

CURRICULUM VITAE
Patricia Markham Risica, DrPH

Updated: March, 2021

1. Position, academic department(s)

Associate Professor of Behavior & Social Sciences
Associate Professor of Epidemiology
Research Scholar

2. Address

Center for Health Promotion and Health Equity
Brown University
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3. Education

1987 BS *The Ohio State University, School of Allied Medical Professions, Columbus, OH*
Concentration: Medical Dietetics

1993 MPH *Johns Hopkins University, School of Hygiene and Public Health, Baltimore, MD*
Concentration: Epidemiology

1997 DrPH *Johns Hopkins University, School of Hygiene and Public Health, Baltimore, MD*
Concentration: International Health (Nutrition)

Dissertation title: Body Fat Distribution in Alaska Natives of the Norton Sound Area:
the Relationship of Diet, Physical Activity, and Type 2 Diabetes Mellitus

4. Professional appointments (in chronological order).

Academic Appointments

1998 – 2017 **Assistant Professor** (Research) of Epidemiology, *Brown School of Public Health,*
Providence, Rhode Island

2013 – present Contributing Faculty, *Walden University*

2016 – 2017 **Assistant Professor** of Behavior and Social Sciences, Research Scholar, *Brown School*
of Public Health, Providence, Rhode Island

- 2017 – present **Associate Professor** of Epidemiology, *Brown School of Public Health*, Providence, Rhode Island
- 2017 – present **Associate Professor** of Behavior and Social Sciences, *Brown School of Public Health*, Providence, Rhode Island
- 2020 – present **Director of Undergraduate Studies**, *Brown School of Public Health*, Providence, Rhode Island

Hospital Appointments

- 1997 – 2002 **Research Analyst**, Nutritional Epidemiologist, and Director of the Survey Center and Data Management, *Memorial Hospital of Rhode Island*, Pawtucket, Rhode Island

Other Appointments

5. Completed publications/exhibitions/performances

- a. Books/monographs - none*
b. Book chapters – none
c. Refereed journal articles

1. Ebbesson SOE, Schraer CD, **Risica PM**, Adler AI, Ebbesson L, Mayer AM, Shubnikof EV, Yeh J, Go OT Robbins DC. Diabetes and impaired glucose tolerance in three Alaskan Eskimo populations. The Alaska-Siberia Project. Diabetes Care 1998; Apr;21(4):563-9.
2. Weinstock MA, Martin RA, **Risica PM**, Berwick M, Lasater T, Rakowski W, Goldstein MG, Dube CE. Thorough skin examination for the early detection of melanoma. American Journal of Preventive Medicine 1999; 17(3):169-175.
3. Schraer CD, **Risica PM**, Ebbesson SOE, Go OT. Low fasting insulin levels in Eskimos compared to American Indians: are Eskimos less insulin resistant? International Journal of Circumpolar Health 1999; 58(4): 272-280.
4. **Risica PM**, Schraer C, Ebbesson SOE, Nobmann ED, Caballero B. Body fat distribution in Alaskan Eskimos of the Bering straits region. International Journal of Obesity and Related Metabolic Disorders 2000; Feb 24(2):171-9.
5. **Risica PM**, Schraer C, Ebbesson SOE, Nobmann ED, Caballero B. Obesity in Alaskan Eskimos of the Bering straits region: International Journal of Obesity and Related Metabolic Disorders 2000; 24: 939-944.
6. **Risica PM**, Eaton CB, Levy S, Monroe A. Self-esteem, Race, Income, Education and Utilization of Preventive Health Services in Women: The Commonwealth Fund Women's Health Survey Clinical Journal of Women's Health 2001;1(3):139-148.
7. Gans K, Burkholder G, Upegui D, **Risica PM**, Lasater T, Fortunet R. Comparison of baseline fat-related eating behaviors of Puerto Rican, Dominican, Colombian, and Guatemalan participants who joined a cholesterol education project. Journal of Nutrition Education and Behavior 2002; 34:202-210.
8. Weinstock MA, Nguyen FQ, **Risica PM**. Patient and referring provider satisfaction with teledermatology. Journal of the American Academy of Dermatology 2002; Jul;47(1):68-72.

9. Gans K, Burkholder G, **Risica PM**, Lasater T. Baseline fat-related dietary behaviors of white, Hispanic, and black participants in a cholesterol screening and education project in New England. Journal of the American Dietetic Association 2003; 103: 699-706.
10. Bjerregaard P, Dewailly E, Young TK, Blanchet C, Hegele RA, Ebbesson SE, **Risica PM**, Mulvad G. Blood pressure among the Inuit (Eskimo) populations in the Arctic. Scandinavian Journal of Public Health 2003; 31(2): 92-9.
11. Taylor JS, **Risica PM**, Cabral HJ. Why primiparous mothers do not breastfeed in the United States: a national survey: Acta Paediatrica 2003; Nov, 92(11): 1308-13.
12. Gans KM, Kumanyika SK, Lovell HJ, **Risica PM**, Goldman R, Odoms A, Lasater TM: SisterTalk: A Cable-TV delivered weight control program for Black women. Preventive Medicine 2003; Dec, 37(6 Pt 1): 654-67
13. Goldman R, **Risica PM**. Perceptions of Breast and Cervical Cancer Risk and Screening among Dominicans and Puerto Ricans in Rhode Island. Ethnicity and Disease 2004; 14(1): 32-42.
14. Weinstock MA, **Risica PM**, Martin RA, Rakowski W, Smith KJ, Berwick M, Goldstein MG, Upegui D, Lasater TM. Reliability of assessment and circumstances of performance of thorough skin self-examination for the early detection of melanoma in the check-it-out project. Preventive Medicine 2004; Jun, 38(6): 761-5.
15. Eide MJ, Weinstock MA, Dufresne RG, Neelagaru S, **Risica PM**, Burkholder G, Upegui DI, Phillips KA, Armstrong BA, Robinson-Bostom L. Relationship of treatment delay with surgical defect size from keratinocyte carcinoma (basal cell carcinoma and squamous cell carcinoma of the skin). Journal of Investigative Dermatology 2005; Feb, 124(2): 308-14.
16. **Risica PM**, Nobmann ED, Caulfield LE, Schraer C, Ebbesson SO. Springtime macronutrient intake of Alaska natives of the Bering Straits Region: the Alaska Siberia Project. International Journal of Circumpolar Health 2005; Jun;64(3):222-33.
17. Ebbesson, SOE, **Risica PM**, Ebbesson LOE, Kennish JM. Omega-3 fatty acids reduce glucose intolerance and improve metabolic syndrome risk factors for CVD and DM in Alaskan Eskimos: The Alaska Siberia Project. International Journal of Circumpolar Health 2005; 64(4): 396-408.
18. Ebbesson SOE, Adler A, Schraer C, **Risica PM**, Ebbesson LOE, Mayer AM, Doolittle W, Ehlert G, Swenson M, Robbins DC. Cardiovascular disease in three Alaskan Eskimo Populations: The Alaska Siberia Project. International Journal of Circumpolar Health 2005; 64(4): 365-386.
19. Ebbesson SOE, **Risica PM**, Ebbesson LOE, Kennish JM. Eskimos have CHD despite high consumption of omega 3 fatty acids: the Alaska Siberia project. International Journal of Circumpolar Health 2005; 64(4): 387-395.
20. Strolla LO, Gans KM, **Risica PM**. Using qualitative and quantitative formative research to develop tailored nutrition intervention materials for a diverse low-income audience. Health Education Research 2006; 21: 465-476.
21. Gans KM, Burkholder GJ Jr, **Risica PM**, Harrow B, Lasater TM. Cost-effectiveness of minimal contact education strategies for cholesterol change. Ethnicity and Disease 2006; Spring;16(2):443-51.
22. Taylor JS, **Risica PM**, Geller L, Kirtania U, Cabral HJ. Duration of breastfeeding among first time mothers in the United States: results of a national survey. Acta Paediatrica 2006; Aug, 95(8): 980-4.
23. Gans KM, **Risica PM**, Wylie-Rosett J, Ross EM, Strolla LO, McMurray J, Eaton CB. Development and evaluation of the nutrition component of the Rapid Eating and Activity Assessment for Patients (REAP): a new tool for primary care providers. Journal of Nutrition Education and Behavior 2006; Sep-Oct;38(5):286-92.

