

**Curriculum Vitae  
Shirley Yen, Ph.D.**

**Date Prepared:** 1/13/21  
**Name:** Shirley Yen, Ph.D.  
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**Place of Birth:** Taipei, Taiwan

**Education:**

1990	B.A. (Phi Beta Kappa)	Psychology	University of Chicago
1995	M.A.	Clinical Psychology	Duke University
1998	Ph.D.	Clinical Psychology (Clive Robins, Ph.D.)	Duke University

**Postdoctoral Training:**

7/97-6/98	Intern / Clinical Fellow	Clinical Psychology	Massachusetts Mental Health Center (MMHC) / Harvard Medical School
7/98-6/00	T32 Postdoctoral Research Fellow	Clinical Psychology (M. Tracie Shea)	Brown Medical School

**Faculty Academic Appointments:**

7/00-6/01	Instructor	Psychiatry and Human Behavior	Brown Medical School
6/01-7/13	Assistant Professor (Research)	Psychiatry and Human Behavior	Brown Medical School
7/13-6/17	Associate Professor (Research)	Psychiatry and Human Behavior	Warren Alpert Medical School at Brown University

7/17-10/19	Associate Professor	Psychiatry and Human Behavior	Warren Alpert Medical School at Brown University
10/19-	Associate Professor	Psychiatry	Harvard Medical School

**Appointments at Hospitals/Affiliated Institutions:**

9/05-	Clinical Psychologist	Psychiatry	Butler Hospital, Providence, RI
7/18-	Clinical Psychologist	Psychiatry	Massachusetts Mental Health Center, Boston, MA

**Other Professional Positions:**

2016-2018	Consultant (approximately 4 hours / year)	Janssen LLC
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**Major Administrative Leadership Positions:**

**Local**

2002-2010	Co-director Training and Assessment Unit; Department of Psychiatry and Human Behavior	Brown Medical School
2008-2018	Course Director: Personality Disorders Module; Department of Psychiatry and Human Behavior	Warren Alpert Brown Medical School
2010-2018	Director Training and Assessment Unit; Department of Psychiatry and Human Behavior	Warren Alpert Brown Medical School
2018-	Director of Psychology Training	Massachusetts Mental Health Center at Beth Israel Deaconess Medical Center

**Committee Service:**

**Local**

1995	Graduate Student Admissions Committee;	Duke University; Student Representative
2015-2018	Butler Hospital Institutional Review Board	Butler Hospital, Providence RI

2015-2018; IRB Consultant for  
Subspecialty

2014-	Data Safety and Monitoring Board Committee: "Biomarkers, social, and affective predictors of suicidal thoughts and behaviors in adolescents" PI: Nugent (R01 MH105379); DSMB Chair	Rhode Island Hospital, RI
2014-	Data Safety and Monitoring Board Committee: "Social Contexts Following Trauma" PI: Nugent (R01 MH108641); DSMB Chair	Rhode Island Hospital, RI
2015-	Emergency Digital Health Innovation: Faculty Member	Rhode Island Hospital
2018-	Appointments and Promotions Committee	Beth Israel Deaconess Medical Center
2018-	Education Committee	Beth Israel Deaconess Medical Center
2018-	Psychiatry Research Committee	Beth Israel Deaconess Medical Center
2018-	Faculty Scholarly Projects Working Group	Beth Israel Deaconess Medical Center
2018-	HMS Research Committee	Harvard Medical School

## **Regional**

2002	Dissertation Committee for Alice Nichols, Clinical Psychology Doctoral Candidate	University of Rhode Island
2011-2015	Data Safety and Monitoring Board Committee: "Psychoeducation of Borderline Patients" PI: Zanarini (R34 MH095818)	McLean Hospital, MA;
2018-	Data Safety and Monitoring Board Committee: "COGFLEX: Pilot Translational Intervention for Pediatric Bipolar Disorder" PI; Dickstein (R33 MH096850)	Bradley Hospital, RI:

## National

2003	Workshop on Drug Abuse and Suicidal Behavior	National Institute on Drug Abuse, NIH
2014	Expert Panel, Early Identification, Prevention, and Intervention for Borderline Personality Disorder	National Education Alliance for Borderline Personality Disorder, New York, NY
2015-2017	Data Ethics Committee	Crisis Text Line
2020	Master's Thesis Committee for Eric Sumlin, Clinical Psychology Doctoral Candidate; Dissertation Committee Date TBD	University of Houston, TX
2020	Dissertation Committee for Katherine Tezanos, Clinical Psychology Doctoral Candidate	Teachers College, Columbia University, NY

## International

2017	Dissertation Committee for Holly Andrewes, Clinical Psychology Doctoral Candidate; External Reader	University of Melbourne, Australia
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## Professional Societies:

1998-	American Psychological Association	
2000- 2015	Association for Cognitive and Behavioral Therapies	Member, Abstract Selection Committee
2003-	International Society for the Study of Personality Disorders	
2012- 2016-2018 2012-	North American Society for the Study of Personality Disorders	Program Committee Board Member, Secretary
2014-	Global Alliance for Prevention and Early Intervention for BPD	Member by Invitation

2015- Society for a Science of Clinical Psychology

2016- Society for Affective Science

**Grant Review Activities:**

2002-2017	NIMH Special Emphasis Panel SRG ZMH1 SRV-C (01) 2002 SRG ZMH1 ERB-I (03) 2011 SRG ZMH1 ERB-I (02) 2013 SRG ZMH1 ERB-I (02) 2017 SRG RZMH1 ERBK (03) 2017	National Institute of Mental Health Ad hoc Member Ad hoc Member Ad hoc Member Ad hoc Member Ad hoc Member
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2003-2004	Grant Reviewer 2003 2004	Ontario Mental Health Foundation Ad hoc Reviewer Ad hoc Reviewer
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2007	Grant Reviewer 2007	National Alliance for Research on Schizophrenia and Depression (NARSAD) Ad hoc Reviewer
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2007	NIMH Interventions Committee for Disorders Related to Schizophrenia, Late Life or Personality IPSP Study Section	National Institute of Mental Health Ad hoc Member
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2011	NIMH Special Emphasis Panel / Scientific Review Group	National Institute of Mental Health Ad hoc Member
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2013	NIMH Interventions Conflict Panel March 2013 August 2013 October 2013	National Institute of Mental Health Ad hoc Member Ad hoc Member Ad hoc Member
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2014	NIH Transformative Research Award Program SRG (2014/05 ZRG1 BCMB-A51) 2014 (2014/07 ZGM1 TWD-8 (SC)) 2014	National Institute of Health Ad hoc Member Ad hoc Member
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2015	NIMH R34 Pilot Effectiveness and Services SRG ZMH1 ERB-K (08)	National Institute of Mental Health Ad hoc Member
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2015	NIMH R34 Effectiveness/Services Clinical Trials SRG ZMH1 ERB-K (01)	National Institute of Mental Health Ad hoc Member
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2016	NIMH R01 Clinical Trials to Test the Effectiveness of Treatment, Prevention, and Services Interventions SRG (2016/05 ZMH1 ERB-K (04) R	National Institute of Mental Health Ad hoc Member
2016	NIH Stress and Psychopathology SRG (2017/01 ZRG1 BBBP-J (04)	National Institute of Health Ad hoc Member
2017	NIMH R34 Pilot Effectiveness Trials for Treatment, Prevention, and Service Interventions SRG (2017/10 ZMH1 ERB-B (01)	National Institute of Health Ad hoc Member
2018	NIMH RFA Addressing Suicide Research Gaps: Aggregating and Mining Existing Data Sets for Secondary Analyses SRG (2018/2 ZMH1 ERB-B 03 S)	National Institute of Health Ad hoc Member
2018	NIMH PAR Panel: Systems Science and Health in the Behavioral and Social Sciences (2018/3 ZRG1 HDM-W 58 R)	National Institute of Health Ad hoc Member
2018	NIH Risk Prevention and Health Behavior SBIR/STTR Review Panel	National Institute of Health Ad hoc Member
2018	Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel (RPHB 12) Review Group	National Institute of Health Ad hoc Member
2019	NIMH Pilot Effectiveness Trials for Treatment, Preventive, and Services Interventions	National Institute of Health Ad hoc Member
2020	NIMH Addressing Suicide Research Gaps Videoconference Review Meeting	National Institute of Health Ad hoc Member
2021	NIMH Fellowships: Risks, Prevention and Health Behavior 2021/05 ZRG1 F16-L (20) L	National Institute of Health Ad hoc Member

