 – 2002	Chair, Clinical Appointments, Reappointments and Promotions Committee, Department of Psychiatry and Human Behavior
1985 – present	Clinical Appointments, Reappointments and Promotions Committee, Department of Psychiatry and Human Behavior
1976 – 1978	Brown University Clinical Psychology Internship Admissions Committee

## **MEMBERSHIPS IN SOCIETIES**

1977 – present	Member, American Psychological Association, Currently, Division 53 (Society of Clinical Child and Adolescent Psychology) Division 46 (Society for Media Psychology and Technology) Division 12 (Clinical Psychology) 1980-2010
1992 –2004	North American Menopause Society - Member Scientific Program Committee, 1994 – 1996 Education Committee, 1996 – 1999
1978 – 1982	President and Executive Board, Rhode Island Psychological Association

## **PUBLICATIONS**

### **ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS**

Note: Formerly Carol L. Heckerman

1. Heckerman CL, Brownell KD, Westlake RJ: Self and external monitoring of weight, Psychological Reports 1978;43:375-378.
2. Brownell KD, Heckerman CL, Westlake RJ, Monti, PM, Hayes S. The effect of couples training and partner cooperativeness in the behavior treatment of obesity, Behavior Research and Therapy 1978;16:323-333.
3. Brownell KD, Heckerman CL, Westlake RJ: Therapist and group contact as variables in the behavioral treatment of obesity. Journal of Consulting and Clinical Psychology, 1978,46, 593-594. Reprinted in Franks C. and Wilson GT. Annual Review of Behavior Therapy: Theory and Practice, New York: Brunner/Mazel, 1980; 481-499.

4. Fink EB, Heckerman CL, McNeill D: An examination of clinician bias in patient referrals to partial hospital settings, Hospital and Community Psychiatry 1979;30:631-632.
5. Heckerman CL, Barlow DH, Schoen S: Situational specificity of sex role motor behavior. Behavioral Assessment 1981;3:43-54.
6. Fink EB, Heckerman CL: Treatment adherence after brief hospitalization. Comprehensive Psychiatry 1981;22:379-386.
7. Novack DH, Landau C: Psychiatric diagnoses in a series of "problem patients." Psychosomatics 1986;26:853-858.
8. Lemkau JP, Landau C: The selfless syndrome: Assessment and treatment considerations. Psychotherapy 1986;23:227-233.
9. Landau C, Hall S, Wartman SA, Macko MB: Stress in social and family relationships during the medical residency. Journal of Medical Education 1986;61:654-660.
10. Landau C: The Cost of Competence: Why inequality causes depression, eating disorders and illness in Women. Sex Roles: A Journal of Research, 1996
11. Novack DH, Landau C: Consulting on the "problem patient." Psychiatric Medicine 1988;6(2):53-63.
12. Novack DH, Landau C: The "Problem Patient Clinic:" A valuable teaching method for medical residents. Journal of Psychiatric Education 1988;12(3):150-154.
13. Novack DH, Goldberg RJ, Landau C, Rowland-Morin P: Toward a comprehensive behavioral science curriculum for primary care residents. Psychosomatics 1989;30(2):213-223.
14. Chow, RTP, Krumholz S, Landau C: Psychological screening of Cambodian refugees in a RI primary care clinic. Rhode Island Medical Journal 1989;72:279-286.
15. Arnold RM, Landau C, Nissen JC, Wartman SA, Michelson S: The role of partners in selecting a residency. Academic Medicine 1990;65:211-215.
16. O'Sullivan PS, Landau C and Pinsker J: Evaluation strategies selected by residents: The role of self-assessment, level of training and gender. Teaching and Learning in Medicine 1991; 3(2):101-107.
17. Moulton AW, Montgomery K, Cyr MG, Landau C: Women's health education: What to do until we have the data. Society for General Internal Medicine News 1991;14(11):1-5.
18. Landau, C, Moulton AW: The general principles in the treatment of obesity. Rhode Island Medicine November 19, 1992.

