# CURRICULUM VITAE MINDY SOBOTA

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Email mindy\_sobota@brown.edu

### **EDUCATION**

Undergraduate Brown University, Providence RI

BA 1995 Cognitive Science; German Literature

Magna Cum Laude

Graduate Cambridge University, Cambridge, England

MPhil 1997 History & Philosophy of Science

Medical School New York University Medical School, NYC, NY

MD 2003

Alpha Omega Alpha

#### POSTGRADUATE TRAINING

Residency Montefiore Medical Center

Internship & Residency, July 2003-June 2006 Internal Medicine – Social Medicine Track

Fellowship Albert Einstein College of Medicine, Bronx, NY

General Internal Medicine, July 2006-June 2008

MS 2006 Research Methods

Honors

#### POSTGRADUATE HONORS AND AWARDS

1995 British Marshall Scholarship

2003 New York University President's Award

Volunteerism and Community Service

2003 American Medical Women's Association Citation

Outstanding Academic Achievement

2006	Montefiore Medical Center Chairman's Award for Distinction in Research
2006	National Institute of Health Loan Repayment Program Award
2014	Oregon Health & Sciences University Department of Medicine Attending Teaching Award
2015	Alpert Medical School at Brown University Department of Medicine Attending Teaching Award
2016	Alpert Medical School at Brown University Dean's Award for Excellence in Teaching
2019	Alpert Medical School at Brown University Beckwith Family Teaching Award for Outstanding Teaching in the Department of Medicine
2020	Alpert Medical School at Brown University Department of Medicine Attending Teaching Award
2023	Rhode Island Woman Physician of the Year Rhode Island American College of Physicians

# PROFESSIONAL LICENSES AND BOARD CERTIFICATION

Certification: American Board of Internal Medicine (August 2006; October 2016)

Current license: Rhode Island (June 2022, MD14716, renewal date 6/30/24)

# **ACADEMIC APPOINTMENTS**

Assistant Professor of Medicine Oregon Health & Sciences University September 2008-August 2014

Assistant Professor of Medicine, Clinician Educator Alpert Medical School at Brown University

September 2014-2018

Associate Professor of Medicine, Clinician Educator

# Alpert Medical School at Brown University September 2018-current

### **HOSPITAL APPOINTMENTS**

Attending Physician Oregon Health & Sciences University September 2008-August 2014

Attending Physician Rhode Island Hospital September 2014 – current Miriam Hospital June 2020 – current

# **OTHER APPOINTMENTS**

Member, Women's Health Task Force Society of General Internal Medicine 2009-2010

Peer reviewer, *Journal of General Internal Medicine* Review scientific manuscripts <=1x/year 2009-current

Peer reviewer, *Contraception*Review scientific manuscripts <=1x/year
2008-current

Peer reviewer, Society of General Internal Medicine Subcommittee chair, regional abstracts review (2016) Review abstracts for national meeting (2008-current)

### UNIVERSITY AND HOSPITAL COMMITTEES

Montefiore Medical Center Internal Medicine Residency Interview Committee October 2006- February 2008

Oregon Health & Sciences University Internal Medicine Ambulatory Curriculum Committee July 2011-August 2014 Oregon Health & Sciences University 3+1 Resident Ambulatory Education Committee July 2011-August 2014

Alpert Medical School at Brown University Internal Medicine Residency Selection Committee November 2014-present

Alpert Medical School at Brown University Chair, Ambulatory Pre-clinic Curriculum Committee July 2015-present

### PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

Society of General Internal Medicine, Member 2005-present Women's health education interest group 2005-present

Association of Reproductive Health Professionals, Member 2006-2018

Physicians for Reproductive Health 2006-present

Society of Family Planning Junior fellow, 2007-2008 Affiliate fellow, 2017-current

American College of Physicians, Member 2011-present Member, 2011-present Fellow, 2015-present

### **PUBLICATIONS LIST**

#### Original, peer-reviewed publications:

- 1. Clarke J, Stein MD, **Sobota M**, Marisi M, Hanna L. Victims as victimizers: physical aggression by persons with a history of childhood abuse. Arch Intern Med. 1999 Sep;159(16):1920-4.
- 2. Stein MD, Urdaneta ME, Clarke J, Maksad J, **Sobota M**, Hanna L, Markson LE. Use of antiretroviral therapies by HIV-infected persons receiving methadone maintenance. J Addict Dis. 2000 Jan 19(1):85-94.

