

CURRICULUM VITAE
Bess Hya Marcus, Ph.D.

Business Address: Brown University
121 South Main Street, 8th Floor
Providence, RI 02903

Telephone Number: (401) 863-6569
Business Fax: (401) 863-6551
Email Address: Bess_Marcus@Brown.edu

EDUCATION

Undergraduate	1984	B.A., Washington University, Psychology
	1983-1984	Psi Chi President, Washington University
	1984	Magna Cum Laude in Psychology, Washington University
	1984	Mortar Board, Washington University
	1984	Phi Beta Kappa, Washington University

Graduate	1986	M.S., Auburn University, Clinical Psychology
	1988	Ph.D., Auburn University, Clinical Psychology (American Psychological Association Accredited)

POSTGRADUATE TRAINING

Internship	1987-1988	Psychology Intern, Veterans Administration Medical Center, Clinical Psychology Internship Program, Atlanta, Georgia. Specializing in Health Psychology. (American Psychological Association Accredited)
Fellowship	1988-1989	Postdoctoral Fellow, Brown University Psychology Fellowship Program, Providence, Rhode Island. Specializing in Behavioral Medicine Research.

POSTGRADUATE HONORS AND AWARDS

1992	New Investigator Award, Society of Behavioral Medicine
1996	AM, Ad Eundum, Brown University
1997	Leadership Commitment Award, American Heart Association, Rhode Island Affiliate
2004	Faculty Mentoring Award, Department of Psychiatry and Human Behavior, Brown University
2004	Active Living by Design Person of the Year, Robert Wood Johnson Foundation
2006	Lifetime Member, Manchester Who's Who Executive and Professional Registry
2008	Faculty Mentoring Award, Center of Excellence in Women's Health, Brown University

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

1989-present Licensed for independent practice in Psychology, State of Rhode Island. License #403.

ACADEMIC APPOINTMENTS

1991-1995 Assistant Professor of Psychiatry and Human Behavior, Brown University
1994-2000 Collaborating Senior Research Scientist, New England Research Institute
1995-2000 Associate Professor of Psychiatry and Human Behavior, Brown University
2000-present Professor of Psychiatry and Human Behavior, Brown University
2007-present Professor of Community Health, Brown University

HOSPITAL APPOINTMENTS

1989-present Staff Psychologist, The Miriam Hospital
1999-present Member, Executive Committee, Centers for Behavioral and Preventive Medicine at The Miriam Hospital
2004-present Director, Centers for Behavioral and Preventive Medicine at The Miriam Hospital
2005-present Member, Research Advisory Committee, Lifespan Academic Medical Center

OTHER APPOINTMENTS

Local and Community Appointments

1991-1995 Invited Member, Smoking and Health Committee, American Heart Association, Rhode Island Affiliate.
1991 Invited Member, Rhode Island Advisory Committee on Physical Activity and Health.
1990-1994 Invited Member, Project ASSIST Women's Tobacco Task Force.
1990-1995 Invited Member, Exercise and Health Committee, American Heart Association, Rhode Island Affiliate.
1992-1993 Chair, Media Subcommittee, Exercise and Health Committee, American Heart Association, Rhode Island Affiliate.
1993-1995 Invited Member, Governor's Advisory Council on Physical Fitness and Health, Providence, RI.
1993-1994 Invited Member, Subcommittee on Exercise and Health, American Heart Association National Center, Dallas, TX.
1994-1997 Chair, Smoking and Health Committee, American Heart Association, Rhode Island Affiliate.
1996-1998 Invited Member, Rhode Island Department of Health Prevention Coalition, Providence, RI.
1996-1998 Invited Member, New Initiatives Subcommittee and Evaluation Subcommittee, Rhode Island Department of Health Prevention Coalition, Providence, RI.
2003-present Invited Member, Center of Excellence Advisory Committee: National Center of Excellence in Women's Health, Women and Infants Hospital and Brown Medical School.

2006	Invited Speaker, the Miriam Hospital Foundation Board of Trustees
2007	Invited Speaker, the Miriam Hospital Foundation Board of Trustees
2007-present	Invited Member, YMCA Pioneering Healthier Communities Initiative, Providence, RI
2008	Invited Speaker, the Miriam Hospital Foundation Board of Trustees
2009	Invited Speaker, the Miriam Hospital Foundation Board of Trustees

National Institutes of Health Committees and Panels

1990	Invited Member, Task Force III: Implications for Prevention and Interventions. Consensus Conference on Smoking and Body Weight. National Heart, Lung, and Blood Institute and Memphis State University, Memphis, TN, September 10-13, 1990.
1991	Invited Member, Task Force: Determinants of Physical Activity. <i>Workshop on Physical Activity and Cardiovascular Health: Special Emphasis on Women and Youth</i> . National Heart, Lung, and Blood Institute, Washington, DC, August 27-29, 1991.
1991	Invited Member, Task Force: Biobehavioral Influences on Cardiovascular Disease Risk Factors and Health Behaviors in Women. <i>Workshop on Women, Behavior and Cardiovascular Disease</i> . National Heart, Lung, and Blood Institute, Washington, DC, September 25-27, 1991.
1992	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Washington, DC, November 12-13, 1992.
1993	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Washington, DC, March 4-5, 1993.
1993	Invited Principal Discussant, Workshop on Physical Activity and Health. National Institutes of Health Conference, <i>Disease Prevention Research at NIH: An Agenda for All</i> , Bethesda, MD, October 7, 1993.
1994	Invited Member, National Heart, Lung, and Blood Institute Special Emphasis Panel, Bethesda, MD, March 1-2, 1994.
1994	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Bethesda, MD, March 17-18, 1994.
1995	Invited Speaker, NIH Consensus Development Conference: <i>Physical Activity and Cardiovascular Health</i> , Bethesda, MD, December 18-20, 1995.
1996	Contributing Author, <i>Physical Activity and Health. A Report of the Surgeon General</i> . USDHHS. Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion.
1997	Invited Speaker, U.S. Public Health Service's Office of Women's Health, <i>First National Leadership Conference on Physical Activity and Women's Health</i> , Washington, DC, February 18-19, 1997.
1997	Invited Member, National Institutes of Health Small Business Innovation Research Study Section, Bethesda, MD, July 22-23, 1997.
1998	Chair, Physical Activity Behavior Change Working Group. National Heart, Lung, and Blood Institute Workshop, <i>Maintenance of Behavior Change</i> , Bethesda, MD, July 6-7, 1998.
1998	Nominated for membership to Community Prevention and Control Study Section, National Institutes of Health, July 1998.
1998	Invited Member, National Institutes of Health Community Prevention and Control Study Section, Bethesda, MD, October 15-16, 1998.
1999-2001	Invited Member, National Institutes of Health SNEM-1 Study Section, Bethesda, MD.
2002	Speaker, NIH Conference, <i>Cardiovascular Health for All: The Challenge of Healthy People 2010</i> , Washington, DC, April 11-13, 2002.

- 2006 Invited Member, National Institutes of Health Neurological, Aging, and Musculoskeletal Epidemiology (NAME) Study Section, Bethesda, MD, July 31, 2006.
- 2007 Invited Speaker, National Institute on Drug Abuse Workshop, *Exercise and Substance Abuse Treatment*, Rockville MD, December 6, 2007.
- 2008 Invited Speaker: *Can Physical Activity and Exercise Prevent Drug Abuse? Promoting a Full Range of Science to Inform Prevention* meeting, National Institute on Drug Abuse, Bethesda, MD, June 5, 2008.
- 2009-2010 Member, Core Steering Committee, *Moving into the Future-New Dimensions and Strategies for Women's Health Research for the NIH*.

Centers for Disease Control and Prevention, American Heart Association, Robert Wood Johnson Foundation, and American College of Sports Medicine Committees and Panels

- 1993 Invited Member, Sedentary Lifestyle Working Group. *Prevention Conference III, Behavior Change and Compliance: Keys to Improving Cardiovascular Health*. American Heart Association, Monterey, CA, January 15-17, 1993.
- 1993 Invited Discussant, *Consensus Conference on Physical Activity and Public Health*. Centers for Disease Control and Prevention, Atlanta, GA, March 31-April 1, 1993.
- 1994-present Invited Member, National Advisory Panel for the Centers for Disease Control and Prevention Research Center at the University of South Carolina.
- 1996-1997 Invited Member, Behavior Change Campaign Committee, American College of Sports Medicine.
- 1998 Invited Participant, *Women's Cardiovascular Health Network Meeting*, Centers for Disease Control and Prevention, Atlanta, GA, December 7, 1998.
- 2001-present Invited Member, Committee on Physical Activity: Council on Nutrition, Physical Activity and Metabolism, American Heart Association.
- 2002-2004 Invited Member, Robert Wood Johnson Foundation Active Living By Design National Advisory Committee.
- 2003-2006 Invited Member, Expert Panel on Population and Prevention Science, American Heart Association.
- 2004-2006 Chair, American Heart Association, Physical Activity and Behavior Change Writing Group.
- 2007-present Invited Member, Executive Committee for the Development of a National Strategic Plan for Physical Activity, Centers for Disease Control and Prevention.
- 2009-present Chair, Mass Media Working Group, National Plan for Physical Activity, Centers for Disease Control and Prevention.

Editorial Boards and Scientific Advisory Boards

- 1993-1996 Governor's Advisory Council on Physical Fitness and Health, Providence, RI.
- 1994-1996 Invited Member, Review Board, *American Journal of Health Behavior*.
- 1997 Invited Member, Scientific Program Committee, Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Physical Activity Interventions, Dallas, TX, November 1997.
- 1994-1997 Invited Member, American Council on Exercise Public Education Advisory Committee.
- 1995-present Invited Member, Scientific Advisory Board, C. Everett Koop Foundation, Shape Up America, Washington, DC.

1995-1998	Invited Member, Scientific Advisory Board, International Health, Racquet, and Sports Club Association (IHRSA).
1998	Editorial Board, <i>Journal of Lifestyle Medicine</i> .
1998	Editorial Committee, <i>Research and Sport/Kirola Ikertuz</i> .
1999	Editorial Board, <i>Psychology of Sport and Exercise</i> .
1999	Invited Member, Scientific Program Committee, Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Physical Activity and Cancer, Dallas, TX, November 2000.
2001	Invited Member, Scientific Program Committee, Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Mediators and Moderators of Behavior Change, Dallas, TX, November 2001.
2002-2005	Invited Member, Robert Wood Johnson Foundation Active Living By Design National Advisory Committee.
2002-present	Invited Member, Women's Health Advisory Council, National Women's Health Resource Center.
2003-present	Editorial Board, <i>Journal of Physical Activity & Health</i> .
2004-present	Invited Member, Scientific Advisory Board, <i>Health Magazine</i> .
2005	Editorial Board, <i>Journal of Behavioral Medicine</i> .
2006-present	Editorial Board, <i>American Journal of Lifestyle Medicine</i> .
2006	Invited Member, Scientific Advisory Board, The Cooper Institute for Aerobics Research.
2006-present	Editorial Board, <i>Psychology of Sport and Exercise</i> .
2007-present	Scientific Advisory Board, The Health Fitness Corporation.
2007-present	International Editorial Board, <i>Journal of Mental Health and Physical Activity</i> .

UNIVERSITY COMMITTEES

1989-present	Member, Brown University Psychology Internship Consortium, Behavioral Medicine Track.
1997-present	Member, Brown University Department of Psychiatry and Human Behavior, Executive Committee on Research.
2002-present	Member, Brown University Clinical Psychology Training Program, Mentoring Committee.
2004-present	Member, Brown University Psychiatry Management Advisory Committee.
2004-present	Member, Brown University BioMed Faculty Council.
2006-2009	Elected Member, Brown University Committee on Medical Faculty Appointments.
2008-present	Member, Masters in Public Health Admissions Committee, Program in Public Health, Brown University.
2008-present	Department of Community Health Faculty Liaison to the Sheridan Center, Brown University.
2008-present	First-Year Advisor, Brown University.
2009-present	ADVANCE Program Mentor, Brown University
2009-present	Sophomore Advisor, Brown University
2009-present	Behavioral and Social Sciences Graduate Program Director, Brown University

MEMBERSHIP IN SOCIETIES

Member, Association for the Advancement of Behavior Therapy
 Member, American Psychological Association

Division 35, Psychology of Women

Division 38, Health Psychology

Division 47, Exercise and Sport Psychology

Member, American Public Health Association

Member, Rhode Island Psychological Association

Member, American College of Sports Medicine

Member, American Heart Association, New England Affiliate

Fellow, Society of Behavioral Medicine

PUBLICATIONS IN PEER-REVIEWED JOURNALS

1991

1. **Marcus, B. H.**, Albrecht, A. E., Niaura, R. S., Abrams, D. B., & Thompson, P. D. (1991). Usefulness of physical exercise for maintaining smoking cessation in women. *American Journal of Cardiology*, *68*, 406-407.

