

CURRICULUM VITAE
Ethan Moitra

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EDUCATION

Undergraduate **University of Virginia**, Charlottesville, VA, Major: Psychology, Minor: Anthropology, B.A. (2002)

Graduate **Drexel University**, Philadelphia, PA, M.S. in Clinical Psychology (2007)
Thesis: Avoidance and depression among socially anxious adults

Drexel University, Philadelphia, PA, Ph.D. in Clinical Psychology (2009)
Dissertation: Acceptance-based intervention to promote HIV medication adherence

Internship **West Virginia University Medical Center**, Morgantown, WV, Clinical Psychology Predoctoral Internship (2008-2009)

POSTGRADUATE TRAINING

Fellowship **Alpert Medical School of Brown University**, Providence, RI, Postdoctoral Research Associate (2009-2011)

HONORS/AWARDS

- Dean's List, University of Virginia (2000–2002)
- Dean's Scholarship Fellow, Drexel University (\$5,000 per year for 2 years) (2004–2006)
- Graduate Assistant to the Director of Clinical Training, Drexel University (\$7,500 per year for 2 years) (2005–2007)
- Most Outstanding Dissertation, Drexel University, Department of Psychology (2009)
- Completed Clinical Internship *with distinction*, West Virginia University Medical Center (2009)
- Scholar, mHealth Training Institute, University of California – Los Angeles (2022)

PROFESSIONAL LICENSES

- *Psychologist*, 2011-Present, Rhode Island License #PS01274

ACADEMIC APPOINTMENTS

- *Assistant Professor*, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI (2011 - 2020)
- *Associate Professor*, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI (2020 - present)
- *Faculty*, Providence/Boston Center for AIDS Research (CFAR), Providence, RI (2020-present)
- *Primary Faculty*, Mindfulness Center, Brown University, Providence, RI (2022-present)

CLINICAL APPOINTMENTS

- *Therapist*, Institute for Addictive Disorders/Partnership Counseling Services, Drexel University College of Medicine, Philadelphia, PA (2005-2006)
- *Therapist/Assistant to clinical director*, Student Counseling Center, Drexel University, Philadelphia, PA (2005-2007)
- *Therapist*, Social Anxiety Treatment Program, Drexel University, Philadelphia, PA (2005-2008)
- *Neuropsychology Intern*, Division of Neuro-Oncology, The Children's Hospital of Philadelphia, Philadelphia, PA (2006-2007)
- *Supervised Psychologist*, Department of Behavioral Medicine & Psychiatry, West Virginia University, Morgantown, WV (2008-2009)
- *Psychology Resident*, Department of Family Medicine, West Virginia University, Morgantown, WV (2008-2009)
- *Therapist*, RICBT, Inc., East Providence, RI (2012-2023)
- *Therapist*, Ethan Moitra, LLC, Providence, RI (2023-present)

UNIVERSITY COMMITTEES

- *Committee member*, Psychology Training Program Technology Committee, Brown University, Providence, RI (2015-present)
- *Committee member*, Faculty Policies subcommittee, Department of Psychiatry & Human Behavior, Brown University, Providence, RI (2021-present)
- *Committee member*, Research Workstream subcommittee, Brown University, Providence, RI (2021-present)

MEMBERSHIP IN SOCIETIES

- American Psychological Association
- Anxiety Disorders Association of America
- Association for Behavioral and Cognitive Therapies

- Association for Contextual Behavioral Science

EDITORIAL BOARDS

- *Academic Editor*, PLOS ONE (2017-present)

AD HOC REVIEWS

Acta Psychiatrica AIDS Research & Therapy Behaviour Research & Therapy	Addiction American Journal of Addiction Clinical Psychologist	AIDS and Behavior Archives of General Psychiatry Cognitive and Behavioral Practice	AIDS Care BMC Psychiatry Comprehensive Psychiatry
Depression and Anxiety	Developmental Neuropsychology	Drug and Alcohol Dependence	Journal of Affective Disorders
Journal of Contextual Behavioral Science Psychological Medicine	Journal of Studies on Alcohol and Drugs Psychology of Consciousness	Journal of Substance Abuse Treatment Psychiatry Research	Psychology of Addictive Behaviors Psychotherapy

GRANT REVIEW COMMITTEES

- *Merit review panelist*, "Office-Based Opioid Treatment for Opioid Use Disorder," Patient Centered Outcomes Research Institute (PCORI; December 2018)
- *Merit review panelist*, "Assessment of Post-Traumatic Stress Disorder," Patient Centered Outcomes Research Institute (PCORI; July 2019)
- *Merit review panelist*, "Broad Assessment of Prevention, Diagnosis, and Treatment Options (APDTO)," Patient Centered Outcomes Research Institute (PCORI; July 2020)
- *Merit review panelist*, "Assessment of Prevention, Diagnosis, and Treatment Options," Patient Centered Outcomes Research Institute (PCORI; November 2020)
- *Reviewer*, HIV/AIDS Intra- and Inter-personal Determinants and Behavioral Interventions (HIBI) Study Section (NIMH; July 2022)
- *Reviewer*, Association for Contextual Behavioral Science Grants Committee (ACBS; October 2022)
- *Reviewer*, HIV/AIDS Intra- and Inter-personal Determinants and Behavioral Interventions (HIBI) Study Section (NIMH; March 2023)

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. **Moitra, E.** Herbert, J.D., & Forman, E.M. (2007). Avoidance and Depression among Socially Anxious Adults. *Depression and Anxiety*, 24, 299-300.
2. Forman, E.M., Herbert, J.D., **Moitra, E.**, Yeomans, P.D., & Geller, P.A. (2007). A Randomized Controlled Effectiveness Trial of Acceptance and Commitment Therapy and Cognitive Therapy for Anxiety and Depression. *Behavior Modification*, 31, 772-799.
3. Cardaciotto, L., Herbert, J.D., Forman, E.M., **Moitra, E.**, & Farrow, V. (2008). The Assessment of Present-Moment Awareness and Acceptance: The Philadelphia Mindfulness Scale. *Assessment*, 15, 204-223. doi: 10.1177/1073191107311467.

