

CURRICULUM VITAE
KRISTIN LEHR ANDERSON, MD, FAAP, FACP

3/10/2020

EDUCATION

Undergraduate

Skidmore College, Saratoga Springs, NY, Sept 91- May 95
BA Degree, May 1995, Anthropology, Minor in Spanish
Phi Beta Kappa, Skidmore College
Periclean Honor Society, Skidmore College
Magna cum Laude with Honor in Anthropology

Skidmore College in Madrid, Spain, Jan 94- May 94
SUNY Geneseo, Geneseo, NY, Sept 92- May 93

University at Albany, Albany, NY, Sept 96- Jun 97
Premedical post-baccalaureate year

Medical School

Albany Medical College, Albany, NY
August 1998- June 2002
Doctor of Medicine 2002
AOA Induction, Albany Medical College Chapter
Carolyn Fisk Scholarship
Albany Medical College Alumni Association
o Ranked in top one-third of medical school class

POSTGRADUATE TRAINING

Residency

Internal Medicine-Pediatrics Residency Program
Rhode Island Hospital/Hasbro Children's Hospital
The Warren Alpert Medical School at Brown University
Providence, Rhode Island
July 2002-June 2006

POSTGRADUATE HONORS AND AWARDS

Co-chief in Medicine-Pediatrics
Internal Medicine-Pediatrics Residency Program
Rhode Island Hospital/Hasbro Children's Hospital
The Warren Alpert Medical School at Brown University
July 2005- June 2006

Women & Infants' Hospital Department of Medicine 2006
Resident Award, May 2006
For excellence in consultative medicine

The Edward Collins Memorial Fund Award, June 2005
Brown University Dept. of Pediatrics Residency Program
For demonstrating a strong commitment to pediatric
advocacy and community service

Finalist for The Walter W. Tunnessen, Jr., MD, Award, May 2005
Medicine-Pediatrics Program Directors Association
To recognize outstanding contribution by a graduating
Medicine-Pediatrics resident in the areas of education,
clinical care, and advocacy for patients

Certificate of Appreciation, 2012
The Warren Alpert Medical School of Brown University
Recognition of ten years of clinical teaching

EMPLOYMENT

Pediatrician
Hasbro Children's Partial Hospital Program
Lifespan Physicians Group, Providence, RI
January 2015 to present

Medicine-Pediatrics Primary Care Physician
Lifespan Physicians Group, Providence, RI
September 2014 to present, part-time
Precept residents in their teaching clinic, staff sick visits

General Internist
Southcoast Physicians Group, New Bedford, MA
February 2011 to March 2014

General Internist
Women's Health Associates, Providence, RI
July 2006 to December 2010

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

Medical Licensure, Rhode Island, MD

Certification Examination in Internal Medicine, Aug 2016

- Certified as a Diplomate in Internal Medicine until 2026
- MOC-certified and up to date

Certification Examination in Pediatrics, Oct 2016

- Certified as a Diplomate in Pediatrics until 2026
- MOC-certified and up to date

NBME, May 2004, USMLE Steps I, II, III
CPI Training: Nonviolent Crisis Intervention, December 2017

ACADEMIC APPOINTMENTS

Assistant Professor of Medicine and Pediatrics, Clinician Educator
Warren Alpert Medical School at Brown University
September 2014 to present

Clinical Instructor in Medicine
Division of Biology and Medicine
Warren Alpert Medical School at Brown University
July 2006 to December 2010

HOSPITAL APPOINTMENTS

Rhode Island Hospital/Hasbro Children's Hospital
July 2006 to December 2010; September 2014 to present

HOSPITAL COMMITTEES

Medicine-Pediatrics Resident Recruitment Committee,
October 2014 to present

Med-Peds and Internal Medicine Resident Recruitment Committee,
2006 to December 2010

MEMBERSHIP IN SOCIETIES

American College of Physicians, Fellow
American Academy of Pediatrics, Fellow
Alpha Omega Alpha (AOA), Member

PUBLICATIONS LIST

PEER-REVIEWED PUBLICATIONS

[A Review of the Prevention and Medical Management of Childhood Obesity](#). *Childhood Obesity*. Anderson, K. L.; *Child Adolesc Psychiatr Clin N Am*. 2017 Nov 22.

BOOK CHAPTER

Developmental Regression: The Power of Anxiety on the Maturing Brain. Rebecca Laptook, Ph.D., Matthew Willis, M.D., & Kristin Anderson, M.D. *Pediatric Neuropsychiatry: A Case-Based Approach*. Springer. 2019

OTHER NON-PEER REVIEWED PUBLICATIONS

Anderson, K. *Pediatric Advocates in the Northeast: Young Doctors Club Offers Mentors, Role Models*. American Academy of Pediatrics Resident Report. Volume 16/Number 2. Fall 2006

PUBLICATIONS SUBMITTED

Shalon L, Robinson B, DeLessio D, Pearlman D, Beattie JP, Anderson KL, LeLeiko NS. Anticipatory Guidance for Prevention of Childhood Overweight: Educating Physicians for Early Intervention. Submitted for publication July 2006

ABSTRACTS

Shalon L, Robinson B, DeLessio D, Pearlman D, Beattie JP, Anderson KL, LeLeiko NS. Overweight prevention in infants and young children- educating health care providers. *Gastroenterology* 128(Suppl 2):A417, 2005. Poster presented at the American Gastroenterology Meeting, Chicago, IL. May 2005.

