#### **CURRICULUM VITAE**

# **ELISSA JELALIAN, PhD**

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**EDUCATION** 

Undergraduate: Brandeis University, Cum Laude, Psychology, A.B., 1980 Graduate: Miami University, Clinical Psychology, PhD Awarded 1991

Department of Psychology Fellowship Award.

POSTDOCTORAL TRAINING

1988-89 Internship in Clinical Psychology (APA Approved), University of

Rochester Medical Center, Child and Adolescent Psychiatry.

1990-92 Postdoctoral Fellow and Research Associate, Department of Child

and Family Psychiatry, Rhode Island Hospital, Brown University

Medical School.

### **HONORS AND AWARDS**

2010

2003-2004	Outstanding Teaching Award in Clinical Psychology, Department of Psychiatry &
	Human Behavior, Brown Medical School

Martin P. Levin Mentorship Award, Division 54 of American Psychological

Association

2010 Fellow, Division 54 of the American Psychological Association

2010 Fellow, The Obesity Society

2013-2014 Psychology Research Mentor Award, Department of Psychiatry & Human

Behavior, Alpert Medical School of Brown University

2014-2015 President, Division 54 of the American Psychological Association
 2015-2016 Past President, Division 54 of the American Psychological Association
 2020-2021 Psychology Research Mentor Award, Department of Psychiatry & Human

Behavior, Alpert Medical School of Brown University

#### PROFESSIONAL LICENSE

State of Rhode Island Psychology License No. PS00475

# ACADEMIC APPOINTMENTS

11/92 - 4/93	Clinical Assistant Professor, Psychiatry and Human Behavior, Brown Medical School, Providence, RI.	
5/93 - 6/94	Instructor, Psychiatry and Human Behavior, Brown Medical School, Providence, RI.	
7/94 - 6/04	Assistant Professor, Psychiatry and Human Behavior, Brown Medical School, Providence, RI.	
7/04 – 6/17	Associate Professor, Psychiatry and Human Behavior, Brown Medical School, Providence, RI	
4/10 — 6/17	Associate Professor, Pediatrics, Brown Medical School, Providence, RI	
7/17 -	Professor, Psychiatry and Human Behavior, Brown Medical School, Providence, RI	
7/17-	Professor, Pediatrics, Brown Medical School, Providence, RI	
HOSPITAL APPOINTMENTS		
9/88- 8/89	Assistant Psychologist, Department of Child and Adolescent Psychiatry, Strong Memorial Hospital, Rochester, New York.	
9/92- Present	Staff Psychologist, Department of Child and Family Psychiatry, Rhode Island Hospital, Providence, RI.	
7/97- 6/15	Coordinator of Pediatric Psychology in the Division of Child and Family Psychiatry, Rhode Island Hospital.	

10/97 – 7/14 Co-coordinator, Psychological Services to Pediatric Oncology,

Hasbro Children's Hospital.

1/06- Academic Advisor, Pediatric Weight Management Program (Kids

5/08 on the Move), Hasbro Children's Hospital.

9/97 -5/04

3/12 – 9/19 Program Director, Adolescent Weight Management Program

(C.H.A.N.G.E.S. at Hasbro Children's Hospital)

Consultant, Lifespan Adolescent Weight Management Program.

7/15- Senior Research Scientist, The Miriam Hospital

7/16- 6/17 Planning Committee Member, 1st RI Weight & Wellness

Summit, Providence, RI

12/19 – Present Associate Director, Weight Control and Diabetes Research

Center, The Miriam Hospital, Providence, RI

### OTHER APPOINTMENTS

# Ad Hoc Reviewer (selected list):

Ambulatory Child Health

Annals of Behavioral Medicine

Childhood Obesity

International Journal of Behavioral Nutrition and Physical Activity

Journal of Consulting and Clinical Psychology

Journal of Pediatric Psychology

Journal of Pediatrics

Medicine & Science in Sports & Exercise

Obesity

Obesity Reviews

Pediatric Blood and Cancer

Pediatric Obesity

<u>Pediatrics</u>

Prevention Science

Proceedings of the National Academy of Sciences

Editorial Board Member: Journal of Pediatric Psychology, 2003 - 2017

Journal of Family Psychology, 2007 – 2012

Health Psychology, July 2010 – 2013

Associate Editor, Health Psychology, 2013-2016

### **Grant Reviews:**

- Ad Hoc Reviewer, NIH Study Section (NIDDK), Prevention and Treatment of Type 2
  Diabetes in Children and Adolescents, August 2001
- Ad Hoc Reviewer, NIH Study Section (NIDDK), Environmental Approaches to the Prevention of Obesity, August 2002
- Ad Hoc Reviewer, NIH Study Section (NIDDK), Small Clinical Research Grants in Digestive Diseases and Nutrition, December 2002
- Ad Hoc Reviewer, NIH Study Section (NIDDK), Small Clinical Research Grants in Digestive Diseases and Nutrition, December 2004
- Ad Hoc Reviewer, NIH Study Section (NIDDK), ZDK1 GRB-N (M2), March 2005
- Ad Hoc Reviewer, NIH Study Section (NIDDK), Site Specific Approaches to Prevention or Management of Pediatric Obesity, June 2005
- Ad Hoc Reviewer, NIH Study Section, ZRG1 RPHB-A 03 M Eating, Weight and Obesity, July 2005
- Reviewer, ZonMw's Health Care Efficiency Research Programme (Netherlands), March 2006
- Ad Hoc Reviewer, NIH Study Section (NIDDK), ZDK1 GRB-8 (M1), Small Clinical Grants in Digestive Diseases and Nutrition, April 2006.
- Reviewer, NIH Study Section (NIDDK), ZDK1 GRB-R 03, Special Emphasis Panel, July 2007
- Ad Hoc Reviewer, NIH Study Section (NIDDK), ZDK1 GRB-6 (J2) 1, November 2007
- Ad Hoc Reviewer, NIH Study Section (NICHD), ZHD1 DSR-K (03), June 2008
- Ad Hoc Reviewer, NIH Study Section (NIDDK) ZDK1 GRB-R (03), July 2008
- Reviewer, USDA NP 107 Panel Review 6, December 2008

- Ad Hoc Reviewer, NIH Study Section (NIDDK) ZDK1 GRB-B (M1), April 2009
- Ad Hoc Reviewer, NIH Study Section (NIDA) ZDA1 GXM-A (05), June 2009
- Ad Hoc Reviewer, NIH Study Section (NHLBI) ZHL1 CSR-H (S1), June 2009
- Ad Hoc Reviewer, NIH Study Section (NIMH) ZMH1-ERB-I (01) S NRSA Institutional Research Training (T32), Fall 2009- Fall 2019
- Ad Hoc Reviewer, NIH Study Section (NIDDK), ZDK1 GRB-6 (01) 1, July 2011
- Reviewer, SDSU/USCD Cancer Center Comprehensive Partnership, November 2012
- Ad Hoc Reviewer, NIH Study Section (NIDDK) ZRG1 RPHB-S (02), September 2013
- Ad Hoc Reviewer, NIH Study Section (NIDDK) ZDK1 GRB-6 (J4), October 2013
- Reviewer, NIH Study Section (NIDDK), ZDK1 GRB-6 (O2), Psychosocial and Behavioral Aspects of Bariatric Surgery, July 2015
- Reviewer, CDC, Special Emphasis Panel, ZDP1 KVA(02), Childhood Obesity Research Demonstration 2.0. March 2016
- Reviewer, NIH Study Section (NIDDK) ZDK1 GRB-6 (01) Psychological and Behavioral Mechanisms in Bariatric Surgery, July 2016
- Ad Hoc Reviewer, NIH Study Section, NICHD Health, Behavior, and Context Subcommittee, June 2017
- Ad Hoc Reviewer, NIH Study Section, NICHD Health, Behavior, and Context Subcommittee, October 2017, February & June, 2019
- Ad Hoc Reviewer, NIH Study Section, ZRG-RPHB-Z-10, July 2018
- Ad Hoc Reviewer, NIH Study Section (NIDDK) ZDK1 GRB-6-03, July 2018
- Standing Study Section Member, NICHD Health, Behavior, and Context Subcommittee, July 2020 – June 2023

#### Other:

Reviewer, American Psychological Association Travel Award Program, 2000

Reviewer, American Psychological Association 2001 Program, Division 54

Reviewer, American Psychological Association 2002 Program, Division 54

Reviewer, American Psychological Association 2003 Program, Division 54

Steering Committee Member, Rhode Island Healthy Schools Coalition, 2004 – 2014

Reviewer, American Psychological Association 2004 Program, Division 54

Reviewer, Society of Behavioral Medicine Annual Meeting, March 2004.