4. **Moitra, E.**, Herbert, J.D., & Forman, E.M. (2008). Behavioral avoidance mediates the relationship between anxiety and depressive symptoms among social anxiety disorder patients. *Journal of Anxiety Disorders, 22*, 1205-1213. doi: 10.1016/j.janxdis.2008.01.002.
5. Herbert, J.D., Gaudiano, B.A., Rheingold, A.A., **Moitra, E.**, Myers, V.H., Dalrymple, K.L., & Brandsma, L. (2009). Cognitive Behavior Therapy for Generalized Social Anxiety Disorder in Adolescents: A Randomized Controlled Trial. *Journal of Anxiety Disorders, 23*, 167-177. PMID: PMC4356535. doi: 10.1016/j.janxdis.2008.06.004.
6. **Moitra, E.**, & Armstrong, C.L. (2009). Tumor locus moderates anxiety symptoms in a pediatric neuro-oncologic sample. *Child Neuropsychology, 15*, 460-470. doi: 10.1080/09297040802665769.
7. Beard, C., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2010). Characteristics and Predictors of Course in Social Phobia in a Longitudinal Study of Primary Care Patients. *Depression and Anxiety, 27*, 839-845. PMID: PMC3826438. doi: 10.1002/da.20676.
8. Bjornsson, A.S., Dyck, I., **Moitra, E.**, Stout, R.L., Weisberg, R.B., Keller, M.B., & Phillips, K.A. (2011). The Clinical Course of Body Dysmorphic Disorder in the Harvard/Brown Anxiety Research Project (HARP). *The Journal of Nervous and Mental Disease, 199*, 55-57. PMID: PMC3667613. doi: 10.1097/NMD.0b013e31820448f7.
9. **Moitra, E.**, Beard, C., Weisberg, R.B., & Keller, M.B. (2011). Occupational Impairment and Social Anxiety Disorder in a Sample of Primary Care Patients. *Journal of Affective Disorders, 130*, 209-212. PMID: PMC3831271. doi: 10.1016/j.jad.2010.09.024.
10. **Moitra, E.**, Sperry, J.A., Mongold, D., Kyle, B.N., & Selby, J. (2011). A Group Medical Visit Program for Primary Care Patients with Chronic Pain. *Professional Psychology: Research and Practice, 42*, 153-159. doi: 10.1037/a0022240.
11. Beard, C., Rodriguez, B.F., **Moitra, E.**, Sibrava, N.J., Bjornsson, A., Weisberg, R.B., & Keller, M.B. (2011). Psychometric Properties of the Liebowitz Social Anxiety Scale (LSAS) in a Longitudinal Study of African Americans with Anxiety Disorders. *Journal of Anxiety Disorders, 25*, 722-726. PMID: PMC3089666. doi: 10.1016/j.janxdis.2011.03.009.
12. **Moitra, E.**, Dyck, I., Beard, C., Bjornsson, A.S., Sibrava, N.J., Weisberg, R.B., & Keller, M.B. (2011). Impact of Stressful Life Events on the Course of Panic Disorder in Adults. *Journal of Affective Disorders, 134*, 373-376. PMID: PMC3170458. doi: 10.1016/j.jad.2011.05.029.
13. **Moitra, E.**, Herbert, J.D., & Forman, E.M. (2011). Acceptance-Based Behavior Therapy to Promote HIV Medication Adherence. *AIDS Care, 23*, 1660-1667. doi: 10.1080/09540121.2011.579945.
14. Forman, E.M., Chapman, J.E., Herbert, J.D., Goetter, E.M., Yuen, E.K., & **Moitra, E.** (2012). Using Session by Session Measurement to Compare Mechanisms of Action for Acceptance and Commitment Therapy and Cognitive Therapy. *Behavior Therapy, 43*, 341-354. doi: 10.1016/j.beth.2011.07.004.

15. Francis, J.L., **Moitra, E.**, Dyck, I., & Keller, M.B. (2012). The Impact of Stressful Life Events on Relapse of Generalized Anxiety Disorder. *Depression and Anxiety, 29*, 386-391. PMID: PMC3667630. doi: 10.1002/da.20919.
16. Forman, E.M., Herbert, J.D., Juarascio, A.S., Yeomans, P.D., Zebell, J.A., Goetter, E.M., & **Moitra, E.** (2012). The Drexel Defusion Scale: A New Measure of Experiential Distancing. *Journal of Contextual Behavioral Science, 1*, 55-65. doi:10.1016/j.jcbs.2012.09.001.
17. **Moitra, E.** & Armstrong, C.L. (2013). Neural Substrates for Heightened Anxiety in Children with Brain Tumors. *Developmental Neuropsychology, 38*, 337-351. doi: 10.1080/87565641.2013.799673.
18. **Moitra, E.**, Anderson, B.J., & Stein, M.D. (2013). Perceived Stress and Substance Use in Methadone-Maintained Smokers. *Drug and Alcohol Dependence, 133*, 785-788. PMID: PMC3827679. doi: 10.1016/j.drugalcdep.2013.08.010.
19. Sibrava, N.J., Beard, C.L., Bjornsson, A.S., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2013). Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of African American Adults. *Journal of Consulting and Clinical Psychology, 81*, 1052-1062. PMID: PMC3951438. doi: 10.1037/a0034382.
20. **Moitra, E.**, Lewis-Fernandez, R., Stout, R.L., Angert, E., Weisberg, R.B., & Keller, M.B. (2014). Disparities in Psychosocial Functioning in a Diverse Sample of Adults with Anxiety Disorders. *Journal of Anxiety Disorders, 28*, 335-343. PMID: PMC4028956. doi:10.1016/j.janxdis.2014.02.002.
21. Weisberg, R.B., Beard, C.L., **Moitra, E.**, Dyck, I. & Keller, M.B. (2014). Adequacy of treatment received by primary care patients with anxiety disorders. *Depression and Anxiety, 31*, 443-450. PMID: PMC4157338. doi: 10.1002/da.22209.
22. Bjornsson, A.S., Sibrava, N.J., Beard, C.L., **Moitra, E.**, Weisberg, R.B., Perez-Benitez, C.I., & Keller, M.B. (2014). Clinical Characteristics and Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder and Panic Disorder with Agoraphobia in a Sample of Latino Adults. *Journal of Consulting and Clinical Psychology, 82*, 1186-1192. PMID: PMC4197105. doi: 10.1037/a0036565.
23. Brown, R.A., Bloom, E.L., Hecht, J., **Moitra, E.**, Herman, D.S., & Stein, M.D. (2014). A pilot study of distress tolerance treatment for opiate dependent patients initiating buprenorphine: Rationale, methodology, and outcomes. *Behavior Modification, 38*, 730-759. PMID: PMC4876823. doi: 10.1177/0145445514538279.
24. Stein, M.D., Herman, D.S., **Moitra, E.**, Hecht, J., Lopez, R., Anderson, B.J. & Brown, R.A. (2015). A Preliminary Randomized Controlled Trial of a Distress Tolerance Treatment for Opioid Dependent Persons Initiating Buprenorphine. *Drug and Alcohol Dependence, 147*, 243-250. PMID: PMC4297723. doi: 10.1016/j.drugalcdep.2014.11.007.
25. Gaudiano, B.A., & **Moitra, E.** (2015). Leveraging Mobile Technology to Improve the Treatment of Comorbid Bipolar and Substance Use Disorders. *Journal of Addiction Research & Therapy, 6*:e126. doi: 10.4172/2155-6105.1000e126.

