

CURRICULUM VITAE

Meghan Carole Sharp, Ph.D.

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EDUCATION

B.S., B.A. 2009, Biology, Psychology
Stockton University, Pomona, N.J.
Magna Cum Laude

M.A. 2016, Clinical Psychology
East Carolina University, Greenville, N.C.

Ph.D. 2018, Clinical Psychology, Health Emphasis
East Carolina University, Greenville, N.C.

POSTGRADUATE TRAINING

Residency 2017-2018, Clinical Psychology, Health Track.
The Ohio State University Wexner Medical Center, Columbus, O.H.
Area: Women's Behavioral Health, Behavioral Cardiology, Transplant
Psychology, Psychosocial Oncology.
Minor: Women's Behavioral Health research

Fellowship 2018-2019, Clinical Health Psychology.
Geisinger Medical Center, Danville, P.A.
Area: Women's Health, ICU Psychology, Psycho-oncology, Psychiatry
Program development: 1) perinatal bereavement services, 2) postpartum
depression care.

HONORS AND AWARDS

2014 Ginger Stoddard Travel Award, East Carolina University

2015 Outstanding Graduate Student Lab Instruction Award, East Carolina University

2016 Thomas Harriet College of Arts & Sciences Student Travel Grant, East Carolina University

2016 Best Poster in Applied and Basic Research, National Perinatal Association Annual
Conference: *Examining Relationships between Traumatic Childbirth and Maternal Mental
Health in NICU and non-NICU Mothers*

- 2016 Best Poster in Social Sciences - ECU Research and Creative Achievement Week: *Parental Visitation of Infants in a Neonatal Intensive Care Unit and Special Care Nursery: Barriers, Reasons, and Facilitators.*
- 2017 Miller-Moore Graduate Fellowship in Psychology, East Carolina University
- 2019 Best Poster in Applied and Basic Research, National Perinatal Association Annual Conference: *Qualitative Investigation of Characteristics of Social Support Related to Traumatic Childbirth.*
- 2022 Women's Health SIG Outstanding Abstract Award, 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine: *Transitioning a postpartum mental health support group to telehealth in COVID-19.*

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

2019-Present Licensed Psychologist, Rhode Island License: PS01816

ACADEMIC APPOINTMENTS

2021-Present Assistant Professor
Department of Psychiatry and Human Behavior
The Warren Alpert Medical School of Brown University, Providence, R.I.

2023-Present Long-term Psychotherapy Program Coordinator
Clinical Psychology Internship Training Program, Behavioral Medicine Track
Brown University Clinical Psychology Training Consortium
The Warren Alpert Medical School of Brown University, Providence, R.I.

2019-2021 Clinical Instructor
Department of Psychiatry and Human Behavior
The Warren Alpert Medical School of Brown University, Providence, R.I.

HOSPITAL APPOINTMENTS

2024-Present Clinical Psychologist/Research Scientist
Women's Behavioral Medicine
LPG Psychiatry and Behavioral Health
Rhode Island Hospital, Providence, R.I.

2019-2024 Clinical Psychologist/Research Scientist
Women's Behavioral Medicine, Women's Medicine Collaborative
The Miriam Hospital, Providence, R.I.

OTHER APPOINTMENTS

2011-2012 Study Coordinator, Cooper Cancer Institute, Cooper University Hospital, Camden, N.J.

- 2012-2013 Research Coordinator, Department of Neonatology, The Children’s Hospital of Philadelphia, Philadelphia, P.A.
- 2013-2014 Executive Board Member, Privateers Service Organization, East Carolina University, Greenville, N.C.
- 2014-2015 Student Coordinator, Resources for Education, Advocacy, and Community for Clinical Health, East Carolina University, Greenville, N.C.
- 2014-2015 Service Chair, Psychology Graduate Student Organization, East Carolina University, Greenville, N.C.
- 2015-2016 President, Psychology Graduate Student Organization, East Carolina University, Greenville, N.C.
- 2016-2017 Student Coordinator, ECU Clinics Consortium, East Carolina University, Greenville, N.C.