**Editorial Activities:**

**Ad hoc Reviewer**

American Journal of Orthopsychiatry  
Archives of General Psychiatry  
Archives of Suicide Research

Behavioral Research and Treatment  
 Borderline Personality Disorder and Emotion Dysregulation  
 British Journal of Psychiatry  
 Cognitive and Behavioral Practice  
 Cognitive Therapy and Research  
 Comprehensive Psychiatry  
 Cultural Diversity and Ethnic Minority Psychology  
 Depression and Anxiety  
 Drug and Alcohol Dependence  
 Early Intervention in Psychiatry  
 Harvard Review of Psychiatry  
 Journal of Abnormal Psychology  
 Journal of Abnormal Child Psychology  
 Journal of Child and Adolescent Psychology  
 Journal of Affective Disorders  
 Journal of Clinical Child and Adolescent Psychology  
 Journal of Clinical Psychiatry  
 Journal of Clinical Psychology  
 Journal of Cognitive Psychotherapy  
 Journal of Consulting and Clinical Psychology  
 Journal of Mental and Nervous Disease  
 Journal of Psychiatric Practice  
 Personality and Mental Health  
 Psychiatric Services  
 Psychiatry Research  
 Psychological Assessment  
 Psychological Medicine  
 Psychological Reports  
 Psychology of Addictive Behaviors  
 Plos One  
 Schizophrenia Research  
 Suicide and Life Threatening Behavior  
 Stress and Health

**Other Editorial Roles**

2008-	Editorial Board	Personality Disorders: Theory, Research, and Treatment
2013-	Editorial Board	Journal of Personality Disorders

**Honors and Prizes:**

1992-1997	Duke University Graduate Fellowship	Duke University	Full stipend and scholarship for doctoral studies
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1996-1997	International Social Science Research Council Predissertation Fellowship	Ford Foundation	Dissertation proposal
1996-1997	Graduate Student Fellow	Institute of Psychology, Chinese Academy of Sciences, Beijing, People's Republic of China	Dissertation proposal
2001	Young Investigator's Award	Association for Clinical Psychosocial Research	Research Abstract
2020	Faculty Mentorship Award	Beth Israel Deaconess Medical Center	

## **Report of Funded and Unfunded Projects**

### **Funding Information:**

#### **Past**

1995-1996	Cross-cultural Influences in the Manifestation of Depressive Symptoms Ford Foundation: Social Science Research Council PI This grant examined how depressive symptoms are manifested in a clinical sample in China, a student sample in China, and a student sample in the United States, to elucidate the roles of stigma, culture, and acculturation in symptom manifestation and reporting.
1999-2000	Emotional Experiencing in Women with Borderline Personality Disorder Executive Committee on Research Award, Department of Psychiatry and Human Behavior, Brown Medical School PI This grant examined emotion regulation profiles in women with borderline personality to identify characteristics associated with an over-regulated profile vs. an under-regulated profile.
2000-2009	Collaborative Longitudinal Study of Personality Disorder NIH 5 R01 MH50837 Co-investigator (PI: M. Tracie Shea) This grant examined the longitudinal course and outcome of four personality disorders, (borderline, schizotypal, avoidant, and obsessive-compulsive), compared to major depressive disorder without personality disorders. An additional aim was to examine the construct validity of these disorders and compare categorical and dimensional conceptualizations.
2000-2005	Collaborative OCD Genetics Study NIH R01 MH50214 Independent Diagnostician (PI: Gerald Nestadt)



The multi-site study aimed to examine phenotypic and genotypic markers of OCD in a large sample of sibling pairs affected with OCD, their parents, and additional affected relatives.

- 2004-2007 Emotional Processing in Borderline Personality Disorder  
NIH R34 MH04006  
Co-investigator (PI: Brett Litz)  
This grant examined the emotional processing of individuals with borderline personality disorder when faced with interpersonal challenge tasks.
- 2005-2010 Dispositional Affect, Family Environment and Adolescent Suicidality  
NCE NIH K23 MH069904  
2010-2012 PI  
This career-development award provided the PI with training in research with suicidal adolescents. The research study examined prospective predictors of suicidal behaviors over six-months of follow-up, in adolescents hospitalized due to suicide risk.
- 2010-2011 Incorporate Suicide Prevention Knowledge and Skills into Rhode Island's MPH and Medical School Curricula  
SAMSHA 5-22105  
Co-investigator  
This grant aimed to incorporate online resources on suicide prevention into the MPH and Medical School Curricula in Rhode Island.
- 2011-2014 Coping Long Term with Attempted Suicide – Adolescents  
NCE NIH R34 MH090147  
2014-2015 MPI  
This treatment development grant adapted the Coping Long Term with Attempted Suicide program (CLASP) for use in adolescents (CLASP-A). The aim was to examine the feasibility and acceptability of CLASP-A delivered to adolescent admitted due to suicide risk, during their inpatient hospital admission.
- 2011-2016 Course and Outcome of Bipolar Youth  
NCE NIH 5R01 MH059691  
2016-2018 MPI: Yen, Keller  
The purpose of this multisite, long-term prospective naturalistic study of 400 children, adolescents, and young adults with bipolar disorder was to investigate how the phenomenology, treatment responsiveness, and course of bipolar disorder are influenced by the developmental transitions from childhood through young adulthood.
- 2012-2017 Intensive Outpatient Therapy for High Risk Suicidal Teens  
NIH R01 MH097703  
Co-investigator (PI: Anthony Spirito)  
The purpose of this study was to conduct a two group RCT to test the primary aim that an intensive outpatient protocol designed to treat depressed, suicidal adolescents with an additional complicating risk factor, substance use and/or nonsuicidal self-injury, will produce better treatment outcomes than standard care.
- 2012-2017 Adolescents with Major Depression and AUD: Community-based Integrated Treatment  
NIH R01 AA020705

