

B. M. Pinto
Updated 6/16/06

CURRICULUM VITAE

BERNARDINE M. PINTO

BUSINESS ADDRESS: The Miriam Hospital
Centers for Behavioral and Preventive Medicine
Coro Building, Suite 5000
One Hoppin Street
Providence RI 02903

BUSINESS TELEPHONE: 401-793-8230

BUSINESS FAX: 401-793-8078

E-MAIL: BPinto@Lifespan.org

EDUCATION

Undergraduate

1980 Jyoti Nivas College (Bangalore University, India)
Psychology, Sociology & Economics, B.A.
Tenth Rank in Bangalore University

Graduate

1982 Bangalore University
Psychology, M.A.
Third Rank in Bangalore University

1987 Western Michigan University
Clinical Psychology, M.A. (with honors)

1992 Western Michigan University
Clinical Psychology, Ph.D. (APA approved program)

POSTGRADUATE TRAINING

1991-1992 Pre-doctoral Internship
Clinical Psychology
University of Mississippi and Veterans Affairs Medical Centers (APA approved), Jackson, MS

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1992-1994 Fellowship
 Division of Behavioral Medicine
 Department of Psychiatry and Human Behavior
 The Miriam Hospital and Brown Medical School

POSTGRADUATE HONORS AND AWARDS

1980-82 National Merit Scholarship for graduate study
 Government of India

1984-1991 Doctoral associateships
 Graduate Teaching/Research Assistantships
 Department of Psychology and The Graduate College
 Western Michigan University

1985 Graduate Student Research Award
 The Graduate College
 Western Michigan University

1989 Outstanding International Graduate Student Award (KS)
 Western Michigan University

1990 Graduate Student Research Award
 The Graduate College
 Western Michigan University

1990 Outstanding International Graduate Student Award (KS)
 Western Michigan University

1997 Leadership Commitment Award
 American Heart Association (RI Affiliate)

2000 Bruce Selya Research Award for Research Excellence
 Lifespan Board of Directors

2002 Nomination
 Research Mentor Award
 Psychology Training Program
 Clinical Psychology Training Consortium
 Brown Medical School

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- 2003 Nomination
Association of Psychology Post-Doctoral and Internship Centers Award for
Excellence in Diversity Training
Clinical Psychology Training Consortium
Brown Medical School
- 2004 Award for Excellence in Diversity Training
Association of Psychology Post-Doctoral and Internship Centers

PROFESSIONAL LICENSE

- 1993-current Independent practice in Psychology, State of Rhode Island
License #507

ACADEMIC APPOINTMENT

- 1994-2000 Assistant Professor (Research)
Department of Psychiatry and Human Behavior
Brown Medical School
- 2001-current Associate Professor (Research)
Department of Psychiatry and Human Behavior
Brown Medical School

HOSPITAL APPOINTMENTS

- 1994-current Staff Psychologist
Division of Behavioral and Preventive Medicine
Department of Psychiatry and Human Behavior
The Miriam Hospital

OTHER APPOINTMENTS

- 1993-1996 Consulting Editor
Annals of Behavioral Medicine
- 1994-1996 Co-Chair
Smoking and Health Sub-Committee
American Heart Association (RI Affiliate)

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|-------------------------------|--|
| 1994-current | Ad hoc Reviewer: Annals of Behavioral Medicine American Journal of Preventive Medicine Cancer Practice Health Psychology Journal of Gerontology: Social Sciences International Journal of Behavioral Medicine Preventive Medicine Psycho-Oncology Research Quarterly for Exercise and Sport |
| 1994-1997, 2001, 2003-2005 | Reviewer of abstracts Society of Behavioral Medicine Annual Meeting |
| 1997-1999 | Consulting Editor Mind/Body Medicine |
| 1998-current | Member Sub-Committee on Womens' Health Rhode Island Commission on Women |
| 1998-2003 | Member Executive Committee Roybal Center for the Enhancement of Late-Life Function Sargent College, Boston University |
| 1999-2001 | Editorial Board Clinical Exercise Physiology |
| 1999 | Reviewer for Division 38 (Health Psychology) American Psychological Association Convention |
| 2000 | Board of Directors Rhode Island Breast Cancer Coalition |
| 2001-2004 | Ad-hoc Member Center for Scientific Review Social Sciences, Nursing, Epidemiology and Methods National Institutes of Health |

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| 2001 | Member Massachusetts Breast Cancer Research Grant Review Committee |
| 2001, 2002 | Ad hoc reviewer Alberta Heritage Foundation for Medical Research Canada |
| 2002 | Behavioral Section Editor Editorial Board Clinical Exercise Physiology |
| 2003, 2005 | Invited reviewer Population and Behavioral Sciences Committee Cancer Research UK United Kingdom |
| 2003-2005 | Member Lance Armstrong Foundation Grant Review Committee |
| 2004 | Invited reviewer National Scientific Committee Cancer Society of New Zealand, Inc. |
| 2004 | Member Scientific Committee 7th International Congress of Psycho-Oncology Copenhagen, Denmark |
| 2004 | Reviewer of scientific abstracts 7th International Congress of Psycho-Oncology Copenhagen, Denmark |
| 2005-2008 | Member Peer Review Committee Psychosocial and Behavioral Research Committee American Cancer Society |
| 2005-current | Member Editorial Board Journal of Behavioral Medicine |

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- 2005 Invited Reviewer
Program Project
National Cancer Institute of Canada
- 2006 Invited Reviewer
World Cancer Research Fund International
London, United Kingdom

HOSPITAL COMMITTEES

- 1994-2000 Clinical Research Review Board
The Miriam Hospital
- 1994-1996 Women's Wellness Committee
The Miriam Hospital
- 1995 Grant Reviewer
Rhode Island Hospital Developmental Grants
- 2001-2003 Member
Bruce Selya Award Review Committee
Lifespan Academic Medical Center
- 2002 Member
Lifespan Research Day Abstract Review Committee
Lifespan Academic Medical Center
- 2000-current Chair
Biennial Report Committee
Centers for Behavioral and Preventive Medicine
Miriam Hospital
- 2003-2004 Chair
Ad-hoc Committee on Faculty Incentives
Centers for Behavioral and Preventive Medicine
Miriam Hospital
- 2003-2005 Chair
Psycho-Oncology Research Group
Centers for Behavioral and Preventive Medicine
Miriam Hospital

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- 2004-current Chair
Faculty Academic Advisory Committee
Centers for Behavioral and Preventive Medicine
Miriam Hospital
- 2006 Member
Faculty Selection Advisory Committee
Centers for Behavioral and Preventive Medicine
Miriam Hospital

UNIVERSITY COMMITTEES

- 1994-current Behavioral Medicine Track
Clinical Psychology Training Consortium
Brown University School of Medicine
- 1995-1997 Coordinator
Annual Yale/Brown/URI Behavioral Medicine Meetings
- 1996 Reviewer for Young Investigator's Award
Lifespan Annual Research Day
- 1997 Faculty and Planning Committee
Brown University School of Medicine
Obesity Treatment Update 1997
6.5 C.M.E.
Newport, Rhode Island, May 10.
- 2000-current Chair
Diversity Committee
Clinical Psychology Training Consortium
Brown Medical School
- 2000-current Member
Training Committee
Clinical Psychology Training Consortium
Brown Medical School
- 2005-current Member
Dean's Advisory Council on Faculty Diversity
Brown Medical School

