

## Curriculum Vitae Rebecca K. Papas, PhD

Assistant Professor (Research),  
Department of Psychiatry and Human Behavior,  
Alpert Medical School of Brown University  
International Health Institute,  
Brown School of Public Health  
Email: [Rebecca\\_papas@brown.edu](mailto:Rebecca_papas@brown.edu)

*Campus address:*  
Staff Psychologist: PTSD, HIV, and  
HCV mental health services  
Providence VA Medical Center  
830 Chalkstone Avenue  
Providence, RI 02908

**Education:** B.S. Journalism, Boston University, 1987  
M.S. Clinical Psychology, University of Florida, 2000  
Ph.D. Clinical Psychology, University of Florida, 2004  
-concentration in health/medical psychology

### Graduate/Postgraduate Training:

2000 – 2003 Pre-doctoral Fellow, National Institutes of Health, National Institute of  
Mental Health, National Research Service Award, University of Florida,  
Gainesville, FL  
2003 – 2004 Clinical Health Psychology Resident, VA Connecticut Healthcare System,  
West Haven, CT  
- subconcentration in neuropsychology  
2004 – 2005 Post-doctoral Fellow, Section of Health Psychology, Department of  
Psychology, VA Connecticut Healthcare System, West Haven, CT  
2005 – 2007 Post-doctoral Fellow, Center for Interdisciplinary Research on AIDS,  
Department of Epidemiology and Public Health, Yale University School of  
Medicine, New Haven, CT

### Board Certification:

Licensed Clinical Psychologist, State of Connecticut Department of Public Health, 2006

### Professional Honors:

2000 – 2002 NIH NRSA Individual Pre-doctoral Fellowship Award (F31)  
2005 – 2007 NIH NRSA Institutional Post-doctoral Fellowship Award (T32)  
2008 Sponsored Fellow, National Institutes of Health OBSSR 2-week Summer  
Training Institute in Randomized Behavioral Trials, Warrenton, VA  
2014 NIH NIAAA SBIR Contract Review Panel for Topic 088

### Academic Appointments:

2007 – 2009 Associate Research Scientist, Section of General Internal Medicine,  
Department of Medicine, Yale University School of Medicine  
2010 – present Assistant Professor (Research), Department of Psychiatry and Human  
Behavior, Alpert Medical School of Brown University, Providence, RI

**Hospital Appointments:**

2010 – present	Staff Psychologist, Providence VA Medical Center, Providence, RI
2013 – present	Supervisor of HIV/HCV mental health services and HIV/HCV psychology postdoctoral fellowship, Providence VA Medical Center, Providence, RI

**Other Experience and Professional Memberships:**

Ad hoc reviewer, Journal of Pain  
 Ad hoc reviewer, Pain  
 Ad hoc reviewer, Psychology of Addictive Behaviors  
 Ad hoc reviewer, Addiction  
 Ad hoc reviewer, AIDS and Behavior  
 Ad hoc reviewer, Journal of Consulting and Clinical Psychology  
 Ad hoc reviewer, BMC Public Health  
 Ad hoc reviewer, Harvard Review of Psychiatry  
 Ad hoc reviewer, Social Aspects of HIV/AIDS Research Alliance Journal (SAHARA)  
 Ad hoc reviewer, Journal of Acquired Immune Deficiency Syndromes (JAIDS)

**Professional Committees and Activities:**

International Research Newsletter Editor, International Association for the Study of Pain, Special Interest Group on Sex, Gender and Pain,	2002-2005
Brown-Kenya Program Advisory Committee, Brown University	2010– present
Reviewer of grant applications, Brown University Global Health Initiative, Brown University	2012
Global Health Track Faculty Committee, Brown University School of Public Health	2014-present

**Brown University Teaching and Advisory Roles:**

2012 & 2013	<b>Guest lecturer, Brown International Advanced Research Institutes:</b> Global Health and HIV/AIDS, Brown University, Providence, RI
2012- 2014	<b>Guest lecturer, Global Burden of Disease course,</b> School of Public Health, Brown University, Providence, RI

**MPH Student Thesis Committees**

2012-2013	<b>Reader, MPH thesis,</b> Ampson Hagan, “Cardiovascular disease and diabetes comorbidity with depression among Chilean adults”
2013-2014	<b>Director, MPH thesis,</b> Stella Kiarie, “HIV prevalence and HIV-related risk factors among women in living in sub-Saharan Africa”

