

CURRICULUM VITAE
MICHELLE AIELLO PH.D.

Department of Psychiatry and Human Behavior
Bradley Hospital & Brown University
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EDUCATION

Undergraduate	Miami Dade College, Miami, FL A.A. in Psychology with Honors (2014)
	University of Central Florida, Orlando, FL B.S. in Psychology, Cum Laude (2017)
Graduate	Georgia State University, Atlanta, GA Ph.D. in Counseling Psychology (2023)
Internship	Emory University Counseling and Psychological Services, Atlanta, GA APA Accredited Internship (2023)

POSTGRADUATE TRAINING

Fellowship	Brown University & Bradley Hospital, Providence, RI Postdoctoral Research Fellow (9/2023-9/2024)
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HONORS AND AWARDS

2015-2017	Ronald E. McNair Post-Baccalaureate Achievement Scholar University of Central Florida
2016	Student Conference Travel Award Society for the Advancement of Chicanos/Hispanics and Native Americans in Science
2016	Poster Presentation Award Society for the Advancement of Chicanos/Hispanics and Native Americans in Science
2019	Honorable Mention NSF Graduate Research Fellowship National Science Foundation
2020-2022	Interdisciplinary Minority Fellowship American Psychological Association
2025	Outstanding Dissertation in Counseling Psychology Award Georgia State University

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

2024-Current Psychologist
Rhode Island No. PS02302
Issued: 9/24/2024
Expires: 06/30/2026

ACADEMIC APPOINTMENTS

2025-Current Assistant Professor (Research)
Department of Psychiatry and Human Behavior
Brown University, Rhode Island

HOSPITAL APPOINTMENTS

2024-Current Staff Psychologist
Mi Gente Program
Bradley Hospital, Rhode Island

OTHER APPOINTMENTS

2022-2023 Conference Co-Coordinator
Association for Women in Psychology 2023 Conference
Conference Theme: Engaging Transformative Justice as Feminist Praxis

UNIVERSITY SERVICE

2023-Current Co-Developer and Mentor in the DPHB BIPoC RA Mentorship Program
Department of Psychiatry and Human Behavior
Alpert Medical School of Brown University

MEMBERSHIP IN SOCIETIES

2017-Current American Psychological Association

2024-Current National Latinx Psychological Association

2025-Current Rhode Island Psychological Association

PUBLICATION LIST**ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Spagnoli, P., Kovalchuk, L. S., Aiello, M. S., & Rice, K. G. (2021). The predictive role of perfectionism on heavy work investment: A two-waves cross-lagged panel study. *Personality and Individual Differences*, 173. <https://doi.org/10.1016/j.paid.2021.110632>
2. Aiello, M., Bismar, D., Casanova, S., Casas, J. M., Chang, D., Chin, J. L., Comas-Diaz, L., Crane, L. S., Demir, Z., García, M. A., Hita, L., Leverett, P., Mendez, K., Skawen:nio Morse, G., shodiya-zeumault, s., O-Leary Sloan, M., Weil, M. C., & Blume, A. W. (2021). Protecting and defending our people: Nakni tushka anowa (The warrior's path) final report. *Journal of Indigenous Research*, 9. <https://doi.org/10.26077/2en0-6610>

