

Contact

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(LinkedIn)
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Top Skills

Vasectomy
Public Health
Maternal-Child Health

Languages

Spanish (Native or Bilingual)
English (Native or Bilingual)

Certifications

Diplomate American Board of Family Medicine
Physician - ECMG Certified
Family Medicine Certification

Honors-Awards

2016 Nominee - IAFP Family Physician of the Year Award
Fellow of the American Academy of Family Physicians - FAAFP
Outstanding Achievement Award
FM Resident Award for Scholarship
Resident Teacher Award

Publications

Television and Teen Pregnancy: What is the right content exposure?
Innovating male sexual and reproductive health in Colombia: Challenges and Advances
Vasectomy: A tool for reproductive equity and equality
Manual for Operative Obstetrics

Esgar Guarín, MD FAAFP

SimpleVas® Vasectomy Clinic
Des Moines, Iowa, United States

Summary

Board Certified Family Physician with special expertise/training in Maternal, Child, and Reproductive Health Care.

After 18 years of medical practice, with 12 of them devoted to the care of pregnant patients, children, and young families; I decided to focus exclusively on the provision of vasectomies.

I am convinced that willful permanent discontinuation of the reproductive function, when one's fertility has been satisfied, empowers individuals and families to achieve a better distribution of their available resources for a better life and an improved environment.

A vasectomy allows effective and more balanced contraceptive participation. It promotes REPRODUCTIVE EQUALITY because the burden of contraception has not been fairly shared by the individuals involved.

I am committed to performing vasectomies with an excellent and personal experience so that individuals can confidently move on to the next stage of their reproductive lives.

* Fellow of the American Academy of Family Physicians - AAFP
* Diplomate American Board of Family Medicine - ABFM

Experience

SimpleVas® PC - Vasectomy Clinic
Medical Director / Vasectomy Surgeon SimpleVas® Vasectomy
September 2020 - Present (3 years 9 months)
United States

Provision of affordable, accessible and reliable male permanent contraception services. Affordable minimally invasive vasectomy during a single visit, with return of semen sample testing by mail.

Improved access for the performance of a procedure that empowers men, women and families by controlling fertility in a permanent and successful way.

Pioneer of the first Mobile Vasectomy Clinic in the United States.

SimpleVas® Locations:

- Main Office: 5191 Maple Drive, Suite L. Pleasant Hill, IA 50327
- East Office: 3726 Queen Ct., Suite 104. Cedar Rapids, IA 52404
- Mobile Clinic (Sioux City, Waterloo, Dubuque)

Phone number (515) 603-2140 - admin@simplevas.net

SimpleVas® Vasectomy - www.simplevas.net (DBA doctorguarin, LLC)

Vasectomy Surgeon

August 2017 - September 2020 (3 years 2 months)

Des Moines, IA; Cedar Rapids, IA

Provision of affordable, accessible and reliable male permanent contraception services. Affordable minimally invasive vasectomy during a single visit, with return of semen sample testing by mail.

Improved access for the performance of a procedure that empowers men, women and families by controlling fertility in a permanent and successful way.

SimpleVas® Clinics:

- Newton, IA at Newton Clinic / 300 N 4th Ave. E Suite 200 (50208)
- Cedar Rapids, IA at SimpleVas® Clinic / 222 Edgewood Rd. NW Suite 203 Unit I (52405)
- Naples, FL at Orchidia MedSpa / 2590 Golden Gate Pkwy Suite 104 (34105)

Newton Clinic

Staff Physician OB/Family Medicine

October 2015 - September 2020 (5 years)

300 N 4th Ave E # 200, Newton, IA 50208

Family Medicine

Obstetrics

Maternal and Child Health

Vasectomy Clinics

Providing family medicine and obstetric services at the Newton Clinic (Newton, IA), with admitting privileges at Skiff Medical Center.

Newton Clinic is a multi-specialty clinic serving the citizens of Newton, Iowa and the greater Jasper County area. It offers health-care services in the areas of family medicine, obstetrics and midwifery, gynecology, internal medicine and podiatry.

Newton Clinic is owned by the member physicians and employs about 60 full-time employees. Its 17,000-square-foot facility includes a full-service laboratory, full-service X-ray department, obstetric ultrasound unit, fetal non-stress testing unit, video flexible sigmoidoscope unit, treadmill, and three surgical procedure/casting rooms.

Skiff Medical Ctr

Chair - Obstetrics Committee

December 2015 - January 2018 (2 years 2 months)

204 N 4th Ave E Newton, IA 50208

Physician leadership, Department of Obstetrics at Skiff Medical Center.

