

CURRICULUM VITAE
ERICA EATON, PhD

[Brown University Website](#)

Providence VA Medical Center
Trauma Recovery Service
830 Chalkstone Avenue
Providence, RI 02908
401.273.7100 x13428
Erica.Eaton@va.gov

Dept. of Psychiatry and Human Behavior
Dept. of Behavioral and Social Sciences
Warren Alpert Medical School
Brown University
Providence, RI 02912
Erica_Eaton@brown.edu

EDUCATION

B.A. **University of Rhode Island**
2005 Bachelor of Arts in Psychology

M.A. **Fielding Graduate University**
2010 Master of Arts in Clinical Psychology

PhD **Fielding Graduate University**
2014 Clinical Psychology

POSTGRADUATE TRAINING

APA Internship **South Shore Mental Health/McLean Hospital**
2013 – 2014

Fellowship **Warren Alpert Medical School of Brown University**
2014 – 2015 Providence VA Medical Center, PTSD Clinic

Advanced Fellowship **Certificate Course in Mindfulness and Psychotherapy**
2021 – 2022 The Institute for Meditation and Psychotherapy/ Cambridge
Health Alliance, Center for Mindfulness and Compassion

HONORS AND AWARDS

2001-2005 University of Rhode Island Centennial Scholarship
2008 Fielding Graduate University Travel Award
2008-2010 Fielding Graduate University Academic Scholarship
2008, 2011, 2012 Brown University Research Achievement Award
2023 Brown University Faculty Travel Award, Los Angeles, CA

PROFESSIONAL LICENSES AND BOARD CERTIFICATIONS

Licensed Psychologist
Rhode Island License PS01621 Active Status (May 2017)

ACADEMIC APPOINTMENTS

2016 – Current **Assistant Professor of Psychiatry and Human Behavior** (Research)
Alpert Medical School
Brown University, Providence, RI

2020 – Current **Assistant Professor of Behavioral and Social Science** (Research)
School of Public Health, Center for Alcohol and Addiction Studies
Brown University, Providence, RI

HOSPITAL APPOINTMENTS

2015 – 2016 **Graduate Psychologist**
SUD Specialist
Comprehensive Ambulatory Psychiatry Section
Providence VA Medical Center, Providence, RI

2016 – Current **Clinical Psychologist**
Trauma Recovery Services
Providence VA Medical Center, Providence, RI

EDITORIAL SERVICE

Invited reviewer: *Addiction*
 Frontiers in Psychiatry
 BMJ Open
 Journal of Dual Diagnosis
 Journal of Substance Abuse Treatment
 Journal of Studies on Alcohol and Drugs
 Psychological Services
 Psychological Trauma: Theory, Research, Practice, and Policy
 Substance Use and Misuse
 Journal of Clinical Psychology
 Substance Abuse Treatment, Prevention, and Policy

UNIVERSITY COMMITTEES

2004 – 2005 University of Rhode Island,
 President's Commission on the Status of Women

OTHER PROFESSIONAL COMMITTEES AND SERVICE

- 2023 - Annual Meeting Review Committee Member
International Society for Traumatic Stress Studies
- 2023 - Annual Review Committee Member
Office of the Vice President of Research Pilot Awards
Brown University
- 2023 - Annual Symposium Review Committee Member
Symposium on Substance Use Research (SOSUR)
COBRE Center for Addiction and Disease Risk Exacerbation
- 2025 - Grant Reviewer
Office of Research and Development Scientific Review Group
Mental Health and Behavioral Sciences – PTSD (MHBP)

MEMBERSHIP IN SOCIETIES

- 2008 – 2010 Member of Addictive Behaviors Special Interest Group, ABCT
2008 – 2010 Association for Behavioral and Cognitive Therapies
2010 – Present American Psychological Association
2012 – Present International Society for Traumatic Stress Studies
2016 – Present The Institute for Meditation and Psychotherapy

PUBLICATION LIST

ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS

1. **Eaton Short, E.**, Fernandez, A., Borsari, B., Hustad, J. T. P. & Wood, M. (2011). Does clinician consistency over two brief motivational sessions improve outcomes in college students? *Journal of Substance Abuse Treatment*, 41, 313-320.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3166970/>
2. Carter, A.C., Capone, C., & **Eaton Short, E.** (2011). Co-occurring PTSD and alcohol use disorder in veteran populations. *Journal of Dual Diagnosis*, 7, 258-299.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3474251/>
3. Hustad, J.T.P., **Eaton Short, E.**, Borsari, B., Barnett, N.P., Kahler, C., O’Leary-Tevyaw, T., & Monti, P. (2011). College alcohol citations result in modest reductions in student drinking. *Journal of Substance Abuse Treatment*, 40, 281-286.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3056946/>
4. Borsari B., Hustad, J. T. P., Mastroleo, N. R., O’Leary Tevyaw, T., Barnett, N. P., Kahler, C. W., **Eaton Short, E.**, & Monti, P. M. (2012). Addressing alcohol use and problems in

mandated college students: A randomized clinical trial using stepped care. *Journal of Consulting and Clinical Psychology*, 80, 1062-1074.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3514601/>