24. **Risica PM**, Phipps M. Educational media preferences in a prenatal clinic population. International Journal of Childbirth Education 2006; 21(4): 4-7.
25. Young TK, Bjerregaard P, Dewailly E, **Risica PM**, Jørgensen ME, Ebbesson SE. Prevalence of obesity and its metabolic correlates among the circumpolar inuit in 3 countries. American Journal of Public Health 2007; Apr;97(4):691-5. Epub 2007 Feb 28.
26. Anderson CAM, Kumanyika SK, Shults J, Kallan MJ, Gans KM, **Risica PM**. Assessing Change in Dietary Fat Behaviors in a Weight Loss Program for African Americans: A potential short method. Journal of the American Dietetic Association 2007; May, 107(5): 838-42.
27. Weinstock MA, **Risica PM**, Martin RA, Rakowski W, Dubé C, Berwick M, Goldstein MG, Acharyya S, Lasater T. Melanoma early detection with thorough skin self-examination: the "Check It Out" randomized trial. American Journal of Preventive Medicine 2007; Jun; 32(6):517-24.
28. **Risica PM**, Burkholder G, Gans K, Lasater T. Assessing Fat-Related Dietary Behaviors among Black Women: Reliability and Validity of a new Food Habits Questionnaire. Journal of Nutrition Education and Behavior 2007; Jul-Aug, 39(40): 197-204.
29. Martin R, Weinstock M, **Risica PM**, Smith K. Factors associated with thorough Skin Self-Examination for the Early Detection of Melanoma. Journal of the European Academy of Dermato-veneriology 2007; Sep, 21(8): 1074-81.
30. Taylor JS, Geller L, **Risica PM**, Kirtania U, Cabral HJ. Birth order and breastfeeding initiation: results of a national survey. Breastfeeding Medicine 2008; Mar;3(1):20-7.
31. Lee KB, Weinstock MA, **Risica PM**. Components of a Successful Intervention for Monthly Skin Self-Examination for Early Detection of Melanoma: The "Check It Out" Trial. Journal of the American Academy of Dermatology 2008; 58(6): 1006-12.
32. **Risica PM**, Weinstock M, Martin R, Smith K. Body satisfaction effect on thorough skin self-examination American Journal of Preventive Medicine 2008; 35(1): 68-72.
33. Gans K, **Risica PM**. Dietary behaviors of Black women who enrolled in SisterTalk: Implications for future dietary studies with Black women. Journal of Nutrition Education and Behavior 2009; Jan-Feb; 41(1): 32-40.
34. Gans KM, **Risica PM**, Strolla LO, Kirtania U, Acharyya S, Upegui D, Fournier L. Effectiveness of Different Methods for Delivering Tailored Nutrition Education to Low Income, Ethnically Diverse Adults. International Journal of Behavioral Nutrition and Physical Activity 2009; 6:24.
35. LaMont L, **Risica PM**. Weight Gain and Weight Management Concerns for Patients on Beta Blockers. Nutrition Today 2010; 45(6):250-252.
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37. Lasky T, Kogut S, Campbell S, **Risica PM**. Computer kiosks to deliver medication information in the pharmacy. Journal of Consumer Health on the Internet 2011; Nov 15 (4), 1-13.
38. Jiang Y, **Risica PM**, Arias W, Perry D, Viner-Brown S. Perceived Weight Status Effect on Adolescent Health Risk Behaviors: Findings from 2007 and 2009 Rhode Island Youth Risk Behavioral Survey. School Mental Health 2011; Dec 13
39. Markova A, Weinstock M, **Risica PM**, Kirtania U, Ombao H. The Role of Gender in Examination and Counseling for Melanoma in Primary Care. Archives of Internal Medicine 2011; Dec 201: 171 (21).

40. Johnson P, **Risica PM**, Gans KM, Kirtania U, Kumanyika SK. Association of perceived racial discrimination with eating behaviors and obesity among participants of the SisterTalk study. Journal of the National Black Nurses Association 2012 Jul;23(1):34-40.
41. Markova A, Weinstock MA, **Risica PM**, Kirtania U, Shaikh WR, Ombao H, Chambers C, Kabongo M, Kallail KJ, Post D. Effect of a web-based curriculum on primary care practice: Basic Skin Cancer Triage trial. Family Medicine 2013; Sep;45(8):558-68.
42. **Risica PM**, Gans KM, Kumanyika S, Kirtania U, Lasater TM. SisterTalk: final results of a culturally tailored cable television delivered weight control program for Black women. International Journal of Behavioral Nutrition and Physical Activity 2013; Dec 27;10:141.
43. Hartman SJ, **Risica PM**, Gans KM, Marcus BH, Eaton CB. Tailored weight loss intervention in obese adults within primary care practice: rationale, design, and methods of Choose to Lose. Contemporary Clinical Trials 2014; Jul;38(2):409-19.
44. Dulin-Keita A, **Risica PM**, Drenner KL, Adams I, Gorham G, Gans KM. Feasibility and Acceptability of an Early Childhood Obesity Prevention Intervention: Results from the Healthy Homes, Healthy Families Pilot Study Journal of Obesity 2014; (2014) Article 378501.
45. Tovar A, **Risica PM**, Mena N, Lawson E, Ankoma A, Gans K. Effective Policy Implementation in Child Care Homes: An assessment of Practices and Attitudes Related to Nutrition Training, Feeding and Parental Involvement in Family Child Care Homes. Preventive Chronic Disease 2015; Jun 4;12:E88.
46. **Risica PM**, DeMeester RH, Weinstock MA, Gans KM, Markova A, Shaikh W, Chambers C, Kabongo M, Kallail K, Post D. Effect of a Weight Web Course on Primary Care Practice: A Randomized Controlled Trial. Journal of Family Medicine & Community Health 2015; 2(4): 1039.
47. Gans KM, **Risica PM**, Dulin-Keita A, Dawood M and Strolla L. Innovative Video Tailoring for Dietary Change: Final Results of the Good for You! Cluster Randomized Trial. International Journal of Behavioral Nutrition and Physical Activity 2015; 12:130.
48. Tovar A, Mena N, **Risica PM**, Goram G, Gans KM. Nutrition and Physical Activity Environments of Home-Based Child Care: What Hispanic Providers have to Say. Childhood Obesity 2015; Oct;11(5):521-9.
49. Gans KM, Salkeld J, **Risica PM**, Lenz E, Burton D, Mello J, Butler JB. Occupation is related to Weight and Lifestyle Factors among Employees at Worksites Involved in a Weight Gain Prevention Study Journal of Occupational Environmental Medicine 2015; 57(10), Oct p e114–e120.
50. Gorham G, Dulin-Keita A, **Risica PM**, Mello J, Papandonatos G, Nunn A, Gorham S, Roberson M, Gans KM. Effectiveness and acceptability of ‘Fresh To You’— an innovative, discount fresh fruit and vegetable market program in low-income neighborhoods. Preventing Chronic Disease 2015; 12; October 25.
51. Assaf AR, Beresford SAA, **Risica PM**, Aragaki A, Brunner RL, Bowen DJ, Naughton M, Rosal MC, Snetselaar L, Wenger N. Low-fat dietary pattern intervention and health-related quality of life: The WHI Randomized controlled Dietary Modification Trial. Journal of the Academy of Nutrition and Dietetics 2016; Feb;116(2):259-71.
52. Gans KM, Gorham G, **Risica PM**, Dulin-Keita A, Dionne L; Gao T, Peters S, Principato L. A multi-level intervention in subsidized housing sites to increase fruit and vegetable access and intake: Rationale, design and methods of the 'Live Well, Viva Bien' cluster randomized trial. BMC Public Health 2016; 16:521.

53. Weinstock MA, Ferris LA, Saul MI, Geller AC, **Risica PM**, Siegel JA, Solano FX, Kirkwood JM. Downstream consequences of melanoma screening in a community practice setting: first results. Cancer 2016; Oct 15;122(20):3152-3156.
54. **Risica PM**, Amin S, Ankoma A, Lawson E. The food and activity environments of childcare centers in Rhode Island: A directors' survey. BMC Nutrition 2016; 2:41 (8 July 2016).
55. Eaton C, Hartman S, Schindler E, Pan G, Roberts Mary, **Risica PM**, Gans K, Jakicic J, Marcus B. A Randomized Clinical Translational Trial of a Tailored Lifestyle Intervention for Obese, Sedentary Patients in Primary Care: Choose to Lose Study Annals of Family Medicine 2016; 14(4):311-9.
56. **Risica PM**, Parker DR, Hardy N, Salkeld J. Smoking Cessation during Pregnancy: Thoughts Expressed during Motivational Interviewing. Journal of Family Medicine 2016; 3(9): 1087.
57. **Risica PM**, Parker D, Jennings E, Gavarkovs A, Phipps M. A tailored video intervention to reduce smoking and environmental tobacco exposure during and after pregnancy: Rationale, design and methods of Baby's Breath. Contemporary Clinical Trials 2017; 52, Pages 1–9.
58. **Risica, PM**, McCausland K. Infant feeding decisions and behaviours among low-income 2 smoke-exposed women: timing and change during pregnancy. Public Health Nutrition 2017, 20(15); 2796-2805.
59. **Risica PM**, Gorham G, Dionne L, Nardi W, Ng D, Middler R, Mello J, Akpolat R, Gettens K, Gans K. A multi-level intervention in worksites to increase fruit and vegetable access and intake: Rationale, design and methods of the 'Good to Go' cluster randomized trial. Contemporary Clinical Trials 2017, Dec 65; 87-98.
60. Dulin-Keita A, **Risica PM**, Mello J, Ahmed R, Carey K, Cardel M, Howe CJ, Nadimpalli,S, Gans K. Examining neighborhood and interpersonal norms and social support on fruit and vegetable intake in low-income communities. BMC Public Health 2018, 18:455.
61. **Risica, PM**, Matthews NH, Dionne L, Mello J, Ferris LK, Saul M, Geller AC, Solano F, Kirkwood J, Weinstock, MA. Psychosocial Consequences of Skin Cancer Screening. Preventive Medicine Reports 2018, June, vol. 10, 310-316.
62. *Gavarkovs, A. G., **Risica, PM**, Parker, DR., & Jennings, E., & Phipps, M.G. Self-reported environmental tobacco smoke exposure and avoidance compared with cotinine confirmed environmental tobacco smoke exposure among pregnant women and their infants. International Journal of Environmental Research and Public Health. 2018 Apr 27;15(5)
63. Lanis A, Kerns E, Hu SL, Bublitz MH, **Risica P**, Martin S, Parker J, Millman R, Dworkin LD, Bourjeily G. Residual renal function and obstructive sleep apnea in peritoneal dialysis: A pilot study. Lung. 2018; Aug 196 (4).425-431.
64. Gans KM, **Risica PM**, Keita AD, Dionne L, Mello J, Stowers KC, Gorham G. Multilevel approaches to increase fruit and vegetable intake in low-income housing communities: Final Results of the 'Live Well, Viva Bien' cluster-randomized trial. International Journal of Behavioral Nutrition and Physical Activity 2018, 15:80.
65. *Kang A, Keita AD, Nadimpalli S, **Risica PM**. Stress, Adherence and Blood Pressure Control: An Examination of Black Women Participating in the SisterTalk II Intervention. Preventive Medicine Reports 2018 Aug 3(12):25-32.
66. **Risica PM**, McCarthy M, Barry K, Olivario SP, DeGroot A. Community clinic-based lifestyle change as secondary prevention of cardiovascular disease: Rationale, design and methods of the 'Vida Sana' program. Contemporary Clinical Trials 2018 December 12:123-128.
67. **Risica PM**, Parker D, Jennings E, Gavarkovs A, Phipps M. Reducing smoking and environmental tobacco exposure during and after pregnancy: Results of the Baby's Breath trial. Annals of Public Health and Research 2018 Oct 5(2): 1078.

