

Revised September 2026

CURRICULUM VITAE

MICHELINE RUTH ANDERSON

Business Address: Brown University Health Obstetrics & Gynecology
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EDUCATION

Undergraduate Duke University, Durham, North Carolina
B.A., English and Religion, 2006

Graduate Teachers College, Columbia University,
New York, New York
MS, Clinical Psychology, 2020
MPhil, Clinical Psychology, 2020
PhD, Clinical Psychology, 2021

POSTGRADUATE TRAINING

Internship Brown University Clinical Psychology Training
Consortium, Box G-BH, Providence, Rhode Island 02906,
Clinical Psychology Intern, Adult Track (July 2020- July
2021)

Postdoctoral Fellowship Department of Psychiatry and Human Behavior,
Warren Alpert Medical School of Brown University
Perinatal Mood Disorders (August 2021- May 2023)

HONORS AND AWARDS

4/2025 Early Career Research Award
APA Division 36 (Psychology of Religion & Spirituality)

9/2023 – 8/2024 Advance-K Scholar Career Development Program
Advance-RI Clinical and Translational Research Center

2019 Student Travel Award, Behavioral Medicine/Primary Care
Special Interest Group
Association for Behavioral and Cognitive Therapies

2018	Graduate Assistant Scholarship Teachers College, Columbia University
2018	D.E. Marshall Annual Fund Scholar (Honorary) Teachers College, Columbia University
2016	M.H. Shur Clinical Psychology Award Teachers College, Columbia University
2015-2018	Doctoral Fellowship Teachers College, Columbia University
2015-2018	General Scholarship Teachers College, Columbia University
2015/2017	Lynn Tishman Scholarship Teachers College, Columbia University
2015/2017	Jodie Lane Scholarship Teachers College, Columbia University
2015	Katcher Scholarship Endowment Teachers College, Columbia University

PROFESSIONAL LICENSES

1/2023-present	Licensed Psychologist, Rhode Island License #PS02142
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ACADEMIC APPOINTMENTS

9/2026 -	Primary Faculty The Mindfulness Center Brown University
1/2026 –	Assistant Dean for Student Wellbeing Warren Alpert Medical School of Brown University
9/2024-	Clinical Assistant Professor Department of Psychiatry & Human Behavior Alpert Medical School of Brown University
9/2023- 9/2024	Clinical Instructor Department of Psychiatry & Human Behavior Alpert Medical School of Brown University

HOSPITAL APPOINTMENTS

4/2024-	Research Scientist Rhode Island Hospital, Brown University Health
4/2024 -	Staff Psychologist Obstetrics and Gynecology, Women's Behavioral Medicine Brown University Health Physicians Group
8/2023-4/2024	Staff Psychologist The Women's Medicine Collaborative The Miriam Hospital, Brown University Health
5/2023-4/2024	Research Scientist The Women's Medicine Collaborative The Miriam Hospital, Brown University Health
8/2021-5/2023	Postdoctoral Fellow in Perinatal Mood Disorders Warren Alpert Medical School, Brown University Postpartum Day Hospital/Perinatal OCD IOP, Women & Infants Hospital Women's Medicine Collaborative, The Miriam Hospital
7/2020-7/2021	Clinical Psychology Resident Warren Alpert Medical School, Brown University Rotations: Postpartum Day Hospital Program (I), Alcohol and Drug Partial Hospital Program (II), Behavioral Medicine: Chronic Pain and Illness (III)
8/2019-3/2020	Clinical Psychology Extern "The Haven" Inpatient Amenities Unit New York Presbyterian, Weill Cornell Medical Center
8/2018-8/2019	Clinical Psychology Extern Inpatient Addiction Recovery Unit New York Presbyterian, Weill Cornell Medical Center

OTHER APPOINTMENTS

2021-2022	Senior Postdoctoral Fellow Department of Psychiatry & Human Behavior Clinical Psychology Training Committee Warren Alpert Medical School, Brown University
2018-2019	Senior Doctoral Lab Fellow Spirituality Mind Body Institute Teachers College, Columbia University Advisor: Lisa Miller, Ph.D.

2018-2019	Clinical Graduate Assistant Student Support Services Dean Hope Center for Educational and Psychological Services Teachers College, Columbia University Supervisor: Dinelia Rosa, Ph.D.
2017-2020	Co-Director of Research Spirituality Mind Body Research Institute Wellness Center Teachers College, Columbia University Advisor: Lisa Miller, Ph.D.
2015-2017	Research Fellow Intergenerational Study of Religiosity/Spirituality and Depression New York State Psychiatric Institute Columbia University Medical Center Advisors: Lisa Miller, Ph.D., Myrna Weissman, Ph.D.
2013-2015	Research Coordinator Institute for Research on Youth Depression and Prevention Rutgers University Advisor: Jami Young, Ph.D.

