

April 29, 2025

CURRICULUM VITAE

CARMEN V. MONZON, MD

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Women's Medicine Collaborative
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EDUCATION

Undergraduate Universidad Nacional Pedro Henríquez Ureña, DR
August 1984 - July 1986
Medical School Universidad Nacional Pedro Henriquez Ureña, DR
August 1986 - November 1991

POSTGRADUATE TRAINING

Clerkship Columbia Presbyterian Hospital, New York, NY
January - June 1995
Internship St. Luke's-Roosevelt Hospital, New York, NY
July 1995 - June 1996 (Medicine)
Residency Yale University School of Medicine, New Haven, CT
July 1996 - June 1999 (Psychiatry)

ADDITIONAL EDUCATION/TRAINING

2015 Core Series in Medical Education, Program in Educational
Faculty Development, Alpert Medical School of Brown
University

POSTGRADUATE HONORS AND AWARDS

1986 Summa Cum Laude
Undergraduate, Universidad Nacional Pedro Henríquez Ureña,
DR

1991	Cum Laude Medical school, Universidad Nacional Pedro Henriquez Ureña School of Medicine, DR
1998 - 1999	Chief Resident, Department of Psychiatry Yale University School of Medicine
2007, May	Top Doctor for Women, Psychiatry, Rhode Island Monthly
2009, May	Top Doctor for Women, Psychiatry, Rhode Island Monthly
2013, June	Dean's Excellence in Teaching Award, Alpert Medical School of Brown University
2014, June	Dean's Excellence in Teaching Award, Alpert Medical School of Brown University
2016, June	Dean's Excellence in Teaching Award, Alpert Medical School of Brown University
2017, May	Top Doctor, Psychiatry, Rhode Island Monthly
2018, May	Top Doctor, Psychiatry, Rhode Island Monthly

PROFESSIONAL LICENSES & BOARD CERTIFICATION

1999 - present	State of RI MD 10093
1999 - present	State of RI CMD 10093, controlled substance registration
2022 – present	State of MA Lic#291587
2002	Diplomate of the American Board of Psychiatry & Neurology
2008	Certification in Psychosomatic Medicine
2012	Recertification of Diplomate of the American Board of Psychiatry & Neurology
2019	Recertification of Diplomate of the American Board of Psychiatry & Neurology, Continued Certification in Consultation-Liaison Psychiatry
2024	Continuing Certification in Psychiatry and Consultation-Liaison Psychiatry

ACADEMIC APPOINTMENT

2005 - 2021	Clinical Assistant Professor of Psychiatry & Human Behavior, Alpert Medical School of Brown University
2012 - 2021	Clinical Assistant Professor of Medicine, Alpert Medical School of Brown University

2021 - present	Clinical Associate Professor of Psychiatry & Human Behavior, Alpert Medical School of Brown University
2021 - present	Clinical Associate Professor of Medicine, Alpert Medical School of Brown University

HOSPITAL APPOINTMENTS

1999 - 2002	Attending Psychiatrist St. Joseph Health Services, Providence, RI
2002 - 2011	Attending Psychiatrist Women & Infants Hospital, Providence, RI
2011 - 2024	Attending Psychiatrist Women's Medicine Collaborative, Miriam Hospital, Lifespan Physician Group, Providence, RI
2024 -	Attending Psychiatrist Lifespan Physician Group, Providence, RI

HOSPITAL COMMITTEES

2006 - 2011	Member, Physician's Health Committee, Women and Infants Hospital, Providence, RI
2010 - 2011	Member, Restraint and Seclusion Committee, Women and Infants Hospital, Providence, RI
2010 - 2011	Member, Behavioral Health Council, Women and Infants Hospital, Providence, RI
2011 - 2013	Member, Schwarz Center Rounds Committee, Women and Infants Hospital, Providence, RI
2005 - present	Member, Bioethics Committee, Women and Infants Hospital, Providence, RI
2019 - present	Brown University Consultation-Liaison Psychiatry Fellowship Training Program Clinical Competency Committee (CCC) and Program Evaluation Committee (PEC)

UNIVERSITY COMMITTEES

2009 - 2012	Member, Medical Faculty Executive Committee, Alpert Medical School of Brown University
2013 - 2016	Member, Diversity Committee, Brown Clinical Psychology Training Consortium and Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University
2020 - 2021	Member, Council of Specialty Career Advisors, Alpert Medical School of Brown University
2020 - present	Board Member, Office of Women in Medicine and Science (OWIMS) Advisory Board, Division of Biology and Medicine and the School of Public Health, Brown University
2023 – present	Board Member, Medical Committee on Academic Standing and Professionalism, Alpert Medical School of Brown University

