

MITCHELL BENJAMIN WICE, MD

Brown University Health
Attending Physician Internal Medicine Division of Geriatrics and Palliative Medicine
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EDUCATION

Undergraduate Rose-Hulman Institute of Technology
Terre Haute, Indiana
Bachelor of Science in Chemical Engineering
2005-2009

Medical School Boston University School of Medicine
Boston, Massachusetts
Doctor of Medicine
2011-2015

Advanced Degrees Boston University
School of Graduate Medical Science
Boston, Massachusetts
Master of Arts in Medical Science
2009-2011

POSTGRADUATE TRAINING

Residency Boston University Medical Center
Boston University School of Medicine
Boston, Massachusetts
Internal Medicine Categorical Resident
2015-2018

Fellowship Mount Sinai Health System
Icahn School of Medicine at Mount Sinai
New York, New York
Geriatric Medicine and Palliative Medicine Integrated Fellowship
2018-2020

HONORS AND AWARDS

2009 Student Involvement Award, Rose-Hulman Institute of Technology
2009 Omega Chi Epsilon
2011 John McCahan Medical Campus Education Day Abstract Award, Boston
University School of Medicine
2017 Presidential Poster Award 2017 World College of Gastroenterology, American
College of Gastroenterology, Orlando Florida
Jan 2019-Dec 2019 Mount Sinai Leadership Development Program for Residents and Fellows
2020 Palliative Care Star Award, Mount Sinai Queens Brookdale Department of
Geriatrics and Palliative Medicine of Icahn School of Medicine at Mount
Sinai
April 2026 Annals of Palliative Medicine Review of the Month

LICENSES AND CERTIFICATIONS

Medical License
2015-Jun 2018 Massachusetts (Limited, not renewed upon relocation)
2018-Dec 2021 New York (Not renewed upon relocation)

2020-Aug 2022 New Jersey (Physician Emergency License)
2021-Present Rhode Island

Certification

Jun 2018-Present Advanced Cardiac Life Support
Jun 2018-Present Basic Cardiac Life Support
Apr 2021-Present Rhode Island State Controlled Substance Registration

DEA

2018-2022 New York DEA Practitioner License Schedule 2, 2N, 3, 3N, 4, 5
May 2021- Present Rhode Island DEA Practitioner License Schedule 2, 2N, 3, 3N, 4, 5

Board

Certification

Aug 2018-Present American Board of Internal Medicine
Oct 2020-Present American Board of Internal Medicine: Geriatrics Medicine
Nov 2022-Present American Board of Internal Medicine: Hospice and Palliative Medicine

ACADEMIC APPOINTMENTS

2020-2021 Assistant Professor
Department of Ambulatory Care
Icahn School of Medicine at Mount Sinai
New York, New York

2020-2021 Assistant Professor
Brookdale Department of Geriatrics and Palliative Medicine
Icahn School of Medicine at Mount Sinai
New York, New York

2021-Present Assistant Professor
Division of Geriatrics and Palliative Medicine
Department of Medicine
Warren Alpert Medical School of Brown University
Providence, Rhode Island

HOSPITAL APPOINTMENTS

2018-2020 Hospitalist-Per Diem
Mount Sinai Hospital
New York, New York

2020-2021 Geriatrician
NYC Health and Hospitals/Elmhurst
Elmhurst, New York

2020-2021 Geriatrician and Palliative Care Provider
Mount Sinai Hospital
New York, New York

2020-2021 Geriatrician and Palliative Care Provider
Mount Sinai Beth Israel
New York, New York

2020-2021 Geriatrician and Palliative Care Provider
Mount Sinai Morningside
New York, New York

2020-2021	Geriatrician and Palliative Care Provider Mount Sinai West New York, New York
2020-2021	Geriatrician and Palliative Care Provider Mount Sinai Queens Queens, New York
2020-2021	Geriatrician and Palliative Care Provider Mount Sinai Brooklyn Brooklyn, New York
2021-Present	Geriatrician and Palliative Care Provider Rhode Island Hospital Providence, Rhode Island
2021-Present	Geriatrician Brown Physicians, Inc Providence, Rhode Island
2021-Present	Geriatrician Miriam Hospital Providence, Rhode Island
2021-Present	Geriatrician Tockwotton on the Waterfront East Providence, Rhode Island
2021-Present	Geriatrician Saint Elizabeth Home East Greenwich, Rhode Island
2021-Present	Geriatrician Steere House Providence, Rhode Island
2022-Present	Hospice Medical Director-Per Diem Hope Hospice, Hope Health Providence, Rhode Island
2022-2024 2025-Present	Geriatrician and Palliative Medicine Provider Geriatrics and Extended Care (GEC) Providence Veteran's Administration Hospital Providence, Rhode Island
2024-2025	Geriatrician PACE-RI East Providence and Woonsocket, Rhode Island