UNIVERSITY COMMITTEES/SERVICE

2026 -	Search Committee Member Assistant Vice President for Student Health & Wellness Brown University
2025 –	Advisory Board Member Office of Women In Medicine and Science Division of Biology & Medicine Warren Alpert Medical School, Brown University School of Public Health, Brown University
2025 -	Early Career Representative Executive Council APA Division 36 (Psychology of Religion & Spirituality)
2024-	Chair/Founder Disability/Chronic Illness Affinity Group Department of Psychiatry and Human Behavior Warren Alpert Medical School, Brown University

9/2024 -	Abstract Reviewer Lifespan Research Day
8/2024 -	Abstract Reviewer Society for Behavioral Medicine
2021-	Member Data Subcommittee of DEIB Committee
2020-	Member Diversity, Equity, Inclusion & Belonging (DEIB) Committee Department of Psychiatry and Human Behavior Warren Alpert Medical School, Brown University
2020-2021	Trainee Representative Diversity Committee Mentorship/Mentee Program Warren Alpert Medical School, Brown University Mentor: Jody Underwood, M.D.

MEMBERSHIP IN SOCIETIES

2021-Present	Marcé Society of North America
2021-Present	Society for the Science of Spirituality & Religion
2020-Present	Society for Behavioral Medicine (IHS SIG)
2020-Present	International Marcé Society for Perinatal Mental
2017-Present	ABCT Behavioral Medicine SIG
2017-2020	New York State Psychological Association
2016-Present	APA Society for Psychology of Religion and Spirituality (Division 36)
2013-2020	Association for Contextual Behavioral Science
2013-Present	Association for Behavioral and Cognitive Therapies
2011-Present	American Psychological Association

JOURNAL REVIEWER:

Addiction
Archives of Women's Mental Health
Journal of Aging & Mental Health
Journal of American College Health
Journal of Clinical Medicine
Journal of Midwifery and Women's Health
Journal of Religion & Health
Mindfulness
Nature Human Behavior
PLOS One
Psychological Medicine

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Jobes, M. L., Aharonavich, E., Epstein, D.H., Phillips, K.A., Reamer, D., **Anderson, M.**, Brooner, R., & Preston, K.L. (2014). Effects of prereactivation propranolol on cocaine craving elicited by imagery script/cue sets in opioid-dependent polydrug users: a randomized study. *Journal of Addiction Medicine*, 9(6), 49-498. doi:10.1097/ADM.0000000000000169
2. Ranzenhofer, L.M., Engel, S., Crosby, R.D., **Anderson, M.**, Vanucci, A., Cohen, L.A., Cassidy, O., Tanofsky-Kraff, M. (2014). Using ecological momentary assessment to examine interpersonal and affective predictors of loss of control eating in adolescent girls. *International Journal of Eating Disorders*, 47(7), 748-757. doi.org/10.1002/eat.22333
3. Ranzenhofer, L.M., Engel, S.G., Crosby, R.D., Haigney, M., **Anderson, M.**, McCaffery, J.M., Tanofsky-Kraff, M. (2015). Real-time assessment of heart rate variability and loss of control eating in adolescent girls: A pilot study. *International Journal of Eating Disorders*, 49(2), 199-203. doi.org/10.1002/eat.22464
4. Liu, J., Svob, C., Wickramaratne, P., Hao, X., Talati, A., Kayser, J., Tenke, C., Warner, V., Yang, J., **Anderson, M.**, & Weissman, M.M. (2017). Neuroanatomical correlates of familial risk for depression and religiosity/spirituality. *Spirituality in Clinical Practice*, 4(1), 32. doi/10.1037/scp0000123
5. **Anderson, M.R.**, Miller, L., Wickramaratne, P., Svob, C., Odgerel, Z., Zhao, R., & Weissman, M.M. (2017). Genetic correlates of spirituality and depression: a study in offspring and grandchildren at high and low familial risk for depression. *Spirituality in Clinical Practice*, 4(1), 43. doi/10.1037/scp0000125
6. McClintock, C. H., **Anderson, M.**, Svob, C., Wickramaratne, P., Neugebauer, R., Miller, L., & Weissman, M. M. (2018). Multidimensional understanding of religiosity/spirituality: relationship to major depression and familial risk. *Psychological Medicine*, 1-10. doi:10.1017/S0033291718003276
7. Scalora, S., **Anderson, M.R.**, & Miller, L. (2020). A Spiritual Mind-Body (SMB) Wellness Center in a university setting: a service assessment study. *Religions*, 11(9), 466. Doi:10.3390/rel11090466
8. Crete, A., **Anderson, M.R.**, Scalora, S., Mistur, E., Fuller, O., & Miller, L. (2020). Spiritual decline as a predictor of post-traumatic stress. *Religions*, 11(11). 575. doi:10.3390/rel11110575
9. **Anderson, M.R.**, Wickramaratne, P., Svob, C., & Miller, L. (2020). Religiosity and depression at midlife: A prospective study. *Religions*, 12(1), 28. doi:10.3390/rel12010028

