

## CURRICULUM VITAE

**KRISTEN C. STONE, Ph.D.**

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 Women & Infants Hospital  
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EDUCATION

Undergraduate	Tennessee Technological University & University of Sunderland (UK), English, B.A. 1996, <i>magna cum laude</i>
Graduate	The University of Memphis, Psychology, M.S., 2005
Certificate	The University of Memphis, Public Health, 2005-2006
Graduate	The University of Memphis, Clinical Psychology, 2002-2007, Ph.D., 2007

PRE- AND POSTDOCTORAL TRAINING

Internship	Brown Alpert Medical School, Dept of Psychiatry & Human Behavior, Box G-BH, Brown University, Providence, RI 02912, predoctoral, APA-approved, Behavioral Medicine specialty, 2006-2007
Fellowship	Brown University, Center for Alcohol and Addiction Studies, Box G-S121-5, Brown University, Providence, RI 02912, postdoctoral, APA-approved, Addiction, Sleep, and Development specialties, 2007-2009

POSTGRADUATE HONORS AND AWARDS

NIDA Postdoctoral Fellowship, 2007-2009  
 Early Career Distinguished Research Award, *Behavioral Sleep Medicine*, 2008

American Academy of Sleep Medicine Abstract Press Release, June 10, 2008

Women & Infants Hospital Press Release, 2010

*JAMA/Archives* Press Release May 3, 2010

Editorial highlighting “Longitudinal study of maternal report of sleep problems in children with prenatal exposure to cocaine and other drugs” in *Behavioral Sleep Medicine*, 7

Editorial highlighting “Sleep problems in children with prenatal substance exposure: The Maternal Lifestyle Study” in *Archives of Pediatrics & Adolescent Medicine*, 164

### PROFESSIONAL LICENSE

Rhode Island Clinical Psychology License #PSO1078, July 2008

### ACADEMIC APPOINTMENT

Assistant Professor, Brown Alpert Medical School, Department of Psychiatry and Human Behavior, 2009 –

Director of Training, RICBT *Cognitive Behavioral Therapy and Coaching*, 2020 –

### HOSPITAL APPOINTMENTS

Clinical Psychologist, Women & Infants Hospital, 2009 –

WOC provider in Research Service, Veterans Affairs Medical Center, 2010 – 2012

### CLINICAL APPOINTMENTS

Health Educator, Brown University, 2007-2008

Clinical Psychologist, RICBT *Cognitive Behavioral Therapy and Coaching*, 2008 –

Clinical Psychologist, Women & Infants Hospital, 2012 –

### OTHER APPOINTMENTS

Sleep Research Society Small Research Grant Reviewer, 2022

Member of the Pipeline Development Committee, Sleep Research Society, 2022 - 2025

Member of NIH Special Emphasis Panel for Brain Disorders & Clinical Neuroscience Scientific Review Group, 2010

Reviewer, *Physiology and Behavior*, 2018

Reviewer, *Archives of Women’s Mental Health*, 2017

Ad-hoc Reviewer, *Behavioral Sleep Medicine*, 2007 – present

Ad-hoc Reviewer, *Journal of Consulting and Clinical Psychology*, 2008 -- present

Ad-hoc Reviewer, *Nicotine & Tobacco Research*, 2008

Ad-hoc Reviewer, *Psychiatry Research*, 2008

Ad-hoc Reviewer, *Pediatrics*, 2010 -- present

Ad-hoc Reviewer, *Journal of Clinical Child & Adolescent Psychology*, 2011

Ad-hoc Reviewer, *Sleep Medicine*, 2012— present

Ad-hoc Reviewer, *Paediatric & Perinatal Epidemiology*, 2013



Ad-hoc Reviewer, *American Journal of Lifestyle Medicine*, 2013

Ad-hoc Reviewer, *Physiological Research*, 2013

#### UNIVERSITY COMMITTEES

Training Committee, Intern Representative, Brown University Psychology Training Consortium, 2006-2007

#### MEMBERSHIP IN SOCIETIES

Sleep Research Society

Society of Behavioral Sleep Medicine

International Centre for Excellence in Emotionally Focused Therapy

American Academy of Sleep Medicine, 2009 - 2014

American Psychological Association, 2005 - 2009

Association for Behavioral and Cognitive Therapies, 2003 - 2005

#### PUBLICATION LIST

##### ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

Lichstein, K. L., **Stone, K. C.**, Donaldson, J., Nau, S. D., Soeffing, J. P., Murray, D., Lester, K. W., & Aguillard, R. N. (2006). Actigraphy validation with insomnia. *Sleep*, *29*, 232-239.

