# CURRICULUM VITAE NATALIE A. ZERVAS

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## **EDUCATION**

Undergraduate:	Duke University, Durham, NC B.A. in Psychology; Certificate in Early Childhood Education, May 2005 Honors: Awarded full grant-in-aid Dean's List, Fall 2002 and Spring 2004 Dean's List with Distinction, Fall 2004 2003-2004 Cameron Wade Scholar Athlete
	Atlantic Coast Conference Academic Honor Roll, 2002-2003 and 2003-2004
Graduate:	St. John's University, Queens, NY Ph.D. in Clinical Psychology, May 2012 APA Approved Clinical Psychology Graduate Program Honors: Student Representative – Graduate Education Policy Committee
Internship:	Geisinger Medical Center, Danville, PA APA Approved Clinical Psychology Internship Program June 2010 – June 2011

#### **POSTGRADUATE TRAINING**

Fellowship: Cognitive Behavioral Consultants of Westchester, White Plains, NY September 2011 – August 2012

#### **PROFESSIONAL LICENSES**

Licensed Psychologist, State of Rhode Island, September 2012 Licensed Psychologist, State of New York, September 2012

## **ACADEMIC APPOINTMENT**

Assistant Professor (Clinical) of Psychiatry & Human Behavior, Warren Alpert Medical School of Brown University December 2013 – present Adjunct Professor, Counseling, Educational Leadership, and School Psychology Department, Rhode Island College January 2015 – present

### HOSPITAL APPOINTMENTS

Child/Pediatric Psychology Resident, Geisinger Medical Center June 2010 – June 2011

Staff Psychologist, Hasbro Children's Partial Hospital Program, Department of Psychiatry, Rhode Island Hospital October 2012 – May 2014

Pediatric Psychologist, Department of Child and Adolescent Psychiatry, Rhode Island Hospital October 2012 – May 2014

Staff Psychologist, Outpatient Department, Bradley Hospital May 2014 – present

#### **UNIVERSITY COMMITTEES**

St. John's University Graduate Education Policy Committee – Student Representative, 2005-2009

## **MEMBERSHIP IN SOCIETIES**

Society of Child and Adolescent Psychology, APA Division 53 International Society for the Study of Self-Injury (ISSS)

#### **PUBLICATIONS SUBMITTED OR IN PREPARATION**

- 1. Zervas, N. (2014). Demystifying DBT with Adolescents. *The Brown University Child and Adolescent Behavior Letter (CABL), 30,* 1058-1073.
- Zervas, N., Walton, K., Miller, A. (in preparation). Exploring the Relationship between Selfinjurious Behavior Reported on the Comprehensive Assessment of Adolescent Suicide and Self-Injury (CAASSI) and Features of Borderline Personality Disorder in Adolescents.

# **ABSTRACTS**

- Zervas, N., Walton, K., & Miller, A. (2012, June). Developing and evaluating the Comprehensive Assessment of Adolescent Suicide and Self-Injury (CAASSI). Poster presented at the annual meeting of the International Society for the Study of Self-Injury (ISSS): Chapel Hill, NC.
- Zervas, N., Walton, K., & Miller, A. (2012, June). Exploring the relationship between selfinjurious behavior reported on the Comprehensive Assessment of Adolescent Suicide and Self-Injury (CAASSI) and features of borderline personality disorder in adolescents. Poster presented at the annual meeting of the International Society for the Study of Self-Injury (ISSS): Chapel Hill, NC.
- Zervas, N., Walton, K., & Miller, A., Ellois, V., Quiros, C., & German, M. (2012, May). Validation Study of a Measure Assessing Self-Injury Among Adolescents. Poster presented at the annual meeting of the Society for Prevention Research (SPR): Washington, D.C.
- Drucker, P., Ryan, E., Vigorito, C., Zervas, N. A., & Horowitz, A. (2008, March). The relationship of age and gender on children's verbalizations during psychotherapy. Poster presented at the annual meeting of the Eastern Psychological Association (EPA): Boston, MA.
- Zervas, N. A., Drucker, P. M., Salhany, J., Vitale, J., & Javier, R. A. (2006, March). Draw-A-Person: Screening procedure for emotional disturbance and IQ correlates with adjustment and working alliance in children. Poster presented at the annual meeting of the Eastern Psychological Association (EPA): Baltimore, MD.
- Salhany, J., Drucker, P. M., Vitale, J., Zervas, N. A., & Javier, R. A. (2006, March). The House-Tree-Person: Screening procedure for intelligence correlates with anxiety in children with anxiety referred for therapy. Poster presented at the annual meeting of the Eastern Psychological Association (EPA): Baltimore, MD.

## **INVITED LECTURES/PROFESSIONAL PRESENTATIONS**

- "Fact vs. Fiction: Adolescent Depression and The Secret Life of a Teenage Cutter," Geisinger Medical Center Continuing Medical Education course, Danville, PA, February 2011
- 2. "Integrating Behavioral Health and Primary Care Pediatrics: Case for Change," Pennsylvania Psychological Association Annual Convention Workshop, Harrisburg, PA, June 2011
- 3. "An Introduction to Dialectical Behavior Therapy," Guest Lecture Long Island University Psychology Graduate Program, Purchase, NY, April 2012
- 4. "A DBT Primer," Child Psychiatry Fellow Seminar Warren Alpert Medical School of Brown University, East Providence, RI, August 2013

- "Dialectical Behavior Therapy: Applications for Treating Adolescents and Eating Disorders," Child Clinical/Pediatric Psychology Resident Seminar – Warren Alpert Medical School of Brown University, Providence, RI, September 2013 and September 2014
- 6. "Non-Suicidal Self-Injury in Adolescents: The Who, What, Why, and How to Help," Didactic Seminar – Hasbro Children's Partial Hospital Program, Providence, RI, March 2014
- 7. "Behavior Chain Analysis: Beyond Suicidality and NSSI," Pediatric Psychology Seminar Rhode Island Hospital, Providence, RI, April 2014
- "Going Where Angels Fear To Tread: Assessing Suicide Risk and Protective Factors in Adolescents," Guest Lecture – Rhode Island College LMHC Graduate Program, Providence, RI, April 2014 and October 2014
- 9. "Assessing Suicidality and Non-Suicidal Self-Injury in Adolescents," Pediatric Psychology Seminar Rhode Island Hospital, Providence, RI, November 2014
- 10. "Dialectical Behavior Therapy with Adolescents at Bradley Hospital," Lunch and Learn Seminar – Bradley Hospital, East Providence, RI, December 2014
- 11. "Dialectical Behavior Therapy: Basics in Working with Adolescents," Bradley Conference Bradley Hospital, East Providence, RI, May 2015

# **GRANTS**

Received \$4,950 in grant funding from the Mental Health Initiative (MINT) Foundation for dissertation research

#### **HOSPITAL TEACHING ROLES**

Primary Supervisor, Hasbro Children's Partial Hospital Program, Rhode Island Hospital October 2012 – May 2014

Outpatient Supervisor, Postdoctoral Fellowship Program, Clinical Psychology Training Consortium, Brown Department of Psychiatry and Human Behavior July 2013 – August 2014

Supervisor, Outpatient Department/Crisis Clinic, Bradley Hospital May 2014 – present