

## E. Whitney Evans PhD, RD

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### EDUCATION

Bachelor of Arts	Duke University, Trinity College of Arts & Sciences Major: History / Pre-Med (Minor: Chemistry) Graduation: 2003
Master of Science	Boston University, Sargent College of Health & Rehabilitation Clinical Nutrition Graduation: 2008
Doctor of Philosophy	Tufts University, Friedman School of Nutrition Science & Policy Nutritional Epidemiology Graduation: 2013

### PROFESSIONAL LICENSE

Registered Dietitian	Commission on Dietetic Registration	2008 – Present
	License Number 1004089	

### APPOINTMENTS & POSITIONS

2008 - 2009	Leadership Excellence in Adolescent Health Nutrition Fellow Maternal and Child Health Bureau Boston Children's Hospital
2011 – 2013	National Institutes of Health Pre-Doctoral Trainee T32 NIDDK Nutrition and Chronic Disease (T32 DK062032) Tufts University, Friedman School of Nutrition Science and Policy
2013 – 2015	National Institutes of Health Post-Doctoral Trainee T32 NHLBI Cardiovascular Behavioral Medicine (T32HL076134) Department of Psychiatry and Human Behavior Brown University Alpert Medical School
2015 – 2016	Instructor (Research) Department of Psychiatry and Human Behavior Brown University Alpert Medical School
2016 - Present	Assistant Professor (Research) Department of Psychiatry and Human Behavior Brown University Alpert Medical School

### HOSPITAL APPOINTMENTS

2009-2011	Clinical Nutrition Specialist, Registered Dietitian Division of Adolescent Medicine, Boston Children's Hospital
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## OTHER APPOINTMENTS

- 2010 - 2012 Board of Directors, Director of Education  
Massachusetts' Dietetic Association
- 2014 – 2016 Board of Directors  
Girls on the Run, Rhode Island
- 2014 - Present Ad Hoc Reviewer:  
*Appetite*  
*Obesity*  
*Preventive Medicine*  
*Journal of the Academy of Nutrition and Dietetics*  
*Nutrients*  
*Public Health Nutrition*  
*Pediatric Obesity*  
*Childhood Obesity*  
*Obesity*  
*Health Psychology*  
*Research in Autism Spectrum Disorders*  
*Journal of Public Health Dentistry*
- 2015 – Present Nutrition Research Training Mentor  
Leadership Education in Adolescent Health (LEAH)  
Maternal Child Health Bureau  
Boston Children's Hospital Boston, MA
- 2021 – Present NIH Early Career Review Program, Member

## SOCIETY MEMBERSHIPS

- 2007 – Present Academy of Nutrition and Dietetics  
2012 – Present American Society of Nutrition  
2013 – Present The Obesity Society

## PUBLICATION LIST

### ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. Paisán-Ruíz C, Jain S, **Evans EW**, Gilks WP, Simón J, van der Brug M, López de Munain A, Aparicio S, Martínez Gil A, Khan N, Johnson J, Ruiz Martinez J, Nicholl D, Marti Carrera I, Saénz Peña A, de Silva R, Lees A, Martí-Massó JF, Pérez-Tur J, Wood NW, Singleton AB. Cloning of the gene containing mutations that cause PARK8-linked Parkinson's disease. *Neuron*. 2004;44(4):595-600.
2. Johnson J, Hague SM, Hanson M, Gibson A, Wilson KE, Singleton AA, McInerney-Leo A, **Evans EW**, Nussbaum RL, Hernandez DG, Gallardo M, McKeith IG, Burn DJ, Ryo M, Ravina B, Perry RH, Jaros E, Tienari P, Weiser R, Gwinn-Hardy K, Morris CM, Hardy J, Singleton AB. SNCA multiplication is not a common cause of Parkinson disease or dementia with Lewy bodies. *Neurology*. 2004; 63(3):554-6.

