#### Curriculum Vitae

### Zoe Mushkat, Ph.D.

Providence VA Medical Center 830 Chalkstone Avenue Providence, RI 02908 Zoe.Mushkat@va.gov Zoe Mushkat@brown.edu

## **EDUCATION**

### **UNDERGRADUATE**

The College of St. Scholastica, Duluth, Minnesota B.S. with Honors in Psychology 2015

### **GRADUATE**

# University of Rhode Island, Kingston, Rhode Island

Ph.D. in Clinical Psychology

Dissertation: Longitudinal Decision-Making in a Transtheoretical Model for Pursuing

Living Donor Kidney Transplant Advisor: Mark Robbins, Ph.D. Focus Area: Behavioral Medicine

APA Accredited Program

2021

# Predoctoral Internship in Clinical Psychology Jesse Brown VA Medical Center, Chicago, Illinois

Track: Health Psychology APA Accredited Program 2020-2021

### **POST GRADUATE TRAINING**

Brown University Clinical Psychology Training Consortium Postdoctoral Fellowship in Primary Care Behavioral Health Providence VA Medical Center, Providence, Rhode Island APA Accredited Program 2021-2022

### PROFESSIONAL LICENSES AND BOARD CERTIFICATION

Licensed Psychologist Rhode Island License PS02104 Active

# **ACADEMIC APPOINTMENTS**

Graduate Teaching Assistant for General Psychology University of Rhode Island, Kingston, RI September 2015 – May 2016

Graduate Therapist
Psychological Consultation Center (clinical practicum and externships)
University of Rhode Island, Kingston, RI
January 2016 – May 2019

Graduate Research Assistant Your Path to Transplant Cancer Prevention Research Center University of Rhode Island, Kingston, RI July 2016 – July 2017

Graduate Teaching Assistant for Health Psychology University of Rhode Island, Kingston, RI September 2017 – December 2017

Graduate Research Assistant Human Development and Family Studies University of Rhode Island, Kingston, RI September 2017 – June 2020

Graduate Teaching Assistant for General Psychology University of Rhode Island, Kingston, RI September 2017 – May 2018

Research Clinician
HIV-PASS Clinical Trial
Miriam Hospital and Brown University
Department of Psychiatry and Human Behavior, Providence, RI
July 2017 – May 2018

Graduate Teaching Assistant for General Psychology University of Rhode Island, Kingston, RI September 2018 – May 2019

Course Instructor for General Psychology University of Rhode Island, Kingston, RI September 2019 – December 2019

Graduate Teaching Assistant for Introductory Statistics University of Rhode Island, Kingston, RI January 2020 – May 2020 Clinical Instructor
Department of Psychiatry and Human Behavior
Alpert Medical School of Brown University, Providence, RI
April 2023 - Present

## **HOSPITAL APPOINTMENTS**

Graduate Clinician Women's Dialectical Behavior Therapy Program Butler Hospital, Providence, RI January 2017 – August 2017

Graduate Clinician
Oncology Treatment and Wellness Center
South County Hospital, Wakefield, RI
August 2017 – August 2018

Graduate Clinician Behavioral Sleep Medicine Rhode Island Hospital, Providence, RI January 2018 – June 2018

Graduate Clinician Women's Dialectical Behavior Therapy Program Butler Hospital, Providence, RI June 2018 – September 2019

Graduate Clinician Primary Care Open Access Clinic Memorial Hospital, Pawtucket, RI September 2018 – June 2019

Clinical Psychology Intern (Health Psychology) Jesse Brown VA Medical Center, Chicago, IL June 2020 – June 2021

Clinical Psychology Post-Doctoral Fellow
Primary Care Behavioral Health
Brown University Clinical Psychology Training Consortium
Providence VA Medical Center and Department of Psychiatry and Human Behavior,
Providence, RI
September 2021 – September 2022

