

Lauren Trembley, MD MS
Curriculum Vitae

EDUCATION

Undergraduate	Boston College BS, Major in Biology and Psychology (2007-2011) <i>Magna cum laude</i>
Medical School	Albany Medical College MD (2012-2016) <i>Summa cum laude</i>

POSTGRADUATE

Residency	University of Pittsburgh Emergency Medicine Residency (2016-2019) <i>Chief Resident</i>
Fellowship	University of Pittsburgh Medical Education Fellowship (2019-2021)
Advanced Degree	Institute for Clinical Research and Education University of Pittsburgh Master of Science in Medical Education (2019-2021)

MEDICAL SCHOOL HONORS

American Society of Clinical Pathologists' Award for Academic Excellence and Achievement.	2014
Alpha Omega Alpha	2015
Gold Humanism Honor Society	2016
Medical Student Excellence in Emergency Medicine <i>Presented to a fourth-year student with the most outstanding achievements in Emergency Medicine.</i>	2016
The Henry Schaffer Prize in Pathology <i>Presented to a medical student demonstrating the greatest proficiency in Pathology.</i>	2016
The Charles Eckert Award <i>Presented to a fourth-year student who has demonstrated outstanding academic achievement in the field of Surgery.</i>	2016
Janet M. Glasgow Memorial Award	2016

Presented to a female student graduating as top scholar in her class.
 Janet M. Glasgow Memorial Achievement Citation 2016
Awarded to graduating female honor students in recognition of their outstanding Scholarship.

POSTGRADUATE HONORS

SAEM Clerkship Director Resident Teacher Award 2019
“Demonstrated outstanding proficiency in Emergency Medicine as selected by faculty”
 Clerkship Preceptor of the Year 2021
“Recognizes faculty clinical preceptors who consistently provide outstanding clinical instruction in the clerkship setting”
 Frank J. Kroboth Award 2021
“Given to the trainee with the best overall oral abstract presentation.” Presented at the Graduate Medical Education Leadership Conference at the University of Pittsburgh School of Medicine for my presentation entitled, “Gender Bias in Faculty Evaluations of Emergency Medicine Residents in Task-Based Simulation Videos.”
 Dean’s Excellence in Teaching Award 2023
“In grateful appreciation for outstanding service to medical education and in testament to your achievement of excellence in teaching in Doctoring Program-Year 1.”

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

Commonwealth of Pennsylvania (MT210745) 2016-2019
 Commonwealth of Pennsylvania (MD465254) 2018-2022
 DEA Registration, PA (FW7817301) 2018-2022
 X Waiver (X FW7817301) 2019-Present
 Pre-Hospital Command Physician 2019-2022
 American Board of Emergency Medicine 2021-Present
 Rhode Island (MD18202) 2022-Present
 DEA Registration, RI (FT1055436) 2022-Present

ACADEMIC APPOINTMENTS

Clinical Instructor University of Pittsburgh Physicians
 University of Pittsburgh Medical Center
 Department of Emergency Medicine
 (2019-2021)
 Assistant Professor University of Pittsburgh Physicians
 University of Pittsburgh School of Medicine
 Department of Emergency Medicine
 (2021-2022)
 Assistant Professor, Warren Alpert Medical School

Clinician Educator Track
Brown University
Department of Emergency Medicine
(2022-Present)

Director of Medical Student Education
Warren Alpert Medical School
Brown University
Department of Emergency Medicine
(2023-Present)

Course Director,
EM Boot Camp Elective
Warren Alpert Medical School
Brown University
Department of Emergency Medicine
(2023-Present)

HOSPITAL APPOINTMENTS

Attending Physician
UPMC Presbyterian Hospital
(2019-2022)

Attending Physician
UPMC Mercy Hospital
(2021-2022)

Attending Physician
Rhode Island Hospital
(2022-Present)

Attending Physician
The Miriam Hospital
(2022-Present)

DEPARTMENTAL LEADERSHIP APPOINTMENTS

Residency Interviewer
University of Pittsburgh
Emergency Medicine Residency
(2019-2022)

Residency Site Director
Brown Emergency Medicine Residency
Rhode Island Hospital
(2022-Present)

CIPS
(Critically Important Peer Support)
Nominated Member
Brown Emergency Medicine
(2023-Present)

OTHER APPOINTMENTS

Event Physician	City of Pittsburgh EMS (2016-2019)
Command Physician	City of Pittsburgh EMS (2017-2022)
Flight Physician	STAT MedEvac (2018-2019)

UNIVERSITY COMMITTEES

Medical Committee for Academic Standing and Professionalism (MCASP)	Warren Alpert Medical School Brown University (2022-Present)
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MEMBERSHIP IN SOCIETIES

