

Gabrielle (Gabby) Headrick, PhD, MSPH, RDN**Office Address:**

121 South Main Street

Providence, RI 02912

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EDUCATION AND TRAINING***Education***

- 2023 Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
PhD, Program in Human Nutrition, Department of International Health
- 2018 Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
Master of Science in Public Health, Program in Human Nutrition, Department of International Health
- 2015 University of Vermont, Burlington, VT
Bachelor of Science in Dietetics, Nutrition and Food Sciences
Spanish Minor | Semester Abroad, Oaxaca, Mexico, Food Systems Concentration

Dietetic Training

- 2018 Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
Registered Dietitian Nutritionist, Graduate Coordinated Program in Dietetics
Clinical Training: Johns Hopkins Bayview Medical Center, Johns Hopkins Hospital
Public Health Training: Baltimore Food Policy Initiative, Division of Food Policy & Planning, Department of Planning, City of Baltimore

PROFESSIONAL EXPERIENCE***Academic Appointments***

- 2026 - **Assistant Professor (tenure track)**, Department of Behavioral and Social Sciences, Center for Health Promotion and Health Equity, School of Public Health, Brown University, Providence, RI
- 2025 – 2026 **Associate Director of Food and Nutrition Policy**, Institute for Food Safety and Nutrition Security, The George Washington University, Washington DC
- 2024 – 2026 **Core Faculty Member**, Institute for Food Safety and Nutrition Security, The George Washington University, Washington DC
- 2024 – 2026 **Affiliate Faculty Member**, Global Food Institute, The George Washington University, Washington DC

- 2024 – 2026 **Director**, Undergraduate Bachelor of Science in Nutrition Program, Milken Institute School of Public Health, The George Washington University, Washington DC
- 2023 – 2026 **Assistant Professor (non-tenure track)**, Department of Exercise and Nutrition Sciences, Milken Institute School of Public Health, The George Washington University, Washington DC

Other Non-Academic Employment

- 2020 – 2026 **Consultant**, Baltimore Food Policy Initiative, Division of Food Policy & Planning, Department of Planning, City of Baltimore, Baltimore, MD
- 2019 – 2023 **Graduate Research Assistant**, Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
- 2019 – 2020 **Clinical Dietitian**, Johns Hopkins Hospital, Baltimore, MD
- 2018 - 2019 **Public Health Dietitian**, Cambridge Public Health Department, Cambridge, MA
- 2017 – 2019 **Graduate Research Assistant**, Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
- 2016 – 2017 **Analyst**, Global Obesity Prevention Center, Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
- 2015 **Market Education Manager**, Power of the Produce Club, Five Corners Farmers' Market, Essex Junction, VT
- 2015 **Undergraduate Research Assistant**, Department of Nutrition and Food Sciences, University of Vermont, Burlington, VT
- 2012 – 2015 **Assistant Cross-Country Coach**, Burlington High School, Burlington, VT

PROFESSIONAL LICENSES

- 2018- **Registered Dietitian Nutritionist**, The Commission on Dietetic Registration
CDR number: 86075129
- 2019-2023 **Licensed Dietitian/Nutritionist**, Board of Dietetic Practice, Maryland
Department of Health, Maryland License Number: DX4668
- 2018-2021 **Licensed Dietitian/Nutritionist**, Board of Registration of Dietitians and
Nutritionists, Division of Professional Licensure, Massachusetts
License number: 4574

RESEARCH GRANTS

- 2025 - 2029 National Institutes of Health
National Institute of Nursing Research
The Impact of the 11th Street Bridge Park on the Built Environment and Community Health: Washington, D.C.
Award Number: 1R01NR021883-01
Award: \$3,399,035
Role: Co-Investigator
- 2024 – 2026 Healthy Eating Research, Robert Wood Johnson Foundation
Healthy Eating Research Round 14
Identifying Policy, System, and Environment Approaches to Promoting Safe and Dignified Healthy Food Access at Urban Grocery Stores
Award: \$271,718
Role: Principal Investigator
- 2024 - 2025 The Global Food Institute, George Washington University
Affiliate Faculty Mini-Grant
Addressing and Mitigating Food Insecurity among the George Washington University Student Community
Award: \$30,000
Role: Principal Investigator
- 2023 – 2024 Healthy Eating Research, Robert Wood Johnson Foundation
Healthy Eating Research Early-Stage Investigator Special Funding
A Systematic Review: The Impact of COVID-19 Policy Changes on SNAP and WIC Access, Enrollment, Retention, and Benefit Utilization
Award: \$8,000
Role: Co-Principal Investigator
- 2023 – 2024 Healthy Eating Research, Robert Wood Johnson Foundation
Healthy Eating Research Early-Stage Investigator Special Funding
Policy, Systems, and Environmental Strategies to Increase Use of SNAP Benefits at Farmers Markets: A Systematic Review
Award: \$8,000
Role: Co-Investigator
- 2021- 2022 21st Century Cities Initiative, Johns Hopkins University
Doctoral Research Award on Urban Issues
Examining the Association between Social Infrastructures and Household Food Security in the United States
Award: \$4,000
Role: Principal Student Investigator
- 2020-2021 Urban Health Institute, Johns Hopkins University

