

Revised August 2023

August 30, 2023

CURRICULUM VITAE

MICHELINE RUTH ANDERSON

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EDUCATION

Undergraduate Duke University, Durham, North Carolina
B.A., English and Religion, 2006

Graduate Teachers College, Columbia University, New York, New York
MS, Clinical Psychology, 2020
MPhil, Clinical Psychology, 2020
PhD, Clinical Psychology, 2021

POSTGRADUATE TRAINING

Internship Brown University Clinical Psychology Training
Consortium, Box G-BH, Providence, Rhode Island 02906,
Clinical Psychology Intern, Adult Track (July 2020- July
2021)

Postdoctoral Fellowship Department of Psychiatry and Human Behavior,
Warren Alpert Medical School of Brown University
Perinatal Mood Disorders (August 2021- May 2023)

HONORS AND AWARDS

2019 Student Travel Award, Behavioral Medicine/Primary Care
Special Interest Group
Association for Behavioral and Cognitive Therapies

2018 Graduate Assistant Scholarship
Teachers College, Columbia University

2018 D.E. Marshall Annual Fund Scholar (Honorary)
Teachers College, Columbia University

2016	M.H. Shur Clinical Psychology Award Teachers College, Columbia University
2015-2018	Doctoral Fellowship Teachers College, Columbia University
2015-2018	General Scholarship Teachers College, Columbia University
2015/2017	Lynn Tishman Scholarship Teachers College, Columbia University
2015/2017	Jodie Lane Scholarship Teachers College, Columbia University
2015	Katcher Scholarship Endowment Teachers College, Columbia University

PROFESSIONAL LICENSES

1/2023-present	Licensed Psychologist, Rhode Island License #PS02142
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HOSPITAL APPOINTMENTS

8/2023-present	Psychologist The Women's Medicine Collaborative The Miriam Hospital
5/2023-8/2023	Research Scientist The Miriam Hospital
8/2021-5/2023	Postdoctoral Fellow in Perinatal Mood Disorders Warren Alpert Medical School, Brown University Postpartum Day Hospital/Perinatal OCD IOP, Women & Infants Hospital Women's Medicine Collaborative, The Miriam Hospital
7/2020-7/2021	Clinical Psychology Resident Warren Alpert Medical School, Brown University Rotations: Postpartum Day Hospital Program (I), Alcohol and Drug Partial Hospital Program (II), Behavioral Medicine: Chronic Pain and Illness (III)
8/2019-3/2020	Clinical Psychology Extern

“The Haven” Inpatient Amenities Unit
New York Presbyterian, Weill Cornell Medical Center

8/2018-8/2019

Clinical Psychology Extern
Inpatient Addiction Recovery Unit
New York Presbyterian, Weill Cornell Medical Center

OTHER APPOINTMENTS

2021-2022

Senior Postdoctoral Fellow
Department of Psychiatry & Human Behavior
Clinical Psychology Training Committee
Warren Alpert Medical School, Brown University

2018-2019

Senior Doctoral Lab Fellow
Spirituality Mind Body Institute
Teachers College, Columbia University
Advisor: Lisa Miller, Ph.D.

2018-2019

Clinical Graduate Assistant
Student Support Services
Dean Hope Center for Educational and Psychological
Services
Teachers College, Columbia University
Supervisor: Dinelia Rosa, Ph.D.

2017-2020

Co-Director of Research
Spirituality Mind Body Research Institute Wellness Center
Teachers College, Columbia University
Advisor: Lisa Miller, Ph.D

2015-2017

Research Fellow
Intergenerational Study of Religiosity/Spirituality and
Depression
New York State Psychiatric Institute
Columbia University Medical Center
Advisors: Lisa Miller, Ph.D, Myrna Weissman, Ph.D.

2013-2015

Research Coordinator
Institute for Research on Youth Depression and Prevention
Rutgers University
Advisor: Jami Young, Ph.D.

UNIVERSITY COMMITTEES

2021-Present

Member

Data Subcommittee of DEIB Committee

2020-Present

Member

Diversity, Equity, Inclusion & Belonging (DEIB) Committee
Department of Psychiatry and Human Behavior
Warren Alpert Medical School, Brown University

2020-2021

Trainee Representative

Diversity Committee Mentorship/Mentee Program Warren Alpert Medical School, Brown University Mentor: Jody Underwood, M.D.

