

Caroline R. Richardson, MD
CURRICULUM VITAE

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EDUCATION

Undergraduate Sep 1982 - Jun 1986
BS (Theoretical Mathematics)
Massachusetts Institute of Technology, Cambridge, MA

Medical School Sep 1990 - Jun 1994
Medical Degree;
Harvard University Medical School, Boston, MA

POSTGRADUATE TRAINING

Residency Jul 1994 - Jun 1995
Family Practice Intern, PGY 1, St. Margaret Memorial Hospital, Pittsburgh, PA

Jul 1995 - Feb 1996
Family Practice Resident, PGY 2, Hunterdon Medical Center, Flemington, NJ

May 1996 - May 1998
Family Practice Resident, PGY 2-3, Thomas Jefferson University Hospital,
Philadelphia, PA

Fellowship Jul 1999 - Jun 2001
Research Fellow, Robert Wood Johnson Clinical Scholars Program
University of Michigan Medical School, Ann Arbor, MI

POSTGRADUATE HONORS AND AWARDS

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| 2001 | Best Paper Presentation; Michigan Family Practice Research Day; Lansing, MI |
| 2002 | Gender Equity Award; American Medical Women's Association for Interpersonal Violence and Abuse Sequence for 2 nd Year Medical Students at the University of Michigan; Ann Arbor, MI |
| 2002 | Research Mentor Award; Robert Wood Johnson Clinical Scholars Program; Ann Arbor, MI |
| 2004 | Honorable Mention; Society of Teachers of Family Medicine Best Research Paper Award for paper, "Does Pornography-blocking Software Block Access to Health Information on the Internet?"; Leawood, KS |
| 2004 | Token of Appreciation from Medical Students (TAMS) Award; University of Michigan Medical School; Ann Arbor, MI |

2005	NIH Summer Institute on Randomized Clinical Trials Involving Behavioral Interventions; Bethesda, MD
2006	Shining Star Award from the University of Michigan Health System for work on Katrina relief effort; Ann Arbor, MI
2007	Association of American Medical Colleges Early Career Women Faculty Professional Development Seminar; Washington, DC
2007	People's Choice Poster Award; World Usability Day; Lansing, MI
2008	Fellow; American Academy of Family Physicians; Leawood, KS
2009	Association of American Medical Colleges Mid-Career Women Faculty Professional Development Seminar; Scottsdale, AZ
2010	Token of Appreciation from Medical Students (TAMS) Award; University of Michigan Medical School; Ann Arbor, MI
2012	Honorable Mention; Society of Teachers of Family Medicine Best Research Paper Award for paper, "An online community improves adherence in an internet-mediated walking program. Part 1: results of a randomized controlled trial"; Leawood, KS
2012	Fellow; Association of Departments of Family Medicine (2013- 2014); Leawood, KS
2016	Dr. Max and Buena Lichter Research Professor of Family Medicine
2016	MICHR Distinguished Clinical and Translational Research Mentor Award; University of Michigan; Ann Arbor, MI
2016	Citation Abstract Award; Society of Behavioral Medicine, "Can a Pedometer-Based Walking Program Lower Health Care Costs Among Adults with Type 2 Diabetes?"; Milwaukee, WI
2017	Honorable Mention; Society of Teachers of Family Medicine Best Research Paper Award for paper, "Estimation of potential savings through therapeutic substitution."; Leawood, KS
2019	Curtis G Hames Research Award; Society of Teachers of Family Medicine, STFM Annual Spring Conference 2019; Toronto, ON
2021	Distinguished Faculty Achievement Award; University of Michigan; Ann Arbor, MI
2023	Master of Arts <i>ad eundem</i> ; Brown University, Providence, RI

PROFESSIONAL LICENSES AND BOARD CERTIFICATIONS

Oct 23, 1997 - Jan 31, 2023	Physician License, Board of Medicine, State of Michigan
Mar 2, 2021 – Apr 30, 2024	Physician License, RI Dept. of Health, State of Rhode Island

Oct 23, 1997 - Jan 31, 2023	Controlled Substance License, State of Michigan
Mar 2, 2021 – Apr 30, 2024	Controlled Substance License, State of Rhode Island
Jul 1998 - Present	Board Certified in Family Medicine
Jul 1998 - Jan 2023	DEA registration
Oct 2018 - Present	Basic Cardiac Life Support
Oct 2018 - Present	Advanced Cardiac Life Support
Jul 2005 – Present	Recertification, American Board of Family Practice

ACADEMIC APPOINTMENTS

Aug 1998 - Jun 2003	Lecturer, Department of Family Medicine University of Michigan Health Systems, Ann Arbor, MI
Jul 1999 - Jun 2001	Lecturer, Department of Internal Medicine University of Michigan Health Systems, Ann Arbor, MI
Jun 2003 - Aug 2009	Assistant Professor, Department of Family Medicine University of Michigan Health Systems, Ann Arbor, MI
Sep 2003 - May 2004	Visiting Lecturer, Department of Epidemiology Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA
Aug 2007 - Jul 2016	Core Faculty for Robert Wood Johnson Clinical Scholars Program University of Michigan, Ann Arbor, MI
Aug 2007 - Jul 2022	Member, Behavioral Core of the Michigan Diabetes Research and Training Center (consultant on physical activity) University of Michigan, Ann Arbor, MI
Aug 2009 - Jul 2012	Member, Michigan Metabolomics and Obesity Center, University of Michigan, Ann Arbor, MI
Sep 2009 - Aug 2016	Associate Professor, Department of Family Medicine University of Michigan Health Systems, Ann Arbor, MI
Feb 2016 - Jul 2016	Co-Director of the University of Michigan RWJ Clinical Scholars Program, Ann Arbor, MI
Feb 2016 - Jul 2022	Associate Chair for Research, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, MI
Jul 2016 - Jul 2019	Co-Director of the University of Michigan National Clinical Scholars Program, Ann Arbor, MI
Sep 2016 - Jul 2022	Professor, Department of Family Medicine University of Michigan Medical School, Ann Arbor, MI

Aug 2022 - Present Chair, Department of Family Medicine
Warren Alpert Medical School of Brown University, Providence, RI

Aug 2022 – Present George A. and Marilyn M. Bray Professor of Family Medicine, Brown University

HOSPITAL APPOINTMENTS

Aug 1998 - May 2002 Attending Physician, The Corner Adolescent Health Clinic, Ann Arbor, MI

Aug 1998 - Jun 2003 Attending Physician, Chelsea Family Practice Inpatient Service, Chelsea Community Hospital, Ann Arbor, MI

Aug 1998 - Dec 2009 Attending Physician, Dexter Family Practice Office, Dexter, MI

Aug 2001 - Apr 2015 Research Scientist VA Center for Clinical Management Research (formerly Health Services Research and Development) Ann Arbor, MI

Jan 2010 - May 2013 Attending Physician, Women’s Health Clinic, Veterans Affairs Medical Center, Ann Arbor, MI

Jan 2010 - Mar 2014 Attending Physician, Primary Care Clinic, Veterans Affairs Medical Center, Ann Arbor, MI

Dec 2011 - May 2014 Ann Arbor Site Lead Investigator
VA Women’s Health Practice-Based Research Network Member Site, Ann Arbor, MI

Jan 2012 - Jan 2013 Prevention Coordinator, VHA Diabetes Quality Enhancement Research Initiative (DM QUERI), Ann Arbor, MI

Jan 2013 - Jul 2013 Acting Director, VHA Diabetes Quality Enhancement Research Initiative (DM QUERI), Ann Arbor, MI

Jul 2013 - Apr 2015 Director, VHA Diabetes Quality Enhancement Research Initiative (DM QUERI), Ann Arbor, MI

Apr 2014 - Jun 2016 Medical Director, Ypsilanti Health Center, University of Michigan Health Systems, Ypsilanti, MI

Apr 2014 – Jul 2022 Attending Physician, Ypsilanti Health Center, University of Michigan, Michigan Medicine, Ypsilanti, MI

Aug 2022 – Present Chief, Department of Family Medicine, Care New England

Aug 2022 – Present Department Chief of Family & Community Medicine, The Miriam Hospital

OTHER APPOINTMENTS

Sep 1980 - Aug 1982	Laboratory Manager/Programmer, Surgical Intensive Care Unit, Jackson Memorial Hospital, Miami, FL
Jan 1983 - Aug 1985	Statistical Programmer, Psychology Department, UROP, Massachusetts Institute of Technology, Cambridge, MA
May 1985 - Aug 1985	Statistical Programmer, Health Data Institute, Lexington, MA
Nov 1986 - Dec 1988	Peace Corps Volunteer; Lesobeng secondary school; Lesotho, Southern Africa
Jan 1989 - Aug 1989	Computer Laboratory Manager, Department of Psychology, Shands Hospital, Gainesville, FL
Sep 1989 - Aug 1990	Gastroenterology Clinical Research Coordinator Faulkner Hospital, Department of Gastroenterology, Boston, MA
Mar 1999 - Mar 2000	NIH Consensus Panel on Restless Legs Syndrome; Washington, DC
Aug 2004 - May 2009	Member, Society of Teachers of Family Medicine Research Committee; Leawood, KS
Apr 2005 - Nov 2006	Member, American Medical Association Expert Committee on the Assessment & Prevention of Childhood Obesity and Adolescent Overweight & Obesity; Washington, DC
Sep 2007 - Jul 2009	YMCA Health and Fitness Committee; Ann Arbor, MI
Mar 2010	American Public Health Association Physical Activity Special Interest Group; Washington, DC
Jan 2011	NIH, Review Panel: Translational Research in Diabetes and Obesity; Bethesda, MD
Jan 2011 - Nov 2011	Robert Wood Johnson Clinical Scholars Program Planning Committee Member for 2011 National Meeting; Princeton, NJ
May 2011	NHS (British National Health Service), Review Panel: NIHR Health Technology Assessment Programme; Ann Arbor, MI
Jul 2011 - Dec 2019	Society of Behavioral Medicine-American College of Sports Medicine ad-hoc task force on Behavioral Interventions for Exercise is Medicine; Milwaukee, WI
Nov 2011 - Nov 2012	Robert Wood Johnson Clinical Scholars Program National Meeting Program Chair 2012; Princeton, NJ

Jan 2012	Health Research Council of New Zealand (HRC), ad hoc reviewer: HRC Annual Funding Round; Ann Arbor, MI
Feb 2012 - Feb 2014	American Heart Association Scientific Statement writing group “A Comprehensive Guide to the Assessment of Physical Activity: Clinical and Research Application”; Dallas, TX
Aug 2012 - 2016	VA Health Services Research 2, Review Panel
Jan 2013 - 2016	Member, National Diabetes Education Program (NDEP) – Diabetes HealthSense Task Group; Bethesda, MD
Feb 2013 - 2015	American College of Sports Medicine’s Comparative Effectiveness Research (CER) Task Force member
Mar 2013 - Aug 2015	Member, Washtenaw Community Health Organization Board
Mar 2013 - 2016	The Society of Behavioral Medicine Diabetes Special Interest Group Chair; Milwaukee, WI
Dec 2013 - Apr 2015	VA Self-Care Self-Management Task Force
Mar 2014 - Jun 2019	American Journal of Preventive Medicine, <i>Associate Editor</i>
Sep 2014	NIH/NIDDK, Review Panel: Pragmatic Research and Natural Experiments to Improve Diabetes Prevention and Care PARS (conference call)
Mar 2015	NIH, Review Panel: Health-Enhancing Physical Activity; Washington, DC
Aug 2015 - Jul 2020	Member, Washtenaw County Community Mental Health Board
Oct 2015 - Jul 2020	Board Member, Community of Mental Health Partnership of SE Michigan (CMHPSM), Ann Arbor, MI
Oct 2015 - Sep 2020	VA QUERI Advisory Committee
May 2016 - Present	Inaugural Member, The Society of Behavioral Medicine Champions Program
Dec 2016 - Nov 2017	Committee Member, Committee on Arrangements, inaugural NCSP National Meeting; hosted by Yale in New Haven, CT; November 2017
Apr 2017 - Dec 2019	Academy Health Education Council Member
Apr 2017 - May 2019	Committee Member, NAPCRG Program Committee
Jan 2018 - Present	COORDINATE Diabetes Steering Committee, Duke Clinical Research Institute
Apr 2018 - Present	Journal of Medical Internet Research (JMIR) – Diabetes, <i>Editor-in-Chief</i>
Jun 2019 - Present	Annals of Family Medicine, <i>Editor-in-Chief</i>