Small Grant Award
Cooking up Local Thoughts on Local Produce
Award: \$5,000
Role: Principal Student Investigator

2020-2021 Healthy Eating Research, Robert Wood Johnson Foundation
COVID-19 Rapid-Response Special Commissioned Research
Promoting Equitable Expansion of the SNAP Online Purchasing Pilot
Award: \$3,000
Role: Co-Investigator

PUBLICATIONS

Refereed Papers (*Denotes student mentee)

1. **Headrick G**, Taillie LS, Wolfson JA. The 2025–30 US dietary guidelines for Americans reject scientific evidence, transparency, and planetary health. *The Lancet Planetary Health*. 2026 Apr 22. <https://doi.org/10.1016/j.lanplh.2026.101460>.
2. Grilo MF, Krieger JW, Taillie LS, Zancheta Ricardo C, Dietz WH, **Headrick G**, Colón-Ramos U, Sylvestsky AC. US Parents’ Perceptions of Non-Sugar Sweeteners and Non-Sugar Sweetener Front-Of-Package Labels for Children. *American Journal of Health Promotion*. 2026 Apr 13. <https://doi.org/10.1177/08901171261442056>
3. **Headrick G**, Blouin J*, Konyar M*, Amorosino L*, Mandic M*, Razvi A*, Steigman K, Watley S, Frazier D, Sacheck J. “I Was Thinking About Food All the Time, I Didn’t Have Enough”: Understanding the Multidimensional Nature of Food Insecurity Among Undergraduates at an Urban U.S. Campus. *Nutrients*. 2026 Jan 23; 18(3):375. <https://doi.org/10.3390/nu18030375>
4. Chakraborty R, **Headrick G**, Romm KF, Wang Y, McCready D, Cavazos-Rehg PA, Schubel L, Speer M, Yang T, Berg CJ. Cannabis Use & Food Insecurity Risk among U.S. Adults with & Without Children. *American Journal of Preventive Medicine*. 2025 Jun 3; 107740. <https://doi.org/10.1016/j.amepre.2025.107740>
5. Crespo-Bellido M, **Headrick G**, López MA, Holcomb J Khan A*, Sapkota S*, Hollis-Hansen K. A Systematic Review: The Impact of COVID-19 Policy Flexibilities on SNAP and WIC Program Access, Participation, Benefit Utilization, and Program Perceptions. *Advances in Nutrition*. 2024 Dec 20; 100361. <https://doi.org/10.1016/j.advnut.2024.100361>
6. **Headrick G**, Abdul K*, Guru S, DeHonney A, Moran AJ, Surkan PJ, Raja S, Mui Y. “We Want to Eat and be Healthy just like Everybody Else:” How Social Infrastructures Affect Nutrition Equity in a Racialized Urban Community in the United States. *Current developments in nutrition*. 2024 Mar 1;8(3):102106. <https://doi.org/10.1016/j.cdnut.2024.102106>

7. **Headrick G**, Ruth A, White S, Ellison C, Seligman H, Bleich S, Moran A. Integration and coordination across public benefit programs: Insights from state and local government leaders in the United States. Preventive Medicine Reports. 2023; 31. <https://doi.org/10.1016/j.pmedr.2022.102077>
8. **Headrick G**, Ellison C, Bresnahan C, Green C, Lyons M, Moran A. State Implementation of SNAP Waivers and Flexibilities During the COVID-19 Pandemic: Perspectives from State Agency Leaders. Journal of Nutrition Education and Behavior. 2022; 54(11):982-997. <https://doi.org/10.1016/j.jneb.2022.07.009>
9. Mui Y, **Headrick G**, Chen J, Pollack C, Saleem H. Revisiting Revitalization: Exploring how structural determinants moderate pathways between neighborhood change and health. International Journal for Equity in Health. 2022; 21(1):165. <https://doi.org/10.1186/s12939-022-01771-9>
10. Moran AJ, **Headrick G**, Perez C, Greatsinger A, Taillie LS, Zatz L, Bleich S, Rimm E, Khandpur N. Food Marketing Practices of Major Online Grocery Retailers in the United States, 2019-2020. Journal of the Academy of Nutrition and Dietetics. 2022. Online ahead of print. <https://doi.org/10.1016/j.jand.2022.04.003>
11. **Headrick G**, Khandpur N, Perez C, Taillie LS, Bleich S, Rimm E, Moran A. A Content Analysis of Online Grocery Retail Policies and Practices Affecting Healthy Food Access. Journal of Nutrition Education and Behavior. 2022; 54(3): 219 – 229. <https://doi.org/10.1016/j.jneb.2021.09.006>
12. Mui Y, **Headrick G**, Raja S, Palmer A, Ehsani JP, Pollack Porter K. Acquisition, mobility, and food insecurity: Integrated food systems opportunities across urbanicity levels highlighted by COVID-19. Public Health Nutrition. 2021; 25(1): 114-118. <https://doi.org/10.1017/S1368980021002755>
13. Perez C, Moran A, **Headrick G**, McCarthy J, Cradock A, Pollack Porter KM. State and Local Healthy Kids' Meal Laws in the United States: A Review and Analysis. Journal of the Academy of Nutrition and Dietetics. 2021. Online ahead of print. <https://doi.org/10.1016/j.jand.2021.12.003>
14. **Headrick G**, Hecht AA, Misiaszek C, Brosius S, Crone A, Surkan PJ. Customers' Views on the Implementation of a Farmers Market Incentive Program: Successes and Opportunities for Improvement. Journal of Hunger & Environmental Nutrition. 2021; 16(4): 473-489. <https://doi.org/10.1080/19320248.2020.1842282>
15. Misiaszek C, Hecht AA, **Headrick G**, Brosius S, Crone A, Surkan PJ. Implementation of a Farmer's Market Incentive Program in Maryland: Perspectives from Vendors. Journal of Agriculture, Food Systems, and Community Development. 2020; 9(2): 255-266. <https://doi.org/10.5304/jafscd.2020.092.004>