5. Gu, Y., Scarmeas, N., **Eaton Short, E.**, Luchsinger, J. A., DeCarli, C., Stern, Y., Manly, J. J., Schupf, N., Mayeux, R., & Brickman, A. M. (2014). Alcohol intake and brain structure in a multiethnic elderly cohort. *Clinical Nutrition*, 33(4), 662-667.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4048329/>
6. Borsari, B., **Eaton, E.**, Mastroleo, N. R., Hustad, J. T. P., O'Leary Tevyaw, T., Barnett, N. P., Kahler, C., and Monti, P. M. (2014). Phone-delivered brief motivational interventions for mandated students delivered during the summer-months. *Journal of Substance Abuse Treatment*, 46, 592-596. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3972287/>
7. Mastroleo, N. R., Oakley, W. R., **Eaton, E.**, & Borsari, B. (2014). Response of heavy-drinking voluntary and mandated college students to a peer-led brief motivational intervention addressing alcohol use. *Journal of Substance Abuse Treatment*, 47, 321-328. <http://www.ncbi.nlm.nih.gov/pubmed/25073447>
8. Capone, C., **Eaton, E.**, Carter, A. C., and McGovern, M.P. (2014). Integrated Cognitive Behavioral Therapy (ICBT) for Co-occurring PTSD and substance use disorders in Iraq and Afghanistan veterans: A feasibility study. *Journal of Traumatic Stress Disorders & Treatment*, 3:4. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4288018/>
9. Borsari, B., Magill, M., Mastroleo, N.M., Hustad, J.T.P., Kahler, C.W., O'Leary Tevyaw, T., Barnett, N.P., **Eaton, E.**, Monti, P.M. (2016). Mandated college students' response to sequentially administered alcohol interventions in a randomized clinical trial using stepped care. *Journal of Consulting and Clinical Psychology*, 84, 103-112.
<https://www.ncbi.nlm.nih.gov/pubmed/26460571>
10. **Eaton, E.**, Magill, M., Capone, C., Cramer, M., Mastroleo, N.R., Reavy, R., & Borsari, B. (2018) Mechanisms of behavior change within peer-implemented alcohol interventions among college students. *Journal of Studies on Alcohol and Drugs*, 79(2), 208-216.
<https://pubmed.ncbi.nlm.nih.gov/29553347/>
11. Capone, C., Presseau, C., Saunders, E., **Eaton, E.**, Hamblen, J., & McGovern, M. (2018). Is integrated CBT effective in reducing PTSD symptoms and substance use in Iraq and Afghanistan Veterans? Results from a randomized clinical trial. *Cognitive Therapy and Research*, 42(6), 735-746. <https://doi.org/10.1007/s10608-018-9931-8>
12. **Eaton, E.**, Swearing, H.R., Zand Vakili, A., Jones, S.R., & Greenberg, B.D. (2020). A brief report on an eight-week course of mindfulness-based care for chronic pain in the treatment of veterans with back pain: Barriers encountered to treatment engagement

and lessons learned. *Medical Care*, 58(9), S94-S100.

