

Curriculum Vitae

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Place of Birth: San Francisco, California

Education

1988	B.A.	Psychology	University of California-Berkeley
1995	Sc.D.	Epidemiology Dr. Graham Colditz	Harvard School of Public Health

Postdoctoral Training

1995-1997	Research Associate	Medicine	Harvard Medical School
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Faculty Academic Appointments

1997-2000	Instructor	Medicine	Harvard Medical School
2000-2002	Assistant Professor	Medicine	Harvard Medical School
2002-2006	Assistant Professor	Pediatrics	Harvard Medical School
2006-2014	Associate Professor	Pediatrics	Harvard Medical School
2008-2014	Associate Professor	Epidemiology	Harvard School of Public Health
2014-	Professor	Epidemiology	Harvard School of Public Health
2014-2015	Professor	Pediatrics	Harvard Medical School
2015-	Professor and Chair	Epidemiology	Brown University School of Public Health
2016-	Professor	Pediatrics	Brown Alpert Medical School

Appointments at Hospitals/Affiliated Institutions

1995-2015	Associate Epidemiologist	Channing Laboratory, Department of Medicine	Brigham and Women's Hospital
2002-2015	Associate in Medicine	Adolescent Medicine	Boston Children's Hospital

Other Professional Positions

1999-2002	Associate Director, Epidemiology Biostatistics Core	Boston Obesity Nutrition Research Center
2015-	Director	Center for Epidemiology and Environmental Health

Major Administrative Leadership Positions

Local:

1996-2001	Instructor, Critical Reading of the Medical Literature Tutor	Harvard Medical School
1996-2009	Co-Director of the Growing Up Today Studies	Channing Laboratory, Brigham and Women's Hospital, Division Adolescents and Young Adults
2009, 2011	Instructor, Epidemiology of Disorders and Diseases of Childhood and Young Adulthood	Department of Epidemiology, Harvard School of Public Health
2009-2015	Co-Director, Reproductive, Perinatal and Pediatrics Epidemiology Program	Department of Epidemiology, Harvard School of Public Health
2009-2015	Director, Eating Disorder Working Group	Division of Adolescent/Young Adult Medicine, Boston Children's Hospital
2010-2012	Director, Reproductive, Perinatal and Pediatrics Journal Club	Department of Epidemiology, Harvard School of Public Health
2015-	Chair	Department of Epidemiology, Brown University School of Public Health

Committee Service

Local:

2004-2014	Committee on Clinical Investigation	Children's Hospital Boston
	2004-	Alternate Member
2006-2007	Personally Controlled Health Records Infrastructure 2006-2007	Harvard Medical School Member
2007	Robert Wright Ad Hoc Promotion Committee 2007	Department of Medicine Member
2007	A. Lindsay Frazier Ad Hoc Promotion Committee 2007	Department of Medicine Chair
2007-2009	Search Committee for Junior Biostatistician/Programmer, Clinical Research Program	Children's Hospital Boston Member
2008-2009	Search Committee for Survey Methodologist, Clinical Research Program	Children's Hospital Boston Member
2009-2015	Admissions Committee, Reproductive, Perinatal, and Pediatric Epidemiology Program	Harvard School of Public Health Member
2016-	Advisory Committee	Office of the Vice President for

Research

Professional Societies

1993-	Society for Epidemiologic Research	Member
1996-2006	American Public Health Association	Member
1998-	The Obesity Society	
1998-		Member
2003-07		Membership Committee
2004-		Abstract Review Committee
2004		Session Chair at Annual Meeting
2005		Session Chair at Annual Meeting
2006		New Investigator Award Committee
2006		Search Committee for Editor of <i>Obesity</i>
2006		Session Chair at Annual Meeting
2007		Session Chair at Annual Meeting
2007-2009, 2015-		Member, Nominating Committee
2008-2013		Member, Program Committee
2009-2010		Treasurer, Pediatric Obesity Section
2009-2012		Member, Council
2010-2011		Program Committee, Chair, Track 4 Population Studies
2010-2011		Chair Elect, Pediatric Obesity Section
2011-2012		Chair, Pediatric Obesity Section
2011-2012		Co-Chair, Program Committee
2012-2013		Chair, Program Committee
2012-2017		Member, Obesity Week (a partnership of the Obesity Society and the American Society for Metabolic and Bariatric Surgery) Board of Managers and member, Governance Subcommittee
1998-	Academy for Eating Disorders	
1998-		Member
2004-2006		Member, Website Taskforce
2005-		Fellow
2005-2006		Member, Planning Committee for Ethics Symposium
2006-2009		Co-Chair Website Taskforce
2006		Co-Chair, Media Outreach on Eating Disorders, response to the documentary 'Thin'
2006-2007		Member, Fellowship Committee
2007-2010		Chair, Fellowship Committee
2007-2009, 2012-2016		Member, Scientific Committee
2001-	Eating Disorder Research Society	
2001-		Member
2003		Session Chair, Eating Disorder Research Society Annual Meeting
2005		Roundtable leader, Eating Disorder Research Society

2003-	Society for Adolescent Health and Medicine 2003-2015	Annual Meeting Society for Adolescent Medicine Member
2011	American Society for Nutrition 2011-	Member
2013	American Pediatric Society 2013-2015	Member

Grant Review Activities

2003-2006	Adult Psychopathology and Disorders of Aging Study Section	National Institutes of Health Study Section Special Reviewer
2005-2006	Pediatrics Subcommittee of National Institute of Child Health and Human Development	National Institutes of Health Study Section Special Reviewer
2005	American Institute of Biological Sciences (Department of Defense)	National Institutes of Health Scientific Peer Reviewer
2006-2011	Maternal and Child Health Bureau Scientific Peer Review Committee	Maternal and Child Health Bureau Scientific Peer Reviewer
2009	Kidney, Nutrition, Obesity, and Diabetes (KNOD) Study Section	National Institute of Health Mail Reviewer of RC1 applications
2010	National Institute of Mental Health Special Emphasis Panel	National Institute of Mental Health Scientific Peer Reviewer
2010	Pilot Feasibility Project Review	Harvard Clinical Nutrition Research Center Scientific Peer Reviewer
2011	Behavioral Genetics and Epidemiology Study Section	National Institute of Health Study Section Special Reviewer
2011	Pilot Feasibility Project Review	Harvard Catalyst Scientific Peer Reviewer
2011-2012	Mental Health Services in Non-Specialty Settings	National Institute of Mental Health Study Section Special Reviewer
2013	Review of Eating Disorders Dimensional Research (R01)	National Institute of Mental Health Scientific Peer Reviewer
2014	Review of Population Studies	USDA Agriculture Research Service National Program: Translational Studies B Scientific Peer Reviewer
2018-	Kidney, Nutrition, Obesity, and Diabetes (KNOD) Study Section	National Institute of Health Study Section Member