MEMBERSHIP IN SOCIETIES

2021-Present

Marcé Society of North America

2021-Present

Society for the Study of Spirituality & Religion

2020-Present

Society for Behavioral Medicine

2020-Present

International Marcé Society for Perinatal Mental

2017-Present

ABCT Behavioral Medicine/Primary Care SIG

2017-2020

New York State Psychological Association

2016-2020

APA Society for Psychology of Religion and Spirituality (Division 36)

2013-2020

Association for Contextual Behavioral Science

2013-Present

Association for Behavioral and Cognitive Therapies

2011-Present

American Psychological Association

JOURNAL REVIEWER:

Addiction

Archives of Women's Mental Health

Journal of Aging & Mental Health

Journal of Clinical Medicine

Journal of Midwifery and Women's Health

PLOS One

Psychological Medicine

Spirituality in Clinical Practice

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Jobes, M. L., Aharonavich, E., Epstein, D.H., Phillips, K.A., Reamer, D., **Anderson, M.**, Brooner, R., & Preston, K.L. (2014). Effects of prereactivation propranolol on cocaine craving elicited by imagery script/cue sets in opioid-dependent polydrug users: a randomized study. *Journal of Addiction Medicine*, 9(6), 49-498. doi:10.1097/ADM.0000000000000169

2. Ranzenhofer, L.M., Engel, S., Crosby, R.D., **Anderson, M.**, Vanucci, A., Cohen, L.A., Cassidy, O., Tanofsky-Kraff, M. (2014). Using ecological momentary assessment to examine interpersonal and affective predictors of loss of control eating in adolescent girls. *International Journal of Eating Disorders*, 47(7), 748-757. doi.org/10.1002/eat.22333
3. Ranzenhofer, L.M., Engel, S.G., Crosby, R.D., Haigney, M., **Anderson, M.**, McCaffery, J.M., Tanofsky-Kraff, M. (2015). Real-time assessment of heart rate variability and loss of control eating in adolescent girls: A pilot study. *International Journal of Eating Disorders*, 49(2), 199-203. doi.org/10.1002/eat.22464
4. Liu, J., Svob, C., Wickramaratne, P., Hao, X., Talati, A., Kayser, J., Tenke, C., Warner, V., Yang, J., **Anderson, M.**, & Weissman, M.M. (2017). Neuroanatomical correlates of familial risk for depression and religiosity/spirituality. *Spirituality in Clinical Practice*, 4(1), 32. doi/10.1037/scp0000123
5. **Anderson, M.R.**, Miller, L., Wickramaratne, P., Svob, C., Odgerel, Z., Zhao, R., & Weissman, M.M. (2017). Genetic correlates of spirituality and depression: a study in offspring and grandchildren at high and low familial risk for depression. *Spirituality in Clinical Practice*, 4(1), 43. doi/10.1037/scp0000125
6. McClintock, C. H., **Anderson, M.**, Svob, C., Wickramaratne, P., Neugebauer, R., Miller, L., & Weissman, M. M. (2018). Multidimensional understanding of religiosity/spirituality: relationship to major depression and familial risk. *Psychological Medicine*, 1-10. doi:10.1017/S0033291718003276
7. Scalora, S., **Anderson, M.R.**, & Miller, L. (2020). A Spiritual Mind-Body (SMB) Wellness Center in a university setting: a service assessment study. *Religions*, 11(9), 466. Doi:10.3390/rel11090466
8. Crete, A., **Anderson, M.R.**, Scalora, S., Mistur, E., Fuller, O., & Miller, L. (2020). Spiritual decline as a predictor of post-traumatic stress. *Religions*, 11(11), 575. doi:10.3390/rel11110575
9. **Anderson, M.R.**, Wickramaratne, P., Svob, C., & Miller, L. (2020). Religiosity and depression at midlife: A prospective study. *Religions*, 12(1), 28. doi:10.3390/rel12010028
10. **Anderson, M.R.** (2020). The spiritual heart: psychophysiological mechanisms of health and wellness. *Religions*, 11(10), 506. https://doi.org/10.3390/rel11100506
11. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., Abrantes, A. & Battle, C. (2021). Stress, coping and silver linings: How depressed perinatal women experienced the COVID-19 pandemic. *Journal of Affective Disorders*, 298, 329-336. https://doi.org/10.1016/j.jad.2021.10.116
12. Palitsky, R., Kaplan, D., **Anderson, M.R.**, Brodt, M. . Stevenson, B. (2022). Systemic challenges in health service psychology internship training: A call to action from trainee stakeholders. *Clinical Psychological Science*.