Review of current maternal and newborn protocols based on current medical evidence, and following the protocols and practices determined with partner Mercy Health System, for their dissemination amongst the nursing and medical staff at Skiff Medical Center.

Saint Luke's Health System

3 years 1 month

Chief Medical Officer - Wright Memorial Hospital

January 2015 - August 2015 (8 months)

191 Iowa Blvd, Trenton, MO 64683

Leadership and guidance to the members of the Medical Staff, promoting effective communication among the Medical Staff, Medical Executive Committee, Administration and the Board of Trustees.

- Coordination of quality and safety activities and initiatives from administration, nursing services, and other patient care services and providers with those of the medical staff.

- Communication of opinions, policies, concerns, needs and grievances of the Medical Staff to the Medical Executive Committee, hospital administrative staff, and the hospital Board of Trustees.

Staff Physician - Wright Memorial Hospital
August 2012 - August 2015 (3 years 1 month)
191 Iowa Blvd, Trenton, MO 64683

Family Medicine
Obstetrics
Maternal and Child Health

Providing family medicine and obstetric services at the Wright Memorial Physicians Group (Trenton, MO) and its affiliated Jamesport Rural Clinic (Jamesport, MO). Medical Director Jamesport Clinic. Admission privileges at Wright Memorial Hospital (Trenton, MO), Hedrick Medical Center (Chillicothe, MO), and Sullivan County Memorial Hospital (Milan, MO).

Warren Alpert Medical School - Brown University
4 years 11 months

Clinical Assistant Professor of Family Medicine
July 2011 - June 2014 (3 years)
111 Brewster St. Pawtucket, RI 02860

Maternal and Child Health Service
Department of Family Medicine

Proctorship and teaching of medical students and Family Medicine residents from the Department of Family Medicine at Brown University.

Maternal and Child Health Fellow
August 2009 - August 2011 (2 years 1 month)
Memorial Hospital of RI 111 Brewster St. Pawtucket, RI 02860
Department of Family Medicine

Clinical training program on surgical obstetrics (Cesarean sections, tubal ligations), outpatient gynecology procedures (colposcopy, hysteroscopy), and basic newborn care. Training obtained at Memorial Hospital of Rhode Island (Pawtucket, RI), Women and Infants Hospital (Providence, RI), and Graduate School (Public Health Program)- Brown University.

Women's Care, Inc.
Staff Physician - Family Medicine Obstetrics

August 2009 - August 2012 (3 years 1 month)

407 East Ave #200, Pawtucket, RI 02860

Family Medicine

Obstetrics

Family Physician providing inpatient and outpatient services to adult, pediatric and obstetric patients. Position held jointly with Maternal and Child Health fellowship at Brown University. Admission Privileges (including surgical privileges for obstetrics) at Memorial Hospital of Rhode Island (Community hospital in Pawtucket, RI) and Women and Infants Hospital (Tertiary care center in Providence, RI)

Franklin Square Hospital Center - MedStar Health

Chief Resident - Family Medicine

June 2008 - June 2009 (1 year 1 month)

9000 Franklin Square Drive Baltimore, MD 21237

Department of Family Medicine

Co-chief resident of the Family Medicine Residency program at Franklin Square Hospital Center. Responsibilities related to educational opportunities for residents, development of curricular improvement projects, and resident leadership activities.

The University of Maryland Medical System

Medical Coder

2004 - 2006 (2 years)

250 W. Pratt Street, Baltimore, MD 21201

Department of Pediatrics

Auditing of medical charts, and medical coding of procedures / visits at the Department of Pediatrics, University of Maryland.

San Vicente de Paúl Hospital - Villacaro Health Center

Medical Director

May 2002 - May 2003 (1 year 1 month)

Villacaro, Norte de Santander (Colombia)

Mandatory Social Service - Health Ministry, Colombia

General physician responsible for rural community of about 2500 inhabitants, with availability 24/7 for emergency services, inpatient/outpatient adult/

pediatric/obstetric services. Administration of the leishmaniasis/TB/leprosy screening and treatment programs. Administration of the local National Immunization Program.

Education

Universidad de Santander - UDES Medical School

Doctor of Medicine (MD), Medicine · (1996 - 2002)

Franklin Square Hospital Center

Resident Physician, Family Medicine · (2006 - 2009)

Memorial Hospital of RI - Brown University

Clinical Fellow, Maternal and Child Health Fellowship · (2009 - 2011)

Brown University

Public Health - Post-graduate coursework, Community Health · (2009 - 2011)