Leventhal, A. M., Kahler, C. W., Ray, L. A., **Stone, K. C.**, Young, D., Chelminski, I., & Zimmerman, M. (2008). Anhedonia and amotivation in psychiatric outpatients with fully remitted stimulant use disorder. *American Journal of Addictions*, *17*, 218-223.

Sanford, S. D., Bush, A. J., **Stone, K. C.**, Lichstein, K. L., & Aguillard, N. (2008). Psychometric evaluation of the Beck Anxiety Inventory: A sample with sleep-disordered breathing. *Behavioral Sleep Medicine*, *6*, 193-205.

**Stone, K. C.**, High, P. C., Miller-Loncar, C. L., LaGasse, L. L., & Lester, B. M. (2009). Longitudinal study of maternal report of sleep problems in children with prenatal exposure to cocaine and other drugs. *Behavioral Sleep Medicine*, *7*, 196-207. PMID2766926

**Stone, K. C.**, LaGasse, L. L., Lester, B. M., Shankaran, S., Bada, H. S., Bauer, C. R., & Hammond, J. A. (2010). Sleep problems in children with prenatal substance exposure: The Maternal Lifestyle Study. *Archives of Pediatrics & Adolescent Medicine*, *164*, 452-456. PMID20439796. PMID2917192

**Stone, K. C.**, Cuellar, C. R., Loncar-Miller, C. L., LaGasse, L. L., & Lester, B. M. (2015). Poor actigraphic and self-report sleep patterns predict delinquency and other daytime impairment among at-risk adolescents. *Sleep Health*, *1*, 177-183.  
<http://dx.doi.org/10.1016/j.sleh.2015.06.004>

**Stone, K. C.,** Salisbury, A. L., Miller-Loncar, C. L., Mattera, J. A., Battle, C. L., Johnsen, D. M., & O'Grady, K. E. (2017). Pregnancy and postpartum antidepressant use moderates the effects of sleep on depression. *Archives of Women's Mental Health*. doi:10.1007/s00737-017-0726-9.

**Stone, K. C.** (2023). Postpartum Behavioral Sleep Intervention for Smoking Relapse Prevention: A Pilot Trial. *Maternal and Child Health Journal*. doi: 10.1007/s10995-022-03575-3.

#### OTHER PEER-REVIEWED PUBLICATIONS

Nau, S. D., McCrae, C. S., **Cook (Stone), K.,** & Lichstein, K. L. (2005). Treatment of insomnia in older adults. *Clinical Psychology Review, 25*, 645-672.

Lichstein, K. L., **Stone, K. C.,** Nau, S. D., McCrae, C. S., & Payne, K. L. (2006). Insomnia in the elderly. *Sleep Medicine Clinics, 1*, 221-229.

**Stone, K. C.,** Taylor, D. J., McCrae, C. S., Kalsekar, A., & Lichstein, K. L. (2008). Nonrestorative sleep. *Sleep Medicine Review, 12*, 275-288.

#### BOOKS AND BOOK CHAPTERS

Lichstein, K. L., Nau, S. D., McCrae, C. S., & **Stone, K. C.** (2005). Psychological and behavioral treatments for secondary insomnias. In M. H. Kryger, T. Roth, & W. C. Dement (Eds.), *Principles and practice of sleep medicine* (4<sup>th</sup> ed., pp. 738-748). Philadelphia: Saunders.

**Cook (Stone), K.,** Nau, S. D., & Lichstein, K. L. (2005). Behavioral treatment of late-life insomnia. In L. VandeCreek (Ed.), *Innovations in clinical practice: Focus on adults* (pp. 65-81). Sarasota, FL: Professional Resource Press.

Lichstein, K. L., Gellis, L. A., **Stone, K. C.,** & Nau, S. D. (2006). Primary and secondary insomnia. In S. R. Pandi-Perumal & J. M. Monti (Eds.), *Clinical pharmacology of sleep* (pp. 1-9). Basel, Switzerland: Birkhauser Verlag.

**Stone, K. C.,** Booth, A. K., & Lichstein, K. L. (2008). Cognitive and behavioral treatments for late-life insomnia. In D. Gallagher-Thompson, A. Steffen, & L. W. Thompson (Eds.) *Handbook of behavioral and cognitive therapies with older adults* (pp. 48-60). New York: Springer.