Oct 2019 - Jul 2020	Vice Chair, Prepaid Inpatient Health Plan (PIHP), Community of Mental Health Association of Michigan (CMHA), Ann Arbor, MI
Jun 2020	Michigan Quality Improvement Committee (MQIC). Review and recommend changes/updates to the MQIC regional guidelines on Management of Diabetes, Ann Arbor, MI
Aug 2020 – Jul 2022	Director, Diabetes Continuous Quality Improvement (CQI), Michigan Collaborative for Type 2 Diabetes (MCT2D), Blue Cross Blue Shield of Michigan, University of Michigan, Ann Arbor, MI
Apr 2022 - Present	Advisor, Diabetes in Primary Care Interest Group, American Diabetes Association (ADA), Arlington, VA
Nov 2022 – Present	Council Member, Science and Health Care Council Executive Committee, (sub-committee of the ADA Board of Directors)

HOSPITAL COMMITTEES

Jan 1999 - Dec 2000	Diabetes Continuous Quality Improvement Committee; Department of Family Medicine, University of Michigan Medical School, Ann Arbor, MI
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UNIVERSITY COMMITTEES

Apr 2005 - Dec 2007	Member, Advisory Committee on Academic Promotions and Tenure, Department of Family Medicine; University of Michigan Medical School, Ann Arbor, MI
May 2009 - Jul 2022	UMHS Diabetes Guideline Committee; University of Michigan Medical School, Ann Arbor, MI
Oct 2009 - Oct 2010	UMHS representative on the Faculty Engagement Committee to commemorate the 50th anniversary of the Peace Corps; University of Michigan Medical School, Ann Arbor, MI
Nov 2009 - Jul 2022	Member, Advisory Board to the ADVANCE Program; University of Michigan Medical School, Ann Arbor, MI
Aug 2011 - Aug 2012	Member, Advisory Committee for Appointments, Promotions, and Tenure; University of Michigan Medical School, Ann Arbor, MI
Aug 2012 - Aug 2013	Chair, Advisory Committee for Appointments, Promotions, and Tenure; University of Michigan Medical School, Ann Arbor, MI
Sep 2012 - Jul 2022	Member, Institute for Healthcare Policy & Innovation (IHPI), University of Michigan, Ann Arbor, MI

Jul 2013 - Jul 2022	MHealthy Scientific Advisory Committee; University of Michigan, Ann Arbor, MI
Dec 2013 - Jul 2022	Member, Committee for Student Biomedical Research; University of Michigan Medical School, Ann Arbor, MI
Feb 2015 - Jun 2019	Education Committee Chair, Institute for Healthcare Policy & Innovation (IHPI); University of Michigan, Ann Arbor, MI (<i>term expired Dec 2019</i>)
Feb 2015 – Jul 2020	Member, Leadership council, Institute for Healthcare Policy & Innovation (IHPI); University of Michigan, Ann Arbor, MI
Sep 2015 - May 2016	MHealthy Committee on Incentives and Engagement; University of Michigan, Ann Arbor, MI
Apr 2019 - Jul 2022	MDiabetes Clinical Research, Mentoring and Development Committee, University of Michigan, Ann Arbor, MI
Apr 2019 – Jul 2022	Non-communicable Disease Program Committee, University of Michigan, Ann Arbor, MI
Jun 2020 – Jul 2022	Faculty Advisory Committee, Michigan Data Collaborative (MDC), Michigan Medicine, University of Michigan, Ann Arbor, MI

MEMBERSHIPS IN SOCIETY

1992 - Present	American Academy of Family Practice (AAFP)
1994 - Present	Society for Teachers of Family Medicine (STFM)
2001 - Present	North American Primary Care Research Group (NAPCRG)
2002 - 2020	American College of Sports Medicine (ACSM)
2002 - Present	Society of Behavioral Medicine (SBM)
2005 - 2006	AMA Expert Committee on the Assessment & Prevention of Childhood Obesity and Adolescent Overweight & Obesity
2014 - 2015	Washtenaw Community Health Organization (WCHO) Board
2014 – 2020	Washtenaw County Community Mental Health Board
2019 - Present	Association of Departments of Family Medicine (ADFM)
2022 – Present	Rhode Island Academy of Family Physicians (RIAFP)
2022-2023	American Diabetes Association (ADA)

PUBLICATIONS LIST**ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Richardson, CR. Glucose-based oral rehydration therapy. J Fam Pract, 1996;43(4):344-5.
2. Richardson, CR. Parents and pediatrics procedures. J Fam Pract, 1997;44(2):131.
3. Richardson CR. Leukotriene receptor antagonists versus inhaled steroids in asthma. J Fam Pract, 1999;48(7):495-6.
4. Richardson CR. Homemade spacers useful in asthma treatment. J Fam Pract, 1999;48(12):997.
5. Richardson CR. Can we reduce the use of echocardiography by using other clinical information to identify patients at very low risk for left ventricular systolic dysfunction. J Fam Pract, 2000;49(7):655-6.
6. Richardson CR. Can vaginal misoprostol be administered 1 to 3 days after mifepristone without loss of efficacy or an increase in adverse events? J Fam Pract, 2000;50(1):9.
7. Thorpy M, Ehrenberg BL, Hening WA, Mahowald M, Malow BA, Phillips B, Richardson CR, Wellbery C. Restless Legs Syndrome: detection and management in primary care. Am Fam Phys 2000;62(1):108-14.
8. Eyler AE, Richardson CR, Tyszkowski K. Office care of the patient who has been sexually assaulted. Clinics in Family Practice, 2000;2(3):723-42.
9. Newell AR, Richardson CR, Eyler AE. Treatment of the adolescent survivor of sexual assault. Clinics in Family Practice, 2000;2(4):883-917.
10. Richardson CR. Do dietary restrictions reduce fecal occult blood testing adherence? J Fam Pract, 2001;50(12):1081.
11. Abraczinska DR, Ookubo R, Grace ND, Groszmann RJ, Bosch J, Garcia-Tsao G, Richardson CR, Matloff DS, Rodes J, Conn HO. Propranolol for the prevention of first esophageal variceal hemorrhage: a lifetime commitment. Hepatology 2001;34(6):1096- 1102.
12. Segar M, Jayaratne T, Hanlon J, Richardson CR. Fitting fitness into women's lives: effects of a gender-tailored physical activity intervention. Women's Health Issues 2002;12(6):338-47.
13. Richardson CR, Resnick PJ, Hansen D, Rideout VJ. Does pornography blocking software block access to health information on the Internet? JAMA 2002;288(22):2887-94.
14. Richardson CR. Educational interventions improve outcomes for children with asthma. J Fam Pract, 2003;52(10):764-6.
15. Hansen DL, Derry HA, Resnick PJ, Richardson CR. Adolescents searching for health information on the Internet: an observational study. J Med Internet Res 2003;5(4):e25.
16. Piette J, Richardson C, Valenstein M. Addressing the needs of patients with multiple chronic illnesses: the case of diabetes and depression. Am J Manag Care 2004;10:41-51.
17. Resnick PJ, Hansen D, Richardson CR. Calculating error rates for filtering software CACM 2004;47(9):67.
18. Richardson CR, Kriska AM, Lantz PM, Hayward RA. Physical activity and mortality across cardiovascular disease risk groups. Med Sci Sports Exerc 2004;36(11):1923-9.
19. Richardson CR, Faulkner G, McDevitt J, Skrinar GS, Hutchinson DS, Piette JD. Integrating physical

- activity into mental health services for individuals with serious mental illness. *Psychiatr Serv* 2005;56(3):324-31. Doi: 10.1176/appi.ps.56.3.324.
20. Richardson CR. A lifestyle physical activity program for persons with serious mental illness. *Psychiatr Serv* 2005;56(3):354.
 21. Richardson CR, Brown BB, Foley S, Dial KS, Lowery JC. Feasibility of adding enhanced pedometer feedback to nutritional counseling for weight loss. *J Med Internet Res* 2005;7(5):e56.
 22. Richardson CR, Avripas SA, Neal DL, Marcus SM. Increasing lifestyle physical activity in patients with depression or other serious mental illness. *J Psychiatr Pract* 2005;11(6):379-88.
 23. Pettee KK, Brach JS, Kriska AM, Boudreau R, Richardson CR, Colbert LH, Satterfield S, Visser M, Harris TB, Ayonayon HN, Newman AB. Influence of marital status on physical activity levels among older adults. *Med Sci Sports Exerc* 2006;38(3):541-6.
 24. Richardson CR, Schwenk TL. Helping sedentary patients become more active: a practical guide for the primary care physician. *J Clin Outcomes Manage* 2007;14(3):161-71.
 25. Goodrich DE, Larkin AR, Lowery JC, Holleman RG, Richardson CR. Adverse events among high- risk participants in a home-based walking study: a descriptive study. *Int J Behav Nutr Phys Act* 2007;4(1):20.
 26. Kriska AM, Brach JS, Jarvis BJ, Everhart JE, Fabio A, Richardson CR, Howard BV. Physical activity and gallbladder disease determined by ultrasonography. *Med Sci Sports Exerc* 2007;39(11):1927-32.
 27. Segar M, Eccles JS, Peck SC, Richardson CR. Midlife women's physical activity goals: sociocultural influences and effects on behavioral regulation. *Sex Roles* 2007;57(11-12):837-49.
 28. Richardson CR, Mehari KS, McIntyre LG, Janney AW, Fortlage LA, Sen A, Strecher VJ, Piette JD. A randomized trial comparing structures and lifestyle goals in an internet- mediated walking program for people with type 2 diabetes. *Int J Behav Nutr Phys Act* 2007;4(1):59.
 29. Richardson CR. A new, dynamic resource for both students and teachers of family medicine: the family medicine research wiki at FMDRL. *Ann Fam Med*, 2008;6(5):473.
 30. Storti KL, Pettee KK, Brach JS, Talkowski JB, Richardson CR, Kriska AM. Gait speed and step-count monitor accuracy in community-dwelling older adults. *Med Sci Sports Exerc* 2008;40(1):59-64.
 31. Piette JD, Kerr E, Richardson CR, Heisler M. Veterans Affairs Research on health information technologies for diabetes self-management support. *J Diabetes Sci Technol* 2008;2(1):15-23.
 32. Richardson CR, Newton TL, Abraham JJ, Sen A, Jimbo M, Swartz AM. A meta-analysis of pedometer-based walking interventions and weight loss. *Ann Fam Med* 2008;6(1):69-77.
 33. Segar M, Eccles JS, Richardson CR. Type of physical activity goal influences participation in healthy midlife women. *Women's Health Issues* 2008;18(4):281-91.
 34. Kriska AM, Hawkins M, Richardson CR. Physical activity and the prevention of type 2 diabetes. *Curr Sport Med Rep* 2008;7(4):182-4.
 35. Janney CA, Richardson CR, Holleman RG, Glasheen C, Strath SJ, Conroy MB, Kriska AM. Gender, mental health service use and objectively measured physical activity: Data from the National Health and Nutrition Examination Survey (NHANES 2003-2004). *Mental Health & Physical Activity* 2008;1(1):9-16.
 36. Strath SJ, Holleman RG, Ronis DL, Swartz AM, Richardson CR. Objective physical activity accumulation in bouts and non-bouts and relationships to markers of obesity in U.S. adults. *Prev Chronic Dis* 2008; 5(4):A131.