- 3. Brienza RS. Stein MD. Chen M. Gogineni A. **Sobota M**. Maksad J. Hu P. Clarke J. Depression among needle exchange program and methadone maintenance clients. J Subst Abuse Treat. 2000 Jun;18(4):331-7.
- 4. Stein MD. Hanna L. Natarajan R. Clarke J. Marisi M. **Sobota M**. Rich J. Alcohol use patterns predict high-risk HIV behaviors among active injection drug users. J Subst Abuse Treat. 2000 Jun;18(4):359-63.
- 5. Stein MD. Rich JD. Maksad J. Chen MH. Hu P. **Sobota M**. Clark J. Adherence to antiretroviral therapy among HIV-infected methadone patients: effect of ongoing illicit drug use. Am J Drug Alcohol Abuse. 2000 May;26(2):195-205.
- 6. Stein MD. **Sobota M.** Injection drug users: hospital care and charges. Drug Alcohol Depend. 2001 Sep;64(1):117-20.
- 7. Clarke J, Stein MD, Hanna L, **Sobota M,** Rich JD. Active and former drug users report on HIV risk behaviors during periods of incarceration. Subst Abus. 2001 Dec;22(4):209-16.
- 8. Stein MD, Charuvastra A, Anderson B, **Sobota M,** Friedmann PD. Alcohol and HIV risk taking among intravenous drug users. Addict Behav. 2002 Sep-Oct;27(5):727-36.
- 9. **Sobota M,** Warkol R, Gold M, Milan F, Schwarz EB, Arnsten JH, et al. An intervention to improve advance emergency contraceptive prescribing practices among academic primary care physicians. Contraception. 2008 Aug;78(2):131-5.
- 10. Schwarz EB, **Sobota M**, Gonzales R, Gerbert B. Computerized counseling for folate knowledge and use: a randomized controlled trial. Am J Prev Med. 2008 Dec;35(6):568-71.
- 11. Schwarz EB, **Sobota M**, Charron-Prochownik D. Perceived access to contraception among adolescents with diabetes: barriers to preventing pregnancy complications. Diabetes Educator 2010 Mar;36:489-94.
- 12. Parisi SM, Zikovich S, Chuang CH, **Sobota M,** Nothnagle M, Schwarz EB. Primary care physicians' perceptions of rates of unintended pregnancy. Contraception. 2012 Jul;86(1):48-54.
- 13. Chuang CH, Martenis ME, Parisi SM, Delano RE, **Sobota M**, Nothnagle M, Schwarz EB. Contraception and abortion coverage: What do primary care physicians think? Contraception 2012 Aug;86(2):153-6.
- 14. Berglas NS, Battistelli MF, Nicholson WK, **Sobota M**, Urman RD, Roberts SCM. The effect of facility characteristics on patient safety, patient experience and service

- availability for procedures in non-hospital affiliated outpatient facilities: a systematic review. PLoS ONE 2018 Jan;13(1): e0190975. https://doi.org/10.1371/journal.pone.0190975
- 15. Warrier S, Cahill K, Catanese S, **Sobota M**, Gardner R. A roadmap for creating a successful peer mentorship group for medical educators. Am J Med 2020 May;133(5):639-643 doi: 10.1016/j.amjmed.2020.01.004.
- 16. Beaman J, Prifti C, Schwarz EB, **Sobota M**. Medication to manage abortion and miscarriage. J Gen Intern Med. 2020 Aug;35(8):2398-2405. doi: 10.1007/s11606-020-05836-9.
- 17. Casas RS, Prifti CA, Bachorik AE, Stuckey H, **Sobota M,** Chuang CH, Weisman CS. Contraceptive procedures in Internal Medicine clinics and resident Education: a qualitative study of implementation methods, barriers, and facilitators. J Gen Intern Med. 2021 Nov;36(11):3346-3352. doi: 10.1007/s11606-021-06832-3. PMID: 33959883
- 18. Gopinath VV, Monteiro JFG, Carr A, **Sobota M**, Geary M, McGarry K. An Evaluation of contraceptive methods after implementation of a novel LARC program in a residency primary care clinic. R I Med J 2022 Apr 1;105(3):57-59. PMID: 35349624
- 19. Michener JL, Hirsh DA, Batur P, Casas RS, Gopinath V, Pace lE, Prifti C, Rusiecki J, Schwarz EB, Shankar M, **Sobota M,** Gomez Kwolek D. Credentialing internal medicine physicians to expand access to long-acting reversible contraceptive access. Ann Intern Med 2023 Aug;176(8):1121-1123. PMID 37523694.
- 20. Michener JL, **Sobota M**. Abortion trends amid restrictions in a commercially insured US population: an opportunity for internal medicine physicians. Ann Intern Med 2023 Nov;176(11):1150-1551. PMID: 37871314
- 21. Gardner RL, Catanese S, Sobota M, Warrier S, Cahill K. Twelve tips for medical educators to optimize their curriculum vita. Med Teach 2023 Nov; 14:1-5. PMID PMID: 37963426