10. **Anderson, M.R.** (2020). The spiritual heart: psychophysiological mechanisms of health and wellness. *Religions*, 11(10), 506. <https://doi.org/10.3390/rel11100506>
11. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., Abrantes, A. & Battle, C. (2021). Stress, coping and silver linings: How depressed perinatal women experienced the COVID-19 pandemic. *Journal of Affective Disorders*, 298, 329-336. <https://doi.org/10.1016/j.jad.2021.10.116>
12. Palitsky, R., Kaplan, D., **Anderson, M.R.**, Brodt, M. . Stevenson, B. (2022). Systemic challenges in health service psychology internship training: A call to action from trainee stakeholders. *Clinical Psychological Science*.
13. Scalora, S., **Anderson, M.R.**, & Miller, L. (2022). A campus-based spiritual-mind-body prevention intervention against symptoms of depression and trauma; An open trial of awakened awareness. *Mental Health & Prevention*, 200-229. <https://doi.org/10.1016/j.mhp.2022.200229>
14. **Anderson, M.R.**, Palitsky, R., & Kaplan, D. (2022). Religious and existential determinants of affective response to a brief mindfulness intervention. *Affective Science*, 4(1), 143-151.
15. Mistur, E., Scalora, S., Crete, A., **Anderson, M.R.**, & Miller, L. (2022). Inner Peace in a Global Crisis: A Case Study of Supported Spiritual Individuation in Acute Onset Phase of COVID-19. *Emerging Adulthood*, 10(6), 1543-1560. doi:10.1177/2167696822111196
16. **Anderson, M.R.**, Hardy, E. J., & Battle, C. L. (2022). COVID-19 vaccine hesitancy during the perinatal period: Understanding psychological and cultural factors to improve care and address racial/ethnic health inequities. *Women's Health Issues*, 32(4), 317-321. doi.org/10.1016/j.whi.2022.04.001
17. Palitsky, R., Reznik, S. J., Kaplan, D. M., **Anderson, M. R.**, Athey, A., Brodt, M. A., ... & Stevenson, B. (2023). Inclusion of Trainee Stakeholders Is Necessary for Effective Change in Health-Service-Psychology Internship Training. *Clinical Psychological Science*, 21677026231156598.
18. Bublitz, M.H., **Anderson, M.R.**, Sanapo, L., Scarfo, V.N. & Bourjeily, G. (2023). Symptoms of posttraumatic stress disorder are associated with altered glucose parameters in early and late gestation. *American Journal of Perinatology*. DOI: 10.1055/s-0043-1772749.
19. **Anderson, M.R.**, Scalora, S., Crete, A., Mistur, E., & Miller, L. (2023). Physiological Recovery from Stress is Associated with Spiritual Recovery: Findings from Awakened Awareness, a College-Based Spiritual-Mind-Body Intervention. *Integrative Medicine Reports*.2 (1). 129-137.
20. **Anderson, M.R.**, Scalora, S., Crete, A., Mistur, E., & Miller, L. (2024) Psychiatric comorbidities among undergraduate and graduate students attending on-campus spiritual-mind-body wellness interventions *Journal of American College Health*, 1-4. doi: 10.1080/07448481.2022.2161821

21. Mistur, E. Scalora, S., Crete, A., **Anderson, M.R.**, & Miller, L. (2024). Supporting Sexual and Gender Minority College Student Wellness: Differential Needs and Outcomes in a Spiritual-Mind-Body Intervention. *Psychology of Sexual Orientation and Gender Diversity*.
22. Go, M.*, Sokol, N., Ward, L. G., **Anderson, M.**, & Sun, S. (2024). Characterizing sociodemographic disparities and predictors of Gestational Diabetes Mellitus among Asian and Native Hawaiian or other Pacific Islander pregnant people: an analysis of PRAMS data, 2016–2022. *BMC Pregnancy and Childbirth*, 24(1), 833.
23. Mistur, E. Scalora, S., Crete, A., **Anderson, M.R.**, & Miller, L. (2025). Awakened Awareness online: a spiritual-mind-body wellness intervention for remote undergraduate students. *Psychology International*, 7(2), 32.
24. Crete, A., Scalora, S. C., Mistur, E. J., **Anderson, M.**, & Miller, L. (2025). Spiritual Growth and Mental Health Gains: Benefits of Awakened Awareness for US College Students at Three-Month Follow-Up. *Religions*, 16(6), 674.
25. Bublitz, M., **Anderson, M.R.**, Bourjeily, G., & Salmaroigo-Blotcher, E. (2026). Psychological mechanisms of prenatal mindfulness training on antenatal blood pressure reduction: A pilot study. *Journal of Psychosomatic Medicine*. 112183.
26. **Anderson, M.R.**, Roske, C.*, Musicaro Yuksel, R., Carr, C., Sharp, M., & Go, M*. (2026) Mindfulness Based Interventions in Perinatal Populations: A Scoping Review. *Mindfulness*. 1-41

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PUBLICATIONS UNDER REVIEW OR IN PREPARATION.

