

CURRICULUM VITAE
Katharine C. Reynolds, Ph.D.

Hasbro Children's Partial Hospital Program
593 Eddy Street, Potter-B
Providence, RI 02903
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EDUCATION

Undergraduate	B.A., Vassar College, Poughkeepsie, NY, May 2009 Major: Psychology
Graduate	M.A., University of Houston, Houston, TX, May 2014 Major: Psychology Master's Thesis: Childhood sleep problems as predictors of adolescent internalizing symptoms: The intermediary role of emotional reactivity Ph.D., University of Houston, Houston, TX, August 2017 Major: Clinical Psychology Specialty: Child Clinical Track Dissertation: Impact of Experimental Sleep Extension on Adolescent Social Emotion Regulation
Residency	Alpert Medical School of Brown University, Providence, RI July 2016 – June 2017 APA accredited pre-doctoral internship in Clinical Child Psychology Psychology resident, pediatric psychology track

POSTGRADUATE TRAINING

Fellowship	Alpert Medical School of Brown University, Providence, RI September 2017 – September 2018 APA accredited Post-Doctoral Fellowship in Clinical Child Psychology Pediatric Psychology Fellow
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HONORS & AWARDS

2018	Postdoctoral Fellow Research Poster, Second Prize MindBrain Research Day
2016	National Psychologist Trainee Register Credentialing Scholarship
2016	Trainee Merit Based Abstract Award, Sleep Research Society

Revised 1/20/2020

2012-2016	University of Houston Travel Award (x7)
2015	Dissertation Grant Award, Society for a Science of Clinical Psychology
2012	First Time Attendee Travel Award, Sleep Research Society
2012	Honorable Mention Merit Based Abstract Award, Sleep Research Society

PROFESSIONAL LICENSURE

2018 – Present	Psychologist – State of Rhode Island # PS01708
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ACADEMIC APPOINTMENTS

2019 – Present	Clinical Instructor, Department of Psychiatric and Human Behavior Alpert Medical School of Brown University
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HOSPITAL APPOINTMENTS

2018 – Present	Staff Psychologist, Hasbro Children's Hospital, Providence, RI Hasbro Children's Partial Hospital Program, Rhode Island Hospital
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OTHER APPOINTMENTS

Co-Director, Hasbro Partial Hospital Program Research Team (2019 – present)

Child and Youth Care Forum, Ad hoc reviewer
Child Development, Ad hoc reviewer
Developmental Neurorehabilitation, Ad hoc reviewer
Journal of Abnormal Child Psychology, Ad hoc reviewer
Journal of Affective Disorders, Ad hoc reviewer
Journal of Autism and Developmental Disorders, Ad hoc reviewer
Journal of Clinical Medicine, Ad hoc reviewer
Journal of Pediatric Psychology, Ad hoc reviewer
SLEEP, Ad hoc reviewer
Sleep Medicine, Ad hoc reviewer

MEMBERSHIP IN SOCIETIES

2011 – Present	Sleep Research Society (SRS)
2012 – Present	Association for Behavioral and Cognitive Therapies (ABCT)
2013 – Present	American Psychological Association Division 53: Society of Clinical Child and Adolescent Psychology