19. Landau C, Milan FB: Prevalent psychological disorders during the menopause. The Female Patient 1995;20(2):28-32.
20. Landau C, Milan FB: Assessment and treatment of depression during the menopause: A preliminary report. Menopause 1996;3(4):201-207.
21. Milan FB, Landau C, Murphy DR, Balletto J, Szykowski T, Hart JA, Rybeck CH, Cyr MG: Teaching residents about complementary and alternative medicine in the United States. JGIM 1998;(13):562-567.
22. McGarry KA, Clarke JG, Landau C, Cyr M. Evaluating a lesbian and gay health care curriculum. Teaching and Learning in Medicine 2002;14(4):244-248.
23. Col NF, Fortin JM, Snyder D, Cyr MG, Landau C, Goldberg R: Helping primary care physicians counsel menopausal women: The Menopause Interactive Decision Aid System. J Gen Intern Med 2004;19(S1):105.
24. Col NF, Duffy C, Landau C. Commentary – Surgical decisions after breast cancer: Can patients be too involved decision making? Health Services Research 2005;40(3):769-780.
25. McGarry KA, Clarke JG, Landau C, Cyr MG. Caring for vulnerable populations: Curricula in U.S. internal medicine residencies. Journal of Homosexuality 2008;54(3):225-232.
26. McGarry KA, Landau C. Menopause and Mood. Medicine & Health RI 2008;91(3):81-85.
27. McGarry KA, Landau C. Enhancing Medical Professionalism through Interactive Seminars. Medical Education, 2012 April, 46(5):523-24.
28. MacNamara M, Wilhelm A, Dy G, Andiman S, Landau C, Poshkus M, Feller E. Promoting Quality Care for Recently Resettled Populations: Curriculum Development for Internal Medicine Residents. Journal of Graduate Medical Education, June 2014, Vol. 6, No. 2, pp. 310-314.
5. Landau C: Rebuilding America's psychological infrastructure: Helping our children change. The Brown University Child and Adolescent Behavior Letter (CABL) February, 2009:8.

## **BOOKS AND BOOK CHAPTERS**

1. Landau C (Heckerman) (ed.) The Evolving Female: Women in Psychosocial Context. New York: Human Sciences Press, 1980.
2. Landau C, Cyr MG, Moulton AW: The Complete Book of Menopause: Every Woman's Guide to Good Health: New York, NY: G.P. Putnam's Sons, 1994.

3. Landau, C, Cyr MG: The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors – New York, NY: St. Martin's Press, 2003.
4. Landau, C. Mood Prep 101: A Parent's Guide to Preventing Depression and Anxiety in College-Bound Teens: New York: Oxford University Press, 2020

### **Book Chapters**

1. Landau C, Prochaska H. Development and evaluation of weight reduction procedures in a health maintenance organization. In Stuart RB, Behavioral Self-Management: Strategies, Techniques and Outcomes. New York: Brunner/Mazel: 1977.
2. Landau C, Hall S, Wartman SA and Macko MB: Stresses and supports during residency training. In: Research in Medical Education, 1984. Proceedings of the 23rd Annual Conference, Chicago, Association of American Medical Colleges, 1984, pp. 44-49.
3. Landau C. Antipsychotic drugs. In: Craighead E, Nemeroff CB. (eds.) Corsini Encyclopedia of Psychology, Third Edition, New York, John Wiley and Sons, 2001
4. Landau C. Marijuana. In: Craighead E, Nemeroff CB.(eds.) Corsini Encyclopedia of Psychology, Third Edition, New York, John Wiley and Sons, 2001.
5. Landau C. National Training Laboratory. In: Craighead E, Nemeroff CB. (eds.) Corsini Encyclopedia of Psychology, Third Edition, New York, John Wiley and Sons, 2001
6. Landau C. Obsessive/compulsive personality. In: Craighead E, Nemeroff CB. (eds.) Corsini Encyclopedia of Psychology, Third Edition, New York, John Wiley and Sons, 2001.
7. Landau C. Substance abuse. In: Craighead E, Nemeroff CB. (eds.) Corsini Encyclopedia of Psychology, Third Edition, New York, John Wiley and Sons, 2001.
8. Landau C, Shuey I, Milan FB. Depression. In: Carlson K and Eisenstat S. (eds.) Primary Care of Women, Second Edition, St. Louis: Mosby Year Book, Inc. 2002.
9. Milan FB, Landau C. Somatization. In: Carlson K and Eisenstat S. (eds.) Primary Care of Women, Second Edition, St. Louis: Mosby Year Book, Inc. 2002.
10. Moulton AW, Landau C, Cyr MG: Chapter 15 - Menopause. In: Ryden J, Blumenthal PD, (eds) Practical Gynecology: A Guide for the Primary Care Physician, American College of Physicians, Philadelphia, PA, 2002

