

CURRICULUM VITAE
Jessica Soto, MD

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EDUCATION

Undergraduate	Georgetown University, Bachelor of Arts, attended 2009-2013, graduated 2013, Magna Cum Laude.
Medical School	University of Maryland School of Medicine, attended 2013-2017, graduated 2017.

POSTGRADUATE TRAINING

Residency	Yale University, New Haven, CT, Psychiatry Residency 2017-2021. Program Wide Chief Resident from July 2020-June 2021.
Fellowship	Brown University, Providence, RI, Child & Adolescent Psychiatry 2021-2023
Fellowship	Brown University, Providence, RI, Forensic Psychiatry 2023-2024

POSTGRADUTE HONORS AND AWARDS

APA/APAF Leadership Fellowship, awarded by American Psychiatric Association in March 2019 and position held through May 2021.

Ira Levine Award, awarded to a PGY-2 psychiatry resident who embodies the qualities of clinical excellence, breadth of learning, and devotion to the care of severe psychiatric illness. Awarded by Yale Department of Psychiatry in June 2019.

Alpha Omega Alpha Medical Honor Society awarded in August 2016.

Betty Ford Institute SIMS scholar awarded by the Betty Ford Institute in June 2014.

PROFESSIONAL BOARD CERTIFICATION

Board Certified in Psychiatry, awarded in December 2021.

Board Certified in Child & Adolescent Psychiatry, awarded in December 2023.

MEMBERSHIP IN SOCIETIES

American Psychiatric Association. Member from September 2019 through present.

American Academy of Psychiatry and the Law. Member from September 2019 through present. Member of the CAP & the Law Committee and the Correctional Psychiatry Committee.

American Academy of Child & Adolescent Psychiatry. Member from September 2021 through present. Member of the Children and the Law Committee.

PUBLICATION LIST

PEER-REVIEWED PUBLICATIONS

Wilson C, Herger M, **Soto J**, Millard H. "Training on Inpatient Child and Adolescent Psychiatry Units." *Child Adolesc Psychiatr Clin N Am*. 2024 May 28. <https://doi.org/10.1016/j.chc.2024.04.003>.

Soto J, Mitchell TO, Masters KJ, Millard H. "The Role of Psychiatrists in Seclusion and Restraint Episodes: A Curriculum for Psychiatric Trainees". *Acad Psychiatry*. 2023 Mar 23. doi: 10.1007/s40596-023-01767-9.

Chaffkin J, Ray JM, Goldenberg M, Wong AH. "Impact of a Virtual Simulation-Based Educational Module on Managing Agitation for Medical Students Academic Psychiatry" *Acad Psychiatry*. August 2022; 46(4):495-499. doi: 10.1007/s40596-021-01521-z.

Chaffkin J, Barnes T, Avila Quintero VJ, Flores JM, Lin E, Wasser T. "The Characteristics of Assaultive Patients Whom Inpatient Psychiatric Staff Report to Police" *Psychiatric Services*, July 2022; 73(7):768-773. doi: 10.1176/appi.ps.202100140

Chaffkin J, Josephs IA, Katz E. "Safe use of memantine in a pediatric patient with catatonia" *J Am Acad Child Adolesc Psychiatry*, June 2022; S0890-8567(22)00292-1. doi: 10.1016/j.jaac.2022.05.007

Wasser T, Chandra S, **Chaffkin J**, Michaelsen K. "A Multi-Site Survey of General Psychiatry Residents' Forensic Training" *JAAPL*, June 2022; 50(2):231-239. doi: 10.29158/JAAPL.210065-21.

Sina N, **Chaffkin J**, Ostroff R. “Catatonia After COVID-19: A Case Series” *Journal of ECT*. March 2022; 38(3): e43-e44. doi: 10.1097/YCT.0000000000000838.

Chaffkin J, Wasser T. The Impact of Teaching Internal Medicine Residents About Decision-Making Capacity. *Acad Psychiatry*. 2020;44(3):340-343. doi: 10.1007/s40596-020-01219-8.

OTHER NON-PEER REVIEWED PUBLICATIONS

Chaffkin, J. (2018). Was this your first one? Lessons in Empathy and Mourning. *Current Psychiatry*, 17 (7), 7-8

PUBLICATIONS IN PREPARATION

Soto, J & Lowenhaupt E. Chapter titled: Oppositional defiant and conduct disorders in Lewis’s Child and Adolescent Psychiatry, 6th Edition. Under review as of July 2024.