1992

2. Emmons, K. E., Abrams, D. B., Marshall, R., Etzel, R., Novotny, T., **Marcus, B. H.**, & Kane, M. (1992). A study of exposure to environmental tobacco smoke in naturalistic settings. *American Journal of Public Health*, *82*, 24-28.
3. Gritz, E., St. Jeor, S., Biener, L., Blair, S., Bowen, D., Brunner, R., Dehorn, A., Emont, S., Foreyt, J., Haire-Joshu, D., Hall, S., Hill, R., Jensen, J., Johnson, K., Kristeller, J., **Marcus, B.**, Nides, M., Pirie, P., Solomon, L., Stillman, F., Ernst, J., & Zeigler, C. (1992). Task Force III: Smoking and body weight, implications for prevention and interventions. *Health Psychology*, *11*(Suppl.), 17-25.
4. King, A. C., Blair, S. N., Bild, D., Dubbert, P. M., **Marcus, B. H.**, Oldridge, N. O., Paffenbarger, R. S., Powell, K. E., & Yeager, K. (1992). Determinants of physical activity and interventions in adults. *Medicine and Science in Sports and Exercise*, *24*, S221-S236.
5. **Marcus, B. H.**, Banspach, S. W., Lefebvre, R. C., Rossi, J. S., Carleton, R. A., & Abrams, D. B. (1992). Using the stages of change model to increase the adoption of physical activity among community participants. *American Journal of Health Promotion*, *6*, 424-429.
6. **Marcus, B. H.**, Emmons, K. M., Abrams, D. B., Marshall, R. J., Kane, M., Etzel, R., & Novotny, T. (1992). Restrictive Workplace Smoking Policies: Impact on nonsmoker's tobacco exposure. *Journal of Public Health Policy*, *13*, 42-51.
7. **Marcus, B. H.**, & Owen, N. (1992). Motivational readiness, self-efficacy and decision-making for exercise. *Journal of Applied Social Psychology*, *22*, 3-16.
8. **Marcus, B. H.**, Rakowski, W., & Rossi, J. S. (1992). Assessing motivational readiness and decision-making for exercise. *Health Psychology*, *11*, 257-261.
9. **Marcus, B. H.**, Rossi, J. S., Selby, V. C., Niaura, R. S., & Abrams, D. B. (1992). The stages and processes of exercise adoption and maintenance in a worksite sample. *Health Psychology*, *11*, 386-395.

10. **Marcus, B. H.**, Selby, V. C., Niaura, R. S., & Rossi, J. S. (1992). Self-efficacy and the stages of exercise behavior change. *Research Quarterly for Exercise and Sport*, 63,60-66.
11. Rakowski, W., Dube, C., **Marcus, B. H.**, Prochaska, J., Velicer, W., & Abrams, D. (1992). Assessing elements of women's decisions about mammography. *Health Psychology*, 11, 111-118.
12. Emmons, K. E., Clark, M. M., Friedman, F., Linnan, L., **Marcus, B. H.**, & Abrams, D. B. (1992). Challenges facing behavioral medicine in the 1990's: The development and maintenance of health promotion programs in the private teaching hospital. *The Behavior Therapist*, 15, 198-201.

1993

13. Blair, S. N., Powell, K. E., Bazzarre, T. L., Early, J. L., Epstein, L. H., Green, L. W., Harris, S. S., Haskell, W. L., King, A. C., Koplan, J., **Marcus, B. H.**, Paffenbarger, R. S., & Yeager, K. K. (1993). Physical inactivity, workshop V. *Circulation*, 88, 1402-1405.
14. Booth, M. L., Macaskill, P., Owen, N., Oldenburg, B., **Marcus, B. H.**, & Bauman, A. (1993). Population prevalence and correlates of stages of change in physical activity. *Health Education Quarterly*, 20, 431-440.
15. **Marcus, B. H.**, & Simkin, L. R. (1993). The stages of exercise behavior. *Journal of Sports Medicine and Physical Fitness*, 33, 83-88.
16. **Marcus, B. H.**, & Stanton, A. L. (1993). Evaluation of relapse prevention and reinforcement interventions to promote exercise adherence in sedentary females. *Research Quarterly for Exercise and Sport*, 64, 447-452.
17. **Marcus, B.**, Rakowski, W., Simkin, L.R., & Taylor, E.R. (1993). Exercise behavior among older adults. *Rhode Island Medicine*, 76(1), 31-4.

1994

18. Blair, S. N., Wood, P. D., Sallis, J., Fox, S., King, A. C., Kriska, A., Macera, C., **Marcus, B. H.**, Pratt, M., & Thompson, P. D. (1994). Workshop E: Physical activity and health. *Preventive Medicine*, 23, 558-559.
19. Clark, M., **Marcus, B. H.**, Pera, V., & Niaura, R. S. (1994). Changes in eating inventory scores following obesity treatment. *The International Journal of Eating Disorders*, 15, 401-405.
20. Emmons, K. M., Abrams, D. B., Marshall, R., **Marcus, B. H.**, Kane, M., Novotny, T. E., & Etzel, R. A. (1994). An evaluation of the relationship between self-report and biochemical measures of environmental tobacco smoke exposure. *Preventive Medicine*, 23, 35-39.
21. Emmons, K. M., **Marcus, B. H.**, Linnan, L., Rossi, J. S., & Abrams, D. B. (1994). Mechanisms in multiple risk factor interventions: Smoking, physical activity, and dietary fat intake among manufacturing workers. *Preventive Medicine*, 23, 481-489.
22. **Marcus, B. H.**, Eaton, C. A., Rossi, J. S., & Harlow, L. L. (1994). Self-efficacy, decision-making and stages of change: An integrative model of physical exercise. *Journal of Applied Social Psychology*, 24, 489-508.

23. **Marcus, B. H.**, Emmons, K. M., Simkin, L. R., Albrecht, A. E., Stoney, C. M., & Abrams, D. B. (1994). Women and smoking cessation: Current status and future directions. *Medicine, Exercise, Nutrition, and Health, 3*, 17-31.
24. **Marcus, B. H.**, Pinto, B. M., Simkin, L. R., Audrain, J. E., & Taylor, E. R. (1994). Application of theoretical models to exercise behavior among employed women. *American Journal of Health Promotion, 9*, 49-55.
25. **Marcus, B. H.**, & Simkin, L. R. (1994). The transtheoretical model: Applications to exercise behavior. *Medicine and Science in Sports and Exercise, 26*, 1400-1404.
26. Milan, F., **Marcus, B.**, Goldstein, M., & Taylor, E. (1994). Training in exercise counseling. *Academic Medicine, 69*, 822-823.
27. Pinto, B. M., & **Marcus, B. H.** (1994). Physical activity, exercise, and cancer in women. *Medicine, Exercise, Nutrition, and Health, 3*, 102-111.
28. Prochaska, J. O., Velicer, W. F., Rossi, J. S., Goldstein, M. G., **Marcus, B. H.**, Rakowski, W., Fiore, C., Harlow, L. L., Redding, C. A., Rosenbloom, D., & Rossi, S. R. (1994). Stages of change and decisional balance for twelve problem behaviors. *Health Psychology, 13*, 39-46.

1995

29. **Marcus, B. H.** (1995). Exercise behavior and strategies for intervention. *Research Quarterly for Exercise and Sport, 66*, 319-323.
30. **Marcus, B. H.**, Albrecht, A. E., Niaura, R. S., Taylor, E. R., Simkin, L. R., Feder, S. I., Abrams, D. B., & Thompson, P. D. (1995). Exercise enhances the maintenance of smoking cessation in women. *Addictive Behaviors, 20*, 87-92.
31. **Marcus, B. H.**, Pinto, B. M., Clark, M. C., DePue, J. D., Goldstein, M. G., & Simkin-Silverman, L. (1995). Physician delivered physical activity and nutrition interventions. *Medicine, Exercise, Nutrition & Health, 4*, 325-334.
32. Pate, R. R., Pratt, M., Blair, S. N., Haskell, W. L., Macera, C. A., Bouchard, C., Buchner, D., Caspersen, C. J., Ettinger, W., Heath, G. W., King, A. C., Kriska, A., Leon, A. S., **Marcus, B. H.**, Morris, J., Paffenbarger, R. S., Patrick, K., Pollock, M. L., Rippe, J. M., Sallis, J., & Wilmore, J. H. (1995). Physical activity and public health: A recommendation from the Centers for Disease Control and Prevention and the American College of Sports Medicine. *Journal of the American Medical Association, 273*, 402-407.
33. Pinto, B. M., & **Marcus, B. H.** (1995). A stages of change approach to understanding college students' physical activity. *Journal of American College Health, 44*, 27-31.

1996

34. Bock, B. C., Goldstein, M. G., & **Marcus, B. H.** (1996). Depression following smoking cessation in women. *Journal of Substance Abuse, 8*, 137-144.
35. Borrelli, B., Bock, B., King, T., Pinto, B., & **Marcus, B. H.** (1996). The impact of depression on smoking cessation in women. *American Journal of Preventive Medicine, 12*, 378-387.

36. Emmons, K., Abrams, D., Marshall, R., **Marcus, B.**, Kane, M., Novotny, T., & Etzel, R. (1996). Use of a 24-hour recall diary to assess exposure to environmental tobacco smoke. *Archives of Environmental Health, 51*, 146-149.
37. King, T. K., **Marcus, B. H.**, Pinto, B. M., Emmons, K. M., & Abrams, D. B. (1996). Cognitive behavioral mediators of changing multiple behaviors: Smoking and a sedentary lifestyle. *Preventive Medicine, 25*, 684-691.
38. Long, B. J., Calfas, K. J., Patrick, K., Sallis, J. F., Wooten, W. J., Goldstein, M., **Marcus, B.**, Schwenk, T., Carter, R., Torez, T., Polinkas, L., & Heath, G. (1996). A multisite field test of the acceptability of physical activity counseling in primary care: project PACE. *American Journal of Preventive Medicine, 12*, 73-81.
39. **Marcus, B. H.**, King, T. K., Clark, M. M., Pinto, B. M., & Bock, B. C. (1996). Theories and techniques for promoting physical activity behaviors. *Sports Medicine, 22*, 321-331.
40. **Marcus, B. H.**, Simkin, L. R., Rossi, J. S., & Pinto, B. M. (1996). Longitudinal shifts in employees' stages and processes of exercise behavior change. *American Journal of Health Promotion, 10*, 195-200.
41. Pinto, B. M., **Marcus, B. H.**, & Clark, M. M. (1996). Promoting physical activity in women: The new challenges. *American Journal of Preventive Medicine, 12*, 395-400.

1997

42. Bock, B. C., Albrecht, A. E., Traficante, R. M., Clark, M. M., Pinto, B. M., Tilkemeier, P., & **Marcus, B. H.** (1997). Predictors of exercise adherence following participation in a cardiac rehabilitation program. *International Journal of Behavioral Medicine, 4*(1), 60-75.
43. Bock, B. C., Goldstein, M. G., & **Marcus, B. H.** (1997). Stopping smoking. *USAD: Understanding Stress, Anxiety, and Depression, 2*, 18-21.
44. Dunn, A. L., **Marcus, B. H.**, Kampert, J. B., Garcia, M. E., Kohl, H. W., III, & Blair, S. N. (1997). Reduction in cardiovascular disease risk factors: 6-month results from Project Active. *Preventive Medicine, 26*, 883-892.
45. King, T. K., Borrelli, B., Black, C., Pinto, B. M., & **Marcus, B. H.** (1997). Minority women and tobacco: Implications for smoking cessation interventions. *Annals of Behavioral Medicine, 19*, 301-313.
46. **Marcus, B. H.**, Goldstein, M. G., Jette, A., Simkin-Silverman, L., Pinto, B. M., Milan, F., Washburn, R., Smith, K., Rakowski, W., & Dube, C. (1997). Training physicians to conduct physical activity counseling. *Preventive Medicine, 26*, 382-388.
47. **Marcus, B. H.**, King, T. K., Albrecht, A. E., Parisi, A. F., & Abrams, D. B. (1997). Rationale, design, and baseline data for *Commit to Quit*. An exercise efficacy trial for smoking cessation among women. *Preventive Medicine, 26*, 586-597.
48. **Marcus, B. H.**, & Forsyth, L. H. (1997). The challenge of behavior change. *Medicine and Health/Rhode Island, 80* (9), 300-302.
49. Patterson, R. B., Pinto, B., **Marcus, B.**, Colucci, A., Braun, T., & Roberts, M. (1997). Value of a supervised exercise program for the therapy of arterial claudication. *Journal of Vascular Surgery, 25*, 312-319.

50. Pinto, B., **Marcus, B.**, Patterson, R., Roberts, M., Colucci, A., & Braun, C. (1997). On-site versus home exercise programs: Psychological benefits for patients with arterial claudication. *Journal of Aging and Physical Activity*, 5, 311-328.
51. Reed, G. R., Velicer, W. F., Prochaska, J. O., Rossi, J. S., & **Marcus, B. H.** (1997). What makes a good staging algorithm: Examples from exercise behavior. *American Journal of Health Promotion*, 12, 57-66.

1998

52. Albrecht, A. E., **Marcus, B. H.**, Roberts, M., Forman, D. E., & Parisi, A. F. (1998). Effect of smoking cessation on exercise performance in female smokers participating in exercise training. *American Journal of Cardiology*, 82, 950-955.
53. Bock, B. C., **Marcus, B. H.**, Rossi, J. S., & Redding, C. A. (1998). Motivational readiness for change: Diet, exercise and smoking. *American Journal of Health Behavior*, 22, 248-258.
54. Dunn, A. L., Garcia, M. E., **Marcus, B. H.**, Kampert, J. B., Kohl, H. W., & Blair, S. N. (1998). Six-month physical activity and fitness changes in Project Active, a randomized trial. *Medicine and Science in Sports and Exercise*, 30, 1076-1083.
55. King, A. C., Sallis, J. F., Dunn, A. L., Simons-Morton, D. G., Albright, C. A., Cohen, S., Rejeski, W. J., **Marcus, B. H.**, & Coday, M. C. (1998). Overview of the Activity Counseling Trial (ACT) intervention for promoting physical activity in primary health care settings. *Medicine and Science in Sports and Exercise*, 30, 1086-1096.
56. Kohl, H. W., III, Dunn, A. L., **Marcus, B. H.**, & Blair, S. N. (1998). A randomized trial of physical activity interventions: Design and baseline data from Project Active. *Medicine and Science in Sports and Exercise*, 30, 275-283.
57. **Marcus, B. H.**, Bock, B. C., Pinto, B. M., Forsyth, L. H., Roberts, M. B., & Traficante, R. M. (1998). Efficacy of an individualized, motivationally-tailored physical activity intervention. *Annals of Behavioral Medicine*, 20(3), 174-180.
58. **Marcus, B. H.**, Emmons, K. M., Simkin-Silverman, L. R., Linnan, L. A., Taylor, E. R., Bock, B. C., Roberts, M. B., Rossi, J. S., & Abrams, D. B. (1998). Evaluation of motivationally tailored vs. standard self-help physical activity interventions at the workplace. *American Journal of Health Promotion*, 12, 246-253.
59. **Marcus, B. H.**, & Forsyth, L. H. (1998). Tailoring interventions to promote physically active lifestyles in women. *Women's Health Issues*, 8, 104-111.
60. **Marcus, B. H.**, Owen, N., Forsyth, L. H., Cavill, N., & Fridinger, F. (1998). Physical activity interventions using mass media, print media, and information technology. *American Journal of Preventive Medicine*, 15, 362-378.
61. Niaura, R., **Marcus, B.**, Albrecht, A., Thompson, P., & Abrams, D. (1998). Exercise, smoking cessation, and short-term changes in serum lipids in women: A preliminary investigation. *Medicine and Science in Sports and Exercise*, 30, 1414-1418.
62. Pinto, B. M., Cherico, N., Szymanski, L., & **Marcus, B. H.** (1998). Longitudinal changes in exercise participation among college students. *Journal of American College Health*, 47, 23-27.

