

CURRICULUM VITAE

MARIA TERESA COUTINHO

BUSINESS ADDRESS: Child and Family Psychiatry
Rhode Island Hospital
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EDUCATION:

Undergraduate Yale University, New Haven, CT
B.A. Political Science, May 1998
Teacher Preparation Program- Secondary Education (gr. 5-12)
Summer Fellow for Portuguese Studies at Universidade Nova de Lisboa, 1997
President's Outstanding Community Service Award, 1996-1997

Graduate School Boston College, 1999-2002, M.A., May 2002
Counseling Psychology
Boston College, 2005-2010, Ph.D., August 2010
University Diversity Fellow, Boston College, 2005-2010
Boston College Graduate Student Association's Research and Conference Grant Award, 2008-2009
American Psychological Association's Minority Fellowship Program – Summer Institute 2010

Internship Cambridge Health Alliance, Harvard Medical School
Cambridge, MA July 2009-June 2010

POSTGRADUATE TRAINING:

Early Childhood Clinical Research Center E. P. Bradley Hospital
APA Clinical Post Doctoral Fellow
September 2010 – August 2011

Child & Family Psychiatry, Rhode Island Hospital
Post Doctoral Research Fellow in Pediatric Psychology
September 2011- August 2013

POSTGRADUATE HONORS & AWARDS:

National Institutes of Health, Loan Repayment Program Award
2013-2014; 2019-2021
National Institute for Minority Health and Health Disparities-
Health Disparities Research Institute Scholar 2019
National Heart Blood & Lung Institute-PRIDE University of
Arizona AiRE Scholar 2019-2020

PROFESSIONAL LICENSURE:

Licensed Psychologist, State of Rhode Island, PS01262
Nationally Certified Asthma Educator, AE-C, July 2013

ACADEMIC APPOINTMENT:

Clinical Assistant Professor of Psychiatry and Human Behavior
& Pediatrics

Department of Psychiatry and Human Behavior

Brown Medical School, June 2015-Present

Department of Pediatrics

Brown Medical School, April 2018-Present

Adjunct Faculty

Counseling, Educational Leadership and School Psychology
Department

Feinstein School of Education and Human Development

Rhode Island College, September 2011 – present

Post Doctoral Fellow

Department of Psychiatry and Human Behavior

Brown Medical School, September 2010-August 2013

HOSPITAL APPOINTMENTS:

Staff Psychologist

Lifespan Physician Group, Inc.

Rhode Island Hospital, Division of Child and Family Psychiatry

September 2017 - Present

Staff Psychologist

Lifespan Physician Group, Inc.

E.P. Bradley Hospital, Pediatric Partial Hospital Program

March 2014-September 2017

Staff Psychologist

Lifespan Physician Group, Inc.

Rhode Island Hospital, Division of Child and Family Psychiatry

October 2013-March 2014

Psychology Staff/Asthma Educator

CVS/ Pharmacy Draw a Breath Asthma Education Program

Department of Pediatrics

Hasbro Children's Hospital/Rhode Island Hospital

October 2013-July 2015; September 2017-Present

OTHER APPOINTMENTS:

Ad-Hoc Reviewer, 2012-present:

International Journal for Vocational and Educational Guidance
Journal of Career Development
Journal of Immigrant and Minority Health
Journal of Pediatric Psychology
Pediatric Pulmonology
Families, Systems and Health
Journal of Urban Health
Journal of Child Health Care

UNIVERSITY COMMITTEES:

Brown University Clinical Psychology Training Program:
Diversity Committee Member, September 2011-present
Diversity Mentoring Work Group, September 2011-present

MEMBERSHIPS IN SOCIETIES:

Member, *American Psychological Association*, 2005- Present

Member, *National Career Development Association*, 2008-2009

Member, *International Society for the Advancement of Respiratory Psychophysiology*, 2011-2013