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2005 Chair
Multi-Cultural Competence in Teaching and Supervision
For the Clinical Psychology Training Consortium Faculty
3.0 C.E. (American Psychological Association)
Providence, RI, April 1

2005 Chair
Multi-Cultural Competence in Teaching and Supervision-Let's Get Practical
For the Clinical Psychology Training Consortium Faculty
3.0 C.E. (American Psychological Association)
Providence, RI, November 4

MEMBERSHIP IN SOCIETIES

American Psychological Association
American Public Health Association
Society of Behavioral Medicine (Fellow status a/o March 2006)

ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS

1. **Pinto, B. M.** & Fuqua, R. W. (1991). Behavioral procedures in training breast self-examination: A research review. *Health Education Quarterly*, 18, 495-516.
2. **Pinto, B. M.** (1993). Training and maintenance of breast self-examination skills. *American Journal of Preventive Medicine*, 9, 353-358.
3. Marcus, B. H., **Pinto, B. M.**, Audrain, J. E., Simkin, L. R., & Taylor, E. R. (1994). Physical activity behavior among female employees. *American Journal of Health Promotion*, 9, 49-55.
4. Mosley, T. H., Perrin, S. G., Neral, S. M., Dubbert, P. M., Grothues, C. A., & **Pinto, B. M.** (1994). Stress, coping and well-being among third year medical students. *Academic Medicine*, 69, 765-767.
5. **Pinto, B. M.** & Marcus, B. H. (1994). Physical activity, exercise and cancer in women. *Medicine, Nutrition, Exercise, and Health*, 3, 102-111.
6. Marcus, B. H., **Pinto, B. M.**, Clark, M. M., DePue, J., Goldstein, M. G. & Silverman, L. S. (1995). Physician delivered interventions for dietary and exercise promotion. *Medicine, Exercise, Nutrition & Health*, 4, 325-334.
7. **Pinto, B. M.** & Marcus, B. H. (1995). A stages of change approach to understanding college

- students' physical activity. *Journal of American College Health*, 44, 27-31.
8. Borrelli, B., Bock, B., King, T., **Pinto, B. M.**, & Marcus, B.H. (1996). The impact of depression on smoking cessation in women. *American Journal of Preventive Medicine*, 12, 378-387.
 9. King, T.K., Marcus, B.H., **Pinto, B. M.**, Emmons, E.M., & Abrams, D.B. (1996). Cognitive-behavioral mediators of changing multiple behaviors: smoking and a sedentary lifestyle. *Preventive Medicine*, 25, 684-691.
 10. Marcus, B.H., King, T.K., Clark, M.M., **Pinto, B. M.**, & Bock, B.C.(1996). Theories and techniques for promoting physical activity behaviors. *Sports Medicine*, 22, 321-331.
 11. Marcus, B.H., Simkin, L.R., Rossi, J.S & **Pinto, B. M.** (1996). Longitudinal shifts in employees' stages and processes of exercise behavior change. *American Journal of Health Promotion*,10, 195-200.
 12. **Pinto, B. M.**, Marcus, B. H. & Clark, M. M. (1996). Promoting physical activity in women: the new challenges. *American Journal of Preventive Medicine*, 12, 395-400.
 13. Bock, B.C., Albrecht, A.E., Traficante, R.M., Clark, M.M., **Pinto, B. M.**, Tilkemeier, P., & Marcus, B.H. (1997). Predictors of exercise adherence following participation in a cardiac rehabilitation program. *International Journal of Behavioral Medicine*, 4, 60-75.
 14. King, T.K., Borrelli, B., Black, C., **Pinto, B. M.**, & Marcus, B.H. (1997). Minority women and tobacco: Implications for interventions. *Annals of Behavioral Medicine*, 19, 301-313.
 15. Marcus, B.H., Goldstein, M.G., Jette, A., Simkin-Silverman, L., **Pinto, B. M.**, Milan, F., Washburn, R., Smith, K., Rakowski, W., & Dube, C. (1997). Training physicians to conduct physical activity counseling. *Preventive Medicine*, 26, 382-388.
 16. Mosely, T.H., Dubbert, P.M., **Pinto, B. M.**, Grothues, C.A., Isbell, T.R. & Randall, N. (1997). Perceived health, stress, and coping in women veterans. *Federal Practitioner*, 14, 53-61.
 17. Patterson, R.B., **Pinto, B. M.**, Marcus, B.H., Colucci, A., Braun, T. & Roberts, M. (1997). The value of a supervised exercise program for the therapy of arterial claudication. *Journal of Vascular Surgery*, 25, 312-319.
 18. **Pinto, B. M.**, Marcus, B.H., Patterson, R.B. & Roberts, M. (1997). On-site versus home exercise programs: Psychological benefits for patients with arterial claudication. *Journal of Aging and Physical Activity*, 5, 311-328.
 19. **Pinto, B. M.**, Cherico, N., Szymanski, L., & Marcus, B.H. (1998). Longitudinal changes in exercise participation among college students. *Journal of American College Health*, 47, 23-27.

20. **Pinto, B. M.**, Goldstein, M.G., DePue, J. D., & Milan, F. B. (1998). Acceptability and feasibility of physician-based activity counseling: The PAL Project. *American Journal of Preventive Medicine*, *15*, 95-102.
21. **Pinto, B. M.**, Goldstein, M.G., & Marcus, B.H. (1998). Activity counseling by primary care physicians. *Preventive Medicine*, *27*, 506-513.
22. **Pinto, B. M.**, Maruyama, N.C., Engebretson, T.O., & Theborge, R.W. (1998). Participation in exercise, mood and coping in survivors of early-stage breast cancer. *Journal of Psychosocial Oncology*, *16*, 45-58.
23. Marcus, B.H., Bock, B.C., **Pinto, B. M.**, Forsyth, LH, Roberts, M.S. & Traficante, R.M. (1998) Efficacy of an individualized, motivationally-tailored physical activity intervention. *Annals of Behavioral Medicine*, *20*, 174-180.
24. **Pinto, B. M.**, Borrelli, B., King, T.K., Bock, B., Clark, M.M. & Marcus, B.H. (1999). Weight control smoking among sedentary women. *Addictive Behaviors*, *24*, 75-86.
25. Marcus, B.H., Albrecht, A.E., King, T. K., Parisi, A.F., **Pinto, B. M.**, Roberts, M., Niaura, R.S., & Abrams, D.B. (1999). The efficacy of exercise as an aid for smoking cessation in women: A randomized controlled trial. *Archives of Internal Medicine*, *159*, 1229-1234.
26. Goldstein, M.G., **Pinto, B. M.**, Marcus, B.M. et al. (1999). Physician-based physical activity counseling for middle-aged and older adults: A randomized trial. *Annals of Behavioral Medicine*, *21*, 40-47.
27. **Pinto, B. M.**, Clark, M. M., Szymanski, L., Cruess, D.G. & Pera, V. (1999). Changes in self-efficacy and decisional balance for exercise among obese women in a weight management program. *Obesity Research*, *7*, 288-292.
28. **Pinto, B. M.** & Maruyama, N.C. (1999). Exercise in the rehabilitation of breast cancer survivors. *Psycho-Oncology*, *8*, 191-206.
29. **Pinto, B. M.**, Eakin, E., & Maruyama, N. C. (2000). Health behavior changes after a cancer diagnosis: What do we know and where do we go from here? *Annals of Behavioral Medicine*, *22*, 38-52.
30. **Pinto, B. M.**, Lynn, H., Marcus, B. H., DePue, J.D., & Goldstein, M.G. (2001). Physician-based activity counseling: Intervention effects on mediators of motivational readiness for physical activity. *Annals of Behavioral Medicine*, *23*, 2-10.
31. Gillman, M., **Pinto, B. M.**, Lin, T., Tennstedt, S., Glanz, K., Marcus, B.M. & Friedman, R. H.