26. Gaudiano, B.A., **Moitra, E.**, Ellenberg, S.R., & Arney, M.F. (2015). The Promises and Challenges of Ecological Momentary Assessment in Schizophrenia: Development of an Initial Experimental Protocol. *Healthcare*, *3*, 556-573. PMID: PMC4683929. doi:10.3390/healthcare3030556.
27. **Moitra, E.**, Chan, P.A., & Stein, M.D. (2015). Open Trial of an Acceptance-based Behavior Therapy Intervention to Engage Newly Diagnosed HIV Patients in Care: Rationale and Evidence of Feasibility and Acceptability. *Behavior Modification*, *39*, 670-690; doi: 10.1177/0145445515590977.
28. **Moitra, E.**, Christopher, P.P., Anderson, B.A., & Stein, M.D. (2015). Coping-motivated Marijuana Use Correlates with DSM-5 Cannabis Use Disorder and Psychological Distress among Emerging Adults. *Psychology of Addictive Behaviors*, *29*, 627-32. PMID: PMC4586302. doi:10.1037/adb0000083.
29. **Moitra, E.**, Anderson, B.J., & Stein, M.D. (2016). Reductions in cannabis use are associated with mood improvement in female emerging adults. *Depression and Anxiety*, *33*, 332-338; doi: 10.1002/da.22460.
30. **Moitra, E.**, & Gaudiano, B.A. (2016). A Psychological Flexibility Model of Medication Adherence in Psychotic-spectrum Disorders. *Journal of Contextual Behavioral Science*, *5*, 252-257.
31. **Moitra, E.**, Gaudiano, B.A., Davis, C.H., & Ben-Zeev, D. (2017). Feasibility and Acceptability of Post-Hospitalization Ecological Momentary Assessment in Patients with Psychotic-Spectrum Disorders. *Comprehensive Psychiatry*, *74*, 204-213. PMID: PMC5369417. doi: 10.1016/j.comppsy.2017.01.018.
32. **Moitra, E.**, LaPlante, A., Armstrong, M.L., Chan, P.A., & Stein, M.D. (2017). Randomized controlled trial of acceptance-based behavior therapy to promote HIV acceptance, HIV disclosure, and retention in medical care. *AIDS and Behavior*, *21*, 2641-2649. PMID: PMC5659953. doi: 10.1007/s10461-017-1780-z.
33. Stein, M.D., Caviness, C., Morse, E., Grimone, K., Audet, D., Herman, D.S., **Moitra, E.**, & Anderson, B.J. (2018). A Developmental-based Intervention to Reduce Alcohol and Marijuana Use Among Non-Treatment-Seeking Young Adults. *Addiction*, *113*, 440-453. PMID: PMC5807100. doi: 10.1111/add.14026.
34. Gaudiano, B.A., Ellenberg, S., Price, L.H., & **Moitra, E.** (2018). Time-lagged predictors of daily medication nonadherence beliefs during the month post-hospital discharge in patients with psychotic-spectrum disorders. *Psychiatry Research*, *270*, 253-256. PMID: PMC6292726. doi: 10.1016/j.psychres.2018.09.048.
35. **Moitra, E.**, Duarte-Velez, Y., Lewis-Fernandez, R., Weisberg, R.B., & Keller, M.B. (2018). Examination of ataque de nervios and ataque de nervios like events in a diverse sample of adults with anxiety disorders. *Depression and Anxiety*, *35*, 1190-1197. PMID: 30328649. doi: 10.1002/da.22853.
36. Sibrava, N.J., Bjornsson, A.S., Pérez Benítez, C.I., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2019). Posttraumatic Stress Disorder in Latino and African American Adults: Clinical Course and the Role of Racial and Ethnic Discrimination. *American Psychologist*, *74*, 101-116. PMID: PMC6338337. doi: 10.1037/amp0000339.