PUBLICATION LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Kim, K.L., **Reynolds, K.C.**, & Alfano, C.A. (2012). Social impairment in children with obsessive compulsive disorder: Do comorbid problems of inattention and hyperactivity matter?. *Journal of Obsessive-Compulsive and Related Disorders*, 1, 288-233.
<http://dx.doi.org/10.1016/j.jocrd.2012.06.005>
2. Alfano, C.A., **Reynolds, K.**, Scott, N., Dahl, R.E., & Mellman, T.A. (2013). Polysomnographic sleep patterns of non-depressed, non-medicated children with generalized anxiety disorder. *Journal of Affective Disorders*, 147, 379-384.
doi:10.1016/j.jad.2012.08.015
3. Alfano, C.A., Smith, V.C., **Reynolds, K.C.**, Reddy, R., & Dougherty, L.R. (2013). The parent-child sleep interactions scale (PSIS) for preschoolers: Factor structure and initial psychometric properties. *Journal of Clinical Sleep Medicine*, 9(11), 1153–1160.
<http://dx.doi.org/10.5664/jcsm.3156>
4. Alfano, C. A., Reddy, R., **Reynolds, K.C.**, Pane, H., Reuter, T., & Sharp, C. (2014). Poor sleep quality is associated with decreased emotional arousal in healthy girls. *Journal of Experimental Psychopathology*, 5(2), 168-177. doi: <http://dx.doi.org/10.5127/jep.033312>
5. Cowie, J., Alfano, C. A., Patriquin, M. A., **Reynolds, K.C.**, Talavera, D., & Clementi, M. A. (2014). Addressing sleep in children with anxiety disorders. *Sleep Medicine Clinics*, 9(2), 137-148. doi:10.1016/j.jsmc.2014.02.001
6. **Reynolds, K.C.**, Gradisar, M. & Alfano, C.A. (2015). Sleep in children and adolescents with obsessive compulsive disorder (OCD). *Sleep Medicine Clinics*, 10(2), 133-141. doi: 10.1016/j.jsmc.2015.02.006
7. **Reynolds, K.C.** & Alfano, C.A. (2016). Things that go bump in the night: Frequency and predictors of nightmares in anxious and non-anxious children. *Behavioral Sleep Medicine*, 14(4), 442-456. doi:10.1080/15402002.2015.1017099
8. **Reynolds, K.C.**, & Alfano, C.A. (2016). Childhood bedtime problems predict adolescent internalizing symptoms through intermediary emotional reactivity. *Journal of Pediatric Psychology*, 41, 971-982. doi: 10.1093/jpepsy/jsw014
9. **Reynolds, K.C.**, Patriquin, M., Alfano, C.A., Loveland, K.A., & Pearson, D.A. (2017). Parent-reported problematic sleep behaviors in children with comorbid autism spectrum disorder and attention-deficit/hyperactivity disorder. *Research in Autism Spectrum Disorders*, 39, 20-32.
10. **Reynolds, K.C.**, Boergers, J., Kopel, S.J., & Koinis-Mitchell, D. (2018). Multiple co-morbid conditions, sleep quality and duration, and academic performance in urban children with asthma. *Journal of Pediatric Psychology*, 43(9), 943-954.

PUBLICATIONS SUBMITTED OR IN PREPARATION

1. **Reynolds, K.C.**, Boergers, J., Koinis-Mitchell, D., Hagin, S., McQuaid, E., Nassau, J., Seifer, R., Shapiro, J., Leleiko, N., & Lobato, D. (in preparation). Sleep and associated psychological symptoms in children with inflammatory bowel disease.
2. Nassau, J., Fliegelman, S., **Reynolds, K.C.**, DeJesus, B. (in preparation). Change in Illness Beliefs among Families and Children Admitted to the Hasbro Partial Hospital Program.

ABSTRACTS

*Indicates Mentee

1. Cumba, D. R., Kim, K. L., **Reynolds, K.C.**, Mentriskoski, J., & Alfano, C. A. (March, 2010) Parent versus child perceptions of sleep problems among children diagnosed with anxiety disorders. Poster session presented at the annual Anxiety Disorders Association of America (ADAA) Conference, Baltimore, MD.
2. Alfano, C.A., Cumba, D.R., **Reynolds, K.C.** & Kim, K.L. (November, 2010). Parent versus child perceptions of sleep problems among children with anxiety disorders and community controls. Paper presented at the annual meeting of the Association for Behavior and Cognitive Therapies (ABCT), San Francisco, CA.
3. **Reynolds, K.C.**, Kim, K.L., Parr, A.P., & Alfano, C.A. (March, 2011). Parental psychopathology & parenting stress as predictors of CBT session attendance within a community-based child anxiety clinic. Poster session presented at the annual Anxiety Disorders Association of America (ADAA) Conference, New Orleans, LA.
4. Zakarin, E.B., Kim, K.L., **Reynolds, K.C.**, Mellman, T.A., & Alfano, C.A. (June, 2011). Objective Sleep Abnormalities as a Potential Pathway from Childhood Generalized Anxiety Disorder (GAD) to Depression in Adulthood. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Minneapolis, Minnesota.
5. Reddy, R., **Reynolds, K.C.**, Balderas, J., Kushnir, J., & Alfano, C.A. (June, 2012). Discrepancies between Parent Reported and Objectively-Assessed Sleep in Anxious and Healthy Children. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Boston, Massachusetts.
6. **Reynolds, K.C.**, Reddy, R., Kushnir, J., & Alfano, C.A. (June, 2012). Actigraphy-based Sleep in Childhood Generalized Anxiety Disorder: Weekend vs. Weekday Sleep Patterns in Comparison to Healthy Controls. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Boston, Massachusetts.
7. Reddy, R., **Reynolds, K.C.**, Balderas, J., Reuter, T., Pane, H., Rice, J., Kushnir, J., Sharp, C., & Alfano, C.A. (November, 2012). Difficulty sleeping is related to negative emotional appraisals in healthy, anxious and depressed youth. Poster presented at the

