

**CURRICULUM VITAE
ERIKA LITVIN BLOOM, Ph.D.**

WayBetter, Inc.

Alpert Medical School of Brown University
Providence, RI
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EDUCATION

- B.A. Brown University
 Psychology, Public Policy and American Institutions
 Magna Cum Laude
 May, 2003
- M.A. University of South Florida
 Clinical Psychology
 May, 2008
- Ph.D. University of South Florida
 Clinical Psychology (APA-accredited)
 August, 2011
- Internship Alpert Medical School of Brown University
 Internship in Clinical Psychology (APA-accredited)
 July 2010 - June 2011

POSTGRADUATE TRAINING

- Fellowship Alpert Medical School of Brown University
 Department of Psychiatry and Human Behavior
 T32 Research Training Program in Treatment Research
 July 2011 – April 2013

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

- 2013 - present Psychologist, State of Rhode Island – P.S. #01391
- 2018 - present National Certificate of Tobacco Treatment Practice (NCTTP) #NT0183

HONORS AND AWARDS

- 2002 Phi Beta Kappa, Brown University

- 2003 Outstanding Teaching Assistant, Department of Psychology, Brown University
2005 - 2006 University Graduate Fellowship, University of South Florida
2008 Valerie Reed Memorial Award, Department of Psychology, University of South Florida
2008 APA Travel Award
2008 APA Division 50 First Place Student Poster Award for “Impulsivity and smokers’ reactivity to affect and smoking cues”
2011 Clinical Psychology Resident Poster Award, 14th Annual Research Symposium on Mental Health Sciences, Alpert Medical School of Brown University
2015 Distinguished Scientific Early Career Contributions Award, Society of Addiction Psychology (APA Division 50)
2017 SRNT Service Award for service as a Co-Chair of the Trainee Network
2019 Selected as a fellow for Innovation to Impact (i2i) (Entrepreneurship Training Program for Substance Use Researchers), Yale University

ACADEMIC AND PROFESSIONAL APPOINTMENTS

- 2009 Instructor, Department of Psychology, University of South Florida, Tampa, FL
2013 - 2019 Assistant Professor (Research), Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI
2014 - 2019 Training Faculty, Brown University Center for Alcohol and Addiction Studies, Providence, RI
2015 - 2019 Assistant Professor (Research), Department of Medicine, Alpert Medical School of Brown University, Providence, RI
2017 - present Training Faculty, Addiction Medicine Fellowship, Alpert Medical School of Brown University, Providence, RI
2019 - present Adjunct Assistant Professor of Medicine, Alpert Medical School of Brown University, Providence, RI
2019 - 2021 Behavioral/Social Scientist, RAND Corporation, Boston, MA
2021 - 2022 Scientific Manager, Clinical Science, Click Therapeutics, Inc., New York, NY (remote)
2022 - present Lead Scientist, WayBetter, Inc. (remote)
2024 - present Director of Product and Research, WayBetter, Inc. (remote)

HOSPITAL APPOINTMENTS

- 2011 - 2013 Group Therapist, Alcohol and Drug Treatment Services, Butler Hospital, Providence, RI
- 2013 - 2014 Assistant Director of Addictions Research, Butler Hospital, Providence, RI
- 2013 - 2015 Research Psychologist, Butler Hospital, Providence, RI
- 2015 - 2019 Clinical Psychologist, Division of General Internal Medicine-Research, Rhode Island Hospital, Providence, RI

OTHER APPOINTMENTS

Local

- 2003 - 2005 Research Assistant, Adolescent HIV Prevention Laboratory, Department of Child and Adolescent Psychiatry, Rhode Island Hospital, Providence, RI.
- 2010 - 2013 Interventionist, NIH-funded Clinical Trials at the Alpert Medical School of Brown University, Providence, RI, PIs: R. Brown (smoking cessation, NIDA), C. Houck (adolescent HIV Prevention, NINR), S. Ramsey (smoking cessation, NIDA), R. Wing (weight loss, NIDDK)
- 2016 - 2019 Clinical Psychologist, Brown Medicine - Internal Medicine, Providence, RI
- 2017 Consultant for WayBetter, Inc., New York, NY

National/International

- 2010, 2014, 2017-21 Abstract Reviewer, Society for Research on Nicotine and Tobacco Annual Meeting
- 2013-2017 Abstract Reviewer, American Public Health Association Annual Meeting
- 2019 Abstract Reviewer, University College London Center for Behaviour Change annual conference

Manuscript Reviewer (Ad hoc)

Addiction Research & Theory; Addictive Behaviors; Alcoholism: Clinical and Experimental Research; The American Journal on Addictions; Annals of Behavioral Medicine; Behavior Modification; Behaviour Research and Therapy; Cancer; Contemporary Clinical Trials; Drug and Alcohol Dependence; Eating Behaviors; Ethnicity & Health; Health Education & Behavior; JAMA Psychiatry; Journal of Abnormal Psychology; Journal of Adolescent Health; Journal of Consulting and Clinical Psychology; Journal of Contextual Behavioral Science; Journal of General Internal Medicine; Journal of Medical Internet Research (JMIR); JMIR mHealth and uHealth; Journal of Pain and Symptom Management; Journal of Smoking Cessation; Journal of Substance Abuse Treatment; Mental Health and Physical Activity; Nicotine & Tobacco

Research; Psychology of Addictive Behaviors; Psychology, Health, & Medicine; Psychopharmacology; SAGE Open; Substance Use and Misuse

UNIVERSITY COMMITTEES

- 2006 - 2007 Co-Coordinator, Clinical Brown Bag Speaker Series, Department of Psychology, University of South Florida, Tampa, FL
- 2009 Member, Undergraduate Honors Thesis Committees, Department of Psychology, University of South Florida, Tampa, FL.
Students: AnaMaria Bejarano, Neha Pandit
- 2012 - 2013 Senior Fellow, Training Committee, Brown University Clinical Psychology Training Consortium, Providence, RI
- 2015 - 2016 Grant Reviewer, Academic Friday grant reviews for postdoctoral fellows, Brown University Center for Alcohol and Addiction Studies (CAAS), Providence, RI
- 2017 - 2019 Member, Women in Psychology Steering Committee (WIPS), Alpert Medical School of Brown University, Providence, RI

HOSPITAL COMMITTEES

- 2013 - 2014 Alternate Member, Butler Hospital Institutional Review Board
- 2016 - present Member, Faculty Search Committee, Division of General Internal Medicine (DGIM), Rhode Island Hospital, Providence, RI

MEMBERSHIPS IN SOCIETIES

- 2006 - present Society for Research on Nicotine and Tobacco (SRNT)
Positions Held:
2012 - 2015 Member, Trainee Network Advisory Committee
2015 - 2016 Co-Chair, Trainee Network Advisory Committee
2016 - 2017 Chair, Trainee Network Advisory Committee
2017 - present Member, Treatment Research Network Communications Subcommittee
2018 - 2019 Chair, Treatment Research Network Communications Subcommittee
2020 - present Member, Treatment Research Network Advisory Committee
- 2007 - 2021 American Psychological Association (APA)
- 2007 - 2021 Society of Addiction Psychology (SoAP), APA Division 50