37. **Moitra, E.**, van den Berg, J.J., Sowemimo-Coker, G., Chau, S., Nunn, A., & Chan, P.A. (2020). Open pilot trial of a brief motivational interviewing-based HIV pre-exposure prophylaxis intervention for men who have sex with men: Preliminary effects, and evidence of feasibility and acceptability. *AIDS Care*, *32*, 406-410. PMID: PMC6875625. doi: 10.1080/09540121.2019.1622644.
38. Park, H.S., **Moitra, E.**, & Gaudiano, B.A. (2020). Lessons Learned while Developing a Mobile App to Aid in the Post-Hospital Transition for Patients with Schizophrenia. *SAGE Research Methods Case*, 1-11.
39. **Moitra, E.**, Tarantino, N., Garnaat, S.L., Pinkston, M.M., Busch, A.M., Weisberg, R.B., Stein, M.D. & Uebelacker, L.A. (2020). Using behavioral psychotherapy techniques to enhance HIV patients' well-being. *Psychotherapy*, *57*, 83-89. PMID: PMC7069779. doi: 10.1037/pst0000258.
40. Hayaki, J., Anderson, B.J., Herman, D.S., **Moitra, E.**, Pinkston, M.M., Kim, H.N., & Stein, M.D. (2020). Motivation to Quit Drinking in Individuals Coinfected with HIV and Hepatitis C. *AIDS and Behavior*, *24*, 1709-1716. PMID: 31642998. doi: 10.1007/s10461-019-02709-z.
41. **Moitra, E.**, Anderson, B.J., Herman, D.S., Hayaki, J., Pinkston, M.M., Kim, H.N., & Stein, M.D. (2020). Examination of using alcohol to cope, depressive symptoms, and perceived social support in persons with HIV and Hepatitis C. *AIDS Care*, *32*, 1238-1245. PMID: PMC7483592. doi: 10.1080/09540121.2020.1734177
42. Nunn, A., Sowemimo-Coker, G., van den Berg, J.J., Suttan Coats, C., Sosnowy, C., Napoleon, S.C., Cormier, K., Chan, P.A., & **Moitra, E.** (2020). Recommendations for Intervention Content to Enhance HIV Pre-Exposure Prophylaxis Uptake among Men who have Sex with Men Receiving Care at Sexually Transmitted Disease Clinics. *Journal of Men's Health*, *16*, e47-e59.
43. **Moitra, E.**, Park, H.S., & Gaudiano, B.A. (2021). Development and initial testing of an mHealth transitions of care intervention for adults with schizophrenia-spectrum disorders immediately following a psychiatric hospitalization. *Psychiatric Quarterly*, *92*, 259-272. PMID: PMC7775867. doi: 10.1007/s11126-020-09792-9.
44. Hoge, E.A., Acabchuk, R.L., Kimmel, H., **Moitra, E.**, Britton, W.B., Dumais, T., Ferrer, R.A., Lazar, S.W., Vago, D., Lipsky, J., Schuman-Olivier, Z., Cheaito, A., Sager, L., Peters, S., Rahrig, H., Acero, P., Scharf, J., Loucks, E.B., & Fulwiler, C. (2021). Emotion-related constructs engaged by mindfulness-based interventions: A systematic review and meta-analysis. *Mindfulness*, *12*, 1041-1062. PMID: PMC8210838. doi: 10.1007/s12671-020-01561-w.
45. **Moitra, E.**, Park, H.S., Ben-Zeev, D., & Gaudiano, B.A. (2021). Using ecological momentary assessment for patients with psychosis post-hospitalization: Opportunities for mobilizing measurement-based care. *Psychiatric Rehabilitation Journal*, *44*, 43-50. PMID: PMC8415125. doi: 10.1037/prj0000417.
46. **Moitra, E.**, Anderson, B.J., Herman, D.S., & Stein, M.D. (2021). Longitudinal examination of coping-motivated marijuana use and problematic outcomes among emerging adults. *Addictive Behaviors*, *113*. PMID: PMC7736556. doi: 10.1016/j.addbeh.2020.106691.

47. Stein, M.D., Herman, D.S., Kim, H.N., Howell, A., Lambert, A., Madden, S., **Moitra, E.**, Blevins, C.E., Anderson, B.J., Taylor, L.E., & Pinkston, M.M. (2021). A Randomized Trial Comparing Brief Advice and Motivational Interviewing for Persons with HIV-HCV Co-infection Who Drink Alcohol. *AIDS and Behavior*, *25*, 1013-1025. PMID: in progress. doi: 10.1007/s10461-020-03062-2.
48. Howell, A., Lambert, A., Pinkston, M.M., Blevins, C.E., Hayaki, J., Herman, D.S., **Moitra, E.**, Stein, M.D., & Kim, H.N. (2021). Sustained Sobriety: A Qualitative Study of Persons with HIV and Chronic Hepatitis C Coinfection and a History of Problematic Drinking. *AIDS and Behavior*, *25*, 1083-1093. PMID: PMC7979443. doi: 10.1007/s10461-020-03067-x.
49. Goedel, W.C., Suttan Coats, C., Sowemimo-Coker, G., **Moitra, E.**, Murphy, M.J., van den Berg, J.J., Chan, P.A., & Nunn, A.S. (2021). Gay and bisexual men's recommendations for effective digital social marketing campaigns to enhance HIV prevention and care continuity. *AIDS and Behavior*, *25*, 1619-1625. PMID: PMC8759628. doi: 10.1007/s10461-020-03078-8.
50. Chan, P.A., Nunn, A.S., van Den Berg, J.J., Cormier, K., Sowemimo-Coker, G., Napoleon, S.C., Arnold, T. & **Moitra, E.** (2021). A randomized trial of a brief behavioral intervention for PrEP uptake among men who have sex with men at increased risk for HIV infection. *Journal of Acquired Immune Deficiency Syndromes*, *87*, 937-943. PMID: PMC8192434. doi: 10.1097/QAI.0000000000002671.
51. **Moitra, E.**, Chan, P.A., Molina, P.E., Ernst, F., Ferguson, T.F., Mimiaga, M.J., Herman, D.S., & Stein, M.D. (2021). HIV Engage—a randomized controlled efficacy trial of an acceptance-based behavioral therapy intervention to improve retention in care for HIV treatment naïve patients: study protocol. *Contemporary Clinical Trials*, *108*. PMID: PMC8453091. doi: 10.1016/j.cct.2021.106514.
52. Thompson, C., Mancebo, M.C., & **Moitra, E.** (2021). Changes in social anxiety symptoms and loneliness after increased isolation during the COVID-19 pandemic. PMID: 33647703. *Psychiatry Research*, *298*. doi: 10.1016/j.psychres.2021.113834.
53. Eichel, K., Gawande, R., Acabchuk, R.L., Palitsky, R., Chau, S., Pham, A., Cheaito, A., Yam, D., Lipsky, J., Dumais, T., Zhu, Z., King, J., Fulwiler, C., Schuman-Olivier, Z., **Moitra, E.**, Proulx, J., Alejandre-Lara, A., & Britton, W.B., (2021). A Retrospective Systematic Review of Diversity Variables in Mindfulness Research, 2000-2016. *Mindfulness*, *12*, 2573-2592.
54. Whitfield, T., Barnhofer, T., Acabchuk, R.L., Cohen, A., Lee, M., Schlosser, M., Arenaza-Urquijo, E.M., Bottcher, A., Britton, W.B., Coll-Padros, N., Collette, F., Chetelat, G., Dautricourt, S. Demnitz-King, H., Dumais, T., Klimecki, O., Meiberth, D., Moulinet, I., Muller, T., Parsons, E., Sager, L., Sannemann, L., Scharf, J., Schild, A., Touron, E., Wirth, M., Walker, Z., **Moitra, E.**, Lutz, A., Lazar, S., Vago, D., & Marchant, N.L., (2021). The effect of mindfulness-based programs on cognitive function in adults: a systematic review and meta-analysis. PMID: 34350544. *Neuropsychology Review*. doi: 10.1007/s11065-021-09519-y.
55. Britton, W.B., Desbordes, G., Acabchuk, R.L., Peters, S., Lindahl, J.R., Canby, N.K., Vago, D.R., Dumais, T., Lipsky, J., Kimmel, H.J., Sager, L., Rahrig, H., Cheaito, A., Acero, P., Scharf, J., Lazar, S.W., Schuman-Olivier, Z., Ferrer, R., & **Moitra, E.** (2021). From Self-Esteem to Selflessness: An Evidence (Gap) Map of Self-Related Processes as Mechanisms of Mindfulness-Based Interventions. *Frontiers in Psychology*. PMID: PMC8645694. doi: 10.3389/fpsyg.2021.730972.