63. Pinto, B.M., Goldstein, M.G., & **Marcus, B.H.** (1998). Activity counseling by primary care physicians. *Preventive Medicine, 27*, 506-513.

1999

64. Bock, B., **Marcus, B. H.**, King, T. K., Borrelli, B., & Roberts, M. R. (1999). Exercise effects on withdrawal and mood among women attempting smoking cessation. *Addictive Behaviors, 24*(3), 399-410.
65. Borrelli, B., **Marcus, B. H.**, Clark, M. M., Bock, B. C., King, T. K., & Roberts, M. (1999). History of major depression and subsyndromal depression in women smokers. *Addictive Behaviors, 24*(6), 781-794.
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ABSTRACTS (National)

1988

1. Dubbert, P. M., Terre, L., Rowland, A. K., Krug, L., & **Marcus, B. H.** (1988, August). *Cardiovascular risk reduction in women: Is exercise a viable intervention?* Paper presented at the annual convention of the American Psychological Association, Atlanta, GA.
2. **Marcus, B. H.**, & Stanton, A. L. (1988, August). *Comparison of relapse prevention and reinforcement to promote exercise adherence*. Poster presented at the annual convention of the American Psychological Association, Atlanta, GA.

1989

3. **Marcus, B. H.**, & Stanton, A. L. (1989, March). *Comparison of relapse prevention and reinforcement interventions to promote exercise adherence in sedentary female employees*. Poster presented at the New England Regional Convention of the Association for Fitness in Business, Springfield, MA.
4. **Marcus, B. H.**, Emmons, K. M., Marshall, R. J., Kane, M., & Abrams, D. B. (1989, October). Biochemical markers of individual behavior change and the evolution of worksite smoking policies. In T. Novotny (Chairperson), *Evaluation of smoking policies*. Paper presented at the annual convention of the American Public Health Association, Chicago, IL.
5. **Marcus, B. H.**, Selby, V. C., & Niaura, R. S. (1989, November). *Stages of exercise behavior change: Prevalence and validation*. Poster presented at the Annual Convention, Association for the Advancement of Behavior Therapy, Washington, DC.

1990

6. **Marcus, B. H.**, Selby, V. C., Niaura, R. S., & Rossi, J. S. (1990, April). *Measuring the stages and processes of change for exercise behavior*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Chicago, IL.
7. Emmons, K. M., **Marcus, B. H.**, Abrams, D. B., Marshall, R., Kane, M., Etzel, R., & Novotny, T. (1990, May). *Multiple measures of passive smoking*. Poster presented at the World Conference on Lung Health, Boston, MA.
8. **Marcus, B. H.**, Emmons, K. M., Abrams, D. B., Marshall, R., Kane, M., Novotny, T., & Etzel, R. (1990, May). *The relationship between worksite smoking policy and*

biochemical detection of passive smoking. Poster presented at the World Conference on Lung Health, Boston, MA.

9. **Marcus, B. H.**, Selby, V. C., Niaura, R. S., & Rossi, J. S. (1990, August). The stages and processes of exercise behavior change. In J. Prochaska (Chairperson), *The transtheoretical model in studying exercise behavior change*. Paper presented at the annual convention of the American Psychological Association, Boston, MA.
10. **Marcus, B. H.**, Abrams, D. B., Niaura, R. S., & Rossi, J. S. (1990, August). Initiating and maintaining exercise and other positive health behaviors. In J. Prochaska (Chairperson), *The stages of change: Extensions to new areas of behavior change*. Paper presented at the annual convention of the American Psychological Association, Boston, MA.
11. Clark, M., **Marcus, B.**, & Pera, V. (1990, November). *Changes in cognitive restraint, disinhibition and hunger following participation in a multidisciplinary weight management program*. Poster presented at the annual convention of the Association for the Advancement of Behavior Therapy, San Francisco, CA.
12. **Marcus, B. H.**, Albrecht, A. E., Niaura, R. S., Abrams, D. B., & Thompson, P. D. (1990, November). *Physical exercise improves maintenance of smoking cessation in women*. Paper presented at the annual meeting of the American Heart Association, Dallas, TX.

1991

13. **Marcus, B. H.** & Simkin, L. R. (1991, January). *The stages of exercise adoption*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
14. **Marcus, B. H.**, Lefebvre, R. C., Banspach, S. W., & Rossi, J. S. (1991, March). *Increasing the adoption of physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
15. **Marcus, B. H.**, Banspach, S. W., Lefebvre, R. C., & Rossi, J. S. (1991, August). Women and exercise: Enhancing adoption among lower income community participants. In **B. Marcus** (Chairperson), *Women and exercise: Community and special populations*. Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.
16. Rossi, J. S., **Marcus, B. H.**, Rossi, S. R., Snow, M., Velicer, W. F., & Prochaska, J. O. (1991, August). *Processes of change for smoking, exercise, weight, and alcohol abuse*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
17. **Marcus, B. H.**, Albrecht, A. E., Niaura, R. S., Thompson, P. D., & Abrams, D. B. (1991, September). *Physical exercise improves maintenance of smoking cessation in women*. Poster presented at the Conference on Women, Behavior and Cardiovascular Disease, National Heart, Lung, and Blood Institute, Washington, DC.
18. Banspach, S. W., **Marcus, B. H.**, & Lefebvre, R. C. (1991, November). *Findings from a community health intervention targeting sedentary behaviors*. Poster

presented at the annual convention of the American Public Health Association, Atlanta, GA.

1992

19. **Marcus, B. H.**, Simkin, L. R., & Rossi, J. S. (1992, March). *Stages of exercise behavior: A longitudinal analysis*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New York, NY.
20. Milan, F., **Marcus, B.**, Goldstein, M., & Taylor, E. (1992, March). *Exercise counseling among residents: Do they preach what they practice?* Poster presented at the annual meeting of the Society of Behavioral Medicine, New York, NY.
21. Niaura, R., **Marcus, B.**, Albrecht, A., Thompson, P., & Abrams, D. (1992, March). *Combined effects of exercise and smoking reduction on blood lipids and lipoproteins in women*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New York, NY.
22. Bock, B.C., Pinto, B., Marcus, B., Traficante, R., Redding, C., & Rossi, J. (1992). *Interrelationships between healthy lifestyle behaviors: Diet, exercise and nonsmoking*. Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
23. Simkin, L. R., **Marcus, B. H.**, Clark, M. M., Pera, V., & Feder, S. I. (1992, November). *Stages and processes of exercise behavior among women participating in a weight management program*. Poster presented at the annual convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

1993

24. Calfas, K. J., Long, B. J., Sallis, J. F., Patrick, K., Carter, R. A., **Marcus, B. H.**, Schwenk, T., & Wooten, W. (1993, March). *Reaction of patients to physical activity counseling by primary care providers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
25. Emmons, K., **Marcus, B.**, Abrams, D., Marshall, R., Novotny, T., Kane, M., & Etzel, R. (1993, March). *24-hour diary for ETS exposure*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
26. Emmons, K., **Marcus, B.**, Linnan, L., Simkin, L., & Taylor, E. (1993, March). *Motivation to change multiple risk factors*. Poster presented at the Annual Convention, Society of Behavioral Medicine, San Francisco, CA.
27. **Marcus, B. H.**, Emmons, K. M., Simkin, L. R., Taylor, E. R., Linnan, L., & Abrams, D. B. (1993, March). *Exercise habits and weight concerns among female smokers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
28. Simkin, L. R., & **Marcus, B. H.** (1993, March). *Stages of exercise behavior change and exercise relapse*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

29. **Marcus, B. H.**, & Simkin, L. R. (1993, June). The transtheoretical model: Applications to the initiation, adoption and maintenance of exercise behavior. In R. Dishman (Chairperson), *Exercise adherence and behavior change: Prospects, problems, and future directions*. Paper presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.

1994

30. **Marcus, B. H.** (1994, April). Applying stages of change concepts to the design of community and workplace interventions. In N. Owen (Chairperson), *Behavior change in communities: Examples from physical activity promotion*. Seminar paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
31. **Marcus, B. H.**, Emmons, K. M., Simkin, L. R., Taylor, E. R., Linnan, L., Abrams, D. B., & Rossi, J. S. (1994, April). Evaluation of stage-matched versus standard self-help physical activity interventions at the workplace. In A. Laperriere (Chairperson), *Exercise adherence and prevention of exercise relapse in home, work, and medical settings*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
32. **Marcus, B. H.**, Pinto, B. M., Audrain, J. E., Taylor, E., Albrecht, A., Abrams, D., & Simkin, L. R. (1994, April). *Eating habits and weight concerns in women smokers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
33. Murphy, J. K., **Marcus, B. H.**, Pituch, L., Wood, G., Chivers, D., & Staten, D. (1994, April). *Stages of exercise behavior, fitness, and adolescents' cardiovascular health*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
34. Reed, G. R., Velicer, W. F., Rossi, J. S., & **Marcus, B. H.** (1994, April). *Stage of change for exercise: A comparison of 4 algorithms and a continuous measure*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
35. Cherico, N. P., Pinto, B. M., & **Marcus, B. H.** (1994, May). What makes Jane exercise? In M. Schneider (Chairperson), *Exercise behavior and adherence to regimens*. Paper presented at the American Psychological Association Conference on Women's Health, Washington, DC.
36. **Marcus, B. H.**, Pinto, B. M., Simkin, L. R., Audrain, J. E., & Taylor, E. R. (1994, May). Theoretical approaches to understanding women's exercise behavior. In M. Schneider (Chairperson), *Exercise behavior and adherence to regimens*. Paper presented at the American Psychological Association Conference on Women's Health, Washington, DC.
37. Pinto, B. M., **Marcus, B. H.**, Audrain, J. E., Taylor, E., & Simkin, L. R. (1994, May). *Eating habits and weight management in women smokers*. Poster presented at the American Psychological Association Conference on Women's Health, Washington, DC.
38. **Marcus, B. H.**, & Bock, B. (1994, June). Influencing adults to adopt and maintain habits of regular physical activity. In J. Sallis (Chairperson), *Physical activity interventions: Applications of behavior change principles*

across the lifespan. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.

1995

39. King, T. K., **Marcus, B. H.**, & Pinto, B. M. (1995, March). *Readiness to change in multiple risk behaviors*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
40. **Marcus, B. H.** (1995, March). Motivational interventions for physical activity. In K. Emmons and S. Curry (Chairpersons), *Motivational interventions for multiple risk behaviors*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
41. **Marcus, B. H.**, Goldstein, M. G., Pinto, B. M., King, T., & Bock, B. (1995, March). *Effects of exercise plus nicotine patch on smoking cessation in women*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
42. **Marcus, B. H.**, King, T. K., Pinto, B. M., & Albrecht, A. E. (1995, March). *Barriers to women's participation in smoking cessation treatment*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
43. **Marcus, B. H.**, Goldstein, M. G., Pinto, B. M., King, T. K., & Bock, B. C. (1995, March). *Effects of exercise plus nicotine patch on smoking cessation in women*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
44. **Marcus, B. H.**, King, T. K., Pinto, B. M., & Albrecht, A. E. (1995, March). *Barriers to women's participation in smoking cessation treatment*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
45. Matacin, M., Bock, B., Traficante, R., Tripolone, J., & **Marcus, B.** (1995, March). *Body image concerns in women smokers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
46. **Marcus, B. H.**, & Pinto, B. M. (1995, June). Evaluation of stage-matched lifestyle activity interventions for middle-aged and older adults. In A. Dunn and **B. Marcus** (Chairpersons), *Lifestyle activity - challenging the ways we think about exercise*. Paper presented at the annual meeting of the American College of Sports Medicine, Minneapolis, MN.
47. Albrecht, A. E., **Marcus, B. H.**, Bock, B. C., Traficante, R., Martin, S., Weiner, S., & Tilkemeier, P. (1995, October). *Applying the transtheoretical model of change to a cardiac rehabilitation setting*. Poster presented at the Tenth annual meeting of the American Association of Cardiovascular and Pulmonary Rehabilitation, Minneapolis, MN.
48. King, T. K., & **Marcus, B. H.** (1995, October). *Evaluation of recruitment strategies to increase participation rates of underserved women in smoking cessation treatment*. Poster presented at the Annual Hospital Research Celebration, Rhode Island Hospital, Providence, RI.
49. Pinto, B.M., **Marcus, B.H.**, Patterson, R.B., Colucci, A., Braun, T. & Roberts, M. (1995, October). *Psychological characteristics of patients with intermittent*

claudicating participating in an exercise program. Paper presented at Research Day, Rhode Island Hospital, Providence, RI.

50. Pinto, B. M., **Marcus, B. H.**, Patterson, R. B., & Fontes, A. (1995, November). *Supervised exercise or home exercise? Baseline characteristics of patients with intermittent claudication.* Poster presented at the 29th annual convention of the Association for Advancement of Behavior Therapy, Washington, DC.

