

**CURRICULUM VITAE
RENA R. WING, PH.D.**

Date: July 14, 2006

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EDUCATION AND TRAINING

Undergraduate

1963-1967	Connecticut College New London, CT	B.A., <u>summa cum</u> <u>laude</u>	Psychology
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Graduate

1968-1971	Harvard University Cambridge, MA	M.A., Ph.D.	Social Psychology
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Postgraduate

1971-1973	National Institute of Mental Health Post-doctoral Fellow; Harvard Medical School, Department of Psychiatry		
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APPOINTMENTS AND POSITIONS

Academic

1973-1974	Department of Psychology Chatham College Pittsburgh, PA	Lecturer
1973-1974	Department of Psychiatry University of Pittsburgh Pittsburgh, PA	Instructor
1975-1977	Department of Psychology Stanford University Palo Alto, CA	Lecturer
1977-1979	Department of Psychiatry University of Pittsburgh School of Medicine Pittsburgh, PA	Clinical Instructor

1979-1983	Department of Psychiatry (Epidemiology) University of Pittsburgh School of Medicine Pittsburgh, PA	Research Assistant Professor
1983-1986	Department of Psychiatry (Epidemiology) University of Pittsburgh School of Medicine Pittsburgh, PA	Assistant Professor
1986-1992	Department of Psychiatry (Psychology, Epidemiology) University of Pittsburgh School of Medicine Pittsburgh, PA	Associate Professor
1992-	Department of Psychiatry (Psychology, Epidemiology) University of Pittsburgh School of Medicine Pittsburgh, PA	Professor
1998-	Department of Psychiatry and Human Behavior Brown University School of Medicine Providence, RI	Professor

MEMBERSHIPS IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

1977-	American Psychological Association
1979-	Association for the Advancement of Behavior Therapy
1980-	Society for Behavioral Medicine
1983-	American Diabetes Association
1983-	Academy of Behavioral Medicine Research
1990-	American Institute of Nutrition
	North American Association for the Study of Obesity
	American Public Health Association

HONORS

1967	Woodrow Wilson Honorary Fellow
1967-1971	National Science Foundation Fellowships
1969	Harvard University Special Exam in Psychophysiology Passed with Distinction
1986	Fellow of the Society of Behavioral Medicine
1987	Fellow of the Academy of Behavioral Medicine Research
1987	Fellow of the American Psychological Association

1992	President, Society of Behavioral Medicine
1992	President, Council on Behavioral Medicine and Psychology, American Diabetes Association
1991-1994	Councilor, NAASO (North American Association for the Study of Obesity)
1996	Fellow of Division 38, Health Psychology
1996	Outstanding Contributions to Health Psychology Award given by Division 38 (Health Psychology), American Psychological Association
1998	Appointed to NIDDK Council
2000	Named Chairperson of Look AHEAD, an NIH multi-center clinical trial
2001	TOPS Award for Outstanding Achievement given by NAASO (North American Association for the Study of Obesity)
2003 / 2005	Dean's Teaching Excellence Award, Brown Medical School

PROFESSIONAL ACTIVITIES

Teaching

Course Name:	Child Development
Description:	Introductory level course in child development.
Year:	1973-74
No. of Times:	1
To Whom:	Undergraduates
No. of Students:	25 in class
Where:	Chatham College
Course Name:	Social Psychology
Description:	Undergraduate introductory course in social psychology.
Year:	1973-74
No. of Times:	1
To Whom:	Undergraduate
No. of Students:	25 in class
Where:	University of Pittsburgh, Department of Psychology
Course Name:	Obesity
Description:	Developed and taught a course on physiological and psychological aspects of obesity.
Year:	1975-77
No. of Times:	1
To Whom:	Undergraduates and Graduates
No. of Students:	30 in class
Where:	Stanford University, Psychology and Human Biology
Course Name:	Advanced Behavioral Medicine Seminar
Description:	Organized and led this seminar on topics in behavioral medicine.
Year:	1985-86
No. of Times:	1
To Whom:	Doctoral and Postdoctoral students in Cardiovascular Behavioral Medicine Training Program
No. of Students:	15 in class
Where:	University of Pittsburgh, WPIC

Course Name: Psychiatry
Description: Guest lecturer in psychiatry course for second year medical students behavioral medicine.
Year: 1987-88; 1992
No. of Times: 1
To Whom: Second year medical students
No. of Students: 100 in class
Where: University of Pittsburgh, School of Medicine

Course Name: Preclinical Conference for Interns
Description: Guest Lecturer
Year: 1991-92
No. of Times: 2
To Whom: Medical Interns
No. of Students: 10
Where: University of Pittsburgh, Department of Medicine

Course Name: Ambulatory Care Conferences
Description: Guest Lecturer
Year: 1991-94
No. of Times: 3/year
To Whom: Medical House Staff
No. of Students: 20
Where: Presbyterian University Hospital, Montefiore University Hospital, Veterans Administration Medical Center

Course Name: Introduction to Clinical Medicine Course
Description: Guest lecturer in medical school course.
Year: 1993
No. of Times: 1
To Whom: Medical Students
No. of Students: 100 in class
Where: University of Pittsburgh, School of Medicine

Course Name: Governor's School of Excellence for Health Care Professionals Mental Health Specialty Course
Description: Lectures given to students interested in health care careers.
Year: 1993
No. of Times: 1
To Whom: High School Students
No. of Students: 15
Where: University of Pittsburgh, WPIC

Course Name: Behavioral Medicine Section of Patient/Doctor Relationship Course
Description: Served as 1 of the 3 primary organizers and lecturers for course. Provided several lectures and led a problem based learning group throughout the course. In 1995 and 1996, co-led course with Dr. Kenneth Perkins.
Year: 1993, 1994, 1995
No. of Times: Annual Course

To Whom: First year medical students.
No. of Students: 100
Where: University of Pittsburgh Medical School

Course Name: Epidemiology Seminar
Description: Guest lectures for seminar series on topics in epidemiology.
Year: 1984-97
No. of Times: 1/year
To Whom: Undergraduates, Graduates, and Faculty
No. of Students: 100
Where: University of Pittsburgh, Graduate School of Public Health

Course Name: Psychiatry-Senior Year Medical School Elective on Behavioral Medicine
Description: Organizer of elective.
Year: 1989-1997
No. of Times: Annually
To Whom: Fourth Year Medical Students
No. of Students: 1-2/year
Where: University of Pittsburgh, School of Medicine

Course Name: Practical Approaches to Common Medical Problems
Description: Continuing medical education for physicians.
Year: 1992-94
No. of Times: 1/year
To Whom: Physicians
No. of Students: 200
Where: Pittsburgh, PA

Course Name: Epidemiology of Cardiovascular Diseases
Description: Guest lectures on obesity and diabetes for lecture course on cardiovascular disease.
Year: 1985-97
No. of Times: 1/year
To Whom: Undergraduates and Graduates
No. of Students: 30
Where: University of Pittsburgh, Graduate School of Public Health

Course Name: Behavioral Factors in Disease
Description: Present annual 3-hour session on obesity.
Year: 1990-present
No. of Times: 1/year
To Whom: Doctoral and Postdoctoral students in Epidemiology
No. of Students: 30 in class
Where: University of Pittsburgh, Graduate School of Public Health

Course Name: Brain and Behavior
Description: Guest lectures on obesity with case presentation.
Year: 1999
No. of Times: 1/year
No. of Students: 75
Where: Brown University

Course Name: T32 Postdoctoral Seminar Series
Description: Seminar presentation showing similarities and differences between obesity and other addictive disorders.
Year: 1999-2001
No. of Times: 1/year
No. of Students: 20
Where: Brown University

Course Name: Psychology Intern Seminar
Description: Obesity presentation to psychology interns.
Year: 2000-2001
No. of Times: 1/year
No. of Students: 4
Where: Brown University

Course Name: Community Health Clerkship
Description: Obesity
Year: 2001-2002
No. of Times: 2
No. of Students: 3
Where: Brown Medical School

Course Name: Pathophysiology
Description: Obesity
Year: 2001-2002
No. of Times: 1
No. of Students: 100
Where: Brown Medical School

Course Name: Medical Resident Noon Conference
Description: Obesity
Year: 2002
No. of Times: 3
No. of Students: 20
Where: Brown Medical School

Course Name: Obesity
Description: Brain and Behavior
Year: 2004
No. of Times: 1
To Whom: First year medical students
No. of Students:
Where: Women's Wellness Workshop

Theses Directed

Marcus, M. (Masters Thesis) Diet history and short-term caloric regulation. University of Pittsburgh, 1980.

