

CURRICULUM VITAE
REBECCA NEWLAND KILCH, PH.D.

Bradley/Hasbro Children's Research Center, E.P. Bradley Hospital
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EDUCATION

Undergraduate B.A., Northwestern University, Evanston, IL, 2007
Psychology; Departmental Honors, Phi Beta Kappa, *Summa cum laude*

Graduate M.A., Arizona State University, Tempe, AZ, 2009
Psychology (Clinical); Child and Family Emphasis

 Ph.D., Arizona State University, Tempe, AZ, 2014
Psychology (Clinical); Child and Family Emphasis

Clinical Internship Geisinger Medical Center, Danville, PA, 2013-2014
APA-Accredited Pre-Doctoral Internship in Clinical Psychology
Child Clinical/Pediatric Psychology Track

POSTGRADUATE TRAINING

Fellowship Brown University Clinical Psychology Training Consortium
Alpert Medical School of Brown University, Providence, RI, 2014-2016
NIMH T32 Postdoctoral Fellow in Child Mental Health

POSTGRADUATE HONORS & AWARDS

Early Career Travel Award, Society for Research in Child Development Conference, 2017

PROFESSIONAL LICENSE AND BOARD CERTIFICATION

Licensed Psychologist PS01547
State of Rhode Island
February 2016 – Present

Infant Mental Health Mentor – Clinical (IMH-E ®, IV-C)
Rhode Island Association of Infant Mental Health
January 2019 – Present

Parent-Child Interaction Therapy (PCIT) Certified Therapist
PCIT International, Inc.
August 2019 – Present

ACADEMIC APPOINTMENTS

Assistant Professor, Clinician Educator
Department of Psychiatry and Human Behavior
Alpert Medical School, Brown University
July 2021 - Present

Assistant Professor (Research)
Department of Psychiatry and Human Behavior
Alpert Medical School, Brown University
July 2016 – June 2021

HOSPITAL APPOINTMENTS

Staff Psychologist
Bradley/Hasbro Children’s Research Center, E.P. Bradley Hospital
July 2016 – Present

Staff Psychologist
Rhode Island Hospital, Department of Child & Adolescent Psychiatry
July 2016 – Present

OTHER APPOINTMENTS

Outpatient Psychologist, Early Childhood Outpatient Program, Bradley Hospital/Lifespan
Physicians’ Group, 2014-present.

Integrated Care Psychologist, Hasbro Children’s Hospital Pediatric Primary Care, Screening to
Succeed, 2015-2016.

Director, Teen Anxiety Group, Bradley Children’s Hospital, 2016-2021.

PROFESSIONAL ACTIVITIES

Program Evaluation Director and Mental Health Consultant, SUCCESS Early Childhood Mental
Health Consultation in Early Care and Education, Rhode Island Department of Human Services,
Rhode Island Department of Education, 2015-present.

Program Evaluator and Reflective Practice Consultant, Office of Family Visiting/MIECHV,
Rhode Island Department of Health, 2016-present.

Selected Panelist, Delphi Study on "The Essential Activities of Infant and Early Childhood Mental Health Consultation," Center of Excellence for Infant & Early Childhood Mental Health Consultation, Georgetown University Center for Child & Human Development, 2021-2022.

HOSPITAL COMMITTEES

Member, Educational Programming Subcommittee, Anti-Racism Committee, Department of Psychiatry & Human Behavior, Alpert Medical School of Brown University, 2021-present.