68. Matthews N, **Risica PM**, Weinstock MA. Psychosocial impact of skin biopsies in the setting of melanoma screening – A cross-sectional survey. British Journal of Dermatology. 2019 Mar;180(3):664-665.
69. *Kang, A.W., Garber, C.E., Eaton, C.B., **Risica, P.M.** & Bostom, A.G. Physical activity and cardiovascular risk among kidney transplant patients. Medicine and Science in Sports and Exercise 2019 Jan 8 (epub ahead of print).
70. Gans KM, Tovar A, Jiang Q, Mello J, Dionne L, Mena NZ, Paloma V, **Risica PM**. Nutrition-related Practices of Family Childcare Providers and Differences by Ethnicity. Childhood Obesity 2019 Feb 1.
71. Bourjeily G, Chambers A, Salameh M, Bublitz MH, Kaur A, Coppa A, **Risica P**, Lambert-Messerlian G. Anthropometric measures and prediction of maternal sleep disordered breathing. Journal of Clinical Sleep Medicine. 2019 Jun 15; 15(6):849-856.
72. **Risica PM**, Tovar A, Palomo V, Dionne L, Mena N, Magid K, Gans K. Nutrition and Physical Activity Environments of Home-Based Child Care: Rationale, design and methods of the ‘Healthy Start’ cluster randomized trial. BMC Public Health 2019 Apr 18; 19(1):419.
73. Cuadrado-Soto E, **Risica PM**, Gans K, Mena N, Ellis C, Araujo C, Lofgren I, Cooksey K, Tovar A. Micronutrient adequacy in preschool children attending Family Child Care Homes. Nutrients 2019, 11 (9): 2134.
74. *Misitzis A, Kang A, Weinstock MA, **Risica PM**. The “Check it out” intervention increases confidence and practices of Thorough Skin Self-Examination. Letter to the Editor Journal of the European Academy of Dermatology and Venereology 2020 Feb;34(2):e77-e78. Sep 30, 2019 (ePub ahead of print).
75. *Mena NZ, **Risica PM**, Gans KM, Lofgren IE, Gorman K, Tobar FK, Tovar A. Communication with family child care providers and feeding preschool-aged children at home: A parent perspective. Journal of Nutrition Education and Behavior. 2020 Jan;52(1):10-20.
76. *Kang A, Bostom A, Kim H, Eaton CB, Gohh R, Kusek J, Pfeffer M, **Risica PM**, Garber CE. Physical Activity and Risk of Cardiovascular Events and All-Cause Mortality among Kidney Transplant Recipients. Nephrology, Dialysis Transplantation 2020 Aug; 35(8):1436-1443.
77. Tovar A, **Risica PM**, Ramirez A, Mena N, Lofgren I, Stowers KC, Gans K. Exploring Provider-level Socio-Demographic Determinants of Diet Quality of Preschool Aged Children Attending Family Childcare Homes. Nutrients 2020: 12 (5), 1368.
78. *Kang A, Ash T, Tovar A, Gans KM, Minkel J, Mena N, **Risica PM**. Exploring Parenting Contexts of Latinx 2-to-5-year old Children’s Sleep: Qualitative Evidence Informing Intervention Development. Journal of Pediatric Nursing 2020:54, 93-100.
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80. * Ash T, Kang A, Hom C, **Risica PM**. Association between sleep duration and consistency with body mass index & waist circumference among Black women in SisterTalk II. Sleep Health 2020: Jul 12.
81. *Kang AG, Gans KM, Minkel J, Risica PM. Effects of Coparenting Quality, Stress, and Sleep Parenting on Sleep and Obesity among Latinx Children: A Path Analysis. Journal of Pediatric Health Care 2020: 34 (6), E77-E90.

82. *Ramirez A, Vadiveloo M, **Risica PM**, Gans K, Greaney M, Mena NZ, Tovar A, Dietary Contributors to Food Group Intake in Preschool Children Attending Family Childcare Homes. Nutrients 2020 Nov 29;12(12):3686.
83. **Risica PM**, Nelson T, Camacho-Orona K, Bove G, Kumanyika SK, Odoms-Young AM, Silice M, Kirtania U, Gans KM. Emotional eating predicts weight regain among Black women in the SisterTalk intervention. Obesity 2021: Jan 28(2), 79-85.
84. *Cioe PA, Merrill J, Gordon REF, Guthrie K, Freiberg M, Williams D, **Risica PM**, Kahler CW. Personalized Feedback Improves Cardiovascular Risk Perception and Physical Activity Levels in Persons Living With HIV: Results of a pilot randomized clinical trial. AIDS Care 2021: Jan 23.
85. *Magid KH, Ranney ML, **Risica PM**. Using the theory of planned behavior to understand intentions to perform bystander CPR among college students. J Am Coll Health 2021 Jan;69(1):47-52.
86. *Kang AW, Gans KM, Minkel J & **Risica PM**. Correlates of objectively measured physical activity and sleep among Latinx Children. Journal of Pediatric Nursing 2021 Feb 19;60:40-45.
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91. *Jiang Q, Tovar A, **Risica PM**, Stowers KC, Schwartz M, Lombardi C, Kang A, Mena N, Gans KM. Ethnic Differences in Family Childcare Providers’ Nutrition and Activity-related Attitudes and Barriers. Journal of Obesity 2021 Oct 7; 2021: 6697006.
92. von Ash T, **Risica PM**, Tovar A, Gans KM. An Observational Assessment of Sleep Environments in Family Child Care Homes. International Journal of Epidemiology and Public Health Research. 2021; 1(5).
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100. **Risica PM**, Karpowicz JM, vonAsh T, Gans KM, Stowers KC, Tovar A. Nutrition and Physical Activity Environments for Infants and Toddlers in Family Childcare Homes and Centers. 2022 International Journal of Environmental Research and Public Health 2022; 19 (15): 9702.
101. *Kang A, Dulin A, **Risica PM**. Relationship between adherence to diet and physical activity guidelines and self-efficacy among black women with high blood pressure. J Health Psychol. 2022 Mar;27(3):663-673.
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103. von Ash T, Sanapo L, Bublitz MH, Bourjeily G, Salisbury A, Petrillo A, **Risica PM**. A systematic review of studies examining associations between sleep characteristics with dietary intake and eating behaviors during pregnancy. Nutrients 2023 15 (9).
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106. *Jiang Q, **Risica PM**, Tovar A, Stowers KC, Schwartz MB, Lombardi C, Alhassan S, Gans KM. Effect of Applying Best Practices for Physical Activity and Screen Time to Family Childcare Homes. Prev Chronic Dis. 2023 Jul 13;20:E60.
107. *Jiang Q, **Risica PM**, Tovar A, Cooksey-Stowers K, Schwartz M, Lombardi C, Gans KM. Nutrition Practices of Family Childcare Providers and Children's Diet Quality. 2023 Journal of Nutrition Education and Behavior 2023 Jul;55(7):480-492
108. Borrelli, B, Endrighi, R, Dunsiger, S, Busch, AM, Bock, BC, **Risica, PM**, Hughes, R & Lasater, T. Greater Engagement in Valued Activities is Associated with Less Barriers to Quitting Smoking Among Smokers with Mobility Impairments. Disability and Health Journal 2023 May 2:101480 (Epub Ahead of Print)
109. *Rabb K, Alikhani A, von Ash T, **Risica PM**. Examining Black Women's Breastfeeding Experiences: A Scoping Review of Qualitative Studies. Maternal and Child Health Journal 2023 Jun 22 (Epub Ahead of Print)
110. *von Ash Tayla, Alikhani A, Sharkey KM, Solano P, Aquino MM, **Risica PM**. Associations Between Perinatal Sleepiness and Breastfeeding Intentions and Attitudes and Infant Feeding Behaviors and Beliefs. Nutrients 2023 Apr 30;15(9):2166

d. Non-refereed journal articles

1. **Risica PM**, Viner-Brown S, Hesser J. Obesity and overweight among adults in Rhode Island. Medicine & Health/Rhode Island 2006: 89 (7); 257-258.