1996

51. Bock, B. C., & **Marcus, B. H.** (1996, March). *Exercise reduces withdrawal symptoms among women attempting smoking cessation.* Poster presented at the Annual Scientific Conference of the Society for Research on Nicotine and Tobacco, Washington, DC.
52. Pinto, B. M., **Marcus, B. H.**, Patterson, R., & Roberts, M. S. (1996, March). *Pain, mood and readiness to become active in patients with intermittent claudication.* Paper presented at the meeting of the North American Chapter of the International Society for Cardiovascular Surgery and the Society for Vascular Surgery, Chicago, IL.
53. Borrelli, B., **Marcus, B.**, King, T., Clark, M., & Bock, B. (1996, March) *History of depression and subsyndromal mood in women smokers: Pretreatment differences.* Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
54. Borrelli, B., **Marcus, B.**, Shadel, W., Black, C., & Niaura, R. (1996, March) *Spontaneous quitting in women smokers: The role of history of depression and subsyndromal depressed mood.* Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
55. Dunn, A. L., **Marcus, B. H.**, Garcia, M. E., Kohl, H. W. III, Kampert, J. B., Barlow, C. E., & Blair, S. N. (1996, March) *Structured vs. lifestyle physical activity approaches: Comparison of change in stage, processes, decisional balance and self-efficacy.* Poster presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
56. King, T. K., **Marcus, B. H.**, & Borrelli, B. (1996, March) *Evaluation of recruitment strategies to increase participation rates of underserved women in smoking cessation treatment.* Paper presented at the 17th annual meeting of the Society for Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
57. Pinto, B. M., Cherico, N., **Marcus, B. H.**, & Fish, D. (1996, March) *Confidence in maintaining physical activity levels in college.* Paper presented at the 17th annual meeting of the Society of Behavioral Medicine/4th International Congress of Behavioral Medicine, Washington, DC.
58. Bock, B. C., **Marcus, B. H.**, & Traficante, R. M. (1996, May). *Acute and chronic effects of exercise on mood among women attempting smoking cessation.* Poster presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.

59. Dunn, A. L., Kampert, J. B., Garcia, M. E., Kohl, H. W., **Marcus, B. H.**, Barlow, C. E., & Blair, S. N. (1996, May). *Structured vs. lifestyle approaches: Six-month physical activity and fitness changes*. Paper presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
60. **Marcus, B. H.** (1996, May). Targeting health care delivery systems: Behavioral approaches for physicians and health care delivery staff. In A. Dunn & **B. Marcus** (Chairpersons), *Principles of developing programs to promote adoption and maintenance of physical activity*. Paper presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
61. **Marcus, B. H.**, & Pinto, B. M. (1996, May). *Designing interventions for health care settings*. Clinical workshop presented at the annual meeting of the American College of Sports Medicine, Cincinnati, OH.
62. Patterson, R. B., Pinto, B., **Marcus, B.**, Colucci, A., Braun, T., & Roberts, M. (1996, June). *The value of a supervised exercise program for the therapy of arterial claudication*. Paper presented at the joint annual meeting of the North American Chapter of the International Society for Cardiovascular Surgery and the Society for Vascular Surgery, Chicago, IL.
63. Jette, A., Goldstein, M., **Marcus, B.**, Pinto, B., Rakowski, B., & Lynn, H. (1996, November). *Training physicians to conduct physical activity counseling: The PAL project*. Paper presented at the annual meeting of the Gerontological Society of America, Washington, DC.
64. King, T. K., **Marcus, B. H.**, & Borrelli, B. (1996, November). *Evaluation of recruitment strategies to increase participation rates of underserved women in smoking cessation treatment*. Poster presented at the First Annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.
65. **Marcus, B. H.**, King, T. K., Albrecht, A. E., Parisi, A. F., & Abrams, D. B. (1996, November). *Rationale, design, and baseline data for Commit to Quit*. Poster presented at the First Annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.

1997

66. Cherico, N., Pinto, B. M., & **Marcus, B. H.** (1997, February). *Longitudinal information from 22 persistent exercisers*. Paper presented at the Women's Health Conference, Boston, MA.
67. **Marcus, B. H.**, Bock, B. C., Abrams, D. B., & Bock, F. R. (1997, April). *A motivation matched, individually tailored intervention for exercise adoption*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
68. **Marcus, B.**, Borrelli, B., Roberts, M., & Tripolone, J. (1997, April). *Does exercise mitigate weight gain for women attempting cessation?* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
69. Dunn, A. L., **Marcus, B. H.**, Kampert, J. B., Garcia, M. E., & Blair, S. N. (1997, April). Project Active: A randomized clinical trial of lifestyle exercise - 6 month results. In J. F. Sallis (Chair), *The next generation of physical activity*

- interventions*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
70. Emmons, K., Linnan, L., Shadel, W., **Marcus, B.**, & Abrams, D. (1997, April). *The Working Healthy Project: A worksite health promotion trial targeting physical activity, diet, and smoking*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 71. Emmons, K., Shadel, W., Linnan, L., **Marcus, B.**, & Abrams, D. (1997, April). *A prospective analysis of change in multiple risk factors for cancer*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 72. **Marcus, B. H.** (1997, April). Report card: Exercise. In C. T. Orleans (Chair), *Changing health behavior in the 1990s: How are we doing?* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 73. **Marcus, B. H.**, Albrecht, A. E., Parisi, A. F., & Abrams, D. B. (1997, April). *Exercise enhances achievement of smoking cessation in women: Findings from Commit to Quit*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 74. **Marcus, B. H.**, Bock, B. C., Traficante, R. M., Pinto, B. M., & Forsyth, L. A. (1997, April). Efficacy of an individualized, motivationally-tailored approach to increasing exercise behavior. In J. F. Sallis (Chair), *The next generation of physical activity interventions*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 75. Matacin, M. L., Stoney, C. M., Bock, B. C., Cargill, B. R., Pinto, B. M., & **Marcus, B. H.** (1997, April). *Effects of stress and nicotine deprivation on eating behaviors*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 76. Pinto, B. M., Goldstein, M. G., **Marcus, B.**, Jette, A., DePue, J., Rakowski, W., & Lynn, H. (1997, April). *Physician-delivered activity counseling for older adults: The PAL project*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 77. Pinto, B. M., Patterson, R. B., **Marcus, B. H.**, Roberts, M., Colucci, A., & Braun, C. (1997, April). *On-site vs. home exercise for patients with intermittent claudication*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
 78. **Marcus, B. H.** (1997, May). Intervention methods for Project Active. In A. L. Dunn (Chair), *Project Active: A randomized clinical trial of lifestyle and structured physical activity programs*. Paper presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
 79. King, T. K., Matacin, M., Bock, B., & **Marcus, B. H.** (1997, November). *Body image evaluations in women smokers*. Poster presented at the 31st annual convention of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
 80. Tate, D. F., **Marcus, B. H.**, King, T. K., Borrelli, B., Bock, B. C., & Roberts, M. (1997, November). *Effects of depressive symptoms on smoking abstinence during exercise-enhanced smoking cessation treatment in women*. Poster presented at

the annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.

1998

81. Borrelli, B., Roberts, M. S., & **Marcus, B.** (1998, March). *Past and current depression predicts smoking treatment attendance among women*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
82. Forsyth, L. H., **Marcus, B. H.**, Bock, B. C., Pinto, B. M., & Roberts, M. (1998, March). *Is negative affect a barrier to physical activity adoption?* Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
83. King, T. K., Matacin, M., Bock, B. C., **Marcus, B. H.**, & Tripolone, J. (1998, March). *Body image and smoking cessation in women*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
84. Pinto, B. M., Borrelli, B., King, T. K., Bock, B. C., Clark, M., Roberts, M., & **Marcus, B. H.** (1998, March). *Predictors of weight control smoking among women in a smoking cessation trial*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
85. Pinto, B. M., Cherico, N. P., Szymanski, L., & **Marcus, B. H.** (1998, March). Changes in exercise participation among college students. In N. Owen (Chair), *Understanding and influencing young adults' physical activity: Opportunities and constraints in the college setting*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
86. Pinto, B. M., Goldstein, M. G., **Marcus, B. H.**, Lynn, H., Jette, A., Rakowski, W., DePue, J. D. & Milan, F. (1998, March). *Does physician-based activity counseling affect psychosocial mediators of physical activity?* Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
87. Tate, D., **Marcus, B. H.**, King, T., Borrelli, B., Bock, B. C., & Roberts, M. (1998, March). *Changes in depressive symptoms during exercise enhanced smoking cessation treatment in women: Relationship to smoking abstinence*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
88. **Marcus, B. H.**, Albrecht, A. E., King, T. K., Parisi, A. F., Pinto, B. M., Roberts, M., Niaura, R. S., & Abrams, D. B. (1998, March). *Exercise enhances smoking cessation in women: Findings from Commit to Quit*. Poster presented at the Brown University Inaugural Health Studies Institute Conference, Providence, RI.
89. Bock, B. C., **Marcus, B. H.**, & Bock, F. R. (1998, June). *Six-month exercise maintenance following an intervention tailored via computer expert system*. Paper presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.
90. Dunn, A. L., Kampert, J., & **Marcus, B. H.** (1998, June). Different mediators of change in lifestyle and structured physical activity interventions. In J. F. Sallis (Chair), *Opening the black box: How do people change in physical activity interventions?* Paper presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.

91. **Marcus, B. H.** (1998, June). Mediators of physical activity change in a computer-based intervention. In J. F. Sallis (Chair), *Opening the black box: How do people change in physical activity interventions?* Paper presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.
92. **Marcus, B. H.**, Albrecht, A. E., King, T. K., Parisi, A. F., Pinto, B.M., Roberts, M., Niaura, R. S., & Abrams, D. B. (1998, December). *The efficacy of exercise as an aid for smoking cessation in women: Findings from Commit to Quit.* Poster presented at the annual Brown University Research Symposium on Mental Health Sciences, Providence, RI.

1999

93. King, T. K., **Marcus, B. H.**, Hogan, J. W., Borrelli, B., Pinto, B., Bock, B. C., Niaura, R., & Roberts, M. (1999, March). *Predictors of weight gain among quitters enrolled in a smoking cessation trial for women.* Paper presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.
94. **Marcus, B. H.**, Bock, B. C., Forsyth, L. A. & Bock, F. R. (1999, June). Delivering individualized motivationally tailored physical activity interventions. In J. F. Sallis (Chair), *Demonstrations of new information technology to promote physical activity.* Paper presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.
95. **Marcus, B. H.**, Cheng, Y., Dunn, A. L., & Blair, S. N. (1999, June). *Maintaining activity: An epidemiological perspective.* Paper presented at the annual meeting of the American College of Sports Medicine, Seattle, WA.

2000

96. Borrelli, B., Hogan, J., Pinto, B., Roberts, M., & **Marcus, B.** (2000, February). *Patterns and predictors of dropout and cessation in women in a smoking cessation program.* Poster presented at the Society for Research in Nicotine and Tobacco, Washington, DC.
97. Napolitano, M. A., **Marcus, B. H.**, Tate, D., Sciamanna, C., Fotheringham, M., & Owen, N. (2000, April). Who responds to web-based physical activity and weight loss programs? Poster presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN.
98. Pinto, B. M., Friedman, R., **Marcus, B.H.**, Lin, T., Tennstedt, S. & Gillman, M. (2000, April). *Physical activity promotion using a computer-based telephone counseling system.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN, **Citation award.**
99. Bazzarre, T. L., Carpenter, R. A., **Marcus, B. H.**, & Napolitano, M. A. (2000, May). *Delivering physical activity interventions by mail, telephone, and internet.* Clinical Workshop presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
100. Dunn, A L., Kampert, J. B., Barlow, C. E., **Marcus, B. H.**, & Blair, S. N. (2000, May). *Project PRIME: 6-month changes in behavioral processes predicts meeting and maintaining public health recommendations for physical activity.* Paper presented at the annual meeting of the American College of Sports Medicine,

Indianapolis, IN.

101. Garber, C. E., Hesser, J., Buechner, J., Napolitano, M., & **Marcus, B.** (2000, May). *Who is physically active? Discordant survey results in Rhode Island*. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
102. **Marcus, B. H.**, Dunn, A. L., Kampert, J. B., Barlow, C. E., & Blair, S. N. 2000, (May). *Project PRIME: Six-month changes in behavioral processes predict increases in physical activity*. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
103. Marshall, A. L., Bauman, A., Owen, N., Booth, M. L., **Marcus, B. H.**, & Crawford, D. (2000, May). *A randomized controlled trial using self help print materials to promote physical activity to a community-wide sample of adult Australians*. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
104. Garber, C. E., Hesser, J., **Marcus, B.**, Buechner, J., Napolitano, M., Carleton, R. A., Nolan, P.A., & Waters, W. J. (2000, November). Who meets the Surgeon General's Recommendations? "Lifestyle" physical activity data from Rhode Island. In C. Garber (Chair), *The Rhode Island Prevention Coalition: A public-private partnership model of statewide community activation for health promotion*. Paper presented at the annual meeting of the American Public Health Association, Boston, MA.

2001

105. Gillman, M. W., Pinto, B. M., Tennstedt, S., Glanz, K., **Marcus, B.**, & Friedman, H. (2001, March). *Relationships of physical activity with dietary behaviors in adults*. Paper presented at the Annual meeting of the Society of Behavioral Medicine, Seattle, WA.
106. Lewis, B., Napolitano, M. A., & **Marcus, B. H.** (2001, March). *A pilot study examining preferences for print vs. telephone interventions for physical activity*. Poster presented at the Annual meeting of the Society of Behavioral Medicine, Seattle, WA.
107. Napolitano, M. A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N., & **Marcus, B. H.** (2001, March). *Lessons learned from recruitment for worksite-based Internet studies*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
108. Napolitano, M. A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N., & **Marcus, B. H.** (2001, March). *Physical activity web: 1-month outcome data from an Internet-based physical activity study*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
109. Pinto, B. M., Kelley, H., Friedman, R., **Marcus, B.**, Tennstedt, S. & Gillman, M. (2001, March). *Does a computer-based telephone counseling system for activity affect psychosocial mediators of physical activity?* Paper presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.