Reviewer, North American Association for the Study of Obesity (NAASO) Annual Meeting, October 2006

Reviewer, Society of Behavioral Medicine Annual Meeting, March 2007

Reviewer, The Obesity Society (TOS) Annual Meeting, October, 2008, 2009, 2010

Scientific Advisory Board, Wellspring Academies, August, 2008 – 2014

Team Leader, Abstract Reviews, National Conference in Pediatric Psychology, 2011

Scientific Advisory Board, United Health Care Group and YMCA National Intervention for Pediatric Weight Management (JOIN), December 2010 – 2013

Data and Safety Monitoring Board (DSMB) for NIDDK-funded Cooperative Agreement "Adolescent Bariatrics: Assessing Health Benefits & Risks (Teen-Longitudinal Assessment of Bariatric Surgery Teen-LABS", January 2012 - present

Team Leader, Program Oversight, National Conference in Pediatric Psychology, 2013 Planning Committee, Annual Conference of the Society of Behavioral Medicine. 2015

Data and Safety Monitoring Board (DSMB) for NHLBI-funded Cooperative Agreement "The Effectiveness of Family-based Weight Loss Treatment Implemented in Primary Care, July 2016 - present

Dissertation Opponent, Candidate: Kajsa Jarvholm, Title: "Mental Health in Adolescents Undergoing Bariatric Surgery', Lund University, Sweden, September 2016

Workforce Survey Committee Member, Division 54 of the American Psychological Association May 2016- 2020

Invited Member, National Collaborative on Childhood Obesity Research (NCCOR): Developing a Childhood Healthy Weight Program Evaluation Framework, April 2018 – present The Obesity Society Annual Program Committee (Intervention/ Clinical Studies), 2020-2023

### UNIVERSITY COMMITTEES

Honorary Degree Committee, Brown University, April 2006 – April 2008 Co-Chair, Honorary Degree Committee, Brown University, May 2008 – May 2009 Chair, Search Committee for Attending Faculty in General Pediatrics and Community Health, Department of Pediatrics/Division of General Pediatrics – March 2017

# MEMBERSHIP IN SOCIETIES

American Psychological Association North American Association for the Study of Obesity/The Obesity Society Society of Behavioral Medicine Society of Pediatric Psychology

### ORIGINAL PEER-REVIEWED PUBLICATIONS

- 1. **Jelalian E**, and Miller, A. (1984). The perseveration of beliefs: Conceptual perspectives and research developments. *Journal of Social and Clinical Psychology*, *2*, 25-56.
- 2. Lachman, M. E., and **Jelalian E**. (1984). Self-efficacy and attributions for intellectual performance in young and elderly adults. *Journal of Gerontology*, *39*, 577-582.
- 3. Stark, L. J., Knapp, L. G., Bowen, A. M., Powers, S. W., **Jelalian E**, Evans, S., Passero, M. A., Mulvihill, M.M., and Hovell, M. (1993). Increasing calorie consumption in children with cystic fibrosis: Replication with two-year follow-up. *Journal of Applied Behavior Analysis*, *26*, 435- 450.
- 4. Stark, L. J., Powers, S., **Jelalian E**, Rape, R., & Miller, D., (1994). Modifying problematic mealtime interactions of children with cystic fibrosis and their parents via behavioral parent training. *Journal of Pediatric Psychology*, *19*, 751-768.
- 5. Stark, L. J., **Jelalian E**, Mulvihill, M., Powers, S., Bowen, A. M., et. al. (1995). Eating in preschool children with cystic fibrosis and healthy peers: A behavioral analysis. *Pediatrics*, *95*, 210-215.
- Stark, L.J., Mulvihill, M.M., Powers, S.W., Jelalian E, Keating, K., Creveling, S., Byrnes-Collins, B., Harwood, I., Passero, M.A., Light, M., Miller, D.L., & Hovell, M.F. (1996).
  Behavioral intervention to improve calorie intake of children with cystic fibrosis:
  Treatment vs. Waitlist control. *Journal of Pediatric Gastroenterology and Nutrition*, 22, 240-253.
- 7. Stark, L.J., Mulvihill, M.M., **Jelalian E**, Bowen, A.M., Powers, S.W., Tao, S., Creveling, S., Passero, M.A., Harwood, I., Light, M., Lapey, A., & Hovell, M.F. (1997). Descriptive analysis of eating behavior in school age children with cystic fibrosis and healthy controls. *Pediatrics*, *99*, 665-671.

- 8. **Jelalian E**, Stark, L.J., & Miller, D. (1997). Maternal attitudes toward discipline: A comparison of children with cancer and non-chronically ill peers. *Children's Health Care*, 26, 169-182.
- 9. **Jelalian E**, Spirito, A., Rasile, D., Vinnick, L, Rohrbeck, C., & Arrigan, M. (1997). Risktaking, injury, and perception of future injury among adolescents. *Journal of Pediatric Psychology*, 22, 513-531.
- 10. Spirito, A., Rasile, D., Vinnick, L., **Jelalian E**, & Arrigan, M. (1997). Relationship between substance use and self-reported injuries among adolescents. *Journal of Adolescent Health*, *21*, 221-224.
- 11. **Jelalian E**, Stark, L. J., Kern, L, & Seifer, R. (1998). Nutrition intervention for weight gain in cystic fibrosis: A meta-analysis. *Journal of Pediatrics*, *13*2, 486-492.
- 12. **Jelalian E**, & Saelens, B. (1999). Empirically supported treatments in pediatric psychology: Pediatric obesity. *Journal of Pediatric Psychology*, *24*, 223-248.
- 13. Spirito, A., **Jelalian E**, Rasile, D., Rohrbeck, C., & Vinnick, L. (2000). Adolescent risk-taking and self-reported injuries associated with substance abuse. *American Journal of Drug and Alcohol Abuse*, *26*, 117-127.
- 14. Stark, L., **Jelalian E**, Powers, S., Mulvihill, M., Opipari, L., Bowen, A., Harwood, I., Passero, M., Lapey, A., Light, M., & Hovell, M. F. (2000). Parent and child mealtime behavior in families of children with cystic fibrosis. *The Journal of Pediatrics*, *136*, 195-200.
- 15. **Jelalian E**, Alday, S., Spirito, A., Rasile, D., & Nobile, C. (2000). Adolescent motor vehicle crashes: The relationship between behavioral factors and self-reported injury. *Journal of Adolescent Health*, 27, 84-93.
- 16. **Jelalian E**, Spirito, A., Rasile, D. & Nobile, C. (2001). Behavioral factors associated with self-reported injury in young adolescent males. *International Journal of Adolescent Medicine and Health*, *13*, 155-167.
- 17. **Jelalian E**, & Mehlenbeck, R. Peer-enhanced weight management treatment for overweight adolescents: Some preliminary findings. (2002). *Journal of Clinical Psychology in Medical Settings*, *9*, 15-23.
- 18. Saelens, B., **Jelalian E**, & Kukene, D. (2002). Primary care weight-related counseling for adolescents. *Clinical Pediatrics*, *41*, 575-585.
- 19. Powers, S.W., Patton, S.R., Byars, K.C., Mitchell, M.J., **Jelalian E**, Mulvihill, M.M., Hovell, M.F., & Stark, L.J. (2002). Calorie intake and eating behavior in infants and toddlers with cystic fibrosis. *Pediatrics*, *109*, e75.
- 20. **Jelalian E**, Boergers, J., Alday, S., & Frank, R. (2003). Survey of physician attitudes and practices related to pediatric obesity. *Clinical Pediatrics*, *42*, 235-245.

