

## Curriculum Vitae

Najam Zaidi, MD, FACP, FIDSA

### *Postdoctoral Training:*

- 2022-2023 Master of Science in Healthcare Leadership (MHL), Brown University. RI.  
2001-2003 Clinical and Research Fellowship in Infectious Diseases, William Beaumont Hospital, Royal Oak, MI  
1998-2001 Resident, Internal Medicine, University of Illinois College of Medicine, OSF St. Francis Medical Center, Peoria, IL

### *Academic Training:*

- 1986 Albany College, London, England, Ordinary Levels  
1988 The Hendon College, London, England, Advanced Levels  
1989-1995 Rawalpindi Medical College, University of Punjab, Pakistan

### *Professional Experience:*

- 1995-1996 Medical and General Surgical Internships, Holy Family Hospital, Rawalpindi, Pakistan  
1996-1998 Clinical/Field Epidemiologist-Research Officer: The Aga Khan University, Karachi, Pakistan. Principal Investigator: The BASICS PROJECT, a USAID-funded project investigating and changing healthcare provider assessment and treatment of ill children.  
2003-2007 Clinical Infectious Disease and Adult Inpatient Medical Teaching Services (Academic Hospitalist), Department of Medicine and Division of Infectious Disease, Memorial Hospital, Pawtucket, RI  
2007-2011 Inpatient Med/Hospitalist, Department of Medicine, Teaching Attending, Kent County Hospital, Warwick, RI  
2011-2014 Hospital Medicine and Infectious Disease Consultant, Prima CARE, P.C., Charlton Memorial Hospital, Fall River, MA, and St. Anne's Hospital, Fall River, MA  
2011-2016 Medical Director for Outpatient Parenteral Antimicrobial Therapy (OPAT), New England Home Infusion, East Greenwich, RI.  
2012-2022 Infectious Disease Teaching Service, Roger Williams Medical Center, Providence, including 2012-2016 Training of Infectious Disease Fellows in Transplant ID, and outpatient ID clinic, Including Infections in Immune Compromised Host -Transplant and adults living with HIV.  
2014-2019 Director of Antibiotic Stewardship and Chair, Infection Prevention Southcoast Hospitals, MA. Clinical Infectious Disease Division Chief, St Luke's Hospital, New Bedford, MA.  
2019-2020 Medical Director -Greenwood Center/Rehab, Warwick, RI- Genesis Healthcare  
2013-present Medical Director/Infectious Disease Consultant for Outpatient Parenteral Antimicrobial Therapy (OPAT), Option Care Infusion Services, East Providence, RI  
2019-Current Infectious Disease Consultant. Director Infection Prevention, Morton Hospital, Taunton, MA -Steward Healthcare

### *Academic Appointments:*

- 2022-Current Director, Translational Research in Medicine Scholarly Concentration, Brown University.  
2008-2013 Associate Professor of Medicine, University of New England College of Osteopathic Medicine, Clinical Teaching Service Attending. Kent Hospital.  
2003-2007 Teaching Attending, Memorial Hospital of Rhode Island Infectious Disease Service, and the Academic Hospitalist/Inpatient Medicine Teaching Service Memorial Hospital of Rhode  
1998-2001 Resident Faculty, Residents as Teachers Program, University of Illinois College of Medicine, Peoria, IL  
1996-1998 Epidemiology Instructor, Department of Community Health Sciences, Aga Khan University, Karachi, Pakistan

***Hospital Appointments:***

2001-2003	Infection Control Committee, William Beaumont Hospital, Royal Oak, MI
2003-2007	Resident Recruitment Committee, Memorial Hospital of Rhode Island
2003-2007	Infection Prevention Committee, Memorial Hospital of Rhode Island
2005-2007	Co-Leader Medical Error Reduction Committee, Memorial Hospital of Rhode Island
2007-2011	Infection Control Committee, Kent County Hospital, Warwick, RI
2011-2014	Pharmacy and Therapeutics, Infection Control. St Anne's Hospital, Fall River, MA
2014-2019	Medical Director of Antibiotic Stewardship, Southcoast Hospitals Group, MA
2014-2019	Chair, Infection Control Programs, Southcoast Hospitals Group, MA
2019-Current	Chair, Infection Control Program, Morton Hospital, Taunton, MA
2019-Current	Member Medical Executive Committee, Morton Hospital, Taunton, MA

***Other Appointments:***

1997-1998	Principal Investigator: Basic Support for Institutionalizing Child Survival (BASICS) Practitioner Intervention Project. (Funding: United States Agency for International Development.)
1997-1998	Research Officer, Department of Community Health Sciences, The Aga Khan University (field-based epidemiological research)
2008-2011	ACP Hospitalist, Editorial Advisory Board