16. Hecht AA, Misiaszek C, **Headrick G**, Brosius S, Crone A, Surkan PJ. Manager Perspectives on Implementation of a Farmers Market Incentive Program in Maryland. *Journal of Nutrition Education and Behavior*. 2019; 51(8):926-935. <https://doi.org/10.1016/j.jneb.2019.04.001>

Peer-Reviewed Manuscripts in Review or Preparation

1. Ramos Gonzalez M, Klisch S, Le T, **Headrick G**, Robinson-Oghogo JN, Nguyen CJ. Policy, systems, and environmental strategies to increase equitable use of SNAP benefits at farmers markets: A systematic review. (Under review)
2. Chakraborty R., Wang, Y., Romm, K.F., **Headrick, G.**, Amdeta, H., Johnson, M., Thakkar, S., Berg, C.J. (2026). Food insecurity risk and substance use among US young adults with and without children: understanding the mediating role of anxiety and depressive symptoms. (Under review)
3. DiPietro L, **Headrick G**, Miller K, Elmi A, Roberts J, Sacheck J, Talegawkar S. The Effects of the 11th Street Bridge Park on Community Health in Washington, DC: A Longitudinal Study Protocol for a Natural Experiment. (Under review)
4. **Headrick G**, McGready J, Ramos C, DeHonney A, Moran A, Surkan PJ, Raja S, Mui Y. Associations between Social Network Characteristics and Household Food Insecurity in East Buffalo, New York. (Under review)
5. Blouin J*, Wu E*, Steigman K, Sacheck J, **Headrick G**. Nurturing Equitable Implementation of an On-Campus Food Pantry. (Planned submission to *Journal of Nutrition Education and Behavior*, July 2026)
6. **Headrick G**, Bresnahan C, Grummon A, Khandpur N, Polacsek M, Moran A. Testing the Impact of a Pilot Healthy Food Marketing Intervention on Food Choices in an Experimental Online Grocery Setting. (Planned submission to *American Journal of Preventative Medicine*, August 2026)

Reports and Issue Briefs

1. Mui Y, Cozzan M*, **Headrick G**. Cultivating Connections: Food Policy and Program Coordination at Baltimore City Health Department to Advance Food Security Citywide. The Johns Hopkins Bloomberg School of Public Health. Baltimore, MD. 2026. Available upon request.
2. Finizio O*, Hoey L*, Lee K, Howe C, **Headrick G**. Rooting for Equity: Applied Research to Advance Urban Agriculture in Washington DC's Affordable Housing Communities. The George Washington University. Washington, DC. 2025. Available online: <https://acrobat.adobe.com/id/urn:aaid:sc:US:d5d6797d-8073-4060-aed6-3d4ec289b854>
3. Moran A, Bresnahan C, **Headrick G**. Implementing SNAP During the COVID-19 Pandemic: Perspectives from the National Network of State SNAP Administrators. Healthy Eating

Research; Durham, NC: 2022. Available online: <https://healthyeatingresearch.org/wp-content/uploads/2022/09/HER-COVID-SNAP-Brief-093022.pdf>

4. Bresnahan C, Ellison C, Green C, **Headrick G**, Ji Yeun Lee C, Lyons M, Moran A, Tse J. SNAP Waivers and Adaptations During the COVID-19 Pandemic: A Survey of State Agency Perspectives in 2020. Johns Hopkins Bloomberg School of Public Health; Baltimore, MD: 2021. Available online: <https://files.constantcontact.com/391325ca001/43b432bd-bdde-4525-8e63-a1b0293de236.pdf>
5. Moran A, **Headrick G**, Khandpur N. Promoting Equitable Expansion of the U.S. Department of Agriculture Supplemental Nutrition Assistance Program Online Purchasing Pilot. Healthy Eating Research; Durham, NC: 2021. Available online: <https://healthyeatingresearch.org/wp-content/uploads/2021/07/HER-Online-Purchasing-Brief-FINAL.pdf>