Editorial Activities

Ad hoc Reviewer

- American Journal of Epidemiology
- Obesity
- American Journal of Clinical Nutrition

- Preventive Medicine
- Pediatrics
- Journal of the American Medical Association (JAMA)
- International Journal of Obesity
- Archives of Internal Medicine
- International Journal of Eating Disorders
- Journal of Consulting and Clinical Psychology
- Journal of Adolescent Health
- Public Health Nutrition

Other Editorial Roles

2003-2008	Associate Editor	Obesity Research
2011-2015	Editorial Board	Pediatric Research
2013-	Associate Editor	International Journal of Eating Disorders

Honors and Prizes

2004	Invitational NIDDK Scientific Vision Workshop on Modifiable Environmental and Behavioral Determinants of Overweight among Children and Adolescents	National Institute of Diabetes and Digestive and Kidney Diseases, National Institute of Health
2008	Iris F. Litt Visiting Professor in Adolescent Research Award	Society for Adolescent Health and Medicine
2011	Invitational NICHD Scientific Vision Workshop on Developmental Origins of Health and Disease	National Institute for Child Health and Development, National Institute of Health

Report of Funded and Unfunded Projects

Past:

1993-2002	Formation of the Boston Obesity Nutrition Research Center U/5 P30 DK-46200 Graham A. Colditz, Principal Investigator Associate Director of Epidemiology Biostatistics Core (1999-02) To foster research on obesity across institutions in Boston, the Epidemiology Biostatistics Core provided study design and analysis consults.
1996-2000	Diet, Activity, and Adolescent Weight Changes NIH/R01-DK46834 Graham A. Colditz, Principal Investigator Co-Investigator To study diet, activity, lifestyle and their influences on relative weight gain among adolescents in the Growing Up Today Study.
1997-1998	Morbidity and Mortality of Obesity

Roche Pharmaceutical
Graham A. Colditz, Principal Investigator
Co-Investigator

The goal of the study was to assess the association of obesity to the development of numerous chronic diseases among adults in the Nurses' Health Study, Health Professionals Follow-up Study, and the National Health and Nutritional Examination Study (NHSNAES).

- 1997-2002 Consequences and Correlates of Weight Fluctuations
NIH/R29-HL57871
Principal Investigator
The goal of the study was to assess whether repeated weight fluctuations were associated with the development of hypertension and diabetes among women in the Nurses' Health Study. In addition, we assessed the course and psychological consequences of repeated weight fluctuations.
- 1998-1999 Development of Eating Disorders in Young Women
Knoll Pharmaceutical
Principal Investigator
A study nested in the Growing Up Today Study to investigate whether self-reported bulimic behaviors are valid.
- 2002-2009 The Development of Eating Disorders in Males and Females
NIH/R01-DK59570
Principal Investigator
The goal of this project was to follow 9,039 girls and 7,834 boys through their transition from childhood to late adolescence and early adulthood to assess whether personal factors, peer influences, family influences, and media influences predict the development and course of purging, binge eating, and eating disorders of at least subsyndromal severity.
- 2004-2008 Sexual Orientation and Health Disparities in Adolescence
NIH/R01-HD054763
S. Bryn Austin, Principal Investigator
Co-Investigator
The goal of this work was to study the distribution and determinants of sexual orientation group disparities in health in the Growing Up Today Study, a longitudinal cohort of over 16,000 adolescents.
- 2004-2006 Weight Control and Weight Change Among Adolescents
NIH/R21-DK065085
Principal Investigator
The goal was to assess the behavioral predictors of weight gain and the development of overweight and obesity in adolescence and early adulthood in the National Longitudinal Study of Adolescent Health (Add Health). Add Health is a school-based study of adolescents from 80 high and 52 U.S. middle schools.
- 2006-2008 Weight Cycling and Mortality in Women
NIH/R21-DK073130

Principal Investigator

We assessed the relationship between weight cycling and mortality among 77021 middle-aged and older women in the Nurses' Health Study. We evaluated whether independent of net weight gain during adulthood, which is known to increase risk of death, weight cycling was associated with an increased risk of mortality.

- 2007-2008 Prospective Study of Dietary Factors, BMI, and Risk of Asthma in Children
NIH/R01-HL084401
Carlos A. Camargo, Principal Investigator
Co-Investigator
The study examined the relationship between modifiable dietary factors and risk of developing asthma among participants in the Growing Up Today Study, an on-going prospective cohort study of 16,539 boys and girls, ages 9-14 in 1996, and children of registered nurses.
- 2007-2010 Weight Maintenance Among Youth and Middle Aged Women
NIH/R01-DK072117
Principal Investigator
The goal was to assess behavioral predictors of weight maintenance and weight loss maintenance among young adults in the Growing Up Today Study (GUTS) and middle-aged women in the Nurses' Health Study II (NHS II).
- 2009-2010 Predictors of Developing Tendinitis, Chondromalacia Patella, stress Fracture or an ACL Tear among Adolescents and Young Adults in GUTS
Boston Children's Hospital, Children's Orthopedic Surgical Foundation Intramural Research Funds
Mininder S. Kocher, MD, MPH, Principal Investigator
Co-Investigator
This proposal was to assess predictors of developing a stress fracture among 11,309 female and male young adults in the Growing Up Today Study (GUTS). We investigated whether overuse injuries vary by gender and level and type of activity and in secondary analyses we will investigate the association between dietary intake and stress fractures.
- 2011-2013 Novel Methodology to Assess Dietary Intake and Motivations to Eat among Adolescents

Boston Children's Hospital Pilot Grant
Co-Principal Investigator (\$49,999)
We are developing smartphone app, eEatnDrink, to measure dietary intake with size-scaled photos and verbal descriptions of foods and beverages, collect Geographical Information Systems / Geographical Positioning System information and video surveys of environments where these foods are consumed, and a brief touchscreen survey of internal and external cues to eat.
- 2009-2016 Empirical eating disorder classification and validation using prospective studies
NIH/R01- MH087786
Principal Investigator (\$2,713,577)

Using prospective data from two ongoing cohort studies, the Growing Up Today Study (GUTS) in the United States and the Avon Longitudinal Study of Parents and Children (ALSPAC) in the United Kingdom, we will empirically evaluate eating disorder classification schemes. We will use comorbidity and outcome (weight gain and weight status, comorbid depression, anxiety, substance and alcohol use, and persistence or worsening of symptoms) during adolescence and young adulthood as the validators to determine the best classification scheme.