MEMBERSHIP IN SOCIETIES

2001 - 2004	Councilor, Rhode Island Psychiatric Society
1996 - present	Member, American Psychiatric Association
1999 - present	Member, Rhode Island Psychiatric Society
2011 - present	Member, North American Society for Psychosocial Obstetrics and Gynecology
2012 - present	Member, Rhode Island Medical Society
2018 - present	Member, Academy of Consultation-Liaison Psychiatry
2019 - present	Member, Marcé Of North America

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Bello S, Almonte C, del Carmen Morales M, Pérez GA, **Monzon C**. Incidencia de calcificación del anillo mitral en dos grupos de pacientes renales crónicos, con y sin hemodiálisis. (Incidence of mitral valve ring calcification in two groups of patients with chronic renal failure, with and without hemodialysis). Acta Medica Dominicana 1991; 13(4):131-135.
2. Obeysekare JL, Cohen ZL, Coles ME, Pearlstein TB, **Monzon C**, Flynn EE, Sharkey KM. Delayed sleep timing and circadian rhythms in pregnancy and transdiagnostic symptoms associated with postpartum depression, Translational Psychiatry, 2020;Jan 21;10(1):14.

OTHER PEER-REVIEWED PUBLICATION

Monzon C, Lanza di Scalea T, Pearlstein T. Postpartum psychosis: Updates and clinical issues. Psychiatric Times, 31(1):26-29, 2014.

BOOK CHAPTERS

Pearlstein T, **Monzon C**, Flynn E, DeLuca S, Zlotnick C. Depression and other psychiatric disorders. In K Rosene-Montella, E Keely, LA Barbour, RV Lee (Eds.), Medical Care of the Pregnant Woman, 2nd Edition. Philadelphia, PA: American College of Physicians, pp 91-111, 2008.

Flynn E, **Monzon C**, Pearlstein T. Acute psychiatric conditions in pregnancy. In MA Belfort, GR Saade, MR Foley, JP Phelan, GA Dildy (Eds.) Clark's Critical Care Obstetrics, 5th Edition, Oxford, Oxfordshire, United Kingdom, Wiley-Blackwell Publishers, pp 684-698, 2010.

Mehta ND, Chen KK, **Monzon C**, Rosene-Montella K. Common medical problems in pregnancy. In SC McKean, JJ Ross, DD Dressler, DJ Brotman, JS Ginsberg (Eds.) Principles and Practice of Hospital Medicine, American College of Physicians and McGraw-Hill, pp 1842-1864, 2012.

Wiggins DL, **Monzon C**, Hott BR. The impact of reproductive cancers on women's mental health. In DL Barnes (Ed.) Women's Reproductive Mental Health Across the Lifespan, New York, NY, Springer Science+Business Media, pp 283-300, 2014.

Pearlstein T, Flynn E, **Monzon C**. Mood disorders. In K Rosene Montella (Ed.), Medical Management of the Pregnant Patient, New York, NY, Springer Science+Business Media, pp 35-58, 2015.

Mehta ND, Chen KK, **Monzon C**, Rosene-Montella K. Common medical problems in pregnancy. In SC McKean, JJ Ross, DD Dressler, DB Scheurer (Eds.) Principles and Practice of Hospital Medicine, 2nd Edition, American College of Physicians and McGraw-Hill, pp 1786-1806, 2017.

ABSTRACTS

1. Sharkey KM, Flynn E, **Monzon C**, Pearlstein T. Circadian dysregulation is associated with postpartum depression. Abstract and oral presentation, 7th World Congress on Women's Mental Health, International Association for Women's Mental Health, Dublin, Ireland, March 9, 2017.
2. Sharkey KM, Flynn E, **Monzon C**, Pearlstein T. Personalized integrated chronotherapy for perinatal anxiety and depression. Abstract and symposium presentation, 3rd Biennial Perinatal Mental Health Conference, Chicago, IL, November 10, 2017.
3. Obeysekare JL, Cohen ZL, Coles ME, Pearlstein TB, **Monzon C**, Flynn EE, Sharkey KM. Sleep during pregnancy predicts transdiagnostic symptoms associated with postpartum depression. Abstract and oral presentation, Marcé of North America (MONA) 4th Biennial Conference on Perinatal Mental Health, Chapel Hill, NC, October 25, 2019.