3. **Evans EW**, Fung HC, Steele J, Eerola J, Tienari P, Myers A, Wavrant DeVrieze F, Singleton A, Hardy J. Tau H2 Haplotype is Almost Exclusively Caucasian in Origin. *Neuroscience Letters*. 2004; 369(3): 183-185.
4. Hernandez DG, Paisan-Ruiz C, McInerney-Leo A, Jain S, Meyer-Lindenberg A, **Evans EW**, Berman KF, Johnson J, Auburger G, Schaffer AA, Lopez GJ, Nussbaum RL, Singleton AB. Clinical and positron emission tomography of Parkinson's disease caused by LRRK2. *Annals of Neurology*. 2005; 57(3):453-6.
5. Fung HC, Evans J, **Evans W**, Duckworth J, Pittman A, de Silva R, Myers A, Hardy J. The architecture of the tau haplotype block in different ethnicities. *Neuroscience Letters*. 2005; 377(2):81-4.
6. Hinrichs AL, Wang JC, Bufe B, Kwon JM, Budde J, Allen R, Bertelsen S, **Evans W**, Dick D, Rice J, Foroud T, Nurnberger J, Tischfield JA, Kuperman S, Crowe R, Hesselbrock V, Schuckit M, Almasy L, Porjesz B, Edenberg HJ, Begleiter H, Meyerhof W, Bierut LJ, Goate AM. Functional variant in a bitter-taste receptor (hTAS2R16) influences risk of alcohol dependence. *American Journal of Human Genetics*. 2006; 78(1):103-11.
7. Hardy J, Scholz S, **Evans W**, Goldfarb L, Singleton A. Prion genotypes in Central America suggest selection for the V129 allele. *American Journal of Medical Genetics*. 2006; 141(1):33-5.
8. **Evans EW** and Sonnevile K. BMI report cards: Will they pass or fail in the fight against pediatric obesity. *Current Opinions in Pediatrics*. 2009; 21(4):431-436
9. Bandini, LG, Anderson SE, Curtin C, Cermak S, **Evans EW**, Scampini R, Maslin M, Must A. Food selectivity in children with autism spectrum disorders and typically developing children. *J Peds*. 2010; 157(2):259-64.
10. **Evans EW**, Must A., Anderson, S, Curtin, C, Scampini, R, Maslin, M, Bandini, LG. Dietary Patterns and Body Mass Index in Children with Autism and Typically Developing Children. *Res Autism Spectr Disord*. 2011; 6(1): 399-405.
11. **Evans EW**, Hayes C, Palmer CA, Bermudez OI, Cohen SA, Must A. Dietary patterns and severe early childhood caries in low-income, young children. *J Acad Nutr Diet*. 2013; 13(8):1057-61
12. **Evans EW**, Hayes C, Palmer CA, Bermudez OI, Naumova EN, Cohen SA, Must A. Development of a Pediatric Cariogenicity Index. *J Pub Health Dent*. 2013; 73(3):179-86
13. **Evans EW**, Lipton RB, Peterlin BL, Raynor HA, Thomas JG, O'Leary KC, Pavlovic J, Wing RR, Bond DS. Dietary intake patterns and diet quality in a nationally representative sample of women with and without severe headache or migraine. *Headache*. 2015;55(4):550-61.