- annual meeting of the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
8. **Reynolds, K.C.**, Reddy, R., Balderas, J., Smith, V., Kushnir, J., Dougherty, L.R. & Alfano, C.A. (November, 2012). Initial Psychometric Properties of the Parent-Child Sleep Interaction Scale (PC SIS) in Preschoolers. Poster presented at the annual meeting of the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
 9. Alfano, C.A., Reddy, R., **Reynolds, K.C.**, Pane, H.T., Reuter, T., Sharp, C. (April, 2013). Poor sleep quality is associated with decreased emotional arousal in healthy girls. Paper presented at the Biennial Meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
 10. Cowie, J., Reddy, R., **Reynolds, K.**, Balderas, J., Alfano, C. (June, 2013). Pre-Sleep Predictors of Sleep Onset Latency in Clinically-Anxious and Healthy Children. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Baltimore, Maryland.
 11. Balderas, J., **Reynolds, K.**, Cowie, J., Alfano, C. (June, 2013). Child Internalizing Problems mediates the relation between Parenting Stress during infancy and Child Sleep Problems at age 3. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Baltimore, Maryland.
 12. Cowie, J., Clementi, M., Reddy, R., **Reynolds, K.C.**, Alfano, C.A. (November, 2013). Intolerance of Uncertainty in Children with Generalized Anxiety Disorder: A Comparison with Healthy Controls. Poster presented at the annual meeting of the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN
 13. **Reynolds, K.C.**, Alfano, C.A. (November, 2013). Specific Childhood Sleep Problems Forecast Adolescent Internalizing Problems: Mechanisms and Risk Factors. Poster presented at the annual meeting of the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.
 14. **Reynolds, K.C.**, Grochett, C., Alfano, C.A. (June, 2014). Frequent Nightmares In Children With Generalized Anxiety Disorder: Primary, Secondary Or Presumed Phenomena? Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Minneapolis, MN.
 15. **Reynolds, K.C.** Pearson, D. (September, 2014). Sleep Problems with Autism Spectrum Disorder and Attention Deficit/Hyperactivity Disorder. Poster presented at the Third Annual LoneStar LEND conference, Houston, TX.
 16. **Reynolds, K.C.**, Alfano, C.A. (April, 2015). Childhood Sleep Problems as Predictors of Adolescent Internalizing Symptoms: The Intermediary Role of Emotional Reactivity. Paper presented at the annual Anxiety Disorders Association of America (ADAA) Conference, Miami, FL.
 17. Najm, J., Palmer, C., **Reynolds, K.C.**, Alfano, C.A. (June, 2015). Sleep Misperception and its Clinical Correlates in Children with Anxiety Disorders. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Seattle, WA.