110. Pinto, B. M., Bucknam, L., McMahon, C. M. & **Marcus, B.** (2001, March). Home-based exercise for breast cancer survivors: The Moving Forward study. In P. B. Jacobsen (Chair), *Designing and evaluating physical activity and exercise interventions for cancer patients*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
111. Jakicic, J. M., **Marcus, B. H.**, Page, M. L., Ferguson, E., Hicks, M., Gallagher, K., Kenney, M., Napolitano, M., & Wing, R. R. (2001, May). *Effect of exercise duration and intensity on fitness, weight loss, and body composition in overweight adults*. Paper presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
112. Gallagher, K. I., Jakicic, J. M., Kiel, D. P., Page, M., Ferguson, E., Hicks, M., Kenney, M., **Marcus, B. H.**, & Wing, R. R. (2001, May). *Effect of weight loss on bone mineral content and bone mineral density in overweight women*. Paper presented at the annual meeting of the American College of Sports Medicine, Baltimore, MD.
113. Fotheringham, M. J., Bauman, A., **Marcus, B. H.**, Marshall, A., Leslie, E., & Owen, N. (2001, October). *Feasibility, acceptability and efficacy of an Internet and email-based physical activity program*. Poster presented at the Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity Conference, The Cooper Institute, Dallas, TX.
114. Lewis, B. A., **Marcus, B. H.**, & King, T. (2001, October). *Self efficacy and decisional balance affect physical activity adoption among women receiving a smoking cessation intervention*. Poster presented at the Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity, Dallas, TX.
115. Napolitano, M. A., Lerch, H., & **Marcus, B. H.** (2001, October). *Worksite and media promotion of a local walking path*. Poster presented at Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity, Dallas, TX.

2002

116. Lewis, B. A. & **Marcus, B. H.** (2002, February). *Promoting physical activity in a primary care setting*. Presented at the American Psychological Association's Enhancing Outcomes in Women's Health Conference, Washington, DC.
117. Lewis, B. A., Borrelli, B. & **Marcus, B. H.** (2002, April). *The impact of depressive symptoms on self-efficacy and smoking cessation among women receiving an exercise-based cessation treatment*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
118. Napolitano, M. A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & **Marcus, B. H.** (2002, April). *Preliminary outcome data from an internet-based physical activity study*. Paper presented at the annual meeting of the Society of Behavioral Medicine in Washington, DC. **Citation Award**.
119. Sciamanna, C., Lewis, B. A., Tate, D., Napolitano, M. A., Fotheringham, M., &

Marcus, B. H. (2002, April). *Testing the usability of a website promoting physical activity*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

120. Whiteley, J. A., **Marcus, B. H.**, & Jakicic, J. (2002, April). *Developing self-regulatory measures for physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

2003

121. Lewis, B. A., **Marcus, B. H.**, & Bock, B. (2003, March). *Relationship between nicotine dependence, depression, and anxiety among women enrolled in an exercise-based smoking cessation trial*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
122. **Marcus, B. H.**, Lewis, B.A., Hogan, J., King, T., Albrecht, A., Bock, B., Parisi, A., & Abrams, D. (2003, March). *The efficacy of moderate intensity physical activity for smoking cessation among women*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
123. Napolitano, M. A., **Marcus, B. H.**, Forsyth, L., Friedman, R., Castro, C., & King, A. (2003, March). *Intrinsic motivation and physical activity: Key differences among older adults*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
124. Whiteley, J. A., Lewis, B.A., & Marcus, B. H. (2003, March). *Defining the preparation stage of change in physical activity intervention research*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
125. King, A. C., Friedman, R., **Marcus, B. H.**, Napolitano, M. A., Castro, C., & Forsyth, L. (2003, March). *Increasing physical activity via humans or automated technology: The CHAT trial*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
126. Pinto, B. M., Trunzo, J. J., Rabin, C., Bucknam, L., Cram, R., & **Marcus, B. H.** (2003, March). *Moving Forward: A randomized trial of a home-based physical activity program for breast cancer patients*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
127. Whiteley, J., **Marcus, B. H.**, Napolitano, M., Gallagher, K., & Jakicic, J. (2003, March). *Psychosocial correlates of eating and exercise*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
128. Gallagher, K. I., Jakicic, J. M., Ferguson, E. S., **Marcus, B. H.**, & Napolitano, M. (2003, May). *Perceived barriers impact exercise participation during long-term weight loss*. Paper presented at the annual meeting of the American College of Sports Medicine, San Francisco, CA.
129. Jakicic, J. M., Gallagher, K. I., Ferguson, E., **Marcus, B. H.**, & Napolitano, M. (2003, May). *Dose of exercise to promote long-term weight loss in overweight adults*. Paper presented at the annual meeting of the American College of Sports Medicine, San Francisco, CA.

130. **Marcus, B. H.**, Napolitano, M.A., Lewis, B.A. (2003, May). Print vs. telephone for physical activity promotion among adults: Project STRIDE. In A. C. King (Chair), *Exploring the "cutting edge" of approaches for promoting regular physical activity*. Symposium conducted at the annual meeting of the American College of Sports Medicine, San Francisco, CA.

2004

131. Lewis, B. A., Napolitano, M. A., **Marcus, B. H.** (2004, March). *Preferences for receiving telephone or print physical activity interventions*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
132. Whiteley, J. A., **Marcus, B. H.**, Falkenberry, S. (2004, March). *Physical activity behavior and correlates in breast and gynecological cancer patients*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
133. Whiteley, J. A., Napolitano, M. A., Farrell, N., & **Marcus, B. H.** (2004, March). *Assessing cardiovascular risk factors in women*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
134. **Marcus, B. H.**, Napolitano, M., King, A., Albrecht, A., Lewis, B., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (2004, March). *Comparing two innovative channels for physical activity promotion: Project Stride*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
135. Napolitano, M. A., Whiteley, J. A., Farrell, N. C., **Marcus, B. H.**, Albrecht, A., & Bock, B. (2004, March). *Physical activity promotion among women: Evaluating two print-based approaches*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
136. Napolitano, M. A., **Marcus, B. H.**, Gallagher, K., & Jakicic, J. (2004, March). *Association between changes in psychosocial variables and weight loss*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
137. King, A. C., Friedman, R., **Marcus, B. H.**, Napolitano, M. A., Castro, C., & Forsyth, L. (2004, March). *Increasing physical activity via humans or automated technology: 12-month results of the CHAT Trial*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
138. Emmons, K. M., McBride, C., Puleo, E., Pollak, K., & **Marcus, B. H.**, Napolitano, M., et al. (2004, March). *Reduction of multiple behavior risk factors for colon cancer: Results from Project PREVENT*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
139. Lewis, B., Bock, B. C., Albrecht, A., King, T., & **Marcus, B. H.** (2004, March). *The effect of smoking cessation and exercise on weight concerns among women*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
140. Pinto, B. M., Frierson, G., Rabin, C., Bucknam, L., Trunzo, J., & **Marcus, B.H.** (2004, March). *Home-based physical activity for breast cancer patients: Effects at*

follow-ups. Paper presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.

141. King, A. C., Friedman, R., **Marcus, B.H.**, Napolitano, M. A., Castro, C., & Forsyth, L. (2004, March). *What interventions work best for whom? Results from the CHAT trial*. Paper presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
142. **Marcus, B. H.**, Lewis, B. A., & Napolitano, M. A. (2004, June). Promoting physical activity with interactive technologies: Introduction and overview. In J. Sallis (Chair), *Promoting physical activity with interactive technologies*. Symposium conducted at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
143. Mohr, C. R., Jakicic, J. M., Gallagher, K., **Marcus, B. H.**, & Napolitano, M. (2004, June). *Effect of macronutrient composition on 12-month weight loss in overweight women*. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
144. **Marcus, B.H.**, Lewis, B.A., & Napolitano, M.A. (2004, June). Promoting physical activity with Interactive technologies. In B. Marcus (Chair), *Promoting physical activity with interactive technologies*. Presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
145. Polzien, K. M., Jakicic, J. M., Gallagher, K., **Marcus, B.H.**, & Napolitano, M. (2004, June). *Relationship between desired weight loss and actual weight loss in overweight women*. Poster presented at the annual meeting of the American College of Sports Medicine, Indianapolis, IN.
146. Whiteley, J. A., Napolitano, M. A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D. M., & **Marcus, B. H.** (2004, October). *Testing a dissemination model of Commit to Quit: A smoking cessation and physical activity program, in the YMCAs*. Presented at The Cooper Institute for Aerobics Research and the American College of Sports Medicine Specialty Conference on Increasing Physical Activity in Populations: Understanding Diffusion and Dissemination, Dallas, TX.

2005

147. **Marcus, B. H.**, Lewis, B. A., Jakicic, J., Albrecht, A., Napolitano, M. A., Sciamanna, C., Bock, B. C., Tate, D., Parisi, A., Neighbors, C., Whiteley, J. A., & Williams, D. (2005, April). *Examining the efficacy of a tailored Internet physical activity intervention: Baseline data and preliminary findings*. Paper presented at the annual meeting of the Society for Behavioral Medicine, Boston, MA.
148. Dutton, G., Whiteley, J., **Marcus, B.H.**, & Napolitano, M. (2005, April). *Relationship between physical activity and dietary behaviors among women in a F physical activity trial*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
149. Napolitano, M., Whiteley, J., Lewis, B., Albrecht, A., Parisi, A., Sciamanna, C., Jakicic, J., Papandonatos, G., & **Marcus, B.H.** (2005, April). *Objectives outcomes of physical activity in an intervention trial*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

150. Napolitano, M, Lewis, B., Whiteley, J., King, A., Pinto, B., Bock, B., Papandonatos, G., & **Marcus, B.H.** (2005, April). *Investigating mediators of physical activity behavior change*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
151. Whiteley, J. A., Napolitano, M. A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D. M., & **Marcus, B. H.** (2005, April). *Translating Commit to Quit: A smoking cessation and physical activity program in the YMCAs*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
152. Lewis, B., Napolitano, M. A., & **Marcus, B. H.** (2005, April). *Individual preferences for receiving physical activity interventions via the internet or print*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
153. Whiteley, J. A., **Marcus, B. H.**, Peipert, J., Boardman, L., Clark, M., & Rothman, G. (2005, April). *Smoking status and triggers in a diverse sample of female smokers at risk of cervical cancer*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
154. Napolitano, M. A., **Marcus, B. H.**, & Sevick, M. A. (2005, April). *Cost effectiveness analyses of a physical activity intervention trial*. Poster presented at the Annual meeting of the Society of Behavioral Medicine, Boston, MA.
155. Williams, D. M., Lewis, B. A., Napolitano, M. A., Whiteley, J. A., **Marcus, B. H.**, & Papadonatos, G., (2005, April). *Examining physical activity enjoyment as a moderator of a tailored physical activity intervention*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
156. Escudero, H., Napolitano, M. A., Whiteley, J. A., & **Marcus, B. H.** (2005, April). *Associations between perceptions of public policy and physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
157. Ahern, D. K., Cardella, L. A., Palmieri, S., **Marcus, B. H.**, Gans, K., Papadonatos, G., & Sciamanna, C. (2005, April). *Evaluation of an evidence-based, tailored messaging web site for cancer multiple risk factor reduction*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
158. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., & **Marcus, B. H.** (2005, October). *Womens' perceptions of causes and potential solutions of childhood obesity*. Poster presented at the Childhood Obesity: Updates and Innovations conference. Cooper Institute for Aerobics Research, Dallas, TX.

2006

159. Dutton, G.R., Napolitano, M.A., Whiteley, J.A., & **Marcus, B.H.** (2006, March). *Effects of a physical activity intervention on the nutritional practices of women*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
160. Napolitano, M.A., Dutton, G., Rogers, M., **Marcus, B.H.**, & Hooker, S. (2006, March). *Active Aging: Physical activity in a community-based sample of older*

adults. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

161. Dutton, G.R., Rogers, M., Napolitano, M.A., **Marcus, B. H.**, & Hooker, S. (2006, March). *Racial/ethnic differences in the consistency of self-reported physical activity*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
162. **Marcus, B.H.**, Lewis, B., Williams, D., Napolitano, M., Whiteley, J., Albrecht, A., Bock, B., Hogan, J., Jakicic, J., Neighbors, C., Sciamanna, C., Parisi, A., & Tate, D. (2006, March). *Relative efficacy of tailored Internet and tailored print-based physical activity interventions: six-month findings*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
163. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & **Marcus, B. H.** (2006, April) *Factors associated with meeting the national physical activity recommendations for older adults*. Poster presented at the International Congress on Physical Activity and Public Health, Atlanta, GA.
164. Whiteley, J.A, & **Marcus, B.H.** (2006, June). *Physical activity among medically underserved female smokers at risk of cervical cancer*. Poster presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
165. Napolitano, M.A., Whiteley, J.A., Albrecht, A., Pinheiro, S., & **Marcus, B. H.** (2006, June). *Comparison of four Actigraph cut-points for physical activity*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
166. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & **Marcus, B. H.** (2006, June). *Results from a tailored print-based physical activity intervention for older adults delivered via direct mail*. Paper presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
167. Lewis, B.A., **Marcus, B.H.**, & Napolitano, M.A. (2006, June). *The Development of a self-report questionnaire assessing barriers to physical activity behavior*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
168. **Marcus, B. H.**, Lewis, B. A., Williams, D. M., Napolitano, M. A., Jakicic, J., Whiteley, J. A., Albrecht, A., Bock, B., Hogan, J., Neighbors, C., Sciamanna, C., Tate, D., & Parisi, A. (2006, July). *The effect of tailored internet and tailored print-based physical activity interventions on fitness and physical activity behavior*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity, Boston, MA.
169. Napolitano, M.A., Dutton, G., & **Marcus, B. H.** (2006, November). *Psychosocial characteristics of two samples of women recruited for physical activity interventions*. Poster presented at the American Heart Association's Annual Research Symposium, Chicago, IL.