3. shodiya-zeumault, s., DeBlaere, C., **Aiello, M.**, Said, I., & Davis, D. E. (2021). Responses to the Unite the Right Rally: Perceptions, proximity, and the moderating role of ethnic identity. *Race and Social Problems*, 13. <https://doi.org/10.1007/s12552-021-09323-6>
4. shodiya-zeumault, s., **Aiello, M.**, Hinger, C., & DeBlaere, C. (2022). “We were loving warriors!” A content analysis of Black women’s resistance within psychological literature. *Psychology of Women Quarterly*, 46(2), 176-195. <https://doi.org/10.1177/03616843211064181>
5. Rice, K. G., **Aiello, M.**, Durán, B., Ashby, J.S., & Kira, I. (2022). Sociodemographic factors as moderators of COVID-19 stress on depression. *Anxiety, Stress, and Coping*, 36(1), 110-123. <https://doi.org/10.1080/10615806.2022.2076084>
6. Placeres, V., Davis, D. E., Williams, N., shodiya-zeumault, s., **Aiello, M.**, Petion, G., & Mason, M. (2022). School counselors and multicultural counseling competencies: Are we as competent as we think we are? *Professional School Counselor*, 26(1a). <https://doi.org/10.1177/2156759X221086751>
7. Rice, K. G., Arana, F. G., Keenan Wetstone, H., **Aiello, M.**, & Durán, B. (2023). Predicting and moderating COVID-fear and stress among college students in Argentina and the USA. *International Journal of Environmental Research and Public Health*, 20(15), 6510. <https://doi.org/10.3390/ijerph20156510>
8. Hinger, C. L., DeBlaere, C., Gwira, R., **Aiello, M.**, Punjwani, A., Tran, N., Cobourne, L., Lord, M., Mike, J. & Green, C. (2023). Defining racial allies: A qualitative investigation of White allyship from the perspective of People of Color. *Journal of Counseling Psychology*, 70(6), 631–644. <https://doi.org/10.1037/cou0000709>
9. Rice, K. G., Arana, F. G., & **Aiello, M.** (2024). A cross-cultural look at the role of rumination in the relationship between trait anxiety and romantic breakup distress. *European Journal of Trauma & Dissociation*, 8(1). <https://doi.org/10.1016/j.ejtd.2023.100376>
10. Rice, K. G., Greenberg, D., Spears, C., Carlson, S., **Aiello, M.**, & Durán, B. (2024). Psychological stress in adult learners with low literacy. *Adult Literacy Education*. <http://doi.org/10.35847/KRice.DGreenberg.CSpears.SCarlson.MAiello.BDuran.6.3.4>

MANUSCRIPTS IN PREPARATION

1. Duarte-Velez, Y., Jimenez-Colon, G., Nocera, L., Gomez, J., Tavarez, J., Jones, R., Donaldson, D., **Aiello, M.**, Torres, A., Sanchez, I., Spirito, T. (In preparation). Randomized controlled trial of Socio-Cognitive Behavioral Therapy for Suicidal Behaviors in Latinx adolescents at six-month follow-up.
2. **Aiello, M.**, Hollinshead, M. O., Jimenez-Colon, G., & Duarte-Velez, Y. (In preparation). Exposure to community violence, depression, and suicidality in a sample of Latine and Hispanic adolescents with a suicidal crisis.