### **OTHER NON-PEER REVIEWED PUBLICATIONS**

1. Landau C: Surgery for morbid obesity. New England Journal of Medicine 1983:309-793.

2. Milan FB, Landau C: Response to a letter commenting on our article on teaching residents about complementary and alternative medicine in U.S. JGIM 1999;14:69.
3. Landau C: The Great Depression. Absolute Advantage 2002;1(9):38-41.
4. Landau C: Triple Threat: Coping with three common psychological problems of women. Absolute Advantage 2003;1(9):24-27.
5. Landau, C: We Already Had a Mental Health Epidemic Among Young People: Then Came Covid-19. Blog@ Psychology Today, August 6, 2020.  
[Epidemic](#)
6. Landau, C The Third Shift Part 1: The psychological damage to mothers during the pandemic. Blog@ Psychology Today, October 20, 2020.  
[Third Shift Part 1](#)
7. Landau, C. The Third Shift Part 2: How we can help mothers psychologically, socially and politically. Blog@ Psychology Today, November 9, 2020.  
[Third Shift Part 2](#)
8. Landau, C. The Third Shift. Part 3: Mothers working three shifts can still help their children. Blog@ Psychology Today, November 17, 2020.  
[Third Shift Part 3](#)
9. Landau, C. We need to talk to teens about hope and meaning: We can look forward to a brighter 2021 but still have a long way to go. Blog@ Psychology Today, December 18, 2020.  
[Hope and Meaning](#)
10. Landau C. A Spike in Anxiety as Schools Reopen: Teens with social anxiety disorder were relieved by online learning. Now what? Blog@ Psychology Today, March 22, 2021
11. Landau, C. This year, let's add 364 days to Mother's Day: Let's help all mothers take time for compassion, renewal, and a guilt fast. Blog @Psychology Today, April 23, 2021.  
[Mother's Day](#)

## **ABSTRACTS**

1. Col N, Weber G, Cyr MG, Fortin J, Landau C, Snyder D, Goldberg R. Helping primary care physicians counsel menopausal women: The Menopause Interactive Decision Aid System. Society of General Internal Medicine 27<sup>th</sup> Annual Meeting, Chicago, IL May 12 – 15, 2004.
2. Weber G, Fortin J, Landau C, Cyr MG, Col NF. "Measuring how patients use internet-based decision aids." Presented at 26<sup>th</sup> Annual Meeting of the Society for Medical Decision Making, Atlanta, GA, October 17 – 20, 2004



3. McNamara M, Wilhelm A, Dy G, Landau C, Poshkus M & Feller E. Internal Residents Perceptions of Refugee Health. Northeastern Group on Educational Affairs. March 23, 2012.