**Publications List:**

Original Publications in Peer-Reviewed Journals

- Papas, R.K.**, Robinson, M.E., & Riley, III, J.L. (2001). Perceived spouse responsiveness to chronic pain: Three empirical subgroups. *Journal of Pain*, 2, 262-269. [PMID: 14622805]
- Robinson, M.E., Riley, III, J.L., Myers, C.D., **Papas, R.K.**, Wise, E.A., Waxenberg, L.W., & Fillingim, R. (2001). Gender role expectations of pain: Relationship to sex differences in pain. *Journal of Pain*, 2, 252-257. [PMID: 14622803]
- Riley, III, J.L., Wade, J.B., Myers, C.D., Sheffield, D., **Papas, R.K.**, & Price, D.D. (2002). Racial/ethnic differences in the experience of chronic pain. *Pain*, 100, 291-298. [PMID: 12468000]
- Papas, R.K.**, Logan, H.L., & Tomar, S.L. (2004). Effectiveness of a community-based oral cancer awareness campaign. *Cancer Causes and Control*, 15(2), 121-131. [PMID: 15017124]
- Haskell, S.J., Heapy, A.H., Reid, M.C., **Papas, R.K.**, Kerns R.K. (2006). The prevalence and age-related characteristics of pain in a sample of women veterans receiving primary care. *Journal of Women's Health*, 15(7), 864-871. [PMID: 16999642]
- Hoffman, B.H., **Papas, R.K.**, Chatkoff, D., & Kerns, R.K. (2007). A meta-analysis of psychological interventions for chronic low back pain. *Health Psychology*, 26(1) 1-9. [PMID: 17209691]
- Haskell, S.J., **Papas, R.K.**, Heapy A.H., Reid M.C., Kerns R.K. (2008). The Association of Sexual Trauma with Persistent Pain in a Sample of Women Veterans Receiving Primary Care, *Pain Medicine*, 9(6), 710-7. [PMID: 18565005]
- Papas, R.K.**, Sidle, J.E., Martino, S., Baliddawa, J.B., Songole, R., Omolo, O.E., Gakinya, B.N., Mwaniki, M.M., Adina, J.O., Nafula, T., Owino-Ong'or, W.D., Bryant, K.J., Carroll, K.M., Goulet, J.L., Justice, A.C., Maisto, S.A. (2010). Systematic cultural adaptation of cognitive-behavioral therapy to reduce alcohol use among HIV-infected outpatients in western Kenya. *AIDS and Behavior*, 14(3), 669-78. [PMCID: 2949418]
- Papas, R.K.**, Sidle, J.E., Wamalwa, E.S., Okumu, T.O., Bryant K.J., Goulet, J.L., Maisto S.A., Braithwaite, R.S., Justice, A.C. (2010). Estimating alcohol content of traditional brew in western Kenya using culturally relevant methods: the case for cost over volume. *AIDS and Behavior*, 14(4), 836-44. [PMCID: 2909349]
- Papas, R.K.**, Sidle, J.E., Gakinya, B.N., Baliddawa, J.B., Martino, S. Mwaniki, M.M., Songole, R., Omolo, O.E., Kamanda, A. Owino-Ong'or, W.D., Harrington, M., Ayuku, D.O., Ojwang, C., Bryant, K.J., Carroll, K.M., Justice, A.C., Hogan, J.W., Maisto, S.A. (2011). Treatment outcomes of a Stage 1 cognitive-behavioral trial to reduce alcohol use among HIV-infected outpatients in western Kenya, *Addiction*, 106(12), 2156-66. [PMCID: 3208780]
- Papas, R.K.**, Gakinya, B.N., Martino, S., Baliddawa, J.B., Bryant, K.J., Meslin, E.M., Sidle, J.E. (2012). Ethical issues in a Stage 1 cognitive-behavioral therapy feasibility study and trial to reduce alcohol use among HIV-infected outpatients in western Kenya.

*Journal of Empirical Research on Human Research Ethics*, 7(3), 29-37. [PMCID: 3690819]

Under Review

Galárraga, O., Gao, B., Gakinya, B.N., Klein, D., Wamai, R.G., Sidle, J.E., **Papas, R.K.**  
Cost-benefit analysis: task-shifting alcohol interventions for HIV+ persons (Health Policy and Planning)

Book Chapters

**Papas, R.K.**, Belar, C.D., & Rozensky, R.H. (2004). The practice of clinical health psychology: professional issues. For inclusion in R. Frank, J. Wallander, & A. Baum (Eds.), *Handbook of Clinical Health Psychology, Volume 3*. Washington, DC: American Psychological Association.

