

## **CURRICULUM VITAE**

### **LISA ANNE UEBELACKER**

Business Address: Behavioral Medicine and Addictions Research Program  
Butler Hospital  
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### **EDUCATION**

Undergraduate: Williams College  
Psychology and Mathematics  
B.A., 1994  
Honors in Psychology. Magna Cum Laude  
Phi Beta Kappa, Sigma Xi  
1960s Scholar in Psychology

Graduate: Yale University  
Years attended: 1996-2001  
Psychology  
M.S., 1999; Ph.D., 2001  
  
Brown University  
Master of Arts, Ad Eundem, 2013

Clinical Psychology Internship: Alpert Medical School of Brown University  
2000- 2001

### **POSTDOCTORAL TRAINING**

Post-doctoral Fellowship: Alpert Medical School of Brown University  
Providence, RI  
Clinical Psychology  
2001- 2003

Certificate Program: Primary Care Behavioral Health Certificate Program  
University of Massachusetts Medical School  
Worcester, MA  
2007-2008, 36 hours

### **POSTGRADUATE HONORS AND AWARDS**

2010 One of two Consulting Editors of the Year for the Journal of Family Psychology  
2023 Nominated to be a Fellow in the Academy of Behavioral Medicine Research (ABMR)

### **PROFESSIONAL LICENSE**

2003 Psychologist, RI License #00816  
2006 Licensed Psychologist HSP, MA License #8590

### **ACADEMIC APPOINTMENTS**

2003-2012 Assistant Professor (Research), Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University  
2006-2012 Assistant Professor (Research), Department of Family Medicine, Alpert Medical School of Brown University  
2008-2018 Co-Director, Behavioral Health Research, Center for Primary Care and Prevention, Alpert Medical School of Brown University  
2012-2018 Associate Professor (Research), Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University  
2012-2018 Associate Professor (Research), Department of Family Medicine, Alpert Medical School of Brown University  
2018-2019 Associate Professor, Research Scholar Track, Department of Psychiatry and Human Behavior and Department of Family Medicine, Alpert Medical School of Brown University  
2019-present Professor, Research Scholar Track, Department of Psychiatry and Human Behavior and Department of Family Medicine, Alpert Medical School of Brown University  
2020-present Faculty, Mindfulness Center at Brown  
2023-present Affiliated Faculty, Center for Behavioral and Preventive Medicine, The Miriam Hospital

### **HOSPITAL APPOINTMENTS**

2001-2002 Post-Doctoral Fellow, Rhode Island Hospital  
2002-2003 Post-Doctoral Fellow, Butler Hospital  
2003-present Staff Psychologist, Butler Hospital  
2004-2018 Affiliate Staff, Department of Family Medicine, Memorial Hospital of Rhode Island. Privileges ended in 2018 because hospital closed.

- 2014-2016 Integrated primary care psychologist, Reliant Medical Group, Worcester MA, 1 day per week
- 2017-2021 Assistant Director, Psychosocial Research Program, Butler Hospital
- 2021- Co-Director, Behavioral Medicine and Addictions Research (BMAR) Program, Butler Hospital
- 2021- Director of Research, Butler Hospital

### **OTHER APPOINTMENTS**

- 2004- present Ad hoc reviewer, Acta Psychiatrica Scandinavia, AIDS and Behavior, Annals of Clinical Psychiatry, Archives of General Psychiatry, Behavior Modification, BMC Family Practice, BMC Public Health, British Journal of Sports Medicine, Canadian Journal of Psychiatry, Cognitive and Behavioral Practice, Complementary Therapies in Medicine, Depression and Anxiety, General Hospital Psychiatry, Global Advances in Health and Medicine, Health Psychology, International Journal of Yoga Therapy, Journal of Abnormal Psychology, Journal of Affective Disorders, Journal of Alternative and Complementary Medicine, Journal of Behavior Medicine, Journal of Clinical Psychology, Journal of Anxiety Disorders, Journal of Clinical Psychology and Psychotherapy, Journal of Consulting and Clinical Psychology, Journal of Evidence-Based Integrative Medicine, Journal of Family Psychology, Journal of Health Psychology, Journal of Psychiatric Practice, Journal of Psychiatric Rehabilitation, Journal of Psychosomatic Research, Journal of Social and Personal Relationships, Journal of Sports Medicine, Mental Health and Physical Activity, Mindfulness, Pain, PLOS One, Social Psychiatry and Psychiatric Epidemiology
- 2008-2011 Reviewer, NIMH Loan Repayment Program
- 2009-2019 Editorial Board, Journal of Family Psychology
- 2010 ad hoc reviewer, National Science Foundation
- 2011-2015 Program committee member, Association for Behavioral and Cognitive Therapies
- 2011-2012 Co-chair, Integrated Primary Care subcommittee of Behavioral Medicine and Integrated Primary Care Special Interest Group of ABCT
- 2011 ad hoc reviewer, NCCAM Special Emphasis Panel, Mind/Body and Manual Therapy Translational Tools
- 2011-2013 ad hoc reviewer, NCCAM Special Emphasis Panel, Clinical Studies of CAM Therapies
- 2012-2014 Editorial Board, Health Psychology
- 2012-2013 Program committee member, 2013 Symposium on Yoga Research
- 2013 ad hoc reviewer, NCCAM Training, Education, and AREA Grants Study Section
- 3/20/2014 ad hoc reviewer, NCCIH (ZAT1-PK-29) P01 Centers of Excellence in CAM Research
- 2015-2017 Data Safety Monitoring Committee Member. Efficacy of Yoga as a Complementary Therapy for Smoking Cessation (R01AT006948; PI: Beth Bock, Ph.D.)

3/19/2015 ad hoc reviewer, NIMH (ZMH1-ERB-L-04) NIH Pathway to Independence Award (K99)

7/16/2015 ad hoc reviewer, NCCIH, (ZAT1-HS-21) Clinical Research

10/21/2015 ad hoc reviewer, NINR (ZNR1-REV-T-24) Community Partnerships to Advance Research

11/19/2015 ad hoc reviewer, NCCIH (ZAT1-SM-39) Training, Education, and AREA Grants Study Section

2016-2018 Data Safety Monitoring Committee Member. Yoga as a Complementary Therapy for Type 2 Diabetes: An Initial Investigation (R21AT008830; PI: Beth Bock, Ph.D.)

03/25/2016 ad hoc reviewer, NCCIH (ZAT1-HS-25) Clinical Research on Mind-Body interventions study section

11/3/2016 ad hoc reviewer, NCCIH (ZAT1 HS 29) Clinical Research on Mind-Body interventions study section

4/13/2017 ad hoc reviewer, NCCIH (ZAT1 SM (44) 1), Loan Repayment Program

7/7/2017 ad hoc reviewer, NCCIH (ZAT1 YW (01) 1), Exploratory Clinical Trials of Mind and Body Interventions (R34)

8/31/2017 ad hoc reviewer, Wellcome Trust, India Alliance

11/9/2017 ad hoc reviewer, NCCIH, Phased Innovation Award for Mechanistic Studies to Optimize Mind Body Interventions in NCCIH High Priority Research Topics

2018- Editorial board, Behavior Therapy

4/10/2018 ad hoc reviewer, NCCIH (ZAT1 YW (06) R), Behavioral interventions for prevention of opioid use disorders or adjunct to medication-assisted treatment – SAMHSA Opioid STR Grants (R21/R33) Special Emphasis Panel

4/19/2018 ad hoc reviewer, NCCIH (ZAT1 AJT (07) 1), Loan Repayment program FY 2018

2018 Abstract Reviewer, Symposium on Yoga Research.

10/11/2018- 10/12/2018, ad hoc reviewer, Behavioral Medicine: interventions and Outcomes Study Section (BMIO)

10/25/2018 ad hoc reviewer, National Science Center, Krakow, Poland

2018-2020 Data Safety Monitoring Committee Member. Comparing standard and brief mindfulness therapy to treat stress in adults – Healthy Mind Healthy You (Funded by PCORI; PI: Andrew Nierenberg, MD)

2018-2020 Committee member, Scientific Program Committee for Symposium on Yoga Research, 2019, 2020.