13. Scalora, S., **Anderson, M.R.**, & Miller, L. (2022). A campus-based spiritual-mind-body prevention intervention against symptoms of depression and trauma; An open trial of awakened awareness. *Mental Health & Prevention*, 200-229. <https://doi.org/10.1016/j.mhp.2022.200229>
14. **Anderson, M.R.**, Palitsky, R., & Kaplan, D. (2022). Religious and existential determinants of affective response to a brief mindfulness intervention. *Affective Science*, 4(1), 143-151.
15. Mistur, E., Scalora, S., Crete, A., **Anderson, M.R.**, & Miller, L. (2022). Inner Peace in a Global Crisis: A Case Study of Supported Spiritual Individuation in Acute Onset Phase of COVID-19. *Emerging Adulthood*, 10(6), 1543-1560. doi:10.1177/2167696822111196
16. **Anderson, M.R.**, Hardy, E. J., & Battle, C. L. (2022). COVID-19 vaccine hesitancy during the perinatal period: Understanding psychological and cultural factors to improve care and address racial/ethnic health inequities. *Women's Health Issues*, 32(4), 317-321. doi.org/10.1016/j.whi.2022.04.001
17. **Anderson, M.R.**, Scalora, S., Crete, A., Mistur, E., & Miller, L. (2022) Psychiatric comorbidities among undergraduate and graduate students attending on-campus spiritual-mind-body wellness interventions *Journal of American College Health*, 1-4. doi: 10.1080/07448481.2022.2161821
18. Palitsky, R., Reznik, S. J., Kaplan, D. M., **Anderson, M. R.**, Athey, A., Brodt, M. A., ... & Stevenson, B. (2023). Inclusion of Trainee Stakeholders Is Necessary for Effective Change in Health-Service-Psychology Internship Training. *Clinical Psychological Science*, 21677026231156598.
19. Bublitz, M.H., **Anderson, M.R.**, Sanapo, L., Scarfo, V.N. & Bourjeily, G. (2023). Symptoms of posttraumatic stress disorder are associated with altered glucose parameters in early and late gestation. *American Journal of Perinatology*. DOI: 10.1055/s-0043-1772749
20. **Anderson, M.R.**, Scalora, S., Crete, A., Mistur, E., & Miller, L. (accepted). Physiological and spiritual recovery in spiritual-mind-body intervention among emerging adults. *Integrative Medicine Reports*.

PUBLICATIONS UNDER REVIEW OR IN PREPARATION.

1. Roske, C., Musicaro Yuksel, R., Sharp, M., **Anderson, M.R.** Mindfulness Based Interventions in Perinatal Populations: A Scoping Review. *In preparation*.
2. Scalora, S., **Anderson, M.R.**, McClintock, C., Lau, E., & Miller, L. Spiritual grandiosity interacts with spirituality to predict psychopathology in an international sample. *In preparation*.

ABSTRACTS

1. Ranzenhofer, L. M., Engel, S., Crosby, R., **Anderson, M.**, Cassidy, O.L., Tanofsky-Kraff, M. (2012, May). *Preliminary data from a pilot study assessing Loss of Control Eating using*

Ecological Momentary Assessment in adolescent girls. Poster session presented at the annual meeting of the Eating Disorders Research Society, Porto, Portugal.

