

CURRICULUM VITAE
Ernestine G. Jennings, Ph.D.

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EDUCATION

Undergraduate	1997	Bachelor of Science, Social Work University of Oklahoma, Norman, Oklahoma
Graduate	2003	Masters of Science, Psychology Oklahoma State University, Stillwater, Oklahoma
	2006	Doctorate of Philosophy, Clinical Psychology Oklahoma State University, Stillwater, Oklahoma APA-Accredited
Internship	2005 – 2006	Internship in Clinical Psychology Brown Medical School APA-Accreditation <i>Specialization:</i> Behavioral Medicine Track Research Advisor: Bess Marcus, PhD

POSTGRADUATE TRAINING

2006 – 2008	Postdoctoral Fellowship Centers for Behavioral and Preventive Medicine, Warren Alpert Medical School of Brown University and The Miriam Hospital, Providence, RI Research Advisor: Bess Marcus, PhD
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POSTGRADUATE HONORS AND AWARDS

2007	Physical Activity and Public Health Research Course, Research Fellow Centers for Disease Control
2007 – 2009	NIH Loan Repayment Program, Health Disparities Research
2009 – 2011	NIH Loan Repayment Program, Health Disparities Research (Renewal)
2009	NIDA Addiction Research Training Institute, Research Fellow

GRADUATE HONORS AND AWARDS

2003	Oklahoma Psychological Association – Poster competition, 1st Place
2004	Oklahoma Psychological Association – Poster competition, 2 nd Place

2004 Robert Wood Johnson Foundation Smoke-Free Families
National Program Office Dissertation Award
2005 Lifespan Research Day Celebration – Young Investigator
Competition, Clinical Science Finalist

PROFESSIONAL LICENSE

2009 – present Licensed Psychologist, Rhode Island ID# PS01109

ACADEMIC APPOINTMENTS

2006 – 2008 Research Fellow (Staff) Department of Psychiatry and Human Behavior
Alpert Medical School of Brown University
2008 – 2018 Assistant Professor (Research) Department of Psychiatry and Human
Behavior, Alpert Medical School of Brown University
2018 – 2020 Assistant Professor (Clinical) Department of Psychiatry and Human
Behavior, Alpert Medical School of Brown University
2020- present Associate Professor (Clinical) Department of Psychiatry and Human
Behavior, Alpert Medical School of Brown University

HOSPITAL APPOINTMENTS

2006 –2008 Postdoctoral Research Fellow; Centers for Behavioral and Preventive
Medicine, Department of Psychiatry and Human Behavior, Warren Alpert
Medical School of Brown University
2008 – 2013 Staff Psychologist, Centers for Behavioral and Preventive Medicine
The Miriam Hospital
2013 – 2020 Research Associate, Center for Behavioral and Preventive Medicine
The Miriam Hospital
2014 – present Staff Psychologist, Behavioral Medicine Clinic, The Miriam Hospital
2020 – present Senior Research Scientist, Center for Behavioral and Preventive Medicine
The Miriam Hospital

OTHER APPOINTMENTS

2000 – 2004 Research Assistant, Psychopharmacology Lab, Oklahoma State University
2006 – present Ad hoc reviewer: Nicotine and Tobacco Research, Preventing Chronic
Disease Women and Health, International Journal of Behavioural Nutrition
and Physical Activity, Journal of Obesity, Annals of Behavioral Medicine,
Addictive Behaviors, Health Psychology, Preventive Medicine, Addiction,
International Journal of Environmental Research and Public Health.

MEMBERSHIP IN SOCIETIES

1999 – present Society of Research on Nicotine and Tobacco
2005 – present Society of Behavioral Medicine
2006 – present American College of Sports Medicine

UNIVERSITY COMMITTEES

2010 – 2015	Member, Committee on Diversity, Brown Clinical Psychology Training Consortium, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2016 – present	Co-Chair, Committee on Diversity, Brown Clinical Psychology Training Consortium, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2011 – 2015	Member, Centers Advisory Committee: Centers for Behavioral and Preventive Medicine, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2013 – present	Member, Office of Diversity and Minority Affairs Advisory Group, Warren Alpert Medical School of Brown University
2013 – present	Member, Faculty and Trainee Retention and Advancement Committee, Office of Diversity and Minority Affairs Advisory Group, Warren Alpert Medical School of Brown University
2014 - 2015	Coordinator, CORE Seminar Series, Brown University Psychology Internship Consortium
2009 – 2014	Member, Diversity/Health Disparities working group; Centers for Behavioral and Preventive Medicine, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2009 – 2014	Member, Program in Nicotine and Tobacco; Centers for Behavioral and Preventive Medicine, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2009 – 2011	Member, Faculty Academic Advisory Committee, Centers for Behavioral and Preventive Medicine, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2010 – 2011	Member, Best Practices Committee; Centers for Behavioral and Preventive Medicine, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University

