

CURRICULUM VITAE
JENNIFER HELLMUTH, PhD

Bradley Hospital, Children’s Partial Hospitalization Program
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EDUCATION

Undergraduate	University of Pittsburgh, 2006, 2007 BS – Mathematics BS – Psychology Certificate - Secondary Math Education
Graduate	University of Maryland, 2011 MEd – Education & Human Development Temple University, 2016 PhD – School Psychology
Internship	Sarah A. Reed Children’s Center, Erie, PA August 2015 – July 2016 APA-accredited

POSTGRADUATE TRAINING

Fellowship	Bradley School, Portsmouth, RI August 2016 – August 2017 Clinical Psychology Fellow APA-accredited
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POSTGRADUATE HONORS AND AWARDS

June 2024	Dean’s Excellence in Teaching Award Warren Alpert Medical School of Brown U.
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PROFESSIONAL LICENSES AND BOARD CERTIFICATION

July 2017 – present	Licensed Psychologist – Rhode Island
November 2016 – present	Nationally Certified School Psychologist

ACADEMIC APPOINTMENTS

June 2018 to June 2024

Clinical Assistant Professor
Dept of Psychiatry & Human Behavior,
Warren Alpert Medical School of Brown U.

July 2024 to present

Clinical Associate Professor
Dept of Psychiatry & Human Behavior,
Warren Alpert Medical School of Brown U.

HOSPITAL APPOINTMENTS

September 2017 – September 2021

Bradley Hospital, Riverside, RI
Psychologist, Children’s Inpatient Unit

October 2021 – September 2022

Bradley Hospital, Riverside, RI
Lead Psychologist, Children’s Inpatient Unit

September 2022 – April 2024

Bradley Hospital, Riverside, RI
Psychologist, Children’s Partial
Hospitalization Program

May 2024 – present

Bradley Hospital, Riverside, RI
Clinical Director, Children’s Partial
Hospitalization Program

HOSPITAL COMMITTEES

2020 – present

Diversity Committee – Bradley Hospital

2022 – present

Bylaws Committee – Bradley Hospital

UNIVERSITY COMMITTEES

September 2016 – present

DPHB Diversity Equity Inclusion &
Belonging Committee

September 2016 – present

DPHB Women in Psychology Steering
Committee

MEMBERSHIP IN SOCIETIES

*American Psychological Association
APA Division 56 (Trauma Psychology)
APA Division 53 Acute, Intensive & Residential
Services Special Interest Group*

Practice Committee Co-Chair 2023 - present

PUBLICATIONS

BOOKS AND BOOK CHAPTERS

1. Arzamarski, C., de Steiguer, A., Omari, F., Hellmuth, J., & Walters, A., (2021). Accessing child and adolescent mental health services in low and middle income countries: Challenges, opportunities, and lessons from Western Kenya. In S. O. Okpaku (Ed.). *Innovations in global mental health* (6). Switzerland: Springer Nature.
https://doi.org/10.1007/978-3-319-70134-9_136-1

OTHER NON-PEER REVIEWED PUBLICATIONS

1. Hellmuth, J. (2018). *Are schools the best places to provide mental health services?* The Brown University Child and Adolescent Behavior Letter, 34(5), 1, 5-6.
2. Hellmuth, J. (2020, February). *Starting a PBIS program in an inpatient setting.* The Brown University Child and Adolescent Behavior Letter, 36(2), 1, 6-7.

PUBLICATIONS SUBMITTED OR IN PREPARATION

1. Hellmuth, J., & Reynolds, E. K. (in production). Positive behavior prevention & intervention strategies. In J. Leffler, A. Thompson, & S. Simmons (Eds.) *Handbook of evidence-based inpatient mental health programs for children and adolescents*. Springer.
2. Hellmuth, J. & Shah, S. (in production). Developmental considerations for treatment adaptations. In J. Leffler, A. Thompson, & S. Simmons (Eds.) *Handbook of evidence-based inpatient mental health programs for children and adolescents*. Springer.