3/4/2019 ad hoc reviewer, NIH/ CSR, ZRG1 F16-L (20) L Fellowships: Risk, Prevention, and Health Behavior

7/1/2019-11/30/2020, Member, Behavioral Medicine, Interventions, and Outcomes (BMIO) Study Section, Center for Scientific Review, NIH

12/1/2020-6/30/2023, Member, Biobehavioral Medicine and Health Outcomes (BMHO) Study Section, Center for Scientific Review, NIH

2023-Present Data and Safety Monitoring Committee Chair, Time restricted Eating for Metabolic and Psychological Optimization (Funded by NIA; PI: Patrick Smith, PhD)

2023-Present Co-Chair, Integrative Health and Spirituality Special Interest Group, Society for Behavioral Medicine.

## **HOSPITAL COMMITTEES**

- 2012-present Member, Care New England Suicide Prevention Committee
- 2014-2015 Alternate, Butler Hospital IRB
- 2015-present Member, Butler Hospital IRB
- 2017-present Member, Board of Managers, Care New England Medical Group
- 2017-present Co-Chair, Care New England Suicide Prevention Committee
- 2020-present Member, Butler Hospital Psychology Steering Committee
- 2021-2023 Vice Chair, Board of Managers, Care New England Medical Group
- 2023-present Member, Board of Managers, Care New England Medical Group

## **UNIVERSITY COMMITTEES**

- 2002-2003 Senior Fellow, Representative to Clinical Psychology Training Committee, Alpert Medical School of Brown University
- 2004-present Member, Adult Track Clinical Psychology Internship Training Committee, Alpert Medical School of Brown University
- 2008-2012 Coordinator, Adult Track of the Clinical Psychology Internship, Alpert Medical School of Brown University
- 2008-2012 Member, Clinical Psychology Training Committee, Alpert Medical School of Brown University
- 2010-2011 Member, Search committee for academic psychologist in Department of Family Medicine
- 2011-present Member, Steering Committee, Women in Psychology, Division of Clinical Psychology, Alpert Medical School of Brown University
- 2013-2017 Advisory Committee Member, Primary Care-Population Health Program
- 2017 Member, Search committee for faculty position in Brown Center for Biomedical Informatics, Alpert Medical School of Brown University
- 2017 Member, Search committee for faculty position in Quantitative Sciences Program, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University
- 2017 Dissertation committee, Michael de Manincor. Thesis title: Yoga for Mental Health: Evaluation of Yoga Interventions for Reducing Depression and Anxiety, and Improving Well-Being. Western Sydney University, Sydney Australia
- 2019-2024 Member, Medical Faculty Executive Committee, Alpert Medical School of Brown University
- 2021-2022 Vice Chair, Medical Faculty Executive Committee, Alpert Medical School of Brown University
- 2021-present Member, Academic Faculty Appointments, Reappointments, and Promotions Committee, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University

- 2021-present Co-Chair, Recruitment and Retention Subcommittee, Anti-Racism Steering Committee, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University
- 2022 Member, Search committee for Director of the Memory and Aging Program, Butler Hospital and Alpert Medical School of Brown University
- 2022-2023 Chair, Medical Faculty Executive Committee, Alpert Medical School of Brown University
- 2022 External Dissertation Examiner, Ana Rabasco. Thesis title: Mindfulness for reducing everyday suicidal thoughts (MIND-REST): A daily mindfulness intervention for individuals at high risk for suicide. Fordham University.

### **MEMBERSHIP IN SOCIETIES**

Association for Behavioral and Cognitive Therapies  
Society for Behavioral Medicine  
Rhode Island Psychological Association

### **ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Alpert, J. E., **Uebelacker, L. A.**, McLean, N. E., Abraham, M. A., Rosenbaum, J. F., & Fava, M. (1995). Mini-Mental State **Examination** and depression. *Psychotherapy and Psychosomatics*, *63*, 207-211.
2. Tedlow, J. R., Fava, M., **Uebelacker, L. A.**, Alpert, J. E., Nierenberg, A. A., & Rosenbaum, J. F. (1996). Are study dropouts different from completers? *Biological Psychiatry*, *40*, 668-670.
3. Alpert, J. E., **Uebelacker, L. A.**, McLean, N. E., Nierenberg, A. A., Pava, J. A., Worthington, J. J., Rosenbaum, J. F., & Fava, M. (1997). Social phobia, avoidant personality disorder, and atypical depression: co-occurrence and clinical implications. *Psychological Medicine*, *27*, 627-633.
4. Fava, M., **Uebelacker, L. A.**, Alpert, J. E., Nierenberg, A. A., Pava, J., & Rosenbaum, J. F. (1997). Major depressive subtypes and treatment response. *Biological Psychiatry*, *42*, 568-576.
5. Tedlow, J., Fava, M., **Uebelacker, L. A.**, Nierenberg, A. A., Alpert, J. E., & Rosenbaum, J. F. (1998). Outcome definitions and predictors in depression. *Psychotherapy and Psychosomatics*, *67*, 266-270.
6. Brown, L. B., **Uebelacker, L. A.**, & Heatherington, L. (1998). Men, women, and the self-presentation of achievement. *Sex Roles*, *38*, 253-268.
7. Alpert, J. E., Fava, M., **Uebelacker, L. A.**, Nierenberg, A. A., Pava, J., & Rosenbaum, J. F. (1999). Patterns of Axis I comorbidity in early-onset vs. late-onset major depressive disorders. *Biological Psychiatry*, *46*, 202-211.
8. Whisman, M. A., & **Uebelacker, L. A.** (1999). Integrating couple therapy with individual therapies and antidepressant medications in the treatment of depression. *Clinical Psychology: Science and Practice* *6*, 415-429.

