

CURRICULUM VITAE
GOLFO K. TZILOS, Ph.D.

Butler Hospital
Alpert Medical School of Brown University
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EDUCATION

Undergraduate B.S., University of Michigan, Ann Arbor, MI, May, 2000
Major: Biopsychology and Cognitive Science

Graduate M.A., Boston University, Boston, MA, May, 2001
Major: Psychology

 Ph.D., Wayne State University, Detroit, MI, May, 2010
Major: Clinical Psychology

POSTGRADUATE TRAINING

Internship Brown University Clinical Psychology Consortium, Providence, RI
APA-approved internship in Clinical Psychology
Psychology intern (Adult Track)
July 2009 – June 2010

Fellowship Brown University, Center for Alcohol & Addiction Studies, Providence, RI
Postdoctoral Fellowship (T32) in Alcohol Treatment & Early Intervention Research
August 1, 2010 – May, 2013

PROFESSIONAL LICENSURE

1/2012 – present Licensed for independent practice in Clinical Psychology
State of Rhode Island, License Number 01278

ACADEMIC APPOINTMENTS

5/2013 – present Assistant Professor (Research)
Departments of Psychiatry & Human Behavior and Behavioral & Social Sciences
Alpert Medical School of Brown University
Training Faculty, Center for Alcohol and Addiction Studies, Brown University
Brown Clinical Psychology Training Consortium

HOSPITAL APPOINTMENTS

5/2013 – present Research Psychologist, Butler Hospital

OTHER POSITIONS

6/2001 – 8/2004 Senior Clinical Research Assistant, Cognitive Neuroimaging Laboratory, McLean
Hospital/Harvard Medical School

HONORS AND AWARDS

- 2006 Award for Graduate Students who obtain External Support
Office of the Vice President for Research, Wayne State University
- 2007 John Teahan Memorial Award
Wayne State University, Department of Psychology, Clinical Training
- 2007 Professional Development Travel Stipend Award
President's Commission on the Status of Women Outreach Committee
Wayne State University
- 2007 Women and Gender Junior Investigator Travel Award
National Institute on Drug Abuse
College on Problems of Drug Dependence, Quebec City, Canada
- 2008 Early Career Investigators, Travel Award
Co-sponsored by NIDA, NIAAA, APA Divisions 50 and 28
Invited poster session/social hour, APA conference, Boston, MA
- 2008 Student Travel Award
Science Directorate of the American Psychological Association
APA conference, Boston, MA
- 2009 Ross and Margaret Stagner Memorial Award
Wayne State University, Department of Psychology
- 2009 Steven A. Lewis Memorial Research Award
Wayne State University, Department of Psychology
- 2009 Norine G. Johnson Clinical Psychology Scholarship
Wayne State University, Department of Psychology
- 2009 RSA Student Merit/Junior Investigator Award, NIAAA
Research Society on Alcoholism, San Diego, CA
- 2010 Junior Investigator Travel Award, NIAAA
Addiction Health Services Research, Lexington, KY
- 2010 NIH Loan Repayment Program Award in Clinical Research
National Institute on Alcohol Abuse and Alcoholism
- 2011 First Prize, Psychology Postdoctoral Fellow Research Poster
14th Annual Research Symposium on Mental Health Services
Alpert Medical School of Brown University
- 2011 RSA Junior Investigator Award, NIAAA
Research Society on Alcoholism, Atlanta, GA
- 2011 Research Excellence Award
Center for Alcohol & Addiction Studies, Brown University
- 2011 – 2012 Chief Postdoctoral Fellow
Center for Alcohol & Addiction Studies, Brown University

- 2012 CPDD Early Career Investigators Travel Award, NIDA
College on Problems of Drug Dependence, Palm Springs, CA
- 2012 RSA Junior Investigator Award, NIAAA
Research Society on Alcoholism, San Francisco, CA
- 2012 Sharon Chauncey Fellowship Award
Center for Alcohol and Addiction Studies, Brown University