PUBLICATIONS IN PEER-REVIEWED JOURNALS

2008

1. Williams, D.M., Lewis, B.A., Dunsiger, S., King, T.K., **Jennings, E.**, & Marcus, B.H. (2008). Increasing exercise is associated with fewer depressive symptoms during successful smoking abstinence among women. *International Journal of Fitness*, 4, 39-44.
2. Lewis, B.A., Avery.M., **Jennings, E.**, Sherwood, N., Martinson, B., & Crain, A.L. (2008). The effect of exercise during pregnancy on maternal outcomes: Practical implications for practice. *American Journal of Lifestyle Medicine*, 2, 441-455.

2009

3. Pekmezi, D., **Jennings, E.**, & Marcus, B.H. (2009) Assessing and enhancing self-efficacy or physical activity. *ACSM's Health & Fitness Journal*, 13, 16-21.
4. Pekmezi, D., **Jennings, E.**, & Marcus, B.H. (2009). Interventions to promote physical activity among African Americans. *American Journal of Lifestyle Medicine*, 3, 173-184.

2010

5. Williams, D., Whiteley, J., Dunsiger, S., **Jennings, E.**, Albrecht, A., Ussher, M., Ciccolo, J., Parisi, A. Blair, S. Marcus (2010). Moderate intensity exercise as an adjunct to standard smoking cessation treatment for women: A pilot study. *Psychology of Addictive Behaviors*, 24, 349-54.

6. Bock, B.C., Morrow, K.M., Becker, B.M., Williams, D.M., Tremont, G., Gaskins, R., **Jennings, E.**, Fava, J. & Marcus, B.H. (2010). Yoga as a complementary treatment for smoking cessation: Rationale, study design and participant characteristics of the Quitting in- Balance study. *BMC Complementary and Alternative Medicine*, 10, 14.
7. Pekmezi, D., Williams, D., Dunsiger, S., **Jennings, E.**, Lewis, B., Jakicic, J. & Marcus, B. (2010) Computer-Tailored and Internet-based Interventions. *Telemedicine and E-Health*, 16, 498-503.

2011

8. Bock BC, **Jennings E**, Becker BM, & Niaura, RS (2011). Characteristics and predictors of readiness to quit among emergency medical patients presenting with respiratory symptoms. *International Journal of Emergency Medicine*, 6;4:24.
9. Ciccolo, J., Dunsiger, S., Williams, D., Bartholomew, J., **Jennings E.**, Ussher, M., Kraemer, W., and Marcus, B. (2011). Resistance training as an aid to standard smoking cessation treatment: A pilot study. *Nicotine and Tobacco Research*, Aug; 13(8):756-60.
10. Williams, D., Papandonatos, G., **Jennings, E.**, Napolitano, M., Lewis, B., Whiteley, J., Bock, B., Albrecht, A., Dunsiger, S., Parisi, A., King, A., & Marcus, B. (2011). Does tailoring on additional theoretical constructs enhance the efficacy of a print-based physical activity promotion intervention? *Health Psychology*. Jul;30(4):432-41.
11. Williams, D.M., Dunsiger, S., Ussher, M.H., Whiteley, J.A., **Jennings, E.G.**, & Ciccolo, J.T. (2011). Acute effects of moderate intensity exercise on core affect and cigarette cravings. *Addictive Behaviors*, Aug;36(8):894-7.

2012

12. Bock, B., Fava, J., Gaskins, R., Morrow, K., Williams, D., Becker, B., Tremont, G. **Jennings, E.**, & Marcus, B. (2012). Yoga as a complimentary treatment for smoking cessation: A pilot study. *Journal of Women's Health*.
13. Papandonatos, G., Williams, D., **Jennings, E.**, Napolitano, M., Bock, B., Dunsiger, S., and Marcus, B. (2012). Determinants of physical activity behavior change: The critical role of affect. *Health Psychology*.
14. Williams, D.M., Dunsiger, S., **Jennings, E.J.** & Marcus B. H. (2012) Does affective valence during and immediately following a 10-min walk predict concurrent and future physical activity? *Annals of Behavior Medicine*.
15. Ciccolo, J.T., Lo., A., **Jennings, E.G.**, & Motl, R.W. (2012) Rationale and design of a clinical trial investigating resistance training as an aid to smoking cessation in persons with multiple sclerosis. *Contemporary Clinical Trials*. Jul;33(4):848-52.