Owens T, Lowenhaupt L, Dube A, **Soto J**. Clinical Considerations for Development of Boys and Mental Health Outcomes: Chapter on Boys in the Juvenile Justice System. Special issue of *Child and Adolescent Psychiatric Clinics*. Pending as of October 2024.

SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

Soto, J. (2024). What happens when we incarcerate young children? Bradely Online Learning Exchange. Online @ <https://www.lifespan.org/centers-services/bradley-online-learning>.

Chaffkin, J. Opinion: Protect RI's children from incarceration. The Providence Journal. April 12, 2022. [Opinion/Chaffkin: Protect RI's children from incarceration \(providencejournal.com\)](https://www.providencejournal.com/opinion/chaffkin-protect-ri-children-from-incarceration).

PRESENTATIONS

Kruse K, Bruce N, Griffin R, Tastenhoye C, **Soto J**. Parental Controls: Parental Responsibility Laws and the Forensic Psychiatrist. Presenting at the American Academy of Psychiatry and the Law annual conference in Vancouver, CA; October 2024.

Lowenhaupt E, **Soto J**, Grech S, Lee T. “Breaking Down Walls: Treating Adolescents Involved in the Juvenile Legal System Upon Re-Entry.” Clinical Case Conference at the American Academy of Child & Adolescent Psychiatry annual conference in Seattle WA; October 2024.

Soto J & Gowin K. What is mental health? Sponsored by Fostering Change for Children annually in New York, NY. Presented in July 2023, July 2022, July 2021. Accepted to present in July 2024.

Soto J, Owens T, Weitz R. Substance Use Treatment in Juvenile Corrections. Sponsored by the Rhode Island Family Court Judicial Conference in Narragansett, RI; October 2023.

Soto J, Embry T, Kruse K, Masters KJ, Wilson C, Millard H. “The Role of the Psychiatrist in Seclusion and Restraint.” Presented as a Clinical Case Conference at the American Academy of Child & Adolescent Psychiatry annual conference in New York, NY; October 2023.

Chaffkin J, Barnes T, Wasser T. “Assaults on Inpatient Psychiatric Units: When Do We Decide It’s a Crime?” Presented as a Workshop at American Academy of Psychiatry and the Law annual conference in New Orleans, LA; October 2022.

Chaffkin J, Kitay B, Ostroff R. “Medical Complications Associated with Catatonia”. Presented in oral and poster format at the International Society for ECT and Neurostimulation Conference in San Francisco, CA; May 2019.

Chaffkin, J. “Neuropsychological Correlates of Antisocial Behaviors in Incarcerated Individuals”. Presented in oral and poster format at Georgetown University Honors Symposium, Georgetown University, Washington, DC; April 2013.

TEACHING, ADVISING, AND MENTORING ROLES

Co-instructor for the Psychopharmacology Course for Brown University child & adolescent psychiatry (CAP) fellows. Taught weekly seminars over the course of approximately 6-8 weeks with a co-presenter for the 9 CAP and triple board fellows. June 2024-present.

Juvenile Delinquency and Correctional Mental Health didactic for Brown University psychiatry residents on their forensic psychiatry rotation. Taught approximately 5 residents in total during individual 1-hour sessions. January 2024-present.

Medical Student Psychiatry Clinical Teaching Session Leader. Coordinated weekly teaching sessions for Brown University medical students completing their psychiatry clerkship. Weekly sessions included didactic components, group case consultations, and processing of challenging events with 2-4 students each week. July 2022-June 2023.

Co-leader for the Social Justice & Health Equities Advocacy Curriculum. Worked with a team of faculty and residents to develop and lead curricular activities about advocacy for the Social Justice and Health Equities curriculum. This included didactic components as well as experiential learning targeted to PGY1-PGY4 psychiatry residents at Yale University. July 2019-June 2021.

Co-presenter for Safety in the Psychiatric Interview and Virtual De-escalation Simulation. Developed and administered a 2-hour didactic session about maintain safety and de-escalation for medical students at Yale University. This included a novel de-escalation simulation taught virtually through Zoom. Sixty-four medical students completed the class in 2021.

Child & Adolescent Psychiatry Basics. Designed a 9-week curriculum for general psychiatry residents rotating through a child and adolescent inpatient unit as PGY1s at Yale University. The curriculum was designed to be given in person and included video components to allow for an easy transition to virtual if need be. The curriculum covered topics such as managing adolescent depression, the psychiatrist's role in restraint and seclusion, and legal issues applicable to child psychiatry. The course was taught to 20 general psychiatry residents. July 2020-June 2021.