MEMBERSHIP IN SOCIETIES

American Psychological Association

Division 53: Society of Clinical Child and Adolescent Psychology

*Infant & Early Childhood Special Interest Group; Education & Training
Workgroup Subcommittee*

Division 54: Society of Pediatric Psychology

Society for Research in Child Development

Rhode Island Psychological Association

Rhode Island Association of Infant Mental Health

ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS

1. Uttal, D. H., O'Doherty, K., **Newland, R.**, Hand, L. L., & DeLoache, J. (2009). Dual representation and the linking of concrete and symbolic representations. *Child Development Perspectives*, 3, 156-159. doi: 10.1111/j.1750-8606.2009.00097.x
2. **Newland, R. P.**, & Crnic, K. A. (2011). Mother-child affect and emotion socialization processes across the late preschool period: Predictions of emerging behaviour problems. *Infant and Child Development*, 20, 371-388. doi: 10.1002/icd.729
3. **Newland, R. P.**, Crnic, K. A., Cox, M. J., Mills-Koonce, W. R., & Family Life Project Key Investigators. (2013). The family stress model and maternal psychological symptoms: Mediated pathways from economic hardship to parenting across the infancy to preschool period. *Journal of Family Psychology*, 27, 96-105. doi: 10.1037/a0031112
4. **Newland, R. P.**, Ciciolla, L., & Crnic, K. A. (2015). Crossover effects among parental hostility and parent-child relationships during the preschool period. *Journal of Child and Family Studies*, 24, 2107-2119. doi: 10.1007/s10826-014-0012-7
5. **Newland, R. P.**, Parade, S., Dickstein, S., & Seifer, R. (2016). Goodness of fit between prenatal maternal sleep and infant sleep: Associations with maternal depressive symptoms and attachment security. *Infant Behavior and Development*, 44, 179-188. doi: 10.1016/j.infbeh.2016.06.010

6. **Newland, R. P.**, Parade, S., Dickstein, S., & Seifer, R. (2016). The association between maternal depression and sensitivity: Child-directed effects on parenting during infancy. *Infant Behavior and Development*, 45A, 47-50. doi: 10.1016/j.infbeh.2016.09.001
7. **Newland, R. P.**, & Crnic, K. A. (2017). Developmental risk and goodness of fit in the mother-child relationship: Links to parenting stress and children's behavior problems. *Infant and Child Development*, 26, e1980. doi: 10.1002/icd.1980.
8. Silver, R. B., **Newland, R. P.**, Hartz, K., Jandasek, B., Godoy, L., Lingras, K., Low, C., Dickstein, S., Campagna, K., Berger, B., & Seifer, R. (2017). Integrating early childhood screening in pediatrics: A longitudinal qualitative study of barriers and facilitators. *Clinical Practice in Pediatric Psychology*, 5, 426-440. doi: 10.1037/cpp0000214
9. Low, C., **Newland, R. P.**, Silver, R. B., Parade, S., Remington, S., Aguiar, S., & Campagna, K. (2018). Measuring Reflective Supervision within Home Visiting: Changes in Supervisors' Self-Perception Over Time. *Infant Mental Health Journal*, 39, 608-617. doi: 10.1002/imhj.21736
10. Parade, S. H., **Newland, R. P.**, Bublitz, M. H., & Stroud, L. R. (2019). Maternal witness to intimate partner violence during childhood and prenatal family functioning alter newborn cortisol reactivity. *Stress*, 22, 190-199. doi: 10.1080/10253890.2018.1501019
11. Westerberg, D., **Newland, R.**, Mendez, J. (2020). Beyond the Classroom: The Protective Role of Student-Teacher Relationships on Parenting Stress. *Early Childhood Education Journal*. doi: <https://doi.org/10.1007/s10643-020-01024-w>

BOOK CHAPTERS

1. Westerberg, D., **Newland, R.**, & Shepard Umaschi, S. (2017). The Incredible Years. In J. L. Lebow, A. Chambers, & D. C. Breunlin (eds.), *Encyclopedia of Couple and Family Therapy*. doi:10.1007/978-3-319-15877-8_381-1

OTHER NON-PEER REVIEWED PUBLICATIONS

*=student/trainee author

1. **Newland, R. P.** & Parade, S. H. (2016). Screening and treatment of postpartum depression: Impact on children and families. *The Brown University Child and Adolescent Behavior Letter*.
2. **Newland, R. P.**, *Ayoub, M., & Shepard Umaschi, S. (2018). What gets attention gets repeated: What we can learn about parenting from our pediatrician. *The Brown University Child and Adolescent Behavior Letter*.
3. **Newland, R.**, & Silver, R. B. (2020). Mental health consultation in education settings: Supporting grown-ups to better support kids. *The Brown University Child and Adolescent Behavior Letter*.

