

## CURRICULUM VITAE

Name: John Hustad, Ph.D.

Work Address: Department of Medicine  
Penn State Milton S. Hershey Medical Center  
P.O. Box 850, M.C. H034  
Hershey, PA 17033

Phone: (717) 531-8161  
Fax: (717) 531-7726  
E-mail: jhustad @ hmc.psu.edu

### EDUCATION

---

B.S.	May 1998	Indiana University, Bloomington, IN Major: Psychology
M.S.	May 2002	Clinical Psychology, Syracuse University, Syracuse, NY
Ph.D.	August 2006	Clinical Psychology, Syracuse University, Syracuse, NY (APA Accredited) Dissertation Title: " <i>Self-regulation, alcohol consumption and consequences in college student heavy drinkers: A latent growth analysis</i> "

### POSTDOCTORAL TRAINING

---

2006 – 2009	Center for Alcohol and Addiction Studies, Department of Community Health, Brown University, Providence RI. Supervisors: Drs. Nancy Barnett and Brian Borsari
-------------	--

### AWARDS

---

2008	Sharon Chauncey Fellowship Award (Humanitarian), Center for Alcohol and Addiction Studies, Brown University
2007-2008	Senior Postdoctoral Fellow, Center for Alcohol and Addiction Studies, Brown University
2003-2004	Gardner Fellowship, for methodological/statistical expertise, Syracuse University
2001-2004	Syracuse University Travel Award

## PROFESSIONAL EXPERIENCE

---

2009 – present	Assistant Professor, Department of Medicine, Division of Internal Medicine and the Department of Public Health Sciences, Division of Health Services Research, Penn State College of Medicine
2009 – present	Adjunct Professor of Community Health, Brown University
2008 – 2008	Instructor of Abnormal Psychology, Brown University
2006 – 2009	Postdoctoral Research Fellow, Center for Alcohol and Addiction Studies (CAAS), Brown University.
2006 – 2009	Project Manager, NIAAA grant R01 AA015518, “Stepped Care for Mandated College Students,” CAAS, Brown University
2005 – 2006	Predoctoral Intern, Medical University of South Carolina, Charleston, SC
2004 – 2005	Instructor of Abnormal Psychology and Research Methods, Syracuse University
2003 – 2004	Senior Interventionist, NIAAA Grant R01 AA012518. “Brief interventions with college student drinkers,” Syracuse University
2002 – 2003	Psychological Trainee, Psychological Services Center, Syracuse University
2000–2002	Graduate Research Assistant, NIAAA Grant R01 AA012518. “Brief interventions with college student drinkers,” Syracuse University
1999–2000	Project Manager, NCI Grant R01 CA80706. “Cost-Effective smoking relapse – prevention via mail,” University of South Florida and the H. Lee Moffitt Cancer Center
1998–1999	Project Manager, NIAAA Grant R01 AA10120. “Disinhibition and risk for alcohol abuse,” Indiana University

---

**PROFESSIONAL ACTIVITIES**


---

**Invited Reviewer:**    *Addiction*  
                                  *Addictive Behaviors*  
                                  *Alcoholism: Clinical and Experimental Research*  
                                  *APA Division 50 Conference Presentations (2010 & 2011), APA*  
                                  *Convention*  
                                  *Cognitive Therapy and Research*  
                                  *International Journal of Environmental Research and Public Health*  
                                  *Journal of Studies on Alcohol and Drugs*  
                                  *Psychology of Addictive Behaviors*

---

**UNIVERSITY COMMITTEES**


---

2010-present	Penn State University SAFE (Student Alcohol Feedback and Education) Committee Member, Penn State University, University Park, PA
2010-present	Penn State University Masters of Public Health (MPH) Capstone and Service Committee, Penn State College of Medicine, Hershey, PA
2010-present	Social and Behavioral Sciences Competency Development Working Group, Penn State College of Medicine, Hershey, PA
2009-present	Academic Solutions to High Risk Drinking, Penn State University, University Park, PA
2007-2008	Advisory Committee, Center for Alcohol and Addiction Studies, Brown University, Providence, RI
2005	Faculty Search Committee, Syracuse University, Syracuse NY
2004-2005	Treasurer, Psychology Action Committee, Syracuse University, Syracuse NY

---

**PROFESSIONAL ORGANIZATIONS**


---

2007-present	Research Society on Alcoholism
2003-present	American Psychological Association
2000-present	Association for Behavioral Cognitive Therapies