**Papas, R.K.**, Riley, III, J.L., & Robinson, M.E. (2006). Multidimensional associations with health care use in the community. For inclusion in H. Flor, E. Kalso, & J. Dostrovsky (Eds.), *Proceedings of the 11<sup>th</sup> World Congress on Pain*. Seattle: IASP Press.

Other Non-Peer Reviewed Publications (Book)

(With **Papas, R.K.**) The Natural Medicine Collective (1995). *The Natural Way of Healing: Women's Health*. New York: Dell.

Abstracts

**Papas, R.K.** *A look at the relationships between employment field, level of education and job satisfaction in Hunter psychology alumni*. [Oral] 25th Annual Hunter College Psychology Convention in conjunction with the Society for Psychological Study of Social Issues, NY, NY, May, 1997.

Robinson, M.E., Riley, III, J.L., Myers, C.D., **Papas, R.K.**, Wise, E.A., Fillingim, R. *Gender role expectations of pain: Do they explain the sex differences?* [Poster] 18<sup>th</sup> annual scientific meeting of the American Pain Society, Ft. Lauderdale, FL, October, 1999.

Wise, E.A., **Papas, R.K.**, Campbell, L.C., Riley, III, J.L., & Robinson, M.E. *Cultural differences in experimental pain*. [Poster] 18<sup>th</sup> annual scientific meeting of the American Pain Society, Ft. Lauderdale, FL., February, 1999.

**Papas, R.K.**, Robinson, M.E., & Riley, III, J.L. *Spouse response to chronic pain: Three subgroups*. [Poster] 107<sup>th</sup> annual convention of American Psychological Association, Boston, MA, August, 1999.

Myers, C.D., Riley, III, J.L., **Papas, R.K.**, & Robinson, M.E. *A review of sex associated-behavior in health care utilization for pain*. [Poster] 19<sup>th</sup> annual scientific meeting of the American Pain Society, Atlanta, GA, November, 2000.

**Papas, R.K.**, Riley, III, J.L., Robinson, M.E., Myers, C.D. *Multidimensional prediction models of health care utilization*. [Poster] 19<sup>th</sup> annual scientific meeting of the American Pain Society, Atlanta, GA, November, 2000.

- Papas, R.K.**, Riley, III, J.L., Myers, C.D., Robinson, M.E., & Waxenberg, L.B. Sex-differentiated predictors of health care utilization. [Poster] 22<sup>nd</sup> annual meeting of the Society of Behavioral Medicine, Seattle, WA, March, 2001.
- Logan, H.L., Tomar, S.L., & **Papas, R.K.** *Predictors of perceived health status in a multi-ethnic urban sample.* [Poster], 24<sup>th</sup> annual meeting of the Society of Behavioral Medicine in Salt Lake City, Utah, March, 2003.
- Papas, R.K.**, Logan, H.L., & Tomar, S.L. *Predictors of perceived health status in a Hispanic urban sample.* [Poster] 24<sup>th</sup> annual meeting of the Society of Behavioral Medicine, Salt Lake City, Utah, March 2003.
- Logan, H.L., Tomar, S.L., **Papas, R.K.**, & Loree, M. *Effectiveness of a community-based oral cancer awareness campaign.* [Oral] CDC's 2003 Cancer Conference, Atlanta, GA, September, 2003.
- Papas, R.K.**, Riley, III, J.L., & Robinson, M.E. *Caregiver trust and expectations about care: Race and ethnic differences in health care visits for pain.* [Poster] 25<sup>th</sup> annual scientific meeting of the American Pain Society, Boston, MA, March, 2005.
- Papas, R.K.**, Riley, III, J.L., & Robinson, M.E. *Attitudes and pain-related impact variables: Stronger predictors of health care use for pain than pain ratings.* [Poster] 11<sup>th</sup> World Congress on Pain, Sydney, Australia, August, 2005.
- Papas, R.K.**, Thirumurthy, H., Zivin, J.G., & Goldstein, M. *Gender-related risk factors for physical partner violence among HIV patients and non-diagnosed community residents of rural western Kenya.* [Published abstract]. XVI International AIDS Conference Proceedings. August, 2006.
- Fiellin, D.A., McGinnis, K.A., **Papas, R.K.**, Maisto, S.A., Justice, A.C. *Measuring Alcohol Consumption Using Time-Line Follow-Back In Patients Without And With HIV Infection: 7, 14, Or 30 Day Recall?* [Poster] Research Society on Alcoholism Annual Meeting, Washington, DC, June 27-July 2, 2008.
- Papas, R.K.**, Ayuku, D., Sidle, J.E., Omolo, O.E., Baliddawa, J.B., Songole, R., Owino-Ong'or, W. Wamalwa, E.S., Nafula, T., Martino, S., Maisto, S.A. Goulet, J.G. Justice, A.C. *A Stage 1 Cognitive Behavioral Trial to Reduce Alcohol Use among HIV-Infected Kenyans.* [Oral] Research Society on Alcoholism Annual Meeting, Washington, DC, June 27-July 2, 2008.
- Papas, R.K.**, Sidle, J.E., Wamalwa, E.S., Okumu, T.O., Bryant, K.L., Goulet, J.L., Maisto, S.A., Braithwaite, R.S., Justice, A.C. *Estimating alcohol content of traditional brew in resource-limited Kenya using culturally relevant methods: the case for cost over volume.* [Poster] 30<sup>th</sup> annual meeting of the Society of Behavioral Medicine, Montreal, Canada, April, 2009.
- Papas, R.K.**, Ayuku, D.O., Sidle, J.E., Baliddawa, J.B., Omolo, O.E., , Songole, R., Owino-Ong'or, W., Maisto, S.A., Martino, S., Goulet, J.G. Justice, A.C. *Pilot results of a systematic cultural adaptation of cognitive-behavioral treatment to reduce alcohol abuse among HIV-infected outpatients in western Kenya.* [Poster] Research Society on Alcoholism Annual Meeting, San Diego, CA, June 20-24, 2009.