56. **Moitra, E.**, Stein, M.D., Busch, A.M., Pinkston, M.M., Abrantes, A.M., Baker, J.V., Weisberg, R.B., Anderson, B.J., & Uebelacker, L.A. (2022). Acceptance of chronic pain in depressed patients with HIV: Correlations with activity, functioning, and emotional distress. *AIDS Care*. PMID: PMC8940733. doi: 10.1080/09540121.2021.1981819.
57. **Moitra, E.**, Tao, J., Olsen, J., Shearer, R.D., Wood, B.R., Busch, A.M., LaPlante, A., Baker, J.V., & Chan, P.A. (2022). Impact of the COVID-19 pandemic on HIV testing rates across four geographically diverse urban centres in the United States: an observational study. *The Lancet Regional Health – Americas*. PMID: PMC8695134. doi: 10.1016/j.lana.2021.100159.
58. Dindo, L., **Moitra, E.**, Roddy, M.K., Ratcliff, C., Markham, C., & Giordano, T. (2022). Development and initial feasibility of a hospital-based Acceptance and Commitment Therapy intervention to improve retention for out-of-care persons with HIV: Lessons learned from an open pilot trial. *Journal of Clinical Medicine*. PMID: PMC9147647. doi: 10.3390/jcm11102827.
59. **Moitra, E.**, Park, H.S., Guthrie, K.M., Johnson, J.E., Peters, G., Wittler, E., Price, L.H., & Gaudiano, B.A. (2022). Stakeholder perspectives on adjunctive mHealth services during transitions of care for patients with schizophrenia-spectrum disorders. *Journal of Mental Health*. PMID: PMC9616963. doi: 10.1080/09638237.2022.2069693.
60. **Moitra, E.**, Brick, L.A., Cancilliere, M.K., Elwy, A.R., Erbe, A.M., Fenn, N., Nunn, A.S., Salhaney, P., & Chan, P.A. (2023). A randomized trial of acceptance-based behavioral therapy to improve mental health outcomes for LGBTQ+ persons: study protocol. *Contemporary Clinical Trials*. PMID: PMC10155421. doi: 10.1016/j.cct.2023.107211.
61. **Moitra, E.**, Jiménez Muñoz, P.C., Sanchez, M.C., & Pinkston, M.M. (in press). Viewpoint on HIV medical care retention guidelines in the COVID-19 pandemic era and beyond: lessons learned from Electronic Health Record screening and outreach. *Open Forum Infectious Diseases*.

NON-PEER-REVIEWED PUBLICATIONS

1. **Moitra, E.** (2011-present). Author of multiple contributions. In J. S. Kreutzer, J. DeLuca, & B. Caplan (Eds.). *Encyclopedia of Clinical Neuropsychology*. New York, NY: Springer.

ABSTRACTS

1. Armstrong, C., L., **Moitra, E.**, & Belasco, C. (2010, February). *Emotion and the Cerebellum: a Pediatric Study*. Presented at the 38th annual convention of the International Neuropsychological Society, Acapulco, Mexico.
2. **Moitra, E.**, Beard, C., Weisberg, R.B., & Keller, M.B. (2010, March). *Occupational Selection and Impairment in Primary Care Patients with Social Anxiety Disorder*. Presented at the 30th annual convention of the Anxiety Disorders Association of America, Baltimore, MD.
3. Beard, C., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2010, March). *Characteristics and Predictors of Social Anxiety Disorder Course in a Longitudinal Study of Primary Care Patients*. Presented at the 30th annual convention of the Anxiety Disorders Association of America, Baltimore, MD.