#### PEER-REVIEWED PUBLISHED ABSTRACTS

**Cook (Stone), K.,** Lichstein, K. L., Donaldson, J., Nau, S. D., Lester, K. W., & Aguillard, R. N. (2004). An exploratory validation of actigraphic measures of insomnia. *Sleep, 27*, A270.

**Stone, K. C.,** High, P. C., & Lester, B. M. (2007). Sleep in children with prenatal cocaine exposure. *Sleep, 30*, A86.

**Stone, K. C.,** Britton, W. B., Acebo, C., & Carskadon, M. A. (2007). Adolescent alcohol use associated with adolescent sleep and sleepiness. *Sleep, 30*, A85.

**Stone, K. C.,** & Leventhal, A. M. (2008, March). *Associations between sleeping difficulties and smoking characteristics*. Poster presentation at Brown University Research Day, March 27.

**Stone, K. C.,** High, P. C., Miller-Loncar, C. L., LaGasse, L. L., & Lester, B. M. (2008). Sleep in children with prenatal drug exposure. *Sleep, 31*, A83.

**Stone, K. C.,** Britton, W.B., Acebo, C., & Carskadon, M.A. (2008). Sex differences in human adolescent nocturnal activity: Implications for actigraphic sleep measurement. *Sleep, 31*, A345

**Stone, K. C.,** Hinckley, M. H., Hooks, M. C., Miller-Loncar, C. L., LaGasse, L. L., Lester, B. M. (2009). Body mass index predicts sleep problems and daytime impairment in at-risk adolescents. *Sleep, 32*, A107.

Elofson, J.E., **Stone, K. C.,** Hooks, M. C., Hinckley, M. H., Miller-Loncar, C. L., LaGasse, L. L., Lester, B. M. (2009). Parenting effects on sleep patterns of at-risk adolescents. *Sleep, 32*, A109.

**Stone, K. C.,** Miller-Loncar, C. L., LaGasse, L. L., Lester, B. M. (2010). Associations between parental substance use and adolescent sleep patterns. *Sleep, 33*, A342.

Riesen, G., **Stone, K. C.,** Miller-Loncar, C. L., LaGasse, L. L., Lester, B. M. (2010). Nighttime sleep duration and daytime sleepiness predict napping in at-risk adolescents. *Sleep, 33*, A319.

Cuellar, C. R., **Stone, K. C.,** Miller-Loncar, C. L., LaGasse, L. L., & Lester, B. M. (2011). Actigraphic sleep patterns of minority adolescents. *Sleep, 34*, A275.

Donie, S. K., Claffey, D. J., & **Stone, K. C.** (2011). Sleep timing during postpartum weeks 1 and 7. *Sleep, 34*, A321.

**Stone, K. C.** (2011). Effects of a behavioral sleep intervention on postpartum sleep. *Sleep, 34*, A320.

**Stone, K. C.** (2012). Effects of a Behavioral Sleep Intervention on Postpartum Sleep – A Randomized Pilot Trial. *Sleep, 35*, A415.

**Stone, K. C.,** Miller-Loncar, C. L., & Salisbury, A. L. (2014). Sleep quality in pregnancy predicts postpartum depression and stress, *SLEEP, 37*, A269.

**Stone, K. C.,** Salisbury, A. L., Miller-Loncar, C. L., Mattered, J. A., & Johnsen, D. M. (2016). Combined hypnotic and antidepressant treatment: Potential moderator of change in perinatal depression severity over time, *SLEEP, 39*, A294-A295.

**Stone, K. C.,** Salisbury, A. L., Miller-Loncar, C. L., Mattered, J. A., & Johnsen, D. M. (2017). Pregnancy and postpartum antidepressant use moderates the effects of subjective sleep quality on depression severity, *SLEEP, 40*, A411. <https://doi.org/10.1093/sleepj/zsx050.1102>

Mattera, J. A., Stone, K. C., & Salisbury, A. L. (2019). Longitudinal and multimodal sleep assessment in children of mothers with depression during pregnancy: Prenatal antidepressant exposure associated with decreased sleep duration at 18-months and earlier sleep schedules at 18- and 36-months, *SLEEP*, *41*, A313. <https://doi.org/10.1093/sleep/zsz067.778>

#### EXTERNAL GRANT REVIEW

- 09/2010 Special Emphasis Panel/Scientific Review Group Brain Disorders & Clinical Neuroscience, 2010  
 11/2022 Sleep Research Society Small Research Grant