- Lamparski, D. (Doctoral Dissertation) Blood glucose discrimination training with Type II diabetics. University of Pittsburgh, 1984.
- Marcus, M. (Doctoral Dissertation) Binge eating and obesity: A comparison of two behavioral treatments. University of Pittsburgh, 1984.
- Paternostro, M. (Doctoral Dissertation) Effect of variation in duration of exercise on the plasma glucose and insulin responses to a test meal. University of Pittsburgh, 1985.
- Blair, E. (Doctoral Dissertation) The effect of an acute laboratory stress on the handling of a glucose load in nondiabetic patients. University of Pittsburgh, 1987.
- Pambianco, G. (Masters Thesis) Validation of the caltrac accelerometer. University of Pittsburgh, 1987.
- Miller, S. (Doctoral Dissertation) Treatment outcome and attrition in a comprehensive weight loss program. University of Pittsburgh, 1988.
- Drapkin, R. (Doctoral Dissertation) Coping as a predictor of weight loss: The use of hypothetical high-risk situations. University of Pittsburgh, 1990.
- Szumowski, E. (Doctoral Dissertation) Evaluation of a family-oriented developmental and behavioral intervention to increase adherence by diabetic children to their treatment regimens. University of Pittsburgh, 1990.
- Guare, J. (Doctoral Dissertation) Weight loss in obese type 2 diabetic subjects and nondiabetic controls. University of Pittsburgh, 1992.
- Harvey, J. (Doctoral Dissertation) A comparison of food cravings and macronutrient intake following a very low calorie diet versus moderate calorie restriction. University of Pittsburgh, 1991.
- Butler, B.A. (Masters Thesis) The effectiveness of stimulus control techniques in modifying food choice. University of Pittsburgh, 1994.
- McGuire, M.T. (Doctoral Dissertation) The prevalence of successful weight loss maintenance in the United States. University of Pittsburgh, 1998.
- Polley, B.A. (Doctoral Dissertation) The effectiveness of a behavioral intervention to prevent excessive weight gain in pregnant women. University of Pittsburgh, 2000.

Thesis Committees

- Ossip, D.J. (Doctoral dissertation) Changes in tolerance and withdrawal during brand fading. University of Pittsburgh, 1981.
- Cluss, P.A. (Doctoral dissertation) Assessment and evaluation of self-monitoring and self-regulation with chronic asthmatic children. University of Pittsburgh, 1983.
- Grilo, C.A. (Masters thesis) Relapse crises and coping among dieters: A retrospective study. University of Pittsburgh, 1987.

- Yeager-Rutkowski, T. (Doctoral dissertation) The effect of intensive self-management training on glycemic control of diabetic preadolescents. University of Pittsburgh, 1987.
- Kriska, A.M. (Doctoral dissertation) Assessment of current and historical physical activity in the Pima Indians. University of Pittsburgh, 1988.
- Owens, J.F. (Doctoral dissertation) Physical activity and cardiovascular risk factors: a cross-sectional study of premenopausal women. University of Pittsburgh, 1989.
- Polefrone, J.M. (Doctoral dissertation) Gender, menstrual phase, and cardiovascular response to behavioral stimuli. University of Pittsburgh, 1990.
- Liang Yeh, L.L. (Doctoral dissertation) Fatty acid distribution in American postmenopausal women. University of Pittsburgh, 1991.
- Nowalk, M.P. (Doctoral dissertation). An analysis of nutrient intake, eating behavior and risk factors for coronary heart disease in healthy premenopausal women. University of Pittsburgh, 1993.
- Grilo, C.A. (Doctoral Dissertation). Longitudinal investigation of the abstinence violation effect in binge eaters. University of Pittsburgh, 1994.
- Malkoff, S.B. (Doctoral Dissertation). Cognitive and affective responsivity to psychological stress in obese women with binge eating disorder. University of Pittsburgh, 1993.
- Davis, M.C. (Doctoral Dissertation). The impact of sex, gender role, and gender relevance of interpersonal stress on cardiovascular responses in young adults. University of Pittsburgh, 1994.
- Shahar, D. (Doctoral Dissertation). Eating behavior and nutritional intake in relation to social and psychological factors in community dwelling elderly population. University of Pittsburgh, 1996.
- Wang, T. (Comprehensives Paper). Psychological consequences of mastectomy versus breast-conserving treatment: A review. University of Pittsburgh, 1997.
- Chang, C.C.H. (Doctoral Dissertation) Regression diagnostics for censored survival models. University of Pittsburgh, 1998.
- Tate, D.F. (Doctoral Dissertation) Development and evaluation of Internet interventions for obesity treatment. Virginia Polytechnic Institute and State University, 1999.
- Lang, W. (Doctoral Dissertation) Applications of copulas to repeated measures data. University of Pittsburgh, 2000.

Research

Grant Support (current):

NIH: R01 DK60058-01 "Enhanced Internet Behavior Therapy for Obesity Treatment"
 TDC 5/1/02 – 4/30/06 \$2,265,083
 (Co-Investigator, 5% effort)

NIH: R01 NR07960-01 "Role of home environment in weight loss maintenance"

TDC: 8/15/01-5/31/05 \$422,308

(Co-Investigator, 5% effort)

NIDDK: 1 U01 DK56992-01 "Study of Health Outcomes of Weight Loss (SHOW) Trial"

TDC 9/30/99-9/29/08

(Principal Investigator, 30% effort)

NHLBI: R01 HL65132-02 "Peer-based Skills Training to Enhance Teen Weight Loss"

TDC 9/30/99-8/31/07 \$1,828,243

(Co-Investigator, 5% effort)

NIDDK: 1 R01 DK57413 "Study to Prevent Regain (STOP Regain)"

TDC 7/01/00-6/30/05

(Principal Investigator, 15% effort)

NIDDK "Weight Reduction for Incontinence Treatment Network"

9/30/2003 – 6/30/2008 \$1,749,164

(Principal Investigator 12% effort)

NIDDK "Long-term weight loss maintenance"

02/1/2004-12/31/2007 \$1,431,399

(Principal Investigator 11.5% effort)

NHLBI "Modifying Obesogenic Homes: Impact on Weight Maintenance"

5/1/2004-4/30/2008 \$2,065,702

(Co-Investigator 11.5% effort)

American Diabetes Association "Obesity treatment in young children targeting specific behaviors"

07/01/2005 – 06/30/2007 \$747,914

(Co-Investigator 5% effort)

NIDDK "Childhood obesity treatment targeting specific behaviors"

08/01/2005-7/31/2007 \$220,500

(Co-Investigator 5% effort)

NIDDK "Long-term weight loss maintenance: Functional Imaging"

10/01/2005 – 09/30/2006 \$150,000

(Principal Investigator 4% effort)

NIH/ NIDDK "Economic Analysis of EPRIDE "

08/01/2005 - 07/31/2009 \$782,824

(Co-Investigator 4% effort)

PENDING

NIDDK "Reducing snack food variety during obesity treatment"

4/01/06-3/31/10 \$330,750

(Co-Investigator 10% effort)

Grant Support (past):

The Community Foundation for Southeastern Michigan "Evaluation of and Internet Intervention for Overweight Adolescents."

TDC 4/1/02 – 3/31/05 \$735,624

(Co-Investigator, 5% effort)

The Community Foundation for Southeastern Michigan "The National Weight Control Registry."

TDC 4/1/02 – 3/31/05 \$902,584

(Principal Investigator, 10% effort)

Slim-Fast Nutrition Institute. "Development and Evaluation of a Slim-Fast Internet Behavioral Weight Control Program.

