

LUCILLE A. (CARDELLA) RATHIER

Behavioral Medicine Clinical Services, Lifespan Physicians Group

146 West River Street, Suite 11A

Providence, RI 02904

(401) 793-3212 (Office)

(401) 793-8709 (Fax)

lrathier@lifespan.org

<http://www.linkedin.com/pub/lucy-rathier/9/570/580>

<http://biomed.brown.edu/research/profile.php?id=1238526563>

EDUCATION

UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK, Albany, NY

08/01 *Doctor of Philosophy* from an APA accredited Counseling Psychology program.

Scholarships and Grants: Graduate Student Organization Research Grants, Fall 1999, Spring 2000, Fall 2000; Chloe Lynn Hanihan Graduate Scholarship, Alpha Delta Pi Foundation, 2000.

BOSTON COLLEGE, Chestnut Hill, MA

01/84 *Certificate of Advanced Educational Specialization* in School Psychology.

05/83 *Master of Education* in School Psychology.

ST. LAWRENCE UNIVERSITY, Canton, NY

05/81 *Bachelor of Science* with honors in Psychology.

Honors: Dean's List, Faculty Scholar, Psi Chi Psychology Honorary.

Scholarships and Grants: New York State Regents Scholarship, 1977-1981;

Alida Martin Scholarship, 1978; Women's Educational and Industrial Union of Rochester Scholarship, 1977; Irondequoit Kiwanis Scholarship, 1977; National Junior Honor Society of Eastridge High School Scholarship, 1977.

PROFESSIONAL CREDENTIALS

12/14 National Register Health Service Psychologist #54544

08/03 Rhode Island License in Psychology #PS00821

07/90 New York Permanent Certification in School Psychology #114522219

12/83 Massachusetts Certification in School Psychology #0262166

FACULTY APPOINTMENT

11/15 – present *Clinical Associate Professor of Psychiatry and Human Behavior*, Warren Alpert Medical School, Brown University

01/09- 11/15 *Clinical Assistant Professor of Psychiatry and Human Behavior*, Warren Alpert Medical School, Brown University

AWARDS AND SPECIAL RECOGNITION

6/14 **ALPERT MEDICAL SCHOOL, BROWN UNIVERSITY**, *Dean's Excellence in Teaching Award*

5/05 **RHODE ISLAND DEPARTMENT OF ELDERLY AFFAIRS**, *Caregiver of the Year Award*

5/91 **RUSH-HENRIETTA JUNIOR HIGH SCHOOL**, *Yearbook Dedication*

PROFESSIONAL AFFILIATIONS

American Headache Society, *Member*
 American Psychological Association, *Member*; Divisions 16 & 38 *Members*
 National Register of Health Service Providers, *Member*
 Society for Behavioral Medicine, *Member*
 Headache Cooperative of New England, *Member*

CLINICAL EXPERIENCE

- 2/08 – present **BEHAVIORAL MEDICINE CLINICAL SERVICES, LIFESPAN PHYSICIANS GROUP,** Providence, RI
- 11/13- present ***Director of Behavioral Medicine Clinical Services***
 Develop and implement strategic initiatives in clinical behavioral medicine and integrated care. Review, develop, and implement division policies and procedures. Participate in service line leadership with other directors related to program development in integrated care and clinic-based care and resident training. Mentor and evaluate staff psychologists. Develop content for and oversee psychologists in the implementation of the hospital's electronic medical record. Participate in the Behavioral Health Medical Records Committee.
- 2/08 – present ***Staff Psychologist***
 Counsel adult and geriatric outpatients with chronic medical conditions, headache, or chronic pain who have concomitant mood, anxiety, and adjustment disorders with emphasis on cognitive-behavioral, self-regulatory, and relaxation interventions. Counsel caregivers of patients with dementia. Led cognitive-behavioral groups designed to enhance cognitive and behavioral skills in patients with obesity. Conduct smoking cessation individual treatment incorporating stimulus control, cognitive-behavioral skills, and relapse prevention techniques.
- 1/09 – present **STATE OF RHODE ISLAND, WORKER'S COMPENSATION COURT,** Providence, RI
Impartial Examiner
 Conduct court-ordered impartial psychological evaluations of individuals as part of a disability assessment for worker's compensation benefits.
- 09/04 – 10/05 **INSTITUTE OF BEHAVIORAL MEDICINE,** Cranston, RI
Consulting Psychologist
 Evaluate injured workers as part of a rehabilitation team in a state-run rehabilitation center (The Donley Center) in the Workers' Compensation system, including court-mandated evaluations. Counsel outpatients with chronic pain and psychological distress related to their work injury. Conduct workshops in pain management and stress management. Consult with physical therapists and aides, physicians, and patient care coordinators.
- 07/01 - 08/02 **VA CONNECTICUT HEALTHCARE SYSTEM,** West Haven, CT
Clinical Health Psychology Fellow in APA Accredited Fellowship (chronic pain specialization)
 Counseled outpatients with chronic medical conditions including chronic pain, cancer, headaches, cardiac conditions, diabetes, obesity, and sexual dysfunction with concomitant mood, anxiety, and adjustment disorders with emphasis on cognitive-behavioral, self-regulatory, and relaxation interventions. Evaluated transplant candidates and medical inpatients. Consulted with physicians, residents, and nurse-practitioners in integrated primary care medical clinic. Revised weight management and stress management programs to incorporate motivational enhancement, cognitive-behavioral strategies, and relapse prevention. Presented at pain management multidisciplinary team rounds. Co-edited health psychology newsletter. Conducted neuropsychological screenings. Coordinated intern seminars. Presented to psychiatry residents and interns in Cognitive Therapy Seminar.