1. **Anderson, M.R.**, **Strauss, A***, & Bublitz, M. Religion/Spirituality and Outcomes of Prenatal Mindfulness Among Women at Risk for Hypertension. (*under review*).
2. **Anderson, M.R.**, & **Go, M.*** Religiosity and Spirituality Documentation in Perinatal Integrated Behavioral Health: Patterns, Gaps, and Exploratory Associations with Mental Health and Obstetric Outcomes. (*under review*)
3. Albanese, A., Cramer, E.R., Sharp, M., . . . **Anderson, M.R.**, Battle, C.L., & Rogers, B. From A to B instead of A to Z: Key Informant Perspectives on Harm Reduction for Perinatal Cannabis Use. (*under review*)
4. **Anderson, M.R.**, Sharp, M.C., & Ward, L.G. Post-traumatic Cognitions, Post-Traumatic Stress and Growth among postpartum women with difficult births. *In preparation*.
5. Go, M.*, Bublitz, M., Sokol, N., Sharp, M., **Anderson, M.R.**, & Ward, L.G. Modes of delivery and postpartum depression: an exploratory analysis. *In preparation*.

6. Bublitz, M. **Anderson, M.R.**, Scarfo, V., Desmarattes, A., Watson-Singleton, N. Leveraging prenatal mindfulness training to reduce racism-related stress and risk for hypertensive disorders among minoritized women. *In preparation.*
7. Sharp, M.C., **Anderson, M.R.**, & Sonmez, C.C. In person vs. virtual group therapy for postpartum depression and anxiety: a qualitative study. *In preparation.*
8. Sharp, M.C., **Anderson, M.R.**, & Ward, L.G. Subjective appraisal of birth trauma. *In preparation.*
9. Scalora, S., **Anderson, M.R.**, McClintock, C., Lau, E., & Miller, L. Spiritual grandiosity interacts with spirituality to predict psychopathology in an international sample. *In preparation*

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BOOK CHAPTERS

1. Scalora, S., Mistur, E., **Anderson, M.R.**, & Miller, L. (2025) Awakened Awareness: A Process of Supported Spiritual Individuation in Emerging Adult College Students, in Handbook of Spirituality, Health, & Wellbeing.
2. Campbell-Obaid, M., Heller, N.A., Frazier, K....& **Anderson, M.R.** Finding Wellness in Community: Challenging Dominant Views of Well-Being. (Under review).

ABSTRACTS

1. Ranzenhofer, L. M., Engel, S., Crosby, R., **Anderson, M.**, Cassidy, O.L., Tanofsky-Kraff, M. (2012, May). *Preliminary data from a pilot study assessing Loss of Control Eating using Ecological Momentary Assessment in adolescent girls.* Poster session presented at the annual meeting of the Eating Disorders Research Society, Porto, Portugal.
2. Ranzenhofer, L.M., Engel, S.G., **Anderson, M.R.**, Crosby, R., Tanofsky-Kraff, M. (2013, May). *An Ecological Momentary Assessment study of Loss of Control (LOC) eating in adolescent girls.* Paper presented at the annual meeting of the Academy of Eating Disorders, Montreal, Canada.
3. **Anderson, M.R.**, Ranzenhofer, L. M., Engel, S., Crosby, R., Cohen, L.A., Tanofsky-Kraff, M. (2013, May). *Feasibility, acceptability, and accuracy of using Ecological Momentary Assessment (EMA) to assess Loss of Control (LOC) eating behavior in adolescent girls.* Poster session presented at the meeting of the Academy of Eating Disorders, Montreal, Canada.
4. Haimm, C., Axelrod, C., **Anderson, M.**, Natale, N., & Young, J.F. (2014, March). *Training school counselors in a school-based depression prevention program: Understanding implementation commitment and clinical utility.* Symposium conducted at the annual meeting of the Society for Prevention Research, Washington, D.C.
5. Natale, N., **Anderson, M.**, Young, J.F., & Gallop, R. (2014, November). *Income as a predictor of intervention outcomes in a study comparing interpersonal psychotherapy-adolescent skill*

training and group counseling. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