UNIVERSITY COMMITTEES

- 7/2013 – present Mentor, Diversity Mentoring Program, Brown University
- 9/2012 – present Member, Diversity Committee, Brown University
- 1/2012 – present Member, Women’s Health Council of Rhode Island
- 5/2011 – 6/2013 Social Research Committee
Center for Alcohol & Addiction Studies, Brown University
- 5/2011 – 9/2011 Co-Chair, Planning Committee, NIAAA T32 Training Directors Meeting
Center for Alcohol & Addiction Studies, Brown University
- 1/2011 – 4/2012 Subcommittee on Alcohol and Other Drugs
Campus Life and Student Services, Brown University
- 7/2009 – 7/2010 Intern representative to the Training Committee
Brown Clinical Psychology Training Consortium
- 9/2008 – 7/2009 Class representative to the Director of Clinical Training
Department of Psychology, Wayne State University
- 9/2007 – 7/2009 Co-Chair, Steering Committee, Task Force on Diversity
Department of Psychology, Wayne State University

OTHER APPOINTMENTS

- Ad Hoc Reviewer APA Division 50 Empirically Supported Treatments (EST) Workgroup,
Addiction, American Journal on Addictions, Drug and Alcohol Dependence,
Journal of Clinical Psychiatry, Journal of Substance Abuse Treatment, Substance
Abuse Treatment, Prevention, and Policy, BMC Psychiatry

MEMBERSHIP IN SOCIETIES

The College on Problems of Drug Dependence
Research Society on Alcoholism

PUBLICATION LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Silveri, M., **Tzilos, G.**, Pimentel, P., Yurgelun-Todd, DA. (2004). Trajectories of adolescent emotional and cognitive development: effects of sex and risk for drug use. *Annals of the New York Academy of Sciences*, 1021, 363-370.
2. **Tzilos, G.**, Cintron, C., Wood, JR., Young, A., Simpson, N., Pope, H.G. Jr., Yurgelun-Todd, DA. (2005). Lack of hippocampal volume change in long-term heavy cannabis users. *The American Journal on Addictions*, 14(1), 64-72.
3. Gruber, S., **Tzilos, G.**, Silveri, M., Pollock, M., Renshaw, P., Kaufman, M., Yurgelun-Todd, DA. (2006). Methadone maintenance improves cognitive performance after two months of treatment. *Experimental and Clinical Psychopharmacology*, 14(2), 157-164.
4. Streeter, C., Terhune, D., Whitfield, T., Gruber, S., Sarid-Segal, O., Silveri, M., **Tzilos, G.**, Afshar, M., Rouse, E., Tian, H., Renshaw, P., Ciraulo, D., Yurgelun-Todd, D. (2007). Performance on the stroop predicts treatment compliance in cocaine dependent individuals. *Neuropsychopharmacology*, June.
5. Silveri, M., **Tzilos, G.**, Yurgelun-Todd, D. (2008). Relationship between white matter volume and cognitive performance during adolescence: effects of age and risk for drug use. *Addiction*, 103(9), 1509-1520.
6. **Tzilos, G.**, Rhodes, G., Ledgerwood, D., Greenwald, M. (2009). Predicting cocaine group treatment outcome in cocaine-abusing methadone patients. *Experimental & Clinical Psychopharmacology*, 17 (5), 320-325.
7. **Tzilos, G.**, Ondersma, S., Grekin, E., Beatty, J., Chase, S. (2010). Commission vs. receipt of violence during pregnancy: associations with substance abuse variables. *Journal of Interpersonal Violence*, 25(10), 1928-40.
8. Oberleitner, L., **Tzilos, G.**, Zumberg, K., Grekin, E. (2011). Psychotropic drug use among college students: Patterns of use, misuse, and medical monitoring. *Journal of American College Health*, 59(7), 658-661.
9. Beatty, J., Stacks, A., Partridge, T., **Tzilos, G.**, Loree, A., Ondersma, S. (2011). LoTTS Parent-Infant Interaction Coding Scale: Ease of Use and Reliability in a Sample of High-Risk Mothers and Their Infants. *Children and Youth Services Review*, 33, 86–90.
10. **Tzilos, G.**, Sokol, R., Ondersma, S. (2011). A Randomized Phase I Trial of a Brief Computer-Delivered Intervention for Alcohol Use During Pregnancy. *Journal of Women's Health*, 20(10), 1-8.
11. **Tzilos, G.**, Zlotnick, C., Raker, C., Kuo, C, Phipps, M. (2012). Psychosocial factors associated with depression severity in pregnant adolescents. *Archives of Women's Mental Health*, 15, 397-401.
12. Pollick, S., Beatty, J., Sokol, R., Strickler, R., Chang, G., Svikis, D., **Tzilos, G.**, Ondersma, S. (2013). Acceptability of a computerized brief intervention for alcohol among abstinent but at-risk pregnant women. *Substance Abuse*.
13. **Tzilos, G.**, Hess, L., Kao, C., Zlotnick, C. (2013). Characteristics of perinatal women seeking treatment for marijuana abuse in a community-based clinic. *Archives of Women's Mental Health*, 16(4), 333-337.
14. **Tzilos, G.**, Strong, D., Abrantes, A., Ramsey, S., Brown, R. (2013). Quit intention as a