- (2001). Relationships of physical activity and dietary behaviors in adults. *Preventive Medicine*, 32, 295-301.
32. Delichatsios, H.K., Friedman, R.H., Glanz, K., Tennstedt, S., Smigelski, C., **Pinto, B. M.**, Kelley, H., & Gillman, M. W. (2001). Randomized trial of a “talking computer” to improve adults’ eating habits. *American Journal of Health Promotion*, 15, 215-224.
33. Bock, B.C., Marcus, B. H., **Pinto, B.M.**, & Forsyth, L. (2001). Maintenance of physical activity following an individualized motivationally tailored intervention. *Annals of Behavioral Medicine*, 23, 79-87.
34. Borrelli, B., Hogan, J., Bock, B., **Pinto, B.M.**, Roberts, M., & Marcus, B. (2002). Predictors of quitting and dropout among women in a clinic-based smoking cessation program. *Psychology of Addictive Behaviors*, 16, 22-27.
35. King, A.C., Friedman, R., Marcus, B., Castro, C., Forsyth, L., Napolitano, M., & **Pinto, B.M.** (2002). Harnessing motivational forces in the promotion of physical activity: The Community Health Advice by Telephone (CHAT) Project. *Health Education Research*, 17, 627-636.
36. **Pinto, B. M.**, Clark, M.M., Maruyama, N. C., Cruess, D., Park, E., & Roberts, M. (2002). Motivation of women treated for breast cancer to change lifestyle risk factors. *Mayo Clinic Proceedings*, 77, 122-129.
37. **Pinto, B. M.**, Trunzo, J. J., Reiss, P., & Shiu, S. (2002). Exercise participation after diagnosis of breast cancer: Trends and effects on mood and quality of life. *Psycho-Oncology*, 11, 389-400.
38. **Pinto, B. M.**, Clark, M. M., Maruyama, N. C., & Feder, S. I. (2003). Psychological and fitness changes associated with exercise participation among women with breast cancer. *Psycho-Oncology*, 12, 118-126.
39. **Pinto, B.M.**, Friedman, R., Marcus, B.H., Kelley, H., Tennstedt, S. & Gillman, M.(2002) Effects of a computer-based counseling system on physical activity. *American Journal of Preventive Medicine*, 23, 113-120.
40. Glanz, K., Shigaki, D., Farzanfar, R., **Pinto, B.M.**, Kaplan, B., Friedman, R.H. (2003). Participant reactions to a computerized telephone system for nutrition and exercise counseling. *Patient Education and Counseling*, 49, 157-163.
41. Trunzo, J. J. & **Pinto, B. M.** (2003). Social support as a mediator of optimism and distress in breast cancer survivors. *Journal of Consulting and Clinical Psychology*, 71, 805-811.
42. **Pinto, B. M.** & Trunzo, J. J. (2004). Body esteem and mood among breast cancer survivors: Sedentary vs. regular exercisers. *Mayo Clinic Proceedings*, 79, 181-186.

43. **Pinto, B.M.**, Trunzo, J.J., Rabin, C., Cady, B., Fenton, M., Herman, A., Legare, R. & Sikov, W. (2004). Recruitment strategies for a home-based physical activity intervention for breast cancer patients. *Journal of Clinical Psychology in Medical Settings*, *11*, 171-178.
44. Sciamanna, C. N., Goldstein, M. G., Marcus, B. H., Kipp, L. & **Pinto, B. M.** (2004). Accuracy of recall of exercise counseling among primary care patients. *Preventive Medicine*, *39*, 1063-1067.
45. **Pinto, B. M.**, Frierson, G., Rabin, C., Trunzo, J. & Marcus, B. (2005). A home-based physical activity intervention for breast cancer patients. *Journal of Clinical Oncology*, *23*, 3577-3587.
46. Demark-Wahnefried, W., Aziz, N., Rowland, J. & **Pinto, B. M.** (2005). Riding the crest of the teachable moment: Promoting long-term health after the diagnosis of cancer. *Journal of Clinical Oncology*, *23*, 5814-5830.
47. **Pinto, B. M.**, Goldstein, M.G., Ashba, J., Jette, A., & Sciamanna, C. (2005). Physical activity counseling for older primary care patients. *American Journal of Preventive Medicine*, *29*, 247-255.
48. Rabin, C., **Pinto, B. M.**, Trunzo, J., & Bucknam, L. (2006). Physical activity among breast cancer survivors: Regular exercisers vs. participants in a physical activity intervention. *Psycho-Oncology*, *15*, 344-354.
49. **Pinto, B. M.** & Trunzo, J. J. (2005). Health behaviors during and after cancer. *Cancer*, *104* (11 Suppl.), 2614-2623.
50. Politi, M., Rabin, C. & **Pinto, B.M.** (in press). Complementary and alternative medicine use among breast cancer survivors: Relationship to diet and exercise. *Supportive Care in Cancer*.
51. Lewis, B. A., Forsyth, L. H., **Pinto, B. M.**, Bock, B. C., Roberts, M., & Marcus, B. H. (2006). Psychosocial mediators of physical activity in a randomized controlled intervention trial. *Journal of Sport and Exercise Psychology*, *28*, 2, 193-204.
52. Demark-Wahnefried, W., **Pinto, B. M.** & Gritz, E. (in press). Promoting health and physical function among cancer survivors: Potential for prevention and questions that remain. *Journal of Clinical Oncology*.
53. Rabin, C., Pinto, B.M., & Frierson, G. M. (2006). Mediators of a randomized controlled physical activity intervention for breast cancer survivors. *Journal of Sport & Exercise Psychology*, *28*, 269-284.

OTHER PEER-REVIEWED PUBLICATIONS

1. **Pinto, B. M.** & Goldstein, M.G. (1997). Physician-delivered physical activity counseling. *Rhode Island Medicine and Health*, 80, 303-304.
2. **Pinto, B. M.**, & Szymanski, L. (1997). Exercise in weight management. *Rhode Island Medicine and Health*, 80, 361-363.
3. Comtois, K., **Pinto, B. M.**, Weinberg, R. & Field, C. (2005). Strategies for advancing diversity within graduate training and internship training programs. *the Behavior Therapist*, 28, 38-38.
4. **Pinto, B. M.**, Rabin, C. & Farrell, N. (2005). Lifestyle and coronary heart disease prevention. *Primary Care Clinics in Office Practice*, 32, 947-962.