9. Whisman, M. A., Weinstock, L. M., & **Uebelacker, L. A.** (2002). Mood reactivity to marital conflict: the influence of marital dissatisfaction and depression. *Behavior Therapy, 33*, 299-314.
10. Friedman, M. A., Cardemil, E. V., Gollan, J., **Uebelacker, L. A.**, & Miller, I. W. (2003). The GIFT program for major depression. *Cognitive and Behavioral Practice, 10*, 157-168.
11. **Uebelacker, L. A.**, Courtnage, E. S., & Whisman, M. A. (2003). Correlates of depression and marital dissatisfaction: Perceptions of marital communication style. *Journal of Social and Personal Relationships, 20*, 757-770.
12. **Uebelacker, L. A.**, Keitner, G., Ryan, C., & Miller, I. W. (2004). Characterizing the longitudinal course of persons with major depressive disorder. *Journal of Nervous and Mental Disease, 192*, 65-68.
13. Whisman, M. A., **Uebelacker, L. A.**, & Weinstock, L. M. (2004). Marital dissatisfaction and spousal psychopathology and personality characteristics. *Journal of Consulting and Clinical Psychology, 72*, 830-838.
14. Miller, I. W., **Uebelacker, L. A.**, Keitner, G., Ryan, C. & Solomon, D. (2004). Longitudinal course of Bipolar I disorder. *Comprehensive Psychiatry, 45*, 431-440.
15. **Uebelacker, L. A.** & Whisman, M. A. (2005). Relationship attributions, beliefs, and spouse behaviors among depressed married women. *Cognitive Therapy and Research, 29*, 143-154.
16. Friedman, M. A., Cardemil, E. V., **Uebelacker, L. A.**, Beevers, C. G., Gollan, J., & Miller, I. W. (2005). The GIFT program for major depression: a clinical replication series. *Journal of Psychotherapy Integration, 15*, 147-168.
17. **Uebelacker, L. A.**, Hecht, J., & Miller, I. W. (2006). The Family Check-Up: a pilot study on a brief intervention to improve family functioning in adults. *Family Process, 45*, 223-236.
18. Whisman, M. A., **Uebelacker, L. A.** & Bruce, M. L. (2006). Longitudinal association between marital dissatisfaction and alcohol use disorders in a community sample. *Journal of Family Psychology, 20*, 164-167.
19. **Uebelacker, L. A.** & Whisman, M. A. (2006). Moderators of the association between relationship discord and major depression in a national population-based sample. *Journal of Family Psychology, 20*, 40-46.
20. Whisman, M.A. & **Uebelacker, L. A.** (2006). Impairment and distress associated with relationship discord in a national sample of married or cohabiting adults. *Journal of Family Psychology, 20*, 369-277.
21. Whisman, M. A., **Uebelacker, L. A.**, Tolejko, N., Chatav, Y., & McKelvie, M. (2006). Marital discord and well-being in older adults: Is the association confounded by personality? *Psychology and Aging, 21*, 626-631
22. **Uebelacker, L. A.**, Wang, P, Berglund, P., & Kessler, R.C. (2006). Clinical differences among patients treated for mental health problems in general medical and specialty mental health settings in the National Comorbidity Survey Replication. *General Hospital Psychiatry, 28*, 387-395.
23. **Uebelacker, L. A.**, Beevers, C. G., Battle, C., Strong, D., Keitner, G., Solomon, D., Ryan, C., & Miller, I. W. (2006). Family functioning in bipolar disorder. *Journal of Family Psychology, 4*, 701-704.

24. Gaudiano, B. A., **Uebelacker, L. A.**, & Miller, I. W. Course of illness in psychotic mania: is mood incongruence important? (2007). *Journal of Nervous and Mental Disease*, 195, 226-232.
25. **Uebelacker, L. A.**, Battle, C. G., Friedman, M., Cardemil, E. V., Beevers, C. G., & Miller, I. W. (2008). The importance of interpersonal treatment goals for depressed inpatients. *Journal of Nervous and Mental Disease*, 196, 217-222.
26. Miller, I.W., Keitner, G. I., Ryan, C. E., **Uebelacker, L. A.**, Johnson, S. L, & Solomon, D. A. (2008). Family treatment for bipolar disorder: family treatment by impairment interactions. *Journal of Clinical Psychiatry*, 69, 732-40.
27. Gaudiano, B.A., **Uebelacker, L. A.**, & Miller, I. W. (2008). Impact of Remitted Substance Use Disorders on the Current Course of Bipolar I Disorder: Findings from a Clinical Trial. *Psychiatry Research*, 160, 63-71.
28. **Uebelacker, L. A.**, Strong, D., Weinstock, L., & Miller, I. W. (2009). Use of item response theory to understand differential functioning of DSM-IV major depression symptoms by race, ethnicity, and gender. *Psychological Medicine*, 39, 591-601.
29. **Uebelacker, L. A.**, Weisberg, R., Haggarty, R., & Miller, I.W. (2009). Adapted behavior therapy for persistently depressed primary care patients: an open trial. *Behavior Modification*, 33, 374-395
30. Weinstock, L., Strong, D., **Uebelacker, L. A.**, & Miller, I.W. (2009). Differential functioning of DSM-IV depressive symptoms in individuals with a history of mania vs. those without: An item response theory analysis. *Bipolar Disorders*, 11, 289-297.
31. Whisman, M.A. & **Uebelacker, L. A.** (2009). Prospective associations between marital discord and depression in older adults. *Psychology and Aging*, 24, 184-189.
32. **Uebelacker, L. A.**, Smith, M., Lewis, A.W., Sasaki, R., & Miller, I.W. (2009). Treatment of depression in a low-income primary care setting with co-located mental health care. *Families, Systems, and Health*, 27, 161- 171.
33. **Uebelacker, L. A.**, Weisberg, R. B., Strong, D., Smith, M., & Miller, I. W. (2009). Time invariant and time-varying predictors of depression symptoms in primary care patients. *Primary Care Companion to the Journal of Clinical Psychiatry*, 11, 322-329.
34. Weinstock, L.M., Strong, D., **Uebelacker, L. A.**, & Miller, I.W. (2010). Use of item response theory methodology to evaluate differences between bipolar and unipolar depression. *US Psychiatry*, 3, 2-7.
35. **Uebelacker, L. A.**, Epstein-Lubow, G., Gaudiano, B., Tremont, G., Battle, C. L., & Miller, I. W. (2010). Hatha yoga for depression: critical review of the evidence for efficacy, plausible mechanisms of action, and directions for future research. *Journal of Psychiatric Practice*, 16, 22-33.
36. **Uebelacker, L. A.**, Tremont, G., Epstein-Lubow, G., Gaudiano, B., Kalibatseva, Z., & Miller, I. W. (2010). Open trial of Vinyasa yoga for persistently depressed individuals: evidence of feasibility and acceptability. *Behavior Modification*, 34, 247-264.
37. Whisman, M. A., **Uebelacker, L. A.**, & Settles, T. (2010). Marital discord and the metabolic syndrome: linking social functioning with physical health. *Journal of Family Psychology*, 24, 367-370.
38. Busch, A. M., **Uebelacker, L. A.**, Kalibatseva, Z., & Miller, I.W. (2010). Measuring homework completion in behavioral activation. *Behavior Modification*, 34, 310-329.