LEADERSHIP/OTHER APPOINTMENTS

2025-Present	Chief of Geriatrics and Extended Care Providence Veteran Affairs Hospital Providence, Rhode Island
2025	Interim Chief Medical Officer PACE Rhode Island East Providence, Rhode Island
2024-Present	Brown University Geriatric and Palliative Medicine Fellowship Site Director Providence VA Medical Center Providence, Rhode Island
2023-Present	Brown University Internal Medicine Residency Core Faculty Brown University Providence, Rhode Island
2023-Present	Geriatric Review Syllabus-Question Writer/Editor American Geriatric Society New York, New York
2023-Present	Board Member PACE Rhode Island East Providence, Rhode Island

HOSPITAL COMMITTEES

2025-Present	Executive Committee of Medical Staff Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	VISN 1 Geriatrics and Extended Care Lead Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	Clinical Leadership Lead Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	Quality and Patient Safety Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	VERA Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	Peer Review Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	Mortality Committee Providence Veteran Affairs Administration Providence, Rhode Island

2025-Present	Readmission Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	VISN 1 Dementia Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	Pain Committee Providence Veteran Affairs Administration Providence, Rhode Island
2025-Present	VISN 1 Hospice Certification Committee Providence Veteran Affairs Administration Providence, Rhode Island
2023-2024	Hospice On-Call Improvement Committee Hope Hospice, Hope Health Providence, Rhode Island
2021-2025	Co-Director Geriatrics Surgical Oncology Co-Management Service Lifespan/Rhode Island Hospital
2020-2021	Geriatric Council Department of Ambulatory and Internal Medicine NYC Health and Hospitals New York City, New York
2016-2018	Ancillary Service Committee Boston Medical Center Boston, Massachusetts

UNIVERSITY COMMITTEES

2011-2015	Voting Member Medical Education Committee Boston University School of Medicine
2012-2018	Representative Class of 2015 Alumni Association Boston University School of Medicine
2015-2018	Member Program Evaluation Committee Internal Medicine Residency Program Boston University School of Medicine
2022-Present	Member Brown University Internal Medicine Residency Selection Committee Department of Internal Medicine Brown University
2023-Present	Member Brown University Geriatrics Fellowship Executive Committee Department of Internal Medicine, Division of Geriatrics and Palliative Medicine Brown University

PROFESSIONAL SOCIETIES

2011-2015	American Medical Association (AMA)
2015-2022	Massachusetts Medical Society (MMS)
2016-2022	American College of Physician (ACP)
2018-Present	American Board of Internal Medicine (ABIM)
2019-Present	American Geriatrics Society (AGS)
2020-Present	American Academy of Hospice and Palliative Medicine (AAHPM)

PUBLICATIONS LIST

Original Peer-Reviewed Publications

Langbo N, Vellozzi-Averhoff C, **Wice M**, Driver J, Howe R. Characterizing Home-Based Primary Care, Palliative, and Hospice Cohorts to Optimize Service Integration and Referral Timing. *J Am Geriatr Soc*. 2026 Apr 28

Dixon, M, Dyer, K, Harrington, M, Peoples, E, Wu, Wen-Chih, Jiang, L, Vellozzi-Averhoff, Cristina, S, MA, Jensy, **Wice, M**. "The Impact of Emergency Department Initiated Palliative Care for Heart Failure Patients." *The Journal of Emergency Medicine*, 2026.

Boozalis J, Perreault J, Turner HI, Wu WC, Browne J, Jiang L, **Wice M**, Rudolph JL, Stafford JP. A retrospective study of deceased veterans with serious mental illness and heart failure: Analysis of palliative care and mental health collaboration on hospice utilization. *Gen Hosp Psychiatry*. 2025 Jul 13;96:151-155.