Member, *American Thoracic Society: Behavioral Science Assembly*, 2012-2013

ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS

1. Blustein, D.L., Catraio, C., **Coutinho, M.T.** & Murphy, K.A. (2008). Lessons in survival: Forging an experience-near understanding of the interface between work and health. *The Counseling Psychologist*, 36 , 90-97. doi: 10.1177/0011000007309975
2. **Coutinho, M.T.**, Dam, U.C. & Blustein, D.L. (2008). Globalisation and psychology of working. *International Journal for Vocational and Educational Guidance*, 8, 5-18. doi: 10.1007/s10775-007-9132-6
3. **Coutinho, M.T.**, McQuaid, E., Koinis-Mitchell, D.(2013). Contextual and cultural risks and their association with family asthma management in urban children. *Journal of Child Health Care*, 17 (2), 138-152. Doi: 10.1177/1367493512456109
4. Sato, A., Koinis-Mitchell, D., & Kopel, S. J., McQuaid, E., Seifer, R., Esteban, C., **Coutinho, M.T.**, Klein, R., & Fritz, G. (2013). The home Environment and family asthma management among ethnically diverse urban youth with asthma. *Family, Systems, and Health*, 31 (2), 156-170. doi: 10.1037/a0032462
5. **Coutinho, M.T.**, Blustein, D.L. (2013) Cape Verdean immigrants' career development and school engagement: Perceived discrimination as a moderator. *Journal of Career Development*, 41(4):341-358. doi: 10.1177/0894845313495589

6. **Coutinho, M.T.**, and Koinis-Mitchell, D. (2013). Black immigrants and school engagement: Perceptions of discrimination, ethnic identity and American identity. Journal of Black Psychology, 40 (6), 520-538. doi: 10.1177/0095798413498095
7. **Coutinho, M.T.**, Koinis-Mitchell, D., Kopel, S. J., Romero-Bosch, L., Lobato, D., McQuaid, E. L., Seifer, R., Canino, G., Fritz, G. K. (2013). Factors associated with recruitment and retention of diverse children with asthma. Children's Health Care, 43(2): 132–150. doi: 10.1080/02739615.2013.837821
8. **Coutinho, M.T.**, Kopel, S. J., Williams, B., Dansereau, K., Koinis-Mitchell, D.. (2016). Urban caregiver empowerment: Caregiver nativity, child asthma symptoms and emergency department use. Families, Systems and Health, 34(3): 229-39. doi: 10.1037/fsh0000206.
9. Martin, S.E. Hunt, J.I., Mernick, L.R., DeMarco, M., Hunter, H.L., **Coutinho, M.T.** Boekamp, J.R. (2016). Temper loss and persistent irritability in preschoolers: Implications for diagnosing Disruptive Mood Dysregulation Disorder in early childhood. Child Psychiatry and Human Development. doi:10.1007/s10578-016-0676-x

BOOK CHAPTERS

1. Nicolas, G., Desilva, A., **Coutinho, M.**, & Prater, K. (2008). What does spirituality mean to me? Stories from young women. In L. Comas-Diaz & C. Rayburn (Eds.) Women's spirituality: Impact on life and practice. Westport, CT: Praeger Publishers.
2. Blustein, D.L., Murphy, K.A, **Coutinho, MT.**, Catraio C., Backus, F. (2011). Vocational Psychology. In P. R. Martin, F.M. Cheung, M.C. Knowles, M. Kyrios, L. Littlefield, J. B Overmier, & J.M. Prieto. The IAAP Handbook of Applied Psychology, 1st Ed. Blackwell Publishing Ltd.
3. Blustein, D.L., **Coutinho, MT.**, Murphy, K.A, Backus, F, Catraio, C. (2011). Self and social class in career theory and practice. In P. Hartung, & L.M. Subich (Eds.) Developing self in work and career: Concepts, cases, and contexts. Washington, DC, US: American Psychological Association.
4. **Coutinho, M.T.** & Koinis-Mitchell, D. (2019). Obesity, Asthma, and Sleep-Related Breathing Disorders. In A. Fishbein & S.H. Sheldon. Allergy and Sleep: Basic Principles and Clinical Practice. Springer Books.