39. Weinstock, L., Strong, D., **Uebelacker, L. A.**, & Miller, I.W. (2010). DSM-IV depressive symptom expression among individuals with a history of hypomania: A comparison to those with or without a history of mania. *Journal of Psychiatric Research, 44*, 979-985.
40. **Uebelacker, L. A.**, Strong, D., Weinstock, L., & Miller, I. W. (2010). Likelihood of suicidality at varying levels of depression severity: A re-analysis of NESARC data. *Suicide and Life-Threatening Behavior, 40*, 620-627.
41. Battle, C. B., **Uebelacker, L. A.**, Friedman, M. A., Cardemil, E. V., Beevers, C., & Miller, I. W. (2010). Treatment goals of depressed outpatients. *Journal of Psychiatric Practice 16*, 425-430.
42. Battle, C. L., **Uebelacker, L. A.**, Howard, M., & Castaneda, M. (2010). Prenatal yoga and depression during pregnancy. *Birth: Issues in Perinatal Care, 37*, 353-354.
43. **Uebelacker, L. A.**, German, N. M., Gaudiano, B., & Miller, I. W. (2011). Patient health questionnaire depression scale as a suicide screening instrument in depressed primary care patients: a cross-sectional study. *The Primary Care Companion for CNS Disorders, 13*, pii: PCC.10m01027.
44. **Uebelacker, L. A.**, Marootian, B. A., Tigue, P., Haggarty, R., Primack, J., & Miller, I. W. (2011). Telephone Depression Care Management to Latino Medicaid Health Plan Members: A Pilot Study. *Journal of Nervous and Mental Disease, 199*, 678-83.
45. **Uebelacker, L. A.**, Marootian, B. A., Pirraglia, P., Primack, J. M., Tigue, P., Haggarty, R., Velazquez, L., Bowdoin, J. J., Kalibatseva, Z. & Miller, I. W. (2012). Barriers and Facilitators of Treatment for Depression in a Latino Community: A Focus Group Study. *Community Mental Health Journal, 48*, 114-26.
46. Whisman, M.A. & **Uebelacker, L. A.** (2012). A longitudinal investigation of marital distress as a risk factor for the Metabolic Syndrome. *Health Psychology, 31*, 80-86.
47. Ahern, D.K., Stinson, L. J., Gupta, P. S., McMurray, J. H., Wroblewski, J. P., **Uebelacker, L. A.**, & Eaton, C. B. (2012). e-health blood pressure control program. *Journal of Medical Practice Management, 28*, 91-100.
48. Strong, D. R., **Uebelacker, L. A.**, Schonbrun, Y. C., Durst, A., Saritelli, J., Fokas, K., Brown, R. A., Miller, I. W., & Apodaca, T. (2012). Development of a brief motivational intervention to facilitate engagement of smoking cessation among inpatient depressed smokers. *Journal of Smoking Cessation, 7*, 4-11.
49. Be, D. Whisman, M.A. & **Uebelacker, L. A.** (2013). Prospective Associations Between Marital Satisfaction and Life Satisfaction In Middle-Aged and Older Adults. *Personal Relationships, 20*, 728-739.
50. **Uebelacker, L. A.**, Weisberg, R. B., Millman, M., Yen, S., & Keller, M. (2013). Prospective study of risk factors for suicidal behavior in individuals with anxiety disorders. *Psychological Medicine, 43*, 1465-74.
51. **Uebelacker, L. A.**, Eaton, C. E., Weisberg, R. B., Sands, M., Williams, C., Calhoun, D., Manson, J. E., Denburg, N. L. & Taylor, T. (2013). Social support and physical activity as moderators of life stress in predicting baseline depression and change in depression over time in the Women's Health Initiative. *Journal of Social Psychiatry and Psychiatric Epidemiology.*
52. Ma, Y., Balasubramanian, R., Pagoto, S. L., Schneider, K. L., Hebert, J. R., Phillips, L. S., Goveas, J., Culver, A. L., Olendzki, B., Beck, J., Smoller, J., Sepavich, D. M., Ockene, J., K.,

- Uebelacker, L. A.**, Zorn, M., & Liu, S. (2013). Relations of depressive symptoms and antidepressant use to body mass index and selected biomarkers for diabetes and cardiovascular disease. *American Journal of Public Health, 103*, e34-43.
53. Be, D. Whisman, M.A. & **Uebelacker, L. A.** (2013). Prospective Associations Between Marital Satisfaction and Life Satisfaction In Middle-Aged and Older Adults. *Personal Relationships, 20*, 728-739.
54. Strong, D. R., **Uebelacker, L. A.**, Fokas, K., Saritelli, J., Matsko, S., Abrantes, A. A., and Schonbrun, Y. (2014). Utilization of evidence-based smoking cessation treatments by psychiatric inpatient smokers with depression. *Journal of Addiction Medicine, 8*, 77-83.
55. **Uebelacker, L. A.**, Weinstock, L., & Kraines, M. A. (2014). Self-reported benefits and risks of yoga amongst individuals with bipolar disorder. *Journal of Psychiatric Practice, 20*, 345-52.
56. **Uebelacker, L. A.**, Epstein-Lubow, G., and Friedman, J. (2014). A survey of Parkinson's Disease patients: most bothersome symptoms and coping preferences. *Journal of Parkinson's Disease, 4*, 717-23.
57. Hubley, S., **Uebelacker, L. A.**, & Eaton, C. E. (2014). Managing medically unexplained symptoms in primary care: a narrative review and treatment recommendations. *American Journal of Lifestyle Medicine.*
58. Fuchs, C., Haradhvala, N. M., Hubley, S., Nash, J. M., Keller, M. B., Ashley, D., Weisberg, R. W., **Uebelacker, L. A.** (2015). Physician actions following a positive PHQ-2: implications for the implementation of depression screening in family medicine practice. *Families, Systems, and Health, 33*, 18-27.
59. Battle C.L., **Uebelacker, L. A.**, Magee S.R., Sutton K.A., Miller, I.W. (2015). Potential for prenatal yoga to serve as an intervention to treat depression during pregnancy. *Women's Health Issues, 25*, 134-41.
60. Stein, M. D., Herman, D. S., Bailey, G. L., Straus, J., Anderson, B. J., **Uebelacker, L. A.**, Weisberg, R. B. (2015). Chronic pain and depression among primary care patients treated with buprenorphine. *Journal of General Internal Medicine, 30*, 935-41.
61. Tran, T. B., **Uebelacker, L. A.**, Wenze, S. J., Collins, C., & Broughton, M. K. (2015). Adaptive and maladaptive means of using Facebook: a qualitative study to inform development of a future intervention for depression. *Journal of Psychiatric Practice, 21*, 458-73.
62. **Uebelacker, L. A.**, Weisberg, R. B., Herman, D. S., Bailey, G. L., Pinkston, M. M. & Stein, M. D. (2015). Chronic pain and its relationship to mood in HIV patients. *Pain Medicine, 16*, 1870-81.
63. Hubley, S., **Uebelacker, L. A.**, Nash, J., & Eaton, C. B. (2015). Open trial of integrated primary care consultation for medically unexplained symptoms. *Journal of Behavioral Health Services and Research*. [Epub ahead of print].
64. **Uebelacker, L. A.**, Battle, C. L., Sutton, K. A., Magee, S. R., Miller, I. W. (2016). A pilot randomized trial comparing prenatal yoga to perinatal health education for antenatal depression. *Archives of Women's Mental Health, 19*, 543-7.
65. Gaudiano, B. A., Weinstock, L. M., Epstein-Lubow, G., **Uebelacker, L. A.**, Miller, I. W. (2016). Clinical characteristics and medication use patterns among hospitalized patients