## PUBLICATIONS

---

### Refereed Journal Publications

- Carey, K. B., Hustad, J. T. P. (2002). Are retrospective reconstructed blood alcohol concentrations accurate? Preliminary results from a field study. *Journal of Studies on Alcohol*, 63, 762-766.
- Neal, D. J., Sugarman, D. E., Hustad, J. T. P., Caska, C. M., & Carey, K.B. (2005). It's all fun and games...or is it? Collegiate sporting events and celebratory drinking. *Journal of Studies on Alcohol*, 66, 291-294.
- Hustad, J. T. P., & Carey, K. B. (2005). Using calculations to estimate blood alcohol concentrations for naturally occurring drinking episodes: A validity study. *Journal of Studies on Alcohol*, 66, 130-138.
- Borsari, B., Boyle, K. E., Hustad, J. T. P., Barnett, N. P., Tevyaw T. O. L., & Kahler, C. W. (2007). Drinking before drinking: Pre-gaming and drinking games in mandated students. *Addictive Behaviors*, 32, 2694-2705.
- Kahler, C. W., Hustad, J. T. P., Barnett, N. P., Strong, D. R., & Borsari, B. (2008). Validation of the 30-Day version of the Brief Young Adult Alcohol Consequences Questionnaire for use in longitudinal studies. *Journal of Studies on Alcohol and Drugs*, 69, 611-615.
- Barnett, N. P., Borsari, B., Hustad, J. T. P., O'Leary Tevyaw, T., Colby, S. M., Kahler, C. W., et al. (2008). Profiles of college students mandated to alcohol interventions. *Journal of Studies on Alcohol and Drugs*, 69, 684-694.
- Hustad, J. T. P., Carey, K. B., Carey, M. P., & Maisto, S. (2009). Self-regulation, alcohol consumption and consequences in college student heavy drinkers: A simultaneous latent growth analysis. *Journal of Studies on Alcohol and Drugs*, 70: 373-382.
- Borsari, B., Hustad, J. T. P., Capone, C. (2009). Alcohol use in the Greek system, 1999-2009: A decade of progress. *Current Drug Abuse Reviews*, 2, 216-225.
- Hustad, J. T. P., Barnett, N. P., Borsari, B., & Jackson, K. (2010). Web-based interventions for college student drinkers: A randomized controlled trial. *Addictive Behaviors*, 35: 183-189.
- Barthelme, C. K., Borsari, B., Hustad, J. T. P. & Barnett, N. P. (2010). Hostility in mandated students: An exploratory analysis and implications for treatment. *Journal of Substance Abuse Treatment*, 38: 284-291.

## **PUBLICATIONS (CONT)**

---

Hustad, J. T. P., Eaton, E., Borsari, B., Barnett, N. P., Tevyaw, T. O. L., & Kahler, C. W. (2011). College Alcohol Citations Result in Modest Reductions in Student Drinking. *Journal of Substance Abuse Treatment*.

Eaton, E., Fernandez, A., Borsari, B., Hustad, J. T. P., & Wood, M. (in press). Clinician consistency and brief motivational interventions for college student drinkers. *Journal of Substance Abuse Treatment*

### **Invited Commentary**

Hustad, J. T. P. & Borsari, B. (2010). Web-based screening and brief motivational Intervention reduces alcohol use in heavy-drinking undergraduates at up to 6 months. *Evidence-Based Medicine*, 15: 17-18.

### **Refereed Book Chapter**

Carey, K. B. & Hustad, J. T. P. (2004). Methods for determining blood alcohol concentration: Current and retrospective. In V. Preedy (Ed.), *Comprehensive Handbook of Alcohol Related Pathology* (pp. 1426-1144). London: Academic Press (Elsevier Science).

### **Manuscripts Under Review**

Borsari, B., Hustad, J. T. P. (under review). Binge Drinking. In M. Gellman (Ed.), *Encyclopedia of Behavioral Medicine*. New Delhi, India: Springer.

Yarnal, C., Sims, D., Hustad, J. T. P., Chick, G (under review). An introduction to an intervention for positive use of leisure by college students.

### **Manuscripts in Preparation**

Hustad, J. T. P. and Barnett, N. P. (in preparation). What works? Identifying active components of efficacy for computer-based interventions for mandated college students.

Eaton, E., Borsari, B., & Hustad, J. T. P. (in preparation). Hazing and alcohol use in Greek letter organizations.