37. Newman MA, Pettee KK, Storti KL, [Richardson CR](#), Kuller LH, Kriska AM. Monthly variation in physical activity levels in post-menopausal women. *Med Sci Sport Exerc* 2009;41(2):322-27.
38. Hawkins MS, Storti KL, [Richardson CR](#), King WC, Strath SJ, Holleman RG, Kriska AM. Objectively measured physical activity of U.S. adults by sex, age, and racial/ethnic groups: a cross-sectional study. *Int J Behav Nutr Phys Act* 2009, 6:31.
39. Buis LR, Janney AW, Hess ML, Culver SA, [Richardson CR](#). Barriers encountered during enrollment in an internet-mediated randomized controlled trial. *Trials* 2009;10(1):76.
40. Buis LR, Poulton TA, Holleman RG, Sen A, Resnick PJ, Goodrich DE, Palma-Davis L, [Richardson CR](#). Evaluating Active U: An internet-mediated physical activity program. *BMC Public Health* 2009;9:331.
41. Moy ML, Janney AW, Ngyuen HQ, Matthes KR, Cohen M, Garshick E, [Richardson CR](#). Use of pedometer and Internet-mediated walking program in patients with chronic obstructive pulmonary disease. *J Rehabil Res Dev* 2010;47(5):485-96.
42. Krein SL, Metreger T, Kadri R, Hughes M, Kerr EA, Piette JD, Kim HM, [Richardson CR](#). Veterans walk to beat back pain: study rationale, design and protocol of a randomized trial of a pedometer-based Internet mediated intervention for patients with chronic low back pain. *BMC Musculoskeletal Disorders* 2010;11:205.
43. [Richardson CR](#). Objective monitoring and automated coaching: a powerful combination in physical activity interventions. *Phys Ther Rev* 2010;15(3):154-62.
44. [Richardson CR](#), Buis LR, Janney AW, Goodrich DE, Sen A, Hess ML, Fortlage LA, Resnick PJ, Zikmund-Fisher BJ, Strecher VJ, Piette JD. An online community improves adherence in an internet-mediated walking program. Part 1: results of a randomized controlled trial. *J Med Internet Res* 2010;12(4):e71.
45. Resnick PJ, Janney AW, Buis LR, [Richardson CR](#). Adding an online community to an internet-mediated walking program: Part 2: strategies for encouraging community participation. *J Med Internet Res* 2010;12(4):e72.
46. Hawkins MS, Sevick MA, [Richardson CR](#), Fried LF, Arena VC, Kriska AM. Association between physical activity and kidney function: NHANES. *Med Sci Sports Exerc* 2011;43(8):1457-64.
47. Piette JD, [Richardson CR](#), Himle J, Duffy S, Torres T, Vogel M, Barber K, Valenstein M. A randomized trial of telephone counseling plus walking for depressed diabetes patients. *Med Care* 2011;49(7):641-8.
48. Palladino CL, Flynn HA, [Richardson C](#), Marcus SM, Johnson TR, Davis MM. Lengthened predelivery stay and antepartum complications in women with depressive symptoms during pregnancy. *J Womens Health (Larchmt)* 2011;20(6):953-62.
49. Goodrich DE, Buis LR, Janney AW, Ditty MD, Krause CW, Zheng K, Sen A, Strecher VJ, Hess ML, Piette JD, [Richardson CR](#). Integrating an Internet-mediated walking program into family medicine clinical practice: a pilot feasibility study. *BMC Med Inform Decis Mak* 2011;11:47.
50. Kim C, Sen A, Osborne E, Lee JM, [Richardson CR](#). Associations between glucose tolerance and sex hormone binding globulin among women with recent gestational diabetes mellitus. *Diabetes Res Clin Pract* 2011;93(3):e110-2.
51. Buis LR, Kotagal LV, Porcari CE, Rauch SM, Krein SL, [Richardson CR](#). Physical activity in postdeployment Operation Iraqi Freedom/Operation Enduring Freedom veterans using Department of Veterans Affairs services. *J Rehabil Res Dev* 2011;48(8):901-11.
52. Segar ML, Eccles JS, [Richardson CR](#). Rebranding exercise: closing the gap between values and

- behavior. *IJBNPA* 2011;8:94.
53. Kim C, Herman WH, Cheung NW, Gunderson EP, Richardson C. Comparison of hemoglobin a1c with fasting plasma glucose and 2-h postchallenge glucose for risk stratification among women with recent gestational diabetes mellitus. *Diabetes Care* 2011;34(9):1949-51.
 54. Piette JD, Valenstein M, Himle J, Duffy S, Torres T, Vogel M, Richardson C. Clinical complexity and the effectiveness of an intervention for depressed diabetes patients. *Chronic Illn* 2011;7(4):267- 78.
 55. Djuric Z, Ellsworth JS, Weldon AL, Ren J, Richardson CR, Resnicow K, Newman LA, Hayes DF, Sen A. A diet and exercise intervention during chemotherapy for breast cancer. *Open Obes J* 2011;3:87-97.
 56. Richardson CR. Physical education combined with pedometer use is associated with better glucose tolerance among overweight/obese with impaired glucose tolerance; no benefit for education alone. *Evid Based Med* 2012;17:146-7.
 57. Kim C, Draska M, Hess ML, Wilson EJ, Richardson CR. A web-based pedometer program in women with recent histories of gestational diabetes. *Diabet Med* 2012;29(2):278-83.
 58. Hawkins M, Belalcazar LM, Schelbert KB, Richardson C, Ballantyne CM, Kriska A. The effect of various intensities of physical activity and chronic inflammation in men and women by diabetes status in a national sample. *Diabetes Res Clin Pract* 2012;97(1):e4-6.
 59. Duffy SA, Ronis D, Richardson C, Waltje AH, Ewing LA, Noonan D, Hong O, Meeker J. Protocol of a randomized controlled trial of the Tobacco Tactics Website for operating engineers. *BMC Public Health* 2012;12(1):335.
 60. Segar ML, Updegraff JA, Zikmund-Fisher BJ, Richardson CR. Physical activity advertisements that feature daily well-being improve autonomy and body image in overweight women but not men. *J Obesity* 2012;2012:354721.
 61. Moy ML, Weston NA, Wilson EJ, Hess ML, Richardson CR. A pilot study of an Internet walking program and pedometer in COPD. *Respir Med* 2012;106(9):1342-50.
 62. Standiford CJ, Vijan S, Choe HM, Harrison RV, Richardson CR, Wyckoff JA. Management of Type 2 Diabetes Mellitus. Ann Arbor, MI: Michigan Medicine, University of Michigan Health System, 2012. [Available at UMHS at <http://www.uofmhealth.org/provider/clinical-care-guidelines>] [practice guideline]. Sept 2012: 1-34.
 63. Hawkins M, Belalcazar LM, Schelbert KB, Richardson C, Ballantyne CM, Kriska A. Response to Zhou et al. "Letter to the Editor: The effects of various intensities of physical activity and chronic inflammation in men and women by diabetes status in a national sample." *Diabetes Res Clin Pract* 2013;99(2):e20.
 64. Lutes LD, Dinatale E, Goodrich DE, Ronis DL, Gillon L, Kirsh S, Richardson CR, Damschroder LJ. A randomized trial of a small changes approach for weight loss in veterans: Design, rationale, and baseline characteristics of the ASPIRE-VA trial. *Contemp Clin Trials* 2013;34(1):161-72.
 65. Nelson RK, Horowitz JF, Holleman RG, Swartz AM, Strath SJ, Kriska AM, Richardson CR. Daily physical activity predicts degree of insulin resistance: a cross-sectional observational study using the 2003-2004 National Health and Nutrition Examination Survey. *IJBNPA* 2013;10(1):10.
 66. Gong J, Campos H, Fiecas MJ, McGarvey ST, Goldberg R, Richardson C, Baylin A. A case-control study of physical activity patterns and risk of non-fatal myocardial infarction. *BMC Public Health* 2013;13:122.
 67. Janney CA, Ganguli R, Richardson C, Holleman R, Tang G, Cauley JA, Kriska AM. Sedentary behavior and psychiatric symptoms in overweight and obese adults with schizophrenia and schizoaffective

- disorders (WAIST Study). *Schizophrenia Res* 2013;145(1-3):63-8.
68. Park SK, [Richardson CR](#), Holleman RG, Larson JL. Frailty in People with COPD, using the National Health and Nutrition Evaluation Survey dataset (2003-2006). *Heart Lung* 2013;42(3):163-70.
 69. Chang T, Choi H, [Richardson CR](#), Davis MM. Implications of teen birth for overweight and obesity in adulthood. *Am J Obstet Gynecol* 2013;209(2):110.e1-7.
 70. Park SK, [Richardson CR](#), Holleman RG, Larson JL. Physical activity in people with COPD, using the National Health and Nutrition Evaluation Survey dataset (2003-2006). *Heart Lung* 2013;42(4):235-40.
 71. Krein SL, Kadri R, Hughes M, Kerr EA, Piette JD, Holleman R, Hyungjin MK, [Richardson CR](#). Pedometer-based Internet-mediated intervention for adults with chronic low back pain: A randomized controlled trial. *JMIR* 2013;15(8):e181.
 72. Strath SJ, Kaminsky LA, Ainsworth BE, Ekelund U, Freedson PS, Gary RA, [Richardson CR](#), Smith DT, Swartz AM; on behalf of the American Heart Association Physical Activity Committee of the Council on Lifestyle and Cardiometabolic Health and Cardiovascular, Exercise, Cardiac Rehabilitation and Prevention Committee of the Council on Clinical Cardiology, and Council. Guide to the Assessment of Physical Activity: Clinical and Research Applications: A Scientific Statement From the American Heart Association. *Circulation* 2013;128(20):2259-79.
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179. Robinson SA, Wan ES, Shimada SL, Richardson CR, Moy ML. Age and Attitudes Towards an Internet-Mediated, Pedometer-Based Physical Activity Intervention for Chronic Obstructive Pulmonary Disease: Secondary Analysis. *JMIR Aging*, 2020;3(2):e19527. Doi:10.21196/19527. PMID: 32902390. PMCID: 7511871.
180. Sexton SM, Richardson CR, Schragger SB, Bowman MA, Hickner J, Morley CP, Mott TF, Pimlott N, Saultz J, Weiss BD. Systemic Racism and Health Disparities: A Statement From Editors of Family

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181. Kokaly AN, Helminski D, De Vries R, Richardson C, Saini SD, Krein SL, Kurlander JE. Mo1006 Qualitative Analysis of Barriers to the Use of PPI's for the Prevention of Upper Gastrointestinal Bleeding. *Gastroenterology*, 2020; 158(6): S751-S752. Doi:10.1016/S0016-5085(20)32554-3.
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 184. Yost O, DeJonckheere M, Stonebraker S, Ling G, Buis L, Pop-Busui R, Kim N, Mizokami- Stout K, Richardson C. Continuous Glucose Monitoring with Low-Carbohydrate Diet Coaching in Patients with Prediabetes: Mixed Methods Pilot Study. *JMIR Diabetes*, 2020; 5(4): e21551. Doi: 10.2196/21551.
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 187. Robinson SA, Richardson CR, Moy ML. Can Technology-Based Physical Activity Programs for Chronic Obstruction Pulmonary Disease Be Cost-Effective? *Telemedicine and e-Health*, 2021: 1-5. Doi: 10.1089/tmj.2020.0398.
 188. Sexton SM, Richardson CR, Schragger SB, Bowman MA, Hickner J, Morley CP, Mott TF, Pimlott N, Saultz J, Weiss BD. Systemic Racism and Health Disparities: A Statement From Editors of Family Medicine Journals. *Annals of Family Medicine*, 2021; 19: 2-3. Doi: 10.1370/afm.2613
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 200. Lin YK, Richardson CR, Dobrin I, DeJonckheere MJ, Mizokami-Stout K, Feters MD, Aikens JE, Fisher SJ, Ye W, Pop-Busui R. Beliefs Around Hypoglycemia and Their Impact on Hypoglycemia Outcomes in Individuals with Type 1 Diabetes and High Risks for Hypoglycemia Despite Using Advanced Diabetes Technologies. Diabetes Care; 2022; dc211285. Doi: 10.2337/dc21-1285.
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 203. Griauzde, D, O'Brien, A, Yancy, W, Richardson, C, Krinock, J, DeJonckheere, M, Isaman, D, Vanias, K, Shopinski, S, and Saslow, L. Testing a very low-carbohydrate adaption of the Diabetes Prevention Program among adults with prediabetes: study protocol for the Lifestyle Education about Prediabetes (LEAP) trial. (In Press, 2022).
 204. Adam J Nelson MBBS MPH MBA PhD, Neha J Pagidipati MD MPH, Michelle D. Kelsey MD MHS, Maddalena Ardissino MBBS, Vanita R. Aroda MD,