- 21. Stark, L.J., Opipari, L.C., Spieth, L.E., **Jelalian E**, et al. (2003). Contribution of behavior therapy to dietary treatment in cystic fibrosis: a randomized controlled study with two-year follow-up. *Behavior Therapy*, *34*, 237-258.
- 22. Stark, L.J., Opipari, L.C., **Jelalian E**, Powers, S.W., Janicke, D.M., Mulvhill, M.M. & Hovell, M.F. (2005). Child behavior and parent management strategies at mealtimes in families with a school-age child with cystic fibrosis, *Health Psychology*, *24*, 274-280.
- 23. Powers, S., Mitchell, M.J., Patton, S.R., Byars, K.C., **Jelalian E** et al. (2005). Mealtime behaviors in families of infants and toddlers with CF. *Journal of Cystic Fibrosis*, *4*, 175-182.
- 24. **Jelalian E**, Mehlenbeck, R., Richardson, E., Birmaher, V., & Wing, R.R. (2006). "Adventure therapy" combined with cognitive behavioral treatment for overweight adolescents, *International Journal of Obesity*, *30*, 31-39.
- 25. **Jelalian E**, Hart, C., Mehlenbeck, R., Lloyd-Richardson, E., Kaplan, J., Flynn-O'Brien, K., & Wing, R. R. (2008). Predictors of attrition and weight loss in an adolescent weight control program. *Obesity*. *16*, 1318-1323.
- 26. Hart, C.N., & **Jelalian E**. (2008). Shortened sleep duration is associated with pediatric overweight. *Behavioral Sleep Medicine*, *6*, 1-18.
- 27. Raynor, H.A., Osterholt, K., Hart, C.N., **Jelalian E**, Vivier, P., & Wing, R.R. (2009). Evaluation of active and passive recruitment methods used in randomized controlled trials targeting pediatric obesity. *International Journal of Pediatric Obesity*, *4*, 224-232.
- 28. Raynor, H.A., **Jelalian E**, Vivier, P.M., Hart, C.N., & Wing, R.R. (2009). Parent-reported eating and leisure-time behaviors related to energy balance in preschool- and schoolaged children, *Journal of Nutrition Education and Behavior*, *41*, 19-26.
- 29. Trask, C.L., Welch, J.J., Manley, P., **Jelalian E**, & Schwartz, C.L. (2009). Parental needs for information related to neurocognitive late effects from pediatric cancer and its treatment. *Pediatric Blood and Cancer*, *52*, 273-279.
- 30. Mehlenbeck, R.S., **Jelalian E**, Richardson, E.E, & Hart, C.N. (2009). Effects of behavioral weight control intervention on binge eating symptoms among overweight adolescents. *Psychology in the Schools, 46, 776-786*.
- 31. **Jelalian E**, Richardson, E.E., Mehlenbeck, R.S., Hart, C.N., Flynn-O'Brien, K.F., Kaplan, J., Neill, M., & Wing, R.R. (2010). Behavioral weight control treatment combined with supervised exercise or peer enhanced adventure intervention for overweight adolescents. *The Journal of Pediatrics*, *157*, 923-928.
- 32. Hart, C. N., **Jelalian E**, Raynor, H. A., Mehlenbeck, R., Lloyd-Richardson, E. E., Kaplan, J., Flynn-OBrien, K., & Wing, R. R. (2010). Early patterns of food intake in an adolescent weight loss trial as predictors of BMI change. *Eating Behaviors*, *11*, 217-222.
- 33. Hart, C.N., Raynor, H.A., **Jelalian E**, & Drotar, D. (2010). The association of maternal food intake and infants' and toddlers' food intake. *Child Care Health and Development*, *36*, 396-403.

- 34. Raynor, H.A., Van Walleghen, E.L., Osterholt, K.M., Hart, C.N., **Jelalian E**, Wing, R.R., & Goldfield, G.S. (2011). The relationship between child and parent food hedonics and parent and child food group intake in children with overweight/obesity. *Journal of the American Dietetic Association*, 111, 425-430.
- 35. Sato, A.F., **Jelalian E,** Hart, C.N., Lloyd-Richardson, E.E., Mehlenbeck, R.S., Neil, M., & Wing, R.R. (2011). Associations between parent behavior and adolescent weight control. *Journal of Pediatric Psychology*, *36*(4):451-460.
- 36. **Jelalian E**, Sato, A.F., & Hart, C.N. (2011). The effect of group-based weight control intervention on adolescent psychosocial outcomes: Perceived peer rejection, social anxiety and self-concept. *Children's Health Care*, 40(3):197-211.
- 37. Hart, C. N., Raynor, H. A., Osterholt, K. M., **Jelalian E**, & Wing, R. R. (2011). Eating and activity habits of overweight children on weekdays and weekends. *International Journal of Pediatric Obesity*, *6*, 467-472.
- 38. Raynor, H.A., Osterholt, K., Hart, C.N., **Jelalian E**, Vivier, P., & Wing, R.R (2012). Efficacy of U.S. Pediatric obesity primary care guidelines: Two randomized trials. *Pediatric Obesity*, *7*, 28-38.
- 39. Lloyd-Richardson, E., **Jelalian E.**, Sato, A., Hart, C., Mehlenbeck, R., & Wing, R.R. Two-year follow-up of an adolescent behavioral weight control intervention *Pediatrics*; originally published online July 2, 2012 (2012) DOI: 10.1542/peds.2011-3283
- 40. Foster, G., Sundal, D., McDermott, D. **Jelalian, E.**, Lent, M., Vojta. D. (2012). The feasibility and preliminary outcomes of a scalable, community-based treatment for childhood obesity. *Pediatrics*, *130*, 652-9.
- 41. Jensen, CD, Sato, AF, McMurtry, CM, Hart, CN., & **Jelalian**, **E**. (2012) School nutrition policy: An evaluation of the Rhode Island healthier beverages policy in schools. *ICAN: Infant, Child, & Adolescent Nutrition*, *4*, 276-282.
- 42. Hart, C, Carskadon, M, Considine, R, Fava, J, Lawton, J, Raynor, H, **Jelalian**, **E**, Owens, J & Wing, R. (2013) Changes in children's sleep duration on food intake, weight, and leptin. *Pediatrics*, *132*, e:1473-80.
- 43. Foster, GD, Sundal, D, Lent, MR, McDermott, C, **Jelalian**, **E.**, Vojta, D. (2014) 18-month outcomes of a community-based treatment for childhood obesity. *Pediatric Obesity*, *9*, e:63-7.
- 44. Barker, D., Rancourt, D., & **Jelalian**, **E**. (2014). Flexible Models of Change: Using structural equations to match statistical and theoretical models of multiple change processes. *Journal of Pediatric Psychology*, *39*, 233-45.
- 45. **Jelalian E**, Foster GD, Sato AF, Berlin KS, & McDermott C, & Sundal D. (2014). Treatment adherence and facilitator characteristics in a community based pediatric weight control intervention. *International Journal of Behavioral Nutrition and Physical Activity*, 11, 17.

- 46. Rancourt, D., Barker, D. H., Sato, A. F., Lloyd-Richardson, E. E., Hart, C. N., & **Jelalian**, **E**. (2014). Longitudinal associations among change in overweight status, fear of negative evaluation, and weight-related teasing among obese adolescents. *Journal of Pediatric Psychology*; 39, 697-707.
- 47. Rhee K, McEachern R, & **Jelalian E**. (2014). Parent readiness to change differs for overweight child dietary and physical activity behaviors. *Journal of the Academy of Nutrition & Dietetics*, *114*, 1601-10.
- 48. Jensen C, Duraccio KM, Hunsaker SL, B.S., Diana Rancourt D, Kuhl ES, **Jelalian E** & Wing RR (2014). A qualitative study of successful adolescent and young adult weight losers: implications for weight control intervention. *Childhood Obesity*, *10*, 482-90.
- 49. Hadley W, McCullough MB, Rancourt D, Barker D, & **Jelalian E.** (2015). Shaking up the system: The role of change in maternal-adolescent communication quality and adolescent weight loss. *Journal of Pediatric Psychology*, *40*, 121-31.
- Jelalian E, Hadley W, Sato A, Kuhl E, Rancourt D, Oster D, & Lloyd-Richardson E. (2015). Adolescent weight control: An intervention targeting parent communication and modeling compared with minimal parental involvement. *Journal of Pediatric Psychology*, 40, 203-213.
- 51. Rhee KE, Dickstein, S, Jelalian, E, Boutelle, K, Seifer, R, & Wing RR (2015). Development of the General Parenting Observational Scale to assess parenting during family meals. *International Journal of Behavioral Nutrition and Physical Activity*. 12:49 doi:10.1186/s12966-015-0207-3
- 52. Rhee KE, Boutelle KN, **Jelalian** E, Barnes R, Dickstein S, Wing RR. (2015). Firm maternal parenting associated with decreased risk of excessive snacking in overweight children. *Eating and Weight Disorders*, *20*,195-203.
- 53. Rhee KE, **Jelalian E**, Boutelle K, Dickstein S, Seifer R., & Wing, R. (2016). Warm parenting associated with decreasing or stable BMI during treatment. *Childhood Obesity*, 12, 94-102.
- 54. **Jelalian, E** & Evans E.W. (2017). Behavioral intervention in the treatment of obesity in children and adolescents: Implications for Mexico. *Nutrition Reviews*, 75 (suppl), 79-84.
- 55. Hart, C. N., Hawley, N., Davey, A., Carskadon, M., Raynor, H., **Jelalian, E.**, Owens, J., Considine, R., and Wing, R. R. (2017) Effect of experimental change in children's sleep duration on television viewing and physical activity. *Pediatric Obesity, 12*: 462–467. doi: 10.1111/ijpo.12166.
- LaRose JG, Tate DF, Lanoye A, Fava JL, Jelalian E, Blumenthal M, Caccavale LJ, Wing RR. (2017) Adapting evidence-based behavioral weight loss programs for emerging adults: A pilot randomized controlled trial. *Journal of Health Psychology*, 10.1177/1359105316688951.
- 57. Evans, WE, Abrantes, A, Chen, E. & **Jelalian E**. (2017). Using novel technology within a school-based setting to increase physical activity: A pilot study in school-