- 07/00 - 06/01 **GREATER HARTFORD CLINICAL PSYCHOLOGY INTERNSHIP CONSORTIUM:
VA CONNECTICUT HEALTHCARE SYSTEM, Newington, CT and
JOHN DEMPSEY HOSPITAL/UNIVERSITY OF CONNECTICUT HEALTH CENTER,
Farmington, CT**
Clinical Psychology Intern in APA Accredited Internship
- Health Psychology: Counseled outpatients with chronic medical conditions, especially chronic pain and cardiac conditions, and concomitant mood, anxiety, and adjustment disorders with emphasis on cognitive-behavioral, self-regulatory, and relaxation interventions. Conducted smoking cessation behavioral groups incorporating stimulus control and relapse prevention techniques. Led cognitive-behavioral group designed to enhance coping skills in patients in substance abuse aftercare treatment. Co-led weight management group incorporating motivational enhancement, cognitive-behavioral strategies, and relapse prevention.
- Behavioral Medicine: Designed and implemented coping skills/supportive-expressive group therapy for patients with breast cancer. Consulted as part of multidisciplinary breast cancer team. Conducted quality assurance assessments of oncology patients. Counseled individual patients with cancer, gastrointestinal disorders, Lyme Disease, and concomitant mood, anxiety, and personality disorders.
- Neuropsychology: Administered comprehensive assessments, interpreted test results, developed neuropsychological reports, and provided feedback to patients with dementia and head injuries.
- Geropsychology: Consulted with physicians. Conducted wellness and reminiscence groups.
- Outpatient Psychotherapy: Counseled outpatients with mood and anxiety disorders in individual and couples formats. Conducted clinical interviews and psychological evaluations of patients. Evaluated patients with psychiatric problems presenting to emergency department.
- 10/99 - 05/00 **STRATTON VETERANS AFFAIRS MEDICAL CENTER, Albany, NY**
Clinical Neuropsychology Trainee
Conducted both neuropsychological screenings and comprehensive assessments of patients with dementia, head injuries, and learning disabilities.
- 09/99 - 06/00 **PSYCHOLOGICAL SERVICES CENTER, Albany, NY**
Assistant Director
Continued provision of long-term psychotherapy in individual and couples formats to adult clients with a myriad of presenting problems at a community mental health agency (see earlier PSC entries). Evaluated adults with neuropsychological difficulties and/or psychological disorders. Conducted telephone intake screenings and initial assessment interviews. Liaison to community agencies. Presented to graduate students in seminar series.
- 01/99 - 08/99 **GLENS FALLS HOSPITAL, Glens Falls, NY**
Clinical Health Psychology Trainee
Counseled outpatients with chronic pain or cancer with accompanying mood or anxiety disorders. Co-led groups for patients with chronic pain with emphasis on cognitive-behavioral, self-regulatory, and relaxation interventions. Consult-liaison for inpatient oncology. Treated inpatients with cancer or AIDS. Presented at oncology inpatient and outpatient multidisciplinary rounds and pain management multidisciplinary team meetings. Conducted neuropsychological evaluations.