Hustad, J. T. P., Eaton, E.M, Borsari, B., Mastroleo, N., Barnett, N.P., O'Leary Tevyaw, T., & Kahler, C.W. (in preparation). Exploratory analysis of personal characteristics associated with pre-gaming: Implications for prevention and intervention efforts.

Hustad, J. T. P., Urwin, R., Mastroleo, N, Borsari, B., Zeman, S., & LaSalle, L. (in preparation). Is tailgating similar to pregaming? An exploratory analysis in a sample of mandated students.

## CONFERENCE PRESENTATIONS

- Brandon, T.H., Meade, C.D., Herzog, T.A., Webb, M.S., Hustad, J.T.P. (2000, May). *Preventing smoking relapse through the mail*. Poster presented at the annual conference on Cancer, Culture, and Literacy, Clearwater Beach, FL.
- Hustad, J.T.P., Borsari, B., Neal, D.J., Collins, S.E., Carey, K.B. (2001, November). *Differential utility of three indices of risky drinking for predicting alcohol related problems*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Borsari, B., Hustad, J.T.P., Neal, D.J., & Carey, K. B. (2002, March). *Changes in drinking game participation over the course of an academic year*. Poster presented at the 73rd meeting of the Eastern Psychological Association, Boston, MA.
- Carey, K. B., Roberts, L. J., Kivlahan, D. R., Carey, M. P., Beck, B., Hustad, J. T. P. (2002, June). *A negative consequences questionnaire for persons with psychiatric and substance use disorders*. Poster presented at the Research Society on Alcoholism, San Francisco, CA.
- Hustad, J. T. P., & Carey, K. B. (2003, November). *Validating estimated blood alcohol concentration (eBAC) with an in vivo measure: Evaluating a potential high risk marker*. Poster presented at the 37th annual convention of the Association for Advancement of Behavior Therapy, Boston, MA.
- Sugarman, D. E., Carey, K. B., Hustad, J. T. P., Neal, D. J., (2004, November). *Reference group and normative comparisons for drinking behavior*. Poster presented at the 38th annual convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Caska, C., Neal, D. J., Sugarman, D. E., Hustad, J. T. P., & Carey, K. B. (2004, November). *It's all fun and games...or is it? Collegiate Sporting Events and Celebratory Drinking*. Poster presented at the 38<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Hustad, J. T. P., Carey, K. B., Borsari, B., Sugarman, D. E. (2004, November). *Longitudinal investigations of discrepancies between alcohol use and perceived personal peer norms*. Poster presented at the 38th annual convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Henson, J. M., Hustad, J. T. P., Sugarman, D. E., Smith, K. L., Carey, K. B. (2005, November) *Are we to change Readiness-to-change? An exploration of readiness-to-change in a college student drinker sample*. Poster presented at the 39th annual convention of the Association for Behavior and Cognitive Therapies, Washington D.C.

## CONFERENCE PRESENTATIONS (CONT.)

---

Hustad, J. T. P., Carey, K. B., Carey, M. P., Maisto, S. A. (2007, July). *Is self-regulatory ability related to the development of alcohol consumption and consequences in college students?* Poster presented at the 30th annual convention of the Research Society on Alcoholism, Chicago, IL.

Ladd, B., Hustad, J. T. P., Barnett, N. P., Colby, S., Kahler, C. W., Tevyaw, T. O'L., Read, J., Monti, P (2007, July). *Parental monitoring as a predictor of alcohol use and related problems in high school and college students.* Poster presented at the 30th annual convention of the Research Society on Alcoholism, Chicago, IL.

Boyle, K., Borsari, B., Barnett, N. P., Kahler, C., Tevyaw, T. O'L., Hustad, J. T. P., & Monti, P. (2007, July). *Predictors and consequences of pre-gaming in mandated college students.* Poster presented at the 30th meeting of the Research Society on Alcoholism, Chicago, IL.

Hustad, J. T. P., Carey, K. B., Carey, M. P., Maisto, S. A. (2007, August). *Self-regulation, alcohol consumption and consequences in college student heavy drinkers: A latent growth analysis* Poster presented at the NIAAA training workshop, Indianapolis, IN.

Borsari, B., Muellerleile, P., Hustad, J. T. P., & Eaton, E. M. (2008, June). *Collateral reports in the college setting: A meta-analytic integration.* Poster presented at the 31st meeting of the Research Society on Alcoholism, Washington, DC.