2013

16. Whiteley J, Williams D, **Jennings, E**, Ciccolo, J, Bock B, Dunsiger S, Marcus B. (2013). The challenges of translating an efficacious smoking cessation program, Commit to Quit, to the community setting of YMCAs. *Translational Behavioral Medicine* 3(1): 47-58.
17. Bock BC, Heron KE, **Jennings E**, Morrow K, Cobb V, Magee J, Fava, JL, Deutsch C, & Foster R. (2013). A Text Message Delivered Smoking Cessation Intervention: The Initial trial of TXT-2-Quit, a Randomized, Controlled Trial. *JMIR mHealth and uHealth*.
18. Bock BC, Heron KE, **Jennings E**, Magee J & Morrow K. (2013). User preferences for a text message smoking cessation intervention: Results of the TXT-2-Quit Pilot. *Health Education & Behavior*,40(2):152-9.

2014

19. Bock BC, Rosen RK, Fava JL, Gaskins RB, **Jennings E**, Thind H, Carmody J, Dunsiger SI, Gidron N, Becker BM, Marcus BH (2014). Testing the efficacy of yoga as a complementary therapy for smoking cessation: Design and methods of the BreathEasy trial. *Contemporary Clinical Trials*, 38,(2), 321-332.
20. Gaskins, R, **Jennings, E**, Thind, H, Becker, B, Bock, B. (2014). Acute and Cumulative Effects of Vinyasa Yoga on Affect and Stress among College Students Participating in an Eight-week Yoga Program: A Pilot Study. *International Journal of Yoga Therapy*, 24, 63-70.
21. Gaskins, R, **Jennings E**, Thind, H, Fava, J, Horowitz, S, Lantini, R, Becker, B, Bock, B. (2014). Recruitment and initial interest of men in yoga for smoking cessation: QuitStrong, a randomized control pilot study. *Translational Behavioral Medicine*. 5(2):177- 88.

2016

22. Scott-Sheldon LAJ, Lantini RC, **Jennings EG**, Thind H, Rosen R, Salmoirago-Blotcher E & Bock BC. (2016). Text messaging-based interventions for smoking cessation: A systematic review and meta-analysis. *Journal of Medical Internet Research: mHealth and uHealth*, 4(2), e49. doi: 10.2196/mhealth.5436.
23. Thind H, **Jennings E**, Fava JL, Sillice MA, Becker BM, Hartman S & Bock, BC. (2016). Differences between Men and Women enrolling in Smoking Cessation Programs using Yoga as a Complementary Therapy. *Journal of Yoga and Physical Therapy*. 6: 3.
24. Risica P, Gavarkovs A, Parker P, **Jennings E**, Phipps M. (2016). A tailored video intervention to reduce smoking and environmental tobacco exposure during and after pregnancy: Rationale, design and methods of Baby's Breath. *Contemporary Clinical Trials*. 4;52:1-9.
25. Rosen RK, Thind H, **Jennings E**, Guthrie KM, Williams DM, & Bock BC. (2016). "Smoking does not go with Yoga": A qualitative study of women's phenomenological perceptions during yoga and smoking cessation. *Int J Yoga Therap*, Aug 4. [Epub ahead of print].

2017

26. Bock BC, Thind HT, Dunsiger S, Fava J, **Jennings E**, Becker B, Rosen RK, Sillice M & Marcus, BH. (2017). Who Enrolls in a Quit Smoking Program with Yoga Therapy? *American Journal of Health Behavior*, Volume 41, Number 6, November 2017, pp. 740-749(10).
27. Thind H, Sillice MA, Fava JL, Lantini R, Horowitz S, **Jennings E**, Rosen RK, Carmody J, Becker BM, Marcus BM & Bock BC. (2017). Development and Validation of an Instrument to Assess Outcome Expectations of Yoga. *Am J Health Behav*, 41(6): 796-802.
28. Risica, PM, Gavarkovs, A, Parker, DR, **Jennings, E**, and Phipps, M. (2017) A tailored video intervention to reduce smoking and environmental tobacco exposure during and after pregnancy: Rationale, design and methods of Baby's Breath. *Contemporary Clinical Trials*, Volume 52, Pages 1-9.
29. Lantini R, Sillice MA, Fava JL, **Jennings E**, Rosen RK, Horowitz SM, Becker BM, & Bock BC. (2017). Butt Why? Exploring factors associated with cigarette scavenging behaviors in a general population of adult smokers. *Addictive Behaviors*.2018 Mar;78:200-204.