14. Camhi SM, **Evans EW**, Hayman LL, Lichtenstein AH, Must A. Healthy eating index and metabolically healthy obesity in U.S. adolescents and adults. *Prev Med.* 2015;77:23-27.
15. **Evans EW**, Jacques P, Dallal GE, Sacheck J, Must A. The role of eating frequency on relative weight in urban school-age children. *Pediatr Obes.* 2015; 10(6):442-7
16. **Evans EW**, Jacques P, Dallal GE, Sacheck J, Must A. The role of eating frequency on total energy intake and diet quality in a low-income, racially diverse sample of schoolchildren. *Pub Health Nutr.* 2015. 18(3): 474-481.
17. Luke A, **Evans EW**, Bond DS, Thomas JG. Associations between omega fatty acid consumption and depressive symptoms among individuals seeking behavioral weight loss treatment. *Obes Sci Prac.* 2016: 2(1): 75-82.
18. Jelalian, EJ and **E. Whitney Evans**. Behavioral Intervention in the Treatment of Obesity in Children and Adolescents: Implications for Mexico. *Nutr Rev.* 2017; 75(suppl 1):79-84.
19. **Evans EW**, Abrantes A, Chen E, Jelalian EJ. Using Novel Technology within a School-Based Setting to Increase Physical Activity: A Pilot Study in School-Age Children from a Low-Income, Urban Community. *BioMed Res Int.* 2017, Article ID 4271483, 7 pp.
20. **Evans EW**, Bond DS, Fernandes-Pierre D, Howie WC, Wing RR, Jelalian E. Promoting Health and Activity in the Summer Trial: Implementation and outcomes of a pilot study. *Prev Med Rep.* 2018. 10: 87-92.
21. Rancourt D, Jensen CD, Duraccio KM, **Evans EW**, Wing RR, E. Jelalian. Successful weightloss initiation and maintenance among adolescents with overweight and obesity: Does age matter? *Clinical Obesity.* 2018; 8(3):176-183.
22. Dale S. Bond DS, Thomas JG, Lipton RB, Roth J, Pavlovic JM, Rathier L, O'Leary KC, **Evans EW**, Wing RR. Behavioral Weight Loss Intervention for Migraine: A Randomized Controlled Trial. *Obesity.* 2018; 26(1): 81-87.
23. Goldschmidt AB, Wall MW, Choo THJ, **Evans EW**, Jelalian E, Larson N, Neumark-Sztainer D. Fifteen-year weight and disordered eating patterns among community-based adolescents. *Am J Prev Med.* 2018; 54(1):e21-e29.
24. **Evans EW**, Koinis-Mitchell D, Kopel SJ, Jelalian E. Lung Function, Dietary Intake, and Weight Status in Children with Persistent Asthma from Low-Income, Urban Communities. *Nutrients.* 2019. 11, 2943.
25. Jelalian E, **Evans EW**, Rancourt D, Ranzenhofer L, Taylor N, Hart C, Seifer R, Klinepier K, Foster, G. *JOIN for ME: Testing a Scalable Weight Control Intervention for Adolescents.* *Childhood Obesity.* 2019. Online.
26. Bleiweiss-Sande R, **Evans EW**, Chui K, Goldberg J, Bailey C, Sacheck J. Robustness of Food Processing Classification Systems. *Nutrients.* 2019;11(6):1344.

27. LaRose JG, Neiberg RH, **Evans EW**, et al. Dietary outcomes within the study of novel approaches to weight gain prevention (SNAP) randomized controlled trial. *International Journal of Behavioral Nutrition and Physical Activity*. 2019;16(1):14.
28. Wing RR, Becofsky K, Wing EJ, McCaffery J, Boudreau M, **Evans EW**, Unick J. Behavioral and Cardiovascular Effects of a Behavioral Weight Loss Program for People Living with HIV. *AIDS and Behavior*. 2020. 24: 1032-1041.
29. **Evans EW**, Lipton RB, Peterlin BL, Raynor HA, Thomas JG, O'Leary KC, Pavlovic J, Wing RR, Bond DS. Associations between lifestyle intervention-related changes in dietary targets and migraine headaches among women in the Women's Health and Migraine (WHAM) randomized controlled trial. *Obesity Sci Prac*. 2020; 6: 119– 125.
30. Bleiweiss-Sande R, Goldberg J, **Evans EW**, Chui K, Sacheck J. Perceptions of Processed Foods Among Low-Income and Immigrant Parents. *Health Education & Behavior*. 2020; 47(1):101–110.
31. Bleiweiss-Sande R, Chui K, **Evans EW**, Goldberg J, Amin S, Sacheck J. Chemicals, cans and factories: how grade school children think about processed foods. *Public Health Nutrition*. 2020; 18:1-10.
32. Goldschmidt AB, **Evans EW**, Saletin JM, O'Sullivan K, Koren D, Engel SG, Haedt-Matt A. Naturalistic, multimethod exploratory study of sleep duration and quality as predictors of dysregulated eating in youth with overweight and obesity. *Appetite*. 2020;146: 104521.
33. **Evans EW**, Wing RR, Peirre-Fernandes D, Howie WC, Brinker M, Jelalian E. Testing the effect of summer camp on excess summer weight gain in youth from low-income households: a randomized controlled trial. *BMC Public Health*. 2020; 20(1): 1732.
34. Bleiweiss-Sande R, Sacheck JM, Chui K, Goldberg JP, Baily C, **Evans EW**. Processed food consumption is associated with diet quality, but not weight status, in a sample of low-income and ethnically diverse elementary school children. *Appetite*. 2020; 151(1):104696.
35. Lyerly R, Rummo P, Amin S, **Evans EW**, Dexter Cohen E, Lawson E, Hallett E, De-Oliveira S, Rose J, Suttan-Coats C, Nunn A. Effectiveness of Mobile Produce Markets in Increasing Access and Affordability of Fruits and Vegetables Among Low-Income Seniors. *Public Health Nutr*; 2020; 23(17):3226-3235
36. Goldstein SP, Hoover A, **Evans EW**, Thomas JG. Combining ecological momentary assessment, wrist-based eating detection, and dietary assessment to characterize dietary lapse: A multi-method study protocol. *Digit Health*. 2021;7: 2055207620988212.
37. Bond DS, Thomas JG, Jones DB, Schumacher LM, Webster J, **Evans EW**, Goldschmidt AB, Vithiananthan S. Ecological momentary assessment of gastrointestinal symptoms and risky eating behaviors in Roux-en-Y gastric bypass and sleeve gastrectomy patients. *Surg Obes Relat Dis*. 2021;17(3):475-483