#### INVITED PRESENTATIONS

1. *Validating Actigraphy with Insomnia: Part I*, Psychology Department, Behavioral Sleep Medicine Seminar, The University of Memphis, 2004
2. *Validating Actigraphy with Insomnia: Part II*, Psychology Department, Behavioral Sleep Medicine Seminar, The University of Memphis, 2005
3. *Actigraphic and Subjective Sleep in Adolescents with and without Prenatal Cocaine Exposure: What Does Sleep Have to Say?*, Brown Center for the Study of Children at Risk, Journal Club, Providence, RI, 2007
4. *Mother-report Sleep Problems in Children with Prenatal Exposure to Cocaine and Other Drugs*, Cephalon, Providence Sleep Research Interest Group, Providence, RI, 2007
5. *Sleep in Children with Prenatal Drug Exposure*, Developmental and Behavioral Pediatrics Fellows of Warren Alpert Medical School of Brown University, Providence, RI, 2007
6. *Clinical Pearls for Treating Older Adults with Insomnia*, Family Medicine Residents of Meharry Medical College, Nashville, TN, 2007
7. *A Sleep-Shield Against Addiction? Investigating the Interacting Roles of Drug Exposure and Problematic Sleep*, Undergraduate Psychology Seminar Series, East Tennessee State University, Johnson City, TN, 2007
8. *Clarifying the Link between Sleep and Addiction: Implications for Catching Z's and Kicking the Habit*, College of Public Health, East Tennessee State University, Johnson City, TN, 2009
9. *Clarifying the Link between Sleep and Addiction: Implications for Catching Z's and Kicking the Habit*, Department of Psychology, Southern Illinois University, Carbondale, IL, 2009
10. *Clarifying the Link between Sleep and Addiction: Implications for Catching Z's and Kicking the Habit*, Department of Psychology, University of Southern Alabama, Mobile, AL, 2009
11. *Clarifying the Link between Sleep and Addiction: Implications for Catching Z's and Kicking the Habit*, Department of Psychology, Western Kentucky University, Bowling Green, KY, 2009
12. *What's Sleep Got to Do With It? A New Chapter in Drug Use, Addiction, and Recovery*, Department of Psychology, Western Kentucky University, Bowling Green, KY, 2011
13. *Sleep: A Family Matter*, National Association of Social Work, Massachusetts Chapter Symposium, 2012
14. *Healthy Sleep Habits*, PEG Properties & Design, Boston, MA, 2012

15. *Relapse to Smoking: What's Sleep Got To Do with It?, What we can learn from pilot trial results of a postpartum behavioral sleep intervention*, Center for Alcohol and Addiction Studies, Providence, RI, 2013
16. *Perinatal Subjective Sleep Disturbance and Depression in the Context of Psychotropic Use among Women with and without Major Depression*, Associated Professional Sleep Societies 28<sup>th</sup> Annual Meeting, Minneapolis, MN, 2014
17. *Athletic Performance: What's Sleep Got to Do with It?* Athletic Department, University of Rhode Island, 2018
18. *Good night, Benzos: Behavioral interventions for sleep in the service of reducing benzodiazepine use*, Mental Health Colloquium, Department of Veterans Affairs Medical Center Providence, RI, 2020
19. *Trauma-Informed Behavioral Sleep Interventions*, Youth Villages Summer Symposium, Boston, MA 2022

### CONFERENCE PRESENTATIONS

1. *Sleep disturbance and cancer*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Boston, MA. November 2003. *National*
2. *Daytime functioning measures as predictors of subjective complaint of insomnia*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Boston, MA. November 2003. *National*
3. *An exploratory validation of actigraphic measures of insomnia*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2004. *International*
4. *Depression as a predictor of subjective complaint of insomnia*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA. November 2004. *National*
5. *An exploratory validation of actigraphic measures of insomnia-II*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA. November 2004. *National*
6. *Actigraphy differences across ethnicity*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C. November 2005. *National*
7. *Early REM sleep predicts first signs of affective disturbance in never-depressed adolescents*. Poster presentation at Brown University Research Day, April 12, 2007.
8. *Sleep in children with prenatal cocaine exposure*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2007. *International*
9. *Adolescent alcohol use associated with adolescent sleep and sleepiness*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2007. *International*
10. *Sleep patterns and school performance of high school students across 16 weeks*. Poster session presented at the 5th World Congress of the World Federation of Sleep Research and Sleep Medicine Societies, Cairns, Queensland, Australia. September 2007. *International*
11. *Early night REM sleep as harbinger of affective disturbance in adolescents*. Poster session presented at the 5th World Congress of the World Federation of Sleep Research and Sleep Medicine Societies, Cairns, Queensland, Australia. September 2007. *International*