- admitted with psychotic versus nonpsychotic major depressive disorder. *Annals of Clinical Psychiatry*, 28, 56-63.
66. **Uebelacker, L. A.** & Broughton, M. K. (2016). Yoga for depression and anxiety: a review of published research and implications for health providers. *Rhode Island Medical Journal*, 99, 20-22.
  67. **Uebelacker, L. A.**, Bailey, G., Herman, D., Anderson, B., & Stein, M. (2016). Patients beliefs about medications are associated with stated preference for methadone, buprenorphine, naltrexone, or no medication-assisted therapy following inpatient opioid detoxification. *Journal of Substance Abuse Treatment*, 66, 48-53.
  68. **Uebelacker, L. A.**, Weisberg, R. B., Herman, D. S., Bailey, G. L., Pinkston, M. M., Garnaat, S., & Stein, M. D. (2016). Pilot randomized trial of collaborative psychosocial treatment for chronic pain and depression in persons living with HIV/AIDS. *AIDS and Behavior*, 20, 1675-81.
  69. Weinstock, L., Strong, D. S., **Uebelacker, L. A.**, & Miller, I. W. (2016). Differential endorsement of suicidal ideation and attempt in bipolar vs. unipolar depression: a testlet response theory analysis. *Journal of Affective Disorders*, 200, 67-73.
  70. Fuchs, C., Haradhvala, N. M., Evans, D., Weisberg, R. B. & **Uebelacker, L. A.** (2016). Implementation of an acceptance- and mindfulness-based group for depression and anxiety in primary care: initial outcomes. *Families, Systems, and Health*, 34, 386-395.
  71. Weinstock, L.M., Broughton, M.K., Tezanos, K.M., Tremont, G., Gillette, T., & **Uebelacker, L. A.** (2016). Adjunctive yoga versus bibliotherapy for bipolar depression: A pilot randomized controlled trial. *Mental Health and Physical Activity*, 11, 67-73.
  72. Farris, S. G., **Uebelacker, L. A.**, Brown, R. A., Price, L. H., Desaulniers, J., & Abrantes, A. M. (2017). Anxiety sensitivity predicts increased perceived exertion during a 1-mile walk test among treatment-seeking smokers. *Journal of Behavioral Medicine*, 40: 886-893.
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### **BOOKS AND BOOK CHAPTERS**

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### **MULTICENTER TRIALS**

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### **ABSTRACTS**

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  15. Weisberg, R. B., **Uebelacker, L. A.**, & Smith, M. (October 2007). Findings from an open trial of the Learning to Ease Anxiety in Primary Care (LEAP) program. Poster presented at the annual meeting of the North American Primary Care Research Group, Vancouver, CA.
  16. Weinstock, L.M., Strong, D., **Uebelacker, L. A.**, & Miller, I.W. (2007, November). Differential functioning of DSM-IV depressive symptoms in individuals with a history of mania versus hypomania: An item response theory analysis. Poster presented at the 41<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
  17. Uebelacker, L.A. & Miller, I.W. (2007, November). Behavior therapy for persistently depressed primary care patients: Findings from a pilot program. Poster presented at the 41<sup>st</sup> Annual Convention of the Association for the Behavioral and Cognitive Therapies, Philadelphia, PA.
  18. Weisberg, R. B., **Uebelacker, L. A.**, & Smith, M. (2008, March). Findings from an open trial of the Learning to Ease Anxiety in Primary Care (LEAP) program. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Savannah, GA.
  19. **Uebelacker, L. A.**, Weinstock, L., Haggarty, R., Primack, J. L., Hecht, J., & Miller, I. W. (2008, August). Family Check-Up: Two pilot trials with diverse families. In J.V. Córdova (Chair), *Relational Health Check-Ups for Marriage, Family, Parenting*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
  20. Be, D., Whisman, M.A., & **Uebelacker, L. A.** (2009, November) Prospective Associations Between Marital Satisfaction and Life Satisfaction. Poster presented at the 43rd Annual Convention of the Association for the Advancement of Behavior Therapy, New York, NY.
  21. Whisman, M.A., & **Uebelacker, L. A.** (2009, November). Prospective Associations Between Marital Discord and Depressive Symptoms in Middle-Aged and Older Adults. Paper presented at the 43rd Annual Convention of the Association for the Advancement of Behavior Therapy, New York, NY.
  22. Córdova, J., **Uebelacker, L. A.**, Stanley, S., & Rogge, R. (2010, November). Beyond Therapy: Brief Interventions for couples and families. C. Eubanks, Chair. Panel discussion at the 44<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
  23. **Uebelacker, L. A.**, Battle, C. B., & Grinnell, R. (2011, November). Acceptability and feasibility of a yoga intervention for antenatal depression. Symposium at the 45<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
  24. Sexton-Radek, K., Ong, J., Harris, S. F., **Uebelacker, L. A.**, Kloss, J. D., & Nash, C. (2011, November). Treatment dissemination in health care settings: innovations and outreach practices. Clinical round table at the 45<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.

25. Battle, C. L. & **Uebelacker, L. A.** (2012, April). Yoga for Depressed Mood During Pregnancy. North American Society for Psychosocial Obstetrics and Gynecology, Annual meeting. Providence, RI.
26. Weisberg, R., **Uebelacker, L. A.**, Vergara, M., & Kraines, M. (2012, November). Open trial of the Program for Emotional and Physical Pain. Symposium at the 46<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
27. **Uebelacker, L. A.**, Eaton, C. B., Weisberg, R., Sands, M., Williams, C., Calhoun, D., Manson, J. E., Denberg, N. L., & Taylor, T. (2012, December). Social support and physical activity: do they buffer the effect of life stress on depression. Presentation at the 40<sup>th</sup> Annual meeting of the North American Primary Care Research Group, New Orleans, Louisiana.
28. Fuchs, C., Haradhvala, N. M., **Uebelacker, L. A.**, Weisberg, R. B. (2013, November). An examination of the utilization and delivery of integrated behavioral health services in primary care. Presentation at the 47<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Nashville, Tennessee.
29. Hubley, S., **Uebelacker, L. A.**, Nash, J., Weisberg, R. B., & Eaton, C. B., (2013, November). Integrated primary care interventions for patients with medically unexplained symptoms. Presentation at the 47<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Nashville, Tennessee.
30. **Uebelacker, L. A.**, Weisberg, R. W., Herman, D., Bailey, G., Pinkston-Camp, M., & Stein, M., (2014, November). Chronic pain and its relationship to mood in HIV+ primary care patients. Presented at the 42<sup>nd</sup> Annual meeting of the North American Primary Care Research Group, New York, New York.
31. Hubley, S., **Uebelacker, L. A.**, Nash, J., Eaton, C. B. (2015, October). Behavioral health consultation for primary care patients with medically unexplained symptoms. North American Primary Care Research Group meeting, Cancun, Mexico.
32. Battle, C., **Uebelacker, L. A.**, Sutton, K., Magee, S. Miller, I. (2015, November). A pilot trial of prenatal yoga for antenatal depression: results and plans for full-scale RCT. To be presented at the 2<sup>nd</sup> Biennial Perinatal Mental Health Conference, Chicago, Illinois.
33. Epstein-Lubow, G., **Uebelacker, L. A.**, Wetle, T. F., Lewis, T., Tuya-Fulton, A., Voss, J., Broughton, M., Miller, I. (2015, November). Family caregivers' social networks and psychiatric hospitalization of persons with dementia. To be presented at the American Gerontological Society of America's 68<sup>th</sup> Annual Scientific Meeting, Orlando, Florida.
34. Weinstock L, **Uebelacker, L. A.**, Hearing CM, Deckersbach T, Nierenberg AA, Sylvia LG. (2016, July). *The Acceptability and Feasibility of an Online Yoga Intervention for Individuals with Mood Disorders: A MoodNetwork Study*. Poster to be presented at the International Society for Bipolar Disorders, Amsterdam, The Netherlands.
35. Weinstock, L.M., Tezanos, K., Broughton, M.K., Tremont, G., Gillette, T., & **Uebelacker, L. A.** (2016, July). *Adjunctive hatha yoga versus bibliotherapy for bipolar depression: A pilot randomized controlled trial*. Poster to be presented at the annual meeting of the International Society for Bipolar Disorders, Amsterdam, The Netherlands.
36. Hearing, C. M., **Uebelacker, L. A.**, Weinstock, L. M. Deckersbach, T., Nierenberg, A. A. & Sylvia, L. G. (2016, October). *Online Yoga for Mood Disorders: An Acceptability and*