Editorials and Opinion Pieces

1. Boamah EF, Hall E, **Headrick G**, Herman C, Mui Y, Ramos Gerena C, Raja S. Op-ed: East Buffalo Needs Community-Driven Structural Investments, Not Fly-In, Fly-Out Charity. Civil Eats: 2022. Available online: <https://civileats.com/2022/05/24/op-ed-east-buffalo-needs-community-driven-structural-investments-not-fly-in-fly-out-charity/>

PRESENTATIONS

**Denotes student mentee*

Conferences

1. **Headrick G**, Maybank A, Singleton C, Colón-Ramos U, Fong K. Associations between Neighborhood Segregation and Crime Incidents at Urban Supermarkets in Baltimore, Maryland and Washington DC. In: ISBNPA Annual Meeting. 2026, Cadiz, Spain. (Oral)
2. Blouin J*, Wu E*, Sadig H*, Steigman K, Jordan G*, Scheck J, **Headrick G**. Nourishing Student Wellbeing: Behavioral, Social, and Operational Insights from an Urban College Food Pantry. In: ISBNPA Annual Meeting. 2026, Cadiz, Spain. (Oral)
3. Stokes J*, **Headrick G**. “SNAP Shouldn’t be Political”: A Qualitative Investigation of Black Mothers’ Experiences with SNAP in Washington DC. In: ISBNPA Annual Meeting. 2026, Cadiz, Spain. (Oral)
4. Singleton C, Gartner D, **Headrick G**, Winata F, Sheehan K, Rose D. Assessing Gaps in Food Security Status by Exposure to Crime at Food Stores: An Oaxaca-blinder Decomposition Analysis. In: ISBNPA Annual Meeting. 2026, Cadiz, Spain. (Oral)
5. Amorosino L*, Konyar M*, Venkateswaran A*, Watley S, Jordan G*, Steigman K, Sonn A, Scheck J, **Headrick G**. Associations Between Food Insecurity and Self-Perceived Physical and Mental Health Among Urban College Students. In: APHA Annual Meeting. 2025, Washington, DC. (Oral)

6. **Headrick G**, Landry M, Mhrshahi S, Wolfson J. International Perspectives on Policy, Systems, and Environmental Approaches to Address Food Insecurity Among Higher Education Students. In: ISBNPA Annual Meeting. 2025, Auckland, New Zealand. (Oral)
7. Cozzan M*, **Headrick G**, Mui Y. What is the Role of Local Government in Advancing Cultural Food Security and Social Justice? A Case Study of Baltimore, Maryland. In: ASFS/AFHVS Annual Meeting. 2025, Corvallis, OR. (Oral)
8. **Headrick G**, Abdul K, Guru S, DeHonney A, Moran A, Surkan PJ, Raja S, Mui Y. Understanding the use of social infrastructures to prevent and cope with household food insecurity in the United States. In: ISBNPA Annual Meeting. 2023, Uppsala, Sweden. (Oral)
9. **Headrick G**, Bresnahan C, Han F, van Damme I, Moran A, Khandpur N. Online grocery platform interventions and food-related behaviors: a scoping review. In: ISBNPA Annual Meeting. 2023, Uppsala, Sweden. (Poster)
10. **Headrick G**, Ramos C, McGready J, DeHonney A, Moran A, Surkan P, Raja S, Mui Y. Associations between social network characteristics and household food security in East Buffalo, New York. In: ASFS/AFHVS Annual Meeting. 2023, Boston, MA. (Oral)
11. **Headrick G**, Ruth A, White S, Ellison C, Seligman H, Bleich S, Moran A. Promoting Co-Enrollment Across the Social Safety Net: Insights from Government Stakeholders. In: Fall 2021 Research Conference, Association for Public Policy Analysis & Management. 2021, Austin, TX. (Poster) **withdrew from conference in the setting of the COVID-19 pandemic*
12. Bresnahan C*, Green C*, **Headrick G***. Lessons Learned from Implementing Waivers and Flexibilities During the Pandemic to Improve SNAP Program Access. In: Economic Mobility & Wellbeing Conference, APHSA & NAWRS. 2021, Milwaukee, WI. (Oral) **co-lead presenters*
13. **Headrick G**, Khandpur N, Perez C, Smith Taillie L, Moran A. A Content Analysis of Online Grocery Policies & Practices: Implication for the SNAP Online Purchasing Pilot. In: The Obesity Society Meeting. 2020, Virtual. (Poster)
14. **Headrick G**, Hecht AA, Misiaszek C, Brosius S, Crone A, Surkan PJ. Customers' perspectives on the implementation of a farmers' market incentive program: success and opportunities for improvement in the Maryland Market Money Program. In ASFS/AFHVS Annual Meeting. 2020, Athens, GA. (Oral) **conference cancelled in the setting of the COVID-19 pandemic*
15. **Headrick G**, Trude A, Woolley R, Thorne-Lyman A, Gittelsohn J. Diet Quality among Low-Income, Urban, African American Households: Associations with Food Insecurity. In: The Obesity Society Meeting. 2017, Washington, DC. (Poster)