	Positions Held: 2007 - 2009	Student Representative, Education and Training Committee
	2008 - 2010	Student Representative, Board of Directors
2008 - 2017	Association for Contextual Behavioral Science (ACBS)	
2014 - 2018	American Public Health Association (APHA)	
	Positions Held: 2013 - 2014	Co-Chair, Cancer Forum Program Planning Committee
	2014 - 2015	Chair, Cancer Forum Program Planning Committee
	2015 - 2016	Vice Chair, Cancer Forum
	2016 - 2017	Chair, Cancer Forum
2015 - present	Association for the Treatment of Tobacco Use and Dependence (ATTUD)	
	Positions Held: 2016 - present	Member, Business Practices Committee
2018 – 2019	Association for Behavioral and Cognitive Therapies (ABCT)	
2018 – present	Society of Behavioral Medicine (SBM)	

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Hunt, J. I., Dyl, J., Armstrong, L., **Litvin, E.**, Sheeran, T., & Spirito, A. (2005). Frequency of manic symptoms and bipolar disorder in psychiatrically hospitalized adolescents using the K-SADS Mania Rating Scale. *Journal of Child and Adolescent Psychopharmacology*, *15*, 918-930.
2. Lescano, C. M., Vazquez, E. A., Brown, L. K., **Litvin, E. B.**, Pugatch, D., & Project SHIELD study group. (2006). Condom use with "casual" and "main" partners: what's in a name? *Journal of Adolescent Health*, *39*, 443.e1-443.e7.
3. Lopez Khoury E. N., **Litvin, E. B.**, & Brandon, T. H. (2009). The effect of body image threat on smoking motivation among college women: mediation by negative affect. *Psychology of Addictive Behaviors*, *23*, 279-286.
4. Simmons, V. N., **Litvin, E. B.**, Patel, R. D., Jacobsen, P. B., McCaffrey, J. C., Bepler, G., Quinn, G. P., & Brandon, T. H. (2009). Patient-provider communication and perspectives on smoking cessation and relapse in the oncology setting. *Patient Education and Counseling*, *77*, 398-403.
5. **Litvin, E. B.**, & Brandon, T. H. (2010). Testing the influence of external and internal cues on smoking motivation using a community sample. *Experimental and Clinical Psychopharmacology*, *18*, 61-70.

6. Simmons, V.N., Jimenez, J. C., Castro, E., **Litvin, E. B.**, Gwede, C.K., Vadaparampil, S.T., McIntyre, J., Meade, C.D., Brandon, T. H., & Quinn, G.P. (2011). Initial efforts in community engagement with health care providers: perceptions of barriers to care for cancer patients in Puerto Rico. *Puerto Rico Health Sciences Journal*, 30, 28-34.
7. Simmons, V. N., Quinn, G., **Litvin, E. B.**, Rojas, A., Jimenez, J., Castro, E., Meade, C. D., & Brandon, T. H. (2011). Transcreation of validated smoking relapse-prevention booklets for use with Hispanic populations. *Journal of Health Care for the Poor and Underserved*, 22, 886-893.
8. **Litvin, E. B.**, Rojas, A., Brandon, T. H., Quinn, G., Vadaparampil, S., Gwede, C., Jimenez, J., Castro, E., Diaz, Z., & Simmons, V. N. (2011). Cultural acceptability of a smoking relapse prevention intervention for pregnant women in Puerto Rico: Providers' feedback. *Hispanic Health Care International*, 9, 117-126.
9. Simmons, V. N., **Litvin, E. B.**, Unrod, M., & Brandon, T. H. (2012). Oncology healthcare providers' implementation of the 5A's model of brief intervention for smoking cessation: patients' perceptions. *Patient Education and Counseling*, 86, 414-419.
10. **Litvin, E. B.**, Kovacs, M. A., Hayes, P. L., & Brandon, T. H. (2012). Responding to tobacco craving: Experimental test of acceptance versus suppression. *Psychology of Addictive Behaviors*, 26, 830-837.
11. **Bloom, E. L.**, Abrantes, A. M., Fokas, K. F., Ramsey, S. E., & Brown, R. A. (2012). Gender differences in the relationship between physical activity and smoking among psychiatrically hospitalized adolescents. *Mental Health and Physical Activity*, 5, 136-140.
12. Simmons, V. N., **Litvin, E. B.**, Jacobsen, P. B., Patel, R. D., McCaffrey, J. C., Oliver, J. A., Sutton, S. K., & Brandon, T. H. (2013). Predictors of smoking relapse in patients with thoracic cancer or head and neck cancer. *Cancer*, 119, 1420-1427.
13. Bejarano, A., **Litvin, E. B.**, Quinn, Q. P., Brandon, T. H., & Simmons, V. N. (2013). Distribution of smoking relapse prevention materials in the Hispanic community: Lessons learned. *Journal of Cancer Education*, 28, 143-150.
14. Brown, R. A., Palm Reed, K. M., **Bloom, E. L.**, Minami, H., Strong, D. R., Lejuez, C. W., Kahler, C. W., Zvolensky, M. J., Gifford, E. V., & Hayes, S. C. (2013). Development and preliminary randomized controlled trial of a distress tolerance treatment for smokers with a history of early lapse. *Nicotine & Tobacco Research*, 15, 2005-2015.
15. **Bloom, E. L.**, Potts, G. F., Evans, D. E., & Drobles, D. J. (2013). Cue reactivity in smokers: an event-related potential study. *International Journal of Psychophysiology*, 90, 258-264.
16. Abrantes, A. M., **Bloom, E. L.**, Strong, D. R., Riebe, D., Marcus, B. H., Desaulniers, J., Fokas, K. F., & Brown, R. A. (2014). A preliminary randomized controlled trial of a

- behavioral exercise intervention for smoking cessation. *Nicotine & Tobacco Research*, *16*, 1094-1103.
17. Minami, H., Kahler, C. W., **Bloom, E. L.**, Prince, M., Abrantes, A. M., Niaura, R. S., Strong, D. R., Miller, I. W., Palm Reed, K. M., Price, L. H. & Brown, R. A. (2014). Effects of sequential fluoxetine and gender on prequit depressive symptoms, affect, craving, and quit day abstinence in smokers with elevated depressive symptoms: A growth curve modeling approach. *Experimental and Clinical Psychopharmacology*, *22*, 392-406.
 18. Brown, R. A., **Bloom, E. L.**, Hecht, J., Moitra, E., Herman, D. S., & Stein, M. D. (2014). A pilot study of a distress tolerance treatment for opioid dependent patients initiating buprenorphine: Rationale, methodology, and outcomes. *Behavior Modification*, *38*, 730-759.
 19. Potts, G. F., **Bloom, E. L.**, Evans, D. E., & Drobles, D. J. (2014). Neural reward and punishment sensitivity in cigarette smokers. *Drug and Alcohol Dependence*, *144*, 245-253.
 20. Minami, H., **Bloom, E. L.**, Palm Reed, K. M., Hayes, S. C., & Brown, R. A. (2015). The moderating role of experiential avoidance in the relationships between internal distress and smoking behavior during a quit attempt. *Psychology of Addictive Behaviors*, *29*, 400-407.
 21. Minami, H., Kahler, C. W., **Bloom, E. L.**, Strong, D. R., Abrantes, A. M., Zywiak, W. H., Price, L. H., & Brown, R. A. (2015). Effects of depression history and sex on the efficacy of sequential vs. standard fluoxetine for smoking cessation in elevated depressive symptom smokers. *Addictive Disorders & Their Treatment*, *14*, 29-39.
 22. **Bloom, E. L.**, Oliver, J. A., Sutton, S. K., Brandon, T. H., Jacobsen, P. B., & Simmons, V. N. (2015). Post-operative smoking status in lung and head and neck cancer patients: Association with depressive symptomatology, pain, and fatigue. *Psycho-oncology*, *24*, 1012-1019.
 23. Brown, R. A., Abrantes, A. M., Minami, H., Prince, M. A., **Bloom, E. L.**, Apodaca, T. R., Strong, D. R., Picotte, D. M., Monti, P. M., Macpherson, L., Matsko, S. V., & Hunt, J. I. (2015). Motivational interviewing to reduce substance use in adolescents with psychiatric comorbidity. *Journal of Substance Abuse Treatment*, *59*, 20-29.
 24. **Bloom, E. L.**, Wing, R. R., Kahler, C. W., Meltzer, S. L., Hecht, J., Minami, H., Price, L., & Brown, R. A. (2017). Distress tolerance treatment for weight concern in smoking cessation among women: The WE QUIT pilot study. *Behavior Modification*, *41*, 468-498.
 25. **Bloom, E. L.**, Minami, H., Brown, R. A., Strong, D. R., Riebe, D., & Abrantes, A. M. (2017). Quality of life after quitting smoking and initiating aerobic exercise. *Psychology, Health & Medicine*, *22*, 1127-1135.
 26. Brown, R. A., Hecht, J., **Bloom, E. L.**, Minami, H., Kahler, C. W., Abrantes, A. M., Dubreuil, M., Gordon, A., Price, L. H., & Ondersma, S. J. (2017). Development and preliminary pilot evaluation of a brief tablet computer intervention to motivate tobacco

