

Revised: October 26, 2015

CURRICULUM VITAE
KEVIN M. MCKAY, PH.D.

Providence Veterans' Affairs Medical Center
Primary Care Behavioral Health
830 Chalkstone Avenue
Providence, RI 02908
Phone: 401-273-7100 x2199
E-Mail: kevin.mckay@va.gov
kevin_mckay@brown.edu

The Rhode Island Center for Cognitive Behavior Therapy
400 Massasoit Avenue
Suite 305
East Providence, RI 02914
401-294-0451
kevinmckay@ricbt.com

EDUCATION

Undergraduate University of Wisconsin, Madison, Wisconsin, Psychology and Social Welfare,
BA, 2000

Graduate Boston College, Chestnut Hill, Massachusetts, Counseling, MA, 2000

The University of Wisconsin, Madison, Wisconsin, Counseling Psychology,
Minor in Health Psychology, PhD (APA-Accredited Program), 2007

POST GRADUATE TRAINING

July, 2006 to July, 2007 Internship in Clinical Psychology
Hines Veterans Affairs Medical Center, Hines, Illinois
Health Psychology Focus (APA-Accredited Program)

July, 2007 to July 2008 Postdoctoral Fellowship in Health Psychology
University of Wisconsin Hospital and Clinics, Madison, Wisconsin

POSTGRADUATE HONORS AND AWARDS

2002 Comprehensive Examination of Distinction, Boston College
2003 Wakonse College Teaching Fellowship (funded by the National Science Foundation)
2004 Wisconsin-Spencer Doctoral Research Fellowship
2005 American Psychological Association Division 17 Counseling Health Psychology Research Award
2005 Margaret Bernauer Psychology Research Award
2006 Illinois Psychological Association Graduate Student Academic Poster Award (Quantitative)
2011 Rhode Island House of Representatives Service Citation

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

May 29, 2008 to Present Psychologist, State of Rhode Island and Providence Plantations (#PS01072)

OTHER CERTIFICATIONS

January 4, 2013 to Present Certified Provider of Prolonged Exposure Therapy,
Veterans' Health Administration

November 1, 2013 to Present Certified Provider of Cognitive Behavioral Therapy for Chronic
Pain, Veterans' Health Administration

ACADEMIC APPOINTMENTS

March 1, 2010 to Present Clinical Assistant Professor of Psychiatry and Human Behavior
The Warren Alpert Medical School of Brown University

CLINICAL APPOINTMENTS

September, 2008 to November, 2011 Staff Psychologist
Department of Psychiatry and Behavioral Medicine
The Miriam Hospital
Providence, Rhode Island

September, 2008 to November, 2011 Staff Psychologist, Adjunct Staff
Division of Adult Psychiatry
Department of Psychiatry
Rhode Island Hospital
Providence, Rhode Island

November, 2011 to Present Staff Psychologist
Mental Health and Behavioral Sciences Service
Veterans' Administration Medical Center
Providence, Rhode Island

November, 2015 to Present Staff Psychologist
Rhode Island Cognitive Behavior Therapy (RICBT)
East Providence, Rhode Island

OTHER APPOINTMENTS

1998 to 2000	Research Associate, Department of Psychology University of Wisconsin, Madison, Wisconsin
2001 to 2002	Research Associate, Department of Counseling, Developmental, Educational Psychology Boston College, Chestnut Hill, Massachusetts
2003 to 2007	Wakonse College Teaching Fellow
2003 to 2004	Research Assistant, Department of Counseling Psychology University of Wisconsin, Madison, Wisconsin
2004 to 2007	Spencer Doctoral Research Fellow
2007	Ad-Hoc Reviewer, Applied Psychology: An International Review
2008	Ad-Hoc Reviewer, Journal of Behavioral Medicine
2013	Ad-Hoc Reviewer, Families, Systems, and Health

HOSPITAL COMMITTEES

2009 to 2011	Comprehensive Epilepsy Program, Rhode Island Hospital
2010 to 2011	Psychiatry and Behavioral Health Primary/Integrated Care Committee, Lifespan
2010 to 2011	Medical Advisory Committee, Rhode Island Free Clinic
2013 to Present	Chronic Pain Advisory Committee, Providence Veterans' Affairs Medical Center
2013 to Present	Opioid Safety Initiative, Veterans' Health Administration (VISN 1)

MEMBERSHIP IN SOCIETIES

2003 to Present	American Psychological Association Division 38 (Health Psychology)
2006 to 2007	Illinois Psychological Association
2008 to Present	Society of Behavioral Medicine
2010 to 2013	Collaborative Family Healthcare Association

ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS

1. **McKay, K. M.**, Imel, Z. E., & Wampold, B. E. (2006). Psychiatrist effects in the psychopharmacological treatment of depression. *Journal of Affective Disorders, 92*, 287 – 290.
2. **McKay, K. M.**, Hill, M. C., Enright R. D., & Freedman, S. (2007). Towards a feminist empowerment model of forgiveness psychotherapy. *Psychotherapy Theory, Research, Practice, Training, 44*, 14 – 29.
3. Imel, Z. E., Malterer, M. B., **McKay, K. M.** & Wampold, B. E. (2008). A meta-analysis of psychotherapy and medication in depression and dysthymia. *Journal of Affective Disorders, 110*, 197-206.
4. Howard, K.A.S., Budge, S.L., & **McKay, K.M.** (2010). Youth exposed to violence: The role of protective factors. *Journal of Community Psychology, 38*, 63 – 79.
5. Nash, J.M., **McKay, K.M.**, Vogel, M.E., & Masters, K.S. (2012). Functional roles and foundational characteristics of psychologists in integrated primary care. *Journal of Clinical Psychology in Medical Settings, 19*, 93 – 104.

ABSTRACTS

1. Locke, R. L., Biersach, P., **McKay, K. M.**, Franzblau, E., & Goldsmith, H. H. (May, 2000). *Infant expression of contextually-inappropriate emotion and associated temperament*. Proceedings of the Midwestern Psychological Association, Chicago, IL.
2. Brennan-Morrey, R., Cho-Kim, S., Chu, E. Y., **McKay, K. M.**, & Trigianno, P. J. (March, 2003). *Cross-cultural encounters: A web-based course for the development of multicultural competence*. Proceedings of the University of Wisconsin, Madison Conference on Social Justice Through Counseling, Madison, WI (Contributors listed alphabetically).
3. **McKay, K. M.** & Woods, T.E. (January, 2005). *All Complementary Treatments are not Created Equal: A Meta-Analysis of Clinical Trials of Complementary Cancer Treatments*. Proceedings of the American Psychosocial Oncology Society, Phoenix, AZ
4. **McKay, K. M.**, Imel, Z. E., & Wampold, B. E. (April, 2005). *Provider Effects in the Psychopharmacological Treatment of Depression*. Proceedings of the Wisconsin Psychological Association, Middleton, WI.
5. **McKay, K. M.**, Imel, Z. E., & Wampold, B. E. (November, 2005). *Provider Effects in the Psychopharmacological Treatment of Depression*. Proceedings of the Society of Psychotherapy Research, Madison, WI.

6. **McKay, K. M.** (February, 2006). *Exploring the Medical Versus Contextual Model in Psychosocial Oncology*. Proceedings of the American Psychosocial Oncology Society, Amelia Island, FL.
7. Imel, Z.E., Malterer, M., **McKay, K.M.**, & Wampold, B.E. (2006, June). Null again!? *A meta-analysis of medication vs. psychotherapy comparison trials for depression*. Poster presented at the 37th annual meeting of the International Society for Psychotherapy Research, Edinburgh, UK.
8. Shilling, H., Nelson, M.L., **McKay, K.M.**, Fillingame, L., & Guequierre, L. (August, 2006). *Boys' body dissatisfaction, thinness, muscularity, and negative evaluation concern*. Proceedings of the American Psychological Association, New Orleans, LA.
9. **McKay, K.M.** (October, 2006). *How efficacious is Dialectical Behavior Therapy in the treatment of Borderline personality disorder? A preliminary meta-analysis to estimate the absolute efficacy of DBT*. Proceedings of the Illinois Psychological Association, Naperville, IL.
10. **McKay, K.M.** & Imel, Z.I. (October, 2006). *Psychiatrist effects in the psychopharmacological treatment of depression*. Proceedings of the North American Society for Psychotherapy Research, Burr Oak, OH.
11. **McKay, K.M.** & Woods, T.E. (March, 2007). *Treatment-specific and contextual effects in supportive-expressive group therapy and stress-management and relaxation training: A preliminary report*. Proceedings of the American Psychosocial Oncology Society, Austin, TX.
12. Nelson, M.L., Guequierre, L.L., Shilling, H.N., Kring, S.R., Fillingame, L.K., & **McKay, K.M.** (August, 2007). *Adolescents' experience of appearance oppression at school: A qualitative analysis*. Proceedings of the American Psychological Association, San Francisco, CA.
13. Nelson, M.L., Guequierre, L.L., Shilling, H.N., Fillingame, L.K., Kring, S.R., Dvorscek, M.J., Rigali, M., Deruyter, J., & **McKay, K.M.** (August, 2007). *Sociocultural predictors of body dissatisfaction in adolescents: A path model*. Proceedings of the American Psychological Association, San Francisco, CA.
14. Howard, K.A.S., **McKay, K.M.**, & Budge, S.L. (August, 2007). *Youth exposed to violence: The role of protective factors*. Proceedings of the American Psychological Association, San Francisco, CA.
15. **McKay, K.M.**, Imel, Z.E., Woods, T.E., & Hoyt, W.T. (April, 2009). *Drop-Out in Psychosocial Oncology Treatment: A Comparison of Group- and Treatment-Effects in a Mixed Cancer Sample*. Proceedings of the Society of Behavioral Medicine, Montreal, Canada.
16. **McKay, K.M.** (October, 2011). *Supervising Behavioral Health Services in Integrated Primary Care*. Proceedings of the Collaborative Family Healthcare Association. Philadelphia, PA.
17. Trotter, D.R.M., **McKay, K.M.** & Zhou, E.S. (October, 2012). *Behavioral Health Assessment in Integrated Primary Care: Conventions, Alternatives, and the Mini International Neuropsychiatric Interview*. Proceedings of the Collaborative Family Healthcare Association. Austin, TX.