BOOK CHAPTERS

1. Marcus, B. H., Dubbert, P. M., King, A. C., & **Pinto, B. M.** (1995). *Exercise behavior in women: Current status and future directions*. In A. Stanton and S. Gallant (Eds.) Women's health. American Psychological Association.
2. Marcus, B.H., Bock, B.C., **Pinto, B. M.**, & Clark, M.M. (1996). *Exercise initiation, adoption and maintenance*. In J. L. Van Raalte and B. W. Brewer (Eds.) A Practitioner's Guide to Sport and Exercise Psychology (pp. 133-158), American Psychological Association, Washington D.C.
3. Marcus, B. H., Bock, B. C., & **Pinto, B. M.** (1997). *Initiation and maintenance of exercise behavior*. In D. Gochman (Ed.) Handbook of Health Behavior Research Volume II: Determinants of Health Behavior (pp. 335-352), Plenum Press, New York.
4. Goldstein, M.G., **Pinto, B. M.**, Marcus, B.H., Eaton, C.B., Menard, L.M.& Milan, F. (1999). *Office-based physical activity counseling in healthy adults*. In J. M. Rippe (Ed.), Lifestyle Medicine, Blackwell Science, Inc.
5. Marcus, B.H., Clark, M.M., **Pinto, B. M.**, Bock, B. C., & Tate, D. (1999). *Promoting adoption and maintenance of physical activity and dietary behavior change*. In: M. Fiatarone (Ed.), Wellness for Women over Fifty. Beverly Cracom: Pasadena, CA.
6. Marcus, B.H., Bock, B.C., **Pinto, B. M.**, Napolitano, M.A., & Clark, M.M. (2002). *Exercise initiation, adoption and maintenance in adults: theoretical models and empirical support*. In J. L. Van Raalte and B. W. Brewer (Eds.) A Practitioner's Guide to Sport and Exercise Psychology (Second Edition, pp. 185-208), American Psychological Association, Washington D.C.

MANUSCRIPTS SUBMITTED

Pinto, B. M., Rabin, C., Frierson, G. M. Interventions to modify physical activity. In S.M. Miller, D.J., Bowen, R. T. Croyle and J. Rowland (Eds.), *Handbook of Behavioral Science and Cancer* (Sept. 2003).

Pinto, B.M., Rabin, C., Frierson, G.M., Papandonatos, G.D., Trunzo, J. J. & Marcus, B.H. Maintenance of effects of a home-based physical activity program among breast cancer survivors. (Feb. 2006).

ABSTRACTS

1. Fettes, P., Fuqua, R. W. & **Pinto, B. M.** (1986, May). *Effects of instructions and cue controlled relaxation training on cardiovascular reactivity to social stressors*. Poster presented at the Annual Convention of the Association for Behavior Analysis, Milwaukee, WI.

2. **Pinto, B. M.**, Fuqua, R. W., Keller, S. L. (1987, May). *Effects of assertiveness training and relaxation training on cardiovascular reactivity to social stressors*. Poster presented at the Annual Convention of the Association for Behavior Analysis, Nashville, TN.

3. Keller, S. L., Fuqua, R. W., **Pinto, B. M.**, Votava, S. & Renfrey, G.S. (1989, May). *Effects of caffeine consumption on cardiovascular reactivity to social stress*. Poster presented at the Annual Convention of the Association for Behavior Analysis, Milwaukee, WI.

4. **Pinto, B. M.**, Fuqua, R. W., Knight, C. L., Keller, S. L. & Renfrey, G. S. (1989, May). *Effects of the Surgeon-General's booklet "Understanding AIDS" on the knowledge, behavior and attitudes of college students*. Poster presented at the Annual Convention of the Association for Behavior Analysis, Milwaukee, WI.

5. **Pinto, B. M.**, Fuqua, R. W., Knight, C. L., Keller, S. L. & Renfrey, G. S. (1989, May). *Effects of the Surgeon-General's booklet "Understanding AIDS" on the knowledge, behavior and attitudes of college students*. Poster presented at the Annual Meeting of the American College Health Association, Washington DC.

6. **Pinto, B. M.**, Knight, C. L. & Fuqua, R. W. (1992, March). *Training and maintenance of breast self-examination skills*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, New York, NY.

7. **Pinto, B. M.**, Mosley, T., Dubbert, P. & Randle, N. (1992, Sept.). *Stress and health survey of female veterans*. Poster presented at the Annual Convention of the Mississippi Psychological Association, Biloxi, MS.

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8. Cain, M. J., Johnson, C. A., Dubbert, P. M., & **Pinto, B. M.** (1992, November). *Stages of change analysis: Breast cancer detection behaviors in three worksites*. Poster presented at the Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.
9. Marcus, B. H., **Pinto, B. M.**, Audrain, J. E., Taylor, E., Albrecht, A., Abrams, D., & Simkin, L. R. (1994, April). *Eating habits and weight concerns in women smokers*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
10. **Pinto, B. M.**, Marcus, B. H., Audrain, J. E., Taylor, E., & Simkin, L. R. (1994, May). *Eating habits and weight management in women smokers*. Poster presented at the American Psychological Association Conference, Washington D.C.
11. King, T.K., Marcus, B.H. & **Pinto, B.M.** (1995, March). *Readiness to change in multiple risk behaviors*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
12. Marcus, B.H., Goldstein, M.G., **Pinto, B.M.**, King, T.K. & Bock, B.C. (1995, March). *Effects of exercise plus nicotine patch on smoking cessation in women*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
13. Marcus, B.H., King, T.K., **Pinto, B.M.** & Albrecht, A. E. (1995, March). *Barriers to women's participation in smoking cessation treatment*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
14. **Pinto, B.M.**, Marcus, B.H., Patterson, R.B., Colucci, A., Braun, T. & Roberts, M. (1995, October). *Psychological characteristics of patients with intermittent claudication participating in an exercise program*. Poster presented at Research Day, Rhode Island Hospital, Providence, RI.
15. **Pinto, B.M.**, Marcus, B.H., Patterson, B. & Fontes, A. (1995, November). *Supervised exercise or home exercise? Baseline characteristics of patients with intermittent claudication*. Poster presented at the Annual Meeting of the Association for Advancement of Behavior Therapy, Washington D.C.
16. **Pinto, B.M.**, Cherico, N., Marcus, B.H., & Fish, D. (1996, March). *Confidence in maintaining physical activity levels in college*. Poster presented at the Fourth International Congress of Behavioral Medicine, Washington D.C.
17. **Pinto, B.M.**, Marcus, B.H., Patterson, R., & Roberts, M.S. (1996, March). *Pain, mood and readiness to become active in patients with intermittent claudication*. Poster presented at the Fourth International Congress of Behavioral Medicine, Washington D.C.
18. Theborge, R.W., Maruyama, N.M., **Pinto, B.M.**, Morrow, K., & Cargill, B. (1996, October). *Psychological distress in early stage breast cancer*. Poster presented at the Third World Congress of Psycho-Oncology, New York.