- age children from a low-income, urban community. *BioMed Research International*, Article ID 4271483, 7pp.
- 58. Goldschmidt AB, Wall MM, Choo TH, Evans EW, **Jelalian E**, Larson N, & Neumark-Sztainer D. (2018). 15-year weight and disordered eating patterns among community-based adolescents. *American Journal of Preventive Medicine*, *54*, e21-e29.
- 59. Rancourt R, Barker, D, & **Jelalian E**. (2018). Gender as a moderator of adolescents' weight control treatment outcome. *Journal of Adolescent Health*, 62, 591-597.
- 60. Evans, WE, Bond, DS, Pierre, DF, Howie, WC, Wing, RR, & **Jelalian, E**. (2018). Promoting health and activity in the summer trial: Implementation and outcomes of a pilot study. *Preventive Medicine Reports*, *10*, 87-92.
- 61. Rancourt, D, Jensen, CD, Duraccio, KM, Evans, EW, Wing, RR, & **Jelalian E**. (2018). Successful weight loss initial and maintenance among adolescent with overweight and obesity: Does age matter? *Clinical Obesity*, *8*, 176-183.
- 62. Phelan, S, Wing, RR, Brannen, A, McHugh, A, Hagobian, T, Schaffner A, **Jelalian, E**, Hart, CN, O'Scholl, T, Munoz-Christian, K, Yin, E, Phipps, M, Keadle, S, & Abram, B. (2018). Randomized controlled clinical trial of behavioral lifestyle intervention with partial meal replacement to reduce excessive gestational weight gain. *American Journal of Clinical Nutrition*, 107, 183-194.
- 63. Jelalian, E, Jandasek, B, Wolff, J, Seaboyer, L, Jones, R & Spirito, A. (2019). Cognitive-Behavioral Therapy Plus Healthy Lifestyle Enhancement for Depressed, Overweight/Obese Adolescents: Results of a Pilot Trial, Journal of Clinical Child & Adolescent Psychology, 48:sup1, S24-S33, DOI: 10.1080/15374416.2016.1163705
- 64. Phelan, S, Wing, RR, Brannen, A, McHugh, A, Hagobian, T, Schaffner, A, **Jelalian**, E, Hart, CN Scholl, T et al. (2019) Does partial meal replacement during pregnancy reduce 12-month post-partum weight retention? *Obesity*, *27*, 226-236.
- 65. Gorin, A, LaRose, JG, Espeland, M, Tate, D, **Jelalian, E**, Robichaud, E, Coward, C, Hatley, K, Garcia, Wei, Bahnson, J, Lewis, C. & Wing, RR. (2019). Eating pathology and psychological outcomes in young adults in self-regulation interventions using daily self-weighing. *Health Psychology, 38*, 143-150.
- 66. Spaeth, AM, Hawley, NL, Raynor, HA, **Jelalian, E**, Greer, A, Crouter, SE, Coffman, DL, Carskadon, MA, Owens, JA, Wing, RR, & Hart, CN. (2019). Sleep, energy balance, and meal timing in school-aged children. *Sleep Medicine*, *60*, 139-144.
- 67. Wing, RR, Espeland, MA, Tate, DF, Perdue, LH, Bahnson JA, Polzien, K, Ferguson Robichaud, ER, LaRose, JG, Gorin, A, Lewis, CA & **Jelalian**, **E.** (2019). Weight gain over 6 years in young adults: The Study of Novel Approaches to Weight Gain Prevention (SNAP) randomized trial. *Obesity*, *28*, 80-88.

- 68. Evans, EW, Koinis Mitchell, D, Kopel, SJ, & **Jelalian, E**. (2019). Lung Function, dietary intake, and weight status in children with persistent asthma from low-Income, urban communities. *Nutrients*, *11*, 2943.
- 69. **Jelalian, E**, Evans, EW, Rancourt, D, Ranzenhofer, L, Taylor, N, Hart, C, Seifer, R, Klinepier, K, & Foster, GD. *JOIN for ME*: Testing a scalable weight control intervention for adolescents. Child Obes. 2020 Apr;16(3):192-203. doi: 10.1089/chi.2019.0053. Epub 2019 Dec 18. PubMed PMID: 31855057
- 70. Hart, CN, **Jelalian**, **E**, & Raynor, HA. (2020). Behavioral and social routines and biological rhythms in prevention and treatment of pediatric obesity. *American Psychologist*, *75*, 152-162.
- 71. Kichler, J, Valenzuela, J, Barker, D, Noser, A, Brosig, C, Hilliard, M, Christidis, P, Stamm, K, Wysocki, T, & **Jelalian, E**. (2020). Society of Pediatric Psychology Workforce Survey: Updated factors related to compensation of pediatric psychologists. *Journal of Pediatric Psychology*, *45*, 434-444.
- 72. Darling, K, Ranzenhofer, LM, Hadley, W, Villalta, D, Kaspar, V, & **Jelalian, E**. (2020). Negative Childhood Experiences and Disordered Eating in Adolescents in a Weight Management Program: The Role of Depressive Symptoms. *Eating Behaviors*, 38, 101402
- 73. Hadley, W, Houck, C, Barker, D, Wickham, B, Bogner, B, & **Jelalian, E**. (2020). Preliminary Impact of an Adapted Emotion Regulation Intervention for Adolescents with Overweight and Obesity Attempting to Lose Weight. *Journal of Developmental & Behavioral Pediatrics*, *41*, 706-715.
- 74. Wing RR, Russell GB, Tate DF, Espeland MA, LaRose JG, Gorin AA, Lewis CE, **Jelalian** E, Perdue LH, Bahnson J, Polzien K, Ferguson Robichaud E. Examining heterogeneity of outcomes in a weight gain prevention program for young adults. Obesity (Silver Spring). 2020 Mar;28(3):521-528. doi: 10.1002/oby.22720. Epub 2020 Feb 6. PubMed PMID: 32030910; PubMed Central PMCID: PMC7042032
- 75. Eisenberg SR, **Jelalian E**, Farrow M, Kopel SJ, Vehse N, Mitchell P, Dunsiger S, Koinis-Mitchell D. (2020). Perceptions of asthma and exercise, and associations with weight status and asthma morbidity in urban children. *Acad Pediatr*, Jan-Feb;20(1):55-62.
- 76. Evans, E.W., Wing, R.R., Pierre, D.F. Howie, WC, Brinker, M, & **Jelalian, E**. (2020). Testing the effect of summer camp on excess summer weight gain in youth from low-income households: a randomized controlled trial. *BMC Public Health*, 20, 1732.
- 77. Powers, KE, **Jelalian**, **E** Dunsiger, S, Farrow, M, Gonzalez Miranda, L, Mitchell, P, Sheryl Kopel, S, & Koinis-Mitchell, D. (2021). Physical activity, lung function, and sleep outcomes in urban children with asthma. *Pediatric Pulmonology*, 1-8. https://doi.org/10.1002/ppul.25397
- 78. Koinis-Mitchell, D., Kopel, S.J., Dunsiger, S., McQuaid, E.L., Gonzalez Miranda, L., Mitchell, P., Vehse, N., & **Jelalian, E.** (in press, 2021). Asthma and physical activity in urban children. To appear in the *Journal of Pediatric Psychology*.

- 79. Darling, KE, Warnick, J, Hadley, W, Guthrie, K, & **Jelalian, E**. (in press, 2021). Reactions to guidelines for pediatric weight management: Qualitative perspectives from adolescents, parents, and providers. To appear in *Clinical Obesity*.
- 80. Darling, KE, Rancourt, D, Evans, EW, Ranzenhofer, L, & **Jelalian**, **E**. (in press, 2021). Adolescent weight management intervention in a non-clinical setting: changes in disordered eating and depressive symptoms. To appear in *Journal of Developmental and Behavioral Pediatrics*.

### OTHER PEER-REVIEWED PUBLICATIONS

- 1. Spirito, A., & Jelalian, E., (1994). Case Commentary. *In Suicide and Life Threatening Behavior*, *24*, 407-410.
- 2. Krishnamoorthy, J., Hart, C., & Jelalian, E. (2006). The epidemic of childhood obesity: Review of research and implications for public policy. *Social Policy Report, Society for Research in Child Development, XIX*, No. 11, 3-17.
- 3. Jelalian, E., Wember, Y.M., Bungeroth, H., & Birmaher, V. (2007). Practitioner review: Bridging the gap between empirically supported interventions and treatment of children and adolescents with psychiatric co-morbidities. *Journal of Child Psychology and Psychiatry*, 48, 115-127.
- 4. Jelalian E., Rancourt D, & Sato, A. (2013). Innovative interventions in pediatric obesity: Commentary and future directions. *Journal of Pediatric Psychology*, *38*, 1030-1036.
- 5. Esmeralda Guevara, E., Michelle L. Rogers, ML, Smego,R, Clark, MA, Elissa Jelalian, E, Vivier, PM. (2020). A Spatial Analysis of the Food Environment and Overweight and Obesity Among Rhode Island Youth. *RI Medical Journal*, December 2020; 56-61.