- Co-investigator (PI: Anthony Spirito)  
 The purpose of this study was to conduct a randomized clinical trial comparing Cognitive Behavioral Therapy - Intergrated (CBT-I) for adolescents with MDD and AUD to standard care, i.e. an eclectic mix of CBT and other techniques (CBT-standard Care: CBT-SC) in a community mental health clinic.
- 2013-2016 Skills to Enhance Positivity in Suicidal Adolescents  
 NCE NIH R34 MH101272 Yen (PI)
- 2016-2017 PI  
 This treatment development project aimed to develop a personalized multi-modal intervention to increase positive affect and decrease suicidal ideation in adolescents admitted to the inpatient psychiatric unit for suicide risk. Skills and psychoeducation were delivered in-person sessions and reinforced through text-messaging.
- 2014-2018 Life Stressors, Impulsivity, and Adolescent Behaviors  
 NIH R01 MH101138  
 Co-investigator (PI: Richard Liu)  
 The purpose of this multi-wave longitudinal study was to examine the interrelationship between life stressors and neurocognitive and neurobehavioral dimensions of impulsivity in explaining how past suicide attempts are associated with risk for future attempts in adolescent inpatients.
- 2015-2018 Suicide Risk Reduction in the Year Following Jail Release: The SPIRIT Trial  
 NIH 5U01 MH106660  
 Safety Officer (MPI: Jennifer Johnson/Lauren Weinstock)  
 The purpose of this study was to evaluate the effectiveness and cost-effectiveness of the Safety Planning Intervention (SPI) to prevent suicide behaviors in the 12 months following jail detention.
- 2016-2017 Adolescents Coping with Co-occurring Early Psychosis and Suicidality: A Parent  
 NCE Training Intervention  
 2018 American Foundation for Suicide Prevention SRG-0-158-14  
 The purpose of this pilot study was to develop an integrated, adjunctive, hybrid intervention program for adolescents with psychosis and suicidality using an acceptance-based framework, and to test its feasibility and acceptability.
- 2016-2019 Skills to Enhance Positivity in Young Adults  
 Private Anonymous Donor  
 PI (\$100,000)  
 The purpose of this study is to develop a multimodal group based intervention for depressed young adults to increase attention to positive affect. Delivery of skills occurs in in-person group sessions as well daily remote delivery via SMS.
- 2017-2019 Co-investigator/Mobile Application to Improve Post Discharge Outcomes for  
 Psychiatric Patients  
 This project is a pilot study of an app for skills use and safety planning for suicidal adolescents.
- 2017-2020 Brief Alcohol Intervention and mHealth Booster for Suicidal Adolescents  
 NIH R34 AA025763

Co-investigator (PI: Kimberly O'Brien)

The purpose of this grant is to develop and test a mHealth booster to accompany a brief motivational enhancement intervention for adolescents psychiatrically hospitalized for suicide risk who drink alcohol.

2017-2019  
(NCE)  
2020

Suicidal and Nonsuicidal Self-Injurious Behavior in Sexual Minority Youth  
NIH R21 MH113183  
MPI: Yen, Mereish (\$302,957)

The purpose of this study is to examine the factors that lead LGBT youth to have higher rates of suicidal and nonsuicidal self-injurious behaviors. Specific factors include the role of emotion regulation, low self-esteem, interpersonal rejection sensitivity, and stresses and experiences unique to LGBT populations (e.g., minority stress).

## Current

2018-2023

2/2 Predicting Adult Outcome of Bipolar Youth  
NIH R01 MH112543  
PI (\$816,248)

The purpose of this multi-site longitudinal study is to examine course and outcome of bipolar youth as they age into early and middle adulthood. Using this data and data from other studies, we seek to build risk calculators to help predict illness outcome.

2018-2021

Adaptation and Pilot Study of Yoga to Reduce Depression in Adolescents  
NIH R34 AT009886  
MPI: Yen, Uebelacker (\$516,978)

The purpose of this project is to modify yoga intervention for depressed adolescents and pilot the intervention. We will then conduct a randomized clinical trial comparing yoga to group Cognitive Behavioral Therapy - for adolescents with MDD.

2018-2021

Reducing the Duration of Untreated Illness Among Youth in the Juvenile Justice System with Psychosis-Spectrum Disorders  
NIH R34MH115457  
Co-investigator (PI: Spirito)

The goal of this study is to assess a two-phase intervention (a referral for a positive screening, followed by an enhanced referral/linkage to care intervention) that targets 12-17-year old juvenile offenders who are court involved but not incarcerated (CINI) and who screen positive in a routine jail-diversion screening program.

2019-2023

Mental Health New England Technology Transfer Center (MH-NETT)  
SAMSHA H79SM081775-01  
Co-investigator (PI: Larry Davidson, Ph.D.; Site PI at BIDMC: Matcheri Keshavan, MD)

The primary goal of this project is to develop a regional MH-NETT Center to provide consultation, training, and technical assistance to mental health practitioners across New England.

## Projects Submitted for Funding

- 2020 InVEST: Individualized Vocational and Educational Support and Training for Clinical High Risk for Psychosis (CHR-P)  
R34 MH12882649  
Co-investigator (MPI: West; Friedman-Yakoobian)  
The purpose of this project is to develop and pilot a vocation/education support program to be delivered adjunctively to services in a coordinated specialty clinic for individuals at clinical high risk for psychosis.
- 2020 Skills to Enhance Positivity (STEP) for Adolescents at Risk for Suicide  
NIH R01MH123556  
Principal Investigator  
The goal of this study is to examine a multi-modal positive affect intervention involving in-person sessions delivered during an inpatient admission as well as messages delivered via app post-discharge, to adolescents admitted due to suicide risk, to determine whether the program is effective in reducing suicide events.

### **Training Grants and Mentored Trainee Grants**

- 2013-2018 Research Training in Child Mental Health  
NIH T32 MH019927  
Faculty  
This program trains PhD and MD postdoctoral fellows to carry out independent research in departments of child and adolescent psychiatry while receiving training in grant writing, data analysis, and design of research studies.
- 2016-2018 Creating Implicit and Phenomenological Assessments of Nonjudgmental Orientation to Experience  
Mind and Life Institute  
Mentor of PI Jessica Peters  
The proposed study will develop two task-based measures of nonjudgmental orientation: (1) the Phenomenological Nonjudgment Writing Task, a writing task coded for nonjudgmental qualities of thinking, and (2) the Nonjudgment Implicit Association Task, an objective implicit task assessing the strength of associations between judgments and emotions.
- 2018-2023 Anger Rumination in the Development of Psychopathology  
NIH K23 MH112889  
Mentor of PI Jessica Peters  
This career development award aims to provide training in developmental psychopathology, clinical neuroscience and neuroimaging, and network analysis. The research study tests a novel theory that anger rumination functions as a directly rewarding but maladaptive emotion regulation strategy that confers risk on a neurological level for the development of the reactive, impulsive, and aggressive habits characteristic of a broad range of psychopathology, including borderline personality disorder and addictive disorders.
- 2019-2024 Brief Intervention Targeting Concerned Significant Others of Individuals with Untreated Psychosis: A Pilot Feasibility Trial  
NIH K23 MH118373  
Co-Mentor of PI Emily Kline

The goal of this K23 is to support the awardee to become an independent clinical trials investigator testing creative solutions to address the problem of untreated first episode psychosis in the community. Training aims include: a) develop methodological expertise in clinical trial design; b) develop statistical expertise in longitudinal data analysis, group-by-time interactions, and time-to-event outcomes, c) learn concepts of implementation science in order to support the dissemination of effective new practices. The research aim is to develop and pilot a brief cognitive-behavioral intervention that targets parents and other concerned significant others (PCSO) of individuals with psychosis (IP) who refuse treatment

2020-2022 A qualitative study of psychosis and suicidality to inform safety planning for high-risk teens  
 ASFP YIG-1-167-19  
 Mentor of PI Elizabeth Thompson  
 The goal of this study is to qualitatively explore co-occurring STBs, psychosis-spectrum experiences, and other mental health symptoms among CHR teens psychiatrically hospitalized for acute safety concerns, and then develop a safety plan specifically tailored to CHR teens.