2010-2016 Food and Beverage Patterns that Predict Weight Gain Among Adolescents
NIH/R01- DK087001
Principal Investigator (\$2,115,901)
The aims of the study are to assess the independent and joint associations of intake of sugar-sweetened beverages (soda, sports drinks, energy drinks, and sweetened coffee drinks) and prepared foods with waist circumference, hypertension, BMI gain and the development of obesity among adolescents and young adults in the Growing Up Today Study II.

2011-2016 Weight and weight-related behaviors in youth: Influence of the family context
NIH/R01 HL096905
Matthew Gillman, Principal Investigator
Co-Investigator
The objective of this study is to examine the associations between the familial environment and adolescent weight and related behaviors among adolescents in the Growing Up Today Study II. We will link adolescents' data to data from their siblings and their mothers, who are participants in the Nurses' Health Study II. We will examine the influence of the family context on adolescent weight and weight-related behaviors in order to identify key familial determinants of adolescent weight and related behaviors. The results of this study will guide the development of more effective family-based obesity prevention interventions.

Report of Local Teaching and Training

Teaching of Students in Courses

1991-1992	Introduction to Epidemiology (TA) Graduate students	Harvard School of Public Health 80 hours/year
1992-1993	Elements of Epidemiologic Research (TA) Graduate students	Harvard School of Public Health 160 hours/year
1995-1996	Principles of Screening, Guest Lecturer “Monitoring Healthy People 2000 Nutrition & Physical Activity Goals” Graduate students	Harvard School of Public Health 3 hours/year
1996-1997	Nutritional Surveillance, Guest Lecturer, Monitoring Healthy People 2000 Nutrition & Physical Activity Goals Graduate students	Harvard School of Public Health 3 hours/year
1996-2001	Critical Reading of the Medical Literature Tutor 1 st Year Medical students	Harvard Medical School 80 hours/year

2003, 2005, 2006, 2007	Mental Health of Children and Adolescents Guest Lecturer, “The Epidemiology of Eating Disorders” Graduate students	Harvard School of Public Health 4 hours/year
2005, 2009, 2010, 2011, 2012	Principles of Nutrition, Guest Lecturer, “The Epidemiology of Eating Disorders” Graduate students	Harvard School of Public Health 2 hours/year
2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016	Guest Lecturer, Obesity Epidemiology, “Causes and Consequences of Childhood Obesity” Graduate students	Harvard School of Public Health 4 hours/year
2009, 2011, 2013, 2015	Instructor, Epidemiology of Disorders and Diseases of Childhood and Young Adulthood Graduate students	Harvard School of Public Health 30 hours/year
2017, 2018	Instructor, Epidemiology of Disorders and Diseases of Childhood and Young Adulthood Undergraduate and Graduate students	Brown University School of Public Health 60 hours/year

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

2002	Harvard Pediatric Health Services Research Seminar Series, Guest Lecturer, “Dieting, Unhealthy Weight Control Practices and Body Weight” Faculty and fellows	Children’s Hospital Boston 3 hours/year
2002	Introductions to Clinical Research Lecturer, “Bias and Confounding” Faculty and fellows	Children’s Hospital Boston 3 hours/year
2003	Introductions to Clinical Research Lecturer, “Bias and Confounding” Faculty and fellows	Children’s Hospital Boston 3 hours/year
2004	Office of Faculty Development Workshop Lecturer, “Bias and Confounding: When to Worry” Faculty and fellows	Children’s Hospital Boston 3 hours/year
2008	Introductions to Clinical Research, Guest Lecturer, “Observational Study Designs” Faculty and fellows	Children’s Hospital Boston 1 hour/year

Formally Supervised Trainees and Faculty

2002-2005	David O’Riordan, PhD, Senior Research Specialist, University of California, San Francisco Palliative Care Service
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- 2003-2005 Mentored Dr. Riordan to conduct an analysis on weight concerns and use of tanning beds and write up a paper summarizing the results.
Keith Loud, MD, MSc, Visiting Associate Professor of Pediatrics, Dartmouth Medical School
- 2004-2008 Mentored Dr. Loud to oversee analyses and contribute to writing a grant and paper on the epidemiology of stress fracture in the Growing Up Today Study.
Tracy Richmond, MD, MPH, Instructor in Pediatrics, Division of Adolescent Medicine, Children's Hospital Boston
- 2004-2006 Provided guidance on analyses on the effects of school environments on adolescent overweight and the paper summarizing the results.
Nefertiti Durant, MD, MPH, Assistant Professor, General Pediatrics and Adolescent Medicine, University of Alabama at Birmingham School of Medicine
- 2004-2007 Worked with Dr. Durant to refine an instrument to study the environmental determinants of obesity and provided guidance on manuscripts related to obesity.
Elise DeVore Berlan, MD, MPH, FAAP, Assistant Professor of Pediatrics, Columbus Children's Hospital, Division of Adolescent Health, Ohio State University College of Medicine
- 2004-2006 Provided guidance on the analysis of the association of perceived social status, bullying, sexual orientation, and overweight among adolescents and young adults and helped with interpretation of the results and editing the resulting manuscript.
Susan Hayden Gray, MD, Instructor in Pediatrics, Children's Hospital Boston, Martha Eliot Health Center
- 2005-2010 Helped with interpretation of analytic results and explanation of finding related to factors that are associated with delayed age at sexual debut in the Growing Up Today Study for the abstract and paper
Rania Mekary, MSc, PhD, Research Associate, Department of Nutrition, Harvard School of Public Health
- 2005-2013 Mentored Dr. Mekary on complex analyses related to studying the association of physical activity to weight change and weight maintenance and helped her to write and submit papers, abstracts, and grants.
Sharon Iron-Segev, ScD, Director, Interdisciplinary Center for Weight Management, Nutrition, and Wellness, Israel
- 2006 -2007 Mentored Dr. Iron-Segev to develop analyses on early life determinants of eating disorders and write papers summarizing the results.
Kristin N. Javaras, D Phil, Post-Doctoral Fellow, Department of Psychology, University of Wisconsin
- 2007-2009 Worked with Dr. Javaras on a project to investigate the impact of missing data on analyses on the development of eating disorders in the Growing Up Today Study
Jess Haines, PhD, MHSc, RD, Assistant Professor, Family Relations and Applied Nutrition, University of Guelph, Ontario
- 2008 Provided guidance writing grants and manuscripts on peer, parent, and media influences on the development of eating disorders and obesity
Jessica Perkins, Doctoral student, Health Policy and Management, Harvard School of Public Health
- 2008-2010 Helped Ms. Perkins to formulate the ideas for her masters thesis on obesity among youth in the United States and was a thesis reader
Hayley Hunt, Doctoral student, Department of Nutrition, Harvard School of Public Health
- Providing mentoring on substantive and methodological issues related to studying how