4. *Key, D., & **Newland, R.** (2020). Creating trauma narratives for young children. *The Brown University Child and Adolescent Behavior Letter*.
5. *Herman, R., & **Newland, R.** (2022). It Takes a Village: Broadening Coparent Support to Enhance Perinatal Mental Health. *The Brown University Child and Adolescent Behavior Letter*.

PUBLICATIONS SUBMITTED OR IN PREPARATION

1. Newland, R., Silver, R.B., *Herman, R. et al. (in preparation). Child-focused early childhood mental health consultation to support positive outcomes for children, families, and teachers.
2. Low, C.M., Silver, R.B., Newland, R. et al (in preparation). Implementation of a statewide framework for reflective supervision and infant/early childhood mental health consultation in home visiting.

PROGRAM EVALUATION REPORTS

Quarterly & Annual Program Evaluation Reports, SUCCESS Early Childhood Mental Health Consultation in Early Care and Education, Rhode Island Department of Human Services, 2017-present.

Quarterly & Annual Program Evaluation Reports, SUCCESS Early Childhood Mental Health Consultation in Early Care and Education, Rhode Island Department of Education, 2017-present.

ABSTRACTS

1. Noll, J. G., & **Newland, R. P.** (March 2006). *Effects of childhood sexual abuse on teen pregnancy and motherhood*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
2. Uttal, D. H., & **Newland, R. P.** (March 2007). *The development of children's understanding of letters as symbols: Insights from cognitive development and education*. In Learning and Transfer: Application of Developmental Psychology Research to Educational Issues. Paper presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.
3. **Newland, R.**, Uttal, D. H., & Liu Hand, L. (October 2007). *Children's emergent understanding of letters as symbols*. Poster presented at the biennial meeting of the Cognitive Development Society, Santa Fe, NM.
4. Ciciolla, L. **Newland, R.**, & Crnic, K. (March 2008). *The influences of mothers' perception of child behavior in developmentally delayed and typically developing children*. Poster presented at the annual Gatlinburg Conference, San Diego, CA.

5. Spitz, B. L., Turner, L. B., **Newland, R.**, & Shaker, A. (May 2008). *Gender similarities and differences in young adults' expectations for work and family*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
6. **Newland, R. P.**, & Crnic, K. A. (April 2009). *The effects of maternal affective behavior and child emotional expression on later child behavior problems: A mediational model*. Poster presented at the biennial meeting of the Society for Research on Child Development, Denver, CO.
7. **Newland, R. P.**, & Crnic, K. A. (March 2010). *Maternal psychological distress across the early childhood period: Implications for parenting*. In *Parenting in the Context of Developmental Difficulties: Perspectives on Parental Mental Health*. Symposium presented at the annual Gatlinburg Conference, Annapolis, MD.
8. Gerstein, E. D., **Newland, R. P.**, Kohner, S., & Crnic, K. A. (March 2010). *Observed family system interactions, parenting, and the development of child social competence*. In *Families and Children with DD: Perspectives Across the Developmental Period*. Paper presented at the annual Gatlinburg Conference, Annapolis, MD.
9. **Newland, R. P.**, & Crnic, K. A. (April 2011). *Regulatory competence in children with developmental risk: Identifying pathways of influence across early school age*. In *The Self-Regulation Skills of Children with Developmental and Intellectual Disabilities*. Paper presented at the biennial meeting of the Society for Research on Child Development, Montreal, QC, CA.
10. **Newland, R. P.**, Crnic, K. A., & Cox, M. J. (April 2011). *Effects of early hardship and economic strain over time on later parenting behaviors: Evidence for a depression specificity model*. Poster presented at the biennial meeting of the Society for Research on Child Development, Montreal, QC, CA.
11. Skelley, S., **Newland, R. P.**, Holly, L., & Crnic, K. A. (April 2011). *Affective expression in mothers and the emergence of emotion behaviors in preschoolers*. Poster presented at the biennial meeting of the Society for Research on Child Development, Montreal, QC, CA.
12. Roubinov, D., **Newland, R. P.**, & Luecken, L. (June 2012). *Effects of maternal prenatal depression in Mexican-American women: Implications for later infant temperament and physiological activity*. In *Maternal and Infant Consequences of Perinatal Stress and Depression in Low-Income Mexican-American Families*. Paper presented for the biennial meeting of the International Society on Infant Studies, Minneapolis, MN.
13. **Newland, R. P.**, Ciciolla, L., & Crnic, K. A. (April 2013). *Crossover effects among parental hostility and parent-child relationships during the preschool period*. Poster presented for the biennial meeting of the Society for Research on Child Development, Seattle, WA.