### **Report of Local Teaching and Training**

#### **Teaching of Students in Courses:**

1996	Psychology of Women Undergraduate Students	Duke University 3-hr sessions daily for 4 weeks
2001-2005	Personality Disorders 3 <sup>rd</sup> /4 <sup>th</sup> Year Medical Students	Brown Medical School 4 hours/year
2001-2005	Psychotherapy 3 <sup>rd</sup> /4 <sup>th</sup> Year Medical Students	Brown Medical School 4 hours/year
2015-2018	Independent Readings in Psychology Undergraduate Students	Brown University 1 hour seminar/week during each academic year

#### **Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs):**

2001	Treatment of Posttraumatic Stress Disorder T-32 Postdoctoral Fellows	Brown Medical School 1 hour/year
2001-2007	Assessment of Personality Disorders PGY 3 Residents	Brown Medical School 1 hour/year
2004-2007	Managing High-Risk Patients / Dialectic Behavior Therapy	Brown Medical School 1 hour/year

PGY 4 Residents

2005-2011	Psychiatry Resident Journal Club PGY 3 Residents	Brown Medical School 1-hr/week seminar for each academic year (September through May)
2007-2018	Personality Disorders in the Elderly Geriatric Psychiatry Fellows	Warren Alpert Brown Medical School 1 hour/year
2007-2018	Managing High-Risk Patients PGY 1/2 Residents	Warren Alpert Brown Medical School 1 hour/year
2007-2018	Personality Disorders PGY 1/2 Residents	Warren Alpert Brown Medical School 2 hours/year
2010-2018	Personality Disorders in Children and Adolescents Child Psychiatry Fellows	Warren Alpert Brown Medical School 2 hours/year
2019-	Cognitive Behavioral Therapy for Psychosis PGY 1 Residents / Clinical Psychology Interns	Massachusetts Mental Health Center / Harvard Medical School

**Clinical Supervisory and Training Responsibilities:**

2015-2018	Postdoctoral fellows in clinical psychology at Alpert Brown Medical School	One hour per week individually
2018-	Clinical psychology interns at MMHC	One hour per week individually
2019-	PGY-3 Psychiatry Residents	One hour every two weeks individually

**Laboratory and Other Research Supervisory and Training Responsibilities:**

1999-2018	Training on psychodiagnostic interview assessments such as the Structured Clinical Interview for DSM-IV/5 Disorders (SCID), Structured Interview for DSM-IV Personality Disorders (SIDP), Kiddie Schedule for Affective Disorders and Schizophrenia (KSADS), Longitudinal Interval Follow-up Evaluation (LIFE)	Full day trainings on average 4 times per year.
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## Other Mentored Trainees and Faculty:

- 2008-2009 Jessica Lipschitz, Ph.D. / Instructor in Psychiatry, Associate Director, Digital Behavioral Health & Informatics Research Program at Brigham and Women's/HMS. Career stage: research assistant. Mentoring role: mentor. Accomplishments: first-authored scholarship of mentored research.
- 2009-2010 Christina Boisseau, Ph.D. / Associate Professor, Department of Psychiatry and Behavioral Sciences (Psychology), Northwestern Feinberg School of Medicine. Career stage: intern. Mentoring role: research mentor. Accomplishments: first-authored scholarship of mentored research.
- 2010-2011 Edward Selby, Ph.D. / Associate Professor, Department of Psychology, Rutgers University. Career stage: intern. Mentoring role: research mentor. Accomplishments: multiple first-authored scholarship of mentored research.
- 2012-2013 Lindsey Stone, Ph.D. / Assistant Professor of Psychology, Christopher Newport University. Career stage: intern. Mentoring role: research mentor. Accomplishments: first-authored scholarship of mentored research.
- 2013-2014 Jessica Ribiero, Ph.D. / Assistant Professor of Psychology, Florida State University. Career stage: intern. Mentoring role: research mentor. Accomplishments: first-authored scholarship of mentored research.
- 2014-2015 Shubh Agrawal. Career stage: undergraduate. Mentoring role: honors thesis advisor. Accomplishments: Psychology honors thesis.
- 2015- Jessica Peters, Ph.D. / Assistant Professor in the Department of Psychiatry and Human Behavior, Warren Alpert Brown Medical School. Career stage: intern, post-doctoral fellow. Mentoring role: research mentor. Accomplishments: two grants, multiple first-authored scholarship of mentored research.
- 2016-2017 Leah Brogan, Ph.D. / Post-doctoral Psychology Fellow in the Center for Injury Research and Prevention at the Children's Hospital of Philadelphia. Career stage: intern. Mentoring role: mentor. Accomplishments: collaborated on developing a treatment protocol.
- 2016-2017 Kate Stewart, Ph.D. / Post-doctoral Psychology Fellow at the Providence VA. Career stage: post-doctoral fellow. Mentoring role: mentor. Accomplishments: co-authored scholarship of mentored research.
- 2016-2017 Ellen Darling, Ph.D. / Post-doctoral Psychology Fellow at the Counseling and Psychological Services at Brown University.

Career stage: post-doctoral fellow. Mentoring role: mentor. Accomplishments: co-authored scholarship of mentored research.

- 2016- Erica Lee, Medical Student at Warren Alpert Brown Medical School  
Career stage: undergraduate, medical school student. Mentoring role: thesis advisor.  
Accomplishments: Honors biology thesis, presentation at multiple local and national conferences, first-authored scholarship of mentored research.
- 2017-2018 Michelle Lin  
Career stage: undergraduate. Mentoring role: thesis advisor. Accomplishments:  
Honors biology thesis, presentation at local conferences, authorship on manuscript in preparation.
- 2018- Emily Kline, Ph.D.  
Career stage: Assistant Professor. Mentoring role: Co-mentor on K23 award.
- 2018- Michelle West, Ph.D.  
Career stage: Instructor. Mentoring role: Provide mentorship on Dr. West's first PI submission of NIMH grant, to be re-submitted June 2020.
- 2019- Ian Halim, M.D.  
Career stage: PGY1 Psychiatry Resident, BIDMC. Mentoring role: Faculty mentor
- 2020- Elizabeth Thompson, Ph.D.  
Career Stage: Assistant Profesor. Mentoring role: Mentor on AFSP grant.  
Accomplishments: Awarded Young Investigator Innovation Grant

**Formal Teaching of Peers (e.g., CME and other continuing education courses):**

***No presentations below were sponsored by outside entities***

2006	Mindfulness and Radical Acceptance Butler Hospital CE	Single presentation Providence, RI
2011	Cognitive and Affective Perceptions of Acutely Suicidal Patients Suicide Workshop for Staff, Butler Hospital CME	Single presentation Providence, RI
2014	Self-Injurious Behaviors in Children and Adolescents Psychological Centers, CE Workshop	Single presentation Providence, RI
2017	Suicidal and Self-Injurious Behaviors in Youth with Borderline Personality Disorder Features NEA-BPD Call-in Series	Single presentation Webinar
2020	Suicidal Behavior in Clinical High Risk Populations	Single Presentation



	Mental Health Technology Transfer Center	Webinar
2020	Safety Planning and Risk Management in Psychosis Spectrum Disorders during COVID-19 Pandemic Mental Health Technology Transfer Center	Single Presentation Webinar

**Local Invited Presentations:**

***No presentations below were sponsored by outside entities***

1996	Multi-disciplinary perspectives of mental illness in China / Colloquium Presentation Department of Psychology, Duke University.
2017	Supporting Parents in Coping with Psychosis in Their Children / “Lunch and Learn” Bradley Hospital, Providence, RI.
2017	Resolving Controversies in Pediatric Bipolar: Lessons from the Course and Outcome of Bipolar Youth (COBY) Study / Grand Rounds Bradley Hospital, Providence, RI.
2017	Skills to Enhance Positivity in Suicidal Adolescents / Grand Rounds Center for Alcohol and Addiction Studies at Brown University School of Public Health
2018	Suicidal and Self-Injurious Behaviors in Youth with Borderline Personality Disorder (BPD) Features / Grand Rounds, Massachusetts Mental Health Center, Boston, MA
2019	Positive Psychology Interventions: Applications to Clinically Acute Populations / Grand Rounds, Harvard Longwood Program, Boston, MA
2020	Safety Planning Intervention for Suicide Risk Management: Covid-19 Challenges / Grand Rounds, Harvard Longwood Program, Boston, MA
2020	Suicide and Self-injurious Behaviors in Sexual and Gender Minority Youth, Grand Rounds, Beth Israel Deaconess Medical Center, Boston, MA