- depression is related to disordered and obesity
- 2008-2015 Nicolas Oreskovic, Instructor, Internal Medicine - Pediatrics, Massachusetts General Hospital
Helping Dr. Oreskovic to write a grant on studying how social factors and the built environments of adolescents are related to obesity
- 2009-2011 Mette Kildevæld Simonsen, Doctoral student, Institute of Preventive Medicine, Copenhagen, Denmark
Mentoring analyses on intentional weight loss and mortality in the Nurses' Health Study
- 2009 -2015 Karen Mitchell, Clinical Research Psychologist, National Center for PTSD
Mentoring Dr. Mitchell on the analyses of stress and binge eating.
- 2010- 2015 Kendrin Sonneville, ScD, Instructor in Pediatrics, Children's Hospital Boston
Mentoring Dr. Sonneville on the analyses of eating disorder classification and dietary predictors of stress fractures, resulting in published papers, and writing grant for Mentored Research Scientist Development Award (K01)
- 2010- 2013 Jennifer Falbe, Doctoral Student, Harvard School of Public Health
Providing mentorship to Dr. Falbe on the modeling of media use and weight gain among children and adolescents.
- 2011-2012 Maureen Harris, Masters Student, Harvard School of Public Health
Providing mentorship to Ms. Harris on analyses of eating disorder behaviors and stress fractures.
- 2011-2012 Victoria Macias, Masters Student, Harvard School of Public Health
Mentoring Ms. Macias on analyses of the association emotional and externally induced eating among adolescents and their mothers.
- 2011-2015 Knut Skagen, Medical Student, University of Trondheim, Norway
Mentoring Mr. Skagen on an analysis on correlates of weight gain among adolescents with early puberty.
- 2012-2014 Sonja Swanson, ScM, Masters Student, Harvard School of Public Health
Mentoring Ms. Swanson on eating disorder analyses using latent class analysis.
- 2012-2017 Melanie Kornides, Doctoral Student, Harvard School of Public Health
Mentoring Ms. Kornides on analyses of pattern of physical activity and weight gain among adolescents
- 2012-2015 Holly Gooding, Instructor, Division of Adolescent/Young Adult Medicine
Mentoring Dr. Gooding on writing her K23 application and in conducting analyses predicting hypertension and other cardiovascular risk among adolescents and young adults.
- 2012-2015 Nancy Dodson, Medical Fellow, Division of Adolescent/Young Adult Medicine
Mentoring Dr. Dodson on her fellowship project investigating the association of sense of mission with sexual risk behaviors among young adults, abstract written and manuscript in preparation.
- 2013-2015 Nasim Maleki, PhD, Assistant Professor, Department of Anesthesia
Mentoring Dr. Maleki on how to investigate the association of endogenous and exogenous hormones and migraine in an epidemiologic study.
- 2016- Kim Glazer, PhD student, Brown University School of Public Health
Mentoring Ms. Glazer on analyses related to course of eating disorders on a population-based sample of females
- 2016- Hannah Ziobrowski, PhD student, Brown University School of Public Health
Mentoring Ms. Ziobrowski on analyses related to differences between females with full or partial criteria eating disorders who do versus do not seek treatment.

Local Invited Presentations

No presentations below were sponsored by outside entities.

- 2001 The Relationship of Diet, Activity, and Inactivity to the Development of Obesity.

 Nutrition and Disease Prevention Symposium
 The Division of Nutrition and the Harvard Clinical Nutrition Research Center, Harvard
 Medical School and the Harvard Human Nutrition Program, Harvard School of Public
 Health
- 2002 Striving for the Unattainable: Media Portrayals of Attractiveness and their Effect on
 Children / Lecture
 Harvard School of Public Health Media Symposium, Boston, MA
- 2002 Anthropometric and Behavioral Correlates of Weight Cycling / Lecture
 Boston Obesity Nutrition Research Center Epidemiology & Biostatistics Core, Harvard
 School of Public Health, Boston, MA
- 2003 The Relationship of Diet, Activity, and Inactivity to the Development of Obesity / Lecture
 The 4th Annual Postgraduate Nutrition Symposium, Harvard Medical School, Boston, MA
- 2003 Advances in Understanding the Development of Eating Disorders and Obesity / Grand
 Rounds Lecture
 Department of Medicine, Children's Hospital Boston, Boston, MA
- 2003 Methods for Measuring Dietary Intake in Epidemiologic Studies / Lecture
 Understanding Methods in Obesity Research, a Boston Obesity Nutrition Research Center
 course, Boston University School of Medicine, Boston, MA
- 2004 Modifiable Determinants of Obesity in Children and Adolescents / Lecture
 Harvard Medical School's Center for Excellence in Women's Health 5th Annual Women's
 Health Research Conference
- 2004 Association of Weight Change, Weight Control Practices, and Weight Cycling among
 Women in the Nurses' Health Study II / Invited Lecture
 Boston Obesity and Nutrition Research Center (BONRC) Epidemiology & Biostatistics
 Core, Harvard School of Public Health, Boston, MA
- 2006 Peer, Parent, and Media Predictors of Becoming Eating Disordered: Complications with
 Modeling Longitudinal Survey Data / Lecture Psychiatric Biostatistics Seminar Series
 Department of Biostatistics, Harvard School of Public Health, Boston, MA
- 2006 Advances in Understanding the Development of Eating Disorders and Obesity /Grand
 Rounds Lecture
 Department of Medicine, Children's Hospital Boston, Boston, MA
- 2007 Weight Cycling and Mortality
 Faculty & Fellows Conference, Division of Adolescent Medicine, Children's Hospital
 Boston, Boston, MA
- 2007 Recruiting and Retaining a Cohort: Methods Used in the Nurses' Health Study II and the
 Growing Up Today Study / Lecture
 Harvard Catalyst: The Harvard Clinical and Translational Science Center, Harvard
 University, Boston, MA
- 2008 Modifiable Determinants of Eating Disorders and Obesity / Lecture
 Grand Rounds Lecture, Children's Hospital Boston, Boston, MA
- 2009 Preventing Weight Gain and Regain: What is Important and How Can It Be Measured? /
 Lecture
 Department of Surgery, Brigham and Women's Hospital, Boston, MA
- 2009 Prevention of Unhealthy Weight Gain in Children and Adolescents / Invited Lecture

- 2012 Harvard Medical School Longwood Nutrition Seminar Series, Boston, MA
Correlates and Consequences of Eating for Reasons Other than Hunger / Invited Lecture
Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA
- 2013 Prevalence and Consequences of Eating Disorders among Adolescents and Young Adults /
Invited Lecture
Channing Division of Network Medicine, Brigham and Women's Hospital, Boston, MA
- 2014 Prevalent, but often Overlooked, Risk Factors and Consequences for Weight-Related
Disorders Among Children and Adolescents / Invited Lecture
Massachusetts General Hospital - Center for Child & Adolescent Health Research and
Policy, Boston, MA
- 2018 Advancing Obesity Research by Focusing on Heterogeneity / Invited Lecture
Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA

Report of Regional, National and International Invited Teaching and Presentations

No presentations below were sponsored by outside entities.