## **INVITED PRESENTATIONS**

### **Regional Presentations**

1. Landau C: The psychological hazards of being female: Depression, eating disorders, and other responses to stress. Invited address, Brown University, Special Studies, Providence, April 24, 1982.
2. Landau C: Women and depression: Causes and controversies. Invited address, Brown University, Special Studies, Providence, October 30, 1982.
3. Landau C: Selflessness: A problem in female personality development. Brown Learning Community, April 26, 1984.
4. Landau C: Stress in social and family relationships during the medical residency. Invited presentation at Ethics Rounds, Miriam Hospital, Providence, October 14, 1986.
5. Landau C: Hearing the Concerns: Communication Skills, Women's Health in the 90's and Beyond: A Focus on Menopause presented by Brown University and Rhode Island Department of Health, Providence, RI, May 17, 1994.
6. Landau C: Major Depression and Dysthymic Disorders, Women and Infants Hospital of RI - Course in Primary/Preventive Care for Obstetricians and Gynecologists." Providence, RI, October 12, 1994.
7. Cyr MG, Landau C: Medical and Psychological Symptomatology during Menopause, presented at the Massachusetts Psychiatric Society Committee on Women, Boston, MA, January 19, 1995.
8. Landau C: Panelist, Brown University Commencement Forum on "Women's Health and the Media," Providence, RI. May 27, 1995.
9. Landau C: Panelist, Brown University Staff Development Day, "Women's Health," Providence, RI, June 3, 1997.
10. Landau C: Depression and Enlightenment. Chair, Panel Presentation, Women's Health: Critical Issues, New Frontiers, Public Symposium sponsored by The Pembroke Center Associates, Providence, RI, March 12, 1999.
11. Landau C: Managing Mood and Coping with Stress. Presented at the 1999 Annual Meeting of the New England Cancer Society, sponsored by the Brown University School of Medicine, Providence, RI, November 14, 1999.

12. Landau C, Cyr MG: "Women's Health: Decision Making & Communications Strategies," Women at Brown Seminar, Brown Medical School, Providence, RI, November 16, 2001.
13. Landau C: Keynote address: Depression in College Students: Gender Differences. Mental Health Awareness Day, Brown University, Providence, RI, March 6, 2002.
14. Landau C, McGarry KA, Weaver R: Menopause. Presentation at Brown Learning Community, Brown University, Providence, RI, April 23, 2002.
15. Weaver R, Landau C, McGarry KA: Comments on the play "Menopause Mama." Presentation to John Hope Settlement House. Providence, RI, June 29, 2002.
16. Landau C, Cyr MG, Moulton AW: Menopause Town Meeting. Everything You Need to Know. Sponsored by Health New England Celebrating Women Series. Springfield, MA, September 25, 2002
17. Landau C, Cyr MG, Moulton AW: Menopause Reconsidered. Invited seminar sponsored by Health New England, Springfield, MA, May 26, 2004.
18. Landau C, Cyr MG: "The Truth About Menopause," Brown University Staff Development Day, Providence, RI, June 15, 2004.
19. Landau C: Sissieretta Jones. "The Black Patti" A Voice of Providence. Rhode Island Council for the Humanities Presentation, Providence, RI. November 15, 2004.
20. Landau C, McGarry KA: "Wellness 101: How to Take Care of Your Patients and Yourself." Sponsored by the Brown Medical School Office of Graduate Medical Education's workshop on residency success. Providence, RI, April 11, 2007.
21. Landau C, McGarry KA: "Managing Stress, Managing Your Life During Residency." Sponsored by the Department of Emergency Medicine Wellness Retreat, The Warren Alpert Medical School of Brown University, Bristol, RI, June 6, 2007.
22. McGarry KA, Landau C: Wellness 101. Panel Presentation. The Warren Alpert Medical School Office of Graduate Medical Education workshop on Successful Transitioning to Residency. Providence, RI, March 18, 2008.
23. Landau C: Managing Stress, Managing your Life During Residency. Invited workshop, Department of Emergency Medicine, The Warren Alpert Medical School, Providence, RI, June 4, 2008.
24. McGarry KA, Landau C: Wellness 101: How to Care for Your Patients and Yourself. Panel Presentation, The Warren Alpert Medical School Office of Graduate Medical Education workshop on Successful Transitioning to Residency. Providence, RI, March 30, 2010