## **BOOKS and BOOK CHAPTERS**

- Reynolds, L. A., Miller, D. L., Jelalian, E. & Spirito, A. (1995). *Anticipatory grief and bereavement*. In. M.C. Roberts (Ed.). Handbook of pediatric psychology, (second edition). New York: Guilford.
- Stark, L. J., Jelalian, E., & Miller, D. L. (1995). *Cystic Fibrosis*. In M. C. Roberts (Ed.). Handbook of Pediatric Psychology, (second edition). New York: Guilford.
- Miller, D.L., Jelalian, E., & Stark, L.J. (1999). *Cystic fibrosis*. In A. Goreczny & Hersen (Eds.), Handbook of pediatric and adolescent health psychology. Boston: Allyn-Bacon.
- Stark, L.J. & Jelalian, E. (2002). *Addressing difficulties in feeding and eating.* In B. Lask, D. Angst & M. Bluebond-Langer (Eds.), Psychosocial aspects of cystic fibrosis. London: Chapman & Hall.
- Jelalian, E., Boergers, J. & Spirito, A. (2003). *Psychological aspects of leukemia and hematologic disorders*. In D.G. Nathan, S.H. Orkin, T. Look, & D. Ginsburg (Eds.). Hematology of Infancy and Childhood. W.B. Saunders Company.
- Jelalian, E., & Mehlenbeck, R. (2003). *Pediatric Obesity*. In M. Roberts (Ed).

- Handbook of Pediatric Psychology (third edition). New York: Guilford.
- Jelalian, E. & Steele, R. (2008) (Eds). Handbook of childhood and adolescent obesity. Springer.
- Jelalian, E., & Hart, C. (2009). *Pediatric Obesity*. In M. C. Roberts & R.G. Steele (Eds). Handbook of Pediatric Psychology (fourth edition). New York: Guildford.
- Jelalian, E. & Sato, A. F. (2010). Eating problems: Overeating and obesity. In A. M. LaGreca & G. P. Koocher (Eds). Parents Guide to Emotional First Aid: Helping Children and Adolescents Cope with Predictable Life Crises. Oxford: Oxford University Press.
- Jelalian, E. & Sato, A.F. (2012). *Physical activity as treatment for obesity*. In A.L. Meyer & T Gullota (Eds.) Physical Activity across the Lifespan, New York: Springer.
- Hart, C.N., Kuhl, E., & Jelalian, E. (2012). Short Sleep and Obesity Risk in Children. In: P. Shiromani, T. Horvath, S. Redline, and E. van Cauter (Eds.) Sleep Loss and Obesity: Intersecting Epidemics, New York: Springer.
- Hart, C.N., Hawley, N., Kuhl, E., & Jelalian, E. (2013). *Weight Control and Obesity*. In: A. Wolfson & H. Montgomery-Downs (Eds.) The Oxford Handbook of Infant, Child, and Adolescent Sleep: Development and Problems, New York: Oxford.
- Ranzenhofer, L, McCullough, MB, & Jelalian, E. (2016) *Evidence-based interventions for childhood obesity*. In L. Theordore (Ed). Handbook of Applied Interventions. New York: Springer.
- Jelalian, E, Evans, E, & Ranzenhofer, L. (2017). *Pediatric Obesity*. In M. C. Roberts & R.G. Steele (Eds). Handbook of Pediatric Psychology (fifth edition). New York: Guildford.

# OTHER NON-PEER REVIEWED PUBLICATIONS

- Jelalian, E. & Lloyd E. (1997). Assessment and treatment of adolescent obesity. Medicine and Health, Rhode Island, 80, 367-369.
- Sato, A. F. & Jelalian, E. (2010). Outpatient Multidisciplinary Interventions for the Treatment of Pediatric Obesity 2009: Practical Suggestions from Lessons Learned. *Obesity and Weight Management*, *6*(1), 31-34.

# ABSTRACTS/PRESENTATIONS National/International

- 1. Lachman, M. E., & Jelalian, E. (August 1983). Self-efficacy and attributions for intellectual performance in young and elderly adults. Paper presented at the Annual Convention of the American Psychological Association, Anaheim, CA.
- 2. Stark, L. J., Bowen, A. M., Mulvihill, M., Hovell, M., Knapp, L., Speith, L., Bradbury, C., Evans, S., Passero, M. A., Harwood, I., & Jelalian, E. (October 1991). *Behavioral and environmental factors affecting nutrition in Cystic Fibrosis*. Paper presented at the Fifth Annual North American CF Conference, Dallas, TX.

- 3. Stark, L. J., Bowen, A. M., Jelalian, E., et al. (October 1992). *Behavioral aspects of feeding the CF child.* Paper presented at the Sixth Annual North American CF Conference Washington, D.C.
- 4. Jelalian, E., & Schilling, K. M. (August 1986). *Applications of interpersonal diagnosis to the realm of depressive symptomatology*. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
- 5. Jelalian, E., Stark, L. J., & Miller, D. L. (April 1993) *Parental discipline of pediatric oncology patients*. Poster presented at the Fourth Florida Conference on Child Health Psychology, Gainesville, FL.
- 6. Jelalian, E., & Stark, L.J. (October 1994). *Mealtime interactions: Intervention with preschool and school age children.* Paper presented at the Eighth Annual North American CF Conference, Orlando, FL.
- 7. Jelalian, E., Opipari, L., & Stark, L.J. (April 1995). *Eating attitudes and body satisfaction in children with cystic fibrosis*. Poster presented at the Fifth Florida Conference on Child Health Psychology, Gainesville, FL.
- 8. Jelalian, E. Mulvihill, M.M., Opipari, L, Powers, S.W., Hovell, M. F., Light, M., Harwood, I., Passero, M.A., & Stark, L.J. (April 1995). *Inadequate oral intake in cystic fibrosis: The role of parent-child interactions*. Paper presented at the Fifth Florida Conference on Child Health Psychology, Gainesville, FL.
- 9. Jelalian, E., Spirito, A., Rasile, D., Vinnick, L., Rohrbech, C., & Arrigan, M. (August 1996). *Risk-taking, injury, and perception of future injury among adolescents*. Paper presented at the Annual Convention of the American Psychological Association, Toronto.
- 10. Jelalian, E. (October 1996). A comparison of eating attitudes and behaviors in females with cystic fibrosis and healthy peers. Paper presented at the Tenth Annual North American CF Conference, Orlando, FL.
- 11. Saelens, B., Jelalian, E., & Hunter, H. (March 1999). *Adolescents' interactions with physicians regarding weight and weight-related behaviors*. Poster presented at the Twentieth Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- 12. Lloyd, E., Alday, S., Spieth, L., & Jelalian, E. (March 1999). *Adolescent eating and shape concerns: Risks associated with binge eating disorder in obese mothers*. Poster presented at the Twentieth Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- 13. Alday, S., Boergers, J., & Jelalian, E., (August 1999). *Physician survey of practices and attitudes related to pediatric obesity*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Jelalian, E., MacNaughton, K, Opipari, L, Frank, R., Powers, S., Stark, L., & Piazza, C. (October 1999). Application of the state of change model to assessment of nutritional status in adolescents with cystic fibrosis. Poster presented at the 13<sup>th</sup> Annual North American Cystic Fibrosis Conference, Seattle, WA.