MEMBERSHIPS IN SOCIETIES

- 2014-Present Society of Behavioral Medicine
2014-Present National Perinatal Association

JOURNAL REVIEWER

- 2018- Present Archives of Women’s Health
2019- Present Journal of Perinatology
2020- Present Psychology & Health

PUBLICATIONS LIST

Original publications in peer-reviewed journals

1. **Sharp, M.**, & DeMauro, S. B. (2017). Counterbalanced Comparison of the BSID-II and Bayley-III at Eighteen to Twenty-two Months Corrected Age. *Journal of Developmental & Behavioral Pediatrics*, 38, 322-329. doi: 10.1097/DBP.0000000000000441.
2. **Sharp, M.**, Huber, N.*, Ward, L.G.*, & Dolbier, C. (2021). NICU-specific stress following traumatic childbirth and its relationship with posttraumatic stress. *Journal of Perinatal and Neonatal Nursing*. doi: 10.1097/JPN.0000000000000543.
3. Bublitz, M. H., Freeburg, T., **Sharp, M.**, Salameh, M., & Bourjeily, G. (2021). Childhood adversity, prenatal depression, and maternal inflammation across pregnancy. *Obstetric Medicine*. doi: 10.1177/1753495X211011910.
4. Bublitz, M.H., **Sharp, M.**, Freeburg, T., Sanapo, L., Nugent, N. R., Sharkey, K. M., & Bourjeily, G. (2021). Sleep disordered breathing measures in early pregnancy are associated with depressive symptoms in late pregnancy. *Diagnostics*. doi: 10.3390/diagnostics11050858.

5. Ayala, N. K., Whelman, A. R., Recabo, O., Cersonsky, T. E. K., Bublitz, M. H., **Sharp, M.**, & Lewkowitz, A. K. (2022). Dispositional optimism, mode of delivery, and perceived labor control among recently-delivered parturients. *American Journal of Perinatology*. doi: 10.1055/a-1882-9940.
6. **Sharp, M.**, Rollins, L. G.*, Solar, C., Shea, Chelsea, Carels, R., & Dolbier, C. (2023). Internalized weight bias, weight-related experiences, and peripartum weight: Implications for maternal wellbeing. *The Journal of Midwifery and Women's Health*. <https://doi.org/10.1111/jmwh.13480>
7. Ward, L. G., Bourjeily, G., Guthrie, K., Salmoirago-Blotcher, E., **Sharp, M.**, Desmarattes, A., & Bublitz, M. (In Press). Sleep Quality in High-Risk Pregnancies: Mixed Methods Results from a Randomized Controlled Trial of a Mindfulness Training Intervention. *Journal of Integrative and Complementary Medicine*.

Publications in preparation

1. **Sharp, M.**, Ward, L. G., Pomerantz, M., Bourjeily, G., Guthrie, K., Salmoirago-Blotcher, E., Desmarattes, A., & Bublitz, M. (Under review). Prenatal mindfulness training and interoceptive awareness in pregnant people at risk for hypertensive disorders. *Journal of Integrative and Complementary Medicine*.
2. **Sharp, M.**, Ward, L. G.*, Guthrie, K., Bradley, B.*, & Dolbier, C. (In preparation). "But I have a healthy baby, right?" Patient perceptions of their difficult childbirth experience.
3. Dodd, J. C., **Sharp, M.**, & Grammar, K. (In preparation). The medical and psychological burden of infertility.
4. **Sharp, M.**, Rai, I., Sonmez, C. C., Pomerantz, M., & MacLean, J. (In preparation). Barriers and facilitators to accessing a postpartum support group in person compared to telehealth.

Scholarly work published in other media

1. The importance of integrating maternal mental health with pregnancy care. Lifespan Living Blog, 2022. <https://www.lifespan.org/lifespan-living/importance-integrating-maternal-mental-health-pregnancy-care>

ABSTRACTS

1. Anderson, S., **Sharp, M.**, & Dolbier, C. (April, 2014). *Enhancing Recruitment, Enrollment and Retention of Pregnant, Low-Income Women for a Prenatal Stress Management Intervention*. Poster presented at the 25th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.