18. **Reynolds, K.C.**, Palmer, C., Alfano, C.A. (April, 2016). REM Sleep and Stressful Life Events Interact Differently for Youth with GAD and Healthy Controls. Paper presented at the Clinical Psychology Research Showcase Day at the University of Houston, Houston, TX.
19. **Reynolds, K.C.**, Palmer, C., Alfano, C.A. (June, 2016). REM Sleep and Stressful Life Event Interactions differ for Youth with GAD and Healthy Controls. Poster presented at the annual Meeting of the Associated Professional Sleep Societies (SLEEP), Denver, CO.
20. **Reynolds, K.C.**, Boergers, J., Kopel, S.J., & Koinis-Mitchell, D. (March, 2017). Multiple co-morbid conditions, sleep quality and duration, and academic performance in urban children with asthma. Poster presented at the Mind Brain Research Day at Brown University, Providence, RI.
21. **Reynolds, K.C.**, Patriquin, M., Alfano, C.A., Loveland, K.A., Pearson, D.A. (May, 2017). Parent-Reported Sleep Problems in Children with Comorbid Autism Spectrum Disorder and Attention-Deficit/Hyperactivity. Poster presented to the International Meeting for Autism Research (IMAR), San Francisco, CA.
22. **Reynolds, K.C.**, Boergers, J., Koinis-Mitchell, D., Hagin, S., McQuaid, E., Nassau, J., Seifer, R., Shapiro, J., Leleiko, N. & Lobato, D. (November, 2017). Sleep in children with inflammatory bowel disease. Poster and presentation presented at the Ninth Biennial Pediatric Sleep Medicine Meeting, Amelia Island, FL.
23. **Reynolds, K.C.**, Cooperstein, G. Bala, K., DeJesus, B., Cruz, C., Houck, C., Rickerby, M., DerMarderosian, D., & Nassau, J. (March, 2018). Change in Illness Beliefs among Families and Children Admitted to the Hasbro Partial Hospital Program. Poster presented at the Mind Brain Research Day at Brown University, Providence, RI.
24. **Reynolds, K.C.** & Alfano, C.A. (April, 2018). Extending sleep by 30-minutes facilitates appropriate emotional responses in adolescents. Poster presented at the Society of Pediatric Psychology Annual Conference, Orlando, FL.
25. *Phetmisy, C., *Martinez, C., Alfano, C.A., & **Reynolds, K.C.** (April, 2018). Social Competence and Loneliness in Healthy Teens: Does Technology Use Matter?. Poster presented to the annual meeting of the Southwestern Psychological Association (SWPA), Houston, TX.
26. **Reynolds, K.C.** & Alfano, C.A. (May, 2018). Extending Sleep By 30-Minutes Facilitates Appropriate Emotional Responses in Adolescents. Paper presented to the Association of Psychological Science (APS), San Francisco, CA.
27. *Fligelman, S., **Reynolds, K.C.**, DeJesus, B., Crook, A., Cruz, C., DerMarderosian, D., & Nassau, J. (March, 2019). Changes in Parental Perception of Bedtime Resistance and Sleep Onset Latency Following Admission to the Hasbro Children's Partial Hospital Program. Poster presented at the Mind Brain Research Day at Brown University, Providence, RI.
28. Dunbar, E.P., Goldschmidt, A., Tortolani, C., Olson, K., Nassau, J., DerMarderosian, D., Fligelman, S., **Reynolds, K.**, DeJesus, B., Crook, A., Cruz, C., & Busse, M. (March, 2019). Self and caregiver illness beliefs in an adolescent eating disorder sample. Poster presented at the Mind Brain Research Day at Brown University, Providence, RI.

29. **Reynolds, K.C.**, Fligelman, S., DeJesus, B., Crook, A., Cruz, C., DerMarderosian, D. & Nassau, J. (November, 2019). Changes in parental perception of sleep following admission to a med-psych partial hospital program. Presented at the Pediatric Sleep Medicine Conference in Naples, FL.

UNIVERSITY TEACHING ROLES

Guest Lecturer, October 2018

Lecture - “The Path to Licensure”, Post-Doctoral Fellow Clinical Psychology Seminar Series
Alpert School of Medicine, Brown University, Providence, RI

Guest Lecturer, October 2018

Lecture - “Experimental Methodologies to Study Sleep and Emotion” in Novel Research in
Clinical and Health Psychology course
Rutgers University, Trenton, NJ

Instructor, Spring 2016

Child Development - University of Houston, Houston, TX

Instructor, Fall 2015

Child Development - University of Houston, Houston, TX

Instructor, Summer 2016

Child Development - University of Houston, Houston, TX

Lab Instructor, Spring 2015

Introduction to Research Methods in Psychology - University of Houston, Houston, TX

Lab Instructor, Fall 2014

Introduction to Research Methods in Psychology - University of Houston, Houston, TX

HOSPITAL TEACHING ROLES

Presenter, January 2020

Panel Discussion – “Treating Anxiety in a Partial Hospital Program”
Hasbro Children’s Partial Hospital Program Learning Series, Rhode Island Hospital, Providence,
RI

Clinical Supervisor, Predoctoral Internship Program in Pediatric Psychology, Rhode Island
Hospital, The Warren Alpert Medical School of Brown University, 2018-present

Clinical Supervisor, Postdoctoral Internship Program in Pediatric Psychology, Rhode Island
Hospital, The Warren Alpert Medical School of Brown University, 2018-2019