2018

30. Gavarkovs, A. G, Risica, PM, Parker, DR, **Jennings, E**, Mello J, Phipps, M. (2018) Self-Reported Environmental Tobacco Smoke Exposure and Avoidance Compared with Cotinine Confirmed Tobacco Exposure among Pregnant Women and Their Infants. *Int. J. environ. Res. Public Health*, 2018, 15, 871.

31. **Jennings EG**, Dunsiger SI, Bock BC, Hartman SJ, Williams DM, Marcus BH. (2018) Setting larger session duration goals is associated with greater future physical activity. *PLoS ONE*, 13(12): e0208644. doi: 10.1371/journal.pone.0208644.
32. Sillice MA, Dunsiger S, **Jennings E**, Lantini R, Bock BC. (2018). Differences in mobile phone affinity between demographic Groups: Implications for mobile phone delivered interventions and programs. *Mhealth*, 4:39. doi:10.21037/mhealth.2018.09.06.
33. Bock BC, Dunsiger SI, Rosen RK, **Jennings E**, Thind H, Fava JL, Becker BM, Carmody J & Marcus BH. (2019). Yoga as a Complementary Therapy for Smoking Cessation: Results from BreathEasy, a Randomized Clinical trial. *Nicotine & Tobacco Research*. PMID: 30295912

2019

34. Deutsch C, Bock B, Lantini R, Walaska K, Rosen R, Fava J, **Jennings E**, Foster R, & Flanagan W. (2019). A text message delivered smoking cessation intervention: Design and rationale of the Text My Quit Study. *Contemporary Clinical Trials*. 10.1016/j.cct.2019.04.010.
35. Sillice MA, **Jennings E**, Uebelacker LA, Abrantes AM, Holland CC, O’Keefe B & Bock BC. (2019). African American women’s relationship with their mobile phone, and what they want in a mobile delivered physical activity intervention: guidance for intervention development. *mHealth*. Doi: 10.21037/mhealth.2019.05.01

2020

36. Scherzer CR, Ranney ML, Jain S, Bommaraju SP, Patena J, Langdon K, Nimaja E, **Jennings E**, Beaudoin FL. (2020) Mobile Peer-Support for Opioid Use Disorders: Refinement of an Innovative Machine Learning Tool. *Journal of psychiatry and brain science*, vol. 5, no. 1, 2020.
37. Fox, K, Gans, K, McCurdy, K, Risica, P, **Jennings, E**, Gorin, A, Papandonatos, Tovar, A. (2020). Rationale, design and study protocol of the “Strong Families Start at Home” Feasibility Trial to Improve the Diet Quality of Low-Income, Ethnically Diverse Children by Helping Parents Improve their Feeding and Food Preparation Practices. *Contemporary Clinical Trials Communications*, Vol 19.

OTHER PUBLICATIONS

1. Ciccolo, J.T., **Jennings, E.G.**, & Busch A.M. (2013). Behavioral approaches to enhancing smoking cessation. In Rippe, J.M. (Ed.), *Encyclopedia of Lifestyle Medicine and Health*. Taylor and Francis Publications.
2. **Jennings, E.** & Linke, S. E. (2013). Facilitating Behavior Change. In: ACSM Practitioner Manual.
3. Bock, B., Lewis, B., **Jennings, E.**, Marcus-Blank, J., & Marcus, B. (2009). Women and smoking cessation: Challenges and opportunities. *Current Cardiovascular Risk Reports*, 3, 205-210.
4. **Jennings, E.**, Pekmezi, D. & Marcus-Blank, B., & Marcus, B. (2008). Community smoking cessation resources. *Current Cardiovascular Risk Reports*, 2, 452-457.
5. Collins, C., Buttryn, M., & **Jennings, E.** (2007). Use of readiness for change in Cardiac Rehabilitation programs. In Kraus, W. & Keteyian, S. (Eds.) *Cardiac Rehabilitation (Contemporary Cardiology)*.
6. Collins, F., Leffingwell, T., **Green-Turner, E.**, & McCaffree, M. (2003). Environmental tobacco smoke. In Ollendick, T.H. & Schroder, C.S. (Eds.). *Encyclopedia of Pediatric and Child Psychology*. New York: Plenum.

7. Gurwitch, R. H & **Green-Turner, E.** (2003). Prenatal exposure to nicotine. In Ollendick, T.H. & Schroder, C.S. (Eds.). *Encyclopedia of Pediatric and Child Psychology*. New York: Plenum.