2. **Risica PM**, Kerr S, Lawson E, Belhumeur R, Ankoma A. Self-Report of Sugar-Sweetened Beverage and Fast Food Consumption by Annual Household Income Medicine & Health/Rhode Island 2009: 92(2); 66-67.
3. **Risica PM**, Hesser J, Kerr S, Jiang Y, Taylor K. Patterns of Obesity Among Men and Women In Rhode Island In 2007 Medicine & Health/Rhode Island 2009: 92(12): 420-422.

e. *Book reviews – none*

f. *Abstracts*

1. **Risica PM**. Body Fat Distribution in Alaska Natives. Staged Diabetes Management Conference, Diabetes Program 1996
2. **Risica PM**. Spring Dietary Intake in Native Alaskans of the Norton Sound Area. Tenth International Congress on Circumpolar Health 1996
3. **Risica PM**. Body Fat Composition in Native Alaskans of the Norton Sound Area. Tenth International Congress on Circumpolar Health 1996
4. **Risica PM**, Gans K. Psychosocial Predictors of Dietary Fat for Hispanic, Black, and Non-Hispanic White Participants of a Large Scale Cholesterol Change Study. American Public Health Association 2001
5. **Risica PM**, Hardy N, Lasater T. An intervention study to address adherence to weight loss for hypertension in AA women: initial results: ST Adhere. American Public Health Association 2005
6. Gans KM, **Risica PM**, Leslie O. Strolla, Cynthia Davis, David Upegui Tailoring nutrition education for low-income audiences: differences by ethnicity. International Society for Behavioral Nutrition and Physical Activity 2005
7. Lasater TM, **Risica PM**, Hardy N. Adherence to Weight Loss for Hypertension in Women of Color (SisterTalk Adhere). American Public Health Association 2006
8. Gans KM, **Risica PM**, Leslie O. Strolla, Cynthia Davis, David Upegui Tailoring nutrition education for low-income audiences: Final results International Society for Behavioral Nutrition and Physical Activity 2006
9. Gans KM, Strolla LO, McMahon C, **Risica PM**, Upegui DI. Innovative Tailored Nutrition Education for Diverse Audiences: Your Healthy Life/Su Vida Saludable and Good For You! American Public Health Association 2006
10. Gans KM, **Risica PM**, Lasater TM, Smith KJ. Final results and predictors of weight loss in SisterTalk: A cable-TV delivered weight control program for Black women. American Public Health Association 2006
11. **Risica PM**. Engaging policy makers in Rhode Island: Process, successes and next steps. American Public Health Association 2011
12. **Risica PM**, Weinstock MA, Voss R, Markova A, Shaikh W. Effect of a diet, physical activity and weight counseling web course on physician reports and clinical behaviors. American Public Health Association 2012
13. Gans KM, **Risica PM**, McCausland KL. Prenatal Feeding Intentions among Low Income Smoke Exposed Women. American Public Health Association 2012
14. Dulin-Keita A, PhD, Bove G, PhD, **Risica PM**, DrPH, RD Associations of life stress and medication adherence on blood pressure (BP) Society for Behavioral Medicine 2013
15. **Risica PM**, DrPH, RD, Bove G, PhD, Dulin-Keita A, PhD, Eating Behaviors Influence BMI Change in SisterTalk. Society for Behavioral Medicine 2013.
16. Gans KM, **Risica PM**, Gorham G, Donovan S, Salkeld J. “Evaluating the effectiveness of providing coaching/technical assistance during implementation of a new school physical education

- (PE) law in RI”, Paper presented at Active Living Research Conference, San Diego, CA, March 12, 2014.
17. Tovar, A., Mena NZ, **Risica PM**, Gorham G, and Gans KM. "Nutrition and Physical Activity Environments of Home-Based Child Care: What Hispanic Providers Have to Say." *Child Obesity*, no. 5 (Oct 2015): 521-9.
 18. *Green BN, Johnson CD, Snodgrass J, Smith M, **Risica P**. Association of Anxiety, Depression, Smoking, Obesity and other Factors with Back Pain in a Nationally Representative Sample of Adult Americans. North American Spine Society 2016.
 19. **Risica PM**, Dionne L, Mello J, Ferris LK, Geller A, Saul M, Kirkwood J, Weinstock MA. No psychological harm from melanoma screening by PCPs: preliminary results. Society for Investigative Dermatology 2016
 20. *B Link, D Shemin, **P Risica**, S Martin, J Parker, R Millman, L Dworkin, GR Bourjeily, A Kaur The Impact Of Renal Replacement Therapy On Sleep Disordered Breathing In Patients With End Stage Renal Disease *Am J Respir Crit Care Med* 193, A7436, 2016
 21. *Tsai M, Mena N, Carter T, Gans K, **Risica, PM**, Lofgren I, Tovar A. Fruit and Vegetable Consumption in Family Child Care Homes. Childhood Obesity Conference 2017 – Student Poster
 22. *Tsai M, Mena N, Carter T, Gans K, **Risica, PM**, Lofgren I, Tovar A. Are Meals and Snacks Consumed by Preschool-aged Children in Family Child Care Homes Meeting the Dietary Guidelines? *Experimental Biology* 2017 - Student Poster
 23. *Mena N, Tsai M, Risica, PM, Gans K, Lofgren I, Gorman K, Tovar A. Are children who attend family child-care homes meeting dietary recommendations at home? Society for Nutrition Education and Behavior 2017.
 24. *Kang A, **Risica PM**. Psychosocial Correlates of Adherence to Non-pharmacological Therapy: An Examination of Baseline Results From the *SisterTalk Adhere* Intervention for Black Women. American Heart Association- American Society of Hypertension, Joint Scientific Sessions 2017. Hypertension September 2017, 70 (Supp 1).
 25. *Matthews NH, **Risica PM**, Weinstock MA. Discrepancies in skin cancer prevention counseling reported between patient, physician, and patient chart. *International Investigative Dermatology* 2018.
 26. * Matthews NH, **Risica PM**, Weinstock MA. Discrepancies in melanoma screening reporting between patient, physician, and patient chart. *International Investigative American Academy of Dermatology* 2018.
 27. *Carter T, **Risica PM**, Gans K, Vadiveloo M, McCurdy K, Tovar A. Are Feeding Practices of Family Child Care Home Providers Associated with Child Fruit and Vegetable Intake? *American Society for Nutrition*, 2018.
 28. *Mena N, **Risica PM**, Gans K, Lofgren I, Gorman K, Tobar F, Tovar A. How Parents Communicate with their Family Child Care Home Provider Regarding Foods Young Children Are Eating. *American Society for Nutrition* 2018.
 29. **Risica PM**, Kang A. SisterTalk II: A Randomized Controlled Trial to Improve Adherence to Weight Loss for Hypertension Control among Black Women. *Society for Behavioral Medicine* 2018.
 30. *Hom C, Kang A, **Risica PM**. Sleep duration and its relationship to anthropometrics, body mass index (BMI) and waist circumference (WC), among Black women in the SisterTalk II study. *Society for Behavioral Medicine* 2018.
 31. *Kang A, **Risica PM**, Garber CE, Eaton CE, Bostom A. Cross-sectional Relationship between Physical Activity and Cardiovascular Risk Factors in Kidney Transplant Patients: A Baseline Examination of the Folic Acid for Vascular Outcome Reduction in Transplantation (FAVORIT)