6/1/00-11/30/01

NIDDK: DK 48412 "Diabetes Prevention Program"

TDC 8/15/94 - 6/30/01 \$2,368,295

(Principal Investigator, 25% effort)

NHLBI: HL 41330-08 "Dietary Intervention Methods for Clinical Trials"

TDC 4/1/94 - 3/31/02 \$1,826,938

(Principal Investigator, 20% effort)

LILLY RESEARCH LABORATORIES: LY110140 "Lovan: Effect on Patient Adherence to a Diet Program
BIY-MC-HCHA Phase 4"

TDC 8/1/92 - 10/31/95 \$605,986

(Principal Investigator, 50% effort)

ROSS LABORATORIES: "Prevalence Study of Weight Loss and Weight Loss Management"

TDC 9/1/93 - 8/31/95 \$20,000

(Principal Investigator, 50% effort)

MAGEE-WOMENS HEALTH FOUNDATION: "Reducing Excessive Weight Gain in Pregnancy"

TDC 1/1/95 - 12/31/95 \$20,000

(Principal Investigator, 0% effort)

NICHHD: HD 20829 "Follow up of Behavioral Childhood Obesity Treatment"

TDC 12/1/85 - 11/30/93 \$471,634

(Co-Investigator, 5% effort)

NICHHD: HD 23713 "Effectiveness of Enhanced Family-Based Obesity Treatment"

TDC 4/1/89 - 3/31/94 \$752,262

(Co-Investigator, 5% effort)

NIMH: MH 44828 "Cognitive Behavioral Treatment of Obese Binge Eaters"

TDC 4/1/91 - 3/31/94 \$565,243

(Co-Principal Investigator, 5% effort)

H.J. HEINZ COMPANY: "Obesity Post-Doctoral Fellowship"

TDC 4/1/90 - 6/30/92 \$89,104

(Program Director, 5% effort)

NICHHD: HD 25997 "Exercise in the Long Term Control of Childhood Obesity"

TDC 9/1/89 - 5/31/93 \$548,108

(Co-Investigator, 5% effort)

ADA: Western Pennsylvania Affiliate "Combining Behavior Modification and Very Low Calorie Diets in the Treatment of Type II Diabetes"

TDC 10/85 - 9/87 \$50,000

(Principal Investigator)

NIDDK: DK 30665 "Diabetes Control and Complications Trials"

TDC 9/1/85 - 8/31/90 \$988,377

(Co-Investigator, 5% effort)

NHLBI: HL 29466 "Does Increased Dietary Potassium Decrease Blood Pressure in Humans"

TDC 4/1/83 - 3/31/88 \$799,083

(Co-Principal Investigator, 10% effort)

NICHHD: HD 19532 "The Effects of Parent Weight on Obese Young Children"

TDC 12/1/84 - 11/30/87 \$247,965

(Co-Investigator, 10% effort)

NICHHD: HD 16411 "Energy Balance in Obese Children: Parental Contributions"

TDC 4/1/82 - 3/31/84 \$127,500

(Co-Investigator, 10% effort)

NICHHD: HD 12520 "Home-Based Behavioral Program for Obese Children"

TDC 12/1/81 - 9/30/84 \$318,732

(Co-Investigator, 10% effort)

WPIC: Seed Grant "Impact of Weight Loss on Menstrual Physiology, Mood and Coronary Heart Disease Risk Factors in Obese, Hyperandrogenic, Amenorrheic Women" TDC \$4,790

(Co-Investigator)

LILLY RESEARCH LABORATORIES: "Long Term Obesity Study HDCP"

TDC 5/86 - 12/87 \$62,850

(Principal Investigator, 10% effort)

NHLBI: HV 02926 "Regional Training Workshops for Nutrition Counseling in Hyperlipidemia for Dietitians and Nutritionists"

TDC 10/1/80 - 9/30/83 \$79,496

(Co-Principal Investigator, 5% effort);

WPIC: Seed Grant "Stress Management and Relaxation in the Treatment of Patients with Type II Diabetes"

TDC 5/1/85-4/30/87 \$4,573

(Principal Investigator)

NIDDK: DK 46204-06 "Obesity/Nutrition Research Center"

TDC 9/30/92 - 9/29/02 \$6,313,665

(Center Director, 20% effort)

NIDDK: DK 29757-15SI "Behavioral Weight Loss for Adults with Diabetes Mellitus"
TDC 8/1/91 - 7/31/98 \$1,152,122
(Principal Investigator, 20% effort)

NHLBI: HL 45167-05 "Clinical Trial-Cardiovascular Risk Factors and Menopause"
TDC 2/1/96 - 1/31/00 \$189,524
(Co-Principal Investigator, 10% effort)

NHLBI: HL 28266-13 "Epidemiology of Cardiovascular Risk Factors in Women"
TDC 9/30/95 - 8/31/99 \$1,383,245
(Co-Principal Investigator, 5% effort)

NIA: N01-AG-6-2101 "Dynamics of Health, Aging, and Body Composition"
TDC 3/14/96 - 4/12/04
(Co-Investigator, 5% effort)

NHLBI: HL56127-01 "Exercise Adherence in a Behavioral Weight Loss Program" FIRST AWARD
TDC 5/15/96 - 4/30/00
(Co-Investigator, 5% effort)

AMERICAN DIABETES ASSOCIATION: "Mentor-Based Postdoctoral Fellowship"
TDC 7/1/97 - 6/30/00 \$90,000
(Program Director, 5% effort)

NIH:1 R01 HL64342-01 "Exercise Instruction via Phone or Print"
TDC 12/1/99-11/30/03
(Co-Investigator, 5% effort)

Schering Plough Research Institute. Study P00396-24, "A Phase III Multi-Center, Two Arm Study to Assess the Efficacy and Safety of Ecopipiam (SCH 39166) in the Management of Obesity.2/1/00 – 6-60/02 \$476,284
(Program Director, 5% effort)

Workshops, Seminars and Invited Lectureships

(1993-2005 only; earlier lectures available on request)

Wing, R.R. Current Status of the Treatment of Obesity: A Balanced Perspective. Invited lecture given at the American Institute of Nutrition/American Society for Clinical Nutrition Symposium at the FASEB Meeting, New Orleans LA, 1993.

Wing, R.R. It Was the Best of Times; It Was the Worst of Times: Obesity and Type II Diabetes, 1970-1993. Presidential Address, Society of Behavioral of Medicine, San Francisco CA, March, 1993.

Wing, R.R. Behavioral Approaches to the Treatment of Obesity and Type II Diabetes. Invited lecture presented at obesity conference entitled Clinical, Nutrition and Obesity Lecture Series. National Institute of Diabetes, Digestive and Kidney Diseases, Washington DC, May, 1993.

- Wing, R.R. Scientific Symposium on Eating Disorders. Co-chaired Panel on Treatment and Prevention, National Institute of Mental Health, Chicago IL, May, 1993
- Wing, R.R. What are our Psychotherapeutic Options for the Treatment of Obesity? Paper presented at Obesity Treatment: Establishing Goals, Improving Outcomes, and Reviewing the Research Agenda. National Institute of Health and NATO, New York, June 1993.
- Wing, R.R. The Pros and Cons of Different Dietary Approaches for Obesity in Diabetics and The Role of Exercise in the Treatment and Prevention of Diabetic Obesity. Presentations given at a Visiting Lecturer, The Diabetes Institutes, Eastern Virginia Medical School, Norfolk VA, July 1993.
- Wing, R.R. Changing Diet and Exercise in Individuals at Risk for Weight Gain. Paper presented at Workshop on Prevention of Obesity: Populations at Risk, Etiologic Factors and Intervention Strategies. National Institutes of Health and Malnutrition Panel of the U.S.-Japan Cooperative Medical Science Program, Baltimore MD, September, 1993.
- Wing, R.R. Prevention of Obesity. Presented at conference entitled Disease Prevention at NIH: An Agenda for All. National Institute of Health, Washington DC, October, 1993.
- Wing, R.R. Using More Intensive Behavioral Strategies to Promote Weight Loss: The Role of Food Provision. Presentation given at the Annual Meeting of the North American Association for the Study of Obesity, Milwaukee WI, October, 1993.
- Wing, R.R. Critical Periods for Weight Gain. Presented to the Committee to Develop Criteria for Evaluating the Outcomes of Approaches to Prevent and Treat Obesity. Food and Nutrition Board of the National Academy of Sciences, December, 1993.
- Wing, R.R. Successful Behavior Change Strategies for Weight Control. Presentation given at conference entitled Strategies for Implementing Tight Control in Patients with Type I and Type II Diabetes. National Institute of Health and American Diabetes Association, January, 1994.
- Wing, R.R. Weight Gain and Menopause. Grand Rounds. Magee Women's Hospital, January, 1994.
- Wing, R.R. Weight Cycling and Morbidity and Mortality. Presentation given at conference entitled Weight and Weight Loss: Associations with Disease and Mortality. National Heart, Lung and Blood Institute and the National Institute on Aging, Washington, DC, July 1994.
- Wing, R.R. Evaluation and Management of Obesity. Magee-Womens Hospital and Center for Continuing Education in the Health Sciences University of Pittsburgh, Nineteenth Annual Alumni Day, October, 1994.
- Wing, R.R. Summer FASEB Conference on Genetic and Behavioral Influences on Nutrient Metabolism and Obesity, July, 1995.
- Wing, R.R. Behavioral Studies: New Approaches to Changing Diet and Exercise Behaviors. Presented at the Annual Meeting of the North American Association for the Study of Obesity, Baton Rouge, LA, October, 1995.
- Wing, R.R. Behavioral Approaches to Obesity. Presented at the Pittsburgh Dietetic Association Meeting, Pittsburgh, PA, April, 1996.