Clinical Psychologist
Primary Care Behavioral Health
Mental Health and Behavioral Science Services
Providence VA Medical Center, Providence, RI
September 2022 – Present

### OTHER APPOINTMENTS AND SERVICE ACTIVITY

Graduate Clinician
Psychological Associates of Warwick, Warwick, RI
August 2018 – June 2019

Graduate Clinician RICBT, North Kingstown, RI August 2019 – June 2020

#### MEMBERSHIP IN SOCIETIES

APA Division 12 (Clinical Psychology)

## **PUBLICATIONS LIST**

### ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

- Fenn, N., Mushkat, Z., Murray, A., Dimalanta, K., Vandiver, M., Robbins, M., Hulme, J., & Dupre, A. (2019). Interprofessional education for complex neurological cases. *Journal of Interprofessional Care*, 1-7.
- 2. Adams, S. K., **Mushkat, Z**, & Minkel, J. (2021). Examining the moderator role of sleep quality in the relationship among test anxiety, academic success, and mood. *Psychological Reports*, 1-16.
- 3. Fenn., N., Reyes, C., **Mushkat, Z.**, Vinacco, K., Jackson, H., Al Sanea, A., Robbins, M., Hulme, J., & Dupre, A. (2021). Empathy, better patient care, and how interprofessional education can help. *Journal of Interprofessional Care*, 1-10.

### **ABSTRACTS**

- Mushkat, Z., Tapscott, B., Murray, A.N., Ashley, K., Paiva, A., Amerson, C.K., Robbins, M., & Waterman, A. (2017). Assessing fidelity for a computer tailored intervention with telephonic coaching for decision-making in kidney transplant. *Annals of Behavioral Medicine*, 51 (Suppl), S1026-S1027.
- 2. Fenn, N., **Mushkat, Z.**, Murray, A.N., Robbins, M., Estus, E., Greene, G., Cloud, M., & Hulme, J. (2018). Reaching across the health discipline divide: Assessing student outcomes from an interprofessional training program. *Annals of Behavioral Medicine, 52* (Suppl), S51.
- 3. **Mushkat, Z.**, Robbins, M., Paiva A., Peipert, J., & Waterman, A. (2019). Utility of the kidney transplant derailer index in a transtheoretical model of decision-making to pursue living donor kidney transplant. *Annals of Behavioral Medicine*, *53* (Suppl), S290.

### OTHER PRESENTATIONS

- Mushkat, Z., Polanka, B., Ginty, A., Williams, S.E., Conklin, S.M., & Petersen, K.L. Perceived stress and depression mediate the relationship between dispositional mindfulness and self-reported health. Poster presented at the Annual American Psychosomatic Convention, Savannah, GA, March 2015.
- Fenn, N., Mushkat, Z., Ashley, K., Murray, A.N., Tapscott, B., Robbins, M.L., & Waterman, A. Coaching the coaches: Assessing surveyor competencies to deliver a telephonic intervention. Poster presented at the Association for Psychological Science Convention, Boston, MA, May 2017.
- 3. Fenn, N., Vandiver, M., **Mushkat, Z.**, Murray, A.N., Robbins, M., Estus, E., Greene, G., Cloud, M., & Hulme, J. *Collaboration or Coexistence? Evaluating team effectiveness in an interprofessional training program.* Poster presented at the Rhode Island Interprofessional Education & Practice Symposium, Providence, RI, March 2018.
- 4. **Mushkat, Z.**, Minkel, J., Ragozzino, H., Greenberg, A., & Adams, S. K. *The sleepy faces study: Examining the effects of sleepiness on emotion.* Poster presented at the 2018 meeting of the New England Psychological Association, Worcester, MA, November 2018.
- 5. **Mushkat, Z.**, Grenus, K., O'Rourke, S., Adams, S.K., & Minkel, J. *The impact of test anxiety and poor sleep on college students' mood.* Poster prepared for presentation at the 2019 meeting of the New England Psychological Association, Manchester, NH, November 2019.