Simberloff T, Godinez L, Chen T, Jiang L, Wu WC, Stafford J, Rudolph JL, **Wice M**. Concurrent Care and Use of Advanced Cardiac Therapies for Hospitalized Veterans With Heart Failure. *J Pain Symptom Manage*. 2024;68(5):525-532.

Meehan, C. P., White, E., CVitan, A., Jiang, L., Wu, W. C., **Wice, M.**, Stafford, J., Rudolph, J. L. Factors Associated With Early Palliative Care Among Patients With Heart Failure. *J Palliat Med*. Published online April 12, 2024.

Wice, M, Rudolph, JL, Jiang, L, Edmonson, HM, Page, JS, Wu, WC, Defillo-Draiby, J. Trends in Palliative Care Utilization in Deceased Veterans With Heart Failure. *Palliative medicine reports*, (2023). 4(1), 344–349.
<https://doi.org/10.1089/pmr.2023.0067>

Wice M, Neupane I, Monteiro JFG, Lueckel S, Kheirbek T, McNicoll L, Singh M, Mujahid N. Impact of Geriatric Trauma Co-Management on 1-Year Mortality in Older Adults with Multiple Rib Fractures. *R I Med J* (2013). 2023 May 1;106(4):19-24.
*Co-First Author

Simpson JM, Ramos J, Gula AL, **Wice M**, Martin E, Rudolph JL. Disparities in Utilization of Palliative Care in Patients Experiencing Homelessness. *R I Med J* (2013). 2023 May 1;106(4):30-34.

Gula AL, Ramos J, Simpson JM, Jiang L, Martin E, **Wice M**, Erqou S, Wu WC, Rudolph JL. Utilization of Palliative Care in Veterans Admitted With Heart Failure Experiencing Homelessness. *J Pain Symptom Manage*. 2022 Jul 25:S0885-3924(22)00828-4.

Zametkin E, Williams E, Feingold-Link M, Jiang L, Martin E, Erqou S, Gravenstein S, **Wice M**, Wu WC, Rudolph JL. Racial Differences in Burdensome Transitions in Heart Failure Patients with Palliative Care: A Propensity-Matched Analysis. *J Palliat Med*. 2022 Mar 11.

Chakravarthy MV, Zhu Y, **Wice MB**, Coleman T, Pappan KL, Marshall CA, McDaniel ML, Semenkovich CF. Decreased fetal size is associated with beta-cell hyperfunction in early life and failure with age. *Diabetes*. 10.57 (2008): 2698-2707

Book Chapters

Wice, MB. Health History: Clinical Skills Modifications to Consider for the following Care Sites. In Bickley LS, Szilagy PG, Bates B. *Bates' guide to physical examination and history-taking*. 13th ed. Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins

Wice, MB. Physical Examination: Modifications of Physical Examination Skills for Specific Patient Situations. In Bickley LS, Szilagy PG, Bates B. *Bates' guide to physical examination and history-taking*. 13th ed. Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins

Original Non-Peer-Reviewed Publications

Wice, MB. Why You Should Consider Seeing a Geriatrician. *Post-Polio Health*. Winter 2023, Vol 39, Num 1

Thesis

Graduate Thesis Boston University School of Medicine Masters in Medical Science: How the Level of Familiarity with an Image Influences Visual Search Pattern, Mentors Ann Zumwalt and Peter Bergethon, MD, 2011

Abstracts

Wice, M, Monetiro, F, Williams, C, Batteson, D, McNicoll, L. Impact of a Geriatric Co-management Service Among Oncologic Surgery Patients: A Quality Improvement Measure. 2025 Annual Scientific Meeting of the American Geriatric Society, Annual Scientific Meeting Abstracts. Chicago, IL, 2025, May

Simberloff, T, Godinez, L, Chen, T, Rich, S, **Wice, M**, Stafford, J Wu, W, Rudolph, J, Can We Help Broken Hearts Hold On? Exploring the Prevalence of Concurrent Hospice Care for Veterans with Heart Failure 2024, Annual Assembly of Hospice and Palliative Care, Phoenix, AZ, 2024, March

Wice, M, Rudolph, Jiang, L, Edmonson, H, Page, J, Wu, W, Defillo, J, Trends in Palliative Care Utilization in Deceased Veterans with Heart Failure, 2023 Providence Veteran's Medical Center Research Day, Providence, RI, 2023, May