Society for Academic Emergency Medicine	Member, 2016–Present
American College of Emergency Physicians	Member, 2016–Present
Pennsylvania American College of Emergency Physicians	Member, 2016–2022
Emergency Medicine Residents' Association	Member, 2016–2019

PUBLICATIONS

PEER REVIEWED PUBLICATIONS

1. **Trembley L**, Tobias AZ, Schillo G, vonFoerster N, Singer J, Pavelka SL, Phrampus P. A Multidisciplinary Intubation Algorithm for Suspected COVID-19 Patients in the Emergency Department. *Western Journal of Emergency Medicine*. 2020;21(4). DOI: 10.5811/westjem.2020.5.47835.
2. **Trembley L**, Radomski M. Use of Ultrasound in Introducing Anatomical Pathology to Pre-Clinical Medical Students, in Correlation with Physical Exam Curricula. *MedEdPortal*. 2020. DOI: 10.15766/mep_2374-8265.10950.

BOOK CHAPTERS

1. **Westover L**, Hagahmed M, Moore T, Janicki A. “How Do I Approach Pain or Bleeding After Upper Endoscopy?” in *Gastrointestinal Emergencies: Evidence-Based Answers to key Clinical*

Questions. A. Graham, D.J. Carlberg (eds). Springer Nature Switzerland AG. 2019. 129: 459-461. DOI: 10.1007/978-3-319-98343-1_129.

2. **Trembley, L.** “Acquired Hemolytic Anemias.” in Pocket Tintinalli’s. J Tintinalli, P DeKoning, A Brown (senior eds). McGraw-Hill. Anticipated publication 2023.
3. **Trembley, L.** “Microangiopathic Anemia.” in Pocket Tintinalli’s. J Tintinalli, P DeKoning, A Brown (senior eds). McGraw-Hill. Anticipated publication 2023.

ABSTRACTS

1. **Westover L, Ying P.** “Healthcare Delivery to Isolated Villages in Kodiak, Alaska: Community Health Aide Program of KANA.” Medical Student Investigation Day, Albany Medical College, September 2013. (POSTER)
2. **Trembley L, Radomski M.** “Use of Ultrasound in Introducing Anatomical Pathology to Pre-Clinical Medical Students, in Correlation with Physical Exam Curricula.” Medical Education Day, University of Pittsburgh School of Medicine, September 2020. (POSTER)
3. **Trembley L, Donovan AK, Congelio L, Keller A, McGiboney J, Smith A.** “Gender Bias in Faculty Evaluations of Emergency Medicine Residents in Task-Based Simulation Videos.” Society for Academic Emergency Medicine, National Conference, May 2021. (POSTER)
4. **Trembley L, Donovan AK, Congelio L, Keller A, McGiboney J, Smith A.** “Gender Bias in Faculty Evaluations of Emergency Medicine Residents in Task-Based Simulation Videos.” Rita M. Patel GME Leadership Conference, University of Pittsburgh School of Medicine, February 2021. (ORAL)

PUBLISHED ABSTRACTS

1. **Trembley L, Donovan AK, Congelio L, Keller A, McGiboney J, Smith A.** Gender Bias in Faculty Evaluations of Emergency Medicine Residents in Task-Based Simulation Videos. *Academic Emergency Medicine.* 2021; 28(S1). <https://doi.org/10.1111/acem.14249>

COMMUNITY ENGAGEMENT/VOLUNTEER ACTIVITIES

Medical Spanish Course

Albany Medical College
2012-2014

City of Pittsburgh High Schools

Volunteer Event Physician

2016-2018

High School Student Procedure Workshop

Volunteer Physician
2017-2021

UNIVERSITY TEACHING ROLES

Workshop Teaching

University of Pittsburgh

- Introduction to Internship Course 2017
Small group leader of discussion-based course designed to prepare rotations of 10-20 4th year medical students for internship.
- University of Pittsburgh EMS Course 2017-2019
Worked with groups of 20-25 students on several occasions, assisting with test preparation and serving as a clinical instructor.
- Introduction to the Medical Clerkships 2017-2022
Small group leader of discussion-based course designed to prepare rotations of 15-20 2nd year medical students for the medical clerkships.
- SonoWars 2018
Lead instructor for a team of 4 medical students for a competition on ultrasound skills and knowledge.
- Medical Student Suture Workshop 2018
Co-instructor, recurring sessions for 10-20 first- and second-year medical students.
- Medical Student Airway Workshop 2018
Co-instructor, recurring sessions for 10-20 first- and second-year medical students.
- Difficult Airway Course 2021-2022
Co-instructor for this 2-day course for the PGY1 residents.

Small Group Teaching

University of Pittsburgh

- Advanced Physical Exam 2019
Small-group preceptor of 4-5 second-year medical students for 4-week course on enhancing physical exam and history-taking skills. Led two rotations of this course.