38. Rose KL, **Evans EW**, Sonnevile KR, Richmond T. The set point: weight destiny established before adulthood? *Curr Opin Pediatr*. 2021; 33(4): 368-372.
39. **Evans EW**, Lyerly R, Gans KM, et al. Translating Research-Funded Mobile Produce Market Trials Into Sustained Public Health Programs: Food on the Move. *Pub Health Rep*. 2021; 333549211012409.
40. JA Coffino, G Han, **EW Evans**, R Luba, JM Hormes. A Default Option to Improve Nutrition for Adults with Low Income using a Prefilled Online Grocery Shopping Cart. *J Nutr Ed Behav*. 2021;53(9):759-769
41. Darling KE, Rancourt D, **Evans EW**, Ranzenhofer LM, Jelalian E. Adolescent Weight Management Intervention in a Nonclinical Setting: Changes in Eating-Related Cognitions and Depressive Symptoms. *J Dev Behav Pediatr*. 2021;42(7): 579-587.
42. Jelalian E, **Evans EW**, Darling KE, Seifer R, Vivier P, Goldberg J, Wright C, Tanskey L, Warnick J, Hayes J, Shepard D, Elwy AR. Protocol for the Rhode Island CORD 3.0 Study: Adapting, Testing, and Packaging the JOIN for ME Family-Based Childhood Obesity Program in Low-Income Communities. *Childhood Obesity*. 2021;17(S1): S11-S21.
43. Darling KE, Hayes J, **Evans EW**, Seifer R, Elwy AR, Jelalian E. Implementation of the JOIN for ME Program for Families from Low-Income Backgrounds: The Use of Theory-Driven Formative Evaluation: Rhode Island CORD 3.0. *Childhood Obesity*. 2021 17(S1): S22-S29.
44. Goldstein SP, **Evans EW**, Espel Huynh HM, Goldstein CM, Karcehere-Sun R, Thomas JG. Dietary lapses are associated with meaningful elevations in daily caloric intake and added sugar consumption during behavioral obesity treatment. *Obes Sci Pract*. 2022; 1-13.
45. **Evans EW**, Jelalian E, Dunsiger S, Villalta D, Tyrka A. Design of a clinical trial to isolate the experience of food insecurity and elucidate the biological mechanisms of risk for childhood health outcomes. *Contemp Clin Trials*. 2022 Apr 2; 106751.