Meehan, C, White, E, CVitan, A, Jiang, L, Wu, W, **Wice, M**, Stafford, J, Rudolph, J, Factors Associated with Early Palliative Care among Patients with Heart Failure, 2023 Providence Veteran's Medical Center Research Day, Providence, RI, 2023, May

Wice, M, Neupane, I, Goncalves-Monteiro, F, Lueckel, S, Kheirbek, T, McNicoll, L, Singh, M, Mijahid, N, Impact of Geriatric Trauma Co-Management on 1-Year Mortality in Older Adults with Multiple Rib Fractures 2023 Annual Scientific Meeting of the American Geriatric Society, *Annual Scientific Meeting Abstracts*. Long Beach, CA. 2023, May.

Wice, M, Gula, A, Ramoas, J, Simpson, J, Jiang, L, Martin, E, Rudolph, J. Caring for Vulnerable Heroes: Do Veterans With Heart Failure Experiencing Housing Insecurity Have Access to Palliative Care?. 2022 Providence Veteran's Medical Center Research Day, Providence, RI, 2022

Sears, C, **Wice, M**, Rousseau, C, Patel, M, Lau, S, Rodriquez, V. Increasing Substance Use Disorders Screening and Initiating Risk Reduction Strategies In a Geriatric and Palliative Care Outpatient Clinic. 2020 Mount Sinai Education Research Day, Icahn School of Medicine at Mount Sinai Institute for Medical Education, New York, NY, 2020

*Abstract only as conference cancelled due to COVID-19

Cummings, K, **Wice, M**, Reyes-Arnaldy, A, Kobie, J, Barton, S, Rivera, A, Baharlou, S. Depression Screening and Follow-up in Older Adults at an Academic Geriatric Practice: A Needs Assessment. 2019 Annual Scientific Meeting of the American Geriatric Society, *Annual Scientific Meeting Abstracts*. Portland, OR. 2019, May.

Wice, M, Szeto, W, Wasan, S, Noronha, A, Huang, C, Nunes, D, Weinberg, J, Chen, J, Farraye, F. Predictors of Sustained Treatment with Vedolizumab in Patients with IBD. 2017 Evans Department of Medicine Research Day. Boston, MA. 2017, Oct.

Matonis, D, **Wice, M**, Simmons, R. A Case of Massive Hepatosplenomegaly. 2017 Evans Department of Medicine Research Day. Boston, MA. 2017, Oct.

Wice, M.B, Brunner, K, Farraye, F.A. Wandering Your Way Through Abdominal Pain, a Case of a 'Wandering Liver'. 2017 World Congress of Gastroenterology of the American College of Gastroenterology, *Annual Scientific Meeting Abstracts*. Orlando, FL. 2017, Oct.

Wice, M.B, Szeto, W, Wasan, S, Noronha, A, Huang, C, Nunes, D, Weinberg, J.M, Chen, J.V, Farraye, F.A. Predictors of Sustained Treatment with Vedolizumab in Patients with Inflammatory Bowel Disease in a Large Tertiary Medical Center. 2017 World Congress of Gastroenterology of the American College of Gastroenterology, *Annual Scientific Meeting Abstracts*. Orlando, FL. 2017, Oct.

Oppenheim S, **Wice M**, Miller H, Wasan S, Noronha A, Rybin D, Weinberg J, Farraye F. Efficacy and Safety of Vedolizumab in Patients with Inflammatory Bowel Disease in a Large Tertiary Medical Center, ACG 2016, *Annual Scientific Meeting Abstracts*. Las Vegas, NV: American College of Gastroenterology. Oct 2016

Zumwalt, A, **Wice, M**, Bergethon, P. The use of Gaze Tracking to Quantify Learning. Conference: Experimental Biology. San Diego, CA. April 2012

Wice M, Zumwalt A, Bergethon P. How the Level of Familiarity with an Image Influences Visual Search Pattern; Boston University School of Medicine John McCahan Medical Campus Education Day Abstracts, Boston, MA, Boston University. June 2011