<http://doi.org/10.1097/MLR.0000000000001377>

13. **Eaton, E.**, Capone, C., Shea, T., & Cameron, A. (2020). Evaluation of self-compassion focused treatment for co-occurring PTSD and substance use in veterans with posttraumatic guilt: A case study. *International Journal of Group Psychotherapy*, 70(4), 481-508. <http://doi.org/10.1080/00207284.2020.1805617>
14. Cameron, A., **Eaton, E.**, Brake, A., & Capone, C. (2021). Moral injury as a unique predictor of suicidal ideation in a veteran sample. *Psychological Trauma: Theory, Research, Practice, and Policy*, 13(8), 856-860. <http://dx.doi.org/10.1037/tra0000988>
15. Shea, M.T., Krupnick, J.L., Sautter, F.J., Mete, M., Green, B.L., Norman, S.B., Finley, S.L., & **Eaton, E.** (2023). A randomized clinical trial comparing interpersonal psychotherapy with prolonged exposure for the treatment of PTSD in veterans. *Journal of Anxiety Disorders*, 99. <https://doi.org/10.1016/j.janxdis.2023.102770>
16. Gully, B., **Eaton, E.**, Capone, C., & Haass-Koffler, C. (2023). Treating post-traumatic stress disorder and alcohol use disorder comorbidity: Current pharmacological therapies and the future of MDMA-integrated psychotherapy. *Journal of Psychopharmacology*, 37(12), 1182-1189. <https://doi.org/10.1177/02698811231200880>
17. Capone, C., **Eaton, E.**, Shea, M.T., Borgia, M., DeMoss, L., Tocco, K., Fragoza, K., Siddiqui, A. (2024). A pilot study of stellate ganglion block paired with exposure therapy: Feasibility and acceptability in combat veterans with PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <https://doi.org/10.1037/tra0001679>
18. Soliman, P.S., Curley, D.E., Capone, C., **Eaton, E.**, Haass-Koffler, C.L. (2024). In the new era of psychedelic assisted therapy: A systematic review of study methodology in randomized controlled trials. *Psychopharmacology*, 241, 1101–1110. <https://doi.org/10.1007/s00213-024-06598-6>
19. **Eaton, E.**, Capone, C., Gully, B.J., Brown, Z.E., Monnig, M., Worden, M.S., Swift, R.M., & Haass-Koffler, C.L. (2024). Design and methodology of the first open-label trial of MDMA-assisted therapy for veterans with post-traumatic stress disorder and alcohol use disorder: Considerations for a randomized controlled trial. *Contemporary Clinical Trials Communications*, 41. <https://doi.org/10.1016/j.conctc.2024.101333>
20. **Eaton, E.**, Capone, C., Reese, S., Shea, M.T., Serpa, J.G., & Germer, C. (2025). Mindful self-compassion for veterans with morally injurious experiences and co-occurring posttraumatic stress disorder and substance use disorder: A feasibility study. *Journal of Dual Diagnosis*, 21(2), 87-98. <https://doi.org/10.1080/15504263.2025.2474953>

21. Miller, E.A., Capone, C., **Eaton, E.**, Swift, R.M., & Haass-Koffler, C.L. (in press). Psychedelics for alcohol use disorder: a narrative review with candidate mechanisms of action. *CNS Drugs*.

BOOK CHAPTERS

1. Mastroleo, N.R. & **Eaton Short, E.** (2012). The role of training and supervision in delivering empirically supported treatments for college student drinkers. In C. Correia, J. Murphy, and N. Barnett (Eds.), *College student alcohol abuse: A guide to assessment, intervention, and prevention* (p. 312-338). Hoboken, NJ: Wiley.

OTHER NON-PEER REVIEWED PUBLICATIONS

1. McGovern, M.P., Capone, C., Carter, A.C., Hamblen, J., Stecker, T., **Eaton, E.**, Mueser, K.T. & Jankowski, M.K. (2011) Integrated cognitive behavioral therapy (ICBT) for co-occurring substance use and posttraumatic stress disorders: Combined individual/group version for veterans. Clinician Manual.

NATIONAL AND INTERNATIONAL PRESENTATIONS

1. Borsari, B., Muellerleile, P., Hustad, J.T.P., & Eaton, E. (2008, June). Collateral reports in the college setting: A meta-analytic integration. Poster presented at the 31st meeting of the Research Society on Alcoholism, Washington, DC.
2. **Eaton, E.**, Fernandez, A., Borsari, B., & Wood, M. (2008, June). *Clinician consistency and brief motivational interventions for college students*. Poster presented at the 31st meeting of the Research Society on Alcoholism, Washington, DC.
3. Hustad, J. T. P., **Eaton, E.**, Borsari, B., Barnett, N. P., Kahler, C. W., Tevyaw, T. O'L., Monti, P. M. (2008, November). *Natural course of college student alcohol use following a campus alcohol violation*. Poster presented at the 42nd annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
4. Borsari, B, Muellerleile, P., Hustad, J.T.P., & **Eaton, E.** (2009, June). *Agreement and bias in collateral reports in the college setting: A meta-analytic integration*. Poster to be presented at the 32nd meeting of the Research Society on Alcoholism, San Diego, CA.
5. **Eaton, E.**, Hustad, J.T.P., Borsari, B., Mastroleo, N., Barnett, N.P., O'Leary Tevyaw, T., & Kahler, C.W. (2009, November). *Exploratory analysis of personal characteristics associated with pre-gaming: Implications for prevention and*

intervention efforts. Poster presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