- Matthew A Cavender MD MPH, Renato D. Lopes MD PhD, Hussein R. Al-Khalidi PhD, Rogelio Braceras MD, Tanya Gaynor MPAS PA-C, Lisa A. Kaltenbach MS, Julienne K. Kirk BS PharmD, Ildiko Lingvay MD MPH MSCS, Melissa L. Magwire MSN RN, Emily C. O'Brien PhD, Jonathan Pak PharmD MBA, Rodica Pop-Busui MD PhD, Caroline R. Richardson MD, et al. COOrdinating CaRDIology CliNics RANdomized Trial of Interventions to Improve OutcomEs (COORDINATE) – Diabetes: Rationale and Design, *American Heart Journal* (2022), doi: <https://doi.org/10.1016/j.ahj.2022.10.079>.
205. Schragger, S., Sexton, S., Bowman, M. and Richardson, C. (2023), *Family Medicine* editors collaborate towards antiracist publishing. *Learned Publishing*. <https://doi.org/10.1002/leap.1532>.
206. Neha J. Pagidipati, MD, MPH; Adam J. Nelson, MBBS, MPH, MBA, PhD; Lisa A. Kaltenbach, MS; Monica Leyva, RCIS, MHA; Darren K. McGuire, MD, MHS; Rodica Pop-Busui, MD, PhD; Matthew A. Cavender, MD, MPH; Vanita R. Aroda, MD; Melissa L. Magwire, MSN, RN; Caroline R. Richardson, MD; Ildiko Lingvay, MD, MPH, MSCS; Julienne K. Kirk, BS, PharmD; Hussein R. Al-Khalidi, PhD; Laura Webb, BS, CCRP; Tanya Gaynor, MPAS, PA-C; Jonathan Pak, PharmD, MBA; Cagri Senyucel, MD, PhD; Renato D. Lopes, MD, PhD; Jennifer B. Green, MD; Christopher B. Granger, MD; for the COORDINATE–Diabetes Site Investigators; Coordinated Care to Optimize Cardiovascular Preventive Therapies in Type 2 Diabetes: A Randomized Clinical Trial. *JAMA*. 2023;329(15):1261–1270. doi:10.1001/jama.2023.2854.
207. Wolfson, J. A., Tse, J., Ho, A., Bowie, J., Maruthur, N., Richardson, C. R., & Trubek, A. Complex, Varied and Evolving Manifestations of Food Agency in Daily Life Among Diabetes Prevention Program Participants in Baltimore, Maryland. *Journal of Nutrition Education and Behavior*; 2023; 55(6); 404-418. <https://doi.org/10.1016/j.jneb.2023.02.010>.
208. Michele Heisler MD, MPA, Wendy T. Dyer MS, Holly Finertie MPH, Shelley C. Stoll MPH, Deanne Wiley BA, Cassie D. Turner MSW, Tali Sedgwick RD, Jeffrey Kullgren MD, Caroline R. Richardson MD, Monique Hedderson PhD, Julie A. Schmittiel MA, PhD. Using Peer Support to Prevent Diabetes: Results of a Pragmatic RCT. *American Journal of Preventive Medicine*. 2023; <https://doi.org/10.1016/j.amepre.2023.02.015>.
209. Robinson, S. A., Bamonti, P., Richardson, C. R., Kadri, R., & Moy, M. L. Rural disparities impact response to a web-based physical activity self-management intervention in COPD: A secondary analysis. *The Journal of Rural Health*; 2023; <https://doi.org/10.1111/jrh.12765>.
210. Bamonti, P. M., Robinson, S. A., Finer, E., Kadri, R., Gagnon, D., Richardson, C. R., & Moy, M. L. Chronic obstructive pulmonary disease access and adherence to pulmonary rehabilitation intervention (CAPRI): Protocol for a randomized controlled trial and adaptations during the COVID-19 pandemic. 2023. *Contemporary Clinical Trials*, 129: 1-7, 107203; <https://doi.org/10.1016/j.cct.2023.107203>.
211. Michele Heisler MD, MPA, Wendy T. Dyer MS, Holly Finertie MPH, Shelley C. Stoll MPH, Deanne Wiley BA, Cassie D. Turner MSW, Tali Sedgwick RD, Jeffrey Kullgren MD, Caroline R. Richardson MD, Monique Hedderson PhD, Julie A. Schmittiel MA, PhD. Using Peer Support to Prevent Diabetes (UPSTART): Results of a pragmatic randomized controlled trial. 2023; *American Journal of Preventive Medicine*; S0749-3797(23)00077-6. (Online ahead of print); <https://doi.org/10.1016/j.amepre.2023.02.015>.

212. Wright Nunes JA, Resnicow K, Richardson C, et al. Controlling Hypertension through Education and Coaching in Kidney Disease (CHECK-D): protocol of a cluster randomized controlled trial. *BMJ Open* 2023; 13:e071318. Doi: 10.1136/bmjopen-2022-071318.
213. Saslow, L, Jones, L, Sen, A, Wolfson, J, Diez H, O'Brien, A, Leung, C, Bayandorian, H, Daubenmier, J, Missel, A, Richardson, C. Comparing Very Low-Carbohydrate vs DASH Diets for Overweight or Obese Adults With Hypertension and Prediabetes or Type 2 Diabetes: A Randomized Trial. *The Annals of Family Medicine* May 2023, 21 (3) 256-263; DOI: 10.1370/afm.2968.

OTHER PEER-REVIEWED PUBLICATIONS

1. Thorpy M, Ehrenberg BL, Hening WA, Mahowald M, Malow BA, Phillips B, Richardson CR, Wellbery C. Restless Legs Syndrome: detection and management in primary care. NIH Publication No. 00-3788, March 2000.
2. Malani P, Kullgren J, Solway E, Lee P, Aikens J, Richardson C, Singer D, Kirch M, Smith E; National Poll on Healthy Aging Team. Mobile Health App Use Among Older Adults. National Poll on Aging, University of Michigan, February 2022.
https://deepblue.lib.umich.edu/bitstream/handle/2027.42/171628/0263_NPHA-health-apps-report-FINAL-02082022.pdf?sequence=4

BOOKS AND BOOK CHAPTERS

1. Rockafellow SD, Richardson CR, Mengel MB. Diabetes Mellitus, (in) Family Medicine Ambulatory Care and Prevention, 6th edition, (ed) Smith MA, Shimp LA, Schrager S. Lange Clinical Manual, McGraw-Hill, 2014, pages 643-59.

OTHER NON-PEER REVIEWED PUBLICATIONS

1. Waller A, Fochesato M, Bacolor JM. Physical Activity in pragmatic and : a status report on physical activity levels, current local interventions, strategies that work and recommendations for community action. Ypsilanti, Michigan, January 20, 2003. (Caroline Richardson was an Expert Review Team member and Statistical Consultant)
2. Pettee KK, Kriska AM, Richardson CR (Aug 31, 2004). Physical activity epidemiology from supercourse: epidemiology, the Internet and global health. Available online: <http://www.pitt.edu/~super1/lecture/lec16411/index.htm>
3. Management of Type 2 Diabetes Mellitus. Co-author. Audience: This self-study activity is appropriate for primary care clinicians and other health care providers providing care for adults with type 2 diabetes. (Available through the UM CME website: <http://ocpd.med.umich.edu/>) [(received 9,965-page views in 2014 (8/1/2012-7/16/2013))].

INVITED PRESENTATIONS

International

1. Richardson CR, November 2009, "Maybe It's the Egg?: A Dialogue Between Researchers and Chairs About Family Medicine Research, and How to Work, Survive, and Thrive Together." North American Primary Care Research Group 36th Annual Meeting; Montreal, Quebec, Canada.
2. External Exam Reviewer; Ghana College of Physicians and Surgeons; Accra, Ghana. Mar 2011

3. Richardson CR, December 2014, "Introduction to Regression Analysis." All India Institute for Medical Sciences, New Delhi, India.
4. Richardson CR, December 2014, "Introduction to Study Design." All India Institute for Medical Sciences, New Delhi, India.
5. Richardson CR, December 2014, "Essentials of Randomized Controlled Trial." All India Institute for Medical Sciences, New Delhi, India.
6. Janney CA, Owen R, Bowersox N, Ratz D, Masheb R, Kilbourne A, Richardson C, June 2015, "Bipolar Disorder Influences Weight Loss in the MOVE! Programs for Veterans." 17th Annual Conference of The International Society for Bipolar Disorders; Toronto, Canada.
7. Cohen A, Richardson C, Zick S, October 2015, "Evaluating use of a farmers market incentive program among low-income health center patients." 43rd North American Primary Care Research Group Annual Meeting, Cancun, Mexico.
8. Richardson CR, September 19, 2016, "Advances in Primary Headache Treatment." Korle-Bu Polyclinic Wards, Kumasi, Ghana.
9. Richardson CR, September 19, 22 and 23, 2016, "Diabetes Prevention and Low Carbohydrate Diets." Korle-Bu Polyclinic Wards, Kumasi, Ghana; Korle-Bu Polyclinic Wards, Accra, Ghana; and Polyclinic Wards, Akrowa Home for the Aged; RHI Clinic; Tetteh Quarshie Memorial Hospital, Eastern Region, Ghana.
10. Chiang C, Greenberg J, Richardson CR, April 2019, "From Anecdotes to Systems-Based Changes: Redesigning the Morbidity and Mortality Conference." Society of Teachers of Family Medicine (STFM) 2019 Annual Spring Conference, Toronto, ON.
11. Yost O, DeJonckheere M, Ling G, Kadri R, Buis, L, Richardson C, et al. November 2019, "Continuous Glucose Monitoring with a Low Carbohydrate Diet to Reduce Weight in Patients with Pre-Diabetes (Diabetes and endocrine disease)". Oral Presentation, NAPRG 2019 Annual Meeting, Toronto, ON, CA.
12. Richardson CR, November 2019, "Becoming a Better Reviewer (and Writer and Researcher, too)," Annals of Family Medicine Reviewer Workshop, NAPCRG 2019 Annual Meeting, Toronto, ON, CA.
13. Buis L, Rockey N, Kadri R, Plegue M, Danak S, Roberson D, Richardson C. November 2019, "Managing Hypertension in Primary Care with Clinical Pharmacists Supported by Mobile Health Tools." Oral Presentation, NAPRG 2019 Annual Meeting, Toronto, ON, CA.

National

1. Richardson CR, 1996, "Management of Chronic Hepatitis." Thomas Jefferson University, Department of Family Medicine; Philadelphia, PA.
2. Richardson CR, 1997, "Pediatric Anemia." Thomas Jefferson University, Department of Family Medicine; Philadelphia, PA.
3. Richardson CR, 1997, "The Exercise Prescription." Thomas Jefferson University, Department of Family Medicine; Philadelphia, PA.
4. Richardson CR, 1997, "Low Back Pain: An Evidence Based Approach." Thomas Jefferson University Department of Family Medicine; Philadelphia, PA.
5. Richardson CR, 1997, "Computers in the Office." Thomas Jefferson University Department of Family Medicine; Philadelphia, PA.
6. Richardson CR, 1997, "Zinc Gluconate and the Common Cold: A Prospective Meta- Analysis." Thomas Jefferson University Department of Family Medicine Committee on Research; Philadelphia, PA.

7. Richardson CR, February 1999, "Applying Feminist Principles to the Professional Practice of Medicine." University of Michigan Feminist Professional Practice Seminar; Ann Arbor, MI.
8. Richardson CR, February 2000, "The Exercise Prescription, Viral Hepatitis, and Pediatric Anemia." University of Michigan Family Practice Update; Boyne Highlands, MI.
9. Richardson CR, March 2000, "Physical Activity, Physical Fitness and Exercise in Chronic Illness." University of Michigan Robert Wood Johnson Clinical Scholars; Ann Arbor, MI.
10. Richardson CR, April 2000, "Restless Legs Syndrome: How Prevalent?" UPRNet Conference; Traverse City, MI.
11. Richardson CR, May 2000, "Beneficial Effects of Exercise in Disease: What is the Evidence?" University of Michigan Annual Spring Update in Internal Medicine; Ann Arbor, MI.
12. Richardson CR, July 2000, "Research Statistics." University of Michigan Research Workshop for Sports Medicine Fellows of the American Medical Society for Sports Medicine; Ann Arbor, MI.
13. Richardson CR, January 2001, "Logistic Regression Techniques." University of Michigan Robert Wood
14. Richardson CR, March 2001, "History of Childhood Sexual Abuse: Why Ask? University of Michigan Spring Family Practice Update; Ann Arbor, MI.
15. Richardson CR, April 2001, "The Benefits of Increasing Physical Activity in Low Income and High CV Risk Groups." University of Michigan Robert Wood Johnson Clinical Scholars; Ann Arbor, MI.
16. Richardson CR, December 2001, "Measuring Physical Activity in Diabetes Research." VA Health Services Research & Development; Ann Arbor, MI.
17. Richardson CR, May 2002, "Opportunities and Challenges in Working with Health-Related Secondary Data Sets: HRS/AHEAD Data." VA Health Services Research & Development; Ann Arbor, MI.
18. Richardson CR, November 2002, "Measuring Physical Activity and Fitness in Primary Care Research." North American Primary Care Research Group 2002 Annual Meeting; New Orleans, LA.
19. Richardson CR, March 2003, "Opportunities for Research for the Family Practitioner." MAFP Spring Residents' Conference; Livonia, MI.
20. Richardson CR, May 2003, "Survival Analysis: The Big Picture." University of Michigan Robert Wood Johnson Clinical Scholars; Ann Arbor, MI.
21. Richardson CR, September 2003, "Internet Screening Software and Information Accessibility." University of Michigan Family Practice Updates; Ann Arbor, MI.
22. Richardson CR, September 2003, "Depression and Physical Activity." University of Michigan Family Practice Updates; Ann Arbor, MI.
23. Richardson CR, January 2004, "Research in Family Medicine." St. Margaret Family Practice Fellows; Pittsburgh, PA.
24. Richardson CR, February 2004, "Physical Activity and Chronic Disease." Grand Rounds Conference, West Penn Hospital; Pittsburgh, PA.
25. Richardson CR, March 2004, "Physical Activity and Health." Forbes Regional Hospital; Monroeville, PA.
26. Richardson CR, March 2004, "Diabetes and Physical Activity." Nursing Horizons 2004: Innovations in Practice, School of Nursing, University of Pittsburgh; Pittsburgh, PA.
27. Richardson CR, April 2004, "What Can Physicians do to Prevent Diabetes?" Residency Research Network of South Texas (RRNeST); San Antonio, TX.