**Report of Regional, National and International Invited Teaching and Presentations**

***No presentations below were sponsored by outside entities***

**Regional**

2001	Does culture influence psychiatric symptom manifestation? A study of mental health in China / Invited speaker at South Cove Community Mental Health Center, Boston, MA.
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- 2005 Predictors of Suicide Behaviors: A Summary of Findings from the Collaborative Longitudinal Personality Disorders Study / Invited speaker at Laboratory for the Study of Adult Development, McLean Hospital; Belmont, MA
- 2006 PROJECT ASPIRE: Adolescent Suicidality: Predicting Increased Risk from Emotional Functioning. / Invited speaker at Laboratory for the Study of Adult Development, McLean Hospital; Belmont, MA
- 2007 Future Directions: Collaborative Longitudinal Personality Disorders Study. / Invited speaker at Laboratory for the Study of Adult Development, McLean Hospital; Belmont, MA
- 2008 BPD in Suicidal Adolescents: Preliminary Findings from Project ASPIRE. / Invited speaker at Laboratory for the Study of Adult Development, McLean Hospital; Belmont, MA
- 2009 Risk Factors for Suicidal Behaviors / Colloquiem presentation Department of Psychology, Wesleyan University, Middletown, CT
- 2011 Prospective Predictors of Suicide Events. / Invited speaker at Laboratory for the Study of Adult Development, McLean Hospital; Belmont, MA
- 2014 Skills to Enhance Positive Affect in Suicidal Adolescents. / Invited speaker at Laboratory for the Study of Adult Development, McLean Hospital; Belmont, MA
- 2017 Suicidal and Self-Injurious Behaviors in Youth with Borderline Personality Disorder Features. Plenary speaker at the 13<sup>th</sup> annual Yale NEA-BPD Conference: New Haven, CT

## **National**

- 1996 Factors influencing somatization among a Chinese population. Invited presentation at the Social Science Research Council Conference; Park City, Utah.
- 2000 Diagnostic stability of personality disorders: Association with the course of Axis I disorders over time (selected oral abstract)  
Society for Research in Psychopathology annual meeting  
Boulder, CO
- 2002 Presence and course of Axis I disorders as predictors of suicide attempts in a personality disorder sample (selected oral abstract)  
American Psychiatric Association annual meeting  
Philadelphia, PA
- 2004 A cross-cultural comparison of depressive symptom manifestation: China and the United States (selected oral abstract)  
Society for the Study of Psychiatry and Culture annual meeting

Providence, RI

- 2007 Negative affectivity and disinhibition as prospective predictors of suicide attempts (selected oral abstract)  
American Psychiatric Association annual meeting  
San Francisco, CA  
*\* Delivered in absentia due to maternity leave*
- 2009 Borderline personality disorder in suicidal adolescents (selected oral abstract)  
American Psychiatric Association annual meeting  
San Francisco, CA
- 2012 Prospective predictors of recurrent suicidal behaviors in adolescents (selected oral abstract)  
American Psychiatric Association annual meeting  
Philadelphia, PA.
- 2013 Effect of time-varying comorbidity on the longitudinal course of pediatric bipolar (selected oral abstract).  
American Academy of Child and Adolescent Psychiatry annual meeting  
Orlando, FL; October 2013.
- 2013 Coping Long Term with Active Suicide Program – Adolescents (selected oral abstract).  
Advancement of Behavioral and Cognitive Therapy annual meeting  
Nashville, TN.
- 2013 Emotion Regulation in Borderline Personality Disorder (Invited discussant in selected oral symposium).  
Advancement of Behavioral and Cognitive Therapy annual meeting  
Nashville, TN.
- 2014 Coping Long-Term with Active Suicidality – Adolescents: Results from a Randomized Controlled Trial (invited oral abstract).  
Advancement of Behavioral and Cognitive Therapy annual meeting  
Philadelphia, PA.
- 2016 Course of Suicidal Ideation in Suicidal Adolescents: Six Months of Prospective Follow-Up Following Discharge from an Inpatient Adolescent Unit (selected oral abstract).  
North American Society for the Study of Personality Disorders annual meeting  
New York City, NY.
- 2017 Personality Disorders and Criteria as Predictors of Suicide Attempts in the Collaborative Longitudinal Study of Personality Disorders (CLPS): 10 Years of Follow-Up (selected oral abstract).  
American Psychiatric Association annual meeting  
San Diego, CA.
- 2017 Skills to Enhance Positivity in Suicidal Adolescents (selected oral abstract).

International Summit for Suicide Research / American Foundation for Suicide Prevention bi-annual meeting  
Henderson, NV; November 2017

- 2019 Skills to Enhance Positivity in Suicidal Adolescents (selected oral abstract)  
Positive Emotions Preconference / Society for Affective Sciences annual meeting  
Boston, MA
- 2019 Enhancing Positivity in Suicidal Adolescents with BPD Traits (selected oral abstract)  
American Psychiatric Association annual meeting  
San Francisco, CA
- 2020 Borderline Personality Disorder in Bipolar Young Adults: Findings from the Course and Outcome of Bipolar Youth (selected oral abstract)  
International Society of Bipolar Disorders  
Video-Conference due to COVID-19

### **International**

- 2001 Emotional experiencing in women with borderline personality disorder (selected oral abstract). International Society for the Study of Personality Disorders bi-annual meeting  
New York, NY.  
*Congress cancelled due to terrorism concerns following 9/11.*
- 2003 Impact of recent life events in personality disorder individuals (selected oral abstract).  
International Society for the Study of Personality Disorders bi-annual meeting  
Florence, Italy.
- 2010 Borderline personality disorder in suicidal adolescents (selected oral abstract).  
International Congress on Borderline Personality Disorder annual meeting  
Berlin, Germany.

### **Report of Clinical Activities and Innovations**

#### **Current Licensure and Certification:**

- 2000- Licensed Psychologist, State of Rhode Island and Providence Plantations  
2009- Licensed Psychologist, Commonwealth of Massachusetts

#### **Practice Activities:**

- 2002-2006 Clinical Psychologist Thundermist Health Center, Up to 3 hours per week  
Woonsocket, RI

## Clinical Innovations:

- Digital App I am part of a team of psychologists and app developers, seeking to develop and pilot a digital app to provide skills, delivered daily, and also available on-demand. I am consulting specifically on app content. This app is currently being used in the RI Department of Health Youth Suicide Prevention Project (RIYSPP), funded by SAMHSA Garrett Lee Smith grant.
- Skills to Enhance Positivity I developed a multi-modal (in-person/text-messaging) intervention, initially piloted in an inpatient setting to reduce suicidal behavior and emergency interventions in suicidal youth. This intervention was competitively selected for funding by an anonymous donor, and piloted in an outpatient setting for young adults as well as a college counseling center. STEP has been integrated into a digital app.