19. Cherico, N., **Pinto, B.M.**, & Marcus, B.H. (1997, February). *Longitudinal information from 22 persistent exercisers*. Poster presented at the Women's Health Conference, Boston, MA.
20. Matacin, M.L., Stoney, C.M., Bock, B.C., Cargill, B.R., **Pinto, B.M.**, & Marcus, B.H. (1997, April). *Effects of stress and nicotine deprivation on eating behaviors*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
21. **Pinto, B.M.**, Patterson, R.B., Marcus, B.H., Roberts, M., Colucci, A., & Braun, C. (1997, April). *On-site vs. home exercise for patients with intermittent claudication*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
22. **Pinto, B.M.**, Clark, M.M., Maruyama, N.C., Feder, S.I., Sikov, W., & Pera, V. (1997, April). *Exercise in the rehabilitation of breast cancer survivors*. Poster presented at the Annual Spring seminar of the American Cancer Society/Oncology Nurses Society, Warwick, R.I.
23. Forsyth, L.H., Marcus, B.H., Bock, B.C., **Pinto, B.M.**, & Roberts, M.S. (1998, March). *Is negative affect a barrier to physical activity change?* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
24. **Pinto, B.M.**, Goldstein, M.G., DePue, J.D., & Milan, F.B. (March, 1998). *Effects of activity counseling training on physician behavior*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
25. **Pinto, B.M.**, Maruyama, N.C., Engebretson, T. O., & Thebarga, R. (1998, March). *Exercise participation and coping in breast cancer patients*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
26. **Pinto, B.M.**, Maruyama, N.C., Clark, M., Cruess, D., Roberts, M. & Parsons, J. (1999, March). *Readiness for weight loss and dietary changes among breast cancer survivors*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
27. **Pinto, B.M.**, Maruyama, N.C., & Reinert, S. E. (1999, March). *Predictors of exercise participation following a breast cancer diagnosis*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
28. Sciamanna, C., **Pinto, B. M.**, & Goldstein, M. G. (1999, March). *Training physicians to conduct motivationally-tailored physical activity counseling*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
29. Sciamanna, C., **Pinto, B. M.**, & Goldstein, M. G. (1999, March). *Quality of life benefits of physically activity in healthy older adults*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

30. **Pinto, B. M.**, Maruyama, N. C., Clark, M. M., Cruess, D., & Roberts (1999, October). *Predictors of exercise in survivors of breast cancer*. Poster presented at the Pan American Congress of Psychosocial and Behavioral Oncology, New York, NY.
31. Borrelli, B., Hogan, J., **Pinto, B. M.**, Roberts, M., & Marcus, B. H. (2000, February). *Patterns and predictors of dropout and cessation in women in a smoking cessation program*. Poster presented at the Annual Meeting of the Society for Research on Nicotine and Tobacco, Washington, D. C.
32. **Pinto, B. M.**, Shiu, S., & Reiss, P. (2000, November). *Does physical activity affect mood, cancer symptoms and quality of life among breast cancer survivors?* Poster presented at the Physical Activity and Cancer Conference, sponsored by the Cooper Institute, National Cancer Institute and the American College of Sports Medicine, Dallas, TX.
33. Trunzo, J.J., **Pinto, B. M.**, & Thebarg, R. (2001, March). *Social support as a mediator of optimism, mood, and health perception in breast cancer survivors*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
34. **Pinto, B. M.**, Trunzo, J.J., Bucknam, L. & McMahon, C. (2002, April). *Reactions to oncology follow-up visits*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington D.C.
35. **Pinto, B. M.**, Trunzo, J.J., Bucknam, L. & McMahon, C. (2002, April). *Mood and body image among breast cancer survivors: Sedentary vs. regular exercisers*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington D.C.
36. Rabin, C., **Pinto, B.M.** & Clark, M.M. (2002, April). *Health beliefs and health behavior changes in cancer survivors*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington D.C.
37. Trunzo, J.J., **Pinto, B. M.**, Bucknam, L. & McMahon, C. (2002, April). *Physical activity and smoking history among breast cancer survivors: Effects on quality of life and mood*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington D.C.
38. Trunzo, J.J. & **Pinto, B.M.** (2002, June). *Relationship of optimism with perceived stress, mood and distress among breast cancer survivors*. Poster presented at the National Cancer Institute and American Cancer Society's Biennial Cancer Survivorship Conference, Washington D.C.
39. **Pinto, B. M.**, Trunzo, J. J., Cady, B., Fenton, M., Herman, A., Legare, R. & Sikov, W.S. (2003, March). *Recruiting cancer patients to a physical activity trial: Lessons learned*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.

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40. Rabin, C., **Pinto, B. M.**, Trunzo, J., Frierson, G. & Bucknam, L. (2003, March). *Physical activity among breast cancer survivors: Regular exercisers vs. participants in a physical activity intervention.** Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.

*=Meritorious Student Award

41. Trunzo, J., **Pinto, B. M.** & Bucknam, L. (2003, April). *Mood among breast cancer survivors: regular exercisers vs. participants in a physical activity intervention.* Poster presented at the Sixth World Congress of Psycho-Oncology, Banff, AB, Canada.

42. Frierson, G., West, L., & **Pinto, B.M.** (2004, April). *Preliminary findings: African American Women's healthcare utilization, cancer screening behaviors, and research participation.* Poster presented at the NCI Comprehensive Minority Biomedical Branch's Professional Development and Peer Review Workshop, Gaithersburg, Maryland.

43. West, L., Frierson, G., & **Pinto, B. M.** (2004, April). *A preliminary analysis: Health behaviors of African American/Black Women.* Poster presented at Brown University Public Health Program Research Day, Providence, Rhode Island.

44. Rabin, C., **Pinto, B.M.**, Frierson, G., Trask, P. & Nash, J. (2004, August). *The relationship between personal cancer history, family cancer history and distress.* Poster presented at the 7th World Congress of Psycho-Oncology, Copenhagen, Denmark.

45. Napolitano, M. A., Lewis, B. A., Whiteley, J. A., King, A. C., **Pinto, B. M.**, Bock, B., Papandonatos, G., & Marcus, B. H. (2005, April). *Investigating mediators of physical activity behavior change.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.

46. Rabin, C. & **Pinto, B.M.** (2005, April). *Cancer-related beliefs and health behavior change among cancer survivors' first-degree relatives.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.

47. Trunzo, J.J. & **Pinto, B.M.** (2006, March). *Social problem solving, distress and risk behaviors in head/neck and lung cancer patients and their relatives: A pilot study.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

48. Politi, M.C., Rabin, C. and **Pinto, B.M.** (2006, March). *Complementary and alternative medicine use among breast cancer survivors: Relationship to diet and exercise.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

49. **Pinto, B.M.**, Rabin, C. & Abdow, S. (2006, July). *Steps towards dissemination: Working with community partners to promote cancer recovery.* Poster presented at the World Cancer Congress 2006, Washington D.C.