14. Gerstein, E., **Newland, R. P.**, & Crnic, K. A. (April 2013) *Family systems contributions to child competence: A mediational model*. Poster presented for the biennial meeting of the Society for Research on Child Development, Seattle, WA.
15. Lin, B., **Newland, R. P.**, Gerstein, E., Crnic, K. A., Blacher, J., & Baker, B. L. (April 2013). *Effects of parent-child and teacher-child relationships on child adjustment across the early school years*. Poster presented for the biennial meeting of the Society for Research on Child Development, Seattle, WA.
16. **Newland, R. P.**, & Crnic, K. A. (March 2015). *Goodness of fit in the mother-child relationship: Effects of developmental risk on relationship quality*. In Transactional Models of Parent-Child Relationships and Their Implications. Paper presented for the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
17. Hartz-Mandell, K., Silver, R., **Newland, R.**, Seifer, R., Jandasek, B., & Godoy, L. (May 2016). *Implementing early childhood preventive programs in community settings: Validating an implementation framework utilizing qualitative methods*. Poster presented for the annual meeting of the Society for Prevention Research, San Francisco, CA.
18. **Newland, R. P.**, Parade, S., & Seifer, R. (May 2016). *The association between maternal depression and sensitivity: Child-directed effects on parenting during infancy*. In Infant Development in the Context of their Caregivers. Paper presented for the biennial meeting of the International Congress on Infant Studies, New Orleans, LA.
19. *Rabemananjara, K., **Newland, R.**, Seifer, R., Berger, B., Campagna, K., Barone, A., & Parade, S. (April 2017). *The effects of adverse childhood experiences on maternal health in the prenatal period*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
20. Seifer, R., Parade, S., **Newland, R.**, & Dickstein, S. (April 2017). *Variability in temperament, variability in sleep, and associations with attachment and parenting sensitivity*. In Cross-Sectional and Longitudinal Links between Sleep and Temperament in Infancy and Childhood: The Role of Contextual Factors. Paper presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
21. **Newland, R. P.**, Silver, R., Hartz-Mandell, K., Jandasek, B., Campagna, K., Berger, B., & Seifer, R. (April 2017). *Early childhood screening in pediatric primary care: A qualitative study of barriers and facilitators to implementation*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
22. **Newland, R.**, Silver, R., Shepard Umaschi, S., Parade, S., Low, C., & Seifer, R. (October 2019). *Making the case for babies: Incorporating program evaluation into implementation of infant/early childhood services*. Presentation presented at the annual meeting of Zero To Three, Hollywood, FL.

23. Silver, R. B, **Newland, R.**, *Key, D., & Seifer, R. (June 2020). *Implementing IECMHC within early care and education settings: Small state adaptations*. In Infant and Early Childhood Mental Health Consultation: Contextual and Placed-Based Factors in Model Development and Evaluation Results. Paper accepted at/prepared for the annual meeting of the Society for Prevention Research. *Not presented due to COVID-19

OTHER PRESENTATIONS (Undergraduate Student & Research Assistant Mentoring)