16. Woolley R, Trude A, **Headrick G**, Thorne-Lyman A, Gittelsohn J. SNAP Participation Associated with Food Source and Expenditures among Urban, African American Adults. In: The Obesity Society Meeting. 2017, Washington, DC. (Poster)

Forums and Professional Practice Convenings

1. **Headrick G**, Griffith J. Scaling Access: Reimagining Nutrition Incentives in Food as Medicine Programs through Online Retail. Academy of Nutrition and Dietetics Foundation's Science Forum. 2026. Baltimore, MD. (Oral)
2. **Headrick G**, Evich HB, Dow C, Horton K, Klatt K, Maroto M, Mayne S. A Recipe for Truth: Identifying and Tackling Food and Nutrition Misinformation. Institute for Food Safety and Nutrition Security, The George Washington University. 2026. Washington DC. (Oral)
3. **Headrick G**. Student-Centered Solutions to College Student Food Insecurity. Swipe Out Hunger Student Summit. 2026. Boston, MA. (Oral)
4. **Headrick G**, Blouin J*, Smith-Shomade S*. The Reality of Student Food Access at GW. Milken Institute School of Public Health, The George Washington University. 2026. Washington, DC. (Oral)
5. **Headrick G**. Food Insecurity on College Campuses in the United States. NACUFS Engage: Mid-Atlantic Learning Sessions. 2026. Washington, D.C. (Oral)
6. **Headrick G**, Clark R, Howe C, LaFave T, Smith L. Connecting Our Cities Through Food: The Power of Local Food Policy. Institute for Food Safety and Nutrition Security, The George Washington University. 2025. Washington DC. (Oral)
7. **Headrick G**. Supermarkets in Cyberspace: Implications for SNAP-Ed. In: Washington SNAP-Ed Statewide Forum. 2021, Virtual. (Oral)
8. **Headrick G**, Kaplan A. The Walkability of Cambridge's Food Environment: Mapping Access and Disparity. In: The Cambridge Health Alliance Academic Poster Session, Center for Professional and Academic Development. 2019, Cambridge, MA. (Poster)

Session Moderation

1. Hall K, Halas M, Cadenhead J, Musicus A, **Headrick G**. What's Processing Got To Do With It? In: National Food Policy Conference. 2025. Washington DC. (Oral)
2. Kenney E, Arm K, Vasan A, **Headrick G**. Lessons Learned from Changes to Food Assistance Programs During the Pandemic. In: The Obesity Society Meeting. 2022. San Diego, CA. (Oral)

POLICY ENGAGEMENT AND TESTIMONY

Headrick G. Testimony on the Impact of the DC Food Policy Council. Committee of the Whole, Council of the District of Columbia. May 2026. Washington, DC. (Verbal). Available from: <https://lims.dccouncil.gov/Hearings/hearings/2285>

Headrick G. Testimony on the Impact of the DC Food Policy Council. Committee on Health, Council of the District of Columbia. April 2026. Washington, DC. (Verbal). Available from: <https://lims.dccouncil.gov/Hearings/hearings/2250>

Headrick G. Testimony on Research Collaboration with the DC Food Policy Council. Committee on Health, Council of the District of Columbia. February 2026. Washington, DC. (Verbal). Available from: <https://lims.dccouncil.gov/Hearings/hearings/2149>

SELECT NEWS MEDIA MENTIONS

“How Medical Groups Reacted to the New Dietary Guidelines”. *MedPage Today*. 2026. (Article). Available from: <https://www.medpagetoday.com/primarycare/dietnutrition/119327>

“America’s New Dietary Guidelines Ignore Decades of Scientific Research”. *MIT Technology Review*. 2026. (Article). Available from: <https://www.technologyreview.com/2026/01/08/1130905/americas-diet-guidelines-ignore-scientific-research-red-meat-beef-tallow/>

“RFK Jr. has big plans for your food. Here are the facts”. *Washington Post*. 2025. (Video). Available from: https://www.youtube.com/watch?v=0BoyWjvDQ_I

“Experts say Coca-Cola’s cane sugar alternatives ‘distract’ from real public health issues”. *Nutrition Insight*. 2025. (Article). Available from: <https://www.nutritioninsight.com/news/coca-cola-cane-sugar-corn-syrup.html>