4. Bjornsson, A.S., Dyck, I., **Moitra, E.** Stout, R. Weisberg, R.B., Keller, M.B., & Phillips, K.A. (2010, March). *The Clinical Course of Body Dysmorphic Disorder in HARP*. Presented at the 30th annual convention of the Anxiety Disorders Association of America, Baltimore, MD.
5. Sperry, J.A., Mongold, D., **Moitra, E.**, & Kincaid, C. (2010, April). “*Pain Day*”: *Group Medical Visits for Training Residents In Developing a Patient-centered Medical Home*. Presented at the 43rd annual convention of The Society of Teachers of Family Medicine, Vancouver, BC.
6. Weisberg, R.B., **Moitra, E.**, & Keller, M.B. (2010, June). Utilization and Outcome of Cognitive Behavior Therapy Techniques in Primary Care Patients with Anxiety Disorders. In **E. Moitra** (Chair). *Treating Anxiety Conditions across the Lifespan in Primary Care*. Symposium presented at the 6th annual convention of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
7. **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2010, November). *Impact of negative life events on the course of anxiety disorders in older adults*. Presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
8. Weisberg, R.B., Beard, C., **Moitra, E.**, & Uebelacker, L. (2011, November). Learning to Ease Anxiety in Primary Care (LEAP): A Pilot Randomized Control Trial. Presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, ON.
9. Bjornsson, A.S., Sibrava, N.J., Beard, C., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2012, March). Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of Latino Adults. Presented at the 32nd annual convention of the Anxiety Disorders Association of America, Arlington, VA.
10. Sibrava, N.J., Bjornsson, A.S., Beard, C., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2012, March). Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of African American Adults. Presented at the 32nd annual convention of the Anxiety Disorders Association of America, Arlington, VA.
11. Clinton, M., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2012, March). Acculturation, immigration, and overall illness in Latinos with Anxiety Disorders. Presented at the 32nd annual convention of the Anxiety Disorders Association of America, Arlington, VA.
12. **Moitra, E.**, Gaudiano, B.A., Davis, C.H., & Arney, M.F. (2016, November). Using Ecological Momentary Assessment to Inform Aftercare Interventions for Patients with Schizophrenia Following a Psychiatric. Presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
13. Chan, P.A., Nunn, A., van den Berg, J.J., Cormier, K., Sowemimo-Coker, G., Napoleon, S.C., **Moitra E.**, & Silva, E. (2020, September). A biobehavioral intervention for PrEP uptake among high-risk men who have sex with men. Presented at the annual STD Prevention Conference, virtual conference.
14. van den Berg, J. J., Chan, P. A., Nunn, A., Cormier, K., Sowemimo-Coker, G., Napoleon, S. C., & **Moitra, E.** (2020, October). A brief motivational interviewing-based intervention for pre-exposure

prophylaxis uptake among high-risk men who have sex with men. Roundtable presented at the annual American Public Health Association Conference, virtual conference.

15. Acabchuk, R.A., Whitfield, T., Vago, D., & **Moitra, E.** (2020, November). Self-Regulatory Processes Engaged by Mindfulness-Based Interventions: A Series of Reviews and Meta-Analyses. Presented at the annual Mind & Life Institute Contemplative Research Conference, virtual conference.
16. Wittler, E.M., Gould, G.E., **Moitra, E.**, & Gaudiano, B.A. (2021, November). The Relationship between Emotion Regulation and Suicidality Over Time in Patients with Psychotic-Spectrum Disorders. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, virtual conference.
17. Ward, M., Wittler, E.M., **Moitra, E.**, & Gaudiano, B.A. (2021, November). The Longitudinal Relationship Between Cannabis Use and Emotion Regulation in Patients with Psychotic-Spectrum Disorders. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, virtual conference.
18. Jiménez Muñoz, P.C., **Moitra, E.**, Sanchez, M. & Pinkston, M.M. (2023, November). HIV medical care retention guidelines in the COVID-19 pandemic era and beyond: Lessons learned from electronic health record screening and outreach. Presented at the annual convention of the American Public Health Association.
19. Ward, M., Benz, M.B., **Moitra, E.**, & Gaudiano, B.A. (2023, November). Examining the Feasibility and Acceptability of a Mobile Health Intervention for Individuals with Psychosis. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
20. Maglalang, D.D., Wang, K., **Moitra, E.**, Zelaya, D.G., & Sun, S. (2024, January). Discrimination, Internalized Homophobia, and Smoking in Young Men Who Have Sex with Men. Presented at the annual convention of the Society for Social Work and Research, Washington, D.C.
21. Fenn, N., Malyuta, Y., Nunn, A.S., **Moitra, E.**, Salhaney, P., Erbe, A.M., Cancilliere, M.K., Zelaya, D.G., & Chan, P.A. (2024, March). Assessing Mental Health and Substance Use among Sexual and Gender Minority Populations Presenting to a Sexual Health Clinic. Presented at the annual convention of the Society of Behavioral Medicine, Philadelphia, PA.

INVITED PRESENTATIONS

1. **Moitra, E.** (2006, May). *Using social skills to your advantage*. Invited presentation given to students and staff at Drexel University, Philadelphia, PA.
2. **Moitra, E.** (2009, March). *Medication adherence or: How I learned to stop worrying and love the Seroquel*. Invited presentation for West Virginia University Department of Behavioral Medicine & Psychiatry Grand Rounds, Morgantown, WV.
3. **Moitra, E.** (2014, January). *An Intervention to overcome barriers to HIV treatment engagement*. Invited presentation for Louisiana State University Department of Physiology, New Orleans, LA.