12. *Associations between sleeping difficulties and smoking characteristics*. Poster presentation at Brown University Research Day, March 27, 2008.
13. *Sleep in children with prenatal drug exposure*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2008. *International*
14. *Sex differences in human adolescent nocturnal activity: Implications for actigraphic sleep measurement*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2008. *International*
15. *Body mass index predicts sleep problems and daytime impairment in at-risk adolescents*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2008. *International*
16. *Parenting effects on sleep patterns of at-risk adolescents*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2009. *International*
17. *Associations between parental substance use and adolescent sleep patterns*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2010. *International*
18. *Nighttime sleep duration and daytime sleepiness predict napping in at-risk adolescents*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2010. *International*
19. *Actigraphic sleep patterns of minority adolescents*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2010. *International*
20. *Sleep timing during postpartum weeks 1 and 7*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2010. *International*
21. *Effects of a behavioral sleep intervention on postpartum sleep*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2010. *International*
22. *Effects of a Behavioral Sleep Intervention on Postpartum Sleep – A Randomized Pilot Trial*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2011. *International*
23. *Sleep quality in pregnancy predicts postpartum depression and stress*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2014. *International*
24. *Perinatal Subjective Sleep Disturbance and Depression in the Context of Psychotropic Use among Women with and without Major Depression: Fetal and Infant Response to SRI Treatment (FIRST) Study*. Talk during Symposium “Sleep in Pregnancy and Postpartum,” Associated Professional Sleep Societies 28<sup>th</sup> Annual Meeting, Minneapolis, MN, June 2014.
25. *Maternal depression severity with the use of antidepressant medication with and without hypnotic treatment: Effects on newborn neurobehavior*. Poster presentation at the North American Society for Psychosocial Obstetrics and Gynecology biennial meeting, New York, NY. April 2016. *National*.
26. *Combined hypnotic and antidepressant treatment: Potential moderator of change in perinatal depression severity over time*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2016. *International*
27. *Longitudinal and multimodal sleep assessment in children of mothers with depression during pregnancy: Prenatal antidepressant exposure associated with decreased sleep duration at 18-months and earlier sleep schedules at 18- and 36-months*. Poster session presented at the annual meeting of the Associated Professional Sleep Societies. June 2019. *International*



KNOWLEDGE TRANSFER/TRANSLATION IN THE MEDIA

1. June 10, 2008, American Academy of Sleep Medicine Abstract Press Release. "Prenatal Drug Exposure Linked to Sleep Problems in Children." Online:  
<https://aasm.org/prenatal-drug-exposure-linked-to-sleep-problems-in-children/>
2. May 3, 2010, *JAMA/Archives* Press Release. "Drugs in Pregnancy: Associations, Causation, and Misperceptions." Online:  
<https://jamanetwork.com/journals/jamapediatrics/article-abstract/383124>
3. May 20, 2010, Channel 10 WJAR News: "Health Check: Smoking, pregnancy, and sleep problems in children." Also online:  
<https://turnto10.com/archive/health-check-smoking-pregnancy-and-sleep-problems-in-children>
4. June 1, 2010, Women & Infants Hospital Press Release
5. March 8, 2018, Public Radio: "RI Therapist Helps People Get a Better Night's Sleep." Also online:  
<https://thepublicsradio.org/post/ri-sleep-therapist-helps-people-get-better-nights-sleep#stream/0>