- 15. Jelalian, E., Mehlenbeck, R., Lloyd, E., Mora, K., Frisch, J. & Wing, R. R. (November 2000). *Peer-based skills training to enhance teen weight loss*. Paper presented at the North American Association for the Study of Obesity, Long Beach, CA.
- 16. Jelalian, E. (April 2001). *Peer-based intervention to improve psychosocial functioning and enhance weight loss in overweight adolescents*. Paper presented at the 8<sup>th</sup> Florida Conference on Child Health Psychology, Gainesville, FL.
- 17. Chambers, C.T., Jelalian, E., & Mehlenbeck, R. (April 2001). *Family interactions in pediatric obesity: The role of expressed emotions*. Poster presented at the 8<sup>th</sup> Florida Conference on Child Health Psychology, Gainesville, FL.
- 18. Krishnamoorthy, J., Jelalian, E., Mehlenbeck, R., & Richardson, E. (March 2004). Physical activity and sleep patterns in a sample of overweight adolescents. Paper presented at the 25<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Markov, Y., Jelalian, E., Plante, W., & Lobato, D. (April 2004). Sibling support of overweight adolescents. Poster presented at the National Conference on Child Health Psychology, Charleston, SC.
- 20. Tate, D, Jelalian, E, Ferguson, E, & Wing, RR. (October 2005). *Combining face-to-face and internet channels in the treatment of overweight adolescent girls*. Paper presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, CA.
- 21. Jelalian, E., Hart, C., & Richardson, E.L. (August 2005). *Multidisciplinary group-based treatment for adolescent weight control.* Paper presented at the Annual Meeting of the American Psychological Association, Washington, D.C.
- 22. Jelalian, E. (March 2006). *Evidenced based interventions in pediatric obesity*. Paper presented at the 27<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 23. Hart, C.N., Jelalian, E., Kaplan, J., Flynn-O'Brien, K., Raynor, H., Mehlenbeck, R., Lloyd-Richardson, E. (April 2006). *Early patterns of food intake as predictors of BMI change in an adolescent weight loss trial.* Paper presented at the National Conference on Child Health Psychology, Gainesville, FL.
- Jelalian, E., Hart, C., Lloyd Richardson, E.E., Mehlenbeck, R., Neill, M., & Kolko, R. (April 2008). Impact of adolescent weight control intervention on self-concept and social functioning. Poster presented at the National Conference on Child Health Psychology, Miami, FL.
- 25. Jelalian, E. (August 2009). Discussant and Co-chair: *Treatment of Pediatric Obesity in Diverse Settings: Toward More Ecologically-Relevant Interventions*. Symposium presented at the Annual Convention of the American Psychological Association, Toronto, CA
- Jelalian, E., Hart, C., Lloyd Richardson, E.E., Mehlenbeck, R., Neill, M., & Wing, R.R. (October 2009). Influence of parent behaviors on adolescent weight control. Poster presented at The Obesity Society Annual Meeting, Washington, D.C.

- 27. Jelalian, E., Sato, A, Hart, C., Lloyd Richardson, E.E., & Mehlenbeck, R. (October 2010). Two year follow up of a behavioral adolescent weight control intervention. Poster presented at The Obesity Society Annual Meeting, San Diego, CA.
- 28. McMurtry, M., Jelalian, E., Hart, C., & Neill, M. *Implementation of a school based policy banning sugar sweetened beverages: Examination of student reaction, consumption, and weight status.* (October 2010). Poster presented at The Obesity Society Annual Meeting, San Diego, CA.
- 29. Jelalian, E. (November 2010). *Impact of weight control intervention on adolescent psychosocial function.* Paper presented at the Association for the Advancement of Behavioral and Cognitive Therapy, San Francisco, CA.
- 30. Jelalian, E. (October 2011). *Parental involvement in adolescent weight control: Preliminary findings.* Poster presented at The Obesity Society Annual Meeting, Orlando, FL.
- 31. Hart, C.N. Lawton, J., Fava, J., Carskadon, M., Owens, J., Raynor, H., Jelalian, E., & Wing, R. (April 2012). *Changes in children's eating behaviors following increases and decreases in their sleep duration*. Paper presented at the Society for Behavioral Medicine 2012 Meeting, New Orleans, LA.
- 32. Hart, C.N. Lawton, J., Samuels, A., Carskadon, M., Jelalian, E., Fava, J., Owens, J., Raynor, H., & Wing, R. (June 2012). *The association between nocturnal sleep duration and daytime activity in school-age children*. Poster presented at the Associated Professional Sleep Societies 2012 Meeting, Boston, MA.
- 33. Hart, C.N., Samuels, A., Hawley, N., Raynor, H.A., Carskadon, M.A., Jelalian, E., Owens, J.A., & Wing, R.R. (June 2012). *Decreases in children's sleep result in increased frequency of eating bouts and greater caloric consumption later in the day.* Poster presented at the Associated Professional Sleep Societies Meeting, Baltimore, MD.
- 34. Jelalian, E., Hadley, W., Lloyd Richardson, E., Kuhl, E., Oster, D., & Sato, A. (2012, September). *Pilot RCT Examining parental involvement in adolescent weight control.* Poster presented at the Obesity Society Annual Meeting, San Antonio, TX.
- 35. Kuhl, E.S., Hadley, W., Lloyd-Richardson, E., Oster, D., Sato, A., & Jelalian, E. (September 2012). *Decreases in maternal criticism are associated with positive weight outcomes for adolescents participating in a weight management program.* Poster presented at The Obesity Society Annual Meeting. September, San Antonio, Texas.
- 36. Hart, C.N., Considine, R., Fava, J., Carskadon, M., Jelalian, E., Raynor, H.A., Owens, J., & Wing, R.R. (September 2012). *The influence of children's sleep on leptin, ghrelin, and creactive protein.* Poster presented at the Obesity Society's 2012 Annual Meeting, San Antonio, TX.
- 37. Jelalian, E. (Novembee 2012) *Innovative approaches to enhance the understanding and treatment of pediatric obesity.* Discussant. Symposium presented at the Annual Meeting of the ABCT, National Harbor, MD.

- 38. Jelalian, E., Kuhl, E., and Hadley, W. (April 2013). *Leave me alone: Adolescents losing weight independently.* Poster presented at the National Conference in Pediatric Psychology, New Orleans, LA.
- 39. Jensen, C, Durracio, K., Kuhl, E., Rancourt, D., Jelalian, E., & Wing, R. (April 2013). Successful teen weight losers: findings from the adolescent weight control registry. Poster presented at the National Conference in Pediatric Psychology, New Orleans, LA.
- 40. Kuhl, E.S., Hart, C.N., Morrow, K., & Jelalian, E. (April 2013). How do we build it so they will come? Developing a family and community-based obesity intervention for preschoolers from low-socioeconomic backgrounds. Poster presented at the National Conference in Pediatric Psychology, New Orleans, LA.
- 41. Jelalian, E., Foster, G., Sato, A., Berlin, K., & Sundal, D. (November 2013). *Treatment adherence and facilitator characteristics in a community based pediatric weight control intervention*. Poster presented at the Obesity Society 2013 Annual Meeting, Atlanta, GA.
- 42. Rancourt, D., Barker, D, Sato, A, Hart, C., Richardson, EE, & Jelalian, E. (November 2013). Longitudinal associations between changes in overweight status, fear of negative evaluation and weight-related teasing among obese adolescents. Poster presented at the Obesity Society 2013 Annual Meeting, Atlanta, GA.
- 43. Kuhl, E., Leahey, T., Hart, C., Jelalian, E., & Wing, RR. (November 2013). *Influence of children on weight outcomes for adults participating in an internet-based, behavioral weight control intervention.* Poster presented at the Obesity Society 2013 Annual Meeting, Atlanta, GA.
- 44. Jelalian, E., Rancourt, D., & Evans EW. (March 2014). Weight maintenance and depressive symptoms in overweight and obese adolescents. Poster presented at the Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
- 45. Jenson, C., Duraccio, K., Hunsaker, S., Rancourt, D., Kuhl, E., & Jelalian, E. (March 2014). *A qualitative study of successful adolescent weigh losers: Implications for weight control intervention.* Poster presented at the Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
- 46. Evans, E.W., Rancourt, D., & Jelalian, E. (November 2014). Successful weight loss among overweight and obese adolescents. Poster presented at the Obesity Society 2014 Annual Meeting, Boston, MA.
- 47. Jelalian, E, Evans, EW, Kopel, SJ, & Koinis Mitchell, D. (November 2015). *Dietary intake patterns in normal and overweight/obese urban children with asthma*. Poster presented at the Obesity Society 2015 Annual Meeting, Los Angeles, CA.
- 48. Evans, EW, Ranzenhofer, L, Chen, E, Borgolini, B, & Jelalian E. (November 2015). *Fit in Fifth: a school-based physical activity intervention using Fitbits with middle school students.* Poster presented at the Obesity Society 2015 Annual Meeting, Los Angeles, CA.
- 49. Gorin, A, LaRose, J, Espeland, M, Jelalian, E, Robichaud, E, Coward, C, Williams, S, Tate, D, Hatley, K, Garcia, KR, Lang, W, Bahnson, J, Lewis, C, & Wing, R. (October 2016). Does self-regulation using daily self-weighing increase risk for eating pathology and