***Post-Graduate Honors /Awards:***

2001-2003	The Residents-as-Teachers Program, Competitive Nomination by faculty for intensive training in clinical teaching skills. University of Illinois
2002	The Jonathan Freeman Scholarship awarded jointly by SHEA/CDC
2004-2005	Dean's Excellence in Teaching Award, Brown University
2005-2006	Dean's Excellence in Teaching Award, Brown University

***Licenses and Certification:***

2003-Current	Rhode Island State Medical Licensure # MD11198
2007-Current	Commonwealth of Massachusetts Medical Licensure # 231300
2001, 2012-current	Certification, American Board of Internal Medicine
2003, 2014-current	Infectious Diseases, American Board of Internal Medicine

***Memberships:***

Fellow, Infectious Disease Society of America (FIDSA)  
 Fellow, American College of Physicians (FACP)  
 Member, American Society of Microbiology (ASM)  
 Member, Association of Professionals in Infection Control and Epidemiology

***Invited Presentations:***

## MEDICAL/INFECTIOUS DISEASE GRAND ROUNDS

- March 22, 29, 2018 Grand Rounds: Urinary tract Infection Clinical Pathway and Asymptomatic Bacteriuria, Southcoast Hospitals.
- May 2, 2017, Infectious Disease Grand Rounds: The Tick Talk: Tick-borne Diseases, Roger Williams Medical Center, Providence, RI.
- January 31, 2017, Infectious Disease Grand Rounds: Penicillin allergies and De-labeling, Roger Williams Medical Center, Providence, RI.
- October 11, 2016, Infectious Disease Grand Rounds: Mimics of Infection, Roger Williams Medical Center
- March 22, 2016, Infectious Disease Grand Rounds: Antibiotic Stewardship in a Community Hospital, ID Grand Rounds, and Roger Williams Medical Center.
- March 24, 2015, Infectious Disease Grand Rounds: Proposed New Clinical Pathways in UTI and Pneumonia, Roger Williams Medical Center
- January 10, 2015, Grand Rounds: Antibiotic Stewardship-Principles and Implementation, Southcoast Hospitals
- November 11, 2014, Infectious Disease Grand Rounds: What is new in I.D.? ID Week 2014 Update, Roger Williams Medical Center.
- January 2013 Exotic Infections: CCHF – A hemorrhagic fever. Infectious Disease Grand Rounds, Roger Williams Medical Center, Providence, RI.
- February 17, 2012, Sepsis and The Immune System-Infectious Disease Grand Rounds: South Coast Hospitals
- September 25, 2009, Sepsis Syndrome. RIAPA Meeting, Miriam Hospital, Providence, RI
- June 2005 Crimean Congo Hemorrhagic Fever: Contact tracing and Risk assessment, I.D. grand Rounds Miriam Hospital

OTHER INVITED LECTURES: Lectures to House Staff, Medical ID teaching Service, Roger Williams Medical Center, and Landmark Medical Center.

July 25, 2014, Fever and Fever of Unknown Origin. RWMC

October 23, 2014, Clostridium Difficile: Epidemiology, Management and Update in Clinical Research. RWMC

February 15, 2018, Sepsis: Advances in diagnostics and therapies: An Infectious Disease Perspective. RWMC

March 16, 2018, Infectious Disease Update: Emerging Diseases and Therapies

September 1, 2021, Urinary tract Infection Clinical Pathway and Asymptomatic Bacteriuria, Landmark Medical Center

October 29, 2021, Skin and soft tissue infections and Pseudo-cellulitis, Landmark Medical Center

### **Original Publications:**

1. Altaf A, Luby S, Ahmed AJ, Zaidi N, Khan AJ, Mirza S, McCormick J, Fisher-Hoch S. Outbreak of Crimean-Congo hemorrhagic fever in Quetta, Pakistan: contact tracing and risk assessment. Tropical Medicine & International Health. 3(11):878-82, 1998 Nov.
2. Luby S, Zaidi N, Rehman S, Northrup R. Improving private practitioner sick-child case management in two urban communities in Karachi, Pakistan. Tropical Medicine & International Health. 7(3): 210-19, 2002 Mar.
3. Zaidi N, Konstantinou K, Zervos M. The role of molecular biology and nucleic acid technology in the study of human infection and epidemiology. Arch Pathol Lab Med. 2003 Sep; 127(9): 1098-105. Review.
4. Oprea SF, Zaidi N, Donabedian SM, Balasubramaniam M, Hershberger E, Zervos MJ. Molecular and clinical epidemiology of vancomycin-resistant *Enterococcus faecalis*. Journal Antimicrobial Chemotherapy. (2004) 53, 626-630.
5. Altaf A, Shah SA, Zaidi N, Memon A, Nadeem-ur-Rehman, Wray N. High-risk behaviors of injection drug users registered with harm reduction Programmed in Karachi, Pakistan. Harm Reduction Journal 2007, 4:7.
6. Altaf A, Janjua NZ, Kristenen S, Zaidi N, Memon A, Hook III EW, Vermund SH, Shah SA. High-risk behaviors among juvenile prison inmates in Pakistan. Public Health 123 (2009) 470-475.
7. Rare but not forgotten: A case of meningitis due to ceftriaxone-resistant *Streptococcus pneumoniae*. N Hauser, ME Cervera-Hernandez, J Lonks, N Zaidi. I.D. Cases, 2018.
8. Heavy Parasitemia in Babesiosis treated without Adjunctive Red Cell Exchange. Miguel E Cervera-Hernandez, MD; Najam Zaidi, MD, Joseph Sweeney. Transfusion and Apheresis Science. 2019.