predictor of quit attempts over time in adolescents with psychiatric disorders. *American Journal on Addictions*.

15. Kuo, C., Zlotnick, C., Raker, C., **Tzilos, G.**, Phipps, M. (2014). HIV risk behaviors among pregnant teenagers with a history of interpersonal violence and depressive symptoms. *Journal of Aggression, Maltreatment & Trauma*.

16. **Tzilos, G.**, Reddy, M., Caviness, C., Anderson, B., Stein, M. (*in press*). Getting higher: co-occurring drug use among marijuana using emerging adults. *Journal of Addictive Diseases*.

17. Caviness, C., **Tzilos, G.**, Anderson, B., Stein, M. (*in press*). Synthetic cannabinoids: use and predictors in a community sample of young adults. *Substance Abuse*.

18. Braciszewski, J., Stout, R., **Tzilos, G.**, Moore, R., Bock, B., Chamberlain, C. (*in press*). Testing a dynamic automated substance use intervention model for youth exiting foster care. *Journal of Child & Adolescent Substance Abuse*.

19. Martin, R., Ellingsen, V., **Tzilos, G.**, Rohsenow, D. (*in press*). General and religious coping predict drinking outcomes for alcohol dependent adults in treatment. *American Journal on Addictions*.

CHAPTERS AND BOOKS

1. Ondersma, S., & **Tzilos, G.** (2013). Electronic and other self-help materials for unhealthy alcohol use in primary care. In R. Saitz (Ed.), *Addressing Unhealthy Alcohol Use in Primary Care*. Springer: New York, NY.

2. **Tzilos, G.**, Davis, K. & Zlotnick, C. (*in press*). Prevention of Postpartum Psychopathology. In A. Wenzel & S. Stuart (Eds.), *Oxford Handbook of Perinatal Psychopathology*, *Oxford Library of Psychology*. Oxford University Press: New York, NY.

SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

1. **Tzilos, G.** The Catalyst: bridging the gap between the sciences and the humanities. Brown University. Photography publication (Fall, 2010), *17(1)*, 19.

ABSTRACTS

1. Ostafin, B.D., **Tzilos, G.**, Palfai, T.P. (February, 2001). Affective salience of outcome expectancies for smoking: An implicit measure of motivation to change. Poster presented at the 35th annual convention of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.

2. Tzilos, G., Cintron, C., Woods, JBR., Young, A., Simpson, N., Yurgelun-Todd, DA. (October, 2001). Lack of hippocampal volume reduction in chronic heavy marijuana users. Poster presented at the 33rd annual convention of the American Society of Addiction Medicine, Atlanta, GA., April, 2002.

3. **Tzilos, G.**, Simpson, N., Yurgelun-Todd, DA (December, 2001). Neurobiological risk factors in adolescent substance abuse. Poster presented at the 110th annual convention of the American Psychological Association, Chicago, IL., August, 2002.