2007

170. Lewis, B.A., Williams, D. M., Napolitano, M., Whiteley, J., & **Marcus, B.H.** (2007,

March). *The effect of preference for Internet vs. print interventions on physical activity behavior change in a randomized controlled trial*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.

171. **Marcus, B. H.**, Lewis, B. A., & Williams, D. M., (2007, March). Translating an evidence-based physical activity intervention into a web-based platform for eventual wide-spread dissemination: Issues and challenges. In A. L. Graham (Chair), *Outcomes, opportunities, and challenges of web-based research: From science to impact*. Symposium conducted at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
172. Whitehead, D., Dunsiger, S., Williams, D. M., & **Marcus, B. H.** (2007, March). *Differential impact of print and Internet based interventions upon physical activity process variables among African American vs. Caucasian participants*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
173. Williams, D. M., Dunsiger, S., Ciccolo, J., Lewis, B. A., Albrecht, A., & **Marcus, B. H.** (2007, March). *Acute affective response to a single bout of exercise predicts physical activity participation six months later*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
174. Whitehead, D., Dunsiger S. I., Williams, D. M., Jennings E., Lewis, B. A., & **Marcus, B. H.**, (2007, May). *Differential efficacy of print and Internet based physical activity interventions among African Americans versus Caucasians*. Paper presented at the Annual Meeting of the American College of Sports Medicine, New Orleans, LA.
175. **Marcus, B. H.**, Lewis, B.A, Williams, D. M., Dunsiger S. I., Albrecht, A., E. & Jakicic, J. (2007, May). *A randomized trial examining the relative efficacy of Internet versus print-based physical activity interventions*. Poster presented at the Annual Meeting of the American College of Sports Medicine, New Orleans, LA.
176. Williams, D. M., Frierson, G.M., Dunsiger S. I., Lewis, B.A., Whiteley, J.A. Albrecht, A.E., Jakicic, J.M., Ficara, S.M. & **Marcus, B. H.**, (2007, May). *Recruitment of a racial-ethnically diverse sample into an exercise promotion efficacy trial*. Paper presented at the Annual Meeting of the American College of Sports Medicine, New Orleans, LA.

2008

177. Ciccolo, J.T., Jennings, E.G., Bock, B.C., Whiteley, J.A., Williams, D.M., Borrelli, B., & **Marcus, B.H.** (2008, February). *Sleep disturbance among women smokers enrolled in a randomized controlled smoking cessation trial*. Poster presented at the Annual Meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
178. Dunsiger, S. I., Hogan, J. W., & **Marcus, B.H.** (2008, March). *Estimating the causal effect of exercise adherence on weekly smoking cessation using the G-computation algorithm*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
179. Williams, D.M., Lewis, B.A., Dunsiger S. I., Whiteley, J.A., Papandonatos, G. D., Napolitano, M. A., Bock, B.C., Ciccolo, J.T., & **Marcus, B.H.** (2008, March). *Comparing psychosocial predictors of physical activity adoption and maintenance*.

Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

2009

180. Carr L.J., Ries, A.V., & **Marcus, B.H.** (2009, May). *Use and perceptions of available physical activity facilities in sedentary adults*. Poster presented at the American College of Sports Medicine National Meeting, Seattle, WA.
181. Ritterband, L.M. (Chair), Mohr, D.C., & Tate, D.F., & **Marcus, B.H.** (Discussant). (2009, April). *Mechanisms of support in the development and use of Internet interventions*. Symposium presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
182. Pinto, B.M., Farrell, N., Goldstein, M., **Marcus, B.H.**, & Papandonatos, G. (2009, April). *Health status and exercise after cardiac rehabilitation*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
183. Nilsson, R., Carpenter, L., Tompkins, S.A., **Marcus, B.H.**, Ciccolo, J., & Bryan, A. (2009, April). *Does region affect generalizability? Preliminary examination of the Colorado STRIDE exercise intervention*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
184. Pekmezi, D.W., Neighbors, C.J., Lee, C.S., Gans, K.M., Bock, B.C., Morrow, K.M., Marquez, B., Dunsiger, S., & **Marcus, B.H.** (2009, April). *Seamos Activas: A culturally and linguistically adapted physical activity intervention for Latinas*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
185. Frierson, G.M., Morrow, J. R., Jr., Vidales, A., Bain, T., Mathew, M., Barlow, C.E., & **Marcus, B.H.** (2009, April). *Recruitment of women for participation in a web-based physical activity study*. Poster presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
186. Napolitano, M.A., Fava, J.L., **Marcus, B.H.** & Richardson, E., (2009, April). *Tailoring treatment for smoking, body image and weight among college females*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.
187. McAndrew, L., Napolitano, M.A., Albrecht, A., Farrell, N., **Marcus, B.**, & Whiteley, J.A. (April 2009). *Examining the relationship between physical activity and menopause symptom reporting*. Poster presented at the Society of Behavioral Medicine's 30th Annual Meeting, Montreal, Canada.

2010

188. Abrantes, A.M., Strong, D.R., Riebe, D., **Marcus, B.H.** & Brown, R.A. (February, 2010). *Development of behavioral exercise intervention for smoking cessation*. Poster to be presented at the 16th annual meeting for the Society for Research on Nicotine and Tobacco, Baltimore, MD.
189. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (February, 2010). *Relation between traditional and novel objective measures of neighborhood walkability*. Poster presented at the Active Living Research Annual Meeting. San Diego, CA.

190. Barbera, B., Pekmezi, D., Marcus-Blank, J., Dunsiger, S.I, & **Marcus, B.H.** (April 2010). Feasibility and acceptability of using pedometers as an intervention tool for Latinas. Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
191. Carr, L.J., Dunsiger, S.I, & **Marcus, B.H.** (April, 2010). *Validity of walk score™ for estimating neighborhood walkability.* Paper to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
192. Carr, L.J, Dunsiger, S.I., & **Marcus, B.H.** (April, 2010). *Walk score as a moderator of the association between perceived environment and physical activity.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
193. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (April, 2010). *Relations between crime, perceived safety and physical activity among Spanish speaking Latinas enrolled in a physical activity intervention.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
194. Carr, L.J., & **Marcus, B.H.** (April 2010). *Feasibility of a portable pedal exercise machine for reducing time spent sedentary in the workplace.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
195. Carroll, J.K., Lewis, B.A., **Marcus, B.H.**, Lehman, E.B., Shaffer, M.L., & Sciamanna, C.N. (April, 2010). *Randomized controlled trial of computerized tailored physical activity reports.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
196. Dunsiger, S.I., Lewis, B., & **Marcus, B.H.** (April, 2010). *Measuring physical activity over time: Is there a better way,* Poster to be presented at the Society of Behavioral Medicine's 1st Annual Meeting, Seattle, WA.
197. Dunsiger, S.I, Hogan, J.W., & **Marcus, B.H.** (April, 2010). *Multiple imputation approach to mediation.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
198. Frierson, G. M., Morrow, Jr., J. R., Vidales, A., & **Marcus, B.H.** (April 2010). *Sociodemographic factors that predict successful entry of women into the long term phase (LTP) of an internet based physical activity study: The WIN Study.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
199. Lewis, B.A., Williams, D., Martinson, B.C. & **Marcus, B.H.** (April 2010). *Mediators of physical activity maintenance in a randomized controlled intervention trial.* Poster to be presented at the Society of Behavioral Medicine's 31st Annual Meeting, Seattle, WA.
200. Carr, L.J., Dunsiger, S.I., & **Marcus, B.H.** (May, 2010). *Association between access to walkable destinations and physical activity adoption in tailored internet physical activity Intervention.* Poster to be presented at the 3rd International Congress on Physical Activity and Public Health Meeting, Toronto, Canada.
201. Dunsiger, S.I., Williams, D.M., & **Marcus, B.H.** (May, 2010). *Predictors of time to physical activity lapse in a longitudinal physical activity intervention.* Paper to be

presented at the 3rd International Congress on Physical Activity and Public Health Meeting, Toronto, Canada.

202. Williams, D.M., Jennings, E.G., Papandonatos, G.D., Lewis, B.A., Napolitano, M.A., Whiteley, J.A., Dunsiger, S., & **Marcus, B.H.** (June 2010). *Testing the efficacy of an enhanced, individually tailored, theory, print-delivered exercise promotion intervention*. Paper to be presented at the American College of Sports Medicine Annual Meeting, Baltimore, MD.

ABSTRACTS (International)

1990

203. **Marcus, B. H.**, & Owen, N. (1990, June) *Understanding the stages of involvement in exercise*. Paper presented at the First International Congress of Behavioral Medicine, Uppsala, Sweden.

1992

204. Emmons, K. M., **Marcus, B. H.**, & Abrams, D. B. (1992, July) Delivery of smoking cessation and passive smoking interventions at the workplace. In D. Abrams (Chairperson), *Integrating individual and public health channels for smoking cessation interventions*. Paper presented at the Second International Congress of Behavioral Medicine, Hamburg, Germany.

1997

- 205 **Marcus, B. H.**, Albrecht, A. E., King, T. K., Parisi, A. F., Pinto, B. M., Roberts, M. B., & Abrams, D. B. (1997, September) Exercise enhances smoking abstinence in women. In **B. H. Marcus** (Chair), *Psychological factors in addiction*. Paper presented at the 11th Conference of the European Health Psychology Society, Bordeaux, France.

1998

206. **Marcus, B. H.**, Goldstein, M. G., Pinto, B. M., Jette, A., & Rakowski, W. (1998, August) Physician-based activity counseling for middle-aged and older adults. In F. Bull (Chair), *Promoting physical activity in health care settings*. Paper presented at the International Congress on Behavioral Medicine, Copenhagen, Denmark.

2001

207. Gallagher, K. I., Jakicic, J. M., Kiel, D. P., Hicks, M. E., Page, M. L., Ferguson, E. S., Kenney, M. R., & **Marcus, B. H.** (2001, October) *The impact of weight cycling history on bone density in obese women*. Paper presented at the annual meeting of the North American Association for the Study of Obesity, Quebec City, Canada.

2004

208. **Marcus, B.H.**, Lewis, B. & Napolitano, M. (2004, August) *Using Email and Internet to promote physical activity*. Paper presented at the International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.

209. **Marcus, B.H.**, Napolitano, M., Lewis, B., King, A., Albrecht, A., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (2004, August) *Comparing print and telephone channels for physical activity promotion*. Poster presented at the International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.

2007

210. **Marcus, B.H.**, Lewis, B. A., Dunsiger, S., Napolitano, M. A., & Williams D. M., (2007, June). Predictors of success in project STRIDE: A physical activity promotion study. In B. H. Marcus (Chair), *Which mediated interventions for whom? Predictors of success in programs targeting physical activity and dietary behaviors*. Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
211. **Marcus, B.H.**, Lewis, B. A., Dunsiger, S., & Williams D. M., (2007, June). Innovative channels for delivering tailored physical activity interventions: Current evidence and future directions. In K. Gans (Chair), *The future of computer tailoring*. Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
212. Lewis, B. A. & **Marcus, B.H.** (2007, June). Theory-based mediators of physical activity behavior change in a randomized control trial. In B. H. Marcus (Chair), *Which mediated intervention for whom? Predictors of success in programs targeting physical activity and dietary behaviors*. Symposium conducted at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
213. Ussher, M., Aveyard, P., Coleman, T., West, R., Straus, L., **Marcus, B.**, & Lewis, B. (2007, October). *Piloting physical activity as an aid to smoking cessation during pregnancy*. Paper presented at the Annual Conference of the Society for Research on Nicotine and Tobacco Europe, Madrid, Spain.

INVITED PRESENTATIONS (National)

1992

1. **Marcus, B. H.** *The transtheoretical model: Applications for the initiation, adoption, and maintenance of exercise behavior*. Yale University Health Psychology Lecture Series, New Haven, CT, October 1992.

1994

2. **Marcus, B. H.** *Applications of the stages of change model to exercise behavior*. Health Psychology Keynote Address. Annual meeting, Association for the Advancement of Applied Sport Psychology, Lake Tahoe, NV, October 1994.

1995

3. **Marcus, B. H.** *A conceptual framework for increasing physical activity in older adults*. Extending Vitality: Activity and Aging, Stanford University, Palo Alto, CA, March 1995.

4. **Marcus, B. H.** *Review of theoretically-based community, workplace, and physician office interventions.* Centers for Disease Control and Prevention and University of South Carolina Prevention Center Seven-Day Course on Physical Activity and Public Health, Seabrook Island, SC, September 1995.
5. **Marcus, B. H.** Strategies to enhance physical activity behavior in community settings. In D. Brown (Chairperson), *Physical activity and nutrition.* Centers for Disease Control and Prevention Tenth National Conference on Chronic Disease Prevention and Control, Atlanta, GA, December 1995.
6. **Marcus, B. H.** *Determinants of physical activity behavior and implications for interventions.* NIH Consensus Development Conference: Physical Activity and Cardiovascular Health, Bethesda, MD, December 1995.

1996

7. **Marcus, B. H.** *Interventions to increase women's physical activity behavior.* Centers for Disease Control and Prevention Consensus Conference on Physical Activity Assessment in Women, Columbia, SC, January 1996.
8. **Marcus, B. H.** *Enhancing physical activity behaviors in community, workplace, and primary care settings.* Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Seabrook Island, SC, September 1996.

1997

9. **Marcus, B. H.** *Personal interventions to promote the adoption and maintenance of physically active lifestyles.* U.S. Public Health Service's Office on Women's Health, First National Leadership Conference on Physical Activity and Women's Health, Washington, DC, February 1997.
10. **Marcus, B. H.** *Application of motivational models to the promotion of physical activity behavior.* The Art and Science of Health Promotion Conference, Hilton Head Island, SC, March 1997.
11. **Marcus, B. H.** *Applying psychological models for the promotion of physical activity in community settings.* Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 1997.
12. **Marcus, B. H., Owen N., Cavill, N., Fridinger, F., & Forsyth, L.** *Mediated interventions to promote physical activity.* Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Physical Activity Interventions, Dallas, TX, October 1997.