INVITED PRESENTATIONS

"Finding your Purpose", Invited speaker to the MEDSTEP Empowerment Lunch for 1st year medical student, Alpert Medical School, February 20th, 2024.

"Careers in Medicine" Panel Discussion for the Month of Medicine. Invited Panelist Pathways Program at The Alpert Medical School, June 18, 2024

"Finding your Purpose", Invited speaker to the MEDSTEP Empowerment Lunch for 1st year medical student, Alpert Medical School, October 29, 2024.

"Maintaining Mental Health and Building Resiliency" Panel Discussion for the Women in Science and Engineering (WiSE) Spring Conference at Brown University, April 19, 2025

"Navigating Psychiatric Evaluations in Spanish-Speaking Populations" Medical Spanish Pre-Clinical Elective, Spring Semester, Alpert Medical School, April 24, 2025

NATIONAL PRESENTATIONS

1. "Postpartum Depression", faculty presentation in Symposium "Psychopharmacology of the Pregnant and Postpartum Woman", 58th Annual Meeting of the Academy of Psychosomatic Medicine, Phoenix, AZ, November 17, 2011.
2. "Postpartum Depression", faculty presentation in Symposium "To Treat or Not to Treat Perinatal Mood and Anxiety Disorders: Both Options Carry Risks!", American Psychiatric Association 2018 Annual Meeting, New York, NY, May 5, 2018.

REGIONAL PRESENTATIONS

1. "Depression", National Center of Excellence in Women's Health presentation, Mental Health Month, May 2005.
2. "Depression in the Latino Population", National Center of Excellence in Women's Health presentation, Mental Health Month, May 2005.
3. "Mujeres hablemos claro", American Cancer Society Annual Conference, October 2006.
4. Channel 10 TV interview on Postpartum Depression, April 2007.
5. "Mujeres hablemos claro", American Cancer Society Annual Conference, October 2008.
6. "Cancer and Depression", Guest Speaker, Latino Public Radio, February 2010.
7. "Yo Si Puedo", Latino Branch, American Cancer Society, March 2010.
8. Latino Public Radio (1290 AM) talk about Postpartum Depression, June 12, 2012.

9. "Immigration and Mental Health", guest speaker, Binational Health Week, part of Hispanic Heritage Month, October 11, 2012.
10. "Mental Health Panel Q&A", Maternal/Infant Mental Health Services and Solutions workshop, Partnering with Parents, the Medical Home, and Community Partners, Women and Infants Hospital, Providence, RI, January 28, 2013.
11. "Managing Difficult Patients with a New Diagnosis of Cancer", Cancer Survivorship Program, Women's Medicine Collaborative, Providence, RI, February 28, 2013.
12. "ECT in Pregnancy" Panel Discussion, Obstetric Medicine Grand Rounds, Rhode Island Hospital, Providence, RI, September 2, 2014.
13. "Manejando las secuelas emocionales del COVID-19", Guest Speaker, Latino Branch, American Cancer Society Support Group, Rhode Island Division, April 2022

GRANTS

CAPS -220, A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Flexible-Dose Study to assess the Safety and Efficacy of Topiramate in the Treatment of Moderate to Severe Binge-Eating disorder Associated with Obesity, Principal Investigator: Teri Pearlstein, MD, 2003-2005, Ortho-McNeil Pharmaceuticals.
Role: Co-Investigator

R01 MH074919
NIH/NIMH, \$278,000
Date of project: 9/1/07-5/31/14
Percent Effort: 5%
Placebo-Controlled Trial of Sertraline and Interpersonal Psychotherapy for Postpartum Depression. Two-site study comparing efficacy of sertraline, interpersonal psychotherapy and placebo in women with PPD. Principal Investigator: Caron Zlotnick, PhD.
Role: Psychiatrist for sertraline/placebo condition

R34 MH104377
NIH/NIMH, \$249,982
Date of project: 3/6/15-2/28/18
Percent effort: 2.5%
Integrated Chronotherapy for Perinatal Depression. Study examining the feasibility, safety and acceptability of an adjunctive integrated chronotherapy intervention for pregnant women with major depressive disorder. Principal Investigator: Katherine Sharkey, MD, PhD.
Role: Usual care psychiatrist

R01 MH118269-01A1
NIH/NIMH, \$1,185,776
Date of project: 2/1/20-11/30/23
Percent effort: 2.25%
Personalized Integrated Chronotherapy for Perinatal Depression. Study of the feasibility, effectiveness and safety of adjunctive integrated chronotherapy for pregnant women with major depressive disorder. Principal Investigator: Katherine Sharkey, MD, PhD.
Role: Usual care psychiatrist