- quitline use among smokers in substance use treatment. *The American Journal on Addictions*, 26, 587-594.
27. Minami, H., Brinkman, H. R., Nahvi, S., Arnsten, J., Rivera-Mindt, M., Wetter, D. W., **Bloom, E. L.**, Price, L. H., Vieira, C., Donnelly, R., McClain, L. M., Kennedy, K., D'Aquila, E., Fine, M., McCarthy, D. E., Thomas, J. G., Hecht, J., & Brown, R. A. (2018). Rationale, design and pilot feasibility results of a smartphone-assisted, mindfulness-based intervention for smokers with mood disorders: Project mSMART MIND. *Contemporary Clinical Trials*, 66, 36-44.
 28. Minami, H., **Bloom, E. L.**, Brinkman, H. R., Abrantes, A. M., Yong, C. C., & Brown, R. A. (2018). Factors related to cigarette smoking and intent to quit among adolescent inpatients with psychiatric and substance use disorders. *Drug and Alcohol Dependence*, 186, 215-218.
 29. Brown, R. A., Palm Reed, K. M., **Bloom, E. L.**, Minami, H., Strong, D. R., Lejuez, C. W., Zvolensky, M. J., & Hayes, S. C. (2018). A randomized controlled trial of distress tolerance treatment for smoking cessation. *Psychology of Addictive Behaviors*, 32, 389-400.
 30. Farris, S. G., DiBello, A. M., **Bloom, E. L.**, & Abrantes, A. M. (2018). A confirmatory factor analysis of the Smoking and Weight Eating Episodes Test (SWEET). *International Journal of Behavioral Medicine*, 25, 465-472.
 31. **Bloom, E. L.**, Burke, M. V., Kotsen, C., Goldstein, A. O., Ripley-Moffitt, C., Steinberg, M. B., Dailey, M., Hunt, L. E., & Bars, M. P. (2018). Billing practices among U.S. tobacco use treatment providers. *Journal of Addiction Medicine*, 12, 381-386.
 32. **Bloom, E. L.**, Farris, S. G., DiBello, A. M., & Abrantes, A. M. (2019). Smoking-related weight and appetite concerns and use of electronic cigarettes among daily cigarette smokers. *Psychology, Health & Medicine*, 24, 221-228.
 33. Hecht, J., Rigotti, N. A., Minami, H., Kjome, K. L., **Bloom, E. L.**, Kahler, C. W., Price, L. H., Levy, D. E., Carpenter, K. M., & Brown, R. A. (2019). Adaptation of a sustained care cessation intervention for smokers hospitalized for psychiatric disorders: Study protocol for a randomized controlled trial. *Contemporary Clinical Trials*, 83, 18-26.
 34. **Bloom, E. L.**, Carpenter, M. J., Walaska, K., Hunt, L., Keable, K., Rayani, M., & Japuntich, S. J., (2020). Pilot trial of nicotine replacement therapy sampling in a dental care clinic. *Journal of Smoking Cessation*, 15, 1-5.
 35. **Bloom, E. L.**, Hunt, L., Tidey, J., & Ramsey, S. E. (2020). Pilot Feasibility Trial of Dual Contingency Management for Cigarette Smoking Cessation and Weight Maintenance Among Weight-Concerned Female Smokers. *Experimental and Clinical Psychopharmacology*, 28, 609-615.
 36. **Bloom, E. L.**, Ramsey, S. E., Abrantes, A. M., Hunt, L., Wing, R. R., Kahler, C. W., Molino, J., & Brown, R. A. (2020). A pilot randomized controlled trial of distress tolerance treatment

- for weight concern in smoking cessation among women. *Nicotine & Tobacco Research*, 22, 1578-1586.
37. Fischer, S. H., Ray, K. N., Mehrotra, A., **Bloom, E. L.**, & Uscher-Pines, L. (2020). Prevalence and characteristics of telehealth utilization in the United States. *JAMA Network Open*, 3, e2022302.
 38. Donnelly, R. E., Minami, H., Hecht, J., **Bloom, E. L.**, Tashima, K., Kumar, D. S., Abrantes, A., Stanton, C., & Brown, R. B. (2021). Relationships among self-efficacy, quality of life, perceived vulnerability, and readiness to quit smoking in people living with HIV. *Journal of Smoking Cessation, eCollection 2021*, 1-10.
 39. Brown, R. A., Minami, H., Hecht, J., Kahler, C. W., Price, L. H., Kjome, K. L., **Bloom, E. L.**, Levy, D. E., Carpenter, K. M., Smits, J. A. J., & Rigotti, N. A. (2021). Sustained care cessation intervention for smokers hospitalized for psychiatric disorders: The Helping HAND 3 Randomized Clinical Trial. *JAMA Psychiatry*, 78, 839-847.
 40. Xie, S., Minami, H., Kumar, D. S., Hecht, J., **Bloom, E. L.**, Kahler, C. W., Abrantes, A. M., Dubreuil, M. E., Gordon, A., Price, L. H., Ondersma, S. J., & Brown, R. A. (2021). Readiness to quit smoking among smokers in substance use treatment: Associations with perceived stress, severity of substance use problems, concerns for relapse and gender. *Journal of Substance Use*, 26, 669-676.
 41. **Bloom, E. L.**, Bogart, A., Dubowitz, T., Collins, R. L., Ghosh-Dastidar, B., Gary-Webb, T. L., & Troxel, W. (2022). Longitudinal associations between changes in cigarette smoking and alcohol use, eating behavior, perceived stress, and self-rated health in a cohort of low-income Black adults. *Annals of Behavioral Medicine*, 56, 112-124.
 42. **Bloom, E. L.**, Japuntich, S. J., Pierro, A., Dallery, J., Leahey, T. M., & Rosen, J. (2022). Pilot trial of QuitBet: A digital social game that pays you to stop smoking. *Experimental and Clinical Psychopharmacology*, 30, 642-652.
 43. Minami, H., Nahvi, S., Arnsten, J. H., Brinkman, H. B., Rivera-Mindt, M., Wetter, D. W., **Bloom, E. L.**, Price, L. H., Richman, E. K., Betzler, T. F., Stockmal, C., Donnelly, R., McClain, L. M., Kennedy, K. A., Viera, C., Fine, M., McCarthy, D. E., Thomas, J. G., Hecht, J., & Brown, R. A. (2022). A pilot randomized controlled trial of smartphone-assisted mindfulness-based intervention with contingency management for smokers with mood disorders. *Experimental and Clinical Psychopharmacology*, 30, 653-665.
 44. Hepner, K. A., **Bloom, E. L.**, Newberry, S., Sousa, J. L., Osilla, K. C., Booth, M., Bialas, A., & Rutter, C. M. (2022). The impact of mindfulness meditation programs on performance-related outcomes: Implications for the U.S. Army. *RAND Health Quarterly*, 10(1), 9.
 45. de Buissonjé, D. R., Brosig, F., Breeman, L. D., **Bloom, E. L.**, Reijnders, T., Janssen, V. R. J., Kraaijenhagen, R. A., Kemps, H. M. C., & Evers, A. W. M. (2023). Put your money where