25. Landau C: Panelist. BioMed Women Junior Faculty Advancement Program-Advancing from Assistant to Associate Professor. The Office of Women in Medicine and Science, The Warren Alpert Medical School of Brown University. Providence, RI, October 21, 2010.
26. Landau C, McGarry KA: GME Curriculum Innovations Targeting the ACGME Competencies of Professionalism and Communication. Panel Presentation, Faculty Development. Providence, RI October 27, 2011.
27. Landau C. Invited Facilitator, Women Faculty Peer Mentoring, The Office of Women in Medicine and Science, The Warren Alpert Medical School of Brown University. Providence, RI. September 27, 2011.
28. McGarry KA, Landau C: Wellness 101: How to Care for Your Patients and Yourself. Panel Presentation, The Warren Alpert Medical School Office of Graduate Medical Education workshop on Successful Transitioning to Residency. Providence, RI, March 28, 2012
29. Landau C. Invited Facilitator, Women Faculty Peer Mentoring, The Office of Women in Medicine and Science, The Warren Alpert Medical School of Brown University. Providence, RI. April 5, 2012.
30. Landau C, Elliott G, Johnson B, Suarez M. Breaking the Silence: Mental Health on College Hill. Panel Presentation. The Samaritans Volunteers of Rhode Island, Providence, RI. April 9, 2012.
31. Poshkus M, Landau C: Course Directors. Refugee Health: Communication as the Key to Cross-Cultural Care. Alpert Medical School of Brown University. April 26, 2012.
32. Landau C. Now You've Matched. Mind Body Wellness During Residency Training. The Warren Alpert Medical School of Brown University. Providence, RI March 28, 2013.
33. Landau C. The Nine Mood Mistakes. Brown University Wellness Series, Providence, RI April 20, 2012.
34. Landau C. Best Practices for Your Career Success in Medicine and Science. The Warren Alpert Medical School of Brown University, Providence, RI June 13, 2013.
35. Landau, C. Perfectionism and Rumination: How to Ruin a Perfectly Good Day. Professional Development Seminar, Office of Women in Medicine and Science, Alpert Medical School of Brown University, April 30, 2019
- 
35. Landau, C, Solitar, L. A Conversation Hour with Women Leaders in Health Care Settings, Women in Psychology, Department of Psychiatry and Human Behavior, Alpert Medical School, Brown University, Providence, RI, November 17, 2014

36. Landau, C. Helmbrecht, RL. Uncertainty, Depression and Anxiety in Teenagers. Invited workshop, Clear Connections, Ridgewood, NJ. September 25, 2020.

### **National Presentations**

1. Landau C, Lemkau JP: Treating the selfless syndrome: Dilemmas in feminist psychotherapy. Professional development seminar presented at Alternative for the 80's: Joint meeting of Midwest Region of the Association for Women in Psychology, and the University of Michigan Women's Studies Program, Ann Arbor, MI, May 19, 1984.
2. Landau C, Hall S, Wartman SA, Macko MB: Stresses and supports during residency training. Presented at the Annual Meeting on Research in Medical Education, Association of American Medical Colleges, Chicago, IL, October 30, 1984.
3. Landau C: Development of professional practice skills for women. Panel presentation at the American Orthopsychiatric Association meeting, Chicago, April 11, 1986.
4. Novack DH, Landau C: Consulting on the "problem patient." Workshop presented to the Society of General Internal Medicine, San Diego, CA, May 12-14, 1987.
5. Goldberg RJ, Novack DH, Landau C, Rowland-Morin P, Wartman SA: Psychiatry-behavioral science curriculum for general internal medicine residency. Workshop presented to the meeting of the Society of General Internal Medicine, Washington, DC, April 27-29, 1988.
6. Landau C: Psychology of women: Developmental issues relevant to primary care. Presented at the Primary Care of Women, Continuing Education Course, Harvard Medical School, Boston, MA, July 16, 1988.
7. Lipsitt, LP, Salk L, Minuchin, S, Landau C: Family dysfunction and divorce: resolution and impacts on children. Panel presentation, National Video Teleconference sponsored by The Brown University Child Behavior and Development Letter, Washington DC, May 2, 1989.
8. O'Sullivan P, Landau C, Pinsker J: Self-assessment of interviewing skills by medical residents. Presented at the Society of General Internal Medicine, Washington, DC, May 3, 1990.
9. Landau C: Psychology of women: Depression in primary care. Presented at "Primary Care of Women," Continuing Education Course, Harvard Medical School, Boston, MA, July 14, 1990.
10. Landau C, O'Sullivan PS, Stanfield LD: Satisfaction with residency among residents and their partners. Presented at Society of General Internal Medicine, Seattle, WA, May 3, 1991.
11. Landau, C: Prevalent and problematic psychological disorders in women: Depression and somatoform pain. Presented at Primary Care of Women, continuing education course, Harvard