Invited Presentations

Updates In Internal Medicine: How to Approach the Old Adult Providence VA Hospital/Brown University, Providence RI	April 2026
Palliative Care in Amyotrophic Lateral Sclerosis Brown Palliative Medicine Fellow Lecture Series.	2025 - Present
Dementia and Delirium Johnson and Wales University Physician Assistant Program, Providence RI Invited yearly lecture for the PA program as part of a series on care of older adults	April 2024- Present
Moderator: Professional in Training/Early Career Annual Assembly American Academy of Hospice and Palliative Medicine Phoenix, AZ and Virtual	March 2024
Dementia Screening in the Non-English-Speaking Patient Brown Geriatric Fellow Lecture Series.	Feb 2024- Present
Introduction to Palliative Care Educational lecture to Internal Medicine Residency at Brown University, Providence, RI Noon conference lecture on basics of palliative medicine for internal medicine interns and residents.	February 2024
Acute Pain Control Educational lecture to Internal Medicine Residency at Brown University, Providence, RI Noon conference lecture on acute pain for internal medicine interns and residents.	November 2023
Job Searching for Geriatric Fellows Brookdale Department of Geriatrics and Palliative Medicine at Ichan School of Medicine at Mount Sinai faculty, New York, NY Invited talk on experiences finding and securing a job for after graduating from fellowship.	October 2023 & 2024
Pain Control in Older Adult Providence VA Combined Medical and Surgical Grand Rounds Providence VA Hospital/Brown University, Providence RI	October 2023
Opioid Hyperalgesia and Ketamine Use Brookdale Department of Geriatrics and Palliative Medicine at Ichan School of Medicine at Mount Sinai faculty, New York, NY Invited talk as part of a lecture series on complex pain to faculty in the Brookdale Department of Geriatrics and Palliative Medicine at Ichan School of Medicine at Mount Sinai.	October 2023
Palliative Care in the Frail Older Adult Providence VA Combined Medical and Surgical Grand Rounds Providence VA Hospital/Brown University, Providence RI	June 2023
Approach to the Older Adult Johnson and Wales University Physician Assistant Program, Providence RI Invited yearly lecture for the PA program as part of a series on care of older adults	January 2023-Present

The Healthy Older Adult: Clinical Aspects of Aging Biology Johnson and Wales University Physician Assistant Program, Providence RI Invited lecture for the PA program as part of a series on care of older adults	January 2023 - Present
Brown University Internal Medicine Morbidity and Mortality Conference Brown University, Providence RI Panel member about a case of reversible dementia due to neurosyphilis.	December 2022
Fundamentals of Geriatrics: Geriatric Syndromes Comprehensive Geriatric Assessments Educational lecture to Internal Medicine Residency at Brown University, Providence, RI Noon conference lecture on geriatric syndromes and assessments for internal medicine interns and residents.	July 2022 - Present
Demystifying Medically Complex Surgical Oncology Patients Grand Rounds General Surgery Brown University, Providence, RI Invited lecture on geriatric co management patients for surgical oncology patients.	October 2021
Dementia Screening in the Non-English-Speaking Patient Grand Rounds Internal Medicine Mount Sinai, NYC Health and Hospitals/Elmhurst, New York, NY Invited lecture on dementia screening on their diverse multicultural patient population.	September 2020
Mount Sinai Geriatrics and Palliative Medicine Morbidity and Mortality Conference: A Hard Case to Swallow New York City, New York Discussed a case of an advanced dementia patient who had a radical head, neck and chest wall resection for metastatic melanoma who developed multiple post-up complications and how one can use geriatric assessments and palliative care to improve shared decision making in older and complex patients planning to undergo surgery.	May 2019
Coping with Chronic Illness 92Y, New York City, NY Invited lecture on how to cope with chronic illness in the geriatric population.	April 2019
How to Work-Up Massive Hepatosplenomegaly Boston Medical Center, Boston, MA As part of the medical education pathway at Boston Medical Center I led a lecture-based workshop that walked internal medicine residents through a case of a 29-year-old who presented with an enlarged liver due to an unknown cause.	December 2017
Improving Direct Admissions at the Boston Veteran Administration Hospital Boston Veterans Administration Hospital System, Boston, MA Led a workshop geared toward internal medicine residents on how the Boston VA handles direct admissions. Guided the residents through a PDSA cycle, a fishbone diagram and an impact-effect analysis. The results of the workshop and literature review resulted in recommendations for improvement to the administration on how to improve patient safety for the hospital's non-emergency room admissions.	April 2017

How to Differentiate Pericarditis, Myocarditis and Acute Coronary Disease April 2017

Boston Medical Center, Boston, MA

As part of the medical education pathway at Boston Medical Center I led a lecture-based workshop that walked internal medicine residents through a case of a 25-year-old who presented with chest pain and presumed perimyocarditis but was found to have a STEMI.