**Papas, R.K.**, Gakinya, B.N., Sidle, J.E., Martino, S., Baliddawa, J.B., Carroll, K.M., Maisto, S.A. Gender differences in drinking, mood symptoms and risk behaviors among HIV-infected outpatients in western Kenya. [Poster] Accepted for presentation at Research Society on Alcoholism Annual Meeting, Orlando, FL, June 22-26, 2013.

Galárraga, O., Gao, Burke, Gakinya, B.N., Klein, D., Wamai, R.G., Sidle, J.E., **Papas, R.K.** Taskshifting to reduce alcohol use in HIV+ persons in Kenya: Return on investment. [Poster] Brown University Public Health Research Day, Brown University, Providence, RI. April 15, 2014

### Invited Presentations and Panels:

Invited speaker: **Cultural differences in experimental pain perception**, Medical Psychology Clinical and Research Seminar, University of Florida, Gainesville, FL, February, 1999.

Invited speaker: **An Introduction to cognitive behavioral methods in the pain management group**, Medical Psychology Clinical and Research Seminar, University of Florida, Gainesville, FL, March, 2002.

Invited speaker: **Sociocultural issues in diagnosis and treatment-seeking for chronic pain in the US**, University of Durban-Westville, Durban, South Africa, August 2003.

Invited speaker: **Meeting the challenges in South Africa of the HIV/AIDS crisis: Lessons Learned from the US**, University of Durban-Westville, Durban, South Africa, August 2003.

Invited speaker: **Introduction to clinical health psychology for non-medical and private practice settings**, Annual Meeting of the Connecticut Psychological Association, CT, October, 2004.

Invited lecture: **Culture, race and disability: Multidimensional pathways**, Health Psychology Speaker Series, Quinnipiac University, Hamden, CT, September, 2004.

Invited lecture: **The practice of clinical health psychology in medical settings: Professional issues**, Psychology Core Colloquium, VA Connecticut Healthcare System, West Haven, CT, November, 2005.

Invited lecture: **Alcohol & HIV in Kenya**, Center for Interdisciplinary Research on AIDS Seminar Series, Yale University School of Medicine, New Haven, CT, May, 2007.

Invited speaker and participant: **Uganda Family Planning Association Symposium of Yale Research**, Yale University, New Haven, CT, May, 2007.

Invited speaker: **A stage 1 behavioral trial to reduce alcohol use among HIV-infected Kenyans** Department of Medicine Conference. VA Connecticut Healthcare System, West Haven, MA, June, 2007.