- 09/98 - 08/99 **PSYCHOLOGICAL SERVICES CENTER, Albany, NY**
Graduate Assistant
 Continued provision of long-term individual and couples psychotherapy to adult clients with diverse difficulties at a community mental health agency (see below). Evaluated adults and adolescents for suspected learning disabilities, neuropsychological difficulties, and psychological disorders. Provided court-mandated, psychological assessments on youths and their families with treatment recommendations for Albany County Family Court. Conducted telephone intake screenings and initial assessment interviews.
- 09/97 - 05/98 **PSYCHOLOGICAL SERVICES CENTER, Albany, NY**
Clinical Psychology Trainee
 Counseled adult clients whose presenting problems included mood, anxiety, psychotic, and personality disorders at a community mental health agency. Evaluated adults with learning, psychiatric, and physical disabilities as well as vocational issues. Conducted telephone intake screenings and initial interviews.
- 09/97 - 05/98 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK,**
 University Counseling Center, Albany, NY
Assistant Health Educator
 Presented psychoeducational workshops to college students designed to reduce risk behaviors involved in the transmission and/or the development of various diseases and disorders. Designed exhibits and media campaigns designed to educate the university community on such topics as breast and testicular cancer, smoking cessation, nutrition, and Acquired Immunodeficiency Syndrome. Authored articles for the bimonthly health newsletter on various mental and physical health related topics. Coordinated undergraduate peer sexual health education program.
- 09/97 - 12/97 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK, Albany, NY**
Consultant
 Created consultation report with team of graduate students for a psychologist in a hospital setting on the assessment and treatment of chronic pain based.
- 09/90 - 06/96 **RUSH-HENRIETTA CENTRAL SCHOOLS, Henrietta, NY**
School Psychologist
 Conducted psychological evaluations of children and adolescents with learning problems, emotional disturbances, developmental delays, multiple disabilities, sensory impairments, speech impairments, other health impairments, behavioral problems, and attention deficit/ hyperactivity disorder. Counseled groups of adolescents to facilitate coping with their disabilities and developing social skills. Implemented comprehensive program for at-risk adolescents involving teachers, school counselors, and parents. Guided groups of adolescents on the identification of learning styles and strategies. Consulted with staff and parents as part of a multidisciplinary team regarding behavioral and educational strategies. Identified children and adolescents with educational disabilities and offered appropriate recommendations as part of the Committee for Special Education. Reviewed data on adolescents suspected of abusing substances and recommended appropriate action as part of a multidisciplinary team. Chaired the Middle School Special Education Team.
- 09/87 - 06/90 **NATICK PUBLIC SCHOOLS, Natick, MA**
School Psychologist
 Undertook psychological evaluations of adolescents with learning disabilities, emotional disturbances, attention deficit/hyperactivity disorder, behavioral problems, and speech impairments. Counseled adolescents individually and in groups to facilitate solving interpersonal problems, dealing with academic concerns, and coping with their disabilities. Co-led classroom affective skills program for adolescents with special needs. Consulted with parents and staff as a

member of both Pre-referral and Special Education Teams regarding behavioral and educational strategies.

- 10/88 - 12/88 **NATICK PUBLIC SCHOOLS**, Natick, MA
Parent Group Leader, Horace Mann Grant Recipient
 Trained parents in managing behaviors and enhancing positive interactions with children who manifest noncompliance and inattentiveness in a series of workshops.
- 02/86 - 06/87 **FOXBOROUGH PUBLIC SCHOOLS**, Foxborough, MA
School Psychologist
 Conducted psychological evaluations of children with learning disabilities, emotional disturbances, and speech impairments. Counseled children individually and in groups to develop interpersonal skills, to assist in coping with divorce, and to utilize cognitive-behavioral methods for the amelioration of attentional difficulties. Consulted with parents and staff regarding behavioral and educational strategies as part of a child study team.
- 02/87 - 04/87 **FOXBOROUGH PUBLIC SCHOOLS**, Foxborough, MA
Parent Group Leader, Horace Mann Grant Recipient
 Trained parents in managing behaviors and enhancing positive interactions with children who manifest noncompliance and inattentiveness in a series of workshops.
- 01/85 - 11/86 **MULTISERVICE CENTER, INC.**, Newton Center, MA
Relief Counselor
 Counseled adolescents in crisis at an emergency shelter. Conducted intake assessments. Supervised evening activities of adolescents.
- 09/83 - 02/86 **BRAINTREE ST. COLETTA DAY SCHOOL**, Braintree, MA
School Psychologist
 Undertook psychoeducational assessments of children and adolescents with multiple disabilities, developmental delays, and autism. Created and executed counseling program with adolescents to develop social skills, to assist in coping with their disabilities, and to apply cognitive-behavioral strategies to weight control. Devised and monitored intervention strategies for the amelioration of problem behaviors.
- 09/82 - 05/83 **BROOKLINE PUBLIC SCHOOLS**, Brookline, MA
School Psychology Trainee
 Conducted psychological evaluations on adolescents with learning disabilities and emotional disturbances.
- 09/81 - 05/82 **NEWTON PUBLIC SCHOOLS**, Newton, MA
School Psychology Trainee
 Conducted psychological evaluations on children and adolescents with learning disabilities, developmental delays, and emotional disturbances. Facilitated interpersonal skill development groups with children and adolescents.