24. *Feliz, P., **Newland, R.**, Low, C., Silver, R., Parade, S. H., Dickstein, S., & Seifer, R. (March 2015). *Developmental screenings in pediatric primary care: Associations between parent reported and clinical concerns across the preschool period*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
25. *Crider, C., Parade, S. H., **Newland, R.**, & Seifer, R. (March 2015). *Infant temperament predicts variability in infant sleep, but not infant sleep efficiency*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
26. *Rabemananjara, K., **Newland, R.**, Seifer, R., Berger, B., Campagna, K., Barone, A., & Parade, S. (March 2016). *The effects of adverse childhood experiences on maternal health in the prenatal period*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
27. *Ayoub, M., **Newland, R.**, Shepard Umaschi, S. (November 2016). *Incredible Years® Parent Group leader training: A model for the education of pediatric physicians-in-training on parenting strategies*. Poster presented at the Warren Alpert Medical School of Brown University Summer Research Showcase, Providence, RI.
28. *Pittman, J., *Contente, C., **Newland, R.**, Seifer, R., & Parade, S. (March 2018). *Maternal parenting stress is associated with adverse infant social and emotional development at six months postpartum*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
29. *Key, D., *Josefson, B., **Newland, R.**, & Silver, R. (March 2020). *The Preschool Expulsion Risk Measure (PERM) in early childhood mental health consultation: Examining demographic differences*. Poster prepared for Brown University Mind Brain Research Day, Providence, RI. *Not presented due to COVID-19

INVITED PRESENTATIONS (REGIONAL)

1. *Postpartum depression: Implications for mother-child relationships*. Geisinger Medical Center Grand Rounds. Danville, PA. May 2014.
2. *Healthy relationships in families*. Blackstone Public Library, Blackstone, MA. November 2014.

3. *The effects of toxic stress and trauma on early development.* East Bay Community Action Group Head Start Professional Development Pre-Service Training, Newport, RI. August 2016. (CE credits)
4. *Building positive relationships with young children: Discover more about strategies for enhancing parent-child relationships during early childhood.* Bradley Hospital Parenting Matters Conference, Barrington, RI. March 2016.
5. *Early childhood anxiety.* Brown/Fox Point Early Childhood Education Center Parent Workshop, Providence, RI. November 2017.
6. *Postdoctoral fellowships and career paths.* Lynn Community Health Center Psychology Seminar Series, William James College advanced graduate students and predoctoral interns, Lynn, MA. (Delivered virtually.) May 2021.
7. *Mental health consultation in educational settings: Applications in Rhode Island early learning environments.* Bradley Hospital Lunch & Learn Series, Riverside, RI. (Delivered virtually.) April 2022. (CME credits)

OTHER COMMUNITY PRESENTATIONS

1. *Parenting after divorce: Skills and strategies for your changing family.* Mesa Parent University, Mesa, AZ. September 2010.
2. *Effective discipline strategies.* King of Glory Church, Tempe, AZ. October 2010.
3. *Dealing with “teenage angst”: Parenting strategies with adolescents.* Mesa Parent University, Mesa, AZ. October 2011.
4. *Parenting after divorce.* Phoenix Children’s Hospital Didactic Presentation for Psychology Interns, Phoenix, AZ. May 2011, March 2013.
5. *Adolescent suicide.* Geisinger Medical Center Didactic Presentation for Nursing Staff. Danville, PA. October 2013.

GRANTS (AWARDED)

1. NIMH, 2T32MH019927-21. Research Training in Child Mental Health. A. Spirito, PI; R. Newland, Postdoctoral Fellow). 6/30/14 – 6/29/16.
2. Early Childhood Mental Health Consultation (ECMHC) Intervention Supports; Rhode Island Department of Education (R. Newland, Early Childhood Mental Health Consultant); 7/15-6/16.