Medical School, Boston, MA, July 11, 1992.

12. Landau C: Prevalent and Problematic Psychological Disorders in Women: Depression and Somatoform Pain. Presented at "Primary Care of Women," continuing education course, Harvard Medical School, Boston, MA, July 14, 1995.

13. Landau C: Psychosocial Issues: Depression, Social Stress and Primary Care, Primary Care for Midlife Women: Better Outcomes through Better Practices, Institute, National Association of Women's Health Professional and Mount Sinai Medical Center, October, 1996.

14. Landau C, Shuey I: Depressive Disorders in the Primary Care of Women: An Integrative Approach. Presented at "Primary Care of Women," continuing education course, Harvard Medical School, Boston, MA, July 10, 1997.

15. Landau C: Psychosocial Factors in Depression. Roundtable discussion. Presentation at the annual meeting of the North American Menopause Society, Boston, MA, September 4, 1997.

16. Landau C: Humanism in the Helping Profession: A Professional Development Seminar. Presented at Primary Care of Women, Continuing Education Course, Harvard Medical School, Boston, MA, July 10, 1998.

17. Landau C: Humanism in the Helping Professions: A Professional Development Workshop. Presented at Primary Care of Women, continuing education course, Harvard Medical School, Boston, MA, July 9, 1999.

18. Landau C, Connor KM: Treating Menopausal Mood Disorders: Conventional and Alternative Treatment. Presented at the annual meeting of the North American Menopause Society, New York, NY, September 24, 1999.

19. Landau C: Social Support: The Healing Connection. Keynote address, Washtenaw Community College Women's Council. Ann Arbor, MI, May 22, 2000.

20. Landau C: Menopause Matters. Invited presentation to the Chrysler Corporation Wellness Programs. Auburn Hills, MI, August 16, 2000.

21. Landau C: Humanism in Healthcare: Narrative Competence and Women's Lives. Presented at Primary Care of Women, continuing education course, Harvard Medical School, Boston, MA, July 13, 2001.

22. Landau C, Cyr MG: Panelist: What Every Woman Should Know About Women's Health. Sponsored by the National Conference for College Women Student Leaders (NCCWSL) and American Association of University Women (AAUW), Providence, RI, June 21, 2003.

23. Col NF, Fortin JM, Weber G, Cyr MG, Landau C, Goldberg RJ: Helping Primary Care Physicians Counsel Menopausal Women: The Menopause Interactive Decision Aid System.

Presented at the Annual meeting of the Society of General Internal Medicine, Chicago, IL, May 14, 2004.

24. Cyr MG, Landau, C: Menopause in a Flash. United Nurses and Allied Professionals Annual Meeting, Providence, RI, June 10, 2008

25. Hutchinson N, Landau, C: Home Visit: Understanding Populations One Patient at a Time. Poster Presentation, Society of General Internal Medicine (SGIM) Annual Meeting, Miami, Florida, May 12, 2016.

26. Cafaro, C Landau, C, Helmbrecht, RL. Adolescent Depression and Anxiety: How Counselors Can Help. Higher Education Consultants Association Annual Conference, Warwick, RI, June 9, 2019.