- Trial. Presented at the 2018 American Heart Association EPI - Lifestyle Conference. Trial Circulation 137(suppl_1), AP282-AP282, Lippincott Williams & Wilkins, 2018/3/20
32. Cioe, P.A., Merrill, J.E., Gordon, R.E.F, Freiberg, M., Guthrie, K.M., Williams, D.M., **Risica, P.**, Kahler, C.W. Personalized feedback improves CVD risk perception and physical activity levels in persons living with HIV: A pilot randomized clinical trial. Paper presentation at the Association of Nurses in AIDS Care 31th Annual Conference, Denver, CO. November 9, 2018.
 33. Gans KM, Tovar A, Jiang Q, Dionne L, Mello J, Mena N, **Risica PM**. Nutrition-related Practices of Family Childcare Providers and Differences by Ethnicity. Paper presented as part of the Symposium entitled: *Responding to the Call for Action to Address Health Disparities Through Early Care Settings* at the International Society for Behavioral Nutrition and Physical Activity conference, Hong Kong, China. June 6, 2018.
 34. Jiang Q, **Risica PM**, Tovar A, Dionne L, Mena N, Gans KM, Feeding practices of Family Child Care Home Providers that could influence self-regulation of the 2-5 Year Old Children in their Care: Differences by Ethnicity and Self report Vs. Observation. Poster presented at International Society for Behavioral Nutrition and Physical Activity conference, Hong Kong, China. June 4, 2018
 35. *Kang A, Kim H, Garber C, Eaton C, **Risica PM**, and Bostom A. Longitudinal Assessment of Physical Activity Changes Among Kidney Transplant Recipients: An Ancillary Study of the Folic Acid for Vascular Outcome Reduction in Transplantation (FAVORIT) Trial. American Public Health Association, San Diego, CA, November 11, 2018.
 36. **Risica PM**, Nelson T, Orona K, Bove G, Kumanyika S, Odoms-Young A, Kirtania U, Gans K. Emotional eating predicts BMI regain among Black women in the SisterTalk intervention. Society for Behavioral Medicine, Washington, D.C., March 2019.
 37. Gans KM, Tovar A, Mena NZ, Mello J, Jiang Q, Cooksey-Stowers K, Ash T, Kang A, Dionne L, **Risica PM**. Participation in an obesity prevention intervention likely improves diet quality of 2-5 year old children cared for in family childcare homes: preliminary results from the healthy start/Comienzos Sanos Trial. ISBNPA, Prague, Czech Republic, May 2019.
 38. (Gans presented) Mena NZ, Tovar A, **Risica PM**, Dionne L, Mena NZ, Mello J, Gans K Family Child Care Provider Predictors of Child Diet Quality Among 2-to-5-Year-Olds. ISBNPA, Prague, Czech Republic, May 2019.
 39. **Risica PM**, Tovar A, Dionne K, Mena NZ, Mello J, Gans K. Comparing the family child care provider food environment with dietary quality of children in their care. ISBNPA , Prague, Czech Republic, May 2019.
 40. (Risica presented) Tovar A, Mena NZ, Gans K, Dionne K, Mello J, **Risica PM** Autonomy Supportive Feeding Practices of Family Child Care Home Providers and Fruit and Vegetable Intake. ISBNPA, Prague, Czech Republic, May 2019.
 41. *Micalizzi L, Murphy CM, Ha H, Hong KT, **Risica PM**. Secondhand smoke exposure among pregnant and lactating Vietnamese Women. Submitted to SRNT, 2020.
 42. *Ramirez A, Vadiveloo M, **Risica PM**, Gans K, Greaney M, Mena NZ, Tovar A,. Dietary Contributors to Food Group Intake in Preschool Children Attending Family Childcare Homes. Nutrients 2020: 4 (Issue Supplement 2), 268.

(* indicates Mentee)

g. Invited lectures

1. **Risica PM** Criteria for Selection of an Enteral Formula. Health Facilities Association of Maryland, Baltimore, MD, 1988

2. **Risica PM** Current Usage of Glutamine in Clinical Practice. Marriott Clinical Update, Baltimore, MD, 1990
3. **Risica PM** Evaluation of Clinical Laboratory Values. Georgetown Nutrition Conference 1991
4. **Risica PM** Nutrition in the High Risk Cancer Patient. University of Maryland Medical System, Current Topics in Clinical Nutrition, Baltimore, MD, 1991
5. **Risica PM** Decision Making Process in Nutrition Support. University of Maryland Medical System, Current Topics in Clinical Nutrition, Baltimore, MD, 1991
6. **Risica PM** Nutrition Assessment. Maryland Society for Parenteral and Enteral Nutrition, Baltimore, MD, 1991
7. **Risica PM** Nutrition in Hospitalized Patients. Essex Community College, Baltimore, MD, 1991
8. **Risica PM** The Obesity Epidemic. Keynote speaker for Rhode Island Public Health Association, Warwick, RI, 2002
9. **Risica PM** Making pregnancy the start of a new routine. Guest speaker for NEMO (New England Maternal Outreach), Providence, RI, 2002
10. **Risica PM** Nutrition & Physical Activity Interventions to Prevent and Reduce Obesity. Guest speaker for the Rhode Island Nutrition Council, Providence, RI, 2003
11. **Risica PM** Diet, Body Fatness, and Diabetes Risk among Alaska Natives of the Bering Straits Region: Alaska Siberia Project 1994. Harvard School of Public Health, Nutrition Seminar, Boston, MA, 2003
12. **Risica PM** Healthy Weight Advocacy: Next Steps for Rhode Island. Obesity Planning Council, Providence, RI, 2004
13. **Risica PM** The State of Rhode Island Students' Nutrition and Physical Activity. Breakfast Meeting by the Rhode Island Coalition for Healthy Schools, Warwick, RI, 2004
14. **Risica PM** Obesity and Women's Health. Faces of Women's Health: Health Literacy and Cultural Awareness, Office of Women in Medicine. Warwick, RI, 2004
15. **Risica PM** Breastfeeding Intention, Initiation and Duration among Low Income Women. United States Department of Agriculture, Beltsville, MD, 2007
16. **Risica PM** Healthy Eating and Active Living in Rhode Island Childcare Centers. Children's Friend and Service, Providence, RI, 2011
17. **Risica PM** Obesity Prevention and Control in the Pediatric Setting: Pilot Study. Lifespan Obesity Conference, Providence, RI, 2012.
18. **Risica PM** Breastfeeding 201: Supporting Breastfeeding in At-Risk Families Before and After Birth. Children's Friend and Service. Providence, RI, 2014
19. **Risica, PM.** Realistic Healthy Eating. Addventures (Advertising Firm), Providence, RI, May, 2016.
20. **Risica, PM.** Eating for Healthy Weight and Performance. Addventures (Advertising Firm), Providence, RI, May, 2017.
21. **Risica, PM.** Food and Nutrition Advocacy at the Level of State and Municipality. Webinar: Let Your Voices Be Heard in Nutrition Policy. APHA Food and Nutrition Section, February, 2018.
22. **Risica, PM.** Obesity Etiology, Prevention and Treatment. Course by Columbia University, Institute of Human Nutrition, New York, NY, April, 2018.

6. Research grants

a. *Current grants*

9/2022 – 8/2023	PI: Risica	Mindfulness Center, Brown School of Public Health	\$17,000
<i>SisterTalk Mindfulness Seed Grant</i>			
This project will revise seven days (of 28) of the existing Eat Right Now intervention developed by Dr. Judson Brewer to include language and visual presentation specifically for Black women. Additionally, a small demonstration pilot of the new materials will be conducted with Black women included in or recruited with our community advisory board.			
6/2022 – 5/2023	PI: Risica	Legoretta Cancer Center, Brown University	\$32,000
<i>Better Nutrition for Cancer Prevention: Breastfeeding promotion and reducing tobacco use and exposure during pregnancy</i>			
This project will revise the existing Baby’s Breath video and newsletter intervention to include infant feeding content, and will prepare to conduct a pilot study of the new materials.			
11/2021 – 1/2026	Co-PI: Risica, PI: Thomas	PCORI	\$4,000,196
<i>Evaluating the Effectiveness of Mode of Meal Delivery on the Ability of Homebound Older Adult to Remain in the Community</i>			
The major goals of this project are to conduct a two-arm pragmatic, randomized controlled trial comparing participants’ health outcomes between two conventional approaches for delivering meals to food insecure, homebound older adults at six diverse Meals on Wheels America member programs in Florida, Texas, Rhode Island, and Louisiana.			

b. Completed grants

c. 7/2018 - 2022	PI of Subcontract PI: Tovar	National Institutes of Health - R34	
<i>A Home-based Video and Motivational Interviewing Intervention to Improve Preschoolers Diet Quality and Parental Food Parenting Practices</i>			
To develop and pilot a novel home-based intervention including videos of parent feeding practices, motivational interviewing, in-home cooking demonstrations, and tailored materials to improve the diet quality and family food environment of low-income, ethnically diverse preschool children.			
4/1/19– 9/1/21 (NCE)	PI: Risica	Hassenfeld Child Health Innovation Award	Total Cost: \$25,000 (Total Costs)
Sleep, Stress, Depressive Symptoms and Other Determinants of Infant Feeding			

This project addresses determinants of childhood obesity, measuring potential key contributors of maternal stress, sleep and infant feeding attitudes and plans during pregnancy, followed by maternal and infant sleep, maternal stress and infant feeding attitudes and behaviors during the first four months postpartum.