INVITED PRESENTATIONS

1. **Jennings, E.** (October 2005). Lecturer, *Quitting smoking for good*, Breast Cancer Awareness Program, Warwick, RI.
2. **Jennings, E.** (October 2006). Lecturer, *Behavioral Medicine overview*. Brown University Clinical Psychology Training Consortium, Behavioral Medicine Intern Seminar Series.
3. Spirito, A & **Jennings, E.** (October 2007). Lecturer. *Postdoctoral fellowships*. Brown University Clinical Psychology Training Consortium, Intern Seminar Series.
4. Oliver, K, Brawer, P., Calfas, K., **Jennings, E.** (March 2008). *Career in Behavioral Medicine: Developing and maintaining balance between personal and professional lives*. Symposium presented at the 29th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
5. **Jennings, E.**, Walker, C, & Williams, J. (May 2009). *Coming Together: A conversation about African-American churches, community and mental health*. Spirituality and Religion SIG, Diversity Committee of Brown University's Clinical Psychology Training Consortium.
6. Oliver, K, Brawer, P, France, C, **Jennings, E.** (April 2010). *Balancing personal and professional life in early Behavioral Medicine careers: Challenges and solutions*. Symposium presented at the 31st Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
7. **Jennings, E.** (September 2013). *Assessing secondhand smoke in the Neonatal Intensive Care Unit*, Brown Pulmonary Research Seminar Series.
8. **Jennings, E.** (May 2014) *Smoking cessation and exercise promotion in the prenatal to postpartum period*. UMASS Medical School Department of Preventive Medicine, Division Research Seminar.
9. **Jennings, E.** (June 2014) *Addressing smoking cessation during the pregnancy and postpartum period*. Women and Infants Hospital, Inter-Agency Coordinating Committee Meeting.
10. **Jennings, E.** (October 2015) *Addressing implicit bias in a clinical setting*. Women and Infants Annual Resident Retreat.
11. **Jennings, E.** (August 2017) *Supporting diversity and inclusion efforts in a medical school setting*. Rhode Island Hospital Pathology Grand Rounds.
12. Jennings, E, van den Berg, J.(February 2019) *Incorporating Diversity Topics into Presentations*. Center for Alcohol and Addiction Studies, Brown University
13. **Jennings, E**, Mote, S., Haig, D. (November 2019) *The intersection of implicit bias and clinical care*. Bradley Hospital.
14. **Jennings, E.** (December 2019). *Popcorn & Perspective, An interdisciplinary Discussion of the Movie "Crash"*. Bradley Hospital.

ABSTRACTS (National)

1. Boyd, B.J., Dunlap, M., Shaw, S. R., Bartgis, J., **Green-Turner, E.**, & Chaney, J. (June 2001). *Stereotyped perceptions of American Indian features*. Poster presented at the 14th annual meeting of the Society of Indian Psychologists, Logan, UT.
2. Collins, F., **Green-Turner, E.**, Gemmill, C., & Hammond, C.K. (February 2003). *Influencing public policy: Environmental tobacco smoke exposure in Tulsa*. Poster presented at the 9th annual meeting of the Society for Research on Nicotine and Tobacco. New Orleans, LA.