28. Richardson CR, April 2004, "Physical Activity: The Elixir of Life." Department of Family and Community Medicine, University of Texas Health Science Center; San Antonio, TX.
29. Richardson CR, September 2004, "Prevention of Type II Diabetes with Diet and Exercise." University of Michigan Update in Family Medicine; Ann Arbor, MI.
30. Richardson CR, October 2004, "Multidisciplinary Approaches to Anxiety and Depression." University of Michigan; Ann Arbor, MI.
31. Richardson CR, November 2004, "The Psychology of Pedometers." VA Health Services Research & Development; Ann Arbor, MI.
32. Richardson CR, February 2005, "The Art and Science of Goal Setting." University of Michigan Department of Family Medicine Research Meeting; Ann Arbor, MI.
33. Richardson CR, February 2005, "Medical Management of Obesity." University of Michigan; Ann Arbor, MI.
34. Richardson CR, February 2005, "Subjective Measures of Physical Activity." University of Michigan Nursing students taking the Physical Activity and Health in Nursing class; Ann Arbor, MI.
35. Richardson CR, February 2005, "Objective Measures of Physical Activity." University of Michigan Nursing students taking the Physical Activity and Health in Nursing class; Ann Arbor, MI.
36. Richardson CR, February 2005, "Measuring Physical Activity for Health Services Researchers." VA Health Services Research & Development Annual Meeting; Baltimore, MD.
37. Richardson CR, March 2005, "Stepping Up to Health: A Web-Based Intervention to Promote Walking in Patients with Diabetes." University of Michigan Center for Health Communications Research; Ann Arbor, MI.
38. Richardson CR, March 2005, "Lifestyle Change to Prevent Diabetes." University of Michigan SPH Students taking the Obesity and Eating Disorders Class, Ann Arbor, MI.
39. Richardson CR, April 2005, "Walk Your Talk Follow Up: A Lifestyle Invention Program Promoting Physical Activity and Health Eating in People with Serious Mental Illness." Washtenaw County Health Organization; Ann Arbor, MI.
40. Richardson CR, May 2005, "Energy and Metabolism in Human Growth & Development." University of Michigan; Ann Arbor, MI.
41. Richardson CR, June 2005, "Stepping Up to Health." University of Michigan Michigan Diabetes Research and Training Center; Ann Arbor, MI.
42. Richardson CR, August 2005, "Chronic Case Discussion." University of Michigan Department of Family Medicine 3rd Year Medical Students; Ann Arbor, MI.
43. Richardson CR, October 2005, "Energy Balance." University of Michigan; Ann Arbor, MI.
44. Richardson CR, October 2005, "Promoting Physical Activity in Primary Care." University of Michigan Sports Medicine for the Primary Care Physician; Ann Arbor, MI.
45. Richardson CR, October 2005, "Medical and Public Health Response to Disaster." University of Michigan Department of Family Medicine; Ann Arbor, MI.
46. Richardson CR, October 2005, "Physical Activity and Health." University of Michigan Nurse Practitioner students; Ann Arbor, MI.
47. Richardson CR, October 2005, "Stepping Up to Health: A Progress Report." University of Michigan Center for Health Communications Research; Ann Arbor, MI.

48. Richardson CR, November 2005, "Center of Excellence in Cancer Communications Research Project Demonstration: Stepping Up to Health." University of Michigan Center of Excellence in Cancer Communications Research Awards Conference; Ann Arbor, MI.
49. Richardson CR, November 2005, "Automated Physical Activity Self-Monitoring." Behavioral Cardiovascular Center, Columbia University; New York, NY.
50. Richardson CR, December 2005, "Veterans Walk for Health Study: Overview and Recruitment Objectives." Memphis VA, Veterans Walk for Health staff; Memphis, TN.
51. Richardson CR, January 2006, "Veterans Walk for Health Study: Overview and Recruitment Objectives." Oklahoma City VA, Veterans Walk for Health staff; Oklahoma City, OK.
52. Richardson CR, January 2006, "Interpersonal Violence and Abuse: Introduction and Epidemiology." University of Michigan; Ann Arbor, MI.
53. Richardson CR, January 2006, "Careers in Family Medicine. University of Michigan Multi- Cultural Pre-Health Association; Ann Arbor, MI.
54. Richardson CR, January 2006, "Stepping Up to Health: A Web Based Walking Program for People with Diabetes." University of Michigan Robert Wood Johnson Clinical Scholars Program; Ann Arbor, MI.
55. Richardson CR, February 2006, "Enhancing Adherence by Building eCommunities." University of Michigan Department of Family Medicine; Ann Arbor, MI.
56. Richardson CR, February 2006, "The Veterans Walk for Health Study: Design and Recruitment." Tucson VA, Healthcare Providers; Tucson, AZ.
57. Richardson CR, February 2006, "Veterans Walk for Health." Kansas VA, Department of Medicine; Topeka, KS.
58. Richardson CR, February 2006, "Survival Analysis." University of Michigan Robert Wood Johnson Clinical Scholars Program; Ann Arbor, MI.
59. Richardson CR, April 2006, "Planning Data Analysis. Society of Teachers of Family Medicine Faculty Development Series Workshop II: Research Skills, Getting Started with the Basics. Society of Teachers of Family Medicine 2006 Annual Meeting; San Francisco, CA.
60. Richardson CR, April 2006, "Getting Your Proposal Accepted: Tips From the Reviewers." Members of the Society of Teachers of Family Medicine Program Committee and the Society of Teachers of Family Medicine Research Committee. Society of Teachers of Family Medicine 2006 Annual Meeting; San Francisco, CA.
61. Richardson C, Reed B, Lindbloom E, April 2006, "Career Development Awards: What Are They and How Do I Get One?" Society of Teachers of Family Medicine 2006 Annual Meeting; San Francisco, CA.
62. Richardson CR, May 2006, "Energy and Metabolism in Human Growth & Development." University of Michigan; Ann Arbor, MI.
63. Richardson CR, May 2006, "Preventive Medicine Overview, Definitions and Recommendations." University of Michigan Department of Family Medicine; Ann Arbor, MI.
64. Richardson CR, June 2006, "Physical Activity and Technology." Reaching Out – Innovations in Technology Symposium, American Diabetes Association's 66th Scientific Session; Washington, DC.
65. Richardson CR, August 2006, "Care of the Obese Patient." University of Michigan Department of Family Medicine; Ann Arbor, MI.
66. Richardson CR, September 2006, "Physical Activity and Health." University of Michigan Nurse

- Practitioner students; Ann Arbor, MI.
67. Richardson CR, October 2006, "Energy Balance: Promoting Physical Activity Behavior Change." University of Michigan; Ann Arbor, MI.
 68. Richardson CR, October 2006, "Sports Medicine for the Primary Care Physician: Integrating Exercise Promotion into Primary Care Practice." University of Michigan Family Practice Updates; Ann Arbor, MI.
 69. Richardson CR, Mehari KS, Fortlage LA, Janney AW, Sen A, Piette J, November 2006, "Bout Steps vs. Total Steps for Pedometer Goal Setting (poster)." University of Michigan Center for the Advancement of Clinical Research, Human Subjects Research-Networking Expo; Ann Arbor, MI.
 70. Richardson CR, December 2006, "Stepping Up to Health: An Update." University of Michigan Center for Health Communications Research; Ann Arbor, MI.
 71. Richardson CR, January 2007, "Stepping Up to Health With Chronic Pain." University of Michigan Chronic Pain and Fatigue Research Center; Ann Arbor, MI.
 72. Richardson CR, March 2007, "Physical Activity, Health & Well-being." University of Michigan Update in Integrative Medicine; Ann Arbor, MI.
 73. Richardson CR, April 2007, "Getting Your Proposal Accepted: Tips from the Reviewers." Society of Teachers of Family Medicine Research Committee. Society of Teachers of Family Medicine 40th Annual Spring Conference; Chicago, IL.
 74. Richardson CR, April 2007, "Research Career Development Award Opportunities." Society of Teachers of Family Medicine Research Committee (poster). Society of Teachers of Family Medicine 40th Annual Spring Conference; Chicago, IL.
 75. Richardson CR, April 2007, "Stepping Up To Health - Progress on Expanding the Reach." University of Michigan 2007 Center of Excellence in Cancer Communications Research Annual Meeting; Ann Arbor, MI.
 76. Richardson CR, August 2007, "Rabies." University of Michigan, Department of Family Medicine; Ann Arbor, MI.
 77. Richardson CR, December 2007, "Update on Physical Activity Research." University of Michigan, Department of Family Medicine; Ann Arbor, MI.
 78. Richardson CR, February 2008, "Internet-mediated Interventions and Physical Activity." Graduate Students, Physical Activity Epidemiology Study (Andrea Kriska), University of Pittsburgh; Pittsburgh, PA.
 79. Richardson CR, March 2008, "Stepping Up to Health: An Internet Mediated Walking Program for People with or at Risk for Heart Disease." Geisinger Center for Health Research; Harrisburg, PA.
 80. Richardson CR, May 2009, "Conducting Behavioral Intervention Research on the Internet - Advantages and Challenges." Michigan Family Research Day; Brighton, MI.
 81. Usatine R, Burge S, Richardson C, Schirmer J, Nolte T, May 2009, "Share Your Work and Build Community Using STFM's Family Medicine Digital Resources Library (FMDRL)." Society of Teachers of Family Medicine 42nd Annual Spring Conference; Denver, CO.
 82. Richardson CR, May 2009, "Statistics 101 for Family Medicine." Society of Teachers of Family Medicine 42nd Annual Spring Conference; Denver, CO.
 83. Richardson CR, July 2009, "Impact of Adding an Online Community to an Internet Mediated Walking Program." University of Michigan Center for Health Communications Research; Ann Arbor, MI.
 84. Richardson CR, October 2009, "Sports Medicine for the Primary Care Physician: Integrating Exercise Promotion into Primary Care Practice." University of Michigan Family Practice Updates; Ann Arbor, MI.

85. Richardson CR, April 2010, "Internet-Mediated Interventions to Promote Physical Activity." University of Michigan, Department of Physical Medicine and Rehabilitation; Ann Arbor, MI.
86. Richardson CR, June 2010, "Internet-Mediated Physical Activity Promotion." Blue Cross Blue Shield of Michigan; Southfield, MI.
87. Richardson CR, October 2010, "Cost Effective Physical Activity Promotion in Primary Care." Department of Family Medicine Grand Rounds, St. Joseph Mercy Hospital; Ypsilanti, MI.
88. Richardson CR, April 2011, "Move More; Eat Less – Improving women’s health and lowering the national debt with diet and exercise." Department of Family Medicine Women’s Health Seminar; Ann Arbor, MI. (Invited Speaker)
89. Richardson CR, Zulman D, Smith R, Damschroder L, Resnick PJ, Goodrich D, June 2011, " Large Scale Implementation Issues In Automated Internet-Mediated Walking Interventions." 2nd Biennial Conference of the Society for Ambulatory Assessment, Assessing Real-World Impact of Clinical Interventions and Outcomes: The Science of Ambulatory Assessment; Ann Arbor, MI.
90. Richardson CR, September 2011, "Automating Self-Regulation Tools for Physical Activity." University of Michigan Division of General Pediatrics CHEAR Unit; Ann Arbor, MI.
91. Richardson CR, October 2011, "Sports Medicine for the Primary Care Physician: Office Promotion of Exercise: Evidence-Based Recommendations." University of Michigan Family Practice Updates; Ann Arbor, MI.
92. Damschroder LJ, Richardson CR, March 2012, "The MOVE! Program: Addressing Obesity in the Ambulatory Care Setting – A Team Approach." Evidence Based Practice Conference, Saint Joseph Mercy Healthcare System; Ann Arbor, MI.
93. Richardson CR, March 2012, "Use of the Internet to Improve Physical Activity." American College of Cardiology 61st Annual Scientific Session; Chicago, IL.
94. Richardson CR, May 2012, "Increasing Physical Activity to Improve Health and Decrease Cost." Title IX at 40: Progress and Promise, Equity for All; Ann Arbor, MI.
95. Richardson CR, Damschroder L, July 2012, "Implementing Diabetes Prevention in VA – Expanding the Reach." VA HSR&D/QUERI National Conference 2012; National Harbor, MD.
96. Richardson CR, September 2012, "Physical Activity in Chronic Disease: Benefits and Barriers." MOVE! Quarterly Educational Teleconference Call, VA; Ann Arbor, MI.
97. Richardson CR, October 2012, "Remote Objective Monitoring of Physical Activity: Moving from Assessment to Intervention." Consortium of Academic Health Centers for Integrative Medicine Annual Meeting; Washington, DC.
98. Richardson CR, October 2012, "Office Promotion of Exercise: Evidence-Based Recommendations." University of Michigan Sports Medicine for the Primary Care Physician; Ann Arbor, MI.
99. Richardson CR, October 2012, "Using Technology to Promote Healthy Lifestyles." University of Michigan Update in Family Medicine; Ann Arbor, MI.
100. The Society of Behavioral Medicine Annual Meeting; Scientific Sessions Reviewer and Moderator. Mar 2013 – present.
101. Richardson CR, January 2013, "Physical Activity and COPD." Pulmonary Research Conference; Division of Pulmonary and Critical Care, University of Michigan Health System; Ann Arbor, MI.
102. Richardson CR, March 2013, "Effective Dietary Strategies for Prevention - What's New & Future Directions: Technology and Informatics for Lifestyle Modification." American College of Cardiology