#### Peer-reviewed scholarly work published in other media:

1. **Sobota M**, Walden L.C. Documentary film, "We can do it better: inside an independent abortion clinic". Winner of Audience Award, San Francisco Indie Film Festival, 2003.

### Peer-reviewed curricular work

#### **INVITED PRESENTATIONS**

### National

- 1. Panelist, "Reproductive health training in residency". National meeting of Medical Students for Choice, St Paul, MN, April 4, 2008.
- 2. Panelist, "Clinician Educator Panel". National meeting of the Society of General Internal Medicine, Orlando, FL, April 8, 2022.
- 3. Panelist, "Reproductive Justice". National Webinar, Society of General Internal Medicine's Health Equity & Women and Medicine Commissions, June 22, 2022.
- 4. Panelist, "Reproductive Justice: partnerships at work to protect our patients, colleagues and communities". Special Symposium, Society of General Internal Medicine's Annual Meeting, Aurora, CO, May 11, 2023
- 5. Organizer and panelist, "Abortion pills, education and advocacy for the general internist". Special Symposium, Society of General Internal Medicine's Annual Meeting, Aurora, CO, May 12, 2023
- 6. Webinar panelist, "What internal medicine physicians need to know about contraception". American College of Physicians, September 13, 2023.

# Regional and Local

- 1. Speaker and Facilitator, "Research Based Health Activism". Month-long elective for 4<sup>th</sup> year medical students from across the US, Bronx, NY, October 2006.
- 2. Panelist, "My body is my country: women's lives and the politics of reproductive justice". University of Connecticut, Stamford, CT, October 25, 2006
- 3. Panelist, "Reproductive health care for underserved women". Western regional conference of Medical Students for Choice, Portland, OR, 2009.
- 4. Workshop, "Intrauterine device insertion workshop". Chapter meeting of Medical Students for Choice, Oregon Health & Sciences University, Portland, OR, 2012.
- 5. Panelist, "The future of primary care". Chapter meeting of the Internal Medicine Interest Group, Oregon Health & Sciences University, Portland, OR 2012.
- 6. Certified trainer, FDA-required 3 hour workshop for use of Nexplanon devices. Deliver trainings 1-2x per year (no speaker's fee accepted)
- 7. Grand Rounds, "RU Ready? Mifepristone and misoprostol for early medication abortion

- and miscarriage. Lifespan Department of Obstetrics & Gynecology, Providence, RI. January 15, 2020.
- 8. Plenary speaker, "If you are a doctor and these are pills, why can't you prescribe them for me? Reproductive justice in general internal medicine. Society of General Internal Medicine Mid-Atlantic Regional meeting (held virtually). October 21, 2022.
- 9. Grand Rounds, "Reproductive justice for the Rhode Island internist:. Rhode Island Hospital Department of Medicine, Providence, RI.

### **CONFERENCE PRESENTATIONS**

### National

- 1. Oral presentation, "An intervention to improve internal medicine residents' emergency contraception prescribing practices". National meeting of the Society of General Internal Medicine, Los Angeles, CA, April 27, 2006.
- 7. Workshop, "Contraception for the Internist". National meeting of the Society of General Internal Medicine, Pittsburgh, PA April 11, 2008.
- 8. Poster, "Randomized trial fails to improve internal medicine residents' prescribing of contraceptives and folate". National meeting of the Society of General Internal Medicine, Pittsburgh, PA, April 11, 2008.
- 9. Poster, "Does binge drinking impair contraceptive use? Evidence from the 2002 National Survey of Family Growth". National meeting of the Association of Reproductive Health Professionals, Washington, DC, September 18, 2008.
- 10. Workshop, "Contraception for women with chronic diseases". National meeting of the Society of General Internal Medicine, Miami Beach, FL, May 15, 2009.
- 11. Workshop, "Intrauterine device insertion". National meeting of the American College of Physicians, San Diego, CA, April 8, 2011.
- 12. Workshop, "Clinician educator workshop". National meeting of Society of General Internal Medicine, San Diego, CA, April 24, 2014.
- 13. Poster, annual meeting of Society of General Internal Medicine, Washington DC, April 2017, Geary M, Zhang C, **Sobota, M**, "Training internal medicine residents to provide subdermal contraceptive implants and intrauterine devices (IUDs) in a procedures clinic".
- 14. Poster, annual meeting of Society of General Internal Medicine, Washington DC, April 2017, Geary M, **Sobota M**, "The internist and the uterus: the case for integrating medication abortion into primary care".