Invited speaker: **Update and challenges of implementing manualized CBT in Western Kenya**, Yale Psychotherapy Development Center Seminar Series, Yale University School of Medicine, January, 2008.

Invited speaker: **A stage 1 behavioral trial to reduce alcohol use among HIV-infected Kenyans: *Current Progress***, Section of General Internal Medicine Research Seminar, Yale University School of Medicine, January, 2008.

Invited speaker: **Symposium on International Behavioral Interventions**, Research Society on Alcoholism 32<sup>nd</sup> Annual Meeting, Washington, DC, June 27-July 2, 2008.

Invited speaker and participant, **Alcohol-related risks for HIV Infection in African American Women: Prevention and Research Challenges**, National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, Rockville, MD, May 8-9, 2008.

Invited speaker: **Pilot results from a stage 1 cognitive behavioral trial to reduce alcohol use among HIV-infected Kenyans**, Yale Center for Interdisciplinary Research on AIDS, AIDS Science Day, New Haven, CT, April 1, 2009.

Invited speaker: **Adapting a cognitive behavioral intervention to reduce alcohol use among HIV-infected outpatients in western Kenya**, Lifespan/Tufts/Brown Center for AIDS Research Seminar Series, Brown University, Providence RI, January 22, 2010.

Invited speaker: **Cognitive behavioral therapy to reduce alcohol use among HIV-infected outpatients in Kenya**, Annual Meeting of the North American Consortium of the AMPATH collaboration, Brown University, Providence, RI, April 16, 2010.

Invited speaker: **Addressing the Role of Alcohol and Alcohol Treatment in HIV Transmission and Progression**, Satellite Conference of the Research Society on Alcoholism 33<sup>rd</sup> Annual Meeting, San Antonio, TX, June 26, 2010.

Invited speaker: **Treatment outcomes from a stage 1 cognitive behavioral trial to reduce alcohol use among HIV-infected Kenyans**, Yale Psychotherapy Development Center Seminar Series, Yale University School of Medicine, New Haven, CT, September, 2010.

Invited speaker: **A Stage 2 cognitive behavioral trial to reduce alcohol among HIV-infected Kenyans: (Reduce Alcohol First in Kenya Intervention) RAFIKI**, Moi University School of Medicine and AMPATH Centre, Eldoret, Kenya. Research Colloquium Series. March 2012

Invited speaker: **Reduce Alcohol First in Kenya Intervention (RAFIKI): A Stage 2 Cognitive Behavioral Trial**, West Haven VA Medical Center, West Haven, CT. Psychology Colloquium Series. May 2012.

Invited speaker: **Behavioral approaches to alcohol-HIV risk reduction in resource-limited settings**, Brown International Advanced Research Institutes: Global Health and HIV/AIDS, Brown University, Providence, RI. June 19, 2012.

Invited speaker: **Behavioral intervention approaches to HIV and alcohol risk reduction**, Brown International Advanced Research Institutes: Global Health and HIV/AIDS, Brown University, Providence, RI. June 12, 2013.

Invited panelist: **The State of Healthcare in Africa**, sponsored by Brown University Medical School, African Students Association, Minority Association of Pre-Med Students, and Distinguished Nigerian Physicians of Tomorrow, Brown University, Providence, RI. April 18, 2014.

**Grants:**

ACTIVE

Agency: NIH/NIAAA  
I.D.# R01 AA020805  
Title: "A Stage 2 cognitive-behavioral trial: Reduce Alcohol First in Kenya Intervention (RAFIKI)"  
P.I.: Rebecca Papas, Ph.D.  
Percent effort: 35%  
Total costs for project period: \$2,783,785  
Project period: 09/15/2011 – 08/31/2016  
Role on project: Principal Investigator

PAST

Agency: NIH/NIAAA  
I.D.# R21 AA016884  
Title: "Alcohol & HIV in Kenya: Stage 1 trial of a peer-led alcohol behavior intervention"  
P.I.: Rebecca Papas, Ph.D.  
Percent effort: 25%  
Total costs for project period: \$329,085  
Project period: 07/10/2007 – 12/31/2010  
Role on project: Principal Investigator

Agency: NIH/NIMH  
I.D.# F31 MH12880 – National Research Service Award  
Title: "Sex-Related Predictors of Health Care Use for Pain"  
P.I.: Rebecca Papas, Ph.D.  
Percent effort: 100%  
Total costs for project period: \$46,726  
Project period: 08/01/2000 – 07/31/2002  
Role on project: Principal Investigator