- 6nd Annual Scientific Session; San Francisco, CA.
103. Richardson CR, March 2014, "Pedometers in Context: Leveraging Health Coaches." University of Michigan, Creating Wellness: Integrative Medicine in Primary Care; Ann Arbor, MI.
 104. Richardson CR, April 2014, "Engaging Peers as Coaches in Diabetes Care/Prevention." Society of Behavioral Medicine 35th Annual Meeting; Philadelphia, PA.
 105. Richardson CR, April 2014, "An Internet-mediated Walking Program for Vets with COPD." Society of Behavioral Medicine 35th Annual Meeting; Philadelphia, PA.
 106. Richardson CR, April 2014, "Using Theory in Implementation Science." Society of Behavioral Medicine 35th Annual Meeting; Philadelphia, PA.
 107. Richardson CR, May 2014, "Using Objective Monitoring in Physical Activity Behavior Change Counseling." ACSM 61st Annual Meeting; Orlando, FL.
 108. Richardson CR, October 2014, "Promoting Physical Activity in Primary Care." University of Michigan, Sports Medicine for the Primary Care Physician; Ann Arbor, MI.
 109. Richardson CR, January 2015, "VA Diabetes Prevention Plan." Family Medicine Grand Rounds, Case Western Reserve University, Cleveland, OH.
 110. Cohen, AJ, Richardson CR, Hesterman OB, Bair RC, Murphy E, Zick SM, April 2015, "Evaluating Use of a Healthy Food Incentive Program among Low-Income Families at a Community Health Center in Southeast Michigan." Society of Teachers of Family Medicine Annual Spring Conference, Orlando, Florida. (Poster)
 111. Cohen, AJ, Richardson CR, Heisler, M, Davis, MM, Hesterman OB, Bair RC, Murphy E, Zick SM, June 2015, "Evaluating use of a healthy food incentive program among low- income families at a health center in Southeast Michigan." Academy Health Annual Research Meeting, Minneapolis, Minnesota. (Poster)
 112. Cohen A, Richardson C, Bair Rachel, Hesterman O, Zick S, November 2015, "Evaluating use of a healthy food incentive program among low-income health center patients." American Public Health Association Annual Meeting, Chicago, Illinois. (Poster)
 113. Richardson CR, May 2016, "A Pragmatic Partnered Approach to Prevent Diabetes Mellitus." St. Margaret, University of Pittsburgh, Pittsburgh, PA.
 114. Damschroder L, Richardson CR, March 2019, "Gender differences in self-reported physical activity levels compared to objective measures from a Fitbit tracking device." Society of Behavioral Medicine 40th Annual Meeting; Washington, DC. (Poster)
 115. Griauzde D, Richardson CR, March 2019, "A Pilot Study of a Low-Carbohydrate Diabetes Prevention Program Among People with Prediabetes." Society of Behavioral Medicine 40th Annual Meeting; Washington, DC. (Poster)
 116. Richardson CR. March 2020, "Interacting with PCP/DM Care Provider". Virtual Presentation, DCRI COORDINATE, Duke University, Durham, NC.
 117. Richardson CR. June 2020. "Management of Diabetes Mellitus". Michigan Quality Improvement Consortium (MQIC), University of Michigan Medical School. [Virtual due to COVID-19]
 118. Richardson CR. September 2020. "Treating Diabetes – Cardiology Patients with COVID- 19." Michigan State Medical Society Fall Symposium. [Virtual due to COVID-19]
 119. Richardson CR, September 16, 2020, "Michigan Collaborative for Type 2 Diabetes (MCT2D)." Quality Department, University of Michigan Health System; Ann Arbor, MI. [Presented virtually due to

COVID-19].

120. Richardson, CR. December 17, 2020, "Using Continuous Glucose Monitoring to Support Healthy Behavior Change in Type 2 Diabetes." University of Alabama Diabetes Research Center: Diabetes Plenary Lecture Series; Birmingham, AL.
121. Richardson CR, Aikens J, Rau J, February 2021, "New Statewide Quality Initiatives with an Outpatient Focus: The Michigan Collaborative for Type 2 Diabetes." Department of Family Medicine Research Meeting, University of Michigan, [Virtual due to Covid-19].
122. Richardson CR, Bullock Ann, February 2021, "PMIG and LANAMA Diabetes Prevention and Management in Native Communities." Preventive Medicine Interest Group (PMIG), University of Michigan; Ann Arbor, MI.
123. Richardson CR, March 31, 2021, "Physical Activity and Nutrition." Nutrition Students, Kinesiology and School of Public Health, University of Michigan; Ann Arbor, MI.
124. Richardson CR, April 15, 2021, "Pragmatic and Behavioral Interventions Studies 45' + 10' Q&A." Clinical Trials Academy, Internal Medicine, University of Michigan; Ann Arbor, MI. [Presented virtually due to COVID-19].
125. Richardson CR. April 15, 2021. "New Tools for Metabolic Rehabilitation." Diabetes Management: Partnerships That Can Improve Patient Outcomes, 10th Michigan State Medical Society Annual Spring Scientific Meeting. [Virtual due to COVID-19]
126. Richardson CR, September 24, 2021, "Type 2 Diabetes in Michigan." Michigan Collaborative for Type 2 Diabetes (MCT2D) Kickoff Meeting; Ann Arbor, MI. [Virtual Presentation]
127. Richardson CR, October 26, 2021, "Adults with, or at risk for Type 2 Diabetes." Executive Committee on Clinical Affairs (ECCA), Diabetes Mellitus Guidelines for Clinical Care Ambulatory, Quality Department, Michigan Medicine, University of Michigan, Ann Arbor, MI. [Presented Virtually].
128. Richardson CR, March 17, 2022, "Pragmatic and Behavioral Interventions Studies." Clinical Trials Academy, Internal Medicine, University of Michigan, Ann Arbor, MI. [Virtual]
129. Richardson CR. March 25, 2022. "Challenges and Opportunities in Medical Academic Publishing from the Editor of Annals of Family Medicine." Department of Family and Community Medicine, Thomas Jefferson University. [Virtual]
130. Richardson CR. September 22, 2022. "Anti-Racism and Health Equity: The Role of Family Medicine Journals." AAFP/Family Medicine Experience (FMx). Chicago, IL.
131. Richardson CR. November 20, 2022. "Anti-racism in Family Medicine Research." North American Primary Care Research Group (NAPCRG). Phoenix, AZ.

GRANTS

Present and Active:

NIH, R01 DK115844-01

Improving Outcomes in Kidney Disease Using Systems-Driven Education and Coaching

Principal Investigator: Wright, 12/2017-11/2022, Co-Investigator, \$2,903,150 (0.48 Cal Mos.)

463066, American Academy of Family Physicians

Annals of Family Medicine Journal

Principal Investigator: Richardson, 06/2019-11/2024, \$687,075 (3.0 Cal Mos.)

Craig H. Neilsen Foundation, 725003

Utilization and Feasibility of Continuous Glucose Monitoring to Facilitate Self-Management Skills Among Adults with SCI

Principal Investigator: McKee, 04/2021-04/2023, Co-Investigator, \$200,000 (0.36 Cal Mos.)

NIH, R01 DK 125792

Testing a very low-carbohydrate diet version of the Diabetes Prevention Program to reduce risk factors for type 2 diabetes Principal Investigator: Saslow, 08/2021-04/2026, Co-Investigator, \$2,472,540 (0.24 Cal Mos.)

Centers for Disease Control & Prevention, 2 U58 DP 006254 06

Supporting, Maintaining and Improving the Surveillance System for Chronic Kidney Disease in the U.S.

Principal Investigator: Saran, 09/2021-09/2026, Co-Investigator, \$1,200,000 (0.12 Cal Mos.)

NIH, R01, AWD022068; 22-PAF02292

A Biopsychobehavioral Investigation of Withdrawal from Ultra-Processed Foods in Humans

Principal Investigator: Gearhardt, 09/2022-06/2027, Co-Investigator, \$3,336,350 (.30 Cal Mos.)

21- PAF02409, NIH

Optimizing Use of Advanced Diabetes Technology for Self-Management in Adolescents with Type 1 Diabetes: Integration of Real-Time Glucose and Narrative Data

Principal Investigator: DeJonckheere, 09/2022-09/2027, Advisor, \$756,340 (0.00 Cal Mos.)

Pending:**22-PAF04200, NIH/Subcontract to Beth Israel Deaconess Medical Center**

Mindful Steps: A Web-Based Mind-Body Exercise Intervention to Promote Physical Activity in Chronic Cardiopulmonary Disease

Principal Investigator: Yeh, 10/2022-09/2027, Co-Investigator, \$624,000 (0.6 Cal Mos.)

22-PAF02297, Dept. of Veteran Affairs

The Effect of a Combined Technology-Mediated Walking and Tai Chi Intervention on Physical Function in Veterans with COPD and Co-occurring Dyspnea and Chronic Musculoskeletal Pain

Principal Investigator: Moy, 07/2022-06/2026, Co-Investigator, \$299,992 (0.24 Cal Mos.)

21-PAF08426, NIH/NIA

Daily Experiences Among Couples Living with Early-Stage Dementia and Multimorbidity: Dyadic Links to Self-Management and Well-Being Over Time

Principal Investigator: Polenick, 04/2022-03/2027, Co-Investigator, \$3,607,260 (0.60 Cal Mos.)

21-PAF04122, NIH

The simultaneous evaluation of intervention factors of a diet and lifestyle program for adults with a triple multimorbidity (overweight or obesity, hypertension, and prediabetes or type 2 diabetes_

Principal Investigator: Saslow, 12/2021-11/2026, Co-Investigator, \$3,685,343 (0.60 Cal Mos.)

23-PAF00272, Department of Defense/Subcontract from University of Michigan

Continuous Glucose Monitoring for People with Spinal Cord Injury and Type 2 Diabetes.

Principal Investigator: Michelle Meade, PhD., 09/2023-09/2026, \$74,885.