UNIVERSITY TEACHING ROLES

MEDICAL STUDENTS

8/12/13 - 1/31/14	Supervisor for Longitudinal Independent Study Ambulatory Clerkship for medical student Melissa Cranford
2012 - present	Preceptor of Alpert Medical School 3 rd year medical students for psychiatry outpatient rotation, Women's Medicine Collaborative
2013 - 2021	Advanced Course in Medical Spanish Curriculum for medical students: "General Psychiatry" and "Aspects of Cultural Psychiatry in the Latino Population", Alpert Medical School of Brown University
2014 - 2021	Objective Structured Clinical Examination (OSCE) evaluator for Medical Spanish, Alpert Medical School of Brown University

PSYCHIATRY RESIDENTS/FELLOWS

2002 - 2011	PGY-2 Psychiatry Residency Consultation-Liaison Supervisor, Women and Infants Hospital
2004	"Pregnancy Onset Psychosis", faculty discussant for psychiatry resident presentation, Integrated Clinical Case Conference, Butler Hospital
2005 - 2011	Faculty discussant at monthly case conferences led by PG-2 consultation-liaison psychiatry residents
2010	Faculty discussant, Morbidity and Mortality Conference, Butler Hospital
2012	"No Womb for Error: Pregnancy and Mental Illness, Are We Treating the Fetus, the Patient, or Both?", faculty discussant for psychiatry resident presentation, Clinical Case Conference, Butler Hospital
2017 - 2018	Psychotherapy supervisor to PG-2 psychiatry resident Jessica Obeysekare, MD
2012 - present	Psychiatry Residency PG-1/PG-2 Lecturer on Postpartum Depression
2012 - present	Supervisor in month-long elective of outpatient perinatal psychiatry for PGY-4 Psychiatry Residents, Women's Medicine Collaborative 2012-13: Julie Hugo, MD (July) and Amy Halt, MD, PhD (March) 2013-14: Meesha Ahuja, MD (November), Aga Janicka, MD (May), and Zoe Billinkoff, MD (June)

2014-15: Teresa Lanza di Scalea, MD (October, April), Krista Lussier, MD (May) and Tina Gaud, MD (June)
 2015-16: Laura Hodges, MD (June)
 2016-17: Sarah Schmidhofer, MD (January)
 2017-18: Kristyn Gergelis, MD (November), Jessica Whitfield, MD (December), Paul Baker (April) and Daniella Palermo, MD (June)
 2018-19: Priya Kumar-Kaparaboina, MD (July), Caitlin Lawrence, MD (August), Jennifer Hawkins, MD (November)
 2019-20: Jessica Obeysekare (September, October), Haizhi Wang (February)
 2021-22: Jesse Moskowitz (August), Jenny McManus (November), Matt Bradley (December)
 2022-23: Jared Au-Jeung (February), Rachel Ruderman-Looff (June)
 2023-24: Sham (October)
 2024-25: Kriegsman (January), Soal (February), Huda (March) Chen (June)

2017 - present Faculty lecturer on Perinatal Depression for Brown Consultation-Liaison Psychiatry Fellow

OTHER RESIDENTS

2005 "Pregnancy Loss", core curriculum lecture, Ob-Gyn residents

2009 - 2010 Postpartum depression, monthly Newborn Nursery Conference, Pediatric residents, Women and Infants Hospital

2010 "Maternal Mental Health" Pediatrics Noon Conference Series

2010 "Psychosis in pregnancy", Multidisciplinary Antenatal Diagnosis and Management Conference, core curriculum lecture for fellows in Maternal Fetal Medicine

2013 - present Supervisor of Brown Internal Medicine resident for outpatient perinatal psychiatry during month-long elective in Obstetric Medicine at Women's Medicine Collaborative

MENTORING

9/14/15 - 12/11/15 Advanced Clinical Mentorship in Psychiatry for 3rd year medical student Joyce Nguyen

2016 - 2019 Mentor to psychiatry resident Priya Kumar-Kaparaboina, MD

2019 - present Diversity Mentor, Mentoring and Educating Diverse Students to Excel as Physicians (MEDSTEP), Office of Diversity and Multicultural Affairs (ODMA)

2/7/22 – 7/29/22 Advanced Clinical Mentorship in Psychiatry for 3rd year medical student
Kevin Chen