your feet are: The real-world effects of StepBet gamified deposit contracts for physical activity. *Internet Interventions*, 31, 100610.

46. Japuntich, S. J., Dunbar, M. S., Predmore, Z., **Bloom, E. L.**, Fang, P., Basile, S., Rindal, D.B., Waiwaiole, L. A., Carpenter, M. J., Kopycka-Kedzierawski, D. T., Dahne, J., Lischka, T. R., Richardson, P., The National Dental Practice Based Research Network Collaborative Group. (2024). Dental staff and patient attitudes about nicotine replacement therapy samples in dental care: A National Dental Practice Based Research Network study. *Journal of Community Dentistry and Oral Epidemiology*, 52, 440-451.

OTHER PEER-REVIEWED PUBLICATIONS

Review articles in academic journals

1. Brandon, T. H., Vidrine, J. I., & **Litvin, E. B.** (2007). Relapse and relapse prevention. *Annual Review of Clinical Psychology*, 3, 257-284.
2. **Litvin, E. B.**, Abrantes, A. M., & Brown, R. A. (2013). Computer and mobile technology-based interventions for substance use disorders: An organizing framework. *Addictive Behaviors*, 38, 1747-1756.
3. **Bloom, E. L.**, Matsko, S. V., & Cimino, C. R. (2014). The relationship between cigarette smoking and impulsivity: A review of personality, behavioral, and neurobiological assessment. *Addiction Research & Theory*, 22, 386-397.
4. Kotsen, C. K., Santorelli, M. L., **Bloom, E. L.**, Goldstein, A. O., Ripley-Moffitt, C., Steinberg, M. B., Burke, M. V., & Foulds, J. (2019). A narrative review of intensive group tobacco treatment: clinical, research, and U.S. policy recommendations. *Nicotine & Tobacco Research*, 21, 1580-1589.

RAND Reports and Tools

1. **Bloom, E. L.**, Jaycox, L. H., Trail, T. E., Gittens, A. D., Gahlon, G., Dickerson, S. R., & Mahmud, A. (2021). *An evaluation of the Military OneSource call center in select groups of callers: call quality, call outcomes, and caller satisfaction*. Santa Monica, CA: RAND Corporation, RR-A1039-1.
2. Watkins, K. E., Ober, A. J., Hunter, S. B., Hurley, B., Sheeche, J., Martinez, J., Bromley, E., Tarn, D. M., Beas, I., Montero, A., McCreary, M., **Bloom, E. L.**, Cohen, C. C., Gardner, M., and Leamon, I. (2021). *How to intergrate pharmacotherapy for substance use disorders at your mental health clinic: a step-by-step guide for screening and treating adults with co-occurring mental illness and alcohol and/or opioid use disorders with pharmacotherapy in mental health clinics*. Santa Monica, CA: RAND Corporation, TL-A928-1.
3. Hurley, B., Ober, J., Jacobsohn, V., Osilla, K. C., Heinzerling, K. G., **Bloom, E. L.**, &

Watkins, K. E. (2021). *Medication management of co-occurring opioid use disorder in mental health settings: a guide for practitioners*. Santa Monica, CA: RAND Corporation, TL-A928-2.

4. **Bloom, E. L.**, Shadel, W. G., and Tucker, J. S. (2021). *Reducing tobacco use among young people experiencing homelessness: recommendations for service providers*. Santa Monica, CA: RAND Corporation, TL-A1036-1.
5. Meadows, S. O., Engel, C. C., Collins, R. L., Beckman, R. L., Breslau, J., **Bloom, E. L.**, Dunbar, M. S., Gilbert, M., Grant, D., Hawes-Dawson, J., Holliday, S. B., MacCarthy, S., Pedersen, E. R., Robbins, M. W., Rose, A. J., Ryan, J. Schell, T. L., & Simmons, M. M. (2021). *2018 Department of Defense Health Related Behaviors Survey (HRBS): Results for the Active Component*. Santa Monica, CA.: RAND Corporation, RR-4222-OSD.
6. Meadows, S. O., Engel, C. C., Collins, R. L., Beckman, R. L., Breslau, J., **Bloom, E. L.**, Dunbar, M. S., Gilbert, M., Grant, D., Hawes-Dawson, J., Holliday, S. B., MacCarthy, S., Pedersen, E. R., Robbins, M. W., Rose, A. J., Ryan, J. Schell, T. L., & Simmons, M. M. (2021). *2018 Department of Defense Health Related Behaviors Survey (HRBS): Results for the Reserve Component*. Santa Monica, CA.: RAND Corporation, RR-4222-OSD.
7. Hepner, K. A., **Bloom, E. L.**, Newberry, S., Sousa, J. L., Osilla, K. C., Booth, M., Bialas, A., & Rutter, C. M. (2022). *The impact of mindfulness meditation programs on performance-related outcomes: Implications for the U.S. Army*. Santa Monica, CA: RAND Corporation, RRA1522-1.

BOOKS AND BOOK CHAPTERS

1. **Litvin, E. B.**, Ditre, J. W., Heckman, B. W., & Brandon, T. H. (2012). Nicotine. In J. C. Verster, K. Brady, M. Galanter, & P. Conrod (Eds). *Drug abuse & addiction in medical illness: Causes, consequences and treatment* (pp. 137-150). New York: Springer.
2. Kahler, C. W., **Bloom, E. L.**, Leventhal, A. M., & Brown, R. A. (2014). Behavioral interventions in smoking cessation. In R. K. Ries, D. A., Fiellin, S. C. Miller, & R. Saitz (Eds). *The ASAM principles of addiction medicine, 5th ed* (pp. 894-911). Philadelphia, PA: Wolters Kluwer.
3. **Bloom, E. L.**, Kahler, C. W., Leventhal, A. M., & Brown, R. A. (2015). Behavioral interventions in smoking cessation. In A. J. Herron & T. K. Brennan (Eds). *The ASAM essentials of addiction medicine (2nd ed)* (pp. 342-348). Philadelphia, PA: Wolters Kluwer.
4. **Bloom, E. L.**, Kahler, C. W., Leventhal, A. M., & Brown, R. A. (2018). Behavioral interventions for nicotine/tobacco use disorder. In S. C. Miller, D. A., Fiellin, R. N. Rosenthal, & R. Saitz (Eds). *The ASAM principles of addiction medicine, 6th ed*. Philadelphia, PA: Wolters Kluwer.
5. **Bloom, E. L.**, Kahler, C. W., Leventhal, A. M., & Brown, R. A. (2019). Behavioral

interventions for nicotine/tobacco use disorder. In A. J. Herron & T. K. Brennan (Eds). *The ASAM essentials of addiction medicine (3rd ed)*. Philadelphia, PA: Wolters Kluwer.