ABSTRACTS

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| February 2017 | Weber, M., Kim, M., & Hellmuth, J. (2017, February). <i>Let's talk about safety: Sexual behavior problems in school</i> . Mini skills workshop presented at annual conference of the National Association of School Psychologists. San Antonio, TX. |
| November 2020 | Reynolds, E., Frazier, E., Tebbett, A., Hellmuth, J., Leffler, J.M., & Sommerhalder, M. (2020, November). <i>Psychology's role in the implementation of evidence-based practice in pediatric acute care settings</i> . Symposium presented at annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA. |
| February 2023 | Hellmuth, J., Sommerhalder, M., & Hill, E. (2023, February). <i>Supporting students before, during & after psychiatric hospitalization</i> . Mini skills workshop presented at annual convention of the National Association of School Psychologists. Denver, CO. |

SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

2023 Walters, A., & Fritz, G. (Hosts). Hellmuth, J. (2023, August). School re-entry after hospitalization [Audio podcast episode]. In *Mindcast*. Bradley Hospital.

INVITED PRESENTATIONS

November, 2016 Arzamarski, C. & Hellmuth, J. (2016, November). *Bullying prevention and response*. Workshop presented to Warwick School District community. Warwick, RI.

March 2017 Hellmuth, J. (2017, March). *Positive approaches to discipline for children ages 6-12*. Workshop presented at annual Parenting Matters conference of Bradley Hospital. Barrington, RI.

October, 2017 Weber, M., Kim, M., & Hellmuth, J. (2017, October). *Let's talk about safety: Sexual behavior problems in school*. Workshop presented at annual conference of the Association for School Psychologists of Pennsylvania. State College, PA.

March 2018 Hellmuth, J. (2018, March). *Positive approaches to discipline for children ages 6-12*. Workshop presented at annual Parenting Matters conference of Bradley Hospital. Barrington, RI.

April 2022 Hellmuth, K. (2022, April). *Supporting adolescents in the school setting using CBT, DBT, and ACT concepts*. Presentation for School One staff. Providence, RI.

GRANTS

July 2018-2019
Clinical Research in Bradley-Hasbro Clinical Programs Award - \$8,000
PI: Hellmuth
This study aimed to examine the effectiveness and implementation of adapting the PBIS model and behavior modification strategies on an inpatient unit.
Role: Principal Investigator

UNIVERSITY TEACHING, ADVISING, and MENTORING ROLES

2017 – 2023
Advanced Practicum Clinical Supervisor
Bradley Hospital – Children's Inpatient Unit
23 graduate practicum student supervisees

2018 – present	Clinical Supervisor Brown University Psychiatry Training Psychotherapy Clinic 6 psychiatry fellow supervisees
2019, 2021, 2023 – present	Clinical Supervisor Brown University Clinical Psychology Fellowship 4 psychology fellow supervisees
2022 – present	Advanced Practicum Clinical Supervisor Bradley Hospital – Children’s Partial Hospital Program 2 graduate practicum student supervisees
2024 – present	Primary Clinical Supervisor Brown University Clinical Psychology Internship

Didacts Within Psychiatry Training Program (Brown University)

Child Psychiatry Bootcamp (2018 – 2023)
Disruptive Behavior Disorders (2019)
School Age Development (2021)
Middle Childhood Attachment (2020 – 2023)

Didactics Within Psychology Training Program (Brown University)

Ethics (2018 – 2023)
Applying for Licensure (2021)

OTHER TEACHING ACTIVITIES

January 2019	Hellmuth, J. (2019, January). <i>Implementing phase I of the positive behavior interventions and supports model on the Children’s Inpatient Unit</i> . Presentation for monthly Bradley Hospital Lunch & Learn professional development series. Riverside, RI.
February 2022	Hellmuth, J. (2022, February). <i>Connecting trauma and suicide among highly acute children</i> . Presentation for monthly Bradley Hospital Lunch & Learn professional development series. Riverside, RI.

VOLUNTEER EXPERIENCES

September 2019 – present	Brown Human Rights Asylum Clinic (BHRAC) member
March 2020	AMPATH – Moi University Eldoret, Kenya Supervision of Kenyan and North American psychiatry trainees, provision of didactics and seminars, consultation on inpatient units at Moi Teaching & Referral Hospital
2020 – present	Member of AMPATH mental health research working group

ACTIVITIES RELATED TO DIVERSITY, EQUITY, INCLUSION & BELONGING

September 2016 – present	Diversity Equity Inclusion & Belonging Committee Division of Child & Adolescent Psychiatry
2020 – present	Diversity Committee Bradley Hospital
2020 – present	Member of AMPATH mental health research working group and supporting Brown’s participation in AMPATH
April-May 2022	Culturally Responsive Supervision Learning Group Division of Child & Adolescent Psychiatry
January 2023	Career Advancement & Support Program Bradley Hospital