4. Gruber, S., Silveri, M., **Tzilos, G.**, Renshaw, P., Kaufman, M., Yurgelun-Todd, DA. (2003). Methadone maintenance improves cognitive performance after two months of treatment. Poster presented at the 65th annual scientific meeting of the College on Problems of Drug Dependence, Bal Harbour, FL., June, 2003.
5. Silveri, M., **Tzilos, G.**, Yurgelun-Todd, DA. (2004). Relationship between white matter volume and cognitive performance during adolescence: effects of age and risk for drug use. Poster presented at the 66th annual scientific meeting of the College on Problems of Drug Dependence, 2004.
6. Streeter, C., **Tzilos, G.**, Sarid-Segal, O., Remus, B., Silveri, M., Archambault, C., Rouse, E., Baumgarner, Tian, H., Nassar, Gruber, S., Renshaw, P., Ciraulo, D., Yurgelun-Todd, D. (2004). Stroop impaired in cocaine-dependent subjects. Poster presented at the 66th annual scientific meeting of the College on Problems of Drug Dependence, 2004.
7. **Tzilos, G.**, Bartoi, M. (2007). Strategies in prevention of substance use in youth populations. Poster presented at the 18th annual National Youth-At-Risk Conference, Savannah, GA., March, 2007.
8. **Tzilos, G.**, Ondersma, S., Beatty, J., Chase, S. (2007). The association between drug use and intimate partner violence among pregnant women: the importance of the recipient-perpetrator distinction. Poster presented at the 69th annual scientific meeting of the College on Problems of Drug Dependence, Quebec City, Canada, June, 2007.
9. Loree, A., Ondersma, S., Beatty, J., **Tzilos, G.**, Chase, S., Schuster, R. (2008). Brief, universal intervention for the prevention of child maltreatment among high-risk parents: effects on substance use, mental health, and intimate partner violence. Poster presented at the College on Problems of Drug Dependence, June, 2008.
10. Rhodes, G., **Tzilos, G.**, Greenwald, M. (2008). Methadone maintenance in Michigan: five years of data using a contingency management approach. Poster presented at the annual meeting of the College on Problems of Drug Dependence, June, 2008.
11. **Tzilos, G.**, Rhodes, G., Greenwald, M. (2008). Predicting cocaine group treatment outcome in cocaine-abusing methadone patients. Poster presented at the annual meeting of the American Psychological Association, Boston, August, 2008.
12. **Tzilos, G.**, Ondersma, S. (2009). Assessing feasibility of a brief computer-based intervention for alcohol use during pregnancy. *Alcoholism: Clinical and Experimental Research*, 33: 1A – 8A.
13. **Tzilos, G.**, Sokol, R., Ondersma, S. (2010). A randomized Phase I trial of a brief computer-delivered intervention for alcohol use during pregnancy. Presented at the annual meeting of the Addiction Health Service Research, October, 2010.
14. **Tzilos, G.**, Strong, D., Abrantes, A., Ramsey, S., Brown, R. (2011). Quit intention as a predictor of quit attempts over time in adolescents with psychiatric disorders. Poster to be presented at the annual meeting of the Society of Behavioral Medicine, April, 2011.
15. **Tzilos, G.**, Ondersma, S. (2011). Cognitive functioning and participant ratings of acceptability following computer-delivered brief intervention for alcohol use during pregnancy. *Alcoholism: Clinical and Experimental Research*, 35: 1A – 7A.

16. **Tzilos, G.**, Sokol, R., Ondersma, S. (2011). A randomized Phase I trial of a brief computer-delivered intervention for alcohol use during pregnancy. Presented at the 14th Annual Research Symposium on Mental Health Sciences. Department of Psychiatry and Human Behavior, the Alpert Medical School of Brown University, March, 2011.
17. **Tzilos, G.**, Zlotnick, C., Raker, C., Kuo, C. & Phipps, M. (2012). Alcohol use and psychosocial factors associated with depression severity in pregnant adolescents. *Alcoholism: Clinical and Experimental Research*, 36: 1A – 8A.
18. **Tzilos, G.**, Davis, K. & Zlotnick, C. (2012). Prevention of illicit drug use during the postpartum period. Poster presented at the annual meeting of the College on Problems of Drug Dependence, June, 2012.
19. Kuo, C., Zlotnick, C., Raker, C., **Tzilos, G.**, Phipps, M. (2012). HIV risk behaviors among pregnant teenagers with a history of interpersonal violence and depressive symptoms. XIX International AIDS Conference. July, 2012. Washington, DC, USA.
20. Martin, R., Stein, L., Clair, M., **Tzilos, G.**, Cancilliere, M. (2012). Treating risky sexual behaviors in incarcerated adolescents. Presented at the meeting of the American Public Health Association. November, 2012. San Francisco, CA.
21. **Tzilos, G.**, Hess, L., Kao, C., Zlotnick, C. Characteristics of perinatal women seeking treatment for marijuana abuse in a community-based clinic. Presented at the annual meeting of the College on Problems of Drug Dependence, June, 2013.
22. Braciszewski, J. M., Tran, T., **Tzilos, G.**, & Moore, R. S. iHeLP: Improving substance use outcomes for foster youth. Presented at the biennial conference of the Society for Research on Adolescence, Austin, TX, March, 2014.
23. Braciszewski, J. M., Stout, R. L., **Tzilos, G.**, Moore, R. S., Bock, B. C., & Chamberlain, P. Participatory methods with youth in foster care: Developing a preventive intervention. Presented at the annual conference of the Eastern Psychological Association, Boston, MA, March, 2014.
24. **Tzilos, G.**, Delayo, K., Zlotnick, C. Assessing disclosure rates of intimate partner violence and alcohol use risk during pregnancy. Presented at the annual meeting of the Research Society on Alcoholism, Seattle, WA, June, 2014.