OTHER NON-PEER REVIEWED PUBLICATIONS

1. Heckman, B. W., Blank, M. D., Peters, E. N., Patrick, M. E., **Bloom, E. L.**, Mathew, A. R., Schweizer, C. A., Rass, O., Lidgard, A. L., Zale, E. L., Cook, J. W., & Hughes, J. R. (2013). Developing tomorrow's tobacco scientists today: The SRNT Trainee Network. *Nicotine & Tobacco Research*, 15, np.
2. **Bloom, E. L.** (2014). Capsule commentary on Hess et al. A randomized controlled pilot trial of the functional assessment screening tablet to engage patients at the point of care. *Journal of General Internal Medicine*, 29, 1690.

COMMENTARIES AND OP-EDS

1. Tingstad, A., Fischer, S. H., **Bloom, E. L.**, & Lee, M. (May 13, 2020). Should communities be concerned about digital technologies to fight covid-19? <https://www.insidesources.com/should-communities-be-concerned-about-digital-technologies-to-fight-covid-19/>
2. O'Hanlon, C. E., Fischer, S. H., & **Bloom, E. L.** (August 30, 2021). The business case for rigorous evaluation of mobile apps. *Health Affairs Forefront*. <https://www.healthaffairs.org/doi/10.1377/forefront.20210826.547352/full/>

ABSTRACTS

Oral

1. Lopez, E., **Litvin, E.**, Collins, C., James, K., Drobles, D., Thompson, J. K., & Brandon, T. (2007, February). Effects of a body image manipulation on smoking motivation in college women. Paper presented at the 13th annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.
2. Lopez, E., **Litvin, E.**, Collins, C., James, K., Drobles, D., Thompson, J. K., & Brandon, T. (2007, March). Exploring a causal relationship between state body dissatisfaction on smoking motivation among college women. Paper presented at the meeting of the Society of Behavioral Medicine, Washington, D.C.
3. Simmons, V. N., **Litvin, E. B.**, Patel, R., Jacobsen, P. B., McCaffrey, J., Bepler, G., & Brandon, T. H. (2009, April). Smoking relapse among lung cancer and head and neck cancer patients: qualitative and quantitative findings. In V. N. Simmons (Chair), Tobacco use, cessation, and relapse in cancer patients. Symposium presented at the 15th annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.

4. Potts, G. F., **Litvin, E. B.**, Evans, D. E., & Drobles, D. J. (2009, October). Neural reward bias in cigarette smokers. In P. M. Cinciripini & F. Versace (Chairs), Using event-related potentials to investigate affective processes in smokers. Symposium presented at the meeting of the Society for Psychophysiological Research, Berlin, Germany.
5. Japuntich, S. A., Dunbar, M. S., **Bloom, E. L.**, Basile, S., Rindal, D. B., Waiwaiole, L. A., Carpenter, M., Dahne, J., Kopycka-Kedzierawski, D. T., Riddle, M., & The National Dental PBRN Collective Group. (2022, March). National Dental PBRN providers' perspectives on nicotine replacement therapy samples. Virtual interactive talk session presented at the annual meeting & exhibition of the American Association for Dental, Oral, and Craniofacial Research (AADOCR/CADR), Atlanta, GA.
6. Brown, R. A., Shumake, J. D., Minami, H., Rigotti, N. A., Hecht, J., Price, L. H., Kahler, C. W., Levy, D. E., **Bloom, E. L.**, Carpenter, K. M., Farrington, J., & Smits, J. (2023, March). Smoking Abstinence Following Psychiatric Hospitalization Results in Improved Depressive and Anxiety Symptoms at 6 Months Post-Discharge. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Antonio, TX.

Poster

1. Hadley, W., Garvie, P., Dalton, W., Houck, C., & **Litvin, E.** (2003, July). The role of family disclosure in the psychological adaptation of young adults with HIV. Poster presented at the NIMH Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Washington, D.C.
2. Lescano, C. M., Brown, L. K., Johnson, R. A., & **Litvin, E. B.** (2003, November). Adolescents with a history of sexual abuse: the difficulties of safer sexual behavior. Poster presented at the meeting of the American Public Health Association, San Francisco, CA.
3. Brown, L. K., Lescano, C. M., & **Litvin, E. B.** (2004, May). Screening practices for adolescent dating violence in psychiatry. Poster presented at the meeting of the American Psychiatric Association, New York, NY.
4. Hadley, W. S., Houck, C. D., Brown, L. K., **Litvin, E.**, Donenberg, G., DiClemente, R., & Project STYLE. (2005, April). Parent-teen sexual communication: does communication matter? Poster presented at the 7th International AIDS Impact Conference 2005, Cape Town, South Africa.
5. **Litvin, E. B.**, Hadley, W. S., Houck, C. D., & Brown, L. K. (2005, July). The family environment and sexual risk behavior among teens in psychiatric treatment. Poster presented at the NIMH Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, New York, NY.
6. **Litvin, E. B.**, Balderston, C. C., & Hadley, W. S. (2007, May). Family functioning differs by smoking status among adolescents in mental health treatment. Poster presented at the Association for Psychological Science 19th Annual Convention, Washington, D.C.

7. **Litvin, E. B.**, Nevitt, D. S., Patel, R., & Brandon, T. H. (2008, February). Relationships among impulsivity scales and smoking-related variables. Poster presented at the 14th annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
8. Simmons, V. N., **Litvin, E. B.**, Patel, R., Jacobsen, P. B., McCaffrey, J., Bepler, G., & Brandon T. H. (2008, February). Smoking relapse prevention in cancer patients: patient and provider perspectives. Poster presented at the 14th annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
9. Simmons, V. N., **Litvin, E. B.**, Patel, R., Jacobsen, P. B., McCaffrey, J., Bepler, G., & Brandon T. H. (2008, August). Cancer patients' and healthcare providers' perspectives on smoking relapse. Poster presented at the meeting of the American Psychological Association, Boston, MA.
10. **Litvin, E. B.**, Nevitt, D. S., Patel, R., & Brandon, T. H. (2008, August). Impulsivity and smokers' reactivity to affect and smoking cues. Poster presented at the meeting of the American Psychological Association, Boston, MA.
11. **Litvin, E. B.**, Rojas, A., Simmons, V. N., Quinn, G., Vadaparampil, S., Gwede, C., & Brandon, T. H. (2009, April). Cultural acceptability of a smoking relapse prevention intervention for pregnant women in Puerto Rico: providers' feedback. Poster presented at the 15th annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.
12. **Litvin, E. B.**, Simmons, V. N., & Brandon, T. H. (2009, August). Cancer patients' perceptions of healthcare providers' advice regarding smoking cessation. Poster presented at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
13. **Litvin, E. B.**, Potts, G. F., Drobes, D. J., & Evans, D. E. (2010, February). Salience evaluation of cigarette stimuli in smokers and non-smokers. Poster presented at the 16th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
14. **Litvin, E. B.**, Potts, G. F., Drobes, D. J., & Evans, D. E. (2010, February). Impulsivity in smokers with and without a history of substance use disorder. Poster presented at the 16th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
15. Ditre, J. W., Simmons, V. N., Zale, E., **Litvin, E. B.**, & Brandon, T. H. (2011, February). Associations between pain severity and smoking cessation-related factors among cancer patients. Poster presented at the 17th annual meeting of the Society for Research on Nicotine and Tobacco, Toronto, Canada.
16. Abrantes, A. M., **Litvin, E.**, Strong, D. R., Fokas, K. F., & Brown, R. A. (2011, February). The relationship between physical activity and smoking characteristics among psychiatrically hospitalized adolescents. Poster presented at the 17th annual meeting of the Society for Research on Nicotine and Tobacco, Toronto, Canada.