Anderson K, Cineas S. Young Doctors Club and Mentorship Program: Can an afterschool healthcare career club provide inner-city youth with tools to facilitate healthier lifestyle choices? Senior Research Day. Rhode Island Hospital. May 11, 2006.

INVITED PRESENTATIONS

Mortality Morbidity Conference
Medicine Ground Rounds
Rhode Island Hospital
October 2007

Pediatrics Morning Report
F.IT. Club: Physician as Advocate, 8/29/2017

Medicine-Pediatrics Residency Program Noon Conference
F.I.T. Club: Physician as Advocate, 2015, 2016, 2017, 2018

GRANTS

GME Curriculum Innovations Targeting the ACGME Competencies of Professionalism and Communication
Awarded grant in 2008 to develop Health Policy and Practice Management Curriculum for the General Internal Medicine Residency Program

Young Doctors Club
Rhode Island Hospital, Roger Williams Middle School
Awarded annual grant from Lifespan Learning Institute, July 2005

UNIVERSITY TEACHING ROLES

Core Clerkship in Internal Medicine, Biomed 301
Supervising Attending, 2006-2008

Acting Internship in Internal Medicine, Biomed 333
Supervising Attending, 2006-2008

Medicine-Pediatrics Primary Care Longitudinal Rotation
Course 316, Preceptor, 2007

The Doctoring Program
Supervised 2nd year medical student
Women's Health Associates, 2007

Health Policy and Practice Management Curriculum
Introductory and Billing 101 Lecturer, July 2008 to present
Developed curriculum in 2008 with Dr. Kelly McGarry
Awarded a GME Professionalism Grant
Program has run successfully for eleven years with lecturers
who are leaders in primary care from MA and Rhode Island
Continue to evaluate and update curriculum each year to
address changes in U.S. health care delivery system

BIOL 1960 Independent Study
Spring 2017, Spring 2018, Spring 2019
Faculty advisor to junior and senior biology majors piloting
and evaluating F.I.T. Club Afterschool Pilot at Nayatt
Elementary School

HOSPITAL TEACHING ROLES

Medicine-Pediatrics Primary Care Center
Preceptor for Medicine Pediatrics residents
One half day session per week
July 2006 to December 2010, September 2014 to present

Rhode Island Hospital
Dept. of General Internal Medicine Service Attending
July 2006-2008, two months per year

Women's Health Associates
Preceptor for Women's Health Elective
2006 to December 2010

Precept residents affiliated with Brown University and Memorial Hospital interested in women's health

Journal Club Participant/Preceptor
Department of General Internal Medicine
Two sessions per year
2006 to 2010

Young Doctors Club
Faculty Advisor to Medicine/Pediatric and Pediatrics residents
2006 to 2010, 2014 to present
Partnership in a Community Outreach Program with Roger Williams Middle School and Juanita Sanchez Educational Complex
Featured at RIH Founders Day 2006

MENTORSHIP ROLES

Mentee Participant, Department of Pediatrics Mentorship Program
September 2016 to 2019

- Mentored by Dr. Elissa Jelalian, PhD, Associate Professor of Psychiatry and Human Behavior, Weight Control and Diabetes Research Center
- Designed and completed two IRB approved protocols
 - *FIT Club Afterschool Program Survey to Assess Changes in Healthy Habits of School-Aged Children and their Parents*
 - *F.I.T Club Summer Learning Program Survey to Assess Feasibility of Implementation and Increased Parental Awareness of Healthy Habits*

Mentor Brown University Medical Students who developed a Young Doctors Club (via F.I.T. Club)

- They were awarded a BMAA Grant in 2015.
- Initiated an afterschool program at Times² Academy in Providence, RI
- Program has run successful sessions Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Spring 2019

"Fit Club Afterschool Program Survey to Assess Changes in Healthy Habits of School-Aged Children and their Parents"
IRB approved, survey distributed Fall 2017, Spring 2018
Developed surveys with Brown University medical student
January 2016 to September 2017

F.I.T. Club partnership with Brown University Biology Department, Nayatt Elementary School in Barrington, RI to create a afterschool program that is literacy-based teaching healthy habits

- Developed 6-week afterschool series
- Faculty mentor to undergraduate biology majors
- Faculty mentor for Independent Study BIOL 1960
- Primary liaison between educational institutions