OTHER NON-PEER REVIEWED PUBLICATIONS:

1. **Coutinho, M.T.** (2006). Cape Verdean American women: Acculturation and its relationship to gender role attitudes. The Clinical Psychologist, 59, 14-15.
2. **Coutinho, M.**, & Koinis Mitchell, D. (2013). Family Empowerment and Pediatric Asthma. The Brown University Child and Adolescent Behavior Letter, 52, No. 8.

MANUSCRIPTS SUBMITTED OR IN PREPARATION:

1. Tackett, A. P.; Farrow, M. L.; Kopel, S. J.; **Coutinho, M. T.** ; Koinis Mitchell, D. ; McQuaid, E. (under review) . Racial/ethnic differences in pediatric asthma management:

- The importance of asthma knowledge, symptom assessment, and family-provider collaboration. Journal of Asthma.
2. **Coutinho, M.T.**, Subzwari, S, McQuaid, E.L., Koinis-Mitchell, D.(under review). Community Health Workers' Role in Supporting Pediatric Asthma Management: A Systematic Review. Clinical Practice in Pediatric Psychology.
 3. **Coutinho, M.T.** (under review). Ethnic identity development in our global society: Supporting youth physical and mental health and adjustment The Brown University Child and Adolescent Behavior Letter.
 4. **Coutinho, M.T.**, Sears, C., Noga, R. McQuaid, Kopel, S., . Powers, K., Koinis-Mitchell, D. (in preparation). Family Asthma Management and Sleep in Urban Neighborhoods. To be submitted to Behavioral Sleep Medicine.
 5. **Coutinho, M.T.**, Koinis-Mitchell, D., Canino, G., Ramirez, R., Ortega, A., Garcia, P. (in preparation). Sleep functioning in Puerto Rican children. To be submitted to Journal of Clinical Pediatrics.

ABSTRACTS:

1. **Coutinho, M.T.** & Sparks. E.(2006). Cape Verdean Women in America: Acculturation and Gender Roles. Poster session presented at the American Psychological Association Expert Summit on Immigration, San Antonio, TX.
2. **Coutinho, M.T.** (2006). Acculturation and gender roles: The experiences of Cape Verdean women in the United States. Paper presented at Voices of Students of Color Panel at Boston College Lynch School of Education, Chestnut Hill, MA.
3. **Coutinho, M.T.** (2006). Haitians and emotional help-seeking behaviors. In G. Nicolas (Chair), The strengths of Haitian immigrants. Symposium conducted at the Celebrating Past and Future Excellence Inaugural week at Massachusetts Bay Community College, Wellesley Hills, MA.
4. **Coutinho, M.T.** (2006). The primacy of the Haitian family: Haitian immigrants and emotional self - help. In G. Nicolas (Chair), Immigrant strengths: Helping Haitians help themselves. Symposium conducted at the 18th Annual Haitian Studies Association Conference, University of Virginia, Charlottesville, VA.
5. **Coutinho, M.T.** (2006). Cape Verdean immigrant women in America: The intersection of gender, race and class. In V. Prosper (Chair), From Cape Verde to the United States: women ethnic identity, health and well-being. Symposium conducted at Diversity Challenge Conference, Institute for the Study and Promotion of Race & Culture, Boston College, Chestnut Hill, MA.
6. **Coutinho, M.T.** (2007). Balancing graduate school and family: Is it really about doing both? In G. Nicolas (Chair), Personal and professional life – A closer look at self-care. Symposium conducted at the 115th Annual American Psychological Association Convention, San Francisco, CA.
7. **Coutinho, M.T.** (2007). Immigrant women and depression: the role of family and acculturation. In G. Nicolas (Chair), Between Worlds: Immigrant women of color in the United States. Symposium conducted at the 115th Annual American Psychological Association Conference, San Francisco, CA.