2. Ranzenhofer, L.M., Engel, S.G., **Anderson, M.R.**, Crosby, R., Tanofsky-Kraff, M. (2013, May). *An Ecological Momentary Assessment study of Loss of Control (LOC) eating in adolescent girls.* Paper presented at the annual meeting of the Academy of Eating Disorders, Montreal, Canada.
3. **Anderson, M.R.**, Ranzenhofer, L. M., Engel, S., Crosby, R., Cohen, L.A., Tanofsky-Kraff, M. (2013, May). *Feasibility, acceptability, and accuracy of using Ecological Momentary Assessment (EMA) to assess Loss of Control (LOC) eating behavior in adolescent girls.* Poster session presented at the meeting of the Academy of Eating Disorders, Montreal, Canada.
4. Haimm, C., Axelrod, C., **Anderson, M.**, Natale, N., & Young, J.F. (2014, March). *Training school counselors in a school-based depression prevention program: Understanding implementation commitment and clinical utility.* Symposium conducted at the annual meeting of the Society for Prevention Research, Washington, D.C.
5. Natale, N., **Anderson, M.**, Young, J.F., & Gallop, R. (2014, November). *Income as a predictor of intervention outcomes in a study comparing interpersonal psychotherapy-adolescent skill training and group counseling.* Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
6. Spiro, C., **Anderson, M.**, Young, J.F., & Gallop, R. (2014, November). *Changes in social functioning in depressed youth following two indicated depression prevention programs.* Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
7. **Anderson, M.**, Natale, N., Benas, J., Young, J.F., & Gallop, R. (2014, November). *Comparing social skills outcomes in adolescent depression preventive interventions.* Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. **Anderson, M.**, Young, J.F. (2014, November). *Correlates of mindfulness across adolescence.* Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
9. Young, J.F., Spiro, C., **Anderson, M.**, Benas, J., Schueler, C., & Gallop, R. (2015, May). *Depression Prevention Initiative: Changes in social adjustment and social skills through 6-month follow-up.* Symposium conducted at the annual meeting of the Society for Research in Child Development, Philadelphia, PA.
10. Choi, H.S., **Anderson, M.R.**, Scalora, S., Foley, L., (2018, March). *The impact of relationship to ancestors on the association between self-transcendence and psychopathology: a cross-cultural examination.* Poster presented at the APA Division 36 Mid-Year Conference. Riverside, CA.

11. **Anderson, M.R.**, Scalora, S., Choi, H.S. & Miller, L. (2018, March). *Spiritual grandiosity, depression & suicidal ideation: a cross-cultural study*. Poster presented at the APA Division 36 Mid-Year Conference. Riverside, CA.
12. Frymann, T., Whitney, S., Groark, S.*, Terry, K., Choi, S., **Anderson, M.R.**, & Miller, L. (2018, May). *Consciousness as interbeing: identity on the other side of self-transcendence*. Presentation conducted at the annual Science of Consciousness Conference. Tuscon, Arizona.
13. Scalora, S., **Anderson, M.R.**, Crete, A., & Miller, L. (2019, April). *A Spiritual Mind-Body (SMB) Wellness Center in a university setting: a service assessment study*. Poster presented at the 3rd Annual IPSP Conference. New York, NY.
14. **Anderson, M.R.**, Scalora, S., Bahnan, S.*, & Miller, L. (2019, April). *Enhancing awareness with a Spiritual Mind-Body program on an undergraduate campus: improving physiological reactivity to and recovery from stress*. Poster presented at the 3rd Annual IPSP Conference. New York, NY.
15. **Anderson, M.R.**, Scalora, S., & Miller, L. (2019, November). *Improving physiological reactivity to and recovery from stress - heart rate variability outcomes following "Awakened Awareness" intervention for undergraduates: a pilot study*. Poster presented at the Behavioral Medicine Special Interest Group poster session at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.
16. Manich, K.C., **Anderson, M.R.**, Avari, J.M., Smetana, R., Kotbi, N., & Kanellopoulos, T. (2020, April), *Vivitrol initiated during inpatient rehabilitation promotes post- discharge abstinence*. Poster presented at the 51st American Society of Addiction Medicine (ASAM) annual conference. Denver, CO.
17. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., & Battle, C. (2021, April). *COVID-19 related stress, coping and psychological functioning among a clinical sample of perinatal women: a mixed methods study*. Poster presented for the 2021 Mind Brain Research Day at Alpert Medical School of Brown University, Providence, RI.
18. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., & Battle, C. (2021, April). *COVID-19 related stress, coping and psychological functioning among a clinical sample of perinatal women*. Poster presented for the 2021 Annual Meeting of the Society for Behavioral Medicine (virtual).
19. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., Abrantes, A. & Battle, C. (2021, October). *Perinatal Stress and Trauma in the Time of COVID-19*. Paper presented as part of a symposium (both moderator and presenter) presented at the annual meeting of the Marce Society of North America (virtual).
20. **Anderson, M.R.**, Palitsky, R., & Kaplan, D. (2021, October). *Pre-post Mindfulness Changes in Affect Depend on the Interaction of Participant Religious Beliefs with the Religious Framings of Mindfulness Guidance*. Paper presented at the Society for the Scientific Study of Religion.