INVITED PRESENTATIONS

National/International Presentations

1. Fuqua, R. W., Keller, S. L., Knight, C. L., **Pinto, B. M.** & Renfrey, G. S. (1989, May). *Promoting change in AIDS-related sexual behavior: The development and evaluation of a communication skills training video for college students*. Paper presented at the Annual Convention of the Association for Behavior Analysis, Milwaukee, WI.
2. Fuqua, R. W., Keller, S. L., Knight, C. L., **Pinto, B. M.** & Renfrey, G. S. (1990, May). *Social Marketing and Behavior Analysis: AIDS education on the college campus*. Paper presented at the Annual Convention of the Association for Behavior Analysis, Nashville, TN.
3. Cherico, N. P., **Pinto, B. M.**, & Marcus, B. H. (1994, May). *What makes Jane exercise?* Paper presented at the American Psychological Association conference, Washington D.C.
4. Marcus, B. H., **Pinto, B. M.**, Simkin, L. R., Audrain, J. E. & Taylor, E. R (1994, May). *Theoretical approaches to understanding womens' exercise behavior*. Paper presented at the American Psychological Association conference, Washington D.C.
5. Bock, B.C., **Pinto, B.M.**, Marcus, B.H., & Traficante, R.M., Redding, C. & Rossi, J. (1996, March). *Interrelationships between healthy lifestyle behaviors: Diet, exercise and nonsmoking*. Paper presented at the Fourth International Congress of Behavioral Medicine, Washington D.C.
6. Marcus, B.H. and **Pinto, B.M.** (1996, May). *Designing physical activity interventions for health-care settings*. Clinical workshop presented at the Annual Meeting of the American College of Sports Medicine, Cincinnati, OH.
7. Patterson, R.B., **Pinto, B.M.**, Marcus, B.H., Colucci, A., Braun, T. & Roberts, M. (1996, June). *The value of a supervised exercise program for the therapy of arterial claudication*. Paper presented at the meeting of the North American Chapter of the International Society for Cardiovascular Surgery and the Society for Vascular Surgery, Chicago, IL.
8. Maruyama, N.M., **Pinto, B.M.**, & Thebarg, R.W. (1996, October). *Psychological symptoms in women with Stage 0 breast cancer*. Paper presented at the Third World Congress of Psycho-Oncology, New York, NY.
9. **Pinto, B.M.**, Maruyama, N.M., & Thebarg, R.W. (1996, October). *Exercise participation in breast cancer patients*. Paper presented at the Third World Congress of Psycho-Oncology, New York, NY.

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10. Jette, A., Goldstein, M.G., Marcus, B.H., **Pinto, B.M.** & Rakowski, W. (1996, November). *Training physicians to conduct physical activity counseling*. Paper presented at the Annual Scientific Meeting of the Gerontological Society of America, Washington D.C.
11. Marcus, B.H., Bock, B.C., Traficante, R.M., **Pinto, B.M.**, & Forsyth, L.A. (1997, April). *Efficacy of an individualized, motivationally-tailored approach to increasing exercise behavior*. In J.F. Sallis (Chair), *The next generation of physical activity interventions*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA
12. **Pinto, B.M.**, Goldstein, M.G., Marcus, B.H., Jette, A., DePue, J., Rakowski, W. & Lynn, H. (1997, April). *Physician-delivered activity counseling for older adults: The PAL project*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
13. Marcus, B.H., Albrecht, A.E., King, T.K., Parisi, A. F., **Pinto, B.M.**, Roberts, M.B., & Abrams, D.B. (1997, September). *Exercise enhances smoking abstinence in women*. In B.H. Marcus (Chair), *Psychological factors in addiction*. Paper presented at the 11th Conference of the European Health Psychology Society, Bordeaux, France.
14. **Pinto, B.M.**, Borrelli, B., King, T., Bock, B., Clark, M.M., Roberts, M. & Marcus, B.H. (1998, March). *Predictors of weight control smoking in a smoking cessation trial*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
15. **Pinto, B.M.**, Cherico, N.P., Szymanski, L., & Marcus, B.H. (1998, March). *Changes in exercise participation among college students*. In N. Owen (Chair), *Understanding and influencing young adults' physical activity: Opportunities and constraints in the college setting*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
16. **Pinto, B.M.**, Goldstein, M.G., Marcus, B.H., Lynn, H., Jette, A., Rakowski, W., DePue, J.D. & Milan, F. (1998, March). *Does physician-based activity counseling affect psychosocial mediators of physical activity?* Paper presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
17. **Pinto, B.M.**, Friedman, R., Marcus, B.H., Cullinane, P., Ramelson, H., Smigelski, C., Dutton, J., Glovsky, E., & Mackay, E. (1998, August). *Using psychological theory to design computer-based health behavior change systems*. Paper presented at 9th World Congress on Medical Informatics, Seoul, Korea.
18. Marcus, B.H., Goldstein, M.G., **Pinto, B. M.**, Jette, A., & Rakowski, W. (1998, August). *Physician-based activity counseling for middle-aged and older adults*. Paper presented at the Fifth International Congress of Behavioral Medicine, Copenhagen, Denmark.
19. **Pinto, B.M.**, Maruyama, N. C., Clark, M. M., Feder, S.I., Sikov, W., Forman, D., Pera, V. & Marcus, B.H. (1998, September). *Psychological changes with exercise participation in breast*

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cancer survivors. Paper presented at the Fourth International Congress of Psycho-Oncology, Hamburg, Germany.

20. King, T.K., Marcus, B.H., Hogan, J. W., **Pinto, B.M.**, Borrelli, B., Bock, B. C., Niaura, R., & Roberts, M. (1999, March). *Predictors of weight gain among quitters enrolled in a smoking cessation trial for women*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

21. **Pinto, B.M.**, Friedman, R., Marcus, B., Ling, T., Tennstedt, S. & Gillman, M. (2000, April). *Physical activity promotion using a computer-based telephone counseling system.** Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Nashville, TN.
* = Citation paper

22. **Pinto, B. M.**, Kelley, H., Friedman, R., Marcus, B., Tennstedt, S. & Gillman, M. (2001, March). *Does a computer-based telephone counseling system for activity affect psychosocial mediators of physical activity?* Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

23. **Pinto, B. M.**, Bucknam, L., McMahon, C.M. & Marcus, B. (2001, March). *Home-based exercise for breast cancer survivors: The Moving Forward study*. In P. B. Jacobsen (Chair), Designing and evaluating physical activity and exercise interventions for cancer patients. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

24. Glanz, K., Shigaki, D., Farzanfar, R., **Pinto, B.M.**, Kaplan, B., & Friedman, R. H. (2001, March). *Participant reactions to a computerized telephone system for nutrition and exercise counseling*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

25. Gillman, M. W., **Pinto, B. M.**, Tennstedt, S., Glanz, K., Marcus, B., Friedman, R.H. (2001, March). *Relationships of physical activity with dietary behaviors in adults*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

26. Delichatsios, H. K., Friedman, R. H., Glanz, K., Tennstedt, S., Smigelski, C., **Pinto, B. M.**, Kelley, H., & Gillman, M. W. (2001, March). *Randomized trial of a "talking computer" to improve adults' eating habits*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

27. **Pinto, B. M.** & Trunzo, J. J. (2002, February). *Health behaviors after a cancer diagnosis*. Invited paper presented at the American Psychological Association's Interdisciplinary Conference on Enhancing Outcomes in Womens' Health, Washington D.C.

28. **Pinto, B. M.**, DePue, J. & Sciamanna, C. (2002, February). *Physical activity counseling in a primary care setting*. Workshop presented at the American Psychological Association's

Interdisciplinary Conference on Enhancing outcomes in Womens' Health, Washington D.C.

29. **Pinto, B. M.** (2002, March). *Exercise in the recovery from breast cancer*. Presented at the Department of Psychiatry and Human Behavior, Sixth Annual Research Symposium on Mental Health Sciences, Brown Medical School, Providence, RI.