- Feasibility Study on the MoodNetwork*. Poster to be presented at the 50<sup>th</sup> Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
37. Sylvia, L. G., Deckersbach, T., **Uebelacker, L. A.**, & Miklowitz, D. (2016, October). L. Weinstock (Moderator), Internet delivery of psychosocial interventions and assessments of mood disorders. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  38. Sklar, M., Fuchs, C., Evans, D., **Uebelacker, L. A.**, Nash, J. *Physician management of behavioral health concerns in primary care patients and its implication for resource utilization*. Paper accepted for presentation at the 38<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA; March 29-April 1, 2017.
  39. Abrantes, A.M., Farris, S.G., Garnaat, S.L., Brown, R.A., Price, L.H., & **Uebelacker, L. A.** (2017, March). Physical activity enjoyment influences the acute affective experience of exercise in smokers with elevated depressive symptoms. Presented at 2017 annual meeting of the Society for Research on Nicotine and Tobacco, Florence, Italy.
  40. **Uebelacker, L. A.**, Tremont, G., Gillette, T., Epstein-Lubow, G., Strong, D. R., Abrantes, A., Tyrka, A. R., Tran, T., Gaudiano, B. A., & Miller, I. W. (2017, May) A randomized controlled trial of adjunctive yoga vs. health education for persistent major depression. Presented at 2017 World Congress on Integrative Medicine and Health, Berlin, Germany.
  41. **Uebelacker, L. A.**, Van Noppen, D., Bailey, G., Abrantes, A. M., & Stein, M. (2018, April). Acceptability and feasibility of hatha yoga for chronic pain in patients receiving opioid agonist treatment. 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society for Behavioral Medicine, New Orleans, LA.
  42. **Uebelacker, L. A.**, Van Noppen, D., Bailey, G., Abrantes, A. M., & Stein, M. (2018, May). Hatha yoga for chronic pain patients receiving methadone maintenance treatment: a pilot study. International Congress on Integrative Medicine and Health, May 8-11, 2018, Baltimore, MD.
  43. **Uebelacker, L. A.**, Gaudiano, B., Davis, C. H., Miller, I. W. (2018, July). Development and pilot-testing of storytelling video self-help program based on Acceptance and Commitment Therapy for depression. To be presented at the Association for Contextual Behavioral Science World Conference 16, July 16-19, Montreal, Quebec, Canada.
  44. Tremont, G., Davis, J., Britton, K., Kenney, L., Sanborn, V., **Uebelacker, L.**, Gillette, T., Becker, B., Ott, B.R. (2018). Initial Experience with a Yoga Intervention for Mild Cognitive Impairment. *Alzheimer's & Dementia*. Paper presented at the Alzheimer's Association International Conference, Chicago, IL.
  45. Shallcross, A., Sohl, S., **Uebelacker, L. A.**, & Mudd, L. (2019, March). CAIM SIG Navigating the Early Career Path and How to Secure Early Career Funding at NIH. Panel Discussion at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.
  46. Caviness, C. C., Abrantes, A. M., & **Uebelacker, L. A.** (2019, March). Effects of a bout of exercise on mood in people with depression with and without physical pain. Poster at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.

47. Abrantes, A.M., Van Noppen, D., **Uebelacker, L. A.**, Bailey, G., Buman, M., & Stein, M.D. (2019, March) Developing a Peer-Facilitated Physical Activity Intervention in Methadone Clinics. Poster at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.
48. Mudd, L., Tipton, A., **Uebelacker, L. A.**, Luberto, C., Miller, I. W., Abrantes, A. M., Weinstock, L. (2019, Nov). Developing your research career: NIH training and career development funding opportunities. Presentation at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nov 21-24, 2019, Atlanta GA.
49. Mudd, L., Uebelacker, L.A., Huberty, J., & Weinstock, L (2019, Nov). Research recruitment strategies for ‘hard to reach’ populations: a panel to share lessons learned and tangible takeaways. Presentation at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nov 21-24, 2019, Atlanta GA.
50. Sillice, M. A., Jennings, E., **Uebelacker, L. A.**, Abrantes, A., O’Keefe, B., & Bock, B. (2019, March). AA women’s relationship with their mobile phone, and what they want in an mHealth PA intervention. Poster at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 6-9, 2019, Washington, DC.
51. Seijo, C., Hatch, M. R., Sklar, M., Fuchs, C., Evans, D., **Uebelacker, L. A.**, Nash, J. (2019, October) Assessing complex behavioral health needs of primary care patients in the patient-centered medical home (PCMH). Poster at the Collaborative Family Healthcare Association annual conference, Denver, CO.
52. **Uebelacker, L. A.**, O’Keefe, B., Feltus, S., Marsh, E., Peterson, S., Abrantes, A. M. (April, 2020). Pain as a Predictor of Exercise Group Attendance among Smokers Enrolled in a Cessation Trial. Presented at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
53. Ameral, V., Stein, M., **Uebelacker, L.**, Pinkston, M., Herman, D., Weisberg, R. *Patients’ experience of transitions in opioid prescribing practices in HIV specialty primary care.* Poster accepted for presentation at the Collaborative Perspectives on Addiction Annual Conference, San Diego, California, April, 2020.
54. Kraines, M.A., **Uebelacker, L.A.**, Gaudiano, B.A., Jones, R.N., Beard, C., Loucks, E., & Brewer, J.A. (2021, March). An adapted Delphi approach: The use of an expert panel to operationally define non-judgment of internal experiences as it relates to mindfulness. Poster accepted for presentation at the 41st Annual Conference of the Anxiety and Depression Association of America, Virtual Conference.
55. Cherenack, E.M., Stein, M. D., Abrantes, A., M, & **Uebelacker, L.A.** (March, 2021). A Cross-Sectional Analysis of Substance Use and Physical Activity among People Living with HIV, Chronic Pain, and Symptoms of Depression. Brief presentation at Mind/Brain Research Day, Brown University, Providence, RI.
56. Alvarez Hernandez., A., Bist, J., Kvaka, A., Chitale, S., Stancroff, N., Faria, C., Deng, Y., Kobaissi, H., Tovey, R., Nierenberg, A., Temes, C., Katz, D., Busch, A., Danhauer S., Dahne, J., Weinstock, L., **Uebelacker, L.**, Sylvia, L. *The COMPARE Study Design: Expanding first-line options for depression* (October, 2023). Poster will be presented at the PCORI Annual Meeting, Washington, DC, United States.
57. Kraines, M.A., Kvaka, A.E., Min, J., Stein, M., Anderson, B., Baker, J., Busch, A., Pinkston-Camp, M., Herman, D., Garnaat, S., & **Uebelacker, L.A.** (2024, March). Mood symptoms and pain outcomes overtime: A longitudinal study of people living with HIV. Poster to be presented at the

- 45th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.
58. **Uebelacker, L. A.**, Braun, T. D., Graves, H. R., Johnson, J. E., Stevens, L. Weinstock, L. A. (2024, March). Yoga-based intervention for people who are incarcerated: feasibility and acceptability. Paper presented at the 45th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.
  59. Kraines, M.A., Beard, C., Gaudio, B.A., Anderson, B., Holland, P., Loucks, E.B., Brewer, J.A., & **Uebelacker, L.A.** (2024, August). *Measuring feeling tones of internal experiences*. Talk to be presented at the 2024 International Conference on Mindfulness, Bangor, Wales, UK.