6. Spiro, C., **Anderson, M.**, Young, J.F., & Gallop, R. (2014, November). *Changes in social functioning in depressed youth following two indicated depression prevention programs*. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
7. **Anderson, M.**, Natale, N., Benas, J., Young, J.F., & Gallop, R. (2014, November). *Comparing social skills outcomes in adolescent depression preventive interventions*. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. **Anderson, M.**, Young, J.F. (2014, November). *Correlates of mindfulness across adolescence*. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
9. Young, J.F., Spiro, C., **Anderson, M.**, Benas, J., Schueler, C., & Gallop, R. (2015, May). *Depression Prevention Initiative: Changes in social adjustment and social skills through 6-month follow-up*. Symposium conducted at the annual meeting of the Society for Research in Child Development, Philadelphia, PA.
10. Choi, H.S., **Anderson, M.R.**, Scalora, S., Foley, L., (2018, March). *The impact of relationship to ancestors on the association between self-transcendence and psychopathology: a cross-cultural examination*. Poster presented at the APA Division 36 Mid-Year Conference. Riverside, CA.
11. **Anderson, M.R.**, Scalora, S., Choi, H.S. & Miller, L. (2018, March). *Spiritual grandiosity, depression & suicidal ideation: a cross-cultural study*. Poster presented at the APA Division 36 Mid-Year Conference. Riverside, CA.
12. Frymann, T., Whitney, S., Groark, S.*, Terry, K., Choi, S., **Anderson, M.R.**, & Miller, L. (2018, May). *Consciousness as interbeing: identity on the other side of self-transcendence*. Presentation conducted at the annual Science of Consciousness Conference. Tuscon, Arizona.
13. Scalora, S., **Anderson, M.R.**, Crete, A., & Miller, L. (2019, April). *A Spiritual Mind-Body (SMB) Wellness Center in a university setting: a service assessment study*. Poster presented at the 3rd Annual IPSP Conference. New York, NY.
14. **Anderson, M.R.**, Scalora, S., Bahnan, S.*, & Miller, L. (2019, April). *Enhancing awareness with a Spiritual Mind-Body program on an undergraduate campus: improving physiological reactivity to and recovery from stress*. Poster presented at the 3rd Annual IPSP Conference. New York, NY.
15. **Anderson, M.R.**, Scalora, S., & Miller, L. (2019, November). *Improving physiological reactivity to and recovery from stress - heart rate variability outcomes following "Awakened Awareness" intervention for undergraduates: a pilot study*. Poster presented at the Behavioral

Medicine Special Interest Group poster session at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.

16. Manich, K.C., **Anderson, M.R.**, Avari, J.M., Smetana, R., Kotbi, N., & Kanellopoulos, T. (2020, April), *Vivitrol initiated during inpatient rehabilitation promotes post- discharge abstinence*. Poster presented at the 51st American Society of Addiction Medicine (ASAM) annual conference. Denver, CO.
17. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., & Battle, C. (2021, April). *COVID-19 related stress, coping and psychological functioning among a clinical sample of perinatal women: a mixed methods study*. Poster presented for the 2021 Mind Brain Research Day at Alpert Medical School of Brown University, Providence, RI.
18. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., & Battle, C. (2021, April). *COVID-19 related stress, coping and psychological functioning among a clinical sample of perinatal women*. Poster presented for the 2021 Annual Meeting of the Society for Behavioral Medicine (virtual).
19. **Anderson, M.R.**, Salisbury, A., Uebelacker, L., Abrantes, A. & Battle, C. (2021, October). *Perinatal Stress and Trauma in the Time of COVID-19*. Paper presented as part of a symposium (both moderator and presenter) presented at the annual meeting of the Marce Society of North America (virtual).
20. **Anderson, M.R.**, Palitsky, R., & Kaplan, D. (2021, October). *Pre-post Mindfulness Changes in Affect Depend on the Interaction of Participant Religious Beliefs with the Religious Framings of Mindfulness Guidance*. Paper presented at the Society for the Scientific Study of Religion.
21. Sharp, M., & **Anderson, M.R.** (2022, November) *Difficult birthing experiences and post-traumatic growth among postpartum women*. Poster presented at the 2022 Annual Meeting of the Society for Behavioral Medicine.
22. Scalora, S. **Anderson, M.R.**, Crete, A., Mistur, E., & Miller, L. (2022, November) *Feasibility and Acceptability of Awakened Awareness-Adolescent on an undergraduate campus*. Poster presented at the 2022 Annual Meeting of the Society for Behavioral Medicine.
23. **Anderson, M.R.**, Scalora, S., & Miller, L. (2022, November) *Improvements in Physiological Resilience: HRV Outcomes Following “Awakened Awareness” Intervention for Undergraduates*. Poster presented for the 2022 Annual Meeting of the Society for Behavioral Medicine.
24. Sharp, M., **Anderson, M.R.**, & Ayala, N. (2022, April). *Understanding posttraumatic growth and the impact of distorted cognitions following traumatic childbirth*. Paper presented at Biennial meeting of North American Society for Psychosocial Obstetrics & Gynecology. University of Michigan, Ann Arbor, MI.