OTHER PROFESSIONAL EXPERIENCES (Representative List)

- 03/95 - 04/96 **ROCHESTER GENERAL HOSPITAL**, Pastoral Care Department, Rochester, NY
Volunteer Pastoral Visitor
 Supported patients during a hospitalization on the orthopedic unit.
- 02/94 - 05/94 **KIDS ADJUSTING THROUGH SUPPORT (KATS)**, Rochester, NY
Volunteer Group Leader
 Co-counseled group of adolescents whose parents had cancer.

SUPERVISION EXPERIENCE

- 07/08 – present **BROWN UNIVERSITY CLINICAL PSYCHOLOGY INTERNSHIP**, Providence, RI
Primary Clinical Supervisor, The Miriam Hospital Chronic Illness and Sexual Health Rotation
 Supervise clinical psychology residents in conducting psychological evaluations and psychotherapy in outpatient with chronic medical conditions, obesity, headache, or chronic pain who have concomitant mood, anxiety, and adjustment disorders, smoking cessation as well as psychoeducational weight management groups with emphasis on cognitive-behavioral, self-regulatory, and relaxation interventions. Coordinate Behavioral Medicine Case Conference Series.
- 2/08 – 2/09 **CENTERS FOR BEHAVIORAL AND PREVENTIVE MEDICINE, THE MIRIAM HOSPITAL**, Providence, RI 02903
Clinical Research Supervisor
 Supervise nurses and intervention coordinators in Motivational Interviewing techniques in randomized, controlled trial for smoking cessation.
- 11/05- 2/08 **CENTERS FOR BEHAVIORAL AND PREVENTIVE MEDICINE, THE MIRIAM HOSPITAL**, Providence, RI 02903
Project Director
 Supervise nurses in Motivational Interviewing techniques. Supervise research assistants in implementing randomized, controlled trial.
- 09/02 –9/04 **THE ABACUS GROUP**, Cranston, RI
Project Coordinator
 Supervised research assistants in implementing randomized, controlled trial.
- 09/01 - 08/02 **VA CONNECTICUT HEALTHCARE SYSTEM**, West Haven, CT
Clinical Health Psychology Fellow
 Supervised health psychology interns and practicum student in implementation of health promotion programs and consultation and treatment in primary care medicine.
- 09/99 - 06/00 **PSYCHOLOGICAL SERVICES CENTER**, Albany, NY
Assistant Director
 Supervised graduate students' intake assessment and psychological assessment reports. Reviewed clinical charts of graduate assistants. Oriented psychology trainees and graduate assistants to responsibilities including chart management and review.
- 09/98 - 08/99 **PSYCHOLOGICAL SERVICES CENTER**, Albany, NY
Graduate Assistant
 Reviewed clinical charts of psychology trainees.
- 09/93 - 09/96 **RUSH-HENRIETTA CENTRAL SCHOOLS**, Henrietta, NY
School Psychologist
 Supervised graduate students at school psychology practicum site and paraprofessionals serving in a primary prevention program for children at risk.

RESEARCH EXPERIENCE

- 7/12– present **WEIGHT CONTROL AND DIABETES RESEARCH CENTER, THE MIRIAM HOSPITAL**, Providence, RI
Women's Health and Migraine (WHAM) Research Study (Dr. Dale Bond, PI)
Consultant and Interventionist
 Designed psychoeducational control condition on migraine management for NIH-funded randomized, controlled trial. Provide both weight management psychoeducational intervention for treatment group and migraine management psychoeducation for control group.
- 5/08 –12/13 **NEUROPSYCHOLOGY PROGRAM, RHODE ISLAND HOSPITAL**, Providence, RI
Dementia Caregiver Support Research Study (Dr. Geoffrey Tremont, PI)
Contributing Researcher
 Investigating religious coping in caregivers of dementia patients in randomized, controlled trial of telephone support counseling.
- 11/05 – 2/08 **THE CENTERS FOR BEHAVIORAL AND PREVENTIVE MEDICINE, THE MIRIAM HOSPITAL**, Providence, RI
Sustaining Cessation in Smokers with Children with Asthma (Dr. Belinda Borrelli, PI)
Project Director
 Oversee the daily operations of a NIH-funded longitudinal, randomized, controlled research study of smoking cessation using Motivational Interviewing. Construct the project plans identifying all the steps of each project, necessary resources, and potential problems. Assist in the preparation and/or design of intervention and measures. Train and supervise staff. Organize and monitor recruitment efforts and participant flow through the study. Ensure treatment fidelity through regular staff contact and through regular treatment monitoring. Ensure the accuracy of data via audits. Act as liaison to collaborating facilities. Ascertain that all aspects of the research are implemented in accordance with ethical guidelines and have been approved by all pertinent Institutional Review Boards.
- 09/02 – 10/05 **THE ABACUS GROUP**, Cranston, RI
Project Coordinator
Interactive Technologies to Modify Cancer Risk Behaviors (Dr. David Ahern, PI)
 Coordinated NCI-funded controlled, randomized study of the development and evaluation of an interactive, multimedia system of decision support tools for cancer risk behavior modification. Coordinated eHealth technologies consulting project involving interviewing stakeholders and researching current trends in electronic health interventions. Assisted in research project evaluating prescriber use and satisfaction with e-prescribing tools. Developed content for interactive web sites designed to promote healthy lifestyles and safe and cost-effective medication use.
- 07/01 - 08/02 **VA CONNECTICUT HEALTHCARE SYSTEM**, West Haven, CT
Co-Investigator
Promoting self-management of chronic pain in primary care (Dr. Robert Kerns, PI)
 Provide clinical services to participants in Merit Review-funded study to determine the influence of the involvement of primary care providers in treatment on the efficacy of cognitive-behavioral treatment for chronic pain.
- 03/97 - 08/99 **DIVISION OF PEACE PSYCHOLOGY, AMERICAN PSYCHOLOGICAL ASSOCIATION**, Peace and Education Working Group
Project Coordinator
Conflict resolution in the middle schools