ABSTRACTS

1. **Aiello, M.** & Lang, A. (2016, August). *Is meditation good for the heart? A study of the effects of compassion meditation on heart rate variability among veterans with PTSD* [Oral presentation]. University of California San Diego Summer Research Conference, La Jolla, CA.
2. **Aiello, M.** & Lang, A. (2015, October). *Is meditation good for the heart? A study of the effects of compassion meditation on heart rate variability among veterans with PTSD* [Poster presentation]. Society for the Advancement of Chicanos/Hispanics and Native Americans in Science National Diversity in STEM conference, Oxon Hill, MD.
3. Hoo, M., Camacho, S., **Aiello, M.**, Necaise, A., Albury, A., & Mouloua, M. (2016, February). *The relationship between education, self-esteem, and body image* [Poster presentation]. Florida Undergraduate Research Conference, Tampa, FL.
4. **Aiello, M.** & Lang, A. (2016, August). *Changes in autonomic nervous system functioning associated with compassion meditation among veterans with post-traumatic stress disorder* [Oral presentation]. University of California San Diego Summer Research Conference, La Jolla, CA.
5. **Aiello, M.** & Lang, A. (2016, October). *Changes in autonomic nervous system functioning associated with compassion meditation among veterans with post-traumatic stress disorder* [Poster presentation]. Society for the Advancement of Chicanos/Hispanics and Native Americans in Science National Diversity in STEM conference, Long Beach, CA.
6. Lang, A. J., Hurst, S., Good, R., **Aiello, M.**, Gervirtz R., Casmar, P., Essex, M., Harrison, T., & Negi, L. (2017, April). *An open trial of compassion meditation for PTSD: Initial results and mechanisms of change* [Symposium presentation]. Annual Meeting of the Anxiety and Depression Association of America, San Francisco, CA.
7. Castleberry, J., Hong, J., **Aiello, M.**, & Rice K. G. (2018, May). *Psychometric properties of the Experiences in Close Relationships Scale-Short Form* [Poster presentation]. Association for Psychological Science Annual Convention, San Francisco, CA.
8. Arana, F. G., Rice, K. G., & **Aiello, M.** (2018, August). *Implications of relationship breakups for rumination and anxiety in Argentina and the United States* [Poster presentation]. Annual Convention of the American Psychological Association, San Francisco, CA.
9. Arana, F. G., **Aiello, M.**, & Rice, K. G. (2018, August). *Cultural perspectives on relationship breakups in Argentina and the USA* [Poster presentation]. Annual Convention of the American Psychological Association, San Francisco, CA.
10. Christopher, J., De Fazio, C., Rice, K. G., & **Aiello, M.** (2019, March). *Social support effects on international students' stress and culture adaptation* [Paper presentation]. Annual Meeting of the Southeastern Psychological Association, Jacksonville, FL.
11. shodiya-zeumault, s., Lee, H., **Aiello, M.**, Said, I., Hinger, C., Cobourne, L., & DeBlaere, C. (2019, August). *Racial trauma + psychological distress proposing a confirmatory factor analysis*

- of the RBTSSS* [Poster presentation]. Annual Convention of the American Psychological Association, Chicago, IL.
12. Taber, Z. B., Hong, J., **Aiello, M.**, Dennis, B., & Rice, K. G. (2019, August). *Relationships between perfectionism, mindfulness, and social-emotional loneliness in college students* [Poster presentation]. Annual Convention of the American Psychological Association, Chicago, IL.
 13. Hong, J., **Aiello, M.**, Rice, K. G., Oshima, C., & Arana, F.G. (2019, August). *Cultural Orientation Scale Item Response Differences among Asian, Black, and White Students* [Poster presentation]. Annual Convention of the American Psychological Association, Chicago, IL.
 14. **Aiello, M.**, Hong, J., Johnson, D., & Rice, K. G. (2019, August). *Examining the effects of evaluative threat in historically underrepresented STEM students* [Poster presentation]. Annual Convention of the American Psychological Association, Chicago, IL.
 15. Taber, Z. B., Hong, J., **Aiello, M.**, Dennis, B., Rice, K.G. (2020, February). *Mindfulness and Perfectionism: Investigating associations between mindfulness facets, perfectionism factors, well-being, and psychological distress* [Poster presentation]. Society for Personality and Social Psychology Convention, New Orleans, LA.
 16. shodiya-zeumault, s., **Aiello, M.**, S., Panjwani, A., Hinger, C., & Cobourne, L. (2020, February). *The critical role of belonging: Racial terrorism and mental health* [Poster presentation]. Society for Personality and Social Psychology Convention, New Orleans, LA.
 17. **Aiello, M.**, Hinger, C., shodiya-zeumault, s., Cobourne, L., Rice, K. G., & Li, H. (2020, February). *A confirmatory factor analysis of the identity as a scientist scale in a sample of women STEM majors* [Poster presentation]. Society for Personality and Social Psychology Convention, New Orleans, LA.
 18. Mattox, D. D., **Aiello, M.**, & Rice, K. G. (2020, April). *Investigating the influence of social spending on the relationship between stress and GPA* [Poster presentation]. Georgia State Undergraduate Research Conference, Atlanta, GA.
 19. Hinger, C., Lord, M., Panjwani, A., **Aiello, M.**, & DeBlaere, C., (2020, August). *Measuring racial allyship among White allies and allies of Color: A psychometric examination of the perception of allyship characteristics scale* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC.
 20. Hong, J., Taber, Z., **Aiello, M.**, Durán, B., & Rice, K. G. (2020, August). *The role of perfectionism between self-compassion and social emotional loneliness* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC.
 21. **Aiello, M.**, Brodot, M., Burnes, T., Cardenas, G., DeBlaere, C., Graham, S., Hunter, E., Lewis, J., Rehrig, M., Robinson-Mosley, T. M., Reynolds, A., Singh, A., Suzuki, H., & Whittaker, V. (2020, August). *Developing a counseling psychology social justice advocacy model* [Oral