25. Scarfo, V.N., Bublitz, M.H., **Anderson, M.R.**, Sanapo, L., & Bourjeily, G. (2023, March 30). *Posttraumatic Stress Disorder is associated with altered glucose parameters in early and late gestation*. Poster presented at Mind Brain Research Day, Brown University, Providence, RI.
26. Ayala, N., **Anderson, M.R.**, & Sultan, P. *Glass half full: Perinatal resilience and its role in modern obstetric practice*. Talk submitted for the 2024 Annual Clinical & Scientific Meeting of the American College of Obstetrics & Gynecologists.
27. Albanese, A., **Anderson, M.R.**, Sharp, M.C., Ward, L.G., & Bublitz, M.H. (2024, March) *Integrating clinical psychologists into obstetrics and gynecology: a practical presentation of a model of care*. Poster presented at the Biennial Meeting of the North American Society for Psychosocial Obstetrics and Gynecology. Aurora, Colorado.
28. **Anderson, M.R.**, Scarfo, V., Go, M., Desmarattes, A., & Bublitz, M.H. (2024, March). *Religion/Spirituality and blood pressure in perinatal people at risk for hypertension*. Poster presented at Mind Brain Research Day, Brown University, Providence, R.I.
29. Ward, L.G., Sharp, M.C., **Anderson, M.R.**, Bublitz, M.H., & Bourjeily, G. (2024). *Disparities in screening for violence and safety in obstetric care*. Abstract submitted to the 39th annual meeting of the International Society for Stress in Traumatic Stress Studies. Boston, Massachusetts.
30. **Anderson, M.R.**, Sharp, M.C., Albanese, A., (2024, March) *Integrating Clinical Psychologists into Obstetric and Gynecologic Care: Service Development, Clinical Implications, and Lessons Learned*. Presented at Perinatal Mental Health Symposium. Alpert Medical School of Brown University. Providence, Rhode Island.
31. Desmarattes, A., Scarfo, V., Go, M., **Anderson, M.R.**, Bublitz, M.H. (2024, April). *Religiosity/Spirituality and ambulatory blood pressure among pregnant women at risk for hypertensive disorders of pregnancy*. Poster presented at Mind Brain Research Day. Alpert Medical School of Brown University. Providence, Rhode Island.
32. Go, M.*, Gregory, R., Desmarattes, A., Scarfo, V., **Anderson, M.R.**, Bublitz, M.H. (2024, April). *Religiosity/Spirituality and ambulatory blood pressure among pregnant women at risk for hypertensive disorders of pregnancy*. Poster presented at Public Health Research Day. Brown University. Providence, Rhode Island.
33. Ward, L.G., Go, M*., Sharp, M., Bourjeily, G., **Anderson, M.R.**, & Bublitz, M.H. (2024, September). *Disparities in Screening for Violence and Safety in Obstetric Care*. Poster presentation at the 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

34. **Anderson, M.R.,** Ai. A., & Abu, H. *Religion/Spirituality and Cardiovascular Health in Medical Settings*. Symposium presented at the 2025 annual meeting of the Society for Behavioral Medicine.
35. **Anderson, M.R.** (2025, November) *Clinical Round Tables: Integrating Psychologists in Specialty Medical Teams: Enhancing Patient Care Through Trans-disciplinary Collaboration Across the Lifespan*. Clinical Round Table presented at the 2025 meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
36. **Anderson, M.R.,** & Go, M.* (2026, May) *Religion and spirituality and obstetric and psychiatric outcomes among perinatal women engaged in behavioral health services*. Paper presented for the 6th Global Summit on Spirituality, Religion, and Mental Health, Boston, MA.

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INVITED PRESENTATIONS

1. Albanese, A., & **Anderson, M.R.** (2026) *Meeting patients where they are: A toolkit to support healthcare providers in educating & counseling patients about perinatal cannabis use*. OBGYN Grand Rounds. Brown University Health, Providence, RI.
2. **Anderson, M.R.** (2024) *Identifying and Addressing Perinatal Mood and Anxiety Disorders*. Social Work Continuing Education Series. Brown University Health, Providence, RI.
3. Miller, L., **Anderson, M.R.,** Scalora, S. (2023) *Awakened Awareness*. Invited faculty, Omega Institute, Rhinebeck, NY.
4. Miller, L., **Anderson, M.R.,** Scalora, S., Chapman, A., & Mistur, E. (2021). *Awakened Awareness*. Academic Festival 2021, Teachers College, Columbia University.
5. **Anderson, M.R.,** & Miller, L. (2018). *Spirituality, trauma and post-traumatic growth in the military*. Presentation to chaplains from the Armed Forces of the United States of America. Teachers College, Columbia University.
6. **Anderson, M.R.,** (2018). *Wellness on campus*. Presentation for the Trustees of Columbia University, Columbia University.
7. **Anderson, M.R.,** & Scalora, S. (2017). *Spiritual wellness on campus: methods and considerations*. Spirituality Mind Body Institute Summer Intensive. Teachers College, Columbia University