2. **Sharp, M.**, Anderson, S., & Dolbier, C. (August, 2014). *Self-Discrepancies in the Roles of Wife and Mother in Relation to General and Role-Specific Well-Being in Women*. Poster presented at the 122nd American Psychological Association Annual Conference, Washington, DC.
3. **Sharp, M.**, Anderson, S., & Dolbier, C. (March, 2015). *An Examination of Sex Differences in Psychological, Physical, and Physiological Functioning in a High-stress Undergraduate Sample*. Poster presented at the 73rd Annual Scientific Meeting, American Psychosomatic Society, Savannah, GA.
4. **Sharp, M.**, & Dolbier, C. (March, 2016). *Predictors of Traumatic Childbirth and Poor Maternal Mental Health*. Poster presented at the 37th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
5. Anderson, S., **Sharp, M.**, & Dolbier, C. (March, 2016). *Examining Proposed Mechanisms of Mindfulness*. Poster presented at the 37th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
6. **Sharp, M.**, Taylor, D., Roberts, B., Tucci-Herron, J., Walcott, C., & Dolbier, C. (April, 2016). *Assessing Barriers to Parental Involvement in Care of Infants in a Neonatal Intensive Care Unit and a Special Care Nursery*. Poster presented at the Annual Conference of the National Perinatal Association, Houston, TX.
7. **Sharp, M.**, & Dolbier, C. (April, 2016). *Examining Relationships between Traumatic Childbirth and Maternal Mental Health in NICU and non-NICU Mothers*. Poster presented at the Annual Conference of the National Perinatal Association, Houston, TX.
8. Forrest, L., Donica, D., Jones, S., Dolbier, C., Harrell, S., Russell, A., **Sharp, M.**, & Walcott, C. (April, 2016). *Assessing Barriers to Parental Involvement in Care of Infants in a Neonatal Intensive Care Unit and a Special Care Nursery*. Poster presented by colleague at the American Occupational Therapy Association Annual Conference, Chicago, IL.
9. Taylor, D., **Sharp, M.**, Roberts, B., Tucci-Herron, J., Walcott, C., & Dolbier, C. (April, 2016). *Parental Visitation of Infants in a Neonatal Intensive Care Unit and Special Care Nursery: Barriers, Reasons, and Facilitators*. Poster presented at the 10th Annual ECU Research & Creative Achievement Week, Greenville, NC.
10. Cellucci, T., Watson, E., Rhodes, A., Decker, M., **Sharp, M.**, Trout, K., & Everhart, E. (August, 2016). *Incorporating Effort Measures into University ADHD Evaluations*. Poster presented at the American Psychological Association Annual Convention, Denver, CO.
11. **Sharp, M.**, Trout, K., Carraway, M., Decker, M., Solar, C., & Russo, D. (October, 2016). *Discussing Suicidality and Risk with Patients in Primary Care: Strategies for Medical Providers*. Poster presented at the Collaborative Family Healthcare Association Conference, Charlotte, NC.

12. **Sharp, M.**, Solar, C., Carraway, M., Adams, A., Trout, K., Decker, M., Kirian, K., Russo, D., & Cummings, D. (October, 2016). *Predictors of Adherence to Behavioral Health Visits in Integrated Primary Care*. Poster presented at the Collaborative Family Healthcare Association Conference, Charlotte, NC.
13. **Sharp, M.**, & Dolbier, C. (March, 2017). *Examining NICU Stress as a Moderator of the Relationship between Traumatic Childbirth and PTSD Symptomology*. Poster presented at the Annual Conference of the National Perinatal Association in Atlanta, GA.
14. **Sharp, M.**, Decker, M., Littleton, H., & Dolbier, C. (March, 2017). *Interpersonal Violence History and Childbirth-specific Posttraumatic Stress Symptoms*. Poster presented at 38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
15. Meyer, A.*, **Sharp, M.**, Prasad, M., Whitlow, W. T., Lynch, C., & Carpenter, K. (April, 2018). *Psychiatric Comorbidities and Treatment Adherence in Women Receiving Prenatal Medication Assisted Treatment for Opioid Use*. Poster presented at the 39th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
16. Bradley, B.*, **Sharp, M.**, & Dolbier, C. (April, 2018). *Examination of Disclosure After Adverse Childbirth*. Poster presented at the 39th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
17. **Sharp, M.**, Haley, E., & Dolbier, C. (April, 2018). *Intra-couple Variation in PTSD and NICU Visitation*. Poster presented at the 39th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
18. Dolbier, C., **Sharp, M.**, & Bradley, B.* (April, 2018). *Factors Related to Post-traumatic Growth Resulting from Childbirth*. Poster presented at the 39th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
19. **Sharp, M.**, Carels, R., & Dolbier, C. (March, 2019). *Testing a process model of internalized weight bias in women during the postpartum period*. Poster presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
20. Meyer, A.*, **Sharp, M.**, Prasad, M., Lynch, C., & Carpenter, K. (April, 2019). *Neonatal outcomes following dual exposure to medication assisted treatment for opioid use disorder and psychotropic medication in utero*. Poster presented at the Annual Conference of the National Perinatal Association, Providence, RI.
21. **Sharp, M.**, Bradley, B.*, & Dolbier, C. (April, 2019). *Qualitative investigation of characteristics of social support related to traumatic childbirth*. Poster presented at the Annual Conference of the National Perinatal Association, Providence, RI.