- presentation]. Division 17 Liberation Lounge, Annual Convention of the American Psychological Association, Washington, DC.
22. Durán, B., Rice, K. G., Ashby, J., Kira, I., & **Aiello, M.** (2021, February). *Differential effects of COVID-19 distress across gender, race, and socioeconomic status* [Poster presentation]. Society for Personality and Social Psychology Convention, Virtual Conference.
 23. Hong, J., **Aiello, M.**, Taber, Z., & Rice, K. G. (2021, August). *Self-compassion, self-critical perfectionism, and social connectedness: A meta-analysis* [Poster presentation]. Annual Convention of the American Psychological Association, Virtual Conference.
 24. **Aiello, M.**, Garcia, M. A., Guzman, L. E., & Schaver, Z. (2021, August). *Increasing access to community and treatment among refugee survivors of torture: A proposal to mobilize university volunteers* [Oral presentation]. American Psychological Association Interdisciplinary Summer Institute, Virtual Conference.
 25. Hinger, C. L., Barnes, D., Gwira, R., Punjwani, A., Lord, M., Mike, J., Tran, N., **Aiello, M.**, Cobourne, L., & DeBlaere, C. (2022, August). *“A friend is for you, an ally is for everyone”: A qualitative investigation of racial allyship from the perspective of BIPOC.* [Poster presentation]. Annual Convention of the American Psychological Association, Minneapolis, MN.
 26. Durán, B., **Aiello, M.**, Pigott, T., Rice, K. G., Wang, Q., Richards, N., & Phillips, M. (2022, August). *Adverse childhood experiences predict PTSD in college students: A meta-analysis.* [Poster presentation]. Annual Convention of the American Psychological Association, Minneapolis, MN.
 27. **Aiello, M.**, Durán, B., Pigott, T., Rice, K. G., & Phillips, M. (2022, August). *A meta-analysis of the relationship between science identity and persistence in STEM.* [Poster presentation]. Annual Convention of the American Psychological Association, Minneapolis, MN.
 28. **Aiello, M.**, Garcia, M. A., Guzman, L. E., & Schaver, Z. (2022, August). *Increasing access to community and treatment among refugee survivors of torture: An update.* [Oral presentation]. American Psychological Association Interdisciplinary Summer Institute, Virtual Conference.
 29. Hinger, C. & **Aiello, M.** (2024, January). *Wayfinding in academia: Navigating power structures and systems change.* [Round table discussion]. National Multicultural Conference & Summit, Santa Fe, NM.
 30. **Aiello, M.**, Jimenez-Colon, G., & Duarte-Velez, Y. (2024, March). *Investigating the predictive role of exposure to community violence on depression and suicidality among Latine/Hispanic adolescents.* [Poster presentation]. Mind Brain Research Day 2024, Providence, RI.
 31. shodiya-zeumault, s., DeBlaere C., Sanders, K., & **Aiello, M.** (2024, August). *Black feminist ecologies: Black women resisting environmental racism.* [Poster presentation]. Annual Convention of the American Psychological Association, Seattle, WA.