4/6/18 – 12/1/20 (NCE)	PI: Risica	Brown OVPR Seed Grant	Total Cost: \$95,000 (Total Costs)
<p>Right-sizing’ opioid prescriptions at hospital discharge post-cesarean delivery and hysterectomy</p> <p>This project addresses the critical need to decrease prescription opioids available for misuse using a collaborative approach between interdisciplinary investigators with complementary expertise to create and evaluate a multilevel, theory-based intervention (physician and patient-targeted) designed to facilitate the provision of “right-size” prescriptions (reduce left-over opioids while maintaining pain control) following CD or hysterectomy..</p>			

d. 8/1/14 – 5/30/19	Multiple PIs: Risica, Gans	National Institutes of Health- National Heart, Lung, Blood Institute R01 HL123016	Total Cost: \$4,062,878 (Total Costs)
<p>Improving Nutrition and Physical Activity Environments in Home-Based Child Care</p> <p>This project tests the efficacy of family child care home providers receiving telephone counseling from community health workers trained in motivational enhancement, in addition to tailored written and video materials provided over an eight month period. We are evaluating changes in the family child care home environment, child diet and physical activity during their child care day, provider thoughts and attitudes, and will explore changes in child BMI and waist circumference.</p>			

09/2014- 8/2019	Co-Investigator, PI of Subcontract PI: Bourjeily	National Institutes of Health- National Heart, Lung, Blood Institute R01HD078515	Total Cost: \$1,634,786
<p>Placental Role in Mediating Adverse Outcomes in Obstructive Sleep Apnea</p> <p>This study examines changes in fluid and fat in body composition during pregnancy among women with known obstructive sleep apnea along with resulting placental changes. My role in this project is to lead the body composition measurement protocol development and team training on body composition methods, as well as oversight of data cleaning and analysis of these data.</p>			

6/1/16 – 6/30/20	Co-Investigator, PI of Subcontract PI: Bourjeily	National Institutes of Health- National Heart, Lung, Blood Institute R01HL130702.	Total Cost: \$2,373,865
<p>Predictors of de Novo Development of Obstructive Sleep Apnea in Pregnancy</p>			

This study examines predictors of the development of obstructive sleep apnea, including obesity and weight gain during pregnancy. My role in this project is to lead the body composition measurement protocol development, team training and oversight of data cleaning and analysis.

09/2014 - 08/2015	Co-Investigator, PI of Subcontract PI: Weinstock.	Melanoma Research Alliance Team Science Award #305493	Total Cost: \$24,000
Reducing melanoma deaths with INFORMED: Consequences of screening			
05/2009 -11/2015	PI: Risica Originating PI: Gans	National Institutes of Health: National Cancer Institute NIH R01CA13339	Total cost: \$3,107,644
Innovative approaches to increase F&V intake thru worksites: The Fresh Initiative			
6/1997 – 5/2002	Co-Investigator PI: Lasater	National Institutes of Health- National Heart, Lung, Blood Institute R18-HL57457	Total Cost: \$2,232,521
Smoking cessation program for low income pregnant women			
6/1997 – 3/2004	Co-Investigator PI: Lasater	National Institutes of Health – National Cancer Institute R01 R01 CA74484	Total Cost: \$2,232,521
Weight control to prevent cancer in African Americans			
9/1998 – 8/2000	Co-Investigator PI: Gans	Ann. # 31.0. US Dept. of Agriculture, NRICGP	Total Cost: \$100,000
Factors affecting eating patterns and dietary change: A comparison by ethnicity			
5/1999 – 4/2003	Subcontract PI PI: Weinstock	National Institutes of Health – National Cancer Institute, R01 CA/AR78800	Total Cost: \$1,985,820
Skin self-examination for early detection of melanoma			
9/2000 – 2/2006	Co-Investigator PI: Gans	National Institutes of Health – National Cancer Institute, RO1 CA81828	Total Cost: \$2,019,576
Tailoring nutrition education for low-income audiences			
6/2001 – 5/2006	Co-Investigator PI: Gans	National Institutes of Health – National	Total Cost: \$3,559,597

		Cancer Institute, R01CA86066	
Innovative video tailoring for dietary change			
9/2001 – 8/2006	PI: Risica Originating PI: Lasater	National Institutes of Health – National Cancer Institute, 1R01HL69379	Total Cost: \$3,622,656
Adherence to weight loss for hypertension in AA women			
9/2003 – 7/2010	PI: Risica Originating PI: Lasater	National Institutes of Health - National Heart, Lung, Blood Institute, R01 HL070947	Total Cost: \$3,765,020
Reducing ETS exposure of pregnant women and newborns			
9/2004 – 8/2010	PI: Risica Originating PI: Lasater	National Institutes of Health - National Heart, Lung, Blood Institute, R01 HL77608	Total Cost: \$3,725,195
Postpartum maintenance of abstinence from tobacco			
10/2003 – 5/2005	Co-Investigator	Women & Infants Hospital	Total Cost: \$101,235
Center for Excellence in Women's Health			
4/2004 – 3/2008	Co-Principal Investigator/ Subcontract Principal Investigator. PI: Weinstock	National Institutes of Health – National Cancer Institute, CA106592	Total Cost: \$1,941,194
Efficacy of web-based training in skin cancer triage			
7/2004 – 6/2009	Subcontract Principal Investigator	Centers for Disease Control and Prevention	Total Cost: \$536,105
Initiative for Healthy Weight, RI Department of Health			
5/2007 - 4/2013	Principal Investigator	National Institute for Diabetes, Digestive and Kidney Diseases, R18 DK68525	Total Cost: \$3,203,866
SisterTalk @ Home: Home-based weight loss for African American women			

7/2007 – 6/2009	Investigator PI: Lawson	Rhode Island Department of Health	Total Cost: \$222,056
Initiative for Healthy Weight			

9/2007 – 9/2012	Co-Investigator PI: Buka/Phipps	Funded by a consortium of federal agencies including: the U.S. Department of Health and Human Services (the NICHD and the National Institute of Environmental Health Sciences within the NIH, and the Centers for Disease Control and Prevention) and the U.S. Environmental Protection Agency, HHSN267200700032C	Total Cost: \$1,005,650
National Children’s Study. Providence County			

9/2008 – 9/2013	Co-Investigator	Funded by a consortium of federal agencies including: the U.S. Department of Health and Human Services (the NICHD and the National Institute of Environmental Health Sciences within the NIH, and the Centers for Disease Control and Prevention) and the U.S. Environmental Protection Agency, HHSN275200800017C	Total Cost: \$600,088
National Children’s Study – Bristol County			

7/2009 – 5/2014	Subcontract Principal Investigator	National Institutes of Health – National Cancer Institute, R01CA137616	Total Cost: \$2,838,529
Motivating smokers with mobility impairments to quit smoking			

9/2009 - 7/2014	Co-Investigator PI: Eaton	National Institutes of Health – National Institute for Diabetes, Digestive and Kidney Diseases, R18 DK079880	Total Cost: \$3,451,885
Tailored lifestyle intervention in obese adults within primary care practice			
10/2009 - 6/2014	Subcontract Principal Investigator	Rhode Island Department of Health	Total Cost: \$892,817
Initiative for a Healthy Weight			
8/2011 - 2/2013	Co-Investigator PI: Gans	Robert Wood Johnson Foundation, Rapid-Response Grants, Active Living Research #69193	Total Cost: \$149,984
Evaluating the effectiveness of providing coaching and technical assistance during implementation of new school physical education (PE) law in RI			
4/2009 - 4/2015	Principal Investigator of Main Grant PI: Gans until 2015, contract to UConn	National Institutes of Health – National Cancer Institute 1R01CA134903	Total Cost: \$3,433,304
Fresh to you: Multilevel approaches in low income housing to increase F&V intake (Live Well Viva Bien)			

e. Proposals in Submission

Submitted 10/5/2022	PI: Risica, Gans, Tovar	National Institutes of Health - RO1	\$600,000
An innovative, multi-level, tailored intervention to improve Toddler, Preschooler and Provider Physical Activity in Family Child Care Homes			
Submitted 6/5/2022	PI: Risica, Gans, Tovar	National Institutes of Health - RO1	\$600,000
Healthy Start: An innovative, multi-level intervention with family child care providers and families to improve the dietary behaviors of preschool children			
Submitted 7/5/2022	PI: Tovar	National Institutes of Health - RO1	
Strong Families Start at Home/Familias Fuertes Comienzan en Casa: A novel Video and Motivational Interviewing Intervention to improve diet quality of low-income, ethnically diverse children			

Submitted 7/5/2022	PI: Tovar	National Institutes of Health - RO1	
Strong Families Start at Home/Familias Fuertes Comienzan en Casa: A novel Video and Motivational Interviewing Intervention to improve diet quality of low-income, ethnically diverse children			

7. Service

a. University service

Brown University

2010 – 2011	Search committee for Professor in the Behavioral and Social Sciences Section in the Department of Community Health
2010 – 2015	Committee on Research Faculty Resources and Professional Development Opportunities
2015 – 2017	Admissions Committee: Masters of Science in Epidemiology.
2015	Search committee for Professor in the Behavioral and Social Sciences Department/Institute for Community Health Promotion Director
2017 – 2019	Behavioral and Social Sciences Doctoral Program Admissions Committee
2015 – 2020	Undergraduate Concentration Advisor
2020 – present	Chair Undergraduate Studies / Curriculum Committee
2018 – present	Masters in Public Health Curriculum Committee
2018 – present	Nora Kahn Piore Award (Brown Intramural) Review committee
2020 – present	Office of the Vice President for Research Award Review Committee
2020 – present	Hassenfeld Child Health Innovation Institute Award Review Committee

b. Professional service

Professional Credentials

1987 – present	Registered Dietitian, Academy of Nutrition and Dietetics, #718402
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Rhode Island Public Health Association