- 15. Oral presentation, "Internists underperform in provision of first line contraception: secondary analysis of national insurance claims". National meeting of the Society of General Internal Medicine, Washington DC, April 2017.
- 16. Workshop, "Health IT to expand pregnancy options counseling & medication abortion services". Beaman J, Geary M, Prifti C, Schwarz EB, **Sobota M.** National meeting of the Society of General Internal Medicine, Denver, CO, April 2018.
- 17. Workshop, "What does technology have to do with my birth control? How to use health IT to improve counseling and provision of contraception". Rusiecki J, Corbelli J, Dolan B, **Sobota, M**. National meeting of the Society of General Internal Medicine, Denver, CO, April 2018.
- 18. Workshop, Annual meeting of the Society of General Internal Medicine, "Time for Action: Managing Early Pregnancy Loss and Medication Abortion in General Internal Medicine Practice". Beaman J, **Sobota M**, Prifti C, Schwarz EB. Washington DC, May 9, 2019.
- 19. Poster, Annual meeting of the Society of General Internal Medicine, "Internists' experience with training to provide mifepristone: a qualitative analysis". **Sobota M**, Schwarz EB. Washington DC, May 9, 2019.
- 20. Workshop, Annual meeting of the Society of General Internal Medicine, virtually held Summer 2020. **Sobota M,** Devanath S, Prifti C, Schwarz EB, Beaman J. "RU Able to Help? A workshop for internists on early abortion care".
- 21. Workshop, Annual meeting of the Society of General Internal Medicine, Orlando, FL April 8, 2022. Gopinath V, Geary M, Bachorik A, **Sobota M**. "Medication Abortion in General Medicine Practice".
- 22. Workshop, Annual meeting of the Society of General Internal Medicine, Orlando, FL, April 9, 2022. Prifti C, Bachorik A, **Sobota M**. "Updates in contraception: new methods and new uses.".
- 23. Oral presentation, Annual meeting of the Society of General Internal Medicine, Aurora, CO, May 11, 2023. Sylvester, C, mentored by **Sobota M.** "Plan A: Medication abortion accessible to patients in the primary care setting".

### Regional

1. Workshop, Alpert Medical School at Brown University, Program in Educational Faculty Development, Providence, RI December 2015, Anthony D, **Sobota M**, Warrier S, White J, "Team-based learning in medical education: engaging learners at every level".

- 2. Poster, New England regional meeting of the Society of General Internal Medicine, New Haven, CT, March 2016, Ng P, **Sobota M**, "Implementing a brief, interactive SBIRT training curriculum for internal medicine residents".
- 3. Poster, New England regional meeting of the Society of General Internal Medicine, New Haven, CT, March 2016, Ng P, Oliverio S, **Sobota M**, "Kick the butt: a pilot intervention for smoking cessation in a resident clinic".
- 4. Poster, New England regional meeting of the Society of General Internal Medicine, New Haven, CT, March 2016, Stephens A, Monteiro JF, **Sobota M**, "Teaching motivational interviewing to internal medicine residents in a small group setting".
- 5. Oral presentation, New England regional meeting of the Society of General Internal Medicine, New Haven, CT, March 2016, Geary M, Zhang C, **Sobota M**, "Integrating contraceptive implants and IUDs into an internal medicine residency clinic"
- 6. Poster, Northeastern Group on Educational Affairs of the Association of American Medical Colleges, Providence RI, 2016, Geary M, Zhang C, **Sobota M**, "Integrating contraceptive implants and IUDs into an internal medicine residency clinic".
- 7. Oral presentation, New England regional conference of the Society of General Internal Medicine, Boston, MA, March 2017, Geary M, **Sobota M**, "The internist and the uterus: the case for integrating medication abortion into primary care".
- 8. Workshop, Brown University Office of Women in Science and Medicine, Providence, RI, December 6, 2018, Cahill K, Catanese S, Gardner R, **Sobota M**, Warrier S, "How to create a successful peer mentorship group".
- 9. Workshop, New England regional conference of the Society of General Internal Medicine, Boston, MA, November 2, 2019. **Sobota M,** Devanath S, Cook A, Prifti C. "RU Able to Help? A workshop for internists on early abortion care".
- 10. Oral presentation, Brown Internal Medicine Residency Women's Health Track Summit, Providence, RI. "Reproductive health in general internal medicine." December 8, 2022.