1998

13. **Marcus, B. H.** *Application of motivational models to the promotion of physical activity.* American College of Sports Medicine Tutorial Lecture, Orlando, FL, June 1998.
14. **Marcus, B. H.** *Physical activity interventions using mass media, print media, and information technology.* Centers for Disease Control and Prevention and

University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 1998.

1999

15. **Marcus, B. H.** Physical activity interventions in individuals and populations. In H. W. Kohl (Chair), *Physical activity and the public's health: 30 years of progress toward future goals*. Invited paper at the Annual meeting of the American College of Sports Medicine, Seattle, WA, June 1999.
16. **Marcus, B. H.** *Physical activity interventions using information technology*. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 1999.
17. Napolitano, M. A., & **Marcus, B. H.** *Physical activity promotion and maintenance: Use of mediated interventions*. Cooper Institute for Aerobics Research, Dallas, TX, October 1999.

2000

18. **Marcus, B. H.**, & Napolitano, M. A. *Women in motion: Making exercise a habit*. Invited Panel Presentation at The National Center on Women & Aging Conference, "Taking Steps and Making Choices: A Look at Research on Women's Health After 50," Brandeis University, Waltham, MA, June 2000.
19. Napolitano, M. A., & **Marcus, B. H.** *Print-based mediated interventions for physical activity promotion*. Invited Workshop at the National Institutes of Health Behavior Change Consortium Meeting, Washington, DC, July 2000.
20. **Marcus, B. H.** *Physical activity interventions using mass media, print media, and information technology*. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Park City, UT, September 2000.
21. **Marcus, B. H.**, & Napolitano, M. A. *Physical activity as a catalyst for other lifestyle changes: Physical activity interventions in smokers*. Invited presentation at the Cooper Institute for Aerobics Research Specialty Conference on Physical Activity and Cancer, Dallas, TX, November 2000.

2001

22. **Marcus, B. H.**, & Lewis, B. A. *Physical activity interventions using mass media, print media, and information technology*. Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head Island, SC, September 2001.
23. Lewis, B. A., & **Marcus, B. H.** *What we know about mediators of adult physical activity*. Cooper Institute for Aerobics Research and American College of Sports Medicine Specialty Conference on Innovative Approaches to Understanding and Influencing Physical Activity, Dallas, TX, October 2001.

2002

24. Lewis, B. A., & **Marcus, B. H.** *Promoting physical activity in a primary care setting.* American Psychological Association's Enhancing Outcomes in Women's Health Conference, Washington, DC, February 2002.
25. **Marcus, B.H.** *Interventions to increase physical activity levels.* National Institutes of Health Cardiovascular Health Conference, Washington, DC, April 2002.
26. **Marcus, B.H.** *Physical activity: Where psychology meets public health.* Washington University Department of Psychology Colloquium, St. Louis, MO, June 2002.
27. **Marcus, B.H.** & Lewis, B.A. *Physical activity interventions: Targeting delivery channels.* Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Park City, Utah, September 2002.
28. Lewis, B. A., & **Marcus, B. H.** *Promoting physical activity in a primary care population at risk.* Presented at The Healthy Lifestyles Internal Initiative Symposium, Marshfield Clinic-Marshfield Center, Marshfield, WI, October 2002.
29. Lewis, B. A., & **Marcus, B. H.** *Physical activity promotion among children and adolescents.* Presented at The Healthy Lifestyles Internal Initiative Symposium, Marshfield Clinic-Marshfield Center, Marshfield, WI, October 2002.

2003

30. **Marcus, B. H.** & Lewis, B. A. *Physical activity interventions: Targeting delivery channels.* Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Hilton Head, SC, September 2003.

2004

31. **Marcus, B. H.** & Williams, D. M. *Using innovative delivery channels to reach the inactive.* Presented at the American College of Sports Medicine's 8th Health & Fitness Summit and Exposition, Indianapolis, IN, April 2004.
32. **Marcus, B.H.** & Napolitano, M.A. *Physical activity interventions: Non-face-to-face approaches.* Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight Day Course on Physical Activity and Public Health, Park City, UT, September 2004.
33. Whiteley, J. A. & **Marcus, B. H.** *Physical activity promotion via mediated communication channels.* Presented at the annual meeting of the New England Psychological Association, October 2004.

2005

34. **Marcus, B. H.** *Physical activity interventions: Targeting delivery channels.* Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight-Day Course on Physical Activity and Public Health, Hilton Head, SC, September 2005.

35. **Marcus, B. H.** & Williams, D.M. *Individually tailored interventions*. Presented at the American College of Sports Medicine Walking for Health: Measurement and Research Issues and Challenges Conference, Urbana-Champaign, IL, October 2005.
36. **Marcus, B. H.**, Williams, D.M., & Marcus-Blank B.J. *Using technology to promote physical activity adoption and maintenance*. Presented at the New England Chapter of the American College of Sports Medicine Annual Fall Conference, Providence, RI, November 2005.

2006

37. **Marcus, B. H.**, Williams, D.M., & Marcus-Blank, B.J. *Behavior change interventions: Applications to public health*. Presented at the International Congress on Physical Activity and Public Health, Atlanta, GA, April 2006.
38. **Marcus, B. H.**, & Ciccolo, J. T. *Physical activity interventions: Non-face-to-face approaches*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight-Day Course on Physical Activity and Public Health, Park City, UT, September 2006.
39. **Marcus, B. H.**, Ciccolo, J. T., & Marcus-Blank, B.J. *Adherence to exercise*. Invited paper to be presented at the Obesity Society Annual Scientific Meeting, Boston, MA, October 2006.

2007

40. **Marcus, B. H.**, & Ciccolo, J. T. *Physical Activity Interventions: Non-face-to-face Approaches*. Presented at the Centers for Disease Control and Prevention and University of South Carolina Prevention Center Eight-Day Course on Physical Activity and Public Health, Hilton Head, SC, September 2007.
41. **Marcus, B. H.**, Ciccolo, J. T., & Williams, D.M. *Intervention approaches to improve physical activity levels in adults*. Presented at the American Heart Association Scientific Sessions, Orlando, FL, November 2007.
42. **Marcus, B.H.** Physical Activity Interventions for Smoking Cessation Among Women. Presented at the National Institute on Drug Abuse, Washington, DC, December 2007.

2008

43. **Marcus, B.H.** Moving toward exercise as substance abuse prevention: Learning from smoking cessation. Presented at the National Institute on Drug Abuse, Bethesda, MD, June 2008.
44. **Marcus, B.H.**, & Bock, B. Physical activity interventions: The role of tailoring. Presented at the University of Michigan School of Public Health, Ann Arbor, Michigan, August 2008.
45. **Marcus, B.H.** Physical activity interventions: Non-face to face approaches. Presented at the CDC Physical Activity and Public Health Course, Park City, Utah, September 2008. numbers messed up

46. **Marcus, B.H.** *Is exercise important in quitting smoking?* Invited paper presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, Indiana, May 2008.
47. **Marcus, B.H.** *Internet based physical activity interventions: Current status and future directions.* Invited paper presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, Indiana, May 2008.

2009

48. **Marcus, B.H.** Increasing physical activity in adults: An update on effective interventions. Invited paper presented at the Annual Meeting of Nutrition, Physical Activity and Metabolism Conference of the American Heart Association (NPAM/AHA), Palm Harbor, Florida, March 2009.
49. **Marcus, B. H.** The role of exercise in the prevention and treatment of addictive disorders. Invited paper presented at the Centers for Disease Control and Prevention Physical Activity and Public Health Course, Hilton Head, South Carolina, September 2009.
50. **Marcus, B. H.** Addiction to nicotine: A lifespan and diversity perspective in women's health. Invited paper presented at the Office of Research on Women's Health Regional Meeting, Providence, Rhode Island, September 2009.

INVITED PRESENTATIONS (International)

1995

51. **Marcus, B. H.** *Exercise behavior and strategies for intervention.* Physical activity, health and well-being: An International Scientific Consensus Conference, Quebec City, Canada, May 1995.

1997

52. **Marcus, B. H.** *Intervention techniques to promote physical activity.* Psychology Keynote Address. British Association of Sport and Exercise Sciences, York, England, September 1997.

1998

53. Bull, F., Calfas, K., & **Marcus, B. H.** *Physical activity interventions in primary care settings.* International Congress of Behavioral Medicine Invited Workshop, Copenhagen, Denmark, August 1998.
54. **Marcus, B. H.**, & Owen, N. *Media-based interventions to influence physical activity: Evidence and options.* International Congress of Behavioral Medicine Invited Workshop, Copenhagen, Denmark, August 1998.
55. Pinto, B. M., Friedman, R., **Marcus, B. H.**, Cullinane, P., Ramelson, H., migelski, C., Dutton, J. Glosky, E., & Mackay, E. *Using psychological theory to design computer-based health behavior change systems.* World Congress on Medical Informatics, Seoul, Korea, August 1998.

1999

56. **Marcus, B. H.** *Lifestyle physical activity: Motivational and change processes.* Deakin University Faculty of Health Sciences, Melbourne, Australia, February 1999.
57. **Marcus, B. H.** *Mediated communications for health behavior change.* Anti Cancer Council of Victoria, Melbourne, Australia, February 1999.
58. **Marcus, B. H.** *Interventions, maintenance, and measures of behavior change.* International Diabetes Institute, Melbourne, Australia, February 1999.
59. **Marcus, B. H.** *How to help people become more physically active.* Keynote Address. New South Wales Department of Public Health *Active Australia* Physical Activity Network Meeting, Sydney, Australia, February 1999.

2001

60. **Marcus, B. H.** *Applications of psychological theory to physical activity interventions using print media and information technology.* Annual Congress of the European College of Sport Science, Cologne, Germany, July 2001.

2002

61. **Marcus, B.H.** *Non face-to-face approaches to physical activity promotion.* 7th International Congress of Behavioral Medicine, Helsinki, Finland, August 2002.

2004

62. **Marcus, B. H.,** Napolitano, M. A., & Whiteley, J. A. *Exercise and Smoking Cessation in Women.* International symposium Promoting physical activity as an aid for smoking cessation sponsored by the Swiss Federal Office for Public Health and the University of Lausanne, Lausanne, Switzerland, October 2004.

2006

63. **Marcus, B. H.,** & Borrelli, B. *Implementation of best practices for hospital-based smoking cessation.* Presentation at Ha Emek Medical Center, Afula, Israel, August 2006.

GRANTS

1. 1989-1990 **Principal Investigator.** Physical Exercise as a Maintenance Strategy for Smoking Cessation. National Institutes of Health Biomedical Research Support Grant. \$3,767.
2. 1991-1993 Co-Principal Investigator (with K. Emmons, Principal Investigator). Increasing Physical Activity at the Workplace: Implications for Cancer Prevention. National Cancer Institute #CA50087. \$114,999.
3. 1991-1994 Co-Investigator (with C. Stoney, Principal Investigator). Effects of Behavioral Stress on Lipids and Lipoproteins. National Heart, Lung, and Blood Institute #HL48363. \$799,175.

4. 1992-1994 **Principal Investigator.** Effects of Physical Exercise on Smoking Cessation in Women. Intramural Grant, Department of Psychiatry and Human Behavior, Brown University School of Medicine. \$33,000.
5. 1992-1993 **Principal Investigator.** Physical Exercise as a Maintenance Strategy for Smoking Cessation in Women. American Heart Association, Rhode Island Affiliate. \$14,764.
6. 1993-1998 **Principal Investigator.** Preventive Oncology Academic Award. National Cancer Institute #K07 CA01757. \$403,667.
7. 1993-1998 **Principal Investigator.** Smoking Cessation, Weight Gain, and Exercise in Women. National Cancer Institute #R29 CA59660. \$297,370.
8. 1993-1996 **Principal Investigator.** Exercise, Smoking Cessation and Weight Concerns in Women. American Cancer Society. \$324,000, returned, overlapping funds with National Cancer Institute grants.
9. 1993-1995 Co-Investigator (with B. Pinto, Principal Investigator). The Effect of a Supervised Exercise Therapy Program on Perception of Health in Patients with Arterial Claudication. American Heart Association, Rhode Island Affiliate #93-78535. \$35,864.
10. 1993-1997 Co-Investigator (with S. Blair, Principal Investigator). Lifestyle Exercise Trial. National Heart, Lung, and Blood Institute #R01 HL48597. \$1,565,675.
11. 1993-1994 **Principal Investigator.** Effects of Exercise Plus Nicotine Patch on Smoking Cessation and Weight Regulation in Women. Intramural Grant, Department of Psychiatry and Human Behavior, Brown University School of Medicine. \$19,544.
12. 1994-1997 Co-Principal Investigator (with M. Goldstein, Principal Investigator). Medical Office-Based Activity Counseling of Older Adults. National Institute on Aging #RO1 AG12025. \$1,063,000.
13. 1994-1996 **Principal Investigator.** Development and Evaluation of an Exercise Expert System for Cardiovascular Risk Reduction. American Heart Association, Rhode Island Affiliate #9407826S. \$57,982.
14. 1994-1996 **Principal Investigator.** Smoking Cessation, Weight Gain, and Exercise in Underserved Women. Office of Research on Women's Health Supplement to #R29 CA59660. \$99,287.
15. 1994-1999 Co-Principal Investigator (with S. Blair, Principal Investigator). Physical Activity Intervention in Health Care Settings for High-Risk Sedentary Adults - Clinical Center. National Heart, Lung, and Blood Institute #HC-94-06. \$1,954,918.
16. 1994-1999 Co-Investigator (with D. Abrams, Principal Investigator). Enhancing Worksite Cancer Prevention Through The Home. National Cancer Institute #CA50087. \$2,582,826.