Quality, Patient Care, and Safety <i>Small-group facilitator for fourth-year medical student elective course. This 4-week course was online, with 8 learners.</i>	2019-2021
Introduction to Medical Interviewing <i>Small-group instructor of 10 first-year medical students for a 7-week course introducing them to patient history-taking.</i>	2019-2022
Ethics, Law, and Professionalism <i>Small-group facilitator for 10-12 first-year medical students for a 7-week course introducing learners to the principles of medical ethics.</i>	2019-2022
Bystander EMS Course <i>Small-group instructor for a group of 20 first-year medical students, introducing them to BLS skills. The course consisted of seven 2-hour sessions.</i>	2020-2022
Advanced Medical Interviewing <i>Small-group instructor of 5 second-year medical students for a 4-week course introducing them to advanced interviewing skills.</i>	2021-2022

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Doctoring <i>Small group facilitator for 8 first year medical students in a longitudinal course focusing on learning the medical interview and physical exam.</i>	2022-2023
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Lectures

Lecturer, Emergency Medicine Residency Education Conference, 30-50 attendees

“Ultrasound of the Month”	April 2017
“Interesting Case Presentation”	Dec. 2017
“Review of Facial Fractures”	Feb. 2018
“Patient Safety and Quality Improvement Cases”	Mar. 2019
“Say Ahhh: Evidenced-Based Management of Peritonsillar Abscess”	April 2019
“ED Efficiency”	Jan. 2020
“OBGYN Board Review”	Feb. 2020
“Kidney Stones: Practice Variations”	Feb. 2020
“MetaCognition Rounds”	July 2021
“Electrolyte Cases”	Sept. 2021
“Professionalism and Self-Promotion”	April 2023

Presenter, Emergency Medicine Ultrasound Education Conference, 8-10 attendees

“Ocular Ultrasound Case”	Oct. 2016
“DVT Ultrasound Case”	May 2018

Presenter, Emergency Medicine Residency Journal Club

“A Comparison of the Effects of Balanced Crystalloids and Normal Saline. April 2018
On the Outcomes of Both Critically Ill and Non-Critically Ill Patients”

Lecturer, University of Pittsburgh School of Medicine, Boot Camp Course, 100 4th year medical students, multiple rotations

“IV Access” 2020–2021

“Sign-Out” 2020–2021

“Resident Wellness Panel” 2020–2021

Curriculum Development

Undergraduate Medical Education

Emergency Medicine Teaching Shifts 2018

Created dedicated medical student teaching shifts for EM residents as part of the medical student clerkship. Focus is on medical student education, with one-on-one attention to improving history taking, exam skills, procedural skills, as well as patient workup and management.

Medical Student Ultrasound Pathology Elective 2018

Created and presented a series of four lectures for first and second-year medical students reviewing ultrasound pathology in correlation to their course on human anatomy and physical exam.

Emergency Medicine Clerkship, Education Contributor 2019

Created twelve online simulation cases to serve as the core didactic component for the medical student clerkship.

Medical Student Boot Camp, University of Pittsburgh 2020-2022

General Content Track Director

Created content, and recruited faculty for, twelve instructional sessions designed to enhance high-yield clinical skills needed for residency success. Given to 4th year medical students over 4-week course.

Graduate Medical Education

Meta-Cognition Rounds 2018-2022

Created a novel, case-presentation series for EM educational didactics to expose residents to the higher order thinking process of attending physicians that aides in patient management and disposition decisions that occur in the Emergency Department.

Emergency Medicine Education Conference 2020-2022

Created content, and recruited faculty for, didactic sessions for Emergency Medicine residents.

Faculty Development

COVID-19 Intubation Training 2020

Worked with a multidisciplinary team to develop, test, revise, and implement a standardized algorithm for the intubation of patients suspicious for COVID-19 in the Emergency Department. Led additional training sessions for faculty and developed materials that were distributed system-wide.

Feedback Workshop 2021

Led an interactive workshop discussing tips and strategies for delivering effective feedback to trainees as well as bedside teaching techniques.

EM FITNESS 2022-Present

(Faculty Interactive Training on Necessary Emergency Skills and Simulation)

Co-leader of a two-year longitudinal faculty development series focused on practicing high-stakes, low frequency procedures.

MENTORING

University of Pittsburgh Emergency Medicine Residency

Mentee	Mentorship Context	Dates
Mikayla Leombruno, MD	Professional Development	2020-2022
Laura Susi, MD	Professional Development	2020–2022

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Mentee	Mentorship Context	Dates
Alayna Barela, MS3/MS4	Advanced Clinical Mentorship Elective	2022-2023
	EM career advising	2023-2024
Uche Onwunaka, MS4	EM career advising	2023-2024