#### **GRANTS**

10/2015- 9/2018 Consultant (10% FTE), SAMHSA 1H79TI025938-01

SBIRT Training Health Professional Students in Rhode Island

PI: George P, \$298,192

Alpert Medical School at Brown University

9/30/2015-9/29/2018

01/2019-11/2019 Subcontractor (9% FTE), Society of Family Planning

Online Training for Internists Interested in Offering Medication Abortion

PI: Schwarz EB

University of California – Davis

11/01/2018-10/30/2019

01/2021-6/2022 Sub-recipient, Society of Family Planning

Alternative Provision of Medication Abortion via Mail Order Pharmacy

PI: Grossman D

University of California – San Francisco

09/2020-6/2022

### UNIVERSITY TEACHING, ADVISING and MENTORING ROLES

# Oregon Health Sciences University

2008-2014	Facilitator, MS2 course, "Principals of clinical medicine" 10 students, half days per week, 36 weeks per year
2009-2014	Preceptor, MS2 Longitudinal clinical preceptorship 1 student each year, half days per week, 36 weeks per year
2008-2010	Lecturer, MS2-4 Delivered history of social medicine talk to 2-4 students/year
2010-2014	Preceptor, MS2 Pelvic exam skills workshop 3 students, 2-hour session x 2 times per year
2010-2014	Faculty mentor, MS2-4

# Alpert Medical School of Brown University

2014-present Faculty mentor, MS3-4

Meet with approximately 1-2 students per year for mentorship

Meet with approximately 4-6 students per year for mentorship

2014-present Preceptor, MS3 Clerkship in internal medicine (Biomed 301)

1 student, 1-2 half days per week, average 30 weeks per year

### **HOSPITAL TEACHING, ADVISING and MENTORING ROLES**

### Oregon Health Sciences University

2008-2010 Preceptor, Internal medicine primary care clinic

	Supervised approximately 4 residents, half days per week	
2008-2014	Internal medicine ward attending Led team of 2 residents and 3 students, 4 weeks per year	
2008-2014	Lead Preceptor, Old Town Clinic Supervised approximately 3 residents, half days per week	
2010-2014	Lead Preceptor, Women's Health Clinic Supervised approximately 3 residents, half days per week	
Rhode Island Hospital		
2014-current	Preceptor, Center for Primary Care Supervise 4-10 residents, 2 half days per week	
2014-current	Lecturer, Pre-Clinic conference Deliver average 12 pre-clinic conferences/year to 6-10 residents	
2014-current	Faculty longitudinal advisor Mentor approximately 1 resident and 1 faculty per year	
2014-current	Director, Procedure Clinic at the Center for Primary Care Supervise 2 residents, 44 weeks per year	
2016-current	Trainer, General internal medicine block rotation Deliver FDA-mandated 2h training to 4-6 residents twice yearly	
2019-current	Lecturer, Session on practice management, Mini-QI rotation Meet with 2 residents for 1h, 2-4 times per year	
2020-current	Lecturer, General Internal Medicine block rotation Taught 1.5h medication abortion didactic to 4-6 residents twice per year	
2021-2023	Director, Women's Health Clinic at the Center for Primary Care Supervise 1 resident, one half day per week, 44 weeks per year	
2023-current	Director, Reproductive & Gender Health Clinic at the Center for Primary Care Supervise 1-2 residents, one half day per week, 44 weeks per year	
2022-current	Lecturer, General Internal Medicine block rotation Taught 1h knee didactic to 4-6 residents twice per year	
2022-current	Lecturer, General Internal Medicine block rotation Taught 1h shoulder didactic to 4-6 residents twice per year	

2023-current Mentor, Categorical Medicine residents Drs Mohammad & Wadhavkar

Project: Responding to patient-initiated discrimination and harassment.

1-hour workshop assessed with pre/post self-reported survey

Women's Health Track Seminar Series (10/16/2023)

Noon conference at Rhode Island & Miriam Hospitals (10/31/2023)

DGIM Professional Development series (11/7/2023)