PRESENTATIONS

1. Invited panel speaker, Succeeding in Graduate School, Psi Chi Symposium, Association for Psychological Science, Boston, MA, May 28, 2010.
2. Motivational Interviewing: An effective approach for behavior change. Rhode Island Hospital, Mood Disorders Program, Providence, RI, June 11, 2010.
3. Using technology to improve how we intervene with substance use disorders. Invited guest lecturer for Health Psychology course, Simmons College, Boston, MA, April 27, 2011.
4. Invited training workshop, Motivational Interviewing: An effective approach for behavior change. Rhode Island Training School (RITS), Cranston, RI, June, 2012.

5. Developing interventions for high-risk women: Computer-based interventions for substance use during pregnancy. Brown University, April 9, 2013.

6. Assessing mood disorders in children and adolescents. Invited presentation, Harmony Hill Schools, Chepachet, RI, July, 2013.

GRANTS

CURRENT GRANTS

R21 HD075658-01 Tzilos, Zlotnick (PIs) 9/3/2013 – 7/31/2015
Computer intervention for HIV/STI risk and drug use during pregnancy
The purpose of this study is to develop and test a novel, integrated computer-based brief intervention that targets HIV and sexually transmitted infections (STIs) risk and alcohol/drug use in low-income, pregnant women.
Role: PI

R21 HD077358 Zlotnick (PI) 4/1/2014 – 3/31/2016
Computer-based intervention for victimized perinatal women with mental illness
The purpose of this study is to develop a computer-based intervention to address intimate partner violence among perinatal women, and to test feasibility, acceptability, and initial efficacy of the intervention.
Role: Co-Investigator

R34 DA034822 Braciszewski (PI) 6/1/2013 – 4/30/2016
iHeLP: Interactive technology to prevent substance use in foster youth
The purpose of this study is to develop and test an integrated computer-based brief intervention and text messaging to prevent substance use in foster youth.
Role: Co-Investigator

COMPLETED GRANTS

F31 AA016256-03 Tzilos (PI) 1/1/2007 – 6/30/2009
A brief computer-based intervention for alcohol use during pregnancy
This study sought to examine the feasibility and preliminary efficacy of a brief computer-based intervention for alcohol use in an urban, predominantly African American pregnant sample.
Role: Predoctoral Trainee, PI (Mentor: Ondersma)

T32 AA007459 Monti (PI) 8/1/2010 – 5/14/2013
National Research Service Award: Alcohol Intervention/Treatment Outcome Research Training
The aim of this NRSA is to facilitate the development of independent researchers in the area of substance abuse early intervention/treatment research.
Role: Postdoctoral Trainee

Research Excellence Award Grant, Brown University 10/11/2011 – 9/15/2013
Assessing disclosure rates of intimate partner violence and alcohol use during pregnancy
The aim of this study was to assess the disclosure rates of intimate partner violence and alcohol use in pregnant women.
Role: PI (Mentor: Zlotnick)

UNIVERSITY TEACHING ROLES

Teaching assistant, Cognitive Psychology Winter, 2006
Department of Psychology, Wayne State University, Detroit, Michigan

Instructor, Psychology of Everyday Living
Department of Psychology, Wayne State University, Detroit, Michigan

Fall, 2007