## Educational Material for Patients and the Lay Community:

***Books, monographs, articles and presentations in other media (e.g., video and websites, movies, television and radio) that educate the public about medicine, health or biomedical sciences***

- |       |  |           |   |
|-------|--|-----------|---|
| 2012- | Suicide Prevention Information and Resources for Educators | Co-author | <a href="http://biomed.brown.edu/spire/">http://biomed.brown.edu/spire/</a> |
|-------|--|-----------|---|

## Report of Scholarship

### Peer-Reviewed Scholarship in print or other media:

### Research Investigations

1. Brummett BH, Barefoot JC, Feaganes JR, **Yen S**, Bosworth, HB, Williams, RB, Siegler, IC. Hostility in Marital Dyads: Associations with Depressive Symptoms. *Journal of Behavioral Medicine*, 2000 23:95-105. (PMID: 10749013; DOI: 10.1023/a:1005424405056)
2. **Yen S**, Robins CJ, Lin N. A cross-cultural comparison of depressive symptom manifestation: China and the United States. *Journal of Consulting and Clinical Psychology*. 2000 68:993-999. (PMID: 11142551; DOI: 10.1037//0022-006x.68.6.993)
3. **Yen S**, Shea MT, Battle C, Johnson D, Zlotnick C, Dolan-Sewell R, Skodol AE, Grilo CM, Gunderson JG, Sanislow CA, Zanarini MC, Bender DS, BameRettew J, McGlashan TH. Traumatic exposure and posttraumatic stress disorder in borderline, schizotypal, avoidant and obsessive-compulsive personality disorders: Findings from the Collaborative Longitudinal Personality Disorders Study. *Journal of Nervous and Mental Disease*. 2002 190:510-518. (PMID: 12193835; DOI: 10.1097/00005053-200208000-00003)
4. **Yen S**, Zlotnick C, Costello E. Affect regulation in women with borderline personality disorder traits. *Journal of Nervous and Mental Disease*. 2002 190:693-696. (PMID: 12409863; DOI: 10.1097/00005053-200210000-00006)

5. **Yen S**, Sieglar IC. Self-blame, social introversion, and male suicides: Prospective data from a longitudinal study. *Archives of Suicide Research*. 2003 7:17-27.
6. Gunderson JG, Bender, D, Sanislow CA, **Yen S**, Bame Rettew J, Dolan-Sewell R, Dyck I, Morey L, McGlashan TH, Shea MT, Skodol AE. Plausibility and possible determinants of sudden "remissions" in borderline patients. *Psychiatry*. 2003 66:111-119. (PMID: 12868289; DOI: 10.1521/psyc.66.2.111.20614)
7. Johnson DM, Shea MT, **Yen S**, Battle CL, Zlotnick C, Sanislow CA, Grilo CM, Skodol AE, Bender DS, McGlashan TH, Gunderson JG, Zanarini MC. Gender differences in borderline personality disorder: Findings from the Collaborative Longitudinal Personality Disorders Study. *Comprehensive Psychiatry*. 2003 44: 284-292. (PMID: 12923706; DOI: 10.1016/S0010-440X(03)00090-7)
8. **Yen S**, Shea MT, Pagano M, Sanislow CA, Grilo CM, McGlashan TH, Skodol AE, Bender DS, Zanarini MC, Gunderson JG, Morey LC. Axis I and II disorders as predictors of prospective suicide attempts: Findings from the Collaborative Longitudinal Study of Personality Disorders. *Journal of Abnormal Psychology*. 2003 112:375-381. (PMCID: PMC3272767; DOI: 10.1037/0021-843x.112.3.375)
9. Rettew DC, Zanarini MC, **Yen S**, Grilo CM, Skodol AE, Shea MT, McGlashan TH, Morey LC, Culhane MA, Gunderson JG. Childhood antecedents of avoidant personality disorder: A retrospective study. *Journal of the American Academy of Child and Adolescent Psychiatry*. 2003 42:1122-1130. (PMCID: PMC3314497; DOI: 10.1097/01.CHI.0000070250.24125.5F )
10. Grilo CM, Sanislow CA, Shea MT, Skodol AE, Stout RL, Pagano ME, **Yen S**, McGlashan TH. The natural course of bulimia nervosa and eating disorder not otherwise specified is not influenced by personality disorders. *International Journal of Eating Disorders*. 2003 34:319-330. (PMCID: PMC3828646; DOI: 10.1002/eat.10196)
11. Chavira DA, Grilo CM, Shea MT, **Yen S**, Gunderson JG, Morey LC, Skodol AE, Stout RL, McGlashan TH. Ethnicity and four personality disorders. *Comprehensive Psychiatry*. 2003 44:583-491. (PMID: 14610727; DOI: 10.1016/S0010-440X(03)00104-4 )
12. Zlotnick C, Johnson D, **Yen S**, Battle CL, Sanislow CA, Skodol AE, Grilo CM, McGlashan TH, Gunderson JG, Bender DS, Zanarini MC, Shea MT. Clinical features and impairment in women with borderline personality disorder (BPD) with posttraumatic stress disorder (PTSD), BPD without PTSD, and other personality disorders with PTSD. *Journal of Nervous and Mental Disease*. 2003 191:706-713. (PMID: 14614337; DOI: 10.1097/01.nmd.0000095122.29476.ff)
13. Simpson E, **Yen S**, Costello E, Rosen K, Begin A, Pearlstein T. Combined dialectical behavior therapy and fluoxetine in the treatment of borderline personality disorder. *Journal of Clinical Psychiatry*. 2004 65:379-385. (PMID: 15096078; DOI: 10.4088/jcp.v65n0314)
14. Battle CL, Shea MT, Johnson DM, **Yen S**, Zlotnick C, Zanarini MC, Sanislow CA, Skodol AE, Gunderson JG, Grilo CM, McGlashan TH, Morey LC. Childhood maltreatment associated with adult personality disorders: Findings from the Collaborative Longitudinal Personality Disorders Study. *Journal of Personality Disorders*. 2004, 18:193-211. (PMID: 15176757; DOI: 10.1521/pepi.18.2.193.32777)
15. Grilo CM, Skodol AE, Gunderson JG, Sanislow CA, Stout RL, Shea MT, Morey LC, Zanarini MC, Bender DS, **Yen S**, McGlashan TH. Longitudinal diagnostic efficiency of DSM-IV criteria

for obsessive-compulsive disorder: a 2-year prospective study. *Acta Psychiatrica Scandinavica*. 2004 110:64-68. (PMID: 15180781; DOI: 10.1111/j.1600-0447.2004.00311.x)