### **Book Chapters:**

1. Central Nervous System Infections. Najam Zaidi, Melissa Gaitanis, John Gaitanis, Karl Meisel and Syed A. Rizvi. Clinical Neuroimmunology: Multiple Sclerosis and Related Disorders: Current Clinical Neurology. Humana Press. 2011. ISBN 978-1-60327-859-1
2. Endotoxin Recognition. Najam Zaidi, Steve Opal. Critical Care Nephrology. 2<sup>nd</sup> Edition. Editors: C. Ronco, R. Bellomo. ISBN-13: 9781416042525.
3. Transfusion Related Infections. Najam Zaidi. Infectious Diseases, 4th Edition; 2016. Edited by Jonathan Cohen, M Sc, FRCP, FRCPath, FRCPE, FMedSci, William G. Powderly, MD, and Steven M. Opal, MD.

***Abstracts and Presentations in Meetings:***

1. Serotonin Syndrome Associated with the Use of Phenelzine and Citalopram: A First Reported Case. Allison Wright, Najam Zaidi, MD. Lannie Cation, MD. FACP. Abstract presentation at Poster Session in Illinois Chapter of American College of Physicians Meeting, 2000.
2. Infection in Transvenously Placed Implantable Cardioverter-Defibrillators. Najam Zaidi, Mir A Husain. Abstract presented at 40<sup>th</sup> IDSA Meeting, Poster session Oct 2002.
3. Enterococcus gallinarum endocarditis in a dialysis patient. Datinder Deo, M.D, Najam Zaidi, M.D. Abstract presentation at Poster Session in Michigan Chapter American College of Physicians Meeting, 2002.
4. Molecular Epidemiology and Risk factors for Vancomycin-Resistant Enterococcus fecalis. Simona F. Oprea, Najam Zaidi, Susan M. Donabedian, Ellie Hershberger, Marcus J. Zervos. Manuscript presented at the 41<sup>st</sup> Annual Meeting of IDSA, Oct 2003.
5. An 80-Year-Old Woman with Rapid Bilateral Loss of Vision and Cardiac Findings. Reba Johnson MD, Najam Zaidi MD, Carl Lauter M.D. Abstract presentation at Poster Session in Michigan Chapter American College of Physicians Meeting, 2004.
6. Precursor B-Cell Acute Lymphoblastic Leukemia Masquerading as Cellulitis. Stephanie Ajudua, Najam Zaidi, MD. Rhode Island Chapter, American College of Physicians 2005 Associates' Forum.
7. Pseudochylothorax. Christina Anderlind MD, Najam Zaidi MD. Rhode Island Chapter, American College of Physicians 2005 Associates' Forum.
8. Pectoral swelling and Weakness: An Unusual case of Infected Hematoma. Mina Guico MD. Najam Zaidi MD. Rhode Island Chapter, American College of Physicians 2005 Associates' Forum.
9. Red Herrings: A Case Report of Facial Swelling after Seafood. Sophy Hernandez, Tim Farrell, MD; and Najam Zaidi, MD. R.I. Chapter, American College of Physicians 2006 Associates' Forum.
10. Ceftriaxone-Resistant *Streptococcus pneumoniae* Meningitis: A case report. Miguel Cervera Hernandez, Naomi Hauser, Najam Zaidi. R.I. Chapter, American College of Physicians 2017.

***Social Media and Medical business***

I own and operate my business, and I have maintained a website and Blog dedicated to an evidence-based approach to antibiotic use- <https://www.antibioticstewardship.healthcare>. The aim is education and transfer of clinical knowledge and practices from the healthcare industry to a single patient and small practices elevating medical knowledge and health awareness.

I create content (case vignettes, summaries of the latest research, and review articles) using videos, pictures, and art based on clinical cases and presentations I make in my clinical and administrative practice. I promote the website using social media, including Facebook, Instagram, Google Plus, and Twitter, attracting users and followers with medical puzzles, newsworthy articles, picture quizzes, analysis, and insights. I maintain a strict posting and schedule-creating original content and commentary daily.

<https://www.antibioticstewardship.healthcare/>

<https://www.facebook.com/antimicrobicstewardship/>

<https://www.instagram.com/antimicrobicstewardship/>

<https://www.linkedin.com/in/antibioticstewardshipdrz/>

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