- Wing, R.R. Obesity Prevention and Treatment. Presented at Broadening the Skills of the Medical Specialist, Pittsburgh, PA, May 1996.
- Wing, R.R. Issues in the Management of the Obese Patient Conference sponsored by the College of Physicians and Surgeons, Columbia University, San Francisco, CA, June, 1996.
- Wing R.R. Lifestyle Approaches to the Prevention of NIDDM symposium. Presentation given at annual meeting of American Diabetic Association, San Francisco, CA, June 1996.
- Wing, R.R. Obesity. Grand rounds presented at the University of Pittsburgh Medical Center, May, 1997.
- Wing, R.R. Invited speaker at NIH conference to determine feasibility of trial on intentional weight loss in obesity. Sponsored by NIDDK, NHLBI, NIA, and CDC, April, 1997.
- Wing, R.R. Invited member of NIH conference "Diabetes Mellitus: Challenges and Opportunities." Conference sponsored by the Office of the Director, NIH, September, 1997.
- Wing, R.R. Invited participant and co-chair of the Behavioral and Sociological Influences on Diet and Dietary Change working group for the Tufts Dialogue Conference on the Role of Fat-Modified Foods in Dietary Change. Tufts University, December, 1997.
- Wing, R.R. Can diabetes be prevented through lifestyle change? Presented to the Chronic Disease Division, State Department of Health, Providence, RI, May, 1998.
- Wing, R.R. Successful long-term weight control. Presented at the Boston Obesity Nutrition Research Center seminar "The Burden of Obesity: Treatment and Health Consequences," Harvard Medical School, Boston, May, 1998.
- Wing, R.R. Maintenance strategies in obesity treatment. Presented in "Obesity Treatment: Update 1998," a continuing medical education seminar sponsored by Brown University School of Medicine and The Miriam Hospital Center for Behavioral and Preventive Medicine, Lifespan Weight Management Program, Newport, RI, May, 1998.
- Wing, R.R. Faculty presenter at the Harvard Medical School Department of Continuing Education/Tufts University School of Medicine course "Treatment of Obesity and Eating Disorders," Boston, June, 1998.
- Wing, R.R. Approaches to obesity in diabetes. Presented in the plenary session "Strategies for Lifestyle Management of Diabetes," at the Joslin Diabetes Center 100th Anniversary Symposium "Diabetes Mellitus - From Patients to Genes and Back," Providence, RI, October, 1998.
- Wing, R.R. Primary Care Grants Rounds presentation entitled "Obesity: Prevention and Treatment" at the Brown University School of Medicine, Providence, RI, November, 1998.
- Wing, R.R. Lifestyle interventions for obesity. Presented in the Lipids/Obesity section of the Clinical Endocrinology Update: 1998 meeting, Boston, November, 1998.
- Wing, R.R. Behavioral strategies to improve long-term weight loss and maintenance. Presented at the Third Annual Research Symposium on Mental Health Sciences, Brown University School of Medicine, Providence, RI, December, 1998.

- Wing, R.R. Obesity management. Presented at the Women's Health Associates/Division of General Internal Medicine Lecture Series at the Division of General Internal Medicine, Brown University School of Medicine, Providence, RI, May, 1999.
- Wing, R.R. Winning at losing: The art of successful long-term weight loss. Presented at the 1999 Annual Miriam People Dinner, The Miriam Hospital, Providence, RI, May, 1999.
- Wing, R.R. Practical Weight loss Strategies in the Primary Care Setting. Presented at the "Preventing CVD and Stroke: A Comprehensive Review on Risk Factor Modification" conference, Brown University, American Heart Association, September, 1999.
- Wing, R.R. Behavioral Intervention for obesity and Weight Gain Prevention in Women. Presented at the Interhospital Women's Health Grand Rounds, Harvard Medical School's Center of Excellence in Women's Health, October, 1999.
- Wing, R.R. Study of Health Outcomes of Weight Loss (SHOW) Trial. Presented as part of symposium entitled "Prevention of Cardiovascular Disease in Diabetes," 60th Annual Meeting of the American Diabetes Association, San Antonio, June 2000.
- Wing, R.R. Behavioral Interventions. Presented at the National Academy of Sciences, Washington, D.C. as part of the Institute of Medicine 30th Anniversary meeting, October, 2000.
- Wing, R.R. Winning at Losing: Findings from the National Weight Control Registry. American Diabetes Association meeting, Providence, RI, November, 2000.
- Wing, R. R. Behavioral approaches to weight loss and maintenance. Presented at the Rhode Island American College of Physicians – American Internal Medicine Meeting. November, 2000.
- Wing, R.R. SHOW: Study of health outcomes of weight loss. Presented at the Division of Diabetes Translation Seminar. Atlanta, December, 2000.
- Wing, R.R. The Health Benefits of Weight Loss—Where's the Data? Seminar Presentation, Department of Community Health, Brown University School of Medicine. February 28, 2001.
- Wing, R.R. Losing weight and keeping it off. Presented at The Annual Meeting of the Jewish Seniors Agency of Rhode Island, March 2001.
- Wing, R.R. Primary Prevention and Behavioral Change. Presented at Symposium Presentation at the annual meeting of the American Diabetes Association, June, 2001.
- Wing, R.R. Is Weight Loss Beneficial for Preventing Diabetes and its Macrovascular Complications? Rhode Island Hospital Medical Grand Rounds, Brown University, September, 2001.
- Wing, R.R. The Obesity Epidemic and Type 2 Diabetes: The Look AHEAD Trial. Presented at The 2001 Champions for Diabetes – The American Diabetes Association, Providence, RI, November, 2001.
- Wing, R.R. Lifestyle Intervention in the Diabetes Prevention Program. Presented at Society of Behavioral Medicine, Washington, DC. April, 2002.

