

**CURRICULUM VITAE**  
**JENNIFER HELLMUTH, PhD**

Bradley Hospital, Children's Partial Hospitalization Program  
1011 Veterans Memorial Parkway  
Riverside, RI 02915  
Office: (401) 432-1564  
Fax: (401) 432-1524  
Email: [Jennifer.Hellmuth@Lifespan.org](mailto:Jennifer.Hellmuth@Lifespan.org)

**EDUCATION**

|               |   |
|---------------|---|
| Undergraduate | University of Pittsburgh, 2006, 2007<br>BS – Mathematics<br>BS – Psychology<br>Certificate - Secondary Math Education         |
| Graduate      | University of Maryland, 2011<br>MEd – Education & Human Development<br><br>Temple University, 2016<br>PhD – School Psychology |
| Internship    | Sarah A. Reed Children's Center, Erie, PA<br>August 2015 – July 2016<br>APA-accredited  |

**POSTGRADUATE TRAINING**

|            |   |
|------------|---|
| Fellowship | Bradley School, Portsmouth, RI<br>August 2016 – August 2017<br>Clinical Psychology Fellow<br>APA-accredited |
|------------|---|

**PROFESSIONAL LICENSES AND BOARD CERTIFICATION**

|                         |  |
|-------------------------|--|
| July 2017 – present     | Licensed Psychologist – Rhode Island     |
| November 2016 – present | Nationally Certified School Psychologist |

**ACADEMIC APPOINTMENTS**

|                      |                              |
|----------------------|------------------------------|
| June 2018 to present | Clinical Assistant Professor |
|----------------------|------------------------------|

Dept of Psychiatry & Human Behavior,  
Warren Alpert Medical School of Brown U.

### HOSPITAL APPOINTMENTS

September 2017 – September 2021

Bradley Hospital, Riverside, RI  
Psychologist, Children's Inpatient Unit

October 2021 – September 2022

Bradley Hospital, Riverside, RI  
Lead Psychologist, Children's Inpatient Unit

September 2022 – present

Bradley Hospital, Riverside, RI  
Psychologist, Children's Partial  
Hospitalization Program

### HOSPITAL COMMITTEES

2020 – present

Diversity Committee – Bradley Hospital

2022 – present

Bylaws Committee

### UNIVERSITY COMMITTEES

September 2016 – present

Diversity Equity Inclusion & Belonging  
Committee

September 2016 – present

Women in Psychology Steering Committee

### PROFESSIONAL EXPERIENCES

2017-2021

Adjunct Professor  
Rhode Island College, Department of  
Counseling, Education & Psychology  
*Psychology of Students with  
Exceptionalities, Quantitative Research  
Methods*

2020 – present

Psychologist  
NeuroPsychology Associates

### MEMBERSHIP IN SOCIETIES

*American Psychological Association  
APA Division 56 (Trauma Psychology)  
APA Division 53 Acute, Intensive & Residential  
Services Special Interest Group  
National Association of School Psychologists*

Practice Committee Co-Chair (2023)

## PUBLICATIONS

### BOOKS AND BOOK CHAPTERS

1. Arzamarski, C., de Steiguer, A., Omari, F., Hellmuth, J., & Walters, A., (2021). Accessing child and adolescent mental health services in low and middle income countries: Challenges, opportunities, and lessons from Western Kenya. In S. O. Okpaku (Ed.). *Innovations in global mental health* (6). Switzerland: Springer Nature. [https://doi.org/10.1007/978-3-319-70134-9\\_136-1](https://doi.org/10.1007/978-3-319-70134-9_136-1)

### OTHER NON-PEER REVIEWED PUBLICATIONS

1. Hellmuth, J. (2018). *Are schools the best places to provide mental health services?* The Brown University Child and Adolescent Behavior Letter, 34(5), 1, 5-6.
2. Hellmuth, J. (2020, February). *Starting a PBIS program in an inpatient setting.* The Brown University Child and Adolescent Behavior Letter, 36(2), 1, 6-7.

### PUBLICATIONS SUBMITTED OR IN PREPARATION

1. Hellmuth, J., & Reynolds, E. K. (in production). Positive behavior prevention & intervention strategies. In J. Leffler, A. Thompson, & S. Simmons (Eds.) *Handbook of evidence-based inpatient mental health programs for children and adolescents*. Springer.
2. Hellmuth, J. (in production). Developmental considerations for treatment adaptations. In J. Leffler, A. Thompson, & S. Simmons (Eds.) *Handbook of evidence-based inpatient mental health programs for children and adolescents*. Springer.

## ABSTRACTS

1. Lucey, E., LaSala, A., & Hellmuth, J. (2014, February). *The effect of early onset drinking on interpersonal violence*. Poster presented at annual conference of the National Association of School Psychologists. Washington, DC.
2. Hellmuth, J., Farley, F., & Ducette, J. (2017, February). *Attitudes, identification, and reporting of sexual assault among college freshmen*. Poster presented at annual conference of the National Association of School Psychologists. San Antonio, TX.
3. Hellmuth, J., Arzamarski, C., Kenyon, V., Bellanti, C., Lobato, D., & Correia, C. (2017, August). *Starting and sustaining SWPBIS in an alternative education setting*. Poster presented at annual conference of the American Psychological Association. Washington, DC.
4. Hellmuth, J. & Arzamarski, C. (2017, October). *Starting and sustaining SWPBIS in an alternative education setting*. Poster presented at annual conference of NE PBIS Consortium. Norwood, MA.
5. Hellmuth, J. (2019, August). *Implementing & evaluating the PBIS Framework & Strategies in a Children's Inpatient Setting*. Poster presented at annual conference of the American Psychological Association. Chicago, IL.

## SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

- 2023 Walters, A., & Fritz, G. (Hosts). Hellmuth, J. (in production). School re-entry after hospitalization [Audio podcast episode]. In *Mindcast*. Bradley Hospital.

## INVITED/REGIONAL PRESENTATIONS

- November, 2016 Arzamarski, C. & Hellmuth, J. (2016, November). *Bullying prevention and response*. Workshop presented to Warwick School District community. Warwick, RI.
- March 2017 Hellmuth, J. (2017, March). *Positive approaches to discipline for children ages 6-12*. Workshop presented at annual Parenting Matters conference of Bradley Hospital. Barrington, RI.
- October, 2017 Weber, M., Kim, M., & Hellmuth, J. (2017, October). *Let's talk about safety: Sexual behavior problems in school*. Workshop presented at annual conference of the Association for School Psychologists of Pennsylvania. State College, PA.
- March 2018 Hellmuth, J. (2018, March). *Positive approaches to discipline for children ages 6-12*. Workshop presented at annual Parenting Matters conference of Bradley Hospital. Barrington, RI.
- April 2022 Hellmuth, K. (2022, April). *Supporting adolescents in the school setting using CBT, DBT, and ACT concepts*. Presentation for School One staff. Providence, RI.

## CONFERENCE PRESENTATIONS

- February 2017 Weber, M., Kim, M., & Hellmuth, J. (2017, February). *Let's talk about safety: Sexual behavior problems in school*. Mini skills workshop presented at annual conference of the National Association of School Psychologists. San Antonio, TX.
- November 2020 Reynolds, E., Frazier, E., Tebbett, A., Hellmuth, J., Leffler, J.M., & Sommerhalder, M. (2020, November). *Psychology's role in the implementation of evidence-based practice in pediatric acute care settings*. Symposium presented at annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- February 2023 Hellmuth, J., Sommerhalder, M., & Hill, E. (2023, February). *Supporting students before, during & after psychiatric hospitalization*. Mini skills workshop presented at annual

convention of the National Association of School Psychologists.  
Denver, CO.

## GRANTS

July 2018-2019

Clinical Research in Bradley-Hasbro Clinical Programs Award - \$8,000

PI: Hellmuth

This study aimed to examine the effectiveness and implementation of adapting the PBIS model and behavior modification strategies on an inpatient unit.

Role: Principal Investigator

## UNIVERSITY TEACHING, ADVISING, and MENTORING ROLES

|                  |   |
|------------------|---|
| 2017-present     | Advanced Practicum Clinical Supervisor<br>Bradley Hospital – Children’s Inpatient Unit<br>23 graduate practicum student supervisees             |
| 2018 – present   | Clinical Supervisor<br>Brown University Psychiatry Training<br>Psychotherapy Clinic<br>5 psychiatry fellow supervisees                          |
| 2019, 2021, 2023 | Clinical Supervisor<br>Brown University Clinical Psychology<br>Fellowship<br>3 psychology fellows supervisees                                   |
| 2022-present     | Advanced Practicum Clinical Supervisor<br>Bradley Hospital – Children’s Partial<br>Hospital Program<br>2 graduate practicum student supervisees |

### Didacts Within Psychiatry Training Program (Brown University)

Child Psychiatry Bootcamp (2018 – 2021)

Disruptive Behavior Disorders (2019)

School Age Development (2021)

Middle Childhood Attachment (2020 – 2022)

### Didactics Within Psychology Training Program (Brown University)

Ethics (2018 – 2022)

Applying for Licensure (2021)

## OTHER TEACHING ACTIVITIES

|               |  |
|---------------|--|
| January 2019  | Hellmuth, J. (2019, January). <i>Implementing phase I of the positive behavior interventions and supports model on the Children's Inpatient Unit</i> . Presentation for monthly Bradley Hospital Lunch & Learn professional development series. Riverside, RI. |
| February 2022 | Hellmuth, J. (2022, February). <i>Connecting trauma and suicide among highly acute children</i> . Presentation for monthly Bradley Hospital Lunch & Learn professional development series. Riverside, RI.  |

#### RELATED VOLUNTEER EXPERIENCES

|                          |   |
|--------------------------|---|
| September 2019 – present | Brown Human Rights Asylum Clinic (BHRAC) member   |
| March 2020               | AMPATH – Moi University<br>Eldoret, Kenya<br>Supervision of Kenyan and North American psychiatry trainees, provision of didactics and seminars, consultation on inpatient units at Moi Teaching & Referral Hospital |
| 2020 – present           | Member of AMPATH mental health research working group   |

#### ACTIVITIES RELATED TO DIVERSITY, EQUITY, INCLUSION & BELONGING

|                          |  |
|--------------------------|--|
| September 2016 – present | Diversity Equity Inclusion & Belonging Committee<br>Division of Child & Adolescent Psychiatry        |
| 2020 – present           | Diversity Committee<br>Bradley Hospital  |
| April-May 2022           | Culturally Responsive Supervision Learning Group<br>Division of Child & Adolescent Psychiatry        |
| 2020 – present           | Member of AMPATH mental health research working group and supporting Brown's participation in AMPATH |
| January 2023             | Career Advancement & Support Program<br>Bradley Hospital   |