## **PUBLICATIONS IN PROCESS**

1. **Evans EW**, Goldschmidt AB, Darling KE, Hayes J, Warnick J, Egbert A, Jelalian E. Optimizing the timing of intervention in the treatment of childhood obesity. *In Process*.
2. Persaud A, **Evans EW**, Perkins M, Luo M, Taveras E, Fiechtner L. Assessing the Impact Adverse Childhood Experiences had on Body Mass Index Reduction in an Evidence-Based Pediatric Weight Management Intervention. *In Process*.

## **BOOK CHAPTERS**

1. Must, Aviva and **E. Whitney Evans**. “The Epidemiology of Obesity”. *Handbook of the Social Science of Obesity*. Edited by John Cawley. Oxford University Press. March 2011.
2. **EW Evans** and Clifford Lo. “Nutritional Problems of Adolescents”. *Encyclopedia of Human Nutrition, 3rd Edition*. Edited by Caballero B, Allen L, Prentice A. Elsevier. March 2013.

3. **Evans, E. Whitney** and Aviva Must. “Recent Developments in the Epidemiology of Obesity”. *Treatment of the Obese Patient, 2<sup>nd</sup> Edition*. Edited by Kushner, RF and Bessesen, DH. Springer Press, 2014.
4. Ranzenhoffer L, McCollough MB, **Evans EW**, Jelalian, EJ. “Pediatric Obesity”. *Handbook of Pediatric Psychology, Fifth Edition*. Edited by M. C. Roberts & R.G. Steele. New York: Guildford, 2016.

## ABSTRACTS

1. **Evans EW**, Hayes C, Palmer CA, Bermudez OI, Naumova EN, Cohen SA, Must A. Development of a Pediatric Cariogenicity Index. Food Nutrition Conference and Expo: Annual Meeting for Academy of Nutrition and Dietetics. Boston, 2011.
2. **Evans EW**, Rancourt D, Jelalian E. Successful weight loss among overweight and obese adolescents. Annual Meeting for The Obesity Society. Boston, 2014.
3. Jelalian E, Rancourt D, **Evans EW**. Weight maintenance and depressive symptoms in overweight and obese adolescents. Annual Meeting for Society for Behavioral Medicine. Philadelphia, 2014.
4. **Evans EW**, Lipton RB, Peterlin BL, Raynor HA, Thomas JG, O’Leary KC, Pavlovic J, Wing RR, Bond DS. Dietary Intake Patterns in Women with Migraine and Obesity Seeking to Lose Weight and Reduce Migraine Attacks. Annual Meeting for The Obesity Society. Los Angeles, 2015.
5. **Evans EW**, Ranzenhofer LR, Chen E, Borgolini B, Jelalian E. Fit in Fifth: A school-based physical activity intervention using Fitbits with middle school students. Annual Meeting for The Obesity Society. Los Angeles, 2015.
6. **Evans EW**, Bond DS, Fernandes-Pierre D, Howie WC, Wing RR, Jelalian E. Participation in a Physical Activity Intervention Reduces Summer Weight Gain in Diverse Youth. *ObesityWeek*, the Annual Meeting for The Obesity Society. Washington DC, 2017.
7. **Evans EW**, Rancourt D, Ranzenhofer L, Hart C, Taylor-Post N, Foster G, Jelalian E. Teen JOIN: A community-based behavioral weight control intervention for teens. *ObesityWeek*, the Annual Meeting of The Obesity Society; Washington, D.C, 2017.
8. Del Re A, **Evans EW**, Jelalian E. Safe at Home?: Changes in parental perceptions of neighborhood safety from the school year to the summer. Brown University Alpert Medical School Summer Showcase, Providence, RI, 2018.
9. Bleiweiss-Sande R, Goldberg J, **Evans EW**, Chui K, Sackeck J. Quick and easy meals for the kids: Perceptions of processed foods among low-income and immigrant parents. *ISBNPA Annual Meeting*, Prague, Czech Republic, 2019.

10. Jelalian, E., **Evans EW**. Developing a sustainable model to prevent excess summer weight gain in children from low-income backgrounds. *European Paediatric Psychology Conference*, Stockholm, Sweden. 2020. (Conference postponed to 2021).
11. Darling KE, Hayes JF, **Evans EW**, Seifer R, Elwy AR, Jelalian E. Adaptation of the JOIN for ME Program for Implementation in Low-Income Community Settings. Mind Brain Research Day. Brown University School of Medicine. Providence, RI, 2021.
12. Afsharian P, **Evans EW**, Jelalian E. Association between caregiver language and child weight status. Public Health Research Day. Brown University School of Public Health. Providence, RI, 2022.