Previous:**American Academy of Family Practice Foundation***Restless Legs Syndrome in Primary Care Survey Study*

Principal Investigator, 01/01/01-03/01/02, \$6,000 total costs

Michigan Retirement Research Center*Implications of High Risk Health Behaviors on Work-Force Participation: Disability, Retirement, and Lost Productivity*

Principal Investigator: Langa, 10/01/01-09/30/02, Co-Investigator, \$50,000 total costs

Kaiser Family Foundation Grant*Effect of Internet Filters on Access to Health Information*

Principal Investigator: Resnick, 01/01/02-12/31/02, Co-Investigator, \$185,706 total costs

VA Ann Arbor Healthcare System*Pilot Testing of a New Tool for Exercise Intervention and Measurement*

Principal Investigator, 07/01/02-08/01/03

VA Ann Arbor Healthcare System LIP 41-102*Feasibility of a Step Count Feedback and Weight Loss Counseling Intervention*

Principal Investigator, 08/01/03-09/01/04, \$10,000 total costs

VA Ann Arbor Healthcare System LIP 41-106*Validity of the Step-Count Monitoring Devices* Principal Investigator, 08/01/03-09/01/04, \$10,000 total costs**Department of Epidemiology – University of Pittsburgh Graduate School of Public Health***Validation of Objective Physical Activity Measures in Mobile Older Adults*

Principal Investigator: Storti, 12/01/03-06/30/04, Co-Investigator, \$8,333 total costs

Department of Veterans Affairs Rehabilitation Research and Development Program D3358R*Does Step-Count Feedback Enhance Counseling for Weight Loss?*

Principal Investigator, 01/01/05-12/31/07, \$664,329 total costs

Center for Health Communications Research – University of Michigan (Direct sponsor)

NCI Center of Excellence in Cancer Communications Research (CECCR) (Prime sponsor)

Tailoring on Objectively Measured Physical Activity

Principal Investigator, 02/01/05-08/31/05, \$20,000 total costs

Michigan Diabetes Research and Training Center 5P60 DK020572*Automated Step-count Feedback to Promote Physical Activity in Diabetes*

Principal Investigator, 04/01/05-03/31/06 (no cost ext 08/01/06), \$42,500 total costs

Center for Health Communications Research, University of Michigan*Stepping Up to Health: Expanding the Reach*

Principal Investigator, 01/01/06-12/31/06 (no cost ext 06/01/07), \$49,180 total costs

University of Michigan Metabolomics and Obesity Center*Motivational Interviewing for Weight Loss Maintenance*

Principal Investigator: Djuric, 10/15/07-10/14/08, Co-Investigator, \$50,000 total costs (concurrent with K-grant)

University of Michigan School of Medicine*The Women's Healthy Lifestyle Study*

Principal Investigator: Djuric, 12/01/07-12/31/08, Co-Investigator, \$28,820 total costs (concurrent with K-grant)

VA*Using a Functional Assessment to Optimize Oxygen Therapy in Chronic Lung Disease*

Principal Investigator: Cohen, 01/01/08-12/31/08, Consultant, \$49,600 total costs

VA Center for Clinical Management Research QUERI QLP41-018*THRIVE Pilot: Tele-counseling Healthy Routines in Veterans through Encouragement*

Principal Investigator: Damschroder, 03/01/08-12/31/08, consultant, \$22,550 total directs

Robert Wood Johnson Foundation 57408*Enhancing Adherence by Building eCommunities*

Principal Investigator, 07/01/06-06/30/09, \$300,000 total costs

NIH – NHLBI 1 K23 HL075098*Motivational Feedback to Increase Walking Adherence*

Principal Investigator, 09/30/04-12/31/09, \$875,868 total costs

NIH – NIDDKD 1 R18 DK066166*Effective Care Management of Depressed Diabetes Patients*

Principal Investigator: Piette, 05/01/05-04/30/10, Co-Investigator, \$2,766,693 total costs

Michigan Institute for Clinical and Health Research*Translating an Internet-Mediated Walking Program into a Feasible Clinical Practical Tool*

Principal Investigator, 09/01/07-08/31/08 (no cost ext 8/31/10), \$100,000 total costs

NIH R03 DK083332-01*A Pilot Lifestyle Intervention for Women with Histories of GDM: The PEG Study*

Principal Investigator: Kim, 04/01/09-03/31/11, Co-Investigator, \$100,000

VA Health Services Research and Dev. RRP 10-177*Evaluation of CCHT-Weight Management Program Implementation*

Principal Investigator: Richardson, 06/01/10-09/30/11, \$92,683 total costs

VA Health Services Research and Dev.*OEF/OIF Veteran Preferences for and Feasibility of Automated Physical Activity Interventions: A Pilot Study*

Principal Investigator: Richardson, 03/01/11-02/28/12, \$50,000 total costs

VA Health Services Research and Dev. IIR 07-177*Veterans Walk to Beat Back Pain*

Co-Principal Investigator (w/Krein), 01/01/09-03/31/12, \$897,500 total costs

NIH/NIMH 1R01MH078052-01A1*Health Promotion and Fitness for Younger and Older Adults with SMI*

Principal Investigator: Bartels, 05/31/07-04/30/12, Consultant, \$3,205,650 total costs

NIH R01DK081345*An Objective Measure of Physical Activity in the DPPOS: The Accelerometry Ancillary Study*

Principal Investigator: Kriska, 07/15/09-06/30/12, Consultant, \$1,571,744 total costs

NIH/NIDDK P30 DK089503*Nutrition and Obesity Research Centers*

Principal Investigator: Burant, 07/01/10-06/30/12*, Co-Investigator, \$5,793,750 total costs* Grant ends 6/30/15; Dr. Richardson's role ended 6/30/12

VA Health Services Research and Dev. IBB 09-034*ASPIRE: Coaching Veterans to Health Weights and Wellness*

Principal Investigator: Lowery, 07/01/09-07/31/12, Co-Investigator, \$1,425,900 total costs

RWJ Scholar's Program

Principal Investigator: Hayward, 07/01/09-07/31/12, Co-Investigator, \$452,886

NIH/NCMHHD P60 MD002249*Michigan Center for Integrative Approaches to Health Disparities*

Principal Investigator: Diez Roux/Schultz (Co-PIs), 09/01/10-08/31/12, Co-Investigator, \$901,687 total costs

NIH/NIDDKD 5P60DK020572*Michigan Diabetes Research and Training Center Grant: Behavioral, Clinical and Health Systems (BCHS) Intervention Research Core*

Principal Investigator: Anderson, 02/01/08-01/31/13, Consultant, \$685,040 total costs

Elizabeth Caroline Crosby Fund*Academic Coaching to Gain Research Leadership Skills*

Principal Investigator: Richardson, 02/24/12-02/23/13, \$7,900 total costs

NIH/NCMHHD R24MD001619*HEP Community Approaches to Cardiovascular Health: Pathways to Heart Health*

Principal Investigator: Schulz, 07/01/08-02/28/13, Consultant, \$1,163,138 total costs

VA Health Services Research and Dev. IIR 09-366 (Merit Award I01HX000332)*Effectiveness of an Automated Walking Program Targeting Veterans with COPD*

Principal Investigator: Richardson, 08/01/10-07/31/13, \$898,927 total costs

NIH/NCI R21CA152247-01A1*A Randomized Control Trial of Tobacco Tactics for Operating Engineers*

Principal Investigator: Duffy, 09/13/11-08/31/13, Co-Investigator, \$200,000 total costs

AHRQ R18-HS-019256

Technologically Enhanced Community Health Worker (CHW) Delivery of Personalized Diabetes Treatment Information

Principal Investigator: Heisler, 09/30/10-09/29/13, Co-Investigator, \$1,499,914 total costs

VA Health Services Research and Dev. SDR 13-230

VA Diabetes Prevention: Augmenting the VA Diabetes Prevention Clinical Demonstration Project with a Web Based Option

Principal Investigator: Richardson, 04/01/13-09/30/13, \$256,000

Robert Wood Johnson Foundation 69925

Testing the Effectiveness of Public Announcement of Physical Activity Goals

Principal Investigator: Richardson (w/Resnick), *04/01/12-09/30/13, \$100,000 total costs

VA RRP 12-440

VA Diabetes Prevention: Epidemiology of Pre-Diabetes and Implementation Pilot

Principal Investigator: Richardson, 11/01/12-10/31/13, \$167,782

RWJ Clinical Scholar's Program 11613

Principal Investigator: Hayward, 07/01/12-06/30/14, Co-Investigator, \$1,196,370

VA Career Development/Research Career Scientist 6847

Improving Exercise Capacity and HRQL in Veterans with COPD

Principal Investigator: Moy, 10/01/09-09/30/14, mentor, \$1,100,000 total costs

VA DIB 98-001

QUERI on Diabetes

Principal Investigator: Richardson (effective 7/17/13), 06/01/98-04/30/15, \$4,198,994

VA National Ctr for Health Promotion and Disease Prevention (NCP) XVA 41-048

VA Diabetes Prevention Program Demonstration Project and Evaluation

Principal Investigator: Damschroder, 01/01/12-09/30/15, Co-Investigator effective 4/30/15* (previously Principal Investigator before leaving the VA on 4/30/15), \$800,000 total costs

AJPM Board of Governors 030820

American Journal of Preventive Medicine

Principal Investigator: Boulton, 05/01/15-09/30/15, Co-Investigator

VA Health Services Research and Dev. SDP 12-549

VA Diabetes Prevention: Enhanced Implementation Evaluation

Principal Investigator: Damschroder, 11/0/13-10/31/15, Co-Investigator effective 4/30/15* (previously Principal Investigator before leaving the VA on 4/30/15), \$699,341 total costs

VA Career Development/Research Career Scientist (6847)

Improving Exercise Capacity and HRQL in Veterans with COPD

Principal Investigator: Moy, 11/10/10-11/09/15, Mentor

Blue Cross and Blue Shield of Michigan Foundation

Healthy Blue Living Walkingspree Outcomes Study

Principal Investigator: Richardson, 03/01/14-02/28/15 (no cost ext 11/30/15), \$75,000 total costs

NIH/NIDDK R18DK08829401A

Enhancing Informal Caregiving to Support Diabetes Self-Management

Principal Investigator: Aikens, 05/01/11-03/31/16, Co-Investigator, \$2,904,729 total costs

FAIN 1R36HS023719-01A1

Physician Practice Variation in Electronic Health Record Use

Principal Investigator: Genna Cohen, 07/01/15-06/30/16, Mentor, \$42,289

NIH/NIDDK 1P30DK092926-01

Michigan Center for Diabetes Translational Research (MDRTC)

Principal Investigator: Herman, 09/06/11-08/30/16, Co-Investigator (Core C), \$2,642,350 total costs

University of Michigan Medical School

Crowdfunding (Strategic Plan)

Principal Investigator: Zick, 01/01/16-12/31/17, Co-Investigator

VA Merit Award CRE 12-305

Stay Strong: A Physical Activity Program for Afghanistan and Iraq Veterans (Project #3 of the Durham HSR&D CREATE Program Submission)

Principal Investigator: Damschroder, 07/01/13-06/30/18, Co-Investigator effective 4/30/15* (previously Principal Investigator before leaving the VA on 4/30/15), \$1,344,062NIH 2R24MD001619-09

Community Approaches to Cardiovascular Health (CATCH): Dissemination Phase

Principal Investigator: Schulz/Israel, 07/09/13-02/28/18 NCX, Co-Investigator, \$885,189

University of Michigan MICHR

Utilizing Consumer Health Informatics to Support Management of Hypertension by Clinical Pharmacists in Primary Care

Principal Investigator: Buis, 07/01/15-03/31/18 NCX, Co-Investigator, \$50,000

VA Rehabilitation Research and Dev. (VA Boston Healthcare System) O1150-R

The Effect of Physical Activity Promotion on Short and Long-term Outcomes in COPD

Principal Investigator: Moy, 02/01/15-01/31/19, Co-Investigator, \$1,094,498

Robert Wood Johnson Foundation

Robert Wood Johnson (RWJ) Scholar's Program 2015-2018

Principal Investigator: Hayward, 07/01/15-06/30/19, Co-Investigator, \$1,189,400

AJPM Board of Governors 030820

American Journal of Preventive Medicine

Principal Investigator: Boulton, 01/01/17-12/31/19, Co-Investigator

Kaiser Permanente/NIH 1-R18 DK11340301

UPSTART: Using Peer Support to Aid pRevenTion of Diabetes

Principal Investigator: Heisler, 04/01/17-06/31/19, Co-Investigator, \$2,022,843

NIH/NCI R01HL127215

MI-BP: mHealth to Improve Blood Pressure Control in Hypertensive African Americans

PI, 06/01/16 – 05/31/21, \$2,970,128

IP-X Research Stimulus Program

Stemming a Public Health Crisis: Using an Interprofessional Approach to Compare the Effectiveness of Two Different Diet and Lifestyle Interventions for Adults with Overweight or Obesity, Hypertension and Prediabetes or Type 2 Diabetes

Principal Investigator: Saslow, 04/01/18-03/31/20, Co-Investigator, \$250,000

VA Health Services Research & Development, Career Development Award-2 Veterans With Diabetes: Improving Physical Activity & Participation

Principal Investigator: Lee, 01/01/15-12/31/19, Mentor, \$1,275,961

234269

University of Michigan Department of Family Medicine Building Block Grant

Continuous Glucose Monitoring with a Low Carbohydrate Diet to Reduce Weight in Patients with Pre-Diabetes

Principal Investigator: Richardson, 08/01/18-12/31/19, \$25,000

VA Career Development Award, Internal Medicine-Geriatrics, University of Michigan/VA Center for Clinical Management Research

Veterans with Diabetes Mellitus: Improving Physical Activity and Participation.