17. **Litvin, E. B.**, Kovacs, M. A., Scime, P., & Brandon, T. H. (2011, March). Responding to tobacco craving: acceptance versus suppression. Poster presented at the Annual Research Symposium on Mental Health Sciences, Alpert Medical School of Brown University, Providence, RI.
18. **Litvin, E. B.**, Minami, H., Kovacs, M. A., Hayes, P. L., & Brandon, T. H. (2012, March). Impulsivity, experiential avoidance, and stages of smoking behavior. Poster presented at the 18th annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
19. **Litvin, E. B.**, Patel, R., Fink, A. C., Oliver, J. A., Sutton, S. K., Jacobsen, P., McCaffrey, J., Brandon, T. H., & Simmons, V. N. (2012, March). Trajectories and predictors of relapse in lung and head and neck cancer patients following surgical treatment. Poster presented at the 18th annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
20. Oliver, J. A., **Bloom, E. L.**, Patel, R., Fink, A. C., Sutton, S. K., Jacobsen, P. B., McCaffrey, J., Brandon, T. H., & Simmons, V. N. (2013, March). Post-operative smoking status in cancer patients: association with mood, pain, fatigue, and cancer-related cognitions. Poster presented at the 19th annual meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.
21. **Bloom, E. L.**, Minami, H. Brown, R. A., Zywiak, W., Strong, D. R., Riebe, D., & Abrantes, A. M. (2013, March). Quality of life after quitting smoking and increasing aerobic exercise. Poster presented at the 19th annual meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.
22. Brown, R. A., Minami, H., Abrantes, A. M., **Bloom, E. L.**, Miller, I. W., Niaura, R., Strong, D. R., Reed, K. P., Kahler, C. W., & Price, L. H. (2013, March). Pre-quit depressive symptoms, affect and quit day cessation outcome in a randomized controlled trial of sequential fluoxetine for smokers with elevated depressive symptoms. Poster presented at the 19th annual meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.
23. Minami, H., Abrantes, A. M., **Bloom, E. L.**, Kahler, C. W., Price, L. H., & Brown, R. A. (2013, March). Affective predictors of cessation failure within 24 hours of quit attempt in smokers with elevated depressed symptoms. Poster presented at the 19th annual meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.
24. Brown, R. A., Hecht, J., **Bloom, E. L.**, Minami, H., Matsko, S. V., Meltzer, S. L., Abrantes, A. M., Kahler, C. W., Ondersma, S. J., & Price, L. H. (2014, February). Development of a brief, tablet computer intervention to motivate tobacco quitline use among smokers in substance abuse treatment. Poster presented at the 20th annual meeting of the Society for Research on Nicotine and Tobacco, Seattle, WA.
25. Minami, H., **Bloom, E. L.**, Palm Reed, K. M., Hayes, S. C., & Brown, R. A. (2014, February). Role of experiential avoidance on relations among depressive symptoms, withdrawal symptoms, and smoking behavior during a quit attempt. Poster presented at the 20th annual meeting of the Society for Research on Nicotine and Tobacco, Seattle, WA.

26. **Bloom, E. L.**, Minami, H., Hecht, J., Abrantes, A. M., Kahler, C. W., Price, L. H., & Brown, R. A. (2015, February). Barriers to smoking cessation in patients admitted to a substance use day treatment program. Poster presented at the 21th annual meeting of the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
27. Brown, R. A., Hecht, J., Minami, H., **Bloom, E. L.**, Abrantes, A. M., Ondersma, S.J., Stanton, C.A. & Tashima, K. (2015, February). Development of a brief, tablet computer intervention to motivate tobacco quitline use among smokers living with HIV. Poster presented at the 21st annual meeting of the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
28. **Bloom, E. L.**, Wing, R. R., Kahler, C. W., Thompson, J. K., & Brown, R. A. (2015, June). A pilot study of a distress tolerance treatment for weight concern in smoking cessation among women. Poster presented at the 21st Annual Research Forum for the Department of Medicine at The Warren Alpert Medical School of Brown University, Providence, RI.
29. Brown, R. A., Johnson, K. E., **Bloom, E. L.**, Meltzer, S., Matsko, S. V., Minami, H., Hecht, J. P., Richardson, R. (2016, March). A Facebook group to support healthy choices involving substance use following a high school motivational speaker: Results from a mixed methods pilot study. Poster presented at the Annual Meeting of the Society for Adolescent Health and Medicine, Washington, D.C.
30. Brown, R. A., **Bloom, E. L.**, Hecht, J., Minami, H., Abrantes, A. M., Kahler, C. W., Ondersma, S. J., & Price, L. H. (2016, March). Randomized controlled trial of a brief, tablet computer intervention to motivate tobacco quitline use among smokers in substance abuse treatment. Poster presented at the 22nd annual meeting of the Society for Research on Nicotine and Tobacco, Chicago, IL.
31. Brown, R. A., Minami, H., Hecht, J., Kjome, K. L., Smith, A. J., Reveles, L. A., Kahler, C. W., **Bloom, E. L.**, Levy, D. E., Price, L. H., & Rigotti, N. A. (2017, March). Relationships among psychiatric and substance use symptoms and readiness to quit smoking, confidence in quitting, and history of smoking cessation among smokers with serious mental illness (SMI). Poster presented at the 23rd annual meeting of the Society for Research on Nicotine and Tobacco, Florence, Italy.
32. **Bloom, E. L.**, Burke, M. V., Kotsen, C., Goldstein, A. O., Ripley-Moffitt, C., Steinberg, M. B., Dailey, M., Bars, M. P. (2017, March). Survey of billing practices among U.S. providers of tobacco dependence treatment. Poster presented at the 23rd annual meeting of the Society for Research on Nicotine and Tobacco, Florence, Italy.
33. Minami, H., Brinkman, H. R., Abrantes, A. M., Young, C. C., **Bloom, E. L.**, Brown, R. A. (2017, March). Factors related to cigarette smoking and motivation to quit among adolescent inpatients with psychiatric and substance use disorders. Poster presented at the 23rd annual meeting of the Society for Research on Nicotine and Tobacco, Florence, Italy.