### PUBLISHED ABSTRACTS

1. Weinstock, L.M., Strong, D., **Uebelacker, L. A.**, & Miller, I.W. (2011). Differential endorsement of suicidal ideation and attempt in bipolar versus unipolar depression: An item response theory analysis. *Bipolar Disorders, 13 (suppl. 1)*, 235.
2. Weinstock, L.M., Strong, D., **Uebelacker, L. A.**, & Miller, I.W. (2007). Differential functioning of DSM-IV depressive symptoms in individuals with a history of mania vs. those without: An item response theory analysis. *Bipolar Disorders, 9 (suppl. 1)*, 109.
3. Weinstock, L.M., Kraines, M.A., & **Uebelacker, L. A.** (2013). Self-reported risks and benefits of yoga among individuals with bipolar disorder. *Bipolar Disorders, 15 (suppl 1)*, 92.
4. Weinstock, L.M., Tremont, G., Tezanos, K., Broughton, M.K., Gillette, T., & **Uebelacker, L. A.** (2016). Adjunctive hatha yoga vs. bibliotherapy for bipolar depression: A pilot randomized controlled trial. *Bipolar Disorders, 18 (suppl. 1)*, 172.
5. Tremont, G., Davis, J., Britton, K., Kenney, L., Sanborn, V., **Uebelacker, L. A.**, Gillette, T., Becker, B., Ott, B.R. (in press). Initial Experience with a Yoga Intervention for Mild Cognitive Impairment. *Alzheimer's & Dementia*. Paper presented at the Alzheimer's Association International Conference, Chicago, IL.

### INVITED PRESENTATIONS

1. Complementary and alternative approaches to depression treatment, Psychological Centers, Providence, RI, October 2012.
2. Practices for a healthy body and healthy mind, Butler Hospital Annual Meeting, May 7, 2013.
3. Designing yoga interventions and control conditions, Symposium on Yoga Research, Newton, MA, June 11, 2013.
4. Collaborative care for depression and chronic pain, Grand Rounds, Center for Primary Care and Prevention, April 8, 2015.
5. Chronic pain management, Grand Rounds, RI Department of Health, September 24, 2015.
6. Suicide screening, risk assessment, and brief intervention, Rhode Island Primary Care Physicians Corporation, Behavioral Health Pod, Warwick, RI, March 23, 2017.
7. Randomized controlled trial of hatha yoga for persistent depression: quantitative and qualitative results, Symposium on Yoga Research, Lenox, MA, October 18, 2017.

8. Managing headaches after concussion: A Behavioral Medicine Perspective. Alpert Medical School Sports Medicine Conference, Providence, RI, May 2, 2018.
9. Integrative Health Approaches: Non-Opioid Options. Women & Infants Hospital, Providence, RI, June 13, 2018.
10. Treating depression through movement: physical activity and hatha yoga for depression. Bradley Hospital, Providence, RI, December 6, 2018.
11. Psychology and psychology research. Lincoln School, Providence, RI, January 30, 2019.
12. What can we learn from feasibility (pilot) clinical trials? Examples from research on yoga and other behavioral interventions. Seminar for Building Research across Inter-Disciplinary Gaps (BRIDG) program, a T90/R90 Clinical Research Training Program in Complementary and Integrative Health (CIH) at University of Washington. February 14, 2019.
13. Hatha yoga for depression: current research, future directions, and practical advice. Veteran's Administration HRS&D Cyberseminar. March 21, 2019.
14. Hatha yoga for depression and chronic pain: current research, future directions. Grand Rounds, Psychiatry and Behavioral Health, The Ohio State University. May 1, 2019.
15. Yoga Intervention Research: Focus on People with Depression. Grand rounds, Department of Psychiatry and Human Behavior, December 1, 2021.
16. Management of Severe Depression in the Outpatient Setting. Presentation to Providence Community Health Centers. November 2, 2022.
17. Depression, Anxiety, and Treatment. Women's Day presentation, Naragansett Indian Health Center, May 31, 2023
18. Pilot study of yoga for anger management for people in prison. Symposium on Yoga Research, Lenox MA, October 16, 2023.
19. Spirituality in Yoga Therapy: Bringing Transformation to Health. Webinar sponsored by the International Association of Yoga Therapists (IAYT). Online, May 15, 2024.

## **GRANTS**

1. Enders Dissertation Research Grant, Yale University, 4/99 (\$750).
2. Principal Investigator, *Motivating Couples for Therapy*, National Institute of Mental Health, 7/9/01- 7/8/03. Individual National Research Scholar Award (F32 MH064245; \$71,580).
3. Principal Investigator, *Psychotherapy for Depressed Primary Care Patients*, National Institute of Mental Health, 12/1/03- 11/30/08. Mentored Patient-Oriented Research Career Development Award (K23 MH067779; \$905,264).
4. Consultant, *Planning for Statewide Coordinated Effort for Integrating Behavioral and Primary Care for Older Adults in RI*. SAMHSA work contract.
5. Principal Investigator, *Family Check-Up for Depression Prevention*, National Institute of Mental Health, 9/30/2005- 5/31/2008. (R34 MH070743; \$592,801).
6. Co-Investigator, *Culturally Sensitive Depression Care Management for Latino Patients*, Robert Wood Johnson Foundation. 12/1/2006-12/1/2008 (\$139,082).