21. Sharp, M., & **Anderson, M.R.** (2022, November) *Difficult birthing experiences and post-traumatic growth among postpartum women*. Poster presented at the 2022 Annual Meeting of the Society for Behavioral Medicine.
22. Scalora, S. **Anderson, M.R.**, Crete, A., Mistur, E., & Miller, L. (2022, November) *Feasibility and Acceptability of Awakened Awareness-Adolescent on an undergraduate campus*. Poster presented at the 2022 Annual Meeting of the Society for Behavioral Medicine.
23. **Anderson, M.R.**, Scalora, S., & Miller, L. (2022, November) *Improvements in Physiological Resilience: HRV Outcomes Following “Awakened Awareness” Intervention for Undergraduates*. Poster presented for the 2022 Annual Meeting of the Society for Behavioral Medicine.
24. Sharp, M., **Anderson, M.R.**, & Ayala, N. (2022, April). *Understanding posttraumatic growth and the impact of distorted cognitions following traumatic childbirth*. Paper presented at Biennial meeting of North American Society for Psychosocial Obstetrics & Gynecology. University of Michigan, Ann Arbor, MI.
25. Scarfo, V.N., Bublitz, M.H., **Anderson, M.R.**, Sanapo, L., & Bourjeily, G. (2023, March 30). *Posttraumatic Stress Disorder is associated with altered glucose parameters in early and late gestation*. Poster presented at Mind Brain Research Day, Brown University, Providence, RI.
26. Ayala, N., **Anderson, M.R.**, & Sultan, P. *Glass half full: Perinatal resilience and its role in modern obstetric practice*. Talk submitted for the 2024 Annual Clinical & Scientific Meeting of the American College of Obstetrics & Gynecologists.

*denotes Master’s level mentee

INVITED PRESENTATIONS

1. Miller, L., Anderson, M.R., Scalora, S. (2023) *Awakened Awareness*. Invited faculty, Omega institute, Rhinebeck, NY.
2. Miller, L., **Anderson, M.R.**, Scalora, S., Chapman, A., & Mistur, E. (2021). *Awakened Awareness*. Academic Festival 2021, Teachers College, Columbia University.
3. **Anderson, M.R.**, & Miller, L. (2018). *Spirituality, trauma and post-traumatic growth in the military*. Presentation to chaplains from the Armed Forces of the United States of America. Teachers College, Columbia University.
4. **Anderson, M.R.** (2018). *Wellness on campus*. Presentation for the Trustees of Columbia University, Columbia University.
5. **Anderson, M.R.**, & Scalora, S. (2017). *Spiritual wellness on campus: methods and considerations*. Spirituality Mind Body Institute Summer Intensive. Teachers College, Columbia University

GRANTS

ACTIVE

1. *Primary prevention of posttraumatic stress symptoms following Cesarean section.*
(PI: Sharp)
Agency: Rhode Island Foundation
Total Funds Awarded: \$25,000
Dates of Award: 2022-present
Role: Co-Investigator
2. *Characterizing stress and resilience in women trying to conceive.*
Agency: Women's Medicine Collaborative
Total Funds Awarded: \$15,000
Dates of Award: 2022-present
Role: Co-Investigator

COMPLETED

1. *Spiritual Wellness: Measuring Process and Pathways in a University-Based Spiritual Wellness Center* (PI: Miller)
Agency: Living Peace Foundation
Total Funds Awarded: \$90,000
Dates of Award: 2017-2019
Role: Co-Investigator
2. *Cognitive remediation for adult inpatients with cognitive impairment* (PI: Kanellopoulos)
Agency: New York Presbyterian – Weill Cornell Medicine Technology Committee
Total Funds Awarded: \$5,000
Dates of Award: 2018
Role: Co-Investigator

UNIVERSITY TEACHING, ADVISING and MENTORING ROLES

Teaching

2017- 2018 Teachers College, Department of Counseling and Clinical Psychology,
“Research Methods in a Wellness Setting,”
Modules for master's level students enrolled in year-long practica.
Approx 30 students per class.