27. Landau C. College-Bound During COVID-19, National Virtual Seminar, Harvard Club of New York City, December 8, 2020

28. Landau, C. Sharkey, K Preventing Depression and Anxiety in College-Bound Teens. Alpert Medical School of Brown University and Combined Brown Clubs in US. Virtual Seminar, January 14, 2021.

29. Cafaro, C , Landau, C, and Helmbrecht, RL. Then Came COVID-19: Adolescent Depression and Anxiety and the Impact on College Advising, Annual Conference, Independent Educational Consultants Association, June 6, 2021

### **International Presentations**

1. Landau C, Prochaska H. Development and evaluation of weight reduction procedures in a health maintenance organization. Eighth Banff International Conference on Behavior Modification: Banff, Alberta, Canada: March 12, 1976.

2. Landau C, MacNamara M, Wilhelm A, Dy G, Andiman S, Poshkus M and Feller E. A Cross-Cultural Curriculum on Refugee Health for Primary Care Professional in the US: Implications and the Challenges Ahead. Invited presentation, Global Mental Health: Trauma and Recovery Certificate Program, Harvard Program in Refugee Trauma, Orvieto, Italy: November 9, 2012.

3. Warrier S, Cassidy H, Gardner R, Harrington C, Landau C, Pizza M. Psychology and Psychiatry in Primary Care: Interdisciplinary Models to Teach Internal Medicine Residents to Treat Psychiatric Illness,” workshop, Society of General Internal Medicine (SGIM) Annual Meeting, Toronto, Canada, April, 2015

### **UNIVERSITY TEACHING ROLES**

2012 – 2020	Guest Lecturer, CBT Seminar, PGY-3 Psychiatric Residents
1998 – 2008	Guest Lecturer, Psychology 170 (Behavioral Medicine) and Psychology, Special Topics (Psychology of Resilience)
1996 – 1997	Member, Wayland Collegium on Women's Health
1992 – 1993	Wayland Collegium Study Group (with Michele G. Cyr, M.D. and Anne Moulton, M.D.) awarded to study psychological problems in menopausal women.
1983 – 2001	Coordinator, Ethics and Professional Practice Seminar, Clinical Psychology Internship

### **HOSPITAL TEACHING ROLES**

2008 – 2020	Developed and implemented curricula on professional development and wellness. General Internal Medicine Residency, Department of Medicine, Rhode Island Hospital
1999 – 2020	Teaching categorical medicine and medicine pediatrics interviewing skills, difficult doctor-patient interactions, personality factors in doctor-patient communication.
1990 – 2020	Co-Director, with Colin J. Harrington, M.D. Psychology and Psychiatry in Primary Care Curriculum, Division of General Internal Medicine, Rhode Island Hospital, including development, coordination and implementation of three year curriculum in behavioral sciences.
1981 – 2020	Teaching and supervision of general internal medicine and categorical residents. Areas included are interviewing skills, systems of psychotherapy, personality development, family dynamics, difficult patient interactions, midlife development and women's health issues.

### **GRANTS**

Rhode Island Hospital Graduate Medical Education (GME) Programs  
 “GME Curriculum Innovations Targeting the ACGME Competencies of Professionalism and Communication”

1. Professionalism Curriculum  
 PI: Kelly A. McGarry, MD  
 Consultant: Carol Landau, Ph.D  
 Years: 7/1/08 – 6/30/09  
 \$7,500.00

2. Critical Moments and Mindfulness  
PI: Kelly A. McGarry, MD  
**GRANTS** (Continued)

Consultant: Carol Landau, Ph.D.  
Years: 7/1/10 – 6/30/11  
\$7,500.00

3. Refugee Health  
PI: Michael Poshkus, MD  
Consultant: Carol Landau, Ph.D  
Years: 7/1/11 – 6/30/12  
\$7,500.00

### **CURRENT PROJECTS**

Prevention of anxiety and depression in adolescents  
Support for psychotherapists during COVID-19.