Principal Investigator: Pearl Lee, 01/01/15-12/31/19, Mentor, \$49,913

Beth Israel Deaconess Medical Center/NIH R34 AT009354

Coupling Technology and Mind-body Exercise to Facilitate Physical Activity in Chronic Cardiopulmonary Disease

Principal Investigator: Yeh, 07/15/13-06/30/20 (NCX), UM Site PI, \$175,384

VA Health Services Research & Development, Career Development Award-2 Improving Veteran Engagement in Diabetes Prevention

Principal Investigator: Kullgren, 04/01/15-03/31/20, Mentor, \$836,008

NIH/University of Alabama @ Birmingham R01 AG045136

An Internet Based Walking Program for Patients with Peripheral Arterial Disease

Principal Investigator: Jackson, 06/15/13-05/31/21, UM Site PI, \$297,538

NIH/NIDDK P30 DK092926

Michigan Center for Diabetes Translational Research (MDRTC)

Principal Investigator: Herman, 09/20/16-07/31/21, Co-Investigator (Core C), \$2,331,975

391099 Twine Clinical Consulting, LCC

Achieving Improved Control of Blood Glucose among Type 2 Diabetes Patients Through Continuous Glucose Monitoring & Care Coordinator-Mediated Gains in Patient Self-Management Sophistication
Principal Investigator: Richardson, 06/01/18-06/01/21, \$250,000

BCBS of Michigan, 202510-U072882

Blue Cross Blue Shield of Michigan, Value Partnerships, Michigan Collaborative for Type 2 Diabetes (MCT2D); Principal Investigator: Chervanek, 01/2021-12/2022, Co-Investigator, \$250,403 (2.4 Cal Mos.)

098642 Dept. of Veteran Affairs, 36C24119C0060

Leveraging Technology to Address Access and Adherence to Conventional Hospital-Based Pulmonary Rehabilitation in Veterans with COPD
Principal Investigator: Moy, 06/2019-05/2022, Site Co-Investigator, \$227,013 (0.12 Cal Mos.)

Mentored Career Development Awards / K Awards:**Active:****NIH, K23 DK118179, Internal Medicine-Gastroenterology, University of Michigan**

Using Intervention Mapping and the Multiphase Optimization Strategy to Develop Multilevel Interventions to Prevent Upper GI Bleeding
Principal Investigator: Kurlander, 07/2019-02/2024, Mentor, \$973,500 (0.0 Cal Mos.)

1 K01 DK119166-01A1

Development and Pilot Evaluation of a Novel Cooking Skills Intervention to Prevent Diabetes in Low-income Adults
Principal Investigator; Wolfson, 02/01/20-01/31/24, Mentor, \$612,842

NIH, K23 DK123416

A Multilevel Intervention to Support Weight Loss Among Individuals with Prediabetes in Primary Care Settings
Principal Investigator: Griauzde, 08/2020-05/2025, Mentor, \$961,974 (0.0 Cal Mos.)

NIH, K23 HD099283

An Intervention for Chronic Pelvic Pain
Principal Investigator: Till, 09/2020-08/2025, Advisor, \$837,000 (0.0 Cal Mos.)

NIH, K23, 21-PAF05140,

Support to Adopt and Retain Technology (StART) CGM: A Pilot Study to Support Continuous Glucose Monitoring in Primary Care Principal Investigator: Mizokami-Stout, 09/2021-08/2026, Mentor, \$969,882 (0.0 Cal Mos.)

Previous:**(VACDA) VA Career Development Award, Internal Medicine, University of Michigan/VA Center for Clinical Management Research**

Improving Veteran Engagement in Diabetes Prevention
Principal Investigator: Jeff Kullgren, 04/01/15-03/31/21, Mentor, \$836,008

NIH 5 K23 HD083527-05

Speaking Their Language: Using Social Media and Texting to Create an Adolescent Centered Approach to Healthy Weight Gain During Pregnancy

Principal Investigator: Chang, 03/04/16-02/28/21, Mentor, \$673,650

UNIVERSITY TEACHING, ADVISING & MENTORING ROLES

1999 - 2006	Sequence Director, Interpersonal Violence and Abuse Required Sequence for 2nd Year Medical Students, University of Michigan Medical School, Ann Arbor, MI
2005 - Present	Development of Obesity Standardized Patient materials for medical students, University of Michigan Medical School, Ann Arbor, MI
2007 - Jul 2016	Core Faculty, Robert Wood Johnson Clinical Scholars Program (15 hours of teaching content per year – quantitative methods and regression in health services research), University of Michigan, Ann Arbor, MI
Mar 2009	Guest Lecturer, Interpersonal Violence and Abuse: Epidemiology, Ann Arbor, MI
Nov 2009	Guest Lecturer, WS342 Psychosocial Perspectives on Women, Exercise, and Health, Ann Arbor, MI
Dec 2009	Guest Lecturer, KINESLGY540 Advanced Exercise Physiology, Ann Arbor, MI
Mar 2010	Guest Lecturer, Interpersonal Violence and Abuse: Epidemiology, Ann Arbor, MI
Oct 2010	Guest Lecturer, Energy Balance Elective, Ann Arbor, MI
Nov 2010	Guest Lecturer, KINESLGY540 Advanced Exercise Physiology, Ann Arbor, MI
Apr 2011	Guest Lecturer, EPIDEM 2151 Physical Activity Epidemiology course (webinar, University of Pennsylvania-Pittsburgh)
Aug 2011	Small group leader, Medical Decision Making/EBM as part of "Patients and Populations," Section: Diagnostic Reasoning-M1s; Ann Arbor, MI
Nov 2011	Guest Lecturer, KINESLGY540 Advanced Exercise Physiology; Ann Arbor, MI
Nov 2011	Guest Lecturer, EPID662 Methods in Nutritional Epidemiology; Ann Arbor, MI
Oct 2012	Guest Lecturer, Energy Balance Elective; Ann Arbor, MI
Nov 2012	Guest Lecturer, KINESLGY540 Advanced Exercise Physiology; Ann Arbor, MI
Dec 2012	Guest Lecturer, EPID662 Methods in Nutritional Epidemiology; Ann Arbor, MI
Feb 2013	Guest Lecturer, "Self-monitoring of Physical Activity" Environmental Health Sciences 796 lecture for graduate students; Ann Arbor, MI

Mar 2013	Guest Lecturer, EPID625 Controversial Topics In The Role Of Nutrition On Chronic Disease; Ann Arbor, MI
Oct 2013	Guest Lecturer, Energy Balance Elective; Ann Arbor, MI
Oct 2013	Guest Lecturer, EPID604 Cardiovascular Disease Epidemiology; Ann Arbor, MI
Dec 2013	Guest Lecturer, EPID673 Epidemiology of Developmental Origins of Health and Disease; Ann Arbor, MI
Mar 2014	Guest Lecturer, EPID625 Controversial Topics In The Role Of Nutrition On Chronic Disease; Ann Arbor, MI
Dec 2014	Guest Lecturer, KINESLG540 Advanced Exercise Physiology; Ann Arbor, MI
Jul 2016 - Jul 2019	Core Faculty, National Clinical Scholars Program (15 hours of teaching content per year – quantitative methods and regression in health services research), University of Michigan, Ann Arbor, MI
Jul 2017 - Present	Monthly Small Group Discussion with Third Year Medical Students on Preventive Services; Ann Arbor, MI
Dec 2017	Guest Lecturer, KINESLG540 Advanced Exercise Physiology; Ann Arbor, MI
Apr 2018	Guest Lecturer, EPIDEM 2151 Physical Activity Epidemiology course (webinar, University of Pennsylvania-Pittsburgh)

HOSPITAL TEACHING, ADVISING & MENTORING ROLES

1998 - 2002	Inpatient Service Attending, Chelsea Community Hospital Chelsea, MI
1998 - 2002	Resident Preceptor, The Corner Adolescent Health Clinic Ypsilanti, MI
2001 - 2003	Mentor, Abby S. Letcher, Robert Wood Johnson Clinical Scholars Program fellowship; University of Michigan; Ann Arbor, MI
2001 - 2003	Mentor, Lou A. Lukas, Robert Wood Johnson Clinical Scholars Program fellowship; University of Michigan; Ann Arbor, MI
2002 - 2003	Mentor, Frederick W. Kron, House Officer III, Senior Research Project; Department of Family Medicine, University of Michigan; Ann Arbor, MI
2002 - 2009	Clinical Preceptor (M3's), Dexter Family Practice, ½ day per week, Dexter, Michigan
2004 - 2006	Dissertation Committee: Michelle Segar, "Physical Inactivity Among Midlife Women: Understanding Norms, Goals, and Behavior"; Department of Psychology; University of Michigan, Ann Arbor, MI

- 2005 - 2007 Dissertation Committee: Derek Hansen, “Knowledge Sharing, Maintenance, and Use in Online Support Communities”; School of Information, University of Michigan; Ann Arbor, MI
- 2006 - 2010 Dissertation Committee: Jason Duvall, “Deliberate Engagement as a Strategy for Promoting Behavior Change while Enhancing Well- Being”; School of Natural Resources and Environment, University of Michigan; Ann Arbor, MI
- 2006 - 2015 Facilitator, “Health Behavior Journal Club”; Ann Arbor, MI
- 2008 - 2010 Dissertation Committee: Maria Souden, “Narrowing the Gap: Chronic Illness Information as Experienced in Everyday Life and Healthcare Contexts”; School of Information, University of Michigan; Ann Arbor, MI
- 2008 - 2012 Dissertation Committee: Carol Janney, “Physical Activity in Overweight and Obese Adults with Schizophrenia and Schizoaffective Disorders”; School of Education, Department of Psychiatry, University of Pittsburgh; Pittsburg, PA
- 2009 - 2010 Dissertation Committee: Marquis Hawkins, “The Relationship Between Physical Activity and Kidney Function/Chronic Kidney Disease”; Graduate School of Public Health, Department of Epidemiology, University of Pittsburgh; Pittsburg, PA
- 2009 - 2011 Dissertation Committee: Beth St. Jean, “Information Behavior of People Diagnosed with a Chronic Serious Health Condition: A Longitudinal Study”; School of Information, University of Michigan; Ann Arbor, MI
- 2010 - 2015 Research Mentor: Marilyn Moy, VA Career Development Award; Internal Medicine, Harvard Medical School/VA Boston Healthcare System, Boston, MA
- Dec 2012 Invited Lecturer, “Care of the Obese Patient” Behavioral Health lecture for 1st year Family Medicine Residents; Ann Arbor, MI
- Apr 2013 Guest Lecturer, Department of Family Medicine Resident Behavioral Science Conference; Ann Arbor, MI
- 2013 - 2015 Dissertation Committee: Charles Senteio, “Investigating Psychosocial Factors: Supporting Clinical Decisions for Outpatient Diabetes Care”; School of Information, University of Michigan; Ann Arbor, MI
- 2015 - 2016 Research Mentor: Genna Cohen, AHRQ R36 Awardee; “Physician Practice Variation in Electronic Health Record Documentation”; Health Services Organization and Policy, School of Public Health, University of Michigan, Ann Arbor, MI

2015 - Present	Research Mentor: Jeff Kullgren, VA Career Development Award; Internal Medicine, University of Michigan/VA Center for Clinical Management Research, Ann Arbor, MI
2015 - Present	Research Mentor: Pearl Lee, VA Career Development Award; Internal Medicine-Geriatrics, University of Michigan/VA Center for Clinical Management Research, Ann Arbor, MI
2016 - Present	Research Mentor: Jacob Kurlander, K grant Awardee; Internal Medicine-Gastroenterology, University of Michigan Medical School, Ann Arbor, MI
2016 - Present	Research Mentor: Tammy Chang, K grant Awardee; Department of Family Medicine, University of Michigan, Ann Arbor, MI
2017 - Present	Research Mentor: Julia Wolfson, Department of Health Management and Policy, School of Public Health, University of Michigan, Ann Arbor, MI
2017 - 2018	Dissertation Committee: Priyanka Dantuluri; Penny W. Stamps School of Art & Design, University of Michigan; Ann Arbor, MI
2017 - Present	Research Mentor: Elham Mahmoudi; Department of Family Medicine, University of Michigan Medical School, Ann Arbor, MI
2017 - Present	Dissertation Committee: Brad Liestenfeltz; School of Nursing, University of Michigan; Ann Arbor, MI
2018 - 2020	Dissertation Committee: Amanda Missel; School of Nursing, University of Michigan; Ann Arbor, MI
Jan 2020 - Jun 2020	Mentor: Kurshid Ghani & Owen Albin, Clinical Trials Academy, University of Michigan, Ann Arbor, MI
2020 - Present	Research Mentor: Dina Grizaude, K grant Awardee; 'Evaluation of Weight Navigation Program Using EHR Data Only (Exempt and not Regulated', HUM00185021, University of Michigan, Ann Arbor, MI