INVITED PRESENTATIONS

1. Nash, J.M. & **McKay, K.M.** (January, 2011). *Essential Competencies for Integrated Primary Care*. Proceedings of the Association of Psychologists in Academic Health Centers, Boston, Massachusetts.

UNIVERSITY/HOSPITAL PRESENTATIONS

- | | |
|-----------------|--|
| April, 2008 | Psychiatrist Effects in the Psychopharmacological Treatment of Depression
Department of Orthopedic Surgery and Rehabilitation
University of Wisconsin Hospital and Clinics |
| May, 2008 | Introduction to Clinical Hypnosis
Paul P. Carbone Comprehensive Cancer Center
University of Wisconsin Hospital and Clinics |
| September, 2008 | Clinical Hypnosis in Oncology
Department of Radiation Oncology
Rhode Island Hospital |
| September, 2008 | Psychological Assessment and Intervention in Organ Transplantation
Brown University Clinical Psychology Training Consortium
Behavioral Medicine Seminar Series |
| December, 2009 | Psychiatrist Effects: The Physician as a Means and Provider of Treatment
Department of Psychiatry
Butler Hospital |
| 2009 to 2011 | Introduction to Primary Care Psychology
Brown University Clinical Psychology Training Consortium
Behavioral Medicine Seminar Series |
| 2009 to 2011 | Introduction and Application of the Developmental Model of Supervision
Brown University Clinical Psychology Training Consortium
Behavioral Medicine Seminar Series |
| October, 2013 | Introduction to Cognitive-Behavioral Therapy for Chronic Pain
Nursing Committee
Providence Veterans Affairs Medical Center |
| 2012 to Present | Peer Supervision Seminar Series (4 Sessions)
Brown University Clinical Psychology Training Consortium
Behavioral Medicine Seminar Series |

2014 to Present Psychological Assessment and Treatment of Chronic Pain
Brown University Clinical Psychology Training Consortium
Behavioral Medicine Seminar Series

UNIVERSITY/HOSPITAL TEACHING ROLES

September, 2002 to July, 2005	Teaching Assistant, Experimental Psychology (1 section per semester, 8 undergraduate students each) Department of Psychology, University of Wisconsin, Madison
June, 2003 to July, 2003	Teaching Assistant, Research in Guidance and Counseling (1 section, 15 graduate students) Department of Counseling Psychology, University of Wisconsin, Madison
September, 2004 to December, 2004	Co-Instructor, Theories of Counseling (1 section, 25 graduate students) Department of Counseling Psychology, University of Wisconsin, Madison
September, 2004 to December, 2004	Teaching Assistant, Career Development Throughout the Lifespan (1 section, 25 undergraduate/graduate students) Department of Counseling Psychology, University of Wisconsin, Madison
September, 2004 to May, 2005	Teaching Assistant, Theory and Practice of Interviewing (1 section, 10 undergraduate students) Department of Counseling Psychology, University of Wisconsin, Madison
January, 2005 to May, 2005	Teaching Assistant, Theory and Practice of Group Work for Counselors (1 section, 25 graduate students) Department of Counseling Psychology, University of Wisconsin, Madison
September, 2005 to May, 2006	Clinical Supervisor, Pre-Master's Externs Department of Counseling Psychology, University of Wisconsin, Madison
January, 2005 to May, 2005	Practicum Supervisor, Pre-Master's Externs Department of Counseling Psychology, University of Wisconsin, Madison

September, 2008 to November, 2011	Clinical Supervisor, Pre-Doctoral Interns Behavioral Medicine, The Miriam Hospital Rotation A Brown University Clinical Psychology Training Consortium
November, 2011 to July, 2015	Clinical Supervisor, Pre-Doctoral Interns Behavioral Medicine, VA Primary Care Rotation Brown University Clinical Psychology Training Consortium
November, 2011 to Present	Cognitive-Behavioral Therapy Supervisor, Psychiatry Residents Brown University Department of Psychiatry & Human Behavior
March, 2012 to Present	Behavioral Medicine Peer Supervision Coordinator Behavioral Medicine, Professional Seminar Series Brown University Clinical Psychology Training Consortium
September, 2013 to Present	Clinical Supervisor, Post-Doctoral Fellows Behavioral Medicine, Primary Care Behavioral Health Brown University Clinical Psychology Training Consortium
July, 2015 to Present	Primary Supervisor, Pre-Doctoral Interns Behavioral Medicine, VA Primary Care Rotation Brown University Clinical Psychology Training Consortium