- Wing, R.R. Lifestyle Intervention and the Prevention of Diabetes and Heart Disease. Presented at the Rhode Island Public Health Association Annual Meeting, Providence, RI. May 13, 2002.
- Wing, R.R. Overview of Behavior Change in The Diabetes Prevention Program. Presented at Symposium on Prevention of Diabetes: Lifestyle Intervention. American Diabetes Association 62nd Annual Meeting, San Francisco, CA. June, 2002.
- Wing, R.R. Behavioral Treatment of Obesity – Where Are We and Where Do We Need To Go? Boston Obesity Nutrition Research Center Annual Program, Boston, MA. June, 2002.
- Wing, R.R. Losing Weight and Keeping it Off. NBC 10 Health Fit 2002 Expo. Providence Convention Center, Providence, RI. September, 2002.
- Wing, R.R. Winning at Losing: The art and science of long-term weight loss maintenance. Brown University, Parents Day, Providence, RI. October, 2002.
- Wing, R.R. Losing Weight and Keeping it Off. Women's Cardiac Center Seminar, The Miriam Hospital, Providence, RI. November, 2002.
- Wing, R.R. Managing Obesity in Your Patients. Update in Internal Medicine, Brown Medical School, Providence, RI. May 16, 2003
- Wing, R.R. Behavioral Strategies for Successful Weight Loss Maintenance: Messages from the National Weight Control Registry. The Obesity Epidemic: Can We Stop It? New England Medical Center, Boston, MA. December 10, 2003.
- Wing, R.R. Practical approaches to increasing physical activity to reduce risk factors for CVD. American Heart Association, Metabolic Syndrome Clinical Management Conference, Washington DC. September 2003.
- Wing, R.R. Successful Weight Loss Maintenance. Science Based Solutions to Obesity: What is the Role of Academia, Government, and Industry? The Division of Nutrition and Harvard Clinical Research Center, Harvard Medical School and the Department of Nutrition, Harvard School of Public Health, Boston, MA. March 10, 2004.
- Wing, R.R. Pediatric Obesity: Strategies for the New Epidemic. Current Topics in Pediatric Nutrition. The Miriam Hospital, Providence, RI. September 17, 2004.
- Wing, R.R. The Diabetes Prevention Program—An example of a successful behaviorally oriented randomized clinical trial. Summer Institute: Randomized clinical trials, NHLBI, Airlie Conference Center. 2004.
- Wing, R.R. The National Weight Control Registry. NHLBI Conference: Predictors of obesity, weight gain, diet and physical activity. Washington, DC. 2004.
- Wing, R. R. “Magic Bullets” for Successful Weight Maintenance. Presented at the Women's Wellness Workshop, Providence, RI. April 2004.
- Wing, R.R. Winning at losing: Behavioral approaches to weight loss and maintenance. Presented at Women & Infants Hospital Department of Obstetrics & Gynecology Grand Rounds. Providence, RI. January 2005.

- Wing, R.R. Winning at losing: The art of successful weight loss. Presented at the “Go Red” Breakfast for the American Heart Association and the Office of Women’s Health. Providence, RI. February 2005.
- Wing, R.R. Weight, Diabetes, and Incontinence”. Presented at The Miriam Hospital’s Women’s Wellness Workshop. Warwick, RI. March 2005.
- Wing, R.R. Motivating and sustaining weight loss. Presented at the RI Chapter, American College of Physicians Regional Conference. Warwick, RI. May 2005.
- Wing, R.R. Winning at losing: The art of successful weight loss. Presented at the Family Medicine Conference, Memorial Hospital of Rhode Island, Pawtucket, RI. November 2005.

Paper and Poster Presentations

(1993-2004 only; earlier presentations available on request)

- Butler, B.A., Wing, R.R., & Jakicic, J. Effect of risk factors for NIDDM on perceived vulnerability and health-seeking behaviors. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Guare, J.C. & Wing, R.R. Portion size and calorie estimation of overweight diabetics and nondiabetics. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Jakicic, J., Wing, R.R., Butler, B.A., Venditti, E.M., & Dyke, S. Self-reported physical activity and its association with physical fitness in overweight females. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Lloyd, C.E., Orchard, T.J., & Wing, R.R. Coping strategies and self-care behavior in adults with insulin-dependent diabetes mellitus (IDDM). Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Pascale, R.W., Wing, R.R., Jakicic, J., Butler, B., & Dyke, S. Changes in preferences for dietary fat following restricted fat intake. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Pascale, R.W., Wing, R.R., Nicotra, L., Butler, B., & Mullen, M. The effects of dietary fat modification on weight loss, lipids, and glycemic control in type II diabetic patients. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Smith, D.E., Drapkin, R., Shiffman, S., McDermott, M., & Wing, R.R. Dietary lapses of obese binge eaters vs non-binge eaters during a behavioral weight control program. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Smith, K., Smith, D., & Wing, R.R. Dieting self-efficacy measures as predictors of diet behavior and weight loss during two very low calorie diets. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.

- Venditti, E.M., Jakicic, J., Wisniewski, L., Butler, B.A., & Wing, R.R. Adherence to exercise in obese individuals assigned to diet plus exercise vs exercise alone. Presented at the 14th Annual Scientific Session, Society of Behavioral Medicine, San Francisco CA, March, 1993.
- Wing, R.R., Pascale, R., & Butler, B.A. Low fat diet improves weight loss in obese NIDDMs without adverse effects on lipids or glycemic control. Presented at the 53rd Annual Meeting, American Diabetes Association, Las Vegas NV, June, 1993.
- Butler, B.A., & Wing, R.R. Can choice of candy bars be decreased by stimulus control? Presented at the 15th annual meeting of the Society of Behavioral Medicine, Boston, MA, April 1994.
- Greeno, C.G., Marcus, M.D., Shiffman, S., Burton, L., McDermott, M., & Wing, R.R. Mood in obese binge and non-binge eaters when eating and not eating. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Guare, J.C. & Wing, R.R. Weight loss maintenance of type II diabetics and nondiabetics. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Hellerstedt, W.L., Jeffery, R.W., & Wing, R.R. The effects of monetary incentives on exercise adherence in the obese. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Jakicic, J.M., Wing, R.R., Butler, B.A., & Jeffery, R.W. Association between physical activity and home exercise equipment. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Lloyd, C.E., Wing, R.R., & Orchard, T.J. Waist to hip ratio and psychosocial factors in adults with insulin-dependent diabetes mellitus. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Pronk, N.P., Wing, R.R., & Jeffery, R.W. Effects of increasing stimulus control for exercise through use of a personal trainer. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Simkin, L.R., Wing, R.R., Klem, M.L., Macaulay, A.P., Hansen, D.H., & Kuller, L.H. Prevention of weight gain in healthy premenopausal women. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Wing, R.R., Burton, L.R., Mullen, M., Jeffery, R.W., Thorson, C., & Raether, C. Provision of structured meal plans improves weight loss in overweight females. Presented at the 15th Anniversary Meeting, Society of Behavioral Medicine, Boston MA, April, 1994.
- Jakicic, J.M., Wing, R.R., Butler, B.A., & Jeffery, R.W. Influence of education, employment, and familial status on physical activity across gender. Presented at the American College of Sports Medicine, May, 1994.
- Pronk, N.P., Wing, R.R., & Jeffery, R.W. Early exercise attendance predicts subsequent exercise participation and weight loss. Presented at the American College of Sports Medicine, May, 1994.

- Anglin, K., & Wing, R.R. Comparisons of African-Americans and Caucasians in a behavioral weight control program. Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Butler, B.A., Wing, R.R., Jeffery, R.W., & Jakicic, J.M. Determinants of food intake: Preference and stimulus control. Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Jakicic, J.M., Wing, R.R., & Butler, B.A. Effect of long- versus short-term bouts of exercise on exercise adherence in obese females. Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Klem, M.L., Macaulay, A.P., Simkin, L.R., Hansen, D.H., Burnette, M., Wing, R.R., & Kuller, L.H. The relationship between weight change and changes in cardiovascular risk factors in healthy premenopausal women. Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Lloyd, C.E., Wing, R.R., & Orchard, T.J. Depression as a risk factor for cardiovascular disease in adults with insulin-dependent diabetes (IDDM). Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Marcus, M.D., Wing, R.R., & Fairburn, C.G. Cognitive treatment of binge eating v. behavioral weight control in the treatment of binge eating disorder. Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Wing, R.R., Burton, L., Semler, L., & Jeffery, R.W. Does food provision help to maintain weight loss? Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Venditti, E.M., Wing, R.R., & Jakicic, J. Weight cycling, psychological health, and binge eating in obese females. Presented at The Society of Behavioral Medicine's Sixteenth Annual Scientific Sessions, San Diego, CA, March, 1995.
- Jakicic, J.M., Wing, R.R., Butler, B.A., & Robertson, R.J. Effect of long- versus short-bouts of exercise on exercise adherence and cardiorespiratory fitness in obese females. Presented at the annual meeting of the American College of Sports Medicine, May, 1995.
- Butler, B.A., Wing, R.R., Anglin, D., Burnette, M., Moriarty, M., DeBranski, C., & Sims, C. Acceptability of a behavioral intervention to prevent excessive weight gain in pregnant women. Presented at The Fourth International Congress of Behavioral Medicine, Washington, DC, March, 1996.
- Jakicic, J.M., Wing, R.R., Butler, B.A., & Anglin, K. The effect of home visits versus clinic-based therapy on maintenance of weight loss. Presented at The Fourth International Congress of Behavioral Medicine, Washington, DC, March, 1996.
- Klem, M.L., Wing, R.R., McGuire, M.T., Hill, J.O., & Seagle, H. Psychological characteristics of successful weight losers. Presented at The Fourth International Congress of Behavioral Medicine, Washington, DC, March, 1996.

