

## **CURRICULUM VITAE**

### **JOSHUA SMITH, MD**

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#### **EDUCATION**

2011-2015 Bachelor of Science in Integrative Neuroscience  
Binghamton University  
Vestal, NY

2015-2019 Doctor of Medicine  
Albany Medical College  
Albany, NY

#### **POSTGRADUATE TRAINING**

2019-2023 Residency, Physical Medicine & Rehabilitation  
University of Rochester Medical Center/University of Rochester School of Medicine  
Rochester, NY

2022-2023 Chief Resident, Physical Medicine & Rehabilitation  
University of Rochester Medical Center/ University of Rochester School of Medicine  
Rochester, NY

#### **RESEARCH EXPERIENCE**

2025-present Brown University Health PM&R  
The Warren Alpert Medical School of Brown University  
Providence, RI  
Study: "Botulinum Toxin for Management of Thoracic Outlet Syndrome: A Case Series"  
Role: Principal Investigator. Led the design, data collection, and analysis of a retrospective case series investigating. Oversaw IRB submission and compliance with all regulatory and ethical standards. Currently collecting data with the goal of interpreting findings and preparing manuscript to advance clinical knowledge in the field of PM&R.

2024-present Brown University Health Neurosurgery  
The Warren Alpert Medical School of Brown University  
Providence, RI  
Study: "Rehab and Electrical Stimulation Therapy to Optimize Rehabilitation Effect (RESTORE) Trial"  
Role: PM&R physician for local research site of multicenter second phase trial.

Coordinate patient recruitment and educating providers about opportunities for patients to participate in study. Have assisted in evaluation and planning of management for patients when complications limiting study participation arise.

- 2022-2023      Department of Physical Medicine & Rehabilitation  
University of Rochester Medical Center  
Rochester, NY  
Advisor: Rondy Lazaro, MD  
Study: "Comparison of ultrasound-guided intraarticular hip injections with and without prior local anesthesia: a randomized controlled trial"  
Role: Assisted with obtaining IRB Approval, consented patients, recorded and synthesized data. Worked on manuscript as co-author
- 2018-2019      Department of Physical Medicine & Rehabilitation  
Albany Medical College  
Albany, NY  
Advisor: George Forrest, MD  
Role: Co-authored manuscript "Inpatient rehabilitation facilities: The 3-hour rule"

#### **POSTGRADUATE HONORS AND AWARDS**

- 2025      *Positive Champion Award*; The Warren Alpert Medical School of Brown University.
- 2024      *Top Doctor Award*; Global Directory of Who's Who
- June 2022      *Spirit of Carol Award*; University of Rochester Medical Center.  
"In recognition of humanistic qualities demonstrated towards patients, families, and staff."
- June 2022      *Excellence in Resident Seminar Award*; University of Rochester Medical Center.  
"Music and Dance Integrated Rehabilitation."
- April 2022      *Patient ICARE Star*; University of Rochester Medical Center.  
"Demonstrates values of compassion, respect, and excellence delivering quality medical care."
- July 2021      *Patient ICARE Star*; University of Rochester Medical Center. July 2021
- April 2021      *Excellence Award*; University of Rochester Medical Center.  
"For demonstrating excellence and compassionate care during a lifesaving emergency."
- March 2021      *Respect Award*; University of Rochester Medical Center.  
"For developing excellent rapport with patients and making lasting impacts in their care."
- February 2021      *Excellence Award*; University of Rochester Medical Center.  
"For going above expectations by volunteering to assist with patient care."
- December 2020      *Excellence Award*; University of Rochester Medical Center.  
"Consistently demonstrates willingness to do whatever is needed to assist the team."

May 2017      *Health Care and Society Letter of Commendation*; Albany Medical College.  
“Given to a medical student who displayed excellence in discussions regarding disparities that exist in society and how those issues relate to healthcare.”