## INVITED PRESENTATIONS

### **NATIONAL:**

1. **Evans EW**, Jacques P, Dallal GE, Sacheck J, Must A. The effect of eating frequency on total energy intake, BMI z-score and diet quality in children and adolescents. Experimental Biology: Annual Meeting for American Society of Nutrition. Boston, 2013.
2. **Evans EW**, Bond DS, Fernandes-Pierre D, Howie WC, Wing RR, Jelalian E. Participation in a Physical Activity Intervention Reduces Summer Weight Gain in Diverse Youth. Lightning Round Talk. *ObesityWeek*, the Annual Meeting for The Obesity Society. Washington DC, 2017.
3. **Evans EW**, Fernandes-Pierre D, Howie WC, Wing RR, Jelalian E. Preventing Excess Summer Weight Gain: Testing the Structured Day Hypothesis with Summer Camp. *ObesityWeek*, the Annual Meeting for The Obesity Society, Nashville, TN, 2018.
4. **Evans EW**. *Working with Community Partners to Prevent Excess Weight Gain in Youth from Low-Income Households*. Society for Health Psychology Virtual Programming Series, "Implementation of Health Psychology Interventions in Diverse Communities", 2021.

### **REGIONAL & LOCAL**

1. Evans EW. (2014). *Elucidating the Role of Diet in Non-Communicable Diseases*. Invited lecture for Food and Health (BIOL 6666) at the Alpert Medical School, Brown University.
2. Evans EW. (2014). Nutritional Problems of Adolescence. Invited lecture for Nutrition and Disease Prevention (HS742) at Sargent College of Health and Rehabilitation Science, Boston University.
3. Evans EW. (2015). *Dietary Intake Patterns and the Summer Food Service Program*. Invited lecture at the Rhode Island Department of Education's 2015 Summer Meals Retreat. Bristol, RI.
4. Evans EW (2016). The 2015 Dietary Guidelines for Americans. Invited lecture for Public Health Nutrition (NFS 212G) at the University of Rhode Island.



5. Evans EW & Goldschmidt AB (2016). *Teens: Meeting them Where they Are*. Invited lecture at the Rhode Island Healthy Schools Coalition Annual Breakfast for School Leaders. Warwick, RI.
6. Evans EW. (2016). *Promoting Health and Activity in the Summer Trial*. Invited lecture at the Rhode Island Department of Education's 2016 Summer Meals Retreat. Bristol, RI.
7. Evans EW. (2016). *Elucidating the Role of Diet in Non-Communicable Diseases*. Invited lecture for the Chronic Disease Epidemiology Seminar Series at the Yale School of Public Health.
8. Evans EW. (2017). *Chrononutrition and Adolescents: A Concurrent Shift in Circadian Rhythm and Dietary Intake Patterns*. Invited lecture at for the CORE seminar in the Division of Young Adult and Adolescent Medicine, Boston Children's Hospital.
9. Evans EW (2019). *Preventing Excess Summer Weight Gain*. Invited lecture for Graduate Seminar, Department of Kinesiology, University of Massachusetts, Amherst.
10. Evans EW. (2019, 2017, 2015). *Diet and Cardiovascular Disease*. Invited lecture for the NHLBIT32 Cardiovascular Behavioral Medicine Seminar at the Alpert Medical School, Brown University.
11. Evans EW, Jelalian E. (2020). *Sleeping, Eating and Being Active. Healthy Routines for Kids during Covid and Beyond*. Hassenfeld Child Health Innovation Institute, Brown University, Providence.
12. Evans EW, Boergers J, Unick J. (2020). *Physical Activity, Healthy Eating, and Good Sleep Hygiene During COVID-19: Strategies for Patients and Providers*. Department of Psychiatry and Human Behavior Covid-19 Virtual Seminar Series. Brown University Medical School, Providence, RI.
13. Evans EW, Saletin J. (2020). *Examining the Role of Chrononutrition in Behavioral Weight Control for Adolescents*. Advanced CTR Seminar Series, Brown University, Providence.
14. Evans EW. (2021). *Conflicts of Interest in Nutrition Research*. Division of Adolescent and Young Adult Medicine. Boston Children's Hospital. Boston, MA.
15. Evans EW. (2021). *Healthy Weight, Nutrition, and Activity in Kids*. Hassenfeld Child Health Innovation Institute. Brown University School of Public Health. Providence, RI.