34. Minami, H., Brinkman, H. R., Nahvi, S., Arnsten, J. H., Rivera-Mindt, M., Wetter, D. W., Price, L. H., McClain, L. M., Vieira, C., Donnelly, R., Kennedy, K., D'Aquila, E., Hecht, J., **Bloom, E. L.**, and Brown, R. A. (2017, March). Development of a smartphone-based mindfulness intervention with contingency management for outpatient depressed smokers. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
35. **Bloom, E. L.**, Farris, S. G., DiBello, A. M., & Abrantes, A. M. (2018, February). Smoking-related weight and appetite concerns and use of electronic cigarettes. Poster presented at the 24th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
36. Donnelly, R. E., Minami H., Hecht, J., **Bloom, E. L.**, Tashima, K., & Brown, R. A. (2018, February). The relationships among self-efficacy, quality of life, perceived vulnerability, and readiness to quit smoking in people living with HIV. Poster presented at the 24th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
37. Brinkman, H.R., Minami, H., **Bloom, E.L.**, Hecht, J., Abrantes, A.M., Kahler, C.W., & Brown, R.A. (2018, February). Factors relating to abstinence self-efficacy and motivation to quit among smokers with substance use disorders. Poster presented at the 24th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
38. Brown, R.A., Minami, H., Hecht, J., Kjome, K.L., Smith, A.J., Reveles, L.A., Kahler, C.W., **Bloom, E.L.**, Levy, D.E., Price, L.H. & Rigotti, N.A. (2018, April). Psychiatric and substance use symptoms: Relation to motivation and self-efficacy to quit smoking among psychiatric inpatients. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
39. **Bloom, E. L.**, Japuntich, S. J., Walaska, K., Hunt, L., Keable, K., Rayani, M., & Carpenter, M. J. (2018, June). Pilot trial of nicotine replacement therapy sampling in a dental practice. Poster presented at the Alpert Medical School of Brown University, Department of Medicine Annual Research Forum, Providence, RI.
40. **Bloom, E. L.**, Japuntich, S. J., Walaska, K., Hunt, L., Keable, K., Rayani, M., & Carpenter, M. J. (2019, February). Pilot trial of nicotine replacement therapy sampling in a dental practice. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA.
41. **Bloom, E. L.**, Hunt, L. E., Ramsey, S. E., Abrantes, A. M., Wing, R. R., Kahler, C. W., Thompson, J. K., & Brown, R. A. (2019, February). A randomized trial of distress tolerance treatment for weight concern in smoking cessation among women. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA.
42. **Bloom, E. L.**, Hunt, L. E., Tidey, J., & Ramsey, S. E. (2019, March). Pilot trial of contingency management for preventing weight gain after cigarette smoking cessation. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

43. **Bloom, E. L.**, Pierro, A., & Rosen, J. (2019, March). A social game that pays you to stop smoking: Outcomes of a commercial digital smoking cessation program. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
44. **Bloom, E. L.** & Leventhal, J. (2019, April). Psychological Inflexibility in Weight-Concerned Smokers. Poster presented at the Collaborative Perspectives on Addiction annual meeting, Providence, RI.
45. Minami, H., Nahvi, S., Arnsten, J., Brinkman, H. R., Donnelly, R.*, Stockmal, C.*, Rivera-Mindt, M., Wetter, D.W., **Bloom, E. L.**, Price, L. H., Vieira, C.*, McClain, L. M.*, Kennedy, K.*, Fine, M., McCarthy, D. E., Thomas, J. G., Hecht, J., & Brown, R. A. (2020, March). Smartphone-assisted mindfulness-based intervention with contingency management for smokers with mood disorders receiving outpatient psychiatric treatment: A pilot randomized controlled trial. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
46. **Bloom, E.L.**, Japuntich, S. J., Pierro, A., Dallery, J., Leahey, T. M., & Rosen, J. (2020, March). Pilot trial of QuitBet – A digital social game that pays you to stop smoking. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA (e-poster presented virtually due to COVID-19).
47. **Bloom, E.L.**, Japuntich, S. J., Pierro, A., Dallery, J., Leahey, T. M., & Rosen, J. (2020, May). Pilot trial of QuitBet – A digital social game that pays you to stop smoking. Video poster presented at the UConn Center for mHealth and Social Media 4th Annual Conference: Building an Evidence Base for Commercially Available Technology, Storrs, CT (virtual conference due to COVID-19).
48. Hasan, R., Mitchell, M., **Bloom, E.**, Incitti, J., & Van Reisen, J. (2024, March). Examining engagement predictors of health and fitness app uptake in the general population: A 24-week prospective cohort study. Poster presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
49. **Bloom, E.L.**, Waring, J., Japuntich, S. J., Dallery, J., Leahey, T. M., Dunsiger, S., & Rosen, J. (2025, March). I bet I can quit: NIH SBIR-funded randomized trial of a gamified smoking cessation app with a deposit contract. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
50. Van Riesen, J., Davidson, E., **Bloom, E.**, Biswas, A., & Mitchell, M. (2025, March). Examining the impact of “self-funded” financial incentives on multi-health behavior change: A systematic review and meta-analysis. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

INVITED PRESENTATIONS

Local/Regional

1. **Litvin, E. B., & Bykowski, C.** (2008, January). Weight management: A clinical science perspective. Clinical Brown Bag Talk. University of South Florida, Department of Psychology, Tampa, FL.
2. **Bloom, E. L.** (2015). Lecture, “Communication with Patients about Tobacco Use and Motivating Smoking Cessation.” Training session for University Medicine Foundation employees presented at seven outpatient practices in RI (Aquidneck Medical Associates, Barrington Primary Care, Division of Geriatrics and Palliative Medicine, Governor Street Primary Care Center, North Main Street Primary Care, Warwick Family Practice, and Women’s Health & Internal Medicine).
3. **Bloom, E. L.** (2017, November). Guest Lecture, “Substance Use (and Psychologists),” for Introduction to Human Services (HS 101) undergraduate course at Fisher College, Boston, MA.
4. **Bloom, E. L.** (2018, November). “Concern about weight gain as a barrier to quitting smoking.” Brown University Center for Alcohol and Addiction Studies (CAAS) Rounds talk, Providence, RI.
5. **Bloom, E. L.** (2019, August). “Partnering with Small Businesses on SBIR/STTR Grants: QuitBet as a Case Study.” Virtual presentation for RAND Social and Economic Well-Being Dialogue Series.
6. **Bloom, E. L.** (2020, February). “Using Apps in Digital Health Research.” Virtual presentation for RAND Digital Health Strategy Group.
7. **Bloom, E. L.** (2020, March). “QuitBet: A Digital Social Game that Pays You to Stop Smoking.” Virtual presentation for RAND Europe.

National/International

8. **Bloom, E. L.** (2019, June). “Increasing Access, Uptake, and Effectiveness of Tobacco Cessation Treatment.” Virtual presentation for New Ideas & Cool Science (NICS) Tobacco Research – Lighting Lecture and Discussion, the Biobehavioral Oncology Program at UPMC Hillman Cancer Center, Pittsburgh, PA.
9. **Bloom, E. L.** (2020, April). “Pilot Trial of QuitBet: A Digital Social Game that Pays You to Stop Smoking.” Virtual presentation for New Ideas & Cool Science (NICS) Tobacco Research – Lightning Lecture & Discussion, the Biobehavioral Oncology Program at UPMC Hillman Cancer Center, Pittsburgh, PA.
10. **Bloom, E. L.** (2021, February). "QuitBet: A Digital Social Game that Pays You to Stop Smoking Funded by a NIDA SBIR award." Duke Center on Addiction and Behavior Change seminar series (presented virtually due to COVID-19).