“RFK Jr.’s plan to improve America’s diet is missing the point”. *MIT Technology Review*. 2025. (Article). Available from: <https://www.technologyreview.com/2025/08/29/1122733/rfk-jrs-plan-to-improve-americas-diet-is-missing-the-point/>

“Trump’s FDA pick made his name by bashing the medical establishment. Soon he may be leading it”. *The Associated Press*. (Article). 2025. Available from: <https://apnews.com/article/fda-trump-makary-vaccines-ultraprocessed-food-safety-ce9df8eb4bba5c950e500c62d975afe2>

INVITED TALKS AND GUEST LECTURES

2025 – 2026 **Spotlight on Local Food Retail Environments**
Invited guest lecturer in *Food Industry, Politics, and Public Health*
Department of Health Policy and Management
Bloomberg School of Public Health, Johns Hopkins University

- 2025 **Structural, Sociocultural, and Political Determinants of Nutrition, Health, and Wellness Misinformation**
Invited guest lecturer in *Introduction to Misinformation and Disinformation*
Department of Health Policy and Management
Bloomberg School of Public Health, Johns Hopkins University in collaboration with Universitat Pompeu Fabra
- 2025 **Rooting for Equity: Expanding Urban Agriculture within Affordable Housing Communities in DC**
Invited guest lecturer in *Nutrition Seminar*
Department of International Health
Bloomberg School of Public Health, Johns Hopkins University
- 2025 **Rooting for Equity: Expanding Urban Agriculture within Affordable Housing Communities in DC**
Invited speaker at the DC Food Policy Council February Meeting
- 2024 – 2025 **Food Policy and Food Security in the United States**
Invited guest lecturer in *Fundamentals of Culinary Medicine*
Culinary Medicine Program
School of Medicine & Health Sciences, George Washington University
- 2024 **Rooting for Equity: Expanding Urban Agriculture within Affordable Housing Communities in DC**
Invited speaker at the National Urban Agriculture Directors Network Monthly Meeting (Virtual)
- 2024 **Feeding with Dignity: Promoting Food Safety and Nutrition in the Charitable Food System**
Invited guest speaker at World Food Safety Day
Institute for Food Safety and Nutrition Security
Milken Institute School of Public Health, George Washington University
- 2021 **Food Insecurity in America**
Invited guest lecturer in *Emigrant Food Futures*
Parsons School of Design, The New School
- 2021 **Baltimore City's COVID-19 Food Insecurity Response**
Invited guest lecturer in *International Nutrition in the Time of the COVID-19 Pandemic*
Krieger School of Arts and Sciences, Johns Hopkins University
- 2020 – 2022 **Program and Policy Responses to Food Insecurity in America**
Invited guest lecturer in *Food and Nutrition Policy*
Bloomberg School of Public Health, Johns Hopkins University

TEACHING EXPERIENCE

- 2023- **Instructor**, Milken Institute School of Public Health, George Washington University
- EXNS 1109: Professional Foundations in Nutrition (12 undergraduate students; Fall 2023)
 - EXNS 1114: Community Nutrition (40 undergraduate students; Spring 2024; Spring 2025)
 - EXNS 2119: Introduction to Nutrition Science (40 undergraduate students; Fall 2023, Spring 2024, Fall 2024)
 - EXNS 2122: Food Systems in Public Health (40 undergraduate students; Fall 2024; Fall 2025)
 - EXNS 2127: Introduction to Food Policy (40 undergraduate students; Fall 2024; Fall 2025)
 - EXNS 3114W: Cultivating Food Justice in Urban Food Systems (20 undergraduate students; Spring 2025, Spring 2026)
- 2022 **Instructor**, Krieger School of Arts and Sciences, Johns Hopkins University
- Food Security in America: Programs, Policies, and Politics (19 undergraduate students; Fall 2022)
**Independently designed and instructed course through the Gordis Teaching Fellowship*
- 2021-2023 **Teaching Assistant**, Department of Health Policy and Management, Bloomberg School of Public Health, Johns Hopkins University
- Food Industry, Politics, and Public Health (Instructor: Dr. Alyssa Moran; 20-30 graduate students; Spring 2021, Spring 2022, Spring 2023)
- 2019-2022 **Teaching Assistant**, Department of International Health, Bloomberg School of Public Health, Johns Hopkins University
- Assessment of Nutritional Status (Instructor: Dr. Kerry Schulze; 30-40 graduate students; Fall 2019, Fall 2020, Fall 2021)
 - Designing Healthy Diets (Instructor: Dr. Laura Caulfield; 12-20 graduate students; Spring 2020, Spring 2021)
 - Food and Nutrition Policy (Instructors: Dr. Rebecca Heidkamp & Dr. Rolf Klemm; 40-50 graduate students; Fall 2019, Fall 2020, Fall 2021)
 - Planning for Food Systems and Public Health (Instructor: Dr. Yeeli Mui; 20 graduate students; Spring 2022)
- 2021 **Teaching Assistant**, Department of Health, Behavior and Society, Bloomberg School of Public Health, Johns Hopkins University
- Policy Interventions for Health Behavior Change (Instructor: Dr. Joanna Cohen; 85 graduate students; Fall 2021)
- 2019-2020 **Teaching Assistant**, Department of Population, Family and Reproductive Health, Bloomberg School of Public Health, Johns Hopkins University