30. **Pinto, B.M.** & Trunzo, J.J. (2002, June). *Health behaviors during and after cancer*. Invited paper presented at the National Cancer Institute and American Cancer Society's Biennial Cancer Survivorship conference, Washington D.C.

31. **Pinto, B. M.**, Trunzo, J.J., Rabin, C., Bucknam, L., Cram, R. & Marcus, B. (2003, March). *Moving Forward: A randomized trial of a home-based physical activity program for breast cancer patients*. * Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.

* = Citation paper

32. **Pinto, B. M.**, Trunzo, J.J., Cram, R. & Frierson, G. (2003, April). *Maintenance of physical activity among breast cancer survivors*. Paper presented at the Sixth World Congress of Psycho-Oncology, Banff, AB, Canada.

33. Trask, P.C., Frierson, G., Rabin, C., & **Pinto, B.M.** (2004, January). *Cancer surveillance and screening among individuals diagnosed with cancer*. Paper presented at the 1st Annual Meeting of the American Psychosocial Oncology Society, Orlando, FL.

34. Frierson, G., Trask, P., Rabin, C., & **Pinto, B.M.** (2004, March). *Behavioral risk factors and cancer screening among breast cancer survivors and non-breast cancer survivors: Caucasian and African American women*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.

35. **Pinto, B. M.**, Frierson, G., Rabin, C., Bucknam, L., Trunzo, J. & Marcus, B. (2004, March). *Home-based physical activity for breast cancer patients: Effects at follow-ups*. * Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.

* = Citation paper

36. **Pinto, B.M.**, Goldstein, M.G., Ashba, J., Tennstedt, S., Trunzo, J. & Sciamanna, C. (2004, March). *Physician-delivered activity advice plus extended counseling for older adults (PAL2)*. * Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.

* = Citation paper

37. **Pinto, B.M.**, Rabin, C. & Frierson, G. (2004, March). *Mediators of psychosocial outcomes in a physical activity intervention for cancer survivors*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.

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38. Trask, P.C., Rabin, C., Frierson, G., & **Pinto, B.M.** (2004, March). *Comparisons of health behaviors among individuals with and without cancer*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
39. **Pinto, B. M.** (2004, April). Invited speaker. *Health behaviors after cancer treatment*. Workshop on Cancer Survivorship (Chair: Julia Rowland). Paper presented at the Annual Meeting of the American Society of Breast Disease, Boston, MA.
40. **Pinto, B. M.** (2004, August). Invited keynote speaker. *Health behavior change interventions among cancer patients*. Paper presented at the 7th World Congress of Psychosocial-Oncology, Copenhagen, Denmark.
41. **Pinto, B. M.** (2004, August). *Cancer rehabilitation: Developing exercise interventions for cancer patients and survivors*, Workshop presented at the Psycho-Social Academy, 7th World Congress of Psycho-social Oncology, Copenhagen, Denmark.
42. **Pinto, B. M.** (2004, November). *Strategies for advancing diversity in internship and post-doctoral training*. Panel presentation on “Effective strategies for advancing diversity in graduate psychology programs and internships” at the 38th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
43. **Pinto, B.M.**, Courneya, K.S., Demark-Wahnefried, W., & Ostroff, J.(2005, April). *Effective strategies for promoting health behavior change after cancer: Why and how?* Seminar presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
44. Frierson, G. M., West, L., Moore, S. & **Pinto, B. M.** (2005, April). *Uncover the barriers and discover the facilitators: African American women’s participation in research studies*. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
45. **Pinto, B.M.** (2006, October). *Lifestyle behavior change*. Invited paper to be presented at the National Cancer Institute, American Cancer Society and Lance Armstrong Foundations’ Third Biennial Cancer Survivorship Research Conference, Bethesda, MD.

Other Professional Presentations

1. Effects of Unhealthy Eating Habits, Western Michigan University, Mar 29, 1988.
2. Stress Management and Relaxation, Western Michigan University, Apr 4, 1990.
3. Breast Self-examination Training, Western Michigan University, Mar 24, 1991.
4. Breast Health Workshops, Veterans Affairs Medical Center, Jackson, MS, Oct 1991.

5. Women, Stress and Health, Veterans Affairs Medical Center, Jackson, MS, Nov 14, 1991.
6. Breast Health Workshops, University of Mississippi Medical Center, Jackson, MS, May 1992.
7. Smoking Cessation and Exercise in Women, Yale, CT, May 14, 1993.
8. Lifestyle Modification for Management of Hypertension, Providence, RI, May 11, 1996.
9. Keynote address: Promoting Physical Activity in a Primary Care Setting: Motivating Patients to Exercise at the 49th Annual Peer P. Johnson Program, Beverly Hospital, Beverly, MA, June 4, 1999.
10. Conversations about Breast Cancer: Role of Exercise, Rhode Island Breast Cancer Coalition, RI, July 24, 2000.
11. Counseling Patients on becoming Physically Active, sponsored by the American College of Sports Medicine and Pfizer, Providence, RI, Nov. 2, 2000.
12. Keynote address: Role of Exercise in the Recovery from Breast Cancer, 9th Annual Research Celebration, Lifespan Academic Medical Center, RI, Oct. 26, 2001.
13. Do Health Risk Behaviors Change after a Cancer Diagnosis? Grand Rounds, Department of Psychiatry and Behavioral Sciences, Memorial Sloan Kettering Cancer Center, NY, April 5, 2003.
14. Recruiting the Best Candidate while Increasing Diversity, Round-Table Discussion, Department of Family Medicine, Memorial Hospital of Rhode Island and Brown Medical School, Pawtucket, RI, April 13, 2004.
15. Healthy Living after Cancer, American Cancer Society sponsored event, Westerly Hospital, RI, October 23, 2004.
16. Can Exercise Help in Recovery from Cancer? Health Psychology Symposium Series, Department of Psychology, University of Massachusetts, Dartmouth, MA, February 16, 2005.
17. Avenues of Healing. Panel presentation. Comprehensive Cancer Center, Lifespan Hospitals, Warwick, RI, October 5, 2005.
18. Recovery from Cancer: Can Exercise Help? Miriam Hospital Board of Governors Meeting, Providence, RI, March 10, 2006.

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19. Cancer Survivorship: Promoting Healthy Behaviors. Grand Rounds, MaineGeneral Healthcare, Waterville and Augusta, ME, May 18-19, 2006.
20. Successful Survivorship: Can Exercise Help? Rhode Island Cancer Council, Warwick, RI, June 15, 2006.