- negative psychological outcomes: the study of novel approaches to weight gain prevention (SNAP). Poster presented at the Obesity Society 2016 Annual Meeting, New Orleans, LA.
- 50. Rancourt, D, Barker, DH, & Jelalian, E. Gender as a moderator of outcomes of a peer-enhanced weight control intervention. (March 2017). The positive and negative roles of peer relations in childhood obesity. Paper presented at the biannual conference of the Society for Research in Child Development, Austin, TX
- 51. Koinis Mitchell, D, Kopel, SJ, Esteban, C, Seifer, R, Vehse, HN, Chau, S. & Jelalian, E. (May 2017). *Asthma and physical activity in urban children*. Poster presented at the annual meeting of the American Thoracic Society Annual Conference, Washington, D.C.
- Koinis Mitchell, D., Kopel, S.J., Seifer, R., Farrow, M., Mitchell, P, Vehse, N., Chau, S., Esteban, C., & Jelalian, E. (September 2017). Asthma, physical activity and caregiver perceptions in urban children. Paper presented at the International Society for the Advancement of Respiratory Psychophysiology, Lille, France.
- 53. Evans, E W, Rancourt D, Ranzenhofer, L, Hart, C, Taylor-Post, N, Foster, G, & Jelalian, E. (October 2017). *Community-based behavioral weight control intervention for teens*. Poster presented at the Obesity Society 2017 Annual Meeting, National Harbor, MD.
- 54. Evans EW, Pierre-Fernandes D, Wing RR, Jelalian E. (November 2018). *Testing the Structured Day Hypothesis with summer camp*. Paper presented at the Annual Meeting of the Obesity Society, Nashville, TN.
- 55. Ziobrowski, H, Jelalian, E, Schaffner, A, Wing, RR & Phelan, S. (November 2018). Depressive symptoms are related to greater gestational weight in women with overweight and obesity. Poster presented at the Annual Meeting of the Obesity Society, Nashville, TN.
- 56. Jelalian, E, Sheinkopf, S, Tenebaum, E, Tokadjain, H, Bradford, B, & Wing, RR. (July 2020). *Developing a protocol to measure infant responsiveness to food cues*. Paper to be presented at the International Congress of Infant Studies Infant, Glasgow, Scotland (Conference canceled).
- 57. Jelalian, E., Evans EW. (September 2020) Developing a sustainable model to prevent excess summer weight gain in children from low-income backgrounds. Paper to be presented at the European Paediatric Psychology Conference, Stockholm Sweden (Conference postponed to 2021).

# ABSTRACTS/PRESENTATIONS Regional

- Schilling, K. M. & Jelalian, E. (April 1985). *Contributions of an index of interparental congruence to assessments of children.* Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Courtney, R.A., Jelalian, E., Hart, C.H. Guthrie, K., Carcone, A.I., Thompson, V., Eghtedary, K., & Towner, E.K. WIC-WSU Partnerships to help Detroit families defy the odds of preschool obesity: The tale of two families. Poster presented at the Mayor's Summit on Health Equity in Detroit, Wayne State University, Detroit, MI.

# **INVITED PRESENTATIONS**

### National/International

- 1. Jelalian, E. (1995, June). *Psychological effects of abuse on the child and family*. Paper presented at the University of Texas Health Center Conference on Child Abuse, Tyler, TX.
- 2. Jelalian, E. (2001, July). Assessment and treatment of pediatric obesity. Paper presented at the Annual Meeting of the International Society for Hypertension in Blacks, Las Vegas, NV.
- 3. Jelalian, E. (2001, August). Peer-based intervention to enhance cognitive-behavioral weight management for overweight adolescents. Paper presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- 4. Jelalian, E. (2002, June). Co-chair, workshop: *Diet, behavior and drugs*. Annual meeting of the International Society for Hypertension in Blacks, Miami, FL.
- 5. Jelalian, E. (2003, August). *Efficacy of a peer-based intervention to support adolescent weight control.* Paper presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
- 6. Jelalian, E. (2003, August). *Communication between overweight adolescents and their parents.* Paper presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
- 7. Jelalian, E. (2006, April) Topic Chair: *Health promotion and obesity*. National Conference on Child Health Psychology, Gainesville, FL.
- 8. Jelalian, E. (2006, September) *Current and future innovation and effective interventions for childhood obesity*. 8<sup>th</sup> Annual Conference on the Prevention & Treatment of Overweight and Obese Individuals, University of Kansas.
- 9. Jelalian, E. (2007, February). Overweight children and adolescents: Causes, consequences, and evidenced based interventions. Paper presented at Annual Psychology Education Day, The Hospital for Sick Children, Toronto, Canada.
- 10. Jelalian, E. (2007, February). *Developing effective interventions for adolescent weight control.* Paper presented at Annual Psychology Education Day, The Hospital for Sick Children, Toronto, Canada.
- 11. Jelalian, E. (2007, August). Discussant: *Evidence-based Treatment of Pediatric Overweight in Culturally Diverse Populations*. Symposium presented at the Annual Convention of the American Psychological Association, San Francisco.
- 12. Jelalian, E. (2007, December). *Psychosocial and Societal Consequences of Childhood Obesity*. Invited presentation. Childhood Obesity Research Summit, American Heart Association, Arlington, VA.
- 13. Jelalian, E. (2008, October). Symposium Chair, Clinical Studies Track, *Studies on Pediatric and Adolescent Obesity*, The Obesity Society Annual Meeting, Phoenix, AZ.

- 14. Jelalian, E. (2011, March). *Adolescent Weight Control*. Invited Presentation. Center for Weight and Eating Disorders, University of Pennsylvania, Philadelphia, PA.
- 15. Jelalian, E. (2011, October). *Advances in Obesity*. Invited Presentation. 37<sup>th</sup> Annual Meeting of the International Society for Pediatric and Adolescent Diabetes, Miami, FL.
- 16. Jelalian, E. (2013, July) 2-Year Follow-up of a Behavioral Intervention to Support Adolescent Weight Loss. Invited Presentation. 11th Armenian Medical World Congress, Los Angeles, CA.
- 17. Jelalian, E. (2013, July) *Interventions to Support Adolescent Weight Control*. Invited Presentation. The Science and Business of Weight Management, Dannemiller, Philadelphia, PA.
- 18. Jelalian, E. (2014, March). *Adolescent Weight Control*. Invited Presentation. Section on Growth and Obesity, Eunice Kennedy Shriver National Institute of Child Health and Human Development, Bethesda, MD.
- 19. Jelalian, E. (2014, November) *Behavioral Interventions: Prevention of Obesity and Diabetes in Children and Adolescents*. 10<sup>th</sup> Nestle Nutrition Conference, Mexico City, Mexico.
- 19. Jelalian, E. (2015, April). Presidential Address. Society of Pediatric Psychology Annual Conference, San Diego, CA.
- 20. Jelalian, E. (2017, March) *Becoming a Successful Clinical Supervisor and Mentor.* Invited Presentation. Society of Pediatric Psychology Annual Conference (SPPAC), Portland, OR.
- 21. Jelalian, E. (2017, September). Severe Obesity in Adolescents: Psychosocial, Behavioral and Environmental Risk Factors. Invited Presentation. NIDDK Workshop: Developing Precision Medicine Approaches to the Treatment of Severe Obesity in the Adolescent, Rockville, MD.
- 22. Jelalian, E. (2017, September). *Treatment of Obesity in Youth: State of the Science.* Keynote Speaker. Kemper Healthy Lifestyles Lecture, Children's Mercy Hospital, Kansas City, KS.
- 23. Jelalian, E. (2017, September). From Efficacy Testing to Dissemination: Taking Interventions to Scale. Keynote Speaker. Researchers of Biobehavioral Health in Urban Settings Today (RoBUST), Wayne State University Detroit, MI.
- 24. Jelalian, E. (2017, October). *Behavioral Weight Loss Interventions for Adolescents: State of the Art and New Frontiers*. Invited Presentation. Annual meeting of The Obesity Society, National Harbor, MD.

# INVITED PRESENTATIONS

# Regional

1. Jelalian, E. (May 1997). Assessment and treatment of adolescent obesity. Paper presented at the First Annual Brown University Obesity Treatment Update, Newport, R.I.

- 2. Jelalian, E. & Lloyd, E. (May 1998). *The treatment of adolescent obesity.* Workshop presented at the Second Annual Brown University Obesity Treatment Update, Newport, RI.
- 3. Jelalian, E. (October 1999). *Behavioral and psychosocial factors in the assessment and treatment of pediatric obesity.* "Practical Approaches to Preventing and Treating Childhood Obesity", Rhode Island Department of Health, Providence, RI.
- 4. Jelalian, E. (October 2002). Supporting teen weight control: Familial, cultural, and peer factors. Grand Rounds, Child & Adolescent Psychiatry, Brown Medical School, Providence, RI.
- 5. Jelalian. E. (September 2003). *Psychosocial aspects of weight related behaviors:*Application to primary care. "Practical Approaches for Childhood Obesity Interventions", Maine-Harvard Prevention Research Center, Augusta, ME.
- 6. Jelalian, E. (September 2007). *Overweight Children and Teens: Risks, Problems, and Recommendations*. Lifespan Health and Wellness Lecture Series, Providence, RI.
- 7. Jelalian E. (May 2012). *Lifestyle Interventions*. 2<sup>nd</sup> Annual RI Obesity Symposium, Warwick, RI.
- 8. Jelalian, E. (March 2013). *Physical activity as obesity treatment*. "Physical Activity as a Potent Tool for Prevention and Treatment". Sponsored by Child and Family Agency of Southeastern Connecticut, Glastonbury, CT.
- 9. Boergers, J & Jelalian E. (December 2013). *Psychosocial care of children with cancer*. Department of Child Psychiatry Grand Rounds, Providence, RI.
- 10. Jelalian, E. (April 2014). *Lifestyle interventions for pediatric obesity: Potential applications to pediatric oncology*. Biannual Meeting of the Consortium of New England Cancer Centers, Manchester, NH.
- 11. Jelalian, E. (May 2014). *Recognition of eating disorders*. 4<sup>th</sup> Annual RI Obesity Symposium, Warwick, RI
- 12. Jelalian, E. (October 2014). *CHANGES: Help for overweight/obese adolescents and their families* Lifespan Health & Wellness Series.