Coordinated the review of conflict resolution curricula designed for middle school students.
Revised evaluation instrument and undertook qualitative data analysis. Oversaw graduate students involved in literature review and quantitative data analysis.

05/98 - 07/98 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK,**
01/98 **EVALUATION CONSORTIUM, Albany, NY**

05/97 - 07/97 ***Project Director***

Evaluation of the science research in the high school program

Designed and implemented formative, longitudinal evaluation of National Science Foundation grant including quantitative and qualitative methodologies in written and oral formats.

09/96 - 05/97 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK, Albany, NY**

Research Fellow

The prematurity stereotype revisited: Impact on mothers' interaction with premature and full-term infants

Administered structured interviews and collected experimental data on mothers and their infants in a longitudinal study of stereotyping.

08/95 - 10/95 **GORDON S. BLACK CORPORATION, Rochester, NY** in affiliation with
PSYCHOLOGICAL CORPORATION, San Antonio, TX

Field Representative

Standardization of the WAIS-III and WMS-III

Collected data for the standardization of intelligence and neuropsychological tests.

10/91 - 10/92 **RUSH-HENRIETTA CENTRAL SCHOOLS, Henrietta, NY**

Committee Member

Pupil personnel services needs assessment

Designed and implemented quantitative evaluation of current service delivery.

EDITORIAL EXPERIENCE

07/01 - 08/02 **VA CONNECTICUT HEALTHCARE SYSTEM, West Haven, CT**

Ad Hoc Reviewer

Reviewed manuscripts submitted to Clinical Psychology Review, Health Psychology, and Pain Medicine.

PUBLICATIONS

Bond, D., Lillis, J., Seng, E., Lipton, R., Thomas, J., O'Leary, K., Roth, J., **Rathier, L.**, & Evans, W. (under review). Importance of pain acceptance in relation to headache disability and psychosocial symptoms in women with migraine and obesity, *Annals of Behavioral Medicine*.

Thomas, J. G., Pavlovic, J., Lipton, R. B., Roth, J., **Rathier, L.**, O'Leary, K. C., Buse, D. C., Evans, E. W., & Bond, D. S. (2016). Ecological momentary assessment of the relationship between headache pain intensity and pain interference in women with migraine and obesity. *Cephalalgia*. [Epub ahead of print] doi: 10.1177/0333102415625613

Bond, D., Buse, D., Lipton, R., Thomas, J.G., **Rathier, L.**, Roth, J., Pavlovic, J., Evans, W., & Wing, R. (2015). Clinical pain catastrophizing in women with migraine and obesity. *Headache*, 15: 923-33.

Rathier, L. & Roth, J. (2015). A biobehavioral approach to headache management. *Rhode Island Medical Journal*, www.rimed.org, published in February 2015.

Bond, D., Thomas, J., O'Leary, K., Lipton, R., Peterlin, B., Roth, J., **Rathier, L.**, & Wing, R. (2014). Objectively-measured physical activity in obese women with and without migraine. *Cephalalgia* 0333102414562970, first published on December 4, 2014

Rathier, L. (2014). Effects of exercise on headaches and migraines. *American Headache Society website*, http://www.achenet.org/resources/effects_of_exercise_on_headaches_and_migraines/

Rathier, L., Davis, J., Papandonatos, G., Grover, C., & Tremont, G. (2013). Religious Coping in Caregivers of Family Members with Dementia. *Journal of Applied Gerontology* 0733464813510602, first published on November 28, 2013 as doi:10.1177/0733464813510602

Bond, D., O'Leary, K., Thomas, J.G., Lipton, R., Papandonatos, G., Roth, J., **Rathier, L.,** Daniello, R., & Wing, R. (2013). Can weight loss improve migraine headaches in obese women? Rationale and design of the Women's Health and Migraine (WHAM) randomized controlled trial. *Contemporary Clinical Trials*, 35(1), 133-144.