Mentorship/Advising

- 2020-2021 Master's Thesis Co-Advisor
Abigail Crete
Department of Counseling and Clinical Psychology
Teachers College, Columbia University
- 2015-2021 Master's Research Co-Advisor
Kathleen Pait, Ning An, Nandita Sharma, Christina Wusinich, Susanne
Bahnan, Sean Groark, Freille St. Ange
Department of Counseling and Clinical Psychology
Teachers College, Columbia University
- 2021-2022 Senior Trainer
Awakened Awareness Facilitation Training
University of Southern California
- 2018-2019 Student Assessment Supervisor
Dean Hope Center for Educational and Psychological Services
Teachers College, Columbia University
- 2017-2018 Student Clinical Supervisor
Dean Hope Center for Educational and Psychological Services
Teachers College, Columbia University

HOSPITAL TEACHING, ADVISING, AND MENTORING ROLES

Teaching

- 2023 *Practical Approaches to treatment for perinatal mood and anxiety disorders.* Presentation as part of the Grand Rounds Seminar for Lifespan OBGYN, The Miriam Hospital. Department of Psychiatry and Human Behavior, Warren Alpert Medical School.

Advising/Mentoring

- 2023 Resident Clinical Supervisor
Gina Erato, PhD
Alpert Medical School of Brown University
Women's Medicine Collaborative, Lifespan OB-GYN
The Miriam Hospital
- 2023 Postdoctoral Clinical Supervisor
Ariana Albanese, PhD
Alpert Brown Medical School of Brown University
Women's Medicine Collaborative, Lifespan OB-GYN
The Miriam Hospital

2021-2022 Practicum Student Supervisor
Postpartum Day Hospital, Women and Infants Hospital

MEDIA

1. *An important conversation on anxiety, depression and loneliness.* June 2017. The Source's Mouth podcast. <https://soundcloud.com/marshallssoulhourpodcast/episode-11-miche-anderson-anxiety>

CLINICAL TRAININGS AND WORKSHOPS

Sept. 2018 – March 2019 Advanced DBT Seminar (weekly)
Francesca Paraplechkova, New York Presbyterian, Weill
Cornell Medical Center

December 2017 Practicing ACT
Jessica Borushok, Ph.D.; PraxisNet

August 2017 DBT Behavioral Skills Training
Behavioral Tech

July 2017 Summer Global Mental Health Institute
Myrna Weissman, Lena Verdeli, Teachers College,
Columbia University

June-August 2017 Evidence-Based Approaches in Addiction Treatment
Center for Motivation & Change, New York, NY

September 2016 Veteran and Family Members Psychological Services
Joseph Geraci, Ph.D. Lieutenant Colonel, US Army;
Columbia University, New York, NY

March – May 2014 Mindfulness Based Stress Reduction Foundations
Ken Verni, Psy.D.; New Brunswick, NJ

April 2014 Coping with Stress – CBT Depression Prevention for
Adolescents
Paul Rohde, Ph.D.; Rutgers University, Piscataway, NJ

July 2013 Interpersonal Psychotherapy - Adolescent Skills Training
Jami F. Young, Ph.D.; Rutgers University, Piscataway, NJ

OTHER PROFESSIONAL EXPERIENCE

2009-2011 Marketing Coordinator
Jewish Family Service of Tidewater
Virginia Beach, VA

2008-2009

Marketing Assistant
Jewish Family Service of Tidewater
Virginia Beach, VA

OTHER TRAININGS

2015

Hatha Yoga Teacher Training, 200 hour – RYT
Integral Yoga of Princeton, Princeton, NJ