GRANTS

1. Validating actigraphic measures of insomnia. Methodist Healthcare Foundation. Total costs, \$19,270. 2003-2005, Co-Investigator.
2. Sexual messages and cognitions as contributors to women's sexual contentment. The University of Memphis Psychology Department Dissertation Award. Total costs, \$1,500. 2005-2006, Principal Investigator.
3. A tailored Actiwatch algorithm for insomnia. Mini Mitter/ Respironics. Total costs, \$ 47,310. (Funded but declined due to dispute over intellectual property rights.) 2006, Co-Investigator.
4. Prenatal Cocaine Exposure: Effects on Adolescent Sleep (1F32DA023772-01). Submitted to National Institute on Drug Abuse. Unfunded. Principal Investigator.
5. Postpartum sleep effects on smoking relapse (1R21DA026448-01). National Institute on Drug Abuse. Total costs, \$406,643. 2009-2011. Principal Investigator.
6. Stepped Care for Cognitive Behavioral Sleep Interventions for Veterans with PTSD (1R34MH094488-01). Submitted to National Institute of Mental Health. Unfunded. Co-Principal Investigator.
7. Cognitive-Behavioral Sleep Treatment for Veterans with PTSD (1R34MH091325-01). Submitted to National Institute of Mental Health. Unfunded. Co-Principal Investigator.
8. Postpartum Sleep/Wake Timing, Circadian Phase, and Daytime Functioning (1R21HD071508-01). Submitted to National Institute of Child Health and Human Development. Unfunded. Principal Investigator.
9. Long Term Effects of Cognitive Behavioral Therapy for Insomnia on PTSD Symptoms (1I01HX000789-01). Submitted to HSR&D Merit Review Award (Parent I01). Unfunded. Co-Principal Investigator.

UNIVERSITY TEACHING ROLES

- 2003 Teaching Assistant, The University of Memphis, Psychological Statistics (undergraduate)
- 2003 Instructor, The University of Memphis, Introduction to Clinical Psychology (undergraduate; 10 students)
- 2004 Teaching Assistant, The University of Memphis, Advanced Statistics I (graduate)
- 2005 –2006 Teaching Assistant, The University of Memphis, General Psychology (undergraduate)
- 2005 –2006 Instructor, The University of Memphis, Psychology of Personality (undergraduate; Fall & Spring semesters with 85 and 30 students, respectively)
- 2008 Instructor, Brown University, Health/Behavioral Medicine Psychology (undergraduate; 12 students)
- 2010 Instructor, Brown University, Diagnosis and Treatment of Emotional and Behavioral Health Disorders (post-graduate, 5 students)
- 2012 Instructor, Rhode Island College, Health Psychology (30 undergraduate junior and senior psychology majors)
- 2015--present Faculty, Warren Alpert Medical School of Brown University Sleep Medicine Psychiatry Rotation and Behavioral Medicine Psychology Rotations

#### SUPERVISION OF PSYCHIATRY RESIDENTS AND PSYCHOLOGY PRE- AND POSTDOCTORAL FELLOWS

- 2018-2019 Alyssa Norris, Postdoctoral Fellow, Alpert Brown Medical School
- 2019-2020 Colleen Victor, PGY3 Triple Board Fellow, Alpert Brown Medical School
- 2020 Courtney Deban, PGY4 Psychiatry Resident, Alpert Brown Medical School
- 2020-2021 Caroline Gloski, PGY4 Psychiatry Resident, Alpert Brown Medical School
- 2020-2021 Michelle Haikalis, Postdoctoral Fellow, Alpert Brown Medical School
- 2020-2021 Patricia Wong, Postdoctoral Fellow, Alpert Brown Medical School
- 2021 Shiwen Yuan, PGY4 Psychiatry Resident, Alpert Brown Medical School
- 2022 Claire Brutocao, PGY4 Psychiatry Resident, Alpert Brown Medical School
- 2022-2023 Kathleen Monahan, Doctoral Student Therapist, University of Rhode Island

#### SUPERVISION OF PSYCHOLOGY INTERNS

- 2019-2020 Patricia Wong, Psychology Intern, Alpert Brown Medical School

#### SUPERVISION OF MEDICAL STUDENT RESEARCH



2010-2011 Crystal Cuellar, Alpert Brown Medical School, “Actigraphic sleep patterns of minority adolescents.” Poster presentation at international SLEEP conference and publication in *Sleep Health*.

SUPERVISION OF UNDERGRADUATE RESEARCH

2008-2009 Julie Elofson, Brown University, “Parenting effects on sleep patterns of at-risk adolescents. Poster presentation at international SLEEP conference.

2009-2010 Guillaume Riesen, Brown University, “Actigraphic nighttime sleep duration and subjective daytime sleepiness predict napping in at-risk adolescents.” Poster presentation at international SLEEP conference.

2010-2011 Shea Donie, Brown University, “Sleep timing during postpartum weeks 1 and 7.” Poster presentation at international SLEEP conference.

2010-2011 Daniel Claffey, University of Rhode Island, “Sleep timing during postpartum weeks 1 and 7.” Poster presentation at international SLEEP conference.