- Nutrition and Growth in Maternal and Child Health (Instructors: Dr. Susan Gross & Dr. David Paige; 20-35 graduate students; Fall 2019, Fall 2020)
- Nutrition Programs, Policy, and Politics in the United States: The Impact on Maternal, Child, and Family Health (Instructors: Dr. Susan Gross & Dr. David Paige; 20-40 graduate students; Fall 2019, Fall 2020)

2016 **Teaching Assistant**, Department of Nutrition and Food Sciences, University of Vermont

- Community Nutrition (Instructor: Dr. Farryl Bertmann; 50 undergraduate students; Spring 2016)

MENTORSHIP

Milken Institute School of Public Health, George Washington University

PhD in Exercise Physiology and Applied Nutrition

Primary Advisory, Julia Blouin, PhD Student (2025 – Present)
 Dissertation Committee Member, Mariana Fagundes Grilo, PhD Candidate (2024 – 2026)
 Dissertation Committee Member, Jasmine Charter-Harris, PhD Candidate (2025 – Present)
 Comprehensive Examination Committee Member, Yu Jin Lim (June 2025)
 Comprehensive Examination Committee Member, Mahya Mehrihajmir (June 2025)
 Comprehensive Examination Committee Member, Timothy O’Neal (June 2025)
 Comprehensive Examination Committee Member, Jasmine Charter-Harris (June 2024)
 Comprehensive Examination Committee Member, Mariana Fagundes Grilo (June 2024)

MPH in Public Health Nutrition

Culminating Experience Advisor, Richie Holmberg (May 2026)
 Culminating Experience Advisor, Olivia Peduzzi (August 2025)
 Culminating Experience Advisor, Olivia Finizio (May 2025)
 Culminating Experience Advisor, Carolina Lake (May 2025)
 Culminating Experience Advisor, Evan Rakshys (December 2024)
 Culminating Experience Advisor, Cedric Thompson (August 2024)
 Culminating Experience Advisor, Jillian Kaplan (May 2024)

MPH in Global Health

Culminating Experience Advisor, Phoebe Nguyen (August 2025)

MPH in Prevention and Community Health

Culminating Experience Advisor, Troy Brunson (May 2026)
 Culminating Experience Advisor, Grace Jordan (May 2026)

Undergraduate BS in Nutrition

Honors Thesis Advisor, Salmoncain Smith-Shomade (May 2026)
 Undergraduate Research Fellowship Advisor, Jayden Stokes (December 2025)
 Honors Thesis Advisor, Lily Amorosino, (December 2024)

AWARDS, HONORS, FELLOWSHIPS, AND SCHOLARSHIPS

Awards

- 2026 Excellence in Undergraduate Education, Milken Institute School of Public Health, The George Washington University
- 2025 Morton A. Bender Teaching Award Nominee, The George Washington University

Honor Societies

- 2018 Delta Omega, Alpha Chapter of Johns Hopkins Bloomberg School of Public Health

Honors

- 2015 University of Vermont Dean's List, 6/9 semesters

Scholarships and Fellowships

In support of graduate studies

- 2022 Science Policy Fellowship, American Society of Nutrition
- 2022 Gordis Teaching Fellowship, Johns Hopkins University
- 2021- 2023 Procter & Gamble Fellowship, Bloomberg School of Public Health, Johns Hopkins University
- 2019 Colonel Frances G. Ballentine Scholarship, Academy of Nutrition and Dietetics Foundation
- 2019 Bacon Field Chow Memorial Fellowship, Johns Hopkins University, Bloomberg School of Public Health
- 2019-2023 Department of International Health Tuition Scholarship, Bloomberg School of Public Health, Johns Hopkins University
- 2017 Academy of Nutrition and Dietetics Foundation Scholarship, Academy of Nutrition and Dietetics Foundation
- 2017 Department of International Health Tuition Scholarship, Bloomberg School of Public Health, Johns Hopkins University

In support of conference travel and attendance

2022 Public Health Conference Career Development Travel Award, Professional Development and Career Office, Johns Hopkins University