Rathier, L. (2013). The use of prayer and spiritual meditation in headache management. American Headache Society website. http://www.achenet.org/resources/the_use_of_prayer_and_spiritual_meditation_in_headache_management_achetuesday/

Rathier, L. (2011) Behavioral treatment of headache and migraine patients: making referrals. *American Headache Society website*, http://www.achenet.org/resources/behavioral_treatment_of_headache_and_migraine_patients_making_referrals/

Borrelli, B., Riekert, K., Weinstein, A., & **Rathier, L.** (2007). Brief motivational interviewing as a clinical strategy to promote asthma medication adherence. *Journal of Allergy and Clinical Immunology*, 120(5), 1023 -1030.

Cardella, L., & Friedlander, M. (2004). The relationship between religious coping and psychological distress in parents of children with cancer. *Journal of Psychosocial Oncology*, 22(1), 19-37.

Nelson, L. L., Van Slyck, M. R., & **Cardella, L. A.** (1999). Curricula for teaching adolescents about peace and conflict. *Peace and Conflict: Journal of Peace Psychology*, 5(2), 167-172.

INVITED CHAPTERS

Rathier, L. (in press). Psychological interventions in patients with chronic pain. In A. Carayannopoulos (Ed), *Comprehensive pain management in the rehabilitation patient*. New York, NY: Springer.

Nash, J., Chandran, R., & **Rathier, L.** (2013). Anxiety disorders and headache. In M. Green and P. Muskin (Eds.), *Neuropsychiatry of Headache*. Cambridge, England: Cambridge University Press.

Rathier, L., Buse, D., Nicholson, R. & Andrasik, F. (2013). The multidisciplinary approach to the patient with migraine. In R. Lipton, M. Robbins and B. Grosberg (Eds.), *Principles of Headache: Primary and Secondary Headache Disorders*. Oxford, England: Wiley.

Greene, L., Meisler, A., Pilkey, D., Alexander, G., **Cardella, L.,** Sirois, B., & Burg, M. (2003). Psychological work with groups in Veteran's Affairs Medical Centers. In C. Kalodner, J. DeLucia-Waack, D. Gerrity, & M. Riva (Eds.), *Handbook of group counseling and psychotherapy*. Newbury Park, CA: Sage.

Otis, J., **Cardella, L.,** & Kerns, R. (2004). The influence of family and culture on pain. In R. Dworkin and W. Breitbart (Eds.), *Psychosocial and psychiatric aspects of pain: A handbook for health care providers*. Seattle, WA: International Association for the Study of Pain Press.

Nelson, L. L., Van Slyck, M. R., & **Cardella, L. A.** (1999). Peace and conflict curricula for adolescents. In I. Harris & L. Forcey (Eds.), *Peace building for adolescents: Strategies for teachers and community leaders*, New York: Peter Lang.

CONTINUING EDUCATION COURSE

Rathier, L. (2012). A review of behavioral medicine treatment of headache. Online continuing education course for Health Forum Online at www.healthforumonline.com/

PRESENTATIONS AND POSTERS

Galioto, R., Gunstad, J., Bond, D., Pera, V., **Rathier, L.**, & Tremont, G. (2016). *Executive Functions Predict Mid-Treatment Outcomes in a Behavioral Obesity Treatment Program*. Poster to be presented at: The Obesity Society (TOS)/Obesity Week Conference, New Orleans, LA.

Pavolvic, J., Lipton, R., Thomas, J., O'Leary, K., Roth, J., Rathier, L., Evans, W., & Bond, D. (June 2016). *Smartphone-Based Ecological Momentary Assessment of Acute Headache Medication Use Patterns in Women with Migraine and Obesity*, Poster presented to American Headache Society 58th Annual Scientific Meeting, San Diego, CA.

Bond, D., Lillis, J., Seng, E., Lipton, R., Thomas, J., O'Leary, K., Roth, J., Rathier, L., & Evans, W. (June 2016). *Importance of Pain Acceptance in Relation to Headache Disability and Psychosocial Symptoms in Women with Migraine and Obesity*, Poster presented to American Headache Society 58th Annual Scientific Meeting, San Diego, CA.

Bond, D., Pavolvic, J., Lipton, R., Thomas, J., Digre, K., Roth, J., Rathier, L., O'Leary, K., Evans, W., & Wing, R. (June 2016). *Rate and Degree of Sexual Dysfunction in Women with Migraine and Obesity*. Poster presented to American Headache Society 58th Annual Scientific Meeting, San Diego, CA.