3. **Jennings, E**, Collins, F, Haala, K, Miller, B, & Cohen, L. (October 2003). *Assessing resource allocation in college students*. Poster presented at annual meeting of the Oklahoma Psychological Association.
4. **Green-Turner, E.**, Knight, L, Cook, V, & Gurwitch, R. (November 2003). *Development in children with prenatal substance exposure: A controlled study*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.
5. Knight, L, **Green-Turner, E**, Cook, V., & Gurwitch, R. (November 2003) *Development in children with prenatal substance exposure: A longitudinal study*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.
6. **Jennings, E**, Collins, F, Haala, K, Miller, B., & Cohen, L. (February 2004). *Assessing resource allocation in college students*. Paper presented at annual meeting of the Society for Research on Nicotine and Tobacco, Scottsdale, Arizona.
7. **Jennings, E**, Haala, K, Babitzke, A, Leffingwell, T, & Collins, F. (April 2004). *Addressing environmental tobacco smoke exposure in the home*. Poster presented at the Applications of Psychology to Health and Safety: Behavioral Medicine conference, Lubbock, Texas.
8. **Jennings, E**, Collins, F. (October 2004). *Addressing environmental tobacco smoke reduction in a child health care setting*. Poster presented at annual grantees meeting of Smoke-Free Families National Program Office, Princeton New Jersey.
9. BlueEye, L, Carlson, S, **Jennings, E**, Rohweder, C, & Coachman, C. (May, 2005). *Second wind, first breath: Educational materials for pregnant Native Americans*. Paper presented at annual National Conference on Tobacco or Health.
10. **Jennings, E.**, (September 2005) *Addressing environmental tobacco smoke reduction in a child health care setting*. Poster presented at the annual Lifespan Research Day Celebration, Providence Rhode Island.
11. **Jennings, E.** (April, 2007) *Examining the impact of obesity status in an evidence-based physical activity intervention*. Poster presented at the annual Brown University College of Public Health Research Day, Providence, Rhode Island.
12. **Jennings, E**, Pekmezi, D & Marcus B. (November 2007). *Examining ineligible callers seeking to enroll in a physical activity adoption trial*. Poster presented at Fifteenth Annual Cardiovascular Diversity Research Supplement Awardee Session, Orlando, Florida.
13. **Jennings, E**, & Collins, F. (February 2008). *Addressing environmental tobacco smoke reduction in a child health care setting*. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR
14. Ciccolo, J, **Jennings, E**, Bock, B, Whiteley, J, Williams, D, Borrelli, B, & Marcus, B. (February 2008). *Sleep disturbance among women smokers enrolled in a randomized controlled smoking cessation trial*. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
15. **Jennings, E**, Whiteley, J, Marcus-Blank, B, Longval, J, & Weinstock, M. (March 2008) *Physical activity and sun protection behaviors in a randomized controlled physical activity trial*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
16. Williams, D.M., Whiteley, J.A., **Jennings, E.**, Albrecht, A.E., Ussher, M.H., Dunsiger, S., Ciccolo, J.T., Parisi, A.F., & Marcus, B.H. (2009). *Moderate intensity exercise as an adjunct to standard smoking cessation treatment for women: A pilot study*. Presented at the 30th annual meeting of the Society of Behavioral Medicine, Montreal, QC.
17. Williams, D.M., **Jennings, E.**, Papandonatos, G.D., Lewis, B.A., Napolitano, M.A., Whiteley, J.A., Dunsiger, S., & Marcus, B.H. (June, 2010). *Testing the efficacy of an enhanced, individually tailored, theory-based, print delivered exercise promotion intervention*. Presented at the 57th annual meeting of the American College of Sports Medicine, Baltimore, MD.

18. **Jennings, E.**, Hartman, S., Dunsiger, Marcus B. (April 2011). *Goal-setting in a print-based physical activity promotion intervention*. Presented at the 32nd annual meeting of the Society of Behavioral Medicine, Washington, DC.
19. Whiteley, J., Dunsiger, S., **Jennings, E.**, Williams, D., C., Ciccolo, J. Bock, B., Albrecht, A., Parisi, A., Marcus, B. (April 2011). *Outcomes from Commit to Quit YMCA: Translating an effective quit smoking program to a YMCA setting*. Presented at the 32nd annual meeting of the Society of Behavioral Medicine, Washington, DC.
20. Bock, B., Morrow, K., **Jennings, E.**, Deutsch, C. & Foster, R. (August 2010). *Texting for smoking cessation: Identifying needs of potential users*. Poster presented at the 11th International Congress of Behavioral Medicine, Washington, DC.
21. Thind, H, Dunsiger, S, Fava, J, Gaskins, R, **Jennings, E**, Carmody, J, Rosen, R, Horowitz, S, Lantini, R, Becker, B. (September 2014). *Be mindful to lower depression and anxiety: Results from a longitudinal study*. Symposium on Yoga Research, Stockbridge, MA.
22. Lantini R, Fava J, Thind H, Dunsiger S, Horowitz S, **Jennings E**, Becker B, Breault C, Rosen R, Gaskins R & Bock, BC. (2015, April). *Butt Why? Cigarette Scavenging & Factors Associated with Smoking Previously Used Cigarettes*. Accepted for presentation at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.
23. Horowitz S, Dunsiger S, **Jennings E**, Gaskins R, Thind H, Fava J, Lantini R, Breault C & Bock BC. (2015, April). *Advertising effectiveness for recruitment & retention in a trial of yoga for smoking cessation*. Presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.
24. Thind H, Fava J, **Jennings E**, Dunsiger S, Rosen RK, Horowitz S, Lantini R, Breault C, Becker B, Bock BC. *Development and validation of an instrument to assess outcome expectations for yoga*. Abstract selected for presentation at Symposium of Yoga Research. Sep 28-30, 2015. Stockbridge, MA.
25. Horowitz S, Dunsiger S, **Jennings E**, Lantini R, Rosen RK, Sillice MA, Fava JL, Becker BM, Breault C, Bock BC. (March 2016). *Understanding E-cigarette usage among current smokers in complementary and alternative research*. Accepted for presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 30 - April 2, 2016, Washington DC.
26. **Jennings E**, Dunsiger S, Crocker C, Horowitz S, Lantini R, Bock BC. (June 2016) *Changes In Physical Activity and Smoking Behaviors In A Randomized Controlled Trial*. Presented at the 63rd annual meeting of the American College of Sports Medicine, Boston, MA.
27. Rosen RK, **Jennings E**, Lantini R, Thind H, Horowitz S, Dunsiger S, Sillice M, Bock BC. (September 2016) *Qualitative Reflections on Yoga as a Complementary Therapy for Smoking Cessation*. Poster abstract accepted for presentation at the Symposium for Yoga Research. Stockbridge, MA.
28. Dunsiger S, Bock B, Whiteley J, Ciccolo J, **Jennings E**, Linke S, Rosen RK, Horowitz S, Lantini R & Marcus, BH. *Exercise may enhance smoking cessation through improved sleep*. Submitted to the 38th annual Meeting and Scientific Session of the Society of Behavioral Medicine, March 29 – April 1 2017, San Diego, CA.
29. Sillice MA, Lantini R, Dunsiger S, Horowitz S, Breault C, Rosen RK, **Jennings E**, Marcus BH, & Bock BC (March 2017). *Exploring Cigarette Scavenging Behaviors in a General Population of Adult Smokers*. Paper accepted for presentation at the 23rd annual meeting of the Society for Research on Nicotine and Tobacco.
30. Bock BC, **Jennings E**, Dunsiger S, Rosen R & Marcus BH. (March 2017). *Yoga as a Complementary Therapy for Smoking Cessation*. Paper accepted for presentation to the 23rd annual meeting of the Society for Research on Nicotine and Tobacco.
31. Rosen RK, **Jennings E**, Dunsiger S, Lantini R, Thind H, Sillice M, Gidron N, Horowitz S, Becker BM, & Bock BC (October 2017). *Qualitative responses to yoga as a*