Hustad, J. T. P., Eaton, E. M, Borsari, B., Barnett, N. P., Kahler, C. W., Tevyaw, T. O'L., Monti, P. M. (2008, November) *Natural course of college student alcohol use following a campus alcohol violation.* Poster presented at the 42<sup>nd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Hustad, J. T. P., Barnett, N.P., Borsari, B. & Jackson, K.M. (2009, June) *Web-based alcohol prevention for incoming college students: A Pilot Study.* Poster presented at the 32<sup>nd</sup> meeting of the Research Society on Alcoholism, San Diego, CA.

Eaton, E.M., Hustad, J.T.P., Borsari, B., Mastroleo, N., Barnett, N.P., O'Leary Tevyaw, T., & Kahler, C.W. (2009, November). *Exploratory analysis of personal characteristics associated with pre-gaming: Implications for prevention and intervention efforts.* Poster presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Peterson, C.M., Johnson, E. M., Barthelme, C. K., Borsari, B., Hustad, J. T. P., & Barnett, N. P. (June, 2010). *Hostility in mandated students: An indicator of risky drinking behaviors.* Poster presented at the 33rd meeting of the Research Society on Alcoholism, San Antonio, TX.

## CONFERENCE PRESENTATIONS (CONT.)

---

Eaton, E.M., Mastroleo, N., Hustad, J.T.P., Borsari, B., Kahler, C.W., O'Leary Tevyaw, T., Barnett, N.P., & Monti, P. M. (2010, November). *Examination of Brief Motivational Phone Interventions in Reducing Drinking Behaviors in Mandated College Students*. Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Borsari, B., Mastroleo, N., Hustad, J.T.P., Barnett, N.P., O'Leary Tevyaw, T., Kahler, C.W., Eaton, E.M., & Monti, P. M. (2010, November). *Stepped care for mandated students*. Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Hustad, J.T.P. (2010, November). *Readiness to change versus ambivalence in college students*. Presentation at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Hustad, J. T. P. (2011, April). College student alcohol use: Interventions to minimize the “college effect” and risky drinking. Presentation at the annual conference of the Pennsylvania Liquor Control Board for reducing dangerous and underage use of alcohol, Harrisburg, PA.

Hustad, J. T. P., LaSalle, L., Urwin, R., Zeman, S, & Mennitto, K. (2011, May). Comparison of a group versus individual brief alcohol intervention for mandated college students. Presentation at the Departments of Medicine and Public Health Sciences Research Day, Penn State College of Medicine, Hershey, PA.

## INVITED LECTURES, PRESENTATIONS, & TALKS

---

Hustad, J. T. P. (2005, May). *The APPIC Application: How to successfully apply for internship*. Syracuse University, Syracuse, NY.

Hustad, J. T. P. (2007, September). *Overview of the Loan Repayment Program*. Brown University, Providence, RI.

Hustad, J. T. P. (2010, February). *Alcohol Among College Students: Research*. Penn State University, University Park, PA.

Hustad, J. T. P. (2010, February). *Alcohol Intervention/Prevention Strategies*. Penn State University, University Park, PA.

Hustad, J. T. P. (2011, March). *Motivational Enhancement Interventions for Risky College Student Alcohol Use*. Penn State College of Medicine, Department of Medicine, Hershey, PA.



## EXTRAMURAL AND INTRAMURAL FUNDING

---

- 2007-present National Institute of Health- Loan Repayment Program Grant  
Project: Effectiveness of Normative Feedback for Heavier Drinking College Students  
Role: Principle Investigator (Brown University)  
Status: Funded/Active
- 2008-2009 Research Excellence Award  
Brown University, Center for Alcohol and Addiction Studies  
Project: “Web based interventions for college student drinkers”  
Role: Principal Investigator  
Direct Costs: \$5,086
- 2010-present Alcohol Programs Evaluator  
Penn State University, University Health Services  
Project “Brief Alcohol Screening and Intervention”  
Role: Principal Investigator  
Direct Costs: \$20,000
- 2011 Social Science Research Institute, Level 2  
Penn State University, Social Science Research Institute  
Project “Internet-Delivered Brief Screening and Intervention for Hazardous Alcohol Use”  
Role: Principal Investigator  
Direct Costs: \$18,800

## COURSES TAUGHT

---

### Syracuse University

- *Abnormal Psychology*  
August 2004 - May 2005 – Total Enrollment 215
- *Research Methodology*  
January 2004 - May 2004 – Total Enrollment 38

### Brown University

- *Abnormal Psychology*  
June – July 2008 – Total Enrollment 11