1999 – present	Member
2000 – 2002	Membership Committee Chairperson
2002	President Elect
2003	President
2004	Communications Committee Chairperson, Nominations Chairperson
2005	Advocacy Committee Chairperson
2006 – 2008	Board Member
2008	Advocacy Committee Co-Chairperson
2009 - present	Advocacy Committee Chairperson
2017 - 2019	President

Society for Epidemiologic Research

1998 – present	Member
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2001 – 2012 **North American Association for the Study of Obesity**
2005 – 2012 Fellow of the North American Association for the Study of Obesity

American Public Health Association

1993 – present Member
1999 – 2001 Newsletter Editor, Food and Nutrition Section
2001 – 2002 Secretary Elect, Food and Nutrition Section
2002 – 2003 Secretary, Food and Nutrition Section
2004 – 2005 Section Council, Affiliate / Section Liaison, Food and Nutrition Section
Food and Nutrition Section Chair Award
2006 Chairperson Elect, Food and Nutrition Section
2007 Chairperson, Food and Nutrition Section
2008 Immediate Past Chair, Food and Nutrition Section
2008 – 2013 Chairperson, Communications Committee
2012 – present Action Board
2017 Joint Policy Council

American Dietetic Association

1987 – present Member
Rhode Island Dietetic Association
1998 – present Member
1993 – 1998 Alaska Dietetic Association
1987 – 1993 Maryland Dietetic Association
1994 – 1998 American Society for Circumpolar Health
1988 – 1993 American Society of Parenteral and Enteral Nutrition
1988 – 1993 Maryland Society for Parenteral and Enteral Nutrition
1989 – 1990 Secretary
1990 – 1992 Board Member
2004 – 2010 International Society for Behavioral Nutrition and Physical Activity

Editorial Board Positions

2018-2020 **Editorial Board**, Journal of Epidemiology and Public Health Reviews
2020 – present **Editorial Board**, Contemporary Clinical Trials

Journal Reviewer

1997 Reviewer, American Journal of Preventive Medicine
2000 Reviewer, International Journal of Obesity
2003 Reviewer, European Journal of Clinical Nutrition
Reviewer, Preventive Medicine
2004 Reviewer, Journal of Women's Health
2005 Writer, Medscape Continuing Medical Education
2005 Reviewer, American Journal of Human Biology
Reviewer, Ecology of Food and Nutrition
Reviewer, International Journal of Circumpolar Health
Reviewer, Food and Nutrition Bulletin
2006 Reviewer, Journal of Nutrition, Health and Aging

2007	Reviewer, American Journal of Public Health Reviewer, Nicotine & Tobacco Research Reviewer, Journal of Nutrition
2008	Reviewer, Journal of the American Dietetic Association Reviewer, Journal of Health Education and Research
2009	Reviewer, Journal of the Academy of Nutrition and Dietetics Reviewer, Journal of Nutrition
2010	Reviewer, International Journal of Circumpolar Health Reviewer, International Journal of Behavioral Nutrition and Physical Activity Reviewer, Obesity
2011	Reviewer, Appetite
2014	Reviewer, Obesity
2015	Reviewer, Preventive Medicine Reports Reviewer, Childhood Obesity Reviewer, Health Education Research
2016	Reviewer, PLOS One Reviewer, Journal of Epidemiology and Public Health Reviews Reviewer, BMC Public Health Reviewer, Journal of Addition Research & Therapy
2017	Reviewer, PLOS One Reviewer, Journal of Epidemiology and Public Health Reviews Reviewer, BMC Public Health

Study Section Memberships

2000	Dietetic Outcome Research Study Steering Committee, American Dietetic Association
2004	Small Business Innovation Research (SBIR): Metabolic, Physiological and Childhood Behavior and Education. Section ZRG1 RPHB-C (12)
2005	Study Section Review: Behavioral Approaches to Obesity and Weight Management. Section ZRG1 RPHB-A 03 M
2008	National Center for Research Resources, Science Education Partnership Award (SEPA), Section ZRR1 SEPA-6
2015	Study Section in the Center for Scientific Review (CSR) at NIH, Clinical and Integrative Diabetes and Obesity (CIDO)
2016 – 2018	Small Business Innovation Research (SBIR): Risk Prevention and Health Behavior. Section ZRG1 RPHB-C10
2019 – present	Special Emphasis Panel, ZRG1 DKUS-H (54) R

c. Community service

2009 – 2010	South County YMCA Swim Meet Official Level I
2011 – 2013	South County YMCA Swim Meet Official Level II
2011 – 2013	Narragansett School District Health and Wellness Committee
2011 – 2015	St. Peters by the Sea Community Mission and Outreach Council
2012 – present	St. Peters by the Sea Community Market Task Force (Food Pantry)

8. Academic honors, fellowships, and honorary societies

1991	Lydia J. Roberts Fellowship in Public Health Nutrition, The American Dietetic Association and the American Dietetic Association Foundation
1997	Elsa Orent Keiles Fellowship in Biochemistry and Human Nutrition in International Health
2003	Deans Award for Excellence in Teaching, Brown University School of Medicine
2005	Food and Nutrition Section, Chair Award, American Public Health Association
2020	Deans Award for Excellence in Mentoring, Brown University School of Public Health

9. Teaching

a. Regular courses

1992	Co-Course Master, Clinical Nutrition (Medical Students), 65 students, College of Medicine, University of Maryland Medical System, Baltimore, MD
1998 – 2000	Family Medicine / Community Health Clerkship Lecturer, Introduction to Epidemiology, Biomed 382 (Medical Students), 8 students, Brown University, Providence, RI
2000 – 2003	Co-Course Instructor, Nutrition Problems in the Developing World, BC 168.08. (Undergraduate), 20 students, Brown University, Providence, RI
2002 – 2003	Co-Course Instructor, Pathophysiology/Nutrition 281 (Medical Students), 65 students, Brown University, Providence, RI
2007 – 2008	Course Instructor, Community Nutrition (Graduate), Department of Nutrition and Food Sciences, 18 students, University of Rhode Island, Kingston, RI
2009 – 2010	Course Instructor, Nutritional Epidemiology (Undergraduate/Graduate), Program in Public Health, 15 students, Brown University, Providence, RI
2015	Course Instructor, Designing and Evaluating Public Health Interventions, PHP 2360 (Graduate), Brown University, Providence, RI
2015 – present	Course Instructor, Designer, World of Food: Personal to Global Perspectives on Nutrition, Agriculture and Policy.
2015 – 2016	Course Instructor, Principles of Health Behavior and Health Promotion Interventions, PHP 1740, Brown University, Providence, RI
2017 – present	Course Instructor, Design and Evaluation of Public Health Interventions, PHP 2355, Brown University, Providence, RI
2015 – present	Course Instructor, Introduction to Public Health, PHP 1001, online course for all graduate students and biostatistics undergraduates, Brown University, Providence, RI.

Other teaching

1987	Part-time Faculty, Nutrition in Health Sciences (Undergraduate), Community College of Baltimore, Baltimore, MD
1992	Part-time Faculty, General Nutrition (Undergraduate), Essex Community College, Baltimore, MD
1998 – 2001	Small Group Facilitator, Pathophysiology/Nutrition 281 (Medical Students) Brown University, Providence, RI
2000	Small Group Facilitator, Pathophysiology/Nutrition 281 (Medical Students) Brown University Medical School, Providence, RI
2001 – 2003	Guest Lecturer, Designing, Implementing and Evaluating Public Health Interventions, BC 236 (Graduate), Brown University, Providence, RI