Teaching Roles

Geriatric and Palliative Medicine Site Director Providence VA Feb 2024- Present
Brown Geriatric and Palliative Medicine Fellowship
Providence, Rhode Island

Research Mentor for Medical Students Dec 2023- Present
Primary research mentor for Alpert Medical School at Brown University student enrolled in dual medical doctored and medical science program.

Brown University Internal Medicine Residency Core Faculty July 2023- Present
Part of group faculty who have increased teaching, mentoring and administrative responsibilities for the residency.
Providence, Rhode Island

Intern Mentor: Brown University Internal Medicine Residency July 2023- Present
Mentor one intern a year on transition from student to physician.

Director Geriatric Medicine Rotation Brown University July 2022- July 2025
Direct, coordinate and teach 3-5 housestaff a month as they rotate through the Division of Geriatrics and Palliative Medicine.

Brown University Geriatric Fellowship Journal Club October 2021-Present
Created and comanage a biweekly journal club series for the geriatric medicine fellows with prior Division Chief Richard Besdine, MD.

Preceptor Internal Medicine Ambulatory Care Resident Clinic: NYC Health and Hospitals/Elmhurst July 2020-July 2021
Precepted two to six internal medicine residents in the ambulatory care setting weekly.

2019 Program for Post-Graduate Trainees: Future Academic Clinician-Educators Dec 2019
Harvard-Macy Institute
Boston, Massachusetts

Coordinator for the Geriatric Fellowship Weekly Fellows Lecture Series May 2019-June 2020
Worked with Vanessa Rodriquez to coordinated with fellows and faculty and help lead the weekly fellows lecture series consisting of journal club, evidence-based medicine discussions and ambulatory case discussions.

Icahn School of Medicine at Mount Sinai Geriatric Clerkship May 2019-June 2020
Worked with Rainier Soriano, MD and Ravishankar Ramaswamy, MD to develop curriculum for the Geriatrics Clerkship on how to approach and treat a complex geriatric patient in the ambulatory setting centered on the 5Ms of Geriatrics.

Mount Sinai Leadership Development Program for Residents and Fellows Jan 2019-Dec 2019
Mount Sinai Graduate Medical Office
Icahn School of Medicine at Mount Sinai
New York, New York

Boston University Ambulatory Clerkship Instructor: How to Approach the Comorbid Patient Oct 2017-June 2018

Led a workshop for the Boston University School of Medicine Ambulatory Medicine Clerkship that focused on how to approach and treat a complex patient in the ambulatory setting using a case-based approach.

Boston University MD/PhD Clinical Instructor: July 2016-June 2018
Taught clinical skills and interviewing techniques to MD/PhD candidates during their research years for continued clinical exposure during dedicated research time.

Medical Education Pathway, Boston University Internal Medicine Program July 2016-June 2018
Participated in the education program pathway for internal medicine residents who plan to dedicate part of their career to medical education. Taught various teaching modalities and applied these various teaching modalities to medical education through giving lectures/case presentations, mentoring medical students and participating in small group discussions.

Tutor, Boston University School of Medicine Sept 2010-July 2012
Tutored students enrolled in the School of Medicine and School of Graduate Medical Science's in histology, biochemistry and physiology.

Teaching Assistant, Boston University School of Medicine Jan 2011-May 2011
Teaching assistant for the School of Medicine's Medical Histology course where I tutored students and taught small group sessions.

Quality Improvement

Mount Sinai Brookdale Department of Geriatrics and Palliative Care 2019- 2020
Under guidance of Venessa Rodriquez, MD and Samantha Lau, MD, sought to improve the department's ambulatory screening rates for substance abuse disorder and to develop risk reduction strategies for those at high risk of substance abuse using an interdisciplinary team of ambulatory providers, social workers and medical assistants.