8. **Coutinho, M.T.**, Blustein, D.L., Murphy, K.A., Catraio, C. (2007). Telling the untold story: Immigrant women and working. Poster session presented at the 115th Annual American Psychological Association Conference, San Francisco, CA.
9. Blustein, D.L., Kenny, M., Murphy, K., Jernigan, M., Gualdron-Muhrib, L., **Coutinho, M.**, Catraio, C., Connolly, M., Backus, F., Sullivan M. (2008). Race-based discourse among urban high school youth. Poster session presented at the International Counseling Psychology Conference, Chicago, IL.
10. Blustein, D.L., **Coutinho, M.**, Murphy, K., Kenny, M., Catraio, C., Connolly, M., Backus, F., Sullivan M. (2008). New directions in career development: Applying the psychology of working perspective to practice. Paper presented at the meeting of the National Career Development Association, Washington, DC.
12. **Coutinho, M.T.** (2009). Immigrants and work: A global perspective. Paper presented at the New Developments in Counseling and Clinical Psychology Panel. Universidade de Coimbra, Coimbra, Portugal.
13. **Coutinho, M.T.** (2009). Sí, se puede: Immigrants and work in America. In D. Blustein (Chair), The psychology of working: New vistas. Symposium conducted at the 117th Annual American Psychological Association Conference, Toronto, Canada.
14. **Coutinho, M.T.**, McQuaid, E.L., Koinis-Mitchell, D. (2011). Family functioning, cultural risk factors and asthma management in urban children. Poster session presented at the International Society for the Advancement for Respiratory Psychophysiology, Athens, Greece.
15. **Coutinho, M. T.**, Koinis Mitchell, D., McQuaid, E. L., Kopel, S. J., Jandasek, B., Fritz, G. K., Canino, G. (2012). Caregiver's experiences of discrimination, family asthma management, asthma severity, and health care utilization. Paper presented at the International Society for the Advancement for Respiratory Psychophysiology, Orlando, Florida.
16. **Coutinho, M.T.** (2012). Enhancing multicultural sensitivity and competence using a mentoring model. Paper presented at the New England Psychological Association Conference, Worcester, MA.
17. **Coutinho, M. T.**, Koinis Mitchell, D. (2013). Family empowerment and asthma morbidity in a sample of ethnically diverse urban children. Poster session presented at the Warren Alpert Medical School of Brown University DPHB 16th Annual Research Symposium on Mental Health Sciences, Providence, Rhode Island.

INVITED PRESENTATIONS

1. Promoting Positive Mental Health and Physical Health Outcomes in the Black Community. Panel Discussion. The African American/Black Employee Resource Group. Rhode Island Hospital. 02/2012.
2. Supporting Positive Immigrant Mental Health. African Health Summit 2013. African Alliance of RI. 05/2013.
3. Social and Emotional Development in Young Children: Strategies that support behavioral and emotional regulation. Cornerstone School. 05/2016.

GRANTS

COMPLETED GRANTS

1. Diversity Supplement for Postdoctoral Applicant: Maria Teresa Coutinho. *Family Empowerment and Asthma in Urban Children*. 3R01HD057220-03S. Associated with Asthma and Academic Performance in Urban Children. NICHD. R01HD057220 (Koinis Mitchell, PI). 9/1/2011-8/31/2013 Total Direct Costs: \$116,672.
2. Project Director, *Peer Administered Asthma Self-Management in Urban Middle Schools*. NIH/NICHD. 08/31/2013-07/31/2015. D. Koinis-Mitchell & G. Canino, PIs. Total direct costs, \$448,000.

ONGOING GRANTS

1. Co- Investigator, A Culturally-Tailored Sleep Hygiene Intervention for Latino Urban Middle School Children. NIH, NHLBI, R34HL135073 . (D. Koinis-Mitchel, & G. Canino PIs). Total Direct Costs: \$450,000.
2. Co-Investigator. Rhode Island Asthma Integrated Response Program (RI-AIR). NIH U01HL138677. 8/1/2017-7/31/2023. (D. Koinis-Mitchell & E.L. McQuaid, PIs). Total Direct Costs: \$7,000,000.
3. Co-Investigator. Peer-Administered Asthma Self-Management for Urban Middle School Children. NIH, NIMHD, 1R01MD012225. 9/16/2017-7/1/2022. (D. Koinis-Mitchel, & G. Canino PIs). Total Direct Costs: \$3,757,264
4. Candidate/ Co-investigator. Faculty diversity supplement: “Asthma Management, Health Care System Factors, and Transition to Care in Urban Latino. R01MD012225-02S1. Associated with Peer Administered Asthma Self-Management Intervention in Urban Middle Schools. NIMHD. 3R01MD012225-02S1. 04/01/2019-03/31/2021 (D. Koinis-Mitchell & Canino, PIs). Total Direct Costs: \$250,000.