- McGuire, M.T., Wing, R.R., Klem, M.L., Hill, J.O., & Seagle, H. Successful weight loss through a treatment program versus on own. Presented at The Fourth International Congress of Behavioral Medicine, Washington, DC, March, 1996.
- Meier AD, Jakicic JM, Wing RR, Butler BA. Validation of self-reported exercise sessions using a tri-trac accelerometer. Presented at the annual meeting of the American College of Sports Medicine, May, 1996.
- Jakicic JM, Wing RR, Butler BA, Anglin K. The effect of home visits versus clinic-based therapy on maintenance of weight loss. Presented at the annual meeting of the Society of Behavioral Medicine, May, 1996.
- Wing RR, Jakicic JM, Butler BA. Onset of NIDDM in high risk subjects in a lifestyle intervention. Presented at the annual meeting of the American Diabetes Association, June, 1996.
- Butler, B.A., Venditti, E.M., Jakicic, J.M., & Dyke, S. Effect of family history of diabetes on weight loss. Presented at the annual meeting of the American Diabetes Association, June, 1996.
- Butler, B.A., Venditti, E.M., & Butler, B.A. Onset of NIDDM in high risk subjects in a lifestyle intervention. Presented at the annual meeting of the American Diabetes Association, June, 1996.
- Wing RR, Venditti EM, Jakicic JM, Butler BA. Lifestyle intervention in those at risk for NIDDM: Lack of long-term benefit. Presented at the annual meeting of the American Diabetes Association, June, 1996.
- Butler, B., Wing R., Anglin, K., Burnette, M., Moriarty, M., Meier, A., Debranski, C., & Sims, C. Effectiveness of a behavioral intervention to prevent excessive weight gain in pregnant women. Presented at the American Psychological Association Conference "Psychosocial and Behavioral Factors in Women's Health: Research, Prevention, Treatment and Service Delivery in Clinical and Community Settings," Washington, DC, September, 1996.
- Klem, M.L., McGuire, M.T., & Wing, R.R. Disordered eating and psychological symptoms in individuals successful at long-term maintenance of weight loss. Presented at the Eating Disorder Research Society meeting, Pittsburgh, PA, November, 1996.
- Sims, C.J., Butler, B.A., DeBranski, C., Anglin, K., Burnette, M., & Wing, R.R. Effect of behavioral intervention to prevent excessive weight gain in pregnancy on birthweight outcomes. Presented at the annual meeting of the Society of Preinatal Obstetricians, Anaheim, CA, January, 1997.
- Polley, B.A., Wing, R.R., Meier, A., Sims, C., & DeBranski, C. Preventing excessive weight gain during pregnancy in overweight and normal weight women. Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA, April, 1997.
- Klem, M.L., McGuire, M.T., & Wing, R.R. Is magnitude of weight loss associated with greater distress and difficulty of maintenance? Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA, April, 1997.
- Klem, M.L. & Wing, R.R. The acceptability of primary prevention of weight gain in women aged 25 through 34. Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA, April, 1997.

- McGuire, M.T., Wing, R.R., Klem, M.L., Moriarty, M., & Hill, J.O. Behavior and psychological changes that affect ongoing weight loss maintenance. Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA, April, 1997.
- Jakicic, J.M. & Wing, R.R. Differences in energy expenditure between African-American and Caucasian obese females. Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA, April, 1997.
- Jakicic, J.M., Wing, R.R., & Evans, R.W. Measurement and application of acylation stimulating protein (ASP) in obesity-related research. Presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA, April, 1997.
- Jakicic, J.M. & Wing, R.R. Strategies to improve exercise adherence: effect of short-bouts versus long-bouts of exercise. Presented at the annual meeting of the American College of Sports Medicine, Denver, CO, May, 1997.
- Meier, A.D., Jakicic, J.M., & Wing, R.R. Comparison of body composition measured by dual energy x-ray absorptiometry and bioelectrical impedance in obese females. Presented at the annual meeting of the American College of Sports Medicine, Denver, CO, May, 1997.
- Williams, K.V., Mullen, M., Considine, R., Wing, R.R. Relative effects of caloric restriction and weight loss on leptin levels in NIDDM. Presented at the 57th annual meeting of the American Diabetes Association, Boston, MA, June, 1997.
- Jakicic, J.M., Wing, R.R., & Evans, R.W. Effect of exercise and weight loss on acylation stimulating protein (ASP) in overweight women. Presented at the annual meeting of the North American Association for the Study of Obesity, Cancun, Mexico, November, 1997.
- McGuire, M.T., Wing, R.R., Klem, M.L., Hill, J.O. Long-term weight loss can be achieved: a prevalence study of American adults. Presented at the annual meeting of the North American Association for the Study of Obesity, Cancun, Mexico, November, 1997.
- Thompson, H.R., Grunwald, G.K., Seagle, H., Klem, M.L., McGuire, M.T., Wing, R.R., Hill, J.O. Resting energy expenditure in reduced-obese subjects in the national weight control registry. Presented at the annual meeting of the North American Association for the Study of Obesity, Cancun, Mexico, November, 1997.
- Thompson, H.R., Bear, S.L., Seagle, H.M., Klem, M.L., McGuire, M.T., Wing, R.R., Hill, J.O. Exercise behaviors in reduced-obese subjects in the national weight control registry. Poster presented at the annual meeting of the North American Association for the Study of Obesity, Cancun, Mexico, November, 1997.
- Klem, M.L., Wing, R.R., McGuire, M.T., & Hill, J.O. Does the cost-benefit ratio of weight maintenance change over time? Presented at the annual meeting of the Society for Behavioral Medicine, New Orleans, LA, March, 1998.
- Jakicic, J.M., Wing, R.R., Winter, C., & Clifford, L. Exercise adherence in overweight women: effect of short-bouts of exercise and exercise equipment. Presented at the annual meeting of the Society for Behavioral Medicine, New Orleans, LA, March, 1998.

- Leermakers, E.A., Jakicic, J.M., Viteri, J., & Wing, R.R. Weight gain prevention in men: comparison of clinic-based and correspondence interventions. Presented at the annual meeting of the Society for Behavioral Medicine, New Orleans, LA, March, 1998.
- Jakicic, J.M., Wing, R.R., Winter, C., & Clifford, L. Accumulation of 150 minutes of exercise per week enhances weight loss and fat loss in overweight adult women. Presented at the annual meeting of the American College of Sports Medicine, Orlando, FL, June, 1998.
- Winters, C., Lagally, K., Jakicic, J.M., Wing, R.R., & Robertson, R.J. Estimated energy expenditure using KALX heat flux monitor during several modes of physical activity. Presented at the annual meeting of the American College of Sports Medicine, Orlando, FL, June, 1998.
- Lagally, K., Winters, C., Jakicic, J.M., Wing, R.R., & Robertson, R.J. The accuracy of the TriTrac-R3D accelerometer during various modes of physical activity. Presented at the annual meeting of the American College of Sports Medicine, Orlando, FL, June, 1998.
- Viteri, J., Jakicic, J.M., Leermakers, E.A., & Wing, R.R. Intervention to increase physical activity and modify diet: comparison of overweight and normal weight men. Presented at the annual meeting of the American College of Sports Medicine, Orlando, FL, June, 1998.
- Boraz, M., Anderson, D.A., Simkin-Silverman, L., Wing, R.R., & Kuller, L.H. Stressful life events and weight loss in normal weight middle-aged women: the women's healthy lifestyle project. Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- Burke, L.E., Smith, C.F., & Wing, R.R. Comparison of three approaches to reducing calorie and fat intake. Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- Jakicic, J.M., Wing, R.R., & Winters, C. Enhancing long-term exercise participation and weight loss in overweight adults. Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- Klem, M.L., Wing, R.R., Ho Chang, C.C., & Hill, J.O. A comparison of individuals who have lost substantial weight through surgical and non-surgical means. Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- McGuire, M., Wing, R.R., & Hill, J.O. Behavioral characteristics of weight loss maintainers, regainers, and weight-stable controls. Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- McGuire, M., Wing, R.R., & Hill, J.O. Is unintentional weight loss a marker of poor health habits? Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- Smith, C.F., Burke, L.E., & Wing, R.R. Young adults remain on vegetarian diets longer than on weight loss diets. Presented at the Society of Behavioral Medicine, San Diego, CA, March 1999.
- Burke, L.E., Smith, C.F. & Wing, R.R. Efficacy of a vegetarian diet for weight loss. Presented at the Obesity Research NAASO Annual Meeting, Charlestown, SC, November 1999.