Regional:

- 1997-1998 The Epidemiology of Eating Disorders / Invited Lecture
Epidemiologic Study Design for Nutrition Research Course, Tufts Medical School
- 1997-1998 Clinical Seminar Series / Invited Lecture
Boston Obesity Nutrition Research Center, Boston Medical Center, Boston University
- 1999-2000 Methodological Issues in the Study of Eating Disorders / Invited Lecture
Epidemiologic Study Design for Nutrition Research Course, Tufts Medical School
- 1999 Peer, parent and Media Influences on the Development of Weight Concerns and Frequent
Dieting among Preadolescent and Adolescent Girls and Boys / Lecture
Boston Obesity Nutrition Research Center Biostatistics/Epidemiology Working Group,
Boston, MA
- 2000 Nutritional Epidemiology /Invited Lecture
Nutritional Epidemiology Course, Boston University
- 2001 Methodological Issues in the Study of Eating Disorders & Obesity / Invited Lecture
Epidemiologic Study Design for Nutrition Research Guest Lecturer, Tufts Medical School
- 2003 Methods for Measuring Dietary Intake in Epidemiologic Studies / Lecture
Understanding Methods in Obesity Research, Boston Obesity Nutrition Research Center
Symposium, Boston, MA
- 2003 The Relationship of Diet, Activity, and Inactivity to the Development of Obesity / Lecture
Childhood and Adolescent Obesity in Urban Populations: Prevention, Interventions, and
Policy session of the 3rd International Conference on Urban Health, Boston, MA
- 2003 Weight Concerns of Body Image of Adolescent and Adult Females / Lecture
Women's Fitness Summit, Boston, MA
- 2004 Eating Disorders among Children and Adolescents / Guest Lecture
Marion Mason Nutrition Seminar Series, Simmons College, Boston, MA
- 2005 Advanced Nutrition and Disease Prevention / Guest Lecture
Boston University, Boston, MA
- 2008 Causes and Consequences of Childhood Obesity / Lecture
Division of General Pediatrics, Massachusetts General Hospital, Boston, MA
- 2009 Assessing Predictors of Becoming Eating Disordered: Complications of Modeling
Longitudinal Survey Data / Lecture
Department of Mathematics and Statistics, Smith College, Northampton, MA

- 2009 Preventing Weight Gain: What Should We Recommend? / Lecture
Yale Rudd Center for Food Policy and Obesity, Yale University, New Haven, CT
- 2010 Causes and Consequences of Childhood Obesity / Lecture, Obesity Science and Policy
Division of Public Health and Professional Degrees, Tufts University, Boston, MA
- 2010 Obesity Prevention: Is it time to rethink our approach? / Invited Lecture
Center for Obesity Research & Education (CORE), Temple University, Philadelphia, PA
- 2011-2012 Childhood Obesity: What Should We Target for Intervention? / Invited Lecture
Graduate Medical Nutrition Sciences “Nutritional Aspects of Disease,” Boston University
School of Medicine, Boston, MA
- 2012 Common Eating Disorders Predictive of Adverse Outcomes are Missed by the Diagnostic
Criteria / Invited Lecture
Department of Epidemiology, Harvard School of Public Health, Boston, MA
- 2013 Sports Drinks: Masquerading as Healthy While Promoting Weight gain / Invited Lecture
Harvard Transdisciplinary Research on Energetics and Cancer Center (TREC) Annual
Conference, Harvard School of Public Health, Boston, MA
- 2013 Causes of Obesity in Pediatric Populations / Invited Lecture
The 26th Annual Blackburn Course in Obesity Medicine: Practical Approaches and Board
Review
Cambridge, MA
- 2014 Causes of Obesity in Pediatric Populations / Invited Lectures
The 27th Annual Blackburn Course in Obesity Medicine: Practical Approaches and Board
Review
Cambridge, MA
- 2015 Rethinking Obesity Epidemiology / Invited Lecture
Department of Epidemiology, Brown University School of Public Health
Providence, RI
- 2015 Subtyping Obesity and Eating Disorders to Better Understand Causes, Correlates, and
Consequences
Center for Basic and Translational Obesity Research
Boston Children’s Hospital
Boston, MA
- 2015 Childhood Eating Disorders and Obesity
10th Annual Obesity Summit
Cleveland Clinic Center for Continuing Education
Cleveland, OH
- National:**
- 2001 Associations Between Dieting, Unhealthy Weight Control Practices, and Body Weight:
Prospective Results from a Cohort Study of Preadolescents and Adolescents / Lecture
National Institute of Child Health and Development, Bethesda, MD
- 2001 The Impact of the Media on Weight Concerns Among Males / Lecture
Society for Adolescent Health and Medicine Annual Meeting, Boston, MA
- 2001 Weight Change and Morbidity: What Population-Based Studies can Add / Lecture
Nutrition Week (joint meeting of NAASO, now The Obesity Society (TOS), and the
American Dietetic Association), San Diego, CA
- 2003 High Normal Weight Status in Childhood as a Predictor of Being Overweight or Hypertensive
in Early Adulthood / Lecture
Society for Adolescent Health and Medicine Annual Meeting, Seattle, WA