17. 1995-1998 Co-Investigator (with R. Friedman, Principal Investigator). Activity Promotion to Reduce Cardiovascular Risk in the Elderly. National Heart, Lung, and Blood Institute. #R01 HL055664 \$101,793.
18. 1996-1997 Co-Investigator (with B. Pinto, Principal Investigator). Exercise and Coping in Breast Cancer Patients. National Institutes of Health/National Institute of Mental Health. #R03 MH055570 \$24,142.
19. 1997-2001 Co-Investigator (with S. Blair, Principal Investigator). Project Prime: Application of Lifestyle Exercise. National Heart, Lung and Blood Institute #R01 HL58608. \$2,512,708.
20. 1998-1999 Co-Investigator (with B. Pinto, Principal Investigator). Home-based Moderate Exercise for Breast Cancer Patients. National Cancer Institute #CA75452. \$349,979.
21. 1998-2004 **Principal Investigator.** Moderate Exercise to Aid Smoking Cessation in Women. National Cancer Institute #R01 CA77249. \$1,113,585.
22. 1998-2002 Co-Investigator (with K. Emmons, Principal Investigator). Multi-risk Factor Intervention for Colon Polyps. National Cancer Institute #CA75000. \$91,697.
23. 1998-2002 Co-Investigator (with A. Jette, Principal Investigator). Physical Activity Counseling Trial Within a Primary Care Setting. National Institute on Aging #P50 AG11669. \$206,990.
24. 1999-2002 Co-Investigator (with D. Sparrow, Principal Investigator). Home-based Pulmonary Rehabilitation via a Telecommunications System. Department of Veterans Affairs. \$13,990.
25. 1999-2003 Co-Principal Investigator (with A. King, Principal Investigator). Exercise Advice via Human or Computer. National Institute on Aging #R01 AG16587. \$1,982,236.
26. 1999-2004 Co-Investigator (with D. Abrams, Principal Investigator). Nicotine Dependence: Risk and Recovery over Generations. National Cancer Institute and National Institute on Drug Abuse #P50 CA84719. \$8,775,717.
27. 1999-2004 Co-Investigator (with J. Jakicic, Principal Investigator). Dose-Response of Exercise on Long-Term Weight Loss. National Heart, Lung and Blood Institute # R01 HL63312. \$1,550,722.
28. 1999-2001 Co-Investigator (with R. Wing, Principal Investigator). Study of Health Outcomes of Weight-Loss (SHOW) trial. National Institute of Diabetes, Digestive and Kidney Diseases #RFA DK-98-019. \$4,875,325.
29. 2000-2001 Co-Investigator (with C. Sciamanna, Principal Investigator). Interactive Technologies to Modify Cancer Risk Behaviors. National Cancer Institute #R25 CA88095. \$70,379.
30. 2000-2004 **Principal Investigator.** Exercise Instruction via Phone or Print. National Heart, Lung, and Blood Institute #R01 HL64342. \$1,179,382.

31. 2000-2005 Co-Investigator (with R. Cohen, Principal Investigator). Cardiac Disease, CNS Dysfunction and Outcome in the Elderly. National Institute on Aging #R01 AG17975-02. \$1,250,000.
32. 2000-2006 Co-Investigator (with D. Abrams, Principal Investigator). Transdisciplinary Cancer Control Research Training Grant. National Cancer Institute #R25 CA87972. \$2,140,461.
33. 2001-2006 Mentor (with C. Sciamanna, Principal Investigator). Computer-Assisted Cancer Risk Behavior Counseling. National Cancer Institute #K07 CA091976. \$600,560.
34. 2001-2006 Mentor (with J. Todaro, Principal Investigator). The Long-term Benefits of Cardiac Rehabilitation in Men and Women. National Heart, Lung, and Blood Institute #K23 HL04473-03. \$612,179.
35. 2001-2004 Co-Investigator (with R. Brown, Principal Investigator). Exercise Intervention for Drug Treatment. National Institute on Drug Abuse #R01 DA14599. \$200,000.
36. 2002-2005 Co-Investigator (with R. Brown, Principal Investigator). Development of Exercise Intervention for Alcoholics. National Institute on Alcohol Abuse and Alcoholism #R01 AA13418. \$618,696.
37. 2002-2004 Co-Investigator (with M. Napolitano, Principal Investigator). Evaluating Self-Help Programs for Exercise Adoption and Maintenance in Women. Robert Wood Johnson Foundation. \$687,495.
38. 2002-2006 Co-Investigator (with D. Tate, Principal Investigator). Enhanced Internet Behavior Therapy for Obesity Treatment. National Institute for Diabetes, Digestive and Kidney Diseases #R01 DK60058. \$925,003.
39. 2002-2006 Co-Investigator (with M. Napolitano, Principal Investigator). Development and Evaluation of a Tailored Exercise Intervention for Women. American Heart Association. \$355,039.
40. 2002-2007 Mentor (with C. Neighbors, Principal Investigator). Efficiency of Tailoring Treatment to Smoker Subgroup. National Cancer Institute # K07 CA909961. \$465,279.
41. 2003-2005 Co-Investigator/Mentor (with J. Whiteley, Principal Investigator). Smoking Cessation for Women at Risk of Cervical Cancer. National Cancer Institute #R03 CA103499. \$100,000.
42. 2003-2006 Co-Investigator (with C. Sciamanna, Principal Investigator). Computerized Physical Activity Promotion in Primary Care. National Heart, Lung, and Blood Institute #R01 HL67005. \$980,769.
43. 2003-2006 **Principal Investigator.** Interactive Technologies to Increase Exercise Behavior. National Heart, Lung, and Blood Institute #R01 HL069866. \$1,321,380.
44. 2003-2004 **Principal Investigator.** Moderate Exercise to Aid Smoking Cessation in Women. National Cancer Institute Supplement to #R01 CA77249. \$124,789.

45. 2004-2008 Co-Investigator (with B. Pinto, Principal Investigator). Maintaining Exercise After Cardiac Rehab. National Heart, Lung, and Blood Institute #R01 HL076734. \$1,605,628.
46. 2004-2008 Co-Investigator (with B. Bock, Principal Investigator). Tailored Exercise Support for Cardiac Patients. National Heart, Lung, and Blood Institute #R01 HL075561. \$1,000,000.
47. 2004-2007 Co-Investigator (with B. Pinto, Principal Investigator). Promoting Physical Activity After Colorectal Cancer. National Cancer Institute #R01 CA101770. \$1,301,802.
48. 2004-2009 Co-Investigator (with A. Bryan, Principal Investigator). Mediators and Moderators of Exercise Behavior Change. National Cancer Institute #R01 CA109858. \$72,487.
49. 2004-2008 Co-Investigator (with B. Lewis, Principal Investigator). Examining Psychosocial Mediators of Exercise Behavior. National Heart, Lung, and Blood Institute #R01 HL69866. \$259,703.
50. 2005-2007 Co-Investigator/Mentor (with M. Napolitano, Principal Investigator). Exercise to Aid Smoking Cessation in Adolescent Girls. National Cancer Institute # R03 CA119712. \$146,060.
51. 2006-2011 **Principal Investigator.** Achieving Physical Activity Guidelines Through an Enhanced Print Intervention. National Heart, Lung, and Blood Institute #R01 HL64342. \$1,943,480.
52. 2006-2008 **Principal Investigator.** Achieving Physical Activity Guidelines Through an Enhanced Print Intervention. National Heart, Lung, and Blood Institute Diversity Supplement to #R01 HL64342. \$90,374.
53. 2006-2011 **Principal Investigator.** Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women. National Institute on Drug Abuse #R01 DA021729. \$2,495,136.
54. 2006-2008 **Principal Investigator.** Seamos Activas: Increasing Activity Among Latinas. National Institute of Nursing Research # R21 NR009864. \$267,002.
55. 2006-2008 Co-Investigator/Mentor (with D. Williams, Principal Investigator). Does Moderate Intensity Exercise Help Prevent Smoking Relapse Among Women? National Cancer Institute # R03 CA119747. \$100,000.
56. 2006-2011 Co-Investigator (with R. Wing, Principal Investigator). Training in Behavioral and Preventive Medicine. National Heart, Lung, and Blood Institute T32 HL076134. \$307,840.
57. 2007-2009 Co- Investigator (with B. Bock, Principal Investigator). Yoga for Women Attempting Smoking Cessation: An initial investigation National Institute for Complimentary and Alternative Medicine #R21 AT003669. \$214,288.
58. 2007-2011 Co-Investigator (with L. Chasan-Taber, Principal Investigator). A Lifestyle Intervention to Prevent Recurrent Gestational Diabetes Mellitus. National

Institute of Diabetes and Digestive and Kidney Diseases #R01 DK074876. \$526,232.

- 59. 2008-2010 Co-Investigator/Mentor (with C. Rabin, Principal Investigator). Web-based Physical Activity Intervention for Young Adult Cancer Survivors. National Cancer Institute #R03 CA134197. \$100,000.
- 60. 2008-2010 Co-Investigator/Mentor (with J. Ciccolo, Principal Investigator). Resistance Training as an Aid to Standard Smoking Cessation Treatment. National Cancer Institute #R03 CA132475. \$100,000.
- 61. 2008-2010 Co-Investigator (with E. Serber, Principal Investigator). Cardiac Autonomic Regulation Enhancement Through Exercise (CARE-E) Trial. National Heart, Lung and Blood Institute #R21 HL092340. \$275,000.
- 62. 2008-2012 Co-Investigator (with M. Sevick, Principal Investigator). Expert System Based Feedback in Sedentary Overweight Veterans. Department of Veterans Affairs #VA IIR 07-154. \$291,831.
- 63. 2008-2010 **Principal Investigator.** Using a YMCA Exercise Program to Enhance Nicotine Dependence Treatment for Women. National Institute on Drug Abuse Diversity Supplement to #R01 DA021729. \$181,238.
- 64. 2009-2011 Co- Investigator (with D. Williams, Principal Investigator). Adherence to self paced vs. prescribed intensity PA: Exploring via EMA. National Cancer Institute #R21 CA137211 \$15,346.
- 65. 2009-2013 **Principal Investigator.** Culturally and Linguistically Adapted Physical Activity Intervention for Latinas. National Institute of Nursing Research #R01 NR011295. \$1,837,205.
- 66. 2009-2013 Co-Investigator (with Smits, Principal Investigator). Exercise Intervention for smoking. National Institute on Drug Abuse #R01DA027533. \$98,664.
- 67. 2009-2014 Co-Investigator (with C. Eaton, Principal Investigator). Tailored Lifestyle Intervention in Obese Adults within Primary Care Practice. National Institute of Diabetes and Digestive and Kidney Diseases R18 DK079880. \$1,117,666.

UNIVERSITY TEACHING ROLES

- 1984-1985 Introduction to Psychology, full responsibility for 4 sections. Auburn University.
- 1989 Stress Management. Seminar for Biomed 390. Brown University School of Medicine.
- 1989-1996 Exercise Adherence. Seminar for Biomed 390. Brown University School of Medicine.
- 1989-present The Role of Exercise in Behavioral Medicine. Advanced seminar: Brown University Clinical Psychology Internship Consortium.
- 1992-1998 Guest Lecturer in Exercise for Health Psychology classes at Brown University and The University of Rhode Island.
- 1993 Smoking Cessation for Women. Seminar for Biomed 390. Brown University School of Medicine.

1998-2002	Exercise and Public Health. Health Promotion Seminar. Boston University School of Public Health.
2005-present	Physical Activity: Where Psychology Meets Public Health. Lecture for Introduction to Public Health: BC0032. Department of Community Health, Brown University.
2008	Sedentary Behavior, CVD and Cancer. Lecture for the Cardiovascular Disease and Cancer Behavioral Medicine Seminar Series. Centers for Behavioral & Preventive Medicine, Brown University.
2008-present	Masters in Public Health Small Group Leader, Department of Community Health, Brown University
2008-present	Course Developer and Instructor: Physical Activity and Public Health (PHP2310), Department of Community Health, Brown University
2008-present	Course Developer and Instructor: Environmental and Policy Influences on the Obesity Epidemic (PHP2320), Department of Community Health, Brown University.

NATIONAL AND INTERNATIONAL TEACHING ROLES

1994	Behavior Change in Communities: Examples from Physical Activity Promotion. Invited Workshop presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
1994	Designing Interventions for Health Care Settings. Invited Clinical Workshop presented at the Annual Meeting of the American College of Sports Medicine, Cincinnati, OH.
1994-present	National Advisory Committee Member and Core Faculty Member for Centers for Disease Control and Prevention and University of South Carolina Prevention Center Annual Seven Day Course on Physical Activity and Public Health.
1998	Application of Motivational Models to the Promotion of Physical Activity. Invited Tutorial Lecture, American College of Sports Medicine, Orlando, FL.
1998	Media-Based Interventions to Influence Physical Activity: Evidence and Options. Invited Workshop presented at the International Congress of Behavioral Medicine, Copenhagen, Denmark.
1998	Physical Activity Interventions in Primary Care Settings. Invited Workshop presented at the International Congress of Behavioral Medicine, Copenhagen, Denmark.
2000	Delivering Physical Activity Interventions by Mail, Telephone, and Internet. Invited Clinical Workshop presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
2000	Print-Based Mediated Interventions for Physical Activity Promotion. Invited Workshop at the National Institutes of Health Behavior Change Consortium Meeting, Washington, DC.

HOSPITAL TEACHING ROLES

1988-1993	Behavioral Medicine Seminar. Seminar series for medical students. Division of Behavioral Medicine, The Miriam Hospital, Providence, RI.
1988-1993	Supervision of Clinical Psychology Interns in Weight Management Service. Division of Behavioral Medicine, The Miriam Hospital, Providence, RI.
1989-present	Supervision of Internal Medicine Residents and Fellows, Clinical Psychology Interns and Post-Doctoral Fellows, and Psychology Graduate Students in Behavioral Medicine Research. Centers for Behavioral and Preventive Medicine, The Miriam Hospital, Providence, RI.

1990-1992

Supervision of Clinical Psychology Post-Doctoral Fellows in Weight Management Service. Centers for Behavioral and Preventive Medicine, The Miriam Hospital, Providence, RI.