2001 – 2004	Guest Lecturer, Health and Human Reproduction, BC 34 (Undergraduate), Brown University, Providence, RI
2002 – 2004	Co-Chairperson, Nutrition Theme Committee, Pathophysiology/Nutrition 281 (Medical Students) Brown University Medical School, Providence, RI
2004 – 2012	Lecturer, Pathophysiology/Nutrition 281 (Medical Students) Brown University Medical School, Providence, RI
2005 – 2007	Guest Lecturer, Epidemiology, Research Design and Methods (Graduate), Department of Nutrition, University of Rhode Island, Kingston, RI
2011 – 2013	Guest Lecturer, Designing and Evaluating Public Health Interventions, PHP 2360 (Graduate), Brown University, Providence, RI
2015 – present	Guest Lecturer, Introduction to Public Health, PHP 320 (Undergraduate), Brown University, Providence, RI
2019 – present	Guest Lecturer, Public Health Communications, PHP 2361 (Graduate), Brown University, Providence, RI
2019 – present	Guest Lecturer, Designing Education for Better Prisoner and Community Health., PHP 1820 (Undergraduate and Graduate), Brown University, Providence, RI
2020	Guest Lecturer, Senior Seminar, PHP 1910 (Undergraduate), Brown University, Providence, RI
2021	Guest Lecturer, Global Public Health Interventions, PHP 700 (Undergraduate), Brown University, Providence, RI
2020	Independent Study, PHP 2380, Anna Alikhani, Breastfeeding Interventions
2020	Independent Study, PHP 2380, Rachel Mealy, Multilevel Intervention Studies

b. GISPs and independent studies by number

c. Students advised

2015 – present Undergraduate Public Health Concentration Advisor (~40 students)

d. Honors, master's and Ph.D. theses directed

1. Senior Honors Thesis Reader for Brown undergraduate student (Nicholas Everage), 2000 – 2001
2. Senior Honors Thesis Advisor for Brown undergraduate student (Kathleen Maignan) 2001
3. Senior Honors Thesis Advisor for Brown undergraduate student (Melissa Rennison) 2001
4. Senior Honors Thesis Advisor for Brown undergraduate student (Margot Jackson) 2001 – 2002
5. Senior Honors Thesis Reader for Brown undergraduate student (Jessica Gonzalez) 2001 – 2002
6. Senior Honors Thesis Advisor for Brown undergraduate student (Almea Matanock) 2002 – 2003
7. Senior Honors Thesis Advisor for Brown Undergraduate student, (Lucy Weng), 2007 – 2008
8. Thesis reader for Brown Master of Public Health student, (Jennifer Mello), 2007 – 2008
9. Summer UTRA Advisor for Brown undergraduate student (Sofia Bengoa) 2008
10. Thesis Reader for Brown Master of Public Health student (Rachel Voss), 2009 – 2010
11. Summer UTRA Advisor for Brown Undergraduate (Erin Capra) 2012
12. Summer Internship Advisor for University of Tennessee undergraduate (Chelsi Cardoso) 2012
13. Capstone Project Advisor for The Ohio State University Master of Public Health student (Emma Esmont) 2012
14. Thesis Director for Brown Master of Public Health student (Sidra Scharff) 2011 – 2012
15. Thesis Director for Brown Master of Public Health student (Sarah Amin) 2011 – 2012

16. Thesis Director for Brown Master of Public Health student (Heather Butler) 2011 – 2012
17. Thesis Reader for Brown Master of Public Health student (Leah Dorfman) 2011 – 2012
18. Thesis Reader for Brown Master of Public Health student (Stacy Manolas) 2013
19. Senior Honors Thesis Advisor for Brown undergraduate student (Katherine DeAngelis) 2012 – 2013
20. Senior Honors Thesis Advisor for Brown undergraduate student (Ihiechi Ohia-Enyia) 2012 – 2013
21. Thesis Director for Brown Master of Public Health student (Heather Butler Felix) 2012 – 2013
22. Thesis Reader for Brown Master of Public Health student (Leah Dorfman) 2012 – 2013
23. Senior Honors Thesis Advisor for Brown Undergraduate student (Emma Lamoth) 2013 – 2014
24. Senior Thesis Reader for Brown Undergraduate student (Neesha Nama) 2013 – 2014
25. Thesis Director for Brown Master of Public Health student (Christina Hom) 2014 – 2015
26. Thesis Reader for Brown Undergraduate student (Katherine Mahoney) 2014 – 2015
27. Thesis Director for Brown Master of Public Health student (Esther Li) 2015 – 2016
28. Thesis Advisor for Brown Master of Behavioral and Social Health Sciences student (Laura Dionne) 2016 – 2017
29. Thesis Advisor for Brown Master of Behavioral and Social Health Sciences student (Adam Gavarkovs) 2016 – 2017
30. Senior Honors Thesis Advisor for Brown Undergraduate student (Kate Magid) 2016 – 2017
31. Senior Honors Thesis Advisor for Brown Undergraduate student (Kristin Parks) 2016 – 2017
32. Senior Honors Thesis Advisor for Brown Undergraduate student (Isabella Sorrento) 2016 – 2017
33. Senior Thesis Reader for Brown Undergraduate student (Kathryn Rule) 2016 – 2017
34. Independent Study (Nathan Deneshgar) 2016 – 2017
35. Thesis Director for Brown Master of Public Health student (Cassie Chase) 2017 – 2018
36. Senior Honors Thesis Advisor for Brown Undergraduate student (Kaitlyn Orona-Camacho) 2017 – 2018
37. Senior Honors Thesis Advisor for Brown Undergraduate student (Candy Xiao Rui) 2017 – 2018
38. Thesis Director for Brown Master of Public Health student (Kate Magid) 2017 – 2018
39. Senior Honors Thesis Advisor for Brown Undergraduate student (Hanna Shepherd) 2018 – 2019
40. Senior Honors Thesis Advisor for Brown Undergraduate student (Jacqueline Karpowicz) 2018 – 2019
41. Senior Honors Thesis Advisor for Brown Undergraduate student (Erin Miller) 2018 – 2019
42. Senior Honors Thesis Reader for Brown Undergraduate student (Jeremy Wang) 2018 – 2019
43. Senior Honors Thesis Reader for Brown Undergraduate student (Kaley O'Connor) 2018 – 2019
44. Thesis Advisor for Brown Master of Behavioral and Social Health Sciences student (Signe Burchim) 2018 – 2019
45. Thesis Reader for Brown Master of Public Health student (Summer Gonsalves) 2018 – 2019
46. Thesis Director for Brown Master of Public Health student (Kaitlyn Orona-Camacho) 2018 – 2019
47. Thesis Reader for Master of Epidemiology (Kari Kusler) 2018 – 2019
48. Thesis Advisor for Brown Master of Behavioral and Social Health Sciences student (Meagan McCardle) 2018 – 2020
49. Senior Honors Thesis Advisor for Brown Undergraduate (Public Health) student (Kaitlyn Rabb) 2019 – 2020
50. Senior Honors Thesis Advisor for Brown Undergraduate (Biostatistics) student (Sarah Fringer) 2019 – 2020
51. Senior Honors Thesis Advisor for Brown Undergraduate (Independent Concentration) student (Talia Curren) 2019 – 2020

52. Thesis Advisor for Brown Master of Behavioral and Social Health Sciences student (Tiffany Leyda) 2018 – 2020
53. Thesis Director for Brown Master of Public Health student (Francisco Marquez) 2018 – 2020
54. Thesis Director for Brown Master of Public Health student (Hanna Shepherd) 2019 – 2020
55. Thesis Director for Brown Master of Public Health student (Jacqueline Karpowicz) 2019 – 2020
56. Thesis Reader for Brown Master of Public Health student (Jeremy Wang) 2019 – 2020
57. Dissertation advisor for Brown Doctorate in Behavioral and Health Social Sciences student (Augustine Kang) 2017- 2020.
58. Mentor for President’s Diversity Post-Doctoral Fellow (Tayla Ash) 2018- 2020.
59. Dissertation advisor for Brown Doctorate in Behavioral and Health Social Sciences student (Anna Alikhani) 2019 – Present.
60. Thesis Director for Brown Master of Public Health student (Kelsey MacKinnon) 2020 – 2021
61. Thesis Director for Brown Master of Public Health student (Kaitlyn Rabb) 2020 – 2021
62. Senior Honors Thesis Advisor for Brown Undergraduate (Public Health) student (Alec Molve) 2019 – 2021
63. Senior Honors Thesis Advisor for Brown Undergraduate (Public Health) student (Madeline Noh) 2020 – 2021
64. Senior Honors Thesis Advisor for Brown Undergraduate (Public Health) student (Marielle Rogoff) 2020 – 2021
65. Senior Honors Thesis Reader for Brown Undergraduate (Public Health) student (Emily Oaks) 2020 – 2021
66. Senior Honors Thesis Reader for Brown Undergraduate (Public Health) student (Sophia Petrillo) 2020 – 2021
67. Senior Honors Thesis Reader for Brown Undergraduate (Public Health) student (Min Ji Koh) 2020 – 2021
68. Thesis Director for Brown Master of Public Health student (Josepha Carbera) 2020 – 2022
69. Thesis Director for Brown Master of Public Health student (Zhuoya Zhang) 2020 – 2022
70. Thesis Director for Brown Master of Public Health student (Tanesha Dudley) 2017 – 2022
71. Thesis Director for Brown Master of Public Health student (Meagan Ford) 2022-2023
72. Thesis Director for Brown Master of Public Health student (Emily Crommett) 2022-2023
73. Senior Honors Thesis Advisor for Brown Undergraduate (Public Health) student (Jihwan Hwang) 2022-2023
74. Senior Honors Thesis Reader for Brown Undergraduate (Public Health) student (Melinda Tidwell-Tores) 2022-2023
75. Thesis Reader for Brown Master of Public Health student (Sophia Petrillo) 2022-2023
76. Thesis Reader for Brown Master of Public Health student (Khiara Lee) 2022-2023
77. Thesis Reader for Brown Master of Public Health student (Elizabeth Bergeron) 2022-2023