11. **Bloom, E. L.** (2022, October). “Beyond Academia: Job Options for Social, Behavioral, and Health Scientists.” Guest lecture for University of Connecticut Health Promotion Sciences doctoral students (presented virtually).
12. **Bloom, E.L.** (2022, November). “Addiction Research Using Precision Health.” Guest lecture for the University of Texas at Austin School of Nursing T32 Precision Health Training Program (presented virtually).
13. **Bloom, E.L.** (2024, February). “Working as a Behavioral Scientist in the Digital Health Industry.” Guest lecture for the University of Western Ontario (presented virtually).
14. **Bloom, E.L.** (2024, March). “Beyond Academia: Job Options for Clinical Psychologists.” Guest lecture for Rowan University clinical psychology doctoral students (presented virtually).

National/International Conferences

1. **Litvin, E. B.** (2008, August). “Impulsivity and smokers reactivity to affect and smoking cues.” Presented in “Psychological Science Superstars: Datablitz!” session at the annual meeting of the American Psychological Association, Boston, MA.
2. **Litvin, E. B.**, Kovacs, M. A., Scime, P. L., & Brandon, T. H. (2011, February). Coping with craving to smoke: acceptance versus suppression. Abstract selected for oral paper session presented at the 17th annual meeting of the Society for Research on Nicotine and Tobacco, Toronto, Ontario, Canada.
3. **Bloom, E. L.** (2014, February). “Trainee Perspective.” In Heckman, B. W., **Bloom, E. L.**, Cook, J. W., Brandon, T. H., Brown, R. A., Fiore, M., Borland, R., Heishman, S. J., & Hughes, J. R., Developing a successful line of research across early career stages. Pre-conference workshop presented at the 20th annual meeting of the Society for Research on Nicotine and Tobacco, Seattle, WA.
4. **Bloom, E. L.**, Wing, R. R., Kahler, C. W., Thompson, J. K., Meltzer, S. L., Minami, H., Hecht, J., Price, L. H., & Brown, R. A. (2016, March). Distress tolerance treatment for weight concern in smoking cessation among women: The “WE QUIT” pilot study. Abstract selected for oral paper session presented at the 22nd annual meeting of the Society for Research on Nicotine and Tobacco, Chicago, IL.
5. Sockol, L. E., **Bloom, E. L.**, Foregeard, M. J., Kattan, G., & Levin, M. E. (2018, November). You can pay someone to do that for you: Partnering with technology companies for behavioral research. Panel discussion presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
6. **Bloom, E. L.**, Iacoviello, B., Besedina, O., & Lakhan, S. E. (2022, March). Randomized controlled trial of a minimum viable product (MVP) digital therapeutic for smoking

cessation. Paper (pre-recorded virtual talk with live poster session) presented at the 28th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

7. **Bloom, E. L.,** Japuntich, S. J., Tsuei, J., Alivi Fili, A., Dallery, J., Leahey, T., & Rosen, J. (2023, March). Academia-industry collaboration to develop a digital social game for cigarette smoking cessation. In E. L. Bloom (Chair), Development, dissemination, and commercialization of digital smoking and vaping cessation and prevention programs. Symposium presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Antonio, TX.

RESEARCH SUPPORT

Walkin' Wager: Applying behavioural economics in the examination and promotion of incentive-based physical activity app engagement

SSHRC (Canada) (PIs: Mitchell and Bloom)

2023-2026

Role: Co-Director

QuitBet: A Digital Social Game that Pays You to Stop Smoking (Phase II)

NIDA R44 DA048668 (PI: Rosen)

4/15/20-3/31/23

Role: Co-Investigator

Mindfulness Meditation Programs for Service Members: A Systematic Review and Network Meta-Analysis

United States Army (PI: Hepner)

9/1/20-5/1/21

Role: Co-Investigator

Effectiveness of Nicotine Replacement Therapy Sampling in Dental Practices

NIDCR UG3 DE029973 (PI: Japuntich)

8/1/20-7/30/22

Role: Co-Investigator and RAND Site Principal Investigator

Developing Capacity for Opioid Use Disorder Treatment in Mental Health

NIDA R34 DA046950 (PI: Ober)

9/15/18-2/28/22

Role: Co-Investigator

An Evaluation of Military OneSource Call Centers and Website

Office of Military Community and Family Policy (PIs: Jaycox and Trail) 8/10/18-12/31/20

Role: Co-Investigator

QuitBet: A Digital Social Game that Pays You to Stop Smoking (Phase I)

NIDA R44 DA048668 (PIs: Rosen and Bloom)

7/01/19-3/31/20

Role: Co-Principal Investigator

Comparing Medication Maintenance in Comprehensive Community and Pharmacy Settings to Enhance Engagement

NIDA R21/R33 DA045848 (PI: Green) 9/15/17-12/31/21
Role: Co-Investigator

Distress Tolerance and Benzodiazepine Discontinuation in Opioid Agonist Therapy
NIDA K23DA044321 (PI: Park) 8/15/17-7/31/22
Role: Collaborator/mentor

2018 Health Related Behaviors Survey (HRBS) of Active Duty Service Members
National Defense Research Institute (PIs: Engel and Meadows) 4/1/17-7/1/20
Role: Co-Investigator

Use of Alternative Tobacco Products Among Homeless Youth
NCI R01 CA204004 (PI: Tucker) 2/1/17-1/30/21
Role: Co-Investigator

Contingency Management for Weight Maintenance After Smoking Cessation
Rhode Island Foundation No. 20144125 (PI: Bloom) 1/1/16-3/9/19
Role: Principal Investigator

Extended Care for Smoking Cessation Following Psychiatric Hospitalization
NIMH R01 MH104562 (PIs: Brown and Rigotti) 9/1/14-6/30/19
Role: Consultant

Distress Tolerance Treatment for Weight Concern in Smoking Cessation among Women
NIDA K23 DA035288 (PI: Bloom) 4/15/13-3/31/19
Role: Principal Investigator

UNIVERSITY TEACHING ROLES

Undergraduate

Brown University, Providence, RI
2002 Elementary Psychology
Teaching Assistant and Laboratory Instructor

University of South Florida, Tampa, FL
2009 Personality (PPE 4003-003)
Instructor

Graduate Program/Residency/Fellowship

Alpert Medical School of Brown University, Providence, RI
2013 - present Clinical Psychology Internship Training Program
Adult Track Seminar Series for Psychology Residents
Annual Lecture, "Smoking Cessation"

2014 Department of Psychiatry and Human Behavior
Lecture Series for Psychiatry Residents, Lecture, "Nicotine"

- 2014 - 2019 Department of Psychiatry and Human Behavior
T32 Core Seminar Series for Postdoctoral Fellows
Annual Lecture, “Grantsmanship: K Awards, Preparing Career
Development Section”
- 2015 - 2018 Department of Medicine, Division of General Internal
Medicine, Lecture Series for Primary Care PGY2s, Lecture,
Annual Lecture, “Motivational Interviewing: Tobacco Use as a
Model Behavior”