32. **Aiello, M.**, Rice, K. G., Cobourne, L., shodiya-zeumault, s., & Houston, J. (2024, August). *Development and initial psychometric evaluation of a new STEM Identity Scale*. [Poster presentation]. Annual Convention of the American Psychological Association, Seattle, WA.
33. Torres Lopez, A., **Aiello, M.** Jimenez-Colon, G., & Duarte-Velez, Y. (2024, October). Non-suicidal self-injury, clinical characteristics, and impulsivity among a clinical sample of Latinx youth with suicidality. [Poster presentation]. National Latinx Psychological Association, San Juan, PR, Territory of the United States.
34. Jimenez-Colon, G., **Aiello, M.**, & Duarte-Velez, Y. (2024, October). Transgenerational trauma in Latine families: Caregiver trauma, parenting, and child suicidality. In Jimenez-Colon, G. (Chair), *Suicidality in Latine and Hispanic Youth: Transgenerational Trauma, Community Violence, and Treatment*. [Symposium presentation]. National Latinx Psychological Association, San Juan, PR, Territory of the United States.
35. **Aiello, M.**, Jimenez-Colon, G., & Duarte-Velez, Y. (2024, October). Exploring the mental health consequences of exposure to community violence in Latine and Hispanic youth living in Rhode Island. In Jimenez-Colon, G. (Chair), *Suicidality in Latine and Hispanic Youth: Transgenerational Trauma, Community Violence, and Treatment*. [Symposium presentation]. National Latinx Psychological Association, San Juan, PR, Territory of the United States.

INVITED PRESENTATIONS

LOCAL COMMUNITY

1. **Aiello, M.** & Espinal, N. (2024, March). *¿Qué son las Emociones? (What are Emotions?)* Invited by Progreso Latino to provide a workshop to a group of young Latine children.
2. **Aiello, M.**, Espinal, N., & Torres Lopez, A. (2024, August). *¿Qué es la Salud Mental? (What is Mental Health?)* Invited by Progreso Latino to provide a workshop to a group of Latine adolescents.
3. **Aiello, M.**, Joelson, S., & Torres Lopez, A. (2024, October). *Strategies to support students with suicidal thoughts and behaviors in the school system*. Invited by the Central Falls School District to provide a professional development workshop for school mental health staff members.

REGIONAL

1. **Aiello, M.** (2022, June). *Plenary Panel Discussion on Graduate School Experiences*. Invited to speak at the SAEOPP McNair/SSS Scholars Research Conference.
2. **Aiello, M.** & Jimenez-Colon, G. (2025, April). *Socio-Cognitive Behavioral Therapy for Suicidal Behaviors: Clinical strategies to work with Latine youth and their families*. Invited to present for the Bradley Hospital Social Work Department Speaker Series.

UNIVERSITY TEACHING

Fall 2017	Teaching Assistant CPS 3500: Stress & Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D.
Spring 2018	Teaching Assistant CPS 3500: Stress & Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D.
Summer 2018	Teaching Assistant CPS 3500: Stress & Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D.
Fall 2018	Instructor CPS 3400: Career & Lifespan Development Georgia State University
Fall 2018	Co-Instructor CPS 7340: Social Cultural Issues in Counseling & Psychological Services Georgia State University, Co-Instructor: Jonathan Orr, Ph.D.
Fall 2018	Teaching Assistant CPS 3500: Stress & Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D.
Spring 2019	Teaching Assistant CPS 3500: Stress & Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D.
Summer 2019	Co-Instructor CPS 7340: Social Cultural Issues in Counseling & Psychological Services Georgia State University, Co-Instructor: Jonathan Orr, Ph.D.
Summer 2019	Teaching Assistant CPS 8500: Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D.
Fall 2019	Instructor CPS 3500: Stress & Stress Management Georgia State University
Fall 2020	Instructor CPS 3500: Stress & Stress Management Georgia State University

Spring 2020	Instructor CPS 3500: Stress & Stress Management Georgia State University
Summer 2020	Teaching Assistant CPS 3500: Stress & Stress Management Georgia State University, Instructor: Kenneth G. Rice, Ph.D
Summer 2021	Instructor CPS 3300: Interpersonal Communication Skills Georgia State University
Summer 2021	Instructor CPS 3500: Stress & Stress Management Georgia State University