6. **Eaton, E.**, Rangel, R., Merin, A., & Schnieder, B. (2010, May). *Multicultural Symposium: Mental Health Stigma in a Hospital Setting*. Presented at Columbia University/ New York Presbyterian Medical Center's Annual Multicultural Symposium, New York, NY.
7. **Eaton Short, E.**, Mastroleo, N.R., Hustad, J.T.P., Borsari, B., Kahler, C.M., O'Leary Tevyaw, T., Barnett, N.P., and Monti, P.M. (2010, November). *Examination of brief motivational phone interventions in reducing drinking behaviors in mandated college students*. Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
8. **Eaton Short, E.**, Mastroleo, N.R., Borsari, B., and Peterson, C. (2011, November). *Mechanisms of behavior change within peer-implemented alcohol interventions*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
9. Capone, C., **Eaton Short, E.**, Carter, A.C. (2012, November). *Treatment of co-occurring PTSD and substance use in veterans: Innovations and challenges*. Symposium presented at the 28th annual convention of the International Society for Traumatic Stress Studies, Los Angeles, CA.
10. Borsari, B., Magill, M., Mastroleo, N.R., Hustad, J.T.P., O'Leary Tevyaw, T., Barnett, N.P., Kahler, C.M., **Eaton Short, E.** and Monti, P.M. (2012, November). *Stepped care with mandated students*. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
11. **Eaton, E.**, Capone, C., Shea, T., & Cameron, A. (2016, November). *Self-compassion focused treatment for co-occurring PTSD and substance use disorders for veterans with posttraumatic guilt*. Symposium presented at the 32nd annual convention of the International Society for Traumatic Stress Studies, Dallas, TX.
12. Swearingen, H.R., Zand Vakili, A., **Eaton, E.**, Bowker, M., Mozley-Hopkins, S.L., Philip, N.S., Jones, S.R., Greenberg, B. (2018, March). *Toward application of neurotechnology in chronic pain: Mapping neural mechanisms of Mindfulness-Based Care for Chronic Pain (MBCP)*. Poster presented at Brown University's Mind Brain Research Day, Providence, RI.

13. Blizzard, J., Shay, J., Heckman, B., & **Eaton, E.** (2019, March). *Personality and Mindfulness Practice: Does Personality Predict Engagement in Mindfulness for College Students?* Poster presented at Brown University's Mind Brain Research Day, Providence, RI.
14. **Eaton, E.**, Kearney, D., Elwy, A.R., & Pieczynski, J. (2019, November). *Lessons from the field: Conducting compassion-based interventions among veterans with Posttraumatic Stress Disorder.* Panel discussion presented at the 35th annual convention of the International Society of Traumatic Stress Studies, Boston, MA.
15. **Eaton, E.**, Capone, C., Morland, L., Peterson, A., & Rothbaum, B. (2023, November). *Innovations in PTSD Treatment for Military Personnel and Veterans.* Symposium presented at the 39th annual convention of the International Society of Traumatic Stress Studies, Los Angeles, CA.
16. Capone, C., **Eaton, E.**, Monning, M., Gully, B.J., Brown, Z.E., Worden, M., Swift, R.M., Haass-Koffler, C.L. (2024, July). *Design and methodology of the first open-label trial of MDMA-Assisted therapy for veterans with PTSD and alcohol use disorder: Considerations for a randomized controlled trial.* Poster presented at the 47th annual convention of the Research Society on Alcohol, Minneapolis, MI.

INVITED PRESENTATIONS

1. **Eaton, E.** (2018, May) *Bringing Compassion to Therapy and Ourselves.* Clinician training presented at Lynn Community Center, Lynn, MA.
2. **Eaton, E.** (2020, November). *A feasibility study of mindful self-compassion for veterans with moral injury and co-occurring PTSD and substance use disorders.* VA HSR&D Cyberseminar Presentation in the Complementary and Integrative Health Seminar Series, Nationally Broadcast, November 19, 2020.
3. **Eaton, E.**, & Capone, C. (2024, April). *MDMA assisted therapy for PTSD: Research and practice.* Military Sexual Trauma VA VISN 1 Educational Event.
4. **Eaton, E.** (2025, March). *MDMA-assisted therapy for PTSD and co-occurring alcohol use disorders.* Harvard University Department of Psychology, Clinical Psychologist Speaker Series, Cambridge, MA.
5. **Eaton, E.** & Capone, C. (May 2025). *Bringing MDMA-Assisted therapy to the VA: A randomized placebo-controlled trial for Veterans with co-occurring PTSD and alcohol use disorder.* Providence VA Medical Center, Research Day Keynote Speakers, Providence, RI.