16. Oldham JM, Bender DS, Skodol AE, Dyck IR, Sanislow CA, **Yen S**, Grilo CM, Shea MT, Zanarini MC, Gunderson JG, McGlashan TH. Testing an APA Practice Guideline: Symptom-targeted medication utilization for patients with borderline personality disorder. *Journal of Psychiatric Practice*. 2004 10:156-161. (PMID: 15330221; DOI: 10.1097/00131746-200405000-00003)
17. **Yen S**, Shea MT, Sanislow CA, Grilo CM, Skodol AE, Gunderson JG, McGlashan TH, Zanarini MC, Morey LC. Borderline personality disorder criteria associated with prospectively observed suicidal behavior. *American Journal of Psychiatry*. 2004 161:1296-1298. (PMID: 15229066; DOI: 10.1176/appi.ajp.161.7.1296)
18. Gunderson JG, Morey LC, Stout RL, Skodol AE, Shea MT, McGlashan TH, Zanarini MC, Grilo CM, Sanislow CA, **Yen S**, Daversa MT, Bender DS. Major depressive disorder and borderline personality disorder revisited: Longitudinal interactions. *Journal of Clinical Psychiatry*. 2004 65:1049-1056. (PMID: 15323588; DOI: 10.4088/jcp.v65n0804)
19. Grilo CM, Sanislow CA, Gunderson JG, Pagano ME, **Yen S**, Zanarini MC, Shea MT, Skodol AE, Stout RL, Morey LC, McGlashan TH. Two-year stability and change in schizotypal, borderline, avoidant, and obsessive-compulsive personality disorders. *Journal of Consulting and Clinical Psychology*. 2004 72:767-775. (PMCID: PMC3289406; DOI: 10.1037/0022-006X.72.5.767)
20. Shea MT, Stout RL, **Yen S**, Pagano ME, Skodol AE, Morey LC, Gunderson JG, McGlashan TH, Grilo CM, Sanislow CA, Bender DS, Zanarini MC. Associations in the course of personality disorders and Axis I disorders over time. *Journal of Abnormal Psychology*. 2004 113:499-508. (PMCID: PMC3274820; DOI: 10.1037/0021-843X.113.4.499)
21. Pagano ME, Skodol AE, Stout RL, Shea MT, **Yen S**, Grilo CM, Sanislow CA, Bender DS, McGlashan TH, Zanarini MC, Gunderson JG. Stressful life events as predictors of functioning: Findings from the Collaborative Longitudinal Personality Disorders Study. *Acta Psychiatrica Scandinavica*. 2004 110:421-429. (PMCID: PMC2548412; DOI: 10.1111/j.1600-0447.2004.00398.x)
22. **Yen S**, Pagano ME, Shea MT, Grilo CM, Gunderson JG, Skodol AE, McGlashan TH, Sanislow CA, Bender DS, Zanarini MC. Recent life events preceding suicide attempts in a personality disorder sample: Findings from the Collaborative Longitudinal Personality Disorders Study. *Journal of Consulting and Clinical Psychology*. 2005 73:99-105. (PMCID: PMC3276403; DOI: 10.1037/0022-006X.73.1.99)
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24. Skodol AE, Pagano ME, Bender DS, Shea MT, Gunderson JG, **Yen S**, Stout RL, Morey LC, Sanislow CA, Grilo CM, Zanarini MC, McGlashan TH. Stability of functional impairment in patients with schizotypal, borderline, avoidant, or obsessive-compulsive personality disorder over two years. *Psychological Medicine*. 2005 35:443-451. (PMCID: PMC3272760; DOI: 10.1017/s003329170400354x)

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26. Phillips KA, Coles M, Menard W, **Yen S**, Fay C, Weisberg RB. Suicide ideation and attempts in body dysmorphic disorder. *Journal of Clinical Psychiatry*. 2005 66:717-725. (PMID: 15960564; DOI: 10.4088/jcp.v66n0607)
27. Ralevski E, Sanislow C, Grilo CM, Skodol AE, Gunderson JG, Shea MT, **Yen S**, Bender DS, Zanarini MC, McGlashan TH. Avoidant personality disorder and social phobia: distinct enough to be separate disorders? *Acta Psychiatrica Scandinavica*. 2005 112:208-214. (PMID: 16095476; DOI: 10.1111/j.1600-0447.2005.00580.x)
28. Skodol AE, Grilo CM, Pagano ME, Bender DS, Gunderson JG, Shea MT, **Yen S**, Zanarini MC, McGlashan TH. Effects of personality disorders on functioning and well-being in major depressive disorder. *Journal of Psychiatric Practice*. 2005 11:363-368. (PMCID: PMC2548415; DOI: 10.1097/00131746-200511000-00002)
29. Bender DS, Skodol AE, Pagano ME, Dyck IR, Grilo CM, Shea MT, Sanislow CA, Zanarini MC, **Yen S**, McGlashan TH, Gunderson JG. Prospective assessment of treatment use by patients with personality disorders. *Psychiatric Services*. 2006 57:254-257. (PMCID: PMC2705621; DOI: 10.1176/appi.ps.57.2.254)
30. Gunderson JG, Daversa MT, McGlashan TH, Grilo CM, Zanarini MC, Shea MT, Skodol AE, **Yen S**, Sanislow CA, Bender DS, Dyck IR, Morey LC. Predictors of 2-year outcome for patients with borderline personality disorder. *American Journal of Psychiatry*. 2006 163:822-826. (PMID: 16648322; DOI: 10.1176/ajp.2006.163.5.822)
31. Eisen JL, Coles ME, Shea MT, Pagano ME, Stout RL, **Yen S**, Grilo CM, Rasmussen, SA. Clarifying the convergence between obsessive-compulsive personality disorder criteria and obsessive-compulsive disorder. *Journal of Personality Disorders*. 2006 20:294-305. (PMCID: PMC2548413; DOI: 10.1521/pedi.2006.20.3.294)
32. Gunderson JG, Weinberg I, Kueppenbender KD, Daversa M, Zanarini MC, Shea MT, Skodol AE, Sanislow CA, **Yen S**, Grilo CM, McGlashan TH, Morey LC, Stout RL, Dyck I. Descriptive and longitudinal observations on the relationship of borderline personality disorder and bipolar disorders. *American Journal of Psychiatry*. 2006 163:1173-1178. (PMID: 16816221; DOI: 10.1176/appi.ajp.163.7.1173)
33. Hopwood CJ, Morey LC, Skodol AE, Stout RL, **Yen S**, Ansell EB, Grilo CM, McGlashan TH. Five factor model personality traits associated with alcohol-related diagnoses in a clinical sample. *Journal of Studies on Alcohol and Drugs*. 2007 68:455-460. (PMID:17446986; DOI: 10.15288/jsad.2007.68.455)
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35. Skodol AE, Bender DS, Pagano ME, Shea MT, **Yen S**, Sanislow CA, Grilo CM, Daversa MT, Stout RL, Zanarini MC, McGlashan TH, Gunderson JG. Positive childhood experiences: resilience and recovery from personality disorder in early adulthood. *Journal of Clinical Psychiatry*. 2007 68:1102-1108. (PMCID: PMC2705622; DOI: 10.4088/jcp.v68n0719)
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38. Gunderson JG, Stout RL, Sanislow CA, Shea MT, McGlashan TH, Zanarini MC, Daversa MT, Grilo CM, **Yen S**, Skodol AE. New episodes and new onsets of major depression in borderline and other personality disorders. *Journal of Affective Disorders*. 2008 111:40-45. (PMCID: PMC2829969; DOI: 10.1016/j.jad.2008.01.026)
39. Hopwood CJ, Quigley BD, Grilo CM, Sanislow CA, McGlashan TH, **Yen S**, Shea MT, Zanarini MC, Gunderson JG, Skodol AE, Markowitz JC, Morey LC. Personality traits and mental health treatment utilization. *Personality and Mental Health*. 2008 2:207-217. (PMCID: PMC2998798; DOI: 10.1002/pmh.51)
40. Walter M, Gunderson JG, Zanarini MC, Sanislow CA, Morey LC, **Yen S**, Stout RL, Skodol AE. New onsets of substance use disorders in borderline personality disorder over seven years of follow-ups: Findings from the Collaborative Longitudinal Personality Disorder Study. *Addiction*. 2009 104:97-103. (PMCID: PMC2743265; DOI: 10.1111/j.1360-0443.2008.02413.x)
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#### **Reviews, chapters, monographs and editorials**

1. Shea MT, & **Yen S** (2005). Personality Traits/Disorders and Depression: A Summary of Conceptual and Empirical Findings. In: Rosenbluth, M., Kennedy, S., Bagby, M.R., eds. *Personality and Depression: Conceptual and Clinical Challenges*. Washington, DC: American Psychiatric Publishing Inc., pp. 43-64.
2. **Yen S**, McDevitt-Murphy ME, Shea M. (2005). Depression and personality. In: Stein, D.J. Kupfer, D.J., Schatzberg, A.F. eds. *The American Psychiatric Publishing Textbook of Mood Disorders*. Washington, DC: American Psychiatric Publishing Inc., pp. 673-686.