- Jakicic, J.M., Wing, R.R., Winters, C. Can BIA detect changes in body fatness across an 18-month weight loss program in overweight women? Presented at the NAASO Annual Meeting, Charlestown, SC, November 1999.
- Smith, C.F., Burke, L.E. & Wing, R.R. 6-month outcome of two behavioral weight loss treatments focusing on primary motivations for weight loss. Presented at the NAASO Annual Meeting, Charlestown, SC, November 1999.
- Tate, D.F., Wing, R.R. & Winett, R.A. Development and evaluation of an Internet behavior therapy program for weight loss. Presented at the NAASO Annual Meeting, Charlestown, SC, November 1999.
- Wing, R.R., Lang, W & Hill, J.O. Rigid versus flexible dieting: the relationship between type of restraint, weight maintenance, and psychosocial functioning in a sample of successful weight loss maintainers. Presented at the NAASO Annual Meeting, Charlestown, SC, November 1999.
- Wing, R.R. Exercise dose-response issues for overweight adults: how much is enough? Presented at the NAASO Annual Meeting, Charlestown, SC, November 1999.
- Wyatt, H.R., Grunwald, G.K., Seagle, H.M., Klem, M.L., Wing, R.R. & Hill, J.O. Leptin concentrations in reduced-obese subjects in the National Weight Control Registry. Presented at the NAASO Annual Meeting, Charlestown, SC, November 1999.
- Sciamanna, C., Tate, D.F., Lang, W., & Wing, R.R. Practitioner advice to lose weight in a multi-state survey. Presented at the Society of Behavioral Medicine, Nashville, TN, April 2000.
- Tate, D., Wing, R., & Winett, R. Treating obesity using the Internet: an initial efficacy study. Presented at the Society of Behavioral Medicine, Nashville, TN, April 2000.
- Jakicic, J.M., Page, M., Ferguson, E., Hicks, M., Kenney, M. & Wing, R.R. The impact of varying doses of exercise on short-term weight loss in overweight women. Presented at the NAASO Annual Meeting, Long Beach, CA, October/November, 2000.
- Jelalian, E., Mehlenbeck, R., Mora, K., Lloyd, E., Frisch, J. & Wing, R. Peer-based skills training to enhance teen weight loss. Presented at the NAASO Annual Meeting, Long Beach, CA, October/November, 2000.
- Tate, D.F. & Wing, R.R. Behavioral weight loss via the Internet: 12 month outcomes. Presented at the NAASO Annual Meeting, Long Beach, CA, October/November, 2000.
- Wyatt, H.R., Seagle, H.M., Grunwald, G.K., Bell, M.L., Klem, M.L., Wing, R.R., & Hill, J.O. Long-term weight and very low carbohydrate diets in the National Weight Control Registry. Presented at the NAASO Annual Meeting, Long Beach, CA, October/November, 2000.

- Wing, R.R. Primary prevention and behavior change. Presented at Symposium entitled "Delivering behavioral interventions: How do we do it?" American Diabetes Association Annual Scientific Sessions. Philadelphia, PA, June, 2001.
- Del Parigi, A., Chen, K., Salbe, AD, Hill, J. Wing, R.R., Reiman, E.M., Tataranni, P.A. Differences in the brain responses to satiation in lean, obese and post-obese individuals. Presented at NAASO's Annual Meeting, Quebec City, PQ, Canada. October, 2001.
- Jeffery, R.W., Wing, R.R. The Effects of an enhanced exercise program on long-term weight loss. Presented at NAASO's Annual Meeting, Quebec City, PQ, Canada. October, 2001.
- Jakicic, J.M., Gallagher, K.I., Page, M.I., Ferguson, E.S., Hicks, M.E., Kenney, M.R. Effects of a mentor-based intervention for weight loss in overweight women. Presented at NAASO's Annual Meeting, Quebec City, PQ, Canada. October, 2001.
- Wyatt, H.R., Donahoo, W.T., Grunwald, G.K., Klem, Wing, R.R., Hill, J.O. Average steps per day for long-term weight loss in the National Weight Control Registry. Presented at NAASO's Annual Meeting, Quebec City, PQ, Canada. October, 2001.
- Wing, R.R. Strategies for Lifestyle Change. Presentation given as part of Albert Einstein College of Medicine CME Course "Primary Treatment Goals: Managing Cardiovascular Risk in Patients with Metabolic Syndrome". March, 2002.
- Wing, R.R. Behavior change in the Diabetes Prevention Program: Past, Present and Future. Presented at the Board of Extramural Advisors, NHLBI, April 16, 2002.
- Hamman, R., Wing, R.R., et al. for the DPP Research Group. Effects of Changes in Weight, Diet and Physical Activity on the Risk of Diabetes with Intensive Lifestyle (ILS) Intervention in the Diabetes Prevention Program (DPP). Presented at the 62nd Annual Meeting of the American Diabetes Association, San Francisco, CA June, 2002.
- Wing, R.R., et al. for The DPP Research Group. Behavioral Factors Associated with Weight Loss among Lifestyle Participants in the Diabetes Prevention Program (DPP). Presented at the 62nd Annual Meeting of the American Diabetes Association, San Francisco, CA. June, 2002.
- Del Parigi, A., Chen, K., Salbe, A.D., Hill, J.O., Wing, R.R., Gauthier, J.F., Reiman, E.M., Tataranni, P.A. NIH, Phoenix, Arizona. Neuronal Markers of Increased Risk of Obesity in Humans. Presented at Ninth International Congress on Obesity, Sao Paulo, Brazil. August, 2002.
- Phelan, S., Wing, R.R. Hill, J.O., Lang, W., DiBello, J.R. Recovering from relapse among successful weight maintainers. Presented at the Society of Behavioral Medicine's 24th Annual Meeting, Salt Lake City, UT. March 2003.
- Van Dorsten, B., Williamson, D.A., Wing, R.R., Rubin, R.R. The Look AHEAD Research Group. The Look AHEAD study: Research design and behavioral interventions. Presented at the Society of Behavioral Medicine's 24th Annual Meeting, Salt Lake City, UT. March 2003.