22. **Sharp, M.**, Dodd, J.C., & Dolbier, C. (November, 2019). *Women's subjective appraisal of traumatic childbirth and impact of prior trauma*. Poster presented at the International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA.
23. **Sharp, M.**, Dodd, J. C., & Dolbier, C. (April, 2020). *Trauma, coping, and growth following complicated childbirth: Differences for NICU Mothers*. Abstract accepted and poster to be presented at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. *Conference cancelled due to COVID-19 pandemic*.
24. **Sharp, M.**, Solar, C., Carels, R.A., & Dolbier, C. (April, 2020). *Relationships between pregnancy-related weight changes and postpartum psychosocial wellbeing*. Abstract accepted and poster to be presented at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. *Conference cancelled due to COVID-19 pandemic*.
25. Huber, N. L.*, **Sharp, M.**, & Dolbier, C. (April, 2020). *Relationships of perceived medical stress with postpartum traumatic stress and depressive symptoms in NICU mothers*. Abstract accepted and poster to be presented at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. *Conference cancelled due to COVID-19 pandemic*.
26. Dodd, J. & **Sharp, M.** (October, 2020). *Anxiety mediates the relationship between adverse childhood experiences and somatic symptoms of pregnancy*. Poster presented at the International Marcé Society for Perinatal Mental Health Virtual Biennial Scientific Meeting, Iowa City, IA.
27. Bublitz, M.H., Pomerantz, M.*, **Sharp, M.**, Ward, L.G., & Guthrie, K. (September, 2022). Prenatal mindfulness training, interoceptive awareness, and blood pressure in women at risk for hypertensive disorders. Poster presented by colleague at the 2022 International Marcé Society Biennial Conference, London, EN.
28. Albanese, A., Anderson, M. R., **Sharp, M.**, Ward, L. G., & Bublitz, M. (March, 2024). Integrating Clinical Psychologists in Obstetrics and Gynecology: A Practical Presentation of a Model of Care. Poster presented by colleague at the North American Society for Psychosocial Obstetrics & Gynecology Biennial Meeting, Denver, CO.

CONFERENCE PRESENTATIONS

International presentations

1. Dodd, J. & **Sharp, M.** (October, 2020). *Stigma and psychosocial outcomes associated with the medical burden of infertility*. International Marcé Society for Perinatal Mental Health Virtual Biennial Scientific Meeting, Iowa City, IA.

2. **Sharp, M.**, Bradley, B.*, & Dolbier, C. (October 2020). “*You don’t have the luxury of falling apart right now.*” *Relationships between positive and negative social support and postpartum PTSD* in symposium “Stress, Trauma, and Resilience across the Perinatal Period.” International Marcé Society for Perinatal Mental Health Virtual Biennial Scientific Meeting, Iowa City, IA.
3. **Sharp, M.**, MacLean, J., Rai, I.*, & Sonmez, C. C.* (April, 2022). *Transitioning a postpartum mental health support group to telehealth in COVID-19.* 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
4. **Sharp, M.**, & Ward, L. G. (April, 2022). *Relationships among pre-pregnancy trauma exposure and postpartum mental health following neonatal ICU admission.* Live Research Spotlight presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
5. **Sharp, M.**, Anderson, M. R.*, & Ayala, N. K. (April, 2022). *Understanding posttraumatic growth and the impact of distorted cognitions following traumatic childbirth* in symposium “Trauma and Mental Health in Pregnancy and Childbirth.” Biennial Meeting of the North American Society for Psychosocial Obstetrics & Gynecology, Ann Arbor, MI.