3. \*\*Gold A., & Yen S (In press). Cognitive behavioral approaches in the treatment of personality disorders: Implementation challenges in real world settings. In: Lejuez, C.W., Gratz, K.L. eds. *Handbook of Personality Disorders*, Cambridge, UK: Cambridge University Press.

### **Books/textbooks for the medical or scientific community**

1. Phillips KA, Yen S, & Gunderson JG. (2002). Personality disorders. In: Hales R.E., Yudofsky S.C., eds. *The American Psychiatric Press Textbook of Psychiatry, Fourth Edition*. Washington, DC: American Psychiatric Press Inc, pp. 803-832.
2. Phillips KA, Yen S, & Gunderson JG. (2004). Personality disorders. In: Hales R.E., Yudofsky S.C., eds. *Essentials of Clinical Psychiatry*. Washington, DC: American Psychiatric Press Inc., pp. 567-589.
3. Phillips KA, Yen S, & Gunderson JG. (2007). Personality disorders. In: Bourgeois, J.A., Hales R.E., Yudofsky S.C., eds. *Board Prep and Review Guide for Psychiatry*. Washington, DC: American Psychiatric Press Inc., pp. 295-304.

### **Thesis:**

Yen S (1998) A cross-cultural comparison of symptom manifestation of psychiatric distress among various Chinese and American populations.

### **Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings:**

1. Celis-de Hoyos, C. E., Yen, S., Hower, H., Weinstock, L. M., Murage, D., Dickstein, D. P., Hunt, J. I., Strober, M. A., Birmaher, B., & Keller, M. B. (2016, October). *Heightened irritability distinguishes participants with comorbid borderline personality disorder enrolled in a longitudinal study of bipolar disorder*. Poster presented at the 63rd annual meeting of The American Academy of Child and Adolescent Psychiatry. New York, NY.
2. Celis-de Hoyos, C. E., Yen, S., Hower, H., Weinstock, L. M., Murage, D., Dickstein, D. P., Hunt, J. I., Strober, M. A., Birmaher, B., & Keller, M. B. (2016, October). *Trait and state irritability in bipolar disorder: The effects of comorbid borderline personality disorder and adverse childhood events*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY,
3. Krek, M., Chuong, A., Tezanos, K., Ranney, M., Kahler, C., Spirito, A., Solomon, J., Yen, S. (2016, October), "*Text message acceptability and feasibility with suicidal adolescents.*" Poster session at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT). New York City, New York, USA.
4. Segur R, Killam M, Peters JR, Mereish EH, Yen S. (2019, November). "Experiences of minority stress amongst gender minority and cisgender sexual minority youth." Poster session at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT). Atlanta, GA, USA.

5. Tezanos KM, Cha CB, Yen S (2020, November). "Mapping the course of emotion intensity and lability during the month following inpatient discharge: An ecological momentary assessment study of suicidal teens". Poster accepted for presentation at the 54th annual convention of the Association for Behavioral and Cognitive Therapies, Virtual Convention

## **Narrative Report**

I have been conducting research in the assessment and treatment of suicidal behaviors for over 20 years. I have built a programmatic line of research in two main areas: 1) the longitudinal development of borderline personality disorder and bipolar disorder; 2) the assessment and treatment of suicidal behaviors in populations with severe mental illness. I have received continuous grant support from NIH for the past 20 years, including being a PI of 7 NIH grants and 3 private foundation grants, and have authored/co-authored 119 peer-reviewed research manuscripts. I continue to be committed to clinical research that has direct relevance to treatment to alleviate the suffering of those with severe mental illness.

### **Area of Excellence: Investigation**

Early in my career, I was fortunate to be part of the Collaborative Longitudinal Study of Personality Disorders (CLPS). My specific contribution was in the area of suicidal behaviors. I first-authored a number of papers from CLPS (Yen 2003, 2005) that examined risk factors as both static (distal) and dynamic (proximal) variables which was a novel concept then. Now, the importance of both distal and proximal risk factors in predicting suicidal behaviors is widely recognized. Collectively, CLPS yielded a number of findings that have greatly influenced our present thinking on personality disorders. We found that many people with personality disorder do remit from their disorders, and this finding, which has been corroborated by research from other longitudinal studies, has provided great hope and optimism for those who suffer from personality disorders. However, we also found that despite diagnostic remission, functional impairment often remains, highlighting the need to target functioning in psychotherapy. Finally, our findings with regard to the superiority of a hybrid model for conceptualizing personality disorders was highly instrumental in the DSM-5's inclusion of Section 3.

I have also been an MPI on a multi-site longitudinal study of bipolar disorders, the NIH-funded Course and Outcome of Bipolar Youth (COBY), later continuing as Predicting Adult Outcome of Bipolar Youth. My main contributions in this study have been in the areas of examining the complex interplay between bipolar disorder (BP) and borderline personality disorder (BPD), and in examining longitudinal effects of comorbidity and functioning. We found that BPD severity adds significantly to the burden of BP illness and is significantly associated with a more chronic and severe course and outcome of BP, beyond characteristics such as BP subtype (I, II, NOS) and age of onset (Yen et al., 2015). Coupled with earlier findings from CLPS supporting independence in the course of illness of BPD and BP (Gunderson et al., 2006), my work supports the distinction of these as independent disorders with overlapping symptoms. We have also examined the effect of Axis I comorbidity on the course of mood symptoms and have found support for depression and anxiety as manifestations of the same illness propensity, an effect was not observed with other disorder groups, indicating the specificity of this association (Yen et al., 2015). I am currently taking the lead on a series of examinations, regarding longitudinal functioning in COBY and have found that significant functional impairments remain in bipolar young adults despite symptomatic remission in a sizable subgroup (Hower et al., 2019, Lee et al., 2020). I am currently working with mentees on additional manuscripts to further explicate the nature of functional impairment in this sample.

Another area of investigation has been in the development of interventions for suicidal behaviors in adolescents and young adults. My career development award found that low positive affect was a robust predictor of suicidal behavior over six months of post-discharge follow-up (Yen et al., 2012).

This led me to develop a multi-modal (in-person + text messaging) positive affect skills intervention (Skills to Enhance Positivity; STEP) that resulted in 50% fewer suicide events, when compared to those in the comparison condition (Yen et al., 2020). Due to the initial promising results, some aspects of STEP have been implemented outside of sponsored research projects. STEP groups were implemented in a college counseling service, and components of STEP were integrated into a suicide prevention app, a product of a joint venture between academic research and software developers, funded by a benefactor. Future goals include testing STEP in a large multi-site R01 (under review) and novel and cost-effective means of dissemination including groups, peer support, and via video content.

Significant Supporting Activities: Teaching and Educational Contributions and Administrative and Institutional Service

Throughout my career, I have been committed to teaching and mentorship of individuals at varying levels of training -- from Brown University undergraduates seeking mentorship on honors theses, to post-BA research assistants aspiring to gain admission to a clinical psychology program, to clinical psychology interns and psychology post-doctoral fellows. I have taught seminars, served as a course coordinator, and have provided research and clinical supervision to interns and post-doctoral fellows. I am currently the primary mentor on a K23, co-mentor on another, and primary mentor on an AFSP grant. I have fostered the professional development of many mentees who now hold academic positions at many highly esteemed institutions.