GRANTS

ACTIVE

1. *Religiosity/Spirituality in OBGYN Patients Receiving Integrated Behavioral Health Care*
Agency: Department of Adult Psychiatry, Brown University Health FISH Funds
Total Funds Awarded: \$15,000
Dates of Award: 12/2025-12/2026
Role: Principal Investigator
2. *Thrive Postpartum Digital Health Application*
Agency: Injury Control COBRE, Rhode Island Hospital
Total Funds Awarded: \$15,000
Dates of Award: 11/2025-11/2026
Role: Principal Investigator

PENDING

1. *Identifying and Disrupting Intergenerational Pathways to Cardiovascular Disease Risk: Examination of Dyadic Responses to Stress (K08)*
Agency: NHLBI
Total Funds Applied for: \$697,594
Dates of Award: 12/2026-11/2031
Role: Principal Investigator
Status: Scored and discussed, council review October 2026
2. *Birth and Life Outcomes OptiMized by nature (BLOOM)*
Agency: NIH/NIGMS
Total Funds Applied for: \$8,000,000
Dates of Award: 4/2027-3/3031
Role: Co-Investigator
3. *Imagining Healing Futures: Re-Envisioning Healthcare for Human Flourishing*
Agency: John Templeton Foundation
Total Funds Applied For: \$260,000
Role: Principal Investigator

COMPLETED

1. *Maternal-Infant Stress Reactivity as an Intergenerational Pathway to Cardiovascular Disease Risk*
Agency: Advance CTR, NIGMS
Total Funds Awarded: \$142,870

- Dates of Award: 11/2025-8/2026
Role: Principal Investigator
2. *Towards harm reduction approach to perinatal cannabis use* (PI: Albanese)
Agency: National Institute on Drug Abuse
Total funds Awarded: \$102,961
Dates of Award: 07/2024-07/2026
Role: Co-Investigator
 3. *Religiosity/Spirituality in OBGYN Patients Receiving Integrated Behavioral Health Care*
Agency: APA Division 36 Early Career Award
Total Funds Awarded: \$5,000
Dates of Award: 4/2025-4/2026
Role: Principal Investigator
 4. *Primary prevention of posttraumatic stress symptoms following Cesarean section.* (PI: Sharp)
Agency: Rhode Island Foundation
Total Funds Awarded: \$25,000
Dates of Award: 2022-2023
Role: Co-Investigator
 5. *Characterizing stress and resilience in women trying to conceive* (PI: Sharp)
Agency: Women's Medicine Collaborative
Total Funds Awarded: \$15,000
Dates of Award: 2022-2023
Role: Co-Investigator
 6. *Spiritual Wellness: Measuring Process and Pathways in a University-Based Spiritual Wellness Center* (PI: Miller)
Agency: Living Peace Foundation
Total Funds Awarded: \$90,000
Dates of Award: 2017-2019
Role: Co-Investigator
 7. *Cognitive remediation for adult inpatients with cognitive impairment* (PI: Kanellopoulos)
Agency: New York Presbyterian – Weill Cornell Medicine Technology Committee
Total Funds Awarded: \$5,000

Dates of Award: 2018

Role: Co-Investigator

UNIVERSITY TEACHING, ADVISING and MENTORING ROLES

Teaching

5/2026	Ever True, Brown University “Resiliency After: Relaxation and Mindfulness” Post mass violence series offered to members of Brown University
7/2024–	Pre-College Program, Brown University “Introduction to Mindfulness” Seminar of 5 modules for high school students enrolled in the Pre-College program at Brown University
6/2023	Leadership Institute, Brown University “Mindful Wellness” 3-module workshop for undergraduates enrolled in the summer Leadership Initiative at Brown University
2017- 2018	Teachers College, Department of Counseling and Clinical Psychology, “Research Methods in a Wellness Setting,” Modules for master’s level students enrolled in year-long practica. Approx. 30 students per class.

Mentorship/Advising

2024-	Research Mentor Mallory Go School of Public Health Brown University
2024-2025	Master’s Thesis Primary Advisor Ellie Karniadakis School of Public Health Brown University
2024-2025	Master’s Thesis Reader Naomi Deokule School of Public Health Brown University
2020-2021	Master’s Thesis Co-Advisor Abigail Crete Department of Counseling and Clinical Psychology

Teachers College, Columbia University

- 2015-2021 Master's Research Co-Advisor
Kathleen Pait, Ning An, Nandita Sharma, Christina Wusinich, Susanne Bahnan, Sean Groark, Freille St. Ange
Department of Counseling and Clinical Psychology
Teachers College, Columbia University
- 2021-2022 Senior Trainer
Awakened Awareness Facilitation Training
University of Southern California