National presentations

1. Trout, K., **Sharp, M.**, Decker, M., Carraway, M., & Russo, D. (October, 2016). *Integrated Training for Integrated Care: Genesis of a 5 Year Development of Behavioral Health in Primary Care.* Symposium presentation at the Collaborative Family Healthcare Association Conference, Charlotte, NC.

Local presentations

1. **Sharp, M.** (October, 2015). *Stress Management for College Students.* Presentation presented at East Carolina University, Introduction to Nutrition. Greenville, N.C.
2. **Sharp, M.** (October, 2015). *Anxiety and Depression in College Students.* Presentation presented at: East Carolina University, Introduction to Psychology. Greenville, NC.
3. **Sharp, M.**, & Mobley, C. (March, 2016). *ECU Unplugged.* Workshop and presentation presented at: East Carolina University, Student Affairs. Greenville, NC.
4. **Sharp, M.** (April 2016). *Testing a model of the development of PTSD in mothers of infants admitted to the Neonatal Intensive Care Unit (NICU).* Oral presentation at the 10th Annual ECU Research & Creative Achievement Week, Greenville, N.C.

5. Meyer, A.*, **Sharp, M.**, Prasad, M., Whitlow, W. T., Lynch, C., & Carpenter, K. (April, 2018). *Psychiatric Comorbidities and Treatment Adherence in Women Receiving Prenatal Medication Assisted Treatment for Opioid Use*. Oral Presentation at the Ohio State University Wexner Medical Center's Department of Psychiatry and Behavioral Health's Data Blitz, Columbus, OH.
6. **Sharp, M.** (September, 2018). *Behavioral Health Minute: Perinatal Bereavement*. Brief education provided to faculty and trainees of the Division of Women's Health, Geisinger Medical Center, Danville, P.A.
7. **Sharp, M.** (April, 2019). *Behavioral Health Minute: Traumatic Childbirth*. Brief education provided to faculty and trainees of the Division of Women's Health, Geisinger Medical Center, Danville, P.A.
8. **Sharp, M.** (October, 2019). *Modifiable Psychosocial Factors associated with postpartum PTSD*. Oral presentation at the Women's Medicine Collaborative Research Lecture Series, Providence, R.I.
9. Clark-Donat, L., Fox, S., Reynolds, J., **Sharp, M.**, Ward, L. G. (May, 2021). *Chronic Pelvic Pain in Women of Childbearing Age: Impact on Pregnancy and Beyond*. Oral presentation at the Gynecology Grand Rounds series at Lifespan Department of Obstetrics and Gynecology, Providence, R.I.
10. Sharp, M. (March, 2023). *Protecting the Mental Health of Women Experiencing Perinatal Loss*. Oral presentation at the 2023 Annual Perinatal Bereavement Conference at Virtua Health, Voorhees, N.J.
11. **Sharp, M.**, Rai, I*., Sonmez, C. C.*, & MacLean, J. V. (March 2024), *Transitioning a postpartum mental health support group to telehealth*. Oral presentation at Rhode Island Women's Health Initiative Series: Perinatal Mental Health: Leveraging the Expertise of Rhode Island Clinicians and Research to Optimize Outcomes for Expectant and New Parents and Their Families.
12. Anderson, M. R., Albanese, A.*, & **Sharp, M.** (March 2024), *Integrating Clinical Psychologists in Obstetrics and Gynecology*. Oral presentation by colleague at Rhode Island Women's Health Initiative Series: Perinatal Mental Health: Leveraging the Expertise of Rhode Island Clinicians and Research to Optimize Outcomes for Expectant and New Parents and Their Families.