MENTORING ROLES

2016-2017	Peer Mentor for UCF Academic Advancement Programs Office Provided mentorship on research and graduate school opportunities. University of Central Florida
2018-2019	Mentor to David Johnson, M.A. Doctoral Preparation Track for CACREP Master's Programs Georgia State University
2019-2020	Mentor to Donovan Mattox, M.A. Undergraduate Honors Thesis Georgia State University
2020	Mentor for the Ronald E. McNair Achievement Program Summer Institute Provided mentorship on individual research projects and graduate school. University of Central Florida
2023-2024	Mentor for the RA Professional Development Series Presented on Diversity in Psychology and Graduate School Applications. Brown University Health
2024-2025	Co-Developer and Mentor DPHB BIPoC RA Mentorship Program Brown University Health

DEMONSTRATION OF COMMITMENT TO DEI

2020	Mentor in the Ronald E. McNair Achievement Program Summer Institute. I provided individual mentorship to several first-generation, low-income, and BIPoC undergraduate students on research projects, professional
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development, and graduate school applications. I also facilitated a workshop series focused on helping the McNair Scholars engage in self-care and learn stress management techniques.

- 2021-2022 Junior Consultant at Jernigan and Associates, LLC. I worked with a group of mental health professionals providing *assessments and recommendations related to the diversity, equity, and inclusion* efforts of organizations, corporations, and universities.
- 2022-2022 As a part of my APA-accredited internship, I developed a partnership with *Emory University's Centro Latinx*, a student-centered space for Latine students on campus. As part of this work, I collaboratively *developed programming focused on promoting mental health wellness* and worked to increase Latine students' awareness of the mental health services provided through the university counseling center.
- 2023-current Staff Psychologist (previously a post-doctoral fellow) in the *Mi Gente Program* which provides evidence-based treatment in Spanish and English to Latinx families and adolescents experiencing mood disorders, suicidal behavior, and trauma, with a particular attention to the LGBTQ+ community.
- 2024-current Team Member of the *InVita Research Lab and the Mi Gente Research Study*. Clinical research that aims to reduce health disparities that impact the Latine and Hispanic community by increasing equitable access to culturally responsive treatments.
- 2024-2025 Co-developer and mentor for the *DPHB BIPoC RA Mentorship Program* which is committed to increasing and sustaining the representation of Black, Indigenous, and other People of Color in graduate level training programs and beyond by strengthening the quality of culturally responsive mentorship provided to BIPoC research assistants in DPHB.
- 2024 Volunteer for the *DPHB Child Track Day of Service* which partnered with the Young Voices organization to provide predominantly BIPoC identifying high school students with an opportunity to connect with mental health professionals and learn more about career in child mental health.
- 2024, 2025 Co-presenter of the *Diversity in Psychology + Medicine* presentation for the RA Professional Development Series. The presentation focused on issues relevant to diversity in psychology and medicine, which included providing support to individuals who identify as underrepresented in psychology and medicine by sharing guidance on overcoming barriers and disseminating resources.
- 2024 Co-presenter of the *¿Qué son las Emociones? (What are Emotions?)* and the *¿Qué es la Salud Mental? (What is Mental Health?)* workshops which were developed as part of a collaborative partnership with Rhode Island's Progreso

Latino organization. Workshops were facilitated in Spanish and English. The *What are Emotions?* workshop was provided to a group of young Latine children and focused on psychoeducation on emotions and teaching emotion regulation strategies. The *What is Mental Health?* workshop was provided to a group of Latine adolescents and focused on strengthening understanding of mental health, debunking mental health myths, and increasing awareness of ways to seek treatment and support.

2024

Co-facilitator of an *Advance RI-CTR Community Engagement Studios (ACES) Conversation with the Community*. Co-facilitated an in-person conversation alongside Dr. Gisela Jimenez-Colon for Latine caregivers with a trauma history to disseminate research findings and gather insight on future research ideas.