December 2016 to present

F.I.T. Club partnership with Medicine-Pediatrics Residency Program at Warren Alpert Medical School of Brown University Work with residents to develop materials for the program such as patient based scenarios (Betty Sweet)

Serve as faculty advisor to ongoing Young Doctors Club at Juanita Sanchez Educational Complex
2013 to present

COMMUNITY SERVICE (F.I.T. CLUB)

Co-Executive Director and President
F.I.T. Club (Framework for Integrated Teaching) teachfitclub.org
Founded a 501(c)(3) non-profit corporation committed to creating a collaborative curriculum utilizing Common Core Standards embedding concepts of food, fitness and farming into the classroom
February 2013 to present

Partnership with Skidmore College Education Studies Department granting F.I.T. Club Awards to outstanding pre-service teachers who develop lesson plans for the program (10 awards to date).
Worked with alumni to pilot lesson plans for feedback. Presented to college administration, Alumni Association, and Junior Education majors
September 2013 to May 2016

United Way RI Summer Health Work Group Participant
Invited to participate in Work Group with leaders in education, afterschool programming and RI DPH to design Health Measures for the Hasbro Summer Learning Institute of the RI United Way.
Invited to plan workshop to present EcoMap health measure to HSLI grantee school-day professionals Training Workshop.
September 2016-March 2017

Collaboration with RI Healthy Schools Coalition and Pell Elementary School in Newport, RI
Spring 2019

- Funding provided by BCBSRI
- Presented to educators at Pell Elementary School ways to implement literature to teach health and wellness using F.I.T. Club materials, library awarded children's literature (4/4/2019)
- Presented 3-hour training workshop to Pell Elementary afterschool educators, program awarded children's literature and resources to implement a 6-week program (4/22/2019)

F.I.T. Club Healthy Habits curriculum implemented at the Hasbro Summer Learning Initiative North Providence site to 60 rising 4th, 5th, and 6th graders during the summer learning program. IRB-approved research study measured feasibility of implementation and efficacy of parent handouts in increasing awareness of healthy habits. Surveys and focus groups administered in August 2018.
May-August 2018

Developed 3-hour training workshop to implement F.I.T. Club Healthy Habits enrichment program.

- Presented to Brown University undergraduate students (2/8/2017, 2/14/2018, 2/6/2019, 1/15/2020).
- Presented to group of educators affiliated with South County Healthy Bodies, Healthy Minds (3/2/2018).
- Presented to group of educators affiliated with Hasbro Summer Learning Initiative, North Providence Site (5/30/2018).

F.I.T. Club Exhibitor at numerous conferences

- Weight and Wellness Summit, Warwick, RI, 3/7/2017
- RI Healthy Schools Coalition, Annual Breakfast, Warwick, RI 10/13/2017, 10/9/2018, 10/10/2019
- RIASCD at RI College, Providence, RI 12/2/2017

Graduate School of Library and Information Sciences at URI

- Invited to participate in the Annual Gathering panel on Health and Libraries, 4/21/2017

Co-taught 3 hour workshop *Cultivating Readers: Using a literacy-based curriculum to teach concepts of food, fitness, and farming*, RI Afterschool Plus Alliance of the United Way, 2015

Developed F.I.T. CHOICES Book Club, an interactive reading series with Susan Lehr, Ph.D. Piloted the program during library classes at Nayatt Elementary School, Barrington, RI September 2016 to May 2017

Numerous presentations to school and afterschool administrators/educators throughout Rhode Island February 2013 to present

Developed content for website teachfitclub.org containing over 100 lesson plans using Common Core Standards, videos, booklists. Ongoing collaboration with web designer to keep site current. Edit and update all lesson plans on the website for medical content. February 2014 to present

Presented F.I.T. Club to R.I. librarians during their Summer Reading Program planning session (February 2016) and participated in the Summer Reading Program Kickoff at the State House and at the Providence Children's Museum (Summer 2016)

Provided F.I.T. Club Raffle Baskets to various organizations including Barrington Early Childhood Center, Nayatt 5K, Hamden Meadows Tough Tiger, RI Summer Reading Program, RI Healthy Schools Coalition Annual Breakfast

Awarded books to various afterschool programs including a Pawtucket summer enrichment program, South County Healthy Bodies Healthy Minds, Nayatt Elementary, and the Young Doctors Club (Times² Academy and Juanita Sanchez Educational Complex)

Created 3 brochures (F.I.T. Family, Let's Stay Active! and F.I.T. Choices) with the assistance of a graphic designer including booklists that model healthy habits associated with a reduction in the prevalence of pediatric obesity

Worked with Certified Personal Trainers and Physical Education teacher to create content ideas for videos for the website

Lead Board Meetings held 3-4 times yearly currently with nine active Board of Directors comprised of professionals in multiple disciplines (medicine, education, law, accounting, psychology)
February 2013 to present

Manage all duties related to running a non-profit organization including Annual Reports, Budget and 501(c)(3) reports, etc.
February 2013 to present