GRANTS

Active

1. *Primary prevention of posttraumatic stress symptoms following Cesarean section.*
Rhode Island Foundation
Role: Principal Investigator
Award type: Medical Research Grant
Amount: \$25,000
Date of funding: 2022-Present
2. *Characterizing stress and resilience in women trying to conceive.*
Women's Medicine Collaborative
Role: Principal Investigator
Award type: Research Seed Grant
Amount: \$15,000
Date of funding: 2022-Present
3. *Mindfulness, Optimism, and Resilience for Perinatal Health (MORPHE) Trial.*
(PI: N. Ayala, MD, ScM)
COBRE Center for Stress, Trauma, and Resilience
Role: Co-Investigator
Award type: Project Lead
Amount: \$717,653
Date of funding: 08/2023-07/2026

Pending

1. *Towards a harm reduction approach to perinatal cannabis use.* (PI: A. Albanese, PhD)
National Institute on Drug Abuse
Role: Co-investigator
Award type: R03
Amount: \$191,297.00
Date of funding: 07/2024-06/2026

Completed

1. *Assessing Barriers to Parental Involvement in Care of Infants in a Special Care Nursery.* (PI: C. Dolbier, Ph.D.)
ECU Undergraduate Research and Creative Activity Award, East Carolina University
Role: Co-investigator
Award type: Research award
Amount: \$1,250.00
Date of funding: 11/2015-05/2016

2. *Geisinger Perinatal Bereavement Program*
Geisinger Health Plan/Geisinger Clinic Quality Fund, Geisinger Health Systems, Women & Children’s Institute
Role: Co-investigator
Award type: Clinical service infrastructure award
Amount: \$207,164.98
Date of funding: 07/2019-07/2020

3. *Rhode Island Maternal Psychiatry Resource Network (RI MomsPRN) Perinatal Behavioral Health Quality Improvement Initiative*
Care Transformation Collaborative of Rhode Island, Rhode Island Department of Health
Role: Behavioral health clinician, practice contact
Award type: Clinical service infrastructure award
Amount: \$10,000
Date of funding: 10/2019-12/2020

4. *Rhode Island Maternal Psychiatry Resource Network (RI MomsPRN) Perinatal Behavioral Health Quality Improvement Initiative – 2021 Cohort*
Care Transformation Collaborative of Rhode Island, Rhode Island Department of Health
Role: Behavioral health clinician, practice contact
Award type: Clinical service infrastructure award
Amount: \$5,000
Date of funding: 02/2021-04/2022

UNIVERSITY TEACHING ROLES

Curriculum Development/Director

2020-Present **Clinical Supervisor, Integrated Behavioral Health Lead
LPG Obstetrics and Gynecology**
Clinical Psychology Internship Training Program
Postdoctoral Fellowship Training Program
Brown Psychology Training Consortium
The Warren Alpert Medical School of Brown University
Department of Psychiatry and Human Behavior

Lecturing

Spring, 2008 Undergraduate Teaching Assistant
Organic Chemistry I (undergraduate)
Stockton University, Pomona, N.J.

Fall, 2013; Co-instructor
Spring, 2014 Introduction to Psychology (undergraduate)
East Carolina University, Greenville, N.C.

- Fall, 2014;
Spring, 2015 Co-instructor
Research Methods in Psychology (undergraduate)
East Carolina University, Greenville, N.C.
- Summer, 2015 Graduate Teaching Assistant
Psychological Statistics (undergraduate, distance education)
East Carolina University, Greenville, N.C.
- March, 2018 Guest Lecturer
PGY1 Psychiatry Residency
The Ohio State University, Columbus, O.H.
“Introduction to Cognitive Behavioral Therapy: Clinical Interviewing”
- April, 2018 Guest Lecturer
Clinical Psychology Doctoral Program
The Ohio State University, Columbus, O.H.
“Women’s Health Psychology”
- August, 2020; Presenter
August, 2021; Behavioral Medicine Seminar Series
August, 2022; Clinical Psychology Internship Training Program
February, 2024 Brown University, Providence, R.I.
“Perinatal Mental Health”

Other Teaching Roles

- 2021;
2024 Preliminary Project Reader
Clinical Psychology PhD Program
East Tennessee University
- February, 2023 Panel Member
Undergraduate Behavioral Medicine
Young Harris College