3. SAMHSA 1H79SM062426. Linking Actions for Unmet Needs in Children's Health – Expansion (RI LAUNCH Expansion); Rhode Island Department of Health (R. Newland subcontract co-investigator); 10/1/15 – 9/30/20.
4. HRSA D89MC23156. Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Evaluation. Rhode Island Department of Health (R. Newland subcontract co-investigator). 8/16-9/20.
5. Evaluation of SUCCESS Program; Division of Child & Adolescent Psychiatry Clinical Research Grant Award (R. Newland, Principal Investigator); 9/19-9/20.
6. Early Childhood Mental Health Consultation (ECMHC); Rhode Island Department of Human Services (R. Newland, Program Evaluation Director/Early Childhood Mental Health Consultant); 10/16-present.
7. Early Childhood Mental Health Consultation (ECMHC) Intervention Supports, Rhode Island Department of Education (R. Newland, Program Evaluation Director/Early Childhood Mental Health Consultant), 1/18-present.

UNIVERSITY TEACHING, ADVISING, & MENTORING ROLES

Guest Lecturer, Clinical Interviewing graduate course, *Parent Training for Children with ADHD*, Arizona State University, 2011

Graduate Teaching Assistant, Psychological Processes of Individual Well-Being undergraduate course, Arizona State University, 2011-2012

Guest Lecturer, Abnormal Child Psychology undergraduate course, *Attention Deficit/Hyperactivity Disorder in Children*, Arizona State University, 2012

Guest Lecturer, Medical Aspects of Developmental Disabilities graduate course, *Infant and Preschool Child Behavioral Health Issues*, Rhode Island College, Providence, RI, 2015, 2016, 2017

HOSPITAL TEACHING, ADVISING, & MENTORING ROLES

Faculty Lecturer, Child Track Resident Seminar, *Research Feedback*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2016.

Faculty Lecturer, Important Topics in Child and Adolescent Psychiatry course, *Early Childhood and Parenting; Motivational Interviewing with Parents*, Child & Adolescent Psychiatry Training Program, Brown Medical School, East Providence, RI, 2016, 2017.

Faculty Lecturer, Pediatric Psychology Professional Development Series, *Consultation in Community Settings*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2017, 2018.

Faculty Lecturer, Introduction to Child Psychiatry/Intro Bootcamp, Child and Adolescent Psychiatry, *Parent Behavior Management Training*, Child & Adolescent Psychiatry Training Program, Brown Medical School, East Providence, RI, 2017, 2018.

Faculty Lecturer, Child Track Resident Seminar, *Integrated Care*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2017-2019.

Faculty Lecturer, Core Internship Seminar Series, *Licensure*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2017-2022.

Faculty Lecturer, Child Track Resident Seminar, *Early Childhood*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2020- 2022.

Faculty Lecturer, Core Internship Seminar Series, *Program Evaluation*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2017-2021.

Faculty Lecturer, Child Clinical Postdoctoral Specialty Program Seminar, *Child & Family Resources in Rhode Island*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2020, 2021.

Faculty Lecturer, Child Clinical Postdoctoral Specialty Program Seminar, *Case Conceptualization*, Clinical Psychology Training Consortium, Brown Medical School, Providence, RI, 2021.

Clinical Supervisor, Child & Adolescent Psychiatry Training Program, Brown Medical School, 2017-2018.

Clinical Supervisor, Early Childhood Supplemental Rotation, Clinical Psychology Resident Training Program, Brown Medical School, 2019-present.

Research Supervisor, Clinical Psychology Postdoctoral Training Program, Brown Medical School, 2018-present.

Clinical Supervisor, Clinical Psychology Postdoctoral Training Program/ Child Clinical Postdoctoral Specialty Program, Brown Medical School, 2019-present.

New Psychologist Mentor, Department of Psychology, E. P. Bradley Hospital, 2018-2019, 2021-present.

Mentor, Diversity Committee, Department of Psychiatry and Human Behavior, Brown Medical School, 2021-present.

JOURNAL PEER REVIEW

Ad-hoc Reviewer: *Anxiety, Stress, and Coping*
 Clinical Practice in Pediatric Psychology
 Infant Mental Health Journal
 Journal of Child and Family Studies
 Journal of Clinical Child and Adolescent Psychology
 Journal of Family Psychology
 Journal of Family Studies
 Journal of Pediatric Psychology
 Social Development
 Women & Health