4. **Moitra, E.**, Gaudiano, B.A., Davis, C.H., & Arney, M.F. (2016, June). Using mobile technology to examine contextual predictors of outcomes in individuals experiencing psychosis following a hospital discharge. In J. Rizo (Chair). *Ecological momentary assessments (EMA) to measure ACT processes and behavioral health across populations*. Paper presented in symposium at the 14th annual world conference of the Association for Contextual and Behavioral Science, Seattle, WA.
5. **Moitra, E.**, Bjornsson, A.S., Sibrava, N.J., Weisberg, R.B., & Keller, M.B. (2018, April). Cross-cultural examination of Ataques de Nervios in a diverse sample of adults with anxiety disorders. In N.J. Sibrava (Chair). *The Harvard/Brown Anxiety Research Project - Phase II: A Study on the Nature and Course of Anxiety Disorders in African American, Latino, and White Samples*. Paper presented in symposium at the annual conference of the Anxiety and Depression Association of America, Washington, D.C.
6. **Moitra, E.**, Chan, P.A., LaPlante, A., & Stein, M.D. (2019, June). Acceptability and Efficacy of Acceptance-Based Behavior Therapy to Promote HIV Acceptance, HIV Disclosure, and Retention in Medical Care. In A. Harrison (Chair). *ACT as applied to treatment adherence and engagement behaviours in long-term health conditions*. Paper presented in symposium at the annual world conference of the Association for Contextual Behavioral Science, Dublin, Ireland.
7. **Moitra, E.** (2020, July). In C. Davis (Chair). *Broader Reach, Bigger Impact: Expanding Access to Contextual Behavioral Science through Digital Interventions*. Discussant in symposium at the annual world conference of the Association for Contextual Behavioral Science, virtual conference.
8. **Moitra, E.** (2023, February). In Z. Schuman-Olivier (Chair). *Mindfulness and the Science of Behavior Change*. Presenter in symposium at the annual world conference of the International Society for Contemplative Research, La Jolla, CA.
9. **Moitra, E.** & Gaudiano, B.A. (2024, January). *Transitions of psychiatric care for adults with serious mental illness: clinical and research innovations*. Presented at West African Digital Mental Health Alliance (WADMA) grand rounds, Accra, Ghana.
10. **Moitra, E.** (2024, April). *Acceptance and Commitment Therapy for newly diagnosed patients with HIV*. Guest Lecturer. Presented to Brown University Master's of Public Health students, Mindfulness Epidemiology (PHP1895), Providence, RI.

GRANTS

CURRENT

1. Improving retention in care for persons with HIV who use substances by increasing acceptance and reducing stigma

R34 DA053738 6/1/21 – 5/31/24 NIDA \$736,694

Role: *Principal Investigator* (M-P.I.: Megan Pinkston-Camp, Ph.D.)

Description: The major goals of this project are to adapt, refine, and pilot a brief acceptance-based intervention to engage patients in care for HIV and substance misuse treatment by reducing stigma.

2. Brief acceptance-based retention intervention for newly diagnosed HIV patients

R01 MH119919 12/3/19 - 11/30/24 NIMH \$2,993,978

Role: *Principal Investigator*

Description: The objective of this proposal is to conduct a fully powered, randomized controlled trial to assess the efficacy of a brief, 2-session acceptance-based behavioral therapy intervention to enhance retention in HIV care.

3. Improving mental health among the LGBTQ+ community impacted by the COVID-19 pandemic

RF1 MH132348 9/1/22 – 8/31/25 NIMH \$2,368,492

Role: *Principal Investigator* (M-P.I.: Philip Chan, M.D.)

Description: This Hybrid Type 1 trial will examine the effectiveness of a brief, acceptance-based intervention designed to improve anxiety and depressive symptoms among LGBTQ+ individuals by improving their social support.

4. Effectiveness of a multi-component mHealth intervention to improve post-hospital transitions of care for patients with SMI

R01 MH130496 9/1/22 – 7/31/27 NIMH \$3,639,566

Role: *Principal Investigator* (M-P.I.: Brandon Gaudiano, Ph.D.)

Description: The goal of this project is to test the effectiveness of an mHealth app (“tFOCUS”) in support patients with SMI who are transitioning from inpatient to outpatient care.

6. Utilizing Qualitative Interviews and Ecological Momentary Assessment to Understand Cannabis Use among Young Adults in Psychiatric Care

3/1/23 – 2/28/26 Aloha Foundation \$653,000

Role: *Principal Investigator* (M-P.I.s: Jennifer Merrill, Ph.D.; Laura Whiteley, M.D.)

Description: Using mixed methods, including mHealth, this study will investigate cannabis use among young adults in an intensive outpatient psychiatric program.

COMPLETED

1. Targeting HIV retention and improved viral load through engagement (‘THRIVE’)

R34 MH122294 8/1/20 – 7/31/23 NIMH \$660,402

Role: *Co-Investigator* (M-P.Is.: Thomas P. Giordano, M.D; Lilian N. Dindo, Ph.D.)

Description: The goal of this project is to help recently hospitalized patients with HIV overcome avoidance and HIV-related self-stigma to facilitate improved retention in care.

2. Mobile After-Care Support Intervention for Patients with Schizophrenia following Hospitalization

R34 MH115144 7/10/18 - 4/30/22 (NCE) NIMH \$531,224

Role: *Principal Investigator* (M-P.I.: Brandon A. Gaudiano, Ph.D.)

Description: This study will use an iterative process to refine a new mobile aftercare app for patients with psychotic-spectrum disorders and it also will collect qualitative data from local stakeholders (e.g., patients, clinicians, administrators) to improve the intervention in preparation for a randomized phase of the project and to establish clinicians' preferences for receiving clinical data from the mobile app.

3. A brief motivational interviewing-based intervention to improve HIV pre-exposure prophylaxis uptake among men who have sex with men

R34 DA042648 5/1/17 - 4/30/21 NIDA \$542,806

Role: *Principal Investigator* (M-P.I.: Philip A. Chan, M.D.)

Description: This study will develop a brief Motivational Interviewing-based intervention to promote pre-exposure prophylaxis uptake among high-risk men who have sex with men who are HIV-negative, to be delivered by clinic staff during the course of routine HIV/STD testing.

4. Improving Functioning in HIV Patients with Chronic Pain and Comorbid Depressive Symptoms

R01 NR015977 6/1/16 - 3/31/21 NINR \$2,959,555

Role: *Co-Investigator* (M-P.Is.: Michael D. Stein, M.D; Lisa A. Uebelacker, Ph.D.)

Description: The goal of this project is to teach HIV patients skills for reducing behavioral avoidance and increasing engagement in day-to-day valued activities, thereby ultimately improving functional capacity (i.e., both psychosocial and physical functioning) and decreasing depression.

5. Comparing Brief Alcohol Interventions for HIV-HCV Co-Infected Persons

R01 AA023726 9/20/14 - 8/31/19 NIAAA

Role: *Co-Investigator* (P.I.: Michael D. Stein, M.D.)

Description: The goal of this project is to determine if a brief motivational interviewing intervention, in comparison to brief advice given by a PCP, results in decreased alcohol consumption among HIV-HCV co-infected patients.