RESEARCH FUNDING

CURRENT GRANT SUPPORT

1. D5603-R (PI: Eaton) 10/01/2025-09/30/2030
VA RR&D; VA Merit Award
\$1,500,000
MDMA-Assisted Therapy for Veterans with PTSD and Alcohol Use Disorder: A
Randomized Controlled Trial
Role: Principal Investigator
2. P20 GM130414 (PI: Monti; Pilot MPI: Eaton/Capone) 07/22/2022-07/21/2025
Brown University, School of Public Health, Center for Alcohol and Addiction Studies
COBRE Center for Addiction and Disease Risk Exacerbation (CADRE)
\$90,000
*Safety, Acceptability, and Preliminary Effectiveness of MDMA-Assisted Therapy for the
Treatment of co-occurring PTSD and AUD in Veterans*
Role: Principal Investigator
3. GR300272 (MPI: Eaton/Haass-Koffler) 02/22/2022-06/30/2025
Brown University Office of the Vice President for Research (OVPR) Seed Funds
\$60,000
*Safety, Feasibility, and Acceptability of MDMA-Assisted Therapy for the Treatment of
co-occurring PTSD and AUD in Veterans*
Role: Principal Investigator

COMPLETED GRANT SUPPORT

1. HSR&D COIN Seed Grant Program (PI: Eaton) 03/01/2015- 05/12/2017
Providence VA Medical Center
\$25,000
*Self-Compassion Focused Treatment for Co-occurring PTSD and Substance Use Disorder
for Veterans with Posttraumatic Guilt*
Role: Principal Investigator
2. CfNN P-17-03 (PI: Zand Vakili) 02/01/2017-12/18/2020
VA Center of Excellence for Neurorestoration and Neurotechnology
\$24,149
Neural Mechanisms of Mindfulness Treatment in Chronic Pain: A Pilot Project
Role: Co-Investigator
3. IRX002893A (PI: Eaton) 10/01/2018-10/30/2021
Department of Veterans Affairs, Rehabilitation Research & Development, SPiRE Award

\$150,705

Mindful Self-Compassion for combat Veterans with Moral Injury and co-occurring PTSD-SUD

Role: Principal Investigator

4. CfNN 21-S-001 (PI: Capone) 05/21/2021-05/20/2023
VA Center of Excellence for Neurorestoration and Neurotechnology
\$40,500
Stellate Ganglion Block Paired with In Vivo Exposure for Veterans with Combat-Related PTSD: A Pilot Study of Feasibility and Acceptability
Role: Co-Investigator

UNIVERSITY TEACHING ROLES

PSYCHOLOGY RESIDENCY PROGRAM CLINICAL SUPERVISOR

2019-2020	Michael Crowe, M.A., Clinical Psychology Intern, Brown University Residency Program
2020-2021	Prachi Bhuptani, M.A., Clinical Psychology Intern, Brown University Residency Program
2020-2021	Katherine Lenger, M.A., Clinical Psychology Intern, Brown University Residency Program
2021-2022	Brianna Altman, M.A., Clinical Psychology Intern, Brown University Residency Program
2022-2023	Anthony Hicks, M.A., Clinical Psychology Intern, Brown University Residency Program

PSYCHOLOGY RESIDENCY PROGRAM RESEARCH SUPERVISOR

2024-2025	Emma PeConga, M.A., Clinical Psychology Intern, Brown University Residency Program
-----------	--

POSTDOCTORAL FELLOW PROGRAM SUPERVISOR AND MENTOR

2018-2019	Jason Blizzard, PhD., Postdoctoral Fellow, Providence VA Medical Center, Brown University Fellowship Program
2022-2023	Nick Canby, PhD, Postdoctoral Fellow, Clinical and Affective Neuroscience Laboratory, Brown University Fellowship Program
2023-2024	Daniella Furey, PsyD, Postdoctoral Fellow, Providence VA Medical Center, Brown University Fellowship Program

PRACTICUM SUPERVISOR

2019-2020	Shannon Forkus, M.A., Predoctoral Practicum Student, University of Rhode Island
2019-2020	Isabel Channell, B.A., Undergraduate Research Practicum Student, University of Rhode Island

2020-2021 Shannon Reese, M.S., Predoctoral Research Practicum Student, California Lutheran University

DIDACTIC TEACHING

2021- Seminar Presenter for Brown University Psychiatry Residents PGY 3 Seminar Series

2023- Seminar Presenter for Brown University Psychiatry Residents PGY 1 Seminar Series