GRANTS

- 1) 1993-1995 Principal Investigator
American Heart Association
\$35,864
The effect of a supervised exercise therapy program on perception of health in patients with arterial claudication
- 2) 1993-1995 Co-Investigator (with R. Thebarger, Principal Investigator)
Roger Williams Cancer Center Developmental Funds
\$9,900
Psycho-Oncology: Studies in assessment and treatment.
- 3) 1993-1994 Co-Investigator (with B. Marcus, Principal Investigator)
Intramural Grant
Department of Psychiatry and Human Behavior
Brown University School of Medicine
\$19,544
Effects of exercise plus nicotine patch on smoking cessation and weight regulation in women
- 4) 1994-1995 Co-Investigator (with C. Stoney, Principal Investigator)
Intramural Grant
Department of Psychiatry and Human Behavior
Brown University School of Medicine
\$14,400
Physiological reactivity and exposure to stress
- 5) 1994-1997 Co-Investigator & Project Director (with M. Goldstein, Principal Investigator)
National Institute on Aging (RO1 AG12025)
\$913,395
Medical office-based activity counseling of older adults
- 6) 1996-1997 Principal Investigator
National Institutes of Health/National Institute of Mental Health

- (RO3 MH55570)
\$36,430
Exercise and coping in breast cancer patients
- 7) 1995-1998 Co-Investigator (with R. Friedman, Principal Investigator)
National Heart, Lung & Blood Institute (RO1 HL55664)
\$154,595
Activity promotion to reduce cardiovascular risk in the elderly
- 8) 1997-1998 Principal Investigator
Intramural Grant
Department of Psychiatry and Human Behavior
Brown University School of Medicine
\$15,888
Motivation of breast cancer patients to modify lifestyle risk factors
- 9) 1997-1998 Principal Investigator
National Cancer Institute (R55 CA75452)
\$100,000
Development of home-based moderate exercise for breast cancer patients
- 10) 1998-2003 Principal Investigator
National Cancer Institute (R29 CA75452)
\$527,027
Home-based moderate exercise for breast cancer patients
- 11) 1998-2003 Principal Investigator
National Institute on Aging (P50 AG11669)
\$403,657
Physical Activity Counseling Trial
Part of a Roybal Center for Research on Applied Gerontology
Boston University (A. Jette, Principal Investigator)
- 12) 1998-2003 Co-Investigator (with I. Miller, Principal Investigator)
National Institute on Neurological Disorders and Stroke (NS37840)
\$11,534
Efficacy of a Family Telephone Intervention for Stroke
- 13) 1999-2000 Co-Investigator (with D. Sparrow, Principal Investigator)
Department of Veterans Affairs
\$86,841
Home-based pulmonary rehabilitation via a telecommunications system

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- 14) 1999-2003 Co-Investigator (with A. King, Principal Investigator)
NIA (R01 AG16587)
\$29,454
Exercise Advice by Human or Computer: Testing 2 Theories
- 15) 1999-2004 Co-Investigator (D. Abrams, Principal Investigator)
NCI - SPORE (P50 CA84719) RFA: Transdisciplinary Tobacco Use
Research Center - (TTURC)
Nicotine Dependence: Risk and Recovery over Generations
\$1,963,611
Project 3 - Efficiency of Sustained Cessation for Populations
- 16) 2000-2004 Co-Investigator (with B. Marcus, Principal Investigator)
NHLBI (R01 HL64342)
\$344,373
Exercise Instruction via Phone or Print
- 17) 2001-2004 Co-Investigator (with R. Friedman, Principal Investigator)
NHLBI (R01 HL69395)
\$33,107
Interactive Multi-risk factor Intervention for HTN Blacks
- 18) 2002-2004 Co-Investigator/Mentor (J. Trunzo, Principal Investigator)
NCI (R03 CA94690)
\$42,068
Head and Neck Cancer: Family Distress and Risk Behaviors
- 19) 2002-2004 Mentor (C. Rabin, Principal Investigator)
NCI (F32 CA97639)
Health Behavior Change in Cancer Patients and Families
- 20) 2003-2005 Mentor (G. Frierson, Principal Investigator)
NCI (R25 Supplement)
Bridging the gap: African-Americans' Under-representation in Psychosocial and
Behavioral Cancer Investigations
- 21) 2003-2008 Principal Investigator
American Cancer Society
\$1.8 million
Physical Activity Promotion in Cancer Follow-up Care
- 22) 2004-2007 Principal Investigator
Lance Armstrong Foundation

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- \$150,000
Translating Research-based Physical Activity Promotion among Cancer Survivors: A Pilot Study
- 23) 2004-2007 Principal Investigator
Susan G. Komen Foundation
\$250,000
Feasibility of Volunteers promoting Physical Activity among Cancer Survivors
Award declined due to duplicative funding
- 24) 2004-2008 Principal Investigator
NHLBI (R01 HL76734)
\$2.31 million
Maintaining Exercise after Cardiac Rehabilitation
- 25) 2004-2008 Principal Investigator
NCI (R01 CA101770)
\$1.87 million
Promoting Physical Activity after Colorectal Cancer
- 26) 2004-2009 Co-Investigator (with K. Basen-Engquist, Principal Investigator)
NCI (R01 CA109919)
\$91,817
Social Cognitive Theory and Physical Activity after Endometrial Cancer
- 27) 2005-2006 Co-Investigator (with B. Marcus, Principal Investigator)
NHLBI (R01 HL67005)
\$52,468
Computerized Physical Activity Promotion in Primary Care
- 28) 2005-2007 Co-Investigator (with C. Rabin, Principal Investigator)
Susan G. Komen Foundation
\$242,334
Feasibility of Physical Activity and Relaxation Training for Cancer Survivors
- 29) 2005-2010 Co-Investigator (with T. Murphy, Principal Investigator)
NHLBI (R01 HL77221)
\$336,625
Claudication: Exercise vs. endoluminal vascularization

UNIVERSITY TEACHING ROLES

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1982-1984 Lecturer in Psychology
Jyoti Nivas College
Bangalore, India

Undergraduate courses (9 months each)

General Psychology (150 students)
Child Psychology (60 students)
Abnormal Psychology (50 students)

1987-1991 Graduate Lecturer in Psychology
Department of Continuing Education
Western Michigan University
Faculty Supervisor: R. Wayne Fuqua, Ph.D.

Graduate courses (approximately 20 students per course)

Management of Health-related Behaviors (Psy.562)
Introduction to Behavioral Health (Psy. 560)
Social Skills Training (Psy. 597)
Assertiveness Training (Psy. 597)
Depression (Psy. 597)
Eating Disorders (Psy. 597)
Stress Management (Psy. 597)

Undergraduate courses (30 students)

Introductory Psychology (Psy. 100)

1993-1994 Instructor
Behavioral Medicine Seminar for medical students
The Miriam Hospital and Brown Medical School

1996-1998 Instructor
Behavior Therapy Seminars
Psychiatry Residency Training Program
Department of Psychiatry and Human Behavior
Brown Medical School

1996-current Instructor
Behavior Medicine Seminar series
Topics: “Psycho-social Oncology” and “Behavioral Medicine in Underserved
Groups” (4-6 interns per year)
Clinical Psychology Training Consortium
Brown Medical School

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|--------------|---|
| 1996-current | Supervisor for Research Placement Clinical Psychology Training Consortium Brown Medical School |
| 1997, 2002 | Instructor Pediatric Psychology Seminar series Topic: "Cultural issues in Behavioral Medicine Among Minority Youth" (4-6 interns and postdoctoral trainees) Clinical Psychology Training Consortium Brown Medical School |
| 1999 | Instructor Health Psychology Topic: "Psycho-Oncology" Brown University |
| 1999 | Instructor Topic: "Psychological Testing" Psychiatry Residency Training Program (PGY-3) Brown Medical School |
| 2000-current | Supervisor Post-doctoral Fellows Clinical Psychology Training Consortium Brown Medical School |
| 2001-2004 | Instructor Topic: "Conducting Research in Culturally Diverse Groups" (20-25 interns per year) Core Seminars Clinical Psychology Training Consortium Brown Medical School |

REFERENCES

Will be provided on request