- complementary therapy for smoking cessation: The Breatheasy study.* Accepted for presentation at the Symposium for Yoga Research, Stockbridge, MA.
32. **Jennings, E**, Dunsiger, S, Rosen, R, Lantini, R, Horowitz, S, Bock, B. Patterns of Quitting Smoking and the Participant Experience in The Breatheasy Trial: A Mixed Methods Analysis. (February 2018). Presented at the 24th Annual Meeting of the Society for Research on Nicotine and Tobacco, Baltimore, Maryland.
33. Rosen, R, Fava, J, **Jennings, E**, Dunsiger, S, Lantini, R, Horowitz, S, Bock, B. A Mixed Methods Approach to Understanding Group Cohesion in the BreathEasy Smoking Cessation Study. (April 2018). Presented at the 39th Annual Meeting Society of Behavioral Medicine, New Orleans, LA

ABSTRACTS (International)

34. BlueEye, L., **Jennings, E.**, Carlson, S., & Rohweder, C. (March 2005). *Addressing prenatal smoking cessation in indigenous American Indian communities.* Poster presented at the Society for Research on Nicotine and Tobacco, Prague, Czech Republic.
35. Bock, BC, **Jennings E**, Magee JC, Deutsch C & Foster, R. (August 2012). *Smoking Intervention using Text Messaging and Social Networking: The TXT-2-Quit pilot study.* Accepted for presentation at the International Congress of Behavioral Medicine, Budapest, Hungary.

GRANTS / ACTIVE

1. R41 7/1/2018-8/30/2020
NIDA
Mobile Support to Improve Recovery and Treatment Court Outcomes
Role: Multiple Principal Investigator
2. R03 9/15/2018-8/30/2020
NIDA
Acceptance and Commitment Therapy for Tobacco Cessation Initiated in a Psychiatric Partial Hospital
Role: Multiple Principle Investigator

GRANTS/ PENDING REVIEW

3. COBRE
Stress, Trauma, and Resilience
Role: Co-Investigator

GRANTS/ COMPLETED

- 2006-2008 Co-Investigator (Marcus, Principal Investigator). Achieving Physical Activity Guidelines Through an Enhanced Print Intervention -Diversity Supplement, National Heart Lung Blood Institute (NHLBI)
- 2008-2010 Co-Investigator (Marcus, Principal Investigator). Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women. Diversity Supplement, National Institute on Drug Abuse. (NIDA)