# **GRANTS**

- Eating attitudes and body satisfaction in children with CF and healthy controls. Department of Psychiatry and Human Behavior, Brown University School of Medicine. 7/93-6/94. Pl.
- Adolescent dietary behaviors: Risks associated with binge eating disorder in obese parents. Rhode Island Hospital Developmental Grant. 12/95-11/97. Pl.
- Application of the stage of change model to nutritional status in adolescents with cystic fibrosis. Lifespan Developmental Grant. March 1998-February 1999. Pl.

- Peer-based skills training to enhance teen weight loss (R01 HL6513201), NHLBI. 9/99-8/02. PI.
- Evaluation of an internet intervention for overweight adolescents (#2002–B2). Community Foundation for Southeastern Michigan/ Subcontract from Brown University. 4/02-3/05. Co-PI. (D Tate, PI).
- Peer enhanced intervention to support teen weight loss (RO1 DK062916), NIDDK. 6/03-4/09. Pl.
- Changing eating behaviors in young children: Should healthy foods be increased or unhealthy foods decreased? American Diabetes Association. 7/05-6/08. Co-Investigator. (H Raynor, PI) (7-05-HFC-27).
- Childhood obesity treatment targeting specific behaviors (HD51001), NICHD. 8/05-7/07. Co-Investigator. (H. Raynor, PI).
- Parental involvement as a strategy to enhance adolescent weight control (R03 HD060137), NICHD. 8/09-9/11. Pl.
- Prevention of weight gain in young adults (U01HL090864), NHLBI. 08/09-5/16, Co-Investigator (R. Wing PI).
- Integrated treatment for comorbid depression and obesity in adolescents (R34 MH083092) NIMH. 12/09-11/13, Co-PI.
- Enhancing sleep duration: Effects on children's eating and activity behaviors (R01HL92910) NHBLI, 8/11-7/15, Co-Investigator. (C. Hart, PI).
- Preventing excessive gestational weight gain in obese women (U01HL114377), NHLBI, 9/23/11-7/31/16, Co-Investigator (S. Phelan, PI).
- Asthma and physical activity in urban children: Cultural and contextual Factors (R01HL 116254), NHLBI, 7/13-3/16, Co-PI.
- Developing a preschool obesity intervention for families enrolled in WIC (R21 HD078890), NICHD, 2/1/14-1/31/16, Co-Investigator (E. Kuhl, PI).
- TEEN JOIN: A scalable weight control intervention for adolescents (R34DK10098), NIDDK, 7/15/14-7/31/17 (NCE), PI.
- Increasing physical activity in middle school students through novel approaches TMH7109006, Prince Foundation Grant, 9/1/14-8/31/15. Pl.
- Childhood Obesity Innovation Research Program. (GFT640211) Hassenfeld Child Health Innovation Institute. 2/2/2016-1/31/22. PI (with R. Wing).
- Mealtime interactions and risk of obesity in toddlers (R01DK108661), NIDDK, 8/1/2016-7/31-2020, Co-Investigator (C. Hart PI).

- Enhancing emotion regulation among overweight and obese adolescents attempting to lose weight (R21DK108164), NIDDK, 8/15/16 7/31/18, Co-Investigator (W. Hadley PI).
- Risk profiles and mechanisms of disease in maltreated children (R01HD086487), NICHD, 11/1/16-5/31/20, Co-Investigator (A. Tyrka PI).
- Prevention of gestational diabetes through lifestyle modification before pregnancy (R01HD084282), NICHD, 4/18/16 3/31/21, Co-Investigator (S. Phelan PI).
- A Sleep hygiene intervention to improve sleep quality in urban, Latino middle school children, (R34HL135073), NHLBI, 09/01/17-06/30/20, Co-Investigator (D. Koinis Mitchell PI).
- Action for Health in Diabetes Extension Study Research (2 U01 DK056992), NIDDK, 9/30/99-01/31/21, Co-Investigator (R. Wing PI).
- Reducing emotional eating in obese low-income adolescents with mindfulness-based behavioral weight management (R21HD095099), NICHD, 1/17/19-12/31/20, Co-Investigator (A. Sato PI).
- Packaging and Disseminating the JOIN for ME Program in Low-Income Settings. (U18DP006429-0), CDC, 4/1/19-3/31/24, PI.
- Eating related self-regulation and its neural substrates as mechanisms underlying the sleep/eating behavior association in children with overweight/obesity: An ecological momentary assessment study (R01HL147914), NHLBI, 8/15/19-7/31/24, Co-Investigator (A. Goldschmidt PI).
- Feasibility trial of the iAmHealthy intervention for healthy weight in rural children recruited from primary care clinics (U24OD024957), NIH, 10/1/19-8/31/21, Supervising Psychologist (A. Davis PI).
- Executive Functioning, Weight Trajectories, and Loss of Control Eating in Children with Overweight/Obesity: A Prospective Study. (R01DK120597), NIDDK, 5/15/20-3/21/25, Co-Investigator (A. Goldschmidt PI).
- Enhancing Emotion Regulation to Support Weight Control Efforts in Adolescents with Overweight and Obesity (R01DK124551), NIDDK, 09/16/20-06/30/25, MPI.

# UNIVERSITY TEACHING ROLES SUPERVISION

- 1. Clinical Supervisor for Psychology Interns in Child Track rotating through Rhode Island Hospital, 9/92 2017.
- 2. Clinical Supervisor for Psychology Postdoctoral Fellows at Rhode Island Hospital, 9/93 Present.
- 3. Research Supervisor for Psychology Interns and Postdoctoral Fellows, 7/94 Present.

# **TEACHING ROUNDS**

- Participant in Pediatric Psychiatry Seminar Series, Division of Child and Adolescent Psychiatry, Brown University, September 1992 Present.
- Participant in Child Track Seminar Series, Brown University Psychology Internship Consortium, February 1996 Present.
- Periodic presentations to Pediatric Teaching Rounds, Rhode Island Hospital/Hasbro Children's Hospital, 1998 Present.

# TEACHING/TRAINING COMMITTEES

- Child Track Committee, Brown University Clinical Psychology Internship Consortium, 1992 Present.
- Admissions Committee, Brown University Clinical Psychology Internship Consortium, Child Track Representative, 1997 2014.
- Evaluation Committee, Brown University Clinical Psychology Internship Consortium, March 2001 2002
- Coordinator, CORE Seminar Series, Brown University Psychology Internship Consortium, July 2001 June 2011.
- Coordinator, Clinical Didactics, Brown University Clinical Psychology Training Consortium, 2003 2016.
- Associate Director, Brown University Clinical Psychology Training Consortium, October 2010 September 2018.
- Co-Coordinator, Child Mental Health T32 Grant Writing Seminar, September 2011 Present.
- Director, Research Fellowship Program, Brown University Clinical Psychology Training Consortium, October 2018 -
- Director, Postdoctoral Fellowship Training Program, Brown University Clinical Psychology Training Consortium, 2020 -

### OTHER

Faculty Advisor, Project Health, Fitness and Nutrition Program, Brown University, September 2000 to May 2008.

## FACULTY RESEARCH MENTORING

E. Lloyd-Richardson, PhD (PI) K23 HL69987

9/1/04-6/30/10

Title: A Prospective Study of Weight Change in College Freshmen

Role: Co-Mentor

**Kay Rhee, MD (PI)**K23HD057299
6/1/09-5/31/14

Title: Role of parenting skills, style, and family functioning in pediatric weight loss.

Role: Co-Mentor

Jessica LaRose (PI) K23DK083440

3/5/09-2/28/14

Title: Recruiting and Retaining Young Adults in Behavioral Weight Loss Treatment

Role: Co-Mentor

**Andrea Goldschmidt (PI)** K23DK105234 7/1/15-6/30/19

Title: Neurodevelopmental Substrates of Emotion Regulation in Overweight, Binge Eating Youth

Role: Primary Mentor

**E. Whitney Evans (PI)** K01DK110142 7/1/16-6/30/20

Title: Evaluation and Enhancement of the Summer Food Service Program in Youth from an

Urban, Low-resource Community

Role: Co-Mentor