- 2004 Measuring Dietary Intake in Studies of the Determinants of Overweight among Children /
Lecture
Invitational National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)
Scientific Vision Workshop on Modifiable Environmental and Behavioral Determinants of
Overweight among Children and Adolescents, National Institute of Health, Bethesda, MD
- 2004 Measuring Dietary Intake in Studies of the Determinants of Overweight among Children” and
“Obesity Interventions: What Have We Learned and What We Still Need to Figure Out /
Guest Lecture
University of North Carolina, Chapel Hill
- 2005 Advances in Understanding the Development of Eating Disorders / Grand Round Lecture
Stanford School of Medicine, Stanford, CA
- 2005 The Role of Physical Activity in the Prevention and Treatment of Obesity in Children and
Adolescents / Lecture
New Jersey Conference on Childhood Obesity: Challenges and Solutions, Rutgers University,
New Brunswick, NJ
- 2005 Childhood and Adolescent Obesity / Lecture
NAASO, The Obesity Society Annual Meeting, Vancouver, Canada
- 2005 Association of Dietary Intake, Weight Control Strategies, and Binge Eating to Weight Gain
Among Children, Adolescents, and Adult Women / Guest Lecture
Division of Epidemiology, University of Minnesota School of Public Health, Minneapolis,
MN
- 2006 Association of Dietary Intake, Weight Control Strategies, and Binge Eating to Weight Gain
Among Children, Adolescents, and Adult Women / Guest Lecture
Center for Human Nutrition University of Colorado at Denver Health Sciences Center,
Denver, CO
- 2007 Weight cycling and mortality among middle-aged and older women / Invited Lecture
North American Association for the Study of Obesity (NAASO), now The Obesity Society,
Annual Meeting, New Orleans, LA
- 2008 Successful weight control strategies among adolescent and young adult females / Lecture
The Obesity Society (TOS) Annual Meeting, Phoenix, AZ
- 2008 Findings from the Growing Up Today Study / Visiting Professor Lecture
Society for Adolescent Health and Medicine Iris F. Litt Visiting Professorship in Adolescent
Health Research, University of California-San Francisco, San Francisco, CA
- 2008 Advances in Understanding the Development of Eating Disorders and Obesity / Pediatric
Grand Rounds Lecturer
University of California-San Francisco, College of Medicine, San Francisco, CA
- 2008 Methodological Issues to Consider When Studying the Development and Prevention of
Obesity and Eating Disorders / Lecture
University of California-San Francisco, College of Medicine, San Francisco, CA
- 2008 Association of Dietary Intake, Weight Control Strategies, and Binge Eating to Weight Gain
Among Children and Adolescents / Grand Rounds Lecturer
Center for Obesity Assessment, Study and Treatment (COAST), University of California, San
Francisco, CA
- 2008 Preventing Obesity without Promoting Eating Disorders, Contemporary forums/Lead CORE
seminar
San Francisco, CA
- 2008 Association of Dietary Intake and Weight Control Strategies to Weight Gain Among
Children, Adolescents, and Adult Women / Lecture

- School of Public Health, University of California, Berkeley, CA
- 2008 Modifiable Determinants of Eating Disorders and Obesity / Plenary Talk
Society for Adolescent Health and Medicine Annual Meeting, Greensboro, NC
- 2009 Loss of control eating as a predictor of weight gain and the development of overweight, depressive symptoms, binge drinking, and substance use / Lecture
Eating Disorder Classification and Diagnosis Conference, March 16-17, 2009, Arlington, Virginia. Supported by National Institute of Mental Health Grant R13MH081447 (S. Wonderlich P.I.)
- 2010 Prospective Association of Overeating with and without Loss of Control to Subsequently Becoming Overweight or Obese Among Adolescent and Young Adult Females / Oral Presentation
The Obesity Society Annual Meeting, San Diego, CA
- 2011 Telling people what to eat will not solve the obesity epidemic / Invited Lecture
Stanford Prevention Research Center, Stanford University School of Medicine, Stanford, CA
- 2011 Pediatric Antecedents of Adult Diseases / Invited Lecture
American Diabetes Association National Meeting, San Diego, CA
- 2011 Eating disorders in children, adolescents, and young adults: One size does not fit all. Age related differences in definitions and risk factors / Plenary Lecture
Annual Meeting of the International Conference on Eating Disorders, Miami, FL
- 2011 Telling people what to eat will not solve the obesity epidemic / Invited Lecture
Children's Hospital Colorado, Aurora, CO
- 2012 Consequences / Invited Lecture
Binge Eating Disorder: The Next Generation of Research Workshop, April 19-20, 2012
Bethesda, MD. Supported by National Institute of Mental Health Grant R13MH094127 (M. Tanofsky-Kraff and J. Hudson, P.I.s)
- 2012 Atypical Anorexia among Preadolescents and Adolescents / Oral Presentation
Annual Meeting of the International Conference on Eating Disorders, Austin, TX
- 2012 Childhood Obesity – Short and Longterm Consequences and Targets for Intervention / Keynote
American Diabetes Association - 27th Annual Clinical Conference on Diabetes
Bonita Springs, FL
- 2012 Mental Health and Well-Being / Invited Lecture
Pediatric Obesity and Metabolic Syndrome: Prevention and Treatment
Obesity Society preconference course, San Antonio, TX, September 20, 2012
- 2012 Consumption of Sports Drinks Prospectively Associated with Greater Weight Change Among Adolescents / Oral Presentation
Annual Meeting of The Obesity Society
San Antonio, TX
- 2013 Prospective Association of Body Shape Concerns to Developing Adverse Outcomes among Male Adolescents and Young Adults / Platform Presentation
Annual Meeting of Pediatric Academic Society
Washington D.C.
- 2013 Prevalent, but Often Overlooked, Risk Factors for the Development of Obesity Among Adolescents and Young Adults / Invited Symposium Speaker
Annual Meeting of the Society for Study of Ingestive Behavior
New Orleans, LA
- 2013 Independent of BMI, Female Binge Eaters Are More Likely to Develop Diabetes / Oral Presentation

- Annual Meeting of the Obesity Society
Atlanta, Georgia
- 2013 The Merits of Subtyping Obesity: One Size Does Not Fit All / Invited Symposium Speaker
JAMA Network Symposium – Examining Heterogeneity to Better Understand the Benefits and Consequences of Treatment
Obesity Week, the Annual Meeting of the Obesity Society
Atlanta, Georgia
- 2015 Making Sense of Exercise: Interpreting Public Health Messages About Exercise and Weight / Invited Symposium Speaker
Academy for Eating Disorders International Conference on Eating Disorders
Boston, MA
- 2015 Prospective Relationship of Emotional and Externally Induced Eating with Subsequent Weight Gain / Oral Presentation
Obesity Week, the Annual Meeting of the Obesity Society
Los Angeles, California
- 2015 Traditional epidemiologic data: current understanding and knowledge gaps in obesity / Invited Lecture, Harvard Medical School Executive Training Program
Google
Mountain View, CA
- 2015 Data from mobile devices: using technology to improve epidemiology and treatment / Invited Lecture, Harvard Medical School Executive Training Program
Google
Mountain View, CA

International:

- 2008 Growing Up Today Study: An overview / Lecture
Folkhälsan Research Center, University of Helsinki, Finland
- 2010 Binge eating predicts the development of adverse outcomes during adolescence and young adulthood / Lecture
Institute of Psychiatry, King's College, London, United Kingdom
- 2011 The diagnostic criteria are missing and important and common eating disorder in adolescents.
Eating Disorders Research Society 17th Annual Meeting, Edinburgh, Scotland
- 2011 Weight cycling and mortality among middle-aged or older women
From Causes of Obesity to Clinical Applications' International Meeting, Essen, Germany
- 2012 Common eating disorders predictive of adverse outcomes are missed by the DSM-IV and DSM-5 classifications
Department of Child and Adolescent Mental Health, Great Ormond Street Hospital, London, UK
- 2012 The Limitations of Using One Set of Diagnostic Criteria for All Purposes
University College London, London, UK
- 2013 Prevalence, Correlates, and Consequences of Eating Disorders among Male Adolescents and Young Adults
Academy of Eating Disorders 2013 International Conference on Eating Disorders, Montreal, Quebec, Canada
- 2014 Eating and Weight-Related Disorders Among Adolescents and Young Adults: Why Are We Overlooking Prevalent Risk Factors and Consequences / Inaugural Lecture

- 2014 University College London, UK
Eating and Weight-Related Disorders Among Adolescents and Young Adults: Why Are We Overlooking Prevalent Risk Factors and Consequences
University of Bristol, UK
- 2015 Using Surveys to Study Adolescent Health
HUNT Research Center, the Norwegian University of Science and Technology (NTNU), Faculty of Medicine, Trondheim, Norway
- 2015 Behavioral, Environmental, and Genetic Risk Factors for Obesity: What Do We Know and Where Do We Go From Here? / The James Mitchell Lecture
Eating Disorder Research Society
Taormina, Italy
- 2018 Examining Heterogeneity to Better Understand Weight-Related Disorders
Tongji Medical School, Wuhan, China
- 2018 Examining Heterogeneity to Better Understand Weight-Related Disorders
National Institute for Environmental Health, Beijing, China

Report of Education of Patients and Service to the Community

Educational Material for Patients and the Lay Community: Books, monographs, articles and presentations in other media

Media Recognition:

No activities below were sponsored by outside entities

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|------|---|--|
| 2008 | The ups and downs of 'yo-yo' dieting | U.S. News & World Report, 24 October |
| 2009 | The real reasons we overeat | The Atlantic, 29 June |
| 2009 | Are prepared foods making us fat? | The Atlantic, 17 August |
| 2009 | How families teach healthy eating | The Atlantic, 4 November |
| 2011 | Jamba juice's mysterious "dairy base" | Mother Jones, 28 February |
| 2012 | Black girls don't benefit as much from exercise: study | Reuters Health, 5 June |
| 2012 | Sugary Drinks Linked to Increased Genetic Risk of Obesity | Bloomberg Newsweek, 22 September |
| 2013 | Frequent Eating in Kids Tied to Less Weight Gain: But this won't hold true with unhealthy foods, expert warns | Health Day, 8 April |
| 2013 | Unhealthy body shape concerns linked to adverse outcomes | Family Practice News , 20 June |
| 2014 | Body image pressures increasingly affect boys | The Atlantic, 10 March |
| 2014 | Eating disorders and weight concerns among boys | KCRW's Good Food radio program, 19, June |
| 2014 | It's not just girls. Boys struggle with body image, too. | Huffington Post, 17 September |

Report of Scholarship

Peer reviewed publications in print or other media

Research Investigations

1. Field AE, Wolf AM, Herzog DB, Cheung L, Colditz GA. The relationship of caloric intake to

- frequency of dieting among preadolescent and adolescent girls. *J Am Acad Child Adolesc Psychiatry* 1993; 32(6):1246-52.
2. **Field AE**, Colditz GA, Willett WC, Longcope C, McKinlay JB. The relationship of smoking, age, relative weight, and dietary intake to serum adrenal steroids, sex hormones, and sex hormone binding globulin in middle aged men. *J Clin Endocrin Metab* 1994; 79(5):1310-16.
 3. **Field AE**, Colditz GA, Herzog D, Heatherton T. Disordered eating: can women accurately recall their bingeing and purging behaviors ten years later? *Obesity Research* 1996; 4(2):153-59.
 4. Herzog DB, **Field AE**, Keller MB, West JC, Robbins W, Stanley J, Colditz GA. Subtyping eating disorders: is it justified? *J Am Acad Child Adolesc Psychiatry* 1996; 35(7):928-36.
 5. Heatherton TF, Mahamedi F, Striepe M, **Field AE**, Keel P. A 10-year longitudinal study of body weight, dieting and eating disorder symptoms. *J Abnormal Psychology* 1997; 106(10):117-25.
 6. **Field AE**, Colditz GA, Peterson KE. Racial differences in bulimic behaviors among high school females. *Annals New York Acad Sciences* 1997; 817:359-60.
 7. **Field AE**, Colditz GA, Peterson KE. Racial/ethnic and gender differences in concern with weight and bulimic behaviors among adolescents. *Obesity Research* 1997; 5(5):447-54.
 8. Rockett HR, Breitenbach M, Frazier AL, Witschi J, Wolf AM, **Field AE**, Colditz GA. Validation of a youth/adolescent food frequency questionnaire. *Prev Med* 1997; 26(6):808-16.
 9. **Field AE**, Herzog DB, Keller MB, West J, Nussbaum K, Colditz GA. Distinguishing recovery from remission in a cohort of bulimic women: how should asymptomatic periods be described? *J Clin Epidemiol* 1997; 50(12):1339-45.
 10. **Field AE**, Colditz GA, Fox MK, Byers T, Serdula M, Bosch RJ, Peterson KE. Comparison of 4 questionnaires for assessment of fruit and vegetable intake *Am J Public Health* 1998; 88(8):1216-18.
 11. **Field AE**, Cheung L, Wolf AM, Herzog DB, Gortmaker SL, Colditz GA. Exposure to the mass media and weight concerns among girls. *Pediatrics* 1999; 103(3):E36.
 12. **Field AE**, Camargo CA, Taylor CB, Berkey C, Frazier AL, Gillman MW, Colditz GA. Overweight, weight concerns, and bulimic behaviors among girls and boys. *J Am Acad Child Adolesc Psychiatry*. 1999; 38(6):754-60.
 13. Gortmaker SL, Cheung LW, Peterson KE, Chomitz G, Cradle JH, Dart H, Fox MK, Bullock RB, Sobol AM, Colditz G, **Field AE**, Laird N. Impact of a school based interdisciplinary intervention on diet and physical activity among urban primary school children: eat well and keep moving. *Arch Pediatr Adolesc Med* 1999; 153(9):975-83.
 14. **Field AE** , Byers T, Hunter DJ, Laird NM, Manson JE, Williamson DF, Willett WC. Weight cycling, weight gain, and risk of hypertension in women. *Am J Epidemiol* 1999; 150(6):573-79.
 15. **Field AE**, Peterson KE, Gortmaker SL, Cheung L, Rockett HRH, Fox MK, Colditz GA.