Rathier, L. (2016, May). *Psychological Strategies for Headache Management*. Rhode Island Primary Care Physicians Corporation, Cranston, RI.

Bond, D., Thomas, J.G., Evans, E.W., Roth, J., **Rathier, L.**, & Wing, R. (2016, March). *Ecological Momentary Assessment of Headache Pain Intensity and Pain Interference in Women with Migraine and Obesity*. 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, DC.

Bond, D., Thomas, J.G., Evans, E.W., Roth, J., **Rathier, L.**, & Wing, R. (2015, June) *Clinical Pain Catastrophizing in Women with Migraine and Obesity*. 57th Annual Scientific Meeting of the American Headache Society (AHS), Washington, DC

Rathier, L. (2014, September). *Motivational Interviewing Pre-conference Workshop*. 29th annual meeting of American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR), Denver, CO.

Rathier, L. (2013, November). *Grand Ole Excuses in Diabetes Self-Management: Reducing Your Frustration and Increasing Your Patients' Positive Health Behaviors* (Diabetes Self-Management and Motivational Interviewing). 28th annual meeting of American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR), Nashville, TN.

Rathier, L. (2013, September). *Introduction to Motivational Interviewing*. Webinar for Rhode Island Department of Health.

Bond, D., Lipton, R., Thomas, J.G., O'Leary, K., Roth, J., Papandonatos, G., **Rathier, L.**, & Wing, R. (2013, May). *Can weight loss improve migraine headaches in obese women? Rationale and design of the Women's Health and Migraine Trial (WHAM)*. Poster presented at 8th Annual NIH Pain Consortium Symposium. Bethesda, MD

Rathier, L., Tremont, G., Davis, J., & O'Connor, K. (2011, November). *Prayer, Church Attendance, and Dementia Caregiver Well-being*. Poster presented at the Gerontological Society of America's 64th Annual Meeting, Boston, MA.

Brown, R., Lee, C., Jusino, L., Schierberl Scherr, A., **Cardella, L.**, McQuaid, E., & Borrelli, B. (February, 2008). *Differences between Puerto Rican, Dominican, and Non-Latino White smokers in attitudes, beliefs, and smoking history*. Poster presented at the Annual Meeting of Society for Research on Nicotine & Tobacco, Portland, OR.

Ahern, D., Sciamanna, C., **Cardella, L.**, Palmieri, S., Marcus, B., Gans, K., and Papadonatos, G. (2005, April). *Evaluation of a Tailored Messaging Website for Multiple Cancer Risk Factor Reduction*. Paper presented at the annual convention of the Society of Behavioral Medicine. Boston, MA

Ahern, D., **Cardella, L.**, Palmieri, S., Marcus, B., Gans, K., Papadonatos, G., and Sciamanna, C. (2004, July) *Development and Evaluation of an Evidence-Based, Tailored Messaging Website for Multiple Cancer Risk Factor Reduction*. Poster presented at the Translating Research into Practice Conference, Washington, DC.

Cardella, L. A., & Van Slyck, M. R. (1999, August). *Peace education and conflict resolution curricula for middle school students*. Paper presented at the 107th annual convention of the American Psychological Association, Boston, MA.

DeCorte, M., & **Cardella, L. A.** (1982, April). *Judging less as more: Support for semantic overextension*. Poster presented at the Eastern Psychological Conference, Baltimore, MD.

TEACHING AND TRAINING EXPERIENCE (Representative List)

- 1/14 & 1/15 **THE MIRIAM HOSPITAL**, Providence, RI
Seminar Presenter
Religion and Spirituality in Psychotherapy
 Co-presented core seminar to psychology interns in Brown University Psychology Internship.
- 9/13 **RHODE ISLAND DEPARTMENT OF HEALTH**, Providence, RI
Seminar Presenter
Introduction to Motivational Interviewing
 Provided overview of Motivational Interviewing in a Webinar for health care providers.
- 11/12- 12/12 **THE MIRIAM HOSPITAL**, Providence, RI
 & 9/13-10/13 **Workshop Presenter**
Motivational Interviewing
 Provided Motivational Interviewing training to physicians and other health care providers in The Women's Medicine Collaborative, The Miriam Hospital.
- 10/10 & 10/11 **THE MIRIAM HOSPITAL**, Providence, RI
Seminar Presenter
Psychological Strategies for Headache Management
 Presented seminar to psychology interns in Brown University Psychology Internship and Lifespan employees.
- 10/10 & 11/11 **THE MIRIAM HOSPITAL**, Providence, RI
Seminar Presenter
Culturally Sensitive Dementia Care
 Presented seminars to Geriatric Psychiatry Department, Clinical Psychology Interns, and Rhode Island Employee Assistance Services.
- 11/09 **THE MIRIAM HOSPITAL**, Providence, RI

Seminar Presenter

Psychological Strategies for Headache Management

Presented to Neurology Grand Rounds at Rhode Island Hospital.