2022 Anti-Hunger Advocate Scholarship, Food Research & Action Center

In support of undergraduate studies

2011-2015 Patrick Scholarship, University of Vermont

LEADERSHIP AND SERVICE

University Service: The George Washington University

2026 Member, Beinecke and Truman Scholarship Endorsement Committee, The George Washington University
2025-2026 Faculty in Residence, The George Washington University
2025-2026 Member, Advisory Council on Research, The George Washington University
2025 Reviewer, Center for Undergraduate Fellowships and Research, The George Washington University
2024 Member, Strategic Planning: Food and Food Systems Subcommittee, Milken Institute School of Public Health, The George Washington University
2024 Member, Planning Committee, Institute for Food Safety and Nutrition Security, Milken Institute School of Public Health, The George Washington University
2024 Judge, Research Day, Milken Institute School of Public Health, The George Washington University
2024 Volunteer, Campus Move-In Day, The George Washington University
2024-2026 Member, GFI Curriculum Committee, Global Food Institute, The George Washington University
2023-2026 Member, EXNS Curriculum Committee, Milken Institute School of Public Health, The George Washington University

University Service: Johns Hopkins University

2020 General Body Member, Student Assembly, Johns Hopkins University, Bloomberg School of Public Health

Academic Service

2025 Grant Reviewer, Healthy Eating Research, *Ad-Hoc*
2025 Board Member, Early Career Researcher & Reviewer Board, *Journal of Hunger and Environmental Nutrition*
2025 Grant Reviewer, National Science Foundation, *Ad-Hoc*
2024 Grant Reviewer, Health Equity Research Network (HERN) on Community-Driven Research Approaches, American Heart Association

Professional Society and Research Working Groups

2025-2023	Co-Chair, Early-Stage Investigator Work Group, Healthy Eating Research
2022	Member, Early-Stage Investigator Work Group, Healthy Eating Research
2022	PhD Fellow, Early-Stage Investigator Work Group, Healthy Eating Research
2022-2023	Ex-Officio Member, Committee on Advocacy and Science Policy, American Society for Nutrition
2018-2020	Membership Chair, Public Health/Community Nutrition Dietetics Practice Group, Academy of Nutrition and Dietetics
2018-2019	Member, Public Policy Panel, Massachusetts Academy of Nutrition and Dietetics
2017-2018	Student Committee Chair, Public Health/Community Nutrition Dietetics Practice Group, Academy of Nutrition and Dietetics

Community and Applied Public Health Service

2026 -	Member, Poverty, Public Policy, and Politics Working Group, National Right to Food Community of Practice
2026 -	Member, National Right to Food Community of Practice
2025 – 2026	Volunteer, THEARC Farm, Washington DC
2024	Grant Reviewer, DC Department of Health, Washington DC
2023 – 2026	Volunteer, DC Central Kitchen, Washington DC
2018 – 2019	Volunteer, Community Servings, Boston, MA
2017	Healthy Cooking Educator, Nutrition in Medicine, Johns Hopkins Hospital, Baltimore, MD.
2016 -	Coalition Member, Baltimore Food Policy Action Coalition, Baltimore Food Policy Initiative, Baltimore, MD

Ad-Hoc Reviewer

American Journal of Preventive Medicine

BMC Nutrition

BMC Public Health

Journal of Hunger and Environmental Nutrition

Journal of Nutrition Education and Behavior

Public Health Nutrition

SSM – Qualitative Research in Health

PROFESSIONAL AFFILIATIONS

2025-	International Society of Behavioral Nutrition and Physical Activity (ISBNPA)
2020-	American Society for Nutrition (ASN)
2020-	American Public Health Association (APHA)
2019-2025	Maryland Academy of Nutrition and Dietetics
2018-2019	Massachusetts Academy of Nutrition and Dietetics
2017-	Hunger and Environmental Nutrition Dietetics Practice Group of AND
2016-	Public Health/Community Nutrition Dietetics Practice Group of AND

2013- Academy of Nutrition and Dietetics (AND)

ADDITIONAL INFORMATION

Personal Statement of Research, Teaching, and Professional Practice

As a food systems dietitian, my research, teaching, and practice center on the social, environmental, and political determinants of food and nutrition security in the United States, with a particular focus on urban food systems. My work is dedicated to advancing equitable and just food production, distribution, access, and affordability, to ensure that healthy, culturally preferred foods are available to all communities. I regularly collaborate with multidisciplinary teams spanning nutrition sciences, social sciences, urban planning, and health policy, partnering with researchers in government, bipartisan organizations, and academic institutions. I prioritize community-engaged research, co-developing research questions with practitioners, policymakers, and grassroots leaders who can translate findings into action. My collaborators include federal and local policymakers, nutrition advocacy groups, and community-based food and nutrition leaders, all working to drive meaningful change in food policy and practice in the United States. Additionally, I am a Registered Dietitian Nutritionist (RDN) and have worked across clinical, community, and governmental settings.

In the classroom, I value real-world and service-based learning experiences that allow students to critically engage with the most pressing food-related problems in society. I aim to cultivate a learning environment where students can think outside existing systems and parameters to consider innovative solutions to complex problems that remain unsolvable.

Key Words

Nutrition
Food Security
Nutrition Security
Nutrition Assistance
SNAP
Social Benefit Programs
Food Access
Food Systems
Food Policy
Food Equity
Health Equity