Reproducibility and validity of a food frequency questionnaire among fourth to seventh grade inner city school children: implications of age and day to day variation in dietary intake. *Public Health Nutr* 1999; 2(3):293-300.

16. Must A, Spadano J, Coakley EH, **Field AE**, Colditz GA, Dietz WH. The disease burden associated with overweight and obesity in the United States. *JAMA* 1999; 282(16):1523-9.
17. Tomeo CA, **Field AE**, Berkey CS, Colditz GA, Frazier AL. Weight concerns, weight control behaviors, and smoking initiation. *Pediatrics* 1999; 104(4 Pt1):918-24.
18. **Field AE**, Camargo CA, Taylor CB, Berkey C, Colditz GA. Relation of peer and media influences to the development of purging behaviors among preadolescent and adolescent girls. *Arch Ped Adol Med* 1999; 153(11):1184-89.
19. Wei EK, Gardner J, **Field AE**, Rosner BA, Colditz GA, Suitor CW. Validity of a food frequency questionnaire in assessing nutrient intakes of low-income pregnant women. *Matern Child Health J* 1999; 3(4):241-46.
20. Gillman MW, Rifas-Shiman SL, Frazier AL, Rockett HRH, Camargo CA, **Field AE**, Berkey CS, Colditz GA. Family dinner and diet quality among older children and adolescents. *Arch Fam Med* 2000; 9(3):235-40.
21. Berkey CS, Rockett HR, **Field AE**, Gillman MW, Frazier AL, Camargo CA, Colditz GA. Activity, dietary intake, and weight changes in a longitudinal study of preadolescent and adolescent boys and girls. *Pediatrics* 2000; 105(4):E56.
22. **Field AE**, Camargo CA, Taylor CB, Berkey CS, Roberts SB, Colditz GA. Peer, parent, and media influences on the development of weight concerns and frequent dieting among preadolescent and adolescent girls and boys. *Pediatrics* 2001; 107(1):54-60.
23. Gillman MW, Rifas-Shiman SL, Camargo CA, Berkey CS, Frazier AL, Rockett HRH, **Field AE**, Colditz GA. Risk of overweight among adolescents who had been breast fed as infants. *JAMA* 2001; 285(19):2461-67.
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27. **Field AE**, Wing RR, Manson JE, Spiegelman DL, Willett WC. Relationship of a large weight loss to long-term weight change among young and middle-aged US women. *Int J Obes Relat Metab Disord* 2001; 25(8):1113-21.

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41. **Field AE**, Manson JE, Taylor CB, Willett WC, Colditz GA. Association of weight change, weight

- control practices, and weight cycling among women in the Nurses' Health Study II. *Int J Obes Relat Metab Disord* 2004; 28(9):1134-42.
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 44. **Field AE**, Franko DL, Striegel-Moore RH, Schreiber GB, Crawford PB, Daniels SR. Race differences in accuracy of self-reported childhood body size among white and black females. *Obesity Research* 2004; 12:1136-44.
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83.

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Narrative Report

I am public health researcher specializing in nutritional, pediatric, and psychiatric epidemiology. My research focuses on determining the optimal classifications for obesity and eating disorders and identifying the modifiable causes, correlates, consequences, and course of overweight and eating disorders among children, adolescents, and adult women. For example, among the adult women in the Nurses' Health Study and Nurses' Health Study II, I have found that women who weight cycle have weighed more than non-cyclers since age 18 and have gained more weight in adulthood, but once those differences are taken into account, women who weight cycle are not more likely to develop hypertension or diabetes or die earlier than their non-weight cycling peers. I also found that adults with BMIs in the high normal range as well as overweight and obese adults were at increased risk of developing chronic diseases.

Much of my current research uses data from the Growing Up Today Study (GUTS), a prospective cohort study I helped to established in 1996 to assess the predictors of dietary intake, activity, and weight gain and is still ongoing in 2013, with a younger cohort, GUTS II, established in 2004. My early research on eating disorders focused on identifying the personal, peer, family, and media influences on starting to binge eating, purge, or develop an eating disorder. These studies were the first and the largest to investigate these associations prospectively. My findings showing that dieting predicts both weight gain and developing disordered eating helped to draw attention to the fact that this common behavior among adolescent girls is a cause for concern. In addition, my research on parental influences has highlighted the role of fathers on eating disorders and weight concerns of adolescents.

I have also investigated how eating disorders should be best classified. My current project uses data from GUTS, and also youth in the Avon Longitudinal Study of Parents and Children (ALSPAC), a birth cohort in the United Kingdom. Our findings were used by the working group who revised the eating disorder diagnostic criteria in 2013. Future revisions will hopefully also address gender differences in presentation, course, and risk. The latter is highlighted in our paper that was published in JAMA Pediatrics, which is the first large study to shows the distribution of a range of eating disorders in males and how they relate to the development of adverse outcomes.

In addition to the studies on eating disorders, I am investigating the associations of intake of soda, diet soda, sports drinks, fast food, and take out food with BMI gain and the development of obesity among youth in the GUTS II cohort. My finding that sports drinks are a stronger predictor of weight gain than regular soda, which has large policy implications, has generated considerable interest in academic and lay audiences.

I enjoy teaching students and fellows and have been invited to speak on obesity and disordered eating at universities and conferences across the United States, the United Kingdom, Finland, Germany, and Canada. I have also been consulted to provide expertise on development and maintenance of cohort studies of adolescents and young adults and how best to measure dietary intake and eating disorder symptoms among adolescents in large cohort studies in the U.S., England, Finland, and Denmark. In addition, I am very involved in the Obesity Society. I am a former member of the Council and a former Chair of the Pediatric Section. I was a member of the Planning Committee from 2008-2013. During my tenure I established and grew a focus on policy, which is now a distinct track at the annual meeting. I was Chair of the 2013 meeting, which was a joint meeting with the American Society for Metabolic and Bariatric Surgery, and included a policy-focused keynote which was well attended and received. In a Viewpoint that we published in JAMA, we argued that in an era of personalized or precision medicine it would be prudent for obesity to be broken into meaningful subtypes in order to improve prevention and treatment outcomes. I recently published a paper in Obesity in which I operationalized the suggestions I made in JAMA Viewpoint using data from the Longitudinal Assessment of Bariatric Surgery (LABS). We identified four subtypes of obesity and found that they had different weight loss and regain trajectories. I look forward to continuing this area of research, which builds off my eating disorder classification work, my research on the overlap between obesity and eating disorders, and my training in epidemiologic methods. I also seek to train new generations of researchers in using new methods to capture more precise measures of exposures by integrating novel technology into large epidemiologic studies.