## **PROFESSIONAL LICENSES AND BOARD CERTIFICATION**

2023-present    State of Rhode Island Allopathic Physician License with Controlled Substances Registration

## **OTHER APPOINTMENTS**

2023-present    Physiatrist, Brown University Health

## **HOSPITAL COMMITTEES**

- 2021-2023      Unit-based Performance Program Committee  
University of Rochester Medical Center  
Rochester, NY
- Represented Residency Program in interdisciplinary quality improvement initiative to increase operational efficiency, patient safety, and staff morale on the inpatient rehabilitation unit.
- 2021-2023      Diversity Inclusion Culture Equity (DICE) Committee  
University of Rochester Medical Center  
Rochester, NY
- Resident Representative in discussions focused on shared goals and values and to promote a more diverse, equitable, and inclusive workplace
  - As part of community outreach, I assisted in developing a project to improve no-show rates

## **MEMBERSHIPS IN SOCIETIES**

- 2019-present    Association of Academic Physiatrists
- 2019-present    American Academy of Physical Medicine and Rehabilitation
- 2024-present    Continental Who's Who Pinnacle Professional Member

## **PUBLICATIONS**

### **ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Lazaro RM, **Smith JM**, Bender N, Punreddy A, Barford N, Paul JH. Comparison of Pain With Ultrasound-Guided Intra-Articular Hip Injections With and Without Prior Subcutaneous Local Anesthesia. *Clin J Sport Med*. 2024 Jul 24. doi: 10.1097/JSM.0000000000001260. Epub ahead of print. PMID: 39046314.
2. Forrest G, Reppel A, Kodsi M, **Smith J**. Inpatient rehabilitation facilities: The 3-hour rule. *Medicine (Baltimore)*. 2019;98(37):e17096. doi:10.1097/MD.00000000000017096

3. Smith HS, **Smith JM**, Smith AR. An overview of nausea/vomiting in palliative medicine. *Ann Palliat Med*. 2012;1(2):103-114. doi:10.3978/j.issn.2224-5820.2012.07.06
4. Smith HS, **Smith JM**, Seidner P. Opioid-induced nausea and vomiting. *Ann Palliat Med*. 2012;1(2):121-129. doi:10.3978/j.issn.2224-5820.2012.07.08
5. Smith HS, Bracken D, **Smith JM**. Gout: current insights and future perspectives. *J Pain*. 2011;12(11):1113-1129. doi:10.1016/j.jpain.2011.06.009
6. Smith HS, Bracken D, **Smith JM**. Pharmacotherapy for fibromyalgia. *Front Pharmacol*. 2011;2:17. Published 2011 Mar 31. doi:10.3389/fphar.2011.00017
7. Smith HS, Bracken D, **Smith JM**. Duloxetine: a review of its safety and efficacy in the management of fibromyalgia syndrome. *J Cent Nerv Syst Dis*. 2010;2:57-72. Published 2010 Dec 22. doi:10.4137/JCNSD.S4127

## ABSTRACTS

1. **Smith J**, Morrison E. "Uncommon Presentation of Carotid Blowout Syndrome." Poster Presentation. Association of Academic Physiatrists Annual Meeting, New Orleans, LA. May 24-28, 2022.
2. Downing M, **Smith J**, Adler J. "A Successful Course of Inpatient Rehabilitation in a 13-year old male with Acute Flaccid Myelitis." Poster Presentation. Association of Academic Physiatrists Annual Meeting, New Orleans, LA. May 24-28, 2022.
3. **Smith J**, Smith K, Paul J, Barford N. "Synovial Hypertrophy Presenting as Groin Pain and Intra-articular Hip Mass." *Am J PMR* Vol 100, No 4 a1-a204 (Suppl), Apr 2021. Poster Presentation. Association of Academic Physiatrists Annual Meeting.[ Virtual.] February 9-13, 2021.