- Raynor, H.A., Wing, R.R., Phelan, S., Hill, J.O. Dietary variety and weight-loss maintenance in the National Weight Control Registry. Presented at the Society of Behavioral Medicine's 24th Annual Meeting, Salt Lake City, UT. March 2003.
- Tate, D.F., Wing, R.R., Jackvony, E.H., Coward, P.R., Sylvia, H.D. Effects of intensive e-mail counseling in an internet behavioral weight loss program for adults. Presented at the Society of Behavioral Medicine's 24th Annual Meeting, Salt Lake City, UT. March 2003.
- Gorin, A.A., Phelan, S., Tate, D.F., Sherwood, N., Jeffrey, R., Wing, R.R. Involving support partners in obesity treatment. Presented at NAASO's Annual Meeting, Ft. Lauderdale, FL. October 2003.
- Tate, D.F., Jackvony, E.H., Wing, R.R. Internet counseling for weight loss: Computer vs. human counselors. Presented at NAASO's Annual Meeting, Ft. Lauderdale, FL. October 2003.
- Delparigi, A., Chen, K., Salbe, A., Hill, J.O., Wing, R.R., Reiman, E., Tataranni, P.A. Dietary restraint is associated with increased neural activity in cortical areas involved in the volitional control behavior. Presented at NAASO's Annual Meeting, Ft. Lauderdale, FL. October 2003.
- Phelan, S., Gorin, A.A., Hill, J.O., Wing, R.R. Medical triggers are associated with better short and long-term weight loss outcomes. Presented at NAASO's Annual Meeting, Ft. Lauderdale, FL. October 2003.
- Raynor, H., Jeffery, R., Tate, D.F., Wing, R.R. The relationship between changes in food group variety, dietary intake, and weight during obesity treatment. Presented at NAASO's Annual Meeting, Ft. Lauderdale, FL. October 2003.
- Phelan, S., Nassery, S., DiBello, J., Wing, R.R., Hill, J.O. Two-year weight change among successful weight losers who lost weight using a low carbohydrate diet. Presented at the Society of Behavioral Medicine's 25th Annual Meeting, Baltimore, MD. March 2004.
- Raynor, H.A., Jeffery, R.W., Phelan, S., Hill, J.O., Wing, R.R. Food group variety: Successful weight losers versus the National Weight Control Registry. Presented at the Society of Behavioral Medicine's 25th Annual Meeting, Baltimore, MD. March 2004.
- Phelan, S., Wyatt, H., Hill, J.O., Wing, R.R. Are the diets of successful weight losers changing? Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.
- Wing, R.R., Tate, D.F., Gorin, A.A., Robinson, N., Raynor, H.A. STOP Regain: A randomized trial of weight maintenance interventions – 6 month results. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.
- Jelalian, E., Lloyd-Richardson, E., Mehlenbeck, R., Birmaher, V., Bunge, H., Wing, R.R. Binge eating symptoms in adolescents enrolled in a weight control study. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.
- Phelan, S., Hill, J.O., Wing, R.R. Gender differences in motivation and weight control behavior during long-term successful weight loss. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.
- Raynor, H.A., Wing, R.R. Limiting variety in snacks across days on food intake and liking. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.

Tate, D.F., Jackvony, E., Marcus, B., Wing, R.R. PDA-assisted self-monitoring during internet weight loss treatment. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.

Wyatt, H., Peters, J., Stuht, J., Cardin, C., Wing, R.R., Hill, J.O. Multivariate cluster analysis of the National Weight Control Registry. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.

Linde, J., Jeffery, R., Baxter, J., Wing, R.R. A brief self-report method to assess total energy intake. Presented at NAASO's Annual Meeting, Las Vegas, NV. November 2004.

Editorial Board

1985-1987	Editor, <u>Annals of Behavioral Medicine</u>
1982-1984	Associate Editor, <u>Behavioral Medicine Update</u>
1982-1985	Consulting Editor, <u>Behavioral Medicine Abstracts</u>
1984-1986	Editorial Board, <u>Diabetes Care</u>
1987-	Editorial Board, <u>Journal of Consulting & Clinical Psychology</u>
1987-	Editorial Board, <u>Diabetes Spectrum</u>
1988-	Editorial Board, <u>Annals of Behavioral Medicine</u>
1988-1989	Editorial Board, <u>Behavior Therapy</u>
1989-1991	Editorial Board, <u>Diabetes Care</u>
1991-1994	Associate Editor, <u>Diabetes Care</u>
1992-	Associate Editor, <u>Obesity Research</u>

Guest Reviewer

1981-	<u>Journal of Consulting Clinical Psychology</u>
1980-	<u>Addictive Behaviors</u>
1981-	<u>Journal of Applied Behavioral Assessment</u>
1980-	<u>Journal of Behavioral Assessment</u>
1980-	<u>Behavior Therapy</u>
1981-	<u>Behavior Modification</u>
1982-	<u>Appetite</u>
1983-	<u>Diabetes Care</u>
1984-	<u>Health Psychology</u>
1986-	<u>International Journal of Obesity</u>
1986-	<u>Archives of General Psychiatry</u>
1986-	<u>Psychosomatic Medicine</u>
1987-	<u>American Journal of Physiology</u>
1989-	<u>International Diabetes Monitor</u>
1990-	<u>American Journal of Medicine</u>
1990-	<u>Journal of the American Medical Association</u>
1990-	<u>Obesity Research</u>

Grant Review

1982, 1986, 1989, 1990	National Institutes of Health - Special Study Sections.
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1987	National Institutes of Health - Behavioral and Neurosciences Study Section.
1988-1991	Chairman, National Institutes of Health - Behavioral and Neurosciences Study Section.
1989-	Chairman, National Institute of Health - Special Study Section.
1989-1990	Member, National Institute of Mental Health - Special Study Sections.
1991-1992	Member, National Institute of Health, Special Study Sections Reviewing Program Projects and Individual Grants
1994-	Member, National Institute of Health Review Group for Obesity/Nutrition Research Center Applications.
1995-	Member, National Institute of Mental Health, Health Behavior and Prevention Research Study Section.
2000-2001	Reviewer, Boston Obesity/Nutrition Research Center Grants.
2002	Reviewer, Michigan Diabetes Research and Training Center

Service and Task Force Activities

1983-1990	Program Committee, Society of Behavioral Medicine meeting.
1983-1986	Committee on Professional Education, American Diabetes Association.
1983-1993	Steering Committee, Pennsylvania Diabetes Academy.
1983-1993	Editorial Board, Pennsylvania Diabetes Academy.
1984	Research/Evaluation Advisory Committee, Health Education Center.
1985-1987	Research Committee, Western Pennsylvania Affiliate of the American Diabetes Association.
1986-1988	Publications Committee, American Diabetes Association.
1986-1991	Advisory Council, Diabetes Treatment Centers of America Foundation.
1987	Program Committee, Division 38 American Psychological Association.
1987	Joint Clinical Nutrition Advisory Committee, University of Pittsburgh.
1987-1990	Board of Directors, Western Pennsylvania Affiliate, American Diabetes Association.
1987-1990	Board of Directors, American Diabetes Association.
1987-1989	External Advisory Council, Squibb-Novo, Inc.
1987-1989	Research Review Committee, Diabetes Treatment Centers of America.
1988-1991	Member-at-Large, Society of Behavioral Medicine.

1988-1991	Research Policy Committee, American Diabetes Association.
1989	Committee on Clinical Care, Health Care Delivery, and Education Programs of the ADA, 14th International Diabetes Federation Congress Organizing Committee.
1989-1994	Clinical Research Center Advisory Committee, University of Pittsburgh.
1990-	Publications Chairman, Society of Behavioral Medicine.
1991-1994	American Cancer Society Institutional Research Grant Committee, University of Pittsburgh.
1991-	NIDDK National Task Force on Prevention and Treatment of Obesity. National Institutes of Health.
1992-1993	President, Society of Behavioral Medicine
1992-1994	President, Behavioral Medicine and Psychology Council, American Diabetes Association.
1994	Organizer and Director, Strategies for Implementing Tight Control in Patients with Type I and Type II Diabetes, Conference Sponsored by National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health, and American Diabetes Association.
1996-	Member, Task Force on Behavioral Research in Cardiovascular, Lung, and Blood Health and Disease, National Institute of Lung, Health, and Blood Institute.
1997-	Member of International Obesity Task Force.
1998-	Member of the Congressionally-Mandated Diabetes Research Working Group, National Institute of Diabetes and Digestive and Kidney Diseases.
1998-	Organizer, NHLBI Conference "Maintenance of Behavior Change in Cardiorespiratory Risk Reduction; July 1998.
1998-	Council Member, NIDDK Council
1999-	Search Committee, Head of Gerontology Center, Brown University
2000-	Search Committee, Director of Endocrinology and Diabetes Division, Brown University/Lifespan.
2000-	Search Committee, Cardiology Division Head, Memorial Hospital
2001	Presenter National Institute of Health Roundtable series. NIDDK Continuing Education Film Series.
2002	Presenter, CME Program, Albert Einstein Medical School. "Managing Cardiovascular Risk in Patients with Diabetes and Metabolic Syndrome."
2003	Member, The Lifespan Research Advisory Committee
2003	Member, NIDDK Obesity Clinical Research Panel