HOSPITAL TEACHING, ADVISING, AND MENTORING ROLES

Teaching

- 2025- Behavioral Medicine Didactics Seminar Series Coordinator
Brown Clinical Psychology Training Program
Alpert Medical School of Brown University
- 2025 *Integrating Reproductive Psychologists into OBGYN Settings*
Presentation for UPenn Behavioral Medicine
- 2025 *Reproductive Behavioral Health*
Presentation to the Brown Clinical Psychology Training Program,
Behavioral Medicine Track residents. Department of Psychiatry and
Human Behavior, Warren Alpert Medical School
- 2024 *Perinatal Mental Health*
Presentation to the Brown Clinical Psychology Training Program,
Behavioral Medicine Track residents. Department of Psychiatry and
Human Behavior, Warren Alpert Medical School
- 2024 *Recognizing & Addressing Perinatal Mood & Anxiety Disorders.*
Presentation to Brown University Health Social Workers. Department of
Clinical Social Work, Brown University Health.
- 2023 *Practical Approaches to Treatment for Perinatal Mood and Anxiety Disorders.*
Presentation as part of the Grand Rounds Seminar for Lifespan OBGYN,
The Miriam Hospital. Department of Psychiatry and Human Behavior,
Warren Alpert Medical School.

Clinical Supervision

2025	Clinical Psychology Intern Clinical Supervisor Maria Kalantzis, PhD Behavioral Medicine Long-term Outpatient Therapy Rotation Brown University Health, Obstetrics & Gynecology Rhode Island Hospital
2024	Psychiatry Resident Clinical Supervisor (CBT) Nisha Jain, MD Cognitive Behavioral Therapy Rotation Department of Psychiatry & Human Behavior Alpert Medical School of Brown University
2024	Clinical Psychology Intern Clinical Supervisor Kristina Dickman, PhD Behavioral Medicine Long-term Outpatient Therapy Rotation Lifespan Obstetrics & Gynecology Rhode Island Hospital
2023	Clinical Psychology Intern Clinical Supervisor Gina Erato, PhD Alpert Medical School of Brown University Women's Medicine Collaborative, Lifespan OB-GYN The Miriam Hospital
2023	Clinical Psychology Postdoctoral Clinical Supervisor Ariana Albanese, PhD Alpert Brown Medical School of Brown University Women's Medicine Collaborative, Lifespan OB-GYN The Miriam Hospital
2021-2022	Practicum Student Supervisor Postpartum Day Hospital, Women and Infants Hospital
2018-2019	Student Assessment Supervisor Dean Hope Center for Educational and Psychological Services Teachers College, Columbia University
2017-2018	Student Clinical Supervisor Dean Hope Center for Educational and Psychological Services Teachers College, Columbia University

OTHER SERVICE ROLES

2024 –	Alumni Undergraduate Admissions Committee Duke University
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MEDIA

1. *An important conversation on anxiety, depression and loneliness*. June 2017. The Source's Mouth podcast. <https://soundcloud.com/marshallssoulhourpodcast/episode-11-miche-anderson-anxiety>

CLINICAL TRAININGS AND WORKSHOPS

Sept. 2024	Incredible Years Parent Group Leader Training Stephanie Shepard Umaschi, Bradley Hospital Brown University Health
Sept. 2018 – March 2019	Advanced DBT Seminar (weekly) Francesca Paraplechkova, New York Presbyterian, Weill Cornell Medical Center
December 2017	Practicing ACT Jessica Borushok, Ph.D.; PraxisNet
August 2017	DBT Behavioral Skills Training Behavioral Tech
July 2017	Summer Global Mental Health Institute Myrna Weissman, Lena Verdeli, Teachers College, Columbia University
June-August 2017	Evidence-Based Approaches in Addiction Treatment Center for Motivation & Change, New York, NY
September 2016	Veteran and Family Members Psychological Services Joseph Geraci, Ph.D. Lieutenant Colonel, US Army; Columbia University, New York, NY
March – May 2014	Mindfulness Based Stress Reduction Foundations Ken Verni, Psy.D.; New Brunswick, NJ
April 2014	Coping with Stress – CBT Depression Prevention for Adolescents Paul Rohde, Ph.D.; Rutgers University, Piscataway, NJ
July 2013	Interpersonal Psychotherapy - Adolescent Skills Training Jami F. Young, Ph.D.; Rutgers University, Piscataway, NJ

OTHER PROFESSIONAL EXPERIENCE

2009-2011	Marketing Coordinator
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Jewish Family Service of Tidewater
Virginia Beach, VA

2008-2009

Marketing Assistant
Jewish Family Service of Tidewater
Virginia Beach, VA

OTHER TRAININGS

2015

Hatha Yoga Teacher Training, 200 hour – RYT
Integral Yoga of Princeton, Princeton, NJ

2013

Mindfulness Based Stress Reduction
Ken Verni, PsyD, New Brunswick, NJ