9/09

THE MIRIAM HOSPITAL, Providence, RI

Women's Wellness Workshop Presenter

Presented seminar to women in the community on Managing Stress: Balancing Work and Home.

6/08

EMERGING WOMEN IN BUSINESS, Providence, RI

Annual Conference Presenter

Presented seminar to female entrepreneurs in the community on Managing Stress: Balancing Work and Home.

11/05 – present

THE MIRIAM HOSPITAL, Providence, RI

Seminar Presenter

Smoking Cessation Counseling

Motivational Interviewing

Presented seminars to psychology interns in Brown University Psychology Internship, medical residents at Rhode Island Hospital, and nurses at The Miriam Hospital.

09/03 - 10/03

ROGER WILLIAMS UNIVERSITY, Bristol, RI

Instructor

Taught undergraduate course in child development (took family medical leave during semester).

03/02 - 05/02

ALBERTUS MAGNUS COLLEGE, New Haven, CT

Co-Instructor

Co-taught undergraduate class in health psychology.

07/01 - 08/02

VA CONNECTICUT HEALTHCARE SYSTEM, West Haven, CT

Clinical Health Psychology Fellow

Case Conceptualization

Presented to psychology interns and psychiatry residents in Cognitive Therapy Series.

Religious and Spiritual Factors in Physical Health

Lectured to health psychology interns as part of Health Psychology Conference Series.

Religious Issues in Treatment

Instructed to psychology interns as part of Psychology Seminar Series.

09/99 - 06/00

PSYCHOLOGICAL SERVICES CENTER, Albany, NY

Assistant Director

MMPI-2 and Treatment Planning

Taught graduate assistants as part of seminar series.

Religious Issues in Treatment

Lectured to graduate assistants as part of seminar series.

Academic Achievement Assessment

Instructed graduate assistants as part of seminar series.

Learning Styles and Strategies

Presented to graduate assistants as part of seminar series.

- 04/00 - 05/00 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK**, Albany, NY
Teaching Assistant
 Provided feedback to psychology graduate students on observed administrations of the WAIS-III for ECPY712 Theories and Assessment of Human Intelligence.
- 09/97 - 05/98 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK**, Albany, NY
Assistant Health Educator
HIV Transmission Risk Behaviors and Transmission Prevention Methods
 Delivered psychoeducational programs for undergraduate students designed to reduce risk behaviors involved in the transmission of the human immunodeficiency virus.
- Breast Cancer and Testicular Cancer
 Co-facilitated psychoeducational program for undergraduates designed to expand risk factor awareness and preventive measures involved in breast and testicular cancer.
- Body Image, Eating Disorders, and Steroid Use
 Implemented a psychoeducational program for undergraduates to increase knowledge of psychological and cultural issues related to body image, eating disorders, and steroid use.
- Alcohol Consumption and Sexual Behaviors
 Facilitated a psychoeducational program to reduce the risk of acquaintance rape and the incidence of sexually transmitted diseases associated with alcohol use among students.

DEPARTMENTAL AND COMMUNITY SERVICE

- 4/13--present **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK**, Albany, NY
Mentor
 Mentor graduate student in academic and professional development.
- 11/08 – 2/09 **STATE OF RHODE ISLAND**, Providence, RI
Lt. Governor's Long Term Care Coordinating Council Hospital Discharge Planning Working Group Member
 Participated in development of plan for improvement of patient care after hospital discharge.
- 12/01 - 08/02 **VA CONNECTICUT HEALTHCARE SYSTEM**, West Haven, CT
Pain Management Working Group Member
 Participated in development of strategic plan for performance improvement in routine screening, assessment, and treatment of chronic pain in patient population.
- Clinical Health Psychology Fellow**
 Interviewed and ranked applicants for APA-approved psychology internship and APA-approved postdoctoral fellowship.
- 03/00 **UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK**, Albany, NY
Student Representative
 Represented Counseling Psychology department to the Dean of the School of Education.
- 05/99 - 10/99 **Student Representative**
 Presented feedback report on Doctoral Qualifying Examinations at faculty meetings.
- 01/98 **Reviewer of Doctoral Student Applications**
 Rated the applications of prospective students as part of the admissions process.
- 09/97 - 05/98 **Student Mentor**

Provided support and guidance to first year doctoral students.

09/96 - 05/97 ***Doctoral Student Association Class Representative***
Participated in Doctoral Student Association meetings and activities.