## GRANTS

04/01/2019 – 03/31/2024 U18 DP006429 Jelalian (PI) Source: CDC  
Packaging and Disseminating the JOIN for ME Program in Low-Income Settings  
Role: Co-I (30% effort)

9/23/2019 - 5/31/2024 R01 DK120731 Lillis (PI) Source: NIDDK  
Teaching Novel Values-Based Skills to Improve Long-Term Weight Loss: A Randomized Trial  
Examining the Efficacy of a Weight Loss Maintenance Intervention Based on Acceptance and  
Commitment Therapy  
Role: Co-I (3% effort)

09/16/2020 – 06/30/2025 R01 DK124551 Jelalian (PI) Source: NIDDK  
Enhancing Emotion Regulation to Support Weight Control Efforts in Adolescents with  
Overweight and Obesity.  
Role: Co-I (12% effort)

09/01/2021 – 08/31/2026 R01 DK128412 Demos (PI) Source: NIDDK  
Adapting Episodic Future Thinking for Behavioral Weight Loss: Comparing Strategies and  
Characterizing Treatment Response  
Role: Co-I (5% effort)

9/15/2021 - 7/31/2024 P20GM139767 Stroud (PI) Source: NIGMS  
COBRE for Stress, Trauma and Resilience (STAR)  
Role: Project Lead (50% effort)

## Completed Research Support

03/1/16 – 06/30/18 GFT640211 Wing/Jelalian (MPI)  
Assessing the Effect of the Enhanced Summer Food Service Program on the Health of School  
Children.  
Role: Co-I

07/22/2016 – 05/31/2020 K01 DK110142 Evans (PI) Source: NIH/NIDDK  
Evaluation and Enhancement of the Summer Food Service Program in Youth from an Urban,  
Low-Resource Community.  
Role: PI

11/05/2019 – 04/30/2021 U54GM115677 Evans (m-PI) Source: Brown University  
Advance CTR  
Examining the Role of Chrononutrition in Behavioral Weight Control for Adolescents  
Role: PI

## UNIVERSITY TEACHING ROLES

Fall 2011, 2012 Small Group Instructor, Epidemiology/ Biostatistics  
Tufts University School of Medicine

E. Whitney Evans

Curriculum Vitae -10

Summer 2011, 2012	Instructor, Nutrition Pre-matriculation Summer Program Tufts University, School of Medicine
Spring 2012, 2013	Teaching Assistant, MPH259 Fundamentals in Biostatistics Tufts University, School of Medicine
Fall 2014	Faculty Advisor, Food and Health (BIOL 6666) Brown University Medical School
2016 – 2022	Faculty Advisor, Population Medicine (MED 2980) Brown University Medical School Students: Hiba Dhanani, Andrew Del Re
2018 – 2019	Faculty Advisor, Undergraduate Honor's Thesis Brown University School of Public Health Student: Kaley O'Connor
2021 – Present	Faculty Advisor, MPH Honor's Thesis Brown University School of Public Health Student: Alicia Persaud

**THESIS COMMITTEES**

2012 - 2013	Student: Lauren Burgunder Degree: MPH Tufts University, School of Medicine Thesis: <i>Sodium Intake in low income, racially diverse preschool age children</i>
2017 - 2019	Student: Rachel Bleiweiss-Sande Degree: PhD in Nutrition Science Tufts University, Friedman School of Nutrition Science and Policy Thesis: <i>Investigating children's processed food intake: perceptions, diet quality and weight status</i>