6. Engaging HIV Patients in Primary Care by Promoting Acceptance

R34 MH098694 3/21/13-1/31/17 NIMH

Role: *Principal Investigator* (M-P.I.: Michael D. Stein, M.D.)

Description: This project aims to develop a simple, low-cost, disseminable intervention using acceptance-based behavior therapy for HIV primary care patients new to care that enhances a patient's longitudinal commitment to care so s/he can obtain effective medical treatments that will prolong survival and improve quality of life.

7. Reducing STIs in Emerging Adults Who Use Alcohol and Marijuana (HEAT)

R01 AA020509 9/15/11 - 8/31/16 NIAAA

Role: *Co-Investigator* (P.I.: Michael D. Stein, M.D.)

Description: The goal of this project was to determine if a brief acceptance-based alcohol and marijuana intervention will lower STI incidence in community-based emerging adults.

8. Technology-Assisted Assessment of Post-Hospital Adherence in Schizophrenia

R21 MH102000 7/19/13-6/30/16 NIMH

Role: *Principal Investigator* (M-P.I.: Brandon A. Gaudiano, Ph.D.)

Description: This study sought to identify ecologically-valid and potentially modifiable variables that predicted treatment adherence (to medications and outpatient therapies) for patients with psychotic spectrum disorders following hospital discharge using mobile technologies.

9. The Harvard/Brown Anxiety Research Project (HARP)

R01 MH51415 4/1/95 – 1/31/15 NIMH

Role: *Collaborator/Project Director* (P.I.: Martin B. Keller, M.D.)

Description: A multicenter, longitudinal, prospective study of the course and outcome of panic disorder, generalized anxiety disorder, posttraumatic stress disorder, and social phobia, with a focus on racial /ethnic minority samples.

10. Distress Tolerance and Reducing Early Relapse in Buprenorphine Patients (TRUST)

R34 DA032767 2/01/12 - 1/31/14 NIDA

Role: *Co-Investigator* (M-P.Is.: Michael D. Stein, M.D.; Richard A. Brown, Ph.D.)

Description: The goal of this project is to develop and test a Distress Tolerance treatment, as an adjunct to buprenorphine treatment to reduce early opioid relapse.

11. Spanish Speaking Anxiety Outcomes Study (SANOS)

Pfizer Pharmaceuticals, Inc. 10/16/08 – 9/20/13

Role: *Principal Investigator*

Description: Investigation of the course and outcome of monolingual Spanish-speaking adults with anxiety disorders and to determine psychosocial functioning and socioeconomic impact.

12. Varenicline vs. NRT for Methadone-Maintained Smokers (QUIT)

R01 CA129226 9/24/08-07/31/13 NCI

Role: *Collaborator* (P.I.: Michael D. Stein, M.D.)

Description: The goal of this project is to determine whether varenicline leads to a higher rate of smoking cessation than nicotine replacement among methadone-maintained smokers.

13. The Primary Care Anxiety Disorders Program (PCAP)

Pfizer Pharmaceuticals, Inc. 6/1/97 – 5/15/13

Role: *Principal Investigator*

Description: Investigation of the course and outcome of primary care patients with anxiety disorders and to examination of the impact of anxiety disorders.

14. Cognitive-Behavioral Treatment of Anxiety in Primary Care

K23 MH69595-05 7/25/04 – 10/31/10 NIMH

Role: *Postdoctoral Research Associate* (P.I.: R.B. Weisberg, Ph.D.)

Description: A patient-oriented career development award. The aims of the proposal were to develop a cognitive-behavioral, group treatment for primary care patients with anxiety disorders and to assist in the training of the PI as an independent researcher.

MEDIA COVERAGE

- “Behavioral Avoidance in Patients with SAD Partially Mediates Depressive Symptoms,” *CNS Spectrums*, 11, 346 – 348.
- “Occupational Hazard,” *Scientific American Mind*, 21, 10.
- “Stress Triggers Slow, Steady Rise in Panic Symptoms,” *Medscape Medical News*, 6/23/11.

UNIVERSITY TEACHING, ADVISING, and MENTORING ROLES

- *Adjunct Instructor*, Department of Psychology, Drexel University, Philadelphia, PA, "General Psychology I (PSY 101)" (spring 2007)
- *Adjunct Instructor*, Department of Psychology, Drexel University, Philadelphia, PA, "General Psychology I (PSY 101)," double section consisting of 300+ students (fall 2007)
- *Adjunct Instructor*, Department of Psychology, Drexel University, Philadelphia, PA "Abnormal Psychology (PSY 240)" for non-psychology majors (spring 2008)
- *Instructor*, Brown University Clinical Psychology Training program, Providence, RI, "CBT for

- Anxiety Disorders" (fall 2014 - present)
- *Instructor*, Brown University Psychiatry Residency Training program, Providence, RI, "Journal Club" (winter 2017 - present)
- *Speaker*, Office of Continuing Medical Education, Alpert Medical School of Brown University, Providence, RI, "Using mindfulness and acceptance to improve public speaking skills" (March 2018)
- *Adjunct Faculty*, School of Social Work, Boston University, Boston, MA, "Cognitive Behavioral Therapy" (fall 2019)
- *Mentor*, MEDSTEP, Office of Diversity and Multicultural Affairs, Alpert Medical School of Brown University, Providence, RI (fall 2019 – present)
- Advisees/mentees
 - Hannah Kimmel, Master's in Public Health student (2016-2017)
 - Sarah Peters, Master's in Public Health student (2016-2017)
 - Lauren Sager, Master's in Public Health student (2016-2017)
 - Dorothy Skierkowski-Foster, Post-doctoral psychology trainee (2017-2019)
 - Daniel Manfra, Psychiatry resident (2018-2020)
 - Claire Thompson, Undergraduate student (2020-2021)
 - Roman Palitsky, Post-doctoral psychology trainee (2020-2022)
 - Nick Canby, Post-doctoral psychology trainee (2022-present)
 - Natalie Fenn, Post-doctoral psychology trainee (2022-present)
 - Julia Scheinbach, Master's in Public Health student (2023-present)
 - Michael Thompson, Master's in Public Health student (2023-present)
 - Aleksandr Karnick, Psychology resident (2023-present)