Mount Sinai Brookdale Department of Geriatrics and Palliative Care 2018- 2019
Under guidance of Shahla Baharlou, MD, sought to improve our department's ambulatory depression screening rates and improve depression treatment plans by developing a standardized screening method using an interdisciplinary team of providers, social workers and medical assistants and reorganization of the electronic medical record to automatically open a depression treatment window when screening was positive.

Boston University Medical Center Internal Medicine 2017
Researched the process at Boston Medical Center on how colonoscopy results are sent to primary care and other outside hospitals providers. Led to recommendations and a presentation for how Boston Medical Center could improve colonoscopy reexaminations. This is an ongoing study.

Boston Veteran Administration Hospital Patient Safety Resident 2017
Worked with Boston VA administrators, attendings, staff and residents with a focus on decreasing unsafe transfers from outside hospitals and other VA care sites. Streamlined the transfer process and initiated the requirement that all incoming transfer patients be seen in the emergency department by a provider to more effectively and appropriately triage patients. This led to a patient safety workshop on minimizing patient harm for internal medicine residents, faculty and administrators. In addition, created a database of all internal medicine patient safety reports for better identification of recurrent problems so they may be appropriately addressed.

Research

Transformative Health Systems Research to Improve Veteran Equity and Independence (THRIVE), Providence Veteran's Affairs Medical Center and The Warren Alpert Medical School of Brown University Division of Geriatrics and Palliative Medicine

2021-Present

Under guidance of James Rudolph, MD examine how heart failure diagnosis effects how one receives palliative care services in the Veteran Administration.

Mount Sinai Brookdale Department of Geriatrics and Palliative Medicine

2018-2020

Under Brijen Shah, MD examined the various ambulatory clinic models during housestaff training to determine optimum preceptor-housestaff education.

Boston University Medical Center Gastroenterology

2016-2018

Under Francis Farraye, MD examined the response of Vedolizumab, a human monoclonal antibody that binds to integrin alpha-4-beta-7 in patients with inflammatory bowel disease refractory to TNF-alpha medications. In addition, we studied those who were not candidates for TNF-alpha medications. I also performed data gathering, IRB work and collaborated with statisticians on data analysis. Work resulted in multiple posters and abstracts.

Boston University School of Medicine Laboratory of Intelligence Modeling & Neurophysics

2010-2013

Under Ann Zumwalt, PhD and Peter Bergethon MD, studied how the brain perceives information when it is learning a novel topic compared to a previously learned topic. For this project I created an IRB application, recruited subjects, collected and analyzed data resulting in a graduate thesis, presentations, posters and a research award.

Washington University in Saint Louis School of Medicine Division of Endocrinology, Metabolism and Lipids

2006-2007

Under Clay Semenkovich, MD worked on a mouse model to see if low birth weight is a risk factor to develop diabetes mellitus which led to a paper. In addition, determined if the medication chloroquine can decrease stress and inflammatory markers using various cell-lines.

Editorial Activity

Reviewer-Editor

Reviewer and editor of curriculum for Mount Sinai's Hospital new program on teaching providers about medical leadership. 2024-Present

Question Writer-Editor: Geriatric Review Syllabus 12th edition, Foot disorder section. 2023- Present

Ad Hoc

Rhode Island Medical Journal	2023
Journal Palliative Care and Social Practice	2023
Palliative Medicine	2023, 2024
Journal of Palliative Medicine	2023, 2024, 2025
Palliative Medicine Reports	2024
Journal of the American Geriatrics Society	2025
Annals of Palliative Medicine	2026

Demonstration of Commitment to DEI

- Research at Providence VA COIN that focuses on availability of palliative medicine and hospice for Veterans with heart failure with

manuscripts published or in works on housing insecurity, severe mental illness and social economic status

- Undertook training in DEI by attending the Justice, Equity, Diversity, and Inclusion (JEDI) course offered by Brown Medicine.
- Give yearly lectures to Brown Geriatric Fellows on how to screen for dementia in non-English speakers
- Mentored a underrepresented junior faculty on professional development and career advancement
- Clinical provider and manager at PACE-RI; a healthcare organization that serves underserved residents of the state of Rhode Island
- Clinical Provider and manager at Providence Veteran Hospital; the United States largest safety net health system
- Clinical Provider at HHC/Elmhurst Hospital in Queens, New York which is the largest safety net hospital in Queens with majority of patients are undocumented, uninsured and do not speak English