## UNIVERSITY TEACHING, ADVISING and MONITORING ROLES

### University of Rochester School of Medicine

2020-2023      Foundation of Biopsychosocial Practice (FBP)  
Course: Taught history, physical examination and oral presentation skills to improve patient interactions for future clinical rotations  
Role: Lecturer  
Students: MS1

### The Warren Alpert Medical School of Brown University

2024-present      Faculty Advisor for PM&R Medical Student Interest Group

- Work with student representatives to coordinate events and generate interest in PM&R.
- Encouraging student engagement in national PM&R organizations such as AAPM&R or AAP.
- Ensuring that the group's initiatives align with departmental and institutional goals.
- Supporting the planning and execution of group events such as guest speaker talks, workshops, volunteer opportunities, and shadowing experiences.

- 2025-present    Member of Council of Specialty Career Advisors
- Advising medical students on residency preparation, research opportunities, and clinical exposure in PM&R.
  - Have regular meetings with advisees throughout the semester to assist with tasks such as reviewing personal statements and CVs for residency applications, navigating program selection and rank list, as well as reviewing and making recommendations on elective and subinternship selections and 4<sup>th</sup> year scheduling.

## **HOSPITAL TEACHING, ADVISING and MONTORING ROLES**

### **University of Rochester Medical Center**

- 2021-2022    PM&R Residency Didactic Lectures  
 Hand and Wrist Anatomy; 07/28/2022  
 Inpatient Rehabilitation Introduction and On Call Emergencies; 07/07/2022  
 Music and Dance Integrated Rehabilitation; 03/31/2022  
 Electromyography, Nerve Conduction Studies, and Anomalous Innervations;  
 10/07/2021  
 Tendon Pathology; 04/22/2021  
Journal Club:  
*Neurological manifestations of long-COVID syndrome: a narrative review;*  
 03/17/2022.  
*The Diagnostic Sensitivity for Ulnar Neuropathy at the Elbow Is Not Increased by Addition of Needle EMG of ADM and FDI When Nerve Conduction Studies Are Normal;* 03/04/2021  
Case of the Month:  
*CRPS after radical mastectomy with axillary lymph node dissection,* 12/02/2021
- 2022-2023    Quality Improvement Project  
 “Inpatient Rehabilitation Communication Checklist”  
  - Led a multidisciplinary QI initiative to develop and implement a standardized communication checklist aimed at improving the quality, clarity, and consistency of patient transfer information from acute care to inpatient rehabilitation.
- 2022-2023    Quality Improvement Project  
 “Improvement of CPAP Adherence on Acute Inpatient Rehabilitation Unit”  
  - Led a multidisciplinary QI initiative aimed at increasing adherence to CPAP therapy among patients with obstructive sleep apnea (OSA) on the acute inpatient rehabilitation unit.
  - Identified barriers to CPAP use including patient discomfort, lack of education, equipment issues, and inconsistent monitoring practices.
  - Collaborated with respiratory therapy, nursing, and sleep medicine to develop and implement a standardized CPAP adherence protocol, including patient education materials, staff training, and daily adherence tracking.

**Brown University Health**

2023-present    Assistant Professor and Clinician Educator, Department of Neurology

- Supervise and mentor medical students during outpatient PM&R rotations, providing instruction in musculoskeletal and neurologic physical exams, electrodiagnostic testing, rehabilitation planning, and patient-centered care.

**ADDITIONAL TEACHING AND EDUCATIONAL MATERIAL**

February 21, 2021    Podcast Episode “Thinking It Through with Dr. Naidoo, Child Psychiatrist”.

“Episode 77 – Concussion Connections with Mental Health featuring Dr. Joshua Smith”

- Featured as a guest expert discussing the multidisciplinary approach to evaluation, management, and rehabilitation of pediatric patients with concussion.
- Shared evidence-based insights on symptom assessment, return-to-learn/play protocols, and the role of PM&R in pediatric brain injury recovery.
- Promoted awareness of psychiatry’s role in pediatric concussion care among healthcare professionals, educators, and families.
- Contributed to public and professional education through accessible, high-impact medical communication.