7. Site Principal Investigator, *Emergency Department Suicide Screening and Intervention Trial*, National Institute of Mental Health, 10/1/09-9/30/14. (U01 MH088278; \$11,709,446).
8. Co-Investigator, *Development of a Yoga Intervention for Antenatal Depression*, National Institute of Mental Health, 4/1/2009 – 11/30/2013. (R34 MH085053; \$568,987).
9. Co-Investigator, *Ehealth BP control program*, Agency for Healthcare Research and Quality. 10/1/2009- 9/30/2011. (R21 HS018238; \$299,967).
10. Co-Investigator, *Motivation for cessation treatment engagement in depressed inpatient smokers*, American Cancer Society. 7/1/08 – 6/30/11.
11. Principal Investigator, *Psychosocial treatment development for depression with comorbid chronic pain*, National Institute of Mental Health. 7/1/2010- 3/31/2013. (R34 MH085762; \$620,090).
12. Principal Investigator, *RCT of hatha yoga for persistent depression*, National Institute of Nursing Research. 2/2/2011 – 1/31/2015. (R01 NR012005; \$1,622,371).
13. Principal Investigator, *Treating chronic pain and depression in HIV patients in primary care settings*, National Institute of Nursing Research, 7/1/2012 – 6/30/2014. (R21 NR013438; \$382,573).
14. Project Director, *Primary-behavioral health integration project*, Rhode Island Foundation. 7/1/2012- 6/30/2015 (\$351,739).
15. Co-Investigator, *Treating chronic pain in buprenorphine patients in primary care settings*, National Institute on Drug Abuse, 9/1/2012- 8/31/2015. (R34 DA032800; \$578,140).
16. Co-Investigator, *Aerobic exercise for smokers with depressive symptoms*, National Cancer Foundation, 9/1/2013 – 06/30/2018. (R01 CA173551; \$2,712,813).
17. Co-Investigator, *Pilot trial of yoga for bipolar depression*, Depressive and Bipolar Disorder Alternative Treatment Foundation. 1/6/2014 – 12/31/2014. (\$50,000).
18. Co-Investigator, *Behavioral consultation for HIV+ older adults prescribed opioids for chronic pain*, National Institute on Drug Abuse, 9/1/2014- 8/31/2016 (R21 DA028203; \$406,875).
19. Multiple PI, *Narrative intervention to disseminate ACT for depression in primary care*, National Institute of Mental Health, 3/1/2015- 2/28/2019 (R34 MH103568; \$644,976).
20. Site PI, *ED-SAFE-2: Sustainability and improvement through LEAN*, National Institute of Mental Health, 6/1/2015-1/31/2019 (R01 MH105365; \$3,630,873).
21. Co-Investigator, *Efficacy of a prenatal yoga intervention for antenatal depression*, National Institute of Child and Human Development, 9/1/2015 – 06/30/2020, (R01 HD081868; \$2,853,440).
22. Multiple PI, *Initiating and maintaining physical activity in depressed individuals*, National Heart, Lung, and Blood Institute, 9/1/2015 – 8/31/2016, (R56 HL127695; \$610,335).
23. Multiple PI, *Improving functioning in HIV patients with chronic pain and comorbid depressive symptoms*, National Institute for Nursing Research, 6/1/2016 -- 3/31/2021, (R01 NR015977; \$2,416,109).
24. Multiple PI, *Yoga to treat chronic pain in persons receiving opioid agonist therapy*, National Center for Complementary and Integrative Health, 8/1/2016 – 5/21/2019, (R34 AT009432; \$650,571).

25. Multiple PI, *Initiating and maintaining physical activity in depressed individuals*, National Heart, Lung, and Blood Institute, 9/1/2016 – 6/30/2020, (R01 HL127695; \$2,403,874).
26. Co-Investigator, *tDCS for Increasing Exercise Adherence in Individuals with Elevated Depressive Symptoms*, 01/01/2017-12/31/2019, (R21 CA214102; \$325,435).
27. Co-Investigator, *Peer-Facilitated Physical Activity Intervention Delivered During Methadone Maintenance*, 9/1/2016-8/31/2021, (R21 DA041553; \$433,233).
28. Co-Investigator, *A smartphone app to facilitate buprenorphine discontinuation*, 06/15/2016 – 5/31/2018, (R21 DA041153; \$414,316).
29. Multiple PI, *Adaptation and Pilot Study of Yoga to Reduce Depression in Adolescents*, 06/01/2018 – 05/31/2021, (R34 AT009886; \$735,323).
30. Multiple PI, *Treatment Development of Yoga for Anger Management in Incarcerated Adults*, 01/10/2019 – 12/31/2021 (R34 AT010172; \$728,870).
31. Co-Investigator, *Treating chronic pain in buprenorphine patients in primary care settings*. 2/15/2019-1/31/2024 (R01DA045695; \$3,708,703).
32. Multiple PI, *Development of an adjunctive video-based suicide prevention intervention immediately following psychiatric hospitalization*. 2/17/2020- 11/30/2022. (R34 MH119414; \$680,403).
33. Multiple PI, *Optimization and multi-site feasibility of yoga for chronic pain in people in treatment for opioid use disorder*. 4/1/2020- 3/31/2025. (U01 AT010863; \$3,858,499).
34. Multiple PI, *Expanding first-line options for depression and matching treatments to patients: hatha yoga and behavioral therapy*. 4/1/2022 – 3/31-2028. (PCORI, PCS-2021C1-22396).
35. Multiple PI, *Optimization of a behavioral intervention to increase physical activity in older adults living with HIV*. 9/1/2022- 8/31/2027. (NIA, R01AG077989).

## **TEACHING ROLES**

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| 1999         | Instructor, Abnormal Psychology, undergraduate summer course, Yale University, New Haven, CT  |
| 2001-2003    | Peer supervision for Adult Track Clinical Psychology Interns, Co-leader, 5-6 students. Group met weekly. Alpert Medical School of Brown University                  |
| 2003         | Co-Instructor, P670, Topics in Statistics for Psychologists, Athens, Greece. University of New Haven, New Haven, CT   |
| 2004-2005    | Peer supervision/ Professional Issues for Adult Track Clinical Psychology Interns. Leader. 6 students. Group met weekly. Alpert Medical School of Brown University. |
| 2004-present | Member, Clinical Psychology Adult Track Faculty Committee. Alpert Medical School of Brown University  |
| 2005-2015    | Yearly Lecture for Psychiatric Residents: “Cognitive Behavioral Couples Therapy.” Alpert Medical School of Brown University   |
| 2006         | Lecture for Internal Medicine Residents: “Assessment of Depression.” Alpert Medical School of Brown University  |

- 2007-2008 Peer supervision for Adult Track Clinical Psychology Interns, 4 sessions. Alpert Medical School of Brown University
- 2008-present Research mentor, Adult Track Clinical Psychology Interns. Alpert Medical School of Brown University. Interns: Andrew Busch, Samuel Hubley, Jessica West, Morganne Kraines, Emily Cherenak, Erin Ferguson.
- 2009-2011 Tutorials for 13 first year family medicine residents on assessment and treatment of depression. Alpert Medical School of Brown University
- 2006-present Mentor, Clinical Psychology Post-doctoral Fellows. Alpert Medical School of Brown University. Fellows: Ryan Haggarty, Angela West, Richard Liu, Tanya Tran, Samuel Hubley (awarded an F32), Cara Fuchs, Daniel Evans, Marie Sillice (awarded a Minority Supplement to R01HL127695), Morganne Kraines (awarded an F32), Tosca Braun (T32 fellow).
- 2013-2015 Instructor, weekly grant writing seminar for adult track post-doctoral fellows. Alpert Medical School of Brown University.
- 2015 Facilitator, Brief therapy techniques to build into your patient encounters. Half day workshop for family medicine residents. Alpert Medical School of Brown University.
- 2016 Instructor, Seminar on Experiential Avoidance, Family medicine residents. Alpert Medical School of Brown University.
- 2016-present Annual seminar on Integrated Primary Care for adult track clinical psychology residents. Alpert Medical School of Brown University.
- 2019-present Workshop on Safety Planning Intervention: Training for Clinicians. Butler Hospital and The Providence Center. Taught six cycles of this workshop to mental health clinicians.