- 2010-2011 Co-Investigator (Marcus, Principal Investigator) Achieving Physical Activity Guidelines Through an Enhanced Print Intervention. (NHLBI)
- 2010-2012 Co-Investigator (Marcus, Principal Investigator) Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women (NIDA)
- 2011 Co-Investigator (Bock, Principal Investigator) Yoga for Women Attempting Smoking Cessation: An Initial Investigation. NCCAM
- 2011 Co-Investigator (Bock, Principal Investigator) Examining A Text Messaging Intervention for Smoking Cessation. NIDA
- 2012-2015. Principal Investigator, Postpartum Exercise Intervention for Previously Smoking Mothers. NCI
- 2011- 2017 Co-Investigator (Bock, Principal Investigator) System-based Tracking and Treatment for Emergency Patients who Smoke: STTEPS. NCI
- 2016-2017 Sub- Investigator (Brown, Principal Investigator) A Twelve-Week, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Dose-Ranging Study with Follow-Up Evaluating the Safety and Efficacy Of Varenicline for Smoking Cessation In Healthy Adolescent Smokers. Pfizer
- 2012-2018 Co-Investigator (Bock, Principal Investigator) Efficacy of Yoga as a Complementary Therapy for Smoking Cessation. NCCIH
- 2016-2018 Co-Investigator (Bock, Principal Investigator) I Live Inspired: Individually Tailored and Integrated Social Support Network for Tobacco Cessation. NIDA

TEACHING EXPERIENCE

- 2000 -- 2001 Teaching Assistant Oklahoma State University, Psychology Department
- 2001-- 2002 Graduate Student Instructor
Oklahoma State University, Psychology Department
- 2009 – present Behavioral Medicine Issues Among Minorities (seminar); Behavioral Medicine Intern Seminar Series
- 2009 PHP 2310 Physical Activity and Public Health- Guest lecture
- 2010 PHP 2310 Physical Activity and Public Health- Guest lecture
- 2011 EHS 360: Wellness Coaching Techniques – Guest lecture
University of Massachusetts, Boston
- 2012 – 2014 PHP320 Public Health - Obesity, nutrition and physical activity
Guest lecture
- 2012 - 2014 Presenter, Adult Psychiatry Residency Program (PG2 and PG3).
Motivational Interviewing.
- 2013 – present Presenter, CORE seminar, Psychology Trainees
Diversity in Rhode Island
- 2017 Presenter, Adult Psychiatry Residency Program (PGY 1)
Diversity in Rhode Island
- 2017- present Presenter, Psychology Postdoctoral Fellows Seminar
Supervision

RESEARCH ADVISING ROLE

- 2009 -2015 Advisor for Brown Medical School student, Melissa Cranford, MD.
Research project: SisterLink: A Community-based Effort for Mental Health Awareness, Promotion and Linking African-American Mothers to Adequate Mental Health Services.

ADDITIONAL ADVISING/ MENTORING ROLES:

2009-2010	Sheri Hartman, PhD, Postdoctoral Fellow, Alpert Medical School of Brown University
2010 – 2011	Sarah Linke, MS, Psychology Intern, Alpert Medical School of Brown University
2015 – 2019	Marie Sillice, PhD, Postdoctoral Fellow, Alpert Medical School of Brown University
2016 – 2017	Samantha Farris, PhD, Postdoctoral Fellow, Alpert Medical School of Brown University
2019 – present	MEDSTEP mentor, Office of Diversity and Multicultural Affairs, Alpert Medical School of Brown University

CLINICAL ROLES

2003 – 2005	Child Study Center staff that provided counseling services to the children of Murrah Bombing survivors for two years. Work included consultation and behavior management counseling for approximately 50% of my time.
2006 – 2008	Worked as a clinical supervisor for a program to promote HIV prevention program among African American adolescents with high-risk sexual behaviors. This constituted 25% of my training time.
2013 – 2015	Clinical Interviewer, for project investigating hypothalamic pituitary adrenocortical (HPA) and neural response to peer rejection challenges in adolescent girls in order to understand whether neurobiologic response to peer rejection represents a biomarker for adolescent depression risk. R01 MH092450. My duties in this study include providing clinical assessment and follow-up for depressed and at-risk adolescent girls 12-17.
2014 – 2015	Smoking Cessation Clinical Supervisor, for project to use community based participatory research to develop and produce a theory-based DVD for smoking cessation that is tailored for smokers with mobility impairments and test the efficacy in a RCT. R01 CA137616.
2015 – Present	Staff psychologist, The Miriam Hospital Behavioral Medicine Clinic Provide weight management, smoking cessation and general behavioral medicine consultation.
2017 – Present	Health Behavior Specialist, Brown Medicine Primary Care Provide integrated behavioral services in a primary care setting. This care addresses mental health and substance abuse conditions, health behaviors (including their contribution to chronic medical illness), life stressors and crises and stress related physical symptoms.