SUBMITTED GRANTS

1. Principal Investigator. Understanding long term patterns of health care use for black children with asthma. NHLBI PRIDE Small Research Project. 11/01/2019-10/31/2020. (M.T. Coutinho, PI). Total Direct Costs: \$10,593.

UNIVERSITY TEACHING ROLES

Adjunct Faculty, September 2011 – Present

Counseling, Educational Leadership and School Psychology Department

Rhode Island College, Providence RI

Courses Taught: Human Development Across Cultures, Clinical Practicum I

Lesley University

Graduate School of Arts and Social Sciences

Division of Counseling Psychology

Courses Taught: Vocational Development and Career Counseling (Fall 2011 and Spring 2012)

HOSPITAL TEACHING ROLES

Clinical Supervisor, September, 2017-Present

Post Doctoral Outpatient Psychotherapy

Katherine Reynolds, PhD

Clinical Supervisor, July 2013-September 2017

Child Psychiatry Fellowship & Triple Board Residency

Provide clinical supervision to psychiatry fellows and residents in a clinical rotation within the context of a pediatric partial hospital program.

Supervisees:

Anastacia Wermert, MD (Triple Board Resident)
Shannon Terkell, MD (Child and Adolescent Psychiatry Fellow)
Vivienne Gomes, MD (Child and Adolescent Psychiatry Fellow)
Ludmila Mesidor, DO MD (Child and Adolescent Psychiatry Fellow)
Alison Duncan, MD (Child and Adolescent Psychiatry Fellow)
Kristyn Gergelis, MD

Clinical Supervisor, July 2013- September 2017

Child Play Therapy Experience

Provide clinical supervision, and training to psychiatry fellows in a tailored play therapy exposure training series.

Supervisees:

Damon De Leon, MD (Child and Adolescent Psychiatry Fellow)
Ludmila Mesidor, DO MD (Child and Adolescent Psychiatry Fellow)
Stephanie Lichtor, MD (Triple Board Resident)
Agnieszka Janicka, MD
Jennifer Downs, MD (Triple Board Resident)
Paul Stevens, MD (Triple Board Resident)
Constance Mennella, MD (Child and Adolescent Psychiatry Fellow)
Kelly Ochoa, MD
Katherine Liebesny, MD
Chelsea Neumann, MD (Child and Adolescent Psychiatry Fellow)
Laura Yahr Nelson, MD (Child and Adolescent Psychiatry Fellow)
Daniel Moreno DeLuca, MD
Alison Duncan, MD
Zachary Engler, MD (Child and Adolescent Psychiatry Fellow)
Amy Egolf, MD
Sarah Rocha, MD

Faculty Lecturer, October 2013-Present

Brown University Warren Alpert Medical School, Providence RI

Clinical Psychology Child Track Internship Seminar

Topic Presented: Multicultural Issues Series (co-taught with Rod Gragg, PhD & James Brack PsyD)

Clinical Psychology Postdoctoral Fellowship Seminar Series

Topics Presented: “Overcoming Language and Cultural Barriers;” “Job Talk”

General Psychiatry Seminar Series

Topic Presented: Development I (Early Childhood)

Research Supervisor, September 2017-Present

Provide research supervision to interns working on several research projects within the Childhood Asthma Research Program Lab

Supervisees:

Amanda Dellagrotta, MPH
Jake Whitney
Steffany DeJesus Capellan

Hassenfeld Child